

# *Biological effects of extremely low radiation background conditions*



Marie Davidková

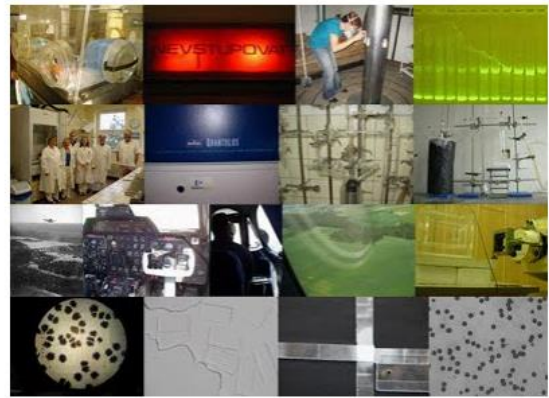
Dept. of Radiation Dosimetry  
Nuclear Physics Institute  
Academy of Sciences of the Czech Republic



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Radiation biophysics
Mixed radiation fields
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▼ Resources
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The research activities of the department lie at the border of basic and applied research in the domain of dosimetry and microdosimetry of ionizing radiation and their applications in radiation protection, radiotherapy and radioecology. Research studies are often interdisciplinary and include physics, chemistry and biology, for more details please see [Research](#). Several available unique equipments are summarized in [Resources](#).

The founder and the first director of our institute was well known Czech physicist Frantisek Behounek. It has been established in 1953 as an independent institute; since 1994 it has become a part of Nuclear Physics Institute AS CR as the Department of Radiation Dosimetry. In the same year Frantisek Spurny has been appointed as the new director and had held the role until his death in 2010. The department headed by Marie Davidkova is located within the premises of Bulovka Hospital; currently the building undergoes an extensive reconstruction. Some of us are lectures on Department of Dosimetry and Application of Ionizing Radiation at the Faculty of Nuclear Sciences and Physical Engineering, CTU in Prague. We are also engaged in supervising of bachelor's, master's, and doctoral research projects (more you find in [Education](#)).



### News

**4.6. 2014**  
We are pleased to invite you to the lecture "Charged Particle Transport Simulations for Radiotherapy and Space Dosimetry" by Prof. Lembit Sihver from Chalmers University of Technology. The lecture will be held on Wednesday at 3 p.m.

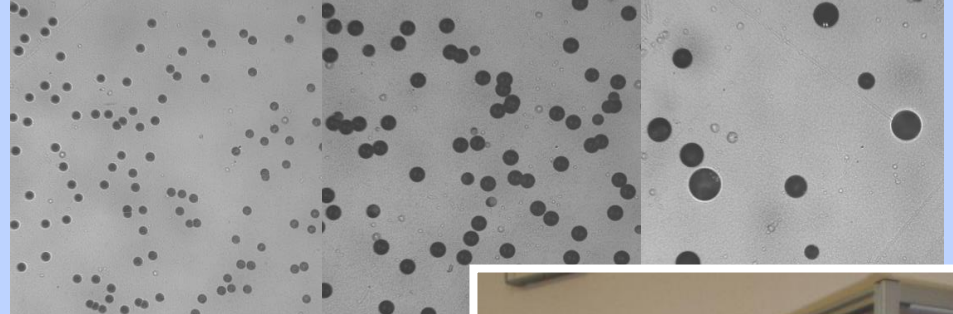
**3.6. 2014**  
Martin Seifl succeeded to defend his diploma theses, congratulation!

**18.6. 2014**  
Jan Kubancak succeeded as well to defend his PhD thesis. Congratulation!

# Development of new dosimetric methods for

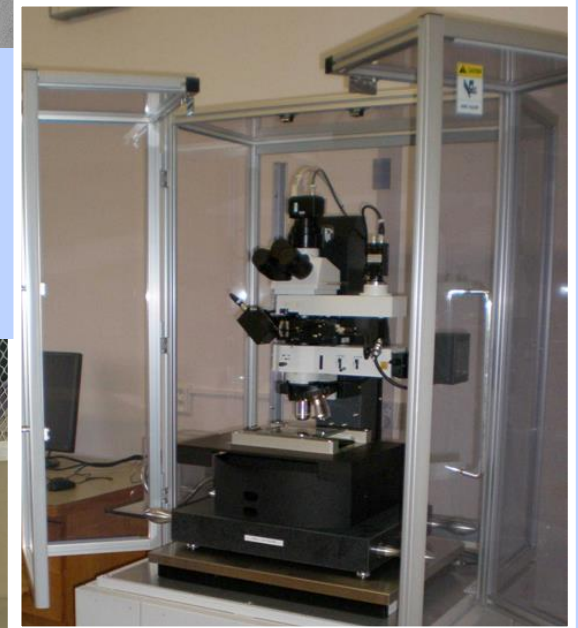


- LET spectrometry  
(track-etched and semiconductor detectors)
- measurements in mixed radiation fields



## Monitoring of cosmic radiation in space and at mountain observatories for research on

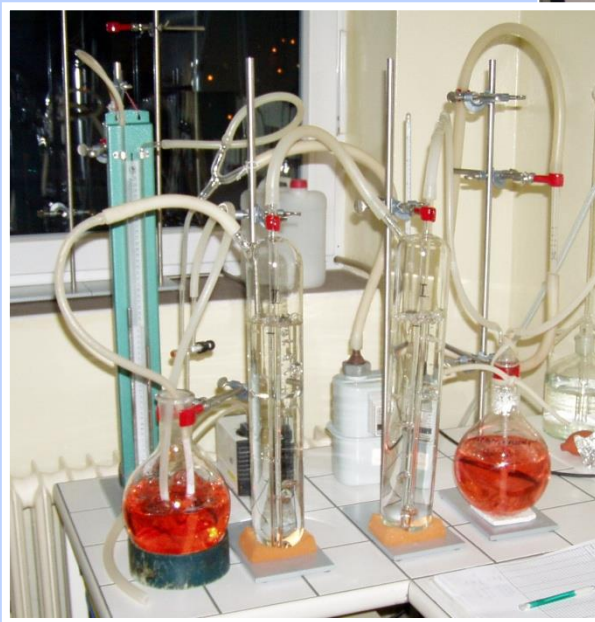
- space weather
- aircraft and spacecraft crew dosimetry



# Radioecology and radiocarbon dating

- Radiocarbon dating laboratory CRL (in co-operation with Archaeological Institute ASCR)
- Fossil fuel combustion and atmospheric  $^{14}\text{CO}_2$  and  $\text{CO}_2$
- Past environmental changes and  $^{14}\text{C}$
- $^{14}\text{C}$  in the vicinity of NPPs and in reference areas

Sampling in the vicinity of NPP Temelín



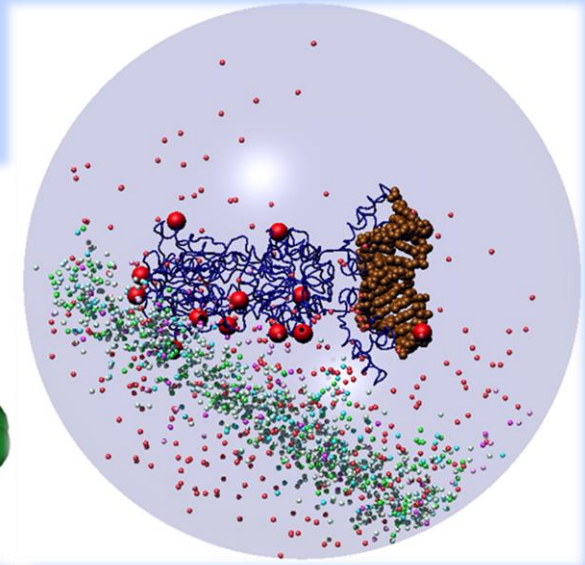
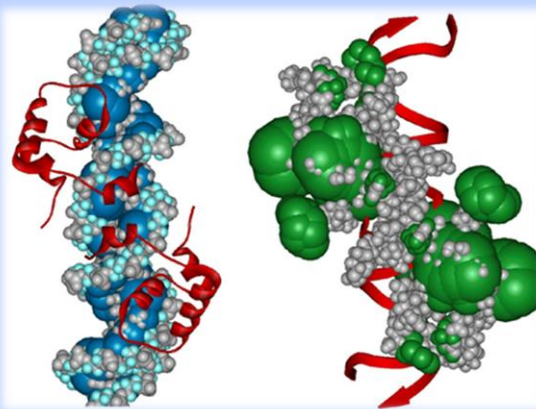
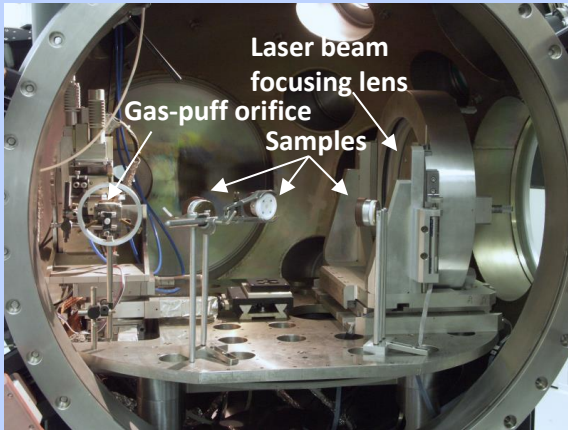
Low background liquid scintillation spectrometers QUANTULUS 1220

**Monitoring of  
atmospheric  
 $^{14}\text{CO}_2$**

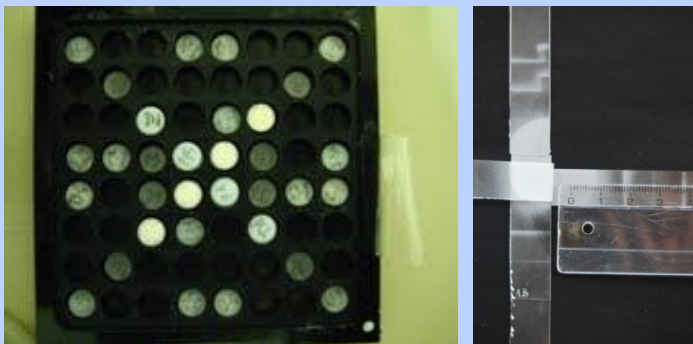
- Development of new analytical methods
- Theory of formation of liquid scintillation pulse spectra

# Research on biological effects of radiation

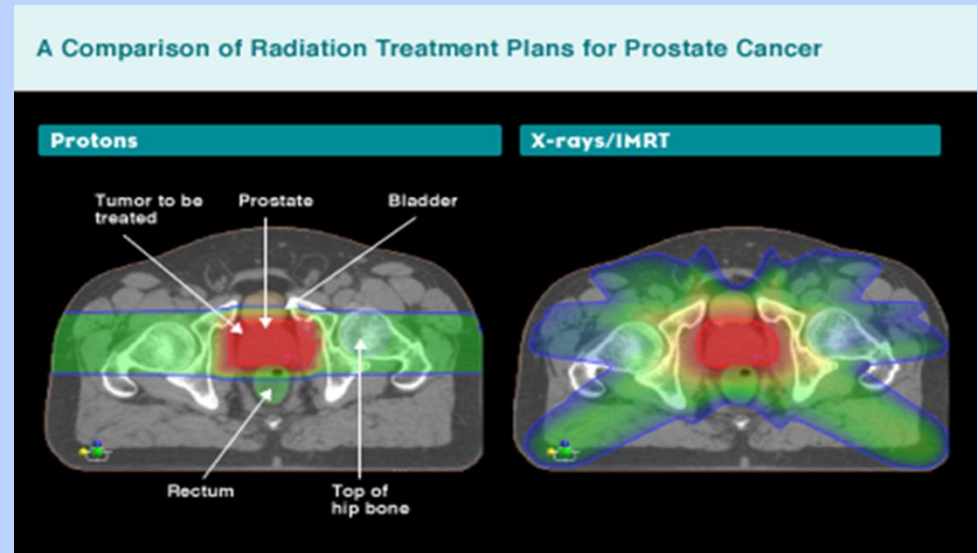
- Radiation damage to DNA and DNA-protein complexes
- Biological effects of soft X rays and XUV



- Radiation therapy:
  - Induction of secondary cancers
  - Nuclear fragmentation

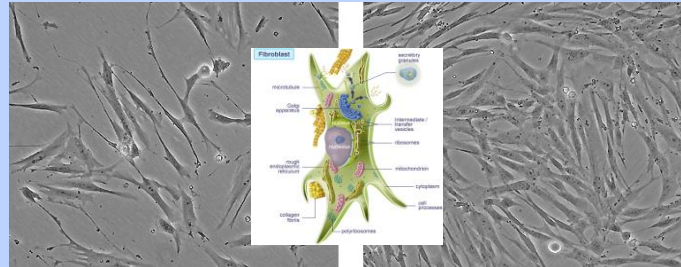


TLD and PADC in proton beam



# NPI radiobiology program

First experiments using human normal neonatal skin fibroblasts.



Cells grown on a 2.5  $\mu\text{m}$  mylar foil stretched on a plastic ring (Chemplex Industries, USA)



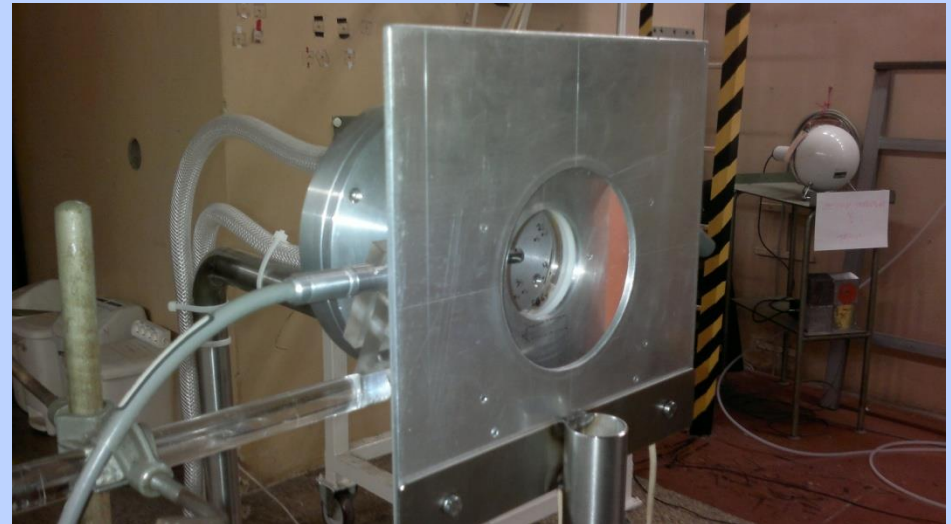
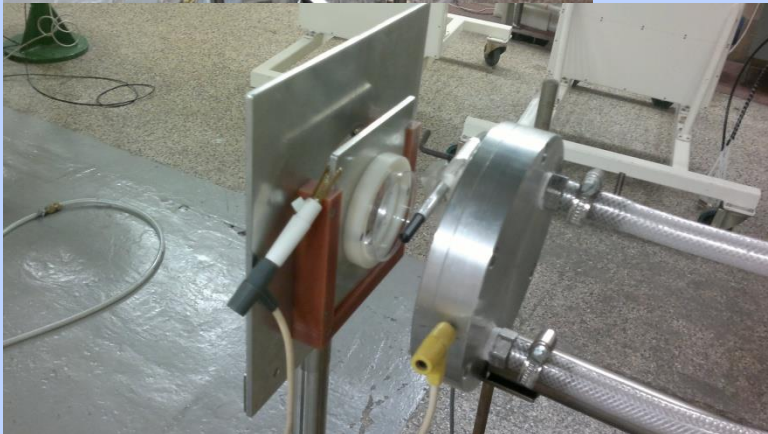
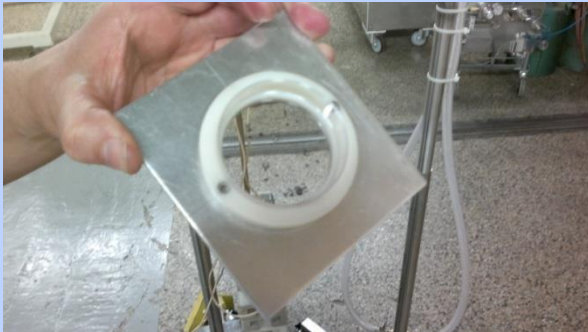
In some cases cells were grown in T25 flasks or on glass covered petri dishes.



# Cyclotron U-120M

Isochronous cyclotron U-120M located in the NPI

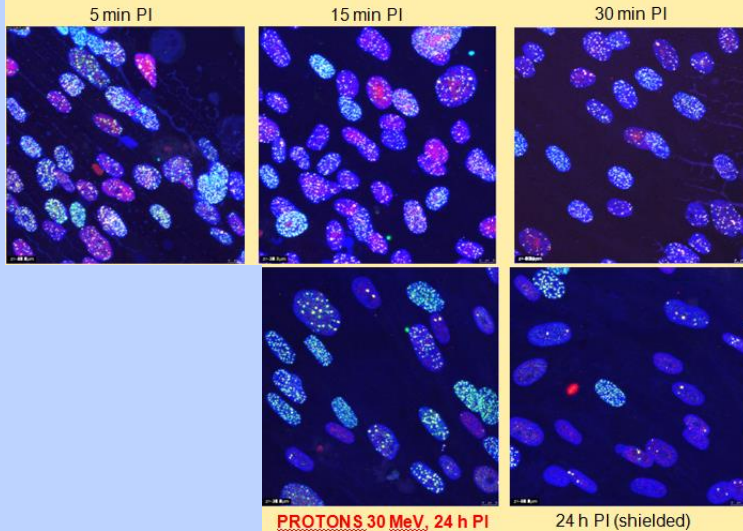
Current parameters of accelerated and extracted beams are:  $p^+$ /  $H^-$ : 5.4–38 MeV,  $D^+$ /  $D^-$ : 11–20.5 MeV,  $3He^{+2}$ : 16.2–55 MeV,  $4He^{+2}$ : 22–40 MeV



# DSB induction and repair

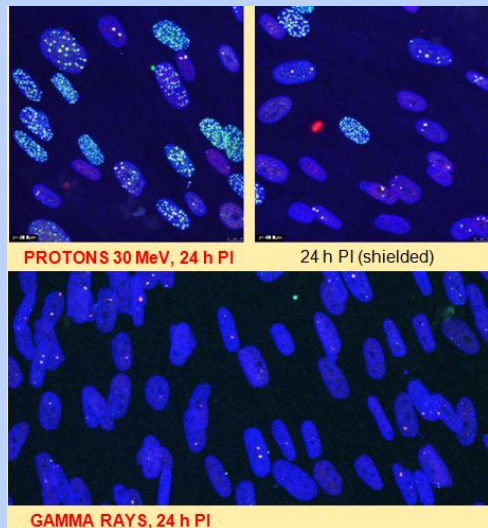
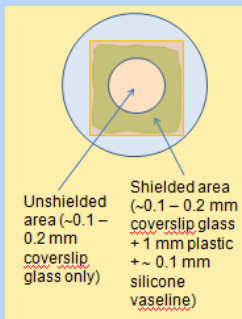
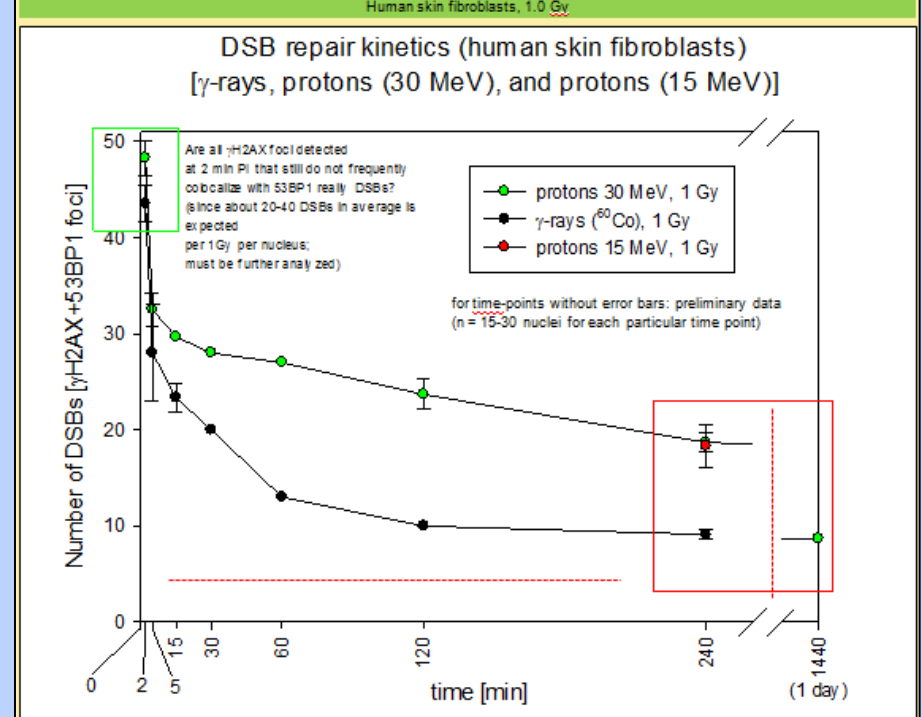
cyclotron U-120M

Protons, 30 MeV, 1 Gy human skin fibroblasts – wide field images of DNA damage (γH2AX + 53BP1 foci)

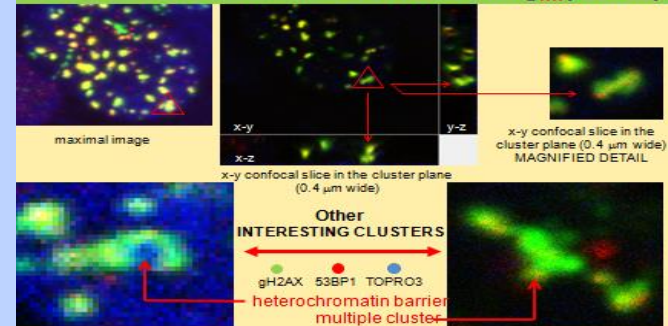


● γH2AX  
● 53BP1  
● TOPRO3

DSB repair kinetics: gamma vs. 30 MeV and 15 MeV protons



Protons, 30 MeV, 1Gy, human skin fibroblasts  
Formation of IRIF CLUSTERS – longer post exposure times



A working model of DSB misrepair, depicting the fact that not only 3D distance between translocated genes but also activity of DSB repair and higher-order chromatin structure play a significant role in this process.

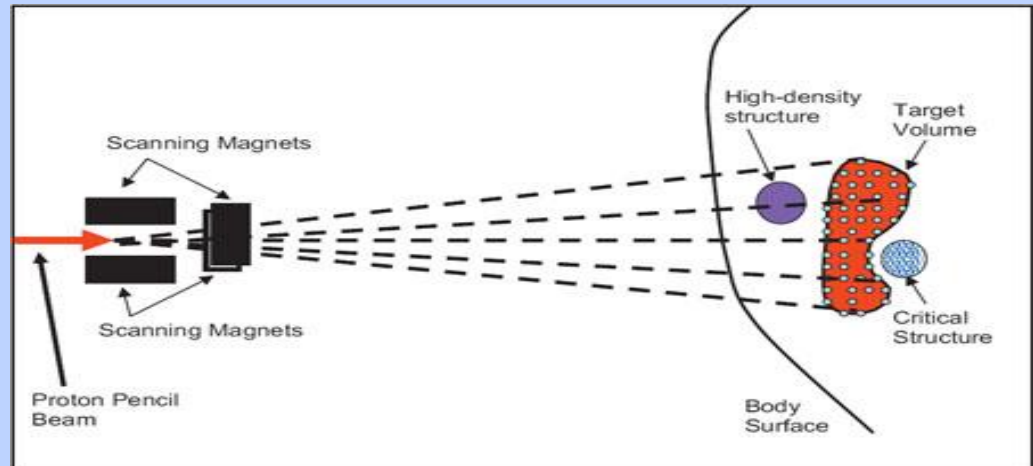
details in:  
Falk et al. 2007,  
Falk et al., 2010



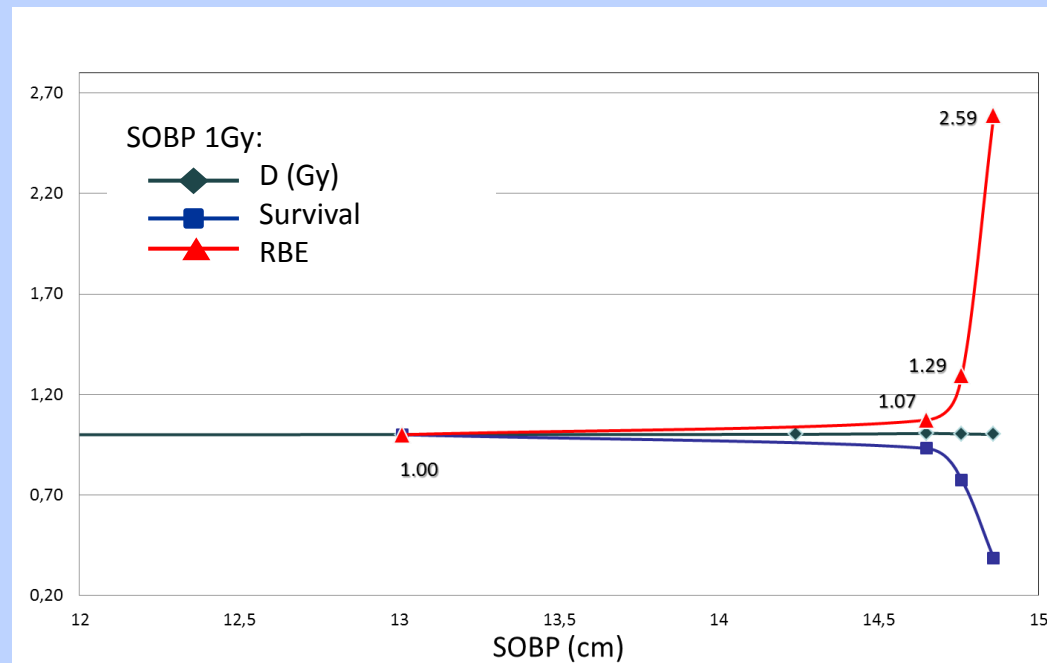
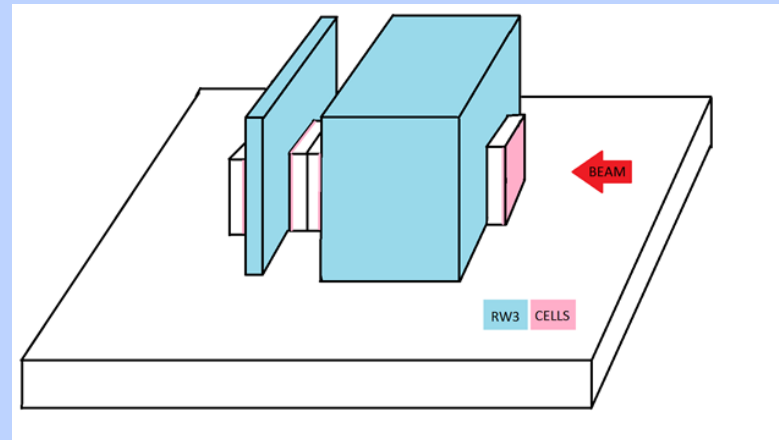
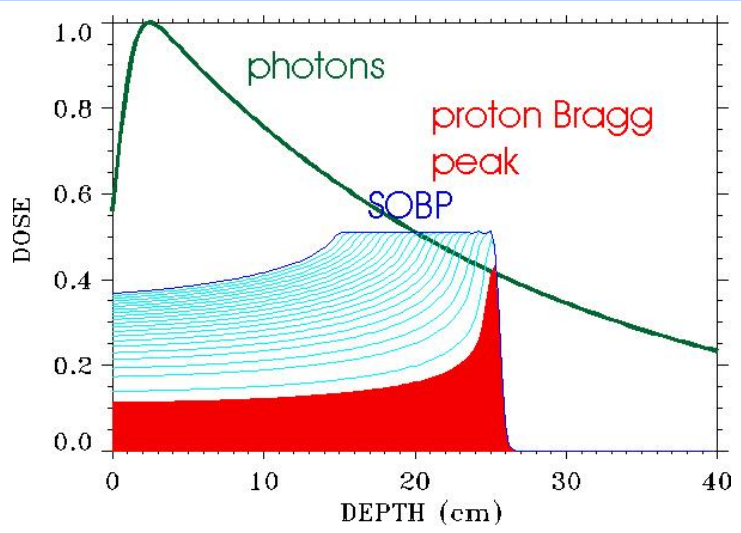
# Proton Therapy Center Prague - Cyclotron IBA



- 100-226 MeV
- PBS – Pencil Beam Scanning mode
- First patient on 12.12.12

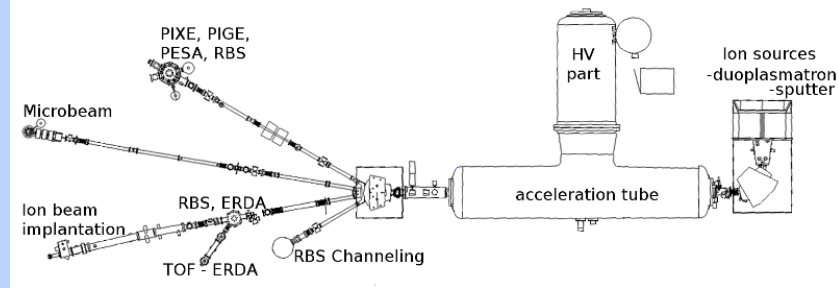


# RBE of proton SOBPs



# Tandetron 4130 MC

- Installed in NPI in 2005
- Accelerating ions of most of elements from H to Au with energies from 0.4-20 MeV and intensities up to tens of  $\mu\text{A}$ .
- The main laboratory accessories are devices for material characterization by standard nuclear analytical techniques (RBS, RBS-channeling, ERDA, ERDA-TOF, PIXE, PIGE, and Ion-Microprobe with  $1\ \mu\text{m}$  lateral resolution) and for high-energy implantation.



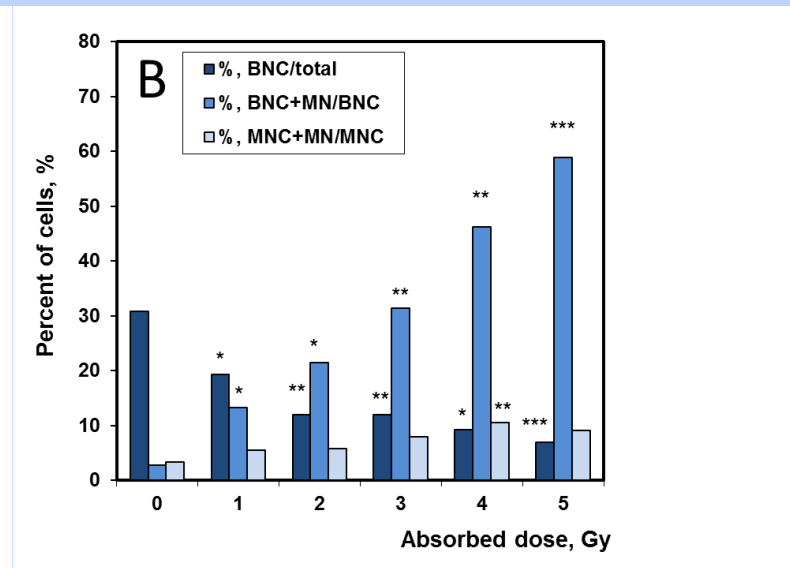
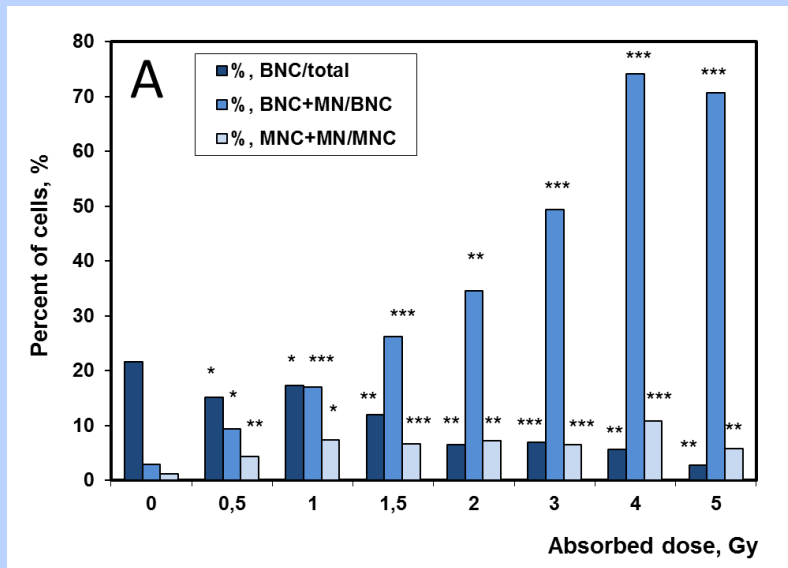
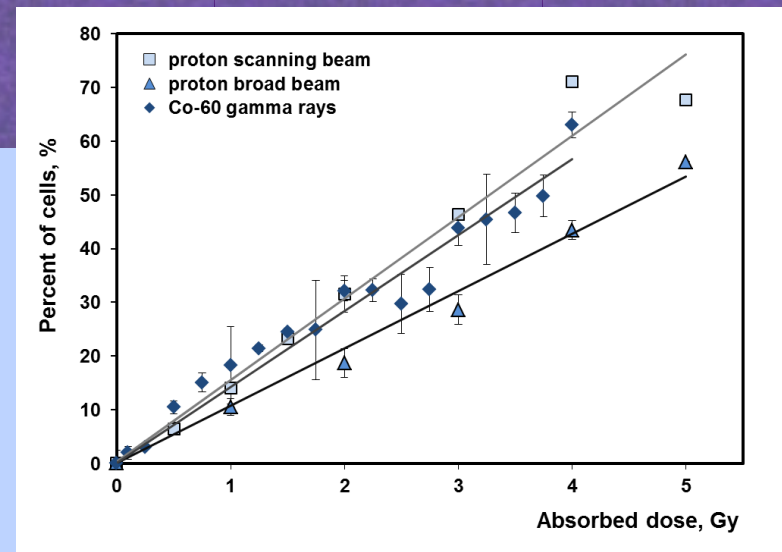
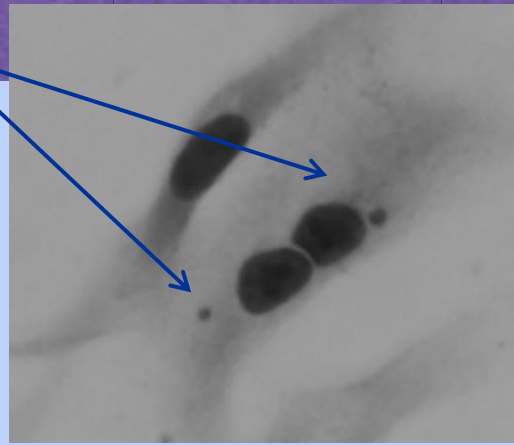
## 3 fluencies of 2 MeV protons

	beginning	end	mean	approx.dose
samples	protons/s			22min, 32x32mm
0	0	0	0	0 Gy
1	7900	7800	7850	0.1 Gy
2	37000	37000	37000	0.5 Gy
3	90000	85000	87500	1.2 Gy

At the Tandetron facility, the cells were irradiated on  $5\ \mu\text{m}$  Mylar foils, because of the low range of the protons and alpha particles.

Special holder has been installed for the movement of the sample.

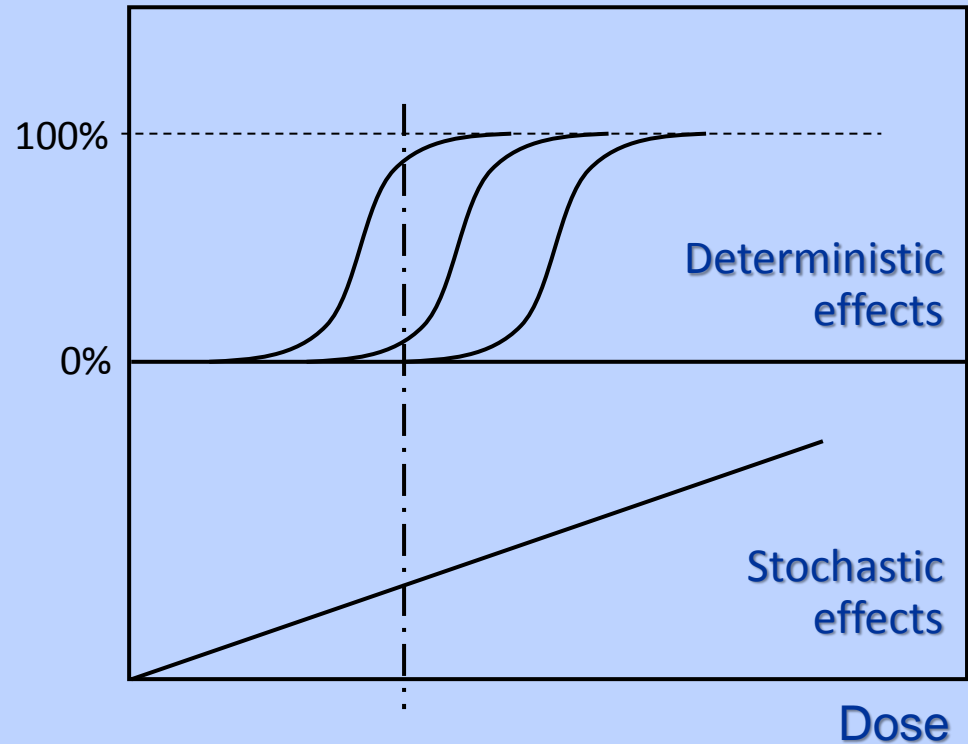
# Micronuclei



Micronuclei formation in human neonatal fibroblasts at first division after irradiation by 30 MeV proton beam A) proton scanning pristine beam, B) broad fixed beam. At least 1000 cells was scored and calculated %BNC from total cells, %BNC with MN from total BNC, and MNC with MN from total MNC. Proportion of binuclear cells reflects the cell division capacity, which decreases with increasing dose. Percent of binuclear cells with micronuclei was increasing with increasing absorbed dose (\* -  $P < 0.05$ , \*\* -  $P < 0.01$ , \*\*\* -  $P < 0.001$ ).

# Deterministic and stochastic effects of IR

**Deterministic effects** develop due to cell killing by high dose radiation, appear above a given threshold dose, which is considerably higher than doses from natural radiation or from occupational exposure at normal operation, the severity of the effect depends on the dose, at a given high dose the effect is observed in severe form in all exposed cells, at higher doses the effect cannot increase.



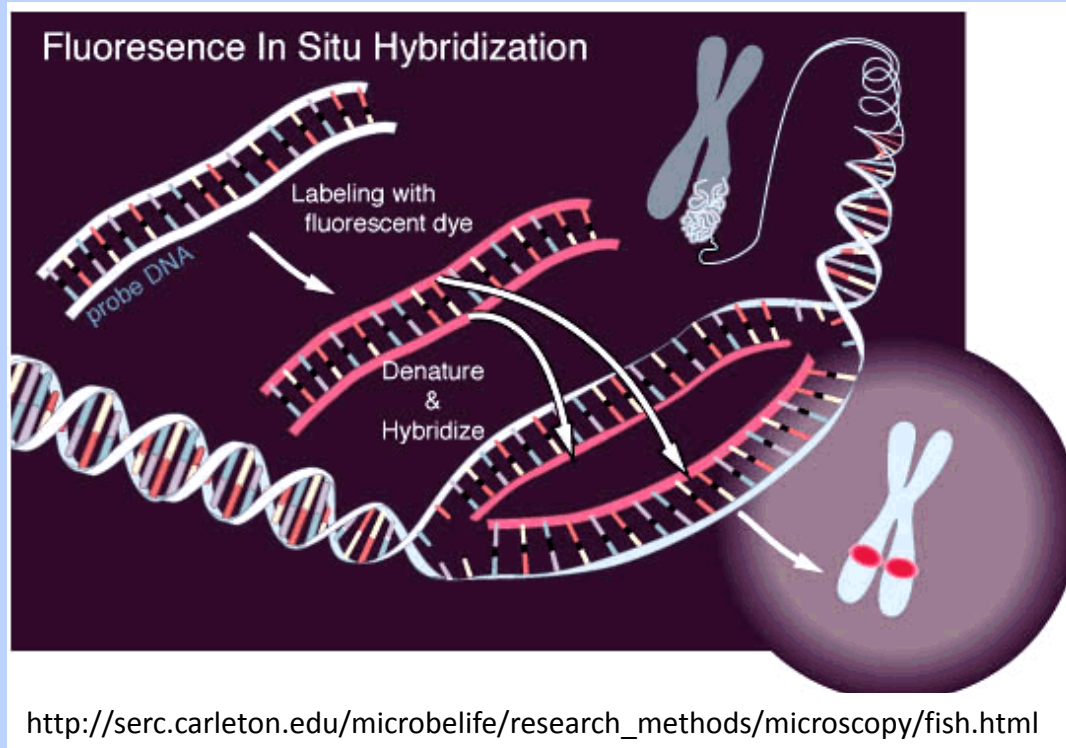
**Stochastic effects** develop due to mutation effects of low dose radiation, the threshold dose is not known accurately; it is observed that cancer of different location appears above different dose ranges, the severity of the effect does not depend on the dose, but the frequency of the appearance of the (probabilistic) effect in the exposed population group is dose dependent, (in most cases) linearly increasing with the dose.

- Cancer, stroke, hearth, gastrointestinal and respiratory diseases

# *Radiation damage at cellular level*

- Stochastic effects of radiation are related to DNA damage and thus to effects at cellular level
- The processing and misrepair of radiation induced DSB and complex DNA damages are principally responsible for chromosome/gene alterations that manifest as **chromosome aberrations and somatic cell mutations**
- Mutations: from point mutations in single genes to deletions that encompass several physically linked genes
- Radiation induced spectrum of mutations differs from spontaneous mutations, mutations induced by UV and many chemical mutagens

# Fluorescence *in situ* Hybridization (FISH)

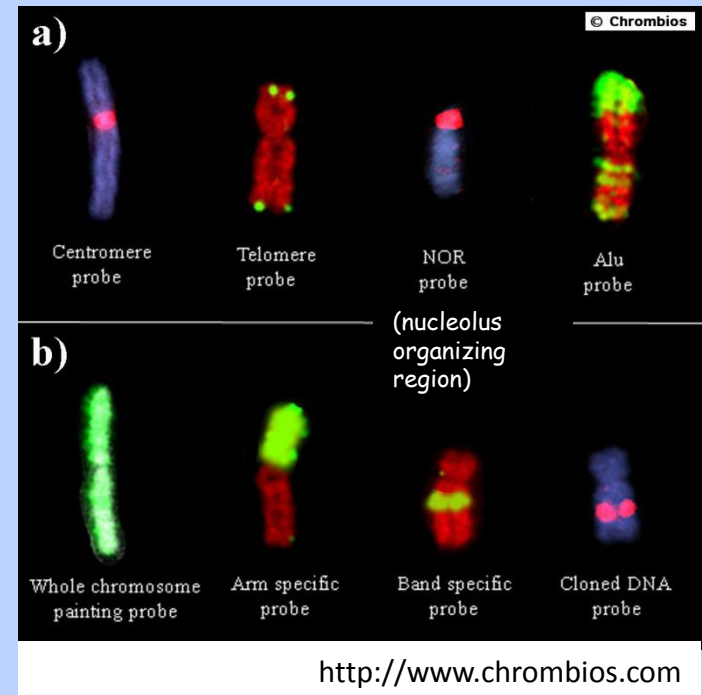


- FISH applies fluorescently labeled DNA probes to detect gene or chromosome abnormalities that are generally beyond the resolution of routine cytogenetics. The DNA is first *denatured*. The fluorescently labeled probe is added and hybridizes with the sample DNA at the target site as it *reanneals* back into a double helix. The probe signal can be seen through a fluorescent microscope.

The probes:  
repetitive and "unique" sequences.

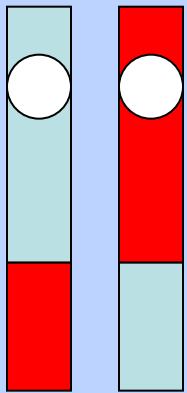
Targets:

- Metaphase chromosomes
- Interphase nuclei
- Extended chromatin fibers
- Entire Cells/RNA
- Tissue sections

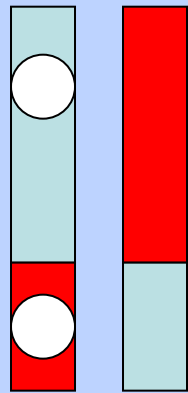


# Chromosome aberrations detected by FISH

## Reciprocal Exchanges (RE)



translocation

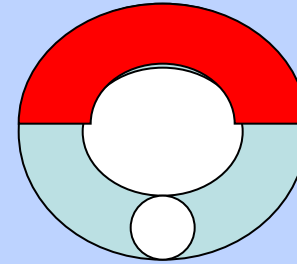


dicentric

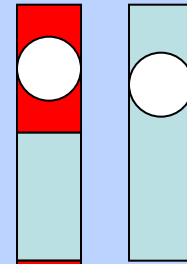
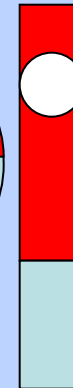
## Complex Exchanges (CE)



tricentric

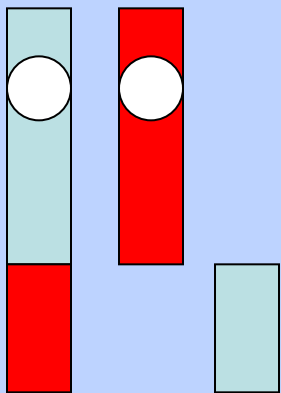


centric ring

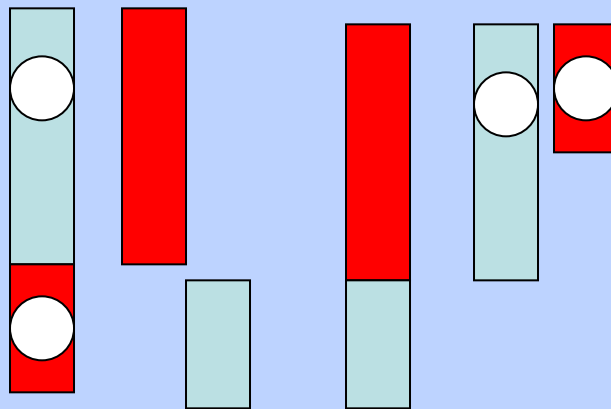


insertion

## Incomplete Exchanges (IE)

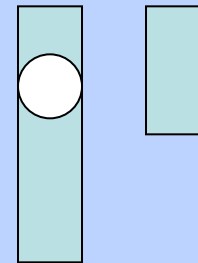


incomplete translocation



incomplete dicentric

## Breaks



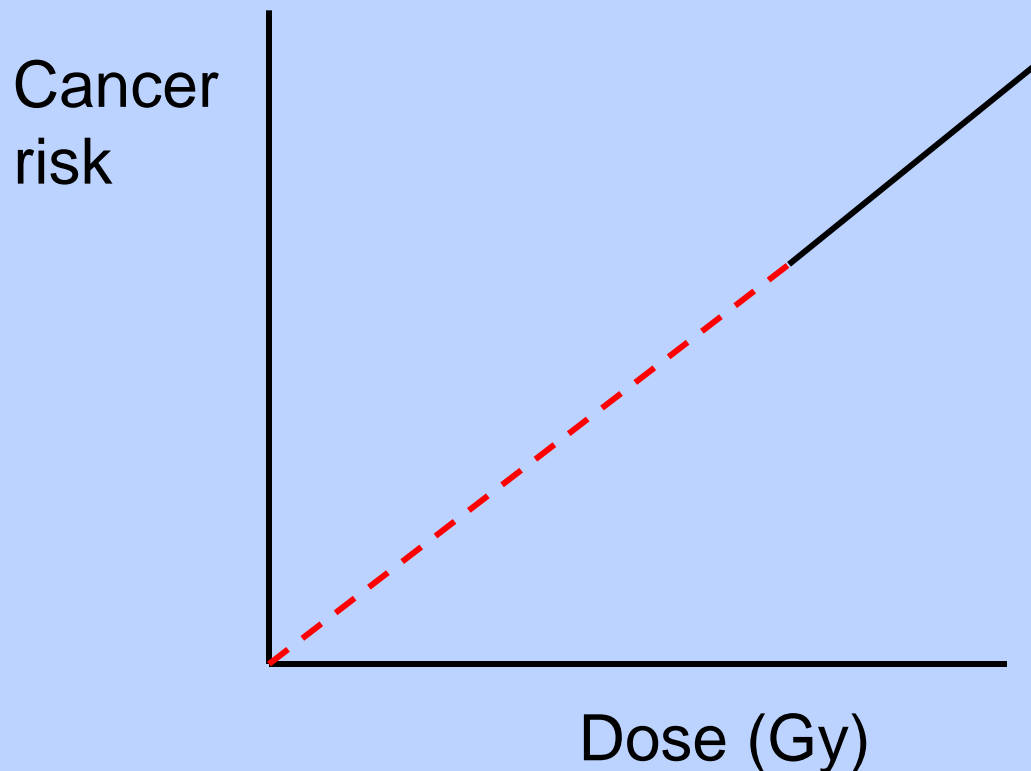
terminal and interstitial deletions

Can be transferred to offspring, others are lethal

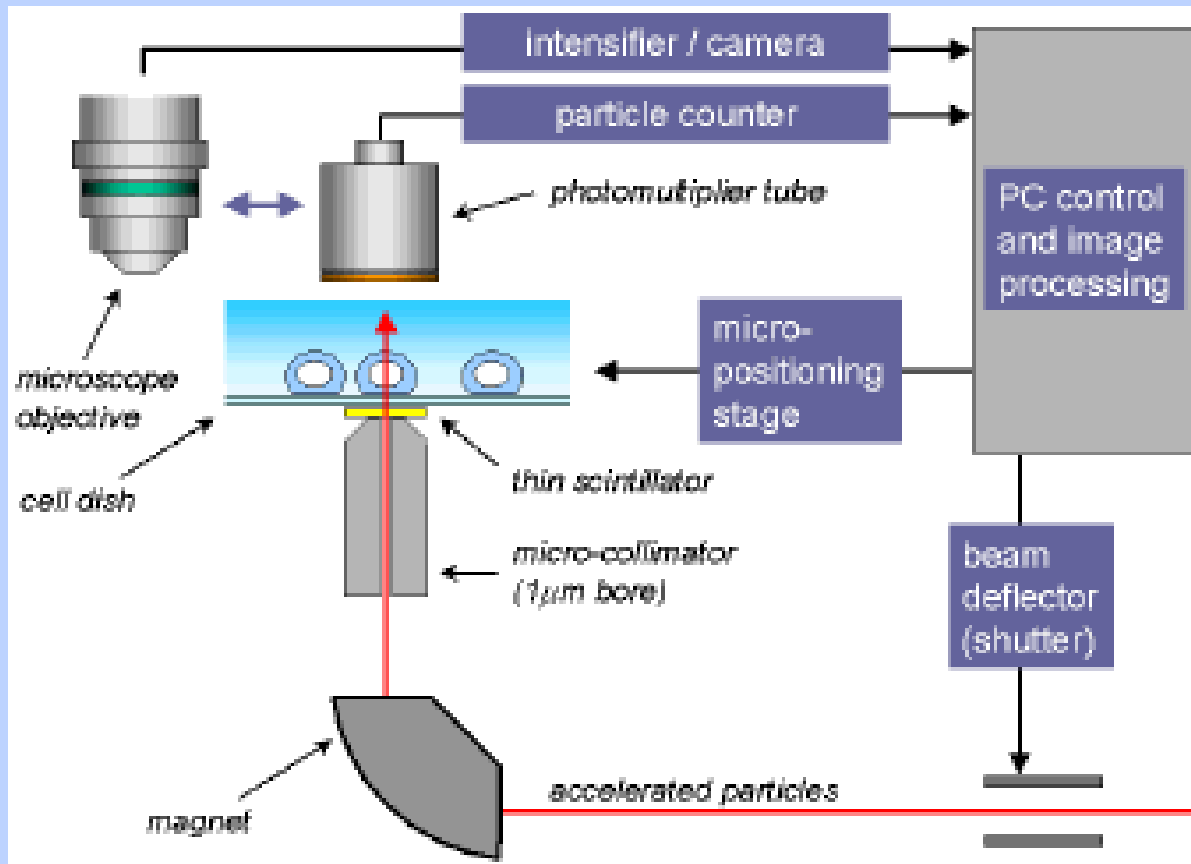


# Dose-effect relationship

- Current understanding of mechanisms and quantitative data on dose and time-dose relationships support a linear dose response at low doses (i.e., LNT) for total cancer risk (ICRP 99 - Low-dose Extrapolation of Radiation-related Cancer Risk, 2005 )

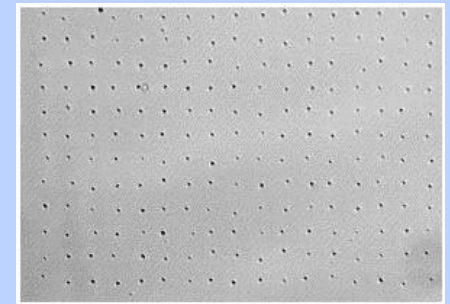


# Microbeam irradiations



*Gray Cancer Institute, report 2001*

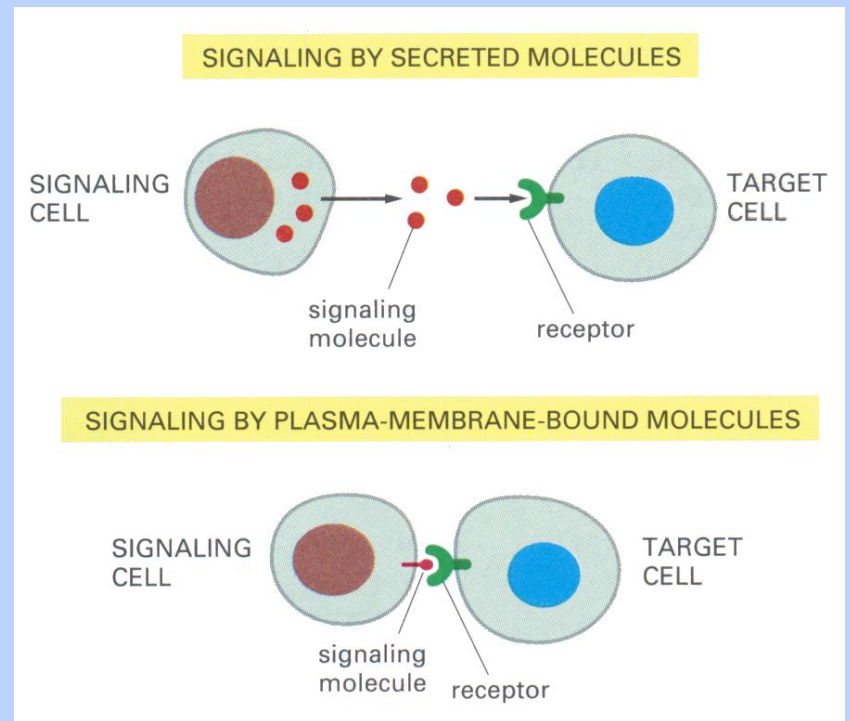
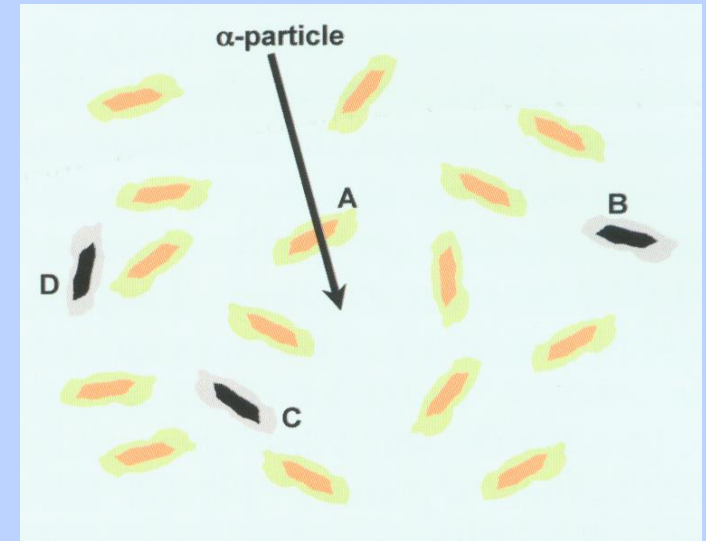
- precision sub-micron up to several microns
- up to 10000 cells per hour
- X and  $\gamma$  rays, electrons, ions up to argon nuclei



Track-etch plastic showing single hits by 3MeV protons, spaced at 20 micrometer intervals.

# By-stander effects

- Up to the early 1990's: important biological effects are produced only very close neighborhood of the tracks and within cell nucleus;
- Cellular responses induced via by-stander effect include **chromosomal aberrations, mutations, cell death, apoptosis, malignant transformation and genomic instability.**
- 1-30% of nonirradiated cells
- found in different cell systems and signaling mechanism appear to be involved (role of cytokines, ROS = reactive oxygen species)



# Bystander signals

COX2 - cyclooxygenase 2

DR5 - death receptor 5

IL interleukin

JNK - Jun N-terminal kinase

NO - nitric oxide

NOS2 - NO synthase 2

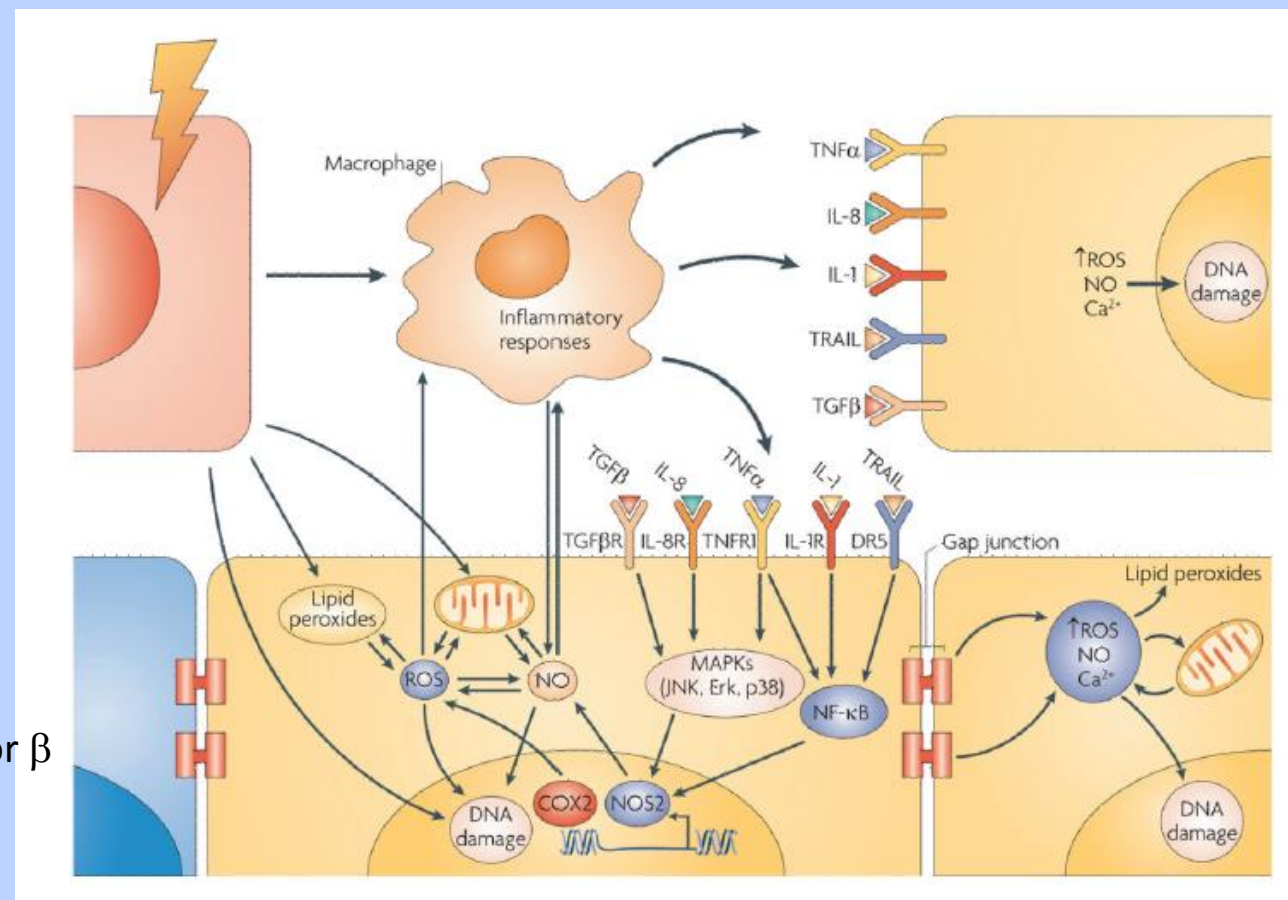
ROS - reactive oxygen species

TGF $\beta$  transforming growth factor  $\beta$

TGF $\beta$ R - TGF $\beta$  receptor

TNF $\alpha$  - tumor necrosis factor  $\alpha$

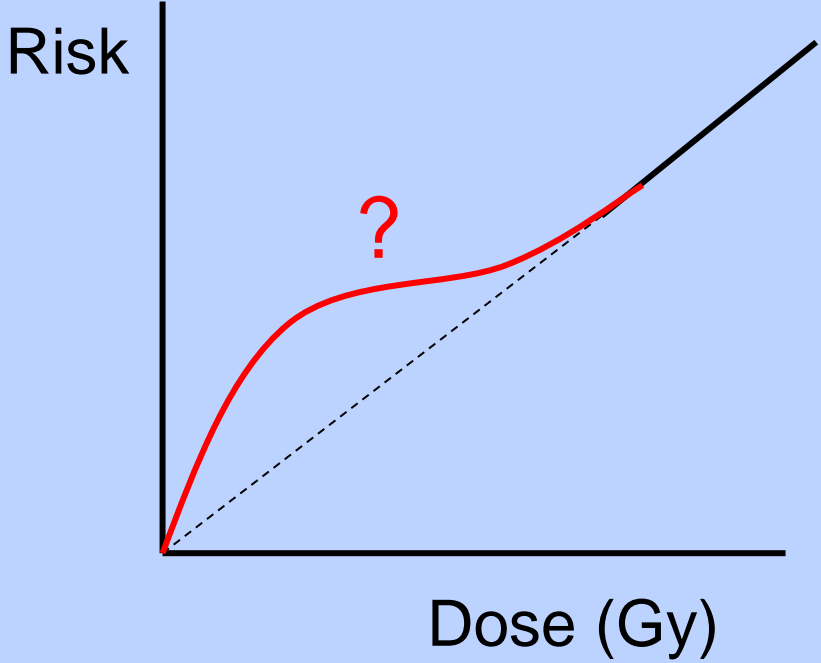
TRAIL - TNF related apoptosis inducing ligand



*Reprinted by permission from Macmillan Publishers Ltd: Prise and O'Sullivan, Nat. Rev. Cancer 9, 351, 2009, copyright 2009*

- Through gap junctions and the cytokine signals into the extracellular matrix.
- In vivo:** macrophages may be important mediators, which release bystander signals affecting nonirradiated cells. Cytokine-mediated signaling, signal transduction through MAPKs and nuclear factor  $\kappa$ B alongside the production of reactive oxygen and nitrogen species.

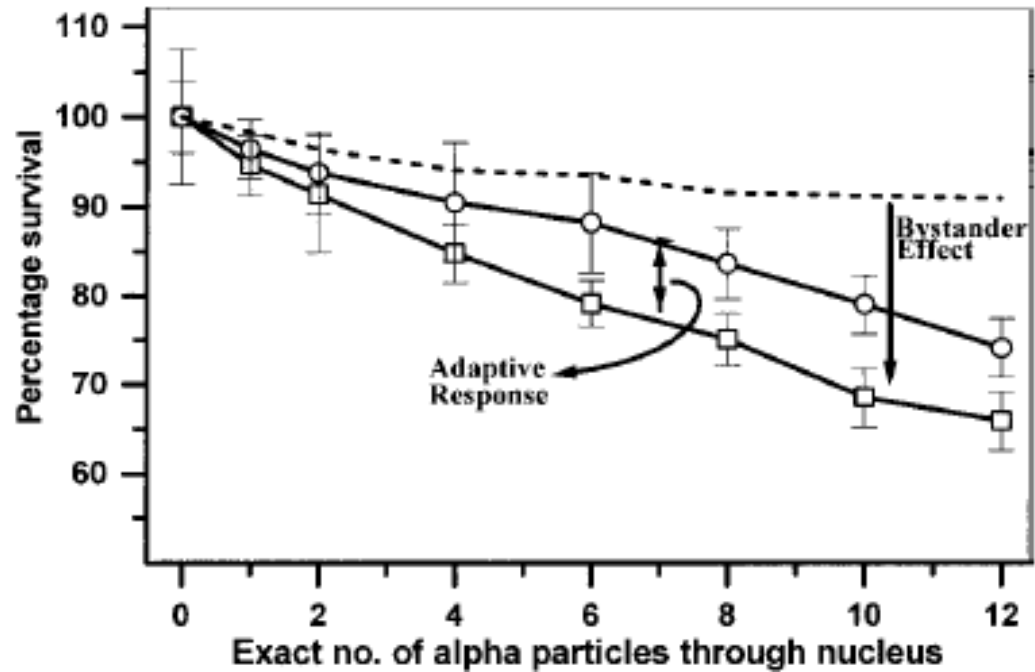
# Mutation frequency



## Adaptive response and bystander effect

### Adaptive response

= pre-exposing cell to a low priming dose appear to protect these cells from the deleterious effects of second, larger dose

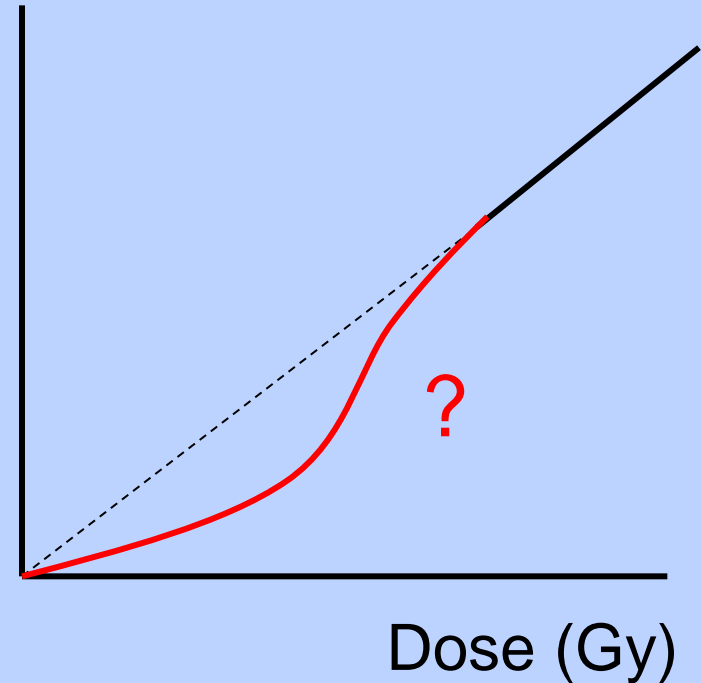


**FIG. 1.** The adaptive response and the bystander effect for cell survival in C3H 10T $\frac{1}{2}$  cells. The dotted line shows the percentage of cells that would be expected to survive when 10% of the cells are exposed to various numbers of  $\alpha$  particles calculated from the survival curve for all cells irradiated. The squares show survival for various numbers of  $\alpha$  particles, from 1 to 12, traversing 10% of the cell population. The extent to which this falls below the dotted line is an indication of the magnitude of the bystander effect. The circles show survival for cells exposed to 2 cGy of  $\gamma$  rays, 6 h before exposure to various numbers of  $\alpha$  particles traversing 10% of the population. The extent to which the circles are above the squares reflects the adaptive response.

# Adaptive response

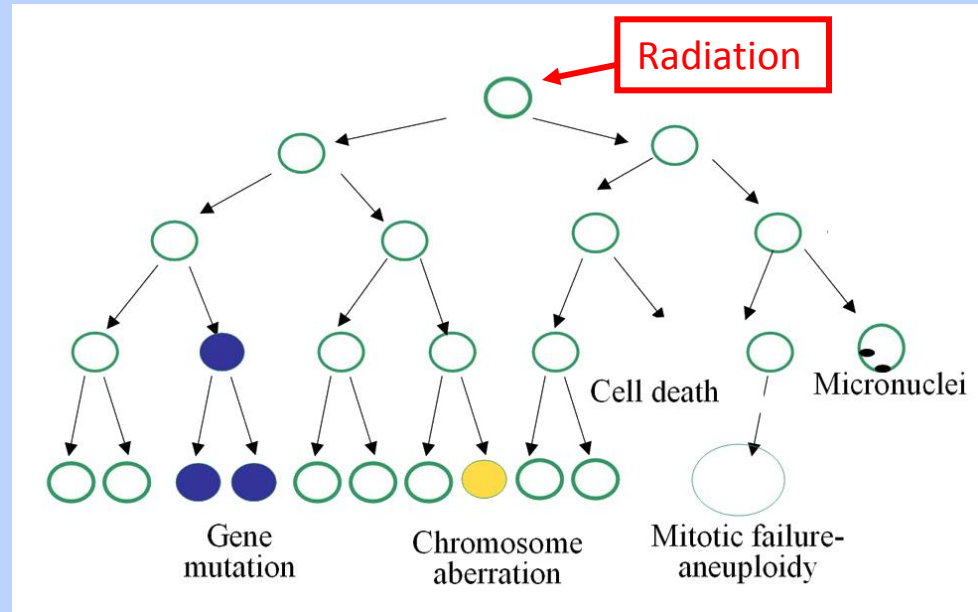
- Both *in vivo* and *in vitro*
- Humans and animals
- In normal and tumour cells
- For different endpoints: **chromosomal aberrations, micronuclei formation, gene mutations, cell killing**
- Doses in the range 50 - 200 mGy, decline above 200 mGy, disappear above 500 mGy
- Hypothesis: enhance DNA repair ability and cellular antioxidant activity
- Adaptive response and apoptosis possibly constitute a complementary defense mechanism

Cancer  
risk



# Genomic instability

- Observed in number of different cellular systems whereby radiation exposure induces a type of instability in individual cells that is transmitted to their progeny leading to a persistent enhancement in the rate at which genetic changes arise in the descendants of irradiated cells after many generations of replication

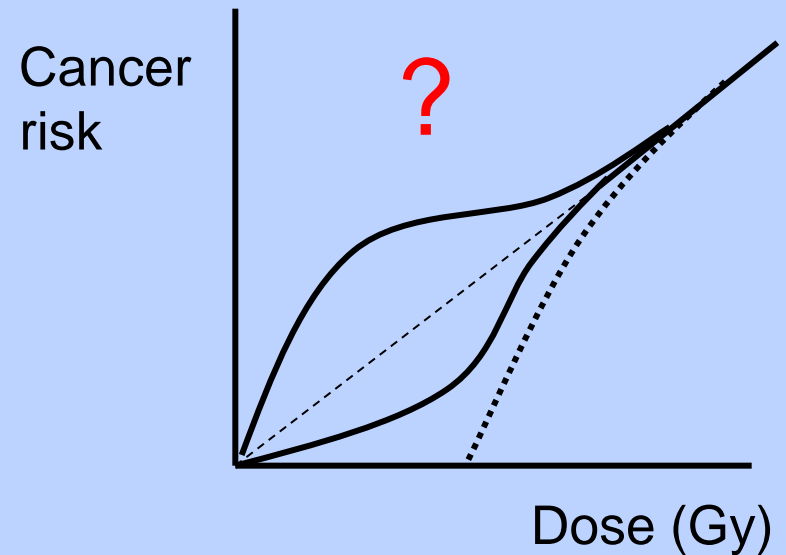


- diverse endpoints: **large-scale chromosomal rearrangements, deletions and aberrations, gene amplification** (extra copies of specific DNA segments), **aneuploidy** (wrong number of chromosomes), **micronucleus formation and gene mutation**.
- The capacity of radiation to induce genomic instability depends to a large extent on radiation quality or linear energy transfer (LET) and dose.
- There appears to be a low dose threshold effect with low LET, beyond which no additional genomic instability is induced. Low doses of both high and low LET radiation are capable of inducing this phenomenon.



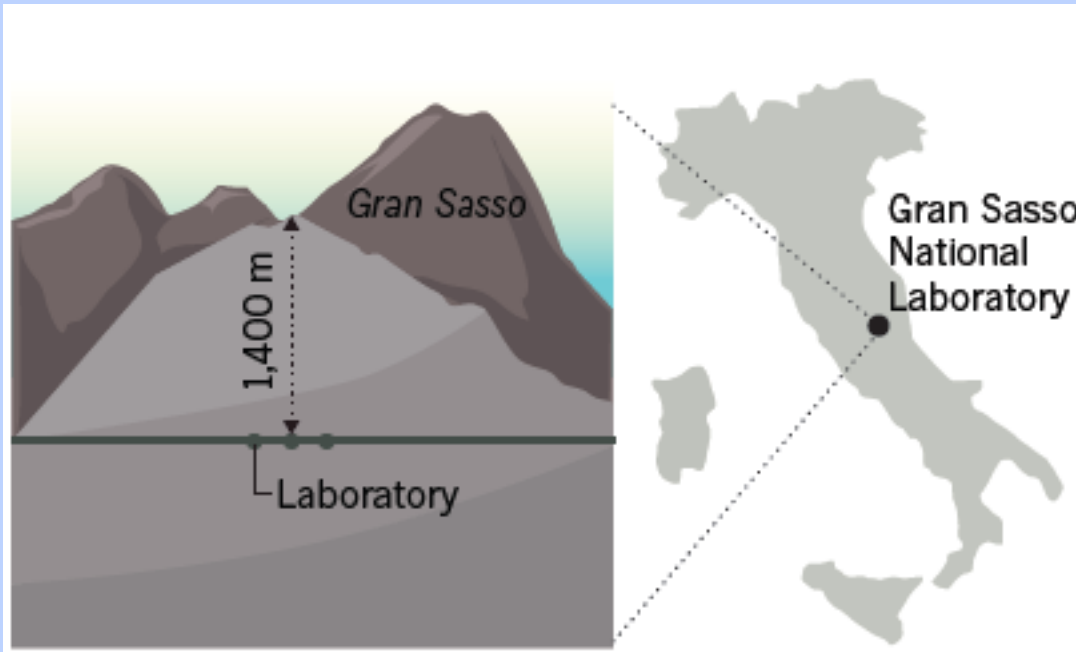
# Conclusions

- Chromosome aberrations and somatic cell mutations suggest linear dose-effect relationship at low dose region.
- There exist the by-stander effect, adaptive response and genomic instability which may influence the nature of dose response relationship at low doses and low dose-rates.
- Dose response at low doses of ionizing radiation is at present uncertain and a simple extrapolation from high doses may not be appropriate.
- The better understanding of the mechanisms for these phenomena, the extent to which they are active *in vivo* and how they are interrelated is necessary before they can be confirmed as factors to be included in the estimation of potential risk to the human population of exposure to low levels of ionizing radiation.



# Cell response to extremely low levels of IR

*Gran Sasso National Laboratory INFN, Italy*



*Adopted from Nature 485, 435, 2012*

# First radiobiology experiments in LNGS (1992-3)

*Satta et al. Mutation Research 347, 129-133, 1995*

yeast cells (*Saccharomyces cerevisiae* D7)

120 generations

- 4 mSv in ISS, 0.6 mSv in LNGS

- cells treated by different concentrations of methyl methanesulphonate (MMS, an alkylating agent and a carcinogen )

Induction of Ade-2 reciprocal recombinants or aberrant has been followed (single event of crossing-over at the Ade-2 locus provokes formation of a twin spot red-pink colonies, other recombinational rearrangements lead to red, pink or sectorized colonies).

Mitotic intergenic recombination is a signature of DNA damage → cells cultivated at extremely low radiation background lose their ability to deal with DNA damage

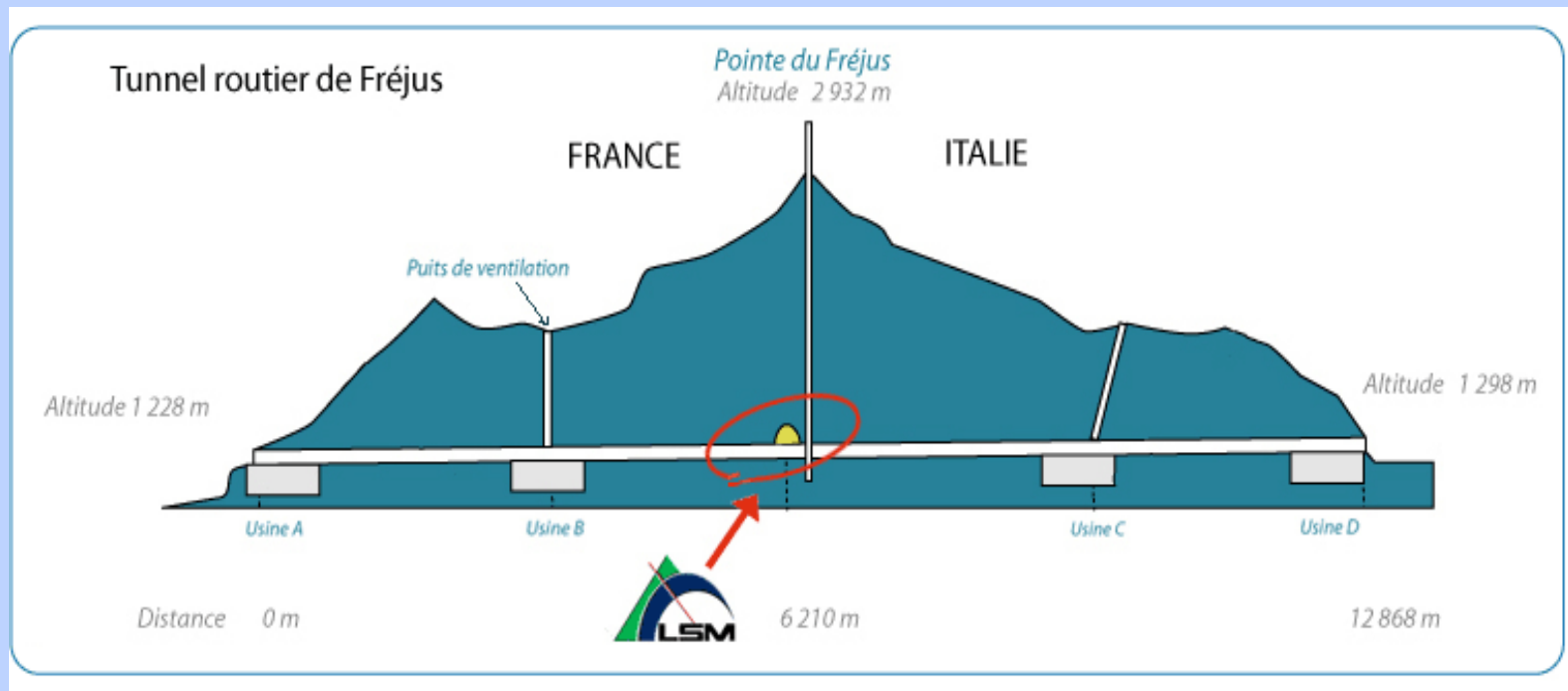
# LNGS vs ISS – human lymphoblastoid TK6 cells

*Carbone et al. Radiat. Environ Biophys. 48, 189, 2009*

- increase in micronuclei formation after 2 Gy X-rays
  - cells cultivated at extremely low radiation background lose their ability to deal with DNA damage
- decrease of antioxidant enzymatic activity after 6 months growth at the ISS and LNGS
  - SOD - superoxide dismutase
  - CAT - catalase
  - SE-GPx - selenium-dependent glutathione peroxidase

# Collaboration perspectives

Underground Laboratory Modane  
(Laboratoire Souterrain de Modane, LSM)  
CNRS/IN2P3 (LSM), France  
(1700 m underground)



Adopted from <http://www-lsm.in2p3.fr>

## Future perspectives

- Further decrease of natural radiation background level in the Underground Laboratory in Modane, France
- investigate the mechanisms involved in low dose radiation response of human/rodent cell cultures kept in conditions of extremely low levels of background ionizing radiation or in “reference” background radiation laboratories:
  - changes of the cell cycle regulation, cell proliferation and stability of the genome, gene expression of stress response enzymes

The main outcome of the project shall be determination of mechanisms regulated by low radiation doses which are necessary for physiological functioning and ability to cope with DNA damage.

**Thank you for your attention**