





#### Neutrinoless Double-Beta Decay and Lepton Number Violation

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International Neutrino Summer School Bologna 12 June 2024





**L** 

# First thing I saw walking through Bologna's "portici"





## Outline

- Matter, Anti-matter, neutrinos and Lepton Number (and B-L !)
- The Standard Model and neutrino mass
- Majorana neutrino masses as bridge between matter and anti-matter
- Neutrinoless double beta decay: a matter creating process
- Experimental approaches
- Where we are and where we are heading
  - and why it is special time for  $0\nu\beta\beta!$

Recent comprehensive review

Rev. Mod. Phys. 95 025002



#### **Standard Model of Elementary Particles**

## **Neutrino Oscillations**

"Two-flavour" case



## **25** years of Neutrino Oscillations



The only **global symmetry** remaining is

But oscillations cannot measure its absolute value

# Neutrinoless Double Beta Decay $0\nu\beta\beta$

Nuclear decay:  $(A,Z) \rightarrow (A,Z+2) + 2e$ 

- 2 neutrons -> 2 protons ( $\Delta B = 0$ )
- 2 electrons are emitted ( $\Delta L = 2$ )

0νββ

С

Would constitute a discovery of first matter-creating process

- production of leptons w/o antileptons in the lab
- direct violation of L and B-L
- Essential for matter-antimatter asymmetry generation
- Arguably, more fundamental than proton decay (violates only B)



nucleons

"Disappearance" of  $\mathcal{B} = \mathcal{N}_{baryons} - \mathcal{N}_{anti-baryons}$ 



**▲**e



Neutrinoless Double Beta Decay  $(0\nu\beta\beta)$ "Creation" of electrons

 $L = N_{leptons} - N_{anti-leptons}$ 

# **Known knowns and Known Unknowns**

#### Knowns

- At least 2 of 3 neutrinos have non-zero mass
- neutrinos mixing probabilities
- some hints on CP-violating phase

#### Unknowns

- what's the absolute mass scale?
- what's the mass ordering?
- is delta CP violated?
- what's the origin of neutrino masses?
- what are the fundamental symmetries?
- what's the origin of the matter-antimatter asymmetry in our Universe?

#### And, most likely, there are unknown unknowns



Absolute mass (eigenstates)  $\geq \sqrt{2.5 \times 10^{-3}} = 0.05 \ eV$  How to measure absolute neutrino mass?

ChatGPT version



## How to measure neutrino absolute mass



#### Existing constraints

Method	v mass parameter	Constraint	Comment
Tritium(and other) β-decay	$m_{v_e} = \sqrt{U_{e1}^2 m_1^2 + U_{e2}^2 m_2^2 + U_{e3}^2 m_3^2}$	< 0.8 eV 90% CL	expected soon: < 0.2 eV, Challenges to go further but there are ideas, Low bound > 9meV!
0νββ (	$m_{\beta\beta}(v_e) \rangle = U_{e1}^2 m_1 + U_{e2}^2 m_2 e^{i\alpha_{21}} + U_{e3}^2 m_3 e^{i\alpha_{31}}$	<0.04-0.1 eV 90%CL	aim to reach 0.01 eV with next phase Only for Majorana particles
Cosmology	$\Sigma = m_1 + m_2 + m_3$	<0.3 eV (i.e. <0.1 eV "per mass") 90%CL	Should start "seeing" neutrinos soon Strong model dependence

The smallness of neutrino masses points at new physics at high energy scale



## **Neutrino Mass in Standard Model**

Dirac Lagrangian for neutrinos: 
$$L = \overline{\nu}(i\gamma^{\mu}\partial_{\mu} - m_{D})\nu \implies m_{D}\overline{\nu}\nu$$
 Dirac mass term

In terms of left and right chiral fields:

$$L_{mass} = m_D \overline{\nu} v = m_D (\overline{\nu}_L v_R + \overline{\nu}_R \nu_L) \quad \text{mass couples left and right chiral fields}$$

In SM  $m_v = 0$  because we do not see right-handed neutrino (or left-handed anti-neutrino)

However, if  $m_v \neq 0$  (as we know now) the Dirac fermion interpretation is:

There 4 neutrinos:



two of them are "sterile"

- Gauge invariance requires introduction of Higgs field
- Dirac mass terms conserves lepton number

### **Neutrino Mass in Standard Model**



Higgs Mechanism

$$m_D = g_v \frac{\langle \varphi \rangle}{\sqrt{2}}$$

$$\begin{array}{l} \left< \pmb{\varphi} \right> \ \sim 246 \ {\rm GeV} - \ {
m V.E.V.} \end{array}$$

 $g_v \sim$  Yukawa coupling

 $m_D \sim$  Dirac fermion mass

From current constraints on  $m_v$  (~0.1eV scale):

- $g_v < 10^{-13}$
- Sterile  $v_R$  needs to be added to SM

Requires fine tuning of neutrino Yukawa coupling down to unnaturally tiny values



- In 1937 Ettore Majorana suggested an alternative with only two active neutrinos
- Massive neutrino could be described using a single left-handed field.

Recall Charge Conjugation operator  $C = i\gamma^2\gamma^0$  The right-handed field can be constructed with  $V_L^C = C\overline{V}_L^T$ 

You can check it is right-handed by applying  $P_L(C\overline{\nu}_L^T) = \frac{1}{2}(1-\gamma^5)(C\overline{\nu}_L^T) = 0$ 

The Majorana field becomes

$$v = v_L + v_R = v_L + v_L^C$$

and

 $v^{C} = (v_{L} + v_{L}^{C})^{C} = v_{L}^{C} + v_{L} = v$ 

i.e. particle=antiparticle

• The only fundamental fermion for which this is possible is the neutrino Other particles have non-zero electric charge



# Majorana Mass Term

$$L_M = \frac{1}{2} m_L (\overline{v}_L^C v_L + \overline{v}_L v_L^C)$$

The Majorana mass term couples neutrino and anti-neutrinos.



- "Price" to pay: Lepton Number Violation
- Turns out to be a good thing:
  - Accidental symmetry
  - Requires by (almost all) Grand Unification Theories)

## What distinguishes neutrino and "anti"-neutrino?

Standard Model Interactions of Dirac Neutrinos

4 mass-degenerate states





Standard Model Interactions of Majorana Neutrinos

There is only one neutrino, 2 mass-degenerate states



Left-handed Majorana neutrino makes  $l^{+}$ Right-handed Majorana neutrino makes  $l^{+}$ 

- The problem is that  $m_L \overline{v}_L^C v_L$  is not gauge invariant
  - One could make it gauge invariant by introducing a Higgs triplet
  - An alternative is to introduce heavy right-handed neutrino that only interacts with Higgs field and gravity the **SEESAW Mechanism**

• Either way the non-zero neutrino mass implies **BSM Physics**.

(I) Right-handed state exists with a standard mass mechanism

(II) Higgs triplet

(III) Different mass mechanism, e.g. SEESAW

## **The See-Saw Mechanism**

(there are more than one type shown below)

Assume two Majorana neutrinos, one very light and one very heavy

$$\begin{split} L_{mass} \sim L_{L}^{D} + L_{R}^{D} + L_{L}^{M} + L_{R}^{M} + h.c. = m_{D} \overline{N}_{R} v_{L} + m_{D} \overline{v}_{L}^{C} N_{R}^{C} + m_{L} \overline{v}_{L}^{C} v_{L} + m_{R} \overline{N}_{R}^{C} N_{R} + h.c. \\ \text{which can be written in a matrix form} \\ L_{mass} \sim \begin{pmatrix} \overline{v}_{L}^{C} & \overline{N}_{R} \end{pmatrix} \begin{pmatrix} m_{L} & m_{D} \\ m_{D} & m_{R} \end{pmatrix} \begin{pmatrix} v_{L} \\ N_{R}^{C} \end{pmatrix} + h.c. \\ \text{Due to non-zero off-diagonal } m_{D} \\ \text{the fields } v_{L}, N_{R} \text{ do not have} \\ \text{definite masses} \\ Right-handed \\ \text{fields} \\ v_{L}, N_{R} \\ \text{are superposition of state with definite mass } v, N \end{split}$$

$$\begin{pmatrix} v_L \\ N_R \end{pmatrix} = \begin{pmatrix} \cos\theta & \sin\theta \\ -\sin\theta & \cos\theta \end{pmatrix} \begin{pmatrix} v \\ N \end{pmatrix}$$
 v is mostly  $v_L$ , N is mostly  $N_R$ 

R

## **The See-Saw Mechanism**

Diagonalise matrix to rewrite Lagrangian in terms of mass eigenstates

$$M = \begin{pmatrix} m_L & m_D \\ m_D & m_R \end{pmatrix} \longrightarrow M' = \begin{pmatrix} m_1 & 0 \\ 0 & m_2 \end{pmatrix}$$
$$m_{1,2} = \frac{1}{2} \left[ \left( m_L + m_R \right) \pm \sqrt{\left( m_L - m_R \right)^2 + 4m_D^2} \right]$$

From gauge invariance  $m_L = 0$  and we choose  $m_R >> m_D$ 

Therefore

$$m_1 = \frac{m_D^2}{m_R}$$

 $m_2 = m_R \left( 1 + \frac{m_D^2}{m_R^2} \right) \approx m_R$ 

light neutrino mass we see in experiments Heavy sterile neutrino

Recall:  $v(m_1)$  is mostly  $v_L$ ,  $N(m_2)$  is mostly  $N_R$ 

## **The See-Saw Mechanism**



If  $m_D \sim 1 \text{ GeV}$  and  $m_v \sim 0.1 \text{ eV}$ ,  $m_R \equiv M = \frac{m_D^2}{m_v} \sim 10^{19} \text{ eV} \implies \text{Link to GUT, natural smallness of neutrino mass}$ 



- Minimal extension of SM
- Access to absolute neutrino mass
- Reach interplay with neutrino oscillations, kinematic measurements  $(m_{\beta})$ , cosmology  $(\Sigma)$

# $0\nu\beta\beta.$ Connection with Nuclear Physics.



 $\psi(A,Z) \Longrightarrow \psi(A,Z+1) \Longrightarrow \psi(A,Z+2)$ 



- Significant effort from different groups and different nuclear models
- *Ab-initio* methods look promising
- No isotope has clear preference. Choice driven by experimental considerations.
- Multiple isotope confirmation crucial
- Experimental input important
  - $\gg 2\nu\beta\beta$  decay
  - $\gg$  charge exchange reactions
  - » muon capture

# $0\nu\beta\beta.$ A portal to new physics beyond SM





- Any new L-violating physics can result in  $0\nu\beta\beta$  (access to ultra-high energy BSM)
- That includes Heavy Neutral Leptons and many other

## Schechter and Valle, PRD 25, 2951 (1982)





FIG. 2. Diagram showing how any neutrinoless double- $\beta$  decay process induces a  $\overline{\nu}_e$ -to- $\nu_e$  transition, that is, an effective Majorana mass term.

#### Observation is <u>unambiguous evidence</u> for

<u>non-zero Majorana mass</u> (even if it is not dominating mechanism)

# $\mathbf{m}_{\beta\beta,}$ neutrino oscillations and mass ordering



#### $0\nu\beta\beta$ with $m_{\beta\beta}$ . Where are we so far?



# **Experimental Approaches**

#### Abstract

From the Fermi theory of β-disintegration the probability of simultaneous emission of two electrons (and two neutrinos) has been calculated. The result is that this process occurs sufficiently rarely to allow a half-life of over 10<sup>17</sup> years for a nucleus, even if its isobar of atomic number different by 2 were more stable by 20 times the electron mass. **M. Goepert-Mayer** 

 $2\nu\beta\beta$  Double beta-Disintegration, Phys.Rev. 48:512-16 (1935)



**1939: Furry Ο**νββ



Over 40 nuclei can				
undergo $\beta\beta$ -decay				
(including $\pmb{\beta^{\!+}\beta^{\!+}}\mathrm{and}~\pmb{2K}\text{-}$				
capture)				
Only $\sim 9$ experimentally				
feasible for $0\nu\beta\beta$				



	Isotope	Daughter	$Q_{etaeta}{}^{\mathbf{a}}$	${f_{\mathrm{nat}}}^{\mathbf{b}}$	$f_{\rm enr}{}^{\rm c}$
			$[\mathrm{keV}]$	[%]	[%]
	$^{48}$ Ca	$^{48}\mathrm{Ti}$	4267.98(32)	0.187(21)	16
	$^{76}\mathrm{Ge}$	$^{76}\mathrm{Se}$	2039.061(7)	7.75(12)	92
	$^{82}$ Se	$^{82}$ Kr	2997.9(3)	8.82(15)	96.3
	$^{96}\mathrm{Zr}$	$^{96}\mathrm{Mo}$	3356.097(86)	2.80(2)	86
	$^{100}Mo$	$^{100}$ Ru	3034.40(17)	9.744(65)	99.5
7	$^{116}$ Cd	$^{116}$ Sn	2813.50(13)	7.512(54)	82
,	$^{130}\mathrm{Te}$	$^{130}$ Xe	2527.518(13)	34.08(62)	92
	$^{136}$ Xe	$^{136}$ Ba	2457.83(37)	8.857(72)	90
	<sup>150</sup> Nd	$^{150}$ Sm	3371.38(20)	5.638(28)	91

## **Experimental Observables**



If possible: individual electron energies,  $E_{e1}$ ,  $E_{e2}$ , and angle  $\theta$  between them

#### **Sensitivity and requirements**







It's all about <u>backgrounds</u>

- Cosmic rays (underground)
- Natural radioactivity (clean materials, particle id and tagging)
- Standard Model  $2\nu\beta\beta$  (energy

resolution)

## **Underground Laboratories**



#### **Natural Radioactivity**



- Many other potential sources including cosmogenics, "degraded" alphas etc.
- Natural radioactivity falls very rapidly above ~3 MeV.
- What can be done ?
- Extremely careful material selection.
- Purification techniques.
- Barriers against radon penetration.
- Vetos & active shielding.
- Background tagging/identification techniques e.g. single-site (0νββ) versus multiple-site (γ)

## **Experimental Techniques**

*Ge Semiconductor detectors (*<sup>76</sup>*Ge*)









Passive source surrounded by detectors (<sup>100</sup>Mo, <sup>82</sup>Se, <sup>150</sup>Nd, other )



Drawings courtesy of Laura Manenti

1000

time (us)

0

2000

35

# • **GERDA/MAJORANA** (40 kg), lowest background

• advanced event topology

- **LEGEND-200** (200 kg) in data taking since 2023, good performance and background released at TAUP, first physics unblinding at <u>Neutrino'24 next week</u>!
- **LEGEND-1000** (1 t) designed to be reviewed next year, baseline design at LNGS, data taking by 2030

ionization and charge drift
< 0.1% energy resolution</li>
Ar shield and scintillation light

GERDA 2020

GERDA PRL 125 (2020)

Background best fit and 68% C.L. interval

90% C.L.  $T_{1/2}$  lower limit (1.8 × 10<sup>26</sup> yr)

2000

1000

time (us)

1000

time (us)

2000

0



 $10^{-10}$ 

 $10^{-2}$ 

 $10^{-3}$ 

 $10^{-4}$ 

Counts / (keV kg yr)

1000

time (us)

0

0





#### **LEGEND-200**

- 200kg <sup>76</sup>Ge enriched > 88%
- BG goal: < 0.5 cts/FWHM t yr)
- Physics run with 10 strings (142kg) since Mar-2023 at LNGS





#### **LEGEND-1000**

- 1000kg <sup>76</sup>Ge enriched > 90%
- $\begin{tabular}{ll} & {\rm BG \ goal:} < 0.025 \\ & {\rm cts/FWHM \ t \ yr} \end{tabular} \end{tabular}$
- Location LNGS



JU



R.Saakyan, Ovbu. เพรอระบบ24

#### **Cryogenic Calorimeters**

 $\Delta T \cong \frac{E}{}$ 

 $\Delta T$ 



- temperature variation and scintillation light
- particle identification and good resolution
- array of enriched crystals operated at ~10 mK

#### CUORE

- 742 kg TeO<sub>2</sub> (206 kg <sup>130</sup>Te), 988 crystals
- 2 tonne years of exposure, still running at LNGS

#### CUPID

- reusing CUORE existing infrastructure
- scintillating bolometer Li<sub>2</sub>MoO<sub>4</sub> technology demonstrated by CUPID-Mo
- particle identification



CUORE, Nature 604 (2022)



#### Large loaded liquid scintillators

- scintillation photons detected by PMTs
- photon number and arrival time gives event energy and position
- self-shielding and fiducialization

#### KamLAND-Zen-800@Kamioka

- 750 kg of <sup>136</sup>Xe in nylon balloon
- backgrounds:  $2\nu\beta\beta$ , cosmogenic, solar neutrinos, <sup>214</sup>Bi on balloon

#### KamLAND2-Zen@Kamioka

- new light concentrators and PMTs with higher quantum efficiency
- purer scintillator

#### SNO+@SNOLab

• Te loaded scintillator up to 2.5-3%







#### LXe time projection chambers

- $^{136}$ Xe VUV scintillation light and ionization electron drift -> 3D reconstruction
- background decreasing with distance from surface,  $^{214}\mathrm{Bi}$  and  $^{222}\mathrm{Rn}$  remain problematic
- R&D to tag  $0\nu\beta\beta$  decay daughter isotope





#### nEXO@SNOLAB

- builds on the EXO-200 experiment (completed in 2019)
- homogeneous, liquid enrXe time projection chamber scaled to **5 tonne total mass**
- dominant external backgrounds exponentially attenuated in central region
- preparing for DOE review next year

#### Also, natural LXe detectors for dark matter: XLZD 80t natural $\rightarrow$ 7t <sup>136</sup>Xe



#### High-Pressure Gas <sup>136</sup>Xe time projection chamber

Next-White demonstrated the technology:
 ✓ Continuous <sup>83m</sup>Kr calibration
 ✓ Sub-percent energy resolution FWHM
 ✓ Powerful topology separation



NEXT-100 under commissioning (data taking in summer 2024)
 ✓ Will demonstrate scalability





- Ton-scale plans:
- $\checkmark\,$  NEXT-HD: Symmetric detector with reach of  $10^{27}~{\rm y}$
- $\checkmark\,$  NEXT-BOLD: Add Ba tagging (bkg free!) for  $\,$  exploring beyond  $10^{28}$  y  $\,$

### $0\nu\beta\beta$ with $m_{\beta\beta}$ . Where are we heading?



### $0\nu\beta\beta$ with $m_{\beta\beta}$ . Where are we heading?

- Significant part of Normal Ordering will be covered with next wave of experiments ("1 tonne")
- Beware of log-plots!



Potentially non equiprobable parameter space (random phases would naturally favor large  $m_{\beta\beta}$  values)



Agostini, Benato and Detwiler, PRD 96, 053001 (2017)

## $0\nu\beta\beta$ and Cosmology





# Scenario 1

supernemo



- O(10%) statistical uncertainty << NME uncertainties
- can probe decay mechanism by looking at individual electron energy distributions and angular correlations





# Scenario 2

# $T_{1/2} < 10^{28} \ years: 100s \ events$ in tonscale experiments

- O(10%) statistical uncertainty << NME uncertainties
- can probe decay mechanism

 $T_{1/2} \sim 10^{28}$  years:  $\sim \! 10$  events in tonscale experiments

- statistical uncertainty ~ NME uncertainties
- multiple ton-scale experiments needed to confirm signal



# Scenario 3

 $T_{1/2} < 10^{28} \ years: 100s \ events$  in ton-scale experiments

- O(10%) statistical uncertainty << NME uncertainties
- can probe decay mechanism

 $T_{1/2} \sim 10^{28} \ years: \sim 10 \ events$  in ton-scale experiments

- statistical uncertainty ~ NME uncertainties
- multiple ton-scale experiments needed to confirm signal

 $T_{1/2} > 10^{28} \ years: \ < a \ few \ events \ in \ tonscale \ experiments$ 

- R&D required to push further into NO, reduce cost
- technology diversity is a strength



## Interplay between absolute neutrino mass experiments



# Interplay between absolute neutrino mass experiments



CUPID, LEGEND, nEXO, +... will explore  $m_{\beta\beta}$  values till the bottom of the inverted ordering and beyond, with a good chance to discover matter-creation

# Interplay between absolute neutrino mass experiments



DESI and EUCLID promise to measure  $\Sigma$ . This will define a target for  $0\nu\beta\beta$  experiments, with a no observation potentially hinting at Dirac masses or non-standard cosmology

# Interplay between absolute neutrino mass experiments



- KATRIN's parameter space is already excluded by both  $0\nu\beta\beta$  decay and cosmology.
- A signal would force to drastically rethink our phenomenology theory framework
- Measuring  $m_{\beta}$  below 0.1 eV (Project-8, QTNM, PTOLEMY, ECHo...) and  $m_{\beta\beta}$  and will allow Majorana CP-phases to be determined!

#### Outlook

Last decade: GERDA, EXO-200, KamLAND-Zen-400, CUORE The two to watch: LEGEND-200, KamLAND-Zen-800 Coming up (10-15 yrs): LEGEND-1000, CUPID, nEXO, +...



## **Concluding Remarks**

- 0νββ is the best way to probe Lepton Number
   Violation, B-L and its connection to preponderance of matter and neutrino mass generation mechanism
- Upcoming experiments are very well motivated scientifically clear sensitivity targets —

- Interplay with oscillations, cosmology and βdecay results yields a significant likelihood of discovery in next 2-15 years !
- $0\nu\beta\beta$  could be driven by any LNV mechanism open minded, discovery-oriented search.

