# Studying Early Universe with Inflationary Gravitational Waves (IGWs)

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#### Refs:

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Jinno, TM and Nakayama, PLB713 ('12) 129

Jinno, TM and Nakayama, PRD86 ('12) 123502

Jinno, TM and Nakayama, JCAP 1401 ('14) 040

Jinno, TM and Takahashi, work in progress
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1. Introduction

Current hot subject in cosmology: B-mode signal in CMB

- ullet BICEP2 announced the discovery of  $r\sim0.2$ 
  - r: tensor-to-scalar ratio
- PLANCK (and other) results will come out soon

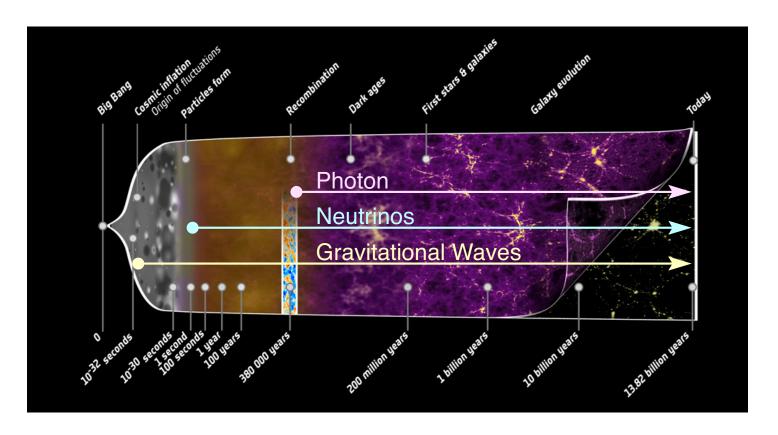
Implications of the discovery of the B-mode signal

- Evidence of inflationary gravitational waves (IGWs)
- Discovery of the B-mode signal provides information about the amplitude of IGW (at the CMB scale)

$$\Omega_{\rm IGW} \equiv \frac{1}{\rho_{\rm crit}} \left[ \frac{d\rho_{\rm IGW}}{d\ln k} \right]_{\rm NOW} \simeq 3 \times 10^{-16} \times \left( \frac{r}{0.1} \right)$$

## The history of our universe is imprinted in IGWs

We may probe the early universe with IGWs



 The IGW spectrum may be measured in (far) future by space-based GW detectors (like BBO / DECIGO)

## Today, I will talk about:

- How the IGWs behave
- What kind of information is imprinted in IGWs
- What we may learn with space-based GW detectors

#### **Outline**

- 1. Introduction
- 2. Gravitational Waves: Basic Properties
- 3. Determination of Reheating Temperature
- 4. Case with Cosmic Phase Transition
- 5. Summary

2. IGWs: Basic Properties

#### Gravitational wave: Fluctuation of the metric

$$ds^2 = -dt^2 + a^2(t)(\delta_{ij} + 2\mathbf{h}_{ij})dx^i dx^j$$

$$h_{ij}(t, \vec{x}) = \frac{1}{M_{\text{Pl}}} \sum_{\lambda = +, \times} \int \frac{d^3 \vec{k}}{(2\pi)^3} \tilde{h}_{\vec{k}}^{(\lambda)}(t) \epsilon_{ij}^{(\lambda)} e^{i\vec{k}\vec{x}}$$

 $\epsilon_{ij}^{(\lambda)}$ : polarization tensor (transverse & traceless)

Quantum fluctuation generated during inflation

$$\langle |\tilde{h}_{ec{k}}^{(\lambda)}|^2 \rangle_{\mathrm{inflation}} \simeq \left( \frac{k^3}{2\pi^2 V} \right)^{-1} \left[ \frac{H_{\mathrm{inf}}}{2\pi} \right]_{\mathrm{Horizon-Exit}}^2$$

 $\Rightarrow$  The amplitude of the IGW is proportional to  $H_{\mathsf{inf}}$ 

## Wave equation for GWs

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = \frac{1}{M_{\rm Pl}^2}T_{\mu\nu} \implies \ddot{\tilde{h}}_{\vec{k}}^{(\lambda)} + 3H\dot{\tilde{h}}_{\vec{k}}^{(\lambda)} + \frac{\vec{k}^2}{a^2(t)}\tilde{h}_{\vec{k}}^{(\lambda)} \simeq 0$$

#### Evolution of IGWs: after inflation

• 
$$k \lesssim aH$$
:  $\tilde{h}_{\vec{k}} \sim \text{const.} \Rightarrow \frac{d\rho_{\text{GW}}}{d\ln k} \propto a^{-2}$ 

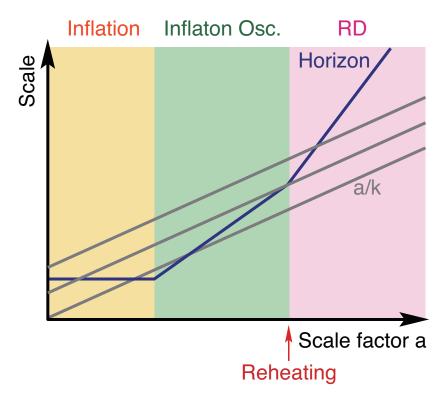
• 
$$k \gtrsim aH$$
:  $\langle \tilde{h}_{\vec{k}}^2 \rangle_{\rm osc} \sim a^{-2} \Rightarrow \frac{d\rho_{\rm GW}}{d\ln k} \propto a^{-4}$ 

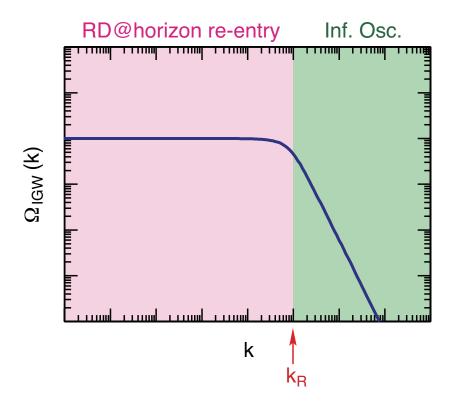
$$\frac{d\rho_{\text{GW}}}{d\ln k} = \frac{k^3}{2\pi^2 V} \sum_{\lambda = +, \times} \left[ \frac{1}{2} \left| \dot{\tilde{h}}_{\vec{k}}^{(\lambda)} \right|^2 + \frac{1}{2} \left( \frac{k}{a} \right)^2 \left| \tilde{h}_{\vec{k}}^{(\lambda)} \right|^2 \right]$$

$$\Rightarrow \left[\frac{d\rho_{\rm GW}}{d\ln k}\right]_{\rm NOW} \propto \rho_{\rm tot}(t_{\rm Horizon-In}) \left(\frac{a_{\rm Horizon-In}}{a_{\rm NOW}}\right)^4$$

## The IGW spectrum depends on the epoch of horizon re-entry

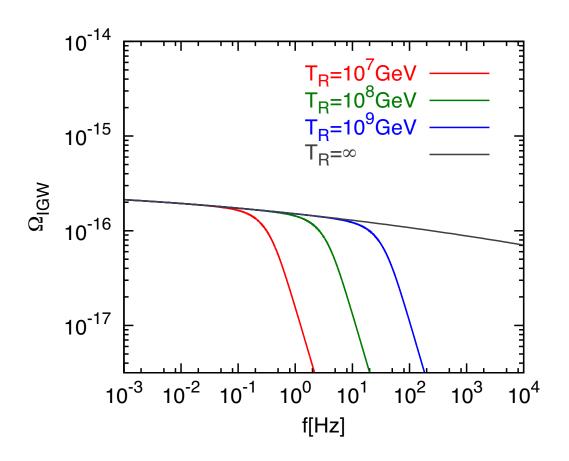
$$\Omega_{\rm IGW}(k) \equiv \frac{1}{\rho_{\rm crit}} \left[ \frac{d\rho_{\rm IGW}}{d\ln k} \right]_{\rm NOW}$$





- $\Omega_{\rm IGW}(k) \sim {\rm const}$ , for  $k \lesssim k_{\rm R}$
- $\Omega_{\rm IGW}(k) \propto k^{-2}$ , for  $k \gtrsim k_{\rm R}$

## The IGW spectrum ( $r_{\text{CMB}} = 0.15$ , parabolic chaotic inflation)



$$T_{\rm R} \equiv \left(\frac{10}{g_*\pi^2}\right)^{1/4} \times M_{\rm Pl}^{1/2} \Gamma_{\rm inf}^{1/2}$$

$$f \simeq 2.7~{
m Hz} imes \left(rac{T_{
m Horizon-In}}{10^8~{
m GeV}}
ight)$$

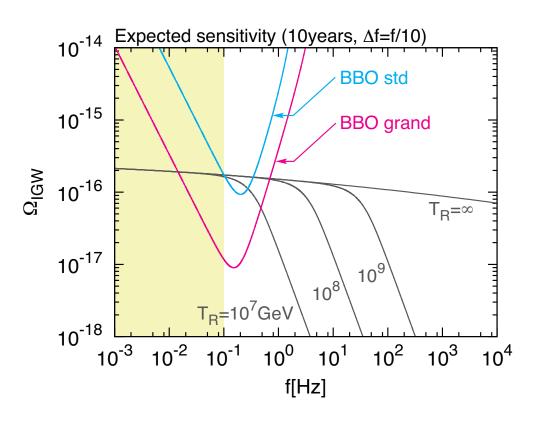
We may determine  $T_{
m R}$ , if the IGW spectrum is measured

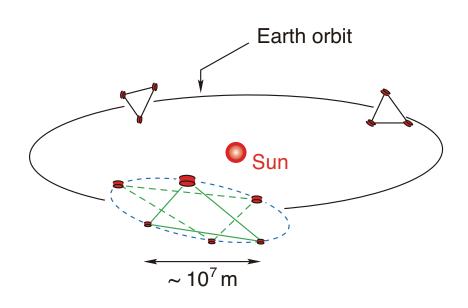
[Nakayama, Saito, Suwa & Yokoyama ('08)]

## 3. Determination of the Reheating Temperature

[Jinno, TM & Takahashi, work in progress]

## With space-based GW detectors, IGWs may be detected

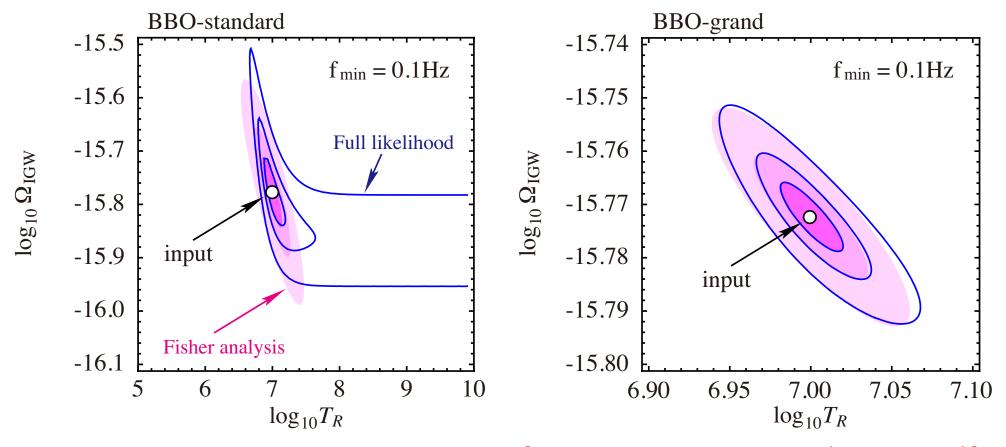




$$\delta \chi^2 \simeq \sum_{f_i} \frac{[\Omega_{\text{obs}}(f_i) - \Omega_{\text{IGW}}(f_i)]^2}{\Delta \Omega^2(f_i)}$$

 $\Delta\Omega^2$  depends on detector parameters (noise, shape, ...)

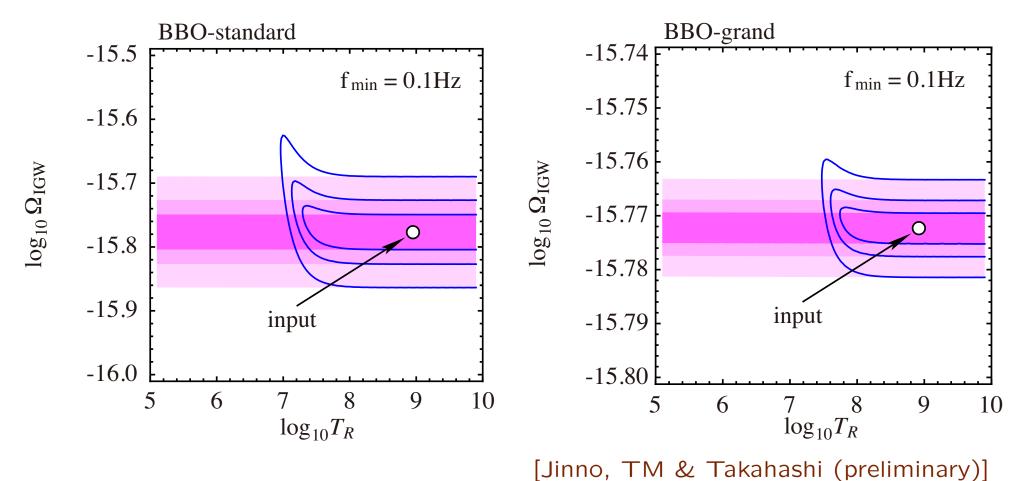
## Case with $T_R = 10^7$ GeV ( $t_{obs} = 1$ , 3, and 10 yr from outside)



[Jinno, TM & Takahashi (preliminary)]

- ullet Precise determination of  $\Omega_{\text{IGW}}$  is possible at BBO
- $T_{\rm R}$  is well constrained if  $T_{\rm R} \lesssim 10^7-10^8~{\rm GeV}$

## Case with $T_R = 10^9$ GeV ( $t_{obs} = 1$ , 3, and 10 yr from outside)



[511110, TW & Takanashi (premimary)

ullet  $T_{
m R}$  is bounded only from below, if  $T_{
m R}\gtrsim 10^8~{
m GeV}$ 

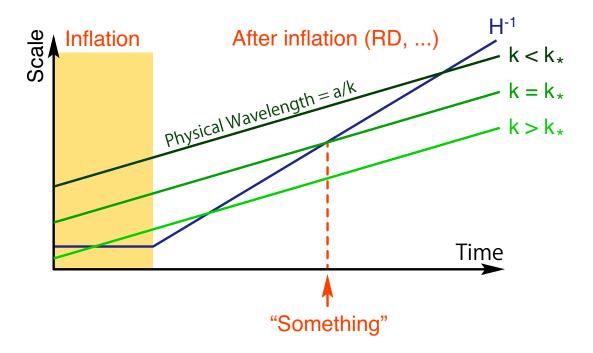
## 4. Case with Cosmic Phase Transition

[Jinno, TM & Nakayama]

## If something happens after reheating, $\Omega_{\text{GW}}(k)$ is deformed

- Cosmic phase transition
- Domination by extra matter

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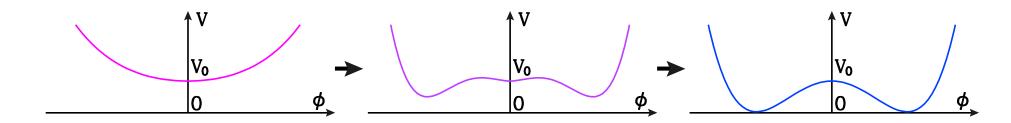
 $\Rightarrow \Omega_{\rm GW}(k)$  at  $k \sim k_*$  is affected

## Case 1: Phase transition (short thermal inflation)

Example: Peccei-Quinn symmetry breaking

Potential with thermal effects:

$$V(\phi) = \frac{g}{24}(\phi^2 - v_{\phi}^2)^2 + \frac{h}{24}T^2\phi^2$$



$$\langle \phi \rangle \simeq \begin{cases} 0 : T > T_{\rm c} \\ v_{\phi} : T < T_{\rm c} \end{cases}$$

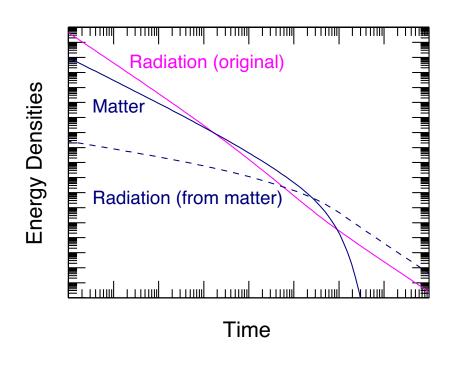
 $\Rightarrow$  The universe may be once dominated by the potential energy of  $\phi$  (like thermal inflation)

[Lyth & Stewart]

## Case 2: Temporary matter domination

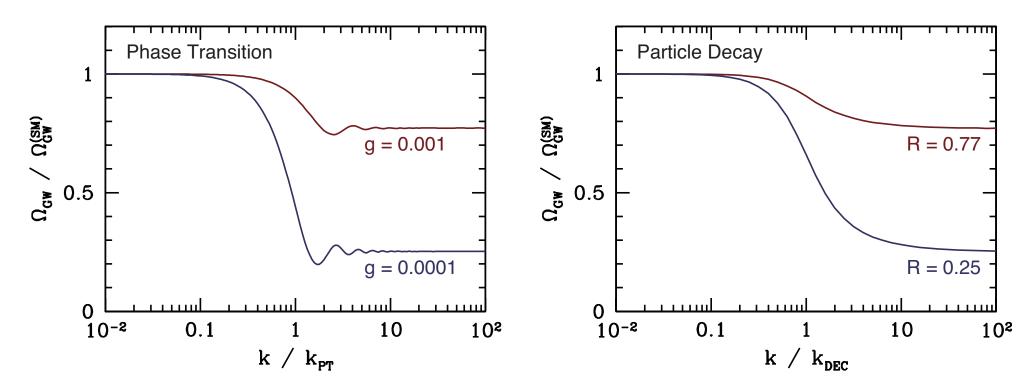
- Scalar condensations (like saxion in SUSY PQ model)
- Other exotic particles

A matter field once dominates the universe, then decays



- $\bullet \ \rho_{\rm rad} \propto a^{-4}$
- $ho_{
  m matter} \propto a^{-3}$

## IGW spectrum for two cases:

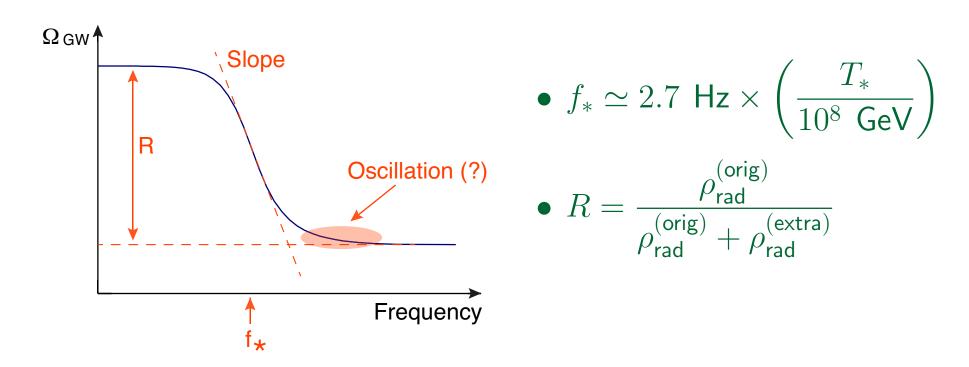


## Important parameter:

$$R \equiv \left. \frac{\Omega_{\rm GW}(k)}{\Omega_{\rm GW}^{\rm (SM)}(k)} \right|_{k \gg k_{\rm PT}} = \frac{\rho_{\rm rad}^{\rm (orig)}}{\rho_{\rm rad}^{\rm (orig)} + \rho_{\rm rad}^{\rm (extra)}}$$

## Information in the IGW spectrum

- $f_* \Rightarrow$  Temperature of the event
- $R \Rightarrow$  Energy injection
- $d\Omega_{\rm GW}/d\ln k \Rightarrow$  Time scale of the event



5. Summary

The B-mode signal is a strong evidence of the IGWs

$$\Omega_{\rm IGW} \equiv \frac{1}{\rho_{\rm crit}} \left[ \frac{d\rho_{\rm IGW}}{d\ln k} \right]_{\rm NOW} \simeq 3 \times 10^{-16} \times \left( \frac{r}{0.1} \right)$$

IGW contains rich information about the thermal history

⇒ Direct detection of the IGW is attractive

Possible scenario in the future

- Confirmation of r > 0
- Establish the technology with ground-based GW experiments (Advanced LIGO / KAGRA)
- If these are done, the space-based experiment to detect IGW is an interesting possibility

Backups

## Case 3: Production of "dark radiation (DR)"

## DR: Relativistic particle with large free-streaming length

- Candidates of dark radiation: NG bosons, like axion, · · ·
  - ⇒ They can be produced in association with phase transition, for example
  - ⇒ They may decay, or may be diluted afterwards
- Non-vanishing anisotropy inertia shows up

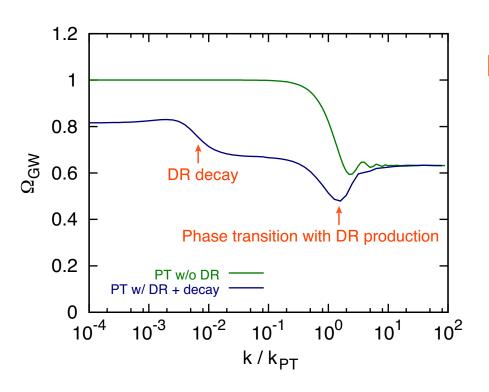
$$\Rightarrow \ddot{\tilde{h}}_{\vec{k}}^{(\lambda)} + 3H\dot{\tilde{h}}_{\vec{k}}^{(\lambda)} + \frac{k^2}{a^2(t)}\tilde{h}_{\vec{k}}^{(\lambda)} = \frac{1}{M_{\rm Pl}^2} \times \text{(anisotropic inertia)}$$

DR changes the shape of the IGW spectrum [Weinberg]

⇒ Suppression of low frequency mode of the IGW spectrum

## Example 1: Phase transition with DR production

- 1. Phase transition, which produces DR
- 2. Decay of (some fraction of) "DR"



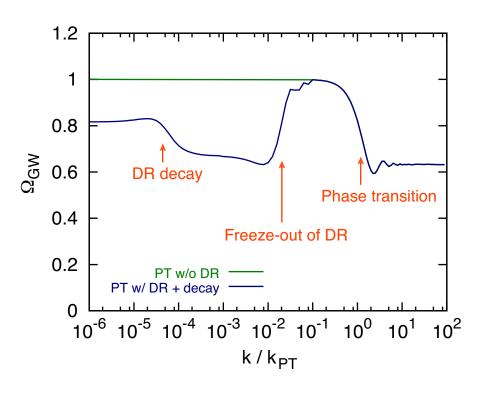
## Energy fraction of DR

33 % before decay

13 % after decay;  $\Delta N_{\rm eff} = 0.5$ 

## Example 2: Freeze-out of DR

- 1. Phase transition, which produces dark-sector particles
- 2. Particles in the dark sector freeze-out



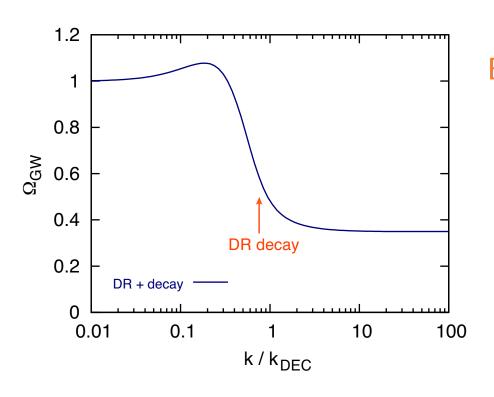
## Energy fraction of DR

33 % before decay

13 % after decay;  $\Delta N_{\rm eff} = 0.5$ 

## Example 3: DR domination in the early epoch

- 1. Universe was once dominated by DR
- 2. DR decays and reheats the SM sector



Energy fraction of DR 100~% before decay 0~% after decay