

# Recent developments in $\beta$ -decay studies within the Nuclear Shell Model

TNPI2023 - XIX Conference on Theoretical Nuclear Physics in Italy

Giovanni De Gregorio



# Outline

- Renormalization of  $\sigma\tau$  matrix elements
- Origin of the quenching of  $\sigma\tau$  matrix elements
- Details of the Calculation
- fp-shell results
- fpg-shell results
- $2\nu\beta\beta$ -decay NME
- Conclusions and perspectives

# Outline

- Renormalization of  $\sigma\tau$  matrix elements

# Renormalization of $\sigma\tau$ matrix elements

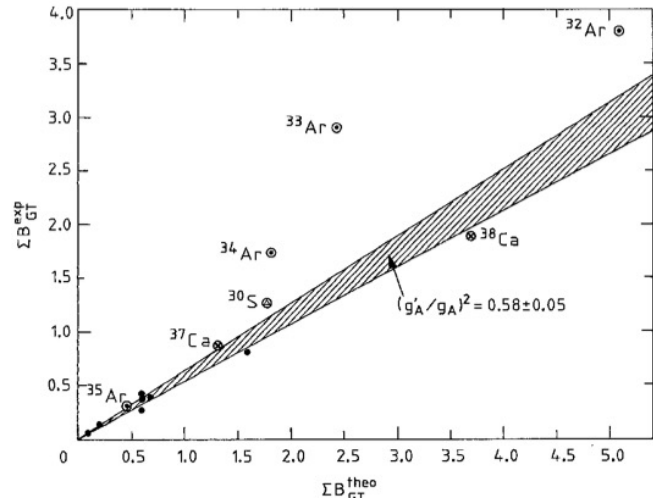
Gamow-Teller transitions ( $\beta$ -decay, EC,  $2\nu\beta\beta$ , charge-exchange) are hindered from expected values based on sum rules derived by nuclear structure models.

Quenching of  $\sigma\tau$  matrix elements is quite a general phenomenon in nuclear-structure physics.

$$g_A = g_A^{eff} = q g_A$$

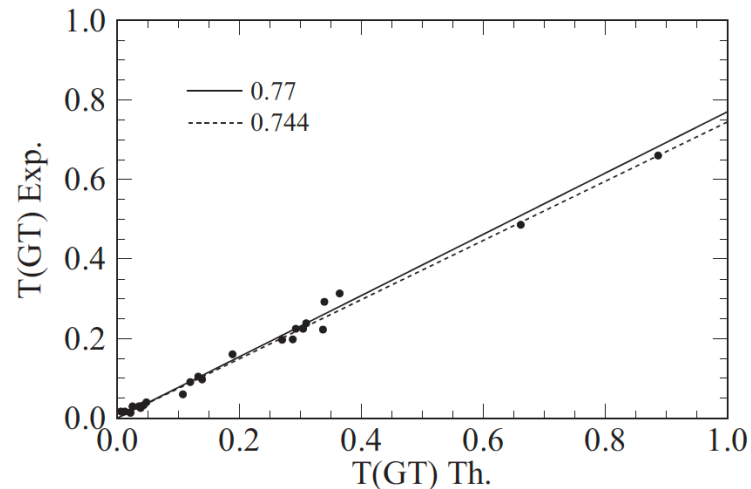
# Renormalization of $\sigma\tau$ matrix elements

Z. Phys. A - Atomic Nuclei 332, 413417 (1989)



$$g_A = g_A^{eff} = q g_A$$

Martinez-Pinedo et al. PRC53 2602(1996)

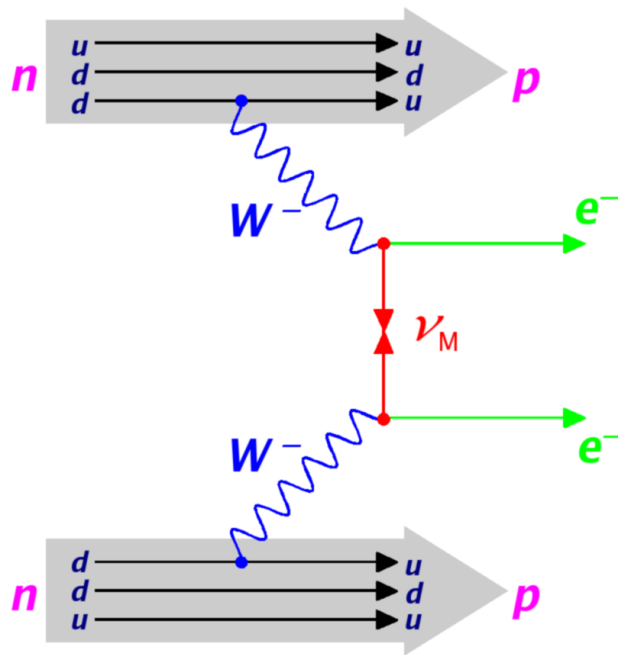


Suhonen, ACTA PHYSICA POLONICA B, 3 (2018)

Mass range	$g_A^{eff}$
Full $0p$ shell	$1.03^{+0.03}_{-0.02}$
$0p$ -low $1s0d$ shell	$1.18 \pm 0.05$
Full $1s0d$ shell	$0.96^{+0.03}_{-0.02}$
	1.0
$A = 41-50$ ( $1p0f$ shell)	$0.937^{+0.019}_{-0.018}$
$1p0f$ shell	0.98
$^{56}\text{Ni}$	0.71
$A = 52-67$ ( $1p0f$ shell)	$0.838^{+0.021}_{-0.020}$
$A = 67-80$ ( $0f_{5/2}1p0g_{9/2}$ shell)	$0.869 \pm 0.019$
$A = 63-96$ ( $1p0f0g1d2s$ shell)	0.8
$A = 76-82$ ( $1p0f0g_{9/2}$ shell)	0.76
$A = 90-97$ ( $1p0f0g1d2s$ shell)	0.60
$^{100}\text{Sn}$	0.52
$A = 128-130$ ( $0g_{7/2}1d2s0h_{11/2}$ shell)	0.72
$A = 130-136$ ( $0g_{7/2}1d2s0h_{11/2}$ shell)	0.94
$A = 136$ ( $0g_{7/2}1d2s0h_{11/2}$ shell)	0.57

# Quenching of $\sigma\tau$ matrix elements & $0\nu\beta\beta$ decay

The inverse of the  $0\nu\beta\beta$ -decay half-life is proportional to the squared nuclear matrix element (NME).  
This evidences the relevance to calculate the NME ( $M^{0\nu}$ )



$$[T_{1/2}^{0\nu}]^{-1} = G^{0\nu} |M^{0\nu}|^2 \langle m_\nu \rangle^2 \propto g_A^4$$

- $G^{0\nu}$  → phase space factor
- $\langle m_\nu \rangle = |\sum_k m_k U_{ek}|$ , effective mass of the Majorana neutrino  
 $U_{ek}$  being the lepton mixing matrix

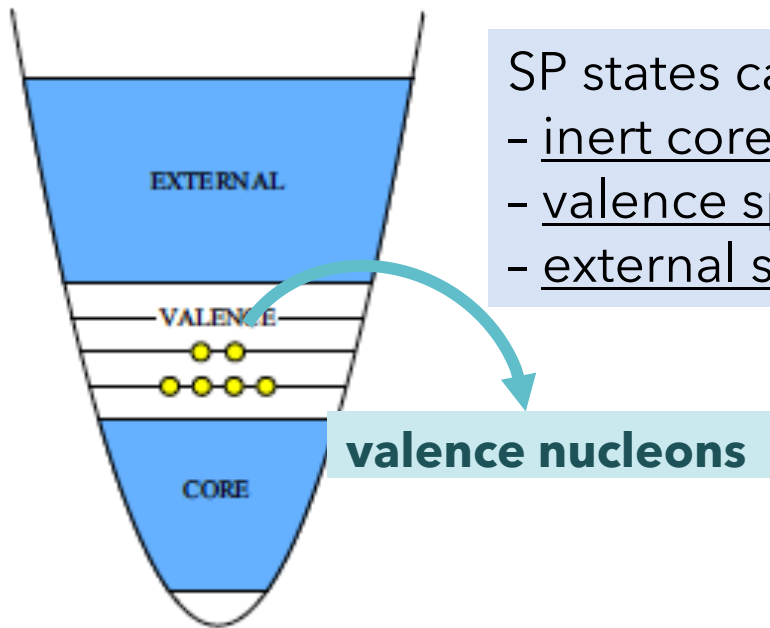
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- Origin of the quenching of  $\sigma\tau$  matrix elements

# Quenching of $\sigma\tau$ matrix elements: theory

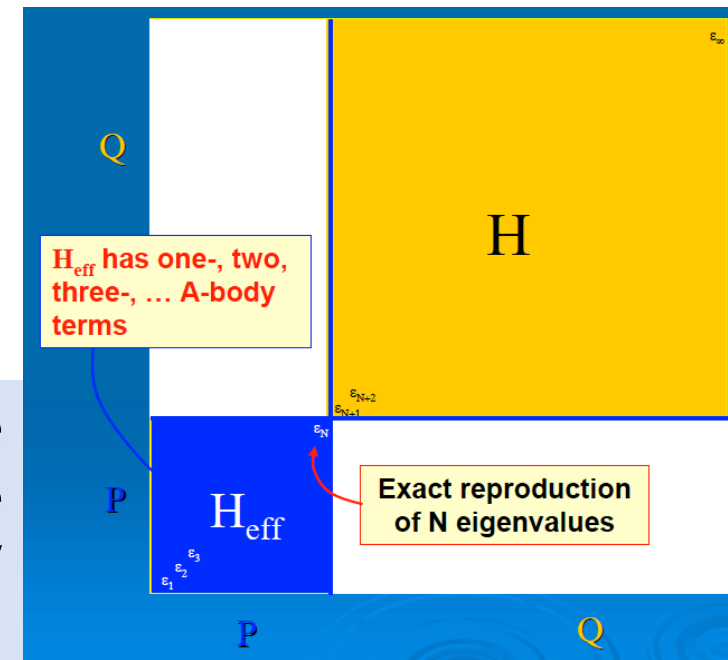
Two main sources:

## 1) LIMITED MODEL SPACE



- SP states can be grouped into 3 sub-spaces, well separated in energy:
- inert core (completely filled levels with neutrons and protons paired to  $J=0$ )
  - valence space (partially filled levels)
  - external space (empty levels)

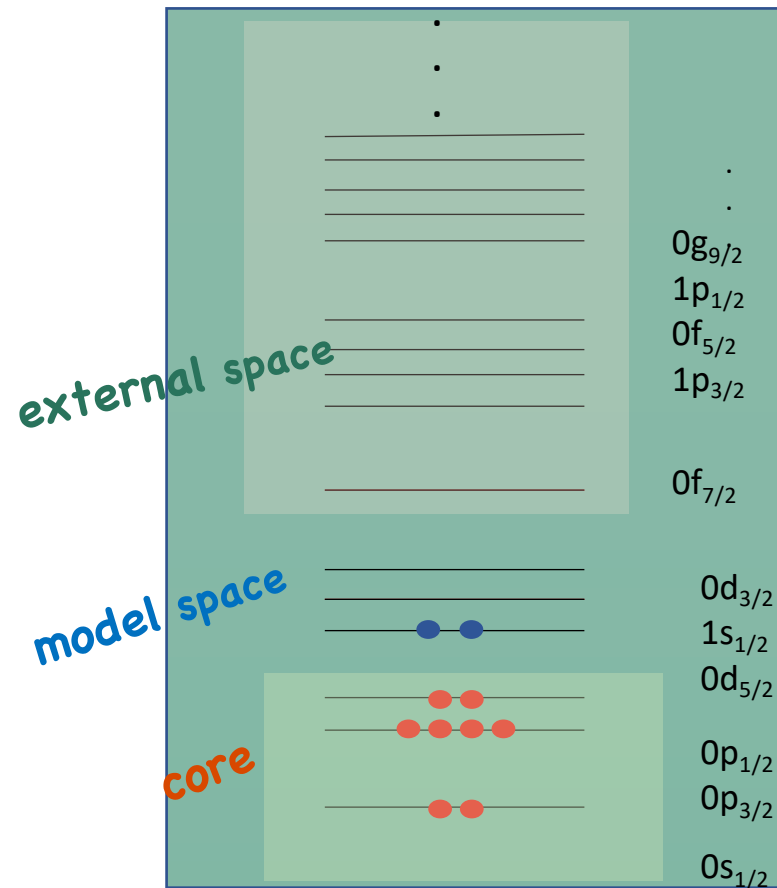
The only active degrees of freedom are given by nucleons inside the valence space (*valence nucleons*) while excitations of core nucleons and valence nucleons in the external space are "frozen" or, more properly, "not taken into account explicitly"



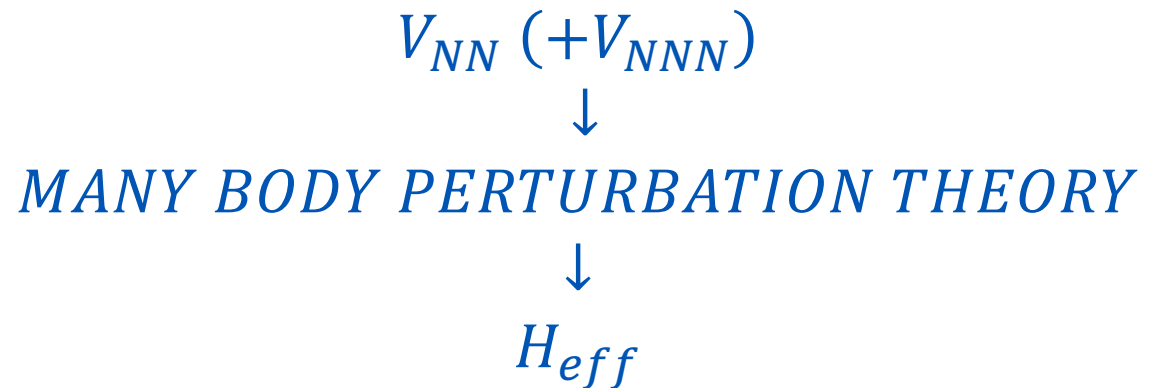


# Realistic Shell-Model

Shell model: A well-established approach to obtain a microscopic description of both collective and single-particle properties of nuclei



The degrees of freedom of the core nucleons and the excitations of the valence ones above the model space are not considered explicitly.



Realistic shell-model calculations starting from a nuclear Hamiltonian and decay operators derived consistently

# Realistic Shell-Model

$$H \rightarrow H_{eff}$$

$$H|\psi_\nu\rangle = E_\nu|\psi_\nu\rangle \rightarrow H_{eff}|\varphi_\alpha\rangle = E_\nu|\varphi_\alpha\rangle$$

$|\varphi_\alpha\rangle$  = eigenvectors obtained diagonalizing  $H_{eff}$  in the reduced model space  $|\varphi_\alpha\rangle = P|\psi_\nu\rangle$

$$\langle\varphi_\nu|\Theta|\varphi_\lambda\rangle \neq \langle\Psi_\nu|\Theta|\Psi_\lambda\rangle$$

We then require an effective operator  $\Theta_{eff}$  defined as follows

$$\Theta_{eff} = \sum_{\nu\lambda} |\varphi_\nu\rangle\langle\Psi_\nu|\Theta|\Psi_\lambda\rangle\langle\varphi_\lambda| \quad \langle\varphi_\nu|\Theta_{eff}|\varphi_\lambda\rangle = \langle\Psi_\nu|\Theta|\Psi_\lambda\rangle$$

$$\Theta^{GT} = g_A\sigma\tau^\pm \rightarrow \Theta_{eff}^{GT} = g_A^{eff}\sigma\tau^\pm$$

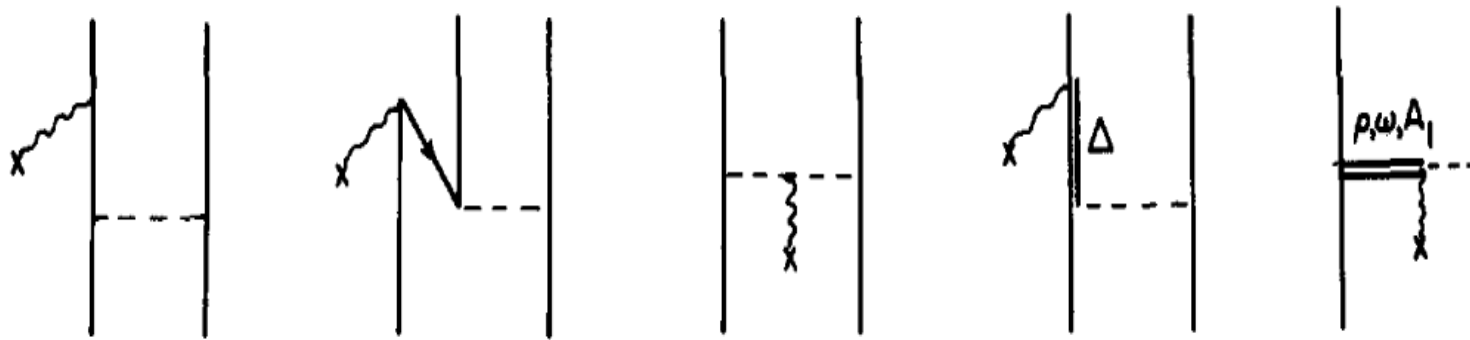
# Quenching of $\sigma\tau$ matrix elements: theory

Two main sources:

## 2) NON-NUCLEONIC DEGREES OF FREEDOM

Processes in which the weak probe prompts a meson to be exchanged between two nucleons

→ meson-exchange two-body currents (2BC)



# Quenching of $\sigma\tau$ matrix elements: meson exchange currents

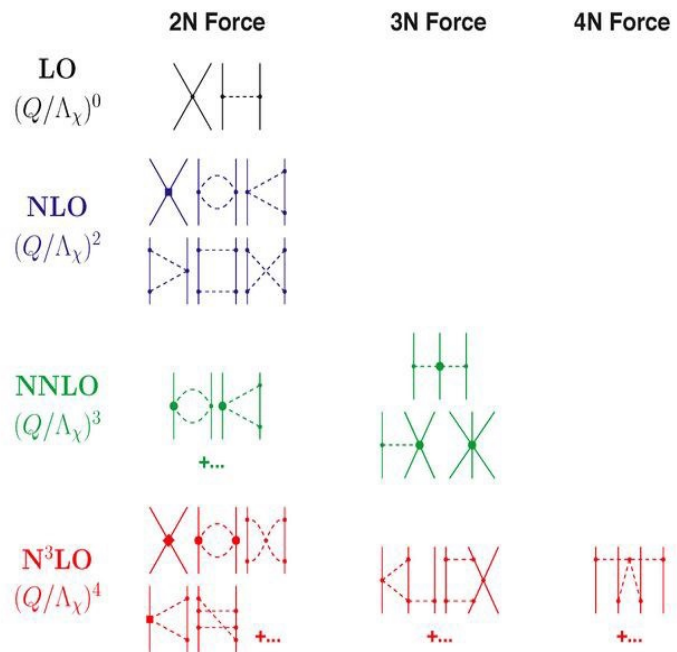
In the 80s starting from OBEP models two-nucleon meson-exchange current operators have been constructed consistently as required by the continuity equation for vector currents and the PCAC.

Nowadays, EFT provides a powerful approach where both nuclear potentials and two-body electroweak currents (2BC) may be consistently constructed, the latter appearing as subleading corrections to the one-body GT operator  $\sigma\tau^\pm$

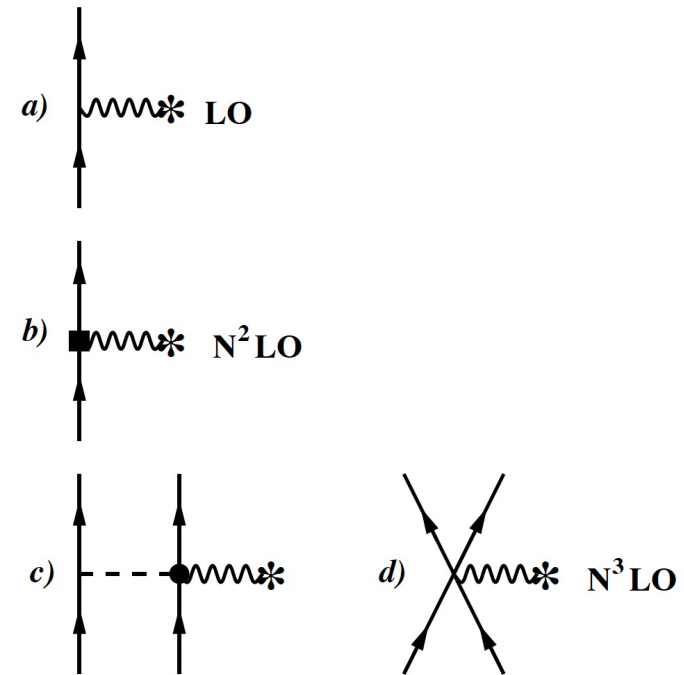
# Quenching of $\sigma\tau$ matrix elements: meson exchange currents

Nowadays, EFT provides a powerful approach where both nuclear potentials and two electroweak currents may be consistently constructed, the latter appearing as subleading corrections to the one-body GT operator  $\sigma\tau^\pm$

## Nuclear potential



## Electroweak axial currents



# The axial current $J_A$

The matrix elements of the axial current  $J_A$  are derived through a chiral expansion up to **N3LO**, and employing the same **LECs** as in **2NF** and **3NF**

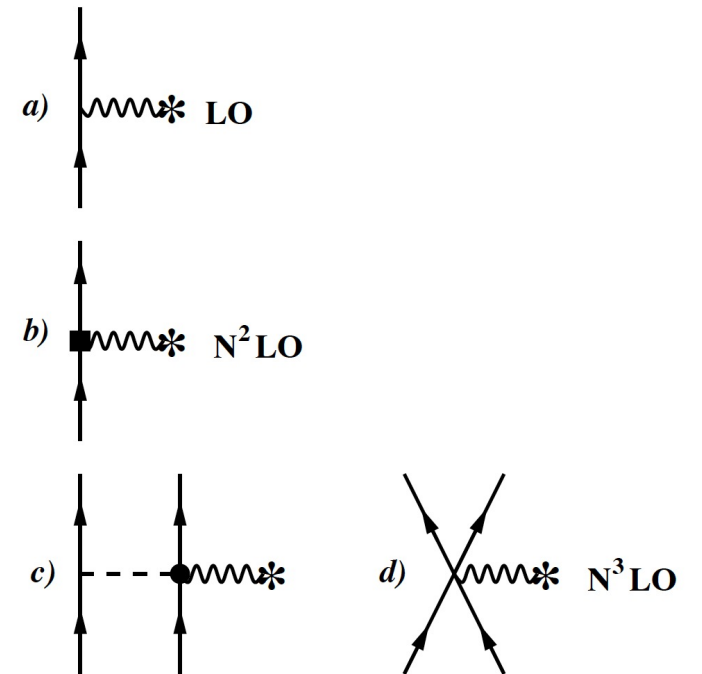
$$J_A^{LO} = -g_A \sum_i \sigma_i \tau_{i,\pm}$$

$$J_A^{N^2LO} = \frac{g_A}{2m_N^2} \sum_i K_i \times (\sigma_i \times K_i) \tau_{i,\pm}$$

$$J_A^{N^3LO} (1PE; \mathbf{k}) = \sum_{i<j} \frac{g_A}{2f_\pi^2} \left\{ 4c_3 \tau_j \mathbf{k} + (\tau_i \times \tau_j)_\pm \times \left[ \left( c_4 + \frac{1}{4m} \sigma_i \times \mathbf{k} - \frac{i}{2m} K_i \right) \right] \right\} \sigma_j \cdot \mathbf{k} \frac{1}{\omega_k^2}$$

$$J_A^{N^3LO} (CT; \mathbf{k}) = \sum_{i<j} z_0 (\tau_i \times \tau_j)_\pm (\sigma_i \times \sigma_j)$$

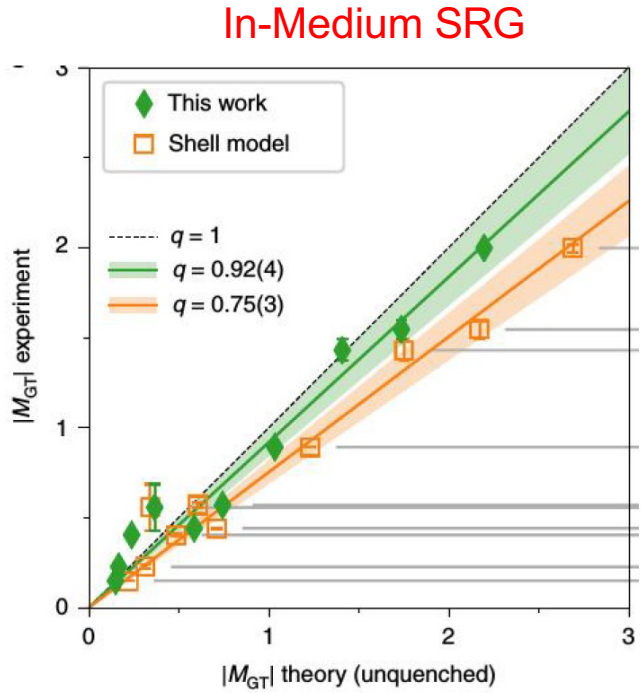
$$z_0 = \frac{g_A}{2f_\pi^2 m_N^2} \left[ \frac{m_N}{4g_A \Lambda_\chi} c_D + \frac{m_N}{3} (c_3 + 2c_4) + \frac{1}{6} \right]$$



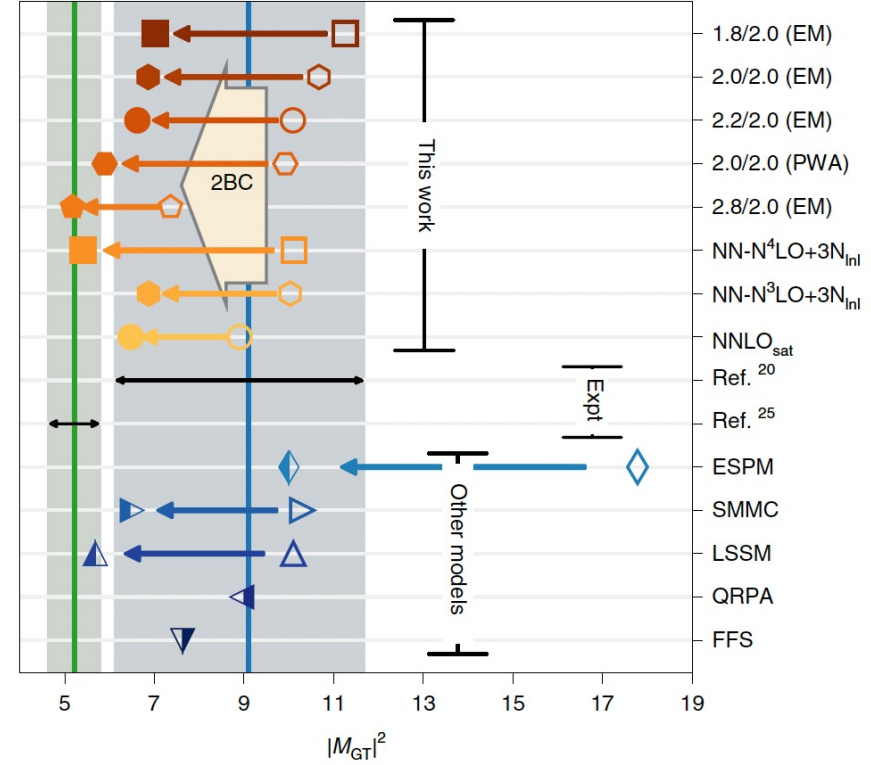
A. Baroni, L. Girlanda, S. Pastore, R. Schiavilla, and M. Viviani,  
 Phys. Rev. C 93, 015501 (2016)

# Two-body e.w. currents effects: light nuclei

The contribution of 2BC improves systematically the agreement between theory and experiment



Gysbers et al. Nature Phys. 15 428 (2019)



A proper treatment of nuclear correlations and consistency between GT two-body currents and 3N forces, derived in terms of ChPT, describes microscopically the “quenching puzzle”

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- Details of the Calculation



# Details of the Calculations

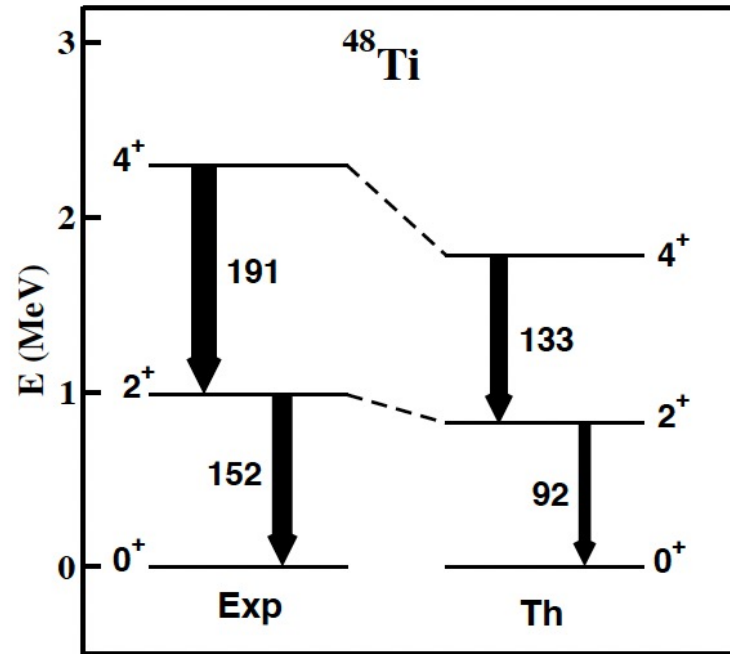
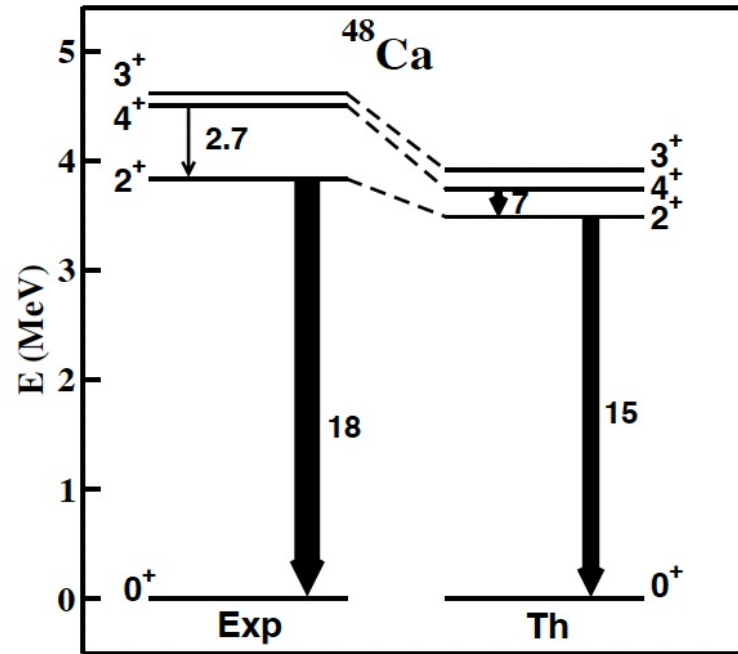
- Nuclear Hamiltonian: Entem-Machleidt **N3LO** two-body potential plus **N2LO** three-body potential ( $\Lambda = 500$  MeV)
- Axial current  $J_A$  calculated at N3LO in ChPT
- Heff obtained calculating the **Q-box** up to the **3rd order** in  $V_{NN}$  (up to 2p-2h core excitations) and up to the **1st order** in  $V_{NNN}$
- **Effective operators** are consistently derived by way of the MBPT
- **fp-shell nuclei**: four proton and neutron orbitals outside  $^{40}\text{Ca}$ :  $0f_{7/2}, 0f_{5/2}, 1p_{3/2}, 1p_{1/2}$
- **fpg-shell nuclei**: four proton and neutron orbitals outside  $^{56}\text{Ni}$ :  $0f_{5/2}, 1p_{3/2}, 1p_{1/2}, 0g_{9/2}$

RSM calculations, starting from ChPT two- and three-body potentials and two-body meson-exchange currents for spectroscopic and spin-isospin dependent observables of  $^{48}\text{Ca}, ^{76}\text{Ge}, ^{82}\text{Se}$

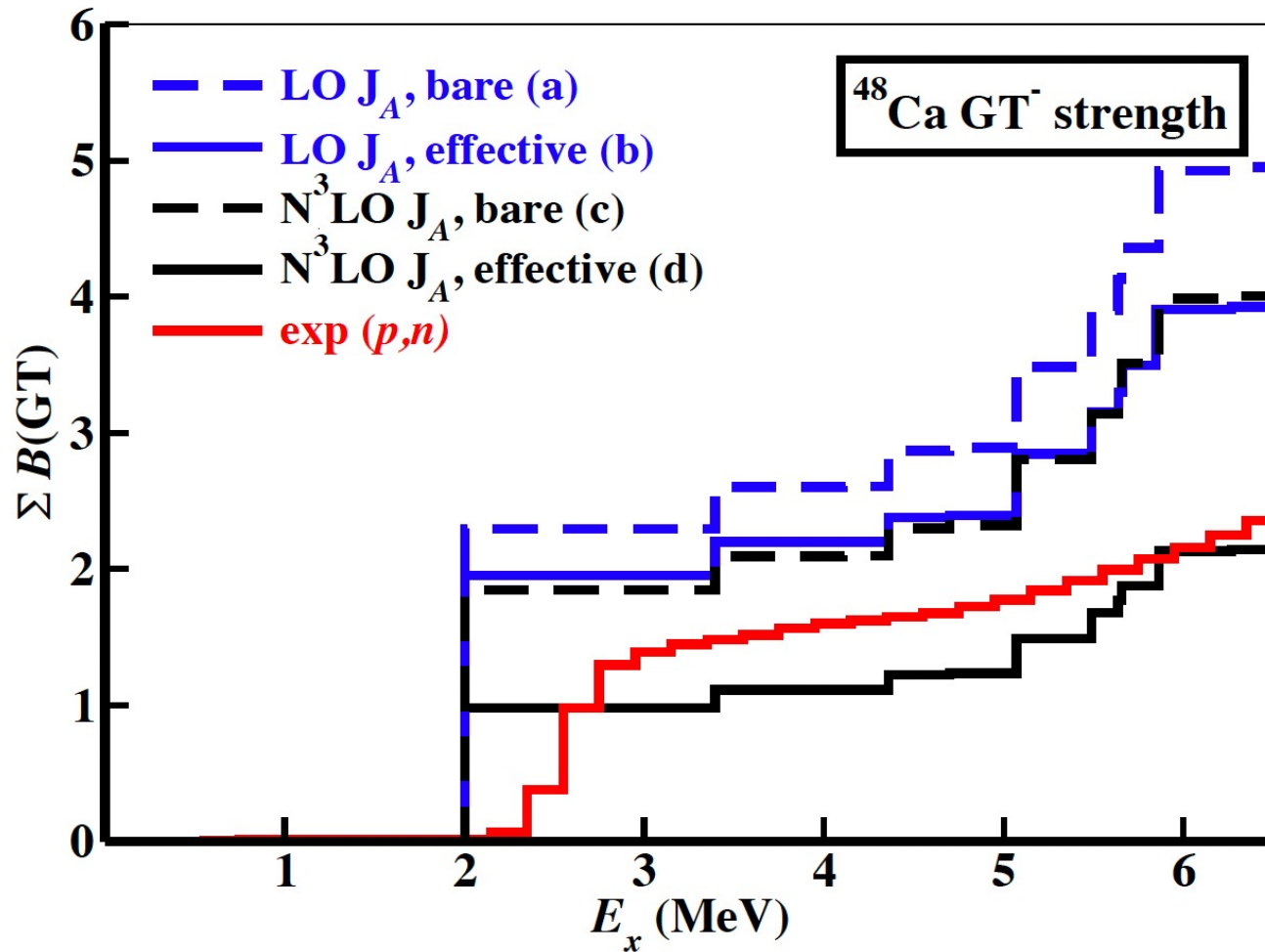
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# 48Ca: Spectroscopy



# $^{48}\text{Ca}$ : GT Strength

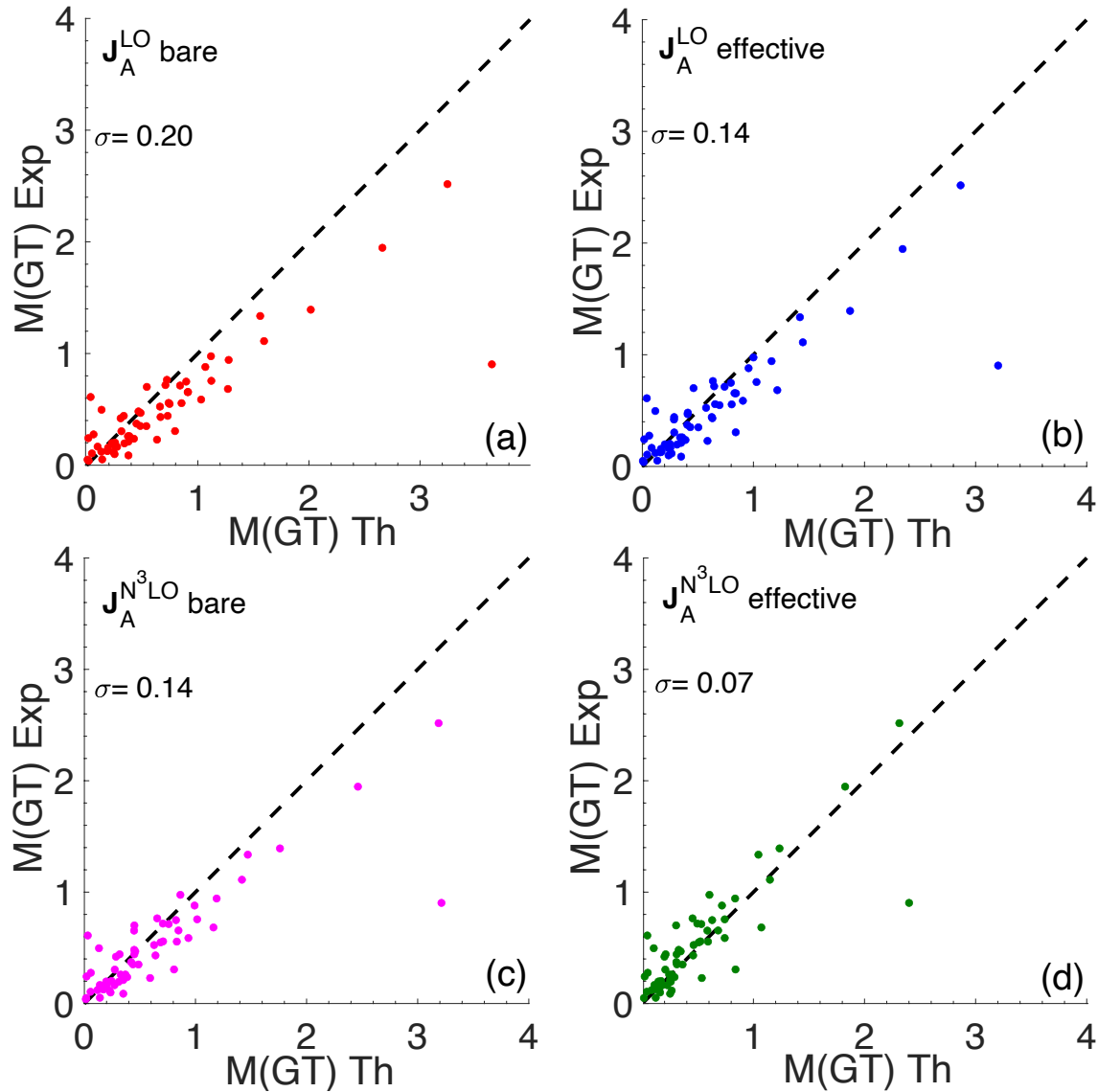


Charge exchange experiments

$$\left[ \frac{d\sigma}{d\Omega}(q=0) \right] = \hat{\sigma} B_{exp}(GT)$$

$$B_{th}(GT) = \frac{|\langle \varphi_f || J_A || \varphi_i \rangle|^2}{2J_i + 1}$$

# GT fp shell Nuclei



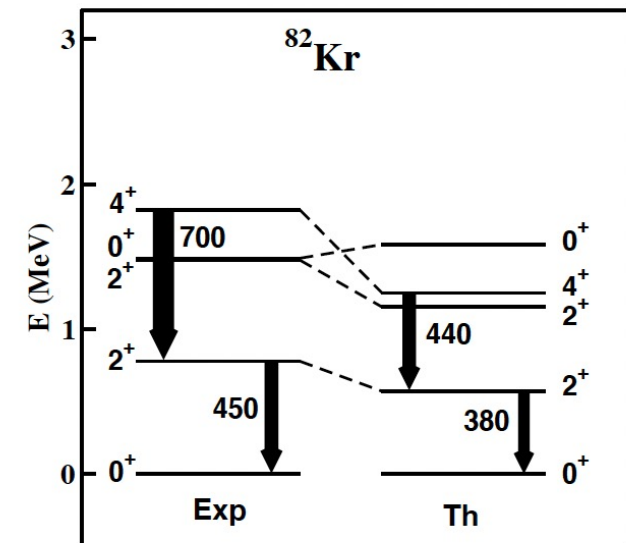
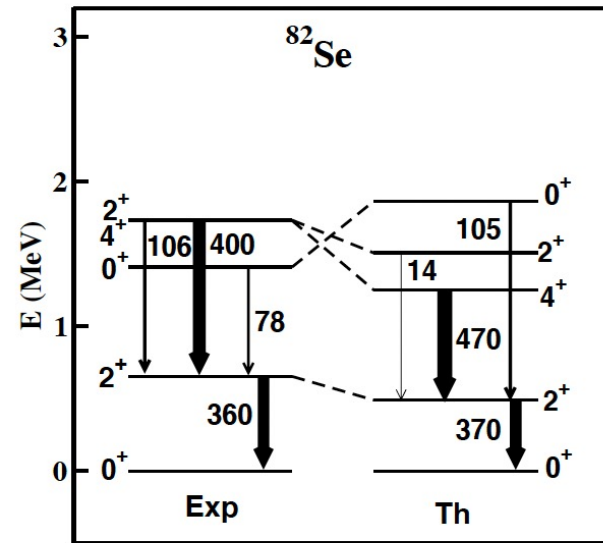
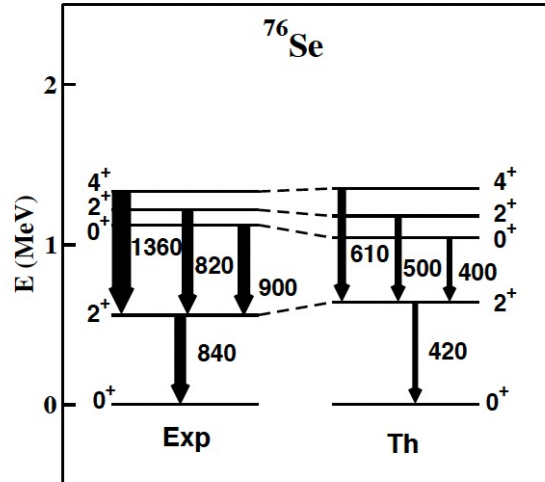
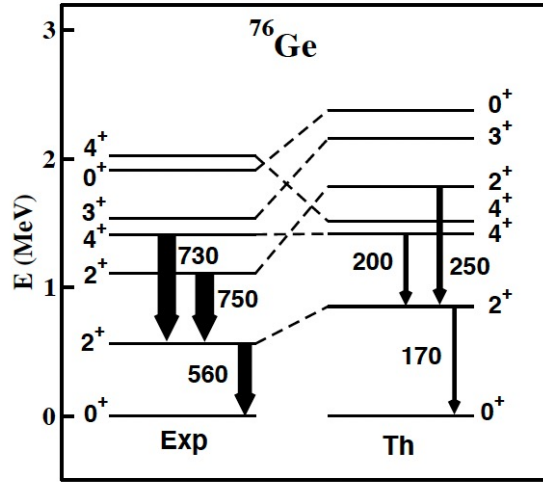
GT matrix elements of 60 experimental decays of 43 fp-shell nuclei

$$\sigma = \sqrt{\frac{\sum_i (x_i - \hat{x}_i)^2}{n}}$$

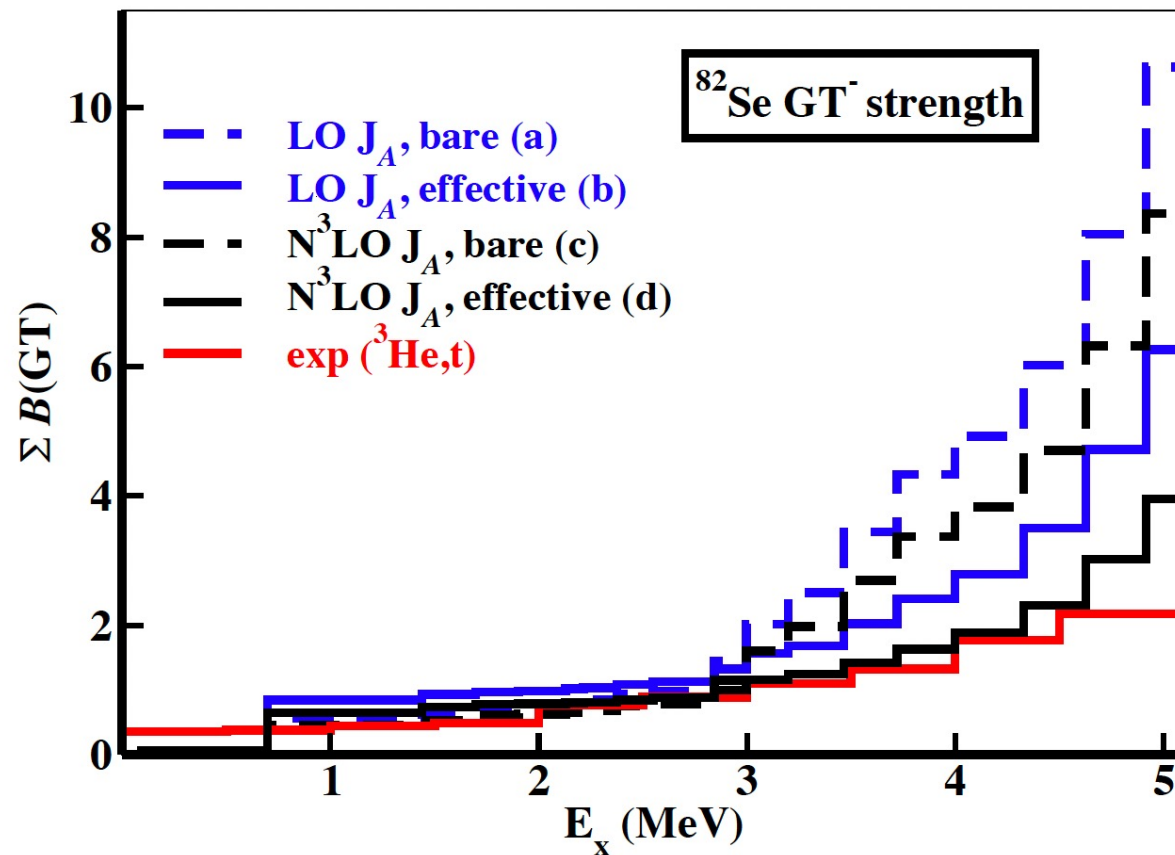
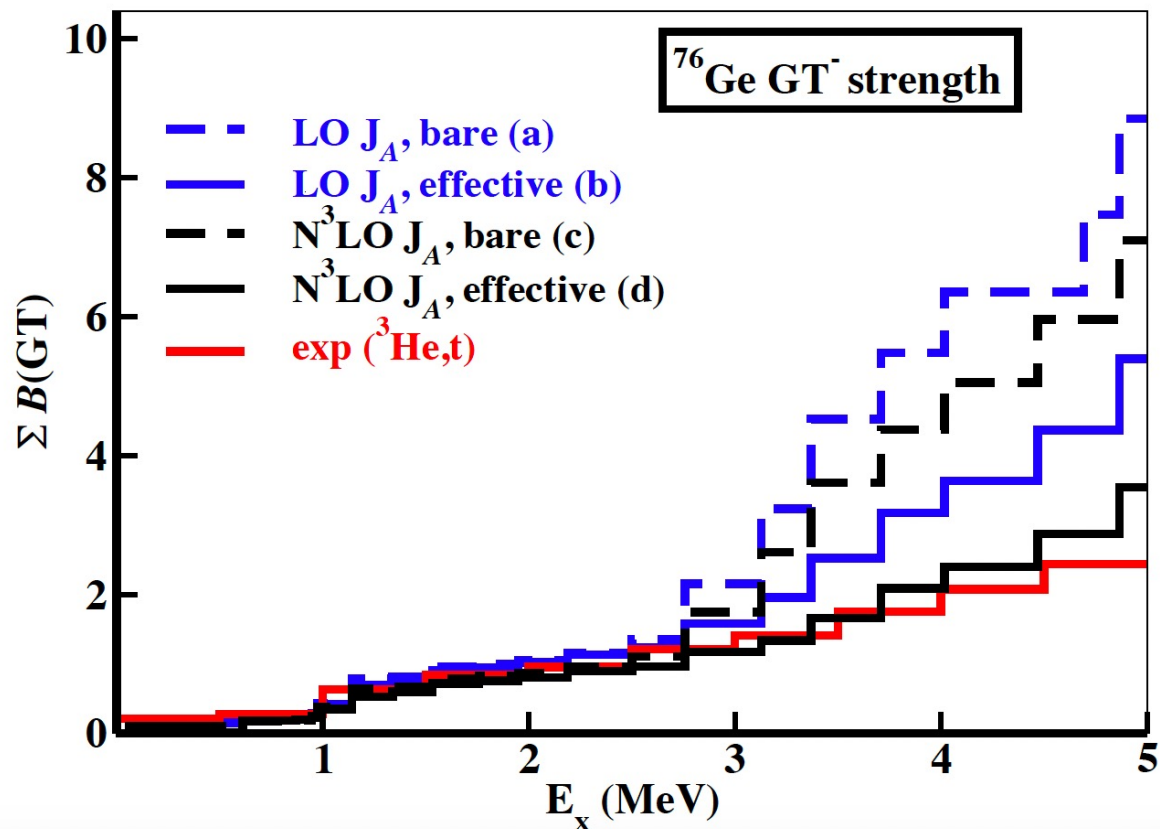
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- fpg-shell results

# fpg shell nuclei: Spectroscopy



# Fpg shell nuclei: GT strength



Charge exchange experiments

$$\left[ \frac{d\sigma}{d\Omega}(q=0) \right] = \hat{\sigma} B_{exp}(GT)$$

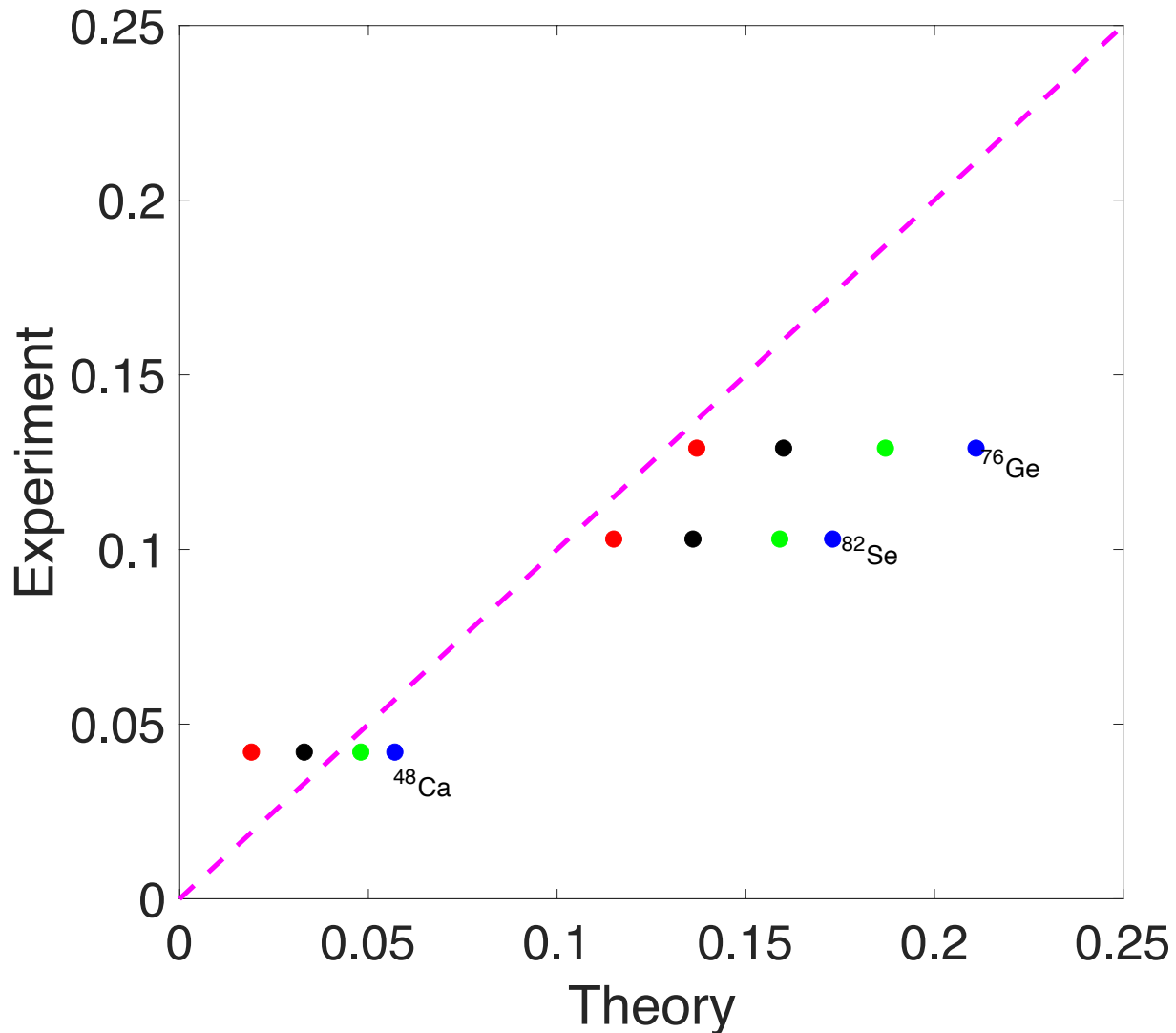
$$B_{th}(GT) = \frac{|\langle \varphi_f || J_A || \varphi_i \rangle|^2}{2J_i + 1}$$



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# $2\nu\beta\beta$ decay



$$M_{GT}^{2\nu} = \sum_k \frac{\langle 0_f^+ || \vec{\sigma} \cdot \tau^- || k \rangle \langle k || \vec{\sigma} \cdot \tau^- || 0_i^+ \rangle}{E_k + E_0}$$

Blue: bare  $J_A$  at LO in ChPT  
(namely the GT operator  $g_A$ )

Green: effective  $J_A$  at LO in ChPT

Black: bare  $J_A$  at N3LO in ChPT

Red: effective  $J_A$  at N3LO in ChPT

# Conclusions and perspectives

## Conclusions

- Correlations + electroweak 2BC  $\rightarrow$  quite good description of  $\sigma\tau$  observables
- 2BC introduce  $\sim 20\%$  reduction of GT matrix elements

## Perspectives

- Meson-exchange two-body currents for the M1 transitions
- Calculations for heavier-mass systems ( $^{100}\text{Mo}$ ,  $^{130}\text{Te}$ ,  $^{136}\text{Xe}$ )
- Calculating  $0\nu\beta\beta$  decay  $M^{0\nu}$  including also the LO contact term

# Collaborators

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