Neutrinos and rich dark sectors: the quest for the origin of neutrino masses

> 3 July 2025 FLASY 2025 U. Roma Tre

Silvia Pascoli



ALMA MATER STUDIORUM Università di Bologna





Special role of neutrinos in uncovering physics BSM.

Neutrinos: Open window on Physics BSM

Neutrinos give a new perspective on physics BSM. I. Origin of masses 2. Problem of flavour



Why neutrinos have mass? and why are they so much lighter than the other fermions? and why their hierarchy is at most mild?

$$\begin{array}{ccc} \sim 1 & \lambda & \lambda^{3} \\ \lambda & \sim 1 & \lambda^{2} \\ \lambda^{3} & \lambda^{2} & \sim 1 \end{array} \right) \lambda \sim 0.2 \\ \left(\begin{array}{ccc} 0.8 & 0.5 & 0.16 \\ -0.4 & 0.5 & -0.7 \\ -0.4 & 0.5 & 0.7 \end{array} \right)$$

Why leptonic mixing is so different from quark mixing?

What is the new physics scale?

Are there new: symmetries? particles? interactions?

New physics scale: High Energy frontier and above



Despite intense searches in colliders, flavour and DM exp, no hints of TeV new physics have been found.

Going low in energy: Dark sectors

A change of paradigm might be needed: new physics may be light but hidden because too weakly interacting (dark or hidden sectors).

Sterile nulight DMHNL searches: peak, kinks, decays,oscillationsLeptogenesis

Recently, a strong theoretical effort has been done together with a blooming of experimental opportunities at the intensity frontier.

See e.g. Artuso et al., 2210.04765, S. Gori et al, 2209.04671, FIPs 2023 report, 2305.01715

The dark sector can interact with SM via portals:

- the kinetic mixing portal (dark photons);
- the scalar portal (dark scalar);
- the neutrino portal (heavy neutral leptons);
- the axion portal (axion).





After symmetries breaking, the dark neutral fermions, HNLs and SM neutrinos will mix.

Neutrino masses BSM at low scales

 $\mathcal{L} = -Y_{\nu}\bar{N}L \cdot H - 1/2\bar{N}^{c}M_{R}N$



In see-saw models, lowering the Yukawa couplings it is possible also to lower the N mass scale, making it exp reachable.

The mixing angle remains rather small:

$$\sin^2\theta \sim \frac{m_D^2}{M_N^2} \sim \frac{m_\nu}{M_N}$$

making searches very challenging.

In minimal models, HNL production and decay is controlled by the mixing with SM neutrinos.



"A la beam dump" or fixed target experiments





Future exp such as DUNE ND, SHiP, FCC might approach the "see-saw region" in certain mass ranges. The typical search is for displaced vertices.

Extensions of the see saw mechanism

Models in which it is possible to lower the mass scale, keeping large Yukawa couplings have been studied.

Let's introduce two right-handed singlet neutrinos.

 $\mathcal{L} = Y\bar{L} \cdot HN_1 + Y_2\bar{L} \cdot HN_2^c + \Lambda\bar{N}_1N_2 + \mu'N_1^TCN_1 + \mu N_2^TCN_2$

 $\begin{pmatrix} 0 & Yv & Y_2v \\ Yv & \mu' & \Lambda \\ Y_2v & \Lambda & \mu \end{pmatrix}$ See e.g. Gavela et al., 0906.1461; Ibarra, Molinaro, Petcov, 1103.6217; Kang, Kim, 2007; Majee et al., 2008; Mitra, Senjanovic, Vissani, 1108.0004; Malinsky, Romao, Valle, 2005

 $m_{tree} \simeq -m_D^T M^{-1} m_D \simeq \frac{v^2}{2(\Lambda^2 - \mu'\mu)} \left(\mu Y_1^T Y_1 + \epsilon^2 \mu' Y_2^T Y_2 - \Lambda \epsilon (Y_2^T Y_1 + Y_1^T Y_2)\right)$

Small neutrino masses emerge due to cancellations between the contributions of the two sterile neutrinos (typically associated to small breaking of some L).

Two limits:

Gavela et al., 0906.1461; Ibarra, • Inverse see-saw: $\Lambda \gg \mu, Y_2 v, \mu'$ Molinaro, Petcov, 1103.6217 Two quasi-Dirac neutrinos with large mixing:

$$m_4 \approx -m_5 \approx \tilde{M}_1 \approx -\tilde{M}_2 \approx \Lambda, \qquad U_{e4} \approx U_{e5} \approx Y_{1e} v/2\Lambda,$$

 $\Delta \tilde{M} \equiv |\tilde{M}_2| - |\tilde{M}_1| \approx \mu',$

• Extended see-saw: $\mu' \gg \Lambda, \mu$ Kang, Kim, 2007; Majee et al., 2008; Mitra, Senjanovic, Vissani, 1108.0004 One light and one heavy sterile neutrino:

 $m_4 \approx \tilde{M}_1 \approx -\Lambda^2/\mu', \qquad U_{e4} \approx Y_{1e} v/\sqrt{2\Lambda}$ $m_5 \approx \tilde{M}_2 \approx \mu',$



$$U_{e5} \approx Y_{1e} v / \sqrt{2} \mu'$$



FIPs report 2022



Changing the paradigm Rich dark sectors

Two contrasting approaches can be taken: Minimality: the fewest ingredients -> predictivity Richness: connections, new signatures



A rich dark sector



This type of structure is typical of rich dark sectors, that contain multiple particles and interactions.

A concrete example: the 3-portal model

The Lagrangian is given by

$$\mathcal{L} \supset \mathcal{L}_{SM} - \frac{1}{4} X_{\mu\nu} X^{\mu\nu} - \frac{\sin \chi}{2} X_{\mu\nu} B^{\mu\nu} \\
+ (D_{\mu} \Phi)^{\dagger} (D^{\mu} \Phi) - V(\Phi) - \lambda_{\Phi H} |H|^{2} |\Phi|^{2} \\
+ \overline{\widehat{\nu}_{N}} i \partial \!\!\!/ \widehat{\nu}_{N} + \overline{\widehat{\nu}_{D}} i D \!\!\!/_{X} \widehat{\nu}_{D} - \left[(\overline{L} \widetilde{H}) Y \widehat{\nu}_{N}^{c} + \overline{\widehat{\nu}_{N}} Y_{L} \widehat{\nu}_{D_{L}}^{c} \Phi \\
+ \overline{\widehat{\nu}_{N}} Y_{R} \widehat{\nu}_{D_{R}} \Phi^{*} + \frac{1}{2} \overline{\widehat{\nu}_{N}} M_{N} \widehat{\nu}_{N}^{c} + \overline{\widehat{\nu}_{D_{L}}} M_{X} \widehat{\nu}_{D_{R}} + \text{h.c.} \right]$$

A. Abdullahi, M. Hostert, SP, 2007.11813

The model is anomaly free thanks to the inclusion of two dark neutrinos with opposite charges. Other possibilities can also be considered (DM).

Neutrino masses emerge as discussed earlier.

New HNL phenomenology

In RDS models, HNL production is controlled by mixing or other portal (e.g. B-L gauge coupling) and decay can be fast due to the internal DS dynamics.



Fast visible and invisible decays

HNL decay bounds need to be reevaluated and they may not apply (e.g. beam dump experiments).



19

New exp signatures

MiniBooNE low-E excess: due to the WC nature of MB, single electrons can be mimicked by photons and by electron-positron pairs (if overlapping or asymmetric).



MiniBooNE Coll., PRL 121 (2018)

Up-scattering of an HNL N in the detector and its decay into ee nu can provide a possible explanation.



New dark photon phenomenology The bounds on A' are from collider (BaBar, Belle), electron and proton beam dump experiments and fixed-target ones, for visible or invisible decays.



In RDS models, typically dark photons decay fast in the dark particles that subsequently decay semivisibly.



Cuts on visible and invisible energy hide the signal.



Bounds need to be reconsidered.

Abdullahi, Hostert, Massaro, SP, 2302.05410

See also, G. Mohlabeng, PRD99 (2019)

Our current FIPs/DS programme may not be well suited for this type of searches and might miss a dark sector which is non-minimal.

Crucial: Add to standard case also these additional type of searches, exploiting the rich exp facilities.

New dark scalar phenomenology



Dark scalars and photons: FOPT and PTA GWs

G. Agazie et al. (NANOGrav), 2306.16213; J. Antoniadis et al. (EPTA, InPTA:), 2306.16214; D. J. Reardon et al., 2306.16215; H. Xu et al., 2306.16216.

In 2023, evidence was reported of nanoHertz stochastic GW background by PTA experiments. A FOPT provides a possible explanation. See also, S. Balan et al., 2502.19478; J. Goncalves et al., 2501.11619



A FOPT proceeds via nucleation of bubble of true vacuum. They grow ultimately filling all the Universe.

The evolution of the PT needs to be very slow (supercooled PT) and this sets important requirements on the parameters of the model. We consider a U(I) extension with scalar for SBB:

$$\mathcal{L} = (D_{\mu}\phi)^{*} (D^{\mu}\phi) - V(\phi^{*}\phi) - \frac{1}{4}Z'_{\mu\nu}Z'^{\mu\nu}$$



Costa et al., 2501.15649

 $V = -\mu_{\phi}^2 \phi^* \phi + \lambda_{\phi} \left(\phi^* \phi\right)^2$

$$g_D^{\text{roll}} = \left\{ \frac{16\pi^2 \lambda_\phi}{3} \left[1 - \frac{\lambda_\phi}{8\pi^2} \left(5 + 2\log 2 \right) \right] \right\}^{1/4}$$

For g_{roll} there is a barrier between the two vacua at zero T.

Between g_{max} and g_{min} the FOPT completes.



Conclusions

Neutrinos are the most elusive and mysterious of the known particles. Neutrino masses are so far the only particle physics evidence BSM.

Current status: precise knowledge of most of neutrino properties. Key questions open (nature, CPV) due to be answered in the next decade. Thriving experimental programme.

The key question is: What is the origin of neutrino masses?

What is the new physics scale? This BSM can be as high as GUT or as low as the eV. Are neutrinos pointing towards a new understanding of particles: rich dark sectors?

29