EINN2025

Contribution ID: 58 Type: Talk in workshop 1 "Non-perturbative approaches for hadron structure from low to high energy"

Chiral symmetry and nuclear interactions

Tuesday 28 October 2025 17:10 (25 minutes)

Chiral effective field theory has become a standard tool to analyze low-energy reactions involving pions, nucleons and external electroweak sources. I will briefly describe conceptual foundations of this method, review our recent efforts towards developing it into a precision tool for low-energy nuclear physics and discuss some of the remaining challenges.

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Session Classification: Parallel Workshop 1