Gamow-Teller Transitions: Probing Nuclear Structure and Weak Interactions

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Quenching of  $\sigma\tau$  matrix elements is quite a general phenomenon in nuclear-structure physics.

Gamow-Teller transitions ( $\beta$ -decay, *EC*,  $2\nu\beta\beta$ , charge-exchange) are hindered from expected values based on sum rules derived by nuclear structure models.





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$$g_A \Rightarrow g_A^{eff} = qg_A$$

J. T. Suhonen Frontiers in Physics **5** , 55 (2017)



The inverse of the  $0\nu\beta\beta$ -decay half-life is proportional to the squared nuclear matrix element (NME). This evidences the relevance to calculate the NME



$$\left[ \mathit{T}^{0
u}_{1/2} 
ight]^{-1} = \mathit{G}^{0
u} \left| \mathit{M}^{0
u} 
ight|^2 \langle \mathit{m}_{
u} 
angle^2 \propto \mathit{g}_{\mathit{A}}^4$$

- $G^{0
  u} 
  ightarrow$  phase-space factor
- $\langle m_{\nu} \rangle = |\sum_{k} m_{k} U_{ek}^{2}|$ effective mass of the Majorana neutrino,  $U_{ek}$ being the lepton mixing matrix





#### Quenching of $\sigma\tau$ matrix elements: theory

Two main sources  $\Rightarrow$  missing degrees of freedom





#### Quenching of $\sigma\tau$ matrix elements: theory

Two main sources  $\Rightarrow$  missing degrees of freedom

#### Limited model space

Nuclear-structure calculations are carried out in truncated model spaces  $\Rightarrow$  effective Hamiltonians and operators



$$\overset{b}{\underset{a}{\vdash}} \overset{--x}{\xrightarrow{}} + \overset{b}{\underset{a}{\vdash}} \overset{p-x}{\xrightarrow{}} \overset{b}{\xrightarrow{}} \overset{b}{\underset{a}{\restriction}} \overset{p}{\xrightarrow{}} \overset{p}{\underset{a}{\vdash}} \overset{p}{\xrightarrow{}} \overset{p}{\underset{a}{\restriction}} \overset{p}{\xrightarrow{}} \overset{p}{\xrightarrow{}} \overset{p}{\underset{a}{\vdash}} \overset{p}{\xrightarrow{}} \overset{p}{\underset{a}{\restriction}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{\restriction}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{}} \overset{p}{\underset{a}{\atop}} \overset{p}{\underset{a}{}} \overset{$$





# Quenching of $\sigma\tau$ matrix elements: truncated model space

#### Reduced model space P

$$H \Rightarrow H_{\rm eff}$$

$$H|\Psi_{\nu}
angle = E_{\nu}|\Psi_{\nu}
angle \Rightarrow H_{\mathrm{eff}}|\Phi_{\alpha}
angle = E_{\alpha}|\Phi_{\alpha}
angle$$

 $|\Phi_{\alpha}\rangle =$  eigenvectors obtained diagonalizing  $H_{\rm eff}$  in the reduced model space  $\Rightarrow |\Phi_{\alpha}\rangle = P|\Psi_{\alpha}\rangle$ 

$$\langle \Phi_{lpha} | \hat{\Theta} | \Phi_{eta} 
angle 
eq \langle \Psi_{lpha} | \hat{\Theta} | \Psi_{eta} 
angle$$







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$$\langle \Phi_{\alpha} | \hat{\Theta} | \Phi_{\beta} \rangle \neq \langle \Psi_{\alpha} | \hat{\Theta} | \Psi_{\beta} \rangle$$





# Quenching of $\sigma \tau$ matrix elements: truncated model space

Effective operator  $\hat{\Theta}_{eff}$ : definition

$$\begin{split} \langle \Phi_{\alpha} | \hat{\Theta}_{\text{eff}} | \Phi_{\beta} \rangle &= \langle \Psi_{\alpha} | \hat{\Theta} | \Psi_{\beta} \rangle \\ \hat{\Theta}_{\text{eff}} &= \sum_{\alpha \beta} | \Phi_{\alpha} \rangle \langle \Psi_{\alpha} | \hat{\Theta} | \Psi_{\beta} \rangle \langle \Phi_{\beta} | \end{split}$$





# Quenching of $\sigma \tau$ matrix elements: truncated model space

Effective operator  $\hat{\Theta}_{eff}$ : definition

$$egin{aligned} &\langle \Phi_{lpha} | \hat{\Theta}_{ ext{eff}} | \Phi_{eta} 
angle &= \langle \Psi_{lpha} | \hat{\Theta} | \Psi_{eta} 
angle \\ & \hat{\Theta}_{ ext{eff}} = \sum_{lphaeta} | \Phi_{lpha} 
angle \langle \Psi_{lpha} | \hat{\Theta} | \Psi_{eta} 
angle \langle \Phi_{eta} | \end{array}$$

#### Gamow-Teller operator

$$\hat{\Theta}^{GT} = g_{A} \sigma au^{\pm} \Rightarrow \hat{\Theta}^{GT}_{ ext{eff}} = g^{ ext{eff}}_{A} \sigma au^{\pm}$$



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Effective operator  $\hat{\Theta}_{eff}$ : definition

$$egin{aligned} &\langle \Phi_lpha | \hat{\Theta}_{ ext{eff}} | \Phi_eta 
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#### Gamow-Teller operator

$$\hat{\Theta}^{GT} = g_{A} \sigma au^{\pm} \Rightarrow \hat{\Theta}^{GT}_{ ext{eff}} = g^{ ext{eff}}_{A} \sigma au^{\pm}$$

#### Electric quadrupole operator

$$\hat{\Theta}^{E2} = er^2 Y_{\mu}^2 \Rightarrow \hat{\Theta}_{\mathrm{eff}}^{E2} = e^{\mathrm{eff}} r^2 Y_{\mu}^2$$



#### Quenching of $\sigma\tau$ matrix elements: theory

Two main reasons  $\Rightarrow$  missing degrees of freedom

Non-nucleonic degrees of freedom

Processes in which the weak probe prompts a meson to be exchanged between two nucleons  $\Rightarrow$  meson-exchange two-body currents (2BC)



H. Hyuga and A. Arima, J. Phys. Soc. Jpn. Suppl. 34, 538 (1973)





# Quenching of $\sigma\tau$ matrix elements: meson exchange currents

- In the 80s starting from OBEP models two-nucleon meson-exchange current operators have been constructed consistently as required by the continuity equation for vector currents and the PCAC.
- Nowadays, EFT provides a powerful approach where both nuclear potentials and two-body electroweak currents (2BC) may be consistently constructed, the latter appearing as subleading corrections to the one-body GT operator στ<sup>±</sup>





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# Quenching of $\sigma\tau$ matrix elements: meson exchange currents

• Nowadays, EFT provides a powerful approach where both nuclear potentials and two electroweak currents may be consistently constructed, the latter appearing as subleading corrections to the one-body GT operator  $\sigma \tau^{\pm}$ 



## Two-body e.w. currents effects: light nuclei

GT nuclear matrix elements of the  $\beta$ -decay of *p*-shell nuclei have been calculated with Green's function Monte Carlo (GFMC) and no-core shell model (NCSM) methods, including contributions from 2BC



S. Pastore et al., Phys. Rev. C 97 022501(R) (2018)

The contribution of 2BC improves systematically the agreement between theory and experiment







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# Two-body e.w. currents effects: medium mass nuclei

Coupled-cluster method CCM and in-medium SRG (IMRSG) calculations have recently performed to overcome the quenching problem  $g_A$  to reproduce  $\beta$ -decay observables in heavier systems *P. Gysbers et al., Nat. Phys.* **15** 428 (2019)



#### $^{37}K_{3/2} \rightarrow ^{37}Ar_{3/2}$ $^{26}Na_2 \rightarrow ^{26}Mg_2$ $^{30}Mg_0 \rightarrow ^{30}Al_1$ = 0.80(2) $^{28}Al_3 \rightarrow ^{28}Si_2$ M<sub>GT</sub>|1 $^{24}Ne_0 \rightarrow ^{24}Na_1$ 34p. →34 S. $^{33}P_{1/2} \rightarrow ^{33}S_{3/2}$ $^{24}Na_4 \rightarrow ^{24}Mg_4$ $^{34}P_1 \rightarrow ^{34}S_0$ $^{42}Sc_* \rightarrow ^{42}Ca_e$ this work $^{42}$ Tia $\rightarrow ^{42}$ Sci shell model $-^{45}V_{7/2} \rightarrow ^{45}Ti_{7/2}$ $-^{45}\text{Ti}_{7/2} \rightarrow ^{45}\text{Sc}_{7/2}$ q = 0.92(4) $^{43}Se_{7/2} \rightarrow ^{43}Ca_{5/2}$ $^{45}V_{7/2} \rightarrow ^{45}Ti_{5/2}$ $|_{\mathrm{TD}W}$ $^{47}V_{3/2} \rightarrow ^{47}Ti_{5/2}$ $^{47}Se_{7,0} \rightarrow ^{47}Ti_{7,0}$ $^{45}\text{Ti}_{7/2} \rightarrow ^{45}\text{Sc}_{7/2}$ <sup>46</sup>Sc<sub>4</sub> → <sup>46</sup> Ti<sub>4</sub>

this work

shell model

 ${}^{9}\text{Ne}_{1/2} \rightarrow {}^{19}\text{F}_{1/2}$ 

 $^{25}Al_{5/2} \rightarrow ^{25}Mg_{5/2}$ 

 $^{37}K_{2/2} \rightarrow ^{37}Ar_{5/2}$ 

In-Medium SRG

 $|M_{GT}|$  Theory (unquenched)

#### **Coupled-Cluster Method**

A proper treatment of nuclear correlations and consistency between GT two-body currents and 3N forces, derived in terms of ChPT, describes microscopically the "quenching puzzle"



#### **Realistic Shell-Model Calculations**

Realistic shell-model calculations starting from a nuclear Hamiltonian and electroweak axial currents derived consistently by way of  $\chi$ PT.

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- N. I.

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#### **Realistic Shell-Model Calculations**

Shell model  $\Rightarrow$  well-established approach to obtain a microscopic description of both collective and single-particle properties of nuclei



The degrees of freedom of the core nucleons and the excitations of the valence ones above the model space are not considered explicitly.

$$V_{NN}$$
 (+ $V_{NNN}$ )  $\Rightarrow$  many-body theory  $\Rightarrow$   $H_{\rm eff}$ 



#### Effective shell-model hamiltonian









#### Effective shell-model hamiltonian



Model space

$$|\Phi_i\rangle = [a_1^{\dagger}a_2^{\dagger}\dots a_n^{\dagger}]_i|c\rangle \Rightarrow P = \sum_{i=1}^d |\Phi_i\rangle\langle\Phi_i|$$

Model-space eigenvalue problem

$$H_{
m eff} P |\Psi_lpha
angle = E_lpha P |\Psi_lpha
angle$$



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## Effective shell-model Hamiltonian

$$\begin{pmatrix} PHP & PHQ \\ \hline QHP & QHQ \end{pmatrix} \begin{array}{c} \mathcal{H} = \Omega^{-1}H\Omega \\ \Longrightarrow \\ Q\mathcal{H}P = 0 \end{array} \begin{pmatrix} P\mathcal{H}P & P\mathcal{H}Q \\ \hline 0 & Q\mathcal{H}Q \end{pmatrix}$$

$$H_{\rm eff} = P \mathcal{H} P$$

Suzuki & Lee 
$$\Rightarrow \Omega = e^{\omega}$$
 with  $\omega = \left( \begin{array}{c|c} 0 & 0 \\ \hline Q\omega P & 0 \end{array} \right)$   
 $H_1^{\text{eff}}(\omega) = PH_1P + PH_1Q \frac{1}{\epsilon - QHQ}QH_1P - PH_1Q \frac{1}{\epsilon - QHQ}\omega H_1^{\text{eff}}(\omega)$ 





Н

## The shell-model effective hamiltonian

#### Folded-diagram expansion

 $\hat{Q}$ -box vertex function

$$\hat{Q}(\epsilon) = PH_1P + PH_1Qrac{1}{\epsilon-QHQ}QH_1F$$

 $\Rightarrow$  Recursive equation for  $H_{\rm eff} \Rightarrow$  iterative techniques (Krenciglowa-Kuo, Lee-Suzuki, ...)

$$\mathcal{H}_{ ext{eff}} = \hat{oldsymbol{Q}} - \hat{oldsymbol{Q}}' \int \hat{oldsymbol{Q}} + \hat{oldsymbol{Q}}' \int \hat{oldsymbol{Q}} \int \hat{oldsymbol{Q}} - \hat{oldsymbol{Q}}' \int \hat{oldsymbol{Q}} \int \hat{oldsy$$

generalized folding



# The perturbative approach to the shell-model $H^{\rm eff}$

$$\hat{Q}(\epsilon) = PH_1P + PH_1Qrac{1}{\epsilon - QHQ}QH_1P$$

The *Q*-box can be calculated perturbatively

$$\frac{1}{\epsilon - QHQ} = \sum_{n=0}^{\infty} \frac{(QH_1Q)^n}{(\epsilon - QH_0Q)^{n+1}}$$

The diagrammatic expansion of the  $\hat{Q}$ -box





# The perturbative approach to the shell-model $H^{\text{eff}}$

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The diagrammatic expansion of the  $\hat{Q}$ -box





# The perturbative approach to the shell-model $H^{\text{eff}}$

$$\hat{Q}(\epsilon) = PH_1P + PH_1Q \frac{1}{\epsilon - QHQ}QH_1P$$

The Q-box can be calculated perturbatively

$$\frac{1}{\epsilon - QHQ} = \sum_{n=0}^{\infty} \frac{(QH_1Q)^n}{(\epsilon - QH_0Q)^{n+1}}$$

The diagrammatic expansion of the  $\hat{Q}$ -box





# The shell-model effective operators

#### $\hat{\Theta}_{eff}$ can be derived consistently in the MBPT framework

#### One-body operator





K. Suzuki and R. Okamoto, Prog. Theor. Phys. 93, 905 (1995)





## **Realistic Shell-Model Calculations**

- Nuclear Hamiltonian: Entem-Machleidt N<sup>3</sup>LO two-body potential plus N<sup>2</sup>LO three-body potential (Λ = 500 MeV)
- Axial current J<sub>A</sub> calculated at N<sup>3</sup>LO in ChPT



- *H*<sub>eff</sub> obtained calculating the *Q*-box up to the 3rd order in *V*<sub>NN</sub> (up to 2p-2h core excitations) and up to the 1st order in *V*<sub>NNN</sub>
- Effective operators are consistently derived by way of the MBPT





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- Effective operators are consistently derived by way of the MBPT





#### The axial current $\mathbf{J}_A$

The matrix elements of the axial current  $J_A$  are derived through a chiral expansion up to N<sup>3</sup>LO, and employing the same LECs as in 2NF and 3NF

$$\mathbf{J}_{A,\pm}^{\mathrm{LO}} = -g_A \sum_{i} \boldsymbol{\sigma}_i \tau_{i,\pm} ,$$
$$\mathbf{J}_{A,\pm}^{\mathrm{N}^{2}\mathrm{LO}} = \frac{g_A}{2m_N^2} \sum_{i} \mathbf{K}_i \times (\boldsymbol{\sigma}_i \times \mathbf{K}_i) \tau_{i,\pm} , \qquad \qquad a$$

$$\begin{aligned} \mathbf{J}_{A,\pm}^{\mathrm{N}^{3}\mathrm{LO}}(\mathrm{IPE};\mathbf{k}) &= \sum_{i < j} \frac{g_{A}}{2t_{\pi}^{2}} \left\{ 4c_{3}\tau_{j,\pm}\mathbf{k} + (\tau_{i} \times \tau_{j})_{\pm} \right. \\ & \times \left[ \left( c_{4} + \frac{1}{4m}\sigma_{i} \times \mathbf{k} - \frac{i}{2m}\mathbf{K}_{i} \right) \right] \right\} \sigma_{j} \cdot \mathbf{k} \frac{1}{\omega_{k}^{2}} \\ & \mathbf{J}_{A,\pm}^{\mathrm{N}^{3}\mathrm{LO}}(\mathrm{CT};\mathbf{k}) = \sum_{i < j} z_{0}(\tau_{i} \times \tau_{j})_{\pm}(\sigma_{i} \times \sigma_{j}) \ , \end{aligned}$$

where  

$$z_0 = \frac{g_A}{2f_\pi^2 m_N} \left[ \frac{m_N}{4g_a \Lambda_\chi} c_D + \frac{m_N}{3} \left( c_3 + 2c_4 \right) + \frac{1}{6} \right]$$



A. Baroni, L. Girlanda, S. Pastore, R. Schiavilla, and M. Viviani, Phys. Rev. C **93**, 015501 (2016)

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## **Realistic Shell-Model Calculations**

- *fp*-shell nuclei: four proton and neutron orbitals outside *LS* core  ${}^{40}Ca \rightarrow 0f_{7/2}0f_{5/2}, 1p_{3/2}, 1p_{1/2}$
- *fpg*-shell nuclei: four proton and neutron orbitals outside *jj* core  ${}^{56}Ni \rightarrow 0f_{5/2}, 1p_{3/2}, 1p_{1/2}, 0g_{9/2}$





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RSM calculations, starting from ChPT two- and three-body potentials and two-body meson-exchange currents for spectroscopic and spin-isospin dependent observables of <sup>48</sup>Ca, <sup>76</sup>Ge, <sup>82</sup>Se



## fp-shell nuclei: spectroscopic properties







# <sup>48</sup>Ca GT strength distribution



Charge-exchange experiments

$$\begin{bmatrix} \frac{d\sigma}{d\Omega}(q=0) \end{bmatrix} = \hat{\sigma}B_{exp}(GT)$$
$$B_{Th}(GT) = \frac{|\langle \Phi_f || \mathbf{J}_A || \Phi_i \rangle|^2}{2J_i + 1}$$

--- bare  $J_A$  at LO in ChPT (namely the GT operator  $g_A \sigma \cdot \tau$ ) — effective  $J_A$  at LO in ChPT — effective  $J_A$  at N<sup>3</sup>LO in ChPT





# <sup>48</sup>Ca GT strength distribution



#### fp-shell nuclei: GT matrix elements



GT matrix elements of 60 experimental decays of 43 fp-shell nuclei

- (a) bare  $J_A$  at LO in ChPT (namely the GT operator  $g_A \sigma \cdot \tau$ );
- (b) effective  $J_A$  at LO in ChPT;
- (c) effective  $J_A$  at N<sup>3</sup>LO in ChPT. ٥

$$\sigma = \sqrt{\frac{\sum_{i=1}^{n} (x_i - \hat{x}_i)^2}{n}}$$
(a) (b)

0.14



0.20

 $\sigma$ 

(d)

# 0f<sub>5/2</sub>1p0g<sub>9/2</sub>-shell nuclei spectroscopic properties





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# <sup>76</sup>Ge & <sup>82</sup>Se GT strength distributions



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#### $2\nu\beta\beta$ nuclear matrix elements





#### Blue dots:

bare  $\mathbf{J}_A$  at LO in ChPT (namely the GT operator  $g_A \boldsymbol{\sigma} \cdot \boldsymbol{\tau}$ )



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#### $2\nu\beta\beta$ nuclear matrix elements

$$M_{2\nu}^{\rm GT} = \sum_{n} \frac{\langle \mathbf{0}_{f}^{+} || \mathbf{J}_{A} || \mathbf{1}_{n}^{+} \rangle \langle \mathbf{1}_{n}^{+} || \mathbf{J}_{A} || \mathbf{0}_{i}^{+} \rangle}{E_{n} + E_{0}}$$



**Blue dots:** bare  $\mathbf{J}_A$  at LO in ChPT (namely the GT operator  $g_A \sigma \cdot \tau$ )

Black triangles: effective  $J_A$  at LO in ChPT





#### $2\nu\beta\beta$ nuclear matrix elements

$$M_{2\nu}^{\text{GT}} = \sum_{n} \frac{\langle \mathbf{0}_{f}^{+} || \mathbf{J}_{\mathcal{A}} || \mathbf{1}_{n}^{+} \rangle \langle \mathbf{1}_{n}^{+} || \mathbf{J}_{\mathcal{A}} || \mathbf{0}_{j}^{+} \rangle}{E_{n} + E_{0}}$$



#### **Blue dots:**

bare  $\mathbf{J}_A$  at LO in ChPT (namely the GT operator  $g_A \sigma \cdot \tau$ )

Black triangles: effective  $J_A$  at LO in ChPT

**Red diamonds:** effective  $J_A$  at N<sup>3</sup>LO in ChPT





# **Conclusions & Perspectives**

- Correlations + electroweak 2BC  $\Rightarrow$  quite good description of  $\sigma \tau$  observables
- 2BC introduce  $\simeq$  20% reduction of GT matrix elements
- Meson-exchange two-body currents for the M1 transitions
- calculations for heavier-mass systems (<sup>100</sup>Mo, <sup>130</sup>Te, <sup>136</sup>Xe)
- Calculating 0νββ decay M<sup>0ν</sup> including also the LO contact term



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