# An overview of Machine Learning in Medicine and Medical Physics

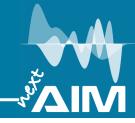


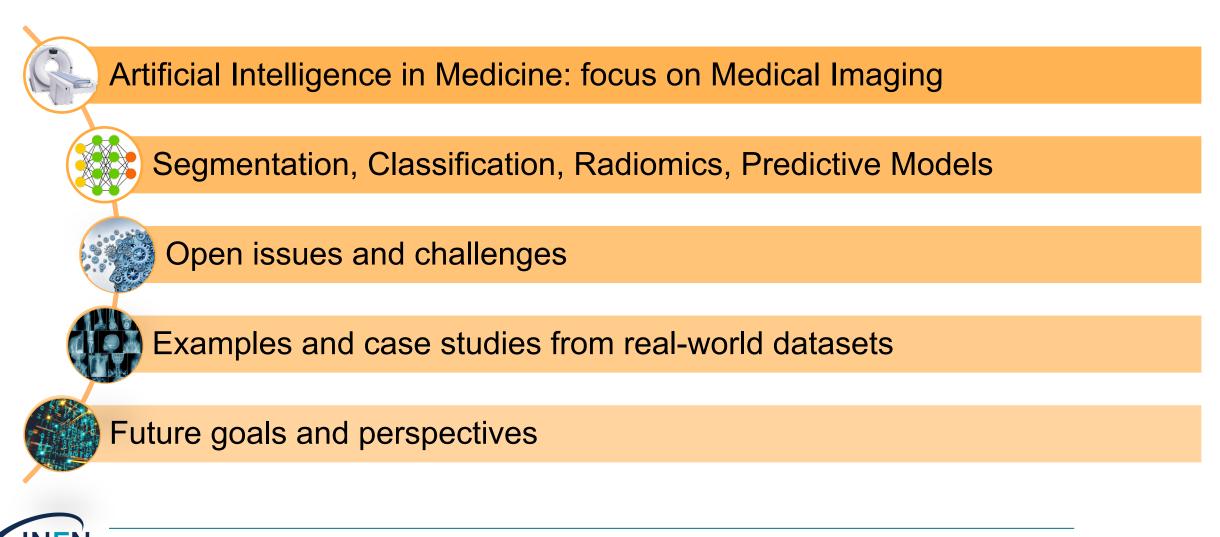
Alessandra Retico Istituto Nazionale di Fisica Nucleare Sezione di Pisa alessandra.retico@pi.infn.it



ML\_INFN Hackathon, Pisa, November 13-16, 2023







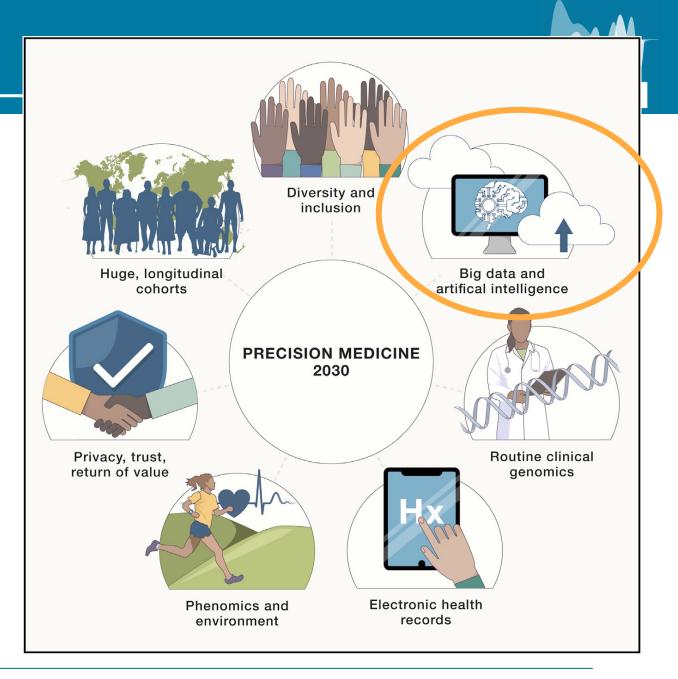
### The goal: Precision Medicine

**Precision medicine** promises improved health by accounting for individual variability in genes, environment, and lifestyle.

Precision medicine will continue to transform healthcare in the coming decade as it expands in key areas:

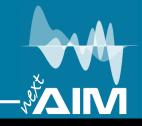
- huge cohorts,
- artificial intelligence (AI),
- routine clinical genomics,
- phenomics and environment, returning value across diverse populations.

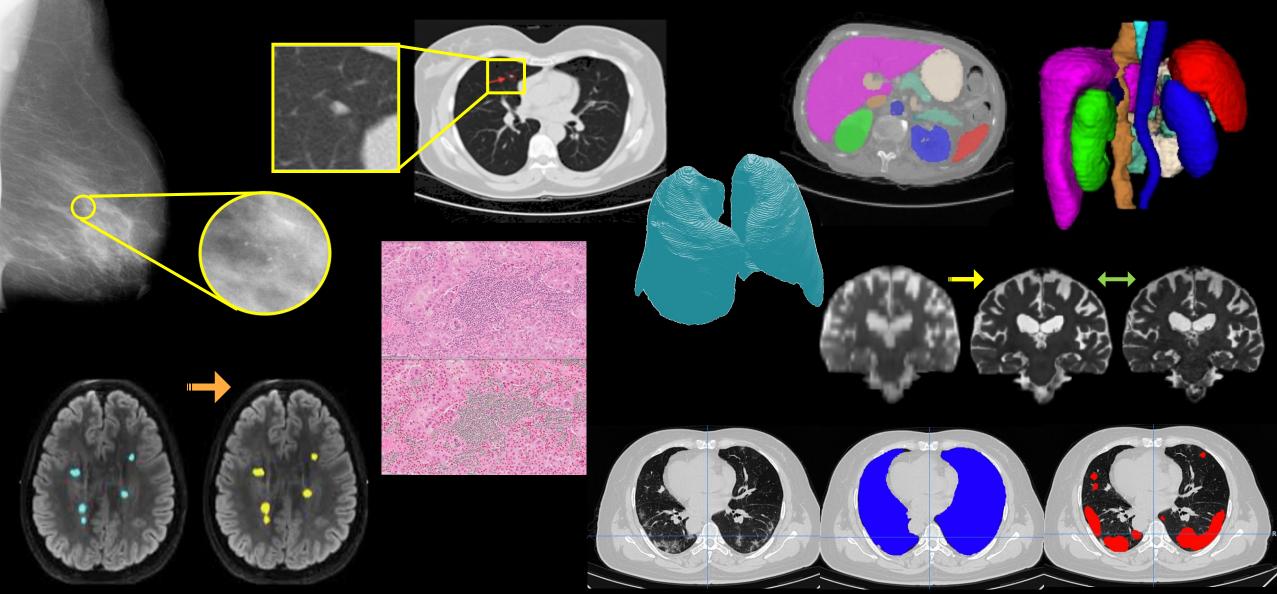
[Denny and Collins, Precision medicine in 2030—seven ways to transform healthcare. Cell 2021;184:1415–9. https://doi.org/10.1016/j.cell.2021.01.015.]



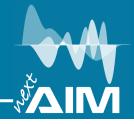


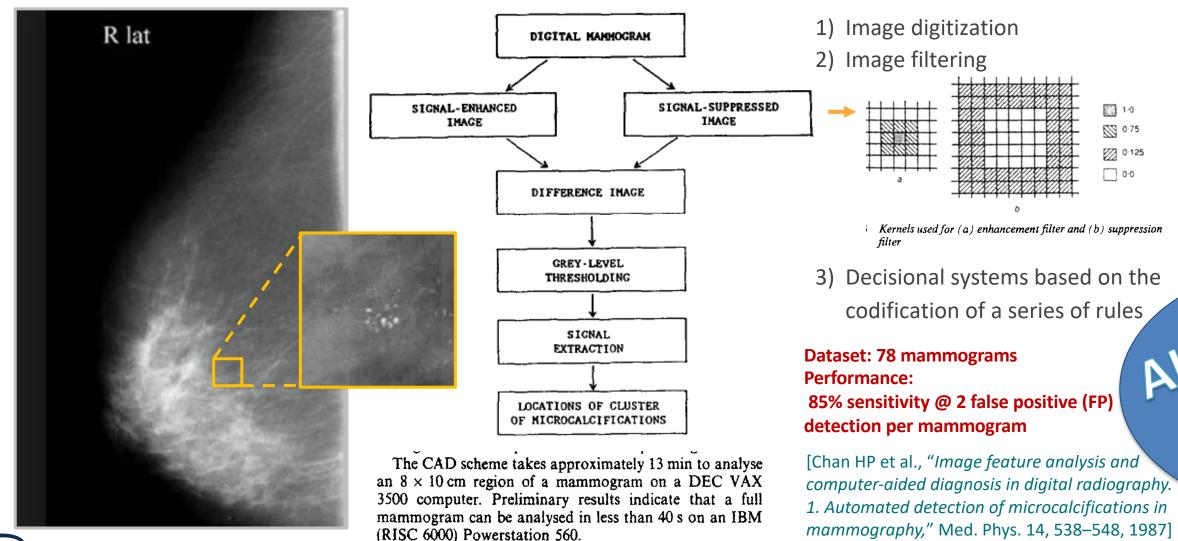
# Artificial Intelligence (AI) in Medical Image Analysis





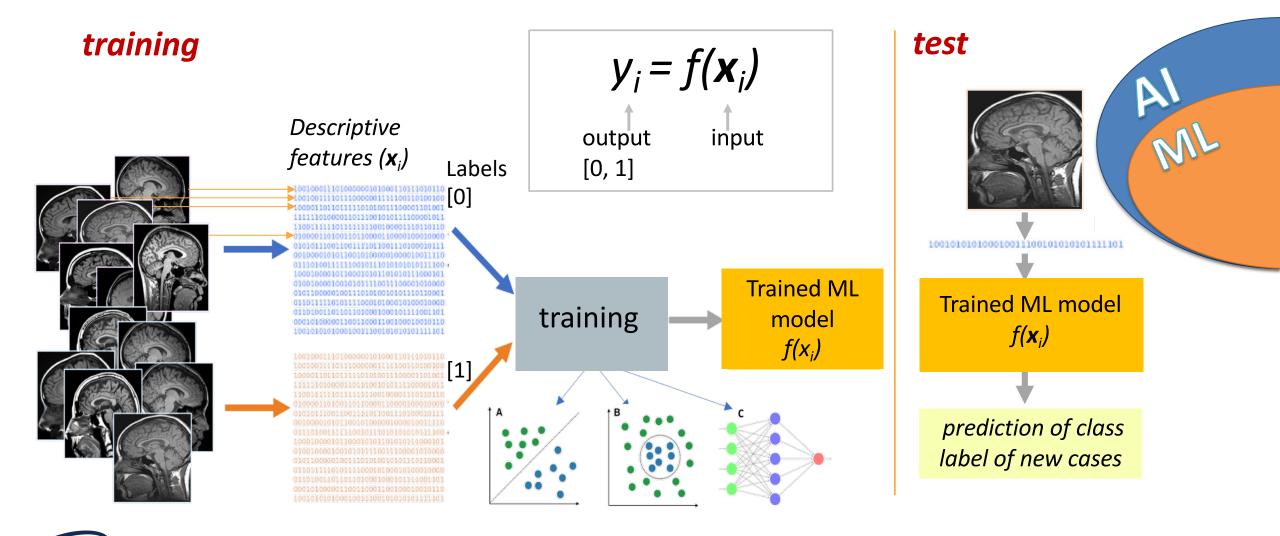
# Old-fashion rule-based automated decision systems





# Machine Learning (ML) models

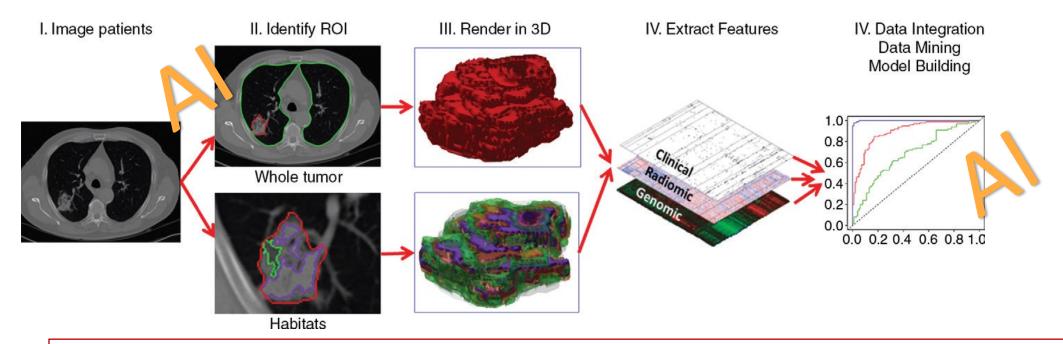
NFN



### **Radiomics**

extracting quantitative features from medical images

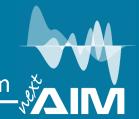
Gillies, R. J., Kinahan, P. E. & Hricak, H. Radiomics: Images Are More than Pictures, They Are Data. *Radiology* **278**, 563–577 (2015).



**Radiomics** and **AI**, in particular **ML** and **DL**, allow us to develop **predictive models** of patients' diagnosis, prognosis, prediction of treatment efficacy or any other outcome of interest



# Convolutional Neural Networks (CNN)



- Deep neural networks are generally better than other ML methods on images
- The series of layers between input and output compute relevant features automatically in a series of stages, just as our brain seems to do.

**Convolutional Neural Networks** (CNN) learn in multiple levels of representation, corresponding to different levels of abstraction

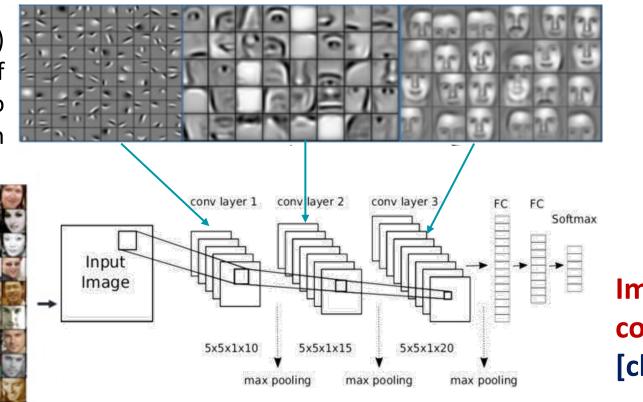
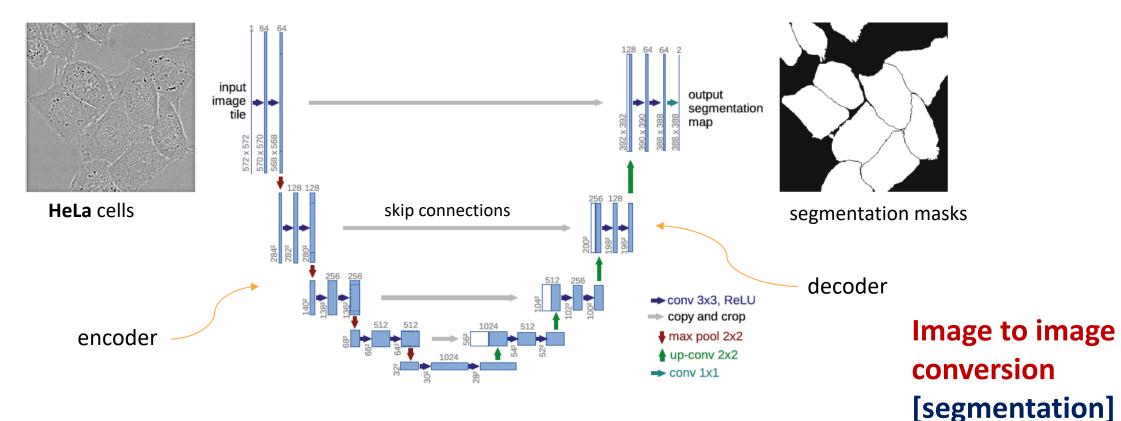


Image to label conversion [classification]

INFN

# Deep learning for image segmentation: U-nets

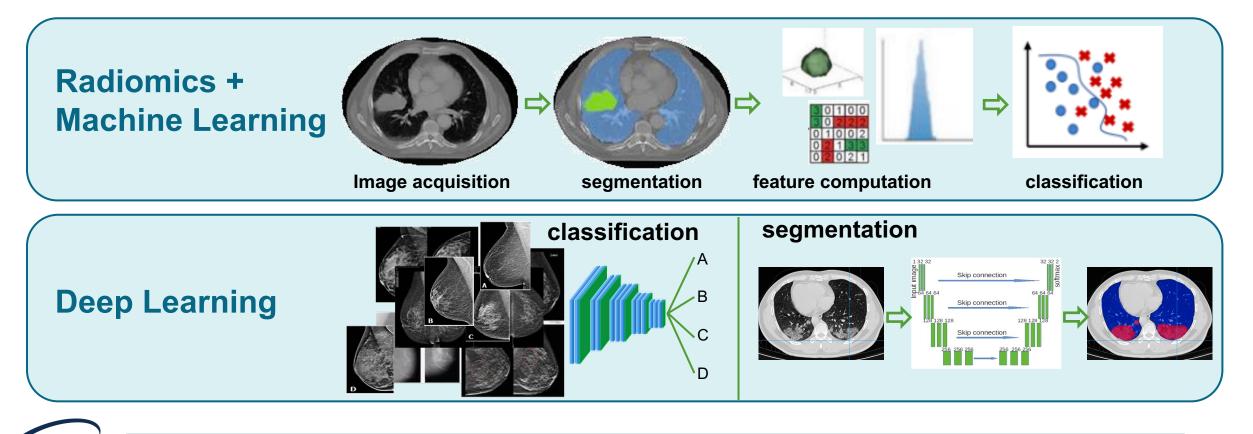


The U-net deep learning network design demonstrated superior capabilities in image segmentation in a large variety of segmentation tasks, including medical images

[Ronneberger, O., Fischer, P., Brox, T.: U-net: Convolutional networks for biomedical image segmentation. Lecture Notes in Computer Science 9351, 234–241 (2015). DOI 10.1007/978-3-319-24574-4 28]

# Artificial Intelligence (mainly ML and DL) in Medicine

In **medical image analysis** a large variety of approaches based on AI can be developed according to different goals, e.g. image segmentation, image classification, building predictive models based on both images and additional patient information.



A. Retico - An overview of Machine Learning in Medicine and Medical Physics

NF

# **Comparison** between **DL models** and **health-care professionals (HCP)** in the same sample [14 studies/82, different diseases]:

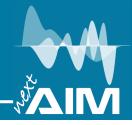
- a sensitivity of 87.0% with 95% CI [83.0–90.2] for DL models and 86.4% [79.9–91.0] for HCP
- a specificity of **92.5%** with 95% CI [85·1–96·4] for **DL** models and **90.5%** [80.6–95.7] for **HCP**
- → DL models and HCP show equivalent performance

[Liu et al. A comparison of deep learning performance against health-care professionals in detecting diseases from medical imaging: a systematic review and meta-analysis. Lancet Digit Heal 2019;1:e271–97]

Radiologists can guide the introduction of AI into healthcare. They will not be replaced by AI, which, in turn will:

- standardize the level of reporting across different clinical centres
- speed up the diagnosis process and allow radiologists to perform more value-added tasks

[Pesapane F, Codari M, Sardanelli F. Artificial intelligence in medical imaging: threat or opportunity? Radiologists again at the forefront of innovation in medicine. Eur Radiol Exp 2018;2]



**AI algorithms** for medical imaging **must be effectively evaluated** before they are used in clinical practice. The performance obtained in the R&D stage is difficult to maintain in the clinical use.

→ Both the generalizability of AI algorithms and the benefits of AI-assisted care relative to conventional care should be proved



[Park SH, Han K, Jang HY, Park JE, Lee J, Kim DW, et al. Methods for Clinical Evaluation of Artificial Intelligence Algorithms for Medical Diagnosis. Radiology 2022:1–12]

It is not enough for AI to efficiently detect image abnormalities/pathological conditions. **AI imaging studies** should be refined to **predict clinically meaningful endpoints**, e.g.: lesion malignancy, need for treatment, patient survival.



[Oren O, Gersh BJ, Bhatt DL. Artificial intelligence in medical imaging: switching from radiographic pathological data to clinically meaningful endpoints. Lancet Digit Heal 2020;2:e486–8.]

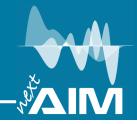
## Open issues to address

- Definition of clinically meaningful endpoints:
  - A <u>multidisciplinary team</u> is needed to define the objective and collect suitable data accordingly
- Open technical issues and challenges:
  - Limited availability of annotated data
  - Mining data from multiple sources
  - Reliability of AI-based systems
  - Explainability (XAI)



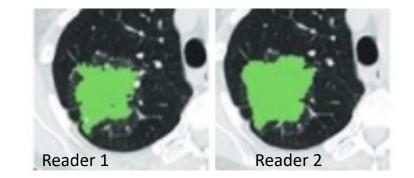


### Limiting factors for ML training: small annotated datasets





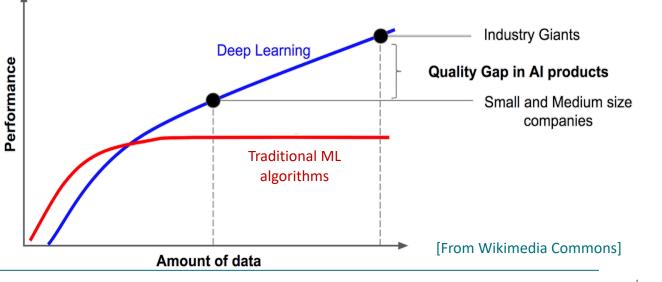
- Data annotation by human experts is an extremely timeconsuming task, which typically requires:
  - the collection of additional information from other storing systems,
  - expertise in segmenting meaningful regions in images,
  - specific knowledge to assign class labels.
- Moreover, segmentation of organs or lesions (i.e. **voxel-wise annotation**) are affected by inter- and intra-reader variability.



An important issue in ML model training in medical domains are the small datasets

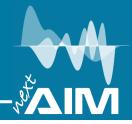
### Performance of ML algorithms vs. sample size

- Traditional ML models can perform even better than DL ones for small sample sizes
- DL models outperform traditional ones in case of large data samples

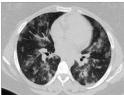


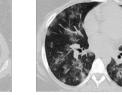


# Strategies to mitigate the "small data" problem



#### Data augmentation with traditional techniques $\rightarrow$





Original



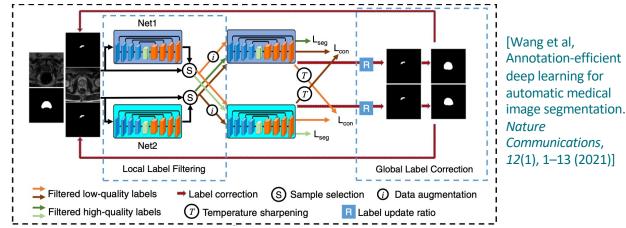
Zooming



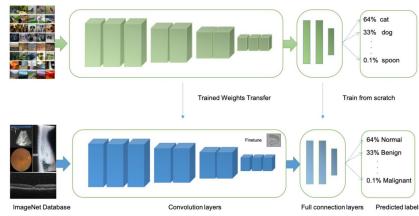
Lizzi E et al. Quantification of pulmonary involvement in COVID-19 pneumonia..., IJCARS, 17(2), 229-237 (2022)]

[Piffer S, Ubaldi L, Tangaro S, Retico A and Talamonti C, Tackling the small data problem in medical image classification with artificial intelligence: a systematic review, under review]

### Automated/semi-automated annotation



### **Transfer learning**



[Xu et al, Current status and future trends of clinical diagnoses via image-based deep learning. Theranostics, *9*(25), 7556–7565 (2019)]



Adding Gaussian noise

**Elastic Deformation** 

Motion blurring

#### Data augmentation via synthetic data generation $\rightarrow$



(b)

NFN



[Chlap P et al, A review of medical image data augmentation techniques for deep learning applications. Journal of Medical Imaging and Radiation Oncology, 65(5), 545-563 (2021)]

# Transfer learning (TL)

Different TL approaches can be implemented:

### • CNN as feature extractor

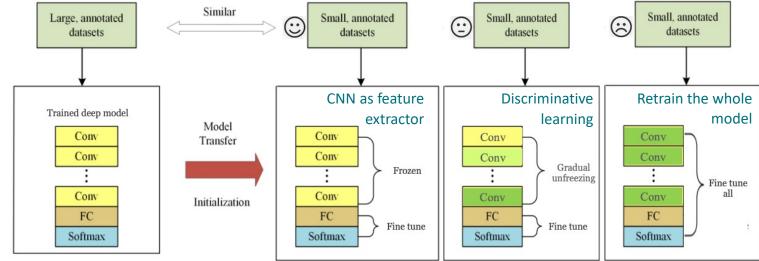
All but the last feed-forward layer(s) of the network are frozen. The only weights that are trained are those in the last layers.

• Discriminative learning rates with gradual unfreezing

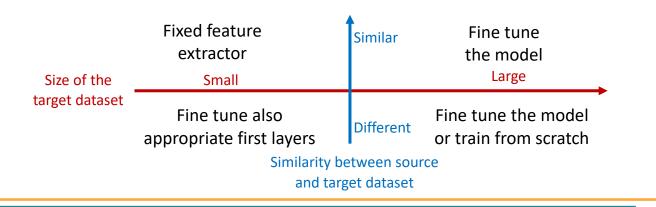
The first layers of a network typically learn general features (e.g., lines, circles, colors, etc.). Thus, the weights in those layers should be changed less than the weights of the downstream layers which are more specialized in the target task.

### Fine tune all CNN simultaneously

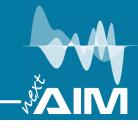
None of the weights are frozen. The pretrained network is used as a starting point.



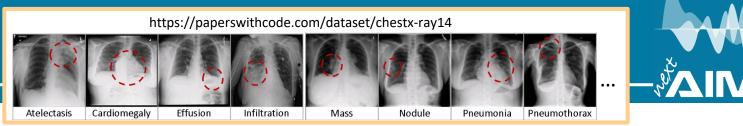
Similarity between source and target datasets, and target dataset size matter







# Transfer learning (TL)

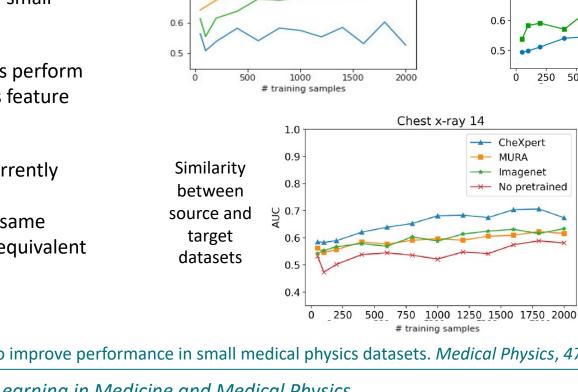


Comparison of three different TL methods, using DenseNet121, and different training dataset sizes and different classification tasks.

### **Results:**

NF

- Traditional ML can perform better that DL for small datasets; if DL is used, TL performs better.
- Fine-tune-all and gradual-unfreezing methods perform very similar, and they outperform using DL as feature extractor
- Features learned may not be as general as currently believed:
  - TL from models trained on images of the same modality and different anatomical site is equivalent to using ImageNet
- TL is useful for small datasets (N < 2000)



Traditional ML vs DL (w and w/o TL)

1.0

0.9

0.8

ON 0.7

Hernia

DL with no transfer learning

DL with transfer learning

LR on radiomic features

#### 1.0 feature extractor fine tune all 0.9 grad. unfrezing with disc. Ir (orange points are very close to 0.8 green ones) ONY 0.7 250 500 750 1000 1250 1500 1750 2000 # training samples

Different TL methods

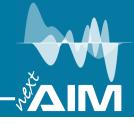
Chest x-ray 14

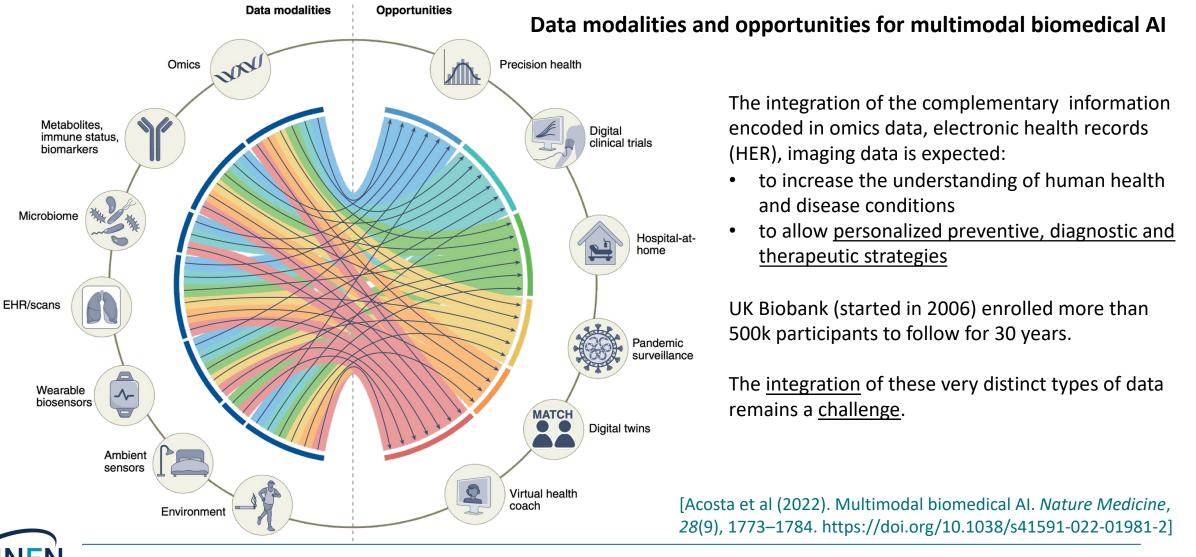
**CheXpert**: Chest X-ray images **MURA**: Musculoskeletal RX images (elbow, finger, forearm, hand, humerus, shoulder, and wrist)

**ImageNet**: natural images

[Romero et al. Targeted transfer learning to improve performance in small medical physics datasets. Medical Physics, 47(12), 6246–6256 (2020)]

# Integration of data from multiple sources





# Multimodal learning



Data from different modalities should be combined  $\rightarrow$  Multimodal Fusion

### **Early fusion:**

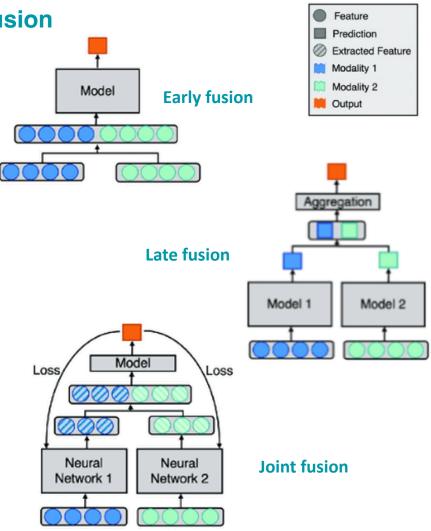
• It is the simplest approach. Input modalities or features are concatenated before any processing.

### Late fusion:

 Separate models are trained for each modality and the output probabilities are combined at the end. It a simple and robust approach, but any possible information encoded in the interaction between data modalities is missing.

### Joint fusion:

 The representations of the different modalities are co-learned and combined during the training process. It allows for modality-specific preprocessing and also capturing the interaction between data
modalities.



# Missing values in multimodal analysis



A high proportion of missing data may affect multimodal data collections. Simply excluding patients with missing data:

- reduces the dataset dimensionality
- may lead to a selection bias

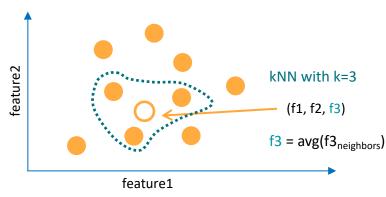
### **Data imputation techniques**

Infer missing values from the existing part of the data.

- Basic approaches:
  - For numerical features:
    - replacing missing values with the mean/median of the non-missing values in a column
    - replacing with a «0» or constant value
  - For categorical features:
    - replacing missing values with the most frequent values within each column
- ML-based approaches (multivariate approach):
  - k Nearest Neighbors classification (k-NN): it looks at the nearest observations in the training sample and imputes the missing value from that of the neighbours

FILE_ID	AGE	FIQ	DX GROUP	L Mean Thickness	T Mean Thickness	L Cortex Vol	R Cortex Vol	
Caltech_0051457	22.9	107	1	2.56	2.57	321132	317005	
Caltech_0051458	39.2	93	1	2.65	NaN	266419	266456	
Caltech_0051459	22.8	106	1	2.71	2.73	307157	310540	
Caltech_0051461	37.7	99	1	2.59	2.61	263933	269417	
Caltech_0051464	20.9	101	1	2.76	2.78	381572	394085	
Caltech_0051472	17.5	125	1	NaN	2.77	345432	345834	
Caltech_0051474	20.9	100	1	NaN	2.63	298059	309524	
CMU_a_0050654	24	95	1	2.68	2.71	287010	287815	
CMU_a_0050659	27	109	-1	2.72	2.72	330376	330325	data
CMU_a_0050660	25	NaN	-1	2.74	2.74	279281	284870	
CMU_a_0050663	21	101	-1	2.63	2.67	292910	296389	imputa
CMU_a_0050664	21	109	-1	2.58	2.58	262753	261800	
CMU_a_0050665	33	109	-1	2.55	2.57	237432	237280	
CMU_a_0050666	31	107	-1	2.59	2.56	315076	311384	
CMU_a_0050668	25	NaN	-1	2.65	2.65	NaN	250974	
CMU_b_0050643	21	123	1	2.65	2.66	257398	NaN	
CMU_b_0050645	20	124	1	2.58	2.59	264307	260833	
CMU_b_0050651	39	116	1	2.47	2.45	306868	306173	
KKI_0050814	8.46	108	-1	2.79	2.81	351159	355034	
KKI_0050815	10.6	105	1	2.46	2.62	NaN	219226	
KKI_0050816	9.73	119	-1	2.61	2.69	271211	275917	
KKI_0050817	9.97	NaN	-1	2.61	2.60	298531	299597	
KKI_0050818	11.8	98	-1	2.67	2.69	277694	286714	
KKI_0050819	9.71	101	-1	2.61	2.62	296599	295511	
KKI_0050821	11.2	114	-1	2.75	2.75	288554	288993	
KKI_0050822	12.4	98	-1	2.74	2.72	287403	289102	
KKI_0050823	11.4	120	1	2.86	2.83	314385	310731	

	FILE_ID	AGE	FIQ	DX GROUP	L Mean Thickness	T Mean Thickness	L Cortex Vol	R Cortex Vol
	Caltech_0051457	22.9	107	1	2.56	2.57	321132	317005
	Caltech_0051458	39.2	93	1	2.65	2.63	266419	266456
	Caltech_0051459	22.8	106	1	2.71	2.73	307157	310540
	Caltech_0051461	37.7	99	1	2.59	2.61	263933	269417
	Caltech_0051464	20.9	101	1	2.76	2.78	381572	394085
	Caltech_0051472	17.5	125	1	2.83	2.77	345432	345834
	Caltech_0051474	20.9	100	1	2.62	2.63	298059	309524
	CMU_a_0050654	24	95	1	2.68	2.71	287010	287815
data	CMU_a_0050659	27	109	-1	2.72	2.72	330376	330325
putation	CMU_a_0050660	25	115	-1	2.74	2.74	279281	284870
	CMU_a_0050663	21	101	-1	2.63	2.67	292910	296389
	CMU_a_0050664	21	109	-1	2.58	2.58	262753	261800
	CMU_a_0050665	33	109	-1	2.55	2.57	237432	237280
	CMU_a_0050666	31	107	-1	2.59	2.56	315076	311384
	CMU_a_0050668	25	110	-1	2.65	2.65	250916	250974
	CMU_b_0050643	21	123	1	2.65	2.66	257398	256875
	CMU_b_0050645	20	124	1	2.58	2.59	264307	260833
	CMU_b_0050651	39	116	1	2.47	2.45	306868	306173
	KKI_0050814	8.46	108	-1	2.79	2.81	351159	355034
	KKI_0050815	10.62	105	1	2.46	2.62	207923	219226
	KKI_0050816	9.73	119	-1	2.61	2.69	271211	275917
	KKI_0050817	9.97	119	-1	2.61	2.60	298531	299597
	KKI_0050818	11.79	98	-1	2.67	2.69	277694	286714
	KKI_0050819	9.71	101	-1	2.61	2.62	296599	295511
	KKI_0050821	11.17	114	-1	2.75	2.75	288554	288993
	KKI_0050822	12.43	98	-1	2.74	2.72	287403	289102
	KKI_0050823	11.37	120	1	2.86	2.83	314385	310731





[Cismondi et al, Missing data in medical databases: Impute, delete or classify? Artif Intell Med 2013;58:63–72. https://doi.org/10.1016/j.artmed.2013.01.003.

# Reliability of AI systems

- What happens when an AI algorithm trained for a specific task is executed on "inappropriate input data"?
  - Typically, it provides its prediction!!!

[Yi et al (2022). Can AI distinguish a bone radiograph from photos of flowers or cars? Evaluation of bone age deep learning model on inappropriate data inputs. *Skeletal Radiology*, *51*(2), 401–406. https://doi.org/10.1007/s00256-021-03880-y]

- To avoid feeding an AI algorithm with a wrong input:
  - Image type/quality can be evaluated by another AI algorithm, and possibly discarded if not appropriate

[Fantini et al. (2021). Automatic MR image quality evaluation using a Deep CNN: A reference-free method to rate motion artifacts in neuroimaging. Computerized Medical Imaging and Graphics, 90, 101897. https://doi.org/10.1016/j.compmedimag.2021.101897]

Outputs of a CNN trained to predict bone age from RX of left hands



Predicted Bone Age: 13 years, 9 months

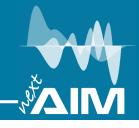
Predicted Bone Age: 1 year, 1 month

Predicted Bone Age: 15 years, 11 months

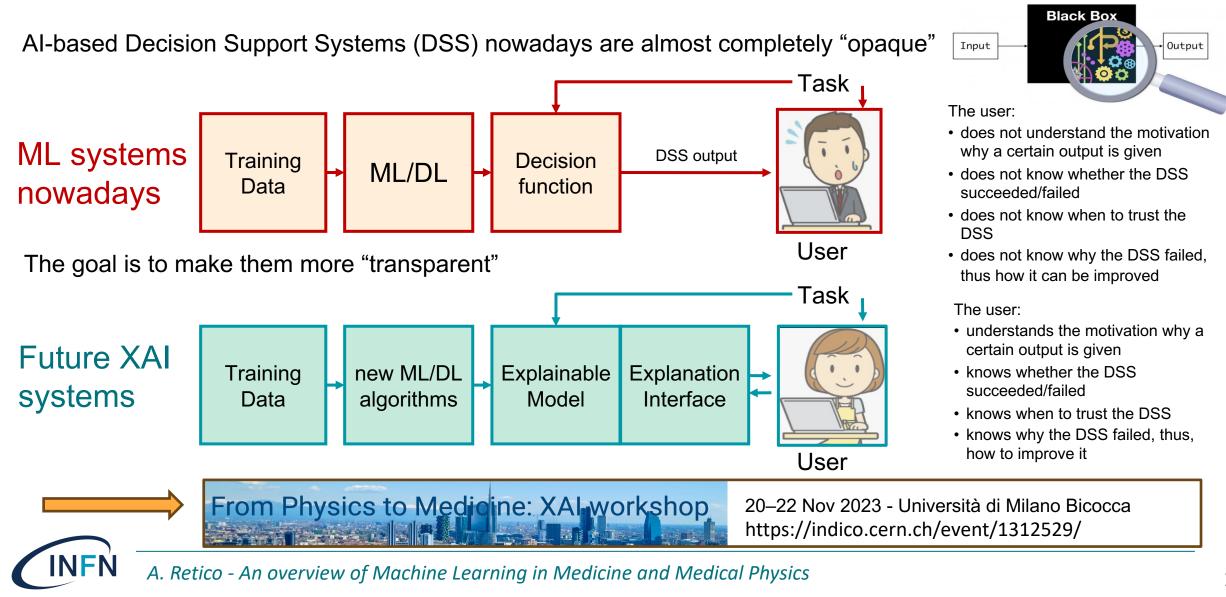
#### Motion-free vs motion corrupted images



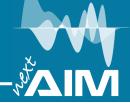


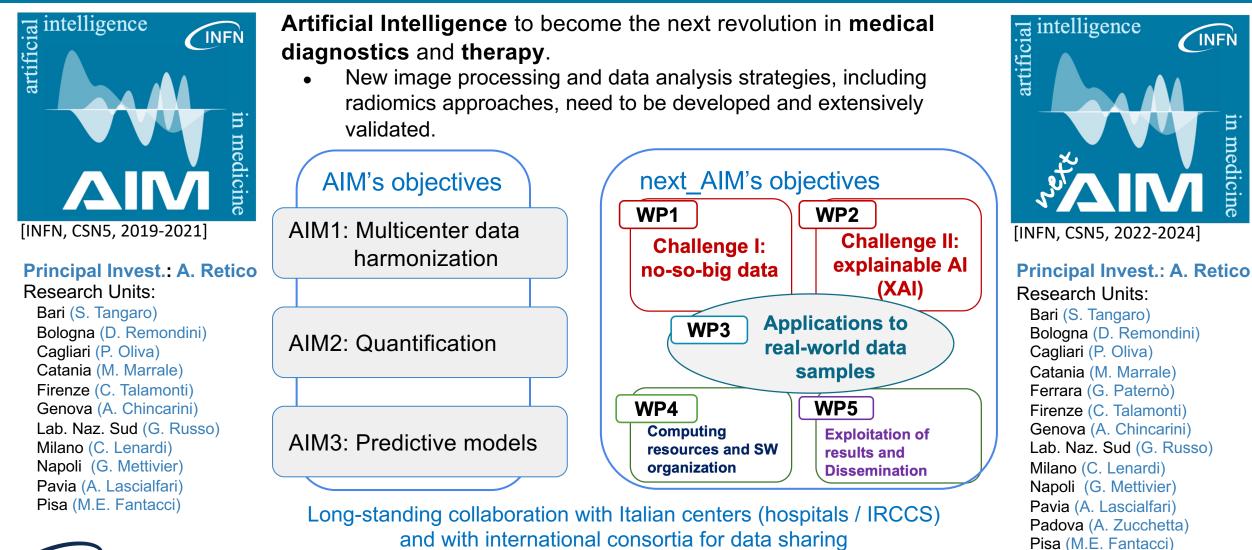


# The need for AI explainability (XAI)



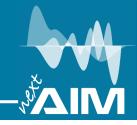
# The Artificial Intelligence in Medicine (AIM) INFN Project





A. Retico - An overview of Machine Learning in Medicine and Medical Physics

٧F



### Researchers from INFN divisions and University Departments collaborate closely with Radiologists, Clinicians and Medical Physicists in Clinical Centers to develop innovative solutions based on data mining and AI

Gaslini

### **Clinical partners**

- IRCCS S. Martino (GE)
- **IRCCS Stella Maris (PI)**
- IRCCS Gaslini (GE)
- IRCCS Centro S. G. di Dio (BS)

ale per la Ricerca sul Cancro

- IRCCS G.Paolo II (BA)
- IRCCS Mondino (PV)
- IRCCS SDN (NA)

con cura e con passion

NFN

- **IRCCS IRST Meldola (FC)**
- **IRCCS Bellaria** (BO)
- IRCCS S. Orsola (BO)

- IMAG07
- Azienda Osp. Univ. Pisana (PI)
- Azienda Osp. Univ. Careggi (FI)
- Osp. Pediatrico Meyer (FI)
- Ospedale Cardarelli (NA)
- Azienda Sanitaria Cuneo 1 (CN)
- IFO-Ist. Naz. Tumori Regina Elena (RM)
- ASST Niguarda (MI)
- Policlinico di Bari
- Policlinico di Palermo
- Policlinico Univ. di Napoli
- Policlinico San Matteo (PV)

Provincia Lombardo-Veneta Ordine Ospedaliero di S. Giovanni di Dio - Fatebenefratelli CENTRO S. GIOVANNI DI DIO - FATEBENEFRATELLI ISTITUTO DI RICOVERO E CURA A CARATTERE SCIENTIFICO 25125 BRESCIA - Via Pilastroni, 4 Telefono 030 35011 - Telefax 030 348255

IRCCS FONDAZIONE

STELLA MARIS

- EU / consortia
  - EADC (EU)
  - EDLBC (EU)
- ADNI (US)
- ABIDE (EU/US)
- ENIGMA (WW)

European Alzheimer's Disease Consortium

### Scientific associations

Italian Association of Medical Physics (AIFM)





di Palermo







Servizio Sanitario della Toscana

### LungQuant: SW tool for lesion detection and structured reporting [https://www.openaccessrepository.it/record/76937]



37

61

31

60

 $\rightarrow$  100: apical

→ 0: basal

LESION TYPE INDEX BILATERAL INDEX BASAL INDEX

0.447

0,041

0.193

0,351

0: unilateral

1: bilateral

Structured Report

0.137

0,198

0.224

0,292

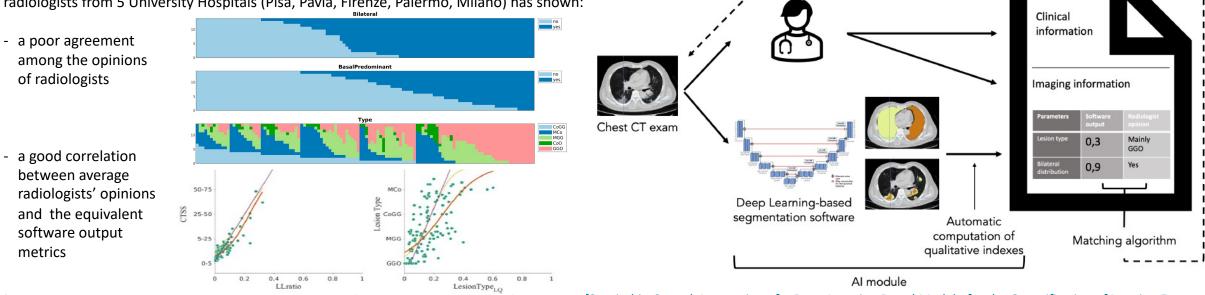
V<sub>Consolidation</sub> / V<sub>Lesion</sub>



### LungQuant

[Lizzi F et al Quantification of pulmonary involvement in COVID-19 pneumonia by means of a cascade of two U-nets: training and assessment on multiple datasets using different annotation criteria. IJCARS 2022;17:229–37. doi.org/10.1007/s11548-021-02501-2.

The validation of the LungQuant software output against the qualitative assessment of 14 radiologists from 5 University Hospitals (Pisa, Pavia, Firenze, Palermo, Milano) has shown:



[Chincarini A, Scapicchio C et al A multicenter evaluation of the LungQuant software for lung parenchyma characterization in COVID-19 pneumonia, European Radiology Experimental, https://doi.org/10.1186/s41747-023-00334-z] [Scapicchio C, et al. Integration of a Deep Learning-Based Module for the Quantification of Imaging Features into the Filling-in Process of the Radiological Structured Report. Int. Jt. Conf. Biomed. Eng. Syst. Technol., SCITEPRESS 2023, p. 663–70. https://doi.org/10.5220/0011921900003414.]

A-0037

A-0311

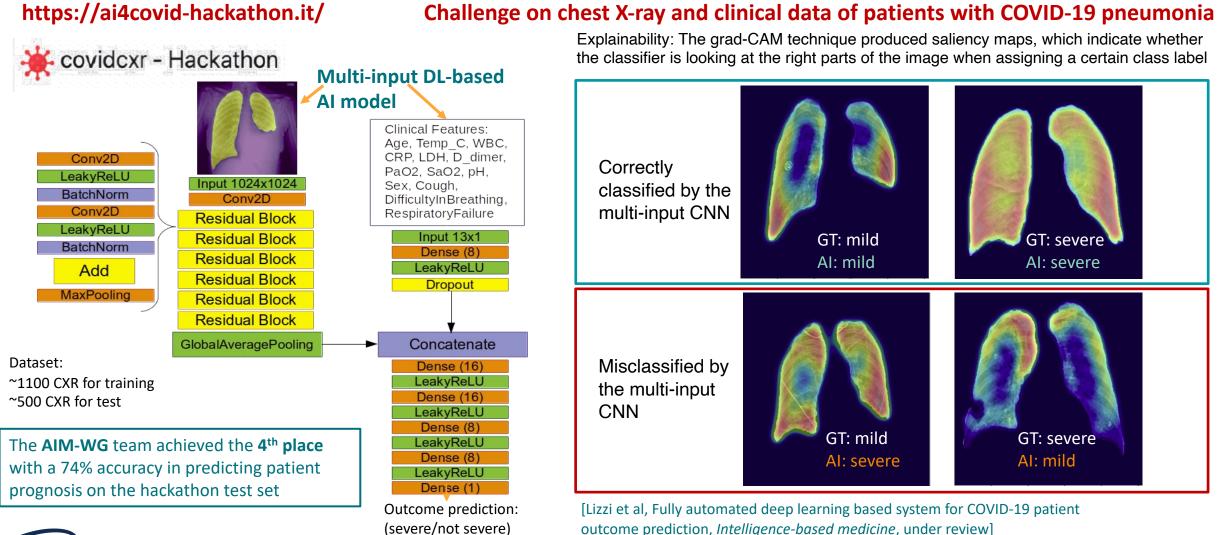
A-0291 0

A-0327

Radiologist

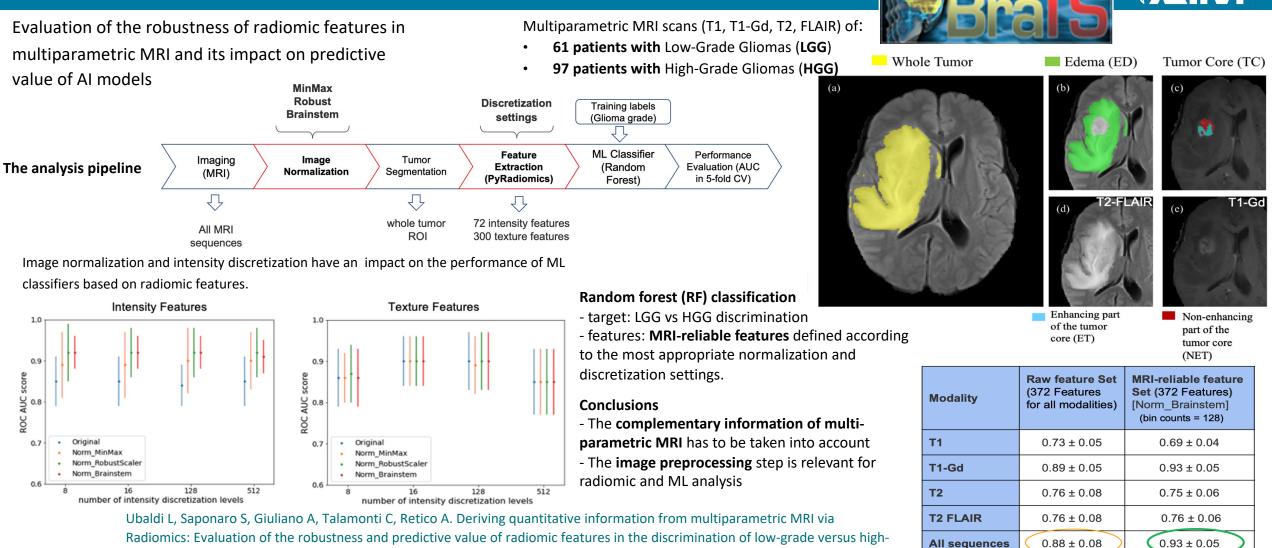
# Prediction of COVID-19 severity: the covidcxr hackathon





INFN

### **Predictive model** to discriminate low-grade vs. high-grade gliomas



Radiomics: Evaluation of the robustness and predictive value of radiomic features in the discrimination of low-grade versus highgrade gliomas with machine learning. Phys Medica 2023;107:102538, https://doi.org/10.1016/j.ejmp.2023.102538

A. Retico - An overview of Machine Learning in Medicine and Medical Physics

VFN

# Joint fusion approach to exploit both structural and functional data

### Brain imaging features of ~1400 subjects

- sMRI The Freesurfer *recon-all* pipeline has been implemented to extract <u>221 structural features</u> for each subject
- rs-fMRI The CPAC processing pipeline for fMRI data has been implemented:
  - The Harvard-Oxford atlas has been used, thus generating 103 temporal series for each subject
  - The functional connectivity matrix has been computed for each subject implementing the Pearson correlation, thus obtaining <u>5253 functional</u> <u>features</u> for each subject

### Joint fusion approach:

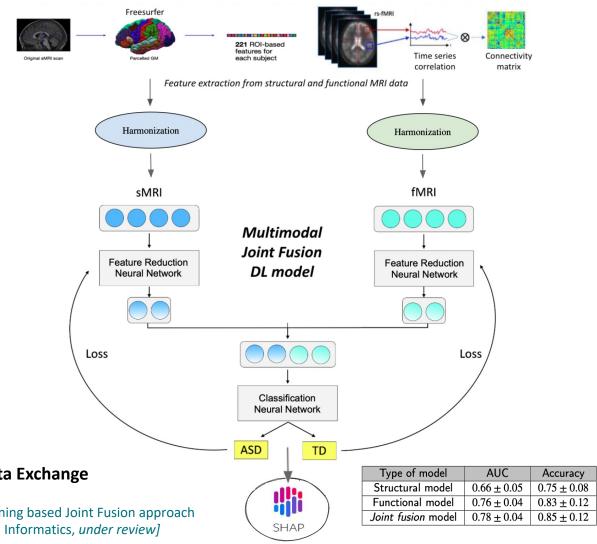
- The Feature Reduction and the Feature Classification Neural Networks are trained using a single cost function, thus the most meaningful features for the classification are extracted
- The model was trained with 150 epochs within a 10-fold cross validation scheme

### Explainability framework:

SHpley Additive exPlanations (SHAP)

Autism Brain Imaging Data Exchange





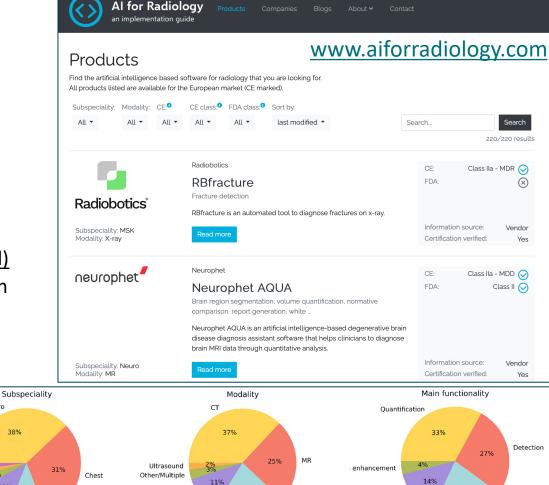
# CE marked AI-based tools available on the market

- A review of 100 CE marked software products was carried out and made available online
- An extensive bibliographic research on the scientific evidence of the validity of these products has highlighted that:
  - For 64 products out of 100, no evidence of efficacy has been published in a peer-reviewed journal.
  - Only 18 products out of 100 demonstrated a relevant (potential) clinical impact with studies on: impact on diagnostic thinking, on the patient's diagnostic/therapeutic pathway or on costs.

[van Leeuwen, K. G., Schalekamp, S., Rutten, M. J. C. M., van Ginneken, B., & de Rooij, M. (2021). Artificial intelligence in radiology: 100 commercially available products and their scientific evidence. *European Radiology*, *31*(6), 3797–3804. https://doi.org/10.1007/s00330-021-07892-z]

NF

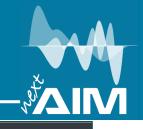
22%



22%

X-ray

Mammograph



A. Retico - An overview of Machine Learning in Medicine and Medical Physics

Neuro

2%

11%

Breast

Other/Multiple

Cardiac

Abdomen

# Perspectives and conclusions

### AI will continue to improve healthcare to promote precision medicine

- AI-based tools can assist clinicians in:
  - Making automated interpretation of medical images (prioritization of patients, second opinion)
  - Speeding up clinical work by automated contouring/annotating/ reporting findings
  - Detecting diseases at an early stage

### However:

«... we are far better at collating and storing such data, than we are at data analysis.» [Acosta et al (2022). Multimodal biomedical AI. *Nature Medicine*, 28(9), 1773–1784. https://doi.org/10.1038/s41591-022-01981-2]

### • In the future, AI systems should be:

- Capable of exploiting multi-modal information
- Reliable
- Explainable
- A dedicated multidisciplinary effort is needed to develop trustworthy AI systems





A. Retico - Il presente ed il futuro dell'Intelligenza Artificiale nell'imaging medico

# Thank you for your kind attention!

Research partly supported by: Artificial Intelligence in Medicine **next\_AIM**, https://www.pi.infn.it/aim project funded by INFN-CSN5; **FAIR-AIM** project funded by Tuscany Government (POR FSE 2014-2020); PNRR - M4C2 - Partenariato Esteso "**FAIR - Future Artificial Intelligence Research**" - Spoke 8, and PNRR - M4C2 - Centro Nazionale "**ICSC – Centro Nazionale di Ricerca in High Performance Computing, Big Data and Quantum Computing**" - Spoke 8, funded by the European Commission under the NextGeneration EU programme.







