
Phase contrast medical imaging with compact X-ray sources: towards clinical applications

Paola Coan



ID17 Biomedical Beamline
European Synchrotron Radiation Facility



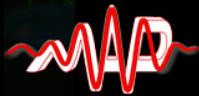
Porto Conte – September 9th, 2008

“Munich-Centre for Advanced Photonics”

MAP project



MAP aim and structure



MAP X-ray source design



Role of the ESRF: biomedical applications

“Munich-Centre for Advanced Photonics”

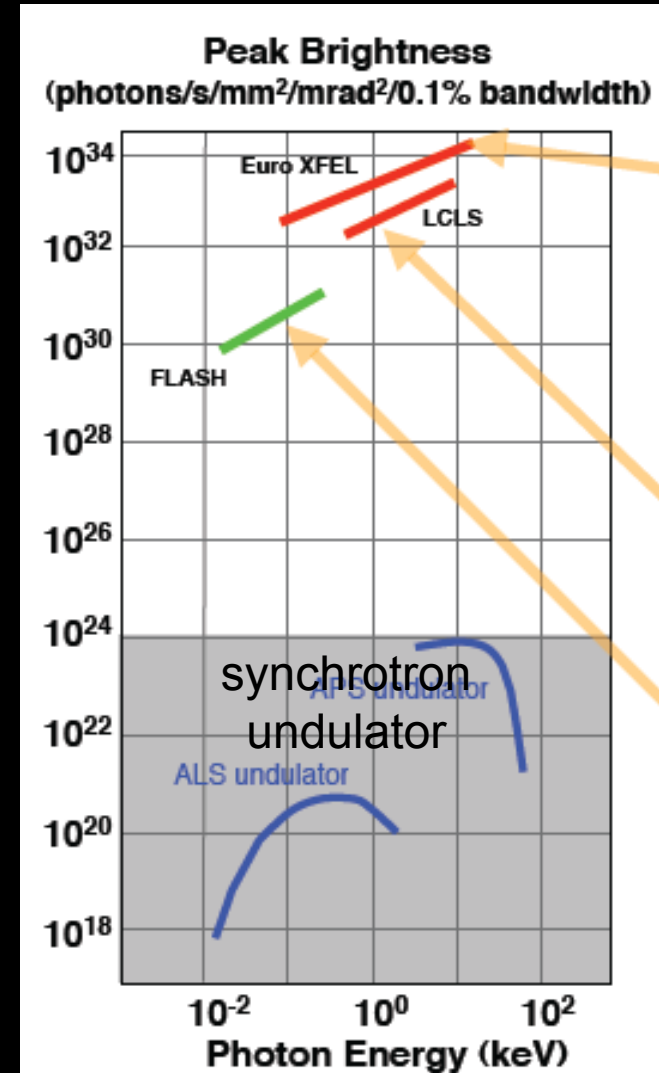
MAP project

Cluster of Excellence of the German Research Foundation (DFG)
financed with 42 M€

MAIN AIM:

compact source of
brilliant high-flux X-ray beams,
high X-ray energies (e.g. 60 keV)

Installation of this X-ray source
at a University or/and hospital
is the ultimate goal



MAP research areas

A PHOTON AND PARTICLE BEAMS

A.1 | Next-generation light sources

A.2 | Brilliant particle and photon sources

B FUNDAMENTAL INTERACTIONS AND QUANTUM ENGINEERING

B.1 | Fundamental physics and nuclear transitions

B.2 | Optical transitions and quantum engineering

C STRUCTURE AND DYNAMICS OF MATTER

C.1 | Electron dynamics in atoms, molecules, solids and plasmas

C.2 | Molecular dynamics and elementary chemical reactions

C.3 | Biomolecules and nano-assemblies

D ADVANCED PHOTONICS FOR MEDICINE

D.1 | Laser-based photon and particle beams for medicine

<http://www.munich-photonics.de/>

MAP participant institutes

Universities



Ludwig-Maximilians-University (LMU)



Technical University Munich (TMU)

Scientific partner



University of Bundeswehr, Munich

Non-university research



Max Planck Institute of Quantum Optics



Max-Planck-Institute for Plasmaphysics



Max Planck Institute for Biochemistry



Max Planck Institute for Extraterrestrial Physics



Max-Planck-Institut Halbleiterlabor

Industrial partner



Siemens

The *MAP* X-ray source

The MAP X-ray source: *designs under development*

1 ■ Table-Top X-FEL (TT-XFEL)

laser-plasma
accelerator + large-scale X-ray
free-electron laser = Laser-plasma
accelerator-based
FEL

2 ■ Dense laser-driven electron sheets as relativistic mirrors

Reflection of a laser beam coherently from a dense 50 MeV electron
sheet shaped by laser

1 “driver” laser

1 “propagating” laser

1 thin solid-state electron foil

1 ■ Table-Top X-FEL (TT-XFEL)

Grüner *et al*, Appl.Phys. B86, 2007

Design considerations for table-top,
laser-based VUV and X-ray free
electron lasers

Applied Physics B
Lasers and Optics

2 ■ Dense laser-driven electron sheets as relativistic mirrors

Habs *et al*, Appl.Phys. B, 2008

Dense Laser-driven Electron Sheets as Relativistic Mirrors for Coherent
Production of Brilliant X-Ray and γ -Ray Beams.

D. Habs^{1,2}, M. Hegelich⁴, J. Schreiber^{1,2}, M. Gross¹, A. Henig^{1,2}, D. Kiefer¹, D. Jung¹

In press

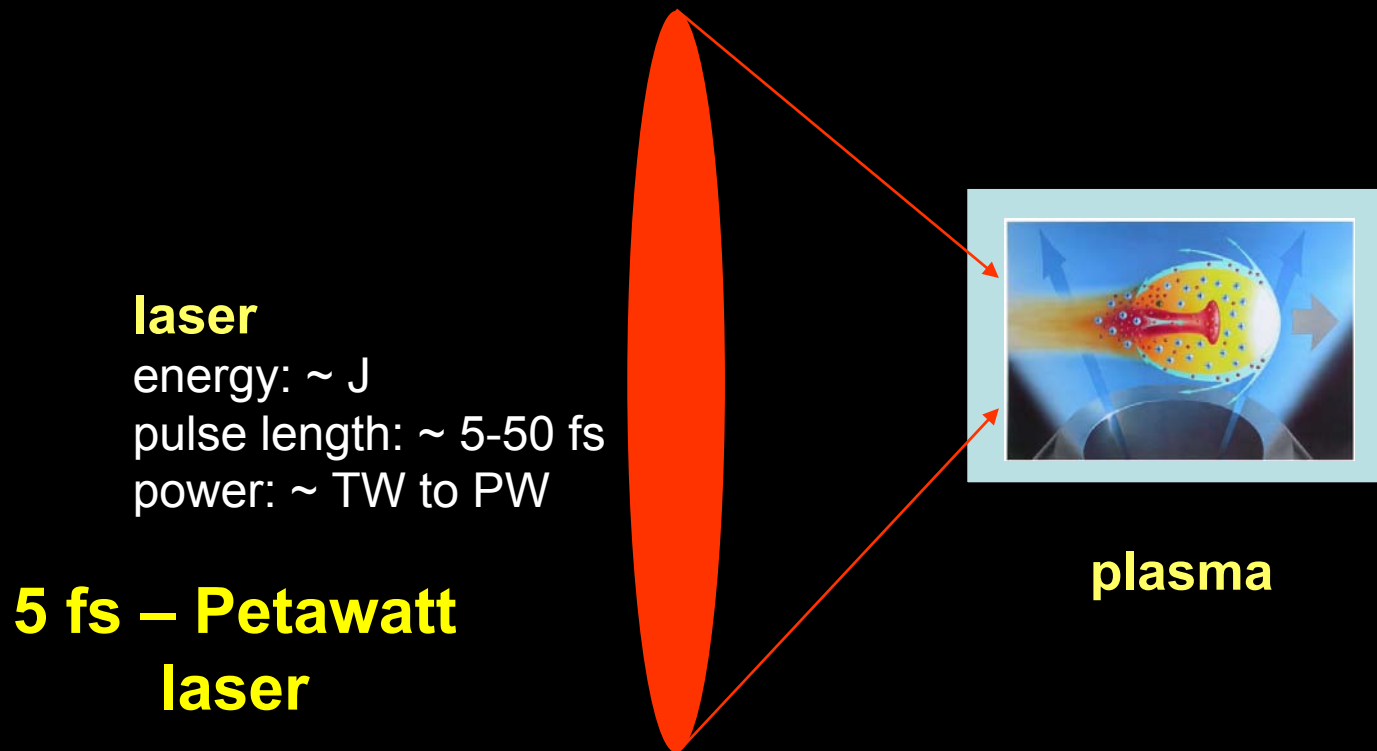
Applied Physics B
Lasers and Optics

The *MAP* TT-XFEL - Grüner et al. (APB, 2007)

Laser-plasma accelerator

ultra-short, high intensity laser pulse with length shorter than the plasma wavelength ($\sim \mu\text{m}$) (corresponding to gas densities of 10^{19} cm^{-3})

High intense (nC charge) quasi monochromatic electron pulse



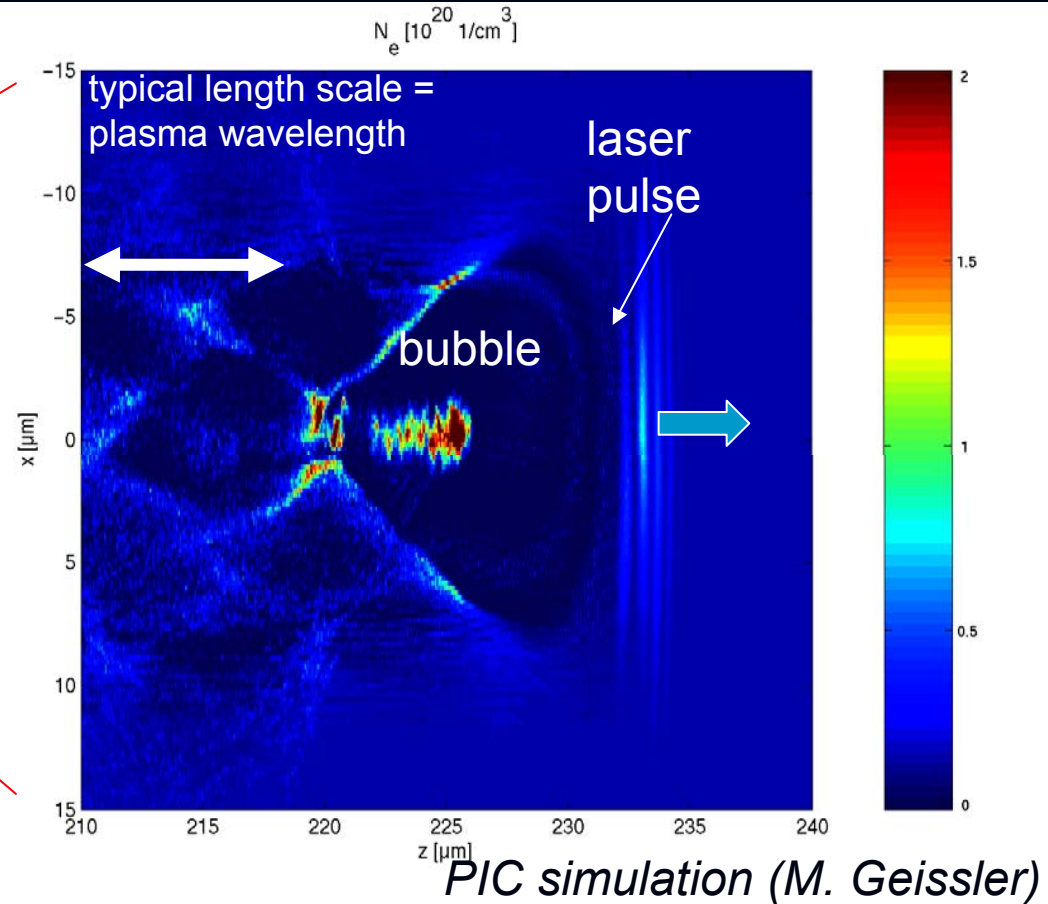
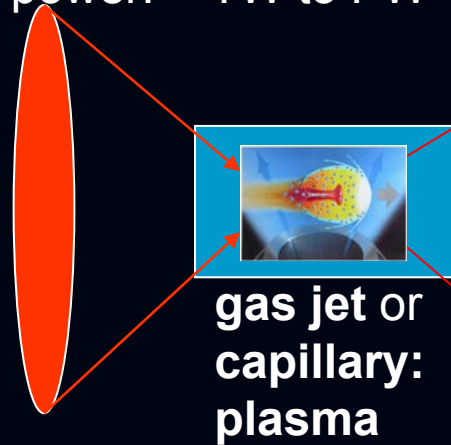
Laser plasma accelerators

laser

energy: \sim J

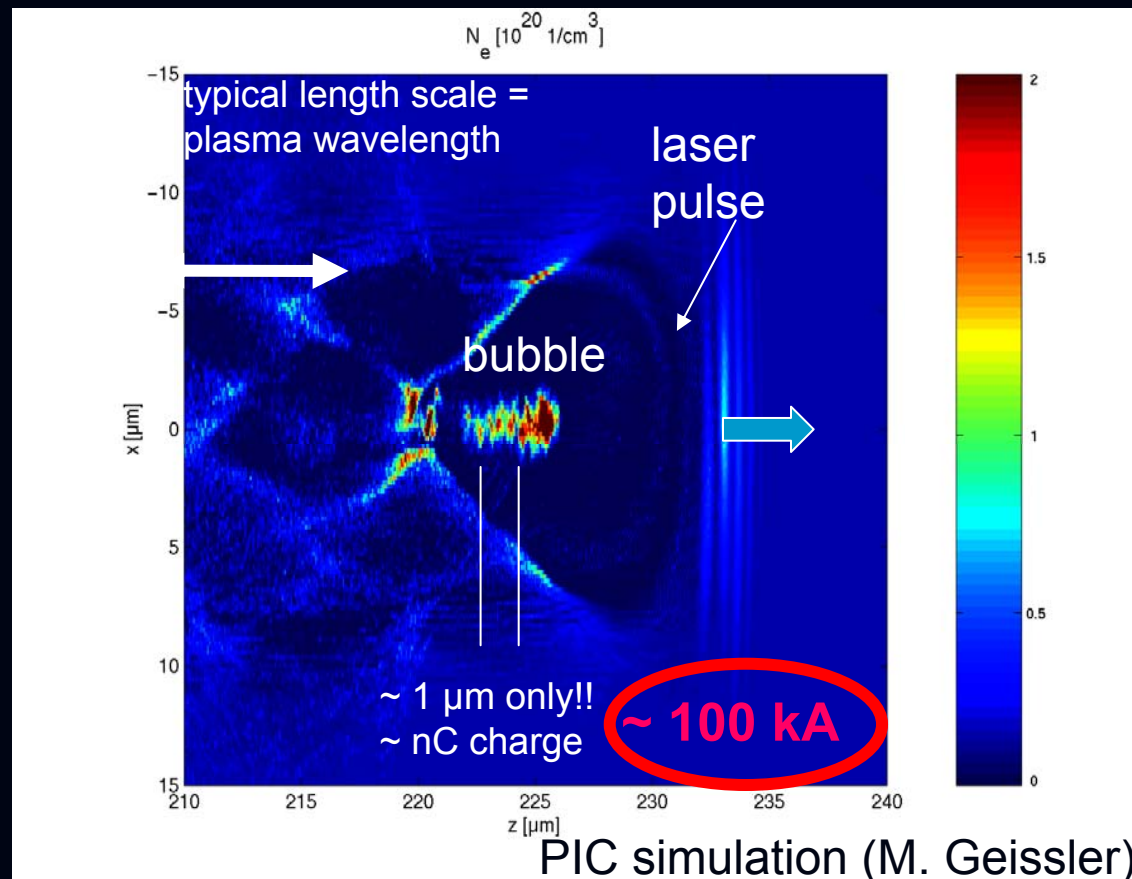
pulse length: \sim 5-50 fs

power: \sim TW to PW



1. laser passes through the plasma \rightarrow e^- blown out transversely
2. e^- free zone (BUBBLE) behind the laser pulse
3. after $\frac{1}{2}$ plasma oscillation, e^- back to the axis \rightarrow bubble size \approx plasma wavel.
4. positive ion background creates strong electric field (up to TV/m)
 \rightarrow **e^- bunch size \ll bubble size**

By courtesy of F. Grüner



Goal: 1 nC


1. high density plasma \rightarrow feeding process \rightarrow more electrons
more efficient
2. shorter laser pulse \rightarrow shorter laser period \rightarrow smaller bubbles
($< 10 \text{ fs}$)

shorter bubble stems \rightarrow higher currents: 1 nC in 10 fs

Laser plasma accelerators

shorter laser pulse  lower electron energy

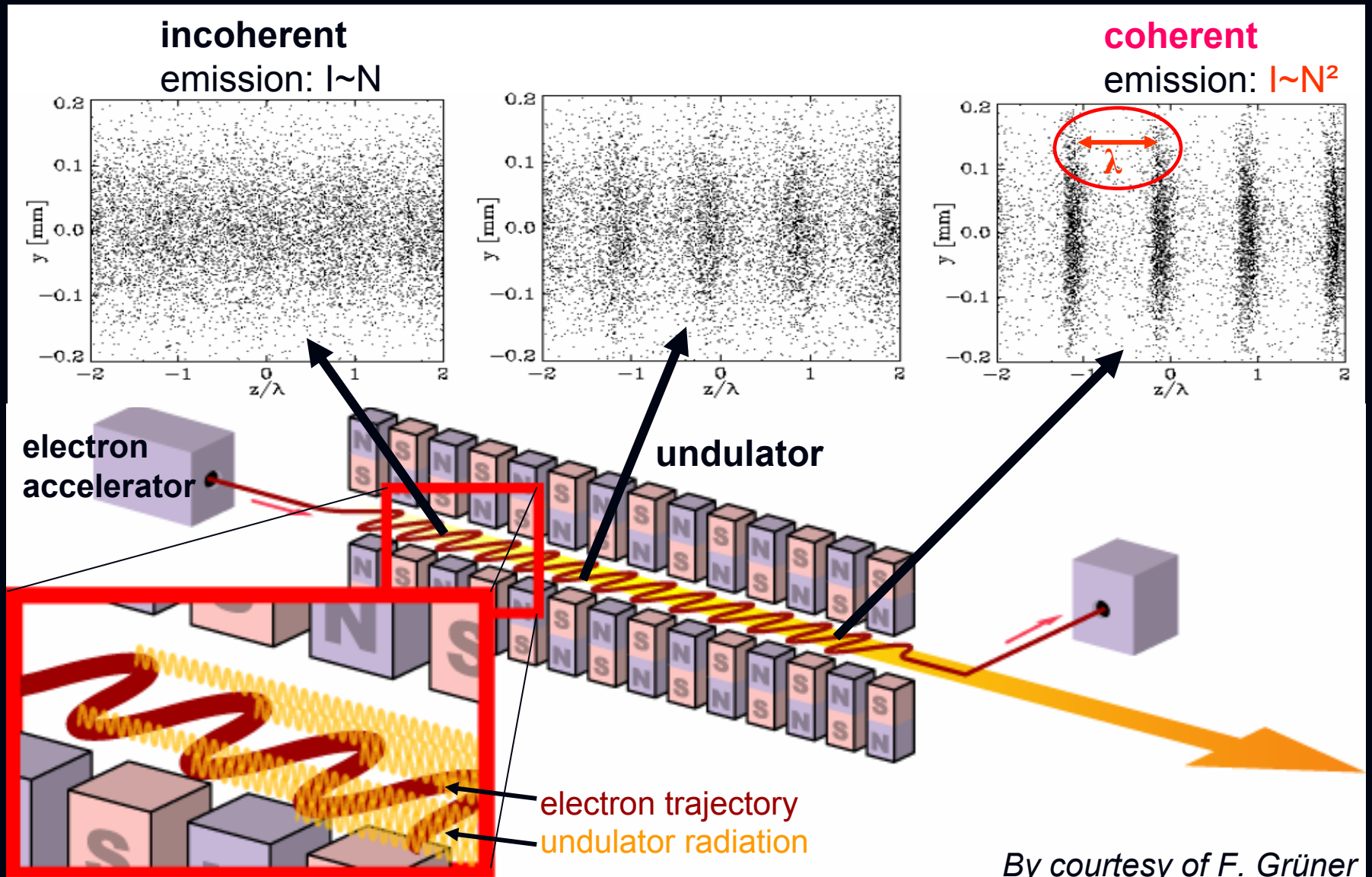
use of capillary

with longitudinal plasma density gradient  laser pulse is forced to gradually increase its diameter

- number and energy spread of bubble electrons are frozen
- energy increases because of bubble fields

	100 MeV	1 GeV
energy spread	1%	0.1%
emittance (mm mrad)	0.1-1	0.1-1

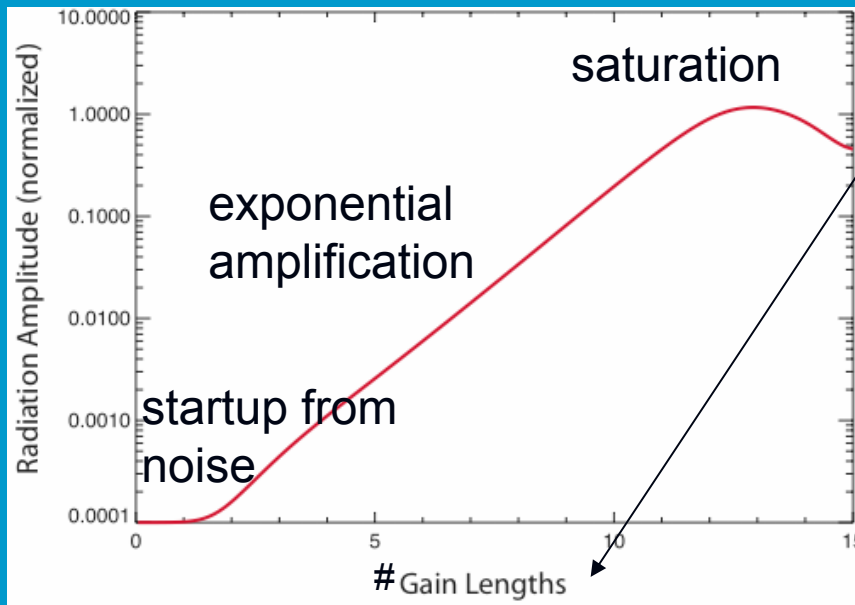
Second step: free-electron-laser (FEL)



- Interaction of spontaneously emitted (incoherent) undulator radiation and electrons
- modulation into MICROBUNCHES separated by distance \sim wavelength of the radiation

How long is the FEL undulator ?

simplest estimate: **ideal** 1D FEL theory
(neglecting energy spread, emittance, diffraction, time-dependence)



- gain length

$$L_{\text{gain,ideal}} = \frac{\lambda_u}{4\pi\sqrt{3}\rho}$$

e-folding of the exponential amplification

- FEL/Pierce parameter

$$\rho \sim \frac{1}{\gamma} \cdot \left(\frac{I}{I_A \cdot \pi \sigma_x^2} \right)^{1/3} \cdot \lambda_u^{4/3}$$

conversion efficiency of electron beam power to FEL radiation and gives upper limit of acceptable energy spread

length along the undulator for having max micro-bunching

$$\text{undulator length} = L_{\text{sat}} \approx (12 - 25) \cdot L_{\text{gain}}$$

FEL-wavelength for planar undulator:

$$\lambda = \frac{\lambda_u}{2\gamma} \left[1 + \frac{K^2}{2} \right]$$

For having a given energy: a shorter λ_u allows less energetic electrons



L_{gain} and L_{sat} decrease

→ shorter undulator



ultra-high current is crucial (> 20 kA)

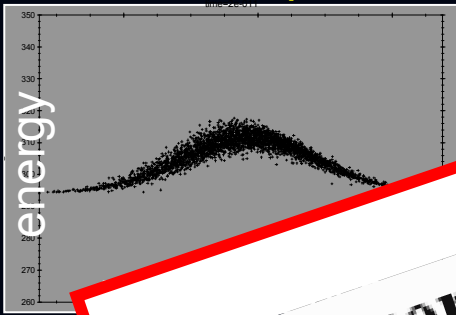
- saturation power of FEL radiation: $P_{sat} \sim \left(\frac{1}{1+\Lambda} \right)^2 (I\lambda_u)^{4/3}$
- Pierce parameter large
- correction factor small

$10^{11..13}$ photons/bunch, < 100 fs

Degradation of the ultra dense electron bunches

1. space-charge forces

transverse expansion



pos. in bunch

2. resistive wall wakefields

Grüner et al, Appl.Phys. B86, 2007

Design considerations for table-top,
laser-based VUV and X-ray free
electron lasers

Applied Physics B
Lasers and Optics

which causes 'image' charges
& currents in wall.

Image charges & currents
radiate wakefield.

tion

= resistivity

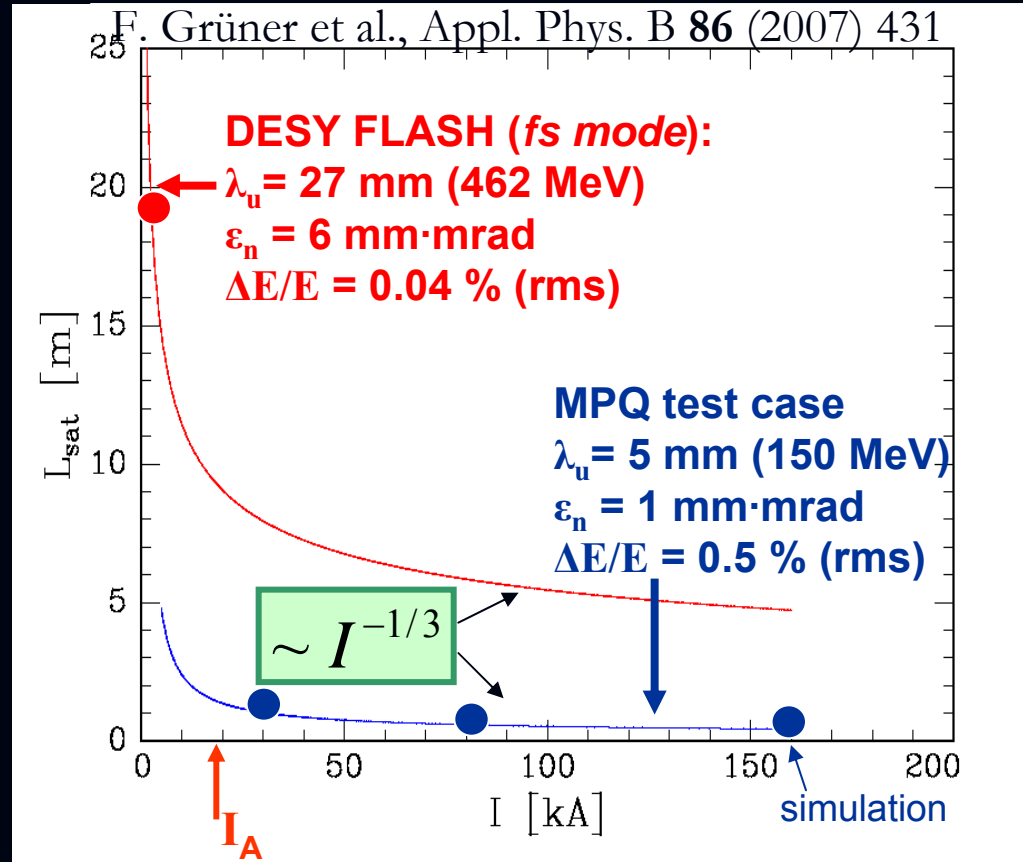
image
charge lags
behind

resistive
wall

**Solution: reducing wakefields by
increasing gap at same B-field on axis**

Table-top FELs driven by ultra-high peak currents

comparison of
DESY's FLASH
VUV FEL with
MPQ test case:
both producing
30 nm radiation



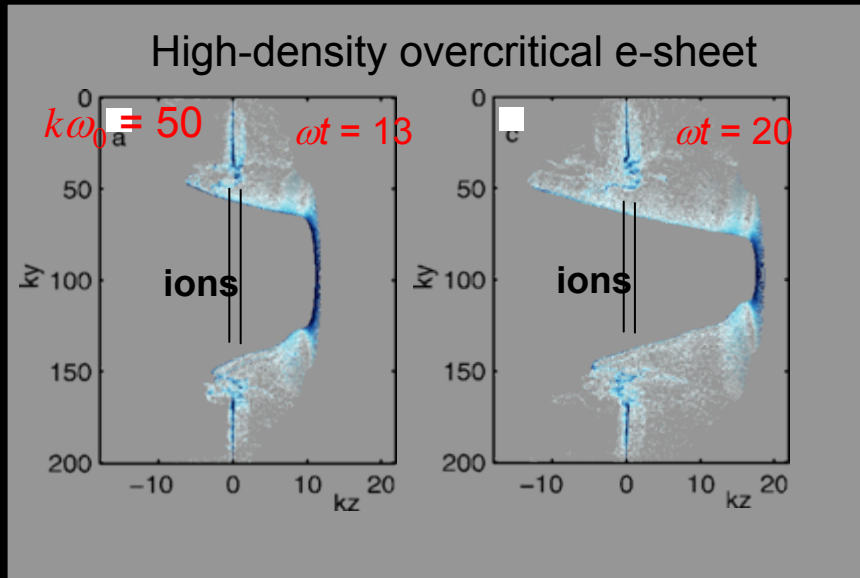
For biomedical applications...

stage 1: 200 TW, 5 fs → 1 nC bunch with ~ 100 MeV, $\Delta E/E = 5$ %

stage 2: 1.2 PW, 100 fs → final 4.7 GeV and $\Delta E/E = 0.1$ %

The *MAP* source - Habs *et al.* (APB, 2008, *in press*)

Dense laser-driven electron sheets as relativistic mirrors



Production of electron sheet
by
“driver” laser on very thin
diamond-like carbon foils

Ultra-thin foils required: DLC foils extremely stable and transparent
act like plasma mirror

Start from solid-state density ($n_e = 10^{24} \text{ cm}^{-3}$)
not from gas density ($n_e = 10^{19} \text{ cm}^{-3}$)

Study of the break-out of e-sheets at the ATLAS laser (Munich) and Trident laser (Los Alamos) as first step towards coherent mirror reflection from dense electron sheet

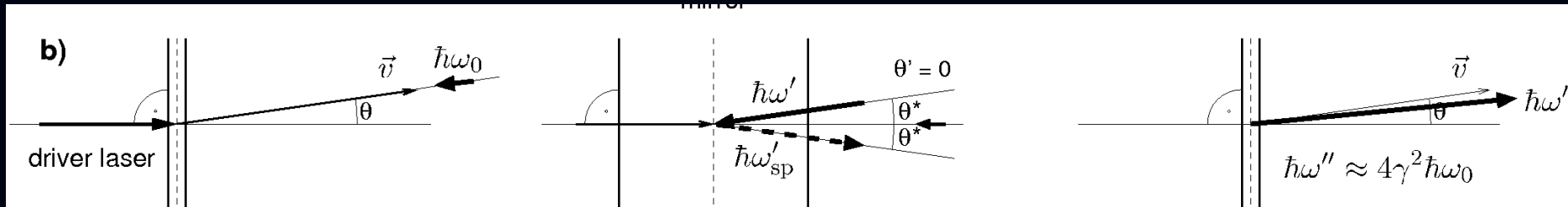
Dense laser-driven electron sheets as relativistic mirrors ...basics...

“driver” laser intensities with high contrast for producing dense electron sheets

+

propagating “production”-laser for optimum Doppler boost for X-ray production by reflection

injection opposite to electron direction (ICS)



Only if production laser at $\tan \theta = 1/a_L$ we have Doppler boost $4\gamma^2$

Biomedical applications

MAP and the ESRF

To perform **clinically oriented** developments of **phase contrast imaging techniques**

ESRF role: Optimization of the experimental techniques and parameters (source, set-up, detector...) by using synchrotron radiation (→ gold standard radiation)

Application and comparison of **different** phase imaging techniques (ABI, PBI etc...) in order to find the most suitable technique for compact high brilliant X-ray sources

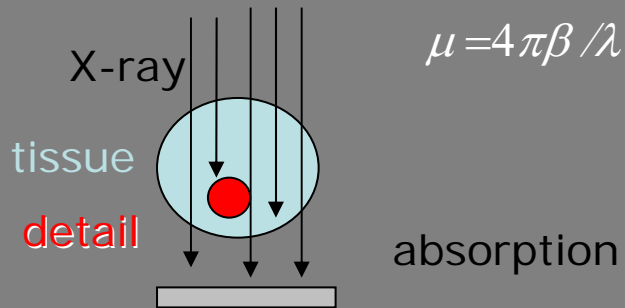
Phase contrast imaging

Contrast mechanisms in X-ray imaging

$$n = 1 - \delta + i\beta$$

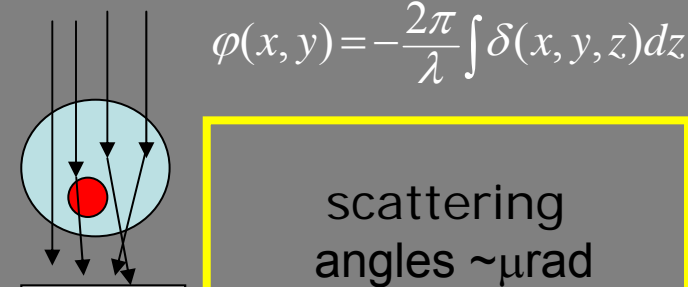
ABSORPTION

β Absorption index



REFRACTION

δ Refractive index decrement



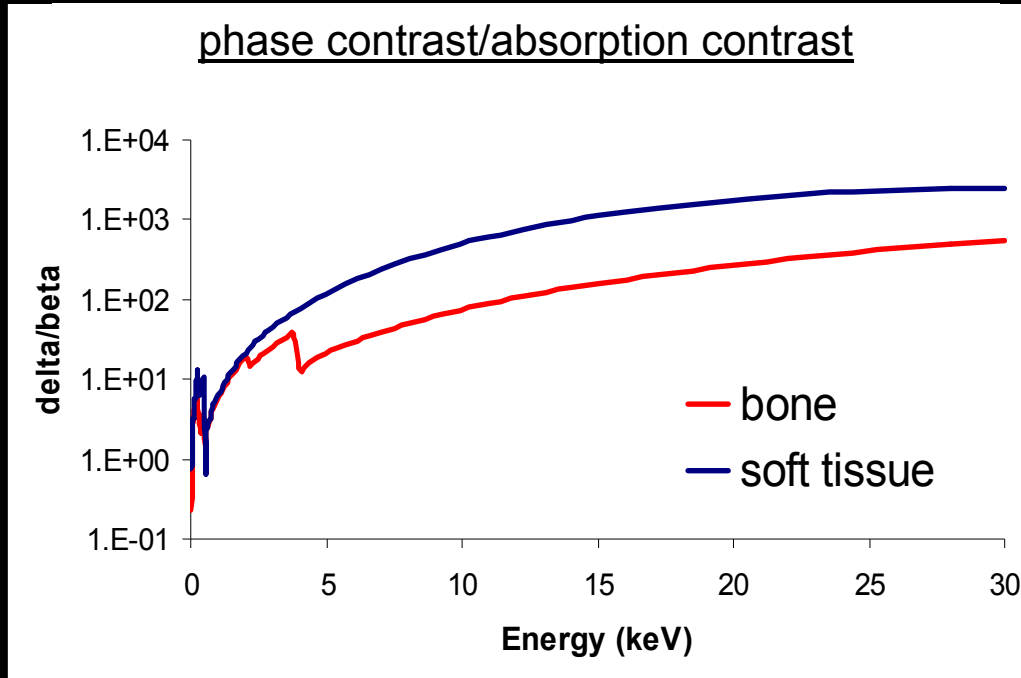
always occur at the same time

Absorption-based radiology

Phase-contrast imaging

Absorption vs Refraction

- Absorption coefficient: $\mu \sim Z^4 E^{-3}$
- Decrement of refractive index: $\delta \sim Z E^{-2}$



$$\delta \gg \beta$$
$$10^{-6} \quad 10^{-9}$$

phase effects > absorption

particularly for low Z materials
and high energies

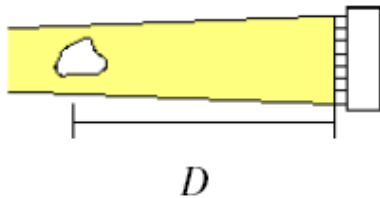
Increase the energy \longrightarrow Absorption contrast \downarrow
But phase contrast decreases more slowly!

$\delta \rightarrow$ much higher contrast - better sensitivity - at **lower dose**

Phase contrast Imaging Techniques

Propagation-based

Snigirev 1995, Wilkins 1995, Cloetens 1996



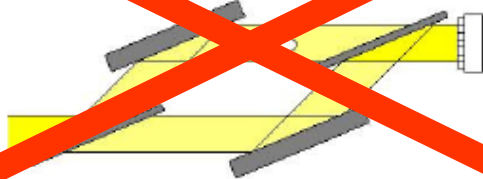
Analyzer-based

Ingal & Beliaevskaya 1995,
Davis 1996, Chapman 1997



Crystal interferometers

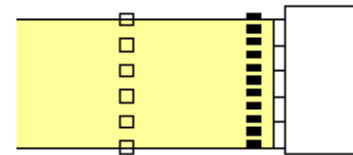
Bonse & Hart 1965



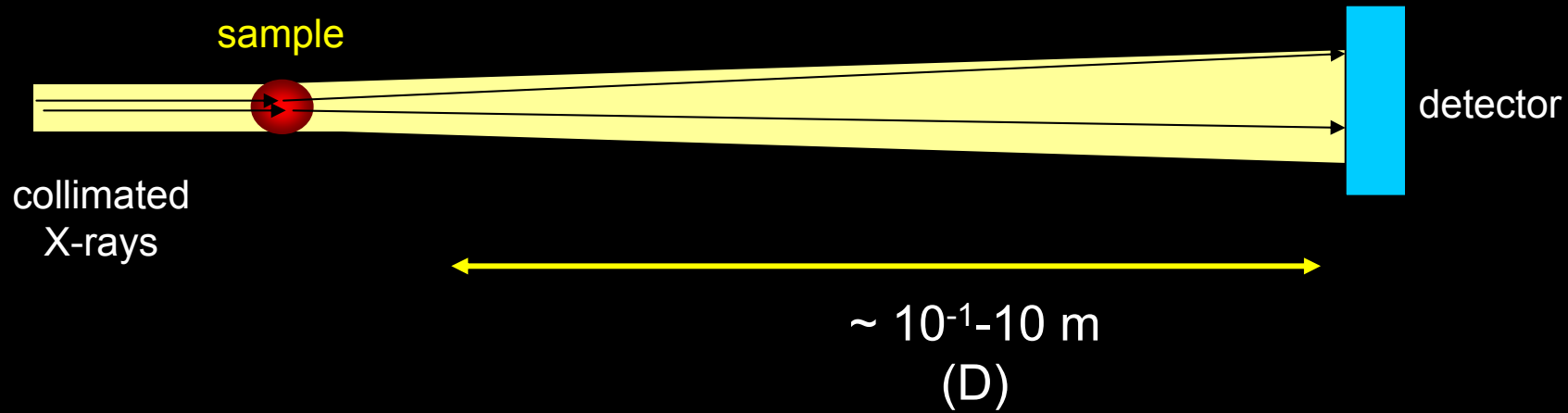
$\propto \varphi$

Grating interferometer

David 2002, Momose 2003



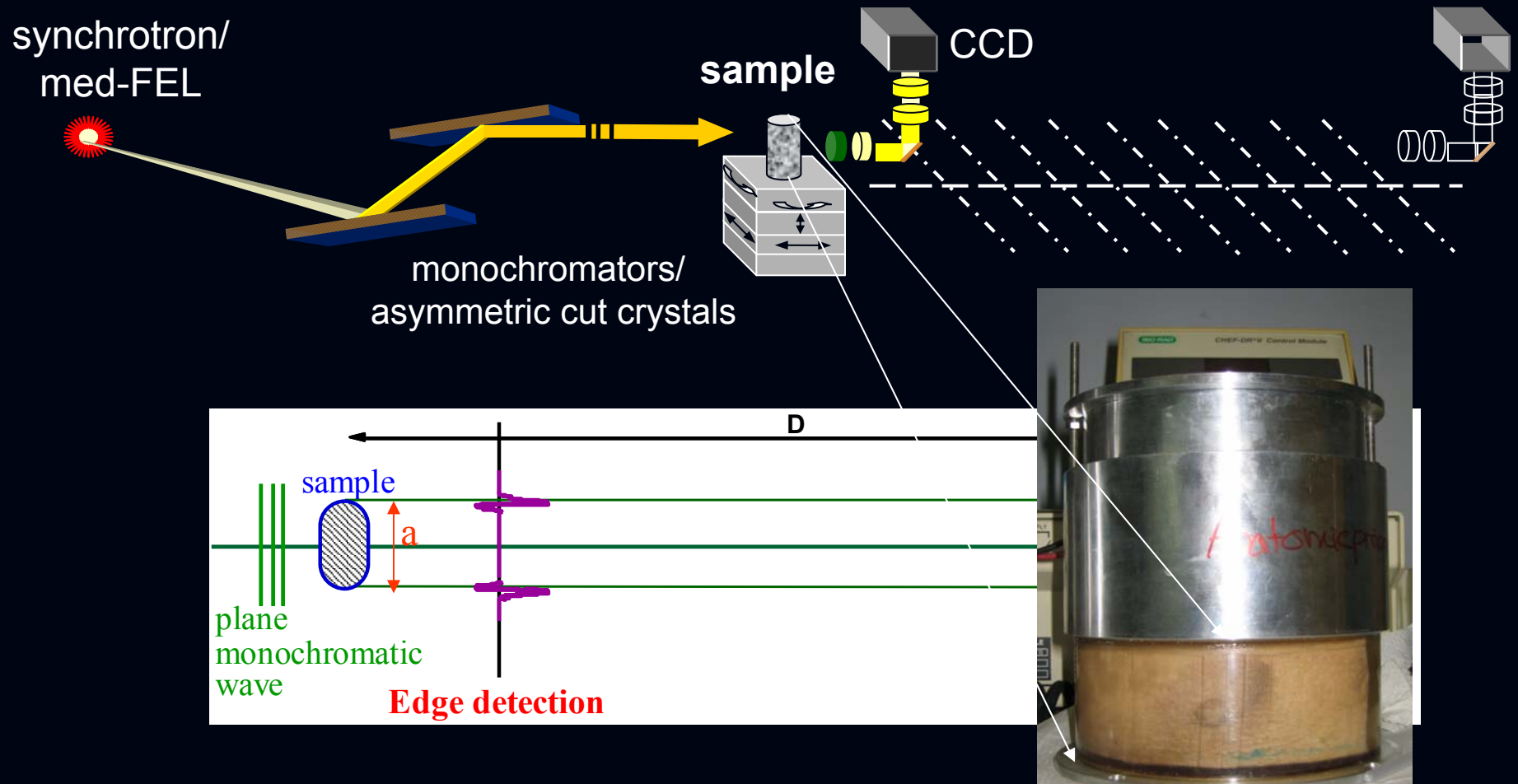
Phase contrast Imaging Techniques



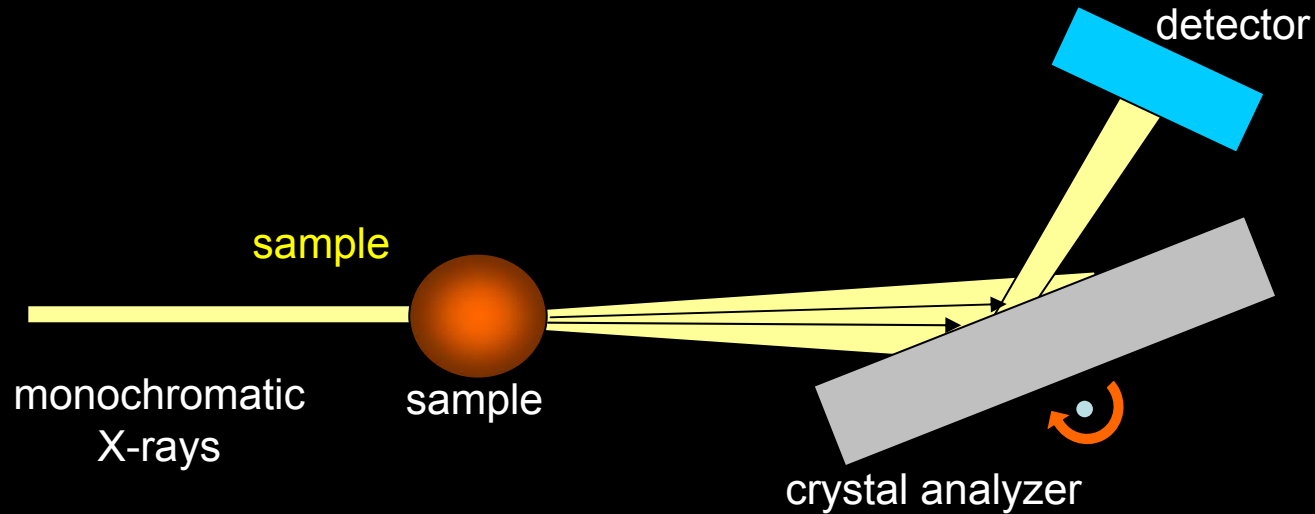
Propagation-based Imaging
Technique

Propagation-based imaging

Drift space turns phase distortions into interference fringes → uses of Fresnel diffraction

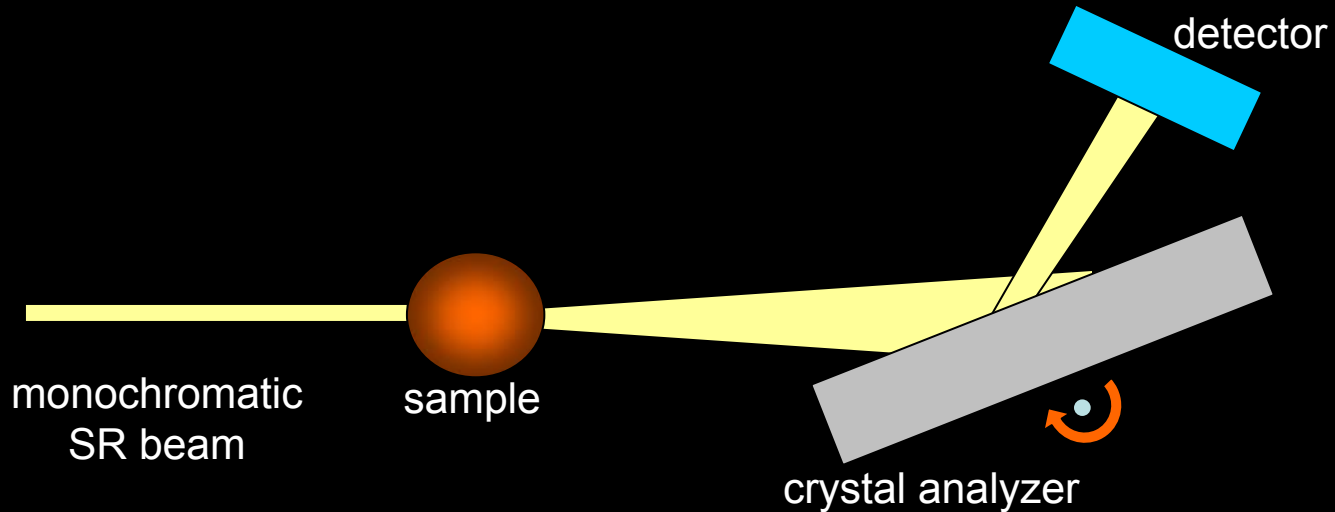


Phase contrast Imaging Techniques



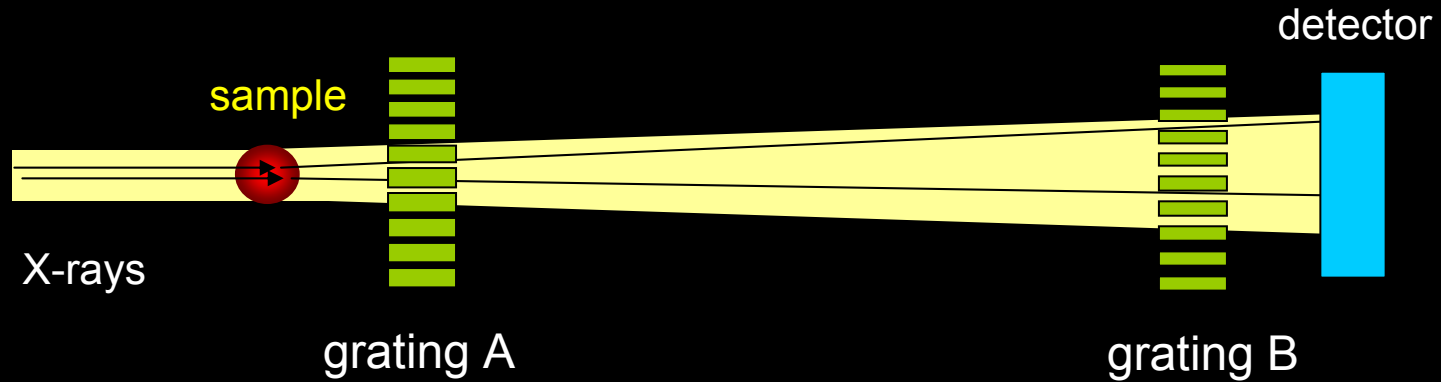
**Analyzer-based Imaging
Technique**

Analyzer-based imaging technique



- Analyzer crystal acts as an angular filter of the radiation refracted and scattered inside the object
- filter function given by analyzer rocking curve (RC) (typical angular acceptance: FWHM ~ few microradians)

Phase contrast Imaging Techniques

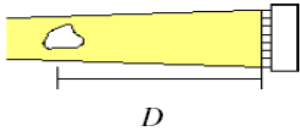


Grating interferometer technique

Propagation-based Im.

Propagation-based

Snigirev 1995, Wilkins 1995, Cloetens 1996



$$\propto \nabla^2 \phi$$

wavefront phase

needs high
spatial coherence

Analyzer-based Im.

Analyzer-based

Ingal & Beliaevskaya 1995,
Davis 1996, Chapman 1997



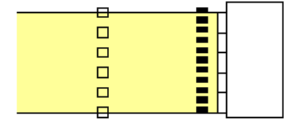
$$\propto \nabla \phi$$

needs high
temporal coherence
and parallel beam

Grating-based Im.

Grating interferometer

David 2002, Momose 2003



$$\propto \nabla \phi$$

can use
divergent and
polychromatic beams

Which phase contrast technique for MAP
biomedical applications?

PBI

energy width $\Delta E/E \approx 1\%$ required

photon flux: $5 \cdot 10^{10} / \text{s}$

→ well suited for table-top med-FEL (full 5 keV design study: $1.2 \cdot 10^{11}$ photons/bunch)

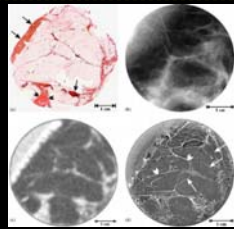
What is needed to move to clinics?

- Experimental and theoretical development of the different phase contrast techniques and their comparison (Collab. F. Pfeiffer, PSI)
 - For finding the best technique for a given tissue
`best` = most sensitive and most experimentally convenient and easiest
- Quantitative analysis of phase contrast images
 - separation of absorption – refraction – scattering contributions to image contrast
 - comparison of the different mathematical algorithms - implementation of a code
- Development of imaging modalities:
 - Tomosynthesis for high resolution phase-contrast imaging
- Multi-techniques approach: phase-contrast imaging combined to small-angle X-ray scattering (SAXS)
 - to supplement ABI results and help in the refraction image interpretation

MAP project – biomedical applications

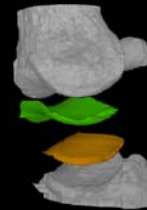
Biomedical applications:

Low-dose mammography



- Early detection of breast cancer

**A. Bravin's talk
September 11 at 17h**



In-vitro and *in-vivo* cartilage studies

- Early detection of osteoarthritis and metal implant healing evaluation

What's new?

Clinical orientation

- Focus on dense breast tissue and whole breast specimens (~15 cm sample diameter)
- High resolution CT imaging for cartilage matrix components and architecture visualization

Articular cartilage imaging

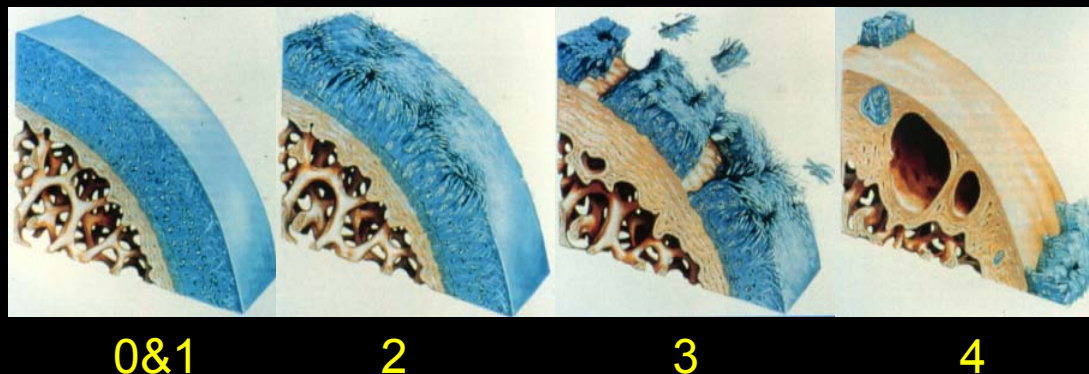
Why focusing on cartilage joint diseases?

Osteoarthritis (OA) is one of the leading causes of disability; people with OA usually have joint pain and limited movement (stiffness)

12% of the population in the seven major pharmaceutical markets
(USA, Japan, France, Germany, Italy, Spain, and the UK)
(<http://www.marketresearch.com/map/prod/843319.html>)

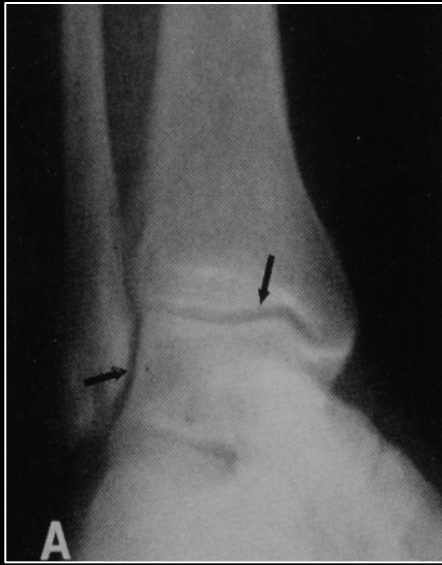
Osteoarthritis (OA) is a joint disease mostly affecting the **cartilage**.

Cartilage degeneration process – Collins grading system (Collins, 1949)



As OA presently has **no cure**:
focus on treating the disease symptoms with minimal side effects

Conventional radiology limitations



A Normal Ankle



B Osteoarthritic Ankle

Conventional radiographs do not show cartilage;
joint space narrowing
is evaluated by proximity of bones

contact between bones



degeneration of cartilage

In conventional radiography, OA is detected only at too advanced disease stages

TOO LATE!

Need of a high resolution, non-invasive
diagnostic technique allowing...

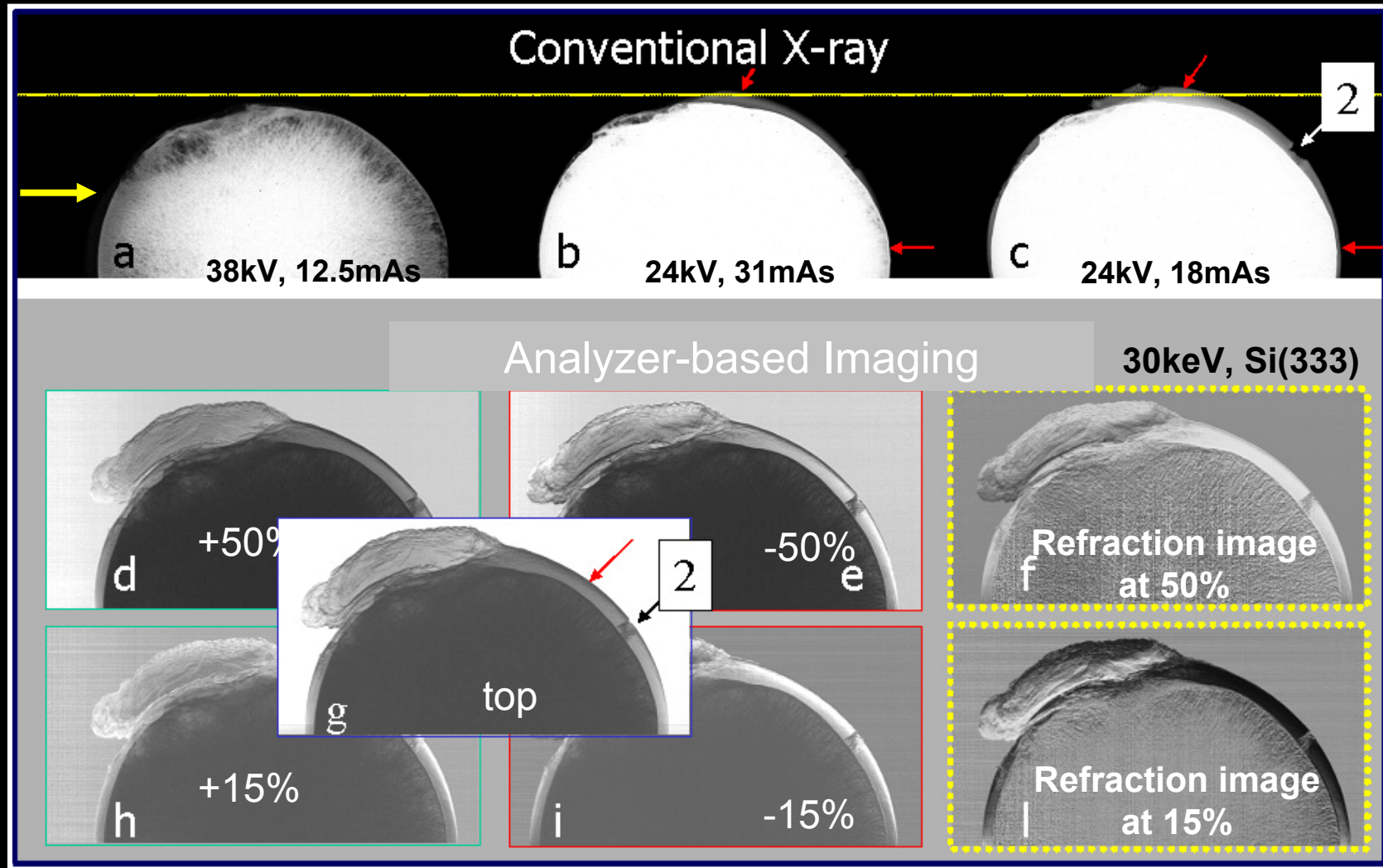
- for the early detection and the follow-up of OA
- the evaluation of drug efficacy
- the implant healing assessment

Selected results

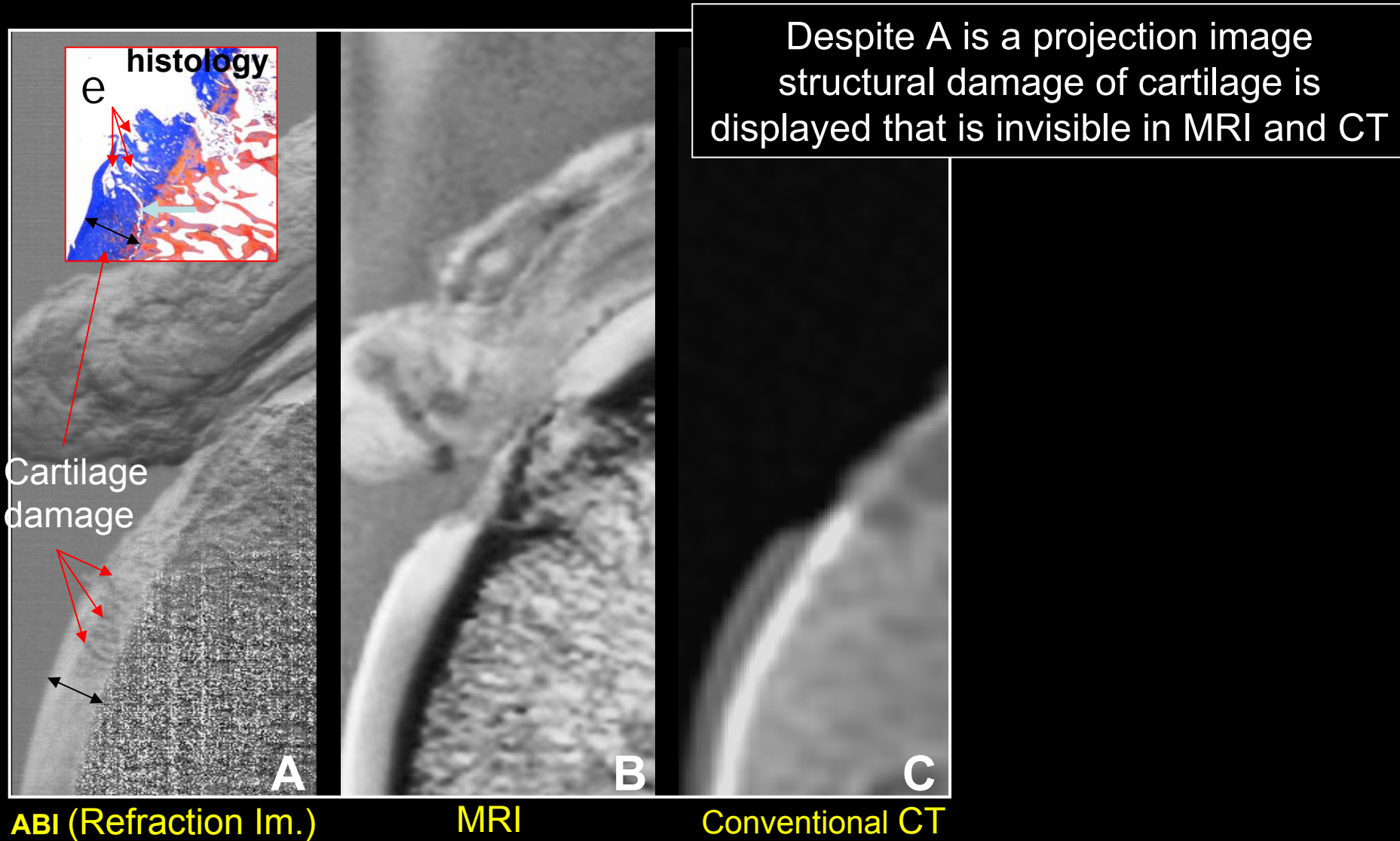
Human femoral head (hip)

ABI vs conventional radiography

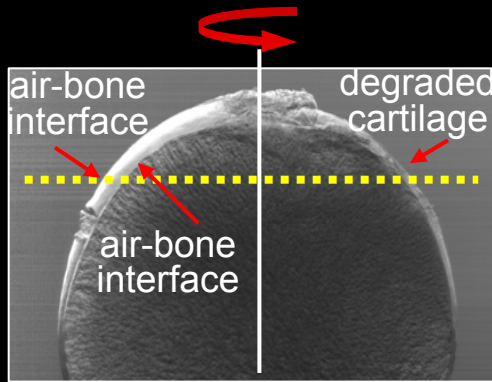
Cartilage tissue is invisible!



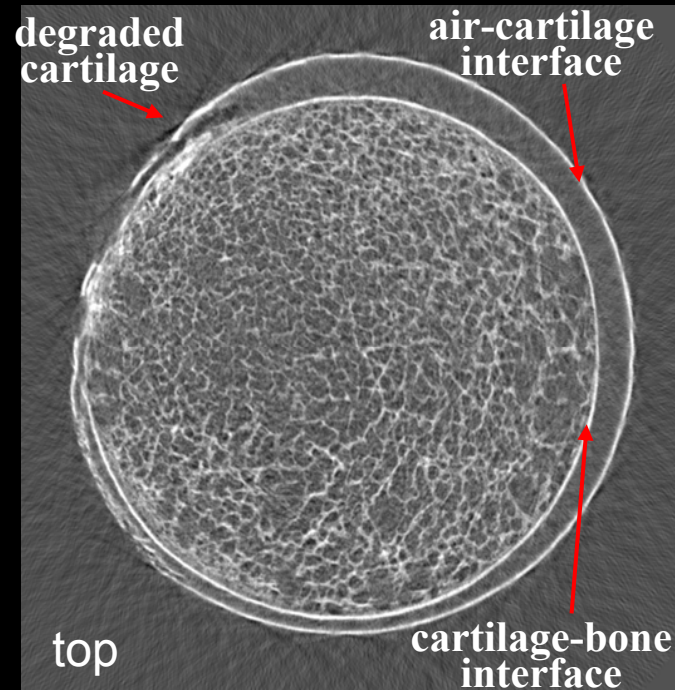
HIP - ABI vs conventional techniques



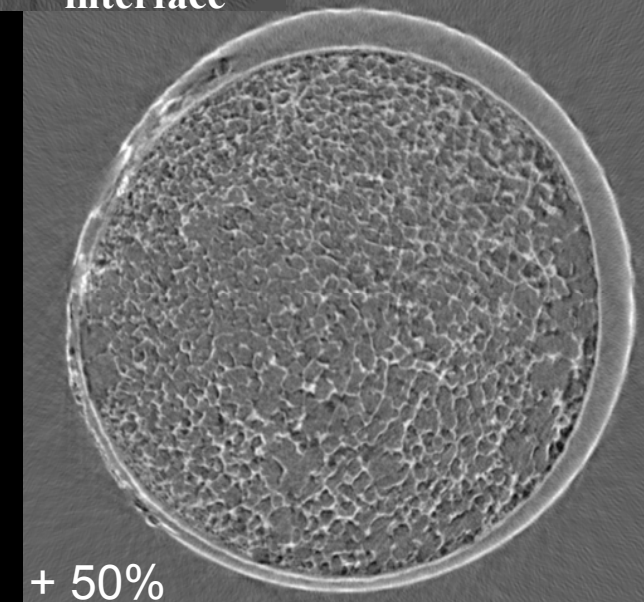
High energy tomography (CT) with ABI



ABI projection -50%



Human hip
50 keV
Si(333)

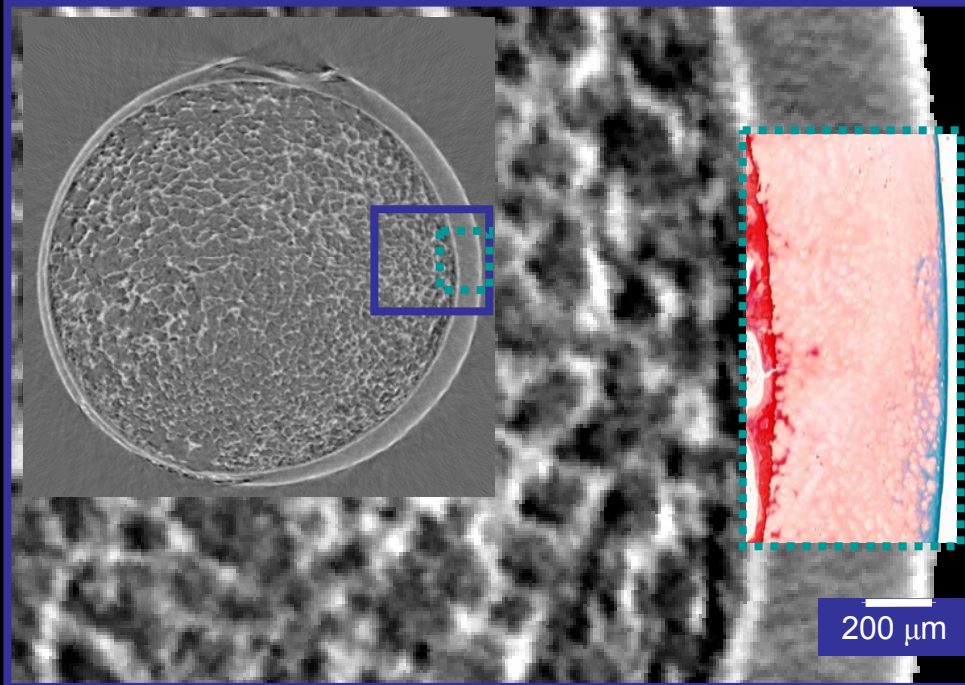


- Interfaces highlighted
- Trabecular meshwork well defined

Coan et al, EJIR, 2008, in press

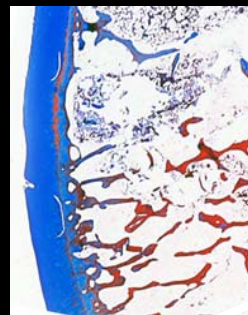
HIP ABI-CT vs histology

Comparison of CT ABI and histology

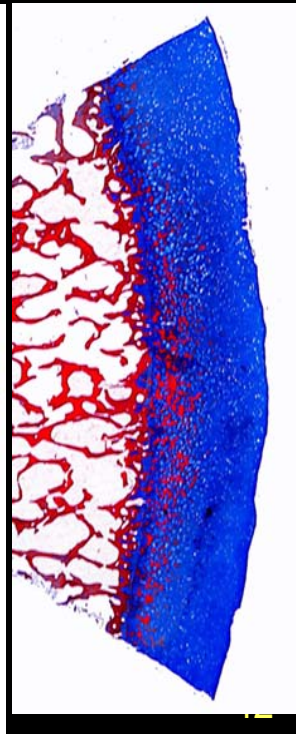
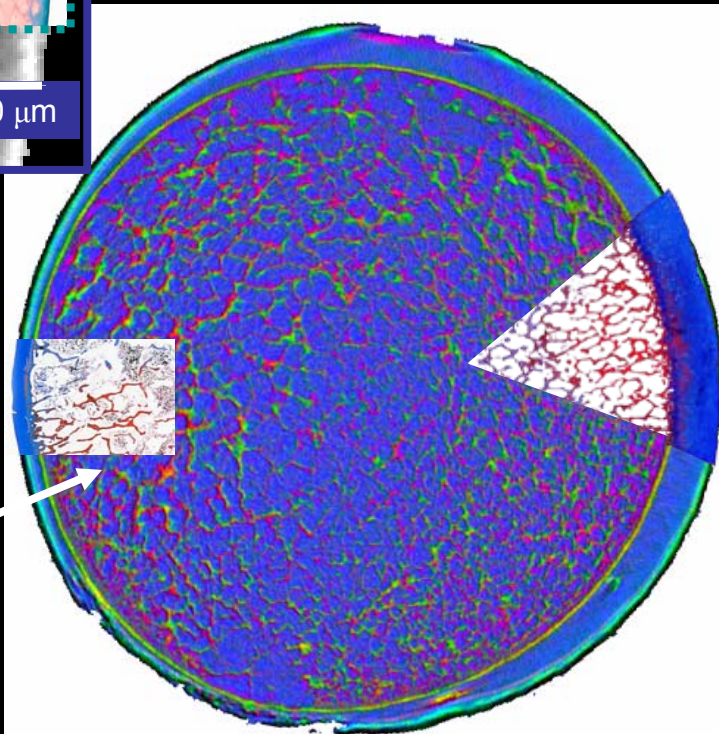


ABI-CT images perfectly match histological cuts

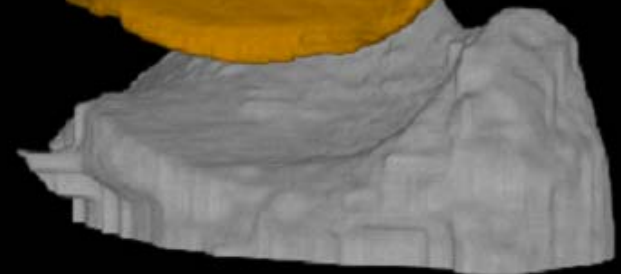
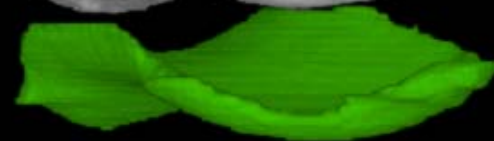
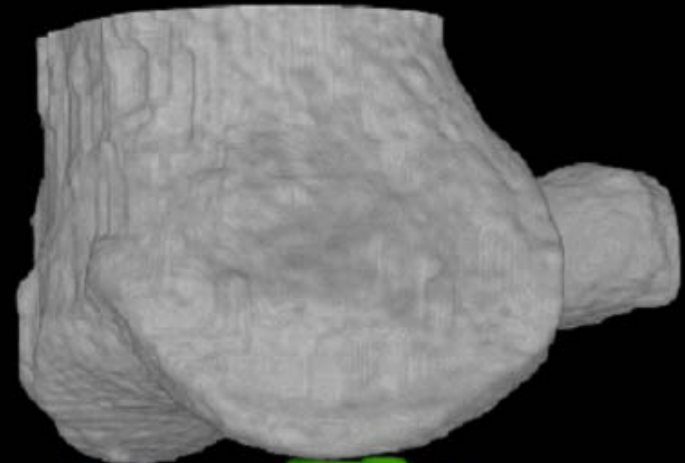
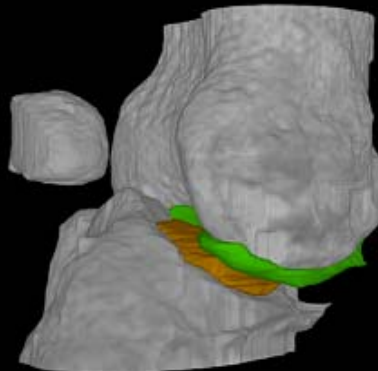
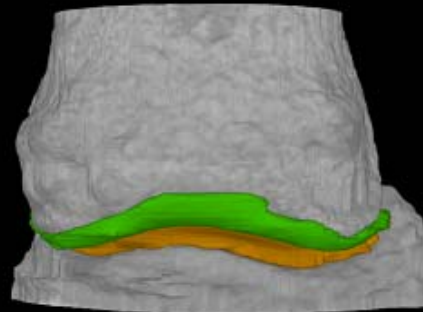
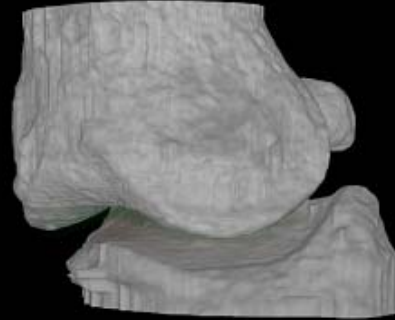
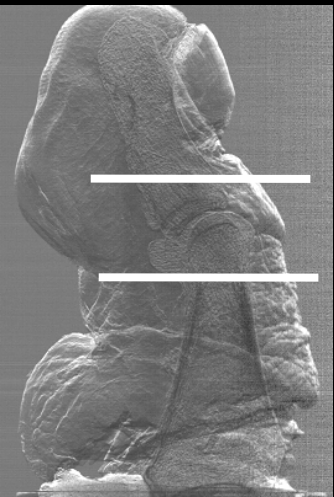
Human hip
50 keV Si(333)
-50%



damaged trabecular
meshwork



3D rendering from ABI CT – Human big toe joint

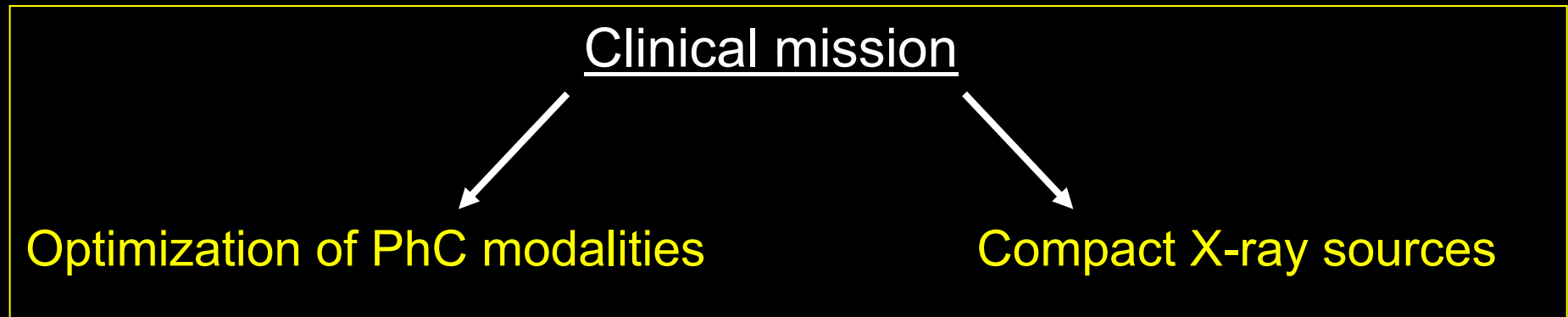


Coan et al, EJIR, 2008, *in press*

First MAP experiments at the ESRF

Conclusions

High potentiality of phase contrast techniques has been largely proven!
Mainly at synchrotron facilities!



- Strong synergy between physicists, physicians and computing engineers
- Collaboration between the experimental and theoretical group working on phase contrast imaging
- Other collaborations?

Thanks for your attention



At the ESRF...

Dr. A. Bravin

P.C. Diemoz

In Munich...

X-ray source

Prof. D. Habs

Dr. F. Grüner

Biomedical applications

Dr. C. Glaser

Dr. T. Schneider

Prof. M. Reiser