

Double Beta Decay in the Context of EMPM and STDA Methods

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MOTIVATION

- Double beta decay is a rare nuclear process where particle, nuclear, and atomic physics intersect.
- It provides a testing ground for the Standard Model through two-neutrino double beta decay $(2\nu\beta\beta)$.
- It also offers a pathway to physics beyond the Standard Model via neutrinoless double beta decay $(0\nu\beta\beta)$.
- This decay may uncover properties of the neutrino, one of the least understood particles.
- It presents a significant experimental challenge, being among the slowest known decay processes in nature.
- We focus our effort on the calculations of Nuclear Matrix Elements (NMEs).



THEORETICAL FRAMEWORK

Models Employed

- Mean-Field Approximation Hartree-Fock (HF) Wood-Saxon (WS)
- 1p–1h Excitations Tamm-Dancoff Approximation (TDA) Proton-Neutron TDA (pnTDA)
- 2p–2h Excitations
- Second Tamm-Dancoff Approximation (STDA) Equation of Motion Phonon Method (EMPM)

 $\psi(A,Z) \Longrightarrow \psi(A,Z+1) \Longrightarrow \psi(A,Z+2)$ $\downarrow \psi(A,Z)$ $\downarrow \psi(A,Z+2)$ $\downarrow \psi(A,Z+2)$

- Objective
- Accurate computation of Nuclear Matrix Elements (NMEs) for: Two-neutrino double beta decay $(2\nu\beta\beta)$ Neutrinoless double beta decay $(0\nu\beta\beta)$

Nuclear Matrix Element Results for ⁴⁸Ca

 ${}^{48}Ca \rightarrow {}^{48}Sc \rightarrow {}^{48}Ti$

$$(T_{\frac{1}{2}}^{2\nu})^{-1} = g_A^4 m_e^2 |M_{GT} - \frac{M_F}{g_A^2}|^2 G^{2\nu}$$

$$M_{F,GT}^{2\nu} = \sum_{n} \frac{\langle f || O_{F,GT} || J_n^+ \rangle \langle J_n^+ || O_{F,GT} || i \rangle}{E_n - (E_i + E_f)/2}$$

NME (total) =
$$g_A^2 m_e |M_{GT} - \frac{M_F}{g_A^2}|$$

$$q = \sqrt{\frac{M_F + \sqrt{\frac{1}{T_1^{2\nu} G^{2\nu} m_e^2}}}{g_A^2 M_{GT}}}$$

Implication: Theoretical NME values are too high — suggests **quenching (q) of gA** to ~0.46.

Summary & Outlook

- EMPM and STDA possibly offer consistent NME predictions but require CM correction, inclusion of 2p-2h configurations to calculation of ⁴⁸Sc.
- Potentially g_a quenching can be, to large extend, explained by EMPM or STDA if they are consistently used in calculations of ⁴⁸Sc and ⁴⁸Ti.

Next steps:

- Generalize to quasiparticle formalism (e.g., ⁷⁶Ge, ⁸²Se).
- Apply CM correction to STDA.
- Study effect of 2p-2h or more-p-h on NMEs.

Thank you