High Precision X-ray Measurements 2023

19-23 June 2023, Laboratori Nazionali di Frascati, Italy

Detectors for beam monitoring and dosimetry at ultra-high dose rates for FLASH Radiotherapy





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High Precision X-ray Measurements 2023

Disclosures:

I won't talk about X-ray measurements!

I will talk about high-precision <u>particle</u> measurements!

Decreasing toxicity maintaining tumor control: FLASH effect

FLASH radiotherapy: a promising cancer treatment modality under development → almost instantaneous delivery of a high radiation dose in a few radiation pulses of ultra-high dose rate (UHDR)



NTCP = Normal Tissue Complications Probability

 Biological mechanism producing the FLASH effect not yet fully understood

FLASH Radiotherapy: open questions

- Several non-mutually exclusive hypothesis \rightarrow role of oxygen depletion, immune response, ...
- Is the FLASH effect only dependent on the average dose-rate along the irradiation duration?
- Which are the relevant physical parameters?

Total dose \rightarrow D (>8 Gy) T (<200ms) \rightarrow Average dose rate \rightarrow D/T (> 40 Gy/s) Dose-per-pulse? \rightarrow d (\rightarrow relevant for ion chambers) Dose rate (averaged) in the pulse? \rightarrow d/t (< MGy/s) Instantaneous dose rate? \rightarrow \dot{d}

....basic questions (for medical physicists):

Are we able to accurately perform absorbed dose measurements for FLASH Radiotherapy → all relevant parameters? With the level of accuracy required for clinical translations? → Which detectors?

Are we able to accurately real-time monitor the dose delivery at the irradiation point?



Realization of FLASH radiation beams

Year	Radiation type	Machine	Energy (MeV)	Average dose rate (Gy/s)	Dose per pulse (Gy/pulse)	Pulse repetition rate (Hz)	Field size	Purpose	Dosimetry method	e-	Modified clinical
1995	Photon ³⁰	Brookhaven National Laboratory (USA)	0.08 mean	310–620	Not provided	52 MHz	4 × 0.02/0.04 mm 0.075/0.2 × 7 mm	Rat neuro-study	IC, RCF, TLD		LINACS
2014	Electron ⁴	Kinetron Linac ³⁷ (Switzerland)	4.5	60	5 × 10 ⁶	19	Ø 1.2 cm 1.8 cm × 2.0 cm	Mouse study (bilateral thorax irradiation)	Chemical dosimetry with blue methyl viologen	e-	
2017	Electron ⁵	Oriatron 6e Linac (Switzerland)	6	100	$5 imes 10^{6}$	100	Ø 1.7 cm	Mouse study (brain irradiation)	TLD		Research LINACS
2017	Electron ¹⁷	Varian 21EX (USA)	9 and 20	35–210	1.7×10^{6}	182	1–5 cm @ 90%	Feasibility study	EBT2 RCF		
2018	Photon ⁷	European Synchrotron Radiation Facility	0.102 mean	37	1.2 × 10 ⁴ Gy/s instantaneous	Continuous	2×2 cm (reference size)	Mouse study (brain irradiation)	IC ³⁹		
		(France)								2	Isochronous
2018	Proton ²⁰	IBA isochronous cyclotron (France)	138–198	40	N/A	106.14 MHz (quasi- continuous)	~1.2 cm @ 90%	Feasibility study	Cylindrical IC, EBT3 RCF	р	cyclotrons
2019	Electron ¹⁸	ELEKTA Precise Linac (Sweden)	8	30–300	Not provided	200	Ø 2 cm (at the highest dose rate)	Feasibility study	EBT3 RCF		
2019	Electron ⁶	Kinetron Linac and Oriatron 6e (Switzerland)	4.5 and 6	300	5 × 10 ⁶	Not provided	Ø 2.6 cm or 1.8–4.5 cm rectangular	Mini-pig (skin) and cat (nasal tumor) study	TLD, alanine pellets, EBT3 RCF	n	
2019	Electron ³¹	Oriatron ERT6 Linac (Switzerland)	5.6	150	1 × 10 ⁶	100	Ø 3.5 cm 1.3 depth @ 90%	Human patient treatment (skin)	Alanine pellets, EBT3 RCF	P	Synchro cyclotrons
2019	Proton ²¹	Varian isochronous cyclotron (USA)	245	40	N/A	Quasi- continuous	$1 \text{ cm} \times 3 \text{ cm}$	Mouse study (whole thorax irradiation)	Not provided		
2020	Proton ²²	IBA isochronous cyclotron (USA)	230	80	N/A	106.14 MHz (quasi- continuous)	~2 cm FWHM	Mouse study (abdomen irradiation)	Plane-parallel IC	γ	Synchrotrons
2020	Proton ²⁴	Mevion synchrocyclotron (USA)	70	100–200	0.16– 0.32 Gy/pulse (8– 16×10^3 Gy/s instantaneous)	648	~1.2 cm FWHM (5 mm @ 90% isodose)	Feasibility study	Plane-parallel IC, FC, MC simulation, and RCF	ions	Synem of ford
			>	> 40 Gv/s							

F. Romano *et al*. Med. Phys. (2022)

Realization of FLASH radiation beams

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2020	Proton ³²	IBA isochronous cyclotron (USA)	227.5	130	N/A	106 MHz (quasi- continuous)	$1.6 \times 1.2 \text{ cm}^2 \text{ ellipse}$	Mouse (partial abdomen irradiation)	Plane-parallel IC, FC, MC simulation, EBT3 RCF		
2020	Photon ³³	ANSTO Australian Synchrotron	0.07 and 0.09 mean	40–350 (at treat- ment depth and fil- tration)	200 (at 20 mm reference depth and filtration)	Continuous	2 × 2 cm (reference dosimetry size)	Rat study (brain cancer irradiation)	Pinpoint IC (reference), silicon semiconductor, and MC	e-	Research LINACs
2021	Proton ²⁵	Mevion synchrocyclotron (USA)	60	120–160	0.22 Gy/pulse (9.3 × 10 ³ Gy/s instantaneous)	750	Ø 1.1 cm FWHM (5 mm @ 90% isodose)	Feasibility of SOBP beam using a synchrocyclotron	IC, FC, MC simulation, and EBT-XD RCF	р	Isochronous
2021	Electron ³⁴	Varian Clinac 2100 C/D (USA)	10	240–260	0.81 Gy/pulse	360	Ø 1–1.5 cm	Feasibility of UHDR at the machine's isocenter	EBT-XD RCF		cyclotrons
2021	Proton ³⁵	Research isochronous cyclotron (Germany)	68	75	N/A	20 MHz	Ø 1.3 cm	Preclinical setup for mouse irradiation	IC and RC	р	Synchro cyclotrons
2021	Proton ³⁶	COMET ³⁸ isochronous cyclotron (Switzerland)	170—250	9000 (for a single spot)	N/A	72.85 MHz	\sim 2.3–5 mm (16 \times 1.2 cm ² by scanning)	Feasibility study	FC		
2021	Helium ion ²⁶	Synchrotron (Germany)	145.74 MeV/u	185	N/A	Quasi- continuous	1 cm ² (by spot scanning)	In vitro study of dose, LET, and O ₂ concentration	Parallel-plate IC	Ŷ	Synchrotrons
2021	Carbon ion ²⁷	Synchrotron (Germany)	280 MeV/u	70	N/A	Quasi- continuous	1 cm ² (by spot scanning)	Dosimetry and in vitro study	IC and EBT3 RCF	IONS	

> 40 Gy/s

protons $\dot{d} < 500 \text{ Gy/s}$



electrons

F. Romano et al. Med. Phys. (2022)

FLASH Radiotherapy: dosimetric challenges



Ionization chambers: <u>recommended by protocols</u> <u>for reference dosimetry</u> for Radiotherapy

Tools and methods established in dosimetry for conventional RT are not suitable for FLASH-RT:

- Alternative active detectors to be developed
- New protocols for reference dosimetry



Other commercially available detectors

Uncertainties in dosimetry:

 \rightarrow under/over/not estimate different biological response between conventional irradiation and ultra-high dose rate irradiation

 \rightarrow no proper assessment and investigation of the FLASH effect.

European initiatives

UHDpulse EMPIR project

6 Metrology institutes 3 Hospitals 5 Universities 5 Research institutes 6 Companies + Proton therapy network

Metrology for advanced radiotherapy using particle beams with ultra-high pulse dose rates

Туре:	Joint Research Project						
Duration:	2019-2023	1					
Start:	1. Sept. 2019						
Funding:	2.1 M €	UHDpulse					
Coordinator:	Andreas Schüller (PTB)						
Topic:	Tools for traceable dose						
	measurements	for:					

- FLASH radiotherapy
- VHEE radiotherapy
- Laser driven accelerators

http://uhdpulse-empir.eu/



The EMPIR initiative is co-funded by the European Union's Horizon 2020 research and innovation programme and the EMPIR Participating States

- The European Metrology Programme for Innovation and Research (EMPIR):
- traceable reference standards and validated reference methods for dose measurements at ultra-high pulse dose rates
- characterization of detector systems, development of traceable and validated methods for relative dosimetry
- contribution to codes of practice

Italian initiatives



The INFN "FRIDA" project



The FLASH mechanism

WP3 Beam/dose monitoring

WP2

Beam delivery

WP4

Treatment planning

Units CT – F. Romano LNS – G. Cirrone MI – D. Giove PI – G. Bisogni RM1 – A. Sarti (PI) TIFPA – E. Scifoni TO – A. Vignati



Goal of "FRIDA" (FLASH Radiotherapy with high Doserate particle beAms) is to make a step forward in all the crucial areas... Four WPs [mechanism modelling & radbio experiments; beam delivery; beam monitoring; treatment planning] working in parallel, >25 FTEs, 7 INFN units with know-how in the fields and a solid international network of research centres and companies (SIT, STLab) are the resources to accomplish the research program.

- Test few promising techniques for FLASH beam monitoring and dosimetry applications
 - Adapting existing techniques for FLASH conditions
 - Developing from scratch some other novel approaches.

ask 1 Development and test of new Beam Monitoring systems	 Task 3.1.1: Air Fluorescence monitor (Roma1) Task 3.1.2: Integrating Current Transformer (LNS) Task 3.1.3: Silicon/Diamond detectors (To) Task 3.1.4: SiC detectors (in-kind) (CT) 						
ask 2 Development and test of new dosimetric systems	 Task 3.2.1: Portable Calorimeter (CT) task 3.2.2: Scintillator based dosimeter (PI) Task 3.2.3: SiC for relative dosimetry (in-kind) (LNS) 						
ask3 Intercomparisons, alibrations and codes of practice	 Task 3.3.1Dosimetric characterization of the beams with available BM systems (dual gap chamber, SEM, FC) and reference dosimeters (Faraday cup, alanine, RCF, IC)) Task 3.3.2 Intercomparisons and calibrations of the developed BMs and dosimeters Task.3.3.3 Dosimetric codes of practice for the dosimetry of FLASH beams 						

Possible dosimetric approaches for FLASH RT: passive detectors

Dosimeter	Real time	ln vivo dosimetry	Absolute/ reference dosimetry	Beam monitoring	Spatial resolution	Temporal resolution	2D dosimetry	Accuracy at conventional dose rates ^a	Other considerations
lon chamber	Yes	No	Yes	Yes	Several mm	10–200 µs	Array	1%–2%	Significant ion recombination at UHDRs
Semiconductor	Yes	Yes	No	Yes	Sub-mm (or µm)	1–10 ns	Yes	2%–5%	Angular dependency, radiation damage, LET dependence
TLD	No	Yes	Yes	No	Several mm	N/A	No	3%–10%	Energy dependence, time consuming, LET dependence
OSLD	No	Yes	Yes	No	Sub-mm to mm	N/A	Array	3%–5%	Energy dependence, quenching in high LET fields
Scintillator	Yes	Yes	Potentially	Potentially	Sub-mm to mm	ns to µs	Array and sheet	3%–5%	Quenching in high LET fields, Cherenkov radiation
Gas scintillator	Yes	No	No	Yes	Sub-mm	N/A	Yes	1%	Beam centroid measurement
Calorimeter	Yes	No	Yes	No	cm to several mm	ms–10 ms	No	<1% at the primary standard level	Bulky, not easy to use, correction factors, time consuming
Film	No ^b	Yes	Potentially	No	Tens of µm	N/A	Yes	3%–5%	Quenching in high LET fields
Fricke	No	No	Yes	No	cm to sub-mm	N/A	Potentially	<1% at primary standard level	Time consuming, complexity
Faraday cup	Yes (for charge measurements)	No	Yes	No	N/A	<µs	No	2%–5% for commercial devices; 1%–2% for dedicated equipment ^c	Measures the total collected charge (other detectors are required for dose determination)
Nuclear track detector	No	Yes	No	No	mm; sub-mm with specialized equipment	N/A	Yes	5%–7%	Time consuming, energy dependence, LET dependence
Alanine	No	Yes	Yes	No	mm	N/A	No	2%–7% for doses larger than 10 Gy	Decreased accuracy for doses less than 10 Gy (minimum 2 Gy)
Integrated current transformer	Yes	Potentially	No	Yes	N/A	sub-µs	No	<1% for charge measurements	Lack of 2D measurements, only charge measurements

Possible dosimetric approaches for FLASH RT: passive detectors

Radiochromic films





Relative dosimetry

Alanine





Absolute dosimetry

Possible dosimetric approaches for FLASH RT: ionization chambers

		In vivo	Absolute/ reference	Beam		Temporal	2D	Accuracy at conventional	
Dosimeter	Real time	dosimetry	dosimetry	monitoring	Spatial resolution	resolution	dosimetry	dose rates ^a	Other considerations
lon chamber	Yes	No	Yes	Yes	Several mm	10–200 µs	Array	1%–2%	Significant ion recombination at UHDRs
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Possible dosimetric approaches for FLASH RT: ionization chambers



Possible dosimetric approaches for FLASH RT: ionization chambers



Possible dosimetric approaches for FLASH RT: calorimeters

Dosimeter	Real time	In vivo dosimetry	Absolute/ reference dosimetry	Beam monitoring	Spatial resolution	Temporal resolution	2D dosimetry	Accuracy at conventional dose rates ^a	Other considerations
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Calorimeter	Yes	No	Yes	No	cm to several mm	ms–10 ms	No	<1% at the primary standard level	Bulky, not easy to use, correction factors, time consuming
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Integrated current transformer	Yes	Potentially	No	Yes	N/A	sub-µs	No	<1% for charge measurements	Lack of 2D measurements, only charge measurements

Possible dosimetric approaches for FLASH RT: calorimeters \rightarrow expertise of PSDLs

Charge liberated in the medium results in an energy cascade - the liberated energy ends up as heat → measured as a temperature rise

$$D_m = c_m \Delta T$$

Where c_m stands for the specific heat capacity of the material and ΔT for the temperature rise.

- Water calorimeters: bulky systems typically used as a primary standard for metrology
- The temperature rise of water is very small:

 $\Delta T (water) = 2.4 \times 10^{-4} \text{ K/Gy}$

 Graphite calorimeters: higher temperature rise as respect to water (c_m six times smaller) → portable!





Possible dosimetric approaches for FLASH RT: calorimeters



Conventional Radiotherapy



FLASH Radiotherapy

A. Subiel and F. Romano, Br. J. Radiol. (2023)

Calorimeter type	Beam & energy	Average dose rate	Dose-per-pulse	Pulse duration	Uncertainty (k = 1)	References
Transfer standard graphite calorimeter	200 MeV electrons	0.2–50 Gy/s	0.03–5.3 Gy/pulse	Approx. 100 ns	1.2% (no uncert. budget)	McManus et al. Scientific Reports (2020)
Small portable graphite calorimeter	15–40 MeV laser- driven protons	10 ⁹ Gy/s (one ps pulse delivered)	1–3 Gy/pulse	Approx. ns	Not stated	H. Palmans et al. PMB (2009) F. Romano et al. Journal of Physics (2020)
Aluminium calorimeter*	50 MeV electrons	1–9 Gy/s	0.2–1.8 Gy/pulse	2.5 μs	0.5% (no uncert. budget)	A. Bourgouin, Frontiers in Physics (2020) Canada
Aerrow graphite calorimeter*	20 MeV electrons	3–28 Gy/s	0.6–5.6 Gy/pulse	2.5 μs	1.06 %	A. Bourgouin, Med. Phys. (2022)
Al-core secondary standard calorimeter	6 MeV electrons	180 Gy/s	Approx. 0.45 Gy/s	4 μs	1.25%	G. Bass et al., Br. J. Radiol. (2023)







Secondary standard calorimeter





- Developed by NPL
- Simple usage and low cost
- 2 mm graphite core
- 1 single termistor connected to the Wheatstone bridge to measure the temperature increase
- IBA PPC05 ion chamber geometry (same holders)
- Tested at CPFR in Pisa (SIT e_FLASH linac)





SINGLE PULSE TEMPERATURE RISE



App 100-40, pulse length= 4 us





Istituto Nazionale di Fisica Nuclea Sezione di Catania

Possible dosimetric approaches for FLASH RT: calorimeters vs ion chambers



Possible dosimetric approaches for FLASH RT: scintillators

Dosimeter	Real time	In vivo dosimetry	Absolute/ reference dosimetry	Beam monitoring	Spatial resolution	Temporal resolution	2D dosimetry	Accuracy at conventional dose rates ^a	Other considerations
lon chamber	Yes	No	Yes	Yes	Several mm	10–200 µs	Array	1%–2%	Significant ion recombination at UHDRs
Semiconductor	Yes	Yes	No	Yes	Sub-mm (or µm)	1–10 ns	Yes	2%–5%	Angular dependency, radiation damage, LET dependence
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Gas scintillator	Yes	No	No	Yes	Sub-mm	N/A	Yes	1%	Beam centroid measurement
Calorimeter	Yes	No	Yes	No	cm to several mm	ms–10 ms	No	<1% at the primary standard level	Bulky, not easy to use, correction factors, time consuming
Film	No ^b	Yes	Potentially	No	Tens of µm	N/A	Yes	3%–5%	Quenching in high LET fields
Fricke	No	No	Yes	No	cm to sub-mm	N/A	Potentially	<1% at primary standard level	Time consuming, complexity
Faraday cup	Yes (for charge measurements)	No	Yes	No	N/A	<µs	No	2%–5% for commercial devices; 1%–2% for dedicated equipment ^c	Measures the total collected charge (other detectors are required for dose determination)
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Scintillators



- Plastic scintillators:
- Minimal to no saturation at high dose per pulse (DPP) and dose rates
- ✓ Water and tissue-equivalent
- Allow sampling the pulse time structure
- Fibers: compact, easy-to-use, cost-effective, real-time detector prototypes for precise local dose measurements





Possible dosimetric approaches for FLASH RT: semiconductors

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Solid state detectors: semiconductors



Diamond detectors (FLASH diamond)

M. Marinelli *et al*. Med. Phys. (2022) G. Verona Rinati *et al*. Med. Phys. (2022)

- Linear response at UHDR
- Good stability (long-term response stability?)
- High spatial resolution (< 1 mm)
- Water equivalent
- Commercialized by PTW



Silicon detectors



UHDR e- beams

- More mature technology
- Linear response at UHDR
- Good stability (long-term response stability?)
- High spatial resolution (< 500 um)
- Pixellated and strip geometries



5x5 mm²

[©]®S≘nSi@[©]

Silicon carbide detectors for dosimetry and monitoring

2um



membrane

stitute Nazionale di Fisica Nuclea

Generalities of Synchrotron Beam monitoring



Standard "thin-membrane" solid state XBPM



no information on beam position

Standard "thin-membrane" XBPM







Why choose Silicon Carbide XBPMs?



- Lower device costs
- Larger active areas (up to x9 time higher)
- Higher current signals / higher resolutions*
- Superior transparencies (20µm, 2µm, 1µm, 0.2µm)
- easier installations:
 - zero bias operation
- Large number of devices quickly available

Characterization with Electron FLASH Linac accelerator @ CPFR | | | | |



F. Romano et al. Med. Phys. (2022) Depth dose distribution with SiC (d) Linac 2.5 Irradiation point 0.1% duty cycle 4 ms (f = 250 Hz) . 1.5 ກ່ ຮ E = 9 MeVSingle pulse duration: 0-5-4 us PRF:1-245 Hz Dose per pulse: from 0.1-20 Gy 0.5 Average instantaneous dose rates in the single pulse up to 5 MGy/s 0 10 20 30 60 70 40 50 Depth water [mm]

Experimental setup

- 10x10, 5x5, 3 mm² 10 um thick SiC with and without the substrate placed at the build-up connected to a Keithley electrometer
- Alanine dosimeters at the build-up
- 30,40,100 Applicator and Open Field
- RC circuit connected to the detector







Independence with the instantaneous dose rate and dose per pulse



1x1 cm²- 5x5 mm² Bias Voltage: 200 V

10 um thick free-standing membrane



F. Romano, G. Milluzzo* et al., First Characterization of Novel Silicon Carbide Detectors with Ultra-High Dose Rate Electron Beams for FLASH Radiotherapy. Appl. Sci. 2023, 13, 2986. E. Medina et al., Radiation Hardness Study of Silicon Carbide Sensors under High-Temperature Proton Beam Irradiations. Micromachines 2023, 1, 0. G. Milluzzo et al., in prep for Medical Physics

Instantaneous dose rate measurements for FLASH?



Temporal resolution from 1 to tens of ns, allowing for "intra-pulse" instantaneous dose rate measurements



FRIDA

UHDR e- beams

Scintillators



Silicon detectors



Silicon carbide (SiC)



Measurements of the intra-pulse instantaneous dose rate with SiC

50

ohm

Oscilloscope



- Sensitivity to fast variation in the beam current and energy spectrum during the pulse at the irradiation point
- Provided with the dose calibration the SiC detectors measure real-time the intra-pulse instantaneous dose-rate opening the possibility to monitor the single pulse delivery of the dose

Real-time beam monitoring (@ SIT in Aprilia)

- Fast signals

- High temporal resolution

- Low beam perturbation



For UHDR electron beams in transmission ion chambers cannot be used \rightarrow new approaches!





Summary and conclusions

- Radiochromic films to asses 2D dose distributions and alanine dose rate independent but passive detectors
- Ionization chambers still reference dosimeters for routine beam calibration measurements?
- Small portable calorimeters as an alternative reference instrument?
- Alternative dosimetric approaches with scintillators, silicon, diamond and SiC detectors
- Real-time beam monitoring additional challenges
- 2D configurations for both real-time beam monitoring and dosimetry to be developed in the perspective of a clinical translation of FLASH radiotherapy

Thank you for your attention

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