

Neutrinoless $\beta\beta$ decay matrix elements guided by experimental data

Javier Menéndez

**University of Barcelona
Institute of Cosmos Sciences**

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**UNIVERSITAT DE
BARCELONA**



Collaborators



P. Soriano



L. Jokiniemi



C. Peña-Garay, B. Romeo



N. Shimizu



R. Weiss



A. Lovato, B. Wiringa

Creation of matter in nuclei: $0\nu\beta\beta$ decay

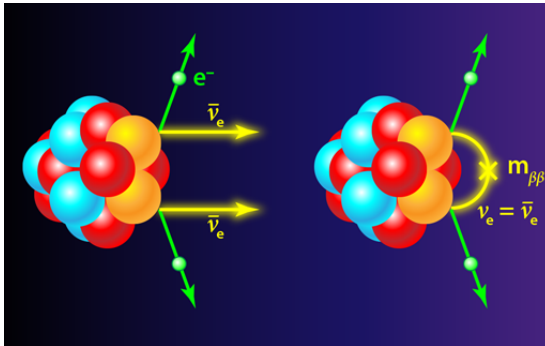
Lepton number conserved
in all processes observed:

single β decay,
 $\beta\beta$ decay with ν emission...

Neutral massive particles (Majorana ν 's)
allow lepton number violation:

neutrinoless $\beta\beta$ decay
creates two matter particles (electrons)

Agostini, Benato, Detwiler, JM, Vissani, Rev. Mod. Phys. 95, 025002 (2023)

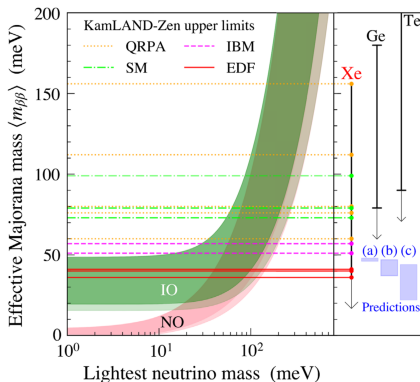
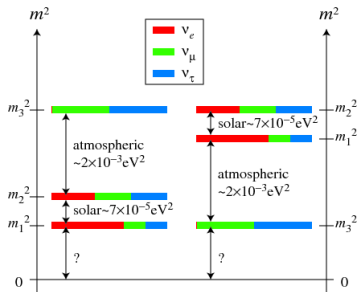


Next generation experiments: inverted hierarchy

Decay rate sensitive to
neutrino masses, hierarchy

$$m_{\beta\beta} = |\sum U_{ek}^2 m_k|$$

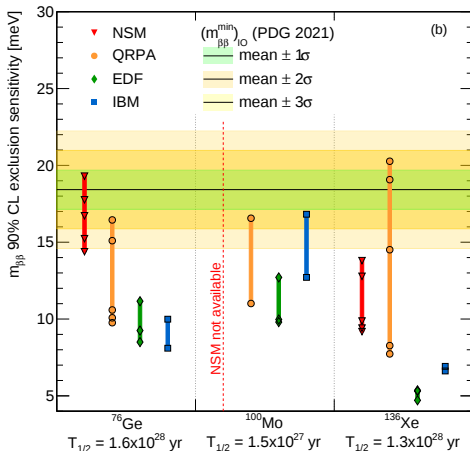
$$\left(T_{1/2}^{0\nu\beta\beta}\right)^{-1} = G_{0\nu} g_A^4 |M^{0\nu\beta\beta}|^2 m_{\beta\beta}^2$$



KamLAND-Zen, PRL130 051801(2023)

Matrix elements assess
if next-generation experiments
fully cover "inverted hierarchy"

Uncertainty in physics reach of $0\nu\beta\beta$ experiments



Nuclear matrix element
theoretical uncertainty critical
to anticipate $m_{\beta\beta}$ sensitivity
of future experiments

Current uncertainty in $m_{\beta\beta}$
prevents to foresee
if next-generation experiments
will fully cover parameter space
of “inverted” neutrino mass
hierarchy

Uncertainty needs to be reduced!

Agostini, Benato, Detwiler, JM, Vissani

Phys. Rev. C 104 L042501 (2021)

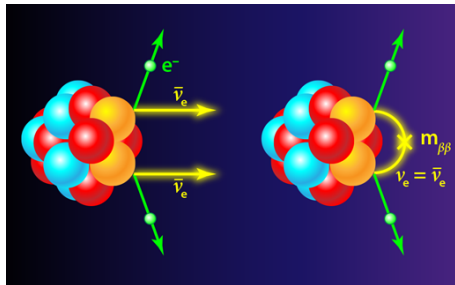
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Nuclear matrix elements

Nuclear matrix elements needed in low-energy new-physics searches

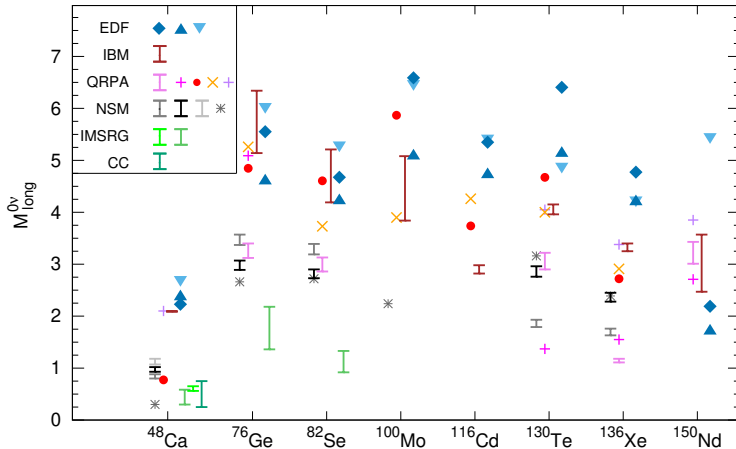
$$\langle \text{Final} | \mathcal{L}_{\text{leptons-nucleons}} | \text{Initial} \rangle = \langle \text{Final} | \int dx j^\mu(x) J_\mu(x) | \text{Initial} \rangle$$

- **Nuclear structure calculation of the initial and final states:**
Shell model, QRPA, IBM, Energy-density functional
Ab initio many-body theory
QMC, Coupled-cluster, IMSRG...
- **Lepton-nucleus interaction:**
Hadronic current in nucleus:
phenomenological,
effective theory of QCD



$0\nu\beta\beta$ decay nuclear matrix elements

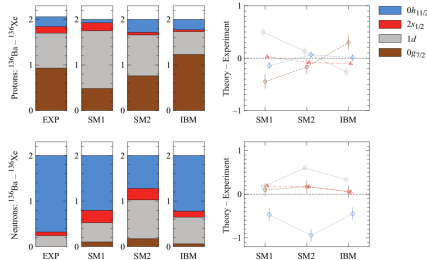
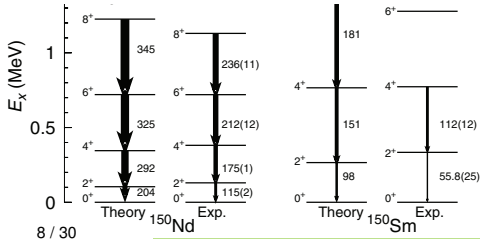
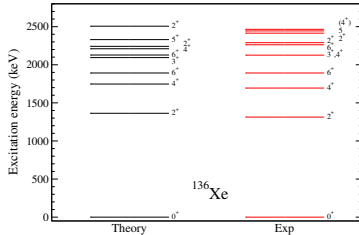
Large difference in nuclear matrix element calculations: factor ~ 3



Agostini, Benato, Detwiler, JM, Vissani, Rev. Mod. Phys. 95, 025002 (2023)

Tests of nuclear structure

Spectroscopy well described: masses, spectra, transitions, knockout...



Schiffer et al. PRL100 112501(2009)

Kay et al. PRC79 021301(2009)

...

Szwec et al., PRC94 054314 (2016)

Rodríguez et al. PRL105 252503 (2010)

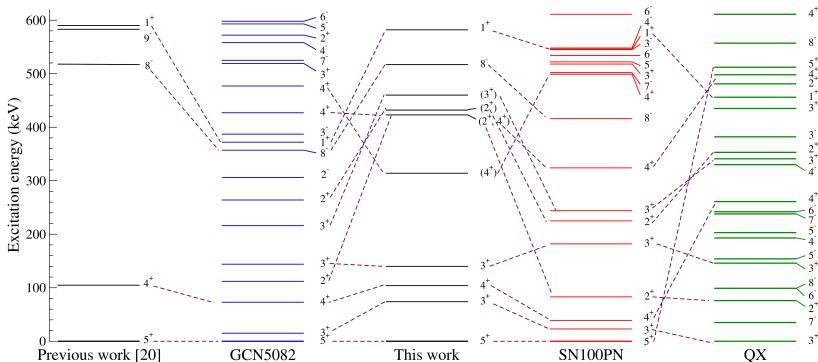
...

Vietze et al. PRD91 043520 (2015)

^{136}Cs experimental spectrum

While all these interactions are well, tested recent data on ^{136}Cs suggests GCN5082 results agree better with experiment than QX

Rebeiro, Triambak et al. arXiv:2301.11371



QX systematically smaller ^{136}Xe $0\nu\beta\beta$ -decay nuclear matrix elements

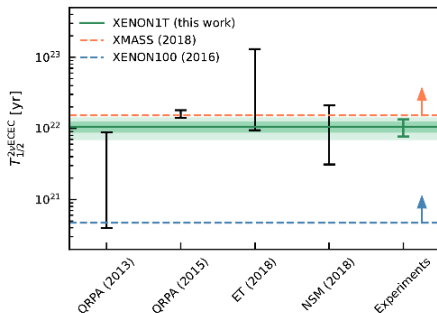
$2\nu\beta\beta$ decay, $2\nu\text{ECEC}$ of ^{124}Xe

Two-neutrino $\beta\beta$ predicted for ^{48}Ca before measurement

Caurier, Poves, Zuker, PLB 252 13(1990)

Recent predictions for $2\nu\text{ECEC}$ ^{124}Xe half-life:

shell model error bar largely dominated by “quenching” uncertainty



Suhonen

JPG 40 075102 (2013)

Pirinen, Suhonen

PRC 91, 054309 (2015)

Coello Pérez, JM,

Schwenk

PLB 797 134885 (2019)

XENON1T

Nature 568 532 (2019)

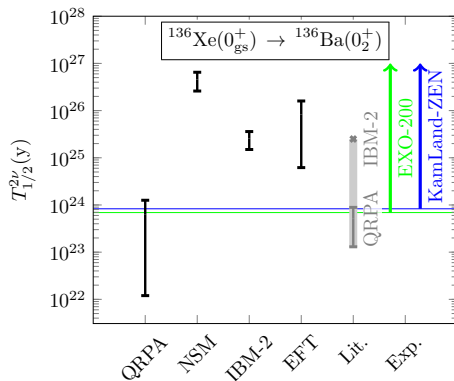
PRC106, 024328 (2022)

Shell model, QRPA, Effective field theory (ET)
good agreement with XENON1T measurement!

$2\nu\beta\beta$ decay of ^{136}Xe to $^{136}\text{Ba } 0_2^+$

Current experiments sensitive to two-neutrino $\beta\beta$ of ^{136}Xe to $^{136}\text{Ba } 0_2^+$

EXO-200, KamLAND-Zen



Nuclear shell model
QRPA, EFT and IBM
very different predictions!

Barea et al.
PRC 91 034304 (2015)

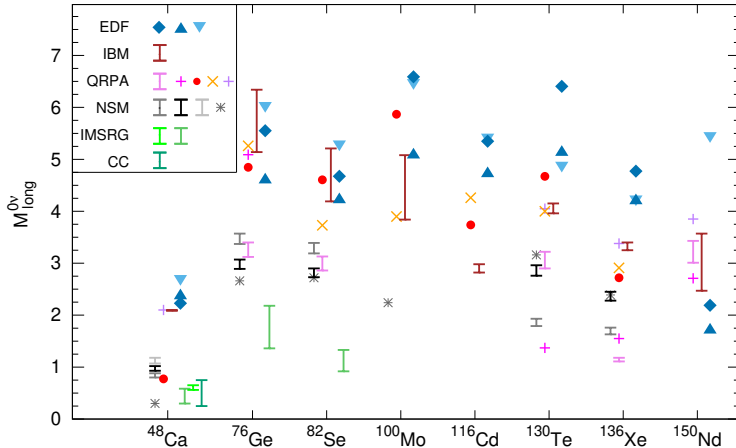
Pirinen, Suhonen
PRC 91, 054309 (2015)

Jokiniemi, Romeo, Brase, Kotila
Soriano, Schwenk, JM
PLB 838 137689 (2023)

Very good test of theoretical calculations!

$0\nu\beta\beta$ decay nuclear matrix elements

Large difference in nuclear matrix element calculations: factor ~ 3



Agostini, Benato, Detwiler, JM, Vissani, Rev. Mod. Phys. 95, 025002 (2023)

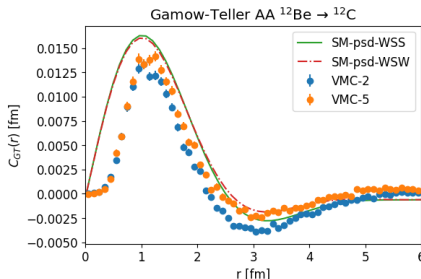
Shell model vs quantum Monte Carlo: correlations

$\beta\beta$ transition densities: nuclear shell model vs quantum Monte Carlo

$$4\pi r^2 \rho_{GT}(r) = \langle \Psi_f | \sum_{a < b} \delta(r - r_{ab}) \sigma_{ab} \tau_a^+ \tau_b^+ | \Psi_i \rangle,$$

$$M_{GT}^{0\nu} = \int_0^\infty dr C_{GT}^{0\nu},$$

Agree at long distances, missing short-range correlations in shell model



Weiss, Soriano, Lovato, JM, Wiringa, PRC106 065501 (2022)

Similar findings in Wang et al. PLB 798 134974 (2019)

Generalized contact formalism (GCF)

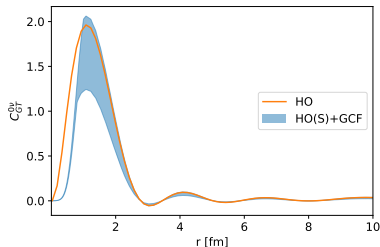
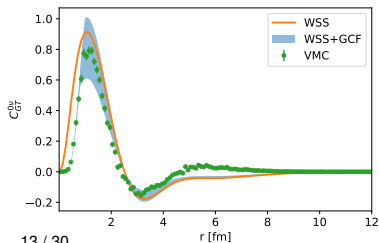
Generalized contact formalism Weiss, Bazak, Barnea PRL 114 012501 (2015)

Separation of scales: transition density factorizes for nearby nucleons

$$\Psi \xrightarrow{r_{ij} \rightarrow 0} \sum_{\alpha} \varphi^{\alpha}(\mathbf{r}_{ij}) A^{\alpha}(\mathbf{R}_{ij}, \{\mathbf{r}_k\}_{k \neq i,j}), \quad \rho_{GT}(r) \xrightarrow{r \rightarrow 0} -3|\varphi^0(r)|^2 C_{pp,nn}^0(f, i)$$

Contact $C^0(f, i) = \frac{A(A-1)}{2} \langle A^{\alpha}(f) | A^{\beta}(i) \rangle$ model dependent
but ratio $C_{pp,nn}^0(X)/C_{pp,nn}^0(Y)$ relatively model independent:

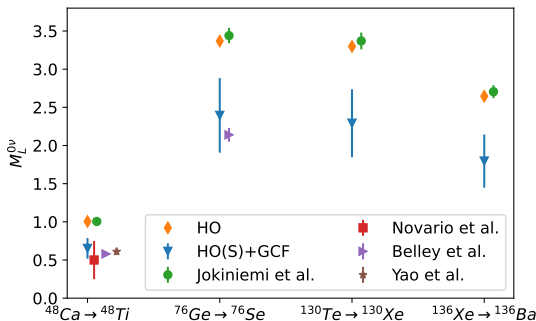
Combine ab initio Quantum Monte Carlo in light nuclei: short distance
with nuclear shell model in light and heavy nuclei: long distance



Shell model + GCF $0\nu\beta\beta$ -decay matrix elements

GCF builds QMC short-range correlations to shell model densities extended to heavy nuclei where shell model calculations are possible

Weiss, Soriano, Lovato, JM, Wiringa, PRC106 065501 (2022)



Short-range correlations included by GCF reduce $0\nu\beta\beta$ NMEs $\sim 30\%$ consistent with ab initio NMEs in ^{48}Ca , ^{76}Ge

Good agreement with ab initio in benchmark NMEs in light nuclei

Light-neutrino exchange: contact operator

Short-range operator contributes to light-neutrino exchange
for RG invariance of two-nucleon decay amplitude: high-energy ν 's

$$T_{1/2}^{-1} = G_{01} g_A^4 (M_{\text{long}}^{0\nu} + M_{\text{short}}^{0\nu})^2 m_{\beta\beta}^2, \quad \text{Cirigliano et al. PRL120 202001(2018)}$$

$$M_{\text{short}}^{0\nu} \equiv \frac{1.2A^{1/3} \text{ fm}}{g_A^2} \langle 0_f^+ | \sum_{n,m} \tau_m^- \tau_n^- \mathbb{1} \left[\frac{2}{\pi} \int j_0(qr) 2g_\nu^{\text{NN}} g(p/\Lambda) p^2 dp \right] | 0_i^+ \rangle,$$

$$M_{\text{GT}}^{0\nu} \simeq \frac{1.2A^{1/3} \text{ fm}}{g_A^2} \langle 0_f^+ | \sum_{n,m} \tau_m^- \tau_n^- \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 \left[\frac{2}{\pi} \int j_0(qr) \frac{1}{p^2} g_A^2 f^2(p/\Lambda_A) p^2 dp \right] | 0_i^+ \rangle$$

Unknown value (and sign) of the hadronic coupling g_ν^{NN} !

Lattice QCD calculations can obtain value of g_ν^{NN}

Davoudi, Kadam, Phys. Rev. Lett. 126, 152003 (2021), PRD105 094502('22)

match $nn \rightarrow pp + ee$ amplitude calculated with dispersion QCD methods

Cirigliano et al. PRL126 172002 (2021), JHEP 05 289 (2021)

charge-independence breaking of nuclear Hamiltonians

Cirigliano et al. PRC100, 055504 (2019)

Long and short-range NME in heavy nuclei

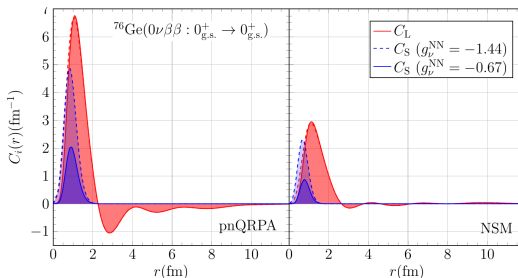
Relatively stable contribution of new term M_S/M_L :

20% – 50% impact of short-range NME in shell model

30% – 70% impact of short-range NME in QRPA

consistent with 43% effect in IM-GCM for ^{48}Ca

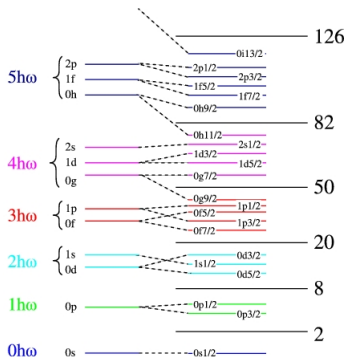
using calculated $nn \rightarrow pp + ee$ decay Wirth et al. PRL127 242502 (2021)



Jokiniemi, Soriano, JM, Phys. Lett. B 823 136720 (2021)

Uncertainty dominated by coupling g_ν^{NN}

Nuclear shell model



Nuclear shell model configuration space only keep essential degrees of freedom

- High-energy orbitals: always empty
- Valence space: where many-body problem is solved
- Inert core: always filled

$$H|\Psi\rangle = E|\Psi\rangle \rightarrow H_{\text{eff}}|\Psi\rangle_{\text{eff}} = E|\Psi\rangle_{\text{eff}}$$

$$|\Psi\rangle_{\text{eff}} = \sum_{\alpha} c_{\alpha} |\phi_{\alpha}\rangle, \quad |\phi_{\alpha}\rangle = a_{i1}^{\dagger} a_{i2}^{\dagger} \dots a_{iA}^{\dagger} |0\rangle$$

Shell model diagonalization:

$\sim 10^{10}$ Slater dets. Caurier et al. RMP77 (2005)

$\gtrsim 10^{24}$ Slater dets. with Monte Carlo SM

Otsuka, Shimizu, Tsunoda, Phys. Scr. 92 063001 (2017)

H_{eff} includes effects of

- inert core
- high-energy orbitals

Systematic shell-model calculations

Explore systematic shell-model matrix elements
in configuration spaces relevant for $0\nu\beta\beta$ decay searches

- $46-58\text{Ca}$, $50-58\text{Ti}$, and $54-60\text{Cr}$
in pf-shell with KB3G and GXPF1B interactions
- $72-76\text{Ni}$, $74-80\text{Zn}$, $76-82\text{Ge}$, and $82,84\text{Se}$
in $1p_{3/2}$, $0f_{5/2}$, $1p_{1/2}$, and $0g_{9/2}$ configuration space
with GCN2850, JUN45, and JJ4BB interactions
- $124-132\text{Sn}$, $130-134\text{Te}$, and $134,136\text{Xe}$
in $1d_{5/2}$, $0g_{7/2}$, $2s_{1/2}$, $1d_{3/2}$, and $0h_{11/2}$ configuration space
with the GCN5082 and QX interactions

Overall, $\sim 20 - 40$ different calculations for each configuration space

Complementary approach to randomly varying nuclear interaction

Horoi et al. PRC106 054302 (2022), PRC107 045501 (2023)

Double Gamow-Teller strength distribution

Measurement of Double Gamow-Teller (DGT) resonance
in double charge-exchange reactions $^{48}\text{Ca}(\text{pp},\text{nn})^{48}\text{Ti}$ proposed in 80's

Auerbach, Muto, Vogel... 1980's, 90's

Recent experimental plans in RCNP, RIKEN (^{48}Ca), INFN Catania

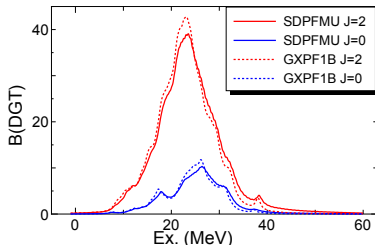
Takaki et al. JPS Conf. Proc. 6 020038 (2015)

Capuzzello et al. EPJA 51 145 (2015), Takahisa, Ejiri et al. arXiv:1703.08264

Promising connection to $\beta\beta$ decay,
two-particle-exchange process,
especially the (tiny) transition
to ground state of final state

Shell model calculation

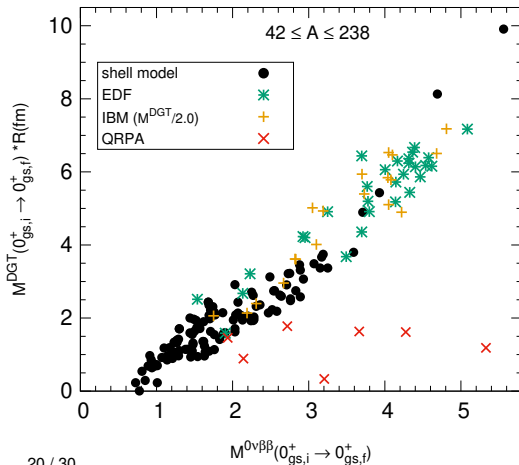
Shimizu, JM, Yako, PRL120 142502 (2018)



$$B(DGT^-; \lambda; i \rightarrow f) = \frac{1}{2J_i + 1} \left| \left\langle ^{48}\text{Ti} \left\| \left[\sum_i \sigma_i \tau_i^- \times \sum_j \sigma_j \tau_j^- \right]^{(\lambda)} \right\| ^{48}\text{Ca}_{\text{gs}} \right\rangle \right|^2$$

Correlation of $0\nu\beta\beta$ decay to DGT transitions

Double GT transition to ground state $M^{\text{DGT}} = \langle F_{\text{gs}} | [\sum_i \sigma_i \tau_i^- \times \sum_j \sigma_j \tau_j^-]^0 | I_{\text{gs}} \rangle|^2$
 very good linear correlation with $0\nu\beta\beta$ decay nuclear matrix elements



Double Gamow-Teller
correlation with
 $0\nu\beta\beta$ decay holds
across nuclear chart

Shimizu, JM, Yako

PRL120 142502 (2018)

Common to shell model
energy-density functionals
interacting boson model,
ab initio methods (weaker)

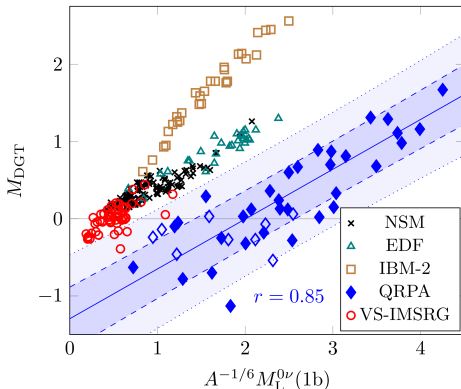
Yao et al. PRC106 014315(2022)

Experiments at
RIKEN, INFN, RCNP?
access DGT transitions

Correlation of $0\nu\beta\beta$ decay to DGT in QRPA

In QRPA, g_{pp} parameter typically fitted to reproduce $2\nu\beta\beta$ half-life of measured transitions but some tension between g_{pp} values to reproduce single- β decays

Faessler et al., J. Phys. G 35, 075104 (2008)



Perform QRPA calculations with range of $g_{pp} = (0.6 - 0.9)$

Correlation between DGT and $0\nu\beta\beta$ NMEs! but different than for other many-body methods

Partially caused by relevance of $J > 1$ states in QRPA compared to eg shell model

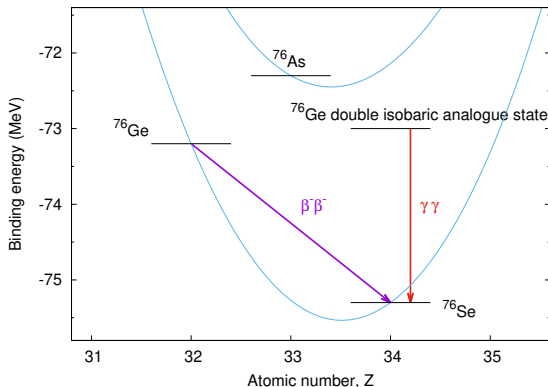
Ejiri et al. Phys. Rept. 797 1 (2019)

Horoi et al, PRC 93, 044334 (2016)

$\gamma\gamma$ decay of the DIAS of the initial $\beta\beta$ nucleus

Explore correlation between $0\nu\beta\beta$ and $\gamma\gamma$ decays,
focused on double-M1 transitions

$$M_{M1\ M1}^{\gamma\gamma} = \sum_k \frac{\langle 0_f^+ | \sum_n (g_n^I I_n + g_n^S \sigma_n)^{IV} | 1_k^+ (\text{IAS}) \rangle \langle 1_k^+ (\text{IAS}) | \sum_m (g_m^I I_m + g_m^S \sigma_m)^{IV} | 0_i^+ (\text{DIAS}) \rangle}{E_k - (E_i + E_f)/2}$$



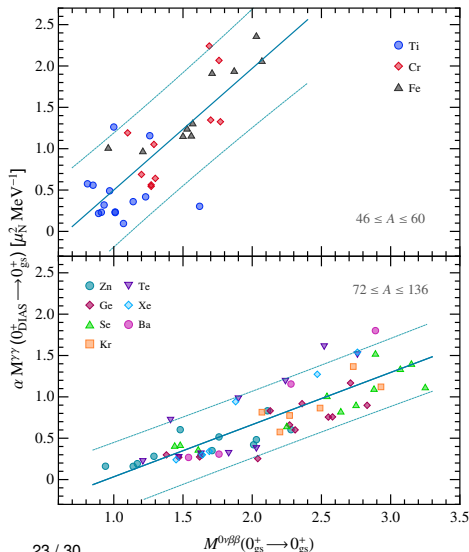
Similar initial and final states
but both in same nucleus
for electromagnetic transition

M1 and GT operators similar,
physics of spin operator
M1 also angular momentum

Different energy denominator

Romeo, JM, Peña-Garay
PLB 827 136965 (2022)

Correlation between $M1M1$ and $0\nu\beta\beta$ NMEs



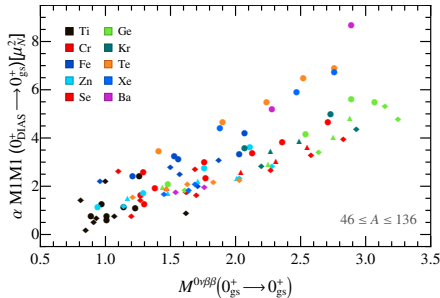
Good correlation between $M1M1$ same-energy photons and shell-model $0\nu\beta\beta$ NMEs

A dependence:
energy denominator
dominant states at higher energy in heavier nuclei

Overall, study ~ 50 transitions
several nuclear interactions
for each of them

Romeo, JM, Peña-Garay
PLB 827 136965 (2022)

Intermediate states of the $M1M1$ transition

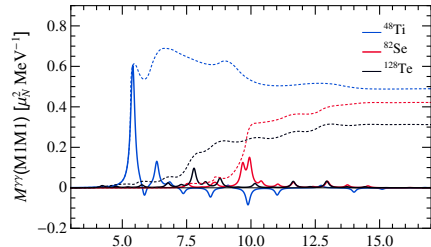


When energy denominators are (artificially) removed, same correlation across the nuclear chart

Romeo, JM, Peña-Garay
PLB 827 136965 (2022)

Dominant intermediate states
lower energies for lighter nuclei,
otherwise similar energies

One or few intermediate states
typically dominate the transition

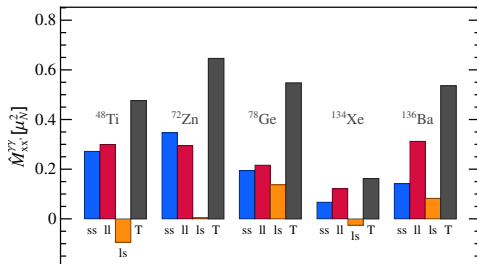


Spin, angular momentum decomposition

The numerator NME can be decomposed into

$$\hat{M}_{\gamma\gamma} = \hat{M}_{ss} + \hat{M}_{ll} + \hat{M}_{ls}$$

spin, angular momentum and interference components



Spin, angular momentum terms
strikingly similar,
always carry same sign

Interference term
can cancel the other two
but always much smaller

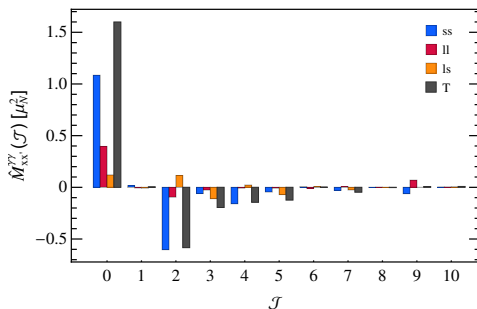
Romeo, JM, Peña-Garay
PLB 827 136965 (2022)

Total angular momentum decomposition

The numerator NME can be decomposed into

$$\hat{M}_{\gamma\gamma}(\mathcal{J}) = \hat{M}_{ss}(\mathcal{J}) + \hat{M}_{ll}(\mathcal{J}) + \hat{M}_{ls}(\mathcal{J})$$

spin, angular momentum and interference components
and total angular momentum of the nucleons involved in the transition



Dominance of $\mathcal{J} = 0$ terms
for spin and orbital contributions
just like in $0\nu\beta\beta$ decay

Cancellation from $\mathcal{J} > 0$ terms
less pronounced in orbital part

Explains similar behaviour of
spin and orbital components:

$$s_1 s_2 = S^2 - 3/2 < 0$$

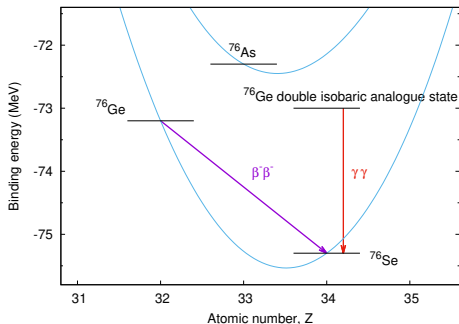
$$l_1 l_2 = L^2 - l_1^2 - l_2^2 < 0$$

Experimental feasibility of $\gamma\gamma$ decay?

$\gamma\gamma$ decays are very suppressed with respect to γ decays
just like $\beta\beta$ decays are much slower than β decays

$\gamma\gamma$ decays have been observed recently
in competition with γ decays

Waltz et al. Nature 526, 406 (2015), Soderstrom et al. Nat. Comm. 11, 3242 (2020)



Outlook:

Study in detail leading
decay channels for $M1M1$ decay
in DIAS of $\beta\beta$ nuclei

Particle emission $M1$, $E1$ decay:
 $BR \sim 10^{-7} - 10^{-8}$

Experimental proposal for ^{48}Ti
by Valiente-Dobón et al.

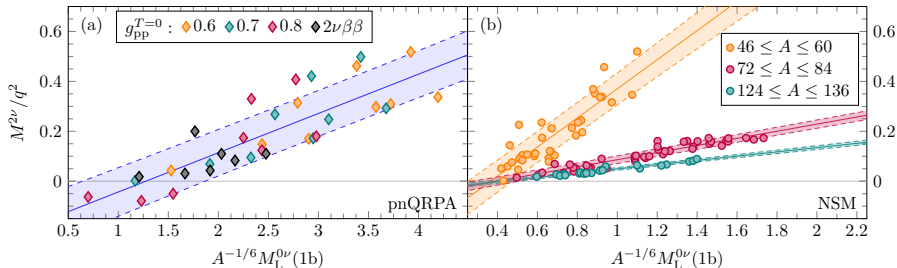
Valiente-Dobón, Romeo et al., in prep

Correlation of $0\nu\beta\beta$ decay and $2\nu\beta\beta$ decay

Good correlation between 2ν and 0ν modes of $\beta\beta$ decay in nuclear shell model (systematic calculations of different nuclei) and QRPA calculations (decays of $\beta\beta$ emitters with different g_{pp} values)

Similar but not common correlation, depends on mass for shell model
 $0\nu\beta\beta - 2\nu\beta\beta$ correlation also observed in ^{48}Ca , ^{136}Xe

Horoi et al. PRC106 054302 (2022), PRC107 045501 (2023)



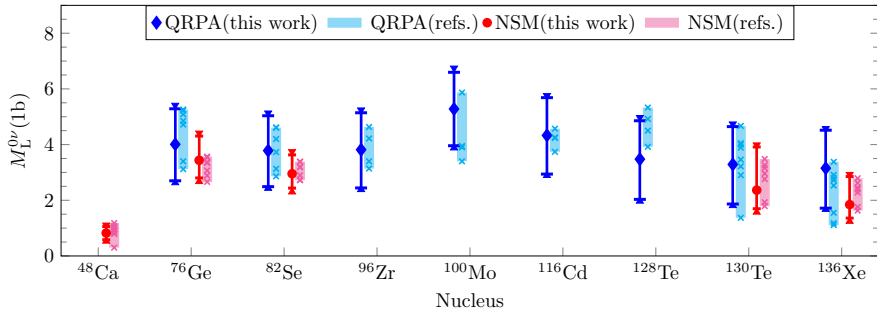
Jokiniemi, Romeo, Soriano, JM, PRC 107 044305 (2023)

$0\nu\beta\beta$ NMEs from $2\nu\beta\beta - 0\nu\beta\beta$ correlation

NMEs consistent with previous nuclear shell model, QRPA results

Theoretical uncertainty involves
systematic calculations covering dozens of nuclei and interactions
error of each calculation (eg quenching) and experimental $2\nu\beta\beta$ error

Previous theoretical uncertainty mostly ignored: collection of calculations



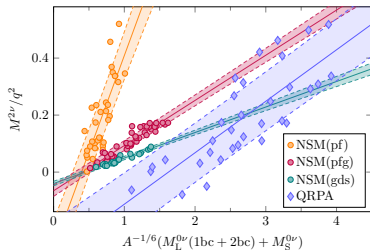
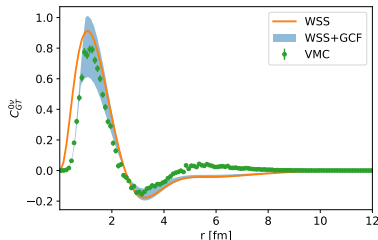
Summary

Calculations of $0\nu\beta\beta$ NMEs challenge nuclear many-body methods, searches demand reliable NMEs

Ab initio results suggest reduced NMEs due to nuclear correlations (eg via GCF) and two-body currents
Likely enhancement by short-range NME

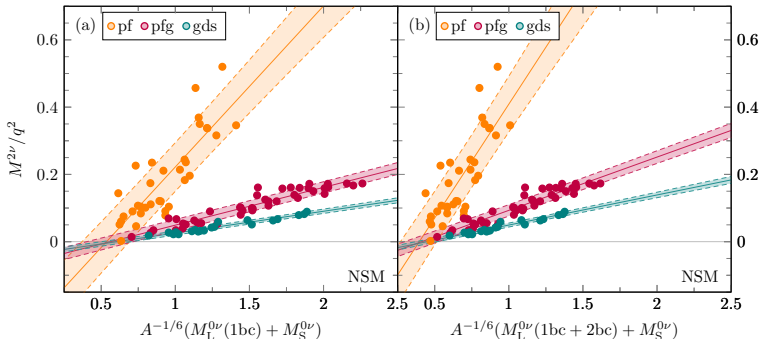
Double Gamow-Teller transitions, electromagnetic $M1M1$ decay of DIAS good correlation with $0\nu\beta\beta$ NMEs

Good $0\nu\beta\beta - 2\nu\beta\beta$ correlation exploit $2\nu\beta\beta$ data to obtain $0\nu\beta\beta$ NMEs with theoretical uncertainties



Correlation of $0\nu\beta\beta$ decay to $2\nu\beta\beta$: general case

A good correlation between $2\nu\beta\beta$ and $0\nu\beta\beta$
also appears when we include to the calculation of $0\nu\beta\beta$ NMEs
2b currents and the short-range nuclear matrix element



Jokiniemi, Romeo, Soriano, JM, PRC 107 044305 (2023)

Use $2\nu\beta\beta$ data to predict $0\nu\beta\beta$ NMEs with 2b currents, short-range NME

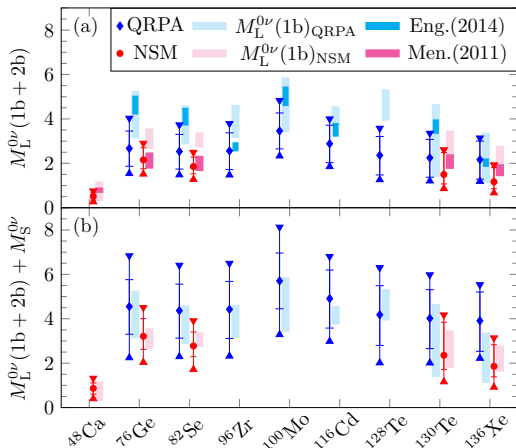
$0\nu\beta\beta$ NMEs from correlation: 2bc, short-range

$0\nu\beta\beta$ NMEs including 2b currents and short-range NME obtained from $0\nu\beta\beta - 2\nu\beta\beta$ correlation and $2\nu\beta\beta$ data

Theoretical uncertainty due to correlation, calculation uncertainties: quenching, 2bc, short-range NME coupling (dominant uncertainty)

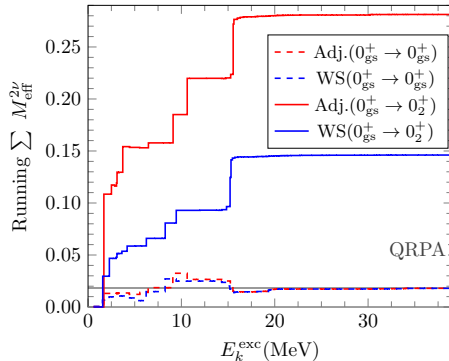
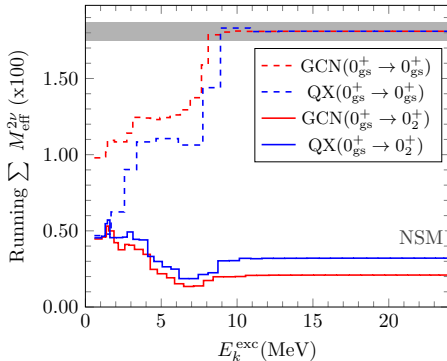
First complete estimation of $0\nu\beta\beta$ nuclear matrix elements with theoretical uncertainties

Jokiniemi, Romeo, Soriano, JM, PRC 107 044305 (2023)



$^{136}\text{Xe} \rightarrow ^{136}\text{Ba } 0_2^+$ running sums

Subtle cancellation NME running sum, depends on many-body method



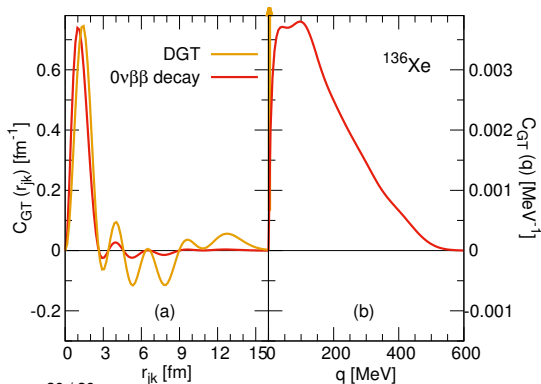
Jokiniemi, Romeo, Brase, Kotila et al. PLB 838 137689 (2023)

Shell-model running sum shows cancellations in decay to ground state
QRPA running sum shows cancellations in decay to excited state

Short-range character of DGT, $0\nu\beta\beta$ decay

Correlation between DGT and $0\nu\beta\beta$ decay matrix elements explained by transition involving low-energy states combined with dominance of short distances between exchanged/decaying neutrons

Bogner et al. PRC86 064304 (2012)



$0\nu\beta\beta$ decay matrix element limited to shorter range

Short-range part dominant in double GT matrix element due to partial cancellation of mid- and long-range parts

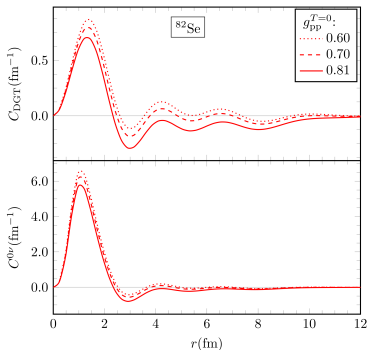
Long-range part dominant in QRPA DGT matrix elements

Shimizu, JM, Yako,
PRL120 142502 (2018)

Short-range character of DGT, $0\nu\beta\beta$ decay

Correlation between DGT and $0\nu\beta\beta$ decay matrix elements explained by transition involving low-energy states combined with dominance of short distances between exchanged/decaying neutrons

Bogner et al. PRC86 064304 (2012)



Jokiniemi, JM, PRC 107 044316 (2023)

$0\nu\beta\beta$ decay matrix element limited to shorter range

Short-range part dominant in double GT matrix element due to partial cancellation of mid- and long-range parts

Long-range part dominant in QRPA DGT matrix elements

Shimizu, JM, Yako, PRL120 142502 (2018)

Short-range NME: relative impact

Modified decay rate: $T_{1/2}^{-1} = G_{01} g_A^4 (M_{\text{long}}^{0\nu} + M_{\text{short}}^{0\nu})^2 \frac{m_{\beta\beta}^2}{m_e^2}$

Assume

$g_\nu^{\text{NN}} \sim 1 \text{ fm}^2$

Cirigliano et al.

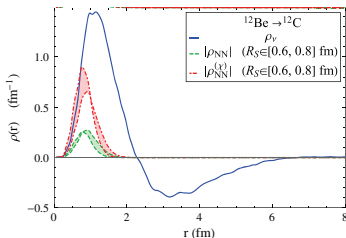
PRC100 055504 (2019)

TABLE II. Values of $C_1 + C_2$ obtained from the CIB contact interactions in various chiral potentials.

Model	Ref.	R_S (fm)	C_0^{IT} (fm ²)	$(C_1 + C_2)/2$ (fm ²)	Model	Ref.	Λ (MeV)	$(C_1 + C_2)/2$ (fm ²)
NV-Ia*	[38]	0.8	0.0158	-1.03	Entem-Machleidt	[34]	500	-0.47
NV-IIa*	[38]	0.8	0.0219	-1.44	Entem-Machleidt	[34]	600	-0.14
NV-Ic	[38]	0.6	0.0219	-1.44	Reinert <i>et al.</i>	[39]	450	-0.67
NV-IIc	[38]	0.6	0.0139	-0.91	Reinert <i>et al.</i>	[39]	550	-1.01
					NNLO _{sat}	[37]	450	-0.39

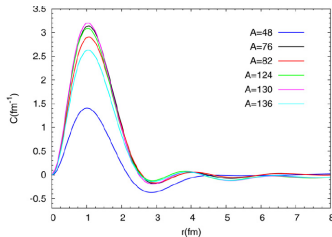
$\sim 75\%$ correction for QMC ^{12}Be NME

In heavy nuclei, less severe cancellation of dominant $M^{0\nu}$?



Cirigliano et al. PRL120 202001(2018)

30 / 30



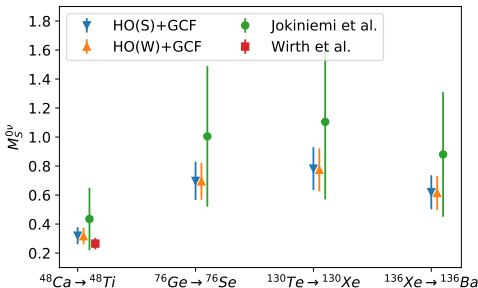
JM et al. NPA818 139 (2009)

Short-range NME: GCF + shell model

Shell model with short-range correlations from QMC using the GCF
give consistent contribution of new term M_S

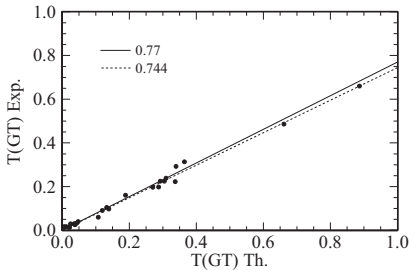
~ 25% impact of short-range NME in GCF + shell model
obtained with g_ν^{NN} from AV18 CIB term

consistent with 43% effect in IM-GCM for ^{48}Ca
using QCD calculated $nn \rightarrow pp + ee$ decay Wirth et al. PRL127 242502 (2021)



β -decay Gamow-Teller transitions: “quenching”

β decays (e^- capture): nuclear shell model vs ab initio

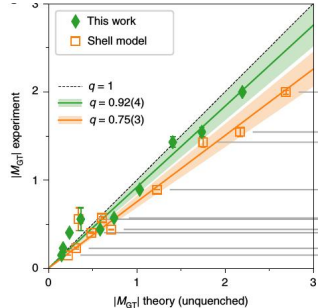


Martinez-Pinedo et al. PRC53 2602(1996)

$$\langle F | \sum_i [g_A \sigma_{iT_i}^-]^{\text{eff}} | I \rangle, \quad [\sigma_{iT}]^{\text{eff}} \approx 0.7 \sigma_{iT}$$

Shell model: σ_{iT} “quenching”

quenching: effects not in model



Gysbers et al. Nature Phys. 15 428 (2019)

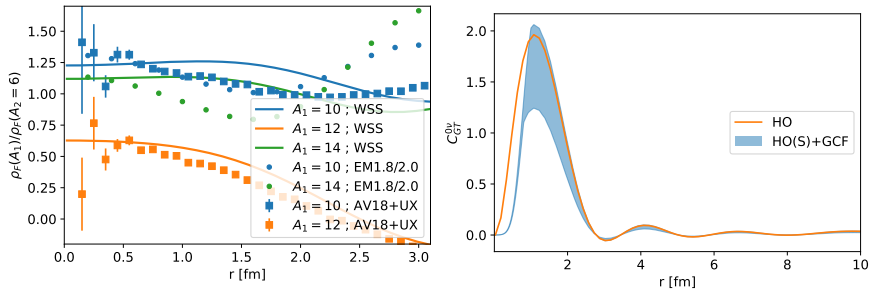
Ab initio calculations including
meson-exchange currents
and additional nuclear correlations
do not need “quenching”

GCF: model independence of ratios

Generalized contact formalism Weiss, Bazak, Barnea PRL 114 012501 (2015)

The contact $C^0(f, i) = \frac{A(A-1)}{2} \langle A^\alpha(f) | A^\beta(i) \rangle$ is model dependent (shell model, quantum Monte Carlo, no-core shell model...)

but for two nuclei ratio $C_{pp,nn}^0(X)/C_{pp,nn}^0(Y)$ relatively model independent: combine QMC in light nuclei with two shell model calculations:



Weiss et al. PRC106 065501 (2022), Yao et al. PRC 103 014315 (2021)

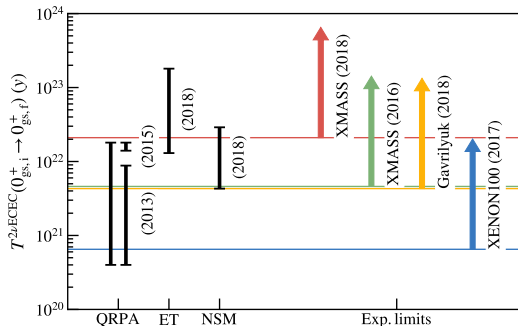
$2\nu\beta\beta$ decay, 2ν ECEC of ^{124}Xe

Two-neutrino $\beta\beta$ predicted for ^{48}Ca before measurement

Caurier, Poves, Zuker, PLB 252 13 (1990)

Recent predictions for 2ν ECEC ^{124}Xe half-life:

shell model error bar largely dominated by “quenching” uncertainty



Suhonen

JPG 40 075102 (2013)

Pirinen, Suhonen

PRC 91, 054309 (2015)

Coello Pérez, JM,
Schwenk

PLB 797 134885 (2019)

Shell model, QRPA and Effective field theory (ET) predictions suggest experimental detection close to XMASS 2018 limit

2b currents in $0\nu\beta\beta$ decay

In $0\nu\beta\beta$ decay, two weak currents lead to four-body operator when including the product of two 2b currents: computational challenge

Approximate 2b current as effective 1b current normal ordering with respect to a Fermi gas

JM, Gazit, Schwenk, PRL107 062501(2011)

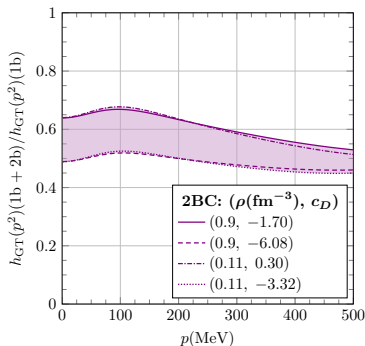
Normal-ordering approximation works remarkably well for β decay ($q = 0$)

Gysbers et al. Nature Phys. 15 428 (2019)

Some reduction of quenching due to 2b currents at $p \sim m_\pi$ relevant for $0\nu\beta\beta$ decay

Hoferichter, JM, Schwenk

PRD102 074018 (2020)



Jokiniemi, Romeo, Soriano, JM, PRC 107 044305 (2023)