The SM lifetime is slightly shorter

or "Revising the full one-loop gauge prefactor in electroweak vacuum stability", soon to appear on PRL [arXiv: 2406.05180] with M. Nemevšek, Y. Shoji, K. Trailović & L. Ubaldi

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Quantum vacuum

- Quantum fields Φ oscillate wildly
- In the vacuum state they typically a can have $\langle \phi \rangle_{\rm VAC} = V$)
- However $\langle \Phi^2 \rangle_{\rm VAC} = \infty$

• In the vacuum state they typically average to zero, i.e. $\langle \Phi \rangle_{\rm VAC} = 0$ (scalars)

Quantum fluctuations

- very far from the average configuration
- Extremely <u>unlikely</u>
- Similar to thermal fluctuations



Summing field modes randomly, it is possible to reach configurations that are



10 ordered; C(15,6) = 5005 total

Vacuum decay

- Usually they last for a little time
- Are there conditions for them to be amplified macroscopically?
- Focus on the real world (as we know it)



Vacuum decay Conditions

- Look for constant field configurations whose energy density is smaller than zero (the energy density of the vacuum)
- If they exist, the vacuum is not the true vacuum
- It can decay by spontaneous formation of ``true vacuum`` bubbles
- Quantified by the rate of formation per unit volume $\gamma_{
 m bubble}$

Thermal analogy material with 1st order phase transition

Analogy with a thermal system in the `wrong` phase





 It `decays` by induced or spontaneous formation of ice crystals

SM vacuum **Stable or not?**

- The structure of our vacuum is governed by the Standard Model
- It has nonzero chiral (strong sector) and Higgs $\langle h \rangle = v$ condensates
- The condition $\langle h \rangle = v$ is obtained by minimising $V_{\text{eff}}(h_{\text{cl}})$
- Are there other local minima?

Higgs (effective) potential

- At the electroweak scale $V = \lambda (h^2)$
- For $h \gg v$ the EW v.e.v. can be neglected and $V = \lambda(h) h^4$
- COM energy $\approx h$
- If λ crosses zero at h^* , V becomes negative for $h > h^*$

$$(-v^2)^2$$

• $\lambda(h)$ can be understood as the coupling that governs $2 \rightarrow 2$ scattering at

Higgs (effective) potential Running of quartic λ

- $\lambda(h)$ is governed by β_{λ}
- Unlike all other couplings, β_{λ} does not need to be $\propto \lambda$
- Therefore λ can change sign in the SM



top Yukawa contribution at 1 loop



Higgs (effective) potential Running of quartic λ





We use the NNLO formulae for SM parameters at $\mu = M_t$ from **Buttazzo et al (2013)**, with updated input parameters

 $M_t = 172.57 \pm 0.29 \text{ GeV}$ $\alpha_3(M_Z) = 0.1180 \pm 0.0009$ $M_h = 125.20 \pm 0.11 \text{ GeV}$



From PDG 2024

Higgs (effective) potential









Decay rate Estimate

- Decay rate mainly governed by the minimum of $\lambda(h)$
- Tunnelling exponent given by $B = 8\pi^2/3\lambda_{\min}$

$$\gamma_{\text{bubble}} \approx h_{\text{min}}^4 e^{-B} \sim 10^{-900} T_U^{-4}$$

Decay would happen mostly by nucleation of bubbles $\overline{h}(r) =$



 $\lambda_{\rm min} \approx 0.01$

 $\frac{1 + (\frac{r}{R})^2}{R \approx h_{\min}^{-1}}$

Decay rate Towards a better precision

- Potential V(h) was extrapolated with RG equations at NNNLO precision
- However we only gave a rough estimate of the `prefactor`
- It can be obtained as a path integral over fluctuations about the most probable escape history, or Bounce, which is a saddle point of the action
- In a Gaussian approximation of the path integral, this is equivalent to account for one-loop effects
- Work in Euclidean signature...

Decay rate The `prefactor`

 $S(\bar{h} + \phi) = S(\bar{h})$

linear term absent as \overline{h} solves the equations of motion



S'' is a differential operator, e.g. for scalars
$$\Box + \lambda \bar{h}^2$$

 $(1 - \lambda \bar{h}^2) + \frac{1}{2} \phi S'' \phi + \dots$

$$S(\bar{h}) \equiv B$$

$$B \frac{B^2}{4\pi^2} \left(\frac{s \operatorname{Det}' S''}{s \operatorname{Det} S_0''} \right)^{-\frac{1}{2}}$$

comes from expanding the action about the false vacuum solution

Computing the prefactor

$$\gamma_{\text{bubble}} = e^{-B} \frac{k}{4}$$

- Determinant of a differential operator is given by the product of eigenvalues • On general grounds $[S'', J_{\mu\nu}]$ because of SO(4) invariance of S and $\overline{h}(\mathbf{x}, t)$
- S'' acts on scalars like h, spinors like the top, and gauge bosons Z_{μ} and W_{μ}^{\pm}
- To diagonalise S'', we need to understand SO(4) rep. theory of these fields



$\frac{B^2}{4\pi^2} \left(\frac{s\text{Det}'S''}{s\text{Det}\,S_0''}\right)^{-\frac{1}{2}}$

Spherically symmetric operators

- Similar (no, identical!) to the problem of diagonalising a hamiltonian for a point particle in a radial potential V(r)
- Basis of spherical harmonics Y_{Im} if the particle is a scalar, or spin-orbit effects can be neglected
- Different angular basis if the particle has spin $\frac{1}{2}$ and spin-orbit effects are important (Dirac equation)
- In general only total $J_{\mu
 u}$ and not $L_{\mu
 u}$ commute with the hamiltonian $(L^2 \heartsuit)$

Spherically symmetric operators

 $\begin{pmatrix} \left(\partial^2 + g^2 \overline{h}^2(r)\right) \delta_{\mu\nu} & 2g \hat{x}_{\mu} \overline{h}'(r) \\ 2g \hat{x}_{\nu} \overline{h}'(r) & \partial^2 + (g^2 + \lambda) \overline{h}^2(r) \end{pmatrix}$



Gauge bosons coupled to would-be-NGB ($\xi=1$ background gauge)



Reduction to radial differential operators

3 angles in 4 Euclidean dimensions



E.g. for scalars: $(\partial^2)_i$

$$= Y_{j\sigma}(\vartheta) \ \mathcal{O}_j(c(r))$$

Reduced radial operator depends only on j and not on polarisation σ

$$\equiv \partial_r^2 + \frac{3}{r}\partial_r - \frac{j(j+2)}{r^2}$$

Reduction to radial differential operators

 $\mathcal{O}(c(r)Y_{j\sigma}(\vartheta)) = Y_{j\sigma}(\vartheta) \mathcal{O}_{j}(c(r))$

True for any operator with the property $[\mathcal{O}, J_{\mu\nu}] = 0$ if one chooses the proper angular basis

Angular basis for all spins

- Focus on the angular part, i.e. consider fields on the three-sphere
- They transform under rotations as infinite dimensional representations

$$\phi_i(\theta) \to \rho_{ij}(R) \phi_j(R^{-1}\theta)$$

- Finite-dimensional rep. ρ depends on the `spin` of the field

Angular basis for all spins **Peter-Weyl theorem**

- Unitary representations of compact groups admit a decomposition into finite dimensional irreducible representations
- Spherical harmonics for scalars in 3 dimensions $\phi(\theta, \phi) = \sum c_{im} Y_{im}(\theta, \phi)$ j,m
- More abstractly

Vector space of scalar fields on the 2-sphere



spin 1/2

 $V_{\psi} \simeq \bigoplus_{j=0} \left(\mathbf{j} + \frac{1}{2} \right)$



Angular basis for all spins Peter-Weyl theorem for SO(4)

- Decompose S'' in (Euclidean) four-space with r=1
- Irreps. of SO(4) are labelled by two half-integers [SO(4) \simeq SO(3) \times SO(3)]

Vector space of scalar fields on the 3-sphere



Angular basis for all spins Construction

• Dirac spinors like the top are understood as the tensor product

$$V_{\text{Dirac}} \simeq \left[\left(\frac{1}{2}, 0 \right) \bigoplus \left(0, \frac{1}{2} \right) \right] \bigotimes V_{\phi}$$

• Similarly for gauge bosons, which are vector fields

$$V_{A_{\mu}} \simeq \left(\frac{1}{2}, \frac{1}{2}\right) \bigotimes V_{\phi}$$



Angular basis for all spins Construction



Easy to count number of independent polarisations \equiv dimension of SO(4) multiplet = (2j_A+1)(2j_B+1)







Transverse modes

- Number of independent transverse polarisations was wrong in previous work on the topic
- It enters in $\gamma_{\rm bubble}$ because of the prefactor

$$\det S'' = \prod_{\text{sectors}} \left[\prod_{\nu} \left(\det S_{\nu}'' \right)^{d_{\nu}} \right]$$



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Revising $\gamma_{\rm EW}$

- We recomputed $\gamma_{\rm EW}$ with updated SM parameters and revised d_{ν}^{T}
- No room for absolute stability within 3σ
- Gauge sector changes by 6%
- Main change in γ_{EW} comes from experimental side

 $\log_{10}(\gamma_{\rm EW}\,{\rm Gyr}\,{\rm Gpc}^3) = -871^{+35+175+209}_{-37-253-330}$ $m_{\rm Higgs} \qquad \uparrow \qquad m_{\rm top} \qquad \alpha_s$



+ 6 from corrected multiplicity





