Gravitational Wave Probes of Dark Matter

Gianfranco Bertone GRAPPA center of excellence, U. of Amsterdam

GEMMA 2 @ La Sapienza — September 16, 2024

Plan of the talk:

•Why study DM in strong gravity?

•The DM-BH connection

•Gravitational Wave probes of DM

What is the Universe made of?

How is DM distributed?

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Rotation curve of the Milky Way

Iocco, GB et al. 2015: <http://www.nature.com/nphys/journal/v11/n3/full/nphys3237.html>

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Assuming DM is cold and collisionless:

<http://www.illustris-project.org/media/>

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Candidates

- No shortage of ideas..
- Tens of dark matter models, each with its own phenomenology
- Models span 90 orders of magnitude in DM candidate mass!

Dark Matter Candidate Mass [eV]

Why study DM in Strong Gravity

GB, Tait, *Nature (2018)1810.01668*

• Identifying DM = discriminating among hundreds of DM candidates

•DM candidates differ in terms of:

- small-scale distribution
- Scattering rate: Γ*χⁿ* ∼ *σχnnχnn*
- Self-annihilation rate: $\Gamma_{\chi\chi} \sim \ <\sigma v > n_{\chi}^2$

• Idea: study DM phenomenology in strong gravity $=$ very small scales, very high-densities

The team

Pippa Cole

Adam Coogan

Bradley Kavanagh

Thomas Spieksma

Daniele Gaggero

Gimmy Tomaselli

+ Ismini Andrianou, Leon Kamermans, Theophanes Karydas, David Nichols, Renske Wierda, …

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Black Holes

- •In GR, *completely* described by (*M*, *L*, *q*)
- \bullet BUT observed $(M, L, q; z)$ drawn from probability distribution that carries information about history *(PBHs..)*

Event Horizon Telescope, 2019

Black Holes

- •In GR, *completely* described by (*M*, *L*, *q*)
- \bullet BUT observed $(M, L, q; z)$ drawn from probability distribution that carries information about history *(PBHs..)*
- •Don't exist in vacuum. Environment:
	- •Enables EM detection *(direct imaging of accretion discs, dynamical M from stars, ..)*
	- Affects $P(M, L, q; z)$ *(q=0, formation scenario, merger rate history, …)*
	- Alters GW signals *(dephasing, caracteristic features,…)*

Event Horizon Telescope, 2019

BH environments

Adiabatic compression of DM around BHs

Conservation of adiabatic invariants:

$$
I_i(E_i, L) = I_f(E_f, L) \longrightarrow f_f(E_f, L) = f_i(E_i, L) \longrightarrow \rho_f(r) = \frac{4\pi}{r^2} \int_{E_f^{\min}}^0 dE_f \int_{L_f^{\min}}^{L_f^{\max}} dL_f \frac{L_f}{v_r} f_f(E_f, L_f).
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(Peebles 1972, Young 1980, Quinlan, Hernquist and Sigurdsson 1995, Gondolo and Silk 2000, …)

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DM 'spikes'

 $\rho_{\text{cusp}}(r) \sim r^{-\gamma}$

 $(NFW: \gamma = 1)$

$$
\rho_{\text{spike}}(r) \sim r^{-\gamma_{\text{sp}}}, \gamma_{\text{sp}} = \frac{9 - 2\gamma}{4 - \gamma}
$$

$$
(\gamma = 1 \to \gamma_{\text{sp}} = 7/3)
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Gondolo and Silk 2000

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 $(NFW: \gamma = 1)$

3 steps: SMS growth, Collapse, BH growth

- I Adiabatic growth on extended stellar object *Blumenthal 1986; Young 1980; Spolyar, Freese, Gondolo 2007; Freese et al. 2008*
- II Collapse to BH on free-fall timescale *E.g. Ullio, Zhao, Kamionkowski 2001 (circular orbits)*
- III Growth of BH from seed to final mass *Gondolo & Silk 2000*

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Realistic dark matter overdensities around BHs

GB, Wierda, Gaggero, Kavanagh, Volonteri, Yoshida - 2404.08731

γ-rays from DM spikes in EAGLE simulations

Aschersleben, GB et al JCAP09(2024)005

Fermi-LAT, H.E.S.S. and CTAO sensitive to dark matter self-annihilation around IMBHs well below thermal relic cross section

DM overdensities around PBHs

PBH

 $\frac{1}{r}$ Turnaround' point, when $\rho_{DM}(r) \sim r^{-9/4}$ particles decouple from expansion

Adamek+ 1901.08528, Boudaud+ 2106.07480

If DM=WIMPs, large annihilation flux!

If (subdominant) PBHs discovered: Extraordinarily stringent constraints on new physics at the weak scale!

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• Detecting a subdominant PBHs with the Einstein Telescope would essentially rule out not only WIMPs, but entire classes of BSM models (even those leading to subdominant DM!) 27

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Phenomenology of DM in Strong Gravity

(Classical paper: Chandrasekhar 1931)

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Additional energy loss term: $\dot{E}_{orb} = -\dot{E}_{GW} - \dot{E}_{DF}$

Evolution of binary separation:

$$
\begin{aligned} \dot{r}_2=&-\frac{64\,G^3\,M\,m_1\,m_2}{5\,c^5\,(r_2)^3} \\&-\frac{8\pi\,G^{1/2}\,m_2\,\log\Lambda r_2^{5/2}\,\rho_{\rm DM}(r_2)}{\sqrt{M}m_1} \end{aligned}
$$

Easy, right?

(Eda+ 2013, 2014)

Evolution of binary separation: \dot{r}_1

$$
E_2 = -\frac{64 G^3 M m_1 m_2}{5 c^5 (r_2)^3}
$$

$$
-\frac{8\pi G^{1/2} m_2 \log \Lambda r_2^{5/2} \rho_{\rm DM}(r_2)}{\sqrt{M} m_1}
$$

Easy, right?

(Eda+ 2013, 2014)

Not so fast..

$$
\textsf{DM distribution is heated:}\quad \Delta E_{\text{DF}}(r_{\text{i}},r_{\text{f}})=-\int_{r_{\text{i}}}^{r_{\text{f}}}\frac{\text{d}E_{\text{DF}}}{\text{d}t}\left(\frac{\text{d}r_{\text{2}}}{\text{d}t}\right)^{-1}\text{d}r_{\text{2}}
$$

Not so fast II…

DM medium NOT homogenous

Scattered particles are in a \sim torus around the secondary object orbit

Ellipticity, high-v particles, relativistic corrections, accretion etc..

(Kavanagh, GB et al. 2002.12811, Becker+ 2112.09586, Dosopoulou 2305.17281, …)

Equal-mass 'Dressed' BH-BH merger

Kavanagh, Gaggero & GB, arXiv:1805.09034

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EMRIs = Extreme Mass Ratio Inspirals

 $m_1 \gg m_2$

Co-evolution of binary and DM distribution

Energy losses due to dynamical friction:

$$
\dot{E}_{\rm orb}=-\dot{E}_{\rm GW}-\dot{E}_{\rm DF}
$$

Evolution of binary separation:

$$
\dot{r}_2 = -\frac{64 G^3 M m_1 m_2}{5 c^5 (r_2)^3}
$$

$$
-\frac{8\pi G^{1/2} m_2 \log \Lambda r_2^{5/2} \rho_{\rm DM}(r_2, t) \xi(r_2, t)}{\sqrt{M} m_1}
$$

Time-dependent dark matter phase space density:

$$
T_{\rm orb} \frac{\partial f(\mathcal{E}, t)}{\partial t} = -p_{\mathcal{E}} f(\mathcal{E}, t) + \int \left(\frac{\mathcal{E}}{\mathcal{E} - \Delta \mathcal{E}}\right)^{5/2} f(\mathcal{E} - \Delta \mathcal{E}, t) P_{\mathcal{E} - \Delta \mathcal{E}}(\Delta \mathcal{E}) d\Delta \mathcal{E}
$$

Kavanagh, GB et al. 2002.12811 [see also Trestini's talk]

Time-dependent dark matter density profile

Kavanagh, GB et al 2002.12811, https://doi.org/10.6084/m9.figshare.11663676

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Effect of the environment on the waveform

- Waveforms are *dephased,* with a characteristic Δ*ϕ*(*f*)
- Additional energy loss \rightarrow shorter time to merger

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Gravitational Waveform dephasing

•Calculate the number of cycles including the effect DM

$$
N_{\text{cycles}}(t_{\text{f}}, t_{\text{i}}) = \int_{t_{\text{i}}}^{t_{\text{f}}} f_{\text{GW}}(t) dt
$$

• Calculate difference wrt vacuum

 $\Delta N_{\text{cycles}} = N_{\text{cycles}}^{\text{vac}}(f_{\text{GW},f}, f_{\text{GW},i}) - N_{\text{cycles}}^{\text{DM}}(f_{\text{GW},f}, f_{\text{GW},i})$

- Static: Assuming DM fixed (Eda+ 2013, 2014)
- •Dynamic: including evolution of DM phase space (2002.12811)

Kavanagh, GB et al. 2002.12811

Detecting / discovering / Measuring DM with GWs

Coogan, GB, Gaggero, Kavanagh Nichols 2021

- •Dark dresses within ~ 100 Mpc are detectable with Lisa
- •Can discover that fiducial systems are not GR-in-vacuum (in terms of Bayes factor)

• Can measure: • DM density profile •normalization •slope •mass ratio

OK, but can we *identify* DM with GW observations?

Can we tell e.g. WIMPs from ultra-light DM, WDM, selfinteracting DM, etc..?

Gravitational atoms

|*nlm*⟩ Y. Zel'Dovich (1971,1972); C. Misner (1972); A. Starobinsky (1973); Detweiler (1980); W. East and F. Pretorius (2017); and many many others, see e.g. the review by R. Brito, V. Cardoso, and P. Pani (2015)

- If ultra-light bosons exist, they can be produced around rotating black holes through S**uperradiance**
- •Extraction of mass and angular momentum → **cloud** of the bosonic field
- •BH + boson cloud = **gravitational atom.** Bound states $|nlm\rangle$ in analogy with proton + electron structure in H atom

See talk by Cristina Mondino

EMRIs in presence of Gravitational Atoms

Energy lost by the binary due to 'ionisation'

- 'Resonances' due to transitions between bound states $\langle a | V_*(t) | b \rangle$ *Baumann, Chia, Porto, arXiv:1804.03208*
- 'lonization', i.e. transitions to continuum $\langle a | V_*(t) | klm \rangle$ *Baumann, GB, Stout, Tomaselli Phys.Rev.Lett. 128 (2022) 22, 221102*
- Role of accretion on companion, eccentricity, inclination *Baumann, GB, Stout, Tomaselli 2112.14777, Tomaselli, Spieksma, GB 2305.15460, 2403.03147*

Published yesterday:

- When inclination angle falls inside angular interval χ_i around a counterrotating configuration, the cloud survives all the resonances, becoming observable late in the inspiral
- Otherwise, cloud is destroyed (red line), leaving a distinctive mark on the orbital parameters.
- Binaries that form at small radii are an exception: They may skip the destructive (hyper) fine resonances.

Density profiles depend on the DM properties

Self-annihilating DM Self-interacting DM

[GB & Merritt astro-ph/0504422, Shapiro & Shelton1606.01248] [Alonso-Alvarez+ 2401.14450]

In case of detection, how well can we reconstruct parameters?

Cole, GB et al. Nature Astron. 7 (2023) 8, 943-950

New results/Work in progress

- Realistic spike formation scenarios, via formation and collapse of **Supermassive Stars** (2404.08731)
- **Refined modeling** of eccentricity, accretion, torques, etc *(2402.13053, 2402.13762, 2403.03147)*
- **Relativistic** effects
- Fast statistical inference of environments w/ machine learning
- •Imprint of DM particle properties on the waveform
- •Population studies, Merger rates, etc

Gravitational wave probes of DM

"Gravitational wave probes of dark matter: challenges and opportunities" GB, Croon, et al. 1907.10610

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Conclusions

- Studying DM in strong gravity opens new opportunities to identify it
- DM can reach very high density around BHs
- We can probe these very high densities with (γ-rays and) GWs

Supplementary material

Further GW-DM connections:

"Gravitational wave probes of dark matter: challenges and opportunities" GB, Croon, et al. 1907.10610

BH environments

Other environments

Pippa Cole, GB + [2302.03351](https://arxiv.org/abs/2302.03351)