

— Firenze — 2 February 2024



THE QCD AXION: Some Like It Hot

MAURO VALLI

INFN Rome





A SISSA MOVIE



arXiv: 2310.08169

Minimal QCD Axion



Coupling required to "relax" the Strong CP problem, namely:



Minimal QCD Axion



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SOME LIKE IT HOT: Axions ~ Neutrinos

Neutrino cosmology 101



Minimal QCD Axion



Minimal QCD Axion



[Baumann, Green, Wallisch `16]

[Georgi, Kaplan, Randall `86]



(E_{π}) $\simeq \rho_{\pi}/n_{\pi} \simeq 3T \Rightarrow \sqrt{s} \gtrsim 500 \,\text{MeV} @ T \sim 100 \,\text{MeV}$

 $\Gamma_a^{(\text{NLO})} \sim \Gamma_a^{(\text{LO})} \text{ for } T > 70 \,\text{MeV}$ [Di Luzio, Martinelli, Piazza `21]

General form of low energy axion QCD Lagrangian:

$$\mathcal{L} = \bar{q} \left(i \partial \!\!\!/ + \frac{c_0}{2f_a} \partial \!\!\!/ a \gamma_5 \right) q - \bar{q}_L M_a q_R + h.c., \qquad M_a \equiv \left(\begin{array}{c} m_u & 0 \\ 0 & m_d \end{array} \right) e^{i \frac{a}{2f_a} (1+c_3 \sigma^3)}$$

$$\frac{\partial_\mu a}{2f_a} j_A^{\mu} \stackrel{\chi \text{PT}}{=} \mathcal{O}(M_q) \qquad \qquad \pi^0 = \cos(\theta_{a\pi}) \pi_{\text{phys}}^0 + \sin(\theta_{a\pi}) a_{\text{phys}} \simeq \pi_{\text{phys}}^0 + \theta_{a\pi} a_{\text{phys}}$$

$$\frac{\partial}{\partial \mu} \frac{\partial}{\partial \mu$$

G.Villadoro @ GGI 23



The IAM amplitude satisfies unitarity and has the correct low-energy expansion of ChPT up to $\mathcal{O}(p^4)$ IAM LECs from fit to $\pi\pi$ scatt. [Dobado, Pelaez 1997]







Axion spectral distortions do matter ...



High momenta *k* decouple later than low *k*. They see a lower g_* —> Greater $\Delta N_{\rm eff}$



Minimal QCD Axion $(T_{dec} < T_c)$







JCAP 10 (2022) 046





<code>BBN</code> is competitive with <code>CMB</code> to constrain $\Delta N_{
m eff}$



PDG 2021: $Y_P = 0.245 \pm 0.003$







arXiv: 1710.11129

astro-ph/9803071

BBN ERA IN ΛCDM



Nucleosynthesis naively at $T_{nucl.} \sim B_D \simeq 2.2$ MeV ... BUT:

 $\Gamma(n+p \to D+\gamma) \sim n_B \langle \sigma v \rangle_{D\gamma}$ $\Gamma(n+p \leftarrow D+\gamma) \sim n_\gamma \exp(-B_D/T_\gamma) \langle \sigma v \rangle_{D\gamma}$

i.e., it really starts at T_{nucl} such that: $\eta_B \simeq \exp(-B_D/T_{nucl})$

BBN ERA IN ΛCDM

Deuterium "bottleneck" implies $T_{nucl.} \simeq 0.1$ MeV. After that :



~ all neutrons into helium-4

$$(n_n/n_p)|_{T\simeq 0.1 MeV} \simeq 1/7$$

$$Y_P \equiv \frac{m_{^4He}}{m_B} \simeq \frac{4(n_n/2)}{n_n + n_p} \simeq 0.25$$

Baryon mass fraction in helium-4

 $\mathcal{O}(10^{-5})$ residual amount of deuterium and helium-3 relative to p. Lithium-7 "survives" in smaller relative abundance, $\mathcal{O}(10^{-10})$. Eur. Phys. J. C (2024) 84:86 https://doi.org/10.1140/epjc/s10052-024-12442-0

Regular Article - Theoretical Physics

THE EUROPEAN PHYSICAL JOURNAL C



PRyMordial: the first three minutes, within and beyond the standard model

PRyMordial: The first 3 min in O(10) sec



PRyMordial: Overview

- Featuring: simplified, but precise, method for ν decoupling ab-initio efficient computation of n <—> p
 - a customizable up-to-date nuclear network
 - several built-in options for New Physics

Meets precision for state-of-the-art SM predictions. Opens up uncharted territory for BSM in BBN era.

Fully Python-based, user-friendly & numerically fast ...

PRyMordial: BBN state-of-the-art predictions

$\stackrel{0.1}{m_a}\left[\mathrm{eV} ight]^{0.2}$

0.5

Minimal QCD Axion $(T_{dec} < T_c)$

Minimal QCD Axion $(T_{dec} < T_c)$

[Bianchini, Grilli, Valli 23] $m_a \leq 0.16 \,\mathrm{eV}$ @ 95 % HDI

30% improvement with respect to

[Notari, Rompineve, Villadoro`22]

Minimal QCD Axion
$$(T_{dec} \gtrsim T_c)$$

Recipe for a reasonable (?) forecast:

(I) Axion initially in thermal equilibrium

(II) Extrapolate somehow sphaleron rate at non-zero momentum (e.g. constant within sphaleron size)

(III) Set initial condition @ T_c:
$$\frac{dY_a}{dt} = \frac{\overline{\Gamma}_a}{H} (Y_a^{eq} - Y_a)$$

Cosmo Present & Future of QCD Axion

(Minimal) QCD axion shows up as cosmological — Hot Dark Matter —

0.16 eV

0.04 eV

TODAY —> linear Cosmology + improved ChPT :

 $m_a \le 0.16 \text{ eV} \otimes 95\%$ probability (CMB + LSS + BBN)

FUTURE —> cosmo bound competitive w/ current astro probes

• HOW TO IMPROVE ON AXION THERMAL RATE — going beyond $SU(2)_F$ ChPT @ T = O

— strong sphalerons VS quark-gluon plasma

MINIMAL QCD AXION VS AXION UV MODELS

NON-LINEAR COSMOLOGICAL OBSERVABLES

— Lyman- α constraints

- EFTofLSS (CLASS-PT/PyBird)
- other measurements / forecasts

