Machine Learning for Applications in Medical Physics

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Artificial Intelligence applications in Healthcare



Legend: HER, Electronic Health Records; NIPT, noninvasive prenatal test

[J. He et al., The practical implementation of artificial intelligence technologies in medicine, Nature Medicine 25, 30–36 (2019)]

Medical Imaging: there are many techniques based on different physical principles



Medical images are more than pictures!!!

Image processing and analysis techniques can help:

- to improve image visualization
- to detect abnormalities in diagnostic images (lesions, etc.)
- to follow up pathological conditions (growth rate of lesions)
- · to evaluate the efficacy of treatment



Computer Aided Detection/Diagnosis (CAD) systems or Decision Support Systems (DSS) are developed to assist clinicians in their tasks, not to replace them! Artificial Intelligence (AI) methods used in the development of DSS:

- In the 90s Old-fashion systems (rule-based)
 - Since the 2000s Hand-crafted feature and Machine Learning classification (Radiomics and ML)

• Since 2015 – Deep-Learning image classification



Automated detection of lung nodules in CT images



CAD system for lung nodule detection





3D input

[2005-2010]

A majority criterion is adopted to assign candidates to either the "nodule" or the "healthy tissue" class



output



The system was developed in collaboration with: - Azienda Ospedaliera Universitaria Pisana (AOUP) and the Radiology Dep. of Pisa University - Bracco Imaging S.p. A.

M5L lung CAD on-demand

Lung nodule detection SW developed by INFN MAGIC-5 and M5L projects

→ laboratory performance: 80%
 sensitivity to nodules @ 5 FP/exam
 → clinical validation

Assisted reading improves nodule detection by +7% in the per-patient analysis

MAGIC-5 and M5L project leader: P. Cerello, INFN, Turin

Collaboration with Candiolo Cancer Institute-FPO, IRCCS and Univ. of Turin



Patient

CT study

CAD results

INFN

M5L Web

Service

Email aler

Hospital

staff

The AIM working group on lung CT analysis (AIM-Covid19-WG)

Objective: Automatic quantification of lung involvement on CT scans. An index of severity of lung involvement has been defined [Yang, Radiology, 2020]: **CT-Severity Score (CT-SS)** ______CT-SS= 1 (<5%), 2 (5%-25%), 3 (25%-50%), 4 (50%-75%), 5 (>75%)









Steps for the automatic quantification of lung involvement in CT scans



==> Deep learning segmentation methods need thousands of annotated cases to be "transferred" to accomplish this task Even only pure quantification modules, once properly validated, could be valuable tools for clinicians to set up large-scale population studies based on Radiomics

Network architecture and available datasets

Target: 200x150x100

arrays; 2-bit data

Input (3D, 16-bit data): CT data resampled to 200x150x100 arrays



The **U-Net architecture** is outperforming other methods in most segmentation tasks about 17 M trainable parameters

We used only **public datasets** with annotations (in part collected for other clinical purposes)

| DATASETS | Clinical motivation | Number of cases | Lung mask | Lesion mask | CT-SS |
|----------------------------------|-------------------------|--------------------|--|----------------------------|-------|
| COVID-19- Challenge [1] | COVID-19 pandemic | 199 | No | Yes | No |
| MosMed [2] | COVID-19 pandemic | 1110 | Yes, only for 91 CTs (made in house) | Yes, only for 50 CTs | Yes |
| TCIA-Plethora [3] | Lung/pleura diseases | 402 | Yes | No | No |
| TCIA-LCTSC Lung segmentation [3] | Lung cancer | 60 | Yes | No | No |
| COVID-19-CT-Seg Benchmark [4] | COVID-19 pandemic | 10 | Yes | Yes | Yes |

[1] https://covid-segmentation.grand-challenge.org/

- [2] https://mosmed.ai/
- [3] <u>https://www.cancerimagingarchive.net/</u>
- [4] <u>https://zenodo.org/record/3757476</u>

LungQuant: a sequence of two U-nets to segment lungs and COVID-19 lesions on CT scans



[Lizzi, F. *et al* (2021). Making data big for a deep-learning analysis: Aggregation of public COVID-19 datasets of lung computed tomography scans. *Proceedings of the 10th International Conference on Data Science, Technology and Applications, DATA 2021*, (Data), 316–321. https://doi.org/10.5220/0010584403160321] [Lizzi, F., Agosti, A., Brero, F., Cabini, R. F., Fantacci, M. E., Figini, S., ... Retico, A. (2021). Quantification of pulmonary involvement in COVID-19 pneumonia by means of a cascade of two U-nets: training and assessment on multiple datasets using different annotation criteria. *IJCARS,* https://link.springer.com/article/10.1007/s11548-021-02501-2]

The LungQuant system performance

best



F. Lizzi et al. IJCARS, doi: 10.1007/s11548-021-02501-2

Test on the COVID-19-CT-Seg benchmark set of 10 fully annotated CT scans

Blue: U-net lung mask Red: U-net lesion mask Green: reference lesion segmentation

Dice coefficients:

$$\text{Dice}_{metric} = \frac{2 \cdot |M_{true} \cap M_{predict}|}{|M_{true}| + |M_{pred}|}$$

0.95 ± 0.01 for lung segmentation 0.66 \pm 0.13 for lesion segmentation

International Journal of Computer Assisted Radiology and Surgery https://doi.org/10.1007/s11548-021-02501-2

ORIGINAL ARTICLE

Quantification of pulmonary involvement in COVID-19 pneumonia by means of a cascade of two U-nets: training and assessment on multiple datasets using different annotation criteria

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Clinical validation:

worst

Scapicchio C. *et* al., A multicenter evaluation of a deep learning software (LungQuant) for lung parenchyma characterization in COVID-19 pneumonia, European Radiology Experimental, (2023) 7:18

Deep Learning vs. traditional Machine Learning approaches

- Deep Neural Networks are replacing traditional handcrafted feature extraction + ML approaches in many Medical Physics applications
 - Pros:
 - No prior selection of problem-related features \Rightarrow no loss of information
 - Cons:



Critical aspects of DL use in medical image analysis

Problems with clinical data

- Annotation of the dataset (ground truth)
- Inadequate dataset size
 - Appropriate size for DL/ML training
 - Sampling bias
 - Unknown dimension
 - Batch effect

Problems of the software

- Reliability (out of the lab)
- Explainability of the results

The "true label" problem

- Data need to be annotated!
- Data annotation by human experts is an extremely time-consuming task, which may require:
 - the collection of additional information stored in other data storing systems,
 - expertise in segmenting meaningful regions in images,
 - specific knowledge to assign class labels.
- In the medical imaging field, segmentation of organs or lesions can be affected by inter- and intra-reader variability.



- Datasets are often evaluated by **only one human expert**
- Gathering data and annotations from many sources increases the heterogeneity of the sample

The "true label" problem: an example from COVID-19



Scapicchio C. *et* al., A multicenter evaluation of a deep learning software (LungQuant) for lung parenchyma characterization in COVID-19 pneumonia, European Radiology Experimental, (2023) 7:18 https://doi.org/10.1186/s41747-023-00334-z

The "unobserved dimensions" problem

- there are several unobserved variables with relevant implication in the data (if they were observed)
- rules learned on the dataset are not trustworthy
 - Examples:
 - Gender
 - Ethnicity
 - Comorbidities



The sampling bias

- Also for a defined pathology, significant differences may occur in in-patient statistics both among nations and within centers
- Several factors affect these differences, which are difficult to control, in particular in retrospective studies:
 - Regional differences in population
 - Different acquisition systems and procedures
 - Small size of the datasets
- Multicentric datasets may help to reduce this problem



Multicentric dataset in Autism Spectrum Disorders

Autism spectrum disorder (ASD)

- ASD is a heterogeneous neurodevelopmental condition with a consistently high prevalence worldwide.
- Early diagnosis is crucial for intervention
- ML techniques have been widely used on MRI data, with the goal of identifying the main brain areas involved and consequently facilitating the diagnostic process.
- In this field, large datasets are often obtained by collecting images from different centers

Dataset

 The Autism Brain Imaging Data Exchange (ABIDE)



- Data Exchange
- Public dataset, 24 collection centers
- MRI, structural and functional
- Retrospectively collected data
- More than 2000 subjects (equally divided between ASD and TD)
- Ages: 5-64 years

http://fcon_1000.projects.nitrc.org/indi/abide/

Harmonization of multicenter data in the study of Autism Spectrum disorders (ASD)

NYU-2 OHSU OHSU

1.00 0.98 0.99 0.99 1.00

ABIDE2 ABIDE1

0.70 0.99 1.00 1.00 1.00 0.99

USM USM UM-1

0.99 0.96 0.98

ABIDE2 ABIDE1 ABIDE1

ABIDE2 ABIDE1

0.63 0.97 0.96 1.00 1.00

UM-2

0.98

1.00

0.98



mprage.nii

Data gathered by different scanner and/or acquisition systems encode the site "signature", which can confound ML algorithms and hide subtle information of interest

NYU-1

ABIDE2

0.78 0.89 0.99 1.00 0.99 1.00 0.99 0.98



ABIDE

Autism Brain Imaging

Data Exchange

(2200 MRI scans, 40

acquisition sites)





CMU 50642 mprage, nii



CMU 50649

NYU 50957

mprage.nii

ML classifiers can easily distinguish brain features of subjects from site A vs. site B (AUC ~1), whereas barely distinguish ASD vs. controls (AUC~0.6).

NYU

ABIDE1

AUC

NYU

ABIDE1

NYU-1

ABIDE2

NYU-2

ABIDE2

OHSU

ABIDE1

OHSU

ABIDE2

USM



Giovanna Spera¹, Maria Evelina Fantacci^{6,8}, Alessandra Retico¹

How to mitigate site effects?

The site contribution to can be modelled and discarded, while keeping interesting data dependencies (e.g. on age and sex)



S. Saponaro, A. Giuliano, R. Bellotti, A. Lombardi, S.Tangaro, P. Oliva, S. Calderoni, A. Retico, Multi-site harmonization of MRI data uncovers machine-learning discrimination capability in barely separable populations: An example from the ABIDE dataset. NeuroImage: Clinical 35 22 (2022) 103082

Harmonization

Site identification

Age dependence



Sites are sorted by increasing average age

Limited availability of annotated data: Transfer learning

In case of **small datasets** [i.e. when # of training examples << # of trainable parameters]

we can <u>avoid training DL</u> <u>models from scratch</u> and take advantage of the knowledge already acquired on other data and/or in other tasks



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Transfer Learning

ImageNet

DenseNet121, ResNet50, Inception are widely used pretrained Deep Neural Networks. Typically, they are trained on

[Xu et al. Current status and future trends of clinical diagnoses via image-based deep learning. Theranostics, 9(25), 7556–7565 (2019)]

Transfer learning (TL)



Comparison of three different TL methods, using DenseNet121, and different training dataset sizes and different classification tasks.

Results:

- Traditional ML can perform better that DL for small datasets; if DL is used, TL performs better.
- Fine-tune performs better than feature extractor
- Features learned may not be as general as currently believed:
 - TL from models trained on similar images from different anatomical site is equivalent to using ImageNet
- TL is useful for small datasets (N < 2000)



[Romero et al. Targeted transfer learning to improve performance in small medical physics datasets. Medical Physics, 47(12), 6246-6256 (2020)

Limited availability of annotated data: Data augmentation

Synthetic data generation with GAN

Generative adversarial networks (GAN) can generate plausible images via the adversarial training of a generator **G** and a discriminator **D**.

- Adversarial training refers to the competition between the two networks G and D.
- An equilibrium is eventually reached, where the generator can approximate data from the target data distribution and the discriminator predicts 'real' or 'generated' for its input data with 50% probability.
- Realistic **synthetic data** can be generated by the generator via sampling the fixed distribution p(z) for data augmentation.





Fig. 5. (a) The diagram of a basic GAN. (b) Real CT images from the LIDC lung nodule dataset¹² and synthetic images generated by a GAN network

[Chlap, P., Min, H., Vandenberg, N., Dowling, J., Holloway, L., & Haworth, A. (2021). A review of medical image data augmentation techniques for deep learning applications. *Journal of Medical Imaging and Radiation Oncology*, *65*(5), 545–563. https://doi.org/10.1111/1754-9485.13261]

Reliability of AI systems

- What happens when an AI algorithm trained for a specific task is executed on "inappropriate input data"?
 - Typically, it provides its prediction!!!

[Yi et al (2022). Can Al distinguish a bone radiograph from photos of flowers or cars? Evaluation of bone age deep learning model on inappropriate data inputs. *Skeletal Radiology*, *51*(2), 401–406. https://doi.org/10.1007/s00256-021-03880-y]

- To avoid feeding an AI algorithm with a wrong input:
 - Image type/quality can be evaluated by another AI algorithm, and possibly discarded if not appropriate

[Fantini et al. (2021). Automatic MR image quality evaluation using a Deep CNN: A reference-free method to rate motion artifacts in neuroimaging. Computerized Medical Imaging and Graphics, 90, 101897. https://doi.org/10.1016/j.compmedimag.2021.101897] Outputs of a CNN trained to predict bone age from RX of left hands



Predicted Bone Age: 13 years, 9 months Predicted Bone Age: 1 year, 1 month Predicted Bone Age: 15 years, 11 months





Explainability

Trusting the algorithm

- AI systems are often seen as objective and unbiased
- their complexity and technical nature can make them seem more credible and trustworthy
- success in other scientific fields



This is unacceptable

- For scientists
 - Lack of critical thinking
 - Needs to understand cause-effect relationship

• In clinical practice

- For the same reasons!
- Ethical (and legal) issues in providing diagnosis by a back-box system



Reliable XAI is still an open field...



- Medical imaging daily produces an incredible amount of digital information which is not fully exploited neither for diagnosis/therapy nor for research!
- Clinicians need to be supported by reliable, effective and easy-to-use DSS for diagnosing and monitoring a wide range of diseases
- The development of AI-based clinical DSS has multiple levels of complexity, thus it requires multidisciplinary skills
 - There is still lot of room to make original contributions in this field of research!

Thank you for your attention!

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