# Machine Learning for Applications in Medical Physics

#### *Piernicola Oliva Università di Sassari & INFN Cagliari*

*oliva@uniss.it*







## Artificial Intelligence applications in Healthcare



Legend: HER, Electronic Health Records; NIPT, noninvasive prenatal test

*[J. He et al., The practical implementation of artificial intelligence technologies in medicine, Nature Medicine 25, 30–36 (2019)]* 2

### Medical Imaging: there are many techniques based on different physical principles



*Medical images are more than pictures!!!* **3** 3

Image processing and analysis techniques can help:

- to improve image visualization
- to detect abnormalities in diagnostic images (lesions, etc.)
- to follow up pathological conditions (growth rate of lesions)
- to evaluate the efficacy of treatment



*Computer Aided Detection/Diagnosis (CAD) systems or Decision Support Systems (DSS) are developed to assist clinicians in their tasks, not to replace them!* Artificial Intelligence (AI) methods used in the development of DSS:

- In the 90s Old-fashion systems (rule-based)
	- Since the 2000s Hand-crafted feature and Machine Learning classification (Radiomics and ML)

○ Since 2015 – Deep-Learning image classification



### Automated detection of lung nodules in CT images



### CAD system for lung nodule detection





3D input

A **majority criterion** is adopted to assign candidates to either the "nodule" or the "healthy tissue" class



output



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- Azienda Ospedaliera Universitaria Pisana (AOUP) and the Radiology Dep. of Pisa University - Bracco Imaging S.p. A.

### M5L lung CAD on-demand

Lung nodule detection SW developed by INFN MAGIC-5 and M5L projects

- → laboratory performance: **80%**  sensitivity to nodules **@ 5 FP/exam**
- → **clinical validation**

### **Assisted reading improves nodule detection by +7% in the per-patient analysis**

*MAGIC-5 and M5L project leader: P. Cerello, INFN, Turin*

*Collaboration with Candiolo Cancer Institute-FPO, IRCCS and Univ. of Turin*



### The AIM working group on lung CT analysis (AIM-Covid19-WG)

Objective: Automatic quantification of lung involvement on CT scans. An index of severity of lung involvement has been defined [Yang, Radiology, 2020]: **CT-Severity Score (CT-SS)**  CT-SS= **1** (<5%), **2** (5%-25%), **3** (25%-50%), **4** (50%-75%), **5** (>75%)









### Steps for the automatic quantification of lung involvement in CT scans



==> Deep learning segmentation methods need thousands of annotated cases to be "transferred" to accomplish this task

• Even only pure quantification modules, once properly validated, could be valuable tools for clinicians to set up large-scale population studies based on Radiomics

### Network architecture and available datasets

Input (3D, 16-bit data): CT data resampled to 200x150x100 arrays Target: 200x150x100



The **U-Net architecture** is outperforming other methods in most segmentation tasks about 17 M trainable parameters

#### We used only **public datasets** with annotations (in part collected for other clinical purposes)



[1] <https://covid-segmentation.grand-challenge.org/>

- [2] <https://mosmed.ai/>
- [3] <https://www.cancerimagingarchive.net/>
- [4] <https://zenodo.org/record/3757476>

#### *LungQuant*: a sequence of two U-nets to segment lungs and COVID-19 lesions on CT scans



[Lizzi, F. *et al* (2021). Making data big for a deep-learning analysis: Aggregation of public COVID-19 datasets of lung computed tomography scans. *Proceedings of the 10th International Conference on Data Science, Technology and Applications, DATA 2021*, (Data), 316–321. https://doi.org/10.5220/0010584403160321] [Lizzi, F., Agosti, A., Brero, F., Cabini, R. F., Fantacci, M. E., Figini, S., … Retico, A. (2021). Quantification of pulmonary involvement in COVID-19 pneumonia by means of a cascade of two U-nets: training and assessment on multiple datasets using different annotation criteria. *IJCARS,*  https://link.springer.com/article/10.1007/s11548-021-02501-2]

### The *LungQuant* system performance



#### *F. Lizzi et al. IJCARS,*  doi: 10.1007/s11548-021-02501-2

#### **Test on the COVID-19-CT-Seg benchmark set of 10 fully annotated CT scans**

Blue: U-net lung mask best Blue. D-net lung mask and the worst worst Green: reference lesion segmentation

#### **Dice coefficients:**

$$
Dice_{metric} = \frac{2 \cdot |M_{true} \cap M_{predict}}{|M_{true}| + |M_{pred}|}
$$

#### $0.95 \pm 0.01$  for lung segmentation  $0.66 \pm 0.13$  for lesion segmentation

International Journal of Computer Assisted Radiology and Surgery https://doi.org/10.1007/s11548-021-02501-2

ORIGINAL ARTICLE

Quantification of pulmonary involvement in COVID-19 pheumonia by means of a cascade of two U-nets: training and assessment on multiple datasets using different annotation criteria

Francesca Lizzi<sup>1,2</sup> e - Abramo Agosti<sup>6</sup> - Francesca Brero<sup>4,5</sup> - Raffaella Fiamma Cabini<sup>4,6</sup> Maria Evelina Fantacci<sup>2,3</sup> · Silvia Figini<sup>4,11</sup> · Alessandro Lascialfari<sup>4,5</sup> · Francesco Laruina<sup>1,2</sup> · Piernicola Oliva<sup>8,9</sup> · Stefano Piffer<sup>7,10</sup> · Ian Postuma<sup>4</sup> · Lisa Rinaldi<sup>4,5</sup> · Cinzia Talamonti<sup>7,10</sup> · Alessandra Retico<sup>2</sup>



#### **Clinical validation:**

Scapicchio C. *et* al.,A multicenter evaluation of a deep learning software (LungQuant) for lung parenchyma characterization in COVID-19 pneumonia, European Radiology Experimental, (2023) 7:18

### Deep Learning vs. traditional Machine Learning approaches

- Deep Neural Networks are replacing traditional handcrafted feature extraction + ML approaches in many Medical Physics applications
	- **Pros:** 
		- No prior selection of problem-related features  $\implies$  no loss of information
	- **Cons:**



## Critical aspects of DL use in medical image analysis

### **Problems with clinical data**

- Annotation of the dataset (ground truth)
- Inadequate dataset size
	- Appropriate size for DL/ML training
	- Sampling bias
	- Unknown dimension
	- Batch effect

### **Problems of the software**

- Reliability (out of the lab)
- **Explainability of the results**

## The "true label" problem

- Data need to be annotated!
- Data annotation by human experts is an extremely time-consuming task, which may require:
	- $\circ$  the collection of additional information stored in other data storing systems,
	- expertise in segmenting meaningful regions in images,
	- specific knowledge to assign class labels.
- In the medical imaging field, segmentation of organs or lesions can be affected by inter- and intra-reader variability.



- Datasets are often evaluated by **only one human expert**
- Gathering data and annotations from many sources increases the heterogeneity of the sample

## The "true label" problem: an example from COVID-19



Scapicchio C. *et* al.,A multicenter evaluation of a deep learning software (LungQuant) for lung parenchyma characterization in COVID-19 pneumonia, European Radiology Experimental, (2023) 7:18 https://doi.org/10.1186/s41747-023-00334-z

## The "unobserved dimensions" problem

- there are several unobserved variables with relevant implication in the data (if they were observed)
- rules learned on the dataset are not trustworthy
	- Examples:
		- **Gender**
		- **Ethnicity**
		- **Comorbidities**



## The sampling bias

- Also for a defined pathology, significant differences may occur in in-patient statistics both among nations and within centers
- Several factors affect these differences, which are difficult to control, in particular in retrospective studies:
	- Regional differences in population
	- Different acquisition systems and procedures
	- Small size of the datasets
- Multicentric datasets may help to reduce this problem  $20$



## Multicentric dataset in Autism Spectrum Disorders

### *Autism spectrum disorder (ASD)*

- ASD is a heterogeneous neurodevelopmental condition with a consistently high prevalence worldwide.
- Early diagnosis is crucial for intervention
- ML techniques have been widely used on MRI data, with the goal of identifying the main brain areas involved and consequently facilitating the diagnostic process.
- In this field, large datasets are often obtained by collecting images from different centers

### *Dataset*

• The Autism Brain Imaging Data Exchange (ABIDE)



ism Brain Imaging Data Exchange

- Public dataset, 24 collection centers
- MRI, structural and functional
- Retrospectively collected data
- More than 2000 subjects (equally divided between ASD and TD)
- Ages: 5-64 years

#### http://fcon\_1000.projects.nitrc.org/indi/abide/

### Harmonization of multicenter data in the study of Autism Spectrum disorders (ASD)



Caltech 51456 mprage.nii

Data gathered by different scanner and/or acquisition systems encode the site "signature", which can confound ML algorithms and hide subtle information of interest.

NYU-2 OHSU

 $0.70$ 

OHSU **USM USM**  $UM-1$ 

 $0.63$ 0.97 0.96  $1.00$  $1.00$ 

> $0.99$ 0.96 0.98  $0.98$

ABIDE2 ABIDE1 ABIDE2 ABIDE1

 $0.99$  $1.00$  $1.00$  $1.00$  $0.99$ 

 $1.00$ 0.98 0.99 0.99  $1.00$   $UM-2$ 

0.98

 $0.98$ 

 $1.00$ 

ABIDE2 ABIDE1 ABIDE1

NYU-1

ABIDE2

0.78 0.89 0.99  $1.00$ 0.99  $1.00$ 0.99







ABIDE2 **Autism Brain Imaging**   $NYU-2$ ABIDE2 **Data Exchange**   $\overline{OHSU}$ ABIDE1 **(2200 MRI scans, 40**   $OHSU$ ABIDE2 **acquisition sites) CMU 50642**  $\overline{USM}$ mprage.nii

**ABIDE** 



CMU 50649

mprage.nii

**NYU 50957** 

ML classifiers can easily distinguish brain features of subjects from site A vs. site B (AUC  $\sim$  1). whereas barely distinguish ASD vs. controls (AUC~0.6).

**NYU** 

ABIDE1

**AUC** 

 $NYU$ 

ABIDE1  $NYU-1$ 



Elisa Ferrari<sup>a,\*</sup>, Paolo Bosco<sup>b</sup>, Sara Calderoni<sup>b,c</sup>, Piernicola Oliva<sup>d,c</sup>, Letizia Palumbo<sup>r</sup>, Giovanna Spera<sup>'</sup>, Maria Evelina Fantacci<sup>f,8</sup>, Alessandra Retico<sup>1</sup>

#### **How to mitigate site effects?**

The site contribution to can be modelled and discarded, while keeping interesting data dependencies (e.g. on age and sex)



22 *S. Saponaro, A. Giuliano, R. Bellotti, A. Lombardi, S.Tangaro, P. Oliva, S. Calderoni, A. Retico, Multi-site harmonization of MRI data uncovers machine-learning discrimination capability in barely separable populations: An example from the ABIDE dataset, NeuroImage: Clinical 35 (2022) 103082*

### **Harmonization**

### Site identification entity and all and Age dependence



Sites are sorted by increasing average age

## Limited availability of annotated data: Transfer learning

In case of **small datasets**  [*i.e.* when # of training examples  $<<$  # of trainable parameters ]

we can avoid training DL models from scratch and take advantage of the knowledge already acquired on other data and/or in other tasks



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#### **Transfer Learning**

DenseNet121, ResNet50, Inception are widely used pretrained Deep Neural Networks. Typically, they are trained on ImageNet

[Xu et al. Current status and future trends of clinical diagnoses via image-based deep learning. *Theranostics*, *9*(25), 7556–7565 (2019)]

## Transfer learning (TL)



Comparison of three different TL methods, using DenseNet121, and different training dataset sizes and different classification tasks.

### Results:

- Traditional ML can perform better that DL for small datasets; if DL is used, TL performs better.
- Fine-tune performs better than feature extractor
- Features learned may not be as general as currently believed:
	- TL from models trained on similar images from different anatomical site is equivalent to using ImageNet
- TL is useful for small datasets  $(N < 2000)$



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[Romero et al. Targeted transfer learning to improve performance in small medical physics datasets. *Medical Physics*, *47*(12), 6246–6256 (2020)]

### Limited availability of annotated data: Data augmentation

#### **Synthetic data generation with GAN**

Generative adversarial networks (GAN) can generate plausible images via the adversarial training of a generator **G** and a discriminator **D**.

- Adversarial training refers to the competition between the two networks **G** and **D**.
- An equilibrium is eventually reached, where the generator can approximate data from the target data distribution and the discriminator predicts "real" or "generated" for its input data with 50% probability.
- Realistic **synthetic data** can be generated by the generator via sampling the fixed distribution p(z) for data augmentation.





Fig. 5. (a) The diagram of a basic GAN, (b) Real CT images from the LIDC lung nodule dataset<sup>12</sup> and synthetic images generated by a GAN network.

### Reliability of AI systems

- What happens when an AI algorithm trained for a specific task is executed on "inappropriate input data"?
	- Typically, it provides its prediction!!!

[Yi et al (2022). Can AI distinguish a bone radiograph from photos of flowers or cars? Evaluation of bone age deep learning model on inappropriate data inputs. *Skeletal Radiology*, *51*(2), 401–406. https://doi.org/10.1007/s00256- 021-03880-y]

- To avoid feeding an AI algorithm with a wrong input:
	- Image type/quality can be evaluated by another AI algorithm, and possibly discarded if not appropriate

[Fantini et al. (2021). Automatic MR image quality evaluation using a Deep CNN: A reference-free method to rate motion artifacts in neuroimaging. Computerized Medical Imaging and Graphics, 90, 101897. https://doi.org/10.1016/j.compmedimag.2021.101897]

Outputs of a CNN trained to predict bone age from RX of left hands



**Predicted Bone Age:** 13 years, 9 months

**Predicted Bone Age:** 1 year, 1 month

**Predicted Bone Age:** 15 years, 11 months





## Explainability

### **Trusting the algorithm**

- AI systems are often seen as objective and unbiased
- their complexity and technical nature can make them seem more credible and trustworthy
- success in other scientific fields



### **This is unacceptable**

- **For scientists**
	- **Lack of critical thinking**
	- **Needs to understand cause-effect relationship**

#### **In clinical practice**

- **For the same reasons!**
- **Ethical (and legal) issues in providing diagnosis by a back-box system**



Reliable XAI is still an open field…



- Medical imaging daily produces an incredible amount of digital information which is not fully exploited neither for diagnosis/therapy nor for research!
- Clinicians need to be supported by reliable, effective and easy-to-use DSS for diagnosing and monitoring a wide range of diseases
- The development of AI-based clinical DSS has multiple levels of complexity, thus it requires multidisciplinary skills
	- There is still lot of room to make original contributions in this field of research!

### Thank you for your attention!

**Contact: [oliva@uniss.it](mailto:oliva@uniss.it) Università di Sassari INFN, Sezione di Cagliari**