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## Biomarkers - the challenge to personalize radiation risk

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All radiation-late effects after sub-lethal exposure are mediated by additional confounding factors, which can be inherited, or exogenous or purely stochastic in nature. In their combination, they form a network of a few known, but to a large degree yet unknown parameters that make radiation-associated late effects appear as non-deterministic events.

During the pathogenesis of radiation-associated late events, pre-existing genetic determinants can have a profound influence onto individual risk, such as severe germline-mutations in DNA repair pathways (Brca1/2, Fanc, Nbs, XP), stress-response genes (ATM, Rb1, Cdkn2a) or genes that regulate other cellular functions (P53, Ptch, Bln). In their most severe forms, mutations in these genes cause clinical syndromes that will contraindicate any unnecessary radiation exposure. The big challenge in the new genetic era, however, is the discovery of low-penetrance variations in these genes or the associated molecular pathways, which can increase radiation-risk without a pre-existing syndromic condition. In addition to hypomorphic mutations, even bigger challenges are genetic variants in regulatory elements of such genes or in non-coding mRNAs that can influence the protein level.

In a more direct relation of the disease pathogenesis after radiation-exposure are biomarkers which can signal early or intermediate steps of the disease progression. More a challenge for the future than current medical practise are the identification and validation of markers to diagnose cancer and non-cancer disease at an early pre-clinical stage, when therapeutic interventions might still block a further disease progression. Abnormal levels of certain cytokines in the peripheral blood, but also tumor markers from disseminated tumor cells or the detection of rare, disease-specific miRNA species in serum might have the potential to identify persons, who are not only under an increased risk following a radiation-exposure and/or a congenital susceptibility, but who warrant an immediate medical care.

This network of early genetic and later disease-based biomarkers can therefore help not only to prevent high-risk persons from any unnecessary radiation exposure, but also to reduce the health consequences of an accidental or unavoidable irradiation.

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