

# Exploring pulsar glitches with supersolids

PRL 131, 223401 (2023)

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# The collaboration

Innsbruck



Gran Sasso



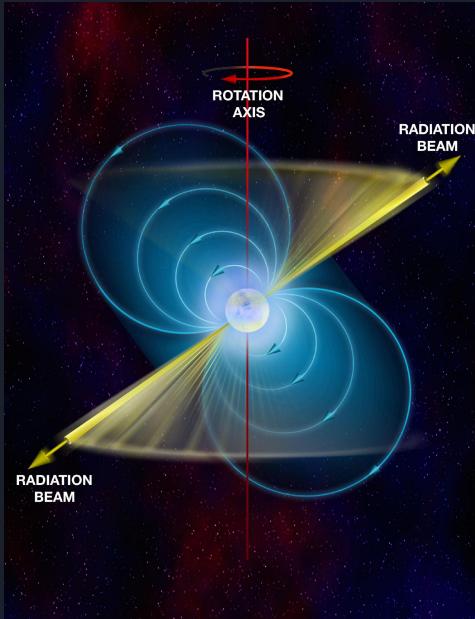


# Outline

- 📌 Glitches in Neutron Stars
- 📌 Supersolidity
- 📌 Glitches with supersolids

# Glitches in Neutron Stars

# Neutron Stars



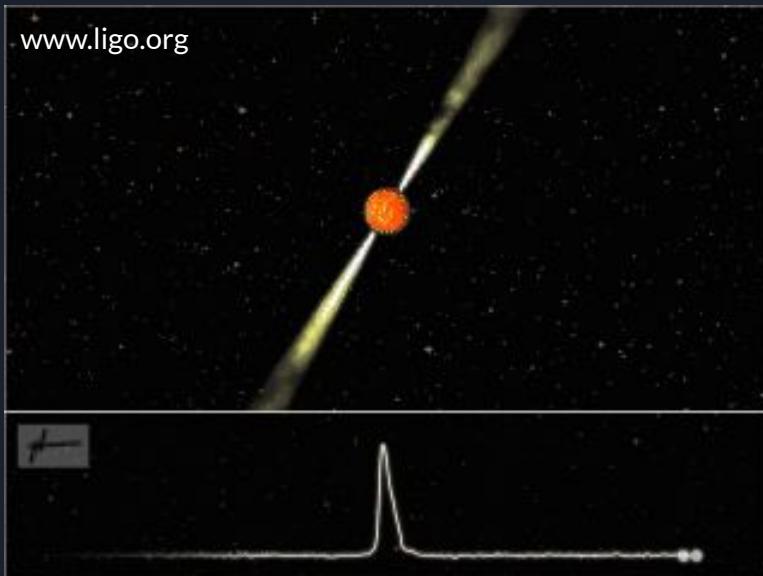
$$M \sim 1 \div 2 M_{\odot}$$

$$R \sim 10 \text{ km}$$

$$T \sim \text{keV}$$

They are typically observed as *pulsars*

# The lighthouse effect



Crab pulsar (Credits NASA)

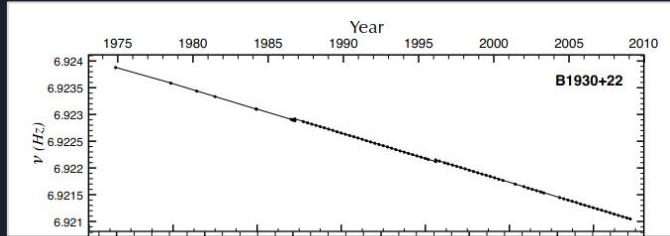
$$T \simeq 33.5\text{ms}$$

They behave *almost* like perfect clocks

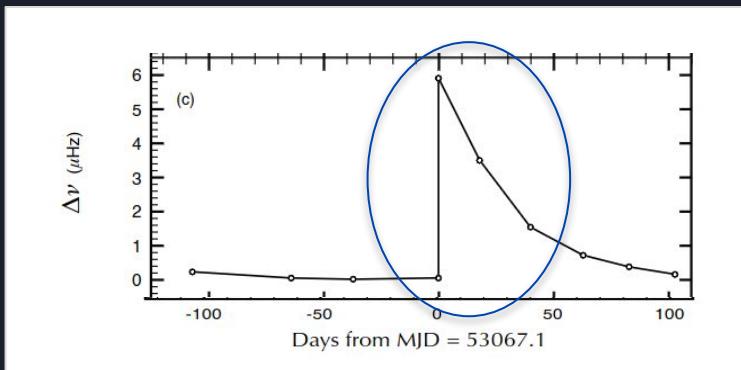
We observe that neutron stars spin-down

$$\dot{\Omega} \propto -\Omega^n$$

$$\dot{L}_{\text{tot}}(t) = -N_{\text{em}}$$

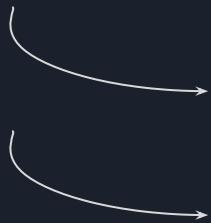


Glitch event !



Espinoza *et al*, MNRAS, 414, 2, 1679-1704 (2011)

Possible explanations:

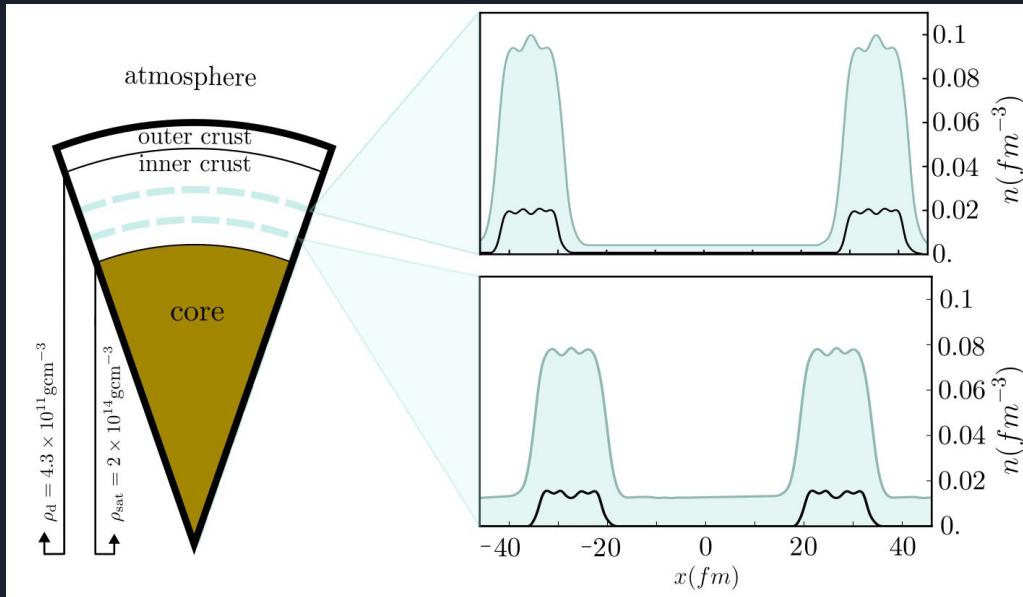


The ~~e~~xterior

The interior

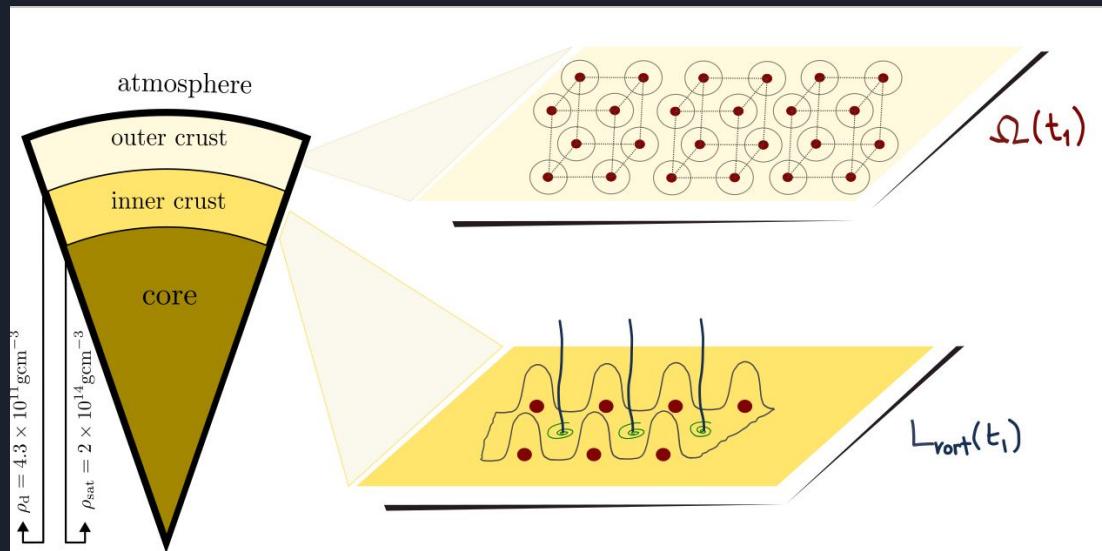
- Star-quakes: interplay between crystalline outer crust and liquid interior
- Superfluidity inside the neutron star

# Inside a Neutron Star



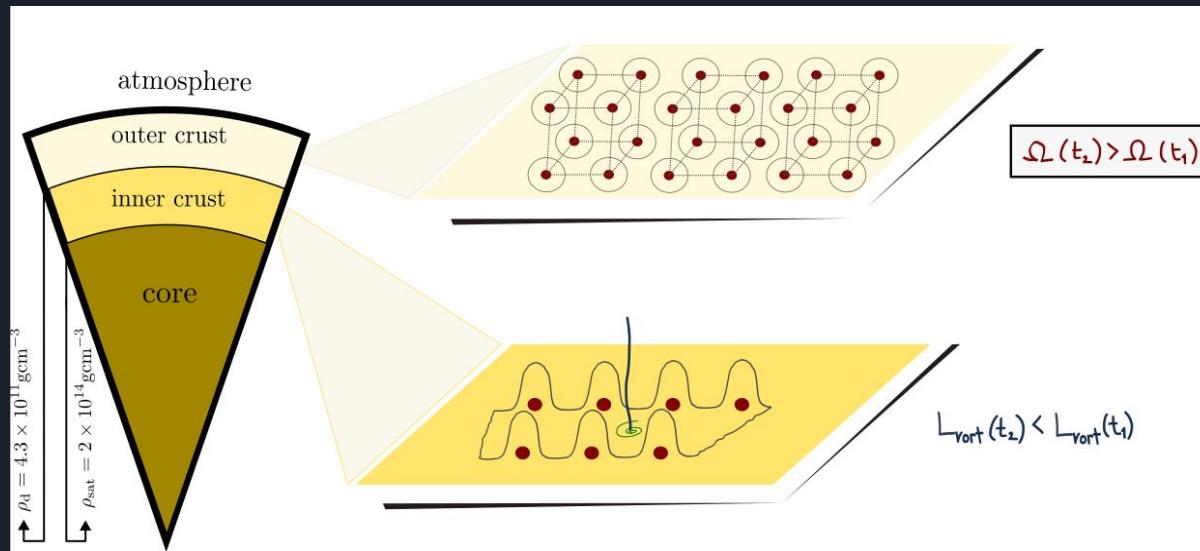
# The role of superfluidity

Vortex unpinning in the inner crust accelerates the outer crust



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# Glitches data

- Size  $\frac{\Delta\Omega}{\Omega} \sim 10^{-12} \div 10^{-3}$  and waiting times

Vela, J0537-6910 and J1341-6220 show quasiperiodic behaviour

- Reservoir effect ? (only in J0537-6910)
- Age and glitching activity
- ....

Haskell and Melatos, IJMPD 24, 530008 (2015)  
Espinoza *et al*, MNRAS, 414, 2, 1679-1704 (2011)

Zhou *et al* arxiv:2211.13885

# Supersolidity

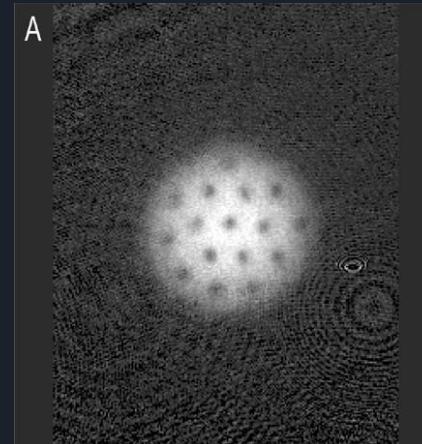
# Ultracold bosons

Below the critical temperature, bosons are well described by short-range isotropic interaction

$$U_c(\mathbf{r}) = \frac{4\pi\hbar^2 a_s}{m} \delta(\mathbf{r})$$

The system is *superfluid* and stores angular momentum in *vortices*

$$L_z = N\ell_z$$



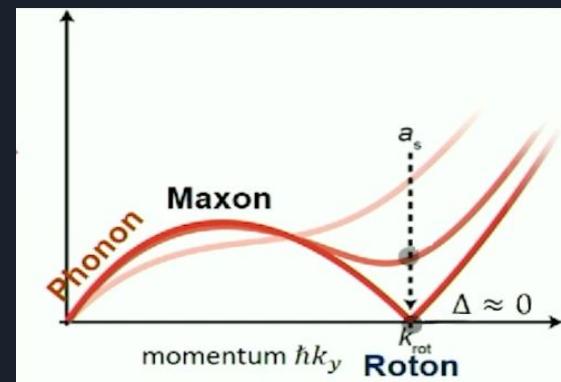
Abo-Shaeer *et al*, Science 292, 5516, 476-479 (2001)

# What is a supersolid?

*Speculations on Bose-Einstein  
Condensation and Quantum  
Crystals*

G. V. Chester PRA 2, 256

Published 1 July 1970

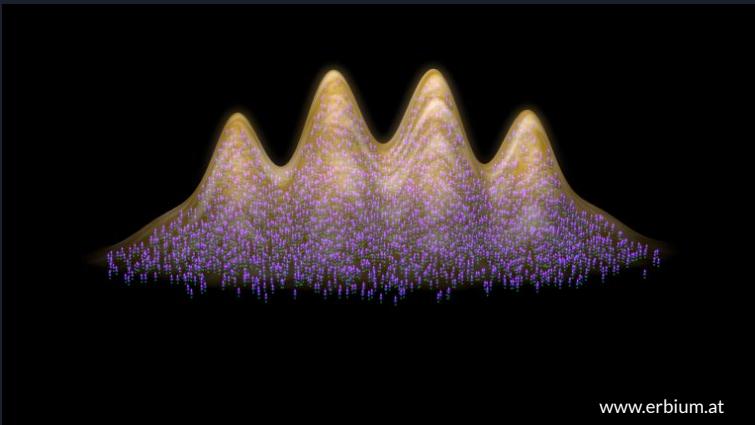


It is a *superfluid-like solid*

# Dipolar bosons

Long-range interaction

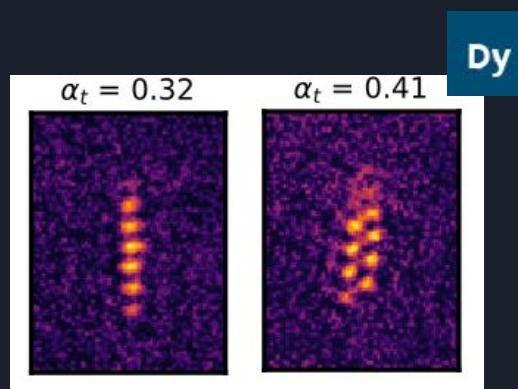
$$U_{dd}(\mathbf{r}) = \frac{3\hbar^2 a_{dd}}{m} \frac{1 - 3\cos^2\theta}{r^3} \quad a_{dd} = \frac{\mu_0 \mu^2 m}{12\pi\hbar^2}$$



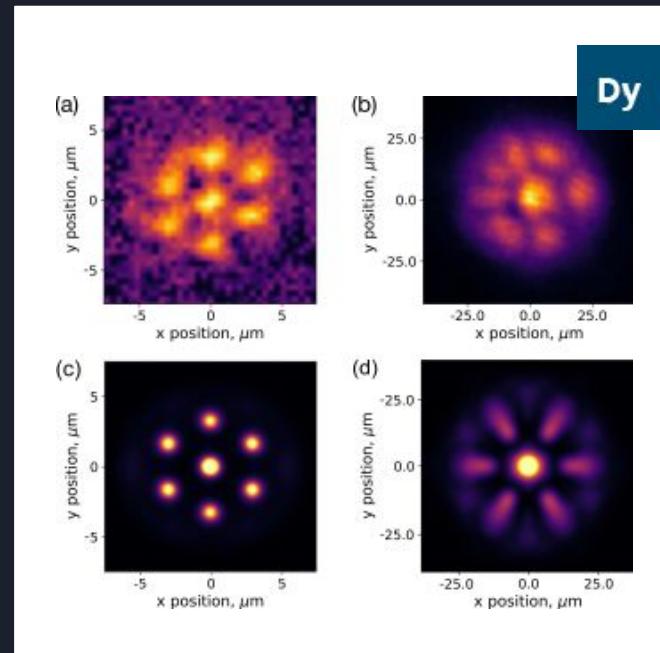
$$\epsilon_{dd} = \frac{a_{dd}}{a_s}$$

For a suitable choice of parameters, the ground-state has a *density modulation* and is *superfluid*

# Supersolid phase observed in LENS, Stuttgart, Innsbruck labs with lanthanide atoms



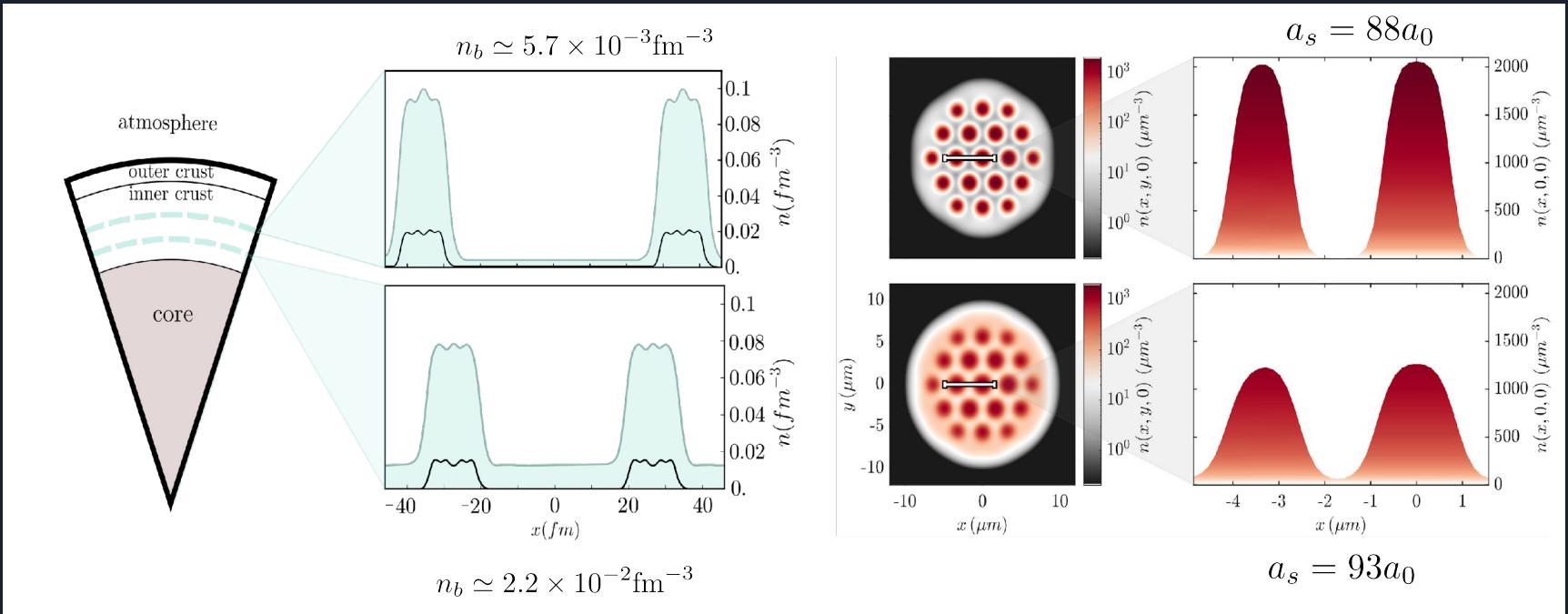
Norcia *et al*, Nature 596, 357–361 (2021)



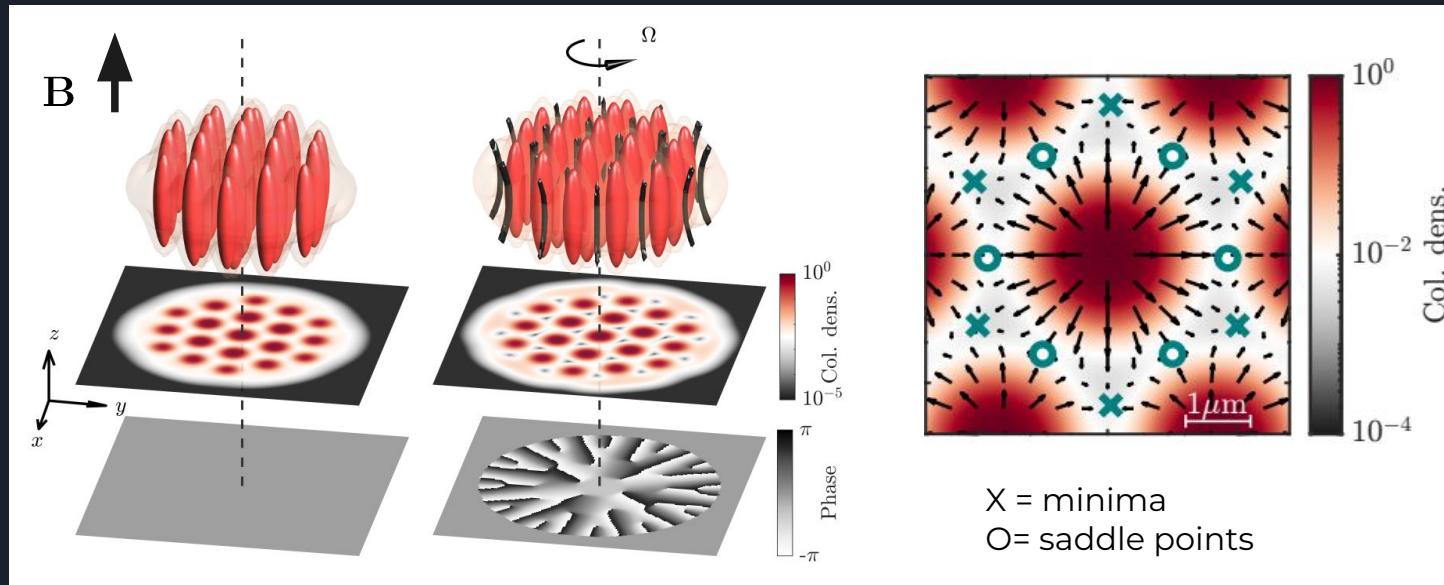
Bland *et al* PRL 128, 195302 (2022)

# Glitches with supersolids

# Inner crust vs Supersolids



In supersolids vortices are pinned in the low-density regions



# Supersolid inertia

For a rigid body

$$I_{\text{mass}}(t) = \langle x^2 + y^2 \rangle_{\Psi(t)}$$

$$I_{\text{ss}}(t) = \alpha I_{\text{mass}}(t)$$

how “rigid” is a supersolid

Educated ansatz

$$L_{\text{tot}}(t) = L_{\text{ss}}(t) + L_{\text{vort}}(t)$$

$$L_{\text{ss}}(t) = I_{\text{ss}}(t)\Omega(t)$$



$$I_{\text{ss}}(t)\dot{\Omega}(t) = -N_{\text{em}} - \dot{I}_{\text{ss}}(t)\Omega(t) - \dot{L}_{\text{vort}}(t)$$

## Time evolution of the supersolid

$$i\hbar\partial_t\Psi = (1 - i\gamma)[\mathcal{H}(\Psi, a_{dd}, a_s) - \Omega(t)\hat{L}_z]\Psi$$

Schrödinger equation  
for the wavefunction

$$\begin{aligned}\mathcal{H}(\Psi, a_{dd}, a_s) = & -\frac{\hbar^2\nabla^2}{2m} + \frac{m}{2}[\omega_r^2(x^2 + y^2) + \omega_z^2z^2] \\ & + \int d^3\mathbf{r}'[U_c(\mathbf{r} - \mathbf{r}') + U_{dd}(\mathbf{r} - \mathbf{r}')]|\Psi(\mathbf{r}', t)|^2 + \gamma_{\text{QF}}|\Psi(\mathbf{r}, t)|^3 - \mu\end{aligned}$$



## The numerical evolution

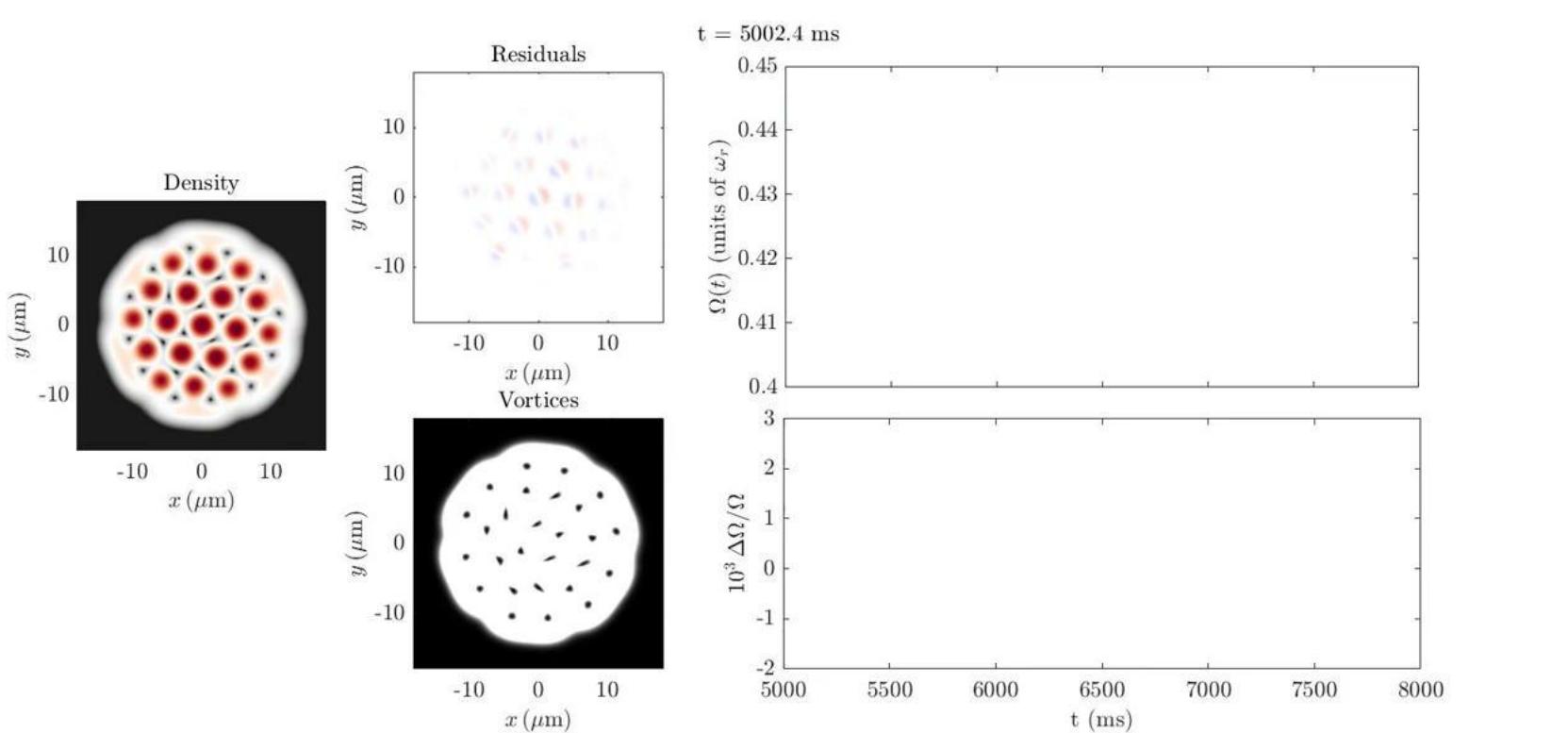
After computing the ground-state wavefunction, at each time step we solve

$$I_{\text{ss}}(t)\dot{\Omega}(t) = -N_{\text{em}} - \dot{I}_{\text{ss}}(t)\Omega(t) - \dot{L}_{\text{vort}}(t)$$

Feedback equation

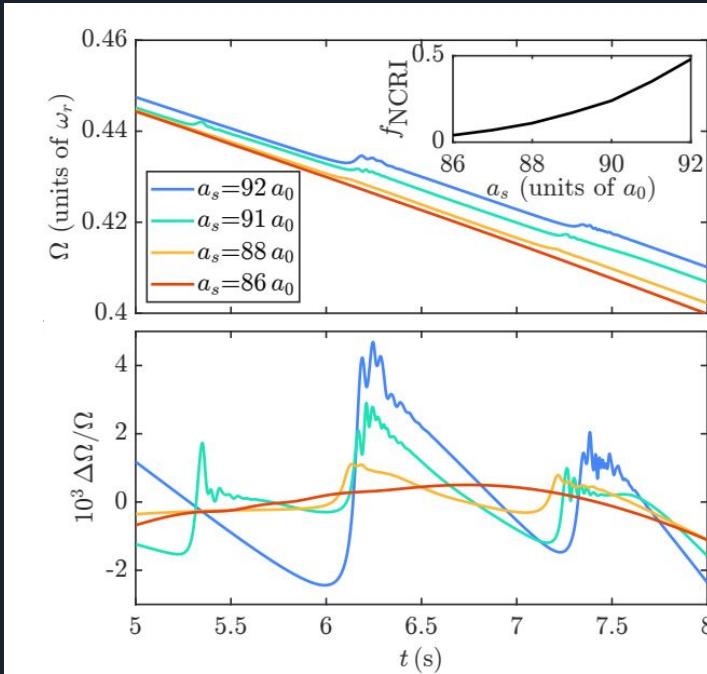
$$i\hbar\partial_t\Psi = (1 - i\gamma)[\mathcal{H}(\Psi, a_{\text{dd}}, a_{\text{s}}) - \Omega(t)\hat{L}_z]\Psi$$

Schrödinger equation  
for the wavefunction



$$N_{\text{em}} = 4.3 \times 10^{-35} \text{ kg m}^2/\text{s}^2, \quad \gamma = 0.05, \quad \Omega_{\text{init}} = 0.5 \omega_r.$$

# Results



$$N_{\text{em}} = 4.3 \times 10^{-35} \text{ kg m}^2/\text{s}^2, \quad \gamma = 0.05, \quad \Omega_{\text{init}} = 0.5\omega_r.$$

$$\alpha = 1 - f_{\text{NCRI}}$$
$$I_{\text{ss}}(t) = \alpha I_{\text{mass}}(t)$$



# Conclusions

- Numerical observation of supersolid glitches
- Simulations of inner crust vortex interstitial pinning
- Observation of crystal oscillations and vortices percolation



# Future perspectives

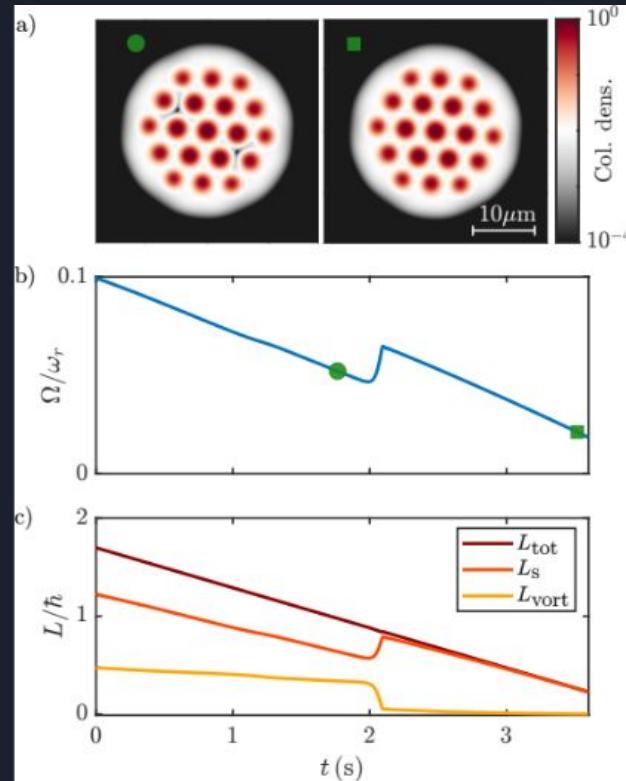
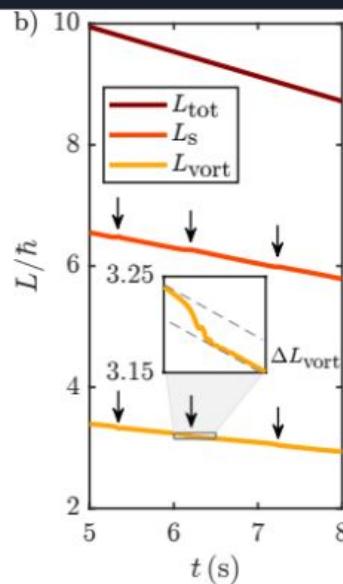
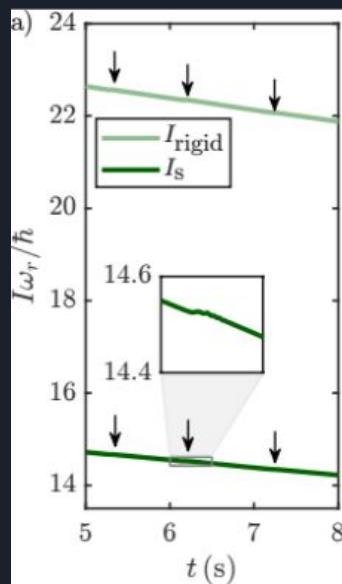
- Scalability of the pulse shape
- Connection to microphysics
- Neutron star's heating processes
- Glitches, r-modes and gravitational waves

Thank you for listening!

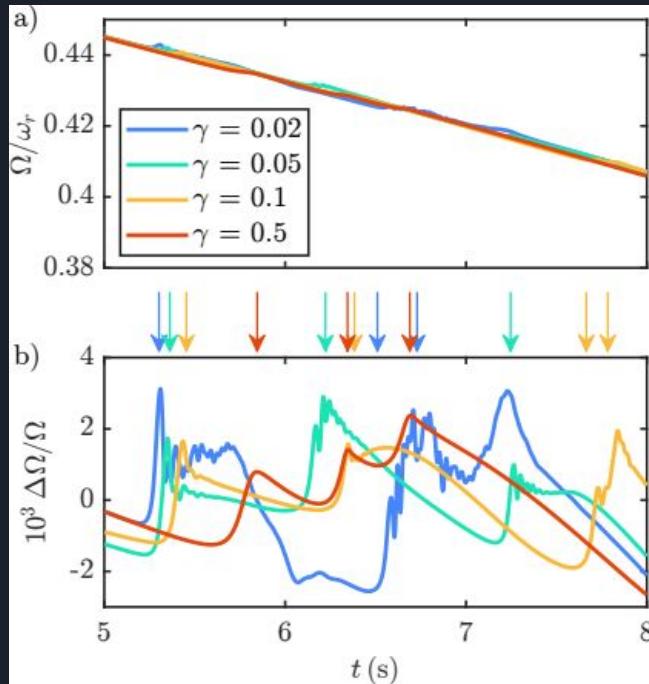


# Backup slides

# Testing the angular momentum model

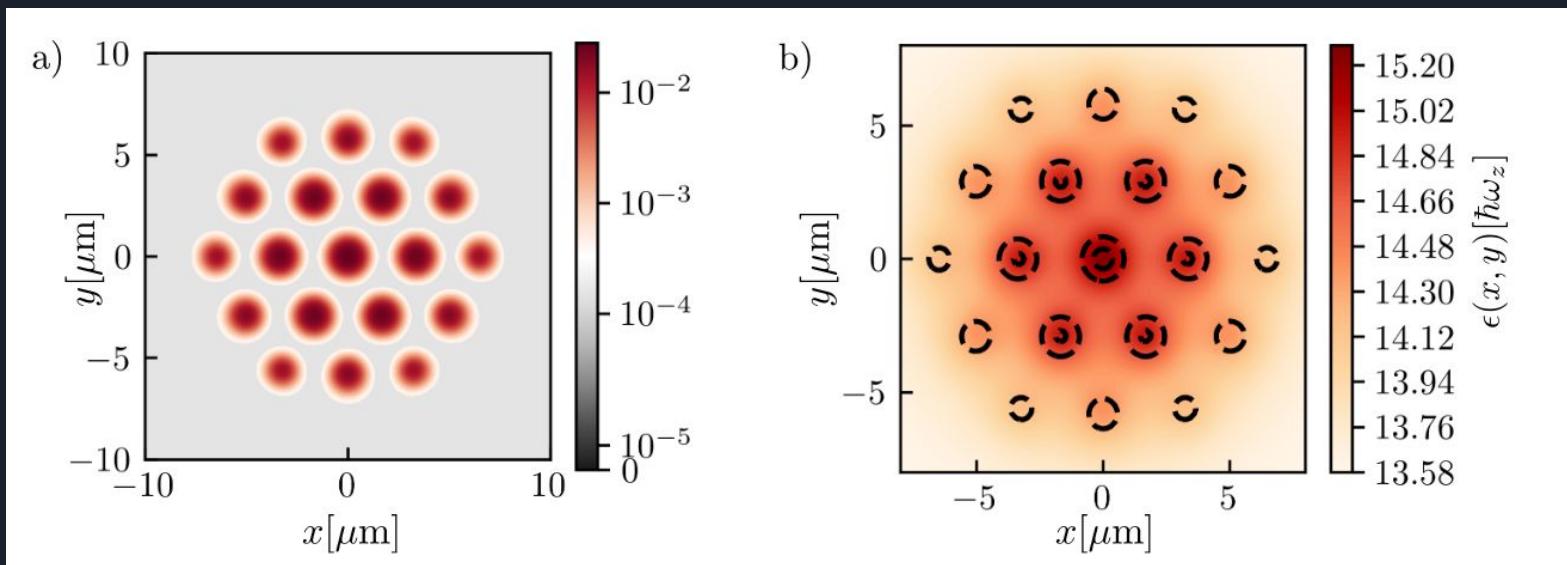


# The role of dissipation



$$i\hbar\partial_t\Psi = (1 - i\gamma)[\mathcal{H}(\Psi, a_{dd}, a_s) - \Omega(t)\hat{L}_z]\Psi$$

# Pinning energy



# 3D view

