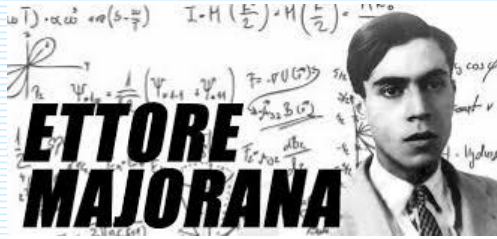
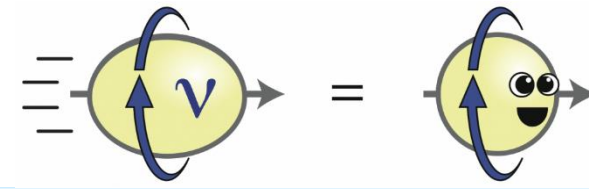


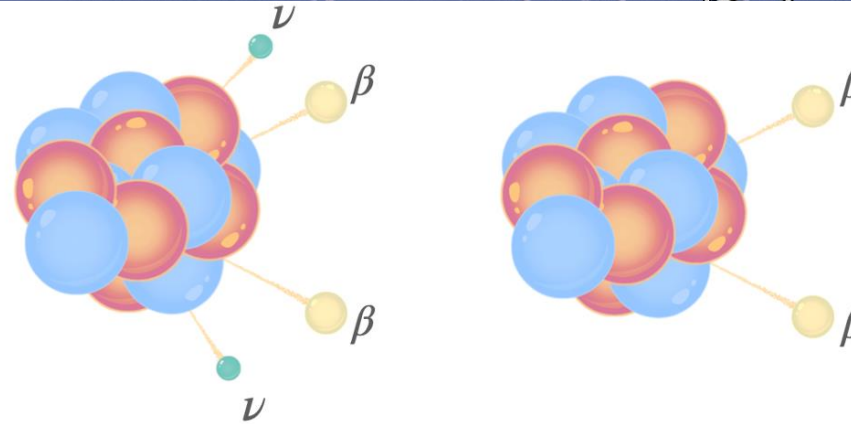
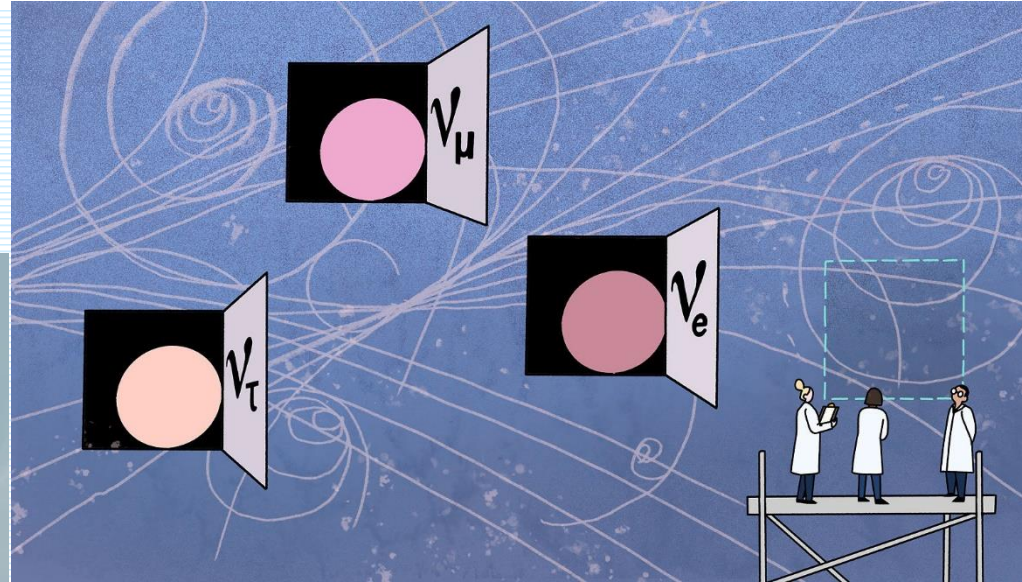
Multi-Aspect Young ORiented Advanced Neutrino Academy

MAYORANA Workshop

Modica (Sicily-Italy), June 16 to 18, 2025



$\bar{\nu}\bar{\nu}$ ARE NEUTRINOS
THEIR OWN?
ANTIPARTICLES!



Two-neutrino double-beta decay:
A key for the $0\nu\beta\beta$ NMEs problem

Fedor Šimkovic

ENDLESS DECAYING
WORLD



UNKNOWN WRIT



ENDLESS DECAYING
WORLD



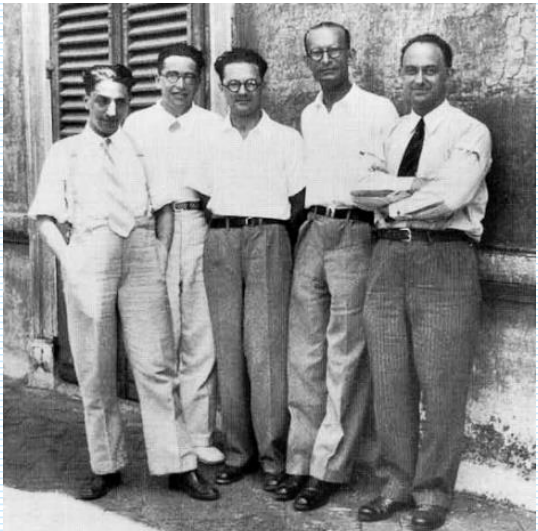
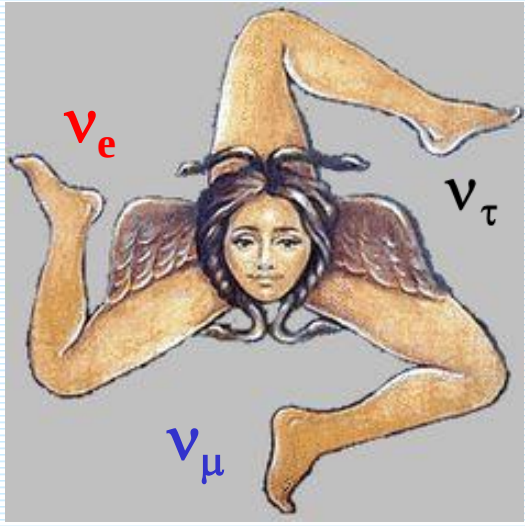
UNKNOWN WRITER



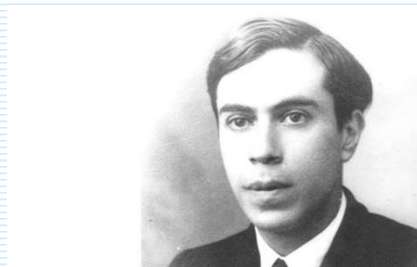
OUTLINE

- I. *Introduction* (a connection of $0\nu\beta\beta$ and $2\nu\beta\beta$ NMEs)
- II. *A derivation of the $2\nu\beta\beta$ -decay half-life revisited*
(the role of a summation of over contributions through the states of intermediate nucleus)
- III. *A calculation of the $2\nu\beta\beta$ -decay NMEs within a schematic model*
(role of the spin-isospin symmetry restoration)
- IV. *The semi-empirical formula for $2\nu\beta\beta$ -decay NMEs*
- V. *Improved description of the $2\nu\beta\beta$ -decay*
(the effect of lepton energies in energy denominators, widths of intermediate nuclear states, effect of $p_{1/2}$ wave states, ...)
- VI. *New physics beyond the SM*
- VII. *Outlook*

Acknowledgments: A. Faessler, P. Vogel, O. Nurescu, ...



Bruno Pontecorvo

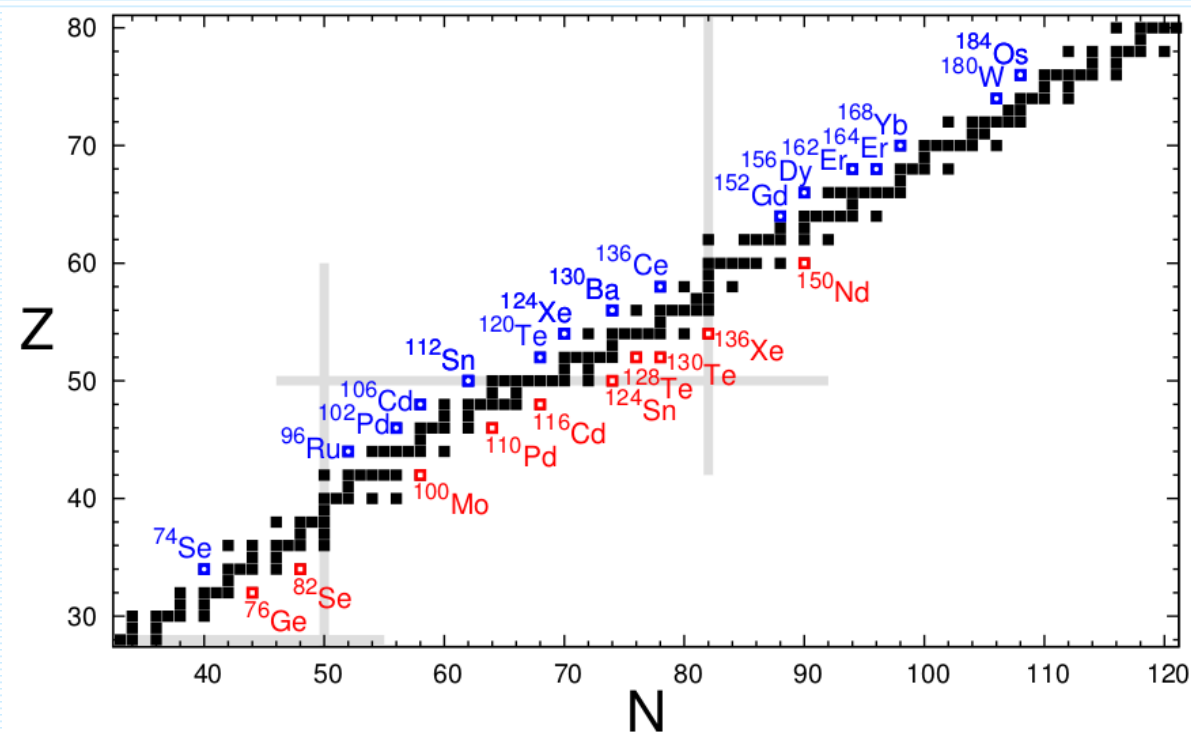
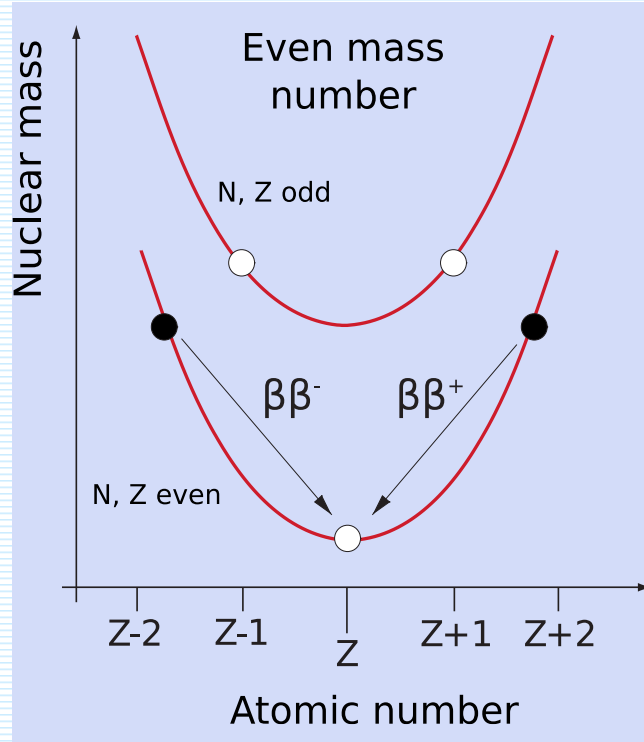
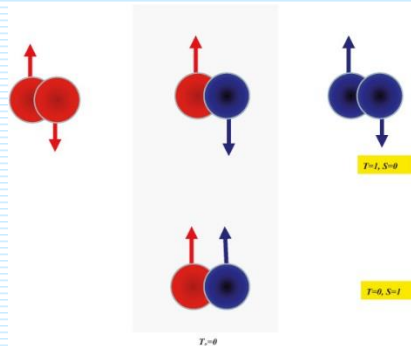


Ettore Majorana



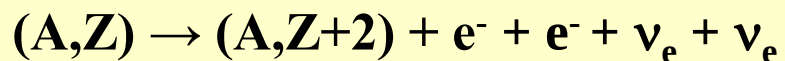
Nuclear double- β decay

(even-even nuclei, pairing int.)



Phys. Rev. 48, 512 (1935)

Two-neutrino double- β decay – LN conserved

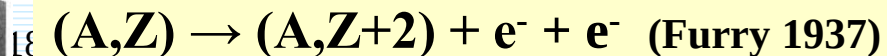


Goepert-Mayer – 1935. 1st observation in 1987

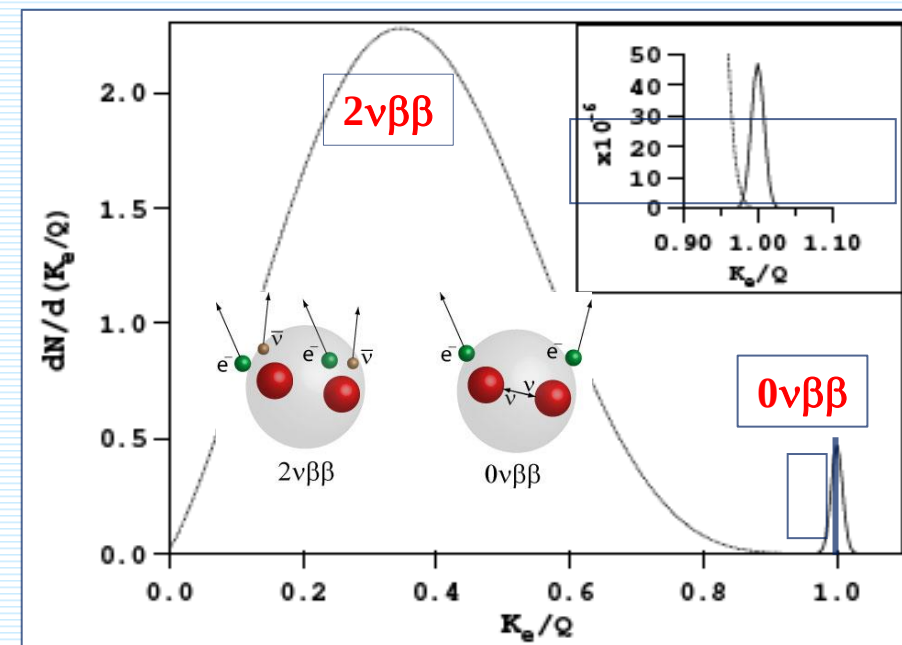
Nuovo Cim. 14, 322 (1937)

Phys. Rev. 56, 1184 (1939)

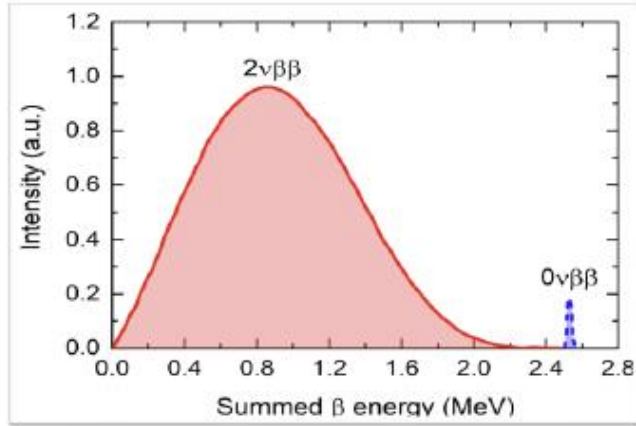
Neutrinoless double- β decay – LN violated



Not observed yet. Requires massive Majorana ν 's



$0\nu\beta\beta$ experiments – a worldwide competition of ideas and underground physics technologies



GERDA (^{76}Ge)

$$T_{1/2}^{0\nu} > 1.8 \times 10^{26} \text{ yrs}$$

Phys.Rev.Lett.125(2020)252502

GUORE (^{130}Te)

$$T_{1/2}^{0\nu} > 2.2 \times 10^{25} \text{ yrs}$$

Nature 604(2022)53

CUPID-0 (^{82}Se)

$$T_{1/2}^{0\nu} > 2.4 \times 10^{24} \text{ yrs}$$

Phys.Rev.Lett.120(2018)232502

CUPID (^{100}Mo)

$$T_{1/2}^{0\nu} > 1.5 \times 10^{24} \text{ yrs}$$

Phys.Rev.Lett.126(2021)181802

MAJORANA (^{76}Ge)

$$T_{1/2}^{0\nu} > 8.3 \times 10^{25} \text{ yrs}$$

Phys.Rev.Lett.130(2023)062501

SNO+

**NvDex, PandaX,
CDEX, CUPID-China**

NEMO-3

JUNO

EXO-200 (^{136}Xe)

$$T_{1/2}^{0\nu} > 3.5 \times 10^{25} \text{ yrs}$$

Phys.Rev.Lett.123(2019)161802

KamLAND-Zen (^{136}Xe)

$$T_{1/2}^{0\nu} > 2.3 \times 10^{26} \text{ yrs}$$

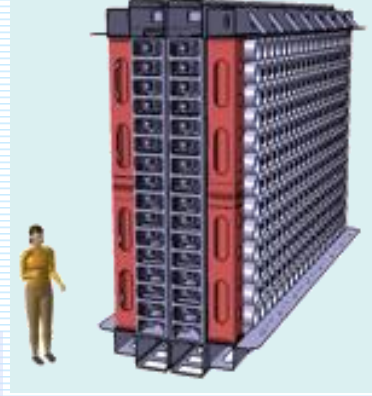
★ Phys.Rev.Lett.130(2023)051801



High-pressure TPC chamber



CANDLE
CaF
scintillating
crystal



SuperNEMO
Se source foil

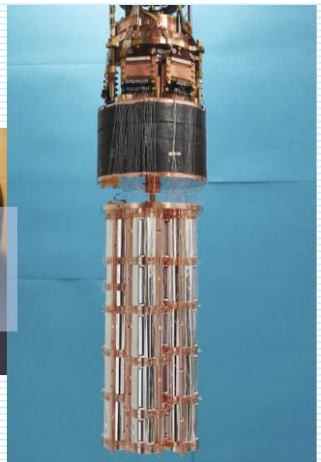
GERDA, MAJORANA
Ge crystal



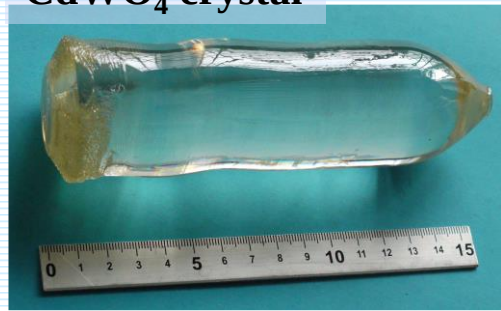
0νββ decay isotopes and experiments

Candidates	$Q_{\beta\beta}$ (MeV)	N.A. (%)
$^{48}\text{Ca}\rightarrow^{48}\text{Ti}$	4.268	0.187
$^{76}\text{Ge}\rightarrow^{76}\text{Se}$	2.039	7.8
$^{82}\text{Se}\rightarrow^{82}\text{Kr}$	2.998	8.8
$^{96}\text{Zr}\rightarrow^{96}\text{Mo}$	3.356	2.8
$^{100}\text{Mo}\rightarrow^{100}\text{Ru}$	3.034	9.7
$^{110}\text{Pd}\rightarrow^{110}\text{Cd}$	2.017	11.7
$^{116}\text{Cd}\rightarrow^{116}\text{Sn}$	2.813	7.5
$^{124}\text{Sn}\rightarrow^{124}\text{Te}$	2.293	5.8
$^{130}\text{Te}\rightarrow^{130}\text{Xe}$	2.528	34.1
$^{136}\text{Xe}\rightarrow^{136}\text{Ba}$	2.458	8.9
$^{150}\text{Nd}\rightarrow^{150}\text{Sm}$	3.371	5.6

CUPID-0
ZnSe
scintillating
crystal

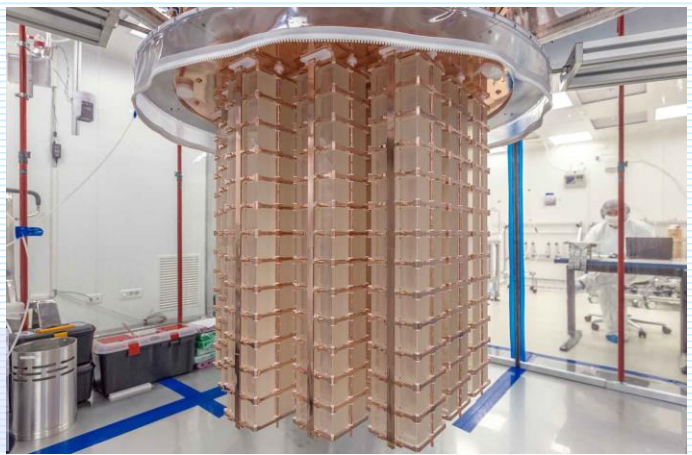


Aurora
CdWO₄ crystal

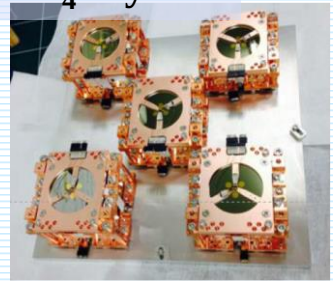


EXO, KamLAND-Zen
Liquid Xe

CUORE
TeO₂ crystal



Amore
CaMoO₄ crystal



$$(A, Z) \rightarrow (A, Z+2) + e^- + e^-$$

$0\nu\beta\beta$ -decay
(LNV at $\approx GUT$ scale, exchange of three light ν)

$$\left(T_{1/2}^{0\nu}\right)^{-1} = \left|\frac{m_{\beta\beta}}{m_e}\right|^2 g_A^4 \left|M_\nu^{0\nu}\right|^2 G^{0\nu}$$

?

Phase space factor
well understood

*NME must be evaluated
using tools of nuclear theory*

$$m_{\beta\beta} = \left| c_{13}^2 c_{12}^2 e^{i\alpha_1} m_1 + c_{13}^2 s_{12}^2 e^{i\alpha_2} m_2 + s_{13}^2 m_3 \right|$$

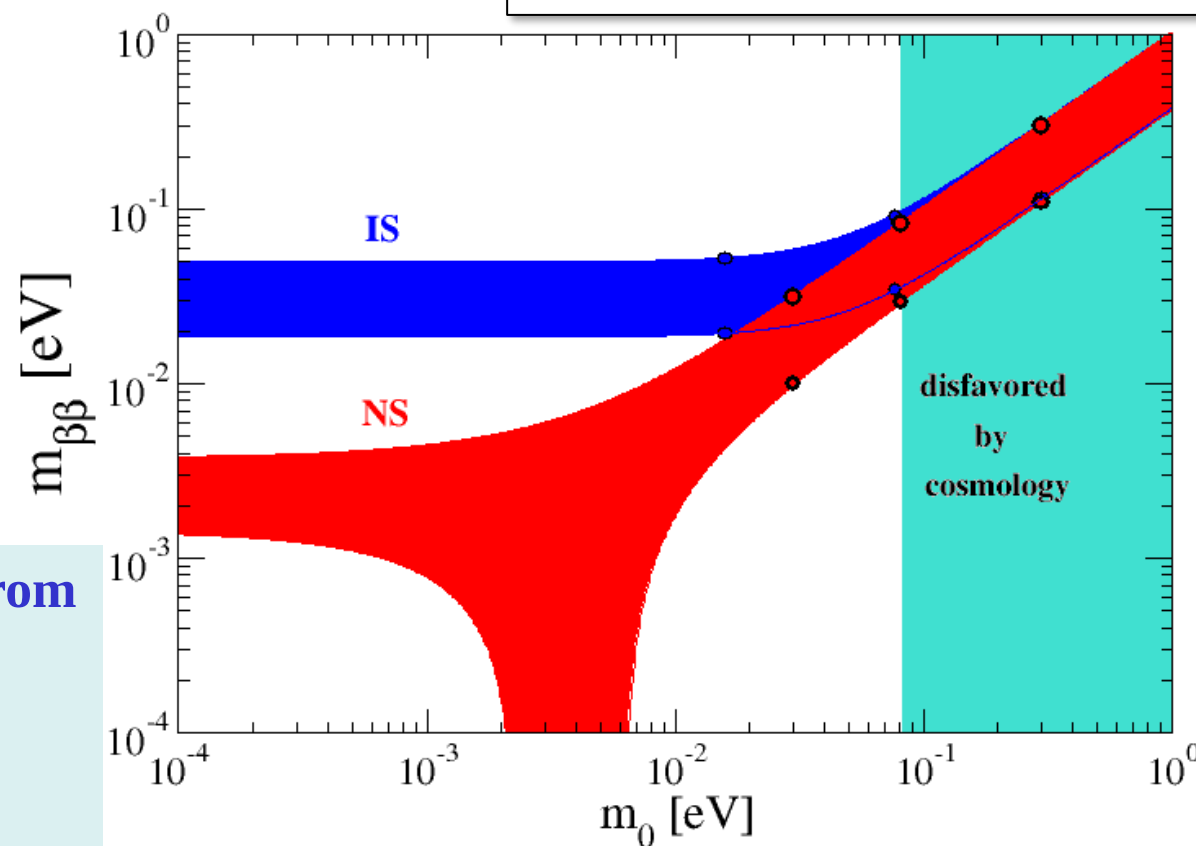
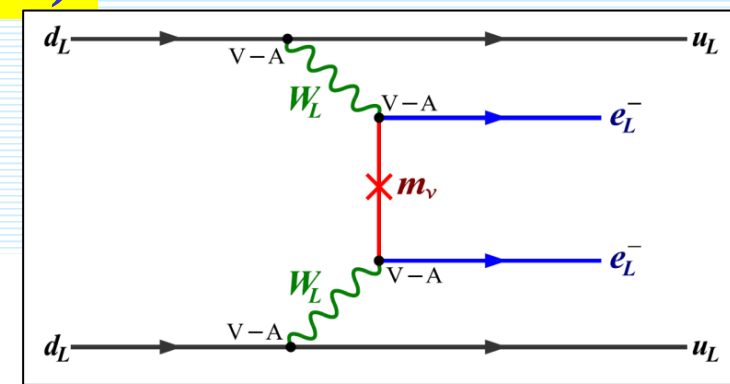
Constraint from cosmology

$$\begin{aligned} \Sigma &= m_1 + m_2 + m_3 \\ &< 0.90 \text{ eV} \\ &< 0.26 \text{ eV (Planck coll.)} \\ &< 0.12 \text{ eV} \end{aligned}$$

**Contrary, the constraint from
 $0\nu\beta\beta$ -decay (KLZ)**

$m_{\beta\beta} < 0.036\text{-}0.156 \text{ eV}$
implies

$$\Sigma < 0.12 \text{ eV}$$



$0\nu\beta\beta$ -decay NME status 2023(25)

The nuclear w. f. of
(A,Z), (A,Z+1)*, (A,Z+2)
Many-body methods
of choice:

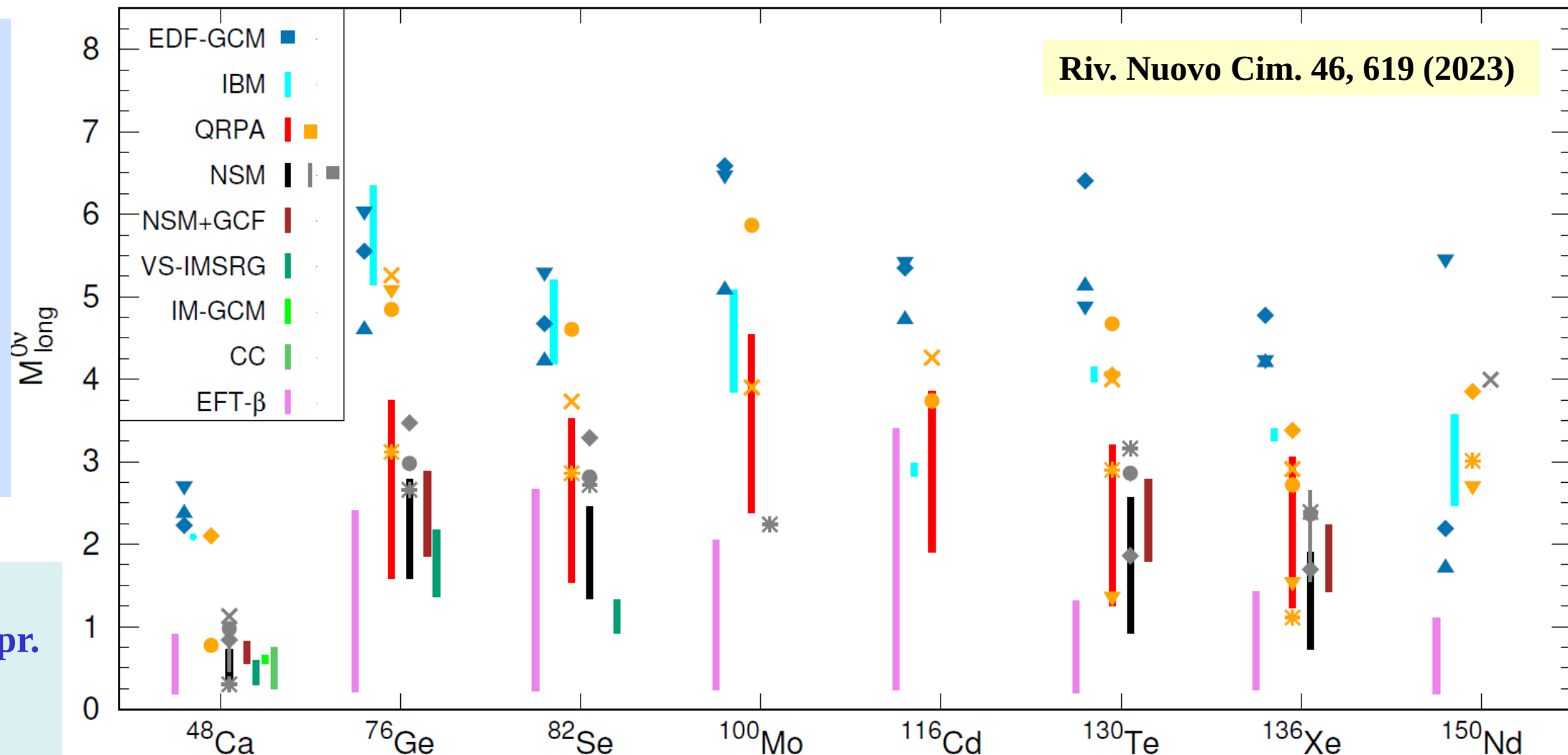
The $0\nu\beta\beta$ nuclear transition operators
(F, GT, and tensor type):

! Isospin, and spin-isospin symmetries
($M_{Fcd}\approx 0$, M_{GTcd} strongly suppressed):

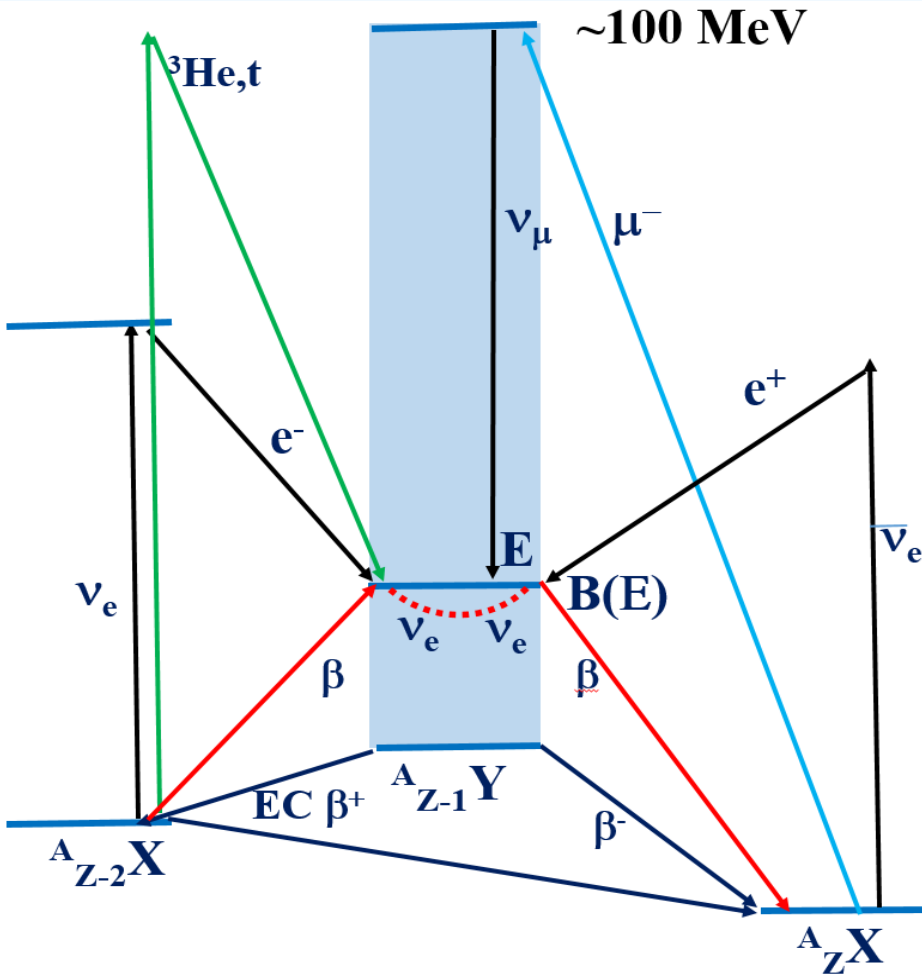
All
models
missing
essential
physics

Impossible
to assign
rigorous
uncertainties

Differences:
Many-body appr.
Size of the m.s.
residual int.



Supporting nuclear physics experiments
(Measurements still not conclusive for $0\nu\beta\beta$ NME)

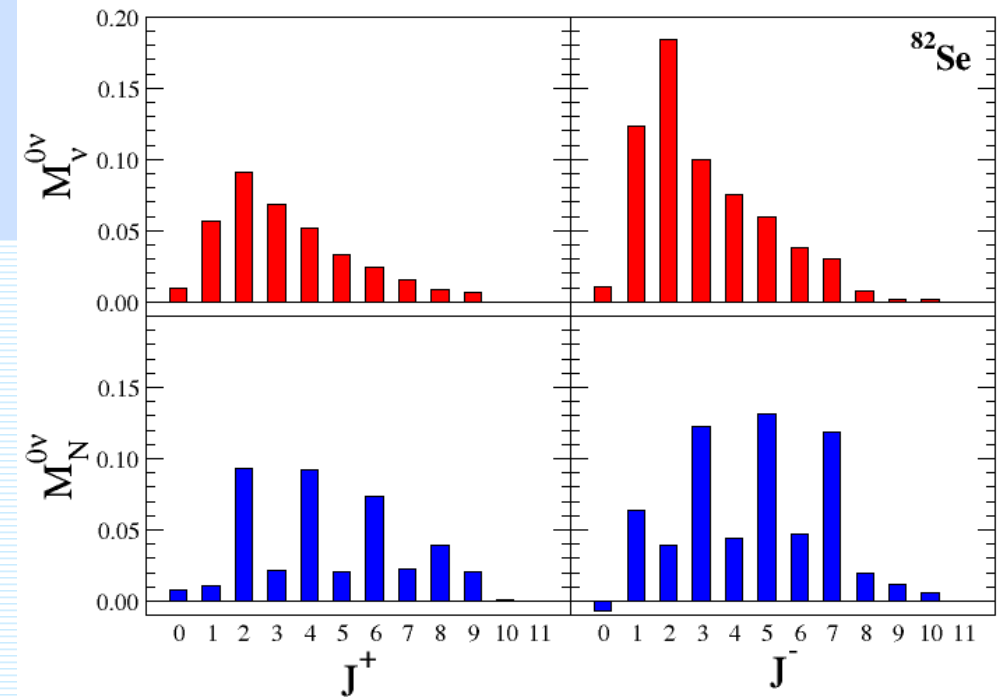


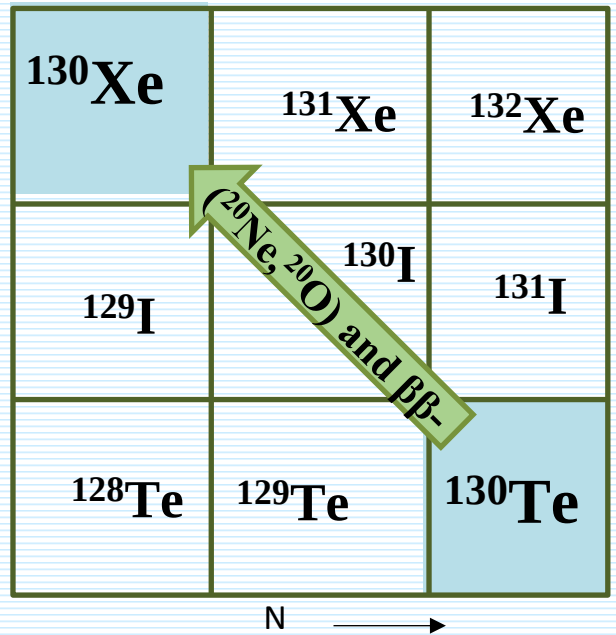
*Higher multipoles
are populated mostly due to large
 ν -momentum transfer*

Multipole decomposition of light and heavy $0\nu\beta\beta$ -decay NMEs normalized to unity

Fedor Simkovic

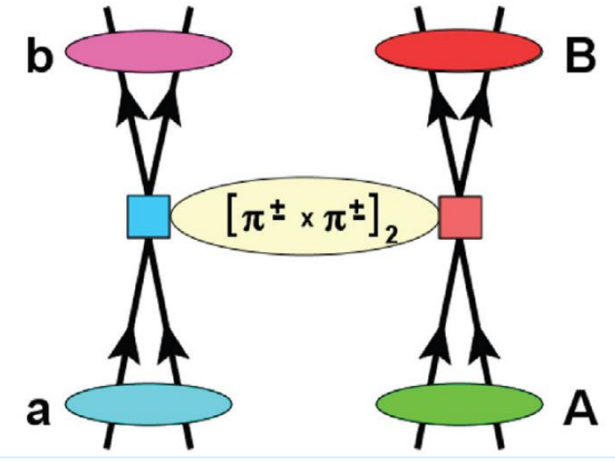
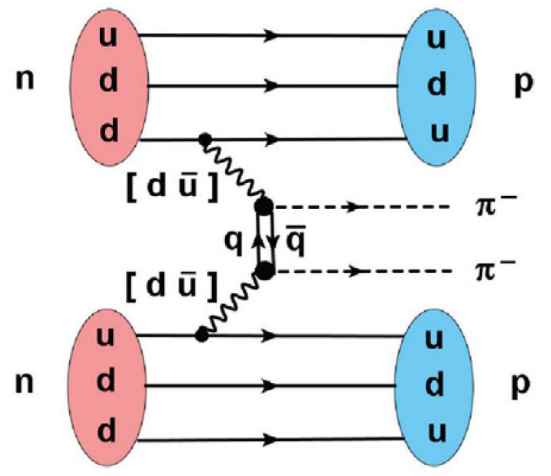
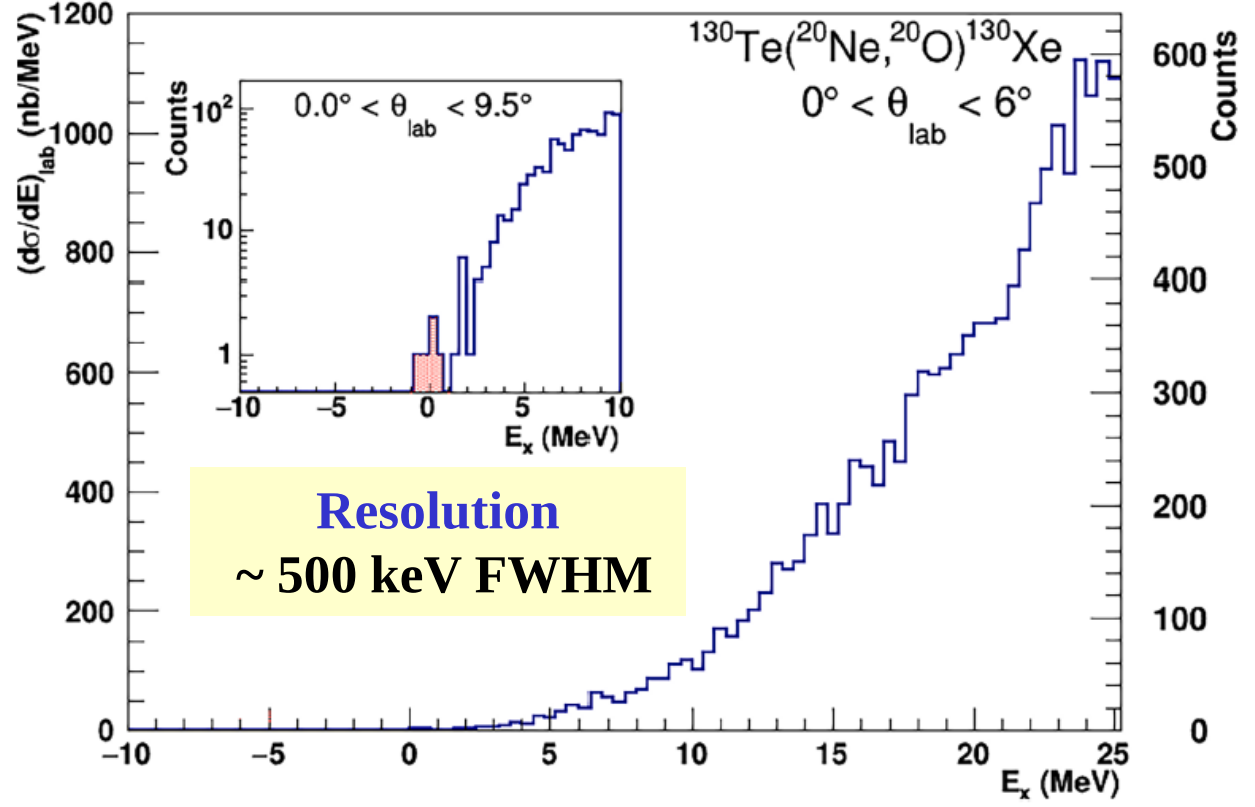
- ✓ β -decay, EC and $2\nu\beta\beta$ decay
- ✓ μ -capture
- ✓ (π^+, π^-)
- ✓ $(^3\text{He}, t)$, $(d, ^2\text{He})$, transfer reactions
- ✓ γ -ray spectroscopy, $\gamma\gamma$ -decay
- ✓ A promising experimental tool:
Heavy-Ion Double Charge-Exchange





The $^{130}\text{Te}(^{20}\text{Ne}, ^{20}\text{O})^{130}\text{Xe}$ DCE reaction

- g.s. $\rightarrow$ g.s. transition can be isolated
- Absolute cross section measured



State (MeV)	Counts	Absolute cross section (nb)	Cross section 95% limit (nb)
g.s. (0^+) + 2^+ (536 keV)	5	13	[3--18]

Analysis of cross-section sensitivity < 0.1 nb in the Region Of Interest

A connection between closure $2\nu\beta\beta$ and $0\nu\beta\beta$ GT NMEs (and NMEs of DCE reactions)

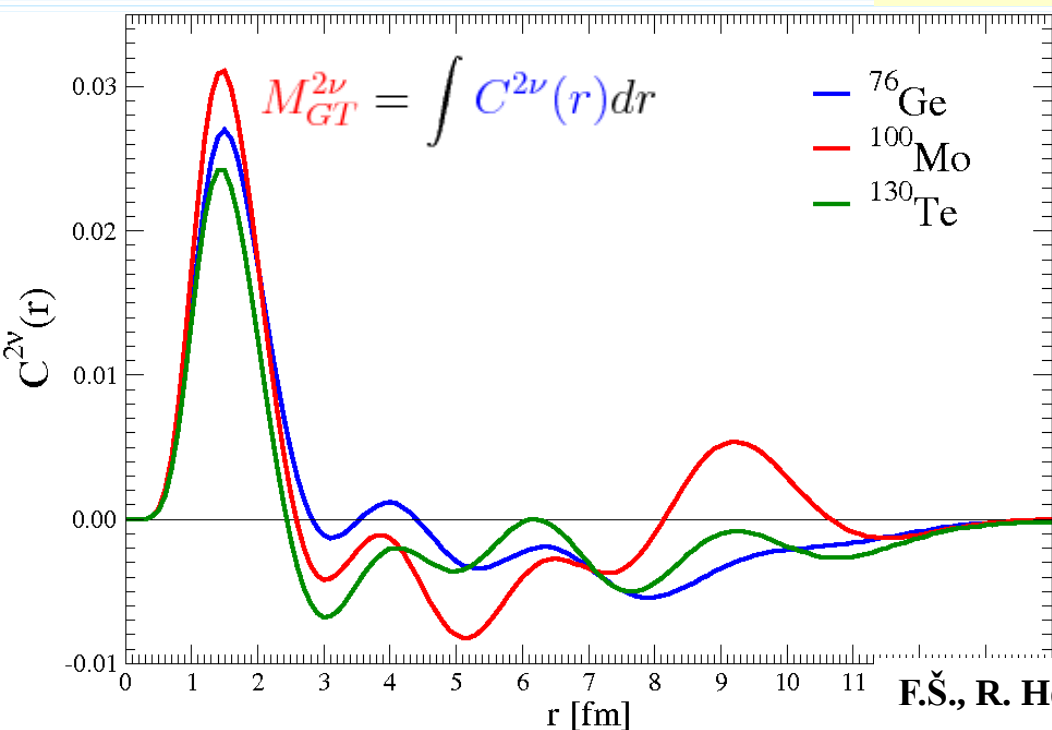
$$M_{GT}^{0\nu} = \int_0^\infty H_{GT}^{0\nu}(r) C_{GT-cl}^{2\nu}(r) dr$$

$$H(r) = R \frac{2}{\pi} \int_0^\infty j_0(qr) \frac{q}{q + \overline{E}} f_{FNS}^2(q^2) g_{HOT}(q^2) dr$$

$0\nu\beta\beta$
2n-potential
is well
determined

$$M_{GT-cl}^{2\nu} = \int C_{GT-cl}^{2\nu} dr$$

$$C_{GT-cl}^{2\nu} = \sum_{J^\pi} C_{GT-cl}^{2\nu}(J^\pi)$$



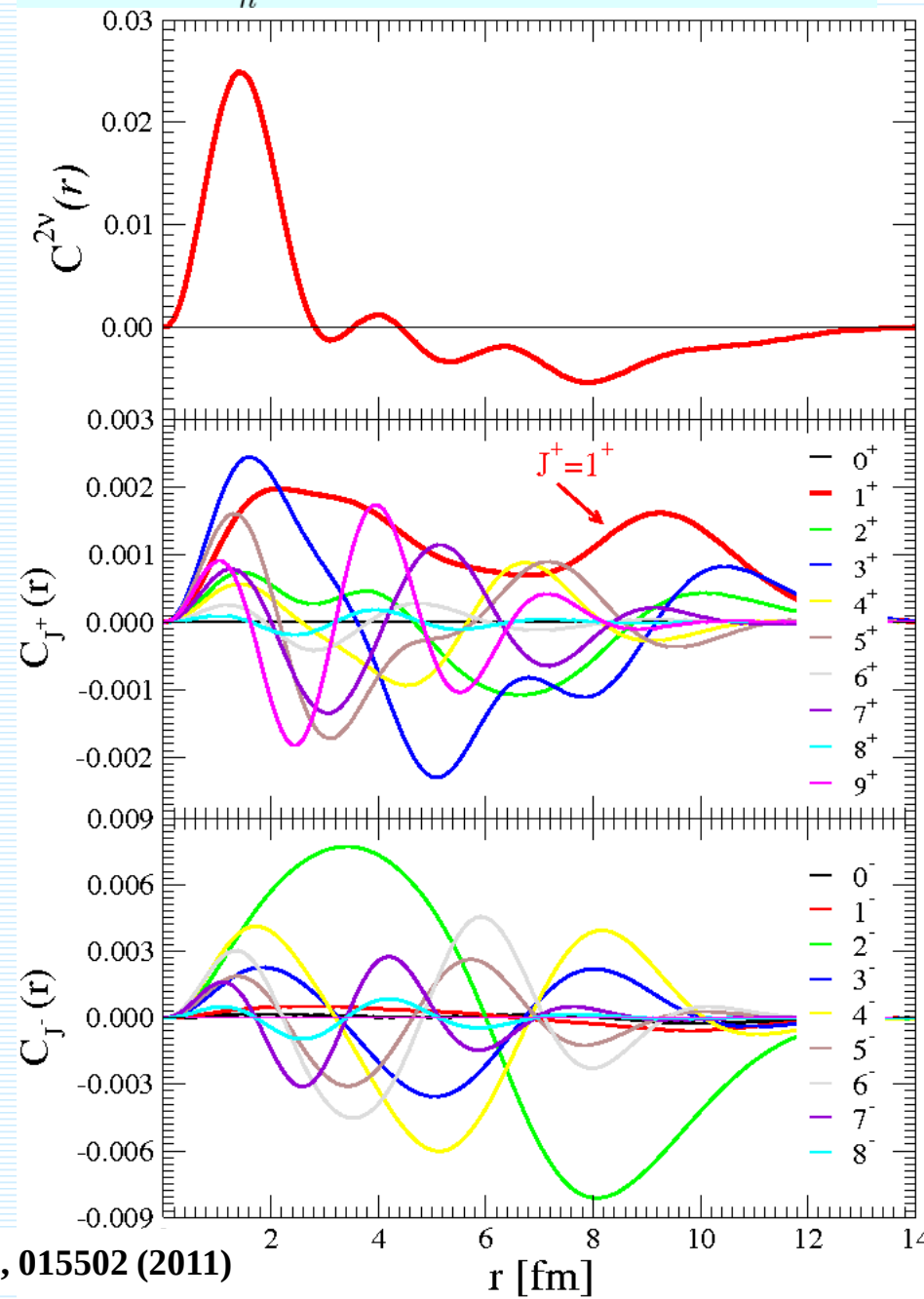
for $J^\pi = 1^+$
 $\int C_J(r) dr = M_{GT}^{2\nu}$

for $J^\pi \neq 1^+$
 $\int C_J(r) dr = 0$

Fedor Simkovic

F.Š., R. Hodák, A. Faessler, P. Vogel, PRC 83, 015502 (2011)

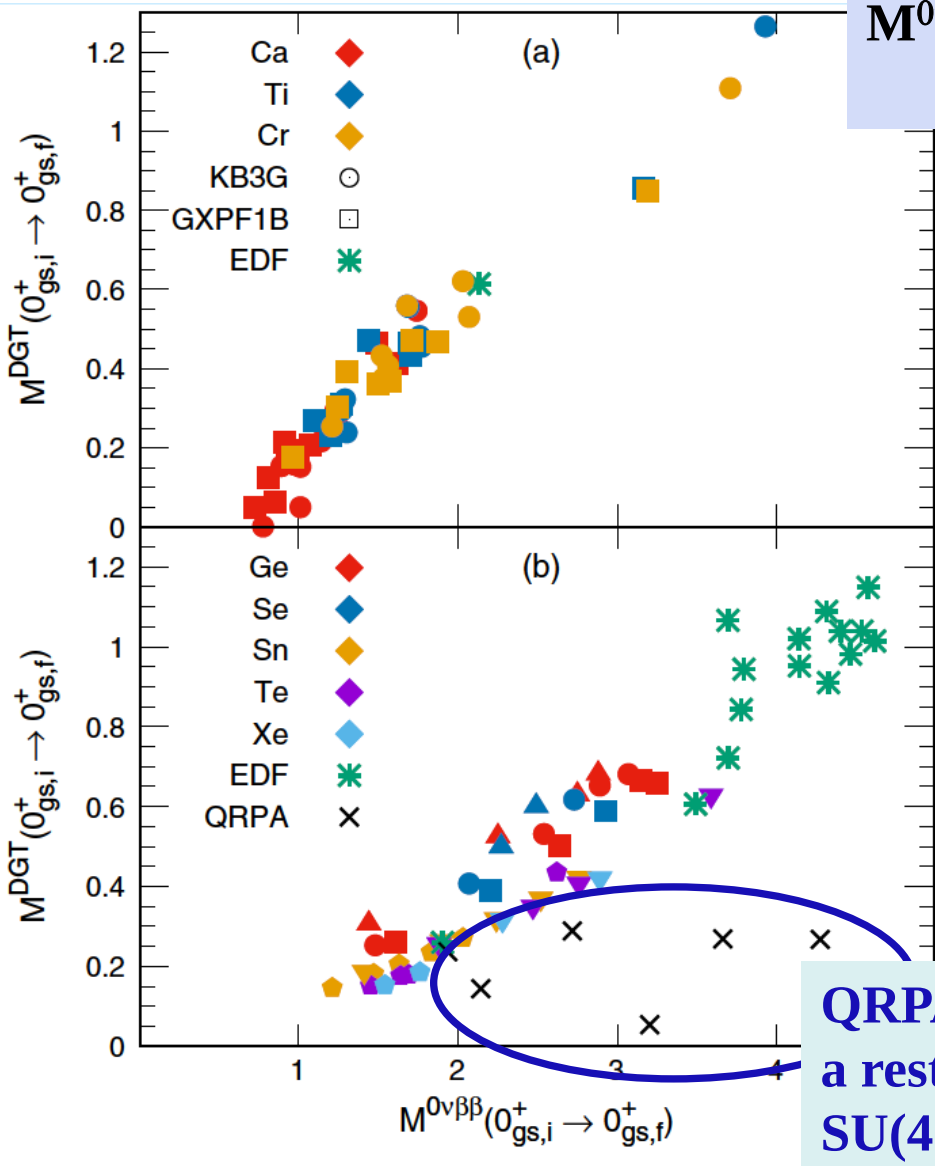
$$M_{GT-cl} = \sum_n \langle 0_f^+ || \tau^+ \sigma || 1_n^+ \rangle \langle 1_n^+ || \tau^+ \sigma || 0_i^+ \rangle$$



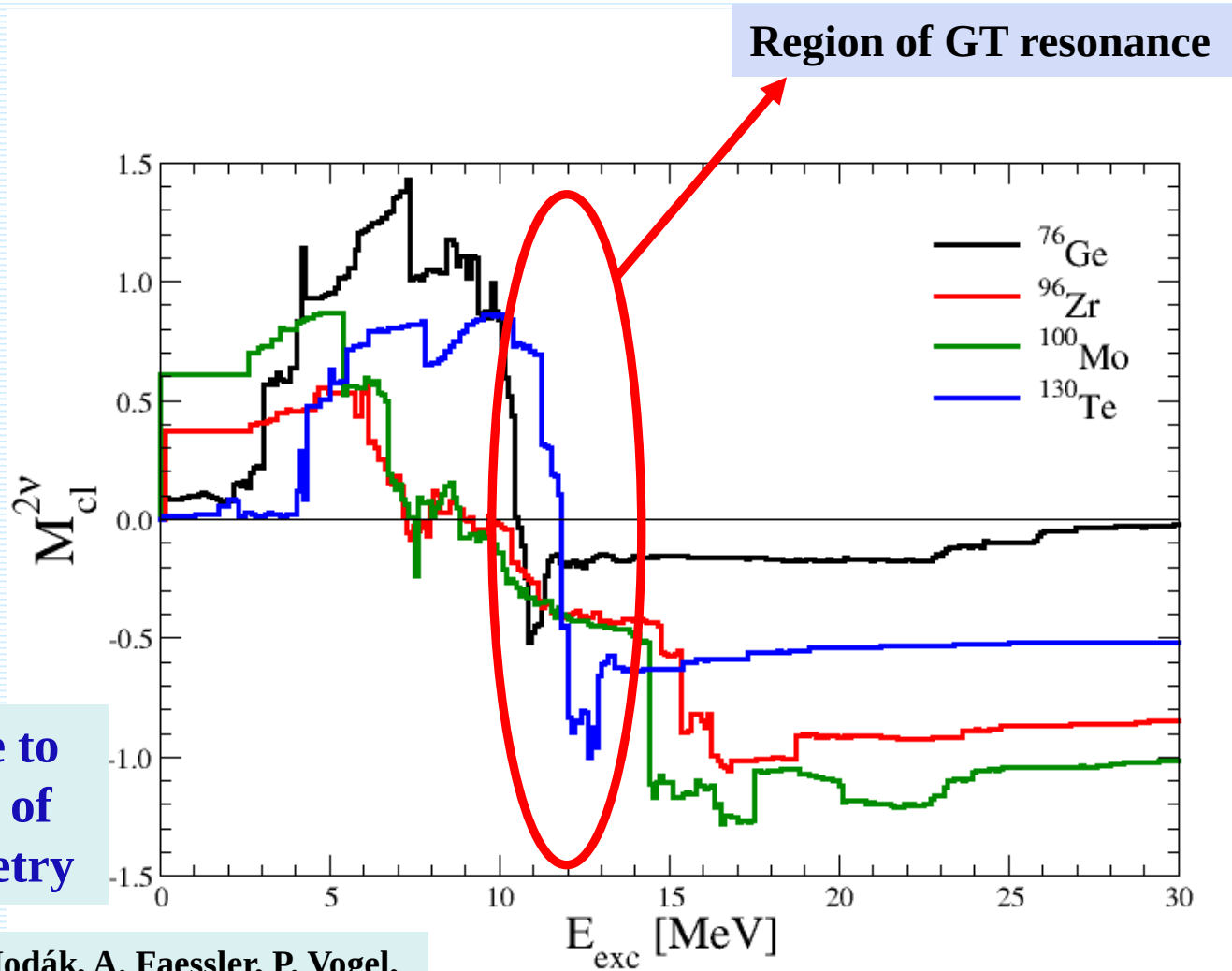
ISM, EDF : $M^{0\nu} \propto M^{2\nu}_{\text{GT-cl}}$

**$M^{\text{DGT}} \equiv M_{\text{GT-cl}} - \text{only } 1^+$
 $M^{0\nu}$ - contribution
 from many J^π (!)**

**QRPA: There is no proportionality between
 $0\nu\beta\beta$ - and $2\nu\beta\beta$ -decay NMEs
 (change of sign at GTR level)**



**QRPA - close to
 a restoration of
 SU(4) symmetry**



Region of GT resonance

**ISM: N. Shimizu, J. Menendez, K. Yako,
 PRL 120, 142502 (2018)**

**QRPA: F.Š., R. Hodák, A. Faessler, P. Vogel,
 PRC 83, 015502 (2011)**

2νββ-decay NME

Weak interaction Hamiltonian

$$\mathcal{H}^\beta(x) = \frac{G_F}{\sqrt{2}} 2 [\bar{e}_L(x) \gamma_\alpha \nu_{eL}(x)] j_\alpha(x) + h.c.$$

Phys. Atom. Nucl. 62 (1999) 585

2νββ-decay amplitude

Hadron part of amplitude

$$J_{\mu\nu}(p_1, p_2, k_1, k_2) = \int e^{-i(p_1+k_1)x_1} e^{-i(p_2+k_2)x_2} {}_{out} \langle p_f | T(J_\mu(x_1) J_\nu(x_2)) | p_i \rangle {}_{in} dx_1 dx_2$$

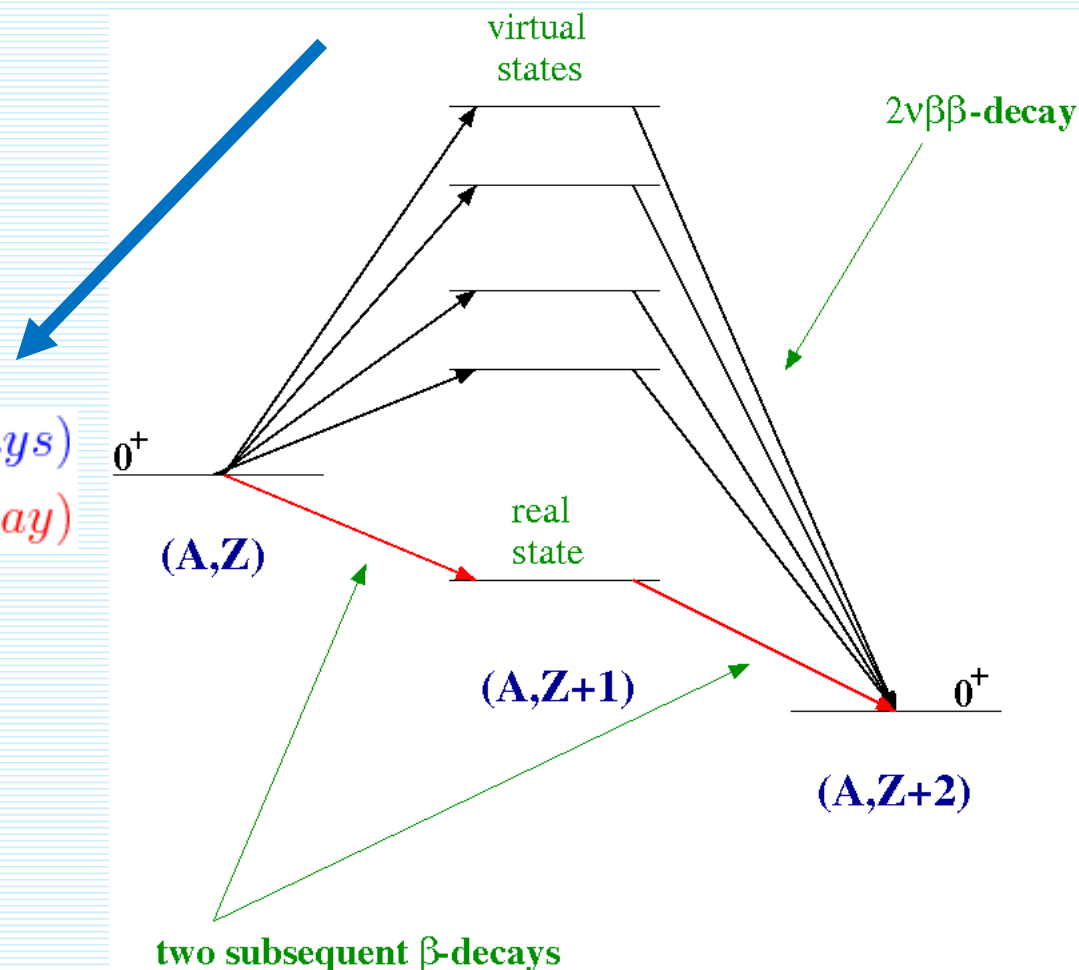
$$\langle f | S^{(2)} | i \rangle =$$

$$\frac{(-i)^2}{2} \left(\frac{G_F}{\sqrt{2}} \right)^2 L_{\mu\nu}(p_1, p_2, k_1, k_2) J_{\mu\nu}(p_1, p_2, k_1, k_2) - (p_1 \leftrightarrow p_2) - (k_1 \leftrightarrow k_2) + (p_1 \leftrightarrow p_2)(k_1 \leftrightarrow k_2)$$

$$T(J_\mu(x_1) J_\nu(x_2)) = J_\mu(x_1) J_\nu(x_2) \quad (\text{two } \beta - \text{decays}) \\ + \Theta(x_{20} - x_{10}) [J_\nu(x_2), J_\mu(x_1)] \quad (2\nu\beta\beta - \text{decay})$$

F.Š., G. Pantis, Phys. Atom. Nucl. 62 (1999) 585

A sum over intermediate nuclear states represents a sum over all meson and γ-exchange correlations of two β-decaying nucleons inside nucleus



**The two-nucleon β -decays in $2\nu\beta\beta$ -decay
are connected through strong and EM interactions**

$$\mathcal{S}^{(2)} = -\frac{(-i)^2}{2} 4 \left(\frac{G_F}{\sqrt{2}} \right)^2 \times$$

$$\int N[\bar{e}_L(x_1) \gamma \nu_{eL}(x_1) \bar{e}_L(x_2) \gamma \nu_{eL}(x_2)] \times$$

$$T \left[j_\alpha(x_1) j_\beta(x_2) \exp \left\{ -i \int \mathcal{H}^{\text{str+em}}(x) dx \right\} \right] dx_1 dx_2$$

$$[j_\alpha(x_1), j_\beta(x_2)] =$$

$$[\bar{p}(x_1) \gamma_\alpha (1 + \gamma_5) n(x_1), \bar{p}(x_2) \gamma_\alpha (1 + \gamma_5) n(x_2)]$$

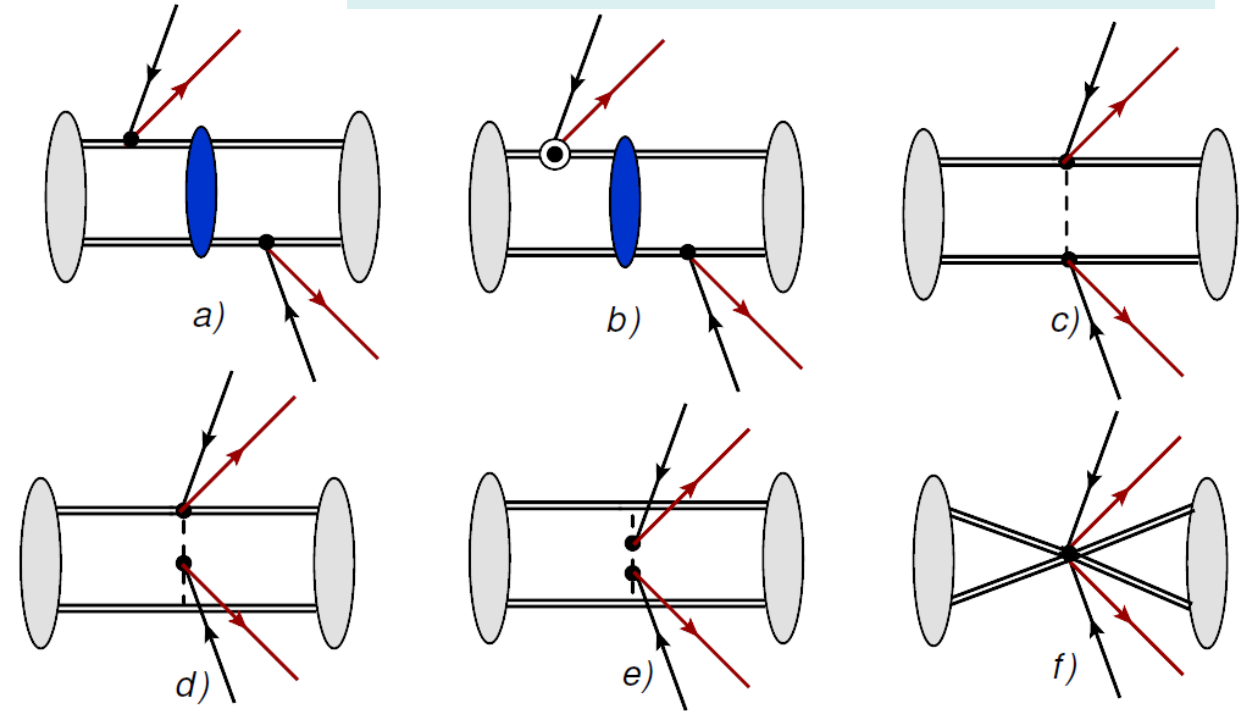
$$= 0$$

**c, d, e pion-exchange contributions
(and maybe also f) are already included
in a and b diagrams**

$$J_\alpha(x) = U^\dagger(x_0, 0) j_\alpha(x) U(x_0, 0)$$

$$U(t, t_0) = T \left(\exp \left[-i \int_{t_0}^t \mathcal{H}^{\text{str+em}}(t) dt \right] \right)$$

$$[J_\alpha(x), J_\beta(y)] \neq 0$$



Due to $0^+ \rightarrow 0^+$ nuclear transition

$$J_{\mu\nu}^{2\beta 2\nu}(p_1, p_2, k_1, k_2) = -i2M_{GT}\delta_{\mu k}\delta_{\nu k} \\ \times 2\pi\delta(E_f - E_i + p_{10} + k_{10} + p_{20} + k_{20}), \quad k = 1, 2, 3,$$

Nuclear current
(impulse approx.)

$$J_\alpha(0, \vec{x}) = \sum_n \tau_n^+ (\delta_{\alpha 4} + ig_A(\vec{\sigma})_k \delta_{\alpha k}) \delta(\vec{x} - \vec{x}_n)$$

2νββ-decay NME in time
integral representation

$$M_{GT} = \frac{i}{2} \int_0^\infty (e^{i(p_{10}+k_{10}-\Delta)t} + e^{i(p_{20}+k_{20}-\Delta)t}) M_{AA}(t) dt$$

with

$$M_{AA}(t) = \langle 0_f^+ | \frac{1}{2} [A_k(t/2), A_k(-t/2)] | 0_i^+ \rangle$$

time dependent axial current

$$A_k(t) = e^{iHt} A_k(0) e^{-iHt}, \quad A_k = \sum_i \tau_i^+ (\vec{\sigma}_i)_k, \quad k = 1, 2, 3.$$

$$A_k(t) = e^{itH} A_k(0) e^{-itH} = \sum_{n=0}^{\infty} \frac{(it)^n}{n!} \overbrace{[H[H\dots[H, A_k(0)]\dots]]}^{n \text{ times}}$$

Completeness:
 $\sum_n |n\rangle \langle n| = 1$

$$\langle A' | J_\alpha(x_1) J_\beta(x_2) | A \rangle = \sum_n \langle A' | J_\alpha(0, \vec{x}_1) | n \rangle \langle n | J_\beta(0, \vec{x}_2) | A \rangle \times \\ e^{-i(E' - E_n)x_{10}} e^{-i(E_n - E)x_{20}}$$

integration over time variable

$$\int_0^\infty e^{-iat} dt \Rightarrow \lim_{\epsilon \rightarrow 0} \int_0^\infty e^{-i(a-i\epsilon)t} dt = \lim_{\epsilon \rightarrow 0} \frac{-i}{a - i\epsilon} \text{ for } \text{Im } a > 0$$

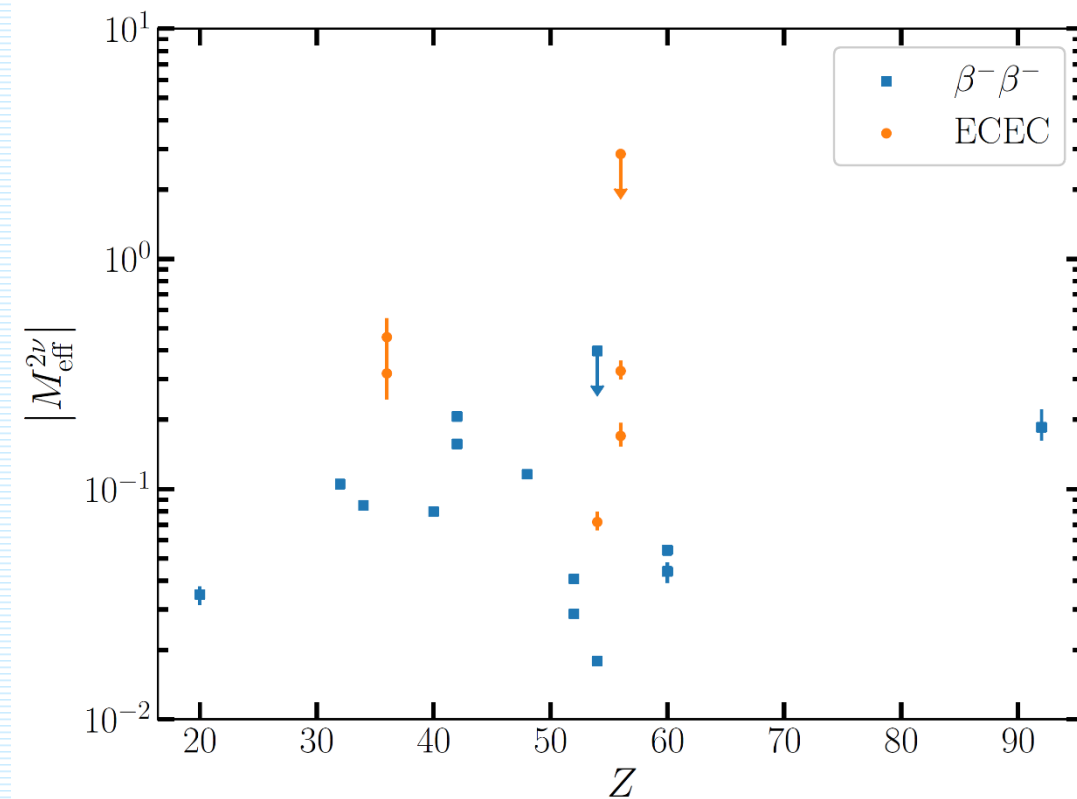
Standard form of 2νββ-decay NME

$$M_{GT} = \sum_n \frac{\langle 0_f^+ | A(0)_k | 1_n^+ \rangle \langle 1_n^+ | A(0)_k | 0_i^+ \rangle}{E_n - E_i + \Delta}$$

$\Delta = (E_i - E_f)/2$, stands for sum of lepton energies

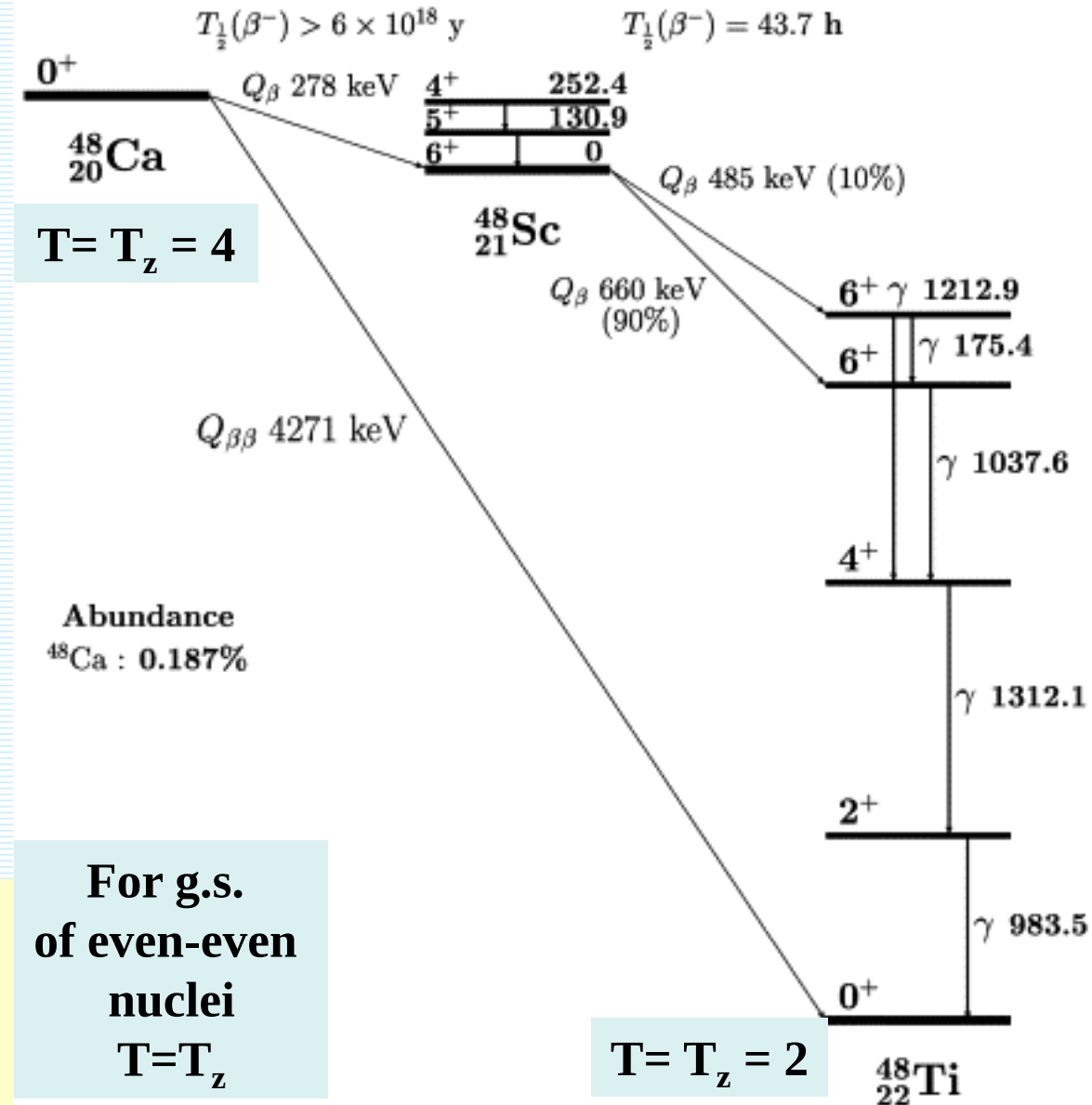
Understanding of the $2\nu\beta\beta$ -decay NMEs is of crucial importance for correct evaluation of the $0\nu\beta\beta$ -decay NMEs

Both $2\nu\beta\beta$ and $0\nu\beta\beta$ operators connect the same states.
Both change two neutrons into two protons.
Explaining $2\nu\beta\beta$ -decay is necessary but not sufficient



QRPA calculations at the forefront: **i)** importance of pairing int.; **ii)** importance of isospin and spin-isospin symmetry restoration (isoscalar and isovector residual int.); **iii)** importance of relative deformation of the initial and final nuclei

$$(A, Z) \rightarrow (A, Z + 2) + 2e^- + 2\bar{\nu}_e$$



$$M_{F-cl}^{2\nu} = 0$$

*The DBD Nuclear Matrix Elements
and the SU(4) symmetry restoration)*

$$M_{GT-cl}^{2\nu} = 0$$

Suppression of the Two Neutrino Double Beta Decay by Nuclear Structure Effects

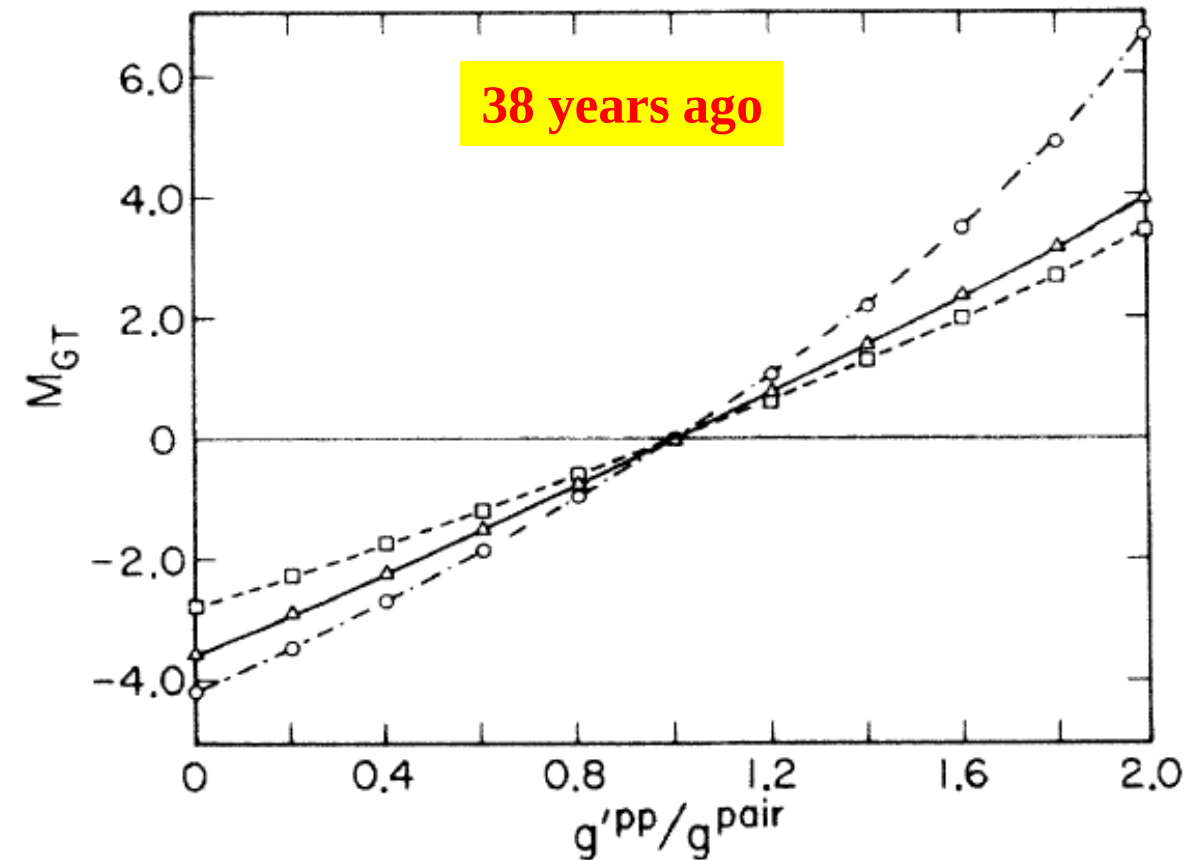
P. Vogel, M.R. Zirnbauer, PRL (1986) 3148

O. Civitarese, A. Faessler, T. Tomoda, PLB 194 (1987) 11
E. Bender, K. Muto, H.V. Klapdor, PLB 208 (1988) 53
...

The isospin is known to be a good approximation
in nuclei

In heavy nuclei the SU(4) symmetry is strongly
broken by the spin-orbit splitting.

What is beyond this behavior?
Is it an artifact of the QRPA?



**Study of
 $2\nu\beta\beta$ NME
within the
schematic
model**

s.p. mean-field

Conserves SU(4) symmetry

$$H = \underbrace{e_n N_n + e_p N_p - g_{pair} \left(\sum_{M_T=-1,0,1} A_{0,1}^\dagger(0, M_T) A_{0,1}(0, M_T) + \sum_{M_S=-1,0,1} A_{1,0}^\dagger(M_S, 0) A_{1,0}(M_S, 0) \right)}_{H_0} + g_{ph} \sum_{a,b} E_{a,b}^\dagger E_{a,b}$$

$$+ \underbrace{(g_{pair} - g_{pp}^{T=0}) \sum_{M_S=-1,0,1} A_{1,0}^\dagger(M_S, 0) A_{1,0}(M_S, 0) + (g_{pair} - g_{pp}^{T=1}) A_{0,1}^\dagger(0, 0) A_{0,1}(0, 0)}_{H_I}.$$

H_I violates SU(4) symmetry

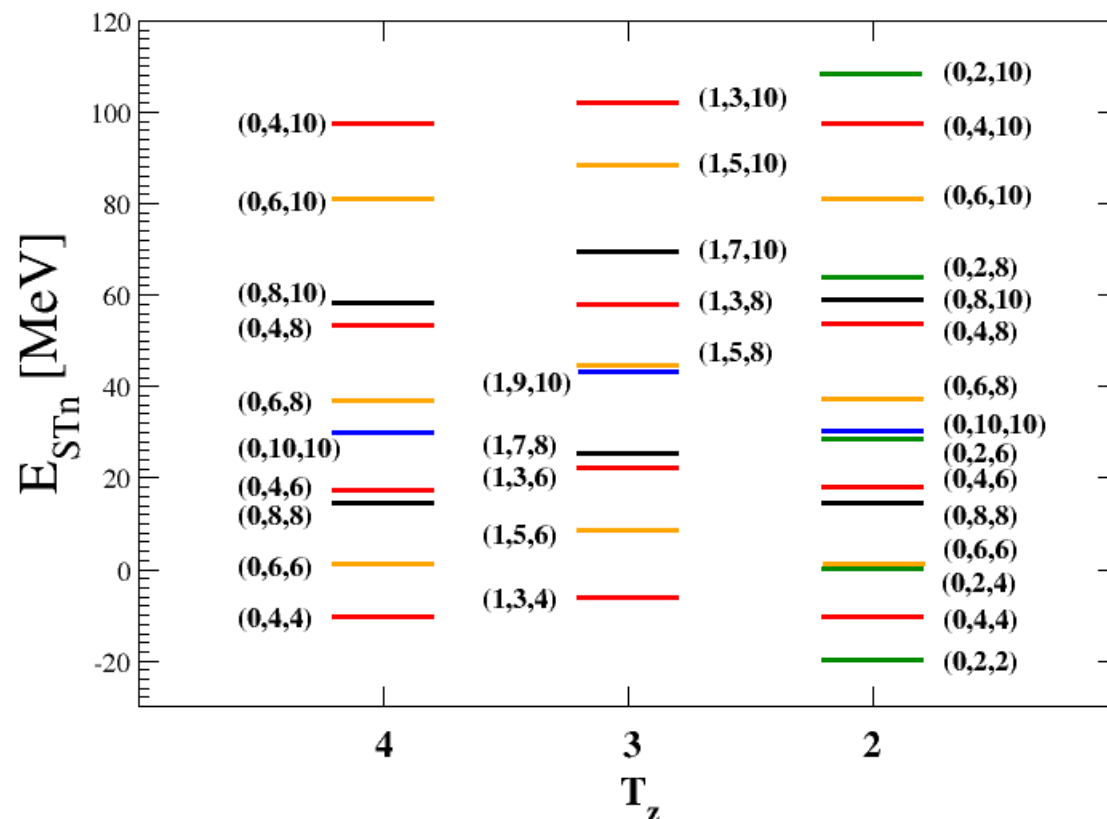
g_{pair} - strength of isovector like nucleon pairing
($L=0, S=0, T=1, M_T=\pm 1$)

$g_{pp}^{T=1}$ - strength of isovector spin-0 pairing
($L=0, S=0, T=1, M_T=0$)

$g_{pp}^{T=0}$ - strength of isoscalar spin-1 pairing
($L=0, S=1, T=0$)

g_{ph} - strength of particle-hole force

**Energies of excited states
for the case of conserved SU(4) symmetry
 $M_F=0, M_{GT}=0$ (see SU(4) multiplets)**



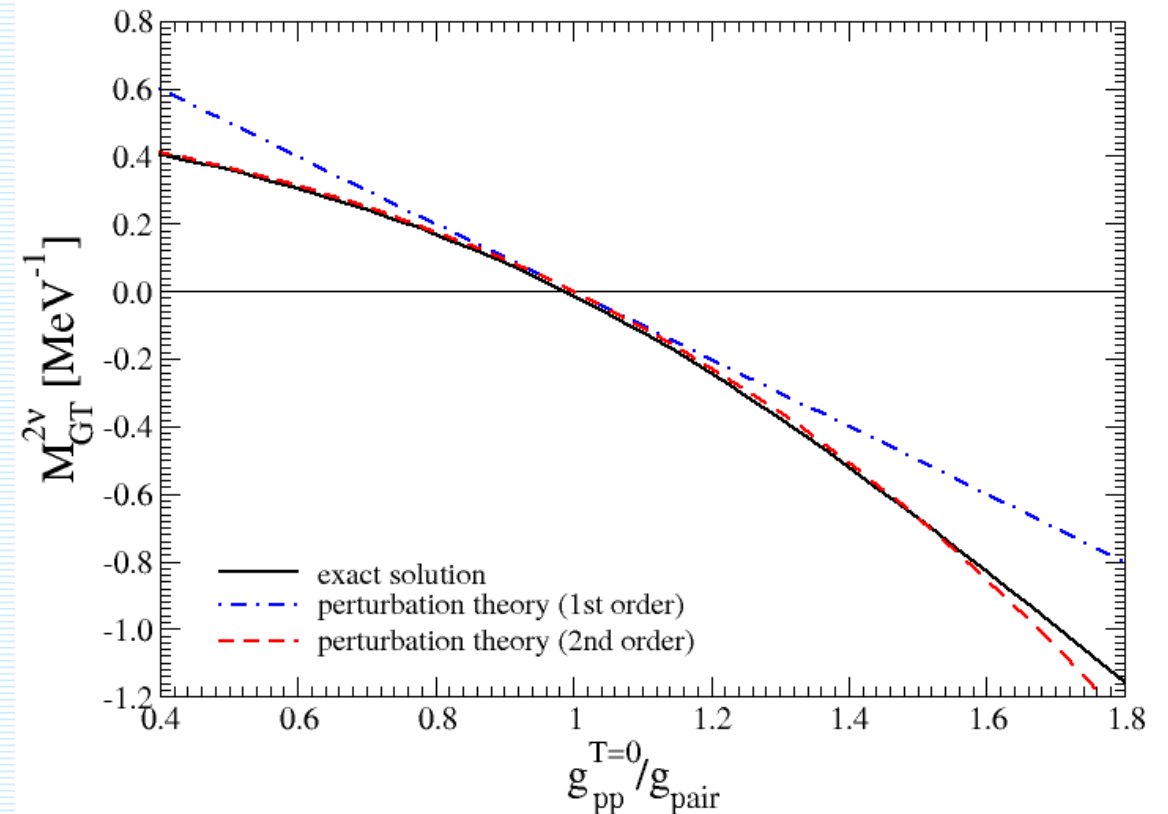
M_F and M_{GT} do not depend on the mean-field part of H

M_F and M_{GT} are governed by a weak violation of the $SU(4)$ symmetry by the particle-particle interaction of H

$$M_F^{2\nu} = -\frac{48\sqrt{\frac{33}{5}}(g_{pair} - g_{pp}^{T=1})}{(5g_{pair} + 3g_{ph})(10g_{pair} + 6g_{ph})}$$

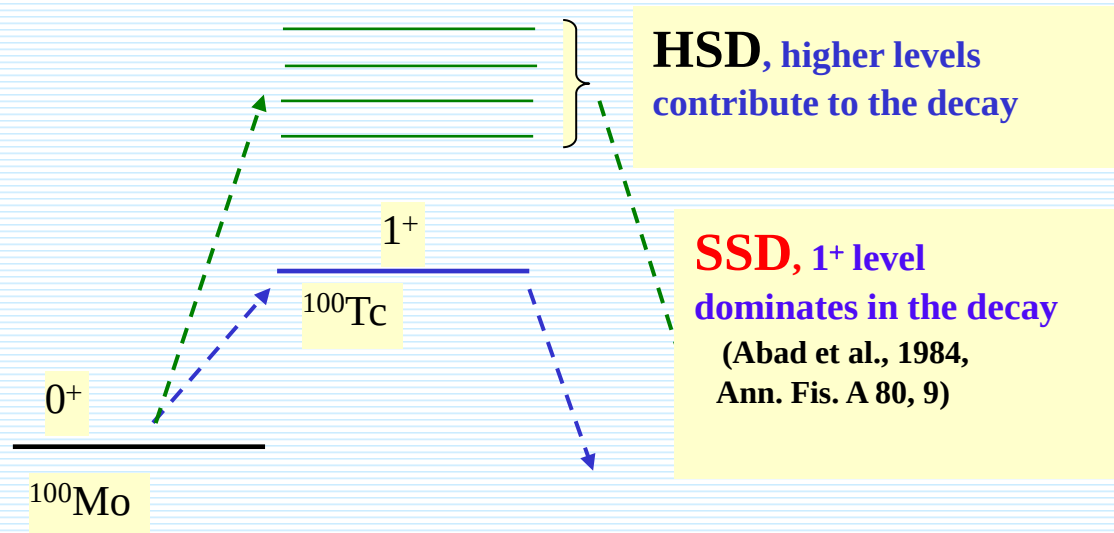
$$M_{GT}^{2\nu} = \frac{144\sqrt{\frac{33}{5}}}{5g_{pair} + 9g_{ph}} \left\{ \frac{(g_{pair} - g_{pp}^{T=0})}{(10g_{pair} + 20g_{ph})} + \frac{2g_{ph}(g_{pair} - g_{pp}^{T=1})}{(10g_{pair} + 20g_{ph})(10g_{pair} + 6g_{ph})} \right\}$$

M_{GT} up to the second order of perturbation theory due to the violation of the $SU(4)$ symmetry by the particle-particle interaction of H



Results confirm the dependence of M_F and M_{GT} on $g_{pp}^{T=0}$ and $g_{pp}^{T=1}$ by the QRPA

Single State Dominance (^{100}Mo , ^{106}Cd , ^{116}Cd , ^{128}Te ...)



Isotope	f.s.	$T_{1/2}(\text{SSD})[\text{y}]$	$T_{1/2}(\text{exp.})[\text{y}]$
$2\nu\beta\beta^-$			
^{100}Mo	$0_{\text{g.s.}}$	$7.3 \cdot 10^{18}$	$7.07 \cdot 10^{18}$
	0_1	$4.2 \cdot 10^{20}$	$6.1 \cdot 10^{20}$
^{116}Cd	$0_{\text{g.s.}}$	$1.1 \cdot 10^{19}$	$2.63 \cdot 10^{19}$
^{128}Te	$0_{\text{g.s.}}$	$1.1 \cdot 10^{25}$	$2.49 \cdot 10^{24}$
EC/EC			
^{106}Cd	$0_{\text{g.s.}}$	$>4.4 \cdot 10^{21}$	$>4.7 \cdot 10^{20}$
^{130}Ba	$0_{\text{g.s.}}$	$5.0 \cdot 10^{22}$	$2.2 \cdot 10^{21}$

$$M_{GT}^K = \sum_m \left(\frac{M_m^i(1^+)M_m^f(1^+)}{E_m - E_i + e_{10} + \nu_{10}} + \frac{M_m^i(1^+)M_m^f(1^+)}{E_m - E_i + e_{20} + \nu_{20}} \right)$$

$$\Rightarrow \text{SSD} \quad \frac{M_1^i(1^+)M_1^f(1^+)}{E_1 - E_i + e_{10} + \nu_{10}} + \frac{M_1^i(1^+)M_1^f(1^+)}{E_1 - E_i + e_{20} + \nu_{20}} \Rightarrow 2 \frac{M_1^i(1^+)M_1^f(1^+)}{E_1 - E_i + \Delta}$$

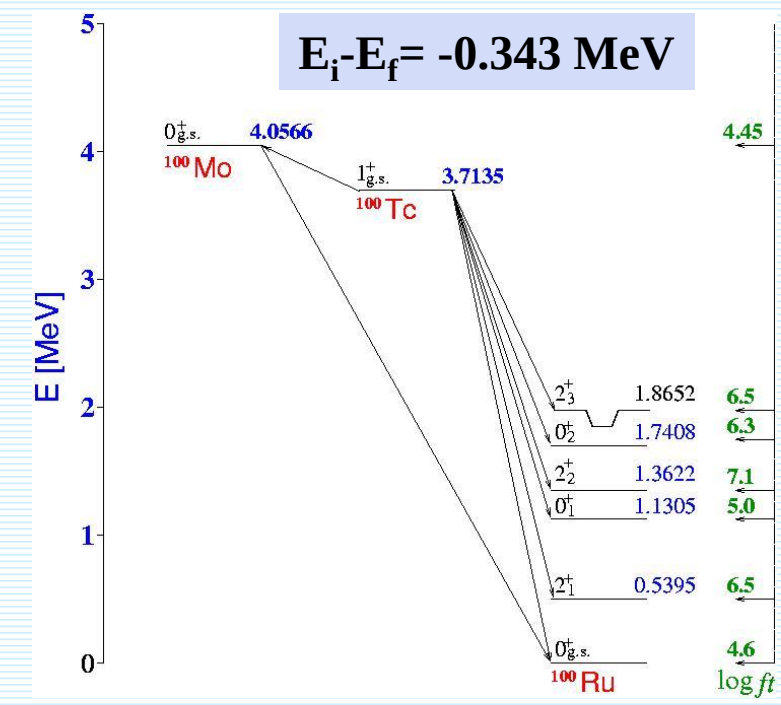
↑ common approx.

$$M_{GT}^K = M_{GT}^L(\nu_{10} \leftrightarrow \nu_{20})$$

$$e_{10} + \nu_{10} \approx e_{20} + \nu_{20} \approx (E_i - E_f)/2 \equiv \Delta$$

Domin, Kovalenko, F.Š., Semenov, NPA 753, 337 (2005)

Fedor Simkovic



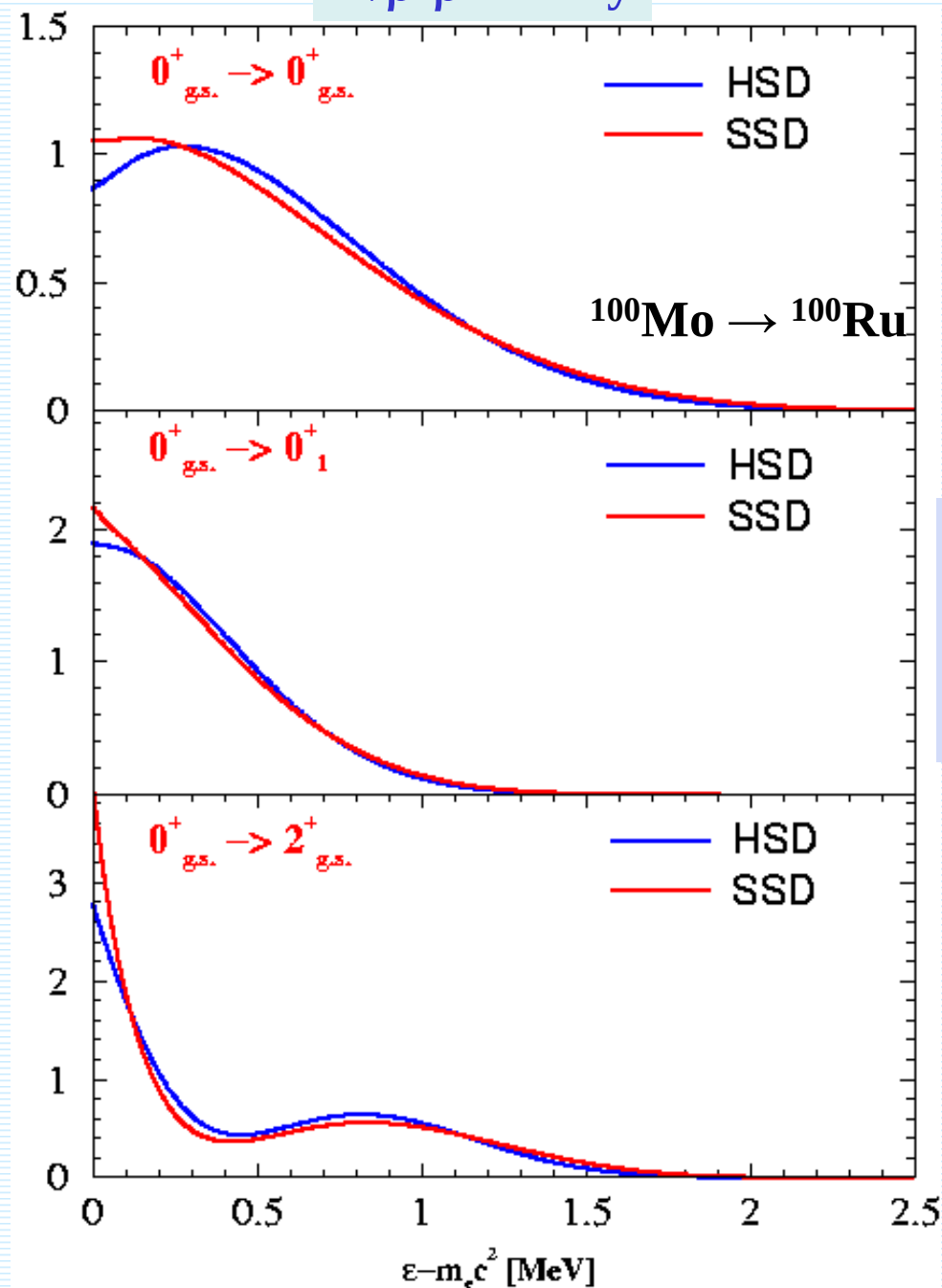
Study of differential characteristics

$E_1 - E_i \approx 0$ or neg. $\Rightarrow$ sensitivity to lepton energies in energy Denominators

$\Rightarrow$ SSD and HSD offer different differential characteristics

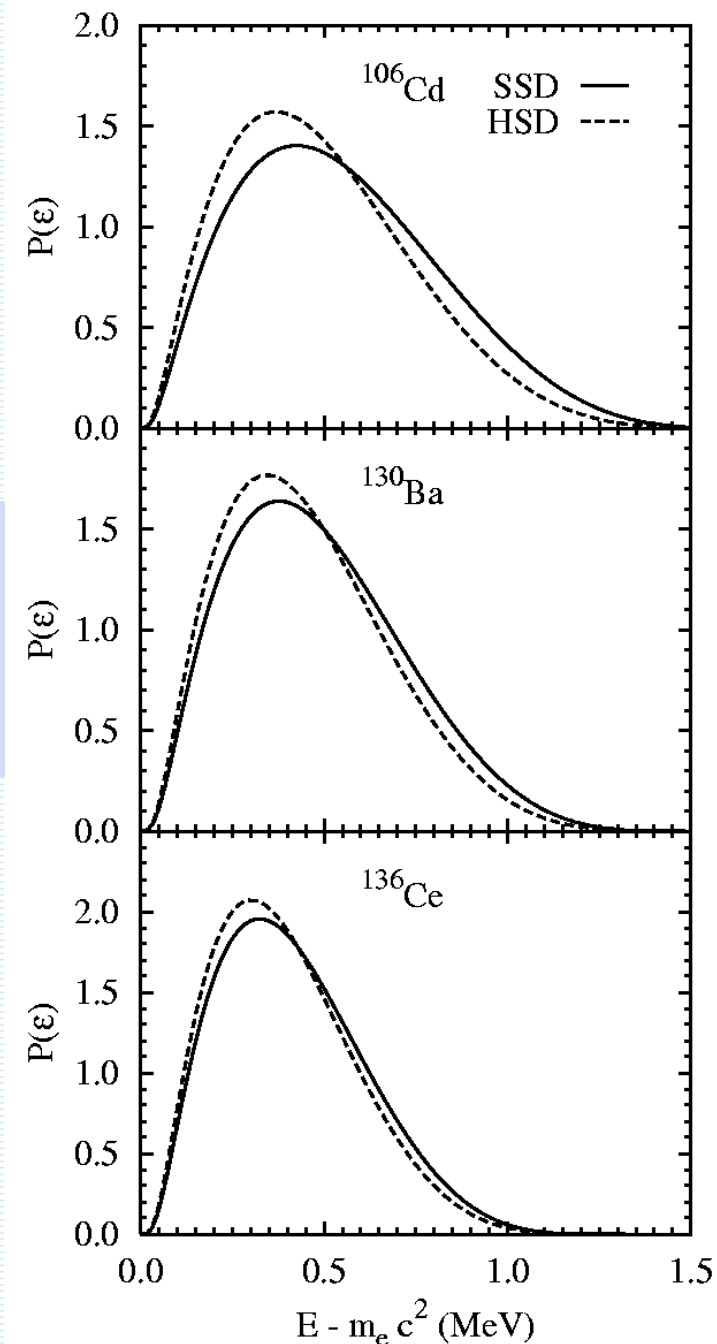
F.Š., Šmotlák, Semenov
J. Phys. G, 27, 2233, 2001

$2\nu\beta^-\beta$ -decay

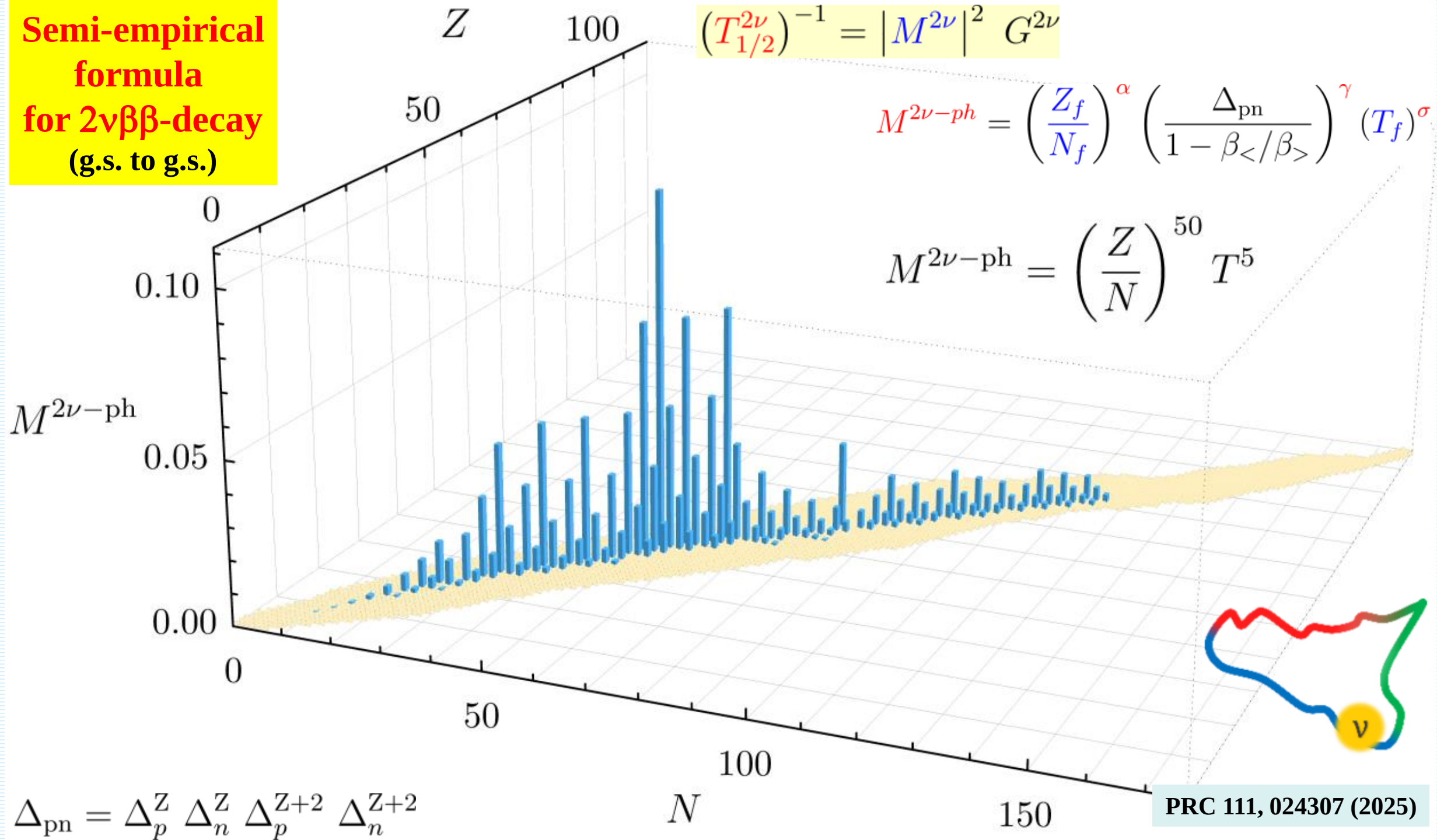


Do not depend on $M^i M^f$

$2\nu\text{EC}/\beta^+$ -decay



**Semi-empirical
formula
for $2\nu\beta\beta$ -decay
(g.s. to g.s.)**



$$\chi^2 = \sum_{i=1}^N \frac{(O_i - P_i)^2}{\sigma_i^2}$$

There is no reliable
calculation of the $2\nu\beta\beta$ -decay NMEs yet

PRC 111, 024307 (2025)

Nucleus	$M^{2\nu-\text{th}}$										$M^{2\nu-\text{exp}}$	$M^{2\nu-\text{ph}}$	
	QRPA	QRPA	IBM	IBM	IBM	NSM	NSM	PHFB	FSQP	ET		SEF	SSD
Fitted													
^{48}Ca	–	0.016	0.069	0.024	0.045	–	0.039	–	–	–	0.0314 ± 0.0030	0.022	–
^{76}Ge	–	0.063	0.083	0.018	0.085	–	0.097	–	0.083	0.085	0.0987 ± 0.0010	0.105	–
^{82}Se	–	0.058	0.072	0.024	0.063	0.099	0.105	–	0.103	0.156	0.0828 ± 0.0005	0.081	–
^{96}Zr	–	0.133	0.058	0.054	0.034	–	–	0.092	0.072	–	0.0770 ± 0.0040	0.063	–
^{100}Mo	0.105	0.251	0.197	0.157	0.045	–	–	0.164	0.154	0.179	0.2019 ± 0.0016	0.199	0.174
^{116}Cd	0.112	0.049	0.089	0.069	0.031	–	–	–	0.088	0.137	0.1142 ± 0.0027	0.120	0.148
^{130}Te	0.057	0.053	0.035	0.010	0.038	0.027	0.036	0.059	0.027	0.034	0.0265 ± 0.0003	0.028	–
^{136}Xe	0.036	0.030	0.056	0.022	0.032	0.024	0.021	–	–	–	0.0174 ± 0.0002	0.016	–
^{150}Nd	–	–	0.077	0.054	0.017	0.069	–	0.048	–	–	0.0527 ± 0.0019	0.032	0.023
^{238}U	–	–	–	–	0.023	–	–	–	–	–	0.0550 ± 0.0110	0.026	–
χ^2/N	5170	2100	2845	2828	1773	470	686	3442	480	4774	–	30	233
Predicted													
^{110}Pd	0.167	–	–	0.022	0.041	–	–	–	0.233	0.211	< 2.61	0.147	–
^{124}Sn	0.023	–	–	–	0.034	0.037	–	–	–	–	–	0.029	–
^{128}Te	0.051	0.063	0.022	0.018	0.044	0.013	0.049	0.058	0.030	0.050	0.0366 ± 0.0007	0.047	0.015
^{134}Xe	0.063	–	–	–	–	–	–	–	–	–	< 1.25	0.033	–

Improved description of the $0\nu\beta\beta$ -decay rate (a way to fix g_A^{eff})

PRC 97, 034315 (2018)

Both $2\nu\beta\beta$ and $0\nu\beta\beta$ operators connect the same states.
Both change two neutrons into two protons.
Explaining $2\nu\beta\beta$ -decay is necessary but not sufficient

Taylor expansion

$$\frac{\epsilon_{K,L}}{E_n - (E_i + E_f)/2}$$

We get

$$\epsilon_{K,L} \in \left(-\frac{Q}{2}, \frac{Q}{2}\right)$$

$$M_{GT}^{K,L} = m_e \sum_n M_n \frac{E_n - (E_i + E_f)/2}{[E_n - (E_i + E_f)/2]^2 - \epsilon_{K,L}^2}$$

$$\epsilon_K = (E_{e2} + E_{\nu2} - E_{e1} - E_{\nu1})/2$$

$$\epsilon_L = (E_{e1} + E_{\nu2} - E_{e2} - E_{\nu1})/2$$

$$\begin{aligned} [T_{1/2}^{2\nu}]^{-1} \simeq & (g_A^{\text{eff}})^4 |M_{GT-1}|^2 [G_0^{2\nu} + \xi_{31} G_2^{2\nu} \\ & + (\xi_{31})^2 G_{22}^{2\nu} + \left(\frac{1}{3}(\xi_{31})^2 + \xi_{51}\right) G_4^{2\nu} \\ & + \frac{1}{3}\xi_{31}\xi_{51} G_{42}^{2\nu} + \frac{2}{3}\xi_{31}\xi_{51} G_6^{2\nu}] \end{aligned}$$

$$\xi_{31} = \frac{M_{GT-3}^{2\nu}}{M_{GT-1}^{2\nu}}$$

$$\xi_{51} = \frac{M_{GT-5}^{2\nu}}{M_{GT-1}^{2\nu}}$$

$$\begin{aligned} M_{GT-1}^{2\nu} &= \sum_n M_n(0^+) \frac{m_e}{E_n(1^+) - (E_i + E_f)/2} \\ M_{GT-3}^{2\nu} &= \sum_n M_n(0^+) \frac{4 m_e^3}{(E_n(1^+) - (E_i + E_f)/2)^3} \\ M_{GT-5}^{2\nu} &= \sum_n M_n(0^+) \frac{16 m_e^5}{(E_n(1^+) - (E_i + E_f)/2)^5} \end{aligned}$$

The g_A^{eff} can be determined with measured half-life and ratio of NMEs and calculated NME dominated by transitions through low lying states of the intermediate nucleus (ISM)

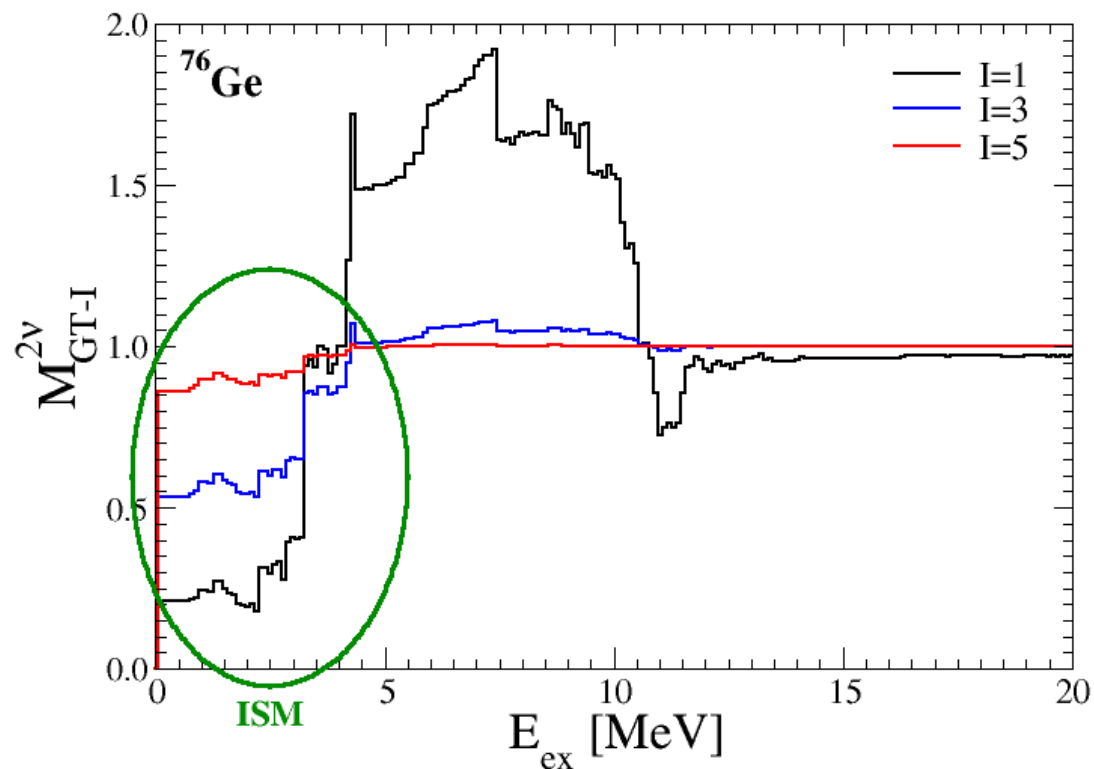
The running sum of the $2\nu\beta\beta$ -decay NMEs (QRPA)

$$M_{GT-1}^{2\nu} = \sum_n M_n \frac{1}{(E_n - (E_i + E_f)/2)}$$

$$M_{GT-3}^{2\nu} = \sum_n M_n \frac{4 m_e^3}{(E_n - (E_i + E_f)/2)^3}$$

$$\xi_{13}^{2\nu} = \frac{M_{GT-3}^{2\nu}}{M_{GT-1}^{2\nu}}$$

$$\xi_{15}^{2\nu} = \frac{M_{GT-5}^{2\nu}}{M_{GT-1}^{2\nu}}$$

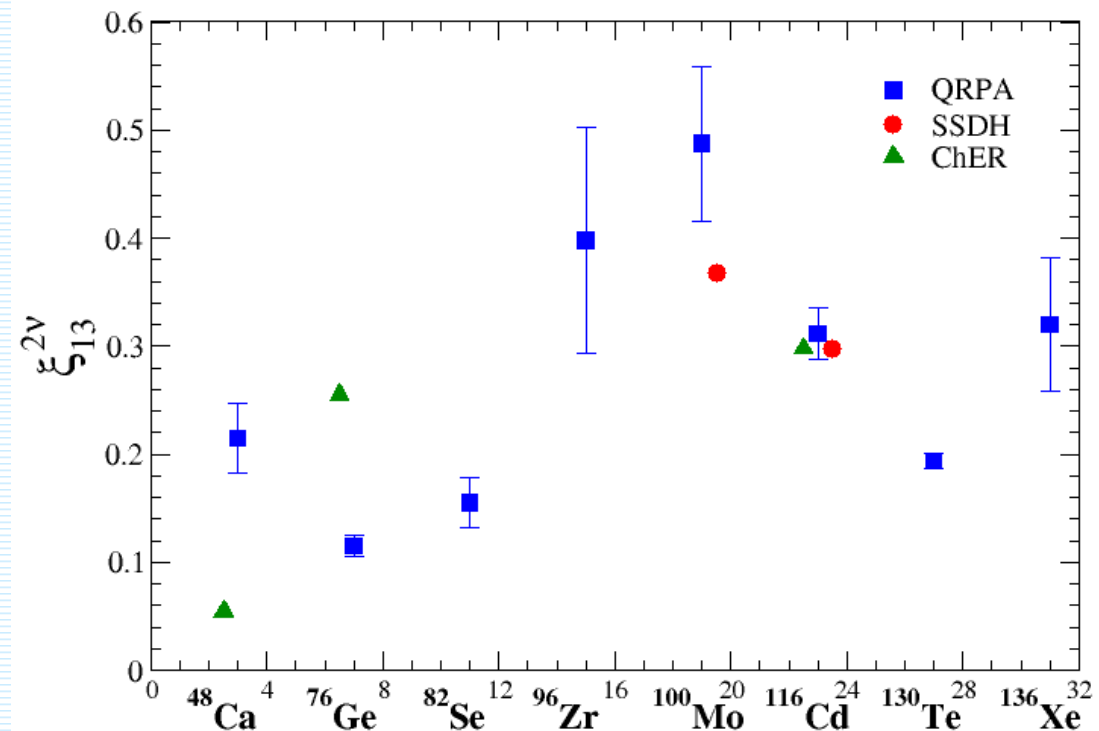


ξ_{13} tell us about importance of higher lying states of int. nucl.

HSD: $\xi_{13} \approx 0$

$\xi_{13} \approx 1$ (large)

Possible because of a large cancellation of contributions through lower and higher-lying states of $(A, Z+1)$ nucleus



ξ_{13} can be determined phenomenologically from the shape of energy distributions of emitted electrons

F.Š., Šmotlák, Semenov, J. Phys. G, 27, 2233, 2001

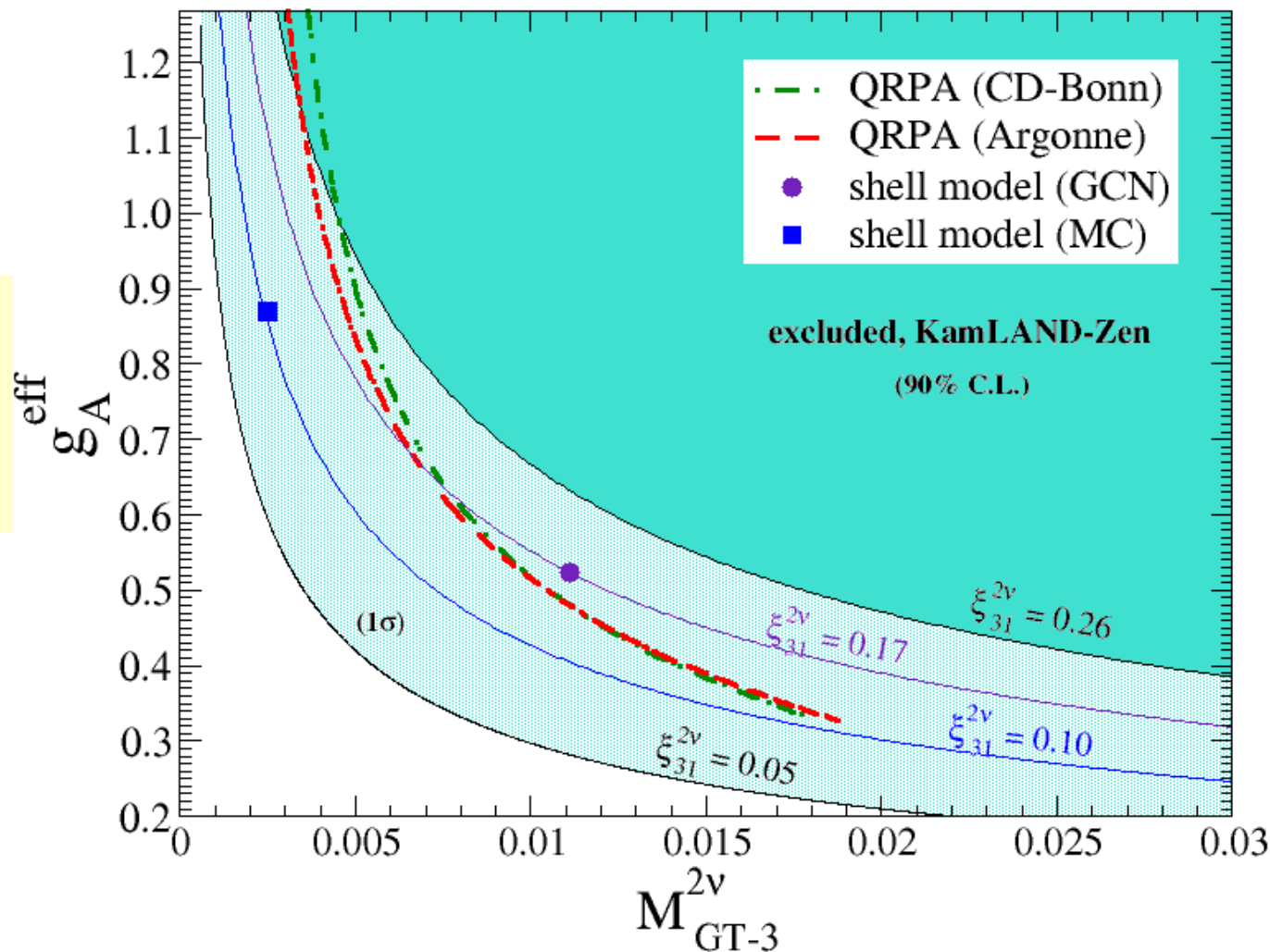
KamLAND-Zen Exp. : $\xi_{13} < 0.26$ (^{136}Xe)

ξ_{13} can be determined phenomenologically from the shape of energy distributions of emitted electrons

The g_A^{eff} can be determined with measured half-life, ratio of NMEs ξ_{31} and calculated NME, dominated by transitions through low lying states of the intermediate nucleus.

$$\left(g_A^{\text{eff}}\right)^2 = \frac{1}{\left|M_{GT-3}^{2\nu}\right|} \frac{\left|\xi_{13}^{2\nu}\right|}{\sqrt{T_{1/2}^{2\nu-\text{exp}} \left(G_0^{2\nu} + \xi_{13}^{2\nu} G_2^{2\nu}\right)}}$$

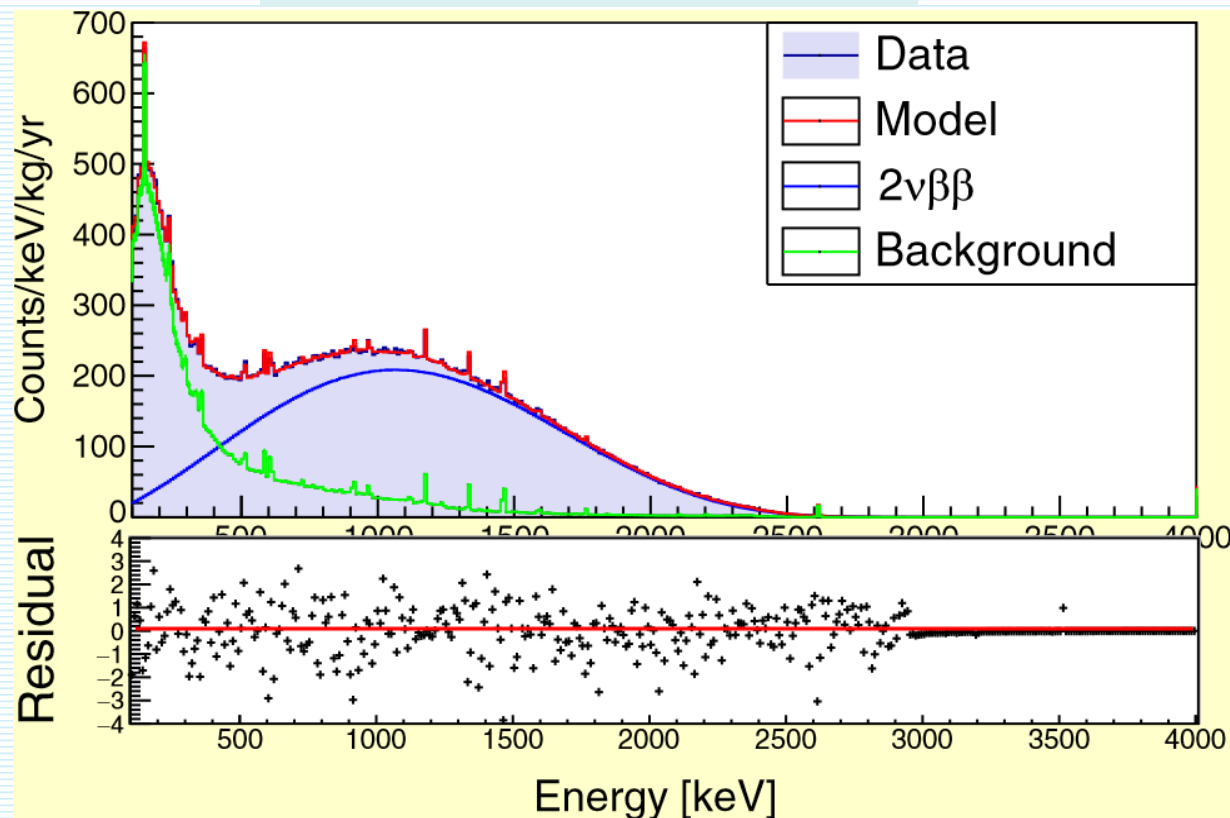
M_{GT-3} have to be calculated by nuclear theory - ISM



KamLAND-Zen Coll. (+J. Menendez, F.Š.),
Phys.Rev.Lett. 122, 192501 (2019)

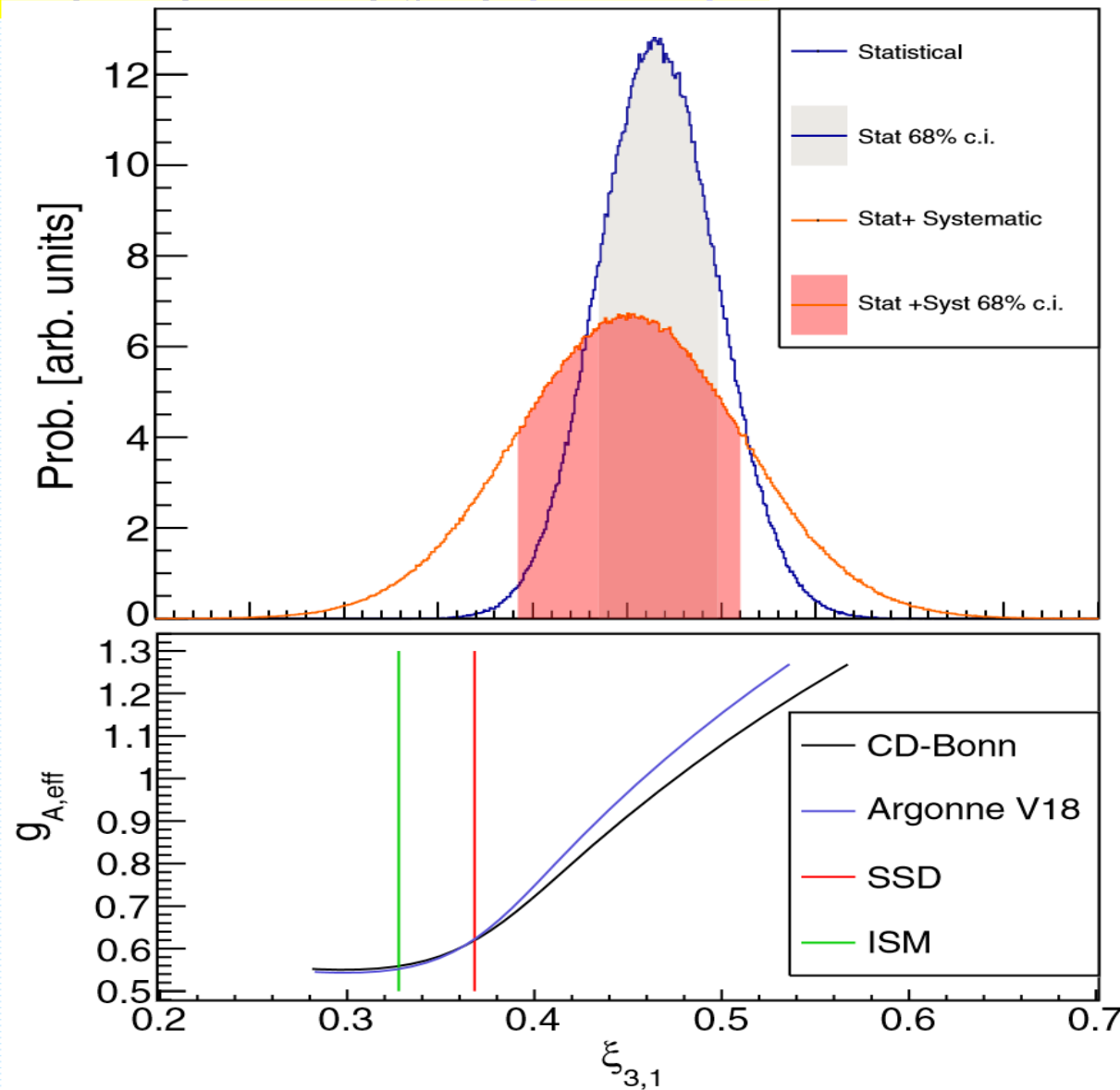
CUPID-Mo Exp. : $\xi_{13}=0.45\pm0.03$ (stat) ±0.05 (syst) (^{100}Mo)

Phys.Rev.Lett. 131, 162501 (2023)



$$T_{1/2} = [7.07 \pm 0.02(\text{stat}) \pm 0.11(\text{syst})] \times 10^{18} \text{ yr}$$

$$\xi_{51}/\xi_{31} = 0.364\text{--}0.368 \text{ (QRPA)}, 0.367 \text{ (SSD)}, 0.349 \text{ (ISM)}$$



6/18/2025

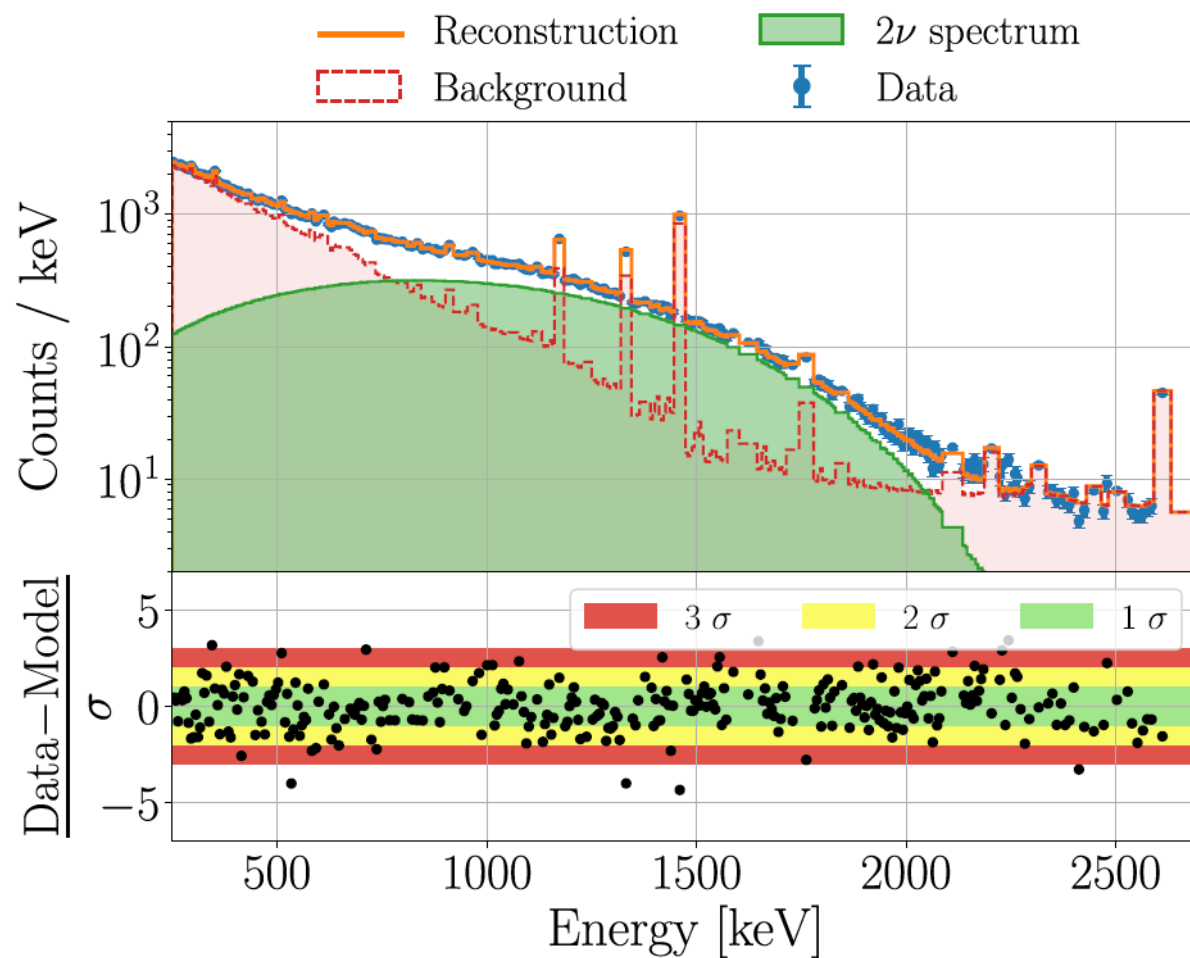
$$g_A^{\text{eff}} \text{ (pnQRPA)} = 1.0 \pm 0.1(\text{stat}) \pm 0.2(\text{syst})$$

$$g_A^{\text{eff}} \text{ (ISM)} = 1.11 \pm 0.03(\text{stat}) \pm 0.05(\text{syst})$$

CUORE Exp. (^{130}Te)

arXiv: 2503.24137 [nucl-ex]

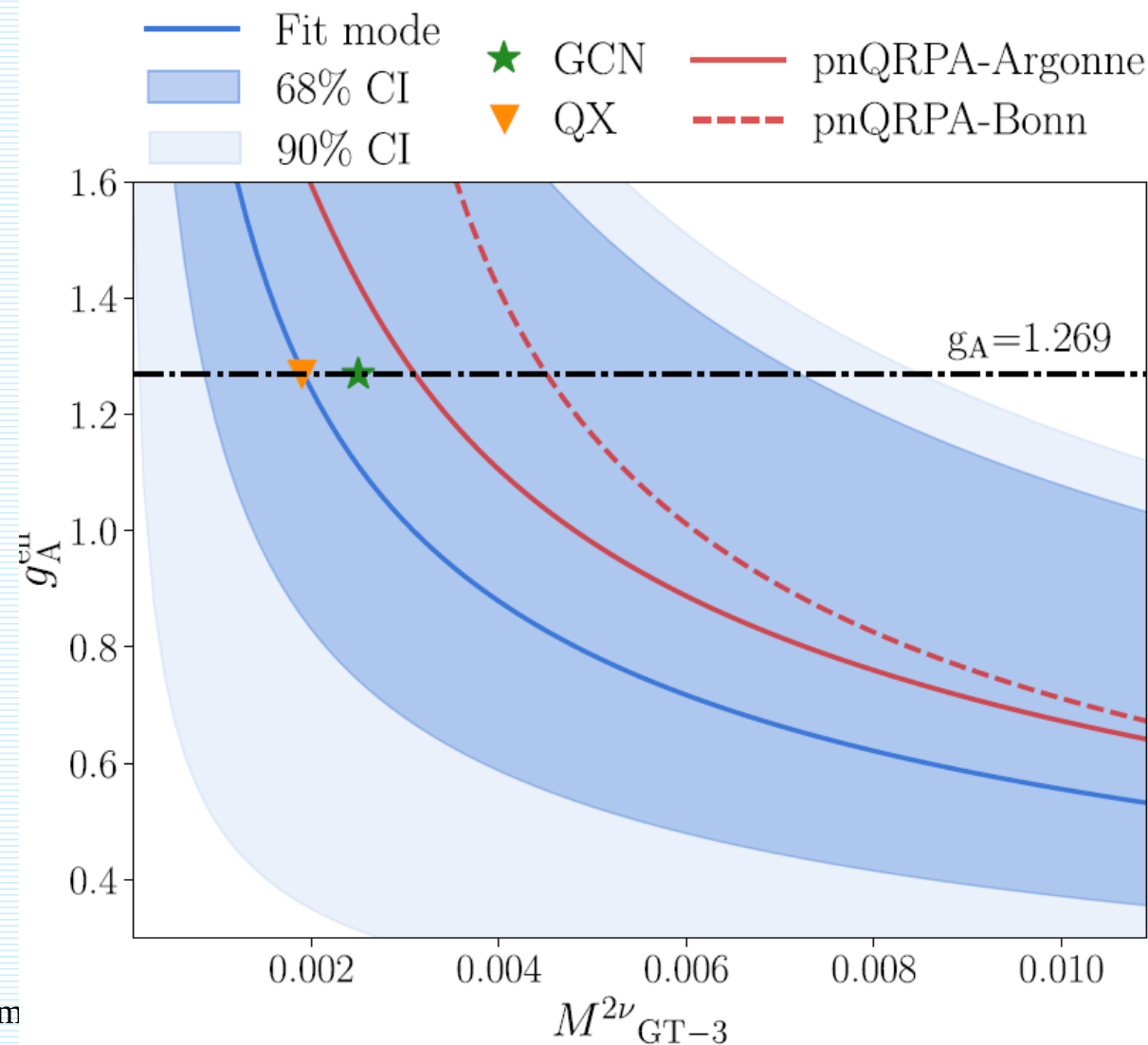
$$T_{1/2}^{2\nu} = (9.32_{-0.04}^{+0.05}\text{stat.} +_{-0.07}^{+0.07}\text{syst.}) \times 10^{20} \text{ yr}$$



$$\xi_{31} = 0.01_{-0.01}^{+0.31}$$

$$\xi_{51} = 1.46_{-0.62}^{+0.33}$$

It does not make sense(!?)
We are confused ...



The role of the width of the states of the intermediate nucleus
 $(E_n \rightarrow E_n + i \Gamma_n/2)$

$$\left[T_{1/2}^{2\nu\beta\beta} \right]^{-1} = (g_A^{\text{eff}})^4 |M_{GT}^{R1}|^2 \left[(1 + \xi_{IR11}^2) G_0^{2\nu} + (\xi_{RR31} + \xi_{IR11}\xi_{IR31}) G_2^{2\nu} + \frac{1}{3} (\xi_{IR31}^2 + \xi_{RR31}^2) (G_{22}^{2\nu} + G_4^{2\nu}) \right]$$

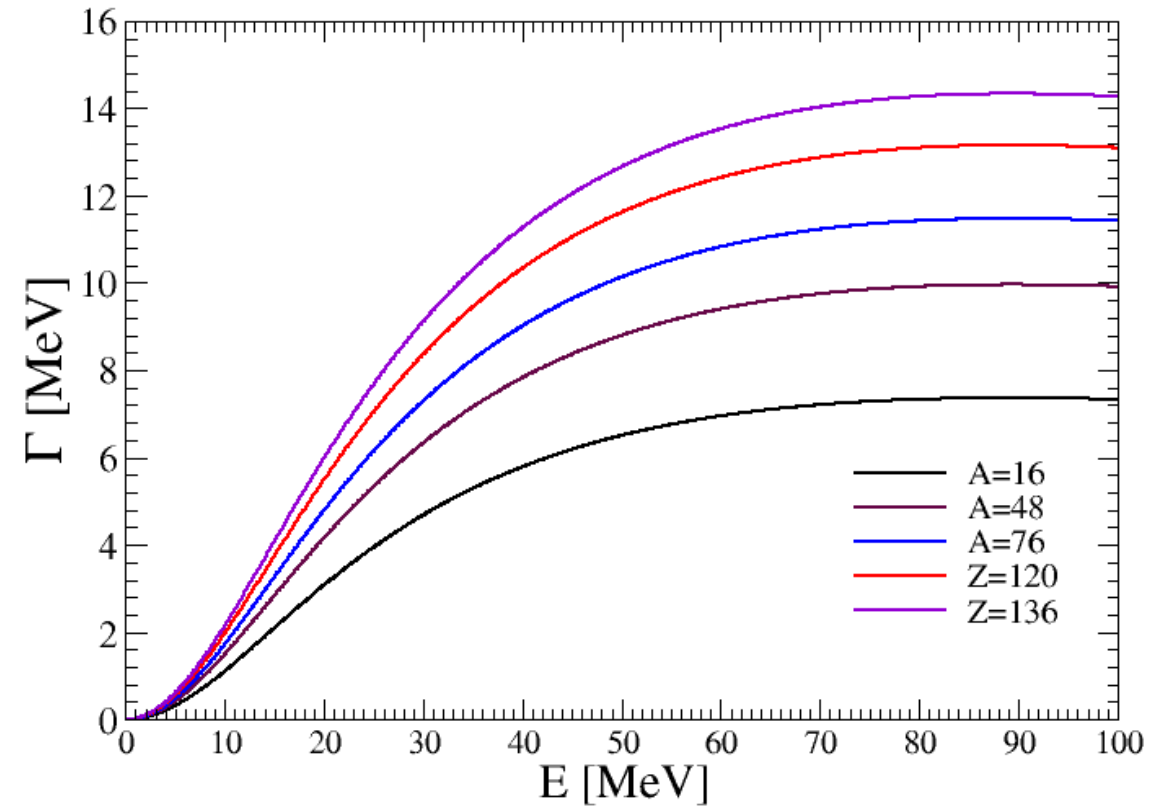
$$\xi_{RR31} = \frac{M_{GT}^{R3}}{M_{GT}^{R1}} \quad \xi_{IR11} = \frac{M_{GT}^{I1}}{M_{GT}^{R1}} \quad \xi_{IR31} = \frac{M_{GT}^{I3}}{M_{GT}^{R1}}$$

$$M_{GT}^{R1} = m_e \sum_n \frac{M_n D_n}{(D_n^2 + \Gamma_n^2/4)}$$

$$M_{GT}^{R3} = 4m_e^3 \sum_n \frac{M_n D_n (D_n^2 - 3\Gamma_n^2/4)}{(D_n^2 + \Gamma_n^2/4)^3}$$

$$M_{GT}^{I1} = m_e \sum_n \frac{M_n \Gamma_n/2}{(D_n^2 + \Gamma_n^2/4)}$$

$$M_{GT}^{I3} = 4m_e^3 \sum_n \frac{M_n \Gamma_n/2 (3D_n^2 - \Gamma_n^2/4)}{(D_n^2 + \Gamma_n^2/4)^3}$$



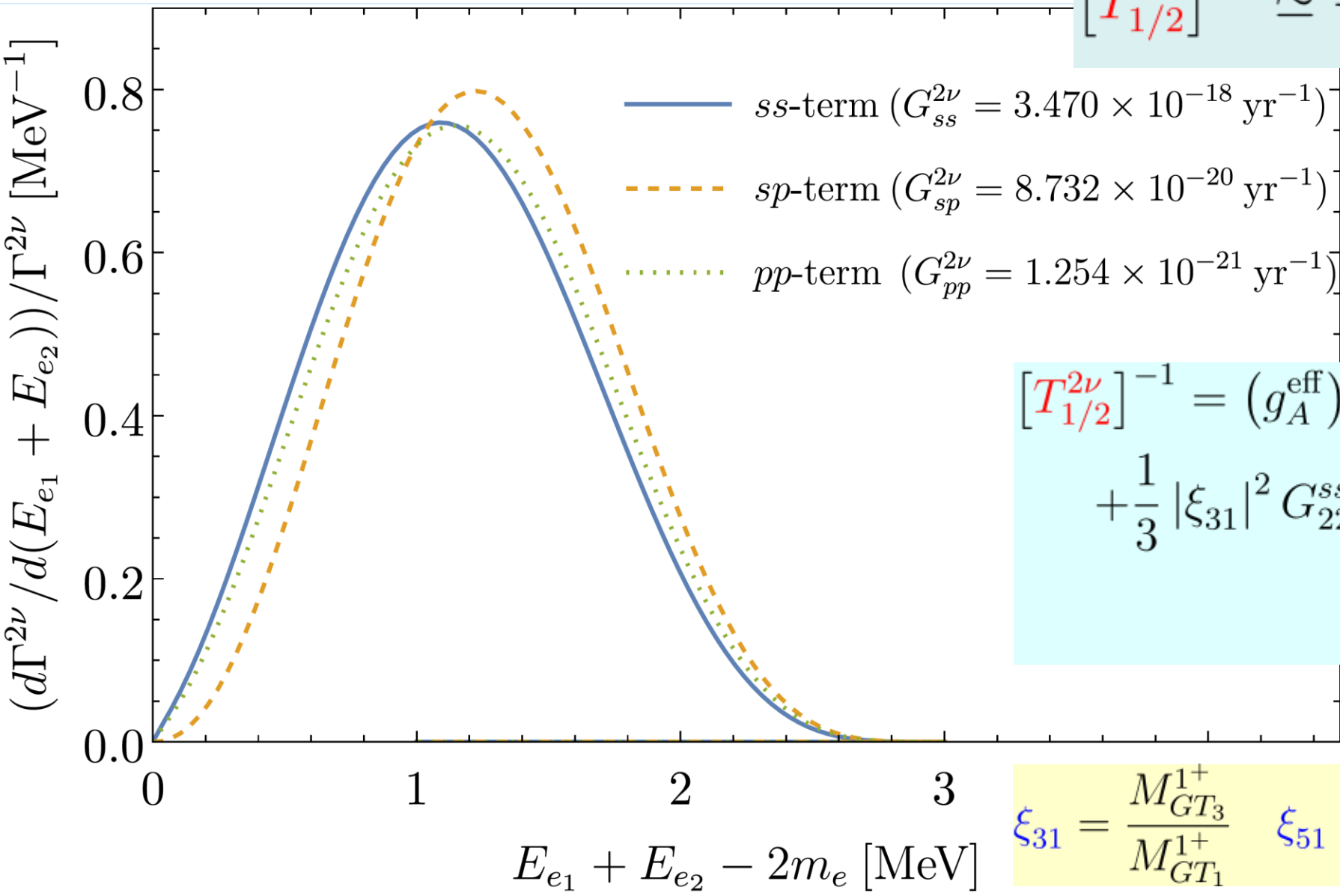
$$D_n = E_n - (E_i + E_f)/2$$

Fedor S. **We found that ξ_{IR11} and ξ_{IR31} are negligibly small**

Effect of the electron $p_{1/2}$ -wave state in $2\nu\beta\beta$ -decay (preliminary)

$$A^{2\nu} = A^{ss} + A^{p_{1/2}p_{1/2}} + \dots$$

$$[T_{1/2}^{2\nu}]^{-1} \simeq \frac{\Gamma_0^{ss} + \Gamma_2^{ss} + \Gamma_4^{ss} + \Gamma_0^{sp_{1/2}}}{\ln(2)}$$



$$[T_{1/2}^{2\nu}]^{-1} = (g_A^{\text{eff}})^4 |M_{GT_1}^{ss}|^2 (G_0^{ss} + \Re\{\xi_{31}\} G_2^{ss} + \frac{1}{3} |\xi_{31}|^2 G_{22}^{ss} + \left(\frac{1}{3} |\xi_{31}|^2 + \Re\{\xi_{51}\}\right) G_4^{ss} + G_0^{sp_{1/2}} \xi_{p_{1/2}s})$$

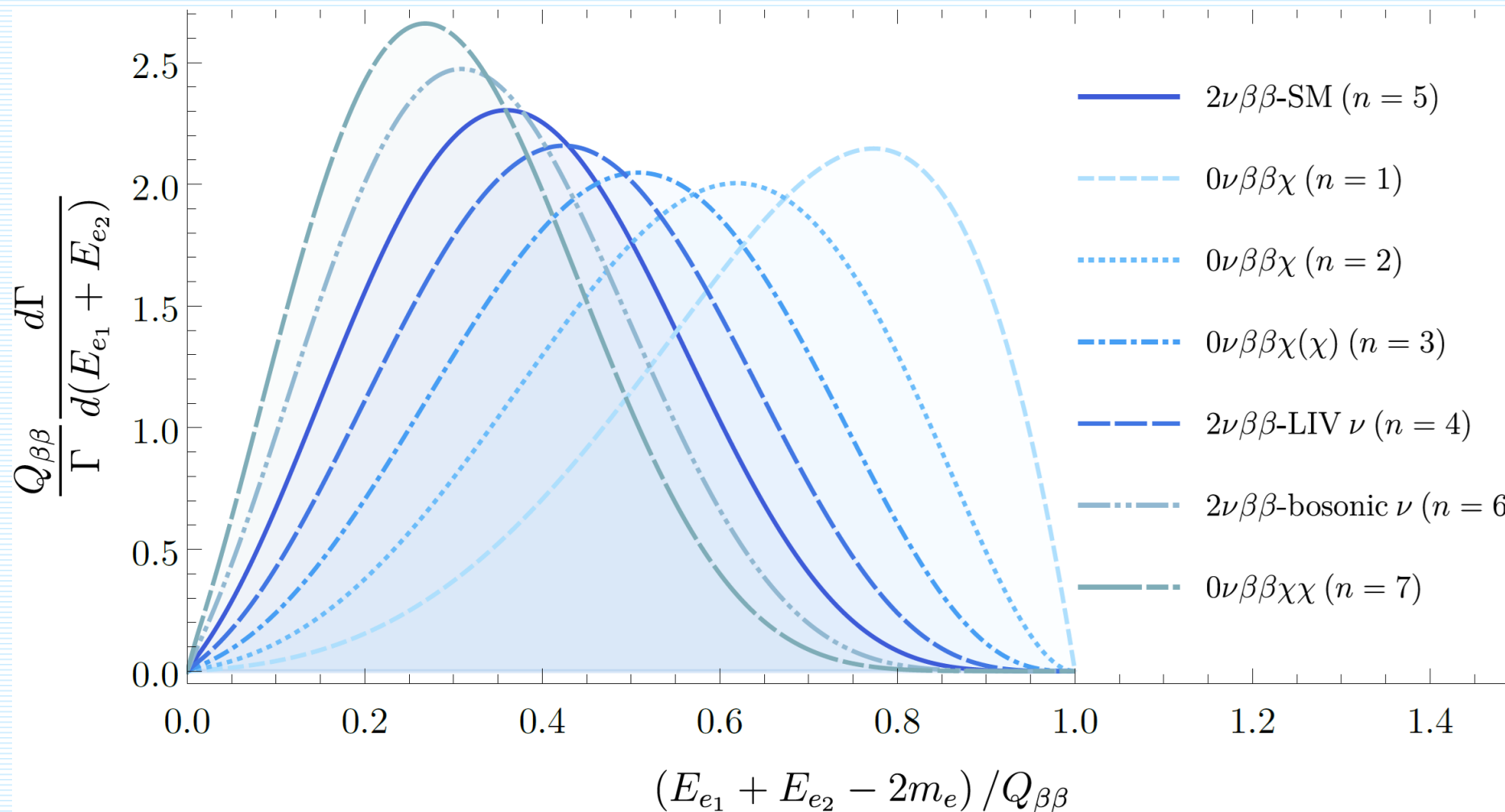
$$\xi_{31} = \frac{M_{GT_3}^{1+}}{M_{GT_1}^{1+}} \quad \xi_{51} = \frac{M_{GT_5}^{1+}}{M_{GT_1}^{1+}} \quad \xi_{p_{1/2}s} = \frac{M^{0-} + M^{1-}}{M_{GT_1}^{1+}}$$

2νββ probes **New Beyond SM Physics**

All 100 kg- and ton-class 0νββ experiments can also study a diverse range of **exotic phenomena**, e.g. through **spectral distortion** in 2νββ. Future searches will probe the 2νββ with **high statistics** about **10⁵-10⁶ events**.

Common subjects:
Majoron(s) emission
(partly)bosonic neutrinos,
Lorentz invariance
violation

Recent subjects:
Lepton-number conserving
right-handed currents
(PRL 125 (2020) 17, 171801)
Neutrino self-interactions
(PRD 102 (2020) 5, 051701)
Sterile neutrino and light
fermion searches through
energy end point
(PRD 103 (2021) 5, 055019;
PLB 815 (2021) 136127)



$$\frac{d\Gamma}{d\varepsilon_1 d\varepsilon_2} = C (Q - \varepsilon_1 - \varepsilon_2)^n \left[p_1 \varepsilon_1 F(\varepsilon_1) \right] \left[p_2 \varepsilon_2 F(\varepsilon_2) \right]$$

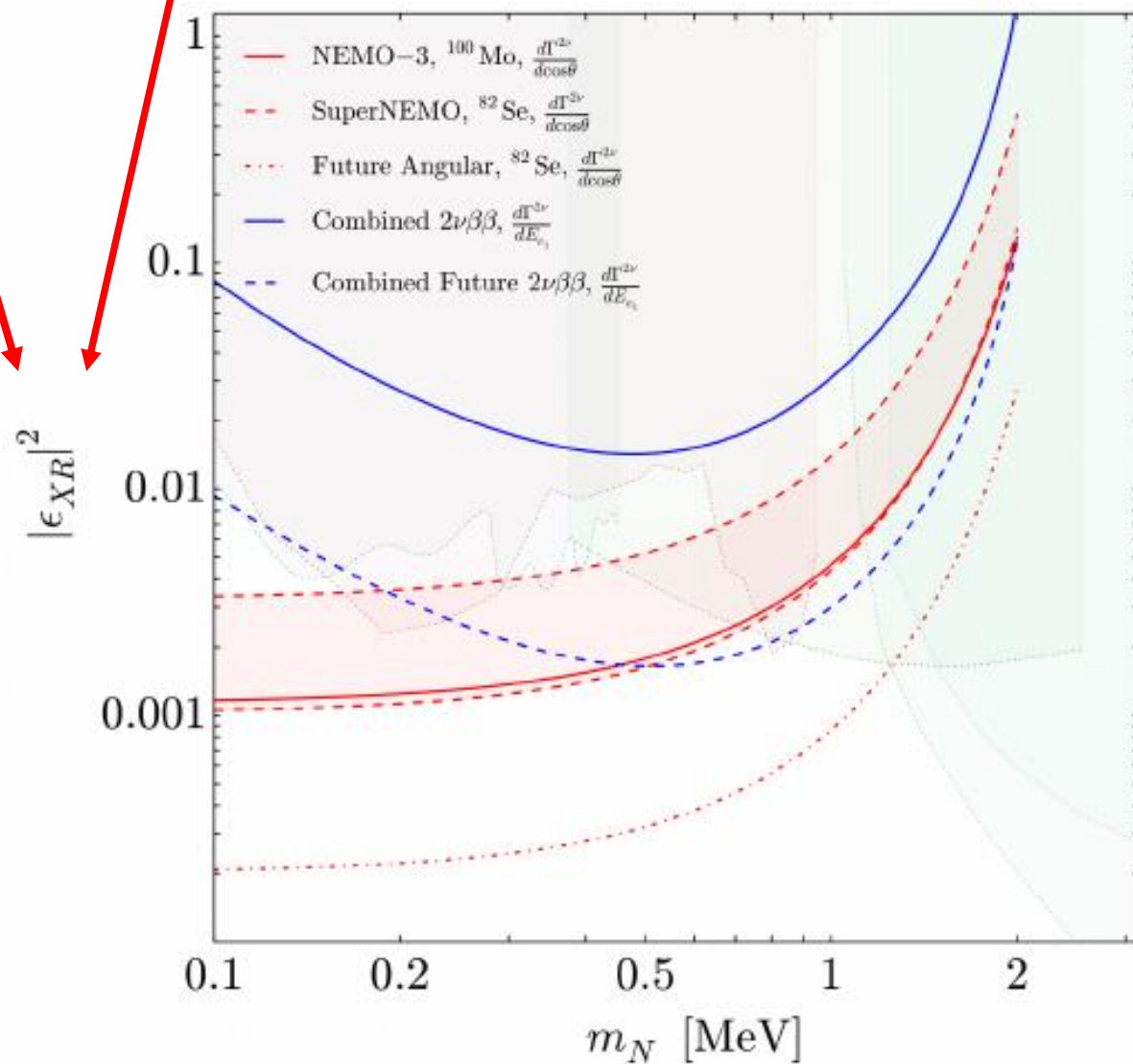
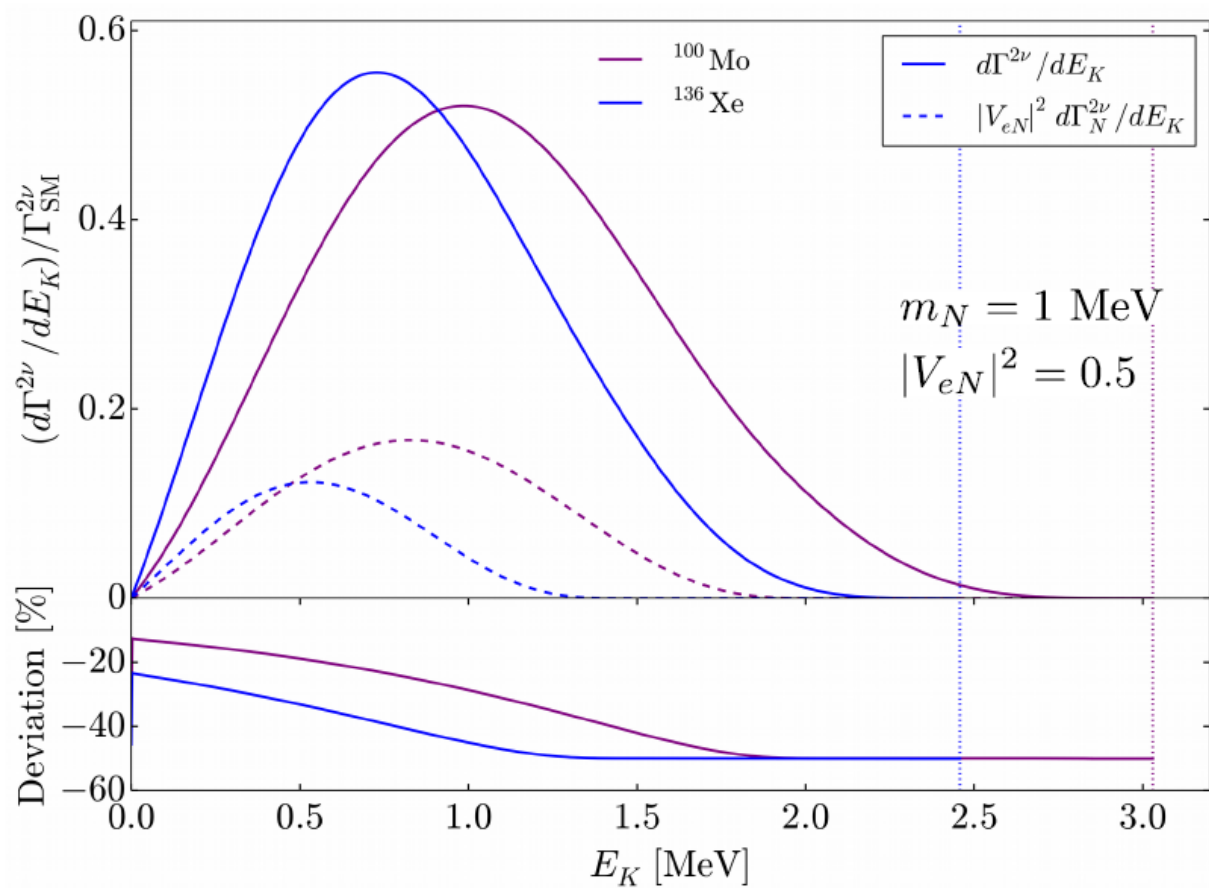
Spectral index n

$$\mathcal{L} = \frac{G_F \cos \theta_C}{\sqrt{2}} \left[(1 + \delta_{\text{SM}}) j_L^\mu J_{L\mu} + V_{eN} j_L^{N\mu} J_{L\mu} + \epsilon_{LR} j_R^{N\mu} J_{L\mu} + \epsilon_{RR} j_R^{N\mu} J_{R\mu} \right] + \text{h.c.}$$

**Exotic $2\nu\beta\beta$
Sterile Neutrino
(or HNL)**

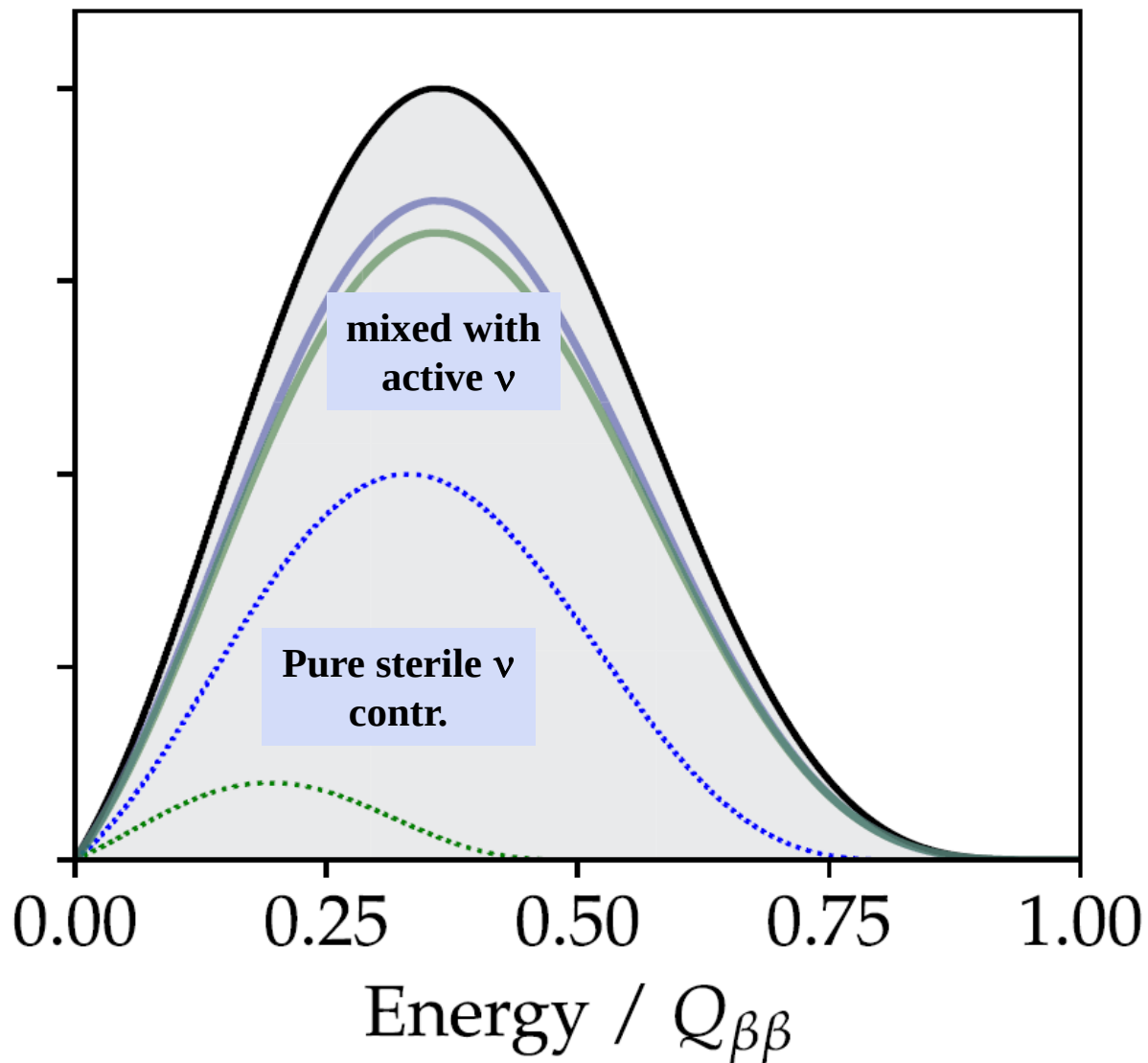
Consider either mixing of **sterile ν** with **active ν** ,
or right-handed currents

Phys.Rev.D 103 (2021) 055019

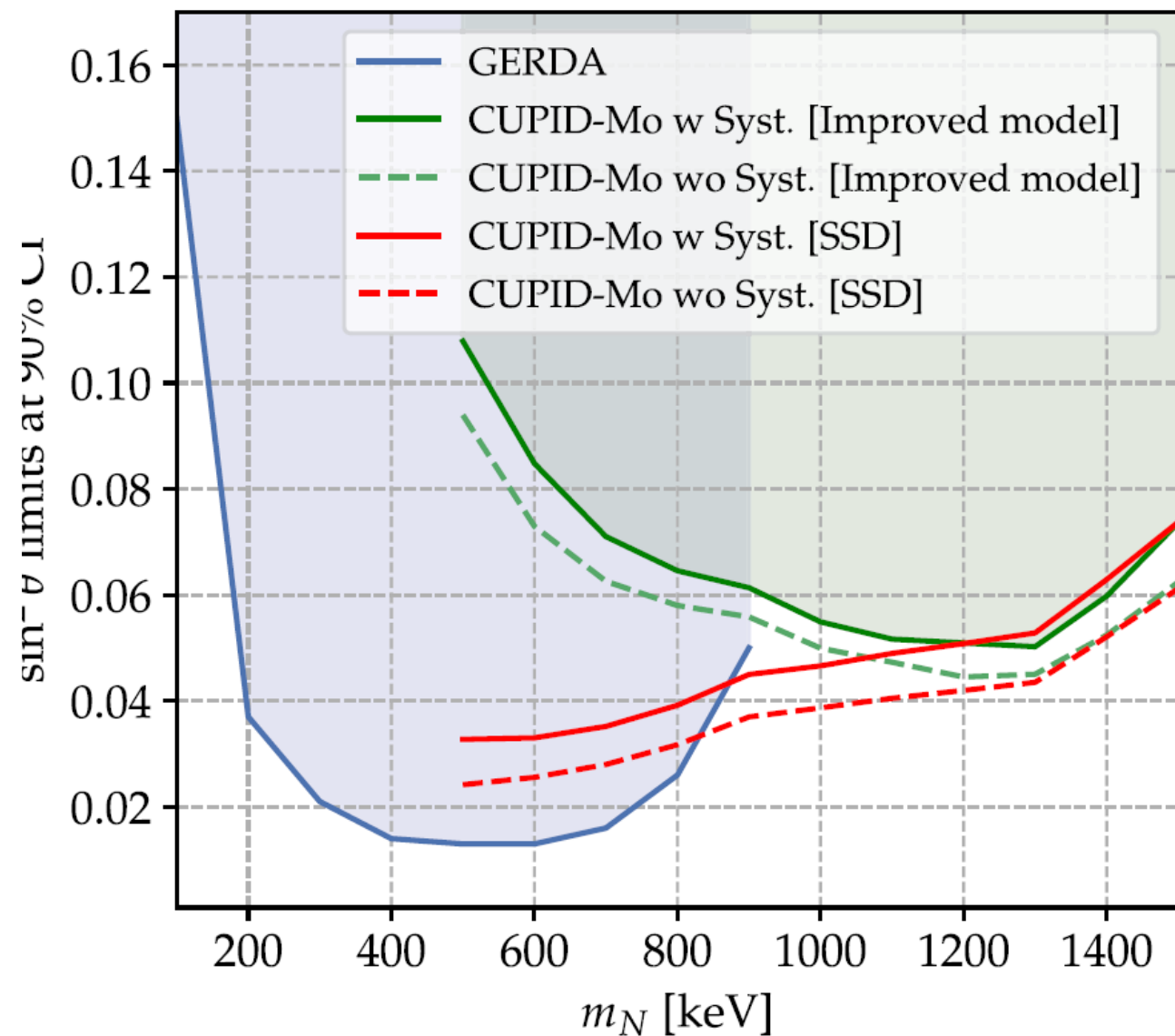


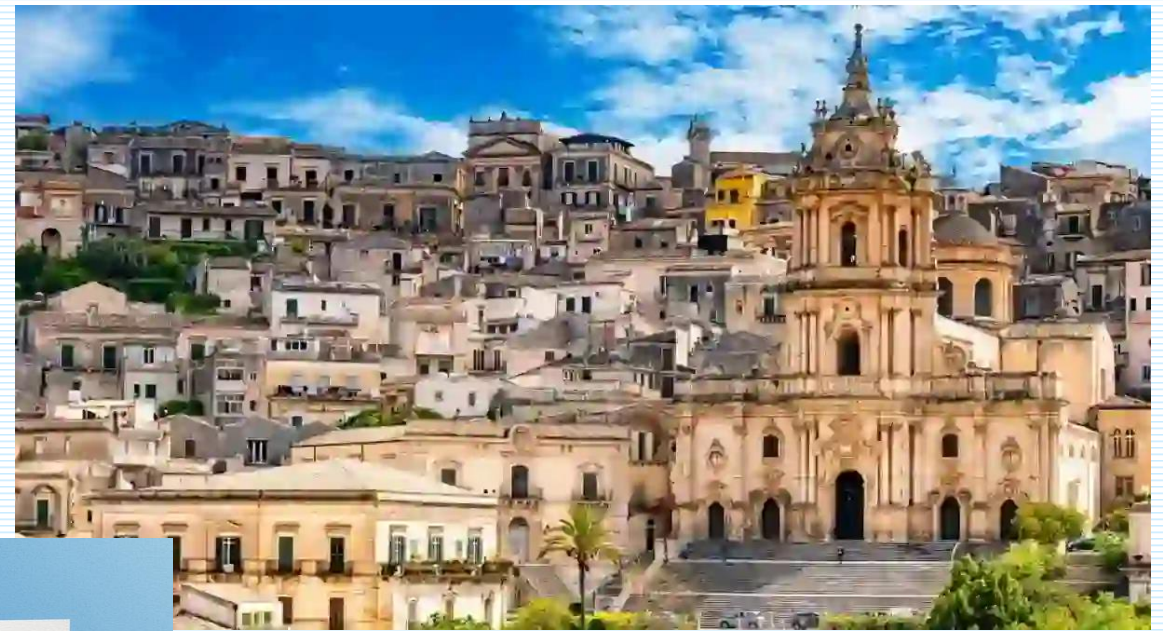
$2\nu\beta\beta$ probe – sterile neutrino search CUPID-Mo

Eur. Phys. J. C 84, 925 (2024)



$m_N = 0.5 \text{ MeV}$ and 1.5 MeV , $\sin^2\theta = 0.01$





THANK YOU!

A MOST INTERESTING
PROBLEM



Time flies when
you are having fun.

Albert Einstein

quotefancy

Fedor S