# Cosmological Scalars: theory and tests

# **Cosmic Wispers — 2nd General Meeting Istanbul**

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- Introduction to scalar-tensor theories
- Chameleon theories
- Symmetrons and Dilatons
- Laboratory Tests of Modified Gravity models
- Constraints
- Including the photon coupling and constraints
- Discussion

# Outline

• Why Modified Gravity?

There are several reasons to investigate modified gravity theories. These are theories which modify Einstein theory, but reduce to Einstein relativity in certain limits

Modified Gravity could account for the observed accelerated expansion of the Universe today.

Modified Gravity allows one to test General Relativity in new regimes one hadn't originally thought of.

# Cosmic Microwave Background







The Universe is undergoing accelerated expansion today.

It could be a cosmological constant  $\Lambda \approx (H_0 M_{pl})^2 \approx (meV)^4$ or the dynamics of a light scalar field

 $m_{\phi} < H_0 \approx 10^{-33} eV$ 

If coupled to gravity this will give rise to a fifth force, unless screened

For a scalar field

$$\rho_{\phi} = 1/2\dot{\phi}^2 + V$$
$$p_{\phi} = 1/2\dot{\phi}^2 - V$$

If the potential dominates then

$$p_{\phi} \approx -\rho_{\phi}$$

so the scalar field plays the role of an effective cosmological constant. Since it's dynamical, this wouldn't have been the case for all times in the universe. We only need the scalar field to dominate the energy density of the universe today



kinetic energy + potential energy

kinetic energy - potential energy



Deviations from Newton's Laws parametrised by

$$_N = -G_N/r(1+2\beta^2 e^{-r/\lambda})$$

tightest constraint from Cassini

$$eta^2 \leq 4 \cdot 10^{-5}$$

**Fifth Force must be screened** 





1) Chameleon type screening. Can be tested in the lab, in the solar system, astrophysics and cosmology. Does not affect speed of gravitational waves, so no test from LIGO/VIRGO or eLISA

2) Vainshtein screening. For example Galileons, Horndeski, massive gravity, kmouflage. Vainshtein radius is very large, so no laboratory tests, but astrophysical and cosmological tests. Some models give speed of gravitational waves to be different from that of photons, so severely constrained by pulsar constraints and by LIGO/VIRGO and will be even more constrained by eLISA

### Two general classes of theories

### **The Chameleon Mechanism**

Khoury&Weltman <u>astro-ph/0309411</u>; Brax et al astro-ph/0408415

consider the action

$$S = \int d^4x \sqrt{-g} \left(\frac{R}{16\pi G_N} - \frac{(\partial\phi)^2}{2} - V(\phi)\right) + S_m(\psi_i, A^2(\phi)g_{\mu\nu})$$

gives the effective potential

 $V_{\text{eff}}(\phi) = V(\phi)$ 

$$V(\phi) = \frac{\Lambda^4}{\phi}$$

$$) - (A(\phi) - 1)T$$

+n

 $\overline{b^n}$ 

There is an environmental effect: when coupled to matter the potential depends on the ambient matter density as well







### Large p

mass is proportional to the second derivative of minimum of the potential Hence it can be heavy when  $\rho$  is large and light when  $\rho$  small

$$m_{\phi}^2(\rho) =$$



### Small p

 $\partial^2 V(\rho) / \partial \phi^2$ 



The fifth force is proportional to the size of the thin shell where the field varies

To screen fifth forces in the solar system one needs the thin shell effect.

R	$F_{\phi} \approx \frac{\Delta R}{R\Phi_N}$	
	Object	$\Phi_{ m N}$
	Main-sequence star	$10^{-6}$
	Post-main-sequence star $(1-10M_{\odot})$	$10^{-7} - 10^{-8}$
	Spiral Galaxy	$10^{-6}$
	Dwarf Galaxy	$10^{-8}$







This has potential

$$V(\phi) = V_0 + \frac{\lambda}{4}\phi^4 - \frac{\mu^2}{2}\phi^2$$

and coupling function



In a dense environment the field is at the origin whilst in a sparser one the field is at the minimum of the potential with the transition happening at density  $\rho_*$   $\phi \to \mu/\sqrt{\lambda}$ 

 $\mathcal{L}_{\phi} = -\frac{1}{2} (\partial \phi)^{2} + \frac{1}{2} \mu^{2} \phi^{2} - \lambda \phi^{4} - \frac{\phi^{2}}{2M^{2}} \rho_{m}$ Symmetrons<sup>2</sup>

Khoury&Hinterbichler, 1001.4525

$$V_{\text{eff}}(\phi) = \frac{1}{2} \left( \frac{\rho_{\text{m}}}{M^2} - \mu^2 \right) + \lambda \phi^4$$







## **The Runaway Dilaton**

In the strong coupling limit of string theory the dilaton has a runaway potential

$$V(\phi) = V_0 e^{-1}$$

Gasperini et al, gr-qc/0108016, investigated the runaway dilaton as a quintessence field. With Damour, gr-qc/0204094, they realised there were equivalence violations when the dilaton coupled to matter

In the weak coupling limit the dilaton coupling to matter is

$$A(\phi) = e^{\beta\phi}$$

Does this have a screening mechanism? Actually NO. You might think it is viable until computing the thin shell condition — such a model doesn't have a thin shell so will not pass all solar system tests

 $-\alpha\phi$ 



# **Environmentally Dependent Dilaton**

Brax, van de Bruck, ACD& Shaw 1005.3735

$$V(\phi) = V_0 e^{-\alpha\phi}$$

Where the potential is derived from string theory in the strong coupling limit. We chose the coupling to matter to be

$$A(\phi) = 1 + \frac{A_2}{2}(\phi - \phi_{\star})^2$$

This keeps the scalar in the strong coupling regime as the Universe evolves. See Brax et al 1005.3735 for full details of the cosmological behaviour, local constraints and linear perturbation theory



Due to the scalar interaction, within the Compton wavelength of the scalar field, the inertial and gravitational masses differ for screened objects:

 $G_{A,B} = G_N(1 + 2Q_A Q_B)$ Gravity + scalar force A  $\frac{\phi_{\infty}}{2m_{\mathsf{PI}}\Phi_A}$ 

Massive bodies with differ scalar charges fall differently. Hence a violation of the strong equivalence principle.



Interaction rate depending on the objects





Newtonian potential at the surface of the body.

Screening criterion for compact objects

# Eot-Wash Experiment



Be-Ti and **Be-Al test** masses

### For a review see Wagner et al 1207.2442

# Why Atom Interferometry?

In a spherical vacuum chamber, radius 10 cm, pressure 10<sup>-10</sup> Torr Atoms are unscreened above black lines

(dashed = caesium, dotted = lithium)



Burrage CB, Copeland, Hinds. (2015) 1408.1409, JCAP 03 (15) 042 19



P = cc

# Probability measured in excited state at output

$$\cos^2\left(rac{kaT^2}{2}
ight)$$

# Berkley Experiment

A Sphere radius = .95cm Cs distance to interferometer = .88cm apparatus embedded in cylinder of R=6.1cm AI sphere Vacuum Cavity chamber mirrors

Jaffe, Haslinger, Xu, Hamilton, Upadhye, Elder, Khoury, Müller. (2017) 23 Elder, Khoury, Haslinger, Jaffe, Müller, Hamilton. (2016)

Using an existing set up with an optical cavity, looking for a signal on top of the Earth's magnetic field

Anomalous acceleration =  $11 \pm 24$  nm s<sup>-2</sup>



# Casimir Force Experiments

The scalar force could be detected in Casimir type experiments

force between parallel plates

force between a plate and a sphere

dark energy scale is



 $\Lambda^{-1}\sim 82 \mu m$ 

Brax et al PRD76(07)124034

# Decca Experiment — 1410.7267; 1509.05349





Casimir Symmetron Forecasts, Elder, Vardanyan, Akrami, Brax, ACD, Decca 2912. 1015





### Chameleon Constraints – Burrage and Sakstein 1709.09071



### **Symmetron Constraints**

Brax and ACD 1609.09242



### Levitating spheres Yin et al Nature Physics Vol 18 (2022) 1181





The scalar can couple to photons via

$$\frac{\beta_{\gamma}\phi F^2}{M_{Pl}} \quad \text{for chameleons}$$

note the scalar coupling to photons; different from the axion coupling

Bekenstein showed the most general coupling to matter contained a conformal and disformal term

$$g_{\mu\nu} = A^2(\phi)g^E_{\mu\nu} + B^2(\phi, X)\partial_\mu\phi\partial_\nu\phi$$

we usually take  $B(\phi, X)$ 

the disformal term gives a natural coupling to photons

$$\frac{\beta_{\gamma}\phi^2 F^2}{M_{Pl}^2} \qquad \mbox{for symmetrons}$$

$$X) = \frac{1}{M^4}$$

### chameleon photon coupling

from Elder & Sakstein 2305.15638



log<sub>10</sub> *M* / *M*<sub>Pl</sub>

# Discussion

- We presented scalar-tensor models with screening, in particular the chameleon model
- Discussed laboratory tests •
- Constraints on the matter coupling
- Introduced the coupling to photons •
- Constraints on the photon coupling
- •

What about production from the Sun — see Tom O'Shea (2406.01691); Luca Visinelli 2103.15834