

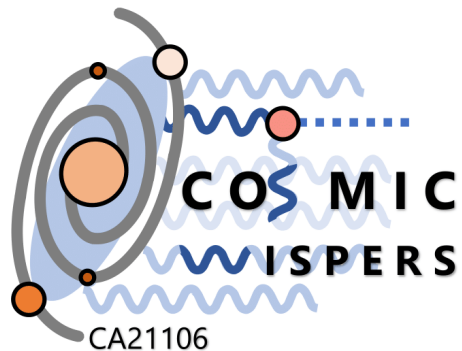
Loop Blow-Up Inflation

A novel way to inflate with the Kähler moduli

Luca Brunelli

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COSMIC WISPerS Geneal Meeting 2024, Istanbul



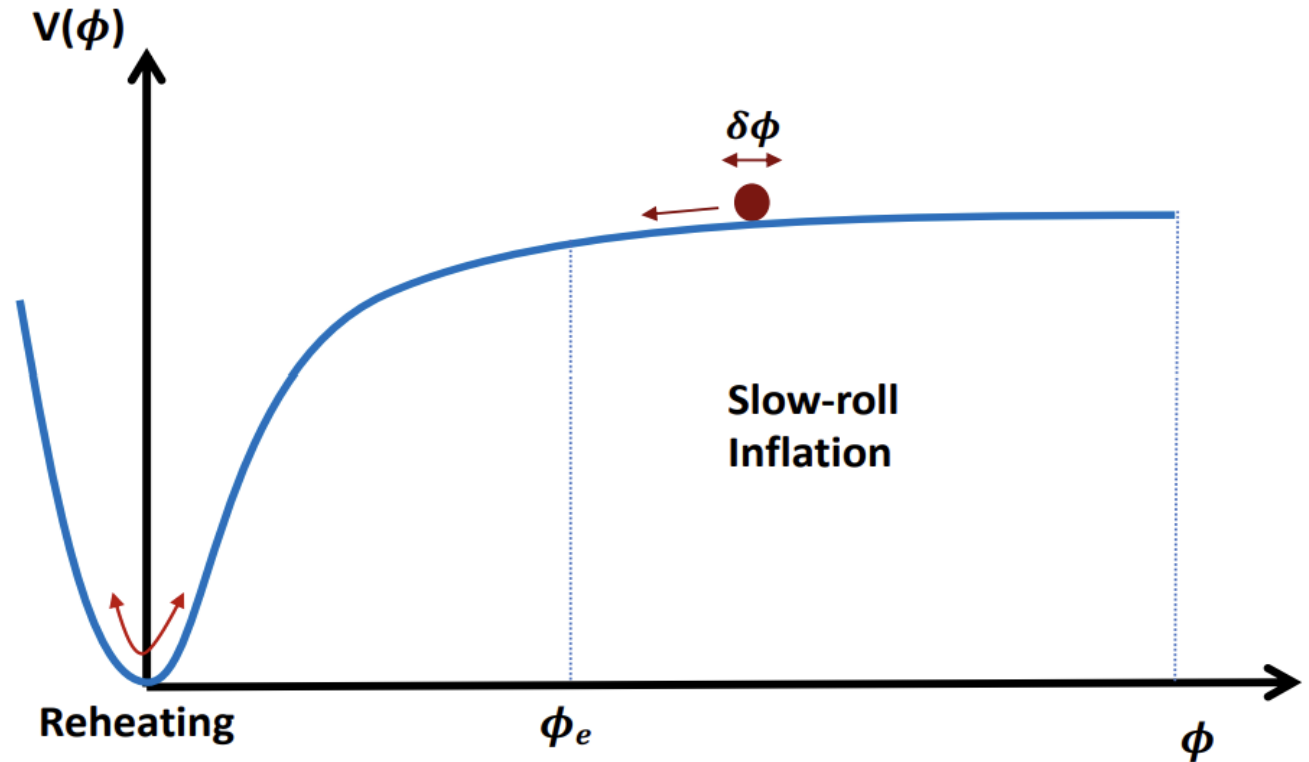
ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA

Based on:

S. Bansal, LB, M. Cicoli, A. Hebecker, R. Kuespert: 2403.04831

Slow-Roll Inflation

- **Standard Slow-Roll:** Scalar field with almost-flat direction in the potential



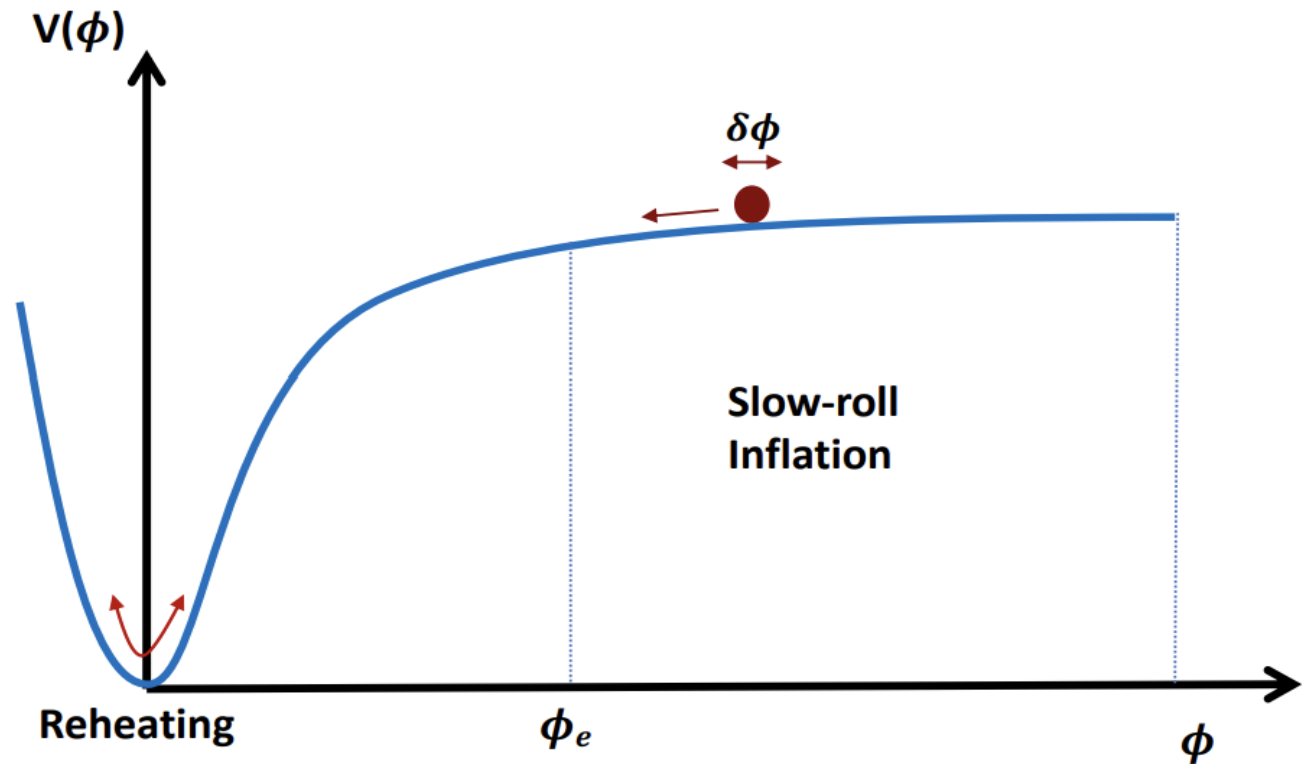
Credits: String Cosmology: from the Early Universe to Today
[Cicoli, Conlon, Maharana, Parameswaran, Quevedo, Zavala: 2023]

Slow-Roll Inflation

- **Standard Slow-Roll:** Scalar field with almost-flat direction in the potential
- Possible form of the potential:

$$V(\varphi) = V_0[1 - f(\varphi)]$$

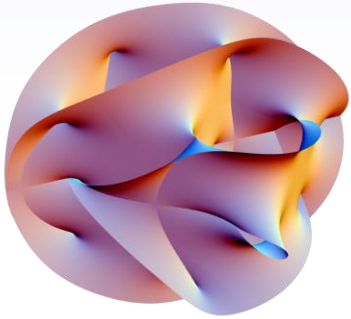
with $f(\varphi) \rightarrow 0$ as $\varphi \rightarrow \infty$.



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Kähler Moduli in Type IIB

**D = 10 TYPE IIB
STRING THEORY**



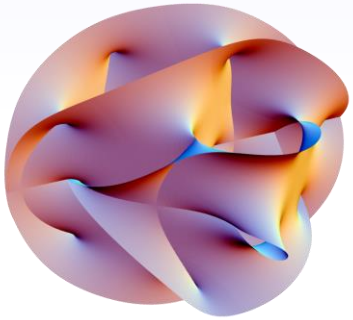
Calabi-Yau



**D=4 $\mathcal{N}=1$
SUGRA EFT**

Kähler Moduli in Type IIB

**D = 10 TYPE IIB
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Calabi-Yau



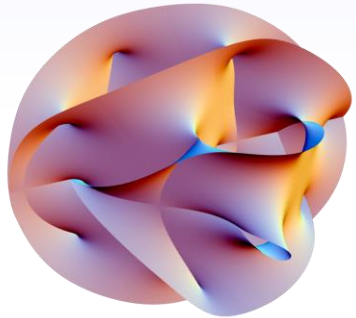
Moduli
Scalars with
flat potential



**D=4 $\mathcal{N}=1$
SUGRA EFT**

Kähler Moduli in Type IIB

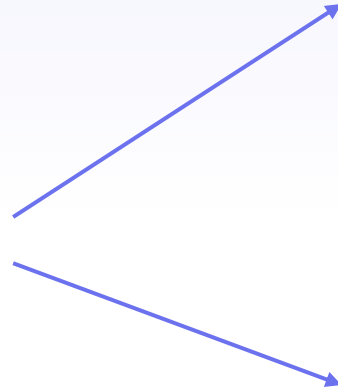
**D = 10 TYPE IIB
STRING THEORY**



Calabi-Yau



Moduli
Scalars with
flat potential



Complex Structure Moduli:

- Shape or Extra Dimensions
- Fixed Semiclassically by Fluxes

Kähler Moduli:


- Size of 4-cycles on Extra Dimensions
- Fixed by Quantum Corrections

**D=4 $\mathcal{N}=1$
SUGRA EFT**

Kähler Moduli as Flat Directions

- **Kähler moduli:** Tree level no-scale + 1-loop extended no-scale [Cicoli, Conlon, Quevedo: 2008]
- **Volume:** lifted by leading-order corrections:
 - **BBHL:** $V_{\alpha'^3}(\mathcal{V})$ [Becker, Becker, Haack, Louis: 2002]
 - **Uplifting:** $V_{\text{up}}(\mathcal{V})$ (anti-D3, T-branes, ...)

Kähler Moduli as Flat Directions

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 - **BBHL:** $V_{\alpha'^3}(\mathcal{V})$ [Becker, Becker, Haack, Louis: 2002]
 - **Uplifting:** $V_{\text{up}}(\mathcal{V})$ (anti-D3, T-branes, ...)
- **Other Kähler moduli:** LO flat directions  good inflaton candidates τ_φ !
- **Need:** Subleading quantum corrections (loops, non-perturbative effects)

Non-Perturbative Blow-Up Inflation

[Conlon, Quevedo: 2006]

SWISS CHEESE
CY VOLUME

$$\mathcal{V} = \tau_b^{3/2} - \tau_s^{3/2} - \tau_\varphi^{3/2} \simeq \tau_b^{3/2} \quad \text{with} \quad T_i = \tau_i + i\vartheta_i$$

LVS
STABILISATION

$\mathcal{O}(\alpha'^3)$ correction to K:

$$K = -2 \ln \left(\mathcal{V} - \frac{\xi}{2g_s^{3/2}} \right)$$

non-perturbative correction to W:

$$W = W_0 + A_s e^{-a_s T_s} + A_\varphi e^{-a_\varphi T_\varphi}$$

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SCALAR
POTENTIAL

$$V = V_{\text{LVS}} + V_\varphi \quad \text{where:} \quad V_{\text{LVS}}(\mathcal{V}, \tau_s) = \tilde{V} \left(B_s \frac{\sqrt{\tau_s} e^{-2a_s \tau_s}}{\mathcal{V}} - C_s \frac{\tau_s e^{-a_s \tau_s}}{\mathcal{V}^2} + \frac{3\xi}{4g_s^{3/2} \mathcal{V}^3} + \frac{D}{\mathcal{V}^2} \right)$$
$$V_\varphi(\mathcal{V}, \tau_\varphi) = \tilde{V} \left(B_\varphi \frac{\sqrt{\tau_\varphi} e^{-2a_\varphi \tau_\varphi}}{\mathcal{V}} - C_\varphi \frac{\tau_\varphi e^{-a_\varphi \tau_\varphi}}{\mathcal{V}^2} \right)$$

 $\langle a_i \tau_i \rangle \sim \xi^{2/3} g_s \quad \text{and} \quad \langle \mathcal{V} \rangle \sim e^{a_s \tau_s} \sim e^{a_\varphi \tau_\varphi}$

Non-Perturbative Blow-Up Inflation

[Conlon, Quevedo: 2006]

SWISS CHEESE
CY VOLUME

$$\mathcal{V} = \tau_b^{3/2} - \tau_s^{3/2} - \tau_\varphi^{3/2} \simeq \tau_b^{3/2} \quad \text{with} \quad T_i = \tau_i + i\vartheta_i$$

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$$V_\varphi(\mathcal{V}, \tau_\varphi) = \tilde{V} \left(B_\varphi \frac{\sqrt{\tau_\varphi} e^{-2a_\varphi \tau_\varphi}}{\mathcal{V}} - C_\varphi \frac{\tau_\varphi e^{-a_\varphi \tau_\varphi}}{\mathcal{V}^2} \right)$$

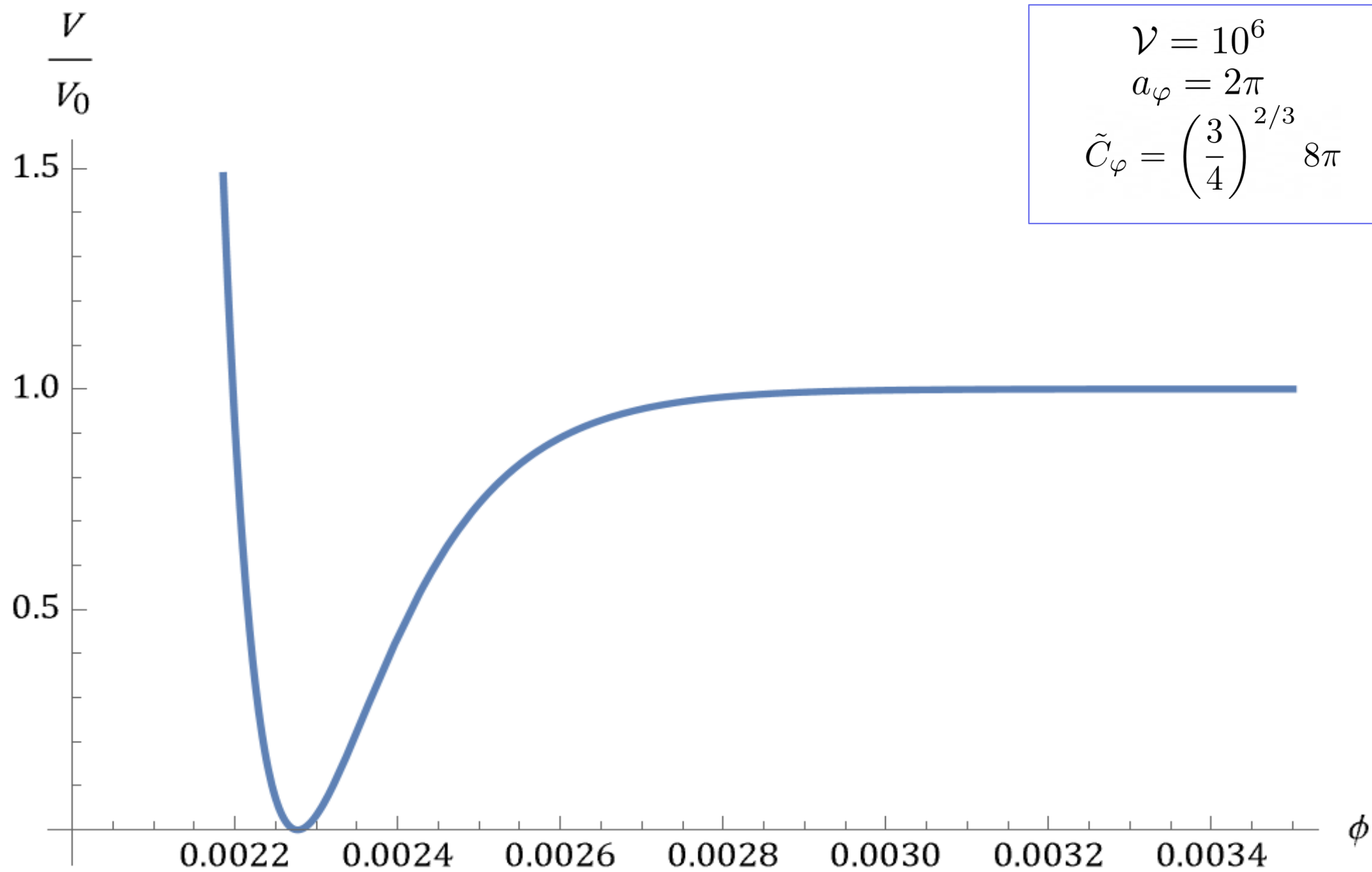
$$\Rightarrow \langle a_i \tau_i \rangle \sim \xi^{2/3} g_s \quad \text{and} \quad \langle \mathcal{V} \rangle \sim e^{a_s \tau_s} \sim e^{a_\varphi \tau_\varphi}$$

INFLATIONARY
POTENTIAL

$$V(\tau_\varphi) \simeq V_0 [1 - C_\varphi \mathcal{V} \tau_\varphi e^{-a_\varphi \tau_\varphi}] \xrightarrow{\tau_\varphi = \left(\frac{3\mathcal{V}}{4}\right)^{2/3} \varphi^{4/3}} V(\varphi) \simeq V_0 [1 - \tilde{C}_\varphi \mathcal{V}^{5/3} \varphi^{4/3} e^{-a_\varphi \mathcal{V}^{2/3} \varphi^{4/3}}]$$


$$\text{with } V_0 = \tilde{V} \frac{\beta}{\mathcal{V}^3}$$

Exponentially Flat Plateau!



Loop Corrections

- No exact computation of loop corrections on CY background
- 1-loop corrections computed on toroidal orientifolds [Berg, Haack, Körs: 2005]
- Conjectured generalization to CY orientifold [Berg, Haack, Pajer: 2007]
- Two kinds of corrections to K :

1. Kaluza-Klein (KK): $\delta K_{g_s}^{(KK)} = g_s \sum_i \frac{C_i^{(KK)} t_i}{\mathcal{V}}$  Extended no-scale in V [Cicoli, Conlon, Quevedo: 2008]

2. Winding (W): $\delta K_{g_s}^{(W)} = \sum_i \frac{C_i^{(W)}}{\mathcal{V} t_i}$

- For a Blow-Up mode τ :

$$\delta K_{g_s}(\tau) \simeq \frac{c_{\text{loop}}}{\mathcal{V} \sqrt{\tau}} \quad \img alt="blue arrow" data-bbox="400 745 465 785"/> \quad \delta V_{g_s}(\tau) \simeq \frac{c_{\text{loop}}}{\mathcal{V}^3 \sqrt{\tau}}$$

- EFT understanding from 1-loop corrections to 2-point functions and V [Von Gersdorff, Hebecker: 2005] [Cicoli, Conlon, Quevedo: 2008] [Gao, Hebecker, Schreyer, Venken:2022]

Loop Blow-Up Inflation

- Potential

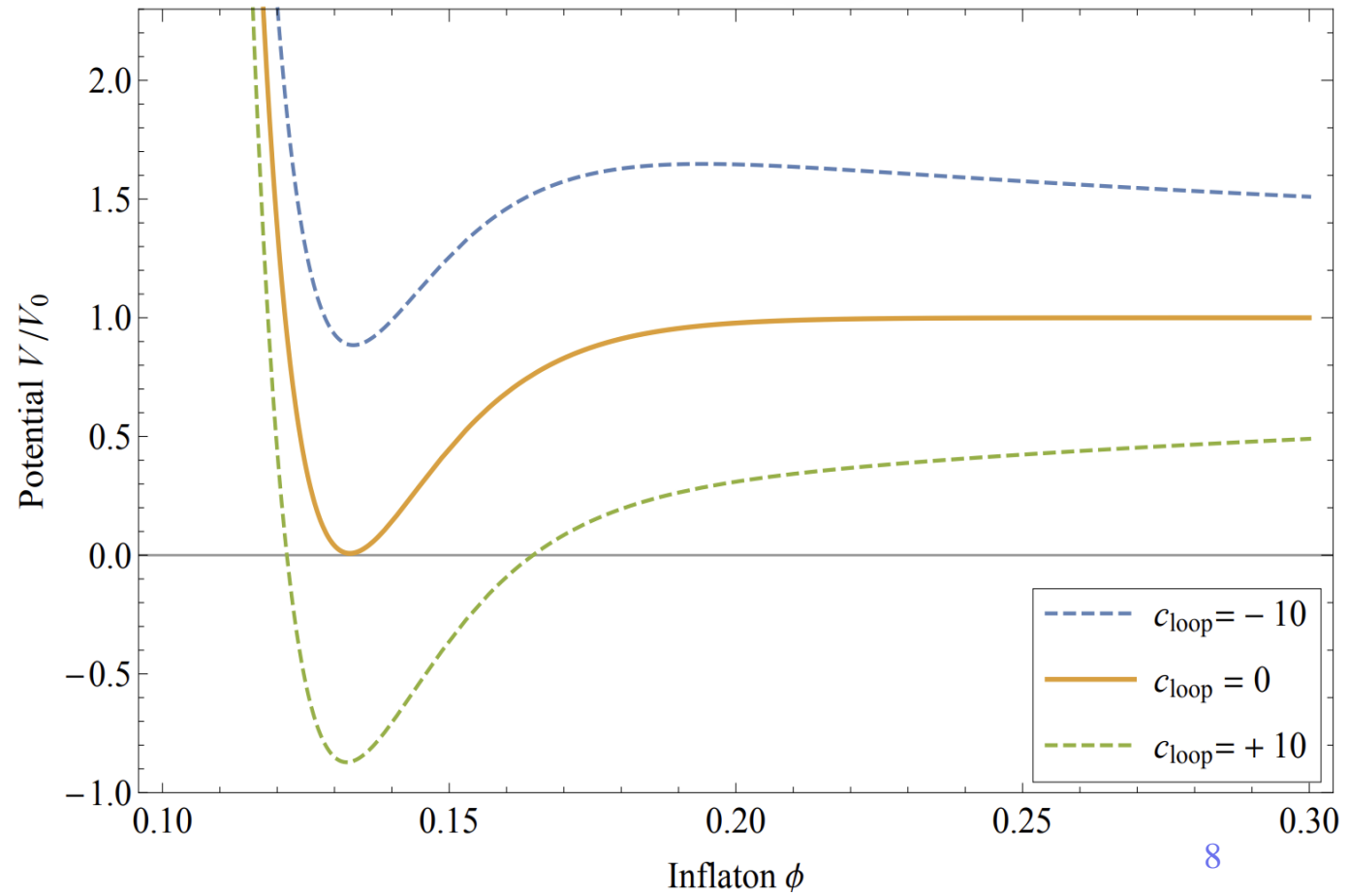
$$V = \tilde{V} \left[\frac{\beta}{\mathcal{V}^3} + B_\varphi \frac{\sqrt{\tau_\varphi} e^{-2a_\varphi \tau_\varphi}}{\mathcal{V}} - C_\varphi \frac{\tau_\varphi e^{-a_\varphi \tau_\varphi}}{\mathcal{V}^2} \right]$$

Loop Blow-Up Inflation

- Potential including loop corrections:

$$V = \tilde{V} \left[\frac{\beta}{\mathcal{V}^3} + B_\varphi \frac{\sqrt{\tau_\varphi} e^{-2a_\varphi \tau_\varphi}}{\mathcal{V}} - C_\varphi \frac{\tau_\varphi e^{-a_\varphi \tau_\varphi}}{\mathcal{V}^2} - \frac{c_{\text{loop}}}{\mathcal{V}^3 \sqrt{\tau_\varphi}} \right]$$

Fixed parameters: $\mathcal{V} = 1000$, $C_\varphi = B_\varphi = a_\varphi = \beta = 1$



Loop Blow-Up Inflation

- Potential including loop corrections:

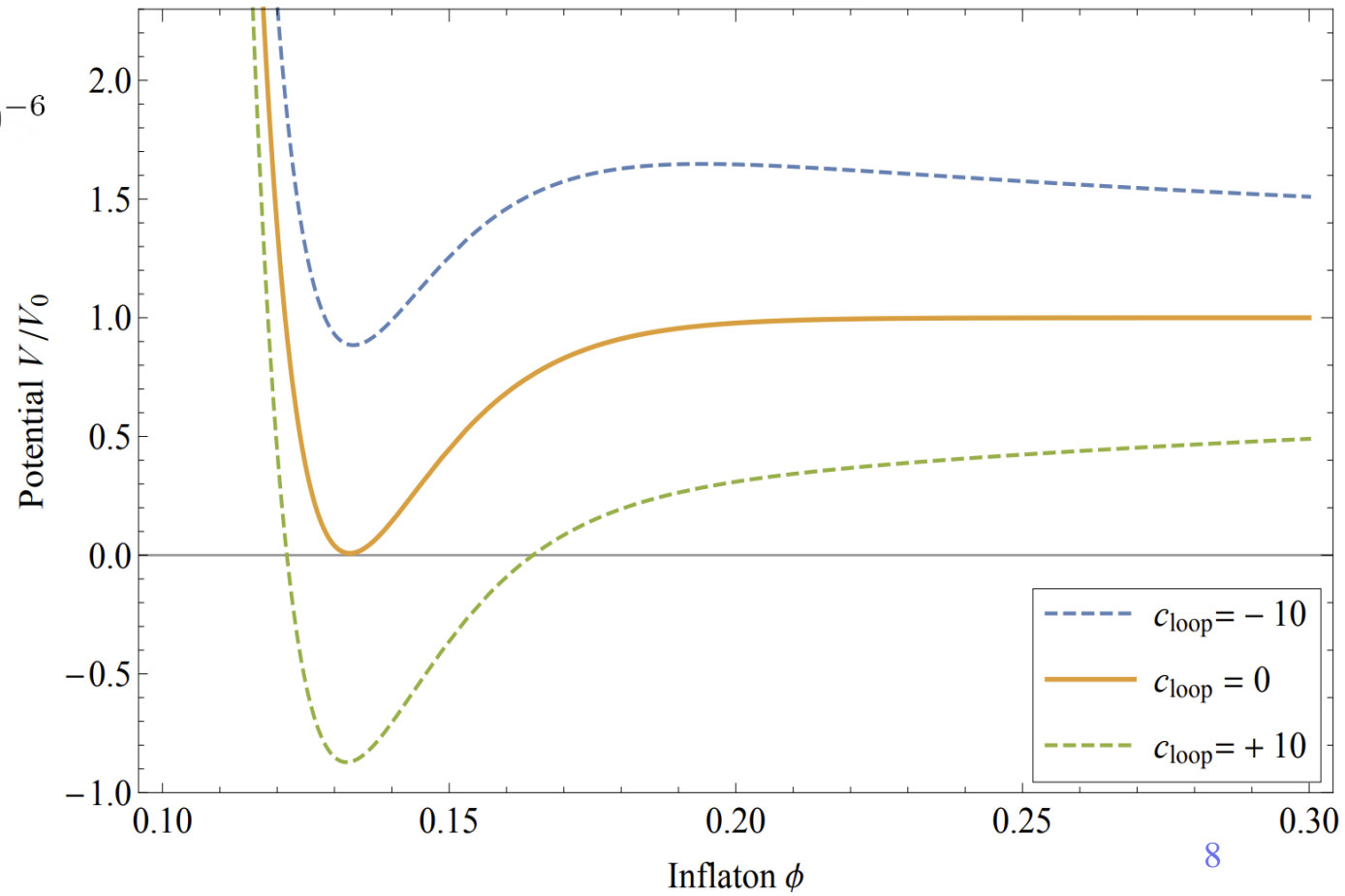
$$V = \tilde{V} \left[\frac{\beta}{\mathcal{V}^3} + B_\varphi \frac{\sqrt{\tau_\varphi} e^{-2a_\varphi \tau_\varphi}}{\mathcal{V}} - C_\varphi \frac{\tau_\varphi e^{-a_\varphi \tau_\varphi}}{\mathcal{V}^2} - \frac{c_{\text{loop}}}{\mathcal{V}^3 \sqrt{\tau_\varphi}} \right]$$

- **Runaway** for $c_{\text{loop}} < 0$
- **Non-perturbative Blow-Up inflation** if $c_{\text{loop}} \ll 10^{-6}$
- If $c_{\text{loop}} \gtrsim 10^{-6}$ loops dominate
- **Inflationary potential:**

$$V \simeq V_0 \left(1 - \frac{c_{\text{loop}}}{\beta \sqrt{\tau_\varphi}} \right) = V_0 \left(1 - \frac{c_{\text{loop}} b}{\mathcal{V}^{1/3} \varphi^{2/3}} \right)$$

with $b = \frac{1}{\beta} \left(\frac{4}{3} \right)^{1/3}$

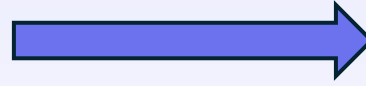
Fixed parameters: $\mathcal{V} = 1000, C_\varphi = B_\varphi = a_\varphi = \beta = 1$



Inflationary Parameters

- **Slow-roll** parameters:

$$V = V_0 \left(1 - \frac{b c_{\text{loop}}}{\nu^{1/3} \varphi^{2/3}} \right)$$



$$\begin{cases} \epsilon &= \frac{1}{2} \left(\frac{V_{,\varphi}}{V} \right)^2 \simeq \frac{2}{9} \frac{(b c_{\text{loop}})^2}{\nu^{2/3} \varphi^{10/3}} \\ \eta &= \frac{V_{,\varphi\varphi}}{V} \simeq -\frac{10}{9} \frac{b c_{\text{loop}}}{\nu^{1/3} \varphi^{8/3}} \end{cases}$$

- **Cosmological** parameters:

$$N_e = \int_{\varphi_{\text{end}}}^{\varphi_*} \frac{V}{V_{,\varphi}} d\varphi \simeq \frac{9}{16} \frac{\nu^{1/3} \varphi_*^{8/3}}{b c_{\text{loop}}}$$

$$\hat{A}_s = \frac{V^3}{V_{,\varphi}^2} \Big|_{\varphi=\varphi_*} = \frac{9V_0}{4} \frac{\nu^{2/3} \varphi_*^{10/3}}{(b c_{\text{loop}})^2} \equiv 2.5 \times 10^{-7}$$

$$c_{\text{loop}} = 1/(16\pi^2)$$



$$\begin{cases} \varphi_* = 0.06 N_e^{7/22} \\ \nu = 1743 N_e^{5/11} \end{cases}$$

- **$r - n_s$ relation:**

$$\begin{cases} n_s &= 1 + 2\eta - 6\epsilon \simeq 1 - \frac{20}{9} \frac{b c_{\text{loop}}}{\nu^{1/3} \varphi_*^{8/3}} \\ r &= 16\epsilon \simeq \frac{32}{9} \frac{(b c_{\text{loop}})^2}{\nu^{2/3} \varphi_*^{10/3}} \end{cases}$$



$$r = 0.003(1 - n_s)^{11/15}$$

Post-Inflationary Evolution

- N_e from post-inflationary dynamics [Dutta, Maharana: 2015]:

$$N_e \simeq 57 + \frac{1}{4} \ln r - \frac{1}{4} (N_\phi + N_\chi) + \frac{1}{4} \ln \left(\frac{\rho_*}{\rho(t_{\text{end}})} \right)$$

- N_ϕ, N_χ : e-folds of inflaton and volume domination \longrightarrow depend on SM realization

- Decay of last dominant modulus ψ drives reheating:

ψ $\begin{cases} \longrightarrow \text{SM fields (Higgs, gauge bosons)} \\ \longrightarrow \text{big cycle axions } \vartheta_b: \text{ Dark Radiation} \end{cases}$

big cycle axions ϑ_b : Dark Radiation \longrightarrow

$$\Delta N_{\text{eff}} = \frac{43}{7} \left(\frac{10.75}{g_*(T_{\text{rh}})} \right)^{1/3} \frac{\Gamma_{\psi \rightarrow \vartheta\vartheta}}{\Gamma_{\psi \rightarrow \text{SM SM}}}$$

[Higaki, Takahashi: 2012]

[Cicoli, Conlon, Quevedo: 2013]

$$\Delta N_{\text{eff}} \leq 0.2 - 0.5 \quad 95\% \text{CL}$$

[Planck: 2018]

SM Realization and Scenarios

- SM D7-branes cannot wrap τ_s [Blumehagen, Moster, Plauschinn: 2007] nor τ_φ (FI terms would make it too heavy) \implies introduce τ_{SM} and τ_{int}

$$\mathcal{V} = \tau_b^{3/2} - \tau_s^{3/2} - \tau_\varphi^{3/2} - \tau_{SM}^{3/2} - \lambda(\tau_{int} - \tau_{SM})^{3/2}$$

- D-term stabilization ($\xi_{FI} = 0$):

$$\tau_{SM} = \lambda^2(\tau_{int} - \tau_{SM})$$

$\triangleright \lambda = 0 \implies \tau_{SM} \rightarrow 0$: SM on D3-branes at singularity

$\triangleright \lambda \neq 0 \implies \tau_{int}$ fixed in terms of τ_{SM} , still flat. Fixed by loop potential [Cicoli, Mayrhofer, Valandro: 2011]:

$$V_{loop}(\tau_{SM}) = \frac{W_0^2}{\mathcal{V}^3} \left[\frac{\gamma}{\sqrt{\tau_{SM}}} - \frac{\delta}{\sqrt{\tau_{SM}} - \sqrt{\tau_s}} \right] \implies \text{SM on D7-branes}$$

- 3 Scenarios:

- i. Scenario I: SM on D7, τ_φ wrapped by hidden-sector D7s
- ii. Scenario II: SM on D7, τ_φ *not* wrapped
- iii. Scenario III: SM on D3

IIIa: τ_φ wrapped

IIIb: τ_φ *not* wrapped

Scenario I

$$\Gamma_{\varphi \rightarrow \gamma_h \gamma_h} \simeq \frac{\mathcal{V}}{64\pi} \frac{m_\varphi^3}{M_p^2}$$
$$N_\varphi \simeq \frac{2}{3} \ln \left(\frac{H_{\text{inf}}}{\Gamma_{\varphi \rightarrow \gamma_h \gamma_h}} \right) \simeq 1$$



Scenario I

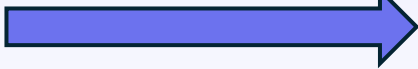
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$$\Gamma_{\chi \rightarrow hh} \simeq \left(\frac{c^2 W_0^3 \sqrt{\ln \mathcal{V}}}{32\pi} \right) \frac{M_p}{\mathcal{V}^{5/2}}$$

[Cicoli, Hebecker, Jaeckel, Wittner: 2022]

$$N_\chi \simeq \frac{2}{3} \ln \left(\frac{H(t_{\text{eq}})}{\Gamma_{\chi \rightarrow hh}} \right) \simeq 3$$

$$\frac{\Gamma_{\chi \rightarrow \nu_b \nu_b}}{\Gamma_{\chi \rightarrow hh}} \ll 1$$


$$\Delta N_{\text{eff}} \simeq 0$$



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$$\Delta N_{\text{eff}} \simeq 0$$



$$N_e \simeq 53$$

$$\begin{cases} \varphi_* \simeq 0.2 \\ \mathcal{V} \simeq 10616 \end{cases}$$

$$\begin{cases} n_s \simeq 0.9765 \\ r \simeq 1.7 \times 10^{-5} \\ T_{\text{rh}} \simeq 4 \times 10^{10} \text{ GeV} \end{cases}$$

Scenario II

$$\Gamma_{\varphi \rightarrow AA} \simeq \left(\frac{N_g W_0^3 (\ln \mathcal{V})^{9/2}}{8\pi} \right) \frac{M_p}{\mathcal{V}^4}$$
$$N_\varphi \simeq \frac{2}{3} \ln \left(\frac{H_{\text{inf}}}{\Gamma_{\varphi \rightarrow AA}} \right) \simeq 8$$



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$$\frac{H(t_{\text{eq}})}{\Gamma_{\chi \rightarrow hh}} \ll 1$$

$$N_\chi = 0$$

Inflation

Inflaton domination

Radiation
Domination

Matter
Domination

Dark
Energy

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$$N_\chi = 0$$

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$$N_e \simeq 52$$

$$\begin{cases} \varphi_* \simeq 0.2 \\ \mathcal{V} \simeq 10525 \end{cases}$$

$$\begin{cases} n_s \simeq 0.9761 \\ r \simeq 1.7 \times 10^{-5} \\ T_{\text{rh}} \simeq 3 \times 10^{12} \text{ GeV} \end{cases}$$

Scenario IIIa

$$\Gamma_{\varphi \rightarrow \gamma_h \gamma_h} \simeq \frac{\mathcal{V}}{64\pi} \frac{m_\varphi^3}{M_p^2}$$
$$N_\varphi \simeq \frac{2}{3} \ln \left(\frac{H_{\text{inf}}}{\Gamma_{\varphi \rightarrow \gamma_h \gamma_h}} \right) \simeq 1$$



Scenario IIIa

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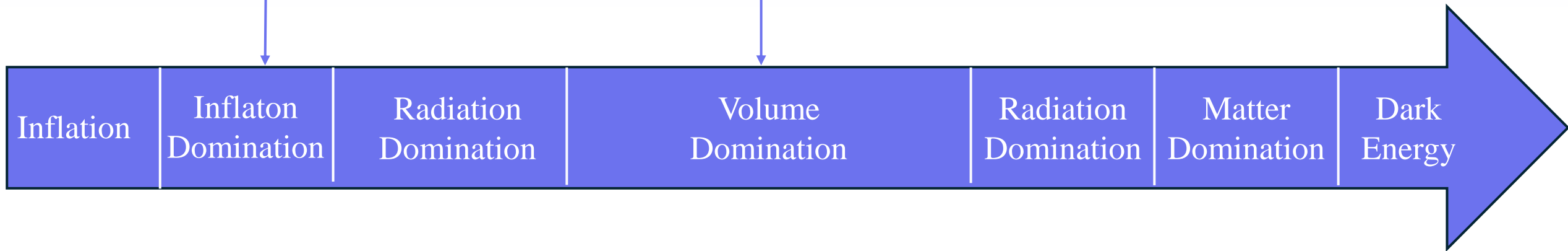
$$\Gamma_{\chi \rightarrow H_u H_d} = \frac{Z^2}{24\pi} \frac{m_\chi^3}{M_p^2}$$

$$N_\chi \simeq \frac{2}{3} \ln \left(\frac{H(t_{\text{eq}})}{\Gamma_{\chi \rightarrow H_u H_d}} \right) \simeq 10.5$$

$$\frac{\Gamma_{\chi \rightarrow \nu_b \nu_b}}{\Gamma_{\chi \rightarrow H_u H_d}} \simeq 2Z^2$$

$$Z \simeq 2$$

$$\Delta N_{\text{eff}} \simeq \frac{1.43}{Z^2} \simeq 0.36$$



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$$N_e \simeq 51.5$$

$$\begin{cases} \varphi_* \simeq 0.2 \\ \mathcal{V} \simeq 10477 \end{cases}$$

$$\begin{cases} n_s \simeq 0.9757 \\ r \simeq 1.8 \times 10^{-5} \\ T_{\text{rh}} \simeq 10^8 \text{ GeV} \end{cases}$$

Scenario IIIb

$$\Gamma_{\varphi \rightarrow \nu_b \nu_b} \simeq \left(\frac{W_0^3 (\ln \mathcal{V})^{9/2}}{64\pi} \right) \frac{M_p}{\mathcal{V}^4}$$

$$N_\varphi \simeq \frac{2}{3} \ln \left(\frac{H_{\text{inf}}}{\Gamma_{\varphi \rightarrow \nu_b \nu_b}} \right) \simeq 11$$

$$\Gamma_{\chi \rightarrow H_u H_d} = \frac{Z^2 m_\chi^3}{24\pi M_p^2}$$

$$N_\chi \simeq \frac{2}{3} \ln \left(\frac{H(t_{\text{eq}})}{\Gamma_{\chi \rightarrow H_u H_d}} \right) \simeq 0.5$$

$$\frac{\Gamma_{\chi \rightarrow \nu_b \nu_b}}{\Gamma_{\chi \rightarrow H_u H_d}} \simeq 2Z^2$$

$Z \simeq 2$

$$\Delta N_{\text{eff}} \simeq \frac{1.43}{Z^2} \simeq 0.36$$

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Domination

Radiation
Domination

Volume
Domination

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Matter
Domination

Dark
Energy

Scenario IIIb

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$$N_\varphi \simeq \frac{2}{3} \ln \left(\frac{H_{\text{inf}}}{\Gamma_{\varphi \rightarrow \nu_b \nu_b}} \right) \simeq 11$$

$$\Gamma_{\chi \rightarrow H_u H_d} = \frac{Z^2 m_\chi^3}{24\pi M_p^2}$$

$$N_\chi \simeq \frac{2}{3} \ln \left(\frac{H(t_{\text{eq}})}{\Gamma_{\chi \rightarrow H_u H_d}} \right) \simeq 0.5$$

$$\frac{\Gamma_{\chi \rightarrow \nu_b \nu_b}}{\Gamma_{\chi \rightarrow H_u H_d}} \simeq 2Z^2$$

$$Z \simeq 2$$

$$\Delta N_{\text{eff}} \simeq \frac{1.43}{Z^2} \simeq 0.36$$



$$N_e \simeq 51.5$$

$$\begin{cases} \varphi_* \simeq 0.2 \\ \mathcal{V} \simeq 10477 \end{cases}$$

$$\begin{cases} n_s \simeq 0.9757 \\ r \simeq 1.8 \times 10^{-5} \\ T_{\text{rh}} \simeq 10^8 \text{ GeV} \end{cases}$$

Same predictions as in Scenario IIIa!

Conclusions

- New inflationary model: **Loop Blow-up Inflation**
- Inflaton: blow-up mode with potential from **1-loop corrections**
- **Loop corrections** from BHP conjecture and low-energy EFT considerations
- **Inflationary potential:**

$$V = V_0 \left(1 - \frac{b c_{\text{loop}}}{\mathcal{V}^{1/3} \varphi^{2/3}} \right)$$

- **Interesting predictions:**
 1. **Microscopic parameters:** $\mathcal{V} \sim \mathcal{O}(10^4)$, $\varphi_* \simeq 0.2$ with EFT under control
 2. **Number of e-foldings:** $51.5 \lesssim N_e \lesssim 53$
 3. **Cosmological Parameters:** $n_s \simeq 0.976$, $r \simeq 2 \times 10^{-5}$, $0 \leq \Delta N_{\text{eff}} \lesssim 0.36$

Thank you for your attention!

Control over EFT

- EFT always under control: τ_φ is within Kähler cone throughout inflation.
- For $51.5 \lesssim N_e \lesssim 53$: $\mathcal{V} \sim \mathcal{O}(10^4)$, $\varphi_* \simeq 0.2$ \longrightarrow Need to check!

- Explicit CY example [Cicoli, Krippendorf, Mayrhofer, Quevedo, Valandro: 2012]:

$$\mathcal{V} = \frac{1}{9} \sqrt{\frac{2}{3}} (\tau_b^{3/2} - \sqrt{3} \tau_s^{3/2} - \sqrt{3} \tau_\varphi^{3/2}) \quad \text{with} \quad \tau_b = \frac{27}{2} t_b^2, \quad \tau_s = \frac{9}{2} t_s^2, \quad \tau_\varphi = \frac{9}{2} t_\varphi^2$$

- Kähler cone conditions:

$$t_b + t_s > 0, \quad t_b + t_\varphi > 0, \quad t_s < 0, \quad t_\varphi < 0$$

- Canonical normalization:

$$\tau_\varphi = \left(\frac{\sqrt{3}}{2}\right)^{2/3} \mathcal{V}^{2/3} \varphi^{4/3} \simeq \left(\frac{1}{18\sqrt{2}}\right)^{2/3} \tau_b \varphi^{4/3}$$

- At horizon exit:

$$\frac{|t_\varphi|}{t_b} = \left(\frac{1}{2\sqrt{6}}\right)^{1/3} \varphi_*^{2/3} \simeq 0.6 \varphi_*^{2/3} \simeq 0.2 \quad \longrightarrow \quad \text{Inside the Kähler cone!}$$

Comments on Spectral Index

- Scenario I:

$$n_s \simeq 0.9765, \Delta N_{\text{eff}} \simeq 0 \quad \overset{\sim 2\sigma}{\longleftrightarrow} \quad n_s = 0.9665 \pm 0.0038 \quad 68\% \text{ CL}$$

[Planck: 2018]

- Scenario II:

$$n_s \simeq 0.9761, \Delta N_{\text{eff}} \simeq 0.14 \quad \overset{\sim 2\sigma}{\longleftrightarrow} \quad n_s = 0.9589 \pm 0.0084 \quad 68\% \text{ CL}$$
$$N_{\text{eff}} = 2.89^{+0.36}_{-0.38}$$

[Planck: 2018]

- Scenario III:

$$n_s \simeq 0.9757, \Delta N_{\text{eff}} \simeq 0.36 \quad \overset{\sim 1.2\sigma}{\longleftrightarrow} \quad n_s = 0.983 \pm 0.006 \quad 68\% \text{ CL}$$
$$\Delta N_{\text{eff}} = 0.39$$

[Planck: 2015]

- Possible improvements: include additional corrections

- F^4 corrections [Cicoli, Licheri, Piantadosi, Quevedo, Shukla: 2023]
- Subleading loop corrections