

Fermionic Dark Matter and Electron-Capture Supernovae

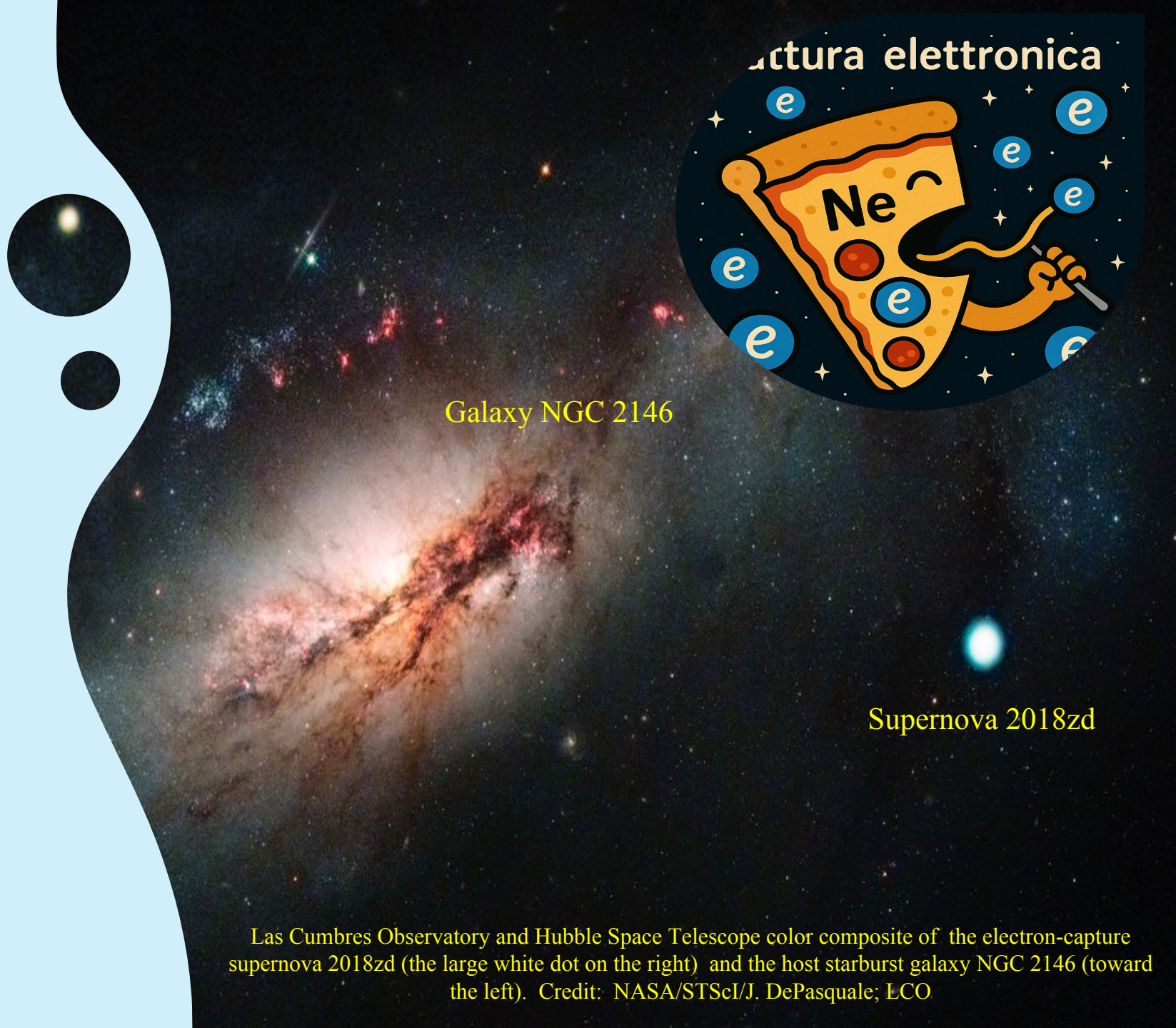
Pathways to Low-Mass Neutron Stars

Vishal Parmar

INFN Pisa, Italy

Nov 19, 2025

SEMINARIO SCIENTIFICO, INFN Pisa

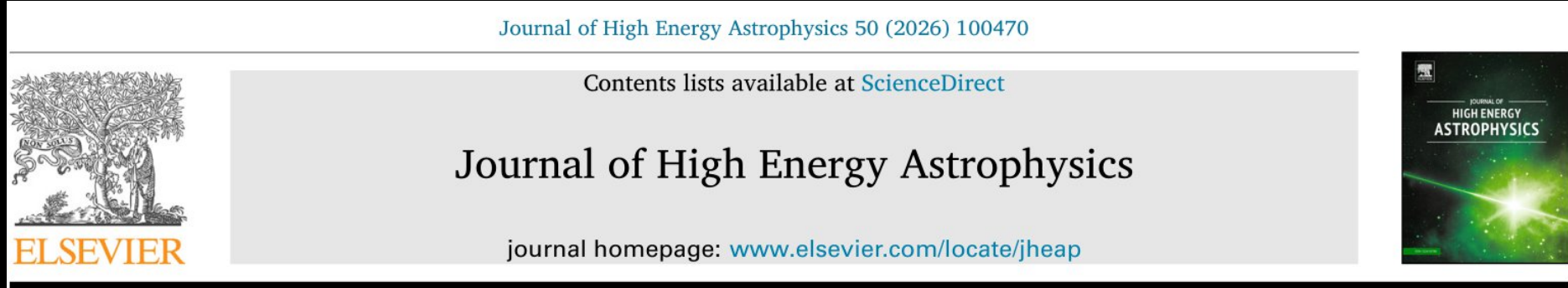


Galaxy NGC 2146

Supernova 2018zd

Las Cumbres Observatory and Hubble Space Telescope color composite of the electron-capture supernova 2018zd (the large white dot on the right) and the host starburst galaxy NGC 2146 (toward the left). Credit: NASA/STScI/J. DePasquale; LCO

Based
on



Triggering electron capture supernovae: Dark matter effects in degenerate white-dwarf-like cores of super-asymptotic giant branch stars

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 OCTOBER 22, 2025 **FEATURE**

 The GIST

Exploring how dark matter alters electron-capture supernovae and the birth of neutron stars

by Ingrid Fadelli, Phys.org

edited by Sadie Harley, reviewed by Robert Egan

 Editors' notes

Outline

Introduction

- Nuclear Matter
- Neutron Star Anatomy
- Equation of State: Uncertainties and Implications

Electron capture supernovae (ECSNe): Discovery and Implication

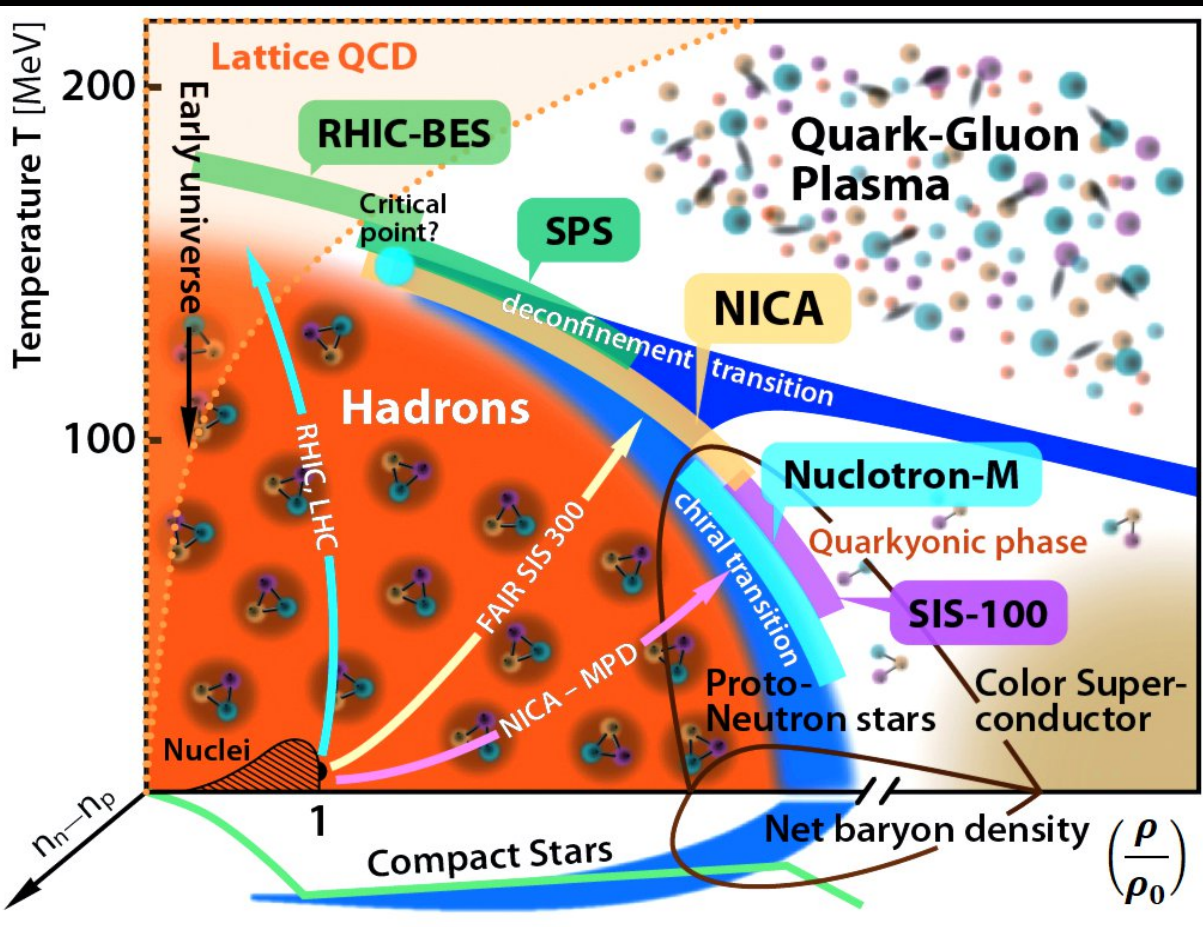
EoS for Dark Matter, Neutron star and White dwarf

Dark matter effect on Neutron star formed from ECSN

Implication and Future Prospective

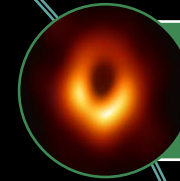
Nuclear Matter: Nuclei and Neutron Star

Nuclear Matter Phase Diagram

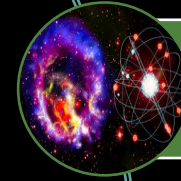


Universe 4, 52, 2018

Neutron Star: A Physics Goldmine



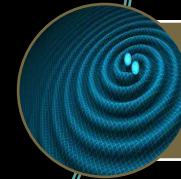
Astrophysics: What is the minimum mass of a black hole?



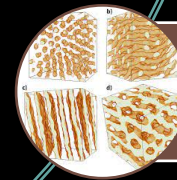
Nuclear Physics: What are the limits of nuclear existence and the EOS of nuclear matter?



Particle Physics: Dense quark matter and quark-gluon plasma?

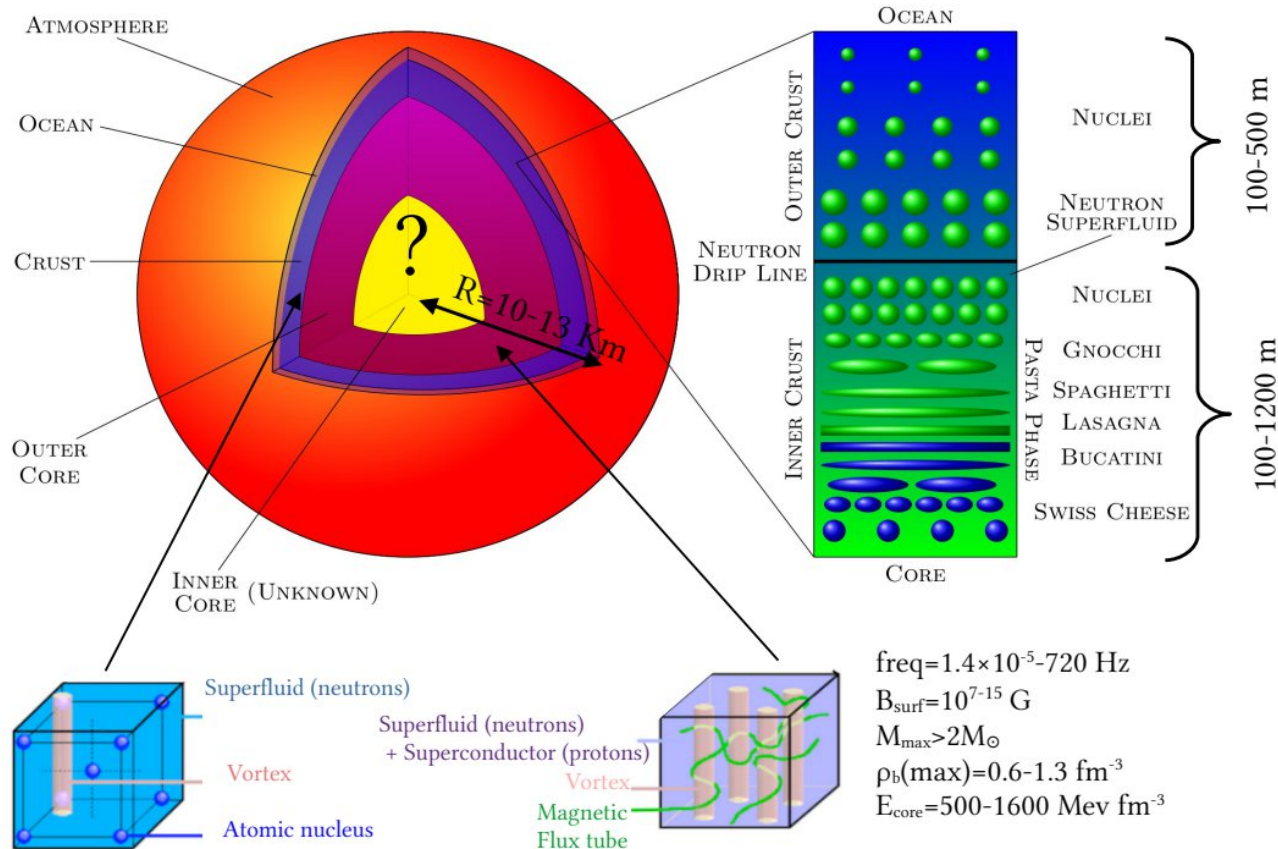


General Relativity: Rapidly rotating neutrons stars as a source of gravitational waves?



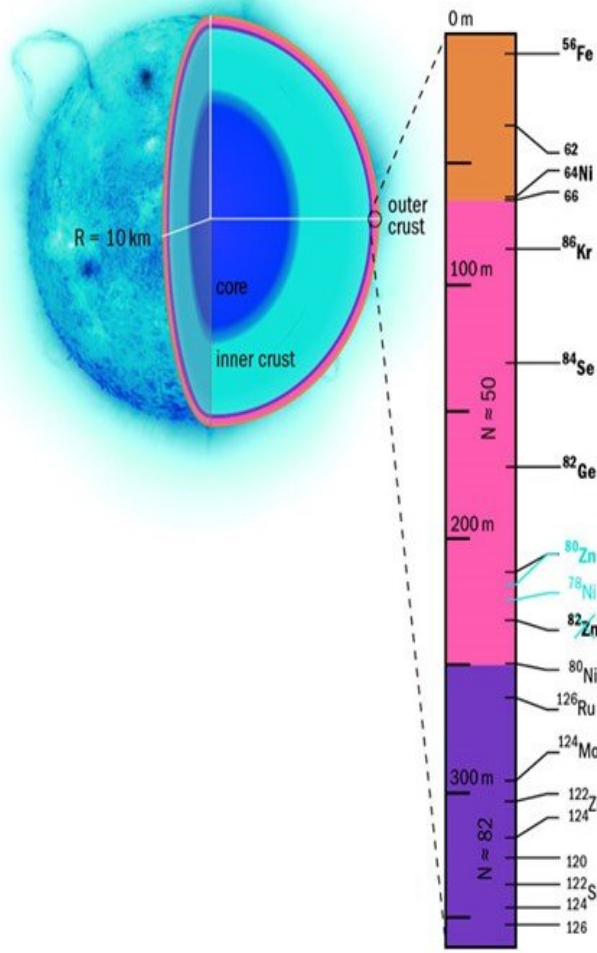
Condensed-Matter Physics: Signatures for the liquid to crystalline state transition?

Anatomy of Neutron Star



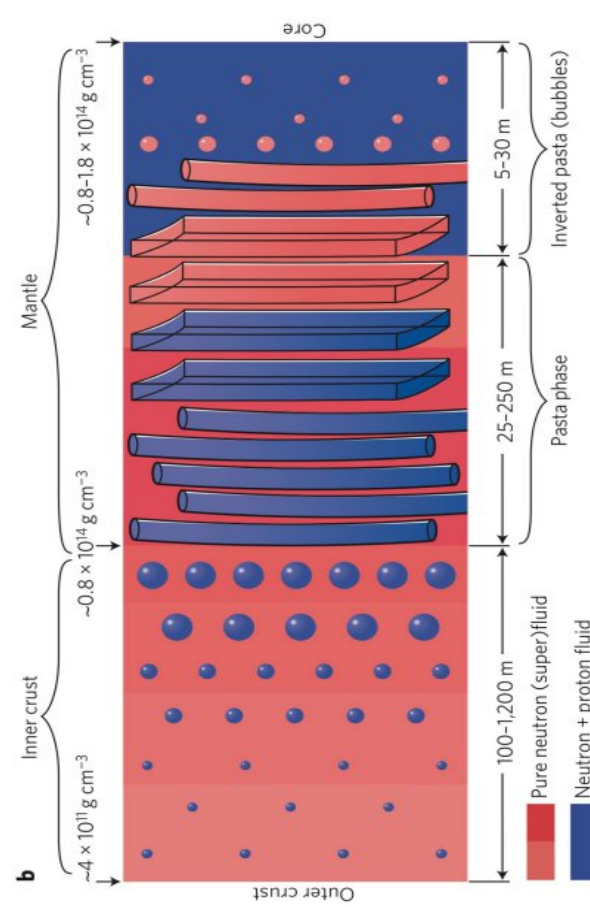
From Crust to Core

- **Outer Crust:** $10^{-10} \rho_0 < \rho < 10^{-3} \rho_0$
“Coulomb Crystal” of progressively more neutron-rich nuclei.
- **Inner Crust** $10^{-3} \rho_0 < \rho < 10^{-1} \rho_0$
“Nuclear Pasta” exotic shapes immersed in a neutron vapor.
- **Outer/Inner Core** $10^{-1} \rho_0 < \rho < 10 \rho_0$
“Fermi Liquid” of uniform neutron-rich matter (“Exotic Phases?”).



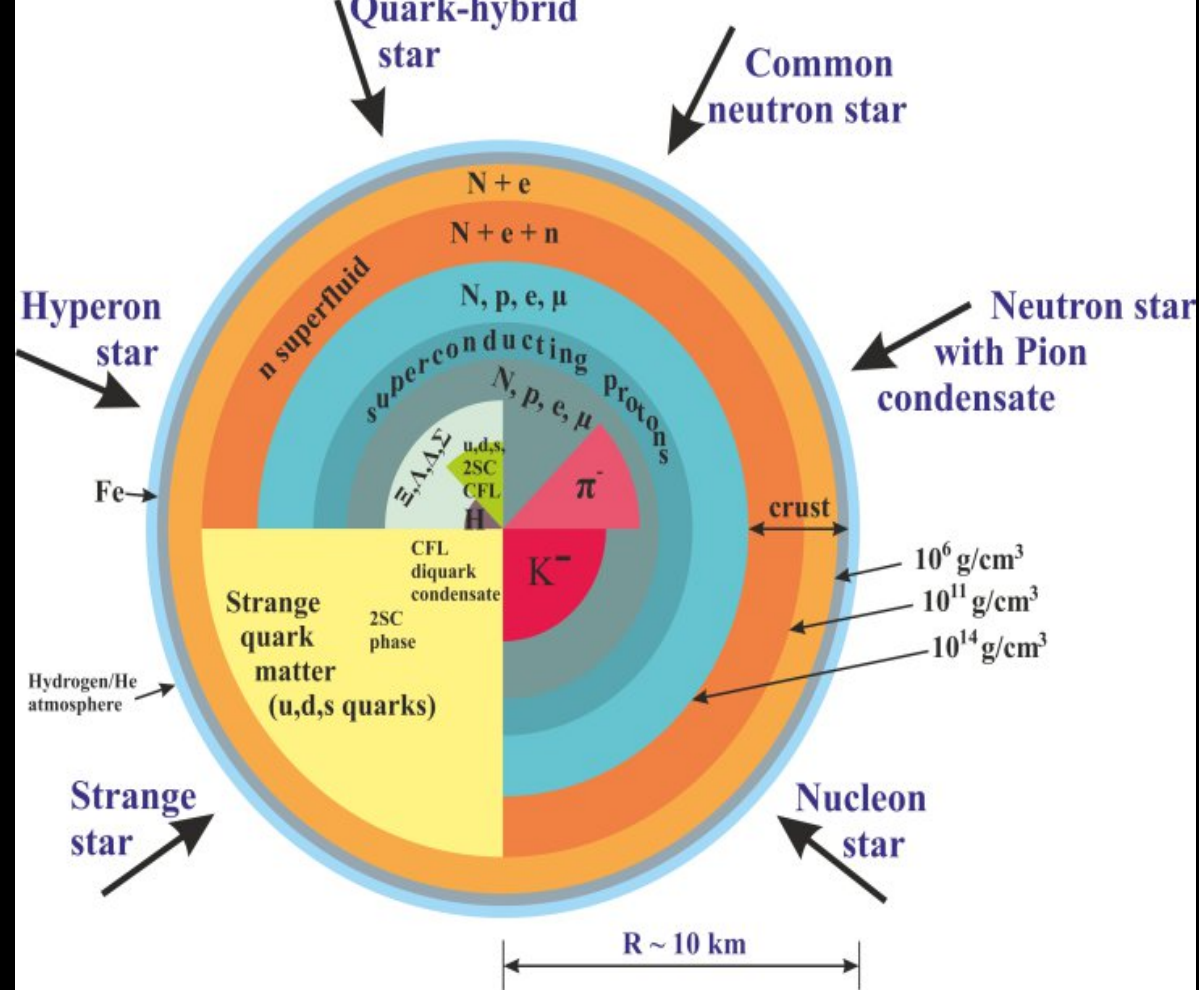
Outer Crust

A solid Coulomb lattice of fully ionized atomic nuclei submerged in electron gas.



Inner Crust

Neutrons “drip out of nuclei”



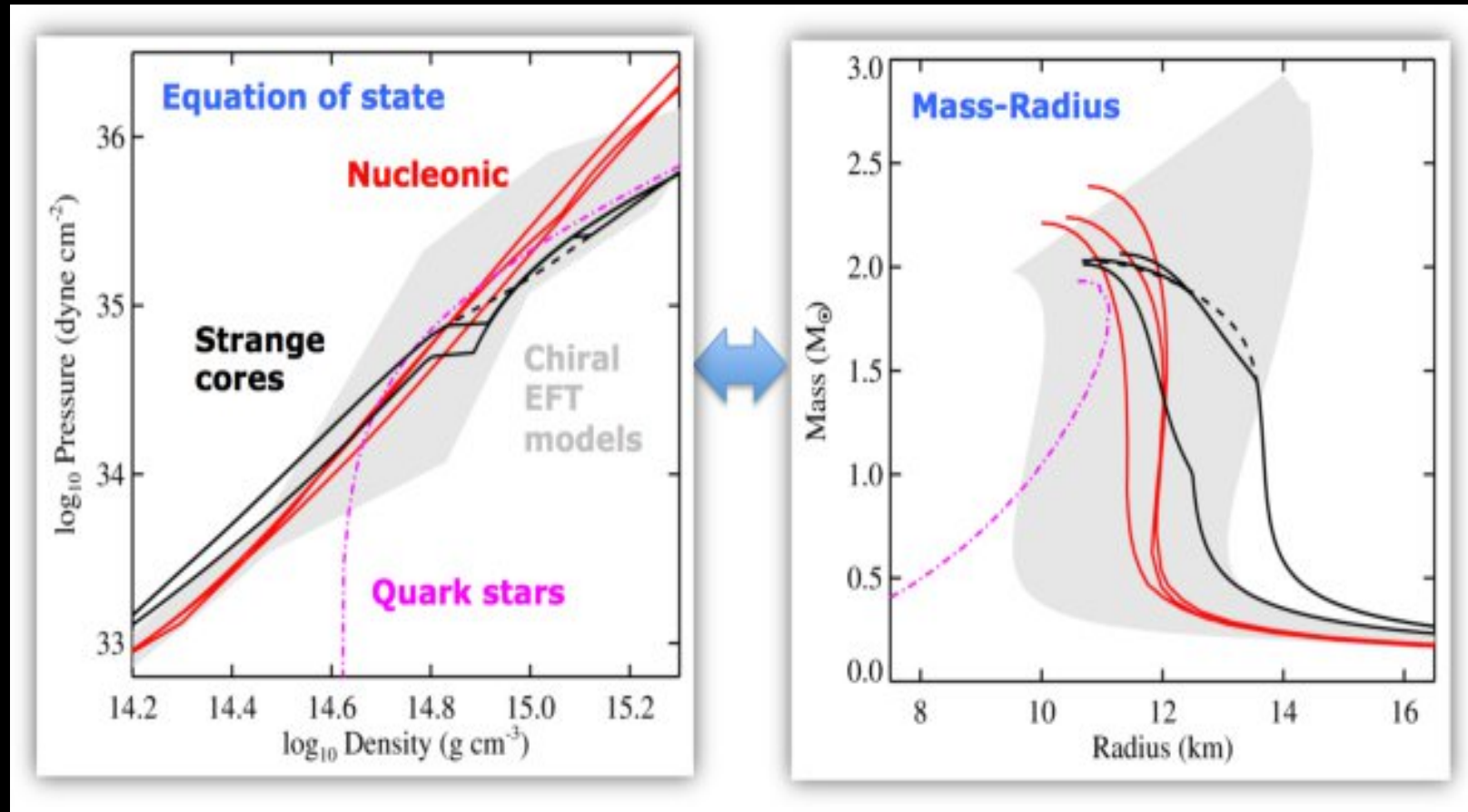
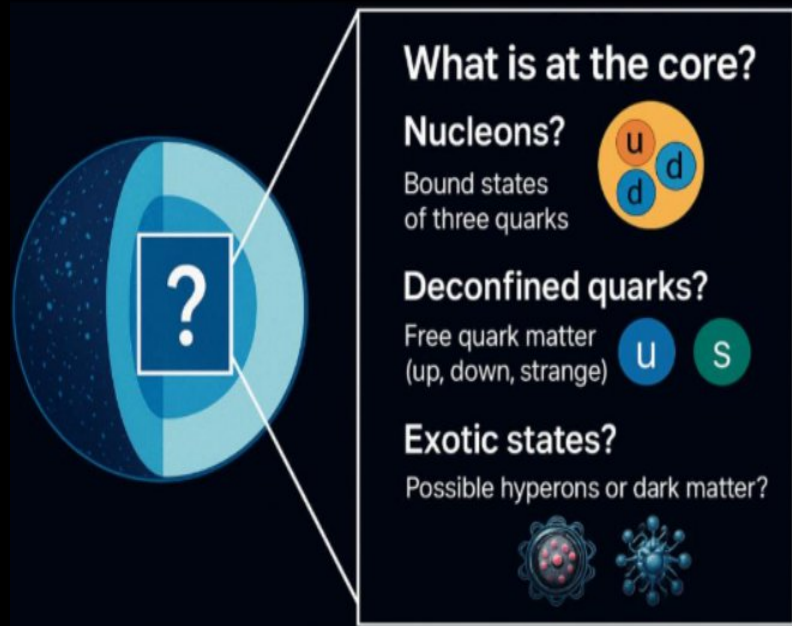
Core

Uniform neutron-rich matter in chemical equilibrium.

Baryon density

EoS and Mass-Radius of star

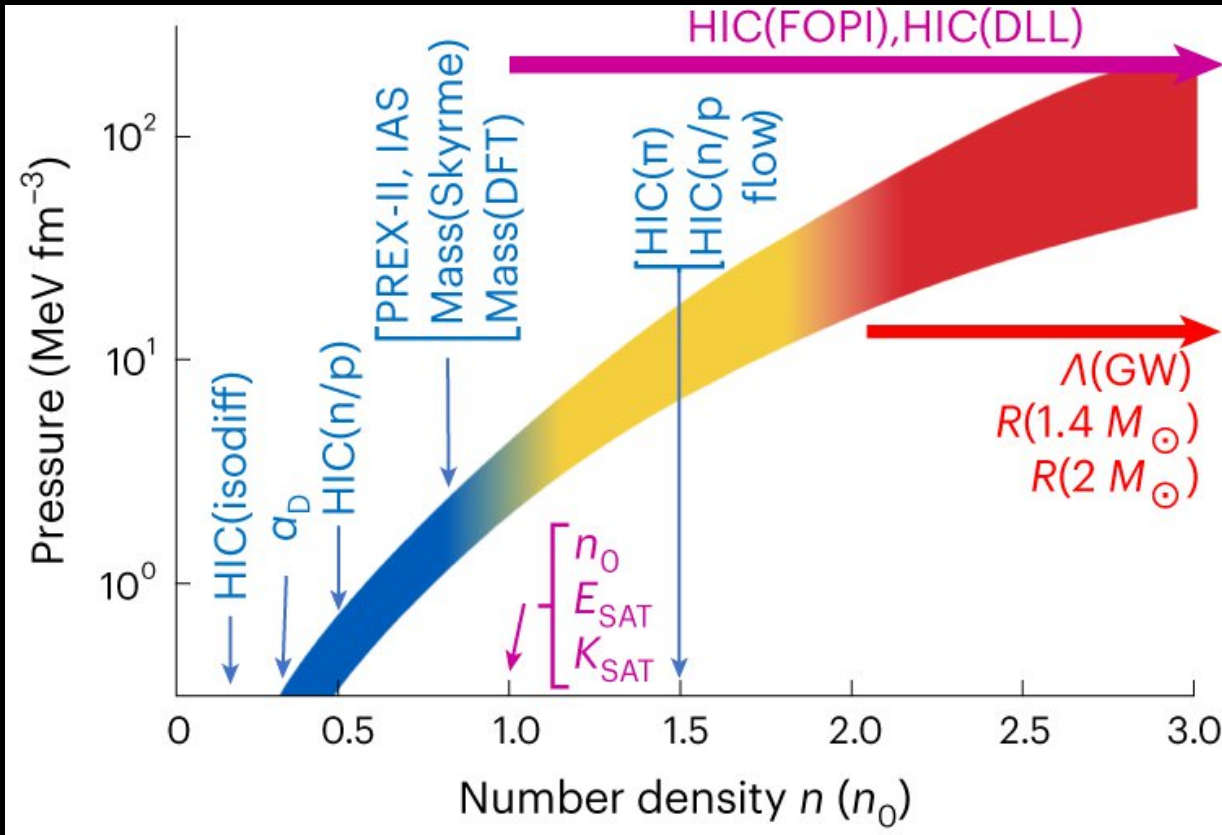
arXiv.1501.00042



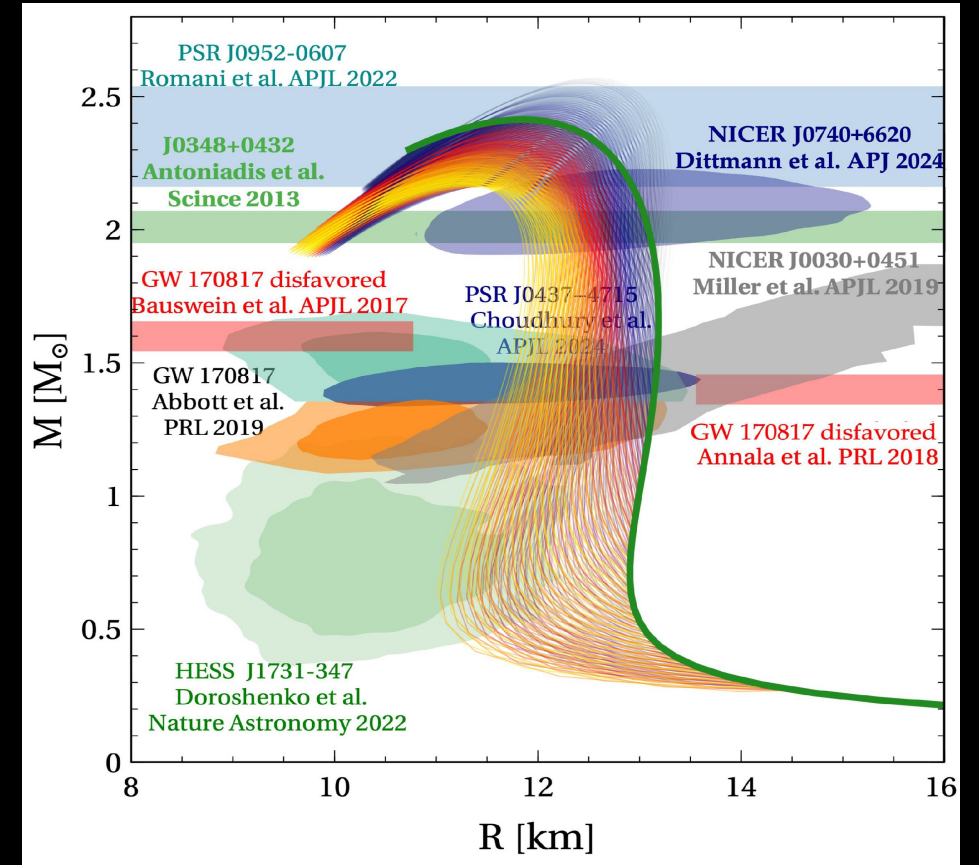
EoS must span 10-11 orders of magnitude in baryon density.

EoS needs joint analyses of nuclear theory, nuclear experiment and astrophysical observations

Constraints on the Ns EoS



Nature Astronomy **volume 8**, pages 328–336 (2024)



Universe **2025**, 11(5), 141

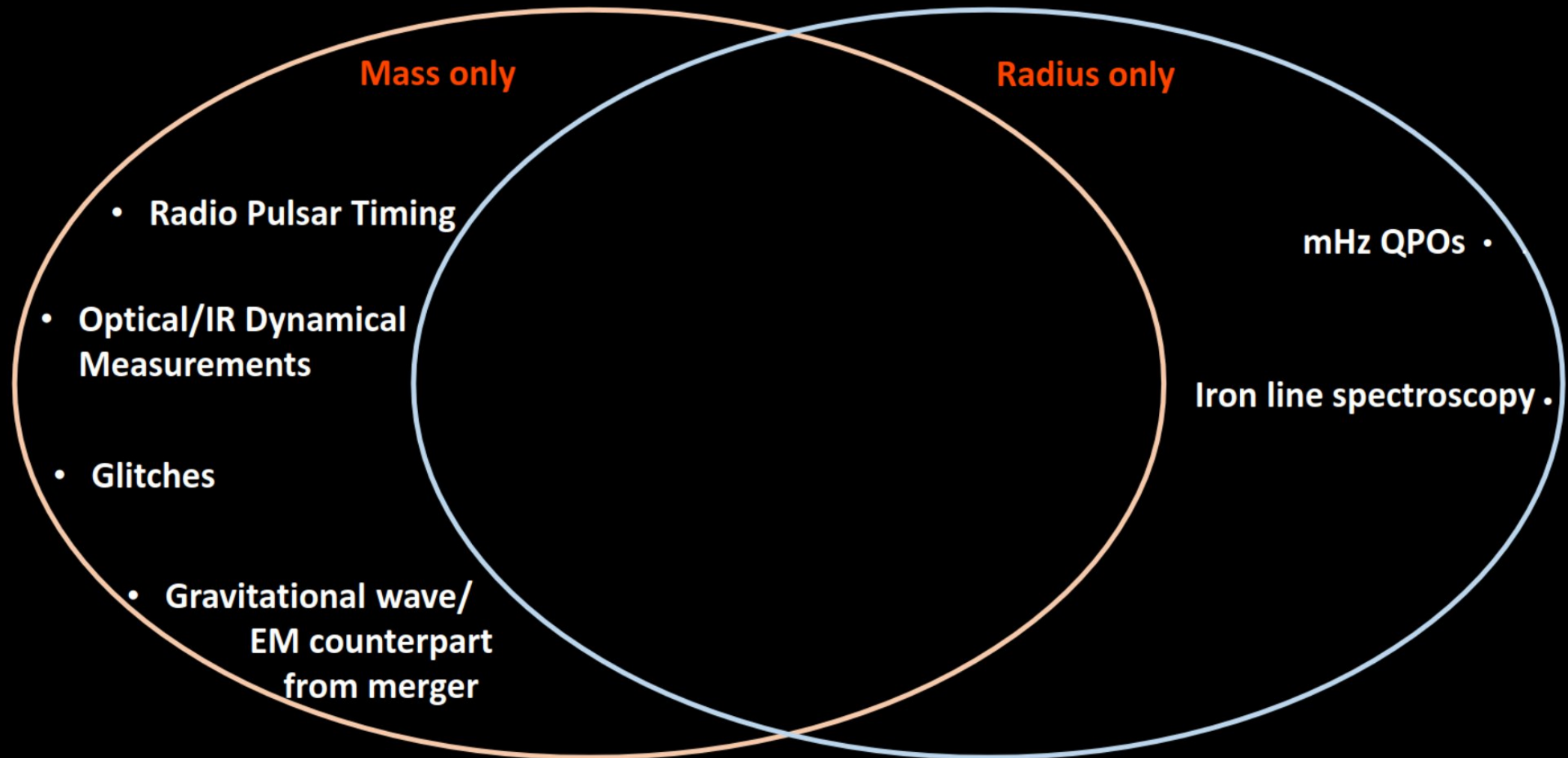
- A given NS EoS should at least satisfy **2M_⊙** mass star.
- Ns mass and radius provide most significant information on the EoS.

Techniques to constrain the mass and/or Radius

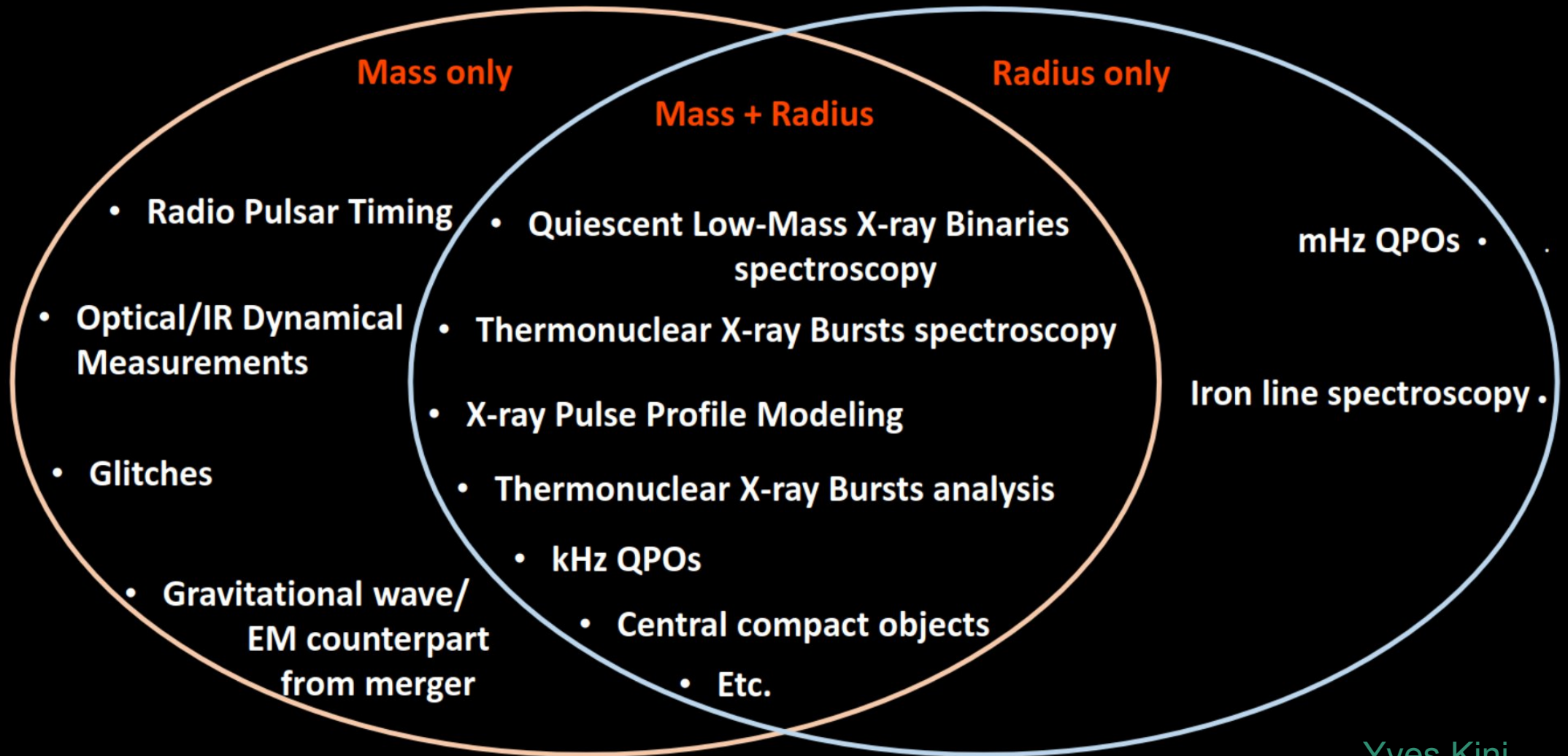
Mass only

- Radio Pulsar Timing
- Optical/IR Dynamical Measurements
- Glitches
- Gravitational wave/
EM counterpart
from merger

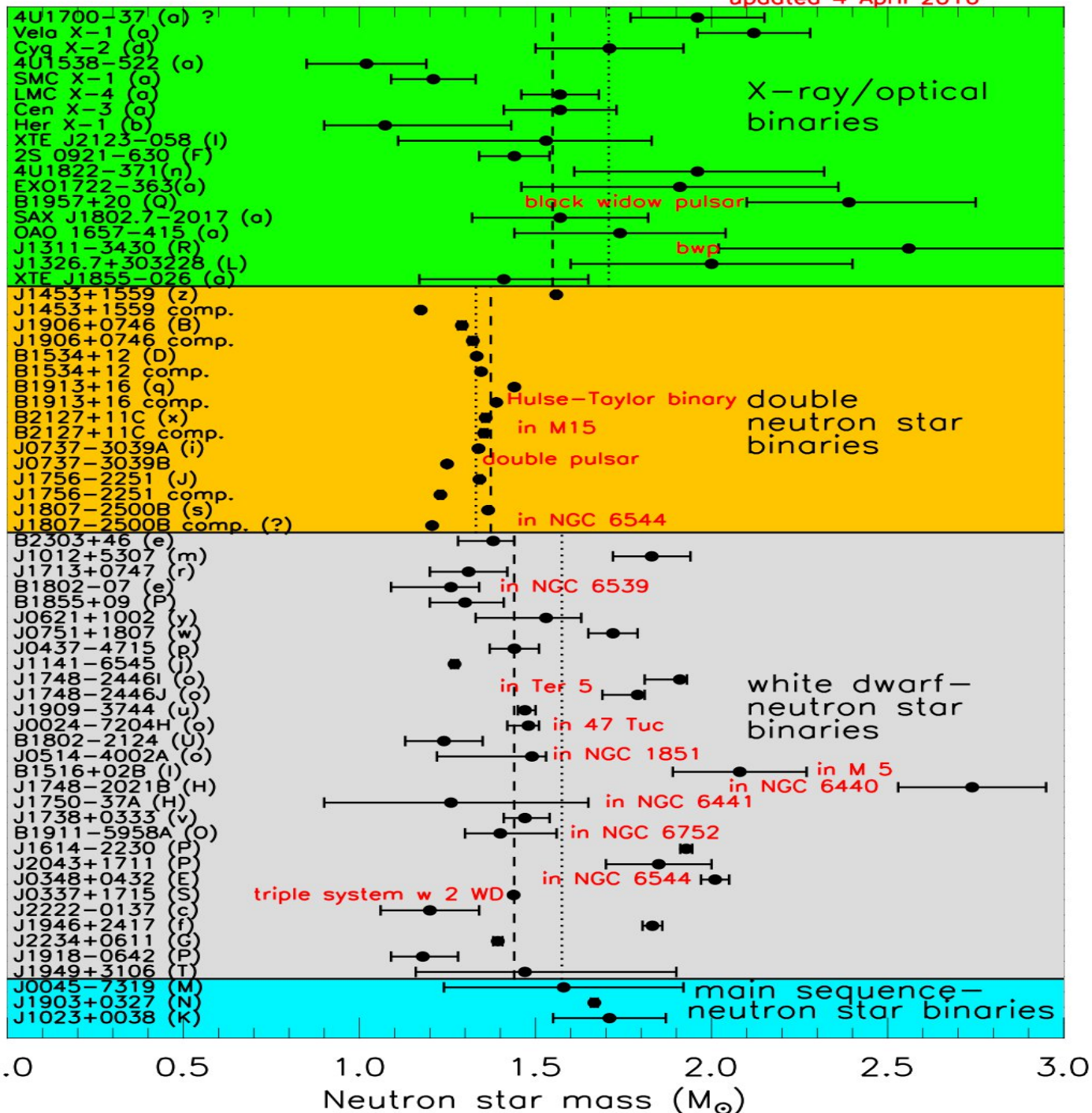
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Yves Kini



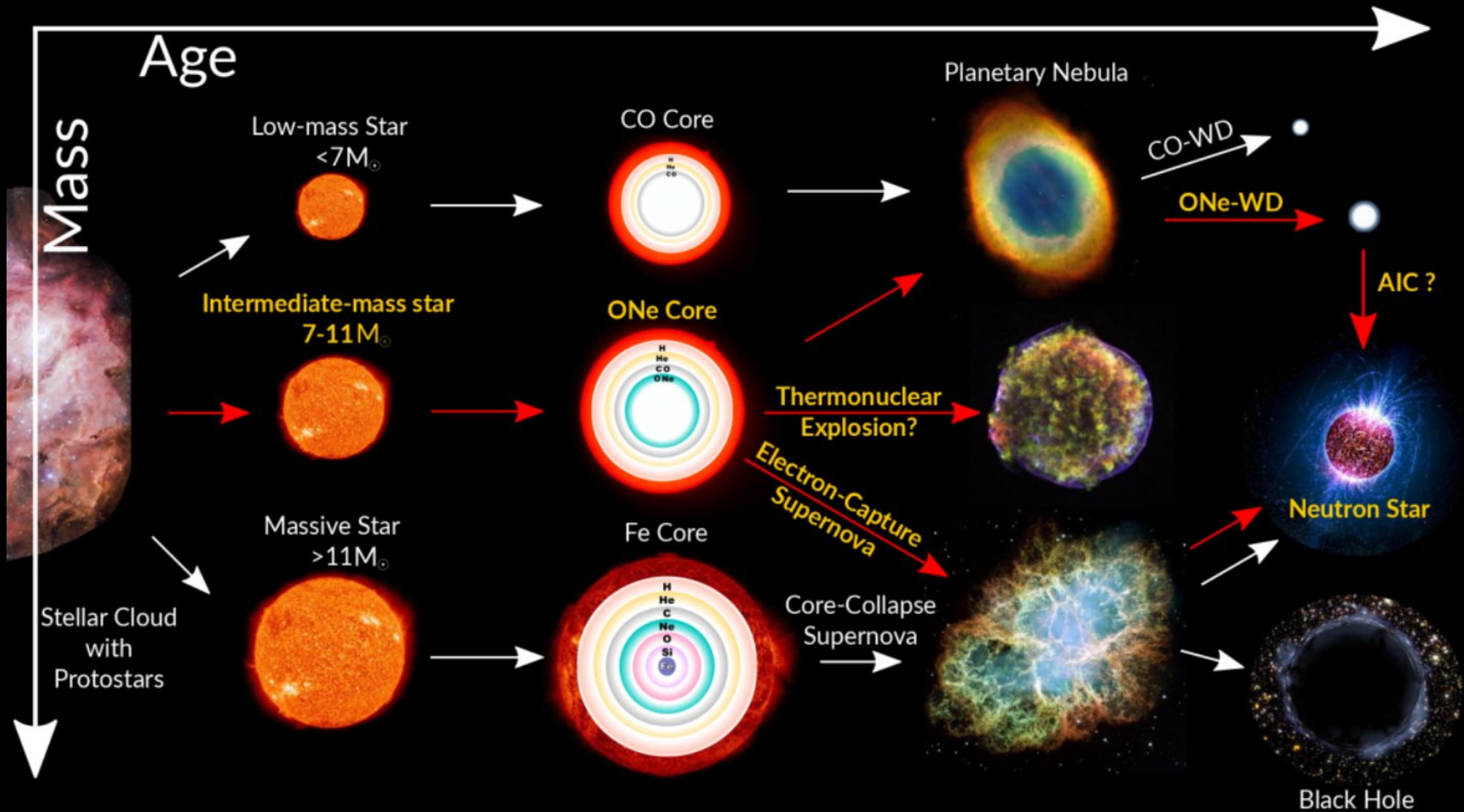
DNSs are no more compatible with 1.4 $M_{\odot}$ anymore.

Some Notable Cases $< 1.25 M_{\odot}$

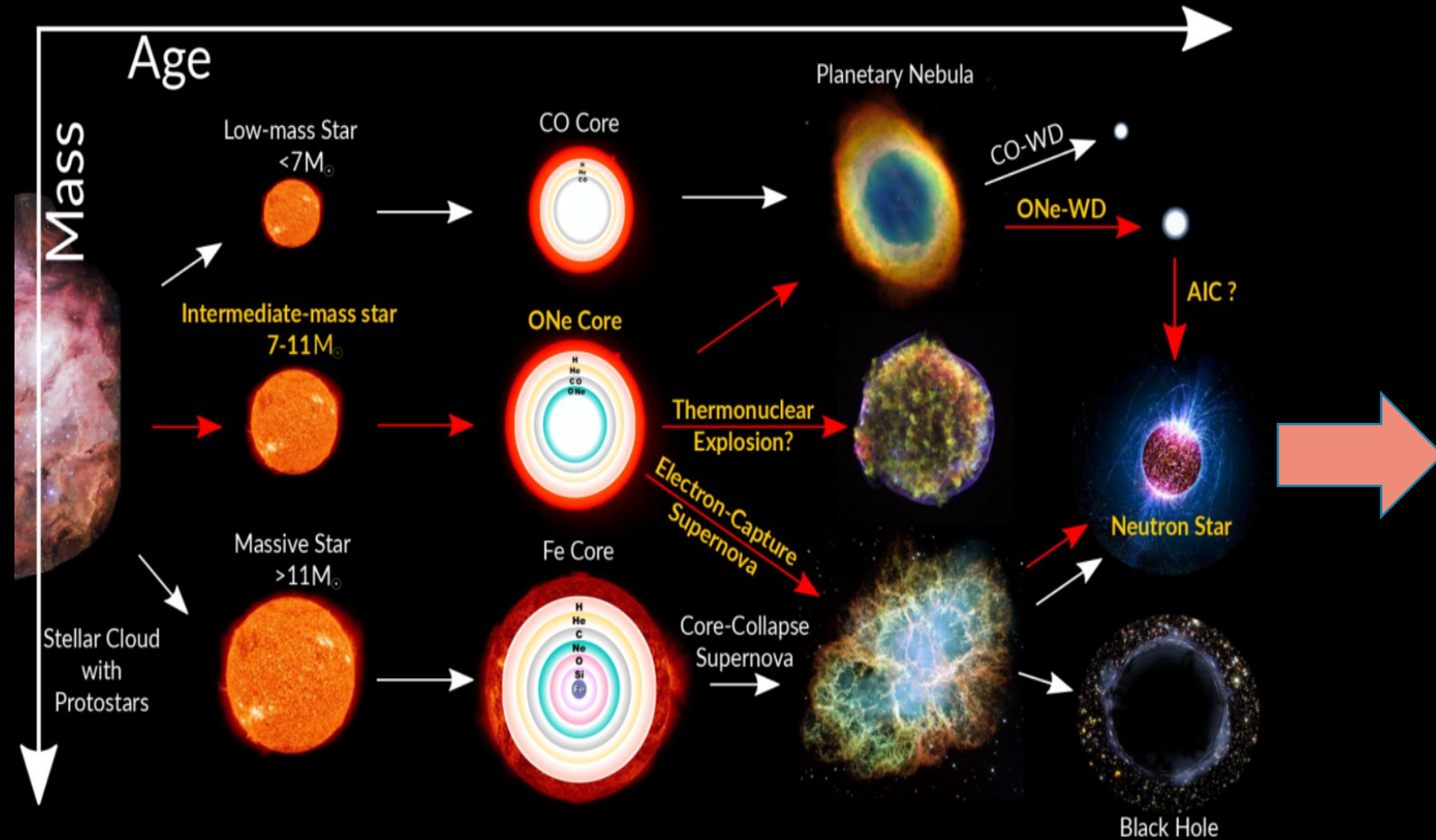
- 4U 1538--52 ($0.87 \pm 0.07 M_{\odot}$)
- SMC X-1 ($1.04 \pm 0.09 M_{\odot}$)
- Her X-1 ($1.07 \pm 0.36 M_{\odot}$)
- PSR J0453+1559 ($1.174 \pm 0.004 M_{\odot}$)
- PSR J1756--2251 ($1.230 \pm 0.007 M_{\odot}$)
- PSR J0737--3039B ($1.249 \pm 0.0007 M_{\odot}$)
- PSR J1946+2052 $\sim 1.2 M_{\odot}$

What is the origin of such low mass NSs?

Stellar Evolution: lifetime and death depends on mass

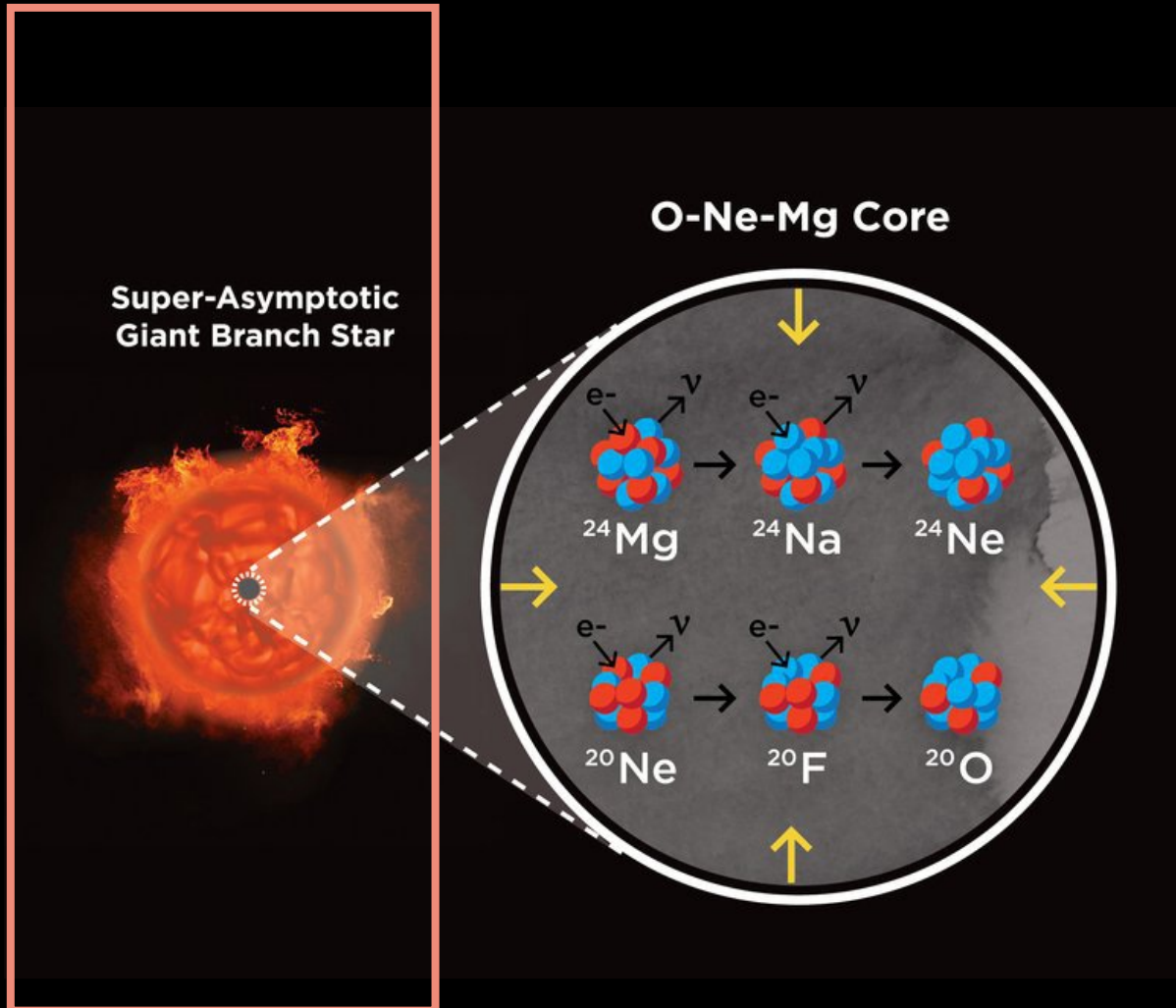


Stellar Evolution: lifetime and death depends on mass



- Nomoto and others developed detailed models of electron-capture supernovae, exploring how O–Ne–Mg cores collapse differently from iron-core supernovae.
- For decades, these events remained only theoretical since no unambiguous observational signature was found.
- Only recently, discoveries such as SN 2018zd provided the first clear evidence of an ECSN, confirming the long-standing predictions.

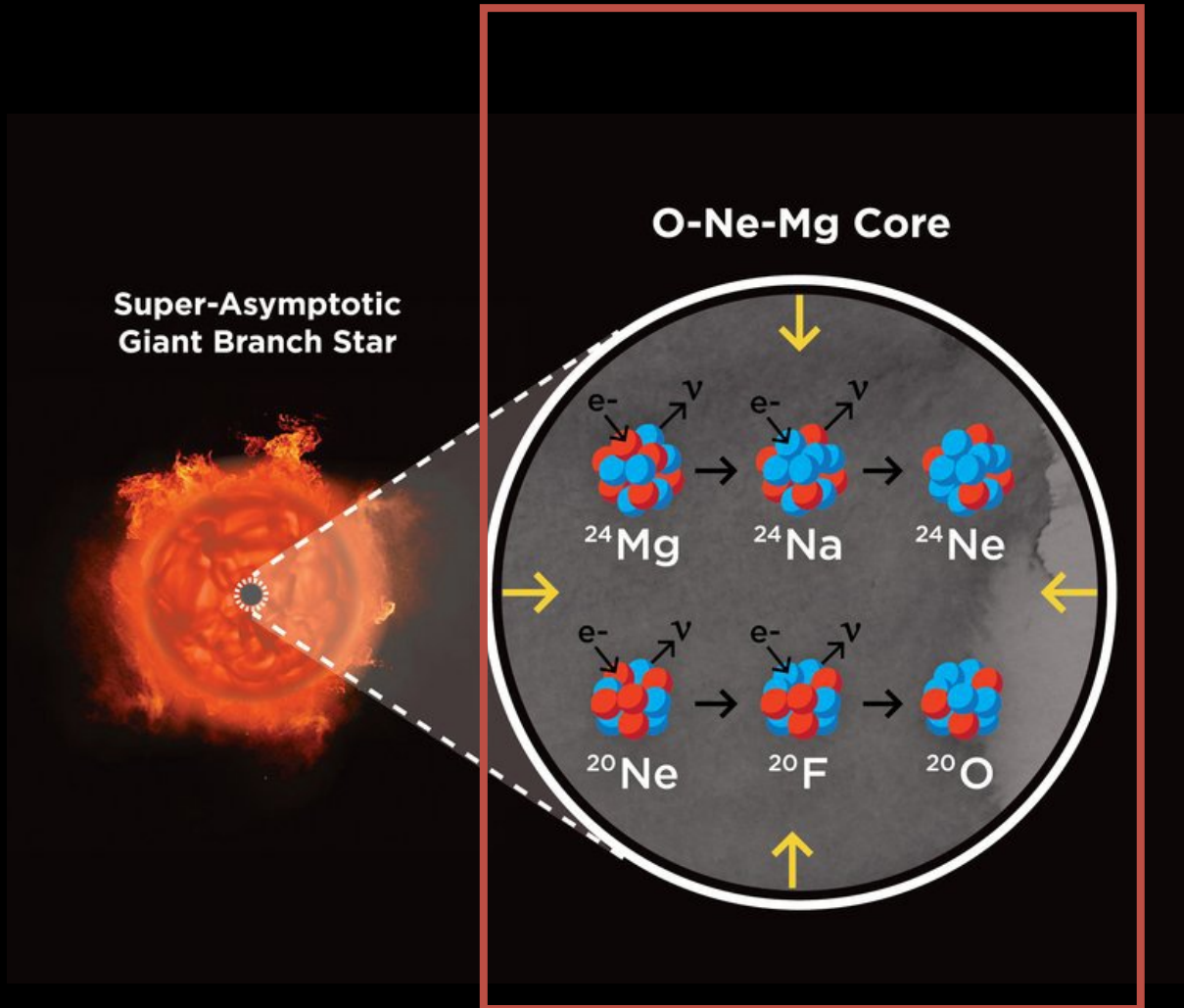
Electron Capture Supernovae



- A super-asymptotic giant branch star is the end state of stars in a mass range of around 8-10 solar masses, whose core is pressure supported by electrons (e^-)

Artist impressions of a super-asymptotic giant branch star (left) and its core (right) made up of oxygen (O), neon (Ne), and magnesium (Mg). Credit: S. Wilkinson; Las Cumbres Observatory

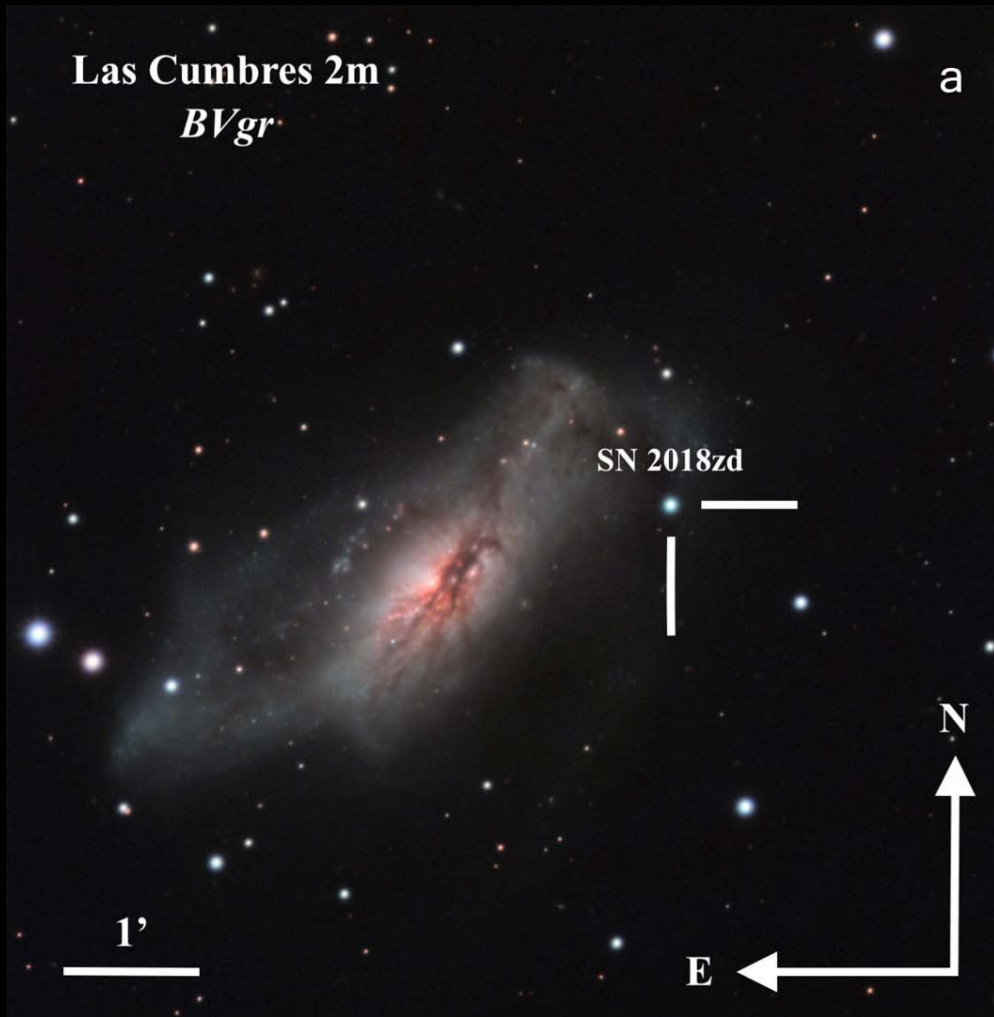
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- A super-asymptotic giant branch star is the end state of stars in a mass range of around 8-10 solar masses, whose core is pressure supported by electrons (e^-)
- When the core becomes dense enough, neon and magnesium start to eat up electrons (so called electron-capture reactions), reducing the core pressure and inducing a core-collapse supernova

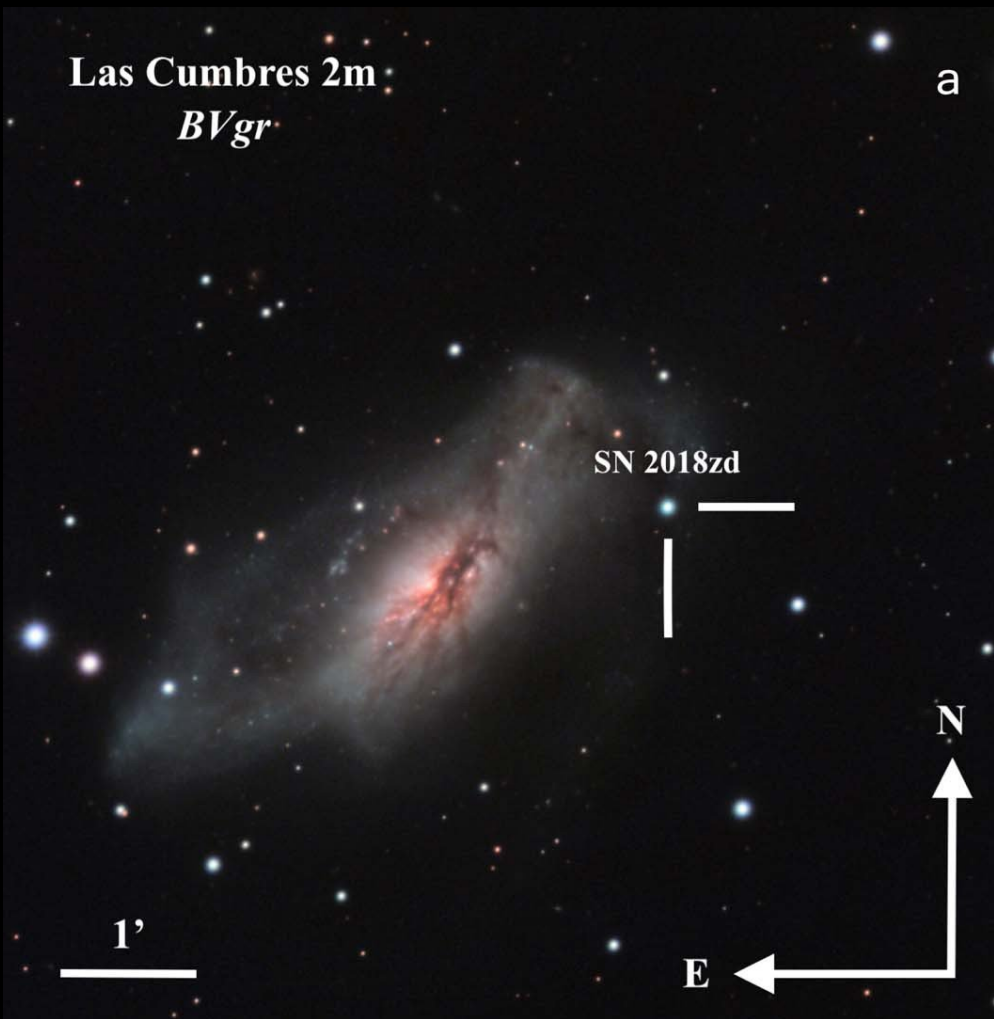
First evidence of ECSN-supernova 2018zd



- SN 2018zd, the first strong electron-capture supernova candidate, was discovered on **March 2, 2018** by Japanese amateur astronomer **Koichi Itagaki** using a **0.35-m telescope** at his Yamagata observatory while comparing fresh CCD images of **NGC 2146** with earlier references.

Hiramatsu, D., *et al.* The electron-capture origin of supernova 2018zd. *Nat Astron* **5**, 903–910 (2021)

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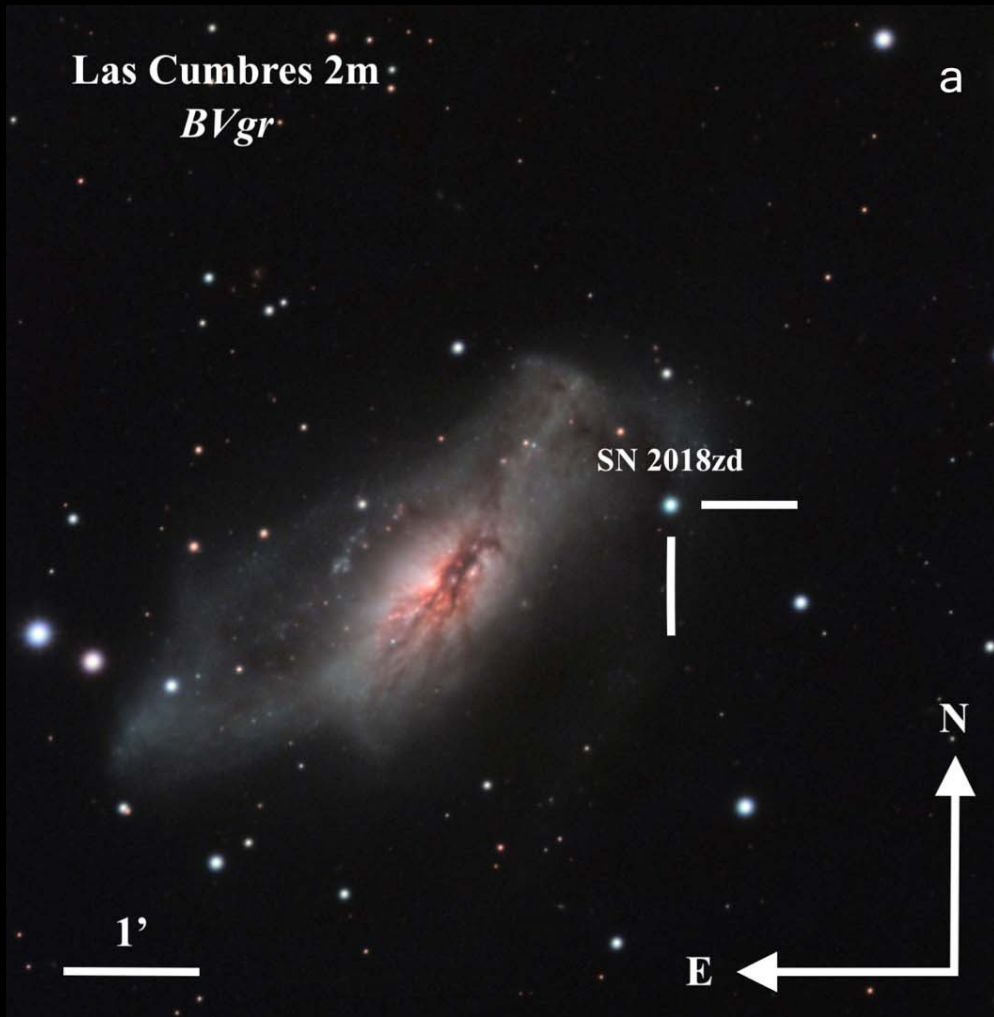
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Koichi Itagaki's homespun observatory in Yamagata is one of three he maintains across Japan in hopes of spotting supernovae before anyone else. Credit: Science.

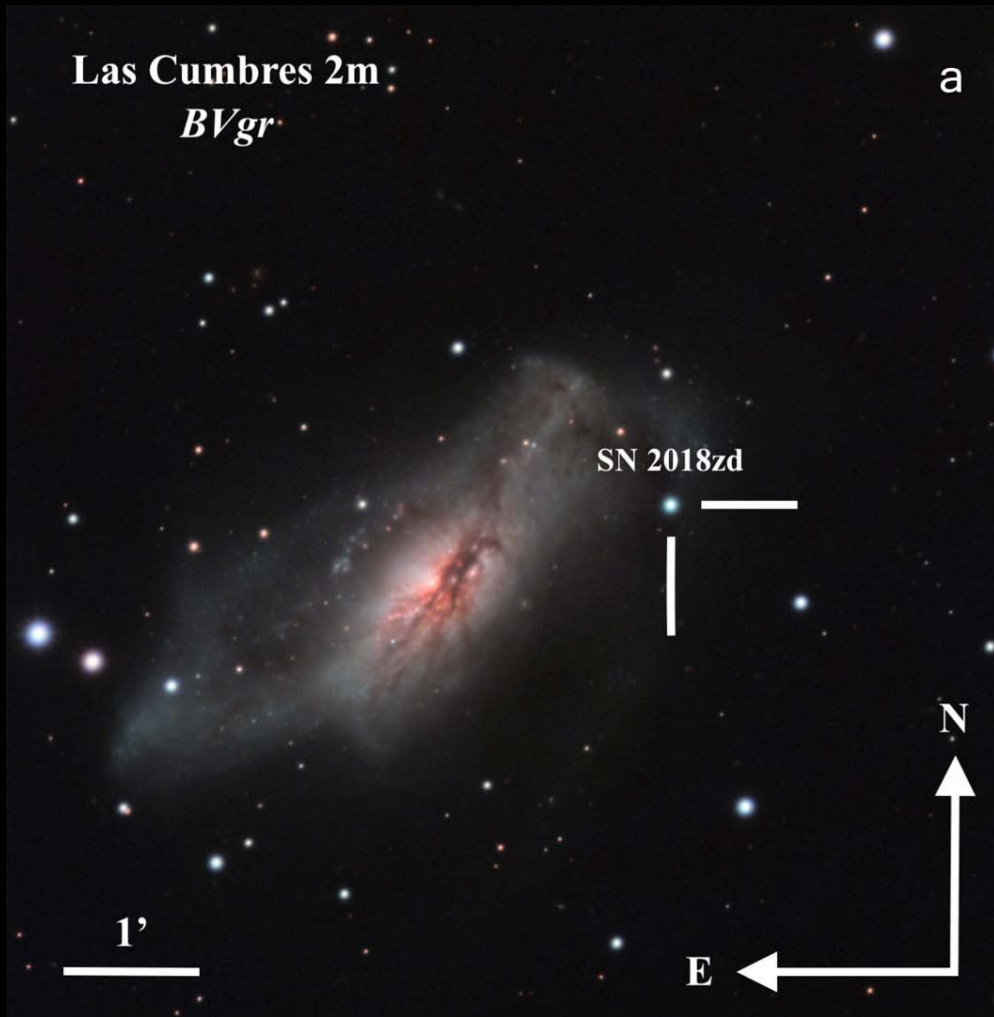
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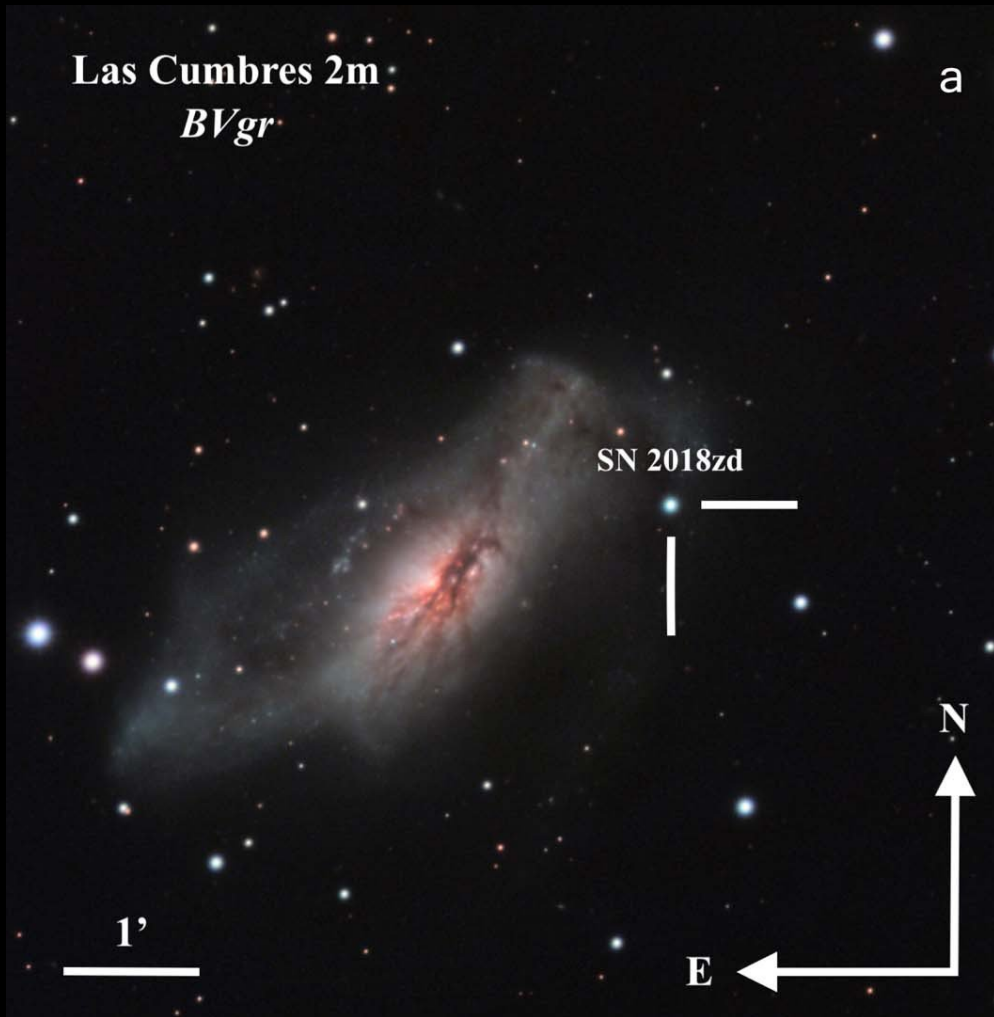
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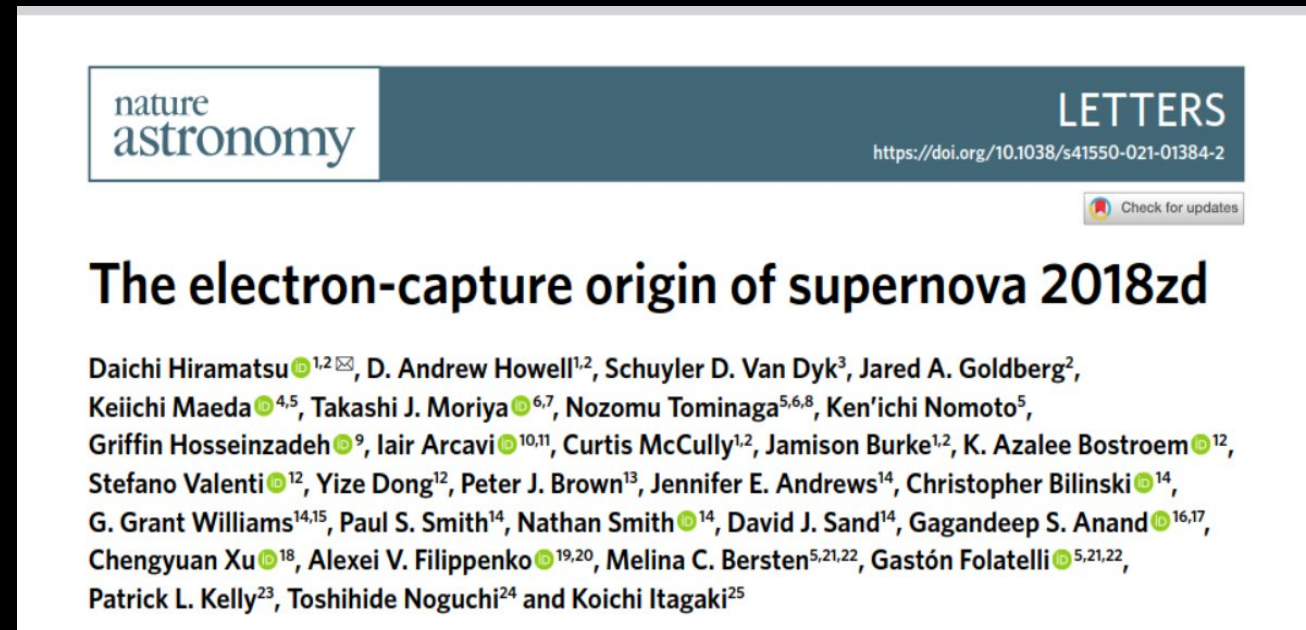
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- An international team analyzed progenitor detections, nucleosynthetic signatures, and ejecta properties, confirming SN 2018zd as the first strong case of an electron-capture supernova.

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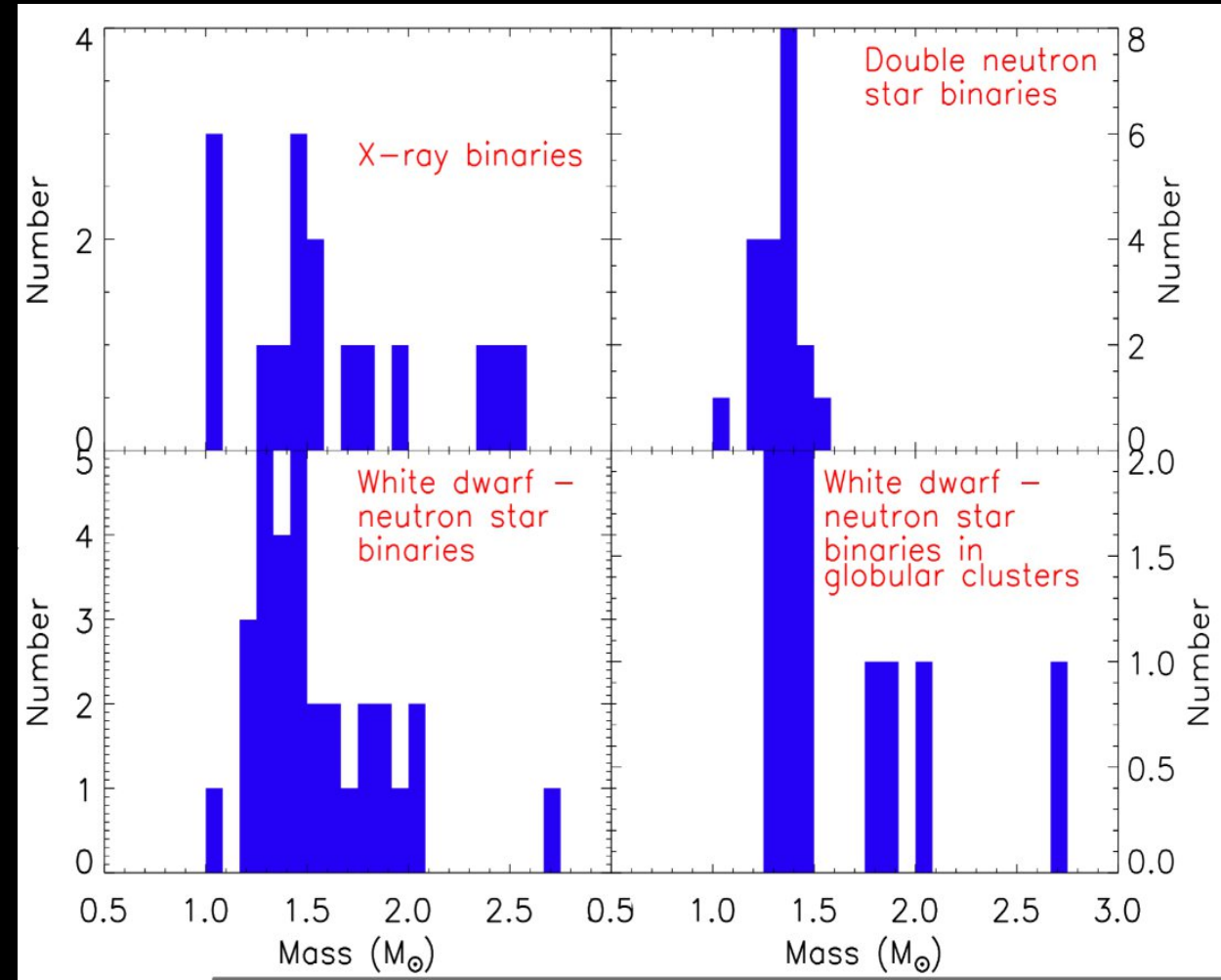
What it means for the Crab Nebula



- In 1054 A.D., a supernova called SN 1054 occurred in the Milky Way. According to Chinese and Japanese records, it was so bright that it could be seen in the daytime for 23 days and at night for nearly two years.
- The resulting remnant – the Crab Nebula – has been studied in great detail. It was previously the best candidate for an electron-capture supernova, but this was uncertain partly because the explosion happened nearly 1,000 years ago. The new result increases the confidence that the historic SN 1054 was an electron-capture supernova.
- Interaction between the ejecta and pre-supernova mass loss explains the brightness, supporting the Crab's origin as an electron-capture supernova.

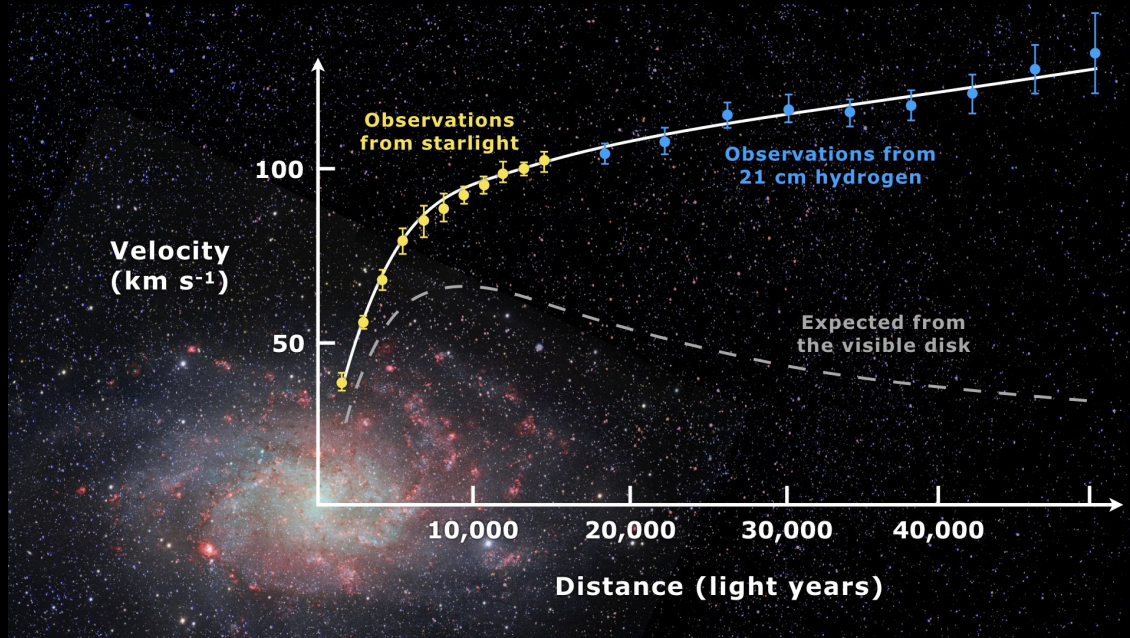
However

- **O–Ne White Dwarfs:** Theory predicts electron-capture supernovae (ECSN) from O–Ne WDs with a progenitor WD mass $\approx 1.35 M_{\odot}$, collapsing to a neutron star of $\approx 1.25 M_{\odot}$ (after neutrino losses).
- **Expected Mass Floor:** This sets a “canonical minimum” NS mass around $1.25 M_{\odot}$.
- **Observed Outliers:** Yet, some pulsars are significantly lighter:
- **Possible Explanations:???**

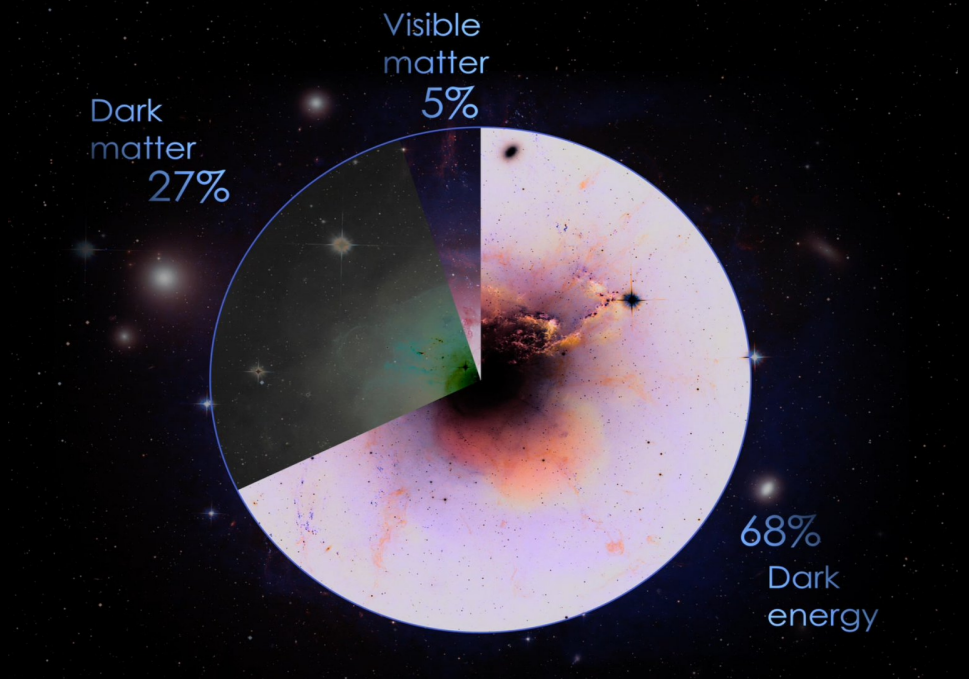
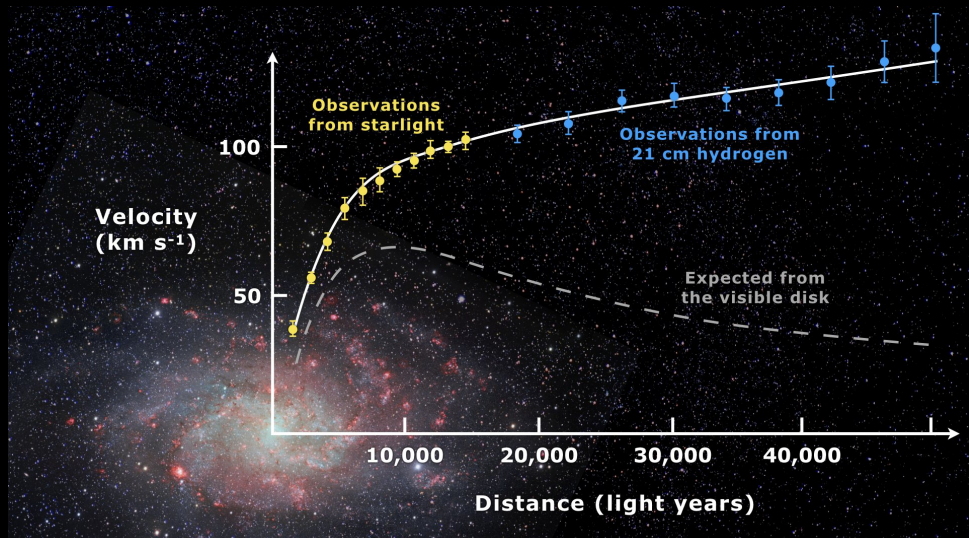


<https://stellarcollapse.org>

DARK Matter



DARK Matter



This plot illustrates the relationship between Dark Matter mass and its associated wavelength and frequency. The x-axis represents Dark matter mass in eV, ranging from 10^{-21} to 10^{30} . The top x-axes show Wavelength in meters (m) and Frequency in inverse seconds (s^{-1}). The right y-axis shows Mass in grams (g).

Wave-like candidates (blue boxes):

- Lightest DM mass (indicated by a grey bar at the far left)
- BHSR
- QCD axion (spanning Pre-inflation and Post-inflation)
- Axion-like particle
- Ultralight scalar field
- Dark photon

Particle-like candidates (orange boxes):

- Sterile ν
- WIMP
- Composite/Macroscopic DM
- Hidden sector DM
- Gravitino
- Light DM
- Q-balls
- WIMPzilla

Physical scales and processes:

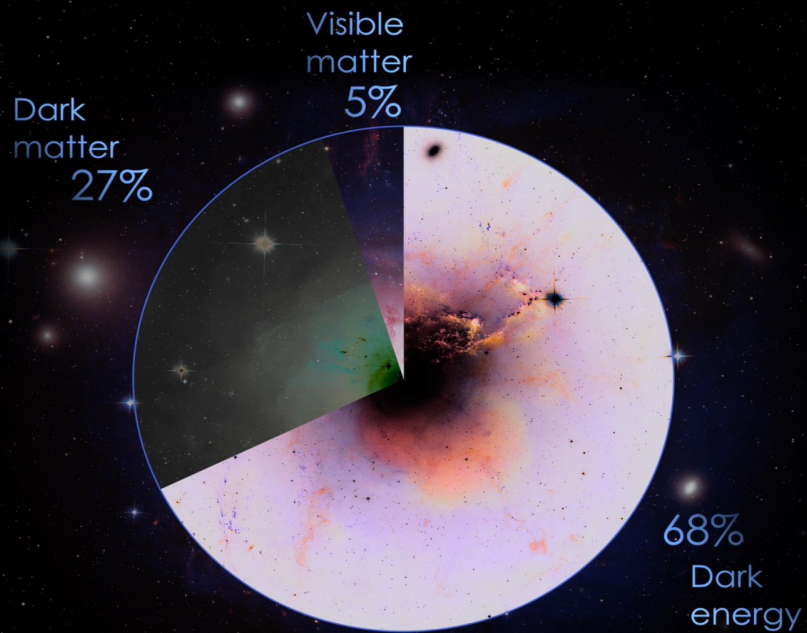
- Wavelength [m]:** AU, $R_\odot$, R_E , km, m, mm, μ m, nm, pm, fm.
- Frequency [s^{-1}]:** μ Hz, mHz, Hz, kHz, MHz, GHz, THz, PHz.
- Mass [g]:** pg, ng, μ g, M_{Pl} .
- Other scales:** DNA, Cell, Mosquito.
- Physical processes:** Bosons, Fermions or bosons, Lee-Weinberg, Unitarity.

Legend:

- Wave-like:** Blue boxes
- Particle-like:** Orange boxes

Dark matter mass [eV]

Ciaran O'Hare



Neutron stars and white dwarfs act as natural dark-matter detectors: capture, heating, cooling, and structural shifts let us infer DM particle properties indirectly.

Motivation

- What the Mass of the NS from the ECSN without DM? Can DM explain the low mass NSs?
- We map the Ne WD at the EC threshold with the final Remnant NS in the presence of DM. No dynamical simulation.
- Assume no accretion or loss and therefore, conserving Baryon number and Dark Matter number.

Motivation

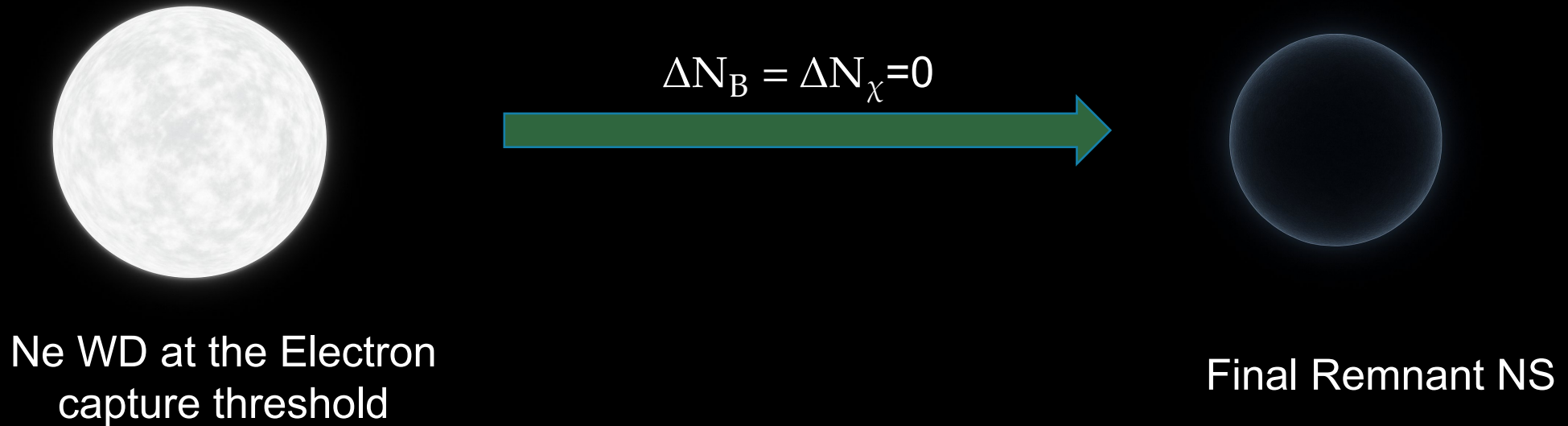
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Ne WD at the Electron
capture threshold

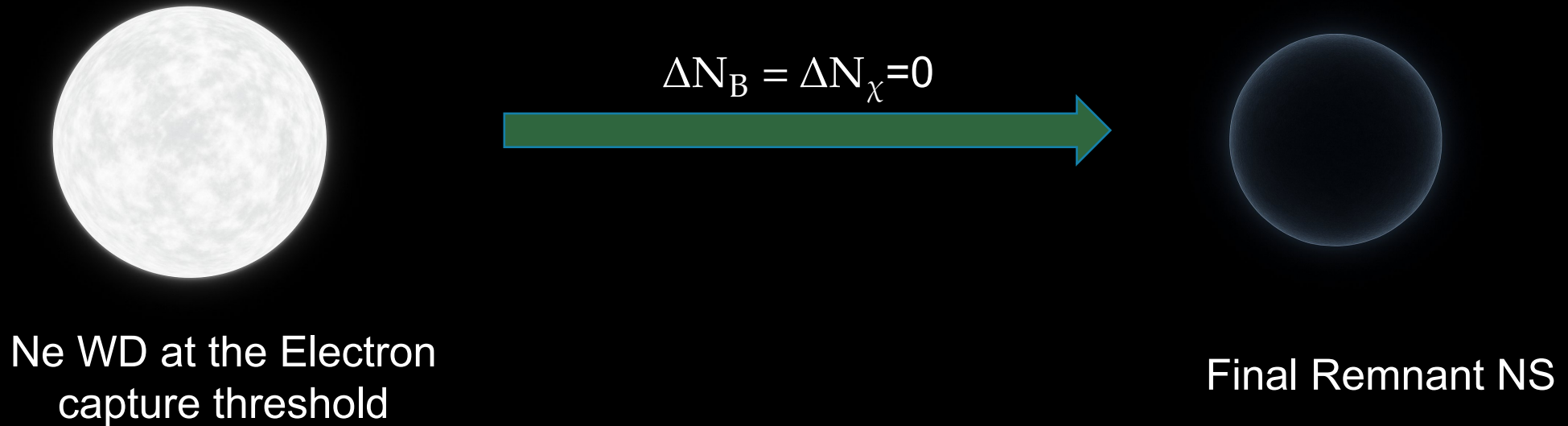
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What we need? 1- WD EOS, 2- NS EOS (composition dependent), 3- DM model

White Dwarf Matter

In this work, we consider the case of unmagnetized and zero temperature ($T = 0$) stellar matter, corresponding to white dwarfs where the temperature is lower than the crystallization temperature.

The total energy density of this system can be written as

$$\varepsilon = n_X M_N(A, Z) + \varepsilon_e + \varepsilon_L$$

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Energy density contribution due to ions (i.e. nuclei, since we consider fully ionized atoms) and n_X is the number density of ions which is related to the number density of electrons n_e by the charge neutrality condition.

Chamel and Fantina, 2015

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$$\varepsilon_e = \frac{m_e c^2}{8\pi^2 \lambda_e^3} \left[x_e \left(1 + 2x_e^2 \right) \sqrt{1 + x_e^2} - \ln \left(x_e + \sqrt{1 + x_e^2} \right) \right] \text{ is the energy density of electrons.}$$

Chamel and Fantina, 2015

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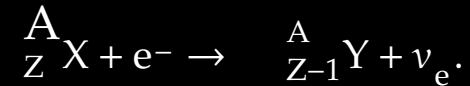
$$\varepsilon = n_X M_N(A, Z) + \varepsilon_e + \varepsilon_L$$

$\varepsilon_L = C e^2 n_e^{4/3} f(Z)$ is the Coulomb lattice energy, considering point like ions. C is the lattice constant.

Chamel and Fantina, 2015

Electron capture instability

- Inside the WD, at sufficiently high mass-densities, electron capture by a nucleus A_ZX can become energetically favorable,



- Within the star, the pressure $P(r)$ must vary continuously. The Gibbs free energy per nucleon is given by:

$$g = \frac{\varepsilon + P}{n}$$

- The pressure (P^*) at which the onset of electron capture, takes place can then be determined by the condition that the Gibbs free energy per baryon remains unchanged before and after the electron capture reaction

$$g(A, Z, P^*) = g(A, Z - \Delta Z, P^*)$$

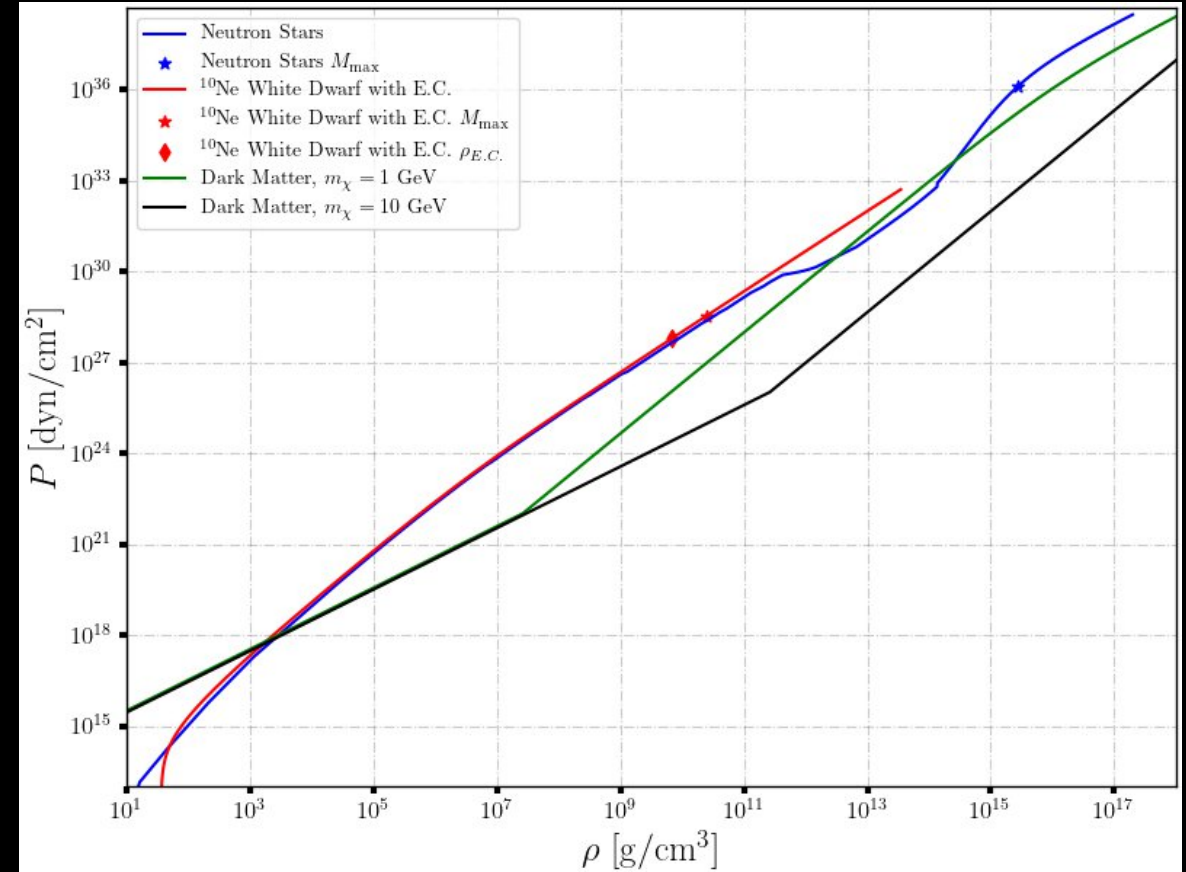
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NS and DM Model

- To model the **ordinary matter (OM) fluid** of a DM admixed neutron star (DANS) we use a new microscopic EOS using the Brueckner-Hartree-Fock (BHF) quantum many-body approach.
(Bombaci, I., Logoteta, D., 2018).
- **For DM**, we consider non-self-annihilating ideal fermionic DM.
- The DM component is **modeled as a cold, degenerate Fermi gas**, a widely adopted approximation in both compact-object and galactic contexts.

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Kaplan et al., 2009; Zurek, 2014,
Logoteta et al., 2021

Structure equations for DM admixed compact stars

Since the non-gravitational interaction between DM and ordinary matter is negligible compared to interaction which determine ordinary matter EOSs , it is possible to write TOV equation as

$$\frac{dP_j}{dr} = -G \frac{m_{\text{tot}}(r) \varepsilon_j(r)}{c^2 r^2} \left(1 + \frac{P_j(r)}{\varepsilon_j(r)} \right) \left(1 + \frac{4\pi r^3 P_{\text{tot}}(r)}{c^2 m_{\text{tot}}(r)} \right) \left(1 - \frac{2Gm_{\text{tot}}(r)}{c^2 r} \right)^{-1}$$

and

$$\frac{dm_j(r)}{dr} = \frac{4\pi}{c^2} r^2 \varepsilon_j(r)$$

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Where,

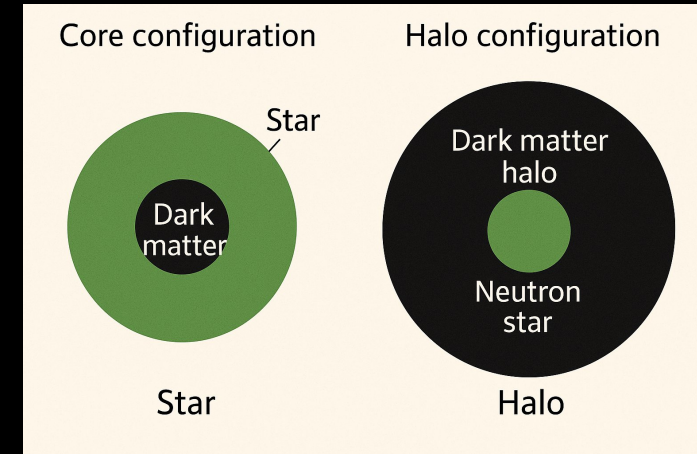
➤ $m_{\text{tot}}(r) = m_{\text{OM}}(r) + m_{\text{DM}}(r)$

➤ $P_{\text{tot}}(r) = P_{\text{OM}}(r) + P_{\text{DM}}(r)$

➤ With boundary conditions $m_j(0) = 0, \varepsilon_j(0) = \varepsilon_{c,j}$

➤ The total gravitation mass is then given by $M_j \equiv m_j(R_j) = \frac{4\pi}{c^2} \int_0^{R_j} r^2 \varepsilon_j(r) dr$

➤ With $M_{\text{tot}} = M_{\text{OM}} + M_{\text{DM}}$



In our scenario we assume that during the collapse of the DAWD-like core into the remnant DANS both the total baryon number and the total DM particle number are conserved. In other words, we assume that no accretion or ejection of either ordinary matter and DM components occurs during the stellar transition.

DM Number fraction

$$y_{\chi} = \frac{N_D}{N_B + N_D}$$

Where,

$$N_B = \int_0^{R_{OM}} n_B(r) dV$$

$$N_D = \int_0^{R_{DM}} n_D(r) dV$$

$$\text{And } dV = \left(1 - \frac{2Gm_{\text{tot}}(r)}{c^2 r}\right)^{-1/2} 4\pi r^2 dr$$

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DM Mass fraction

The baryonic and dark mass of the DM admixed compact star (DACS) (DAWD or DANS) then follows as

$$M_B = m_n N_B \text{ And } M_D = m_{\chi} N_D$$

The mass fraction, generally used in literature as

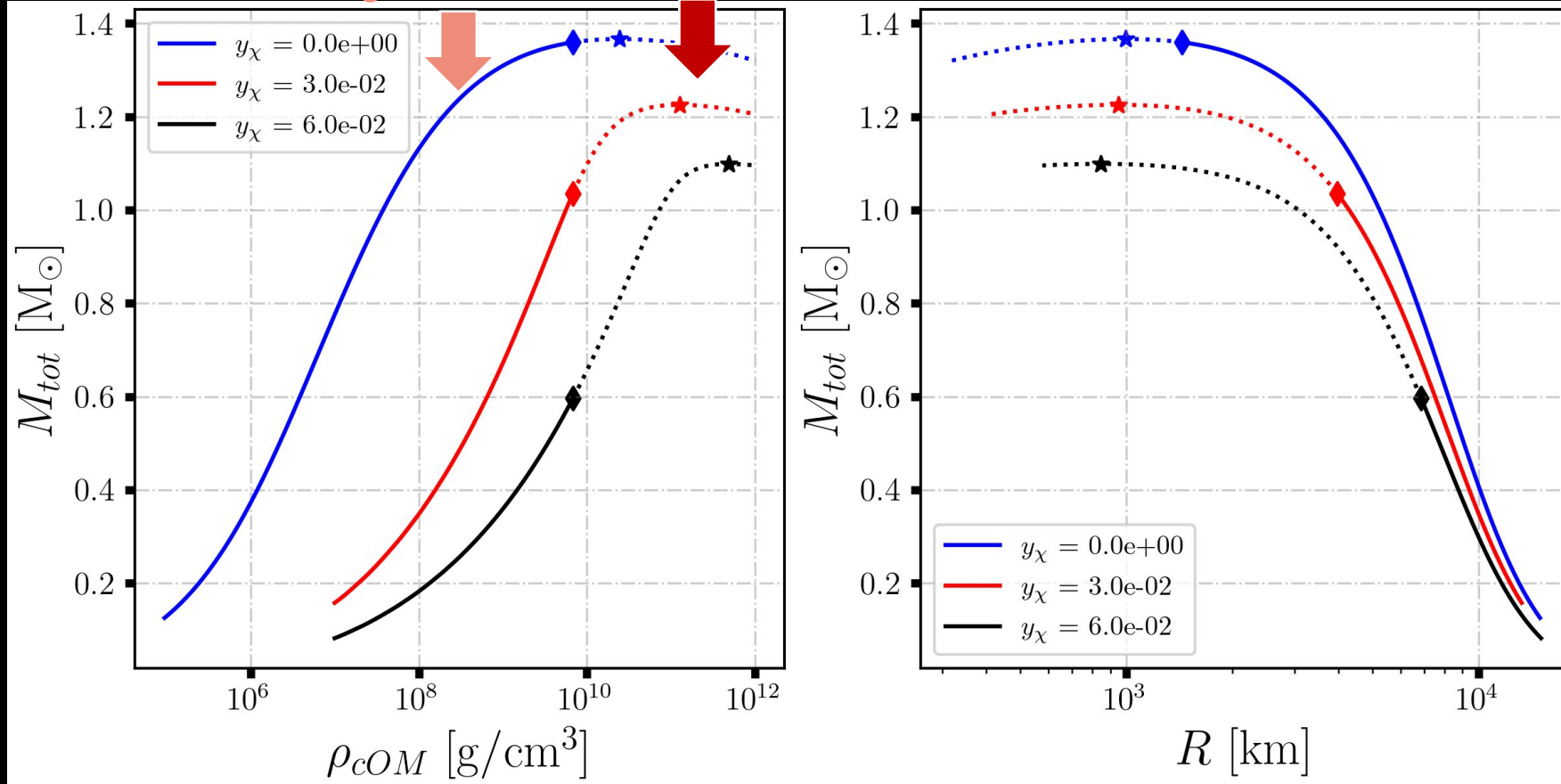
$$f_{\chi} = \frac{M_{DM}}{M_{OM} + M_{DM}}$$

within our scenario will not be constant during the stellar process which forms the remnant DANS of an ECSN.

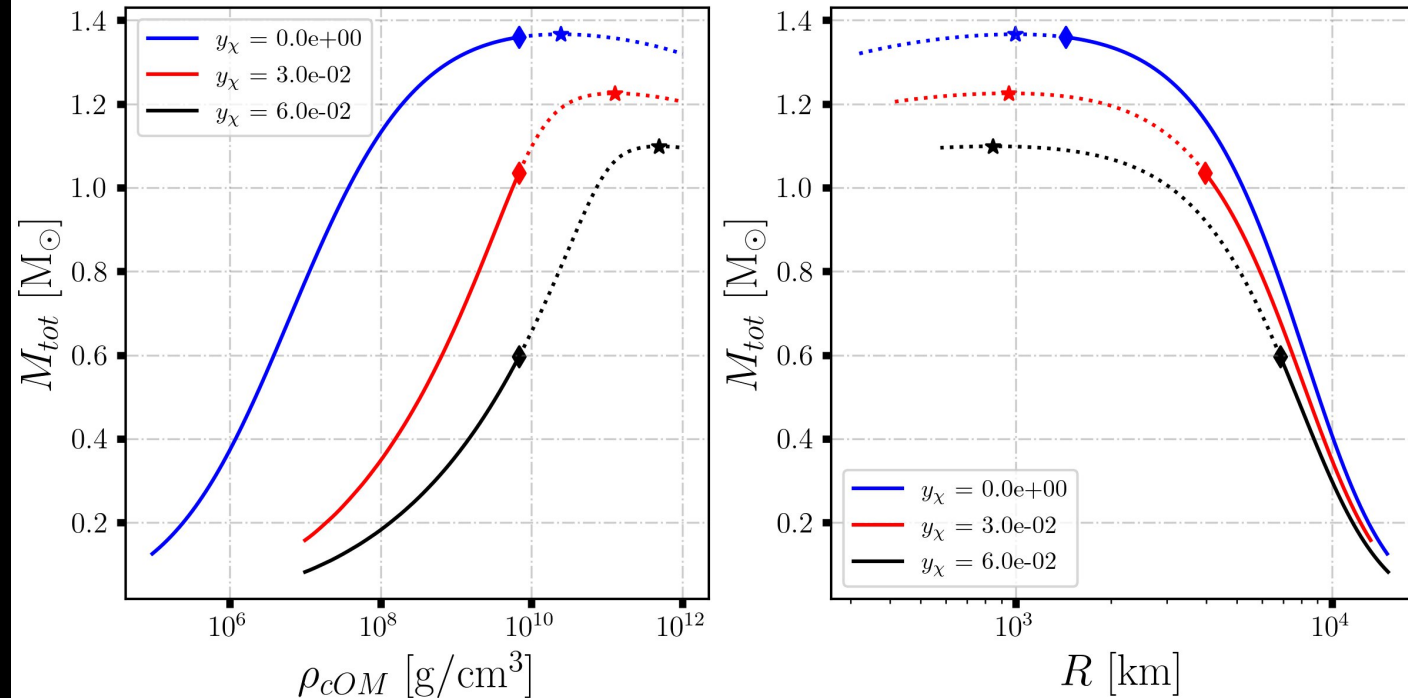
Effect of DM on degenerate white dwarfs

Stable against EC Unstable.

$m_\chi = 1 \text{ GeV}$

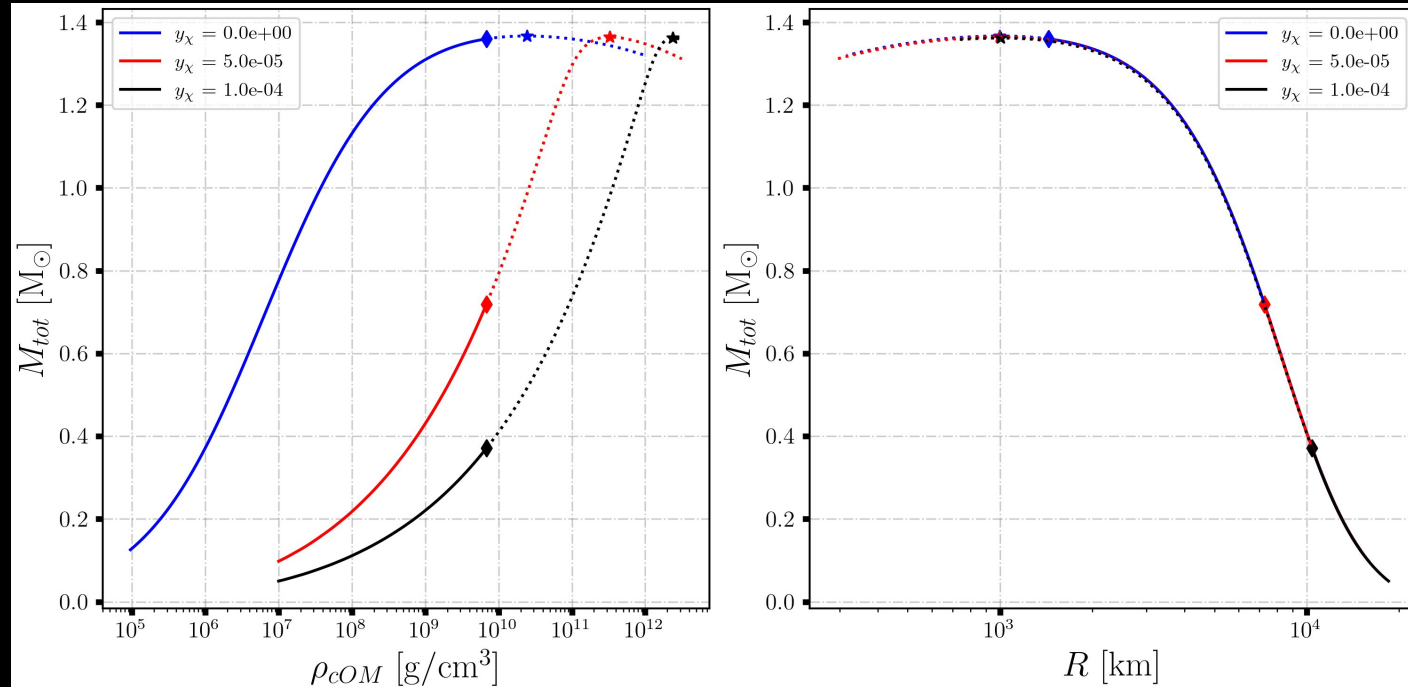


In the case of electron capture on ^{20}Ne , $^{20}\text{Ne} + e^- \rightarrow ^{20}\text{F} + \nu_e$ $\rho^* (^{20}\text{Ne}) = 6.82 \times 10^9 \text{ g/cm}^3$
 Consequently, $^{20}\text{F} + e^- \rightarrow ^{20}\text{O} + \nu_e$ having $\rho^* (^{20}\text{F}) = 1.40 \times 10^9 \text{ g/cm}^3$, undergoes further EC



$m_\chi = 1 \text{ GeV}$

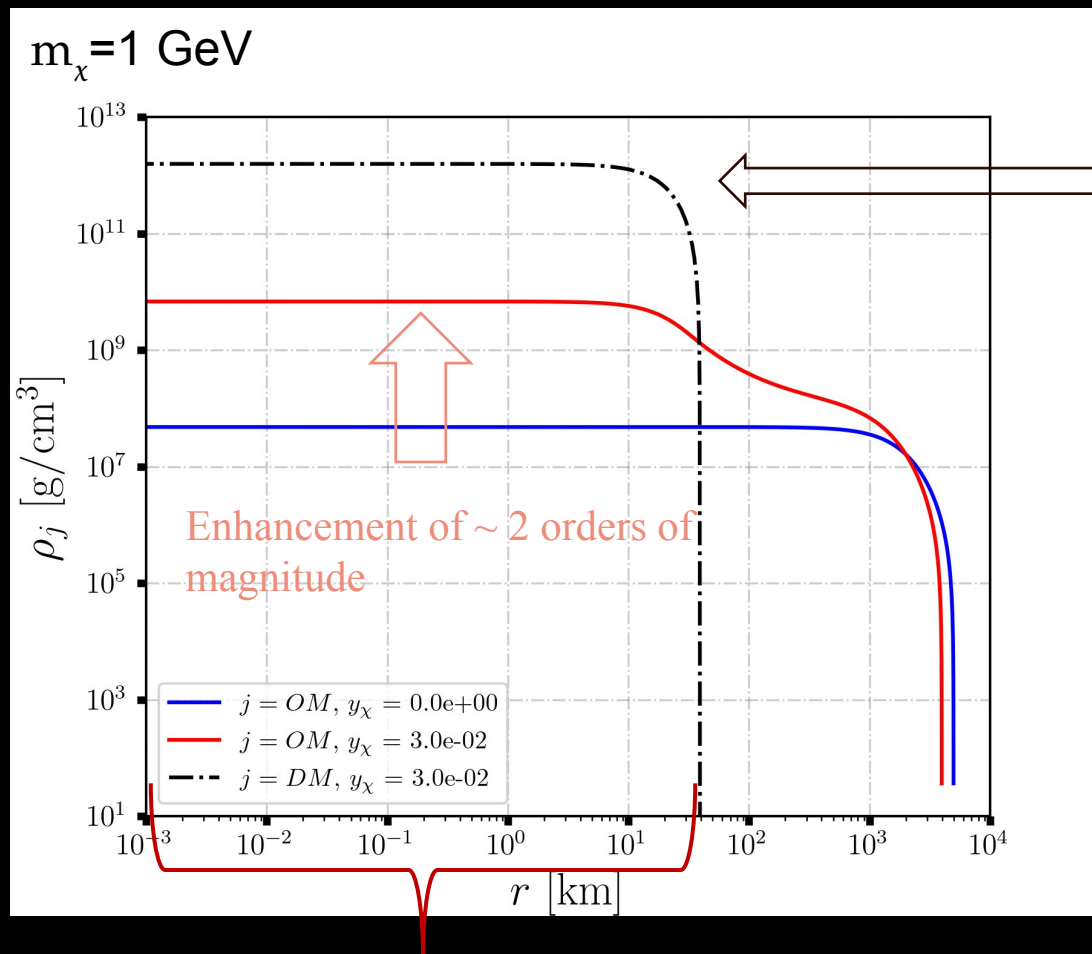
Presence of DM in white dwarfs leads to a reduction in the Chandrasekhar mass, to a decrease in the corresponding ordinary matter radius, and an increase in the ordinary matter central density.



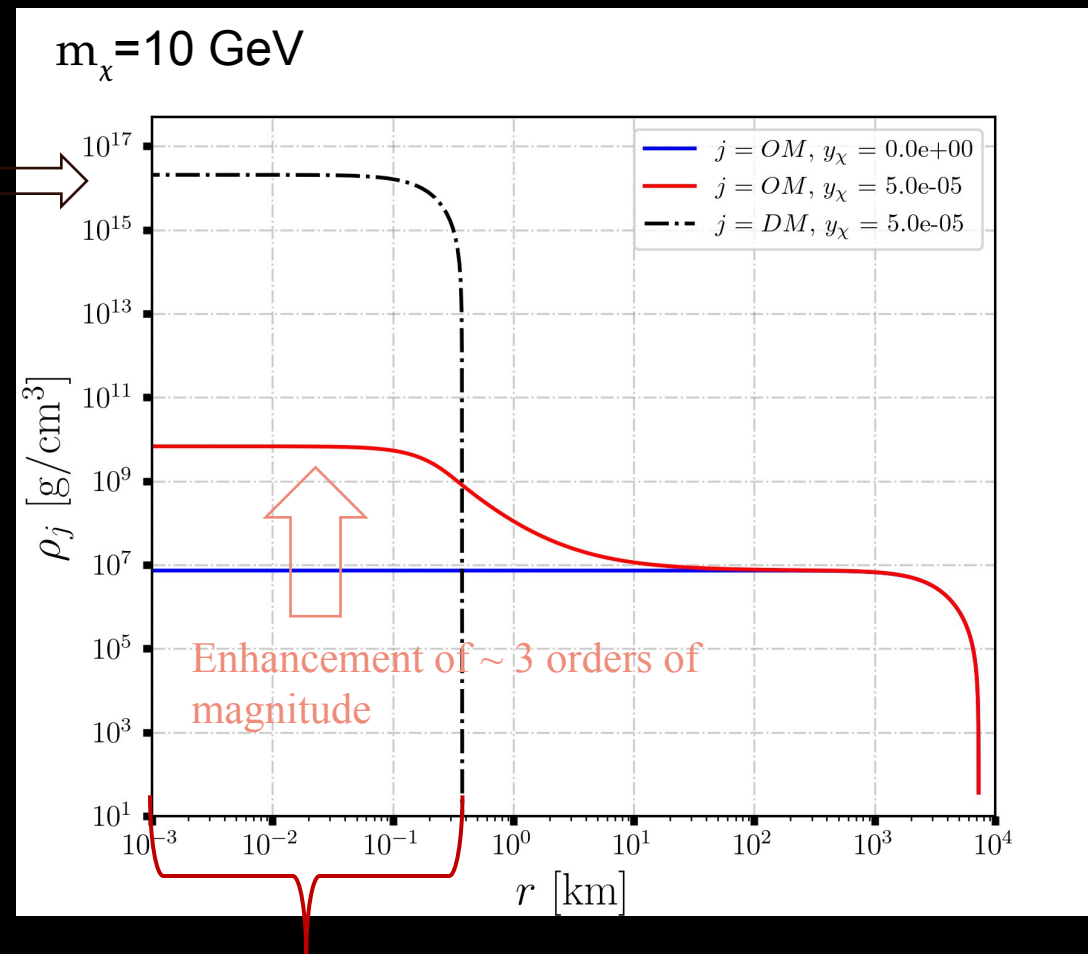
$m_\chi = 10 \text{ GeV}$

Even a tiny addition of DM leads to significant changes in the mass–central-density

Radial mass-density profiles at the same total gravitational mass



40 Km



0.38 Km

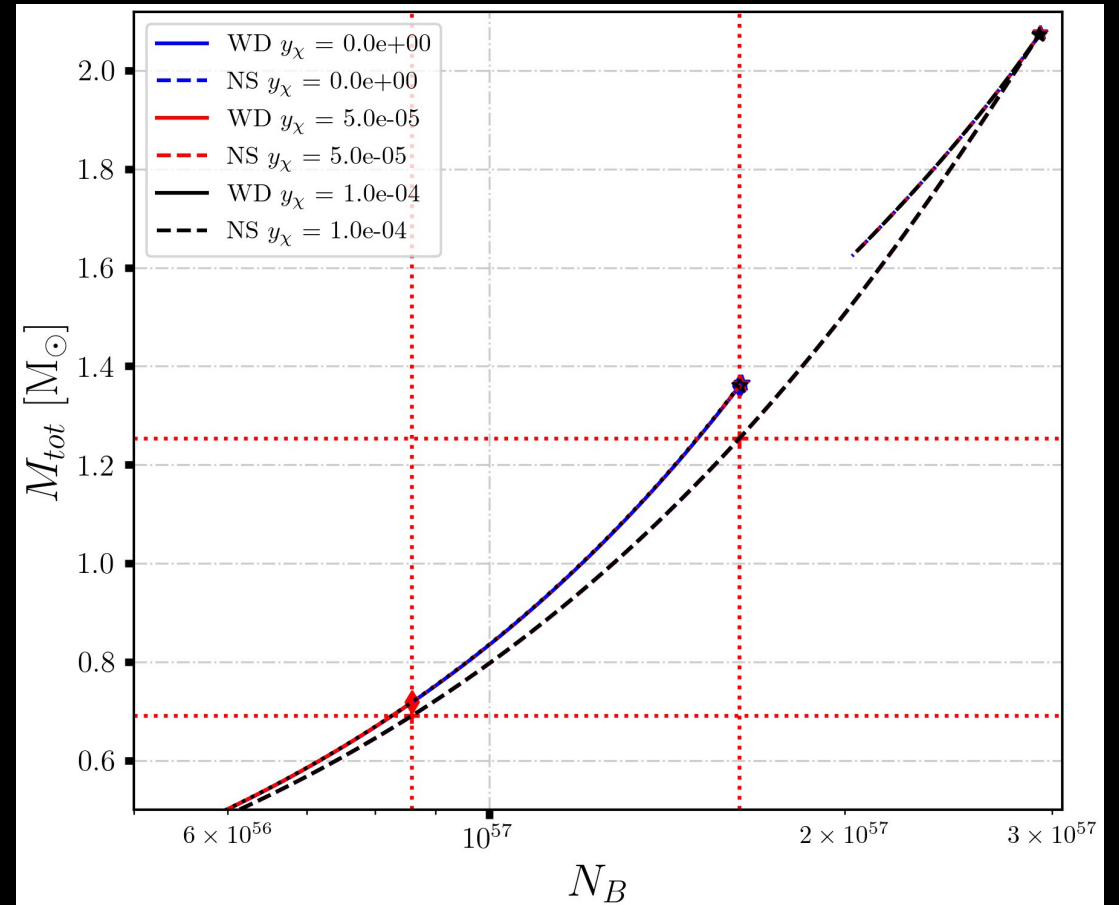
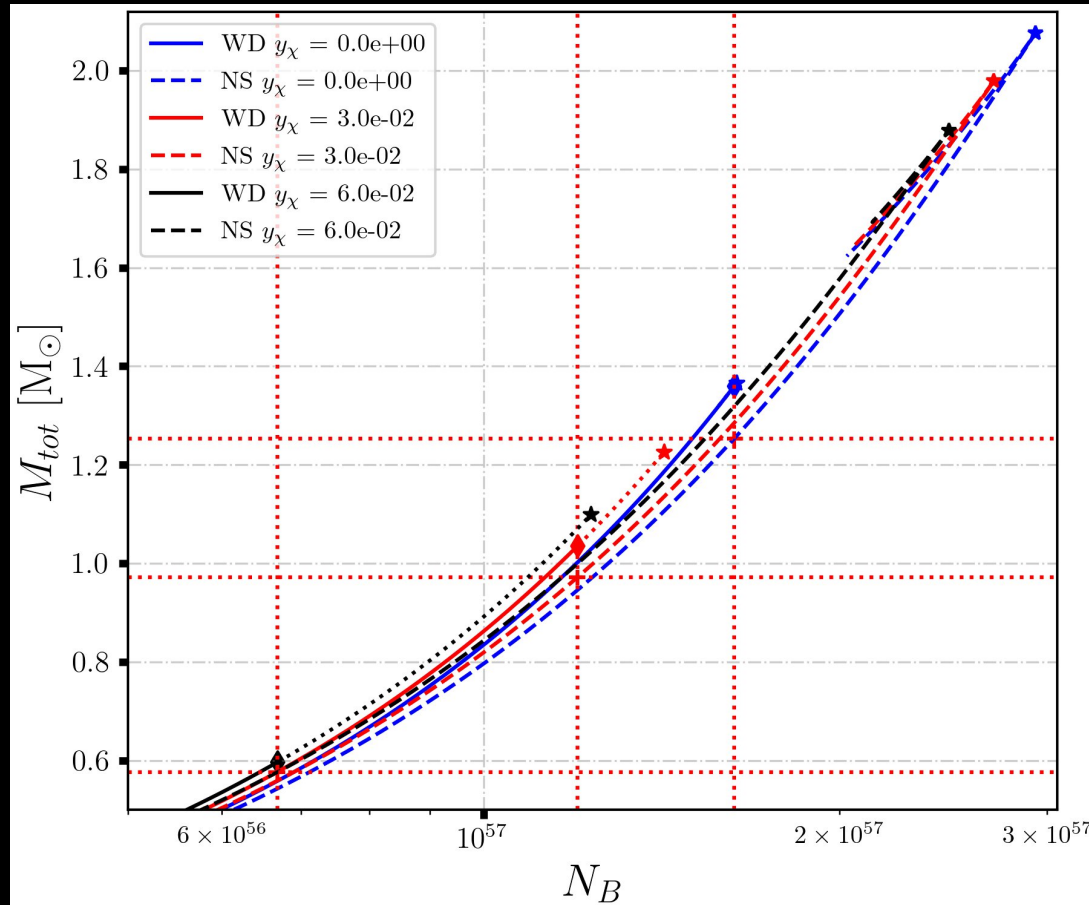
To Quantify

y_χ	$M_{ch} [M_\odot]$	$R_{ch} [\text{km}]$	$\rho_{c_{OM}} [\text{g/cm}^3]$	$\rho^* [\text{g/cm}^3]$	$M^* [M_\odot]$	$R^* [\text{km}]$
No DM			Increases with DM mass and fraction		Decreases with DM mass and fraction	
0	1.366	998.92	2.4201×10^{10}	6.82×10^9	1.359	1440.7
$m_\chi = 1 \text{ GeV}$						
3×10^{-2}	1.225	956.05	1.2328×10^{11}	6.82×10^9	1.0353	3970.2
6×10^{-2}	1.028	837.10	4.9770×10^{11}	6.82×10^9	0.5964	6865.6
$m_\chi = 10 \text{ GeV}$						
5×10^{-5}	1.3634	1035.8	3.1257×10^{11}	6.82×10^9	0.7184	7272.6
1×10^{-4}	1.3616	1005.13	2.3919×10^{12}	6.82×10^9	0.3707	10400.0

The EC threshold density remain same, due to no interaction of NM and OM. However, the gravitational interaction between OM and DM, leads to a redistribution of OM within the WD due to the influence of the DM. As a result, the EC process that triggers the ECSN is initiated at a lower critical stellar mass compared to white dwarfs without DM.

WD to NS transition: Conserving Baryon number and Dark matter number

Bombaci and Datta, 2000



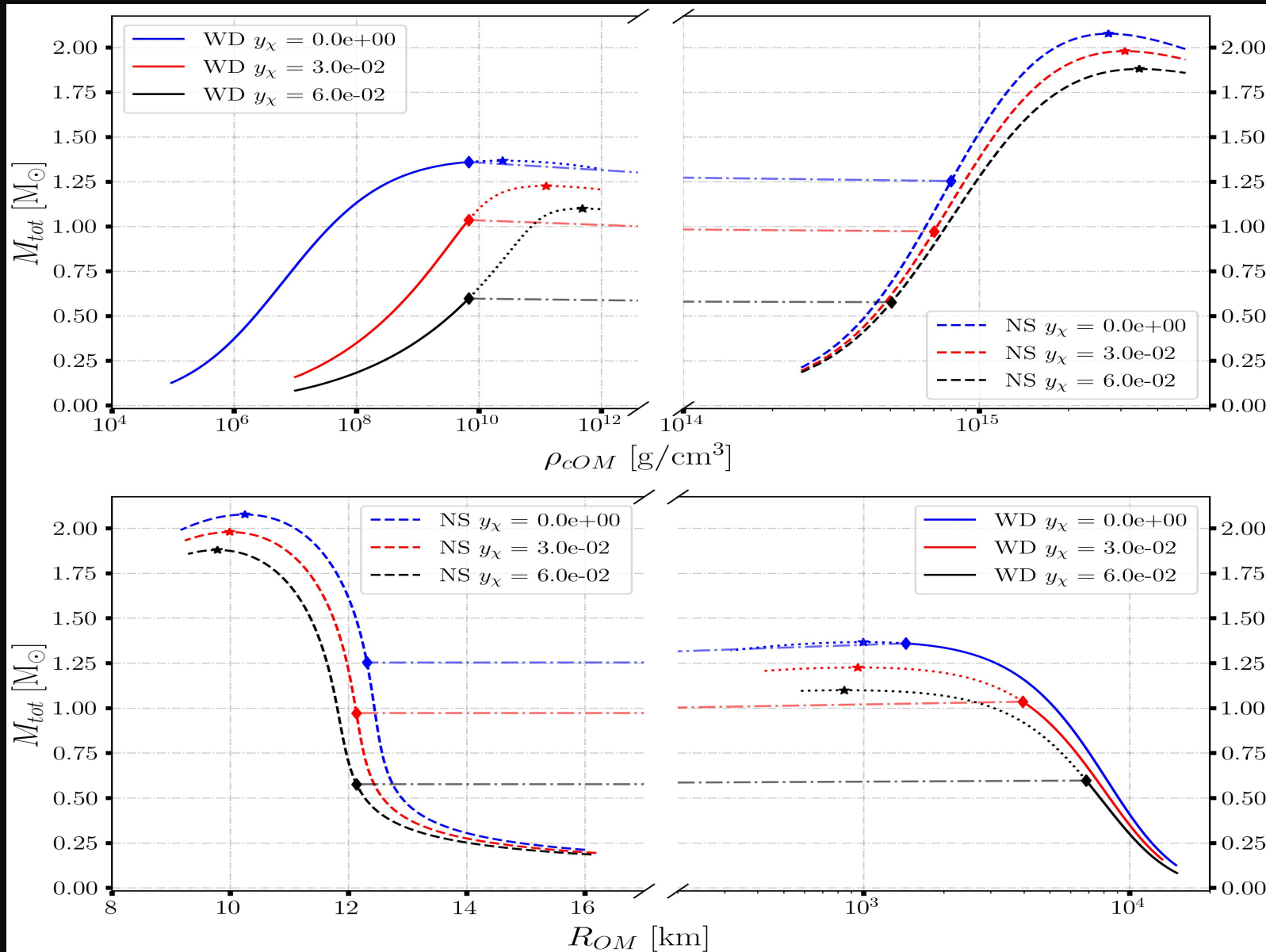
WD



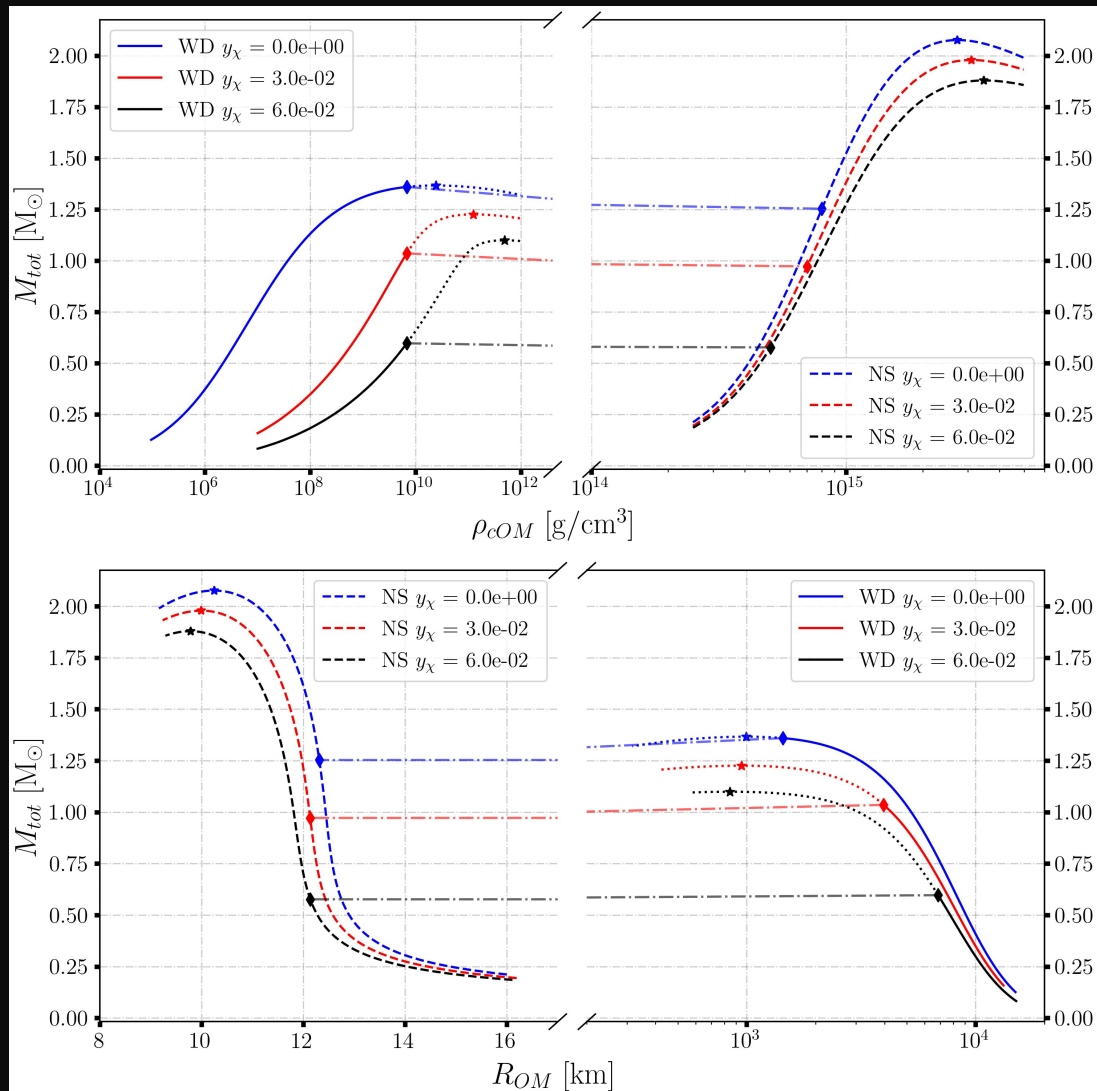
NS

 $m_\chi = 1 \text{ GeV}$

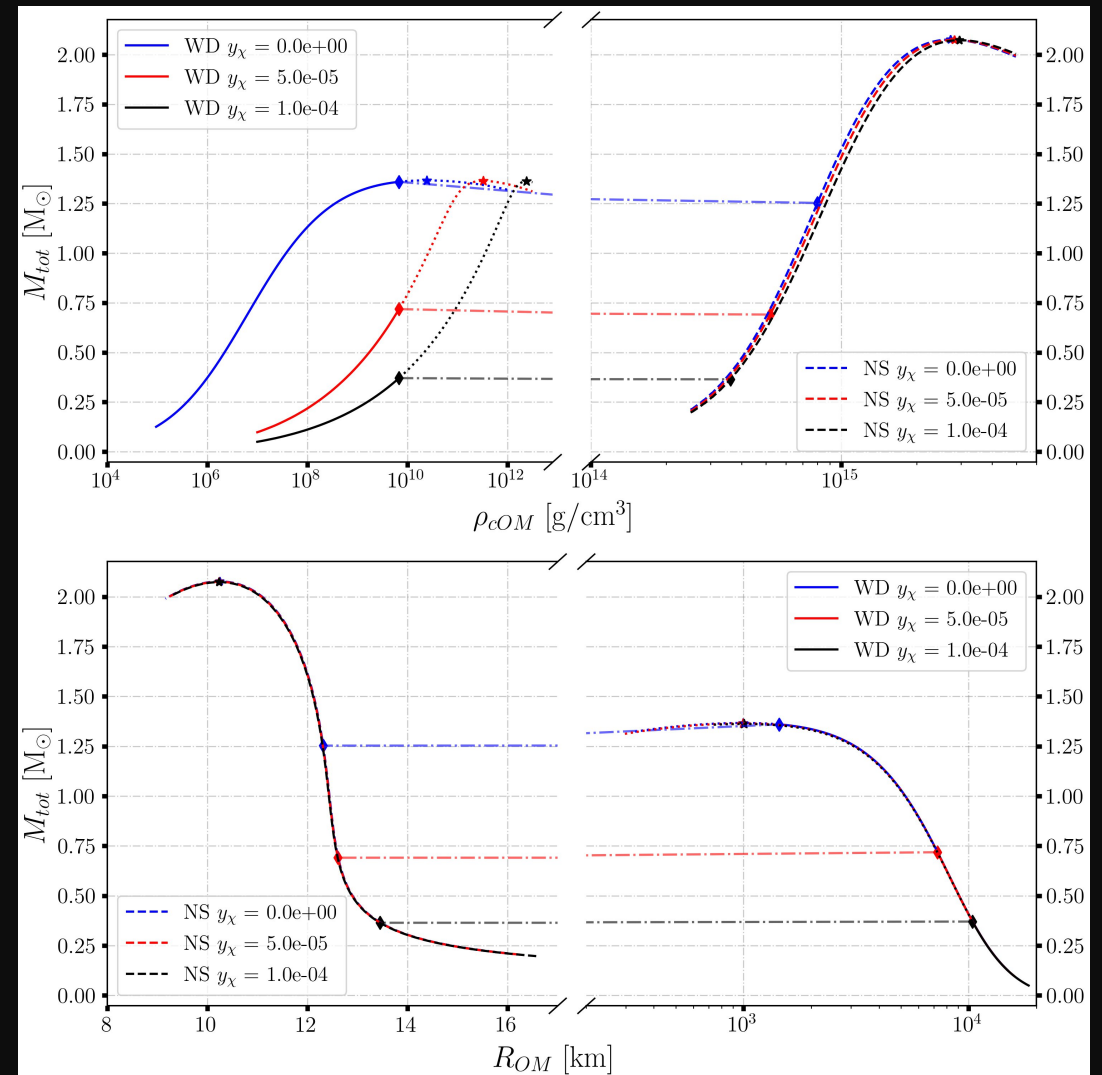
WD to NS
transition in
the presence
of DM



WD to NS transition in the presence of DM



$m_\chi = 1 \text{ GeV}$



$m_\chi = 10 \text{ GeV}$

WD  NS

y_χ	M_{OM}^* [$M_\odot$]	R_{OM}^* [km]	M_{DM}^* [$M_\odot$]	R_{DM}^* [km]	M^* [$M_\odot$]	$M_{\text{OM}}^{\text{NS}}$ [$M_\odot$]	$R_{\text{OM}}^{\text{NS}}$ [km]	$M_{\text{DM}}^{\text{NS}}$ [$M_\odot$]	$R_{\text{DM}}^{\text{NS}}$ [km]	$M_{\text{tot}}^{\text{NS}}$ [$M_\odot$]	E^{conv} [$\times 10^{53}$ erg]
No DM											
0	1.359	1440.7			1.359	1.253	12.317			1.253	1.903
$m_\chi = 1$ GeV											
3×10^{-2}	1.0020	3970.193	0.0333	40.7306	1.0353	0.9385	12.1383	0.0329	5.7617	0.971	1.144
6×10^{-2}	0.5582	6865.600	0.0382	38.6725	0.5964	0.5379	12.1418	0.0378	6.6232	0.576	0.357
$m_\chi = 10$ GeV											
5×10^{-5}	0.7180	7272.626	3.854×10^{-4}	0.3883	0.7184	0.6905	12.612	3.853×10^{-4}	0.3617	0.692	0.472
1×10^{-4}	0.3703	10399.74	3.975×10^{-4}	0.3837	0.3707	0.3643	13.453	3.970×10^{-4}	0.3666	0.365	0.102

WD



NS

With No DM, ECSN can not describe
PSR J0453+1559 with 1.17 M

y_χ	M_{OM}^* [$M_\odot$]	R_{OM}^* [km]	M_{DM}^* [$M_\odot$]	R_{DM}^* [km]	M^* [$M_\odot$]	$M_{\text{OM}}^{\text{NS}}$ [$M_\odot$]	$R_{\text{OM}}^{\text{NS}}$ [km]	$M_{\text{DM}}^{\text{NS}}$ [$M_\odot$]	$R_{\text{DM}}^{\text{NS}}$ [km]	$M_{\text{tot}}^{\text{NS}}$ [$M_\odot$]	E^{conv} [$\times 10^{53}$ erg]
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WD



NS

With No DM, ECSN can not describe
PSR J0453+1559 with 1.17 $M_{\odot}$

y_{χ}	M_{OM}^* [$M_{\odot}$]	R_{OM}^* [km]	M_{DM}^* [$M_{\odot}$]	R_{DM}^* [km]	M^* [$M_{\odot}$]	$M_{\text{OM}}^{\text{NS}}$ [$M_{\odot}$]	$R_{\text{OM}}^{\text{NS}}$ [km]	$M_{\text{DM}}^{\text{NS}}$ [$M_{\odot}$]	$R_{\text{DM}}^{\text{NS}}$ [km]	$M_{\text{tot}}^{\text{NS}}$ [$M_{\odot}$]	E^{conv} [$\times 10^{53}$ erg]
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No change in DM mass during the transition

WD



NS

With No DM, ECSN can not describe
PSR J0453+1559 with 1.17 $M_{\odot}$

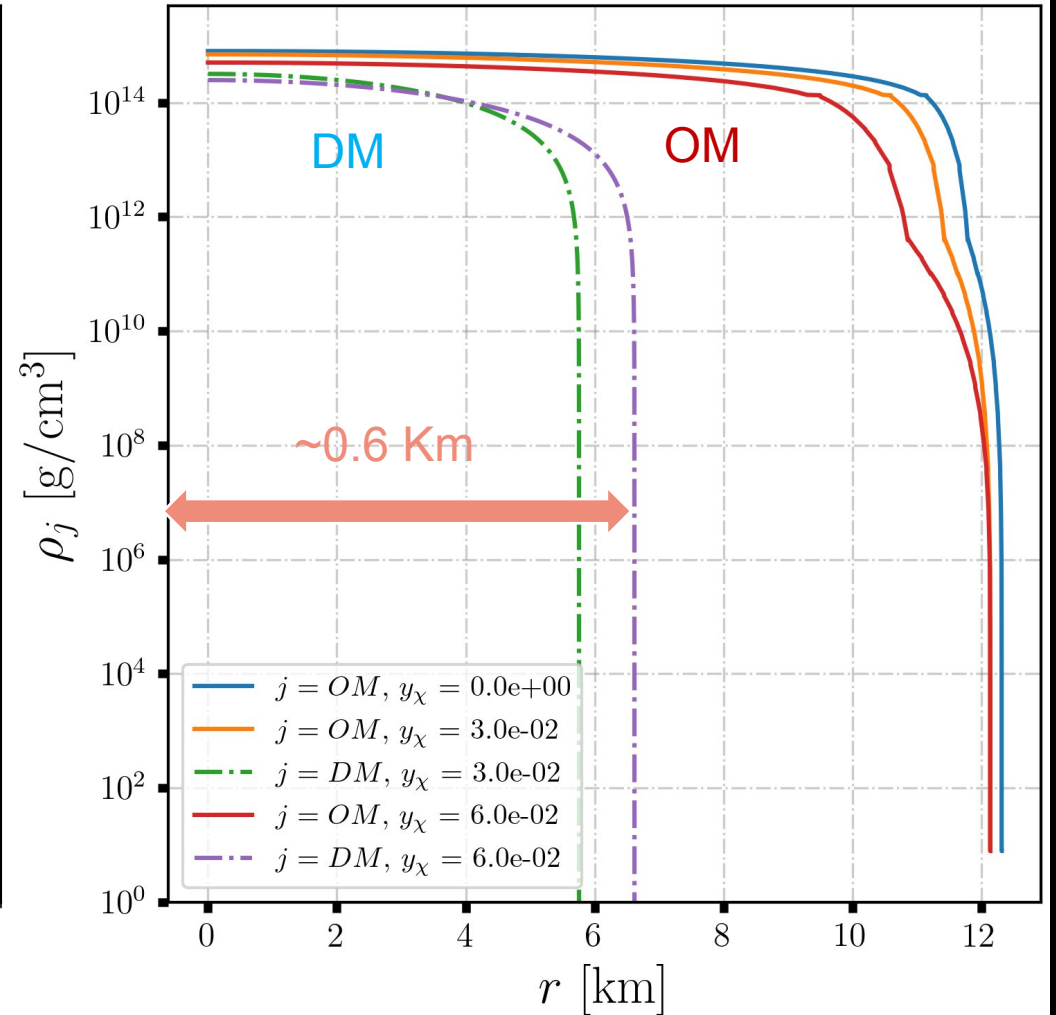
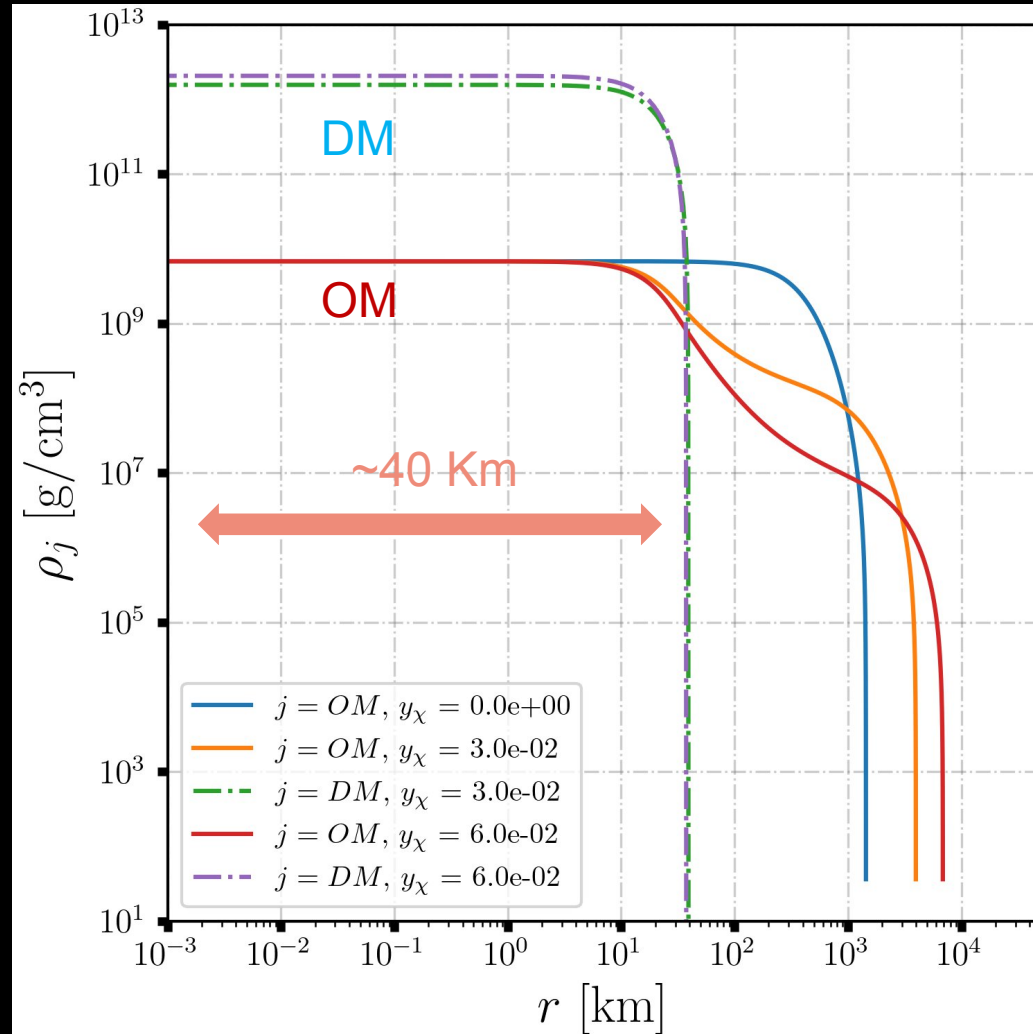
y_{χ}	M_{OM}^* [$M_{\odot}$]	R_{OM}^* [km]	M_{DM}^* [$M_{\odot}$]	R_{DM}^* [km]	M^* [$M_{\odot}$]	$M_{\text{OM}}^{\text{NS}}$ [$M_{\odot}$]	$R_{\text{OM}}^{\text{NS}}$ [km]	$M_{\text{DM}}^{\text{NS}}$ [$M_{\odot}$]		$R_{\text{DM}}^{\text{NS}}$ [km]	$M_{\text{tot}}^{\text{NS}}$ [$M_{\odot}$]	E^{conv} [$\times 10^{53}$ erg]
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DM can reduce
the NS mass
considerably
from ECSN.

DM can results
in further
reduction in
the energy
released

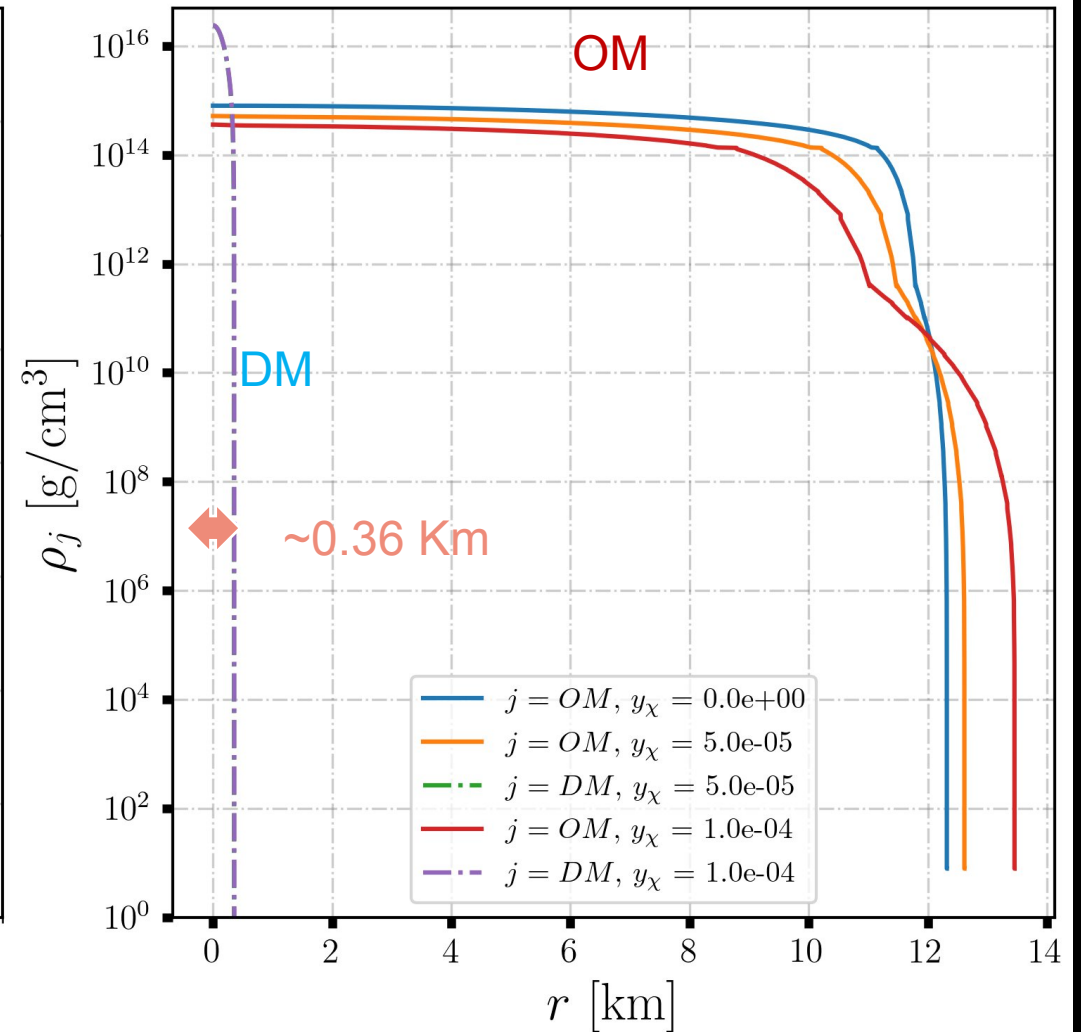
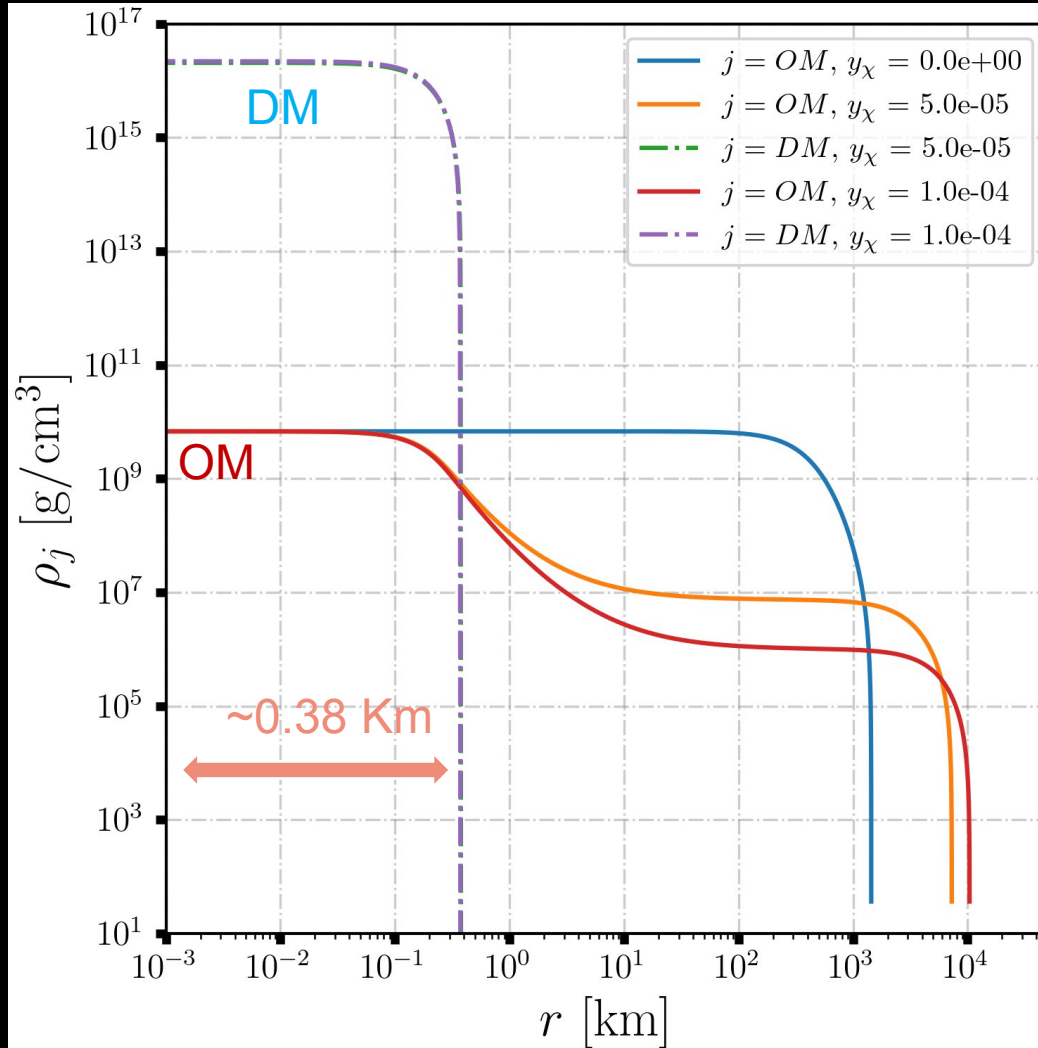
Mass-density profiles for WD and NS

$m_\chi = 1 \text{ GeV}$



Mass-density profiles for WD and NS

$m_\chi = 1 \text{ GeV}$



Conclusion

- Recent observations have established electron-capture supernovae as a real, distinct pathway to neutron-star formation, validating decades of theoretical work on collapsing O–Ne–Mg cores.
- Incorporating dark matter in the progenitor/core raises or lowers the electron-capture threshold and, at fixed baryon number, predicts systematically lower gravitational NS masses; this is directly testable with the emerging population of low NS mass systems
- A synthesis of EC-WD microphysics with multimessenger data (NICER radii, GW tidal deformabilities, precision pulsar timing) provides a coherent inference framework that can tighten constraints on the cold dense-matter EOS and crust properties.

Future Implications and Prospective

- Can we identify candidate neutron stars that may have formed through electron-capture supernovae using our current understanding of nuclear theory and observational constraints?
- For such neutron stars, what can we infer about their internal structure, including possible signatures of dark-matter admixture or deviations from standard nuclear microphysics?
- Given a confirmed ECSN candidate, to what extent can we constrain the mass and fractional abundance of the dark-matter component responsible for modifying the collapse threshold?

THANK YOU



Collaborators

Prof. Ignazio Bombaci (INFN Pisa & UNIPi)

&

Domenico Scordino (Former UNIPi student)