

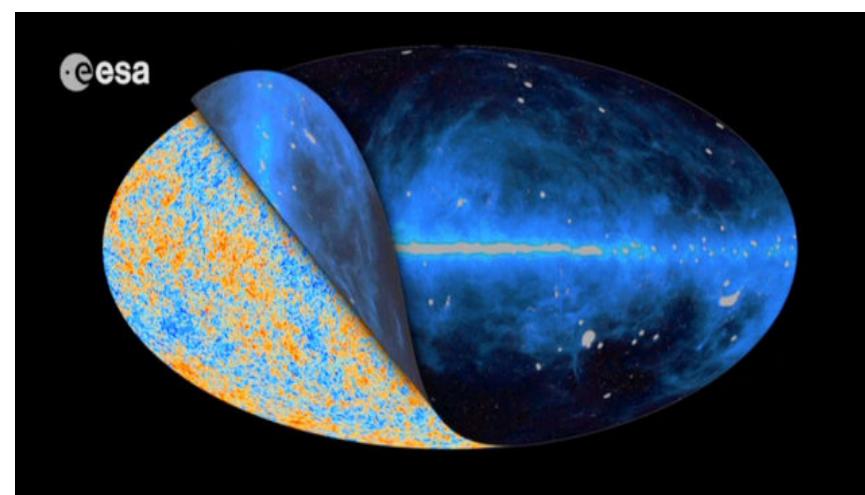
Cosmological and astrophysical probes of light dark matter

Francesca Calore (CNRS-LAPTh)

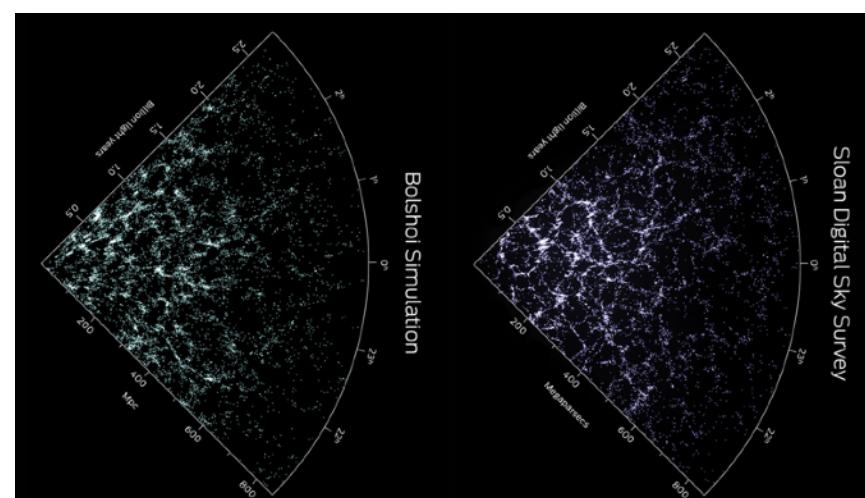


Dark matter in the universe

Cosmic microwave background



Large Scale Structures



Galaxy clusters

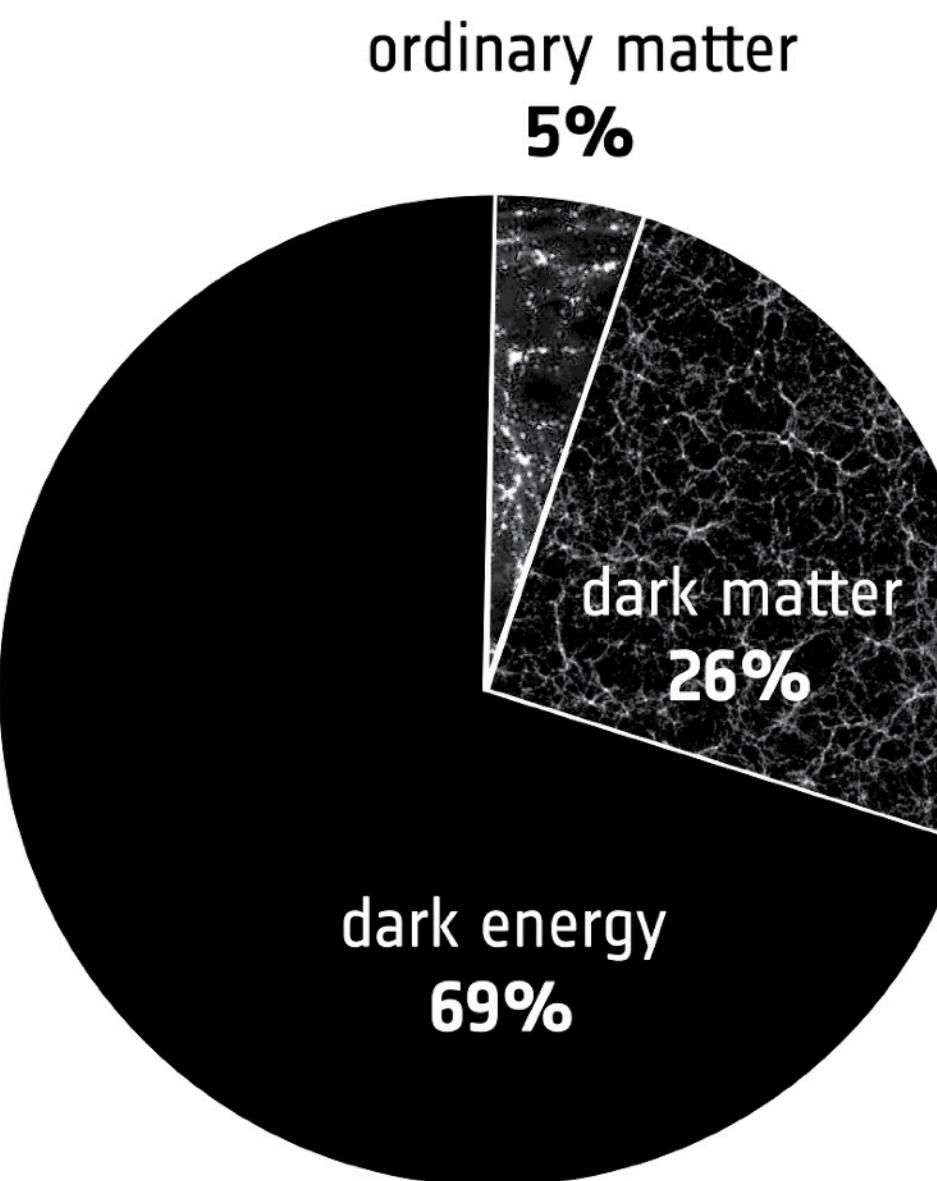


Galaxies



↑
~Gpc
~Mpc
~kpc
(10^{19} m)

Mounting evidence suggests that the majority of **pressure-less matter** in the universe is **not baryonic in nature**



Credit: ESA

Despite the dark matter gravitational impact being well measured, its **nature remains a mystery**

Dark matter in the universe

Dark matter must be

- Produced sufficiently non-relativistically, i.e. **cold**
- **Stable** or sufficiently **long-lived** *Audren+ JCAP'14; Poulin+ JCAP'16*
- Smoothly distributed at cosmological scales
- **Sufficiently heavy**, to behave “classically” in astrophysical systems *Tremaine & Gunn PRL 1979*
- Dark and **dissipationless**, i.e. weak e.m. interactions *Wilkinson+ JCAP'14*
- Not very much interacting with other particles, i.e. not very **collisional** *Kaplinghat+ PRL'16*

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Open questions

- Is there cosmic evidence to go beyond the cold and *collisionless paradigm*?
- How is dark matter *produced* in the early universe, and how does this connect to late universe observables?
- Is dark matter a particle and fundamentally *wave-like* or *particle-like*?
- Is there a *dark sector* containing other new particles and/or forces? Does dark matter have important *self-interactions*?

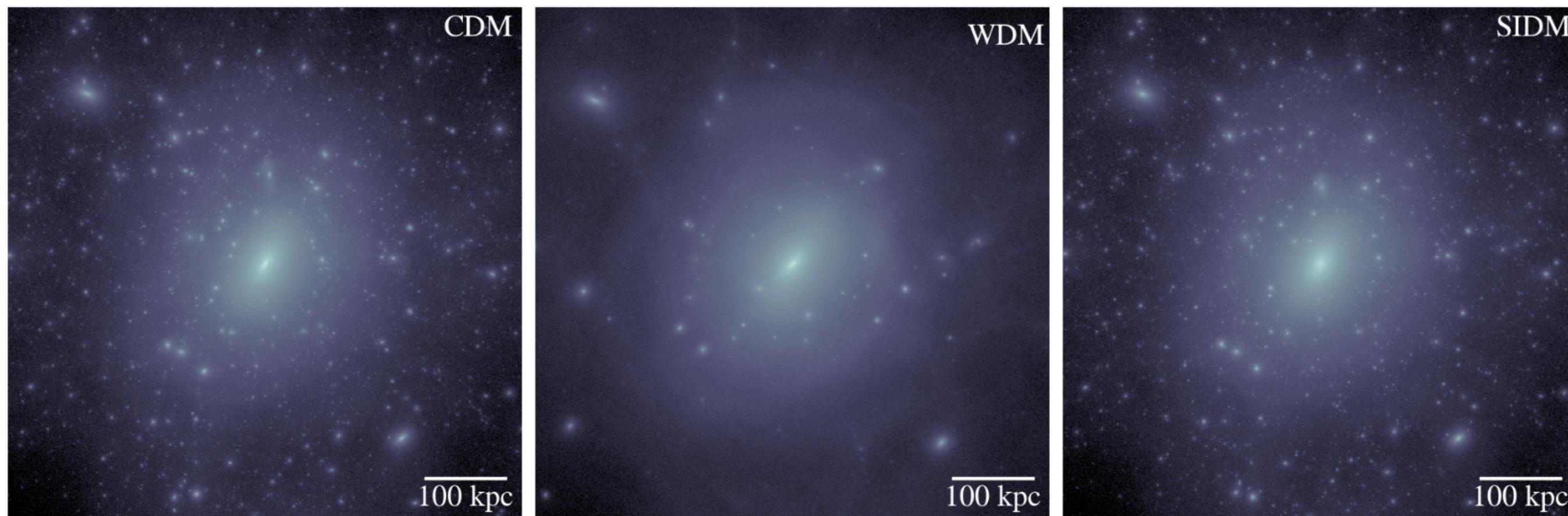
Snowmass Cosmic Frontier; Snowmass Astro&Cosmo Probes of DM; EuCPT White Paper

What cosmic probes can still tell us?

Simple cosmological model containing stable, non-relativistic, collisionless, **cold dark matter**

Fundamental properties of dark matter can leave an imprint on the macroscopic distribution of dark matter, breaking the CDM paradigm at **small scales**

Bullock & Boylan-Kolchin ARAA'17



What can we learn about DM?

- Warmer (i.e., not non-relativistic) during structure formation
- Not collision-less, i.e. self-interacting
- Wavelike rather than particle-like
- Produced during non-trivial phase transitions in the early universe
- Non-particle nature

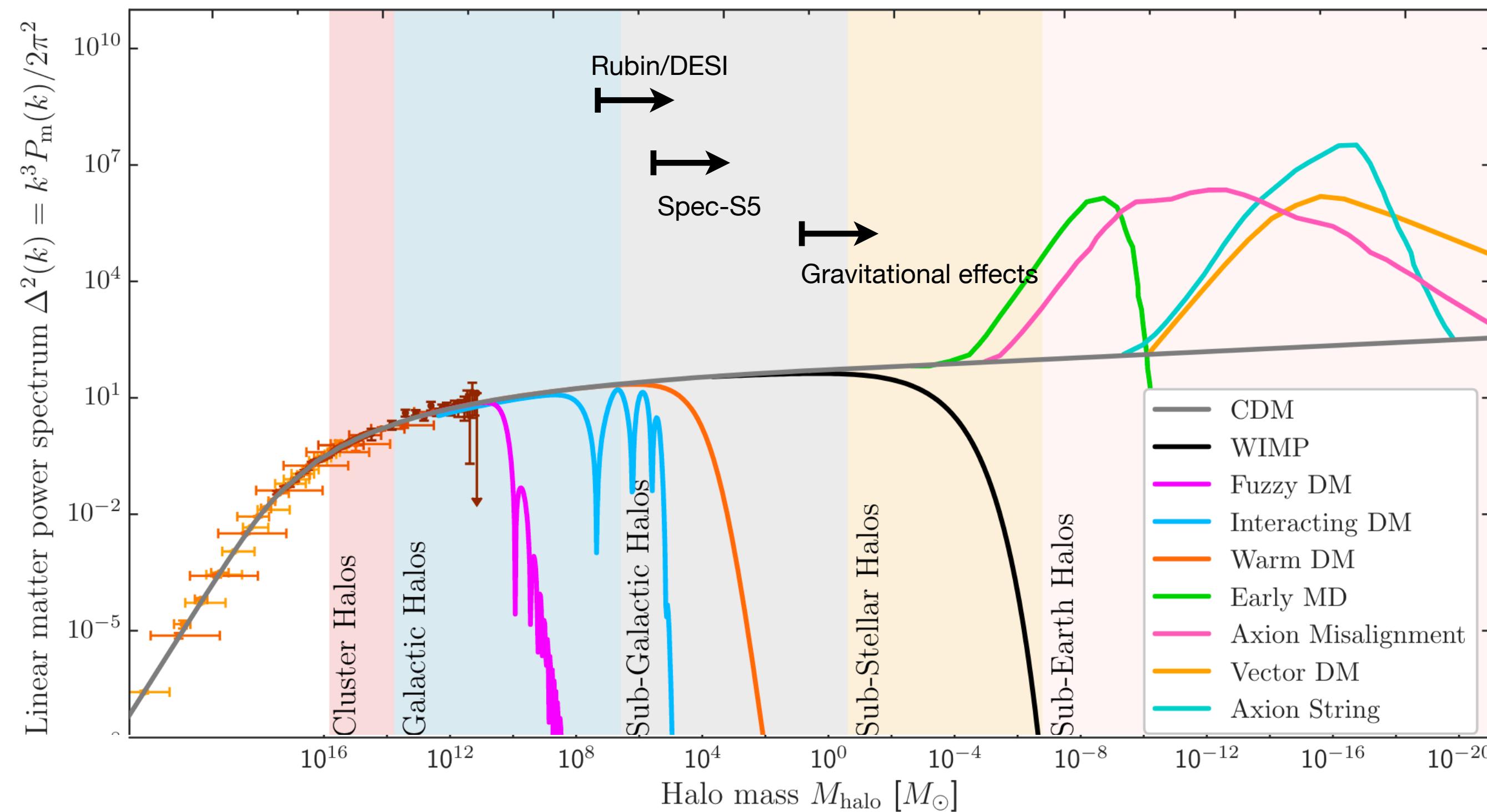
Challenge TH: Disentangling dark matter physics from baryon physics → theoretical/numerical developments required

Snowmass Cosmic Frontier

What cosmic probes can still tell us?

Simple cosmological model containing stable, non-relativistic, collisionless, **cold dark matter**

Fundamental properties of dark matter can leave an imprint on the macroscopic distribution of dark matter, breaking the CDM paradigm at **small scales**



Which observables?

- Matter power spectrum
- Mass spectrum, distribution, and density profiles of dark matter halos
- Abundance of compact objects

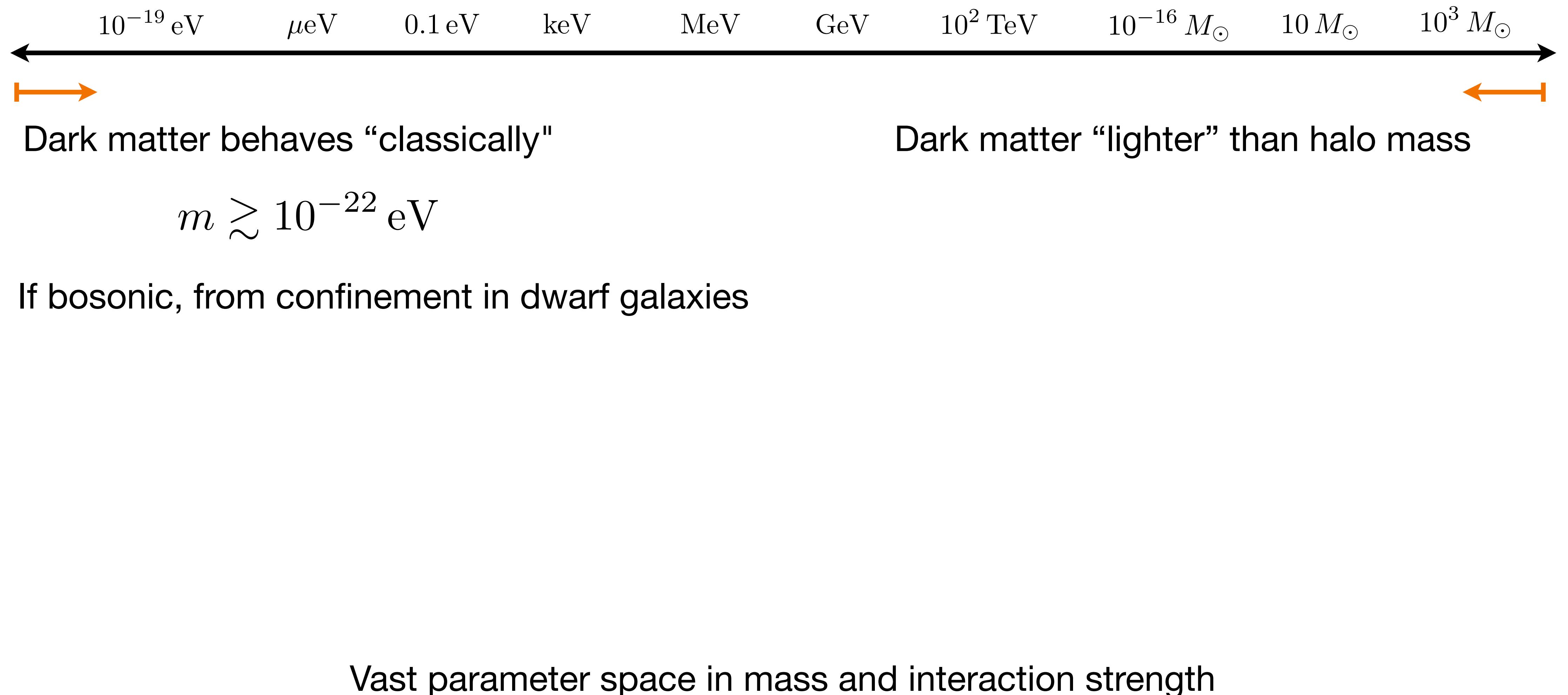
Within the reach of up-coming large cosmic surveys (LSST, DESI, Euclid)

Dark matter landscape



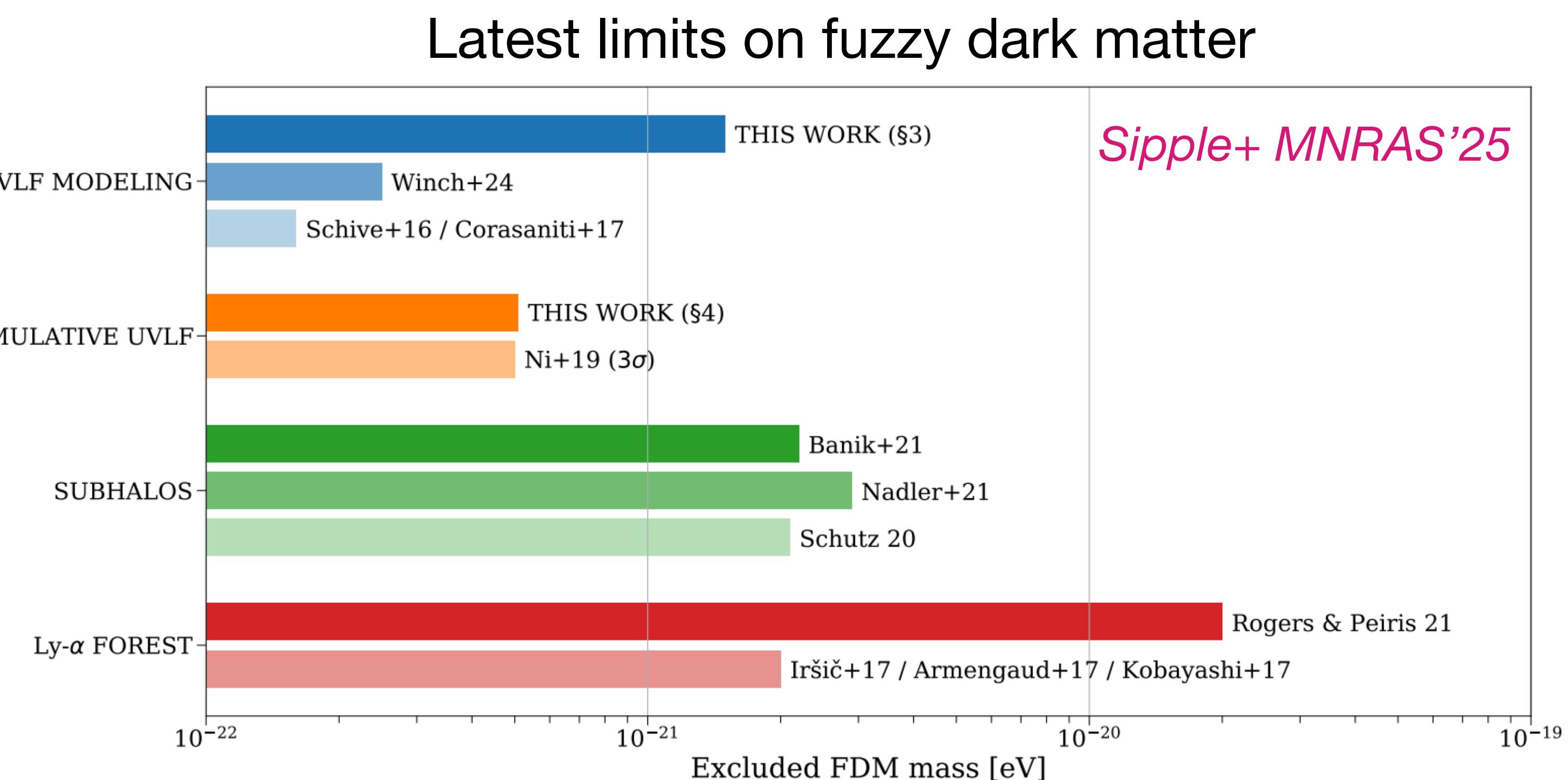
Vast parameter space in mass and interaction strength

Dark matter landscape



How light can dark matter be?

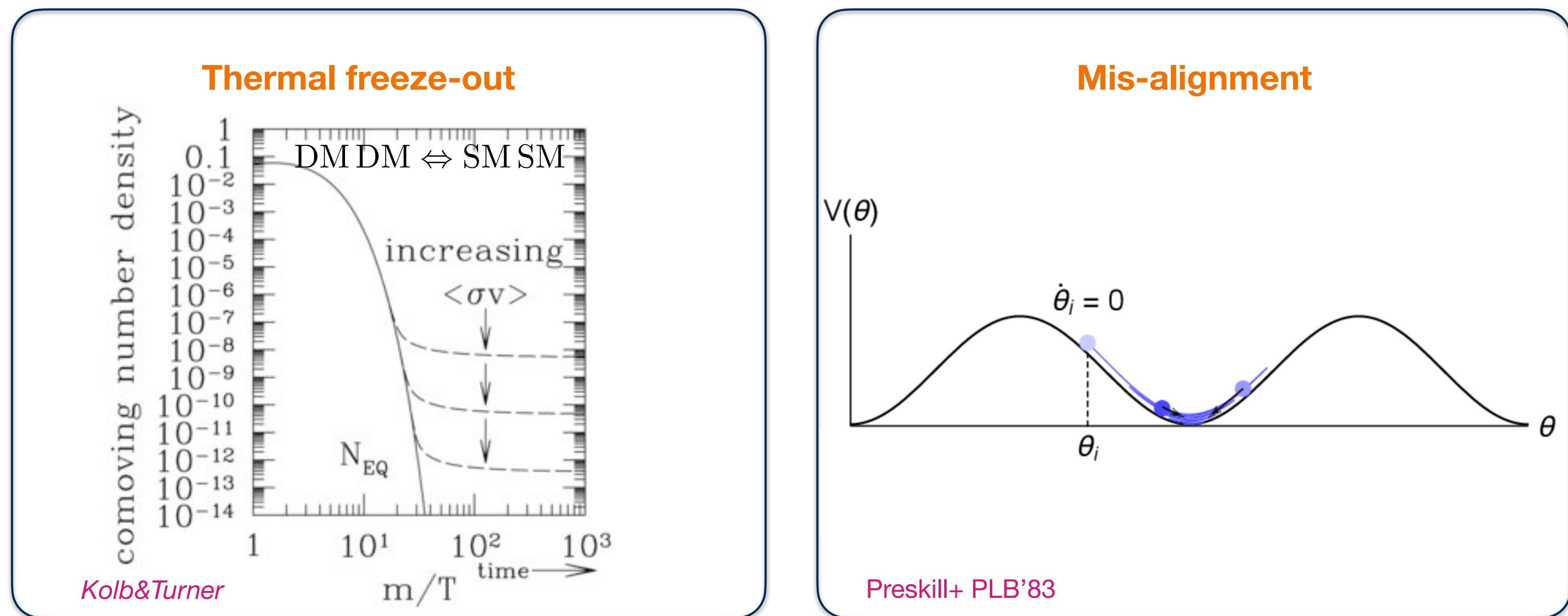
- If sufficiently light, dark matter can have a wavelength large enough to modify observed sub-galactic structure - “fuzzy dark matter”
- The minimum dark matter mass is controlled by the smallest scale structures we can observe
- Multiple approaches to mapping the smallest halos:
 - Lyman-alpha forest (probes matter clumpiness at $z \sim 2-6$) [e.g. [Armengaud+ 17](#), [Irsic+’17](#), [Nori+ ’19](#)]
 - Fluctuations in linear density of stellar streams (perturbed by DM sub-halos) [e.g. [Banik+ ’19](#)]
 - Strong gravitational lensing of quasars [e.g. [Hsueh+ ’19](#), [Gilman+’19](#)]
 - Observation of faint Milky Way satellites [e.g. [Nadler+ ’19](#)]



Dark matter production in the early universe

Two very plausible scenarios for how the dark matter could be produced in the early universe

Production



DM candidate

Weakly interacting massive particles (WIMPs)

Further TH motivation

Solution to the electroweak hierarchy problem

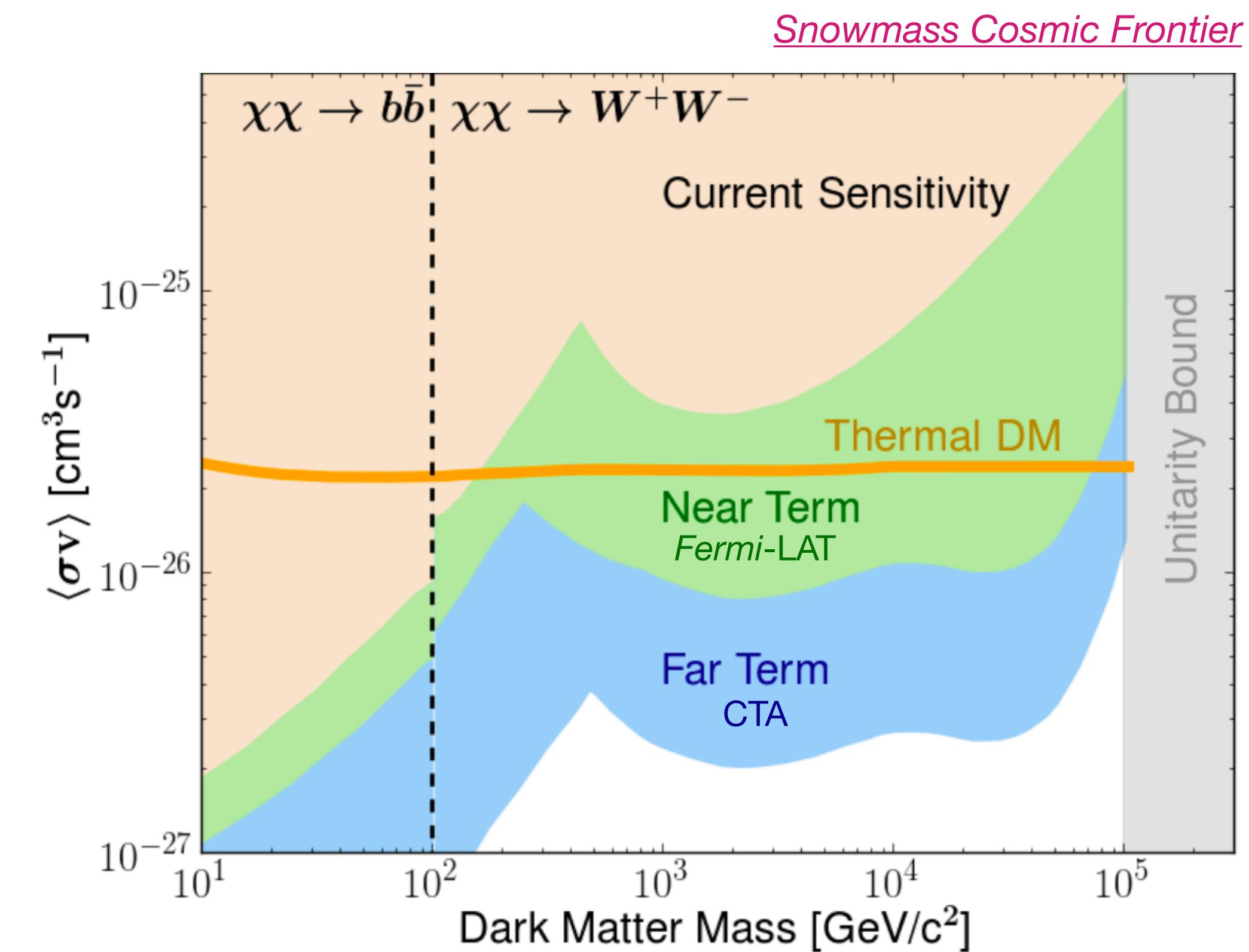
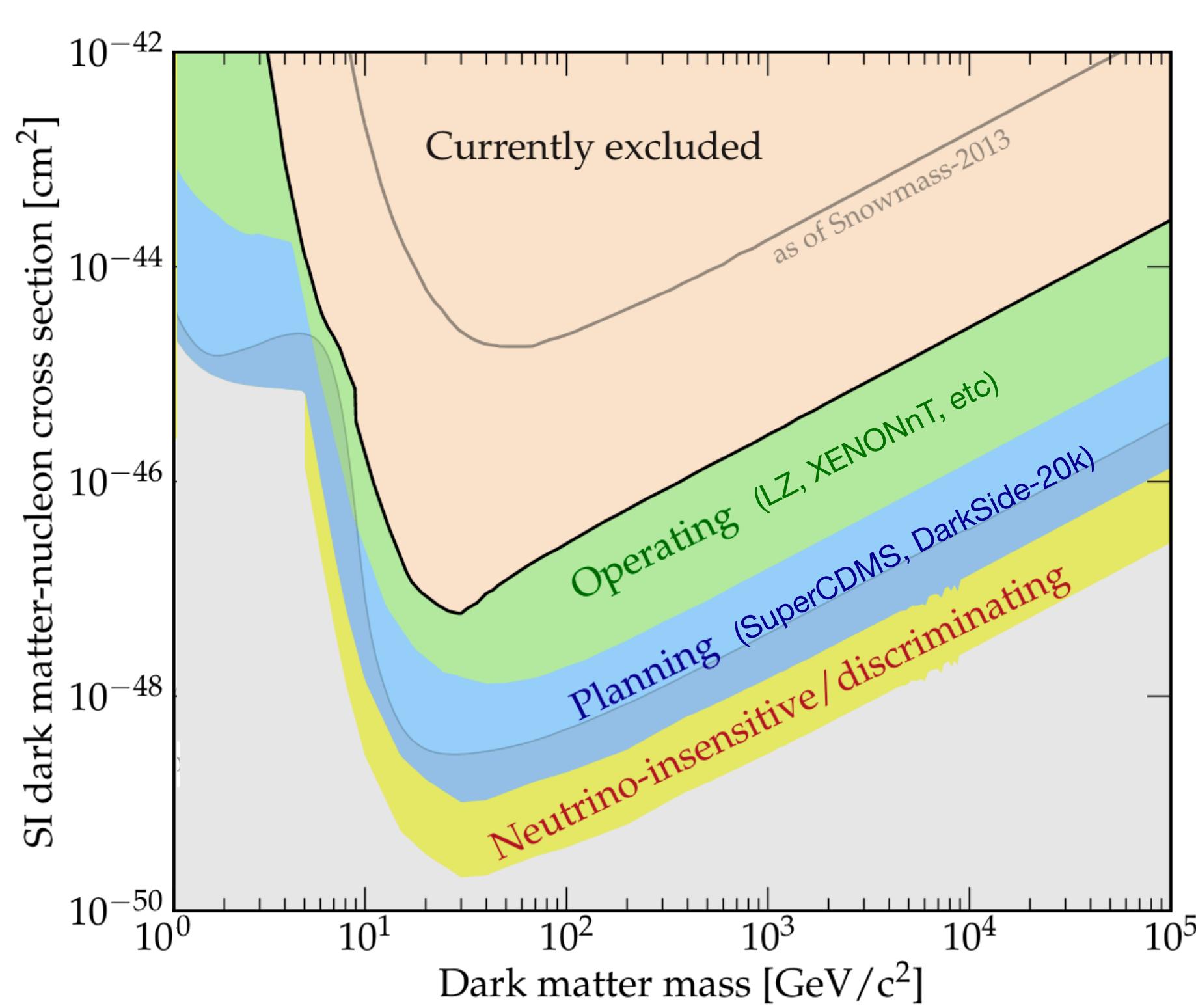
QCD axion

Solution to the strong CP-problem

Weakly interacting massive particles



Quick ID: 1 GeV – 100 TeV, electroweak coupling with SM bosons (Z, H)



Delve deep with terrestrial and astroparticle experiments

Excluding Z-mediated and almost H mediated couplings, but still viable parameter space

[Similar searches for SD cross-section + strong complementarity w/ HE astro neutrino searches]

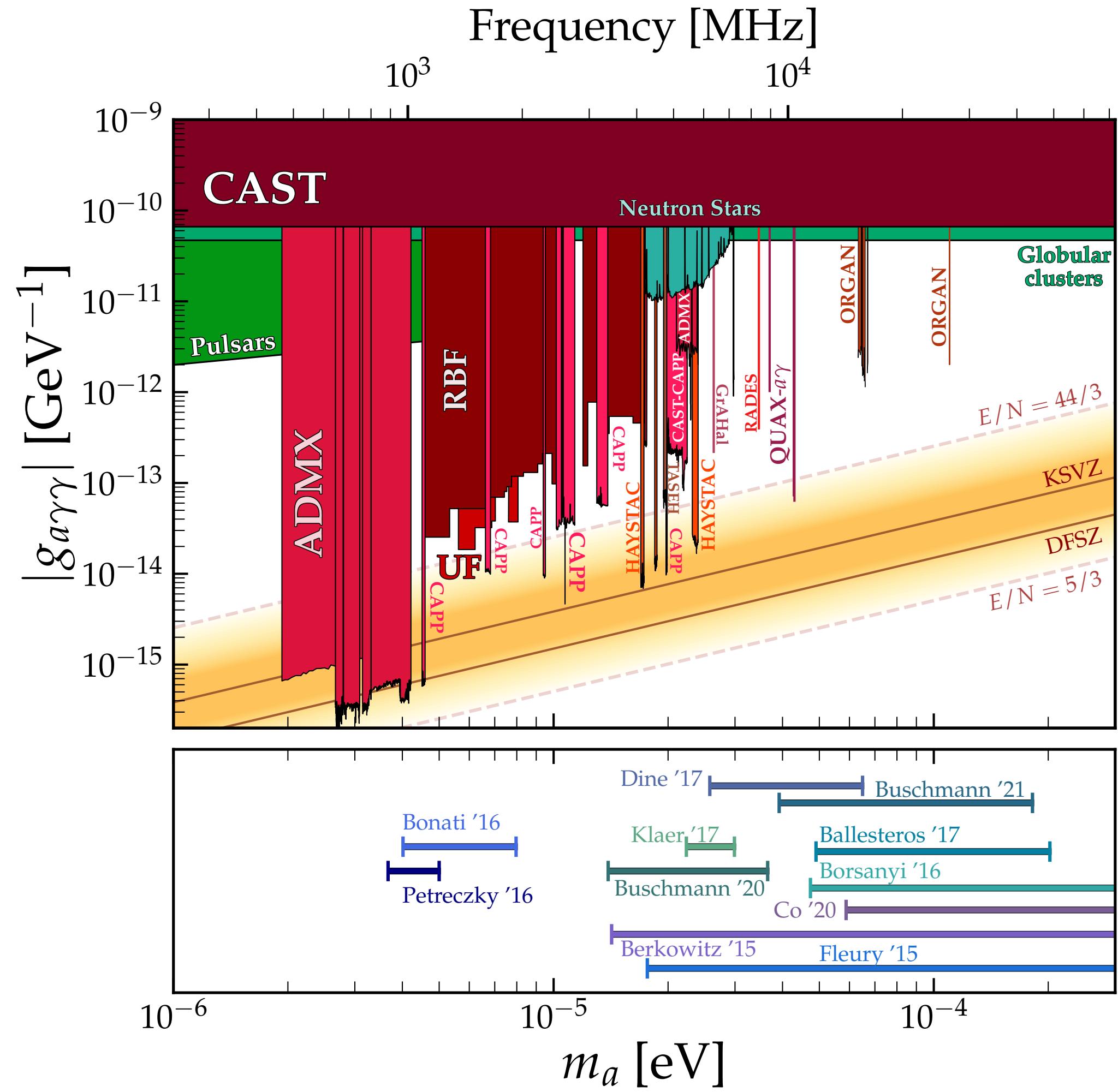
Leane+ PRD'18; Akerib+ 2203.08084

The QCD axion



Quick ID: $10^{-12} - 0.01$ eV, minimal coupling with photons

$$\mathcal{L}_{a\gamma} = -\frac{1}{4}g_{a\gamma}F_{\mu\nu}\tilde{F}^{\mu\nu}a = g_{a\gamma}\mathbf{E} \cdot \mathbf{B}a$$



<https://github.com/cajohare/AxionLimits>

Axion CDM:

$$f_a \approx 10^{10} \text{ GeV} \left(\frac{0.6 \text{ meV}}{m_a} \right)$$

A diversified search program:

- **Haloscopes:** DM axion conversion in B field (ADMX, HAYSTAC, DMRadio, etc)
- **Helioscopes:** Solar axion conversion in B field (CAST, IAXO)
- **Pulsars:** DM axion conversion in pulsar magnetosphere (Green Bank Telescope)

Foster+ PRL'22

Several detection methods are systematically probing axion DM scenarios

$$\sim g_{a\gamma}^2 \rho_{\text{DM}}$$

$$\sim g_{a\gamma}^4$$

Broadening the landscape

Dark sectors: theory motivation

Extended **theoretical exploration** to define the boundaries of what models are consistent with observations

Development of **new experimental opportunities** to provide sensitivity to the new theory-space

→ **Portal dark matter models:** Hidden dark sector weakly interacting with the Standard Model sector through specific messenger particles

Messenger

Connection to SM



Vector

Massive dark photon

Kinetic mixing with the hypercharge field strength portal



Scalar or pseudo-scalar
Dark Higgs

Mixing with the SM Higgs mass portal

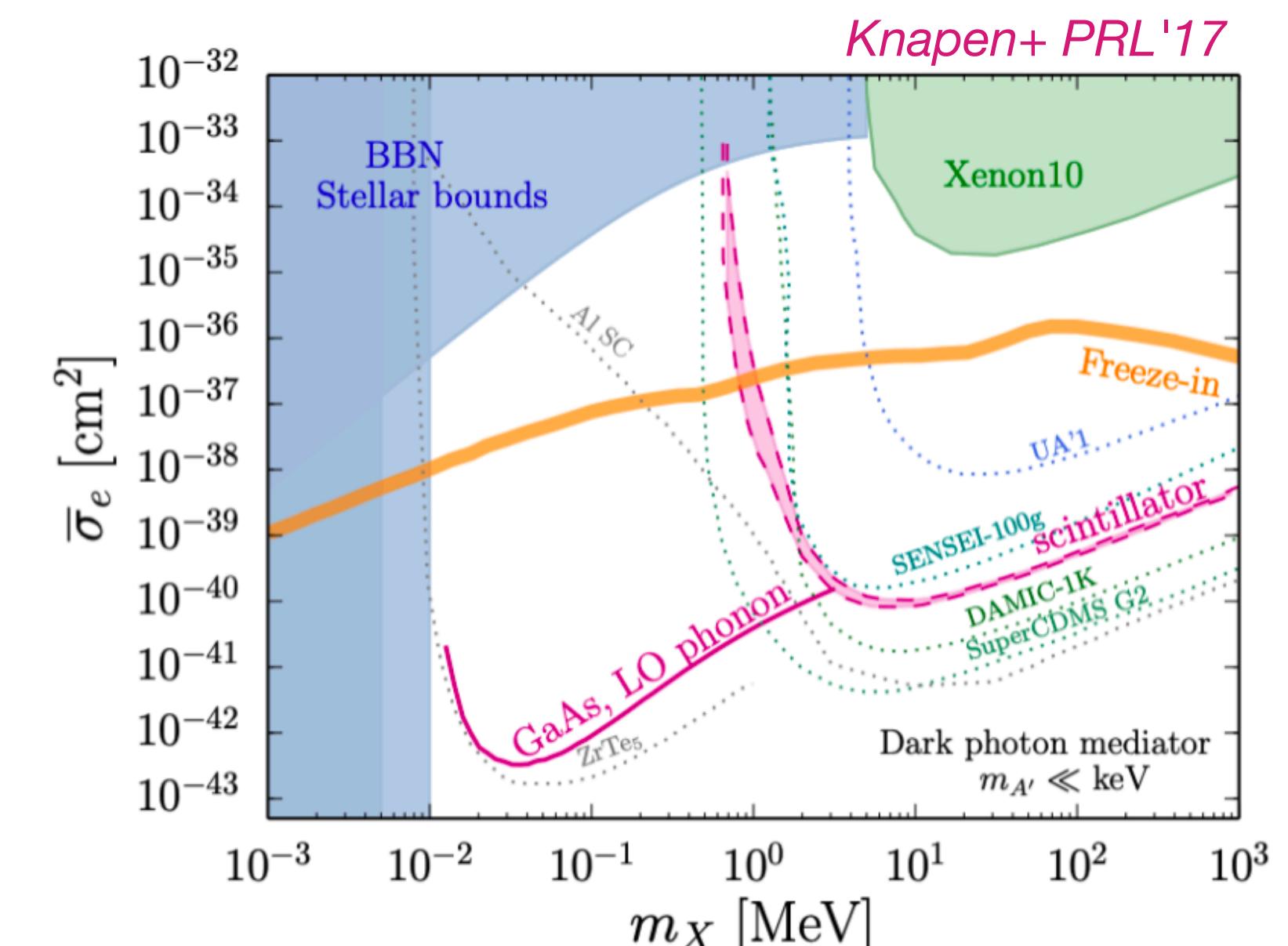
Dark matter particles and therefore the dark sectors must satisfy the relic density measurement and cosmological bounds!

[In the keV mass range, let's not forget **sterile neutrino** dark matter *Boyarsky+ PrPNP'19*]

Broadening the landscape

Dark sectors: Production mechanisms

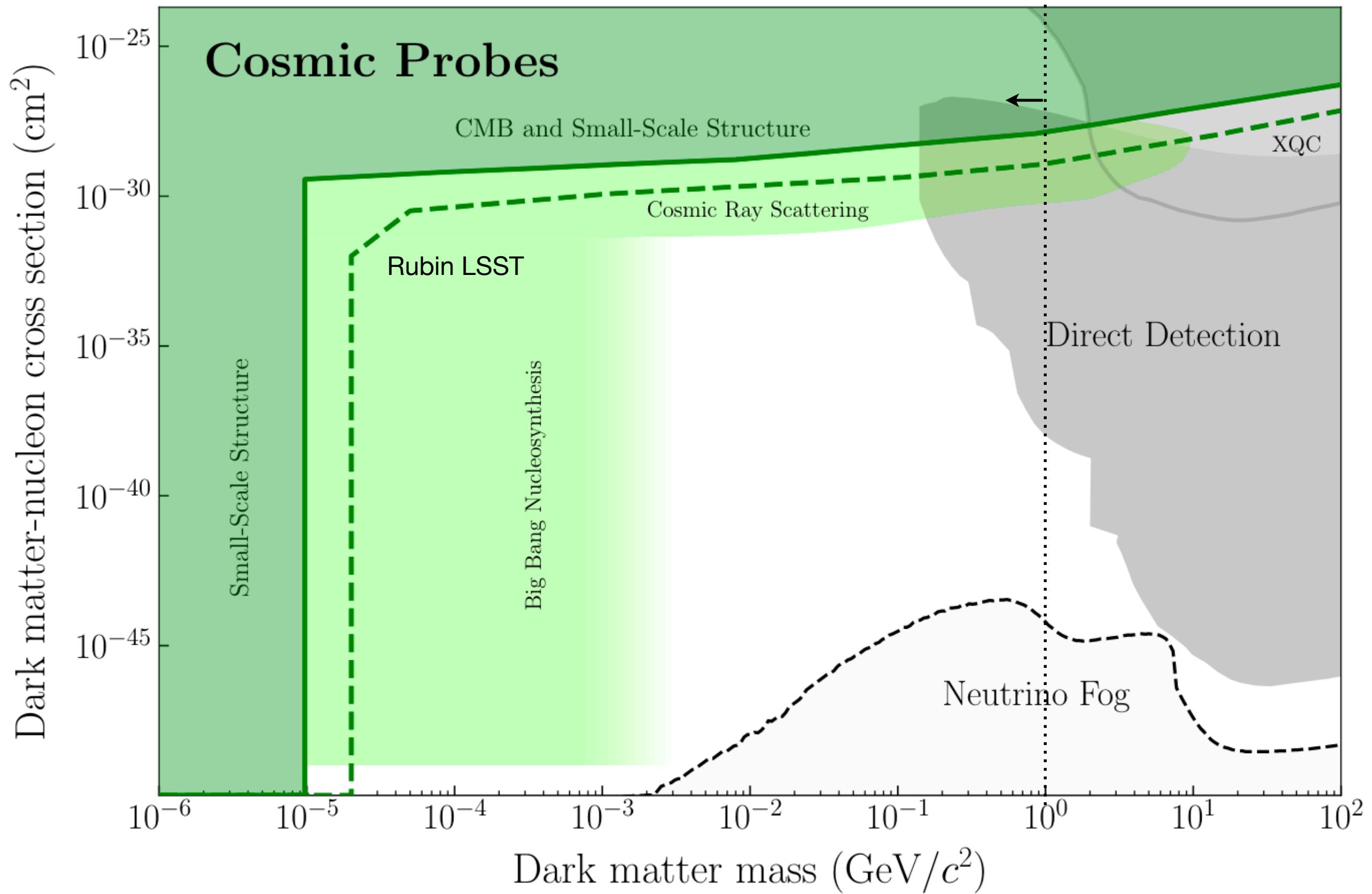
- In dark sectors, the relic abundance is set by interactions with the SM
- **Thermal production** possible from eV up to GeV masses
- **Below 1 MeV**, light DM modifies predictions for light-element abundances during BBN and it is therefore strongly constrained [e.g. *Sabti+ JCAP'20, '21*]
- **Above 1 MeV** (up to \sim 10 GeV), velocity-independent freeze-out models (s-wave) are severely constrained by CMB and indirect detection probes
- The mediator mass should be smaller than the dark matter mass
- One needs to rely on alternative production mechanisms:
 - Thermal production with v -dependent interactions (e.g. vector portals)
 - Freeze-in at low re-heating temperatures
 - Dark phase transitions at low temperatures



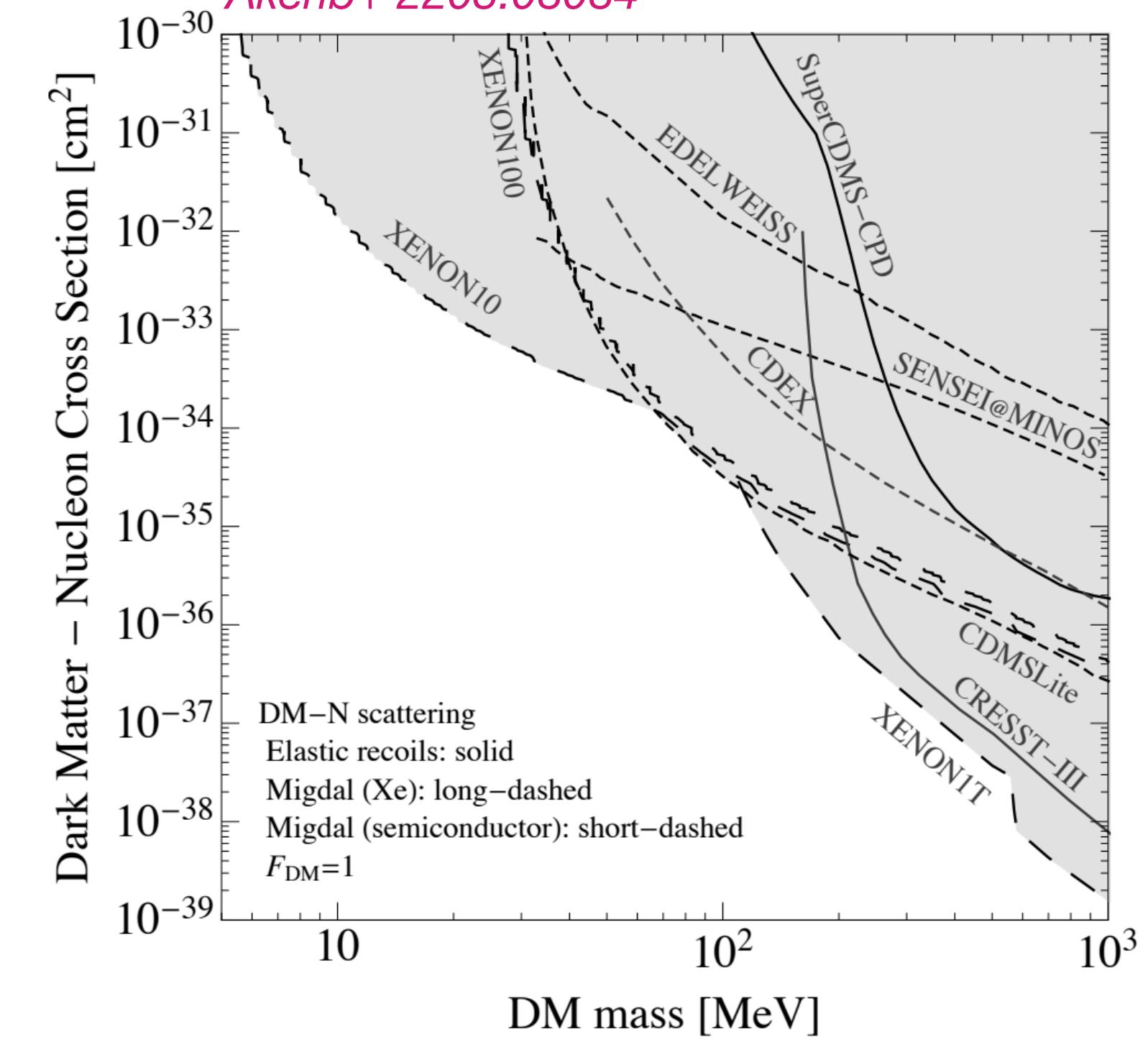
Broadening the landscape

Dark sectors and light dark matter: constraints

Snowmass Cosmic Probes of DM



Akerib+ 2203.08084

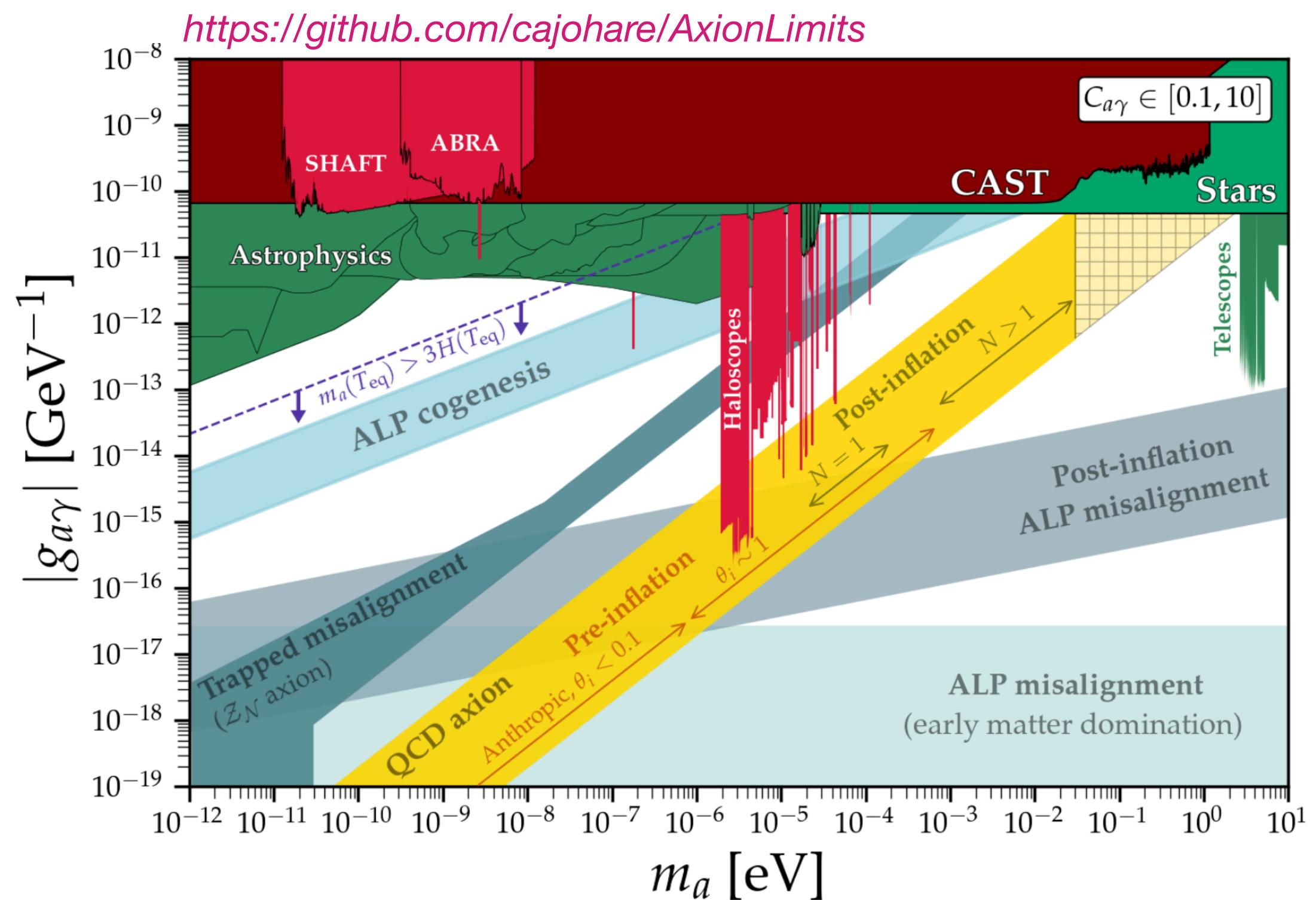


Challenge DD: Calorimetric detectors sensitive to recoil energies in the range $\mu\text{eV} - \text{keV}$

Broadening the landscape

Axion-like particles: theory motivation

Axion-like particles: (pseudo-)scalar particles, masses as low as ZeV, very weak couplings with SM, coupled with photons as QCD axions



Chang+ PRD 2000; Turok PRL 1996; Arvanitaki+ PRD'10



Quick ID:

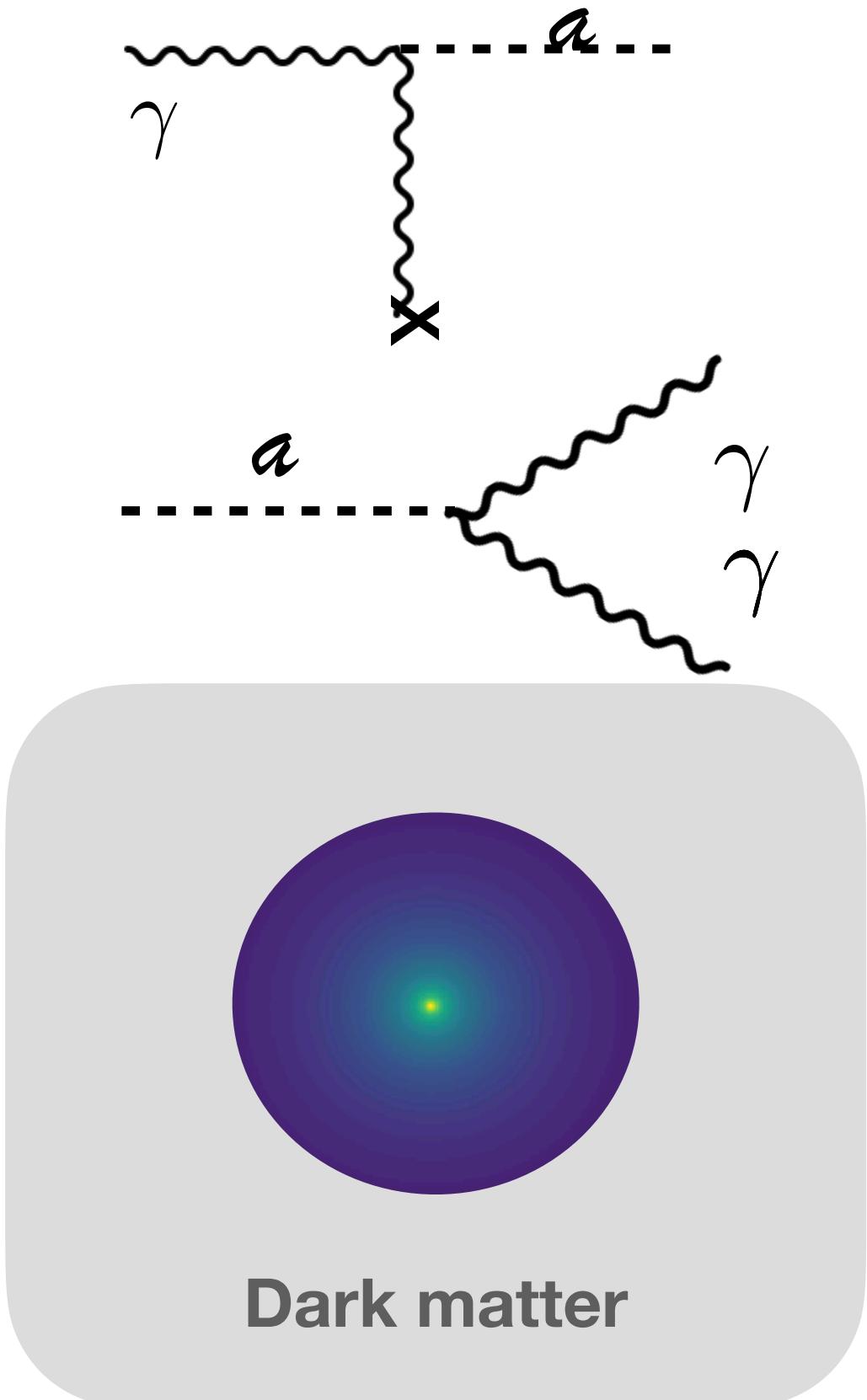
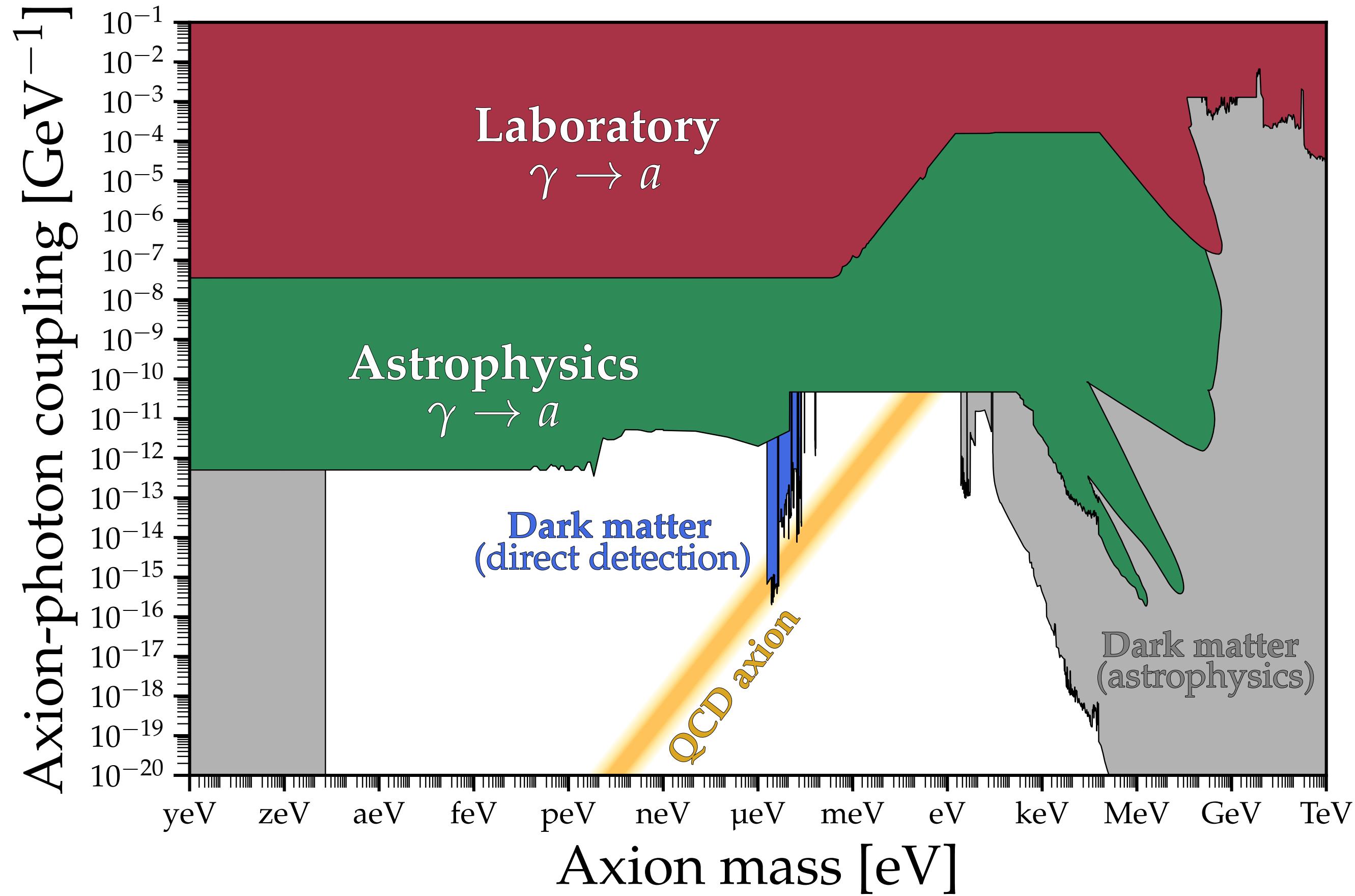
- Common in many **extensions of the SM** from the spontaneous breaking of approximate global symmetries
- **Mass is not determined by QCD effects**
- They do **not solve the strong CP problem**

[Wave-like DM is even broader: more generally, light scalars or vectors]

Broadening the landscape

Axion-like particles: wider searches

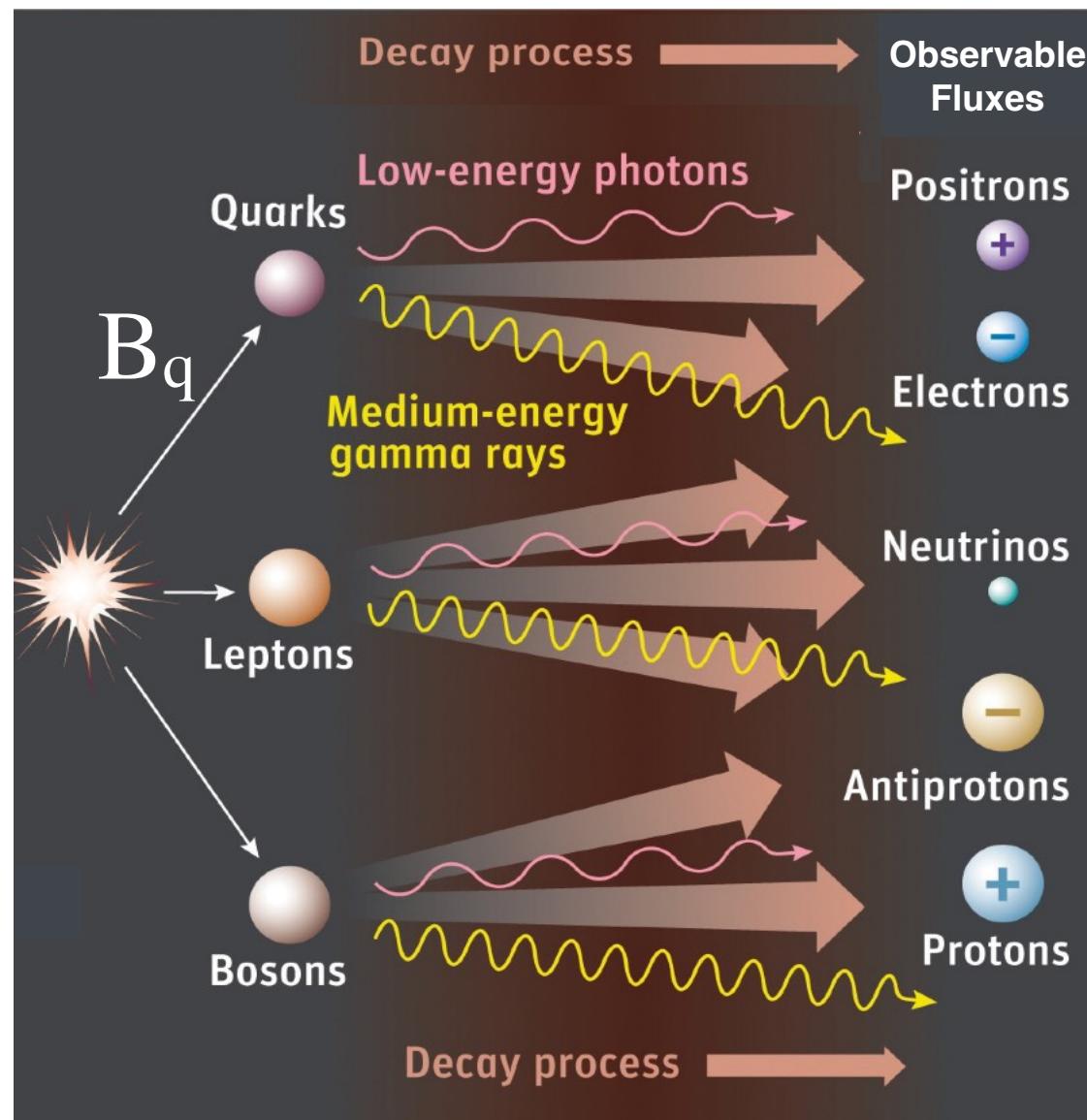
$$\mathcal{L}_{a\gamma} = -\frac{1}{4}g_{a\gamma}F_{\mu\nu}\tilde{F}^{\mu\nu}a = g_{a\gamma}\mathbf{E} \cdot \mathbf{B}a$$



<https://github.com/cajohare/AxionLimits>

Particle dark matter emission

DM annihilation/decay



$$(DM) DM \rightarrow SM SM$$

$$E_{\text{CM}} = N m_{\text{DM}}, \quad N = 1 \text{ (decay)}, 2 \text{ (annih)}$$

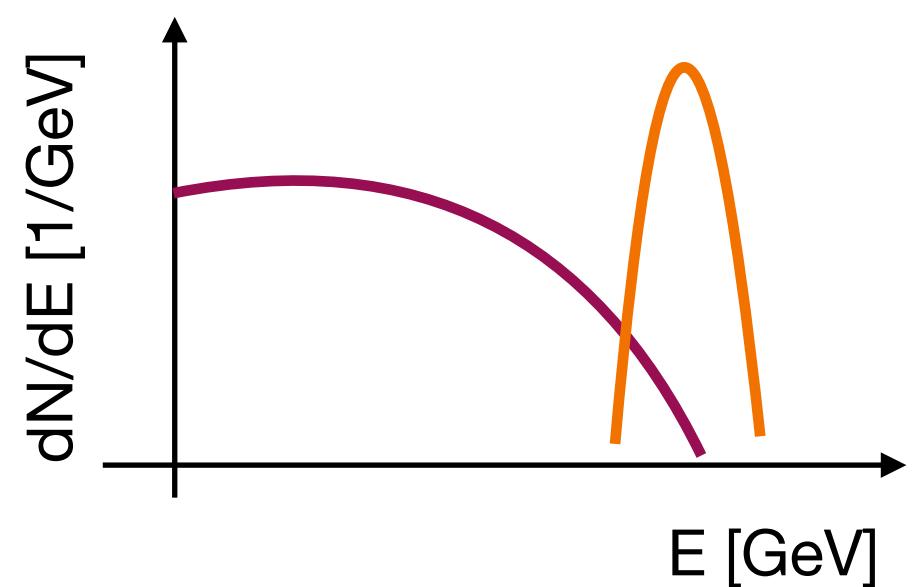
Centre of mass energy \simeq Signal energy

$$m_{\text{DM}} \lesssim \text{MeV}$$

$$E_\gamma = \frac{N m_{\text{DM}}}{2}$$

Narrow line signal

$$\frac{dN_\gamma}{dE} = 2\delta \left(E - \frac{N m_{\text{DM}}}{2} \right)$$



$$m_{\text{DM}} \gtrsim \text{MeV}$$

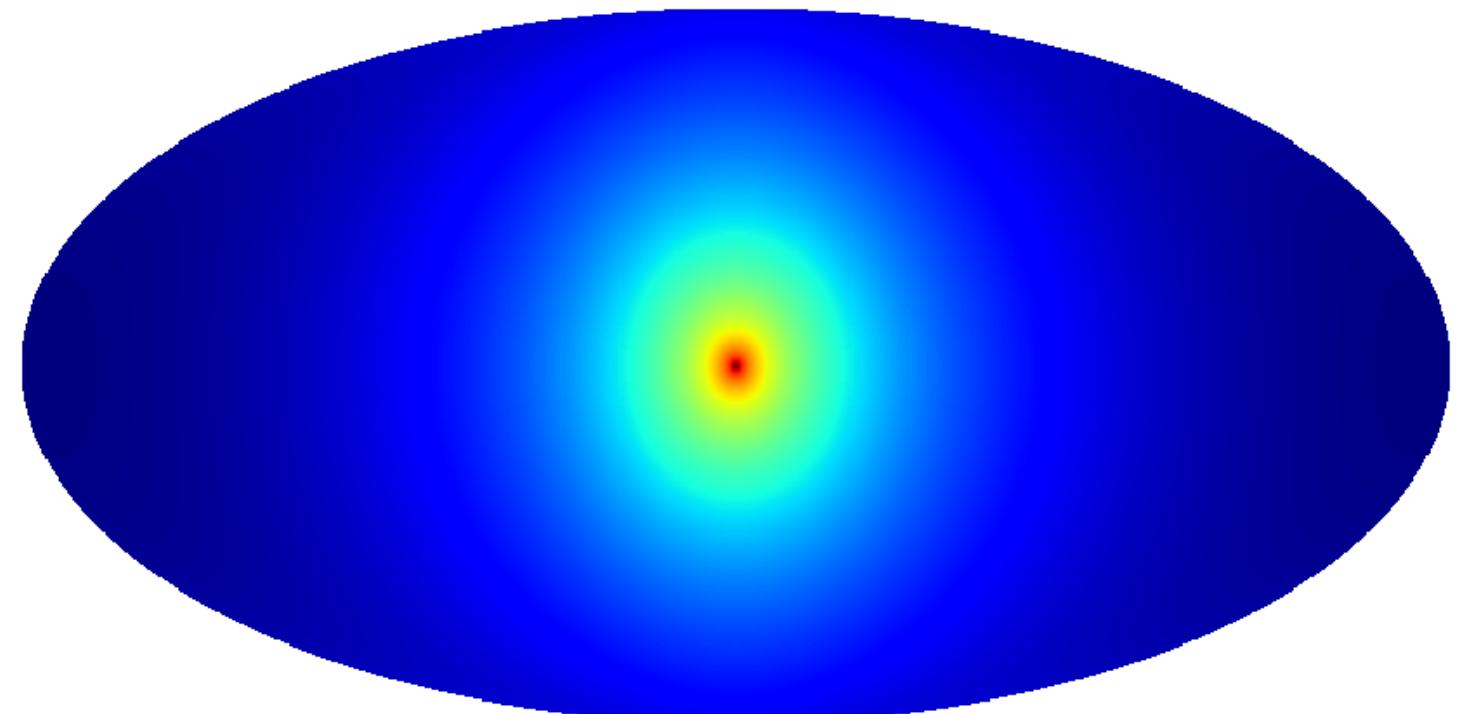
Broader energy distribution

$$\frac{dN_\gamma}{dE} = \left(\frac{dN_\gamma}{dE} \right)_{\gamma\gamma} + \left(\frac{dN_\gamma}{dE} \right)_{\text{sec}} + \left(\frac{dN_\gamma}{dE} \right)_{\text{FSR}}$$

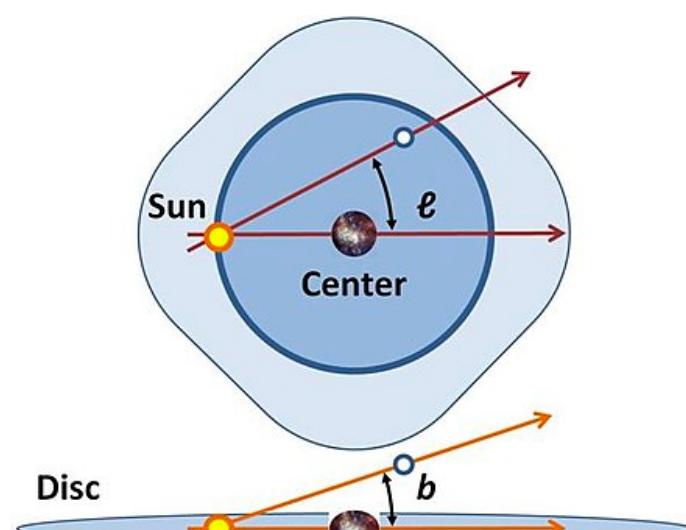
Particle dark matter emission

$$(DM) \, DM \rightarrow SM \, SM$$

$$E_{\text{CM}} = N m_{\text{DM}}, \quad N = 1 \text{ (decay), } 2 \text{ (annih)} \quad \text{Centre of mass energy} \simeq \text{Signal energy}$$



Self-conjugated dark matter annihilation
Differential **gamma-ray** flux



$$\frac{d\Phi_\gamma}{dE}(\ell, b) = \mathcal{A}(\theta_{\text{DM}}) \times \frac{dN_\gamma}{dE} \times \int_{\text{l.o.s.}} \rho_{\text{DM}}^N(s, \ell, b) ds$$

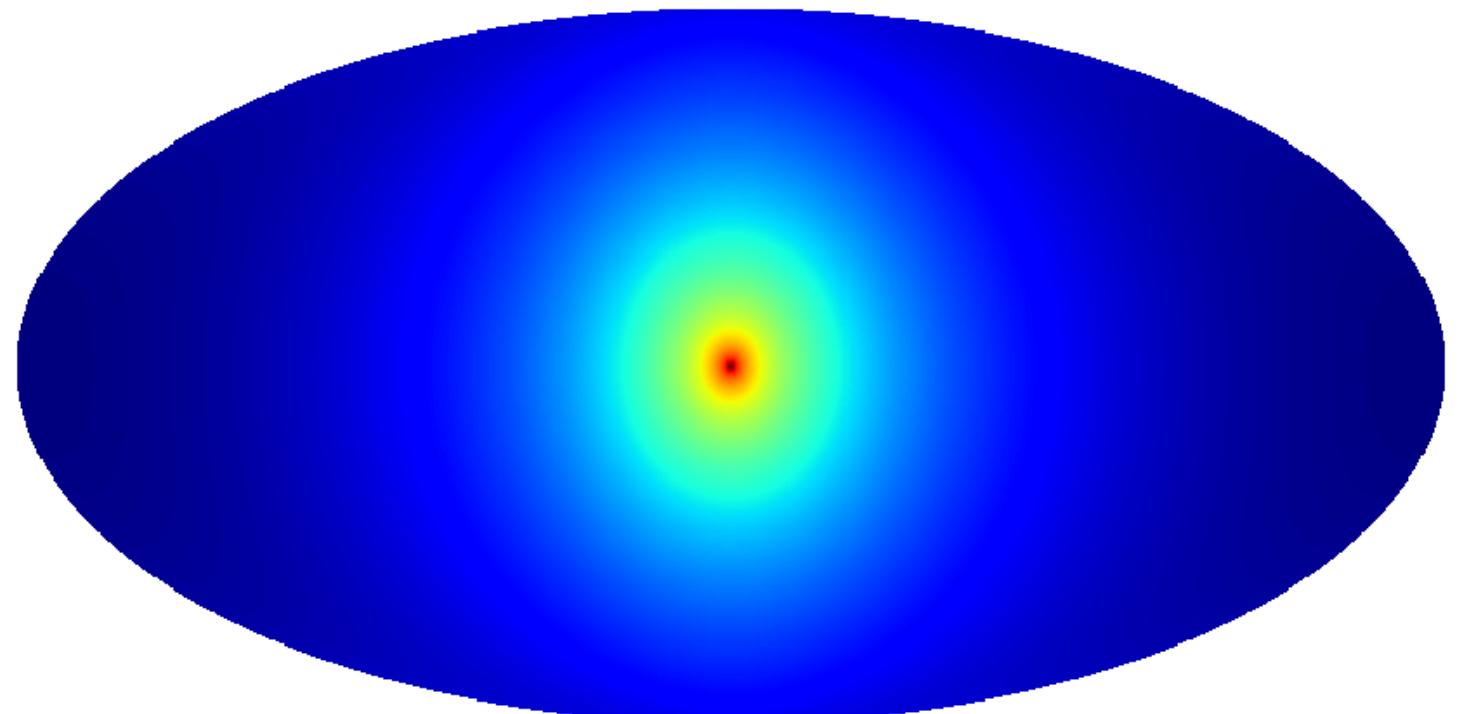
$$\theta_{\text{DM}} = \{\Gamma_\gamma, m_{\text{DM}}\} \quad \text{Decay}$$

$$\theta_{\text{DM}} = \{\langle \sigma v \rangle, m_{\text{DM}}^2\} \quad \text{Annihilation}$$

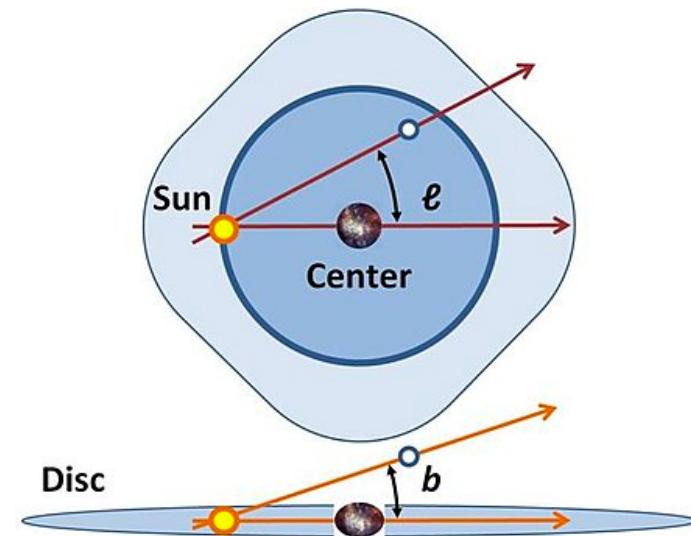
Particle dark matter emission

$$(DM) \, DM \rightarrow SM \, SM$$

$$E_{\text{CM}} = N m_{\text{DM}}, \quad N = 1 \text{ (decay), } 2 \text{ (annih)} \quad \text{Centre of mass energy} \simeq \text{Signal energy}$$

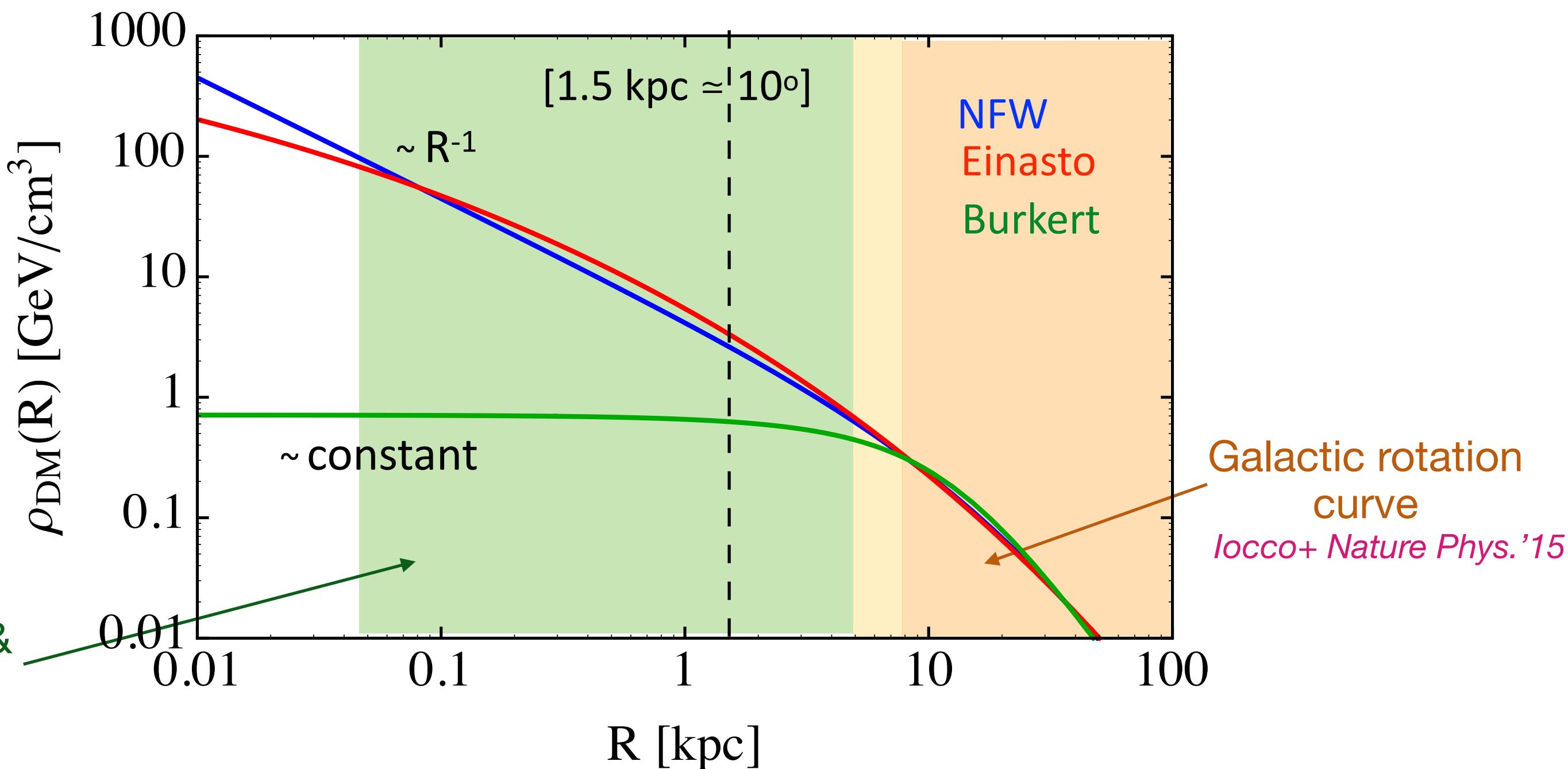


Self-conjugated dark matter annihilation
Differential **gamma-ray** flux



Simulations w/ baryons &
semi-analytical models

$$\frac{d\Phi_\gamma}{dE}(\ell, b) = \mathcal{A}(\theta_{\text{DM}}) \times \frac{dN_\gamma}{dE} \times \int_{\text{l.o.s.}} \rho_{\text{DM}}^N(s, \ell, b) ds$$



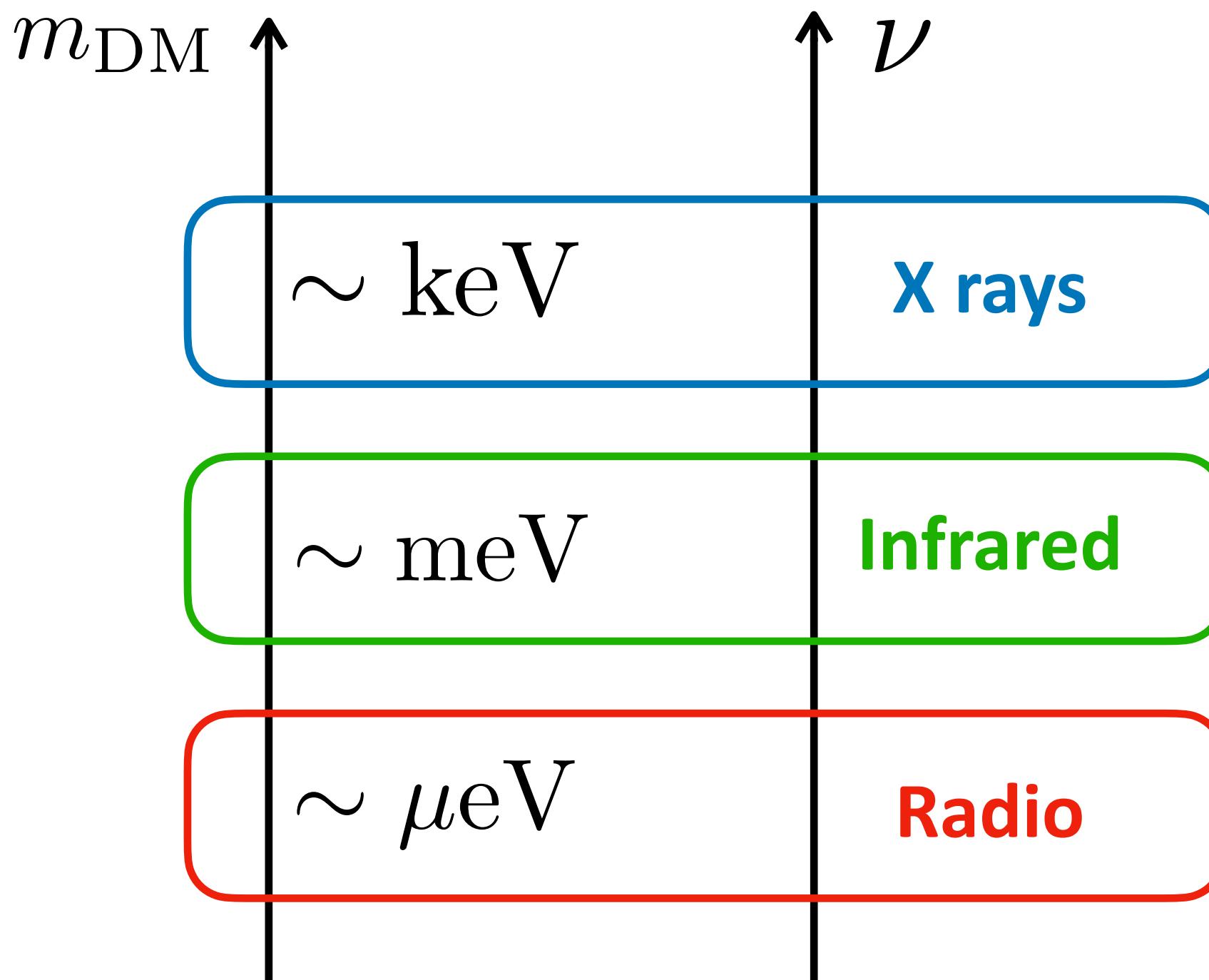
Light dark matter decay: lines

$$m_{\text{DM}} \lesssim \text{MeV}$$

Only allowed final state is into photons emitted back-to-back

$$E_\gamma = \frac{m_{\text{DM}}}{2}$$

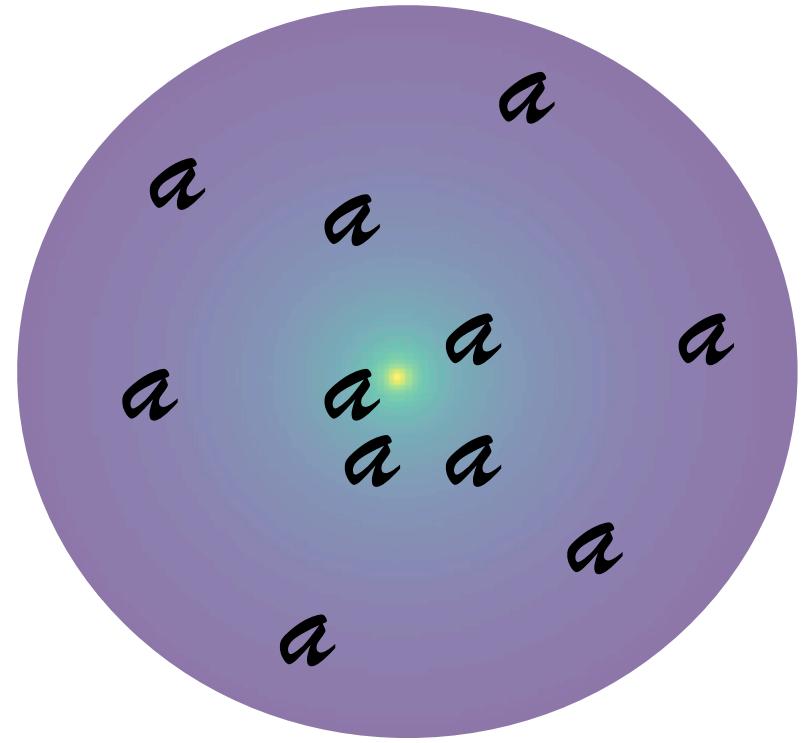
Narrow line signal @ energy scale of the DM mass



[Contribution from all galaxies in the universe: redshifted line and integral over star-formation history => contribution to **extragalactic backgrounds**]

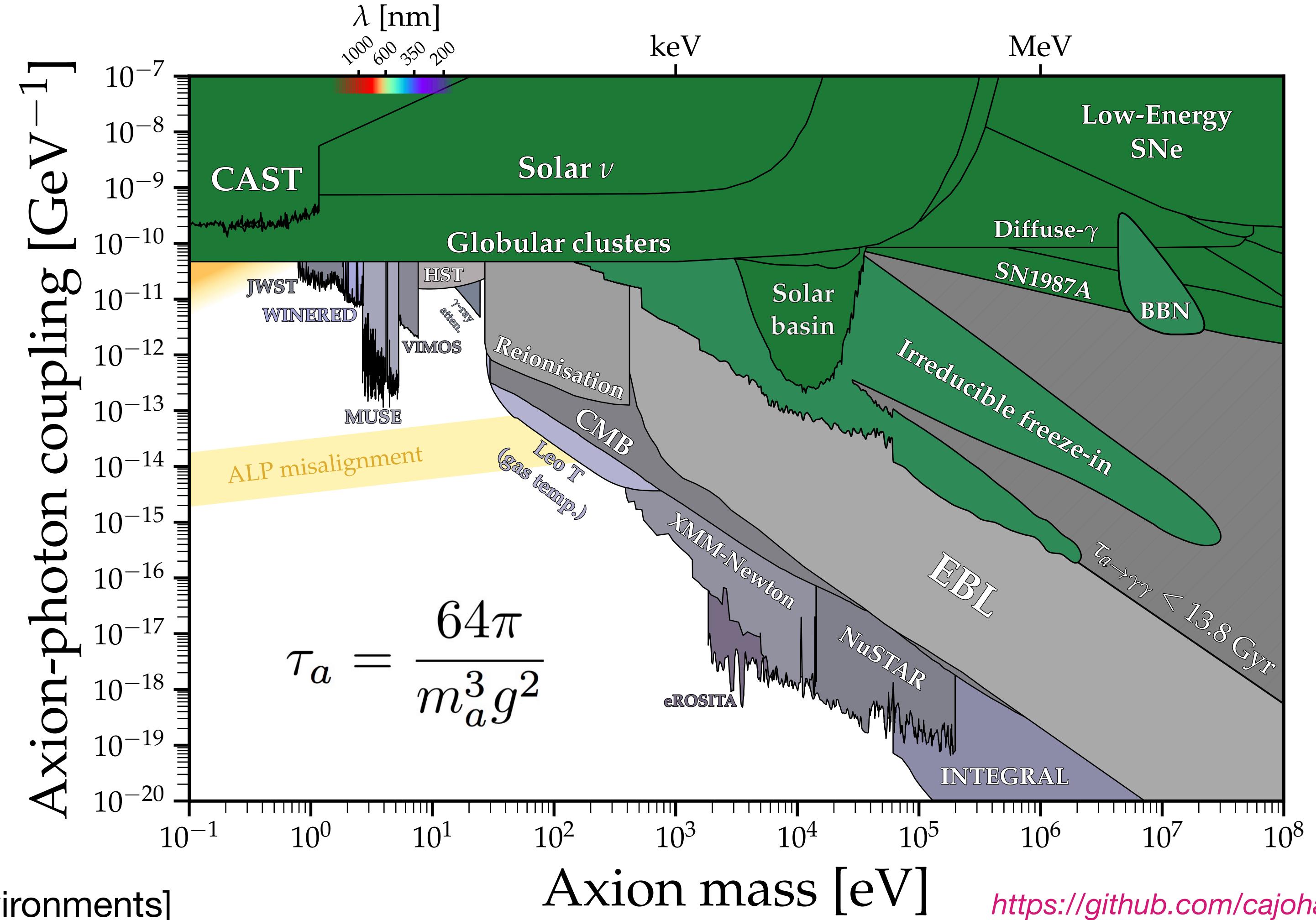
ALPs dark matter decay

- If DM, ALPs distributed in galaxies according standard DM density distributions (e.g. NFW)
- Search for narrow lines in DM-rich environments



- ALPs can be viable DM candidates in some portions of the parameter space

Preskill+ PLB 1983; Sikivie International Journal of Modern Physics '10



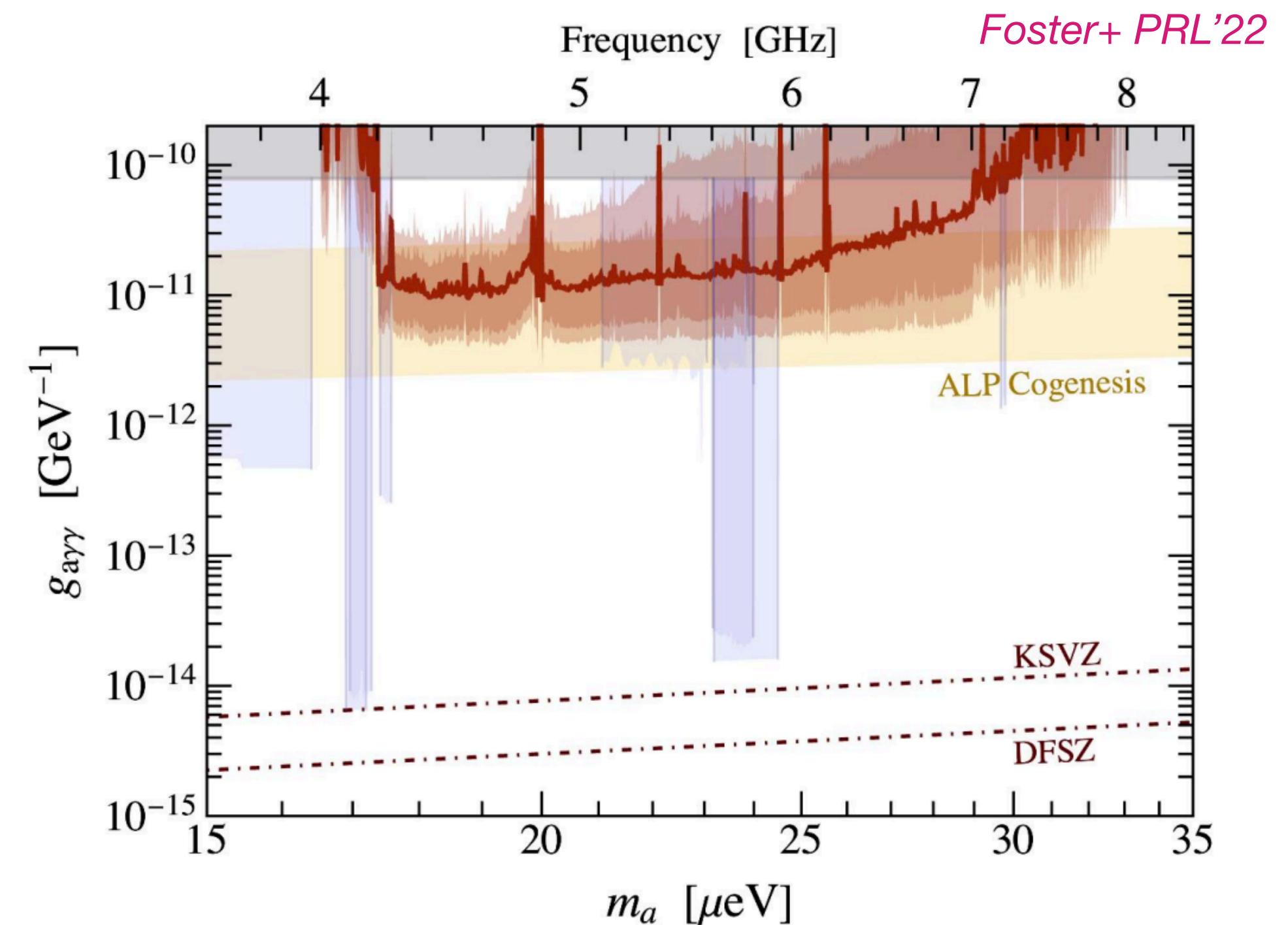
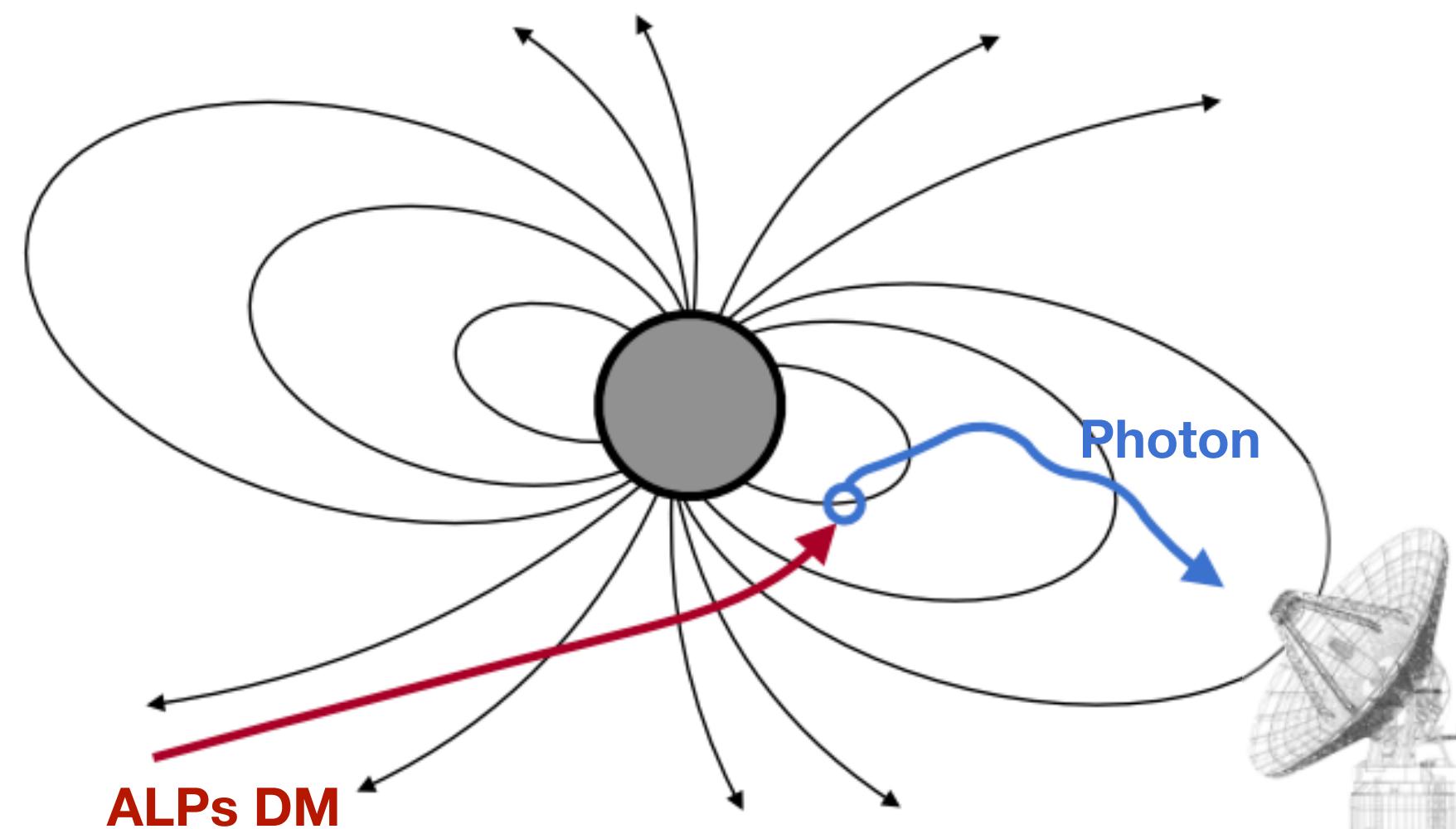
[Lighter ALPs can be probed in HE astro environments]

<https://github.com/cajohare/AxionLimits>

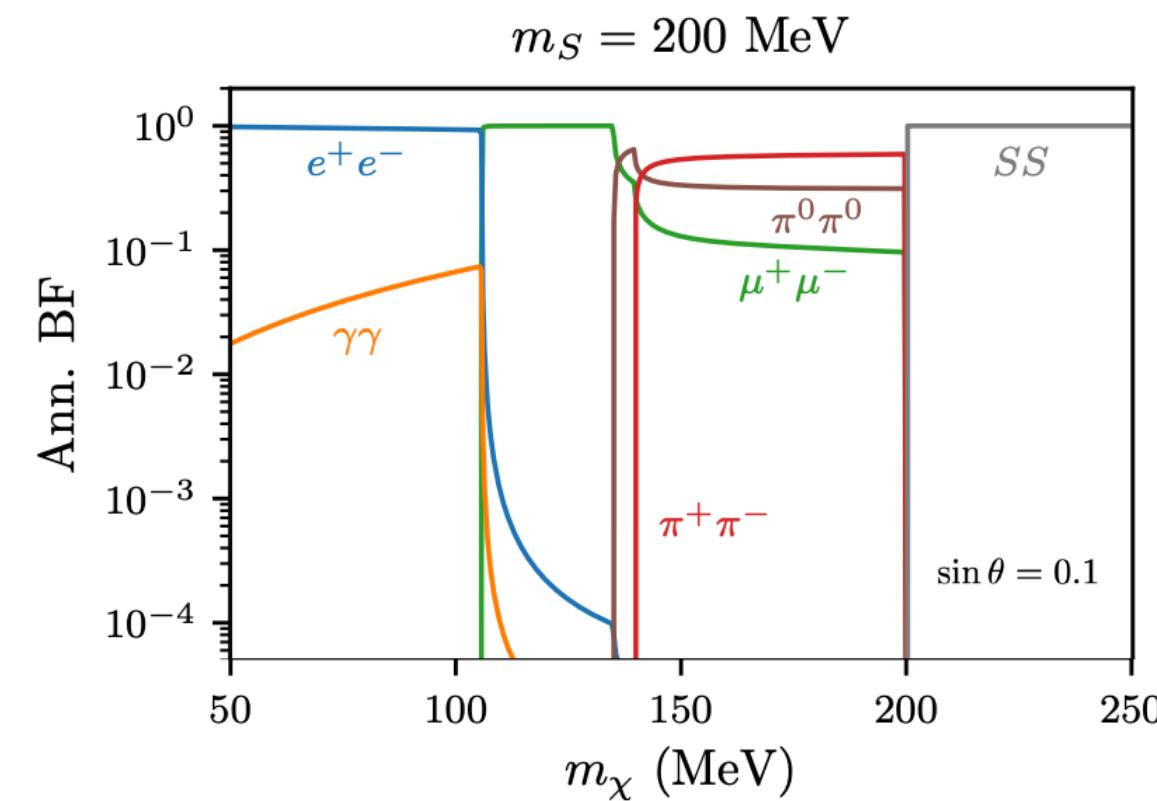
(...) ALPs dark matter resonant conversion

Monochromatic radio emission (MHz - GHz) from **DM axion/ALP-photon conversion**:

- Resonant conversion from highly magnetised neutron stars (NSs), or white dwarf stars
Pshirkov JETP'09; Huang+2018; Hook+PRL'18
- Non-resonant transitions in the Galactic center and/or of discrete astrophysical objects
Kelley&Quinn ApJ'17; Sigl PRD'17
- Still large **limitations in model predictions** *Leroy+ PRD'20; Witte+ PRD'21; Battye+ JHEP'21; Millar+JCAP'21; Bhura+JCAP'24*



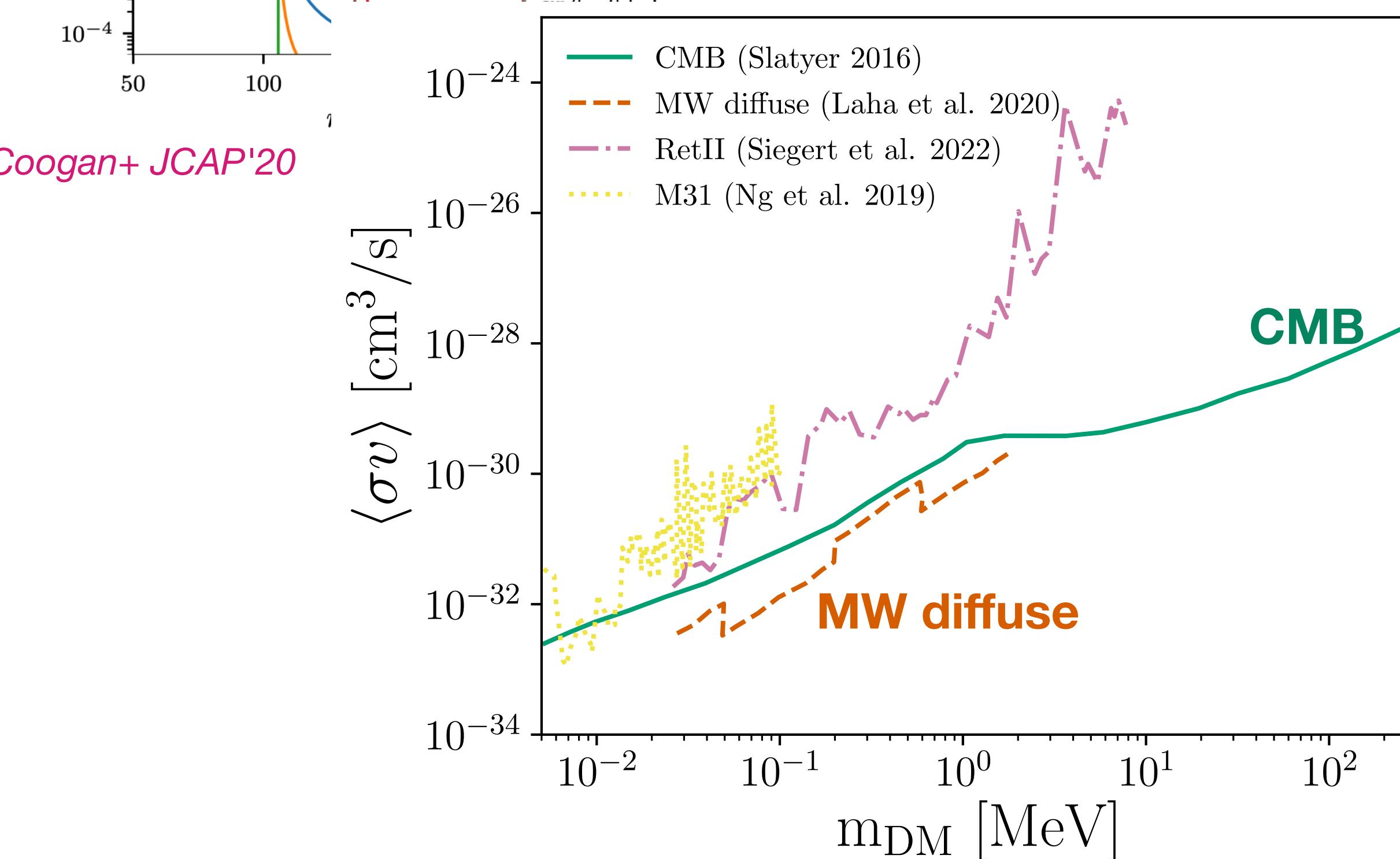
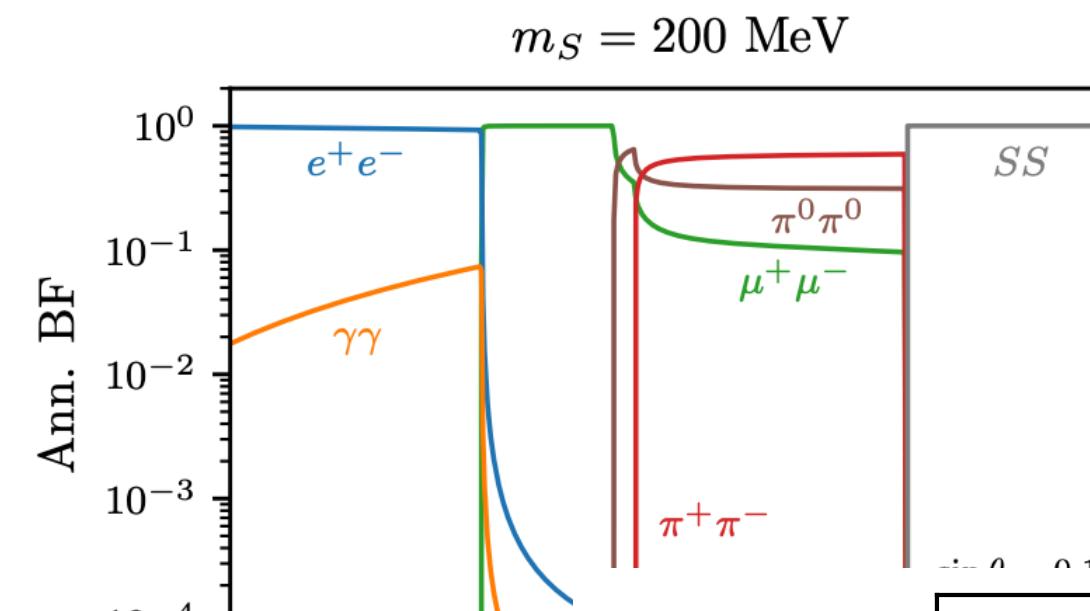
Sub-GeV dark matter limits



Coogan+ JCAP'20

- Simple thermal freeze-out scenario for s-wave annihilation generically ruled out
- But p-wave models (many of the portals) still viable

Sub-GeV dark matter limits



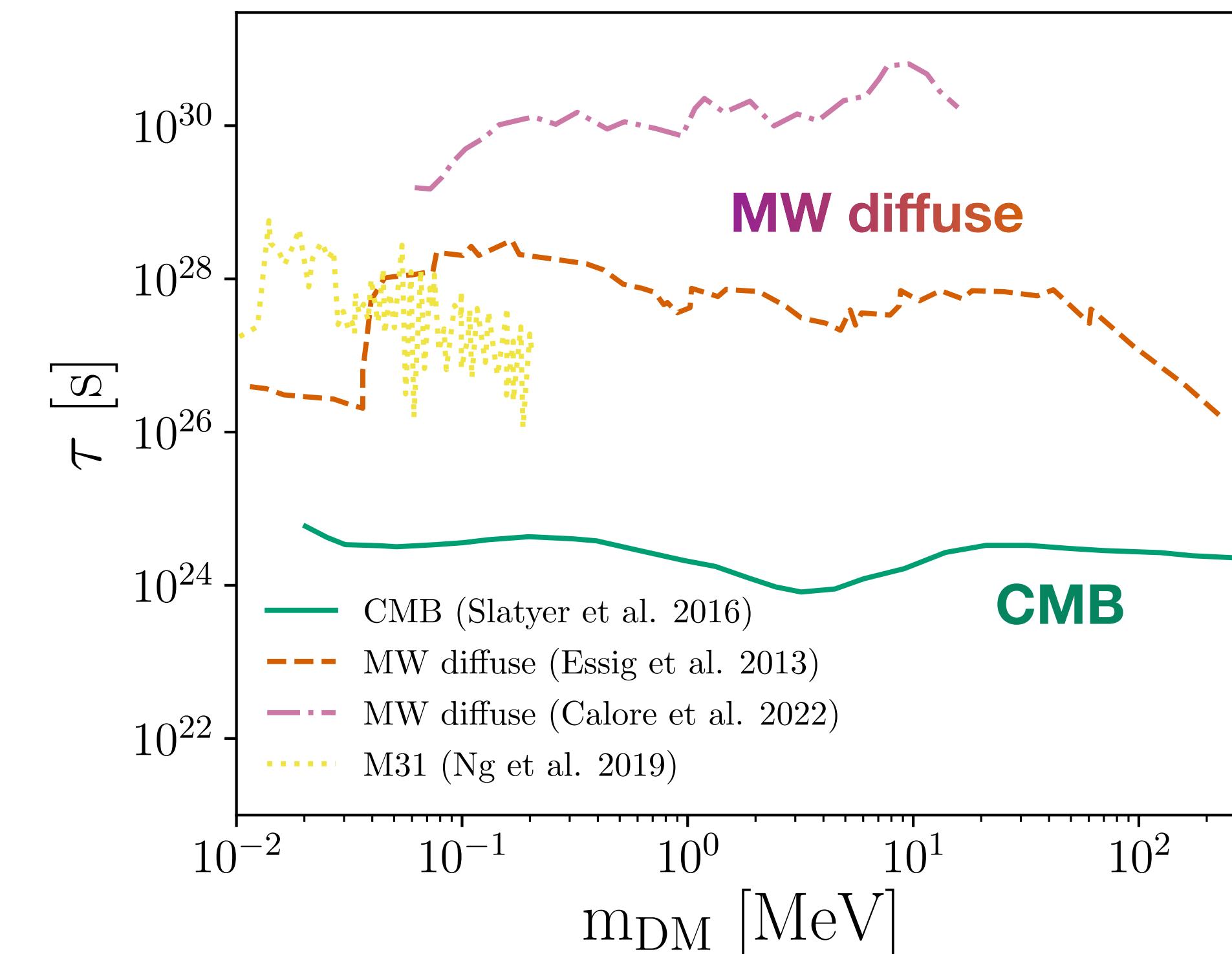
Two-photons annihilation

Siegert, FC+ MNRAS'24

<https://zenodo.org/record/7984451>

- Simple thermal freeze-out scenario for s-wave annihilation generically ruled out
- But p-wave models (many of the portals) still viable

FC FIPs2022 Proceedings

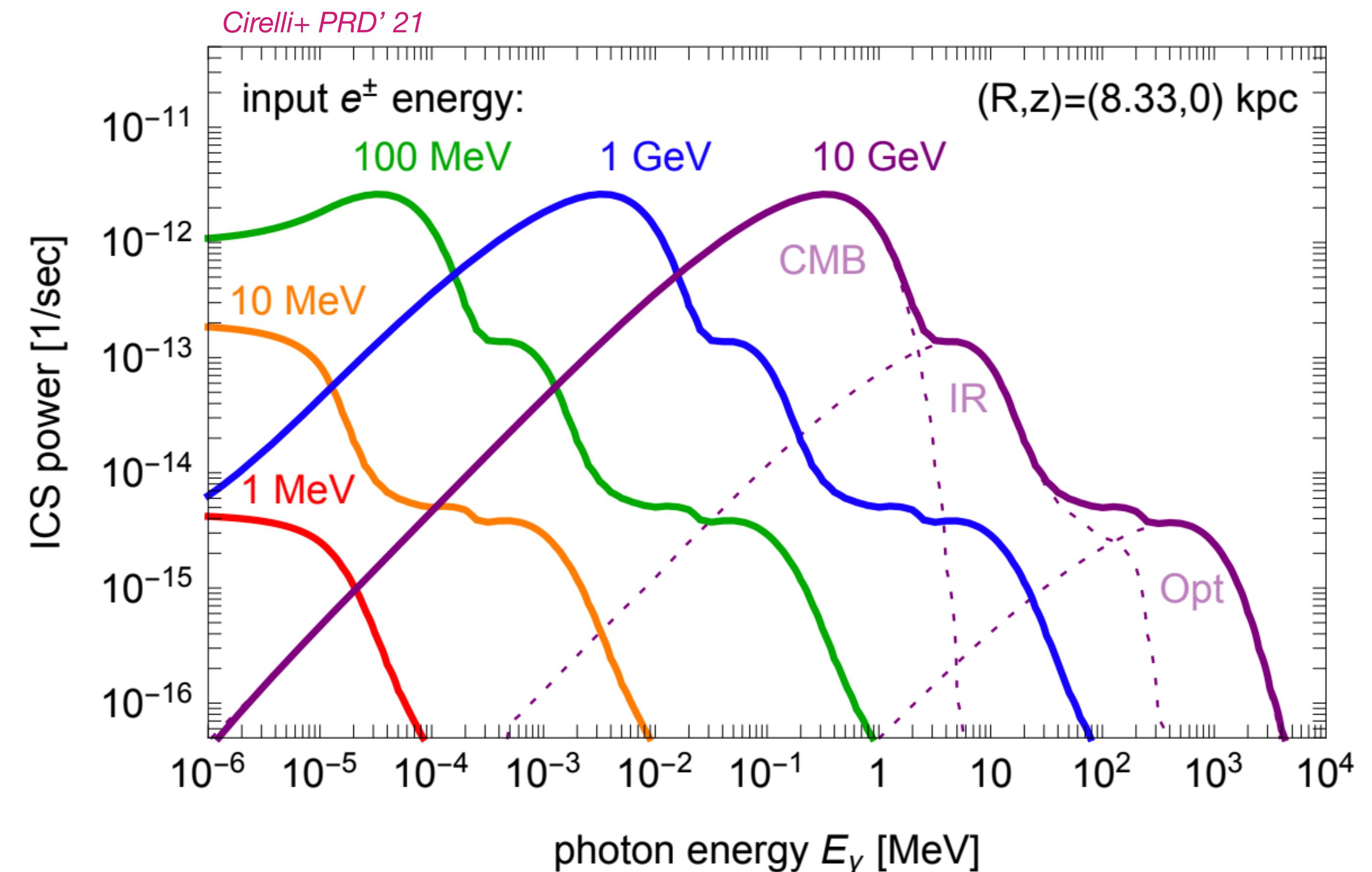
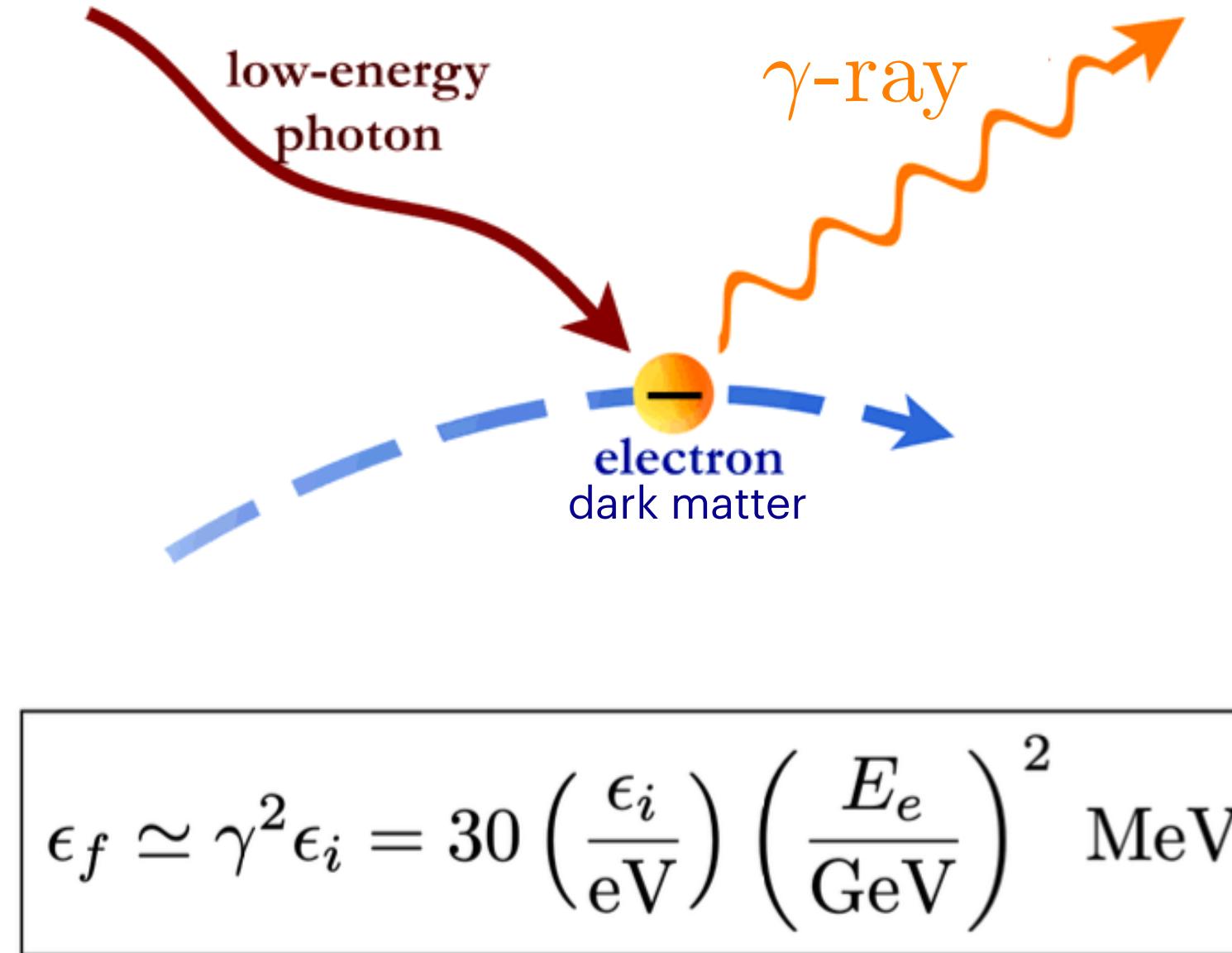


Two-photons decay

FC+ MNRAS'23

Particle dark matter emission

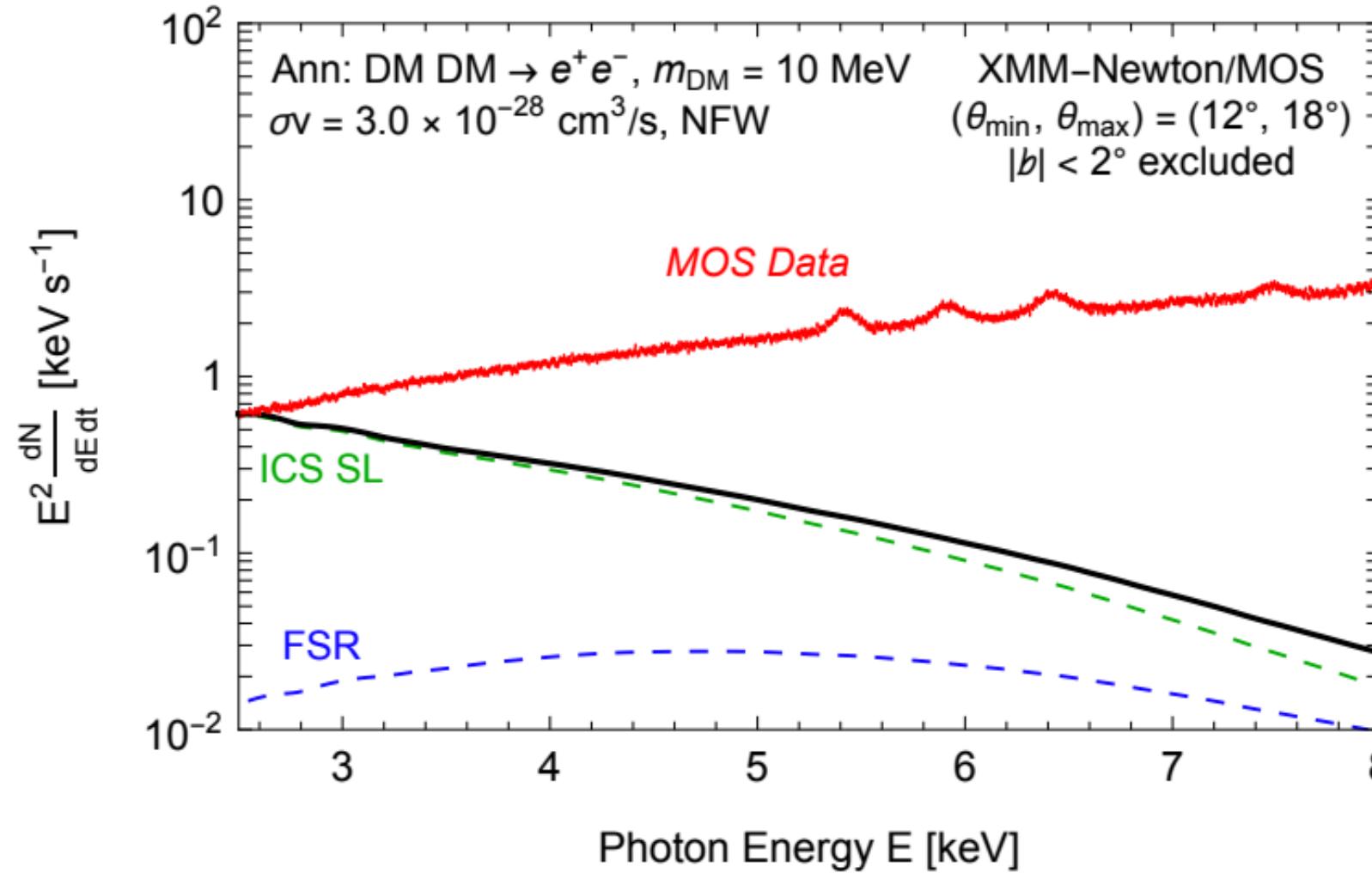
Inverse Compton scattering from leptonic final states



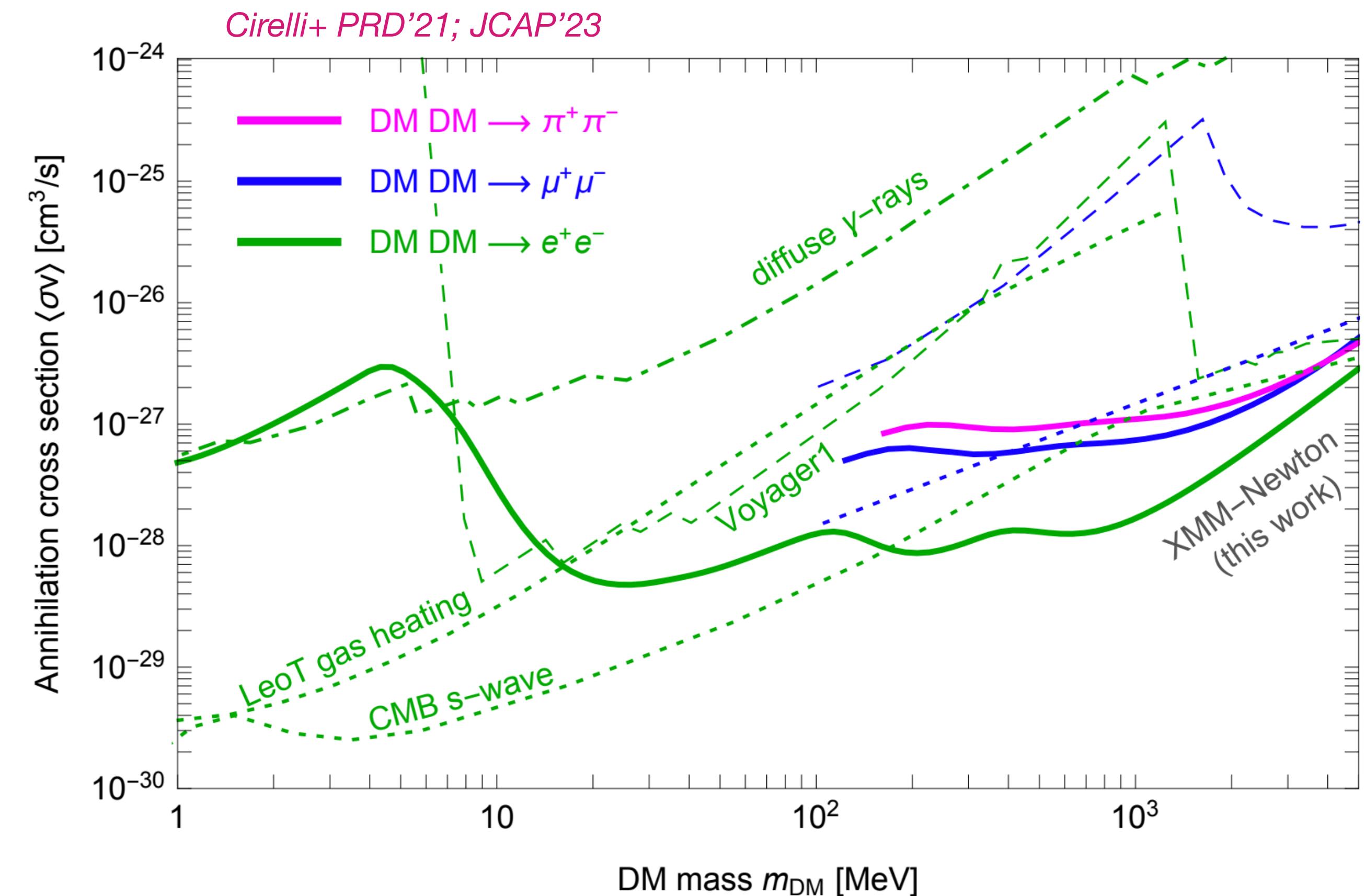
Secondary emission processes allow us to probe DM at much higher masses than prompt energy scales

Sub-GeV dark matter limits: X rays

The power of inverse Compton emission



Limits on inverse Compton induced
gamma-ray emission from **XMM-Newton**
blank-sky observations



Sub-GeV dark matter limits: 511 keV line

$$\Phi_{e^+}^{\text{ann,dec}} < 2 \times 10^{43} \text{ e}^+/\text{s}$$

$$\langle\sigma v\rangle \lesssim 2.3 \times 10^{-30} \text{ cm}^3\text{s}^{-1} \left(\frac{m_\chi}{\text{MeV}}\right)^2,$$

$$\tau > 1.1 \times 10^{26} \text{ s} \left(\frac{\text{MeV}}{m_\chi}\right)$$

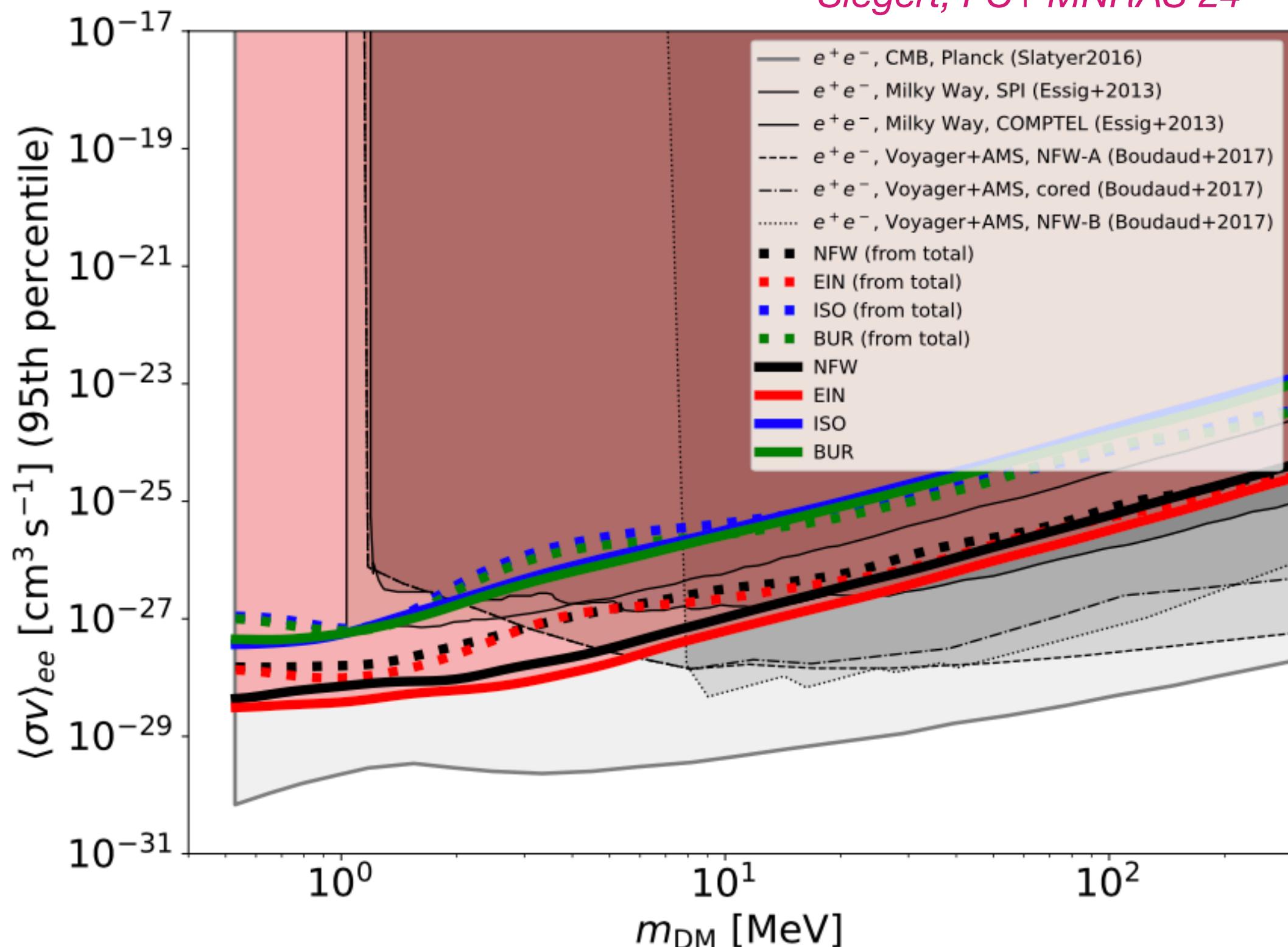
Vincent+JCAP'12

[Caputo+ JCAP'23 COSI projection]

$$\Phi_{e^+}^{\text{ann}} = \frac{1}{2} \frac{4\pi}{m_\chi^2} \langle\sigma v\rangle \int_0^{1.5\text{kpc}} dr r^2 \rho_{\text{DM}}(r),$$

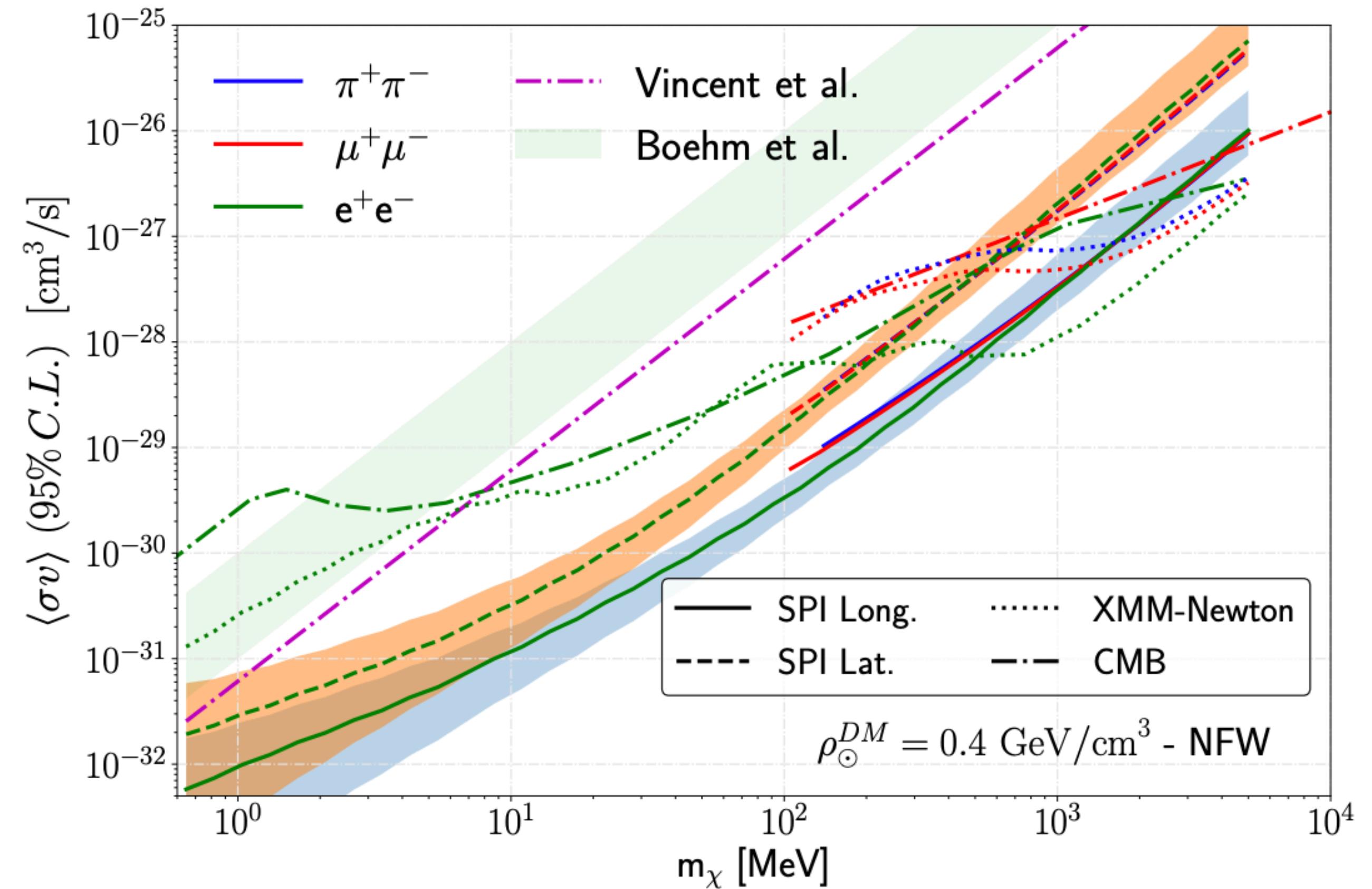
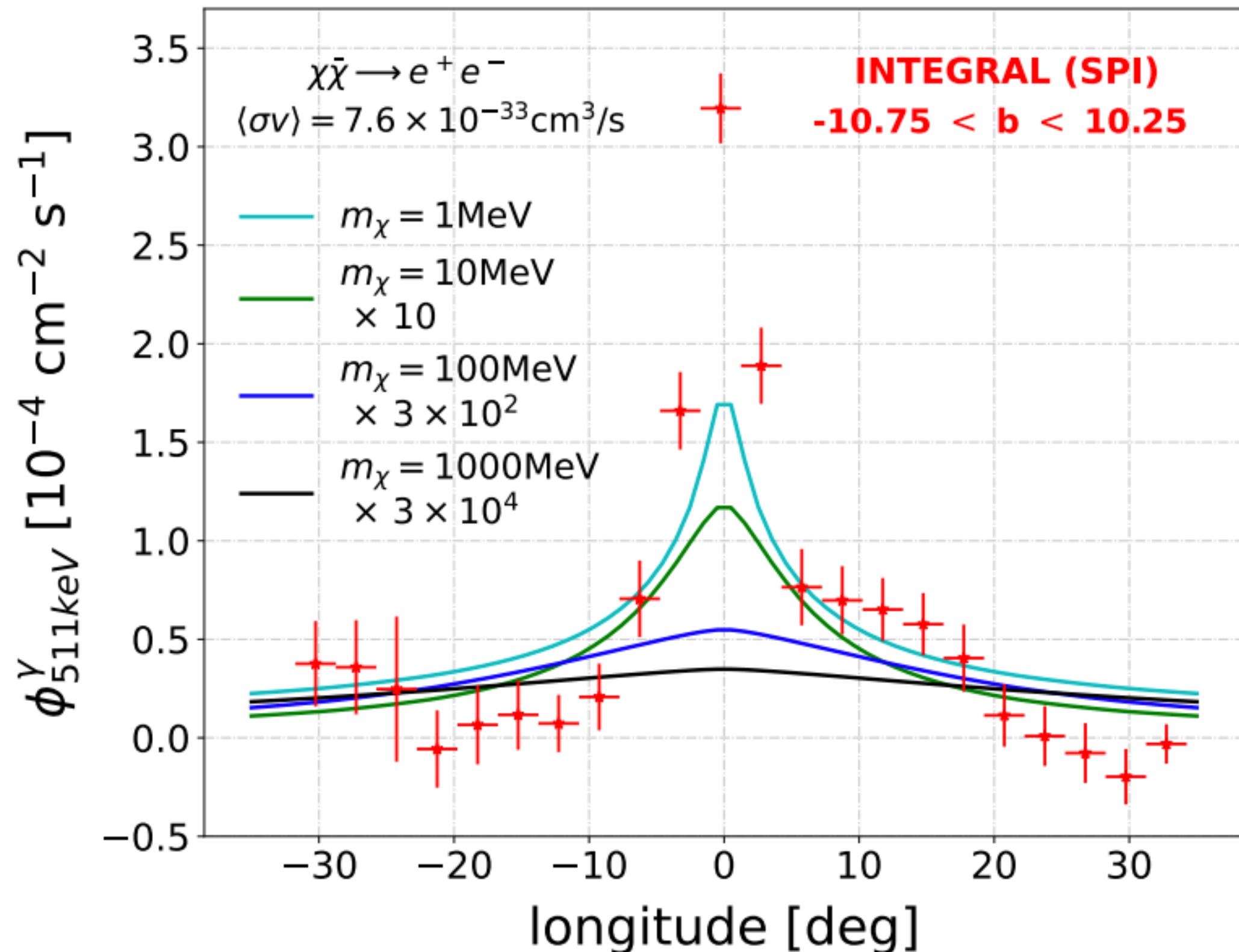
$$\Phi_{e^+}^{\text{dec}} = \frac{4\pi}{m_\chi} \frac{1}{\tau} \int_0^{1.5\text{kpc}} dr r^2 \rho_{\text{DM}}(r).$$

Sieger, FC+ MNRAS'24



Sub-GeV dark matter limits: 511 keV line

De La Torre Luque+ ApJL'24, PRD'24

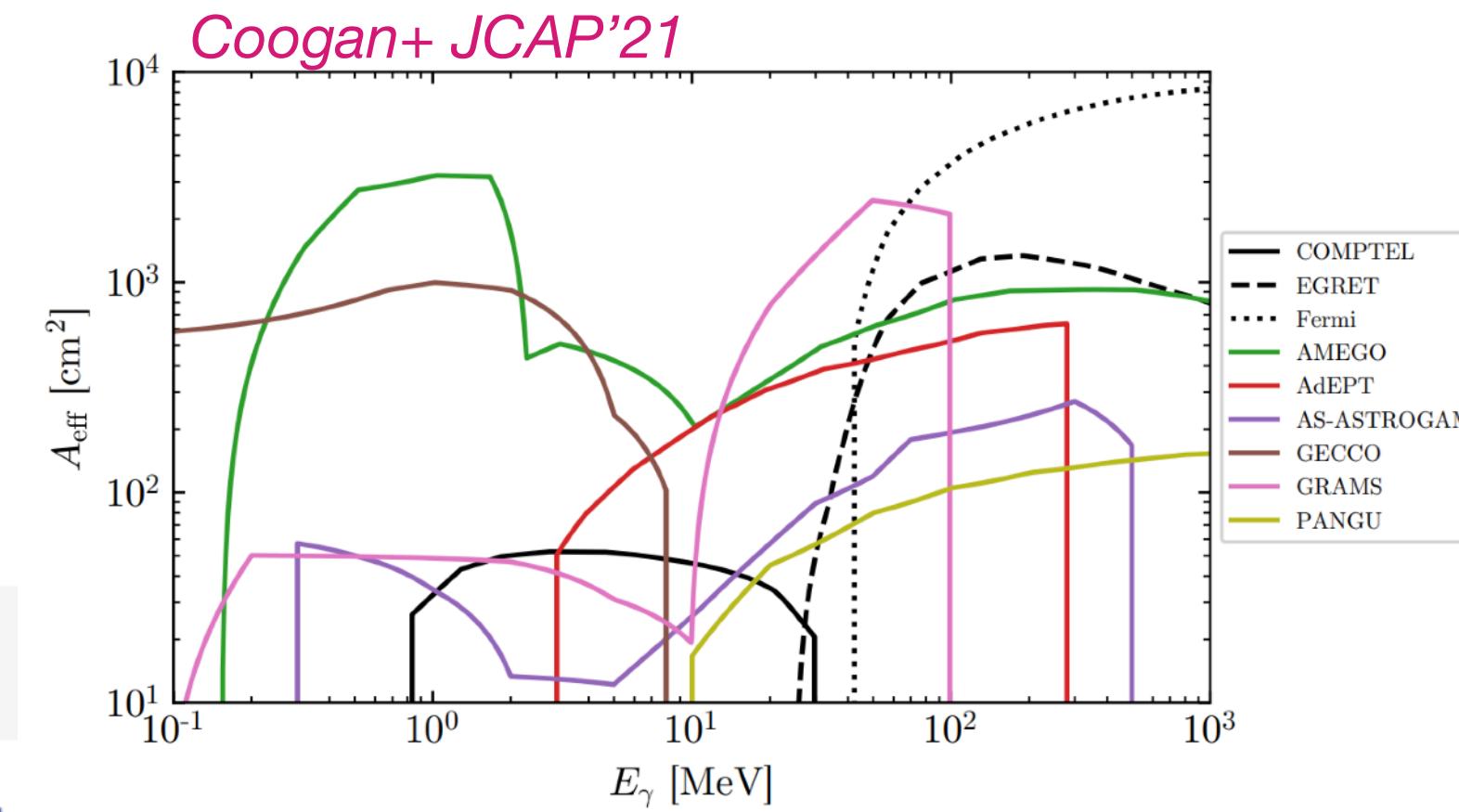
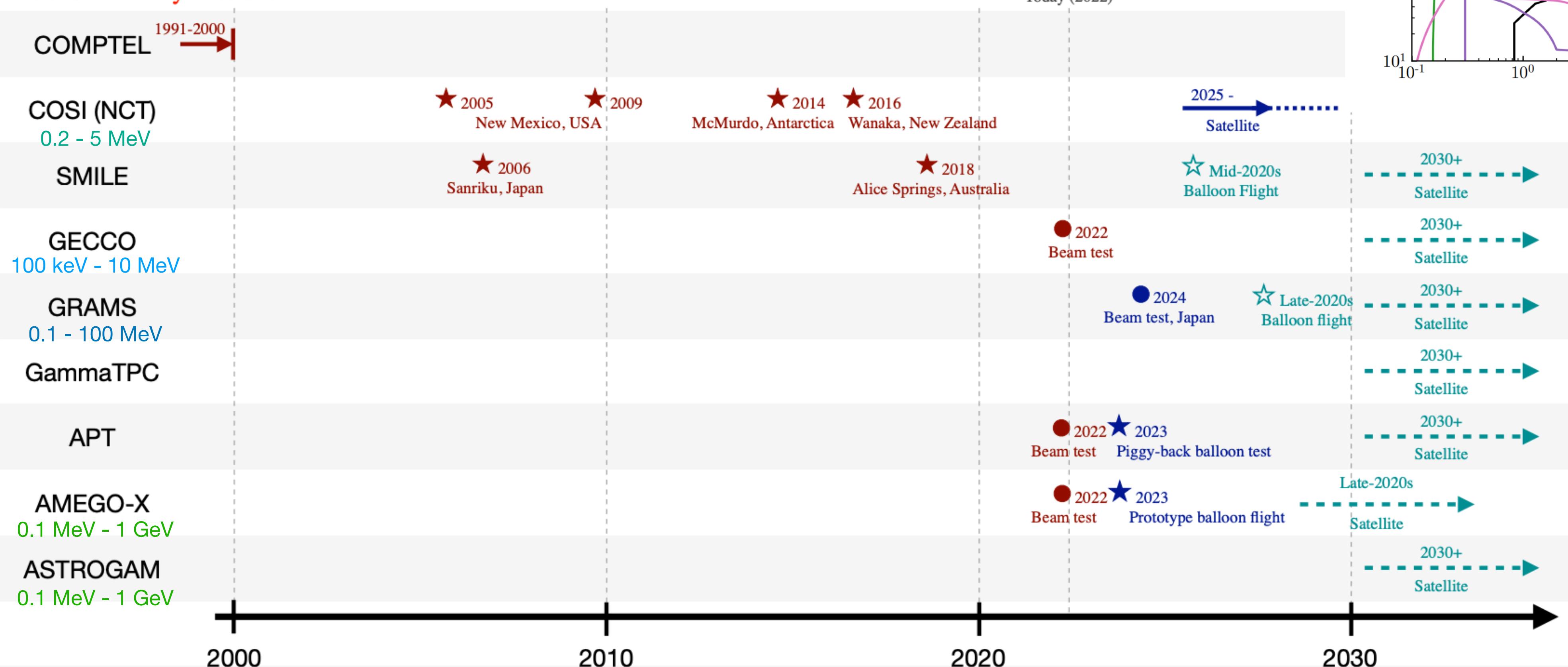


$$\frac{d\phi_\gamma^{511}}{d\Omega} = 2k_{ps} \int ds s^2 \frac{\phi_e(x_{s,b,l}, y_{s,b,l}, z_{s,b,l})}{4\pi s^2}$$

Accounts for changes in morphology
due to **diffusion** (prior to
thermalisation)

Future: Covering the MeV sensitivity gap

MeV Gamma-ray missions

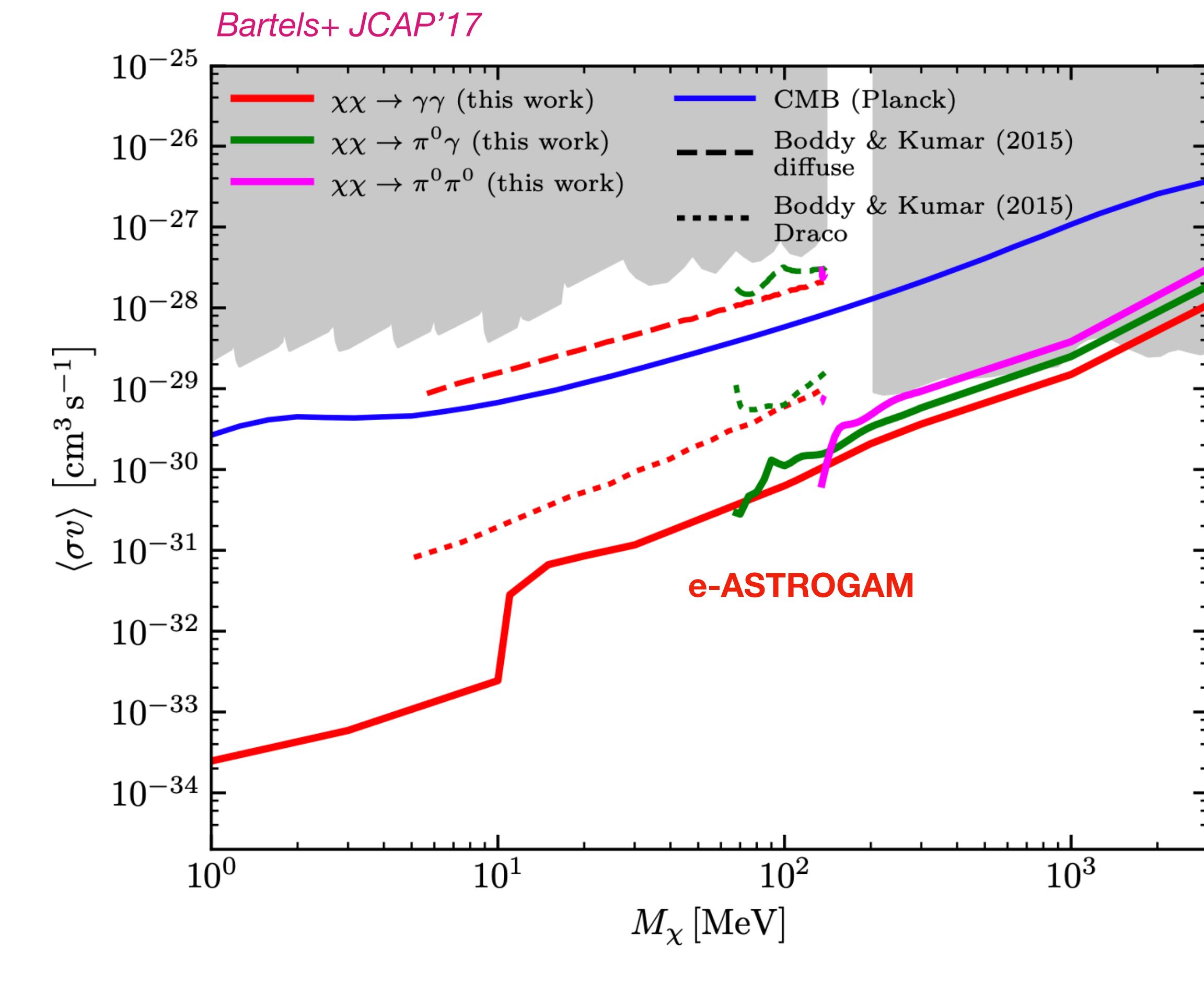
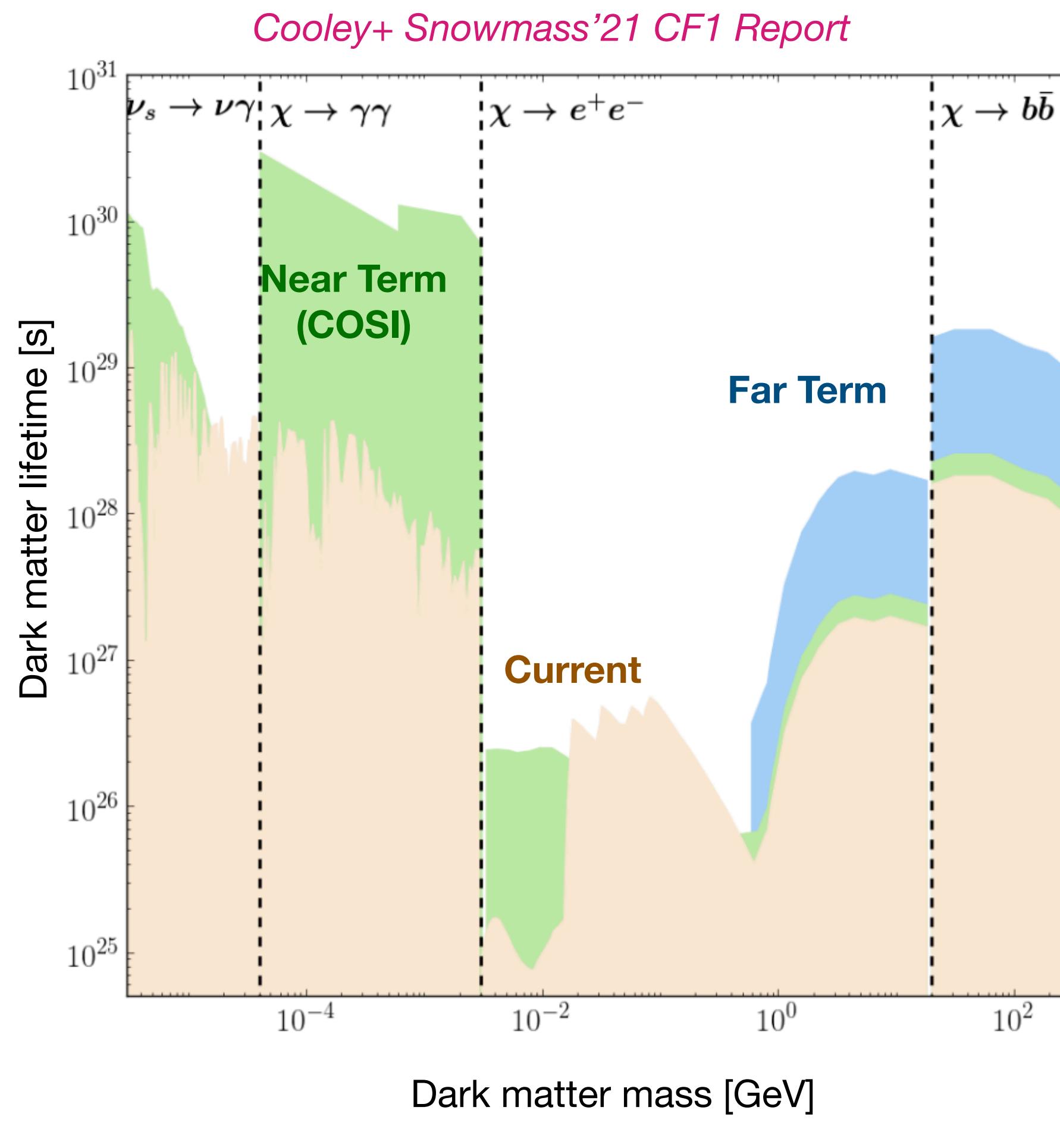


$$N_{\gamma} = T_{\text{obs}} \int_{E_{\text{min}}}^{E_{\text{max}}} dE A_{\text{eff}} \frac{d\Phi}{dE_{\gamma}}$$

Aramaki+ Snowmass'21 CF

Future: Covering the MeV sensitivity gap

Sensitivity to dark matter



Conclusions and outlook

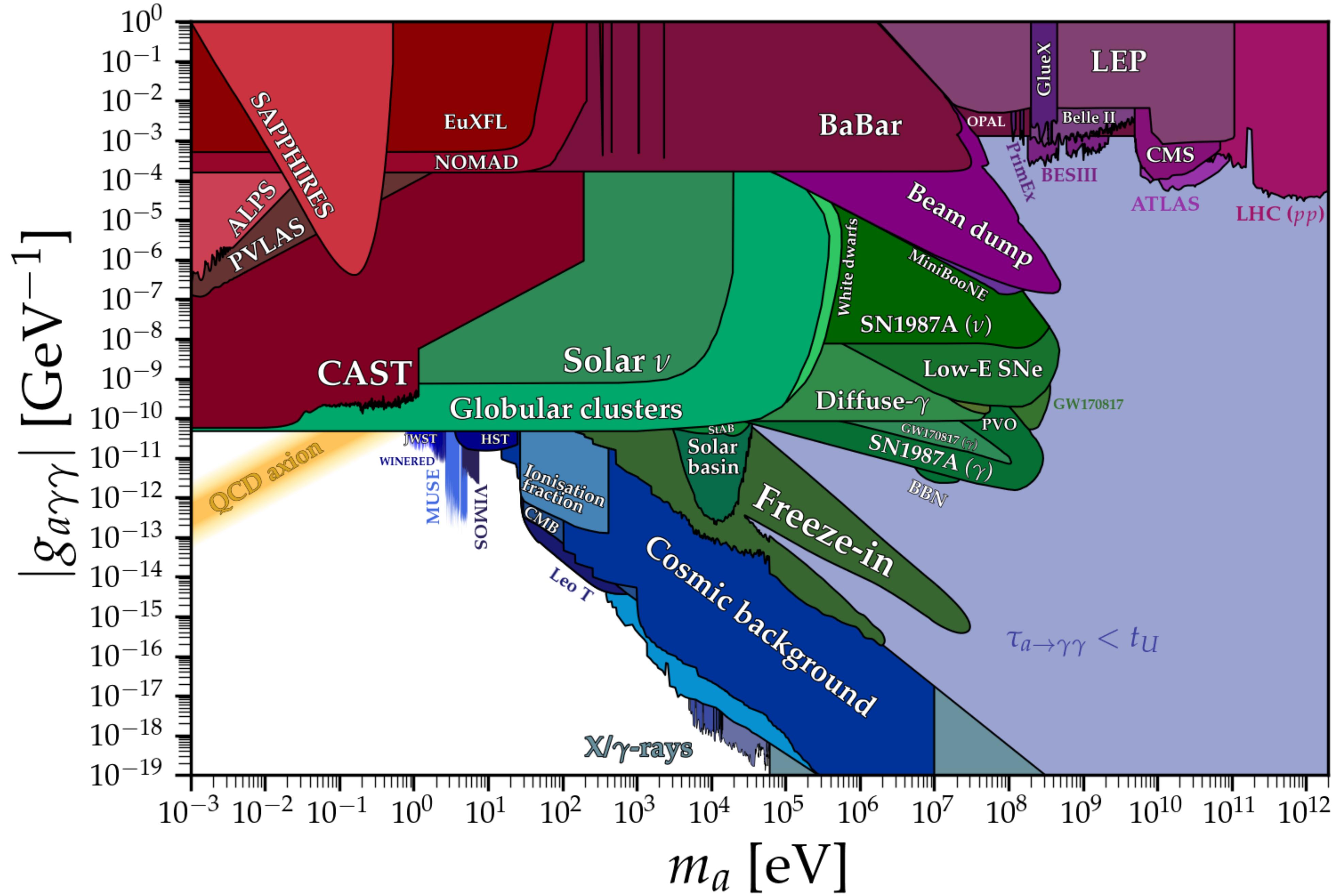
- ✓ Dark matter evidence requires new BSM physics, however the **landscape for particle and non-particle models is broad and diverse**
- ✓ Current search strategy inspired by a “**“delve deep, search wide”** approach, with ultimate reach for classical WIMPs and QCD axion in the next decade
- ✓ **Cosmological & astroparticle observables** are sensitive to **different light dark matter models** probing a large portion of their parameter space
- ✓ **Diversified program** to tackle dark matter over a wide spectrum of models and signatures
- ✓ Experimental progress in the MeV domain can provide **access to yet uncharted portions of the DM parameter space** and **full complementarity with accelerator programme!**

Conclusions and outlook

- ✓ Dark matter evidence requires new BSM physics, however the **landscape for particle and non-particle models is broad and diverse**
- ✓ Current search strategy inspired by a “**“delve deep, search wide”** approach, with ultimate reach for classical WIMPs and QCD axion in the next decade
- ✓ **Cosmological & astroparticle observables** are sensitive to **different light dark matter models** probing a large portion of their parameter space
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Thank you for the attention

Supplemental material



Constraints on FIPs from CC SNe

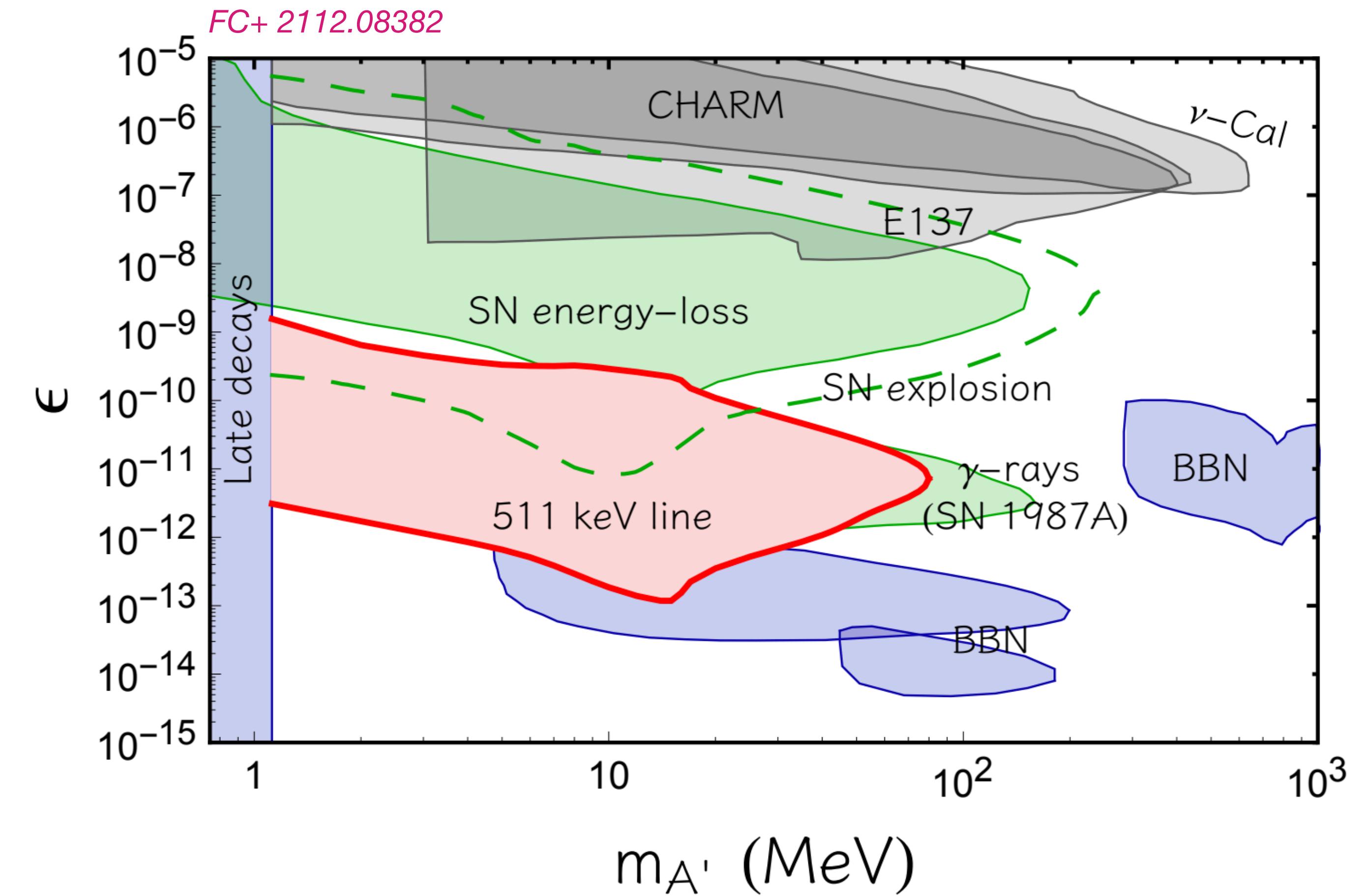
The case of dark photons

The **dark photon** (DP) is a $U(1)_0$ gauge boson kinetically mixed with the SM photon

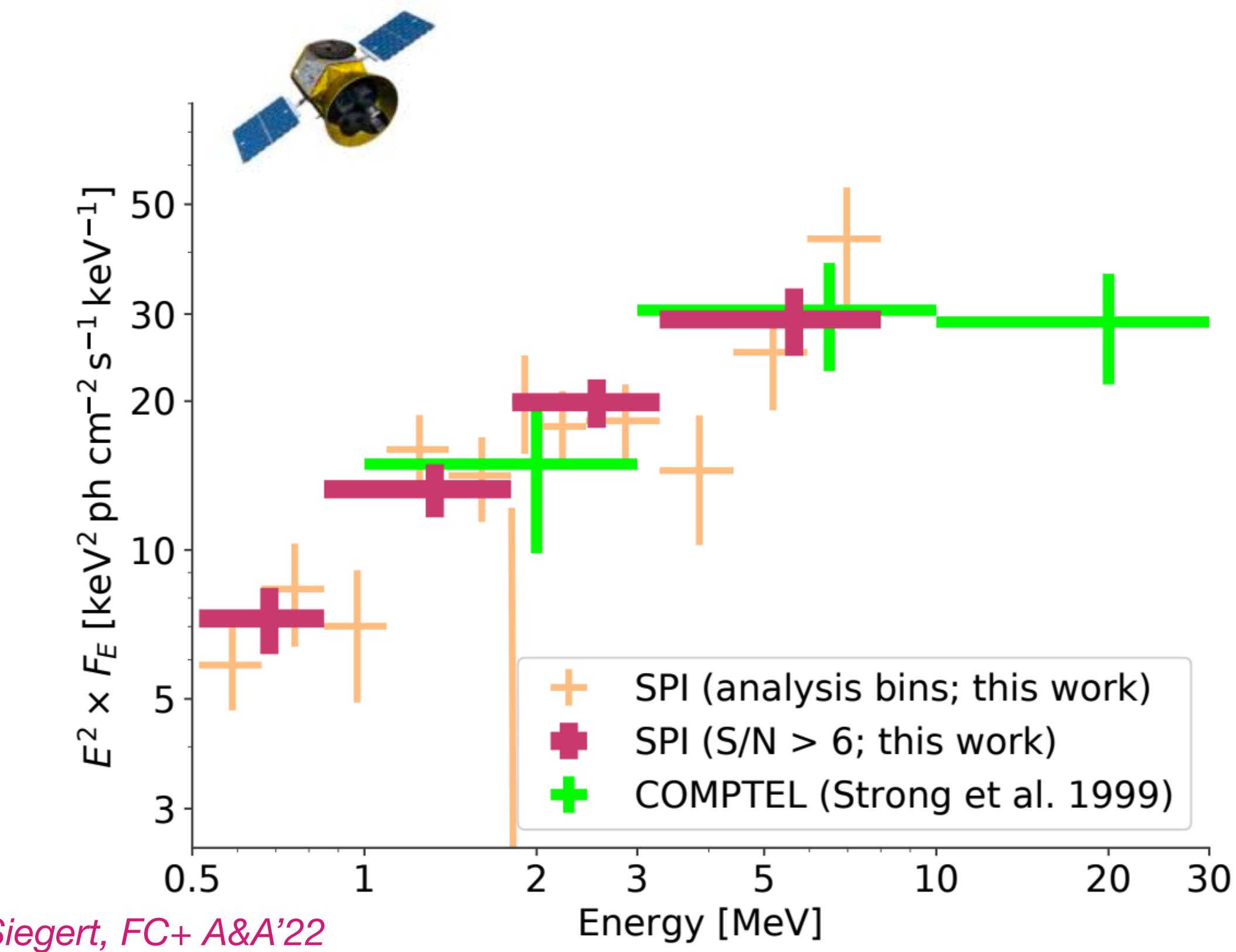
$$\mathcal{L} = \frac{1}{2} m_{A'} A'_\mu A'^\mu - \frac{1}{4} F'_{\mu\nu} F'^{\mu\nu} - \frac{\epsilon}{2} F'_{\mu\nu} F^{\mu\nu}$$

Transverse and longitudinal d.o.f can be produced in SN core

Chang+ JHEP'17



Soft gamma rays with Integral/SPI



Constraints on cosmic-ray transport at MeV energy but also on exotic emission mechanisms: particle and non-particle dark matter

Berteaud, FC+ PRD'22 ; FC+ MNRAS'23

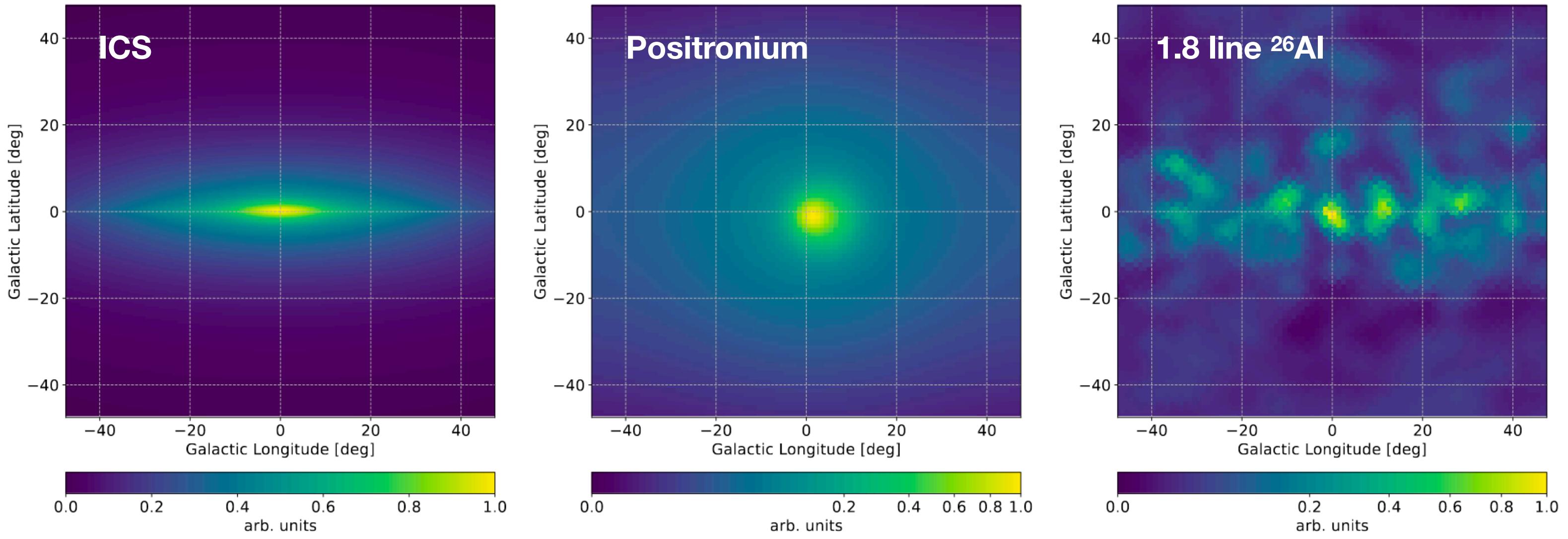
New analysis of 16yr-data from SPI
30 keV – 8 MeV

Soft gamma rays with Integral/SPI

Astrophysical contributions

Modelled **spatial templates** (30 keV – 8 MeV)

- **Inverse Compton scattering** of electrons off the interstellar radiation field $e_{\text{CR}}^{\pm} + \gamma \rightarrow e^{\pm} + \gamma_{\text{MeV}}$
- Unresolved sources (<100 keV)
- Nuclear lines
- Positronium annihilation line+continuum



Berteaud, FC+ PRD'22

Soft gamma rays with Integral/SPI

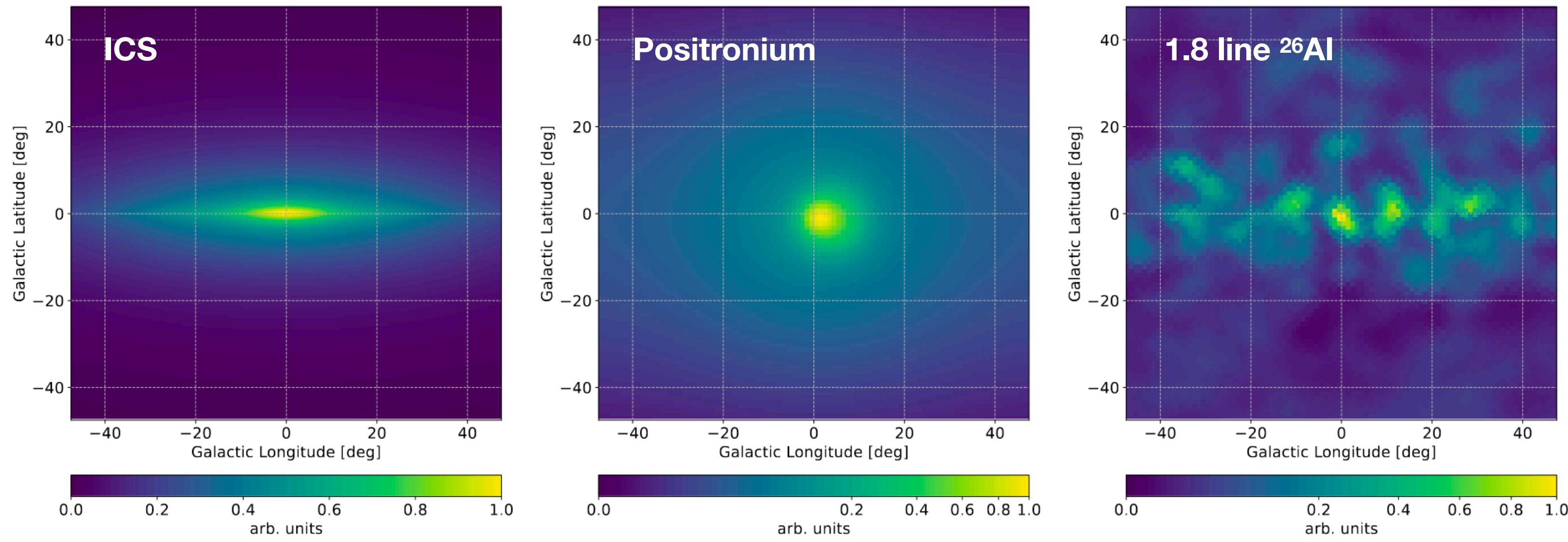
Dark matter contribution?

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- Additional **DM signal?**

$$\frac{d\Phi_{\gamma}}{dE}(\ell, b) = \mathcal{A}(\theta_{\text{DM}}) \times \frac{dN_{\gamma}}{dE} \times \int_{\text{l.o.s.}} \rho_{\text{DM}}^N(s, \ell, b) ds$$



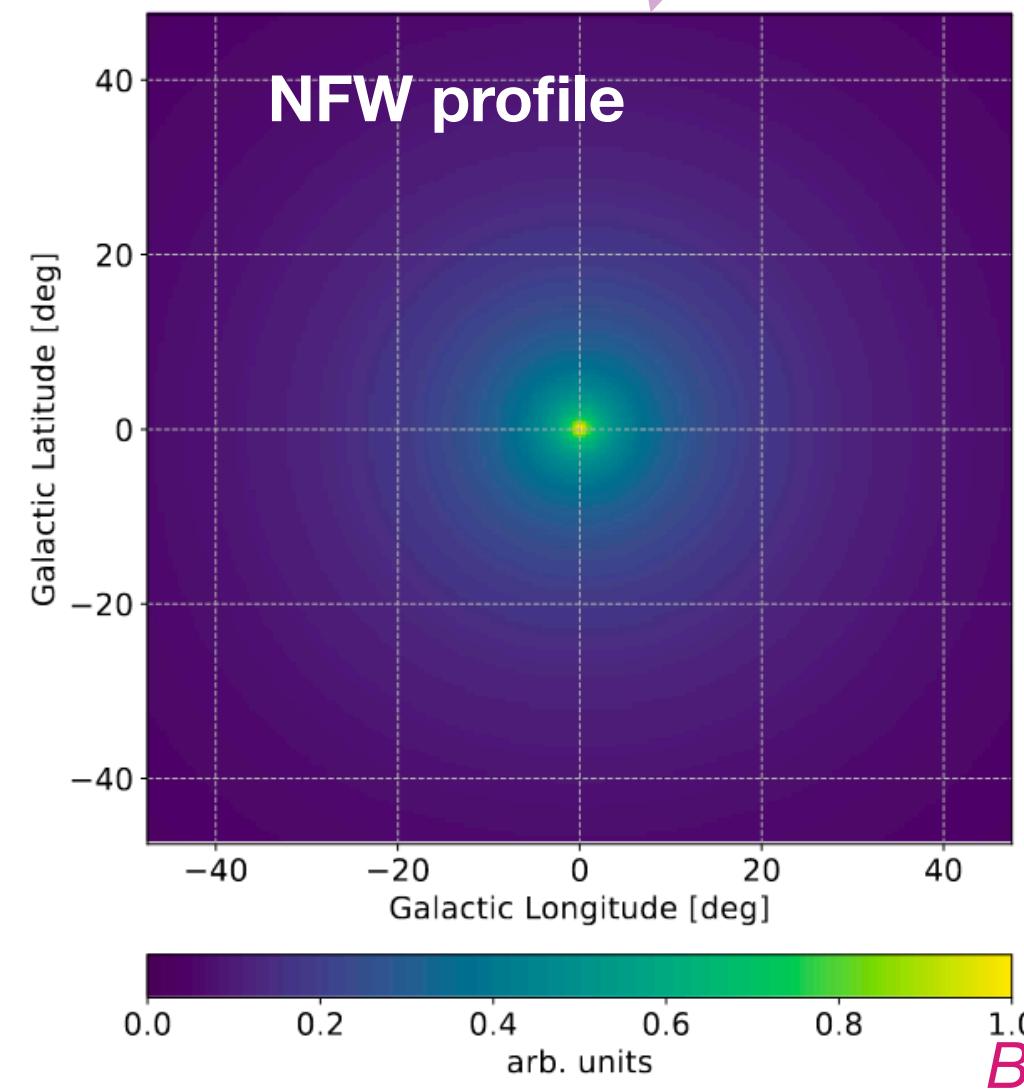
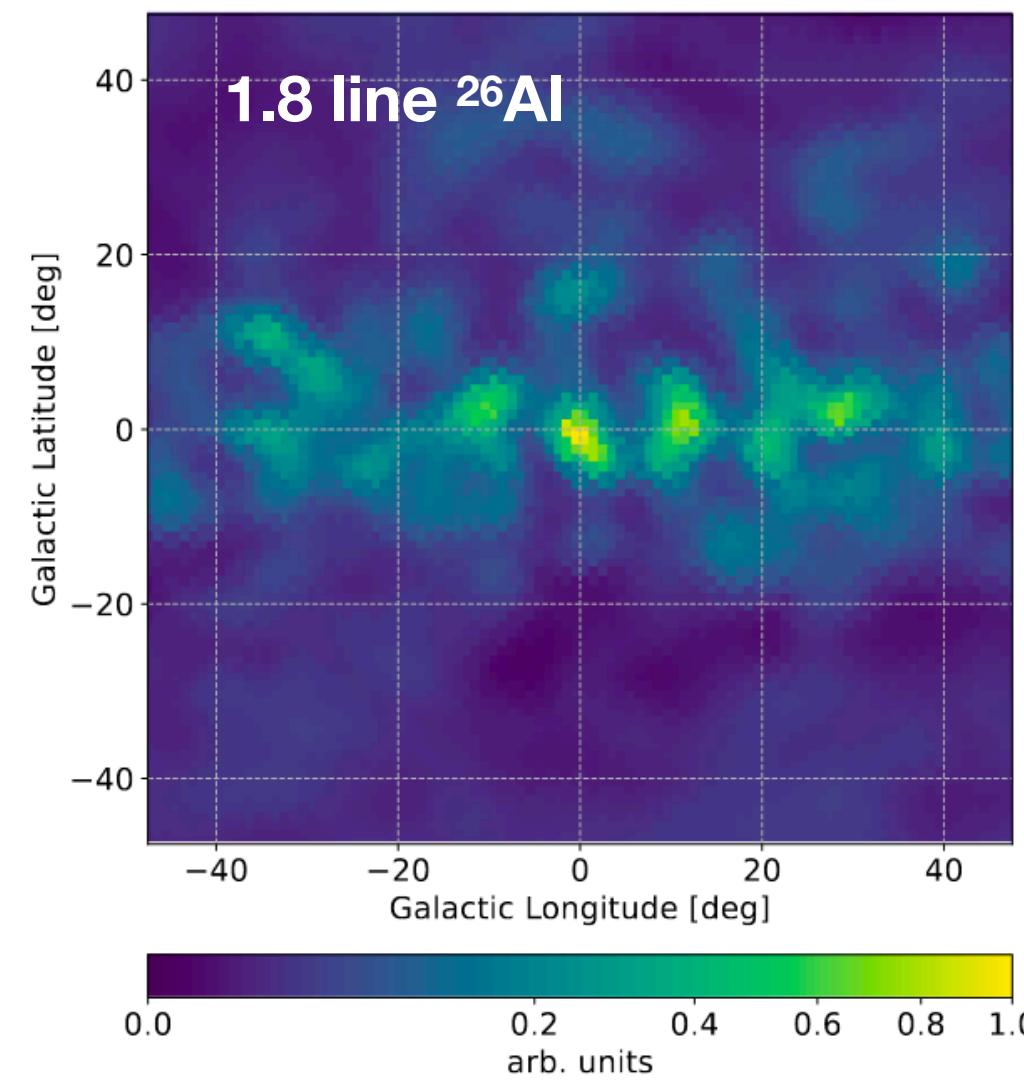
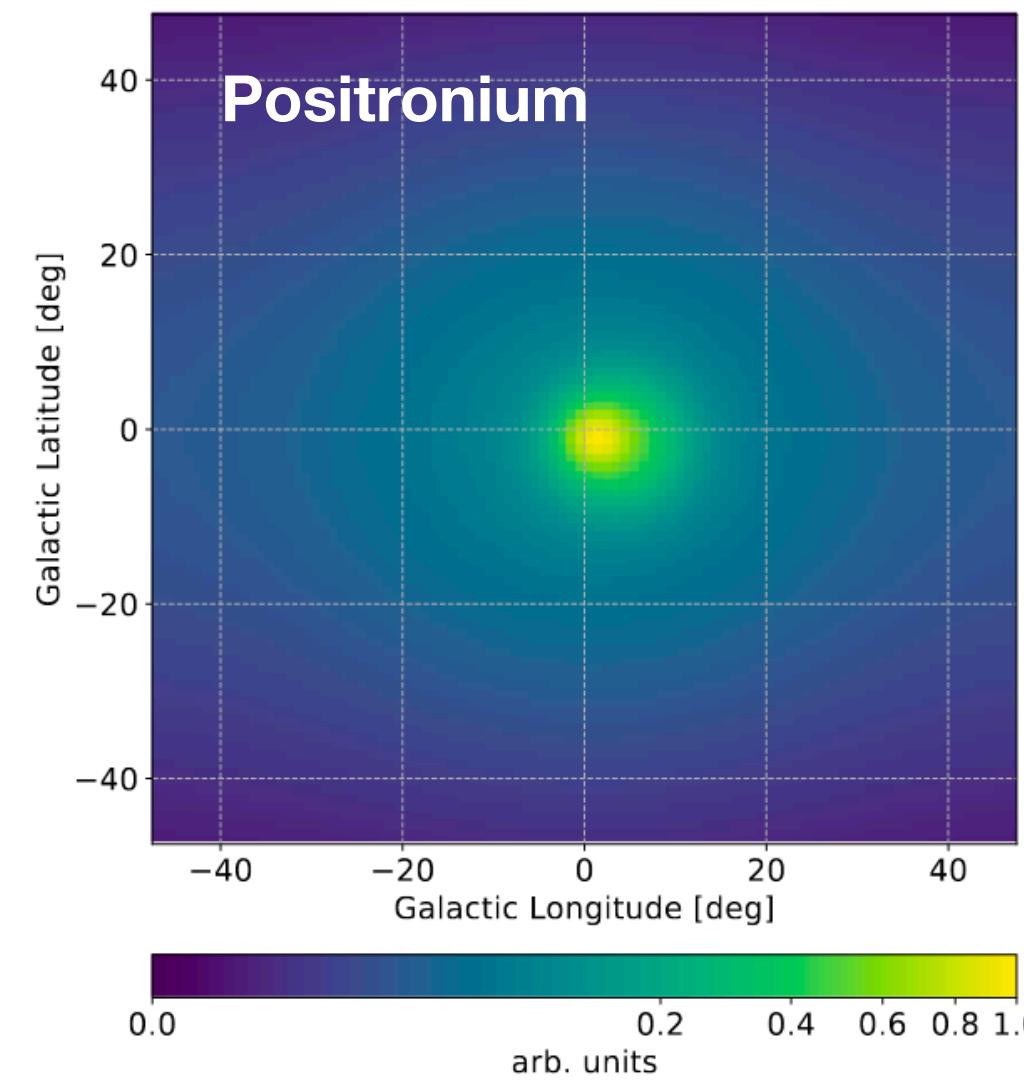
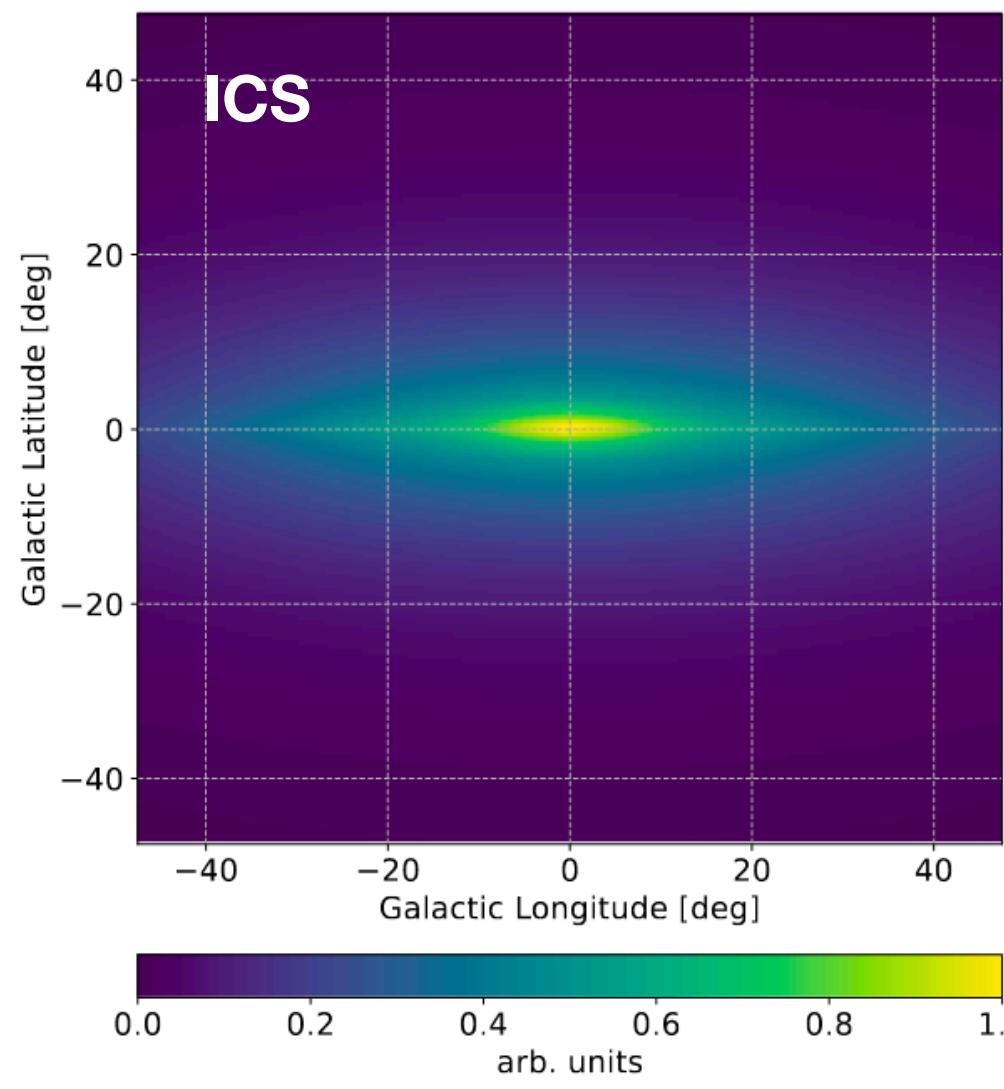
Berteaud, FC+ PRD'22

Soft gamma rays with Integral/SPI

Dark matter contribution?

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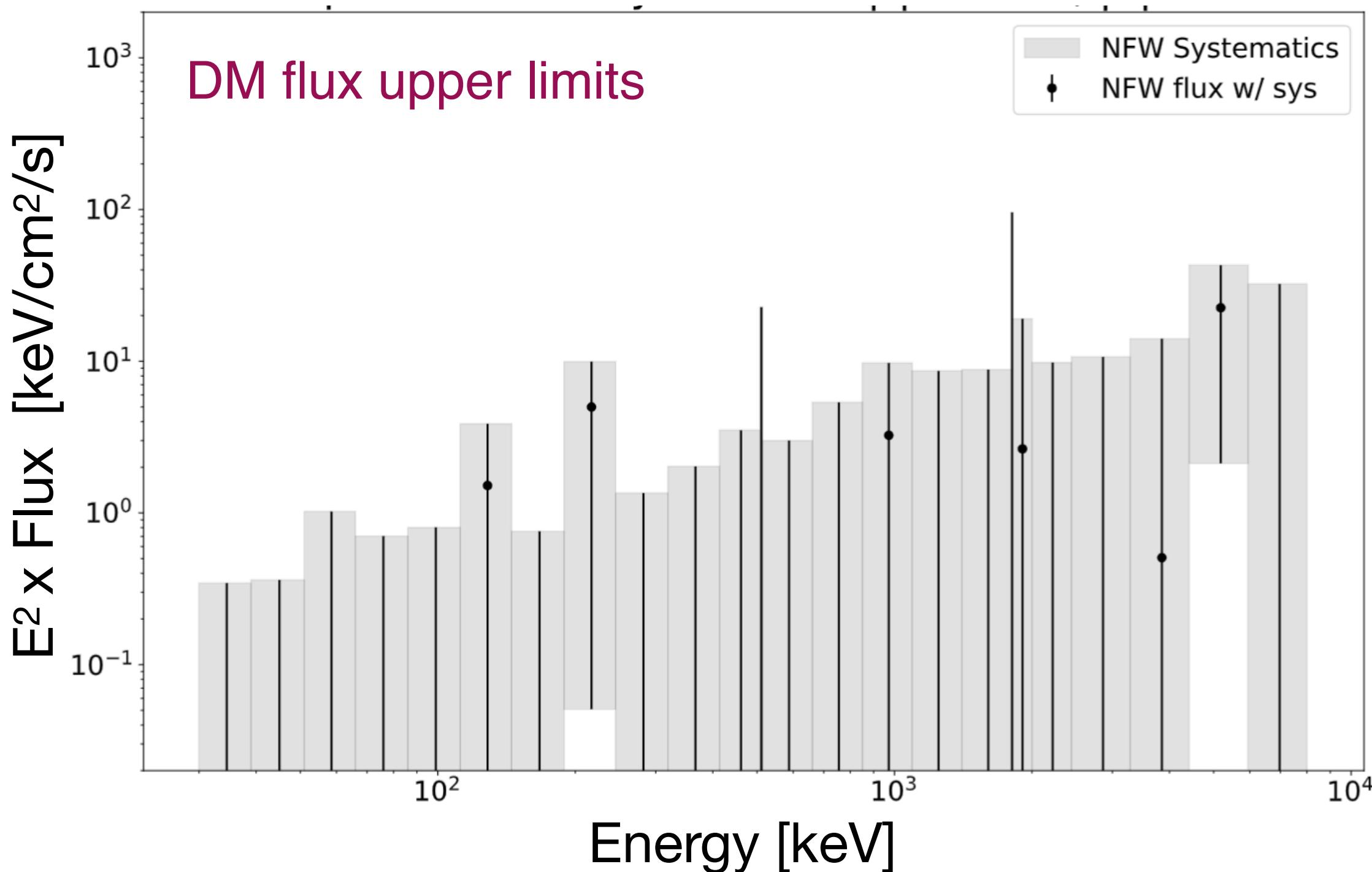
$$\frac{d\Phi_{\gamma}}{dE}(\ell, b) = \mathcal{A}(\theta_{\text{DM}}) \times \frac{dN_{\gamma}}{dE} \times \int_{\text{l.o.s.}} \rho_{\text{DM}}^N(s, \ell, b) ds$$

Berteaud, FC+ PRD'22

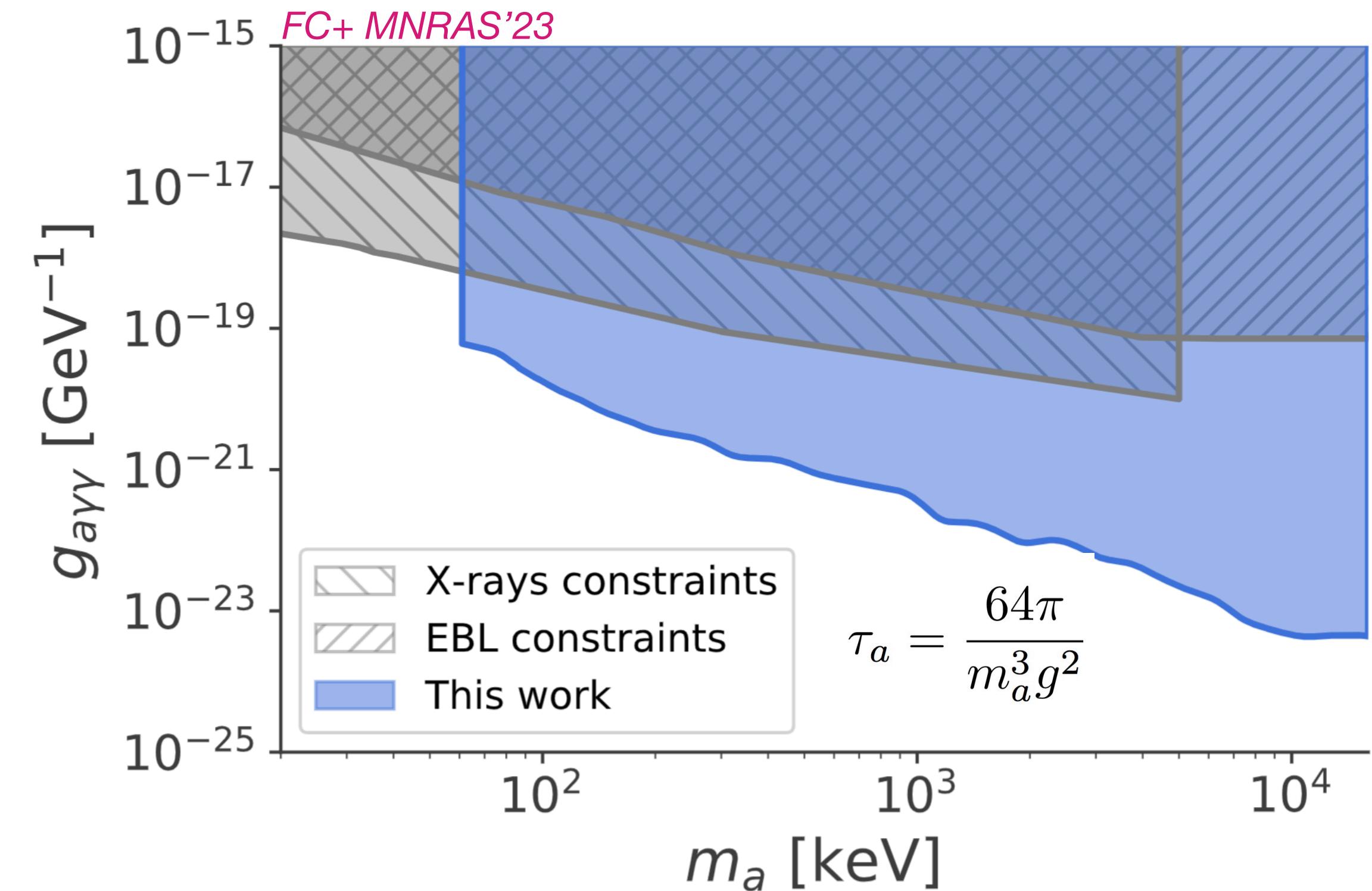
Soft gamma rays with Integral/SPI

Constraints on decaying dark matter

No signal detected



→ Upper limits on light particle decay



Re-analysis of Integral/SPI data provides the **strongest constraints** on (light) particle and non-particle DM PBHs

<https://zenodo.org/record/7984451>

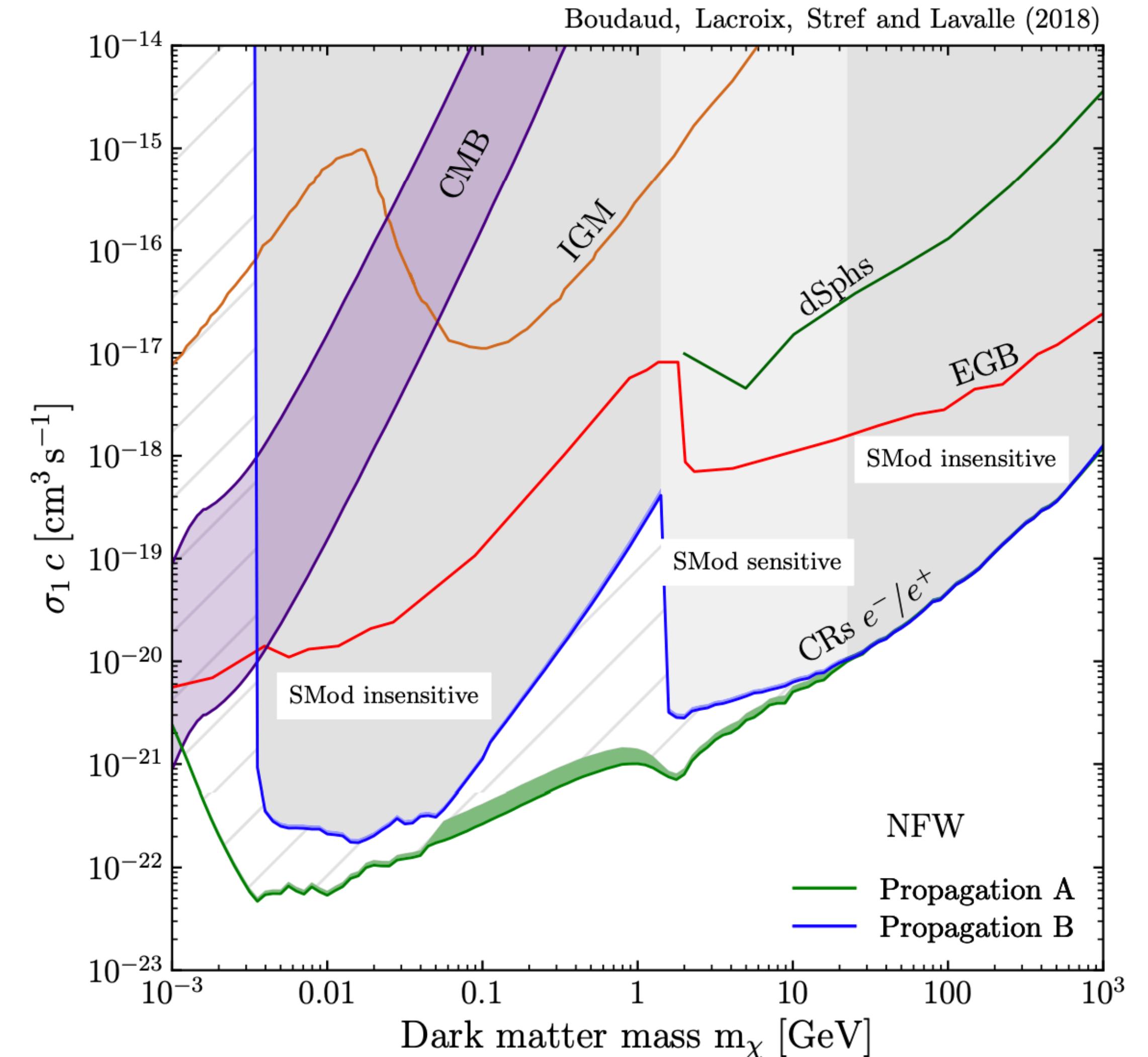
Summary: Limits on light DM

P-wave annihilating DM

$$\begin{aligned}\langle\sigma v\rangle &= \langle\sigma v\rangle_{s\text{-wave}} + \langle\sigma v\rangle_{p\text{-wave}} + \text{higher orders} \\ &= \sigma_0 c + \sigma_1 c \left\langle \frac{v_r^2}{c^2} \right\rangle + \mathcal{O}\left(\frac{v_r^4}{c^4}\right),\end{aligned}$$

- CMB limits suppressed by low velocity of DM at recombination ($\sim 10^{-5} c$)
- Present limits to be re-scaled using appropriate average of DM density over phase-space distribution
- For typical velocities at freeze out (0.15 c), we can expect

$$(\sigma_1 c)^{f.o.} \sim 10^{-25} \text{ cm}^3/\text{s}$$

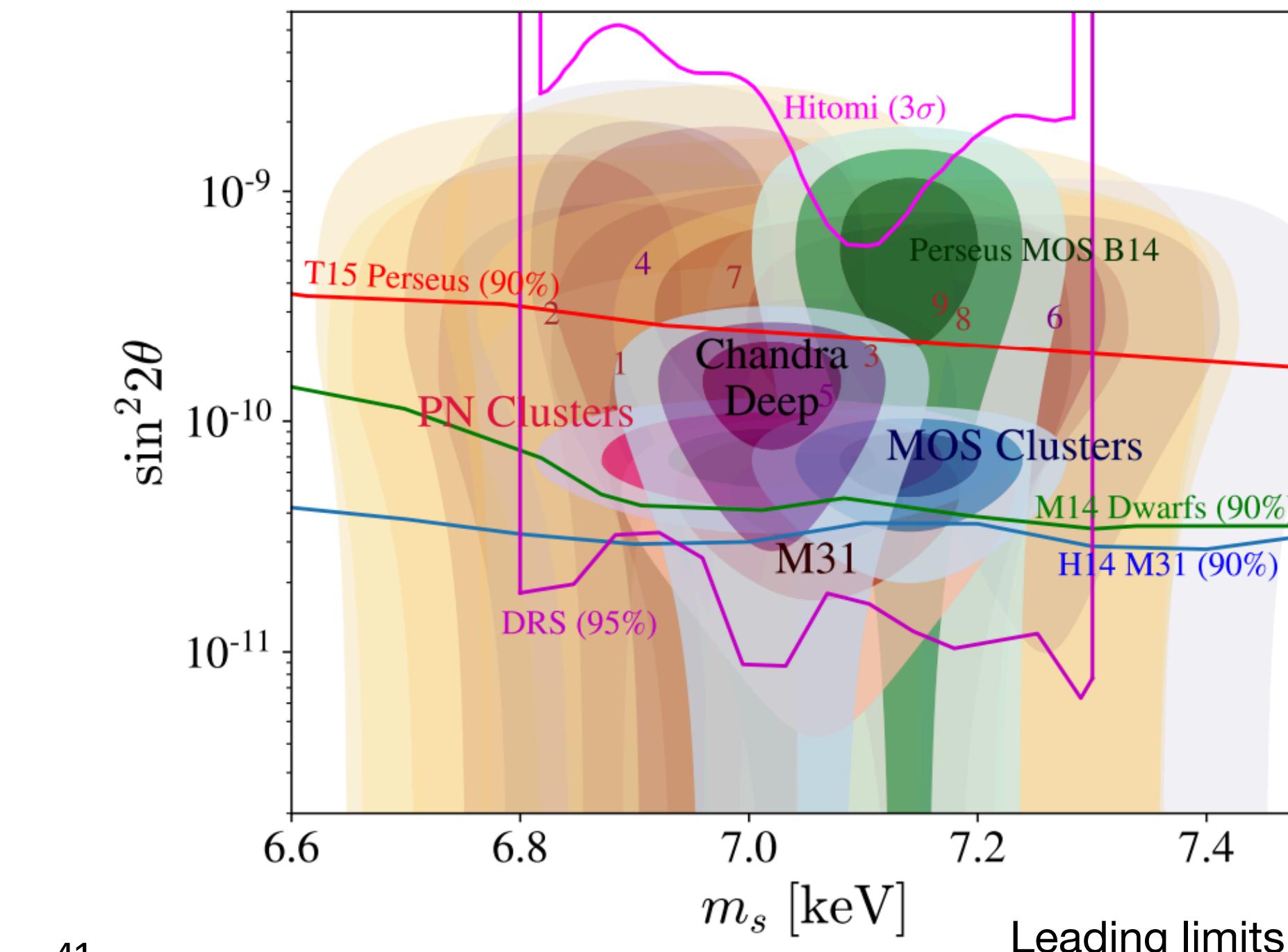
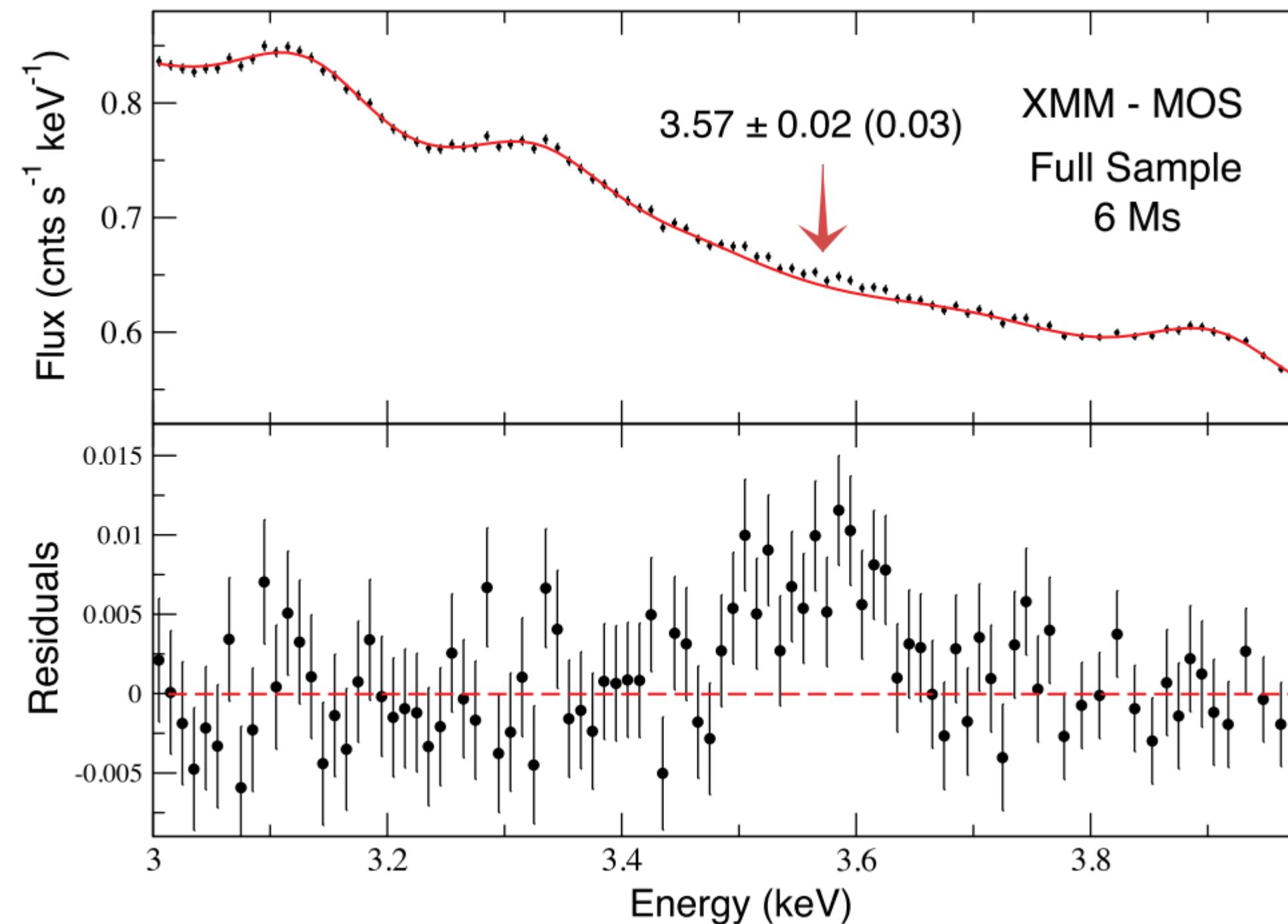


Sterile neutrinos X-ray lines

X-ray telescopes and spectral analysis

Starting from early 2014:

- **Detection** of an unidentified line at **3.5 keV**: XMM-Newton (6 Ms) & *Chandra*, Perseus cluster; XMM-Newton, M31; Suzaku, Perseus; etc
- **Constraints** from *Chandra* M31; XMM-Newton/*Chandra* 80 galaxies; blank field pointings *Chandra* and XMM-Newton, etc



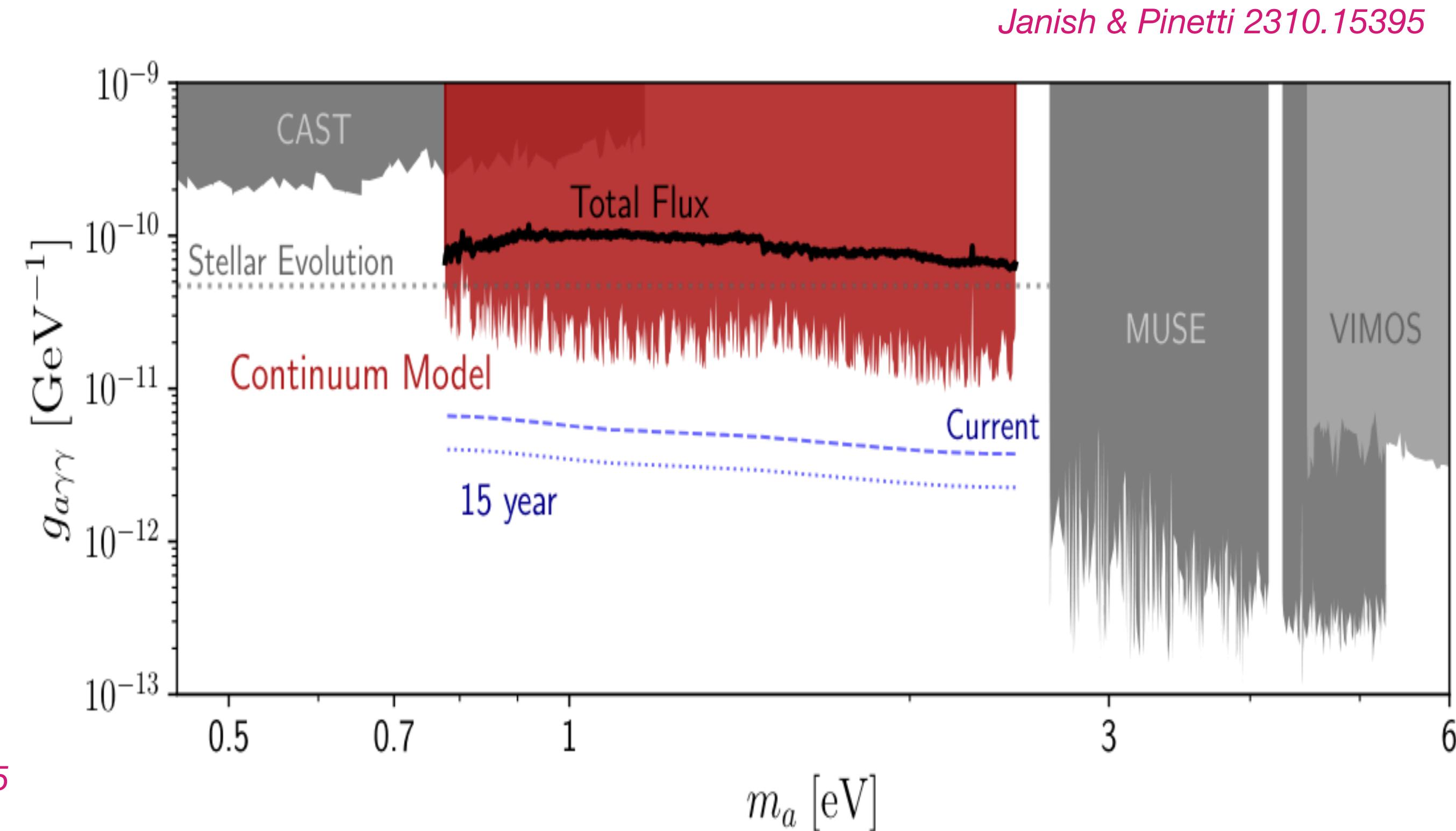
Constraints on eV ALPs

IR - optical wavelengths

Search for **narrow lines** in IR and optical data

- **MUSE**: search in the direction of 5 known dwarf galaxies
Todarello+ JCAP'24
- **VIMOS (Visible Multi-Object Spectrograph)**: galaxy clusters Abell 2667 and 2390
Grin+ PRD'06
- **JWST**: public blank sky observations from the NIRSpec IFU

Janish & Pinetti 2310.15395



Constraints on keV - MeV ALPs

X-ray and soft gamma rays energies

Heavy ALPs DM decay

Search for **narrow lines** in X and gamma-ray data

- **XMM-Newton**: 5-16 keV, archival data
=> No evidence found for unassociated X-ray lines
Foster+ PRL'21
- **NuSTAR**: 7-Ms/detector deep blank-sky exposures
Roach+ PRD'23
- **Integral-SPI**: new analysis of 16yr data with dedicated search for DM component in continuum Galactic emission
Berteaud, FC+PRD'22; FC+ MNRAS'23

