# Formation of Ultralight Dark Matter Solar Halos



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[based on 2306.12477]

#### **Dark Matter Candidates**



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• Occupation number  $\gg 1 \implies$  boson,  $\phi$ 

 $\equiv$  number of particles per  $\lambda_{\rm dB}^3 \simeq (m v_{\rm dm})^{-3}$ 

- Classical equations of motion
- Automatically produced as dark matter relics

#### coupling to photons

$$\mathcal{L} \supset \frac{1}{4} g_{a\gamma\gamma} \phi F_{\mu\nu} \tilde{F}^{\mu\nu}$$

coupling to neutrons

$$\mathcal{L} \supset g_{an} \frac{\partial_{\mu} \phi}{2f_a} \bar{n} \gamma^{\mu} \gamma^5 n$$



https://cajohare.github.io/AxionLimits

Dark matter detection prospects depend on:

- Local density  $\rho$  in the neighborhood of the Sun
- Coherence time,  $\tau_c$



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#### In this talk:

•  $\phi$  is the dark matter

•  $V(\phi) = \frac{1}{2}m^2\phi^2 + \frac{\lambda}{4!}\phi^4 + \dots$  $\neq 0 \qquad |\lambda| \ll 1$ 

axion 
$$\rightarrow \quad \lambda = -\frac{m^2}{f_a^2}$$

 $\rightarrow$  misalignment fixes  $f_a = f_a(m; \theta_0)$ 

relation between m and  $f_a$  unfixed

## Outline

• ULDM distribution and bound states

• Formation of the gravitational atom

• Some implication for direct detection

#### Local dark matter distribution

'Standard halo' model

• Local density  $\rho_{\rm dm} \simeq 0.3 \div 0.4 \, {\rm GeV/cm^3}$ 

• Dark matter velocity in the frame of the Sun:

- average  $\mathbf{v}_{\rm dm} = -\mathbf{v}_{\odot} \simeq 240 \, \rm km/s$ 

- dispersion  $\sigma \simeq 160 \,\mathrm{km/s} \simeq v_{\mathrm{dm}}/\sqrt{2}$ 





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inferred from measurements on galactic scales —

insensitive to the 'very local' density







orbit comparison bounds  $M_2 - M_1$ 





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• processes inducing the capture of ULDM?

EoM: 
$$(g^{\mu\nu}D_{\mu}\partial_{\nu}+m^2)\phi = -\frac{1}{6}\lambda\phi^3 + \cdots$$

$$g_{00} = 1 + 2\Phi$$
  
 $\simeq \Phi_{ex} = -\frac{GM}{r}$   
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non-relativistic field

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$$\left( i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r} \right) \psi = g|\psi|^2 \psi + \cdots$$

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• gravitational coupling

$$\alpha \equiv GMm$$

• dimensionful self-coupling

$$g \equiv \frac{\lambda}{8m^2} = -\frac{1}{8f_a^2}$$

$$-m\Phi \\ \downarrow \\ \left(i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r}\right)\psi = g|\psi|^2\psi + \cdots$$



number density (could be large)

gravitational coupling



QM probability density

fine structure constant

$$-m\Phi \\ \downarrow \\ \left(i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r}\right)\psi = g|\psi|^2\psi + \cdots$$

 $\begin{aligned} |\psi|^2 &\longleftrightarrow\\ \alpha = GMm \end{aligned}$ 

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QM probability density

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density  $\rho \equiv m |\psi|^2$ 

$$-m\Phi \\ \downarrow \\ \left(i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r}\right)\psi = g|\psi|^2\psi + \cdots = 0$$



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$$-m\Phi$$

$$\downarrow$$

$$\left(i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r}\right)\psi = g|\psi|^2\psi + \cdots = 0$$

$$\frac{1}{R_\star^2 m} \simeq \frac{\alpha}{R_\star}$$

$$\begin{aligned} |\psi|^2 & \longleftrightarrow & \text{number density (could be large)} & \longleftrightarrow & \text{QM probability density} \\ \alpha &= GMm & \text{gravitational coupling} & \longleftrightarrow & \text{fine structure constant} \end{aligned}$$

$$\begin{aligned} \text{density} \quad \rho &\equiv m|\psi|^2 & \text{if locally} & \\ &\ll & \rho_{\text{crit}} &\equiv \frac{m^2 \Phi}{|g|} &= \frac{8m^4 \Phi}{|\lambda|} & \text{self-interactions negligible} & \swarrow & \text{bound} \\ &\to \text{free EoM} & \checkmark & \text{bound} \\ &\text{unbound} \end{aligned}$$

$$\bullet \text{Ground state} \qquad \psi &= \psi_{100}(\vec{x})e^{-i\omega_1 t} & \\ &\downarrow & \downarrow \\ &\propto & e^{-\frac{r}{B_{\star}}} & -\frac{m\alpha^2}{2} & & R_{\star} &= \frac{1}{m\alpha} &= 1 \text{AU} \left[\frac{1.3 \cdot 10^{-14} \text{ eV}}{m}\right]^2 \left[\frac{M_{\odot}}{M}\right] \end{aligned}$$

binding energy













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=  $C + \Gamma_1 M_{\star} - \Gamma_2 M_{\star}$ 



C = direct capture

 $\Gamma_1 = \text{stimulated capture} \qquad \longleftrightarrow \qquad \text{Bose enhancement}$ 

 $\Gamma_2 = \text{stripping}, \text{ via inverse process}$ 

all > 0 and  $\propto g^2 \propto \lambda^2$ 

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 $\Gamma\gtrless 0$ 

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=  $C + (\Gamma_1 - \Gamma_2) M_{\star}$ 





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$$\psi_w(t, \mathbf{x}) \equiv \int \frac{d^3k}{(2\pi)^3} a(\mathbf{k}) e^{-i\omega_k t} \psi_{\mathbf{k}}(\mathbf{x})$$

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unbound solutions of the atom: 'scattering states' or 'waves',  $\mathbf{k}$ 

$$\left(i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r}\right)\psi_{\mathbf{k}} = 0$$

is 
$$\frac{\frac{k^2}{2m}}{\psi_w(t,\mathbf{x})} \equiv \int \frac{d^3k}{(2\pi)^3} a(\mathbf{k}) e^{-i\omega_k t} \psi_{\mathbf{k}}(\mathbf{x})$$

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$$\left(i\partial_t + \frac{\nabla^2}{2m} + \frac{\alpha}{r}\right)\psi_{\mathbf{k}} = 0$$

•  $a(\mathbf{k})$ , standard halo model

 $\langle a^*(\mathbf{k})a(\mathbf{k}')\rangle = (2\pi)^3 f(\mathbf{k})\delta(\mathbf{k}-\mathbf{k}')$ 





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large velocity



Scattering states 
$$\psi_{\mathbf{k}}(\mathbf{x})$$
  

$$\xi_{\text{foc}}(k) = \frac{\lambda_{\text{dB}}}{R_{\star}} = \frac{2\pi \alpha}{k} \frac{1}{R_{\star}} = \frac{2\pi \alpha}{v}$$

$$mv$$

$$(m\alpha)^{-1}$$

$$\xi_{\text{foc}}(k) \gg 1 \quad \leftrightarrow v \ll 2\pi\alpha$$

$$\psi_{\mathbf{k}} \rightarrow e^{i\mathbf{k}\cdot\mathbf{x}}$$

$$|\psi_{\mathbf{k}}|^{2} \rightarrow \qquad \frac{y}{R_{\star}} = \frac{y}{k} \frac{1}{k} \frac{1}{R_{\star}} = \frac{2\pi \alpha}{v}$$

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$$\begin{aligned} \xi_{\text{fore}}(k) \ll 1 \leftrightarrow v \gg 2\pi\alpha \end{aligned}$$

$$\begin{aligned} \psi_{\mathbf{k}} \rightarrow e^{i\mathbf{k}\cdot\mathbf{x}} \\ \text{energy} \gg \text{binding energy} \\ \frac{mv^{2}}{2} & -\frac{m\alpha^{2}}{2} \end{aligned}$$

$$\begin{aligned} \dot{W}_{\star} = C + (\Gamma_{1} - \Gamma_{2})M_{\star} \qquad \Gamma_{1} < \Gamma_{2} \\ \text{stripping dominates} \end{aligned}$$



in the Solar System  $\xi_{\rm foc} = \frac{2\pi\alpha}{v_{\rm dm}} \simeq \left[\frac{m}{1.7 \times 10^{-14} \,{\rm eV}}\right] \left[\frac{M}{M_{\odot}}\right] \left[\frac{240 \,{\rm km/s}}{v_{\rm dm}}\right] \gtrsim 1$ 

i.e. if  $m \gtrsim 1.7 \cdot 10^{-14} \,\mathrm{eV}$   $R_{\star} \lesssim \mathrm{AU}!$ 



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$$S_{\text{non-rel}} = -\int dt \, d^3x \left[ \frac{i}{2} (\dot{\psi}^* \psi - \psi^* \dot{\psi}) + \frac{1}{2m} |\nabla \psi|^2 + m \Phi_{\text{ex}} |\psi|^2 + \frac{1}{2} g |\psi|^4 \right]$$
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$$\left( k_1 + k_2 \to k_3 + 100 \right)$$

$$k_1 \times k_3 \atop k_2 100$$

$$\mathcal{A} = \langle k_3 \, nlm | \, T[\hat{H}_{int}] \, | k_1 k_2 \rangle$$

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 $\mathcal{M} = \int d^3x \, \psi_{100}^* \psi_{\mathbf{k_3}}^* \psi_{\mathbf{k_1}} \psi_{\mathbf{k_2}}$ 

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 $k_1 + k_2$ 

$$\begin{array}{c}
\hat{\psi}(x)\hat{\psi}(x) |k_{1}k_{2}\rangle = 2\psi_{\mathbf{k}_{1}}(\mathbf{x})\psi_{\mathbf{k}_{2}}(\mathbf{x})e^{-i(\omega_{k_{1}}+\omega_{k_{2}})t} |0\rangle \\
\downarrow \\
 k_{1} \\
 k_{2} \\
 k_{3} \\
 k_{2} \\
 100 \\
\end{array}$$

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 \lambda = \langle k_{3} nlm | T[\hat{H}_{int}] |k_{1}k_{2}\rangle = 2g(2\pi)\delta(\Delta\omega)\mathcal{M} \\
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$$\begin{array}{c}
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\hat{k_2 \rightarrow 100} \\
\lambda = \langle k_3 nlm | T[\hat{H}_{int}] | k_1 k_2 \rangle = 2g(2\pi)\delta(\Delta\omega)\mathcal{M} \\
\int d\omega \equiv \omega_{k_1} + \omega_{k_2} - \omega_{k_3} - \omega_1 \\
\lambda = \frac{k_1^2}{2m} + \frac{k_2^2}{2m} - \frac{k_3^2}{2m} + \frac{m\alpha^2}{2}
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 $P_{k_1+k_2\to k_3+100} = (2\pi)\delta(\Delta\omega)4g^2|\mathcal{M}|^2$ 

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subtract inverse process



$$\frac{dN_0}{dt} = \frac{4g^2}{2} \int [dk_1] [dk_2] [dk_3] \left[ (f(\mathbf{k_3}) + 1)(N_0 + 1)f(\mathbf{k_1})f(\mathbf{k_2}) - f(\mathbf{k_3})N_0(f(\mathbf{k_1}) + 1)(f(\mathbf{k_2}) + 1) \right] (2\pi)\delta(\Delta\omega)|\mathcal{M}|^2$$



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initial state density

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 $P_{\text{indist}} = (N+1)P_{\text{dist}}$ 

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$$= 2g^2 \int [dk_1] [dk_2] [dk_3] \{ f(\mathbf{k_1}) f(\mathbf{k_2}) \rho(\mathbf{k_3}) + N_0 [f(\mathbf{k_1}) f(\mathbf{k_2}) - 2f(\mathbf{k_2}) f(\mathbf{k_3})] \} (2\pi) \delta(\Delta \omega) |\mathcal{M}|^2$$

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 $|\Gamma|t$ 



$$\rho_{\rm crit} \equiv \frac{2\Phi_{\rm ex}m^2}{|g|} \simeq 2\frac{\alpha^2 m^2}{|g|} \simeq 6 \cdot 10^4 \rho_{\rm dm} \left[\frac{f_a}{5 \cdot 10^7 \,{\rm GeV}}\right]^2 \left[\frac{m}{1.7 \cdot 10^{-14} \,{\rm eV}}\right]^4 \left[\frac{M}{M_{\odot}}\right]^2 \left[\frac{0.4 \,{\rm GeV/cm}^3}{\rho_{\rm dm}}\right]^2 \left[\frac{1}{1.7 \cdot 10^{-14} \,{\rm eV}}\right]^2 \left[\frac{M}{M_{\odot}}\right]^2 \left[\frac{M}{M_{\odot}$$



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$$\Gamma^{-1} \leftrightarrow$$

relaxation time

$$\tau_{\rm rel} \equiv \frac{m^3 v_{\rm dm}^2}{g^2 \rho_{\rm dm}^2} \simeq 9 \,\rm{Gyr} \left[\frac{f_a}{10^8 \,\rm{GeV}}\right]^4 \left[\frac{m}{10^{-14} \,\rm{eV}}\right]^3 \left[\frac{0.4 \,\rm{GeV/cm^3}}{\rho_{\rm dm}}\right]^2 \left[\frac{v_{\rm dm}}{240 \,\rm{km/s}}\right]^2$$

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• the size of  $\lambda$  (or  $f_a$ ) only enters into  $\Gamma$ 

# **Comparison with simulations**



• transition around  $\xi = 1$ 

density profile after 5 Gyr



• bands have  $v_{\rm dm} = 50 \div 240 \,\rm km/s$ 

•  $f_a$  (or  $\lambda$ ) fixed in  $10^7 \div 10^8 \,\mathrm{GeV}$












dark matter overdensity at the center (of the Sun)



### effective coherence time

dark matter overdensity at the center (of the Sun)

$$\tau_{\star} \gtrsim \frac{2\pi}{m\alpha^2} = \left[\frac{2\pi}{\xi_{\text{foc}}}\right]^2 \tau_{\text{dm}} \simeq 1 \text{ year} \left[\frac{1.3 \cdot 10^{-14} \text{ eV}}{m}\right]^3$$



## Summary

### • Small ULDM self-interactions induce the capture of the galaxy halo DM

 $\rightarrow$  happens efficiently when galactic DM is gravitationally focused, i.e. if  $\frac{\lambda_{\rm dB}}{R_{\star}} = \frac{2\pi\alpha}{v_{\rm dm}} \gtrsim 1$ 

 $\rightarrow$  leads to exponential growth of gravitational atoms bound to the Sun for  $m\gtrsim 10^{-14}\,{\rm eV}$ 

 $\rightarrow$  speed of the process depends on  $f_a$  (or  $\lambda$ ) and ends with Bosenova explosions

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## Outlook

- direct detection on Earth, larger DM density and coherence time
- detection of Bosenova explosions

• apply to other systems, including more massive object and SMBH (smaller m)

# Thanks!

# Backup

# Motivated example of light particles

## Axion or ALP, $\phi$

- Approximate shift symmetry,  $\phi \rightarrow \phi + c$
- Broken by  $V(\phi)$ , periodic of period  $2\pi f_a$ 
  - $\rightarrow$  mass  $m \ll f_a$

e.g.  $V(\phi) = -m^2 f_a^2 \cos(\phi/f_a)$ 



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$$V(\phi) = \frac{1}{2}m^2\phi^2 + \frac{\lambda}{4!}\phi^4 + \dots$$



 $|\lambda|\lll 1$ 

attractive self-interaction

- Local density  $\rho$  in the neighborhood of the Sun
- Coherence time,  $\tau_{\rm dm}$

ωt

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Overdensities at small scales, in addition to the galaxy halo

1) Boson stars/miniclusters  $\rightarrow$  low encounter rate for  $m \ll 1 \,\mathrm{eV}$ 



$$\simeq \frac{1}{10 \,\mathrm{yr}} \left[\frac{m}{1 \,\mathrm{eV}}\right]^{\frac{1}{2}}$$



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2) Dark matter bound to the Sun in a 'halo' with large overdensity



[Budker et al, '19]





$$\Gamma^{-1} \leftrightarrow$$

$$\tau_{\rm rel} \equiv \frac{m^3 v_{\rm dm}^2}{g^2 \rho_{\rm dm}^2} \simeq 9 \,\rm{Gyr} \left[\frac{f_a}{10^8 \,\rm{GeV}}\right]^4 \left[\frac{m}{10^{-14} \,\rm{eV}}\right]^3 \left[\frac{0.4 \,\rm{GeV/cm^3}}{\rho_{\rm dm}}\right]^2 \left[\frac{v_{\rm dm}}{240 \,\rm{km/s}}\right]^2$$

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# Large occupation numbers

Quantum mechanics with potential V(x)

- $\hat{x}, \hat{p}$  position and momentum operators
- $|\psi\rangle$  state
- average values defined as e.g.  $\langle p \rangle \equiv \langle \psi \, | \, \hat{p} \, | \, \psi \rangle$

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Th: 
$$m\frac{d}{dt}\langle x\rangle = \langle p\rangle$$
  $\frac{d}{dt}\langle p\rangle = -\langle V'(x)\rangle$ 

'average values follow the classical equations of motion (Newton eq.)'

$$\begin{cases} m\dot{x} = p \\ \dot{p} = -V'(x) \end{cases}$$

Ehrenfest Th:

 $\frac{d}{dt}\langle A\rangle = \frac{1}{i\hbar}\langle [A,H]\rangle$ 

• A(x, p) observable

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$$\frac{1}{t}\langle A\rangle = \frac{1}{i\hbar}\langle [A,H]\rangle$$

• Occupation number operator  $\hat{N} \longrightarrow$  Occupation number in  $|\psi\rangle$  :  $N \equiv \langle \hat{N} \rangle$ 

• Variance from the mean:

$$\langle A^2 \rangle - \langle A \rangle^2 \propto \frac{1}{N^{\#>0}}$$

'classical equations of motion are a good approximation of the full quantum evolution'

# Solar halo dark matter overdensity



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# Scattering states

$$\psi_{\mathbf{k}} = e^{i\mathbf{k}\cdot\mathbf{x}} \Gamma\left[1 - \frac{i}{kR_{\star}}\right] e^{\frac{\pi}{2kR_{\star}}} {}_{1}F_{1}\left[\frac{i}{kR_{\star}}, 1, i(kr - \mathbf{k}\cdot\mathbf{x})\right]$$

$$\begin{bmatrix} \psi_{\mathbf{k}} \to e^{i\mathbf{k}\cdot\mathbf{x}}, & \xi_{\text{foc}}(k) \ll 1. \end{bmatrix}$$
$$\psi_{\mathbf{k}} \to e^{i\varphi(k)} \sqrt{\frac{2\pi}{kR_{\star}}} J_0 \left[ 2\sqrt{\frac{r}{R_{\star}}(1-\hat{k}\cdot\hat{x})} \right], & \xi_{\text{foc}}(k) \gg 1$$

$$\dot{M}_{\star} = C + \underbrace{(\Gamma_{1} - \Gamma_{2})}_{\Gamma} M_{\star}$$

$$\left\{ C, \Gamma_{1} - \Gamma_{2} \right\} = g^{2} \int [dk_{1,2,3}] \delta(\Delta \omega) |\mathcal{M}|^{2} \left\{ m \rho(\mathbf{k_{1}}) \rho(\mathbf{k_{2}}) \rho(\mathbf{k_{3}}), \rho(\mathbf{k_{1}}) \rho(\mathbf{k_{2}}) - 2\rho(\mathbf{k_{2}}) \rho(\mathbf{k_{3}}) \right\}$$

$$k_{1} \sum \epsilon^{k_{3}} k_{1} \sum \epsilon^{100} k_{3} \sum k_{2}$$

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 $\dot{k}_1$ 

100



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$$k_{1} \swarrow k_{3} \qquad k_{1} \swarrow 100 \qquad k_{3} \swarrow k_{2}$$

 $k_2$  100

 $k_2 \xrightarrow{ k_3} k_3$ 

100

 $k_1$ 



#### **Quantum scattering and Bose Enhancement**

$$S = -\int dt \, d^3x \left[ \frac{i}{2} (\dot{\psi}^* \psi - \psi^* \dot{\psi}) + \frac{1}{2m} |\nabla \psi|^2 + m \Phi_{\text{ex}} |\psi|^2 + \frac{1}{2} g |\psi|^4 \right]$$

 $k_1 + k_2 \to k_3 + nlm$ 

$$\mathcal{A} = \langle k_3 \, nlm | \, T[\hat{H}_{int}] \, | k_1 k_2 \rangle = 2g(2\pi)\delta(\Delta\omega)\mathcal{M}$$

probability =  $(2\pi)\delta(\Delta\omega)4g^2|\mathcal{M}|^2$ .

 $\dot{N} = -\frac{4g^2}{2} \int [dk_1] [dk_2] [dk_3] \left[ (\rho(\mathbf{k_3}) + 1)(N_0 + 1)\rho(\mathbf{k_1})\rho(\mathbf{k_2}) - \rho(\mathbf{k_3})N_0(\rho(\mathbf{k_1}) + 1)(\rho(\mathbf{k_2}) + 1) \right] (2\pi)\delta(\Delta\omega) |\mathcal{M}|^2$ 

$$\begin{split} \dot{M}_{\star} &= C + \underbrace{\left(\Gamma_{1} - \Gamma_{2}\right)}_{\Gamma} M_{\star} \\ &\left\{ C, \Gamma_{1} - \Gamma_{2} \right\} = g^{2} \int [dk_{1,2,3}] \delta(\Delta \omega) |\mathcal{M}|^{2} \left\{ m \rho(\mathbf{k_{1}}) \rho(\mathbf{k_{2}}) \rho(\mathbf{k_{3}}), \rho(\mathbf{k_{1}}) \rho(\mathbf{k_{2}}) - 2\rho(\mathbf{k_{2}}) \rho(\mathbf{k_{3}}) \right\} \end{split}$$

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$$k_{1} \underbrace{k_{2}}_{loo} k_{1} \underbrace{k_{2}}_{loo} k_{2} \underbrace{k_{1}}_{k_{2}} \underbrace{k_{3}}_{loo} k_{3} \underbrace{k_{2}}_{loo} k_{3} + k_{1} \underbrace{k_{3}}_{loo} k_{3} \underbrace{k_{1}}_{loo} \underbrace{k_{3}}_{k_{1}} \underbrace{k_{2}}_{loo} k_{3} + k_{1} \underbrace{k_{2}}_{loo} k_{3} + k_{2} \underbrace{k_{3}}_{loo} k_{2$$

$$\xi_{\rm foc} = \frac{2\pi\alpha}{v_{\rm dm}} \ll 1$$

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• for  $g \neq 0$ ,  $\psi_w(t, \mathbf{x})$  is not an exact solution

$$\rightarrow \dot{M}_{\star} = C + (\Gamma_1 - \Gamma_2) M_{\star}$$

• if  $\rho < \rho_{\rm crit}$  the self-interaction term  $g|\psi|^2\psi$  is perturbative

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perturbation due to self-interactions

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waves bound state

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 $\mathcal{O}(\lambda)$ :

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source for  $\delta \psi$ 

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$$\supset g\psi_i\psi_j\psi_k^*e^{-i(\omega_i+\omega_j-\omega_k)t}$$
$$\omega_i+\omega_j=\omega_k+\omega_{\rm ind}$$



• 3 relevant types of terms:

(a)  $\psi_{i,j,k}$  = waves

$$\supset gf(\mathbf{k}_1)f(\mathbf{k}_2)f^*(\mathbf{k}_3)\psi_{\mathbf{k}_1}\psi_{\mathbf{k}_2}\psi^*_{\mathbf{k}_3}e^{-i(\omega_{k_1}+\omega_{k_2}-\omega_{k_3})t}$$



capture



capture

 $\dot{M}_{\star} \sim m \frac{d}{dt} \int d^3x |\delta\psi|^2 \sim$ 



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 $\sim mg^2 \int [dk_{1,2,3}] \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) \rho(\mathbf{k}_3) |\mathcal{M}|^2 \delta(\Delta \omega) \equiv C$ 

 $\dot{M}_{\star} \sim m \frac{d}{dt} \int d^3x |\delta\psi|^2 \sim$ 

$$\supset gf(\mathbf{k}_1)f(\mathbf{k}_2)f^*(\mathbf{k}_3)\psi_{\mathbf{k}_1}\psi_{\mathbf{k}_2}\psi^*_{\mathbf{k}_3}e^{-i(\omega_{k_1}+\omega_{k_2}-\omega_{k_3})t}$$



capture

$$\dot{M}_{\star} \sim m \frac{d}{dt} \int d^3x |\delta\psi|^2 \sim 1$$





(b)  $\psi_{i,j}$  = waves,  $\psi_k$  = bound



stimulated capture

 $\supset g\sqrt{N_{\star}}f(\mathbf{k}_1)f(\mathbf{k}_2)\psi_{\mathbf{k}_1}\psi_{\mathbf{k}_2}\psi_{100}^*e^{-i(\omega_{k_1}+\omega_{k_2}-\omega_1)t}$ 



(b)  $\psi_{i,j}$  = waves,  $\psi_k$  = bound



stimulated capture

 $\supset g\sqrt{N_{\star}}f(\mathbf{k}_1)f(\mathbf{k}_2)\psi_{\mathbf{k}_1}\psi_{\mathbf{k}_2}\psi_{100}^*e^{-i(\omega_{k_1}+\omega_{k_2}-\omega_1)t}$ 

$$\dot{M}_{\star} \sim mg^2 N_{\star} \int [dk_{1,2,3}] \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) |\mathcal{M}|^2 \delta(\Delta \omega) \equiv \Gamma_1 M_{\star}$$

$$\downarrow$$

$$mN_{\star}$$



(b)  $\psi_{i,j}$  = waves,  $\psi_k$  = bound



stimulated capture

 $\supset g\sqrt{N_{\star}}f(\mathbf{k}_1)f(\mathbf{k}_2)\psi_{\mathbf{k}_1}\psi_{\mathbf{k}_2}\psi_{100}^*e^{-i(\omega_{k_1}+\omega_{k_2}-\omega_1)t}$ 

$$\dot{M}_{\star} \sim mg^2 N_{\star} \int [dk_{1,2,3}] \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) |\mathcal{M}|^2 \delta(\Delta \omega) \equiv \Gamma_1 M_{\star}$$

$$\downarrow$$

$$mN_{\star}$$

waves

bound state





(c)  $\psi_{i,k}$  = waves,  $\psi_j$  = bound



stripping  $+2 \leftrightarrow 1$ 

 $\supset 2g\sqrt{N_{\star}}f(\mathbf{k}_1)f^*(\mathbf{k}_2)\psi_{\mathbf{k}_1}\psi_{100}\psi_{\mathbf{k}_2}^*e^{-i(\omega_{k_1}-\omega_{k_2}+\omega_1)t}$ 



(c)  $\psi_{i,k}$  = waves,  $\psi_j$  = bound



stripping  $+2 \leftrightarrow 1$ 

 $\supset 2g\sqrt{N_{\star}}f(\mathbf{k}_1)f^*(\mathbf{k}_2)\psi_{\mathbf{k}_1}\psi_{100}\psi_{\mathbf{k}_2}^*e^{-i(\omega_{k_1}-\omega_{k_2}+\omega_1)t}$ 

$$\dot{M}_{\star} \sim -2mg^2 N_{\star} \int [dk_{1,2,3}] \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) |\mathcal{M}|^2 \delta(\Delta \omega) \equiv -\Gamma_2 M_{\star}$$

$$\dot{M}_{\star} = C + \underbrace{(\Gamma_{1} - \Gamma_{2})}_{\Gamma} M_{\star}$$

$$\left\{ C, \Gamma_{1} - \Gamma_{2} \right\} = g^{2} \int [dk_{1,2,3}] \delta(\Delta \omega) |\mathcal{M}|^{2} \left\{ m \rho(\mathbf{k_{1}}) \rho(\mathbf{k_{2}}) \rho(\mathbf{k_{3}}), \rho(\mathbf{k_{1}}) \rho(\mathbf{k_{2}}) - 2\rho(\mathbf{k_{2}}) \rho(\mathbf{k_{3}}) \right\}$$

$$k_{1} \sum \epsilon^{k_{3}} k_{1} \sum \epsilon^{100} k_{3} \sum k_{2}$$





$$\Gamma^{-1} \leftrightarrow$$

relaxation time

$$\tau_{\rm rel} \equiv \frac{m^3 v_{\rm dm}^2}{g^2 \rho_{\rm dm}^2} \simeq 9 \,\rm{Gyr} \left[\frac{f_a}{10^8 \,\rm{GeV}}\right]^4 \left[\frac{m}{10^{-14} \,\rm{eV}}\right]^3 \left[\frac{0.4 \,\rm{GeV/cm^3}}{\rho_{\rm dm}}\right]^2 \left[\frac{v_{\rm dm}}{240 \,\rm{km/s}}\right]^2$$

 $\Gamma^{-1} \leftrightarrow$ 

relaxation time

$$\tau_{\rm rel} \equiv \frac{m^3 v_{\rm dm}^2}{g^2 \rho_{\rm dm}^2} \simeq 9 \,\rm{Gyr} \left[\frac{f_a}{10^8 \,\rm{GeV}}\right]^4 \left[\frac{m}{10^{-14} \,\rm{eV}}\right]^3 \left[\frac{0.4 \,\rm{GeV/cm^3}}{\rho_{\rm dm}}\right]^2 \left[\frac{v_{\rm dm}}{240 \,\rm{km/s}}\right]^2$$


## Dilute atoms

$$\mathcal{M}_{k_1+k_2 \to k_3+100} = \int d^3x \, e^{i(\mathbf{k}_1+\mathbf{k}_2-\mathbf{k}_3)\cdot\mathbf{x}} \, \frac{e^{-r/R_{\star}}}{\sqrt{\pi R_{\star}^3}} = \frac{8\sqrt{\pi R_{\star}^3}}{\left[1+(\Delta k \, R_{\star})^2\right]^2}$$

 $\Gamma =$ 

$$\frac{64g^2\rho_{\rm dm}^2\alpha^4}{(\pi m v_{\rm dm}^2)^3} \int dp_1 dp_2 \, d\cos\theta_1 \, d\cos\theta_2 \, d\cos\theta_3 \, d\phi_1 d\phi_2 \frac{p_1^2 p_2^2 p_3}{(1+\Delta p^2)^4} \left[ e^{-\left(\frac{\alpha}{v_{\rm dm}}\mathbf{p}_1 - \hat{z}\right)^2} - 2e^{-\left(\frac{\alpha}{v_{\rm dm}}\mathbf{p}_3 - \hat{z}\right)^2} \right] e^{-\left(\frac{\alpha}{v_{\rm dm}}\mathbf{p}_2 - \hat{z}\right)^2}$$

## Dilute atoms

$$\frac{\rho(r=0)}{\rho_{\rm dm}} \simeq \frac{0.4\xi_{\rm foc}^3}{\pi^{5/2}} \simeq 5 \cdot 10^{-5} \left[\frac{M}{M_{\odot}} \frac{m}{2 \cdot 10^{-15} \,\rm eV} \frac{240 \,\rm km/s}{v_{\rm dm}}\right]^3$$

$$\tau_{\star} \gtrsim \frac{2\pi}{m\alpha^2} = \left[\frac{2\pi}{\xi_{\rm foc}}\right]^2 \tau_{\rm dm} \simeq 1 \, \text{year} \left[\frac{1.3 \cdot 10^{-14} \, \text{eV}}{m}\right]^3$$

## Excited states and two level system

$$\begin{split} \dot{N}_{100} &= 2g^2 \int [dk_1] [dk_2] [dk_3] |\mathcal{M}_{k_1+k_2 \to k_3+100}|^2 (2\pi) \delta(\omega_{k_1} + \omega_{k_2} - \omega_1 - \omega_{k_3}) \\ &\{ \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) \rho(\mathbf{k}_3) + N_{100} [\rho(\mathbf{k}_1) \rho(\mathbf{k}_2) - 2\rho(\mathbf{k}_2) \rho(\mathbf{k}_3)] \} \\ &+ 4g^2 \int [dk_1] [dk_2] |\mathcal{M}_{k_1+100 \to k_2+200}|^2 (2\pi) \delta(\omega_{k_1} + \omega_1 - \omega_2 - \omega_{k_2}) \\ &\{ N_{100} N_{200} [\rho(\mathbf{k}_2) - \rho(\mathbf{k}_1)] - \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) [N_{100} - N_{200}] \} \\ &+ 2g^2 \int [dk] |\mathcal{M}_{200+200 \to 100+k}|^2 (2\pi) \delta(2\omega_2 - \omega_1 - \omega_k) \{\rho(\mathbf{k}) N_{200}^2 + N_{100} N_{200}^2 - 2N_{200} N_{100} \rho(\mathbf{k}) \} \,. \end{split}$$

$$\begin{split} \dot{N}_{200} &= 2g^2 \int [dk_1] [dk_2] [dk_3] |\mathcal{M}_{k_1+k_2 \to k_3+200}|^2 (2\pi) \delta(\omega_{k_1} + \omega_{k_2} - \omega_2 - \omega_{k_3}) \\ &\{ \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) \rho(\mathbf{k}_3) + N_{200} [\rho(\mathbf{k}_1) \rho(\mathbf{k}_2) - 2\rho(\mathbf{k}_2) \rho(\mathbf{k}_3)] \} \\ &- 4g^2 \int [dk_1] [dk_2] |\mathcal{M}_{k_1+100 \to k_2+200}|^2 (2\pi) \delta(\omega_{k_1} + \omega_1 - \omega_2 - \omega_{k_2}) \\ &\{ N_{100} N_{200} [\rho(\mathbf{k}_2) - \rho(\mathbf{k}_1)] - \rho(\mathbf{k}_1) \rho(\mathbf{k}_2) [N_{100} - N_{200}] \} \\ &- 4g^2 \int [dk] |\mathcal{M}_{200+200 \to 100+k}|^2 (2\pi) \delta(2\omega_2 - \omega_1 - \omega_k) \{ \rho(\mathbf{k}) N_{200}^2 + N_{100} N_{200}^2 - 2N_{200} N_{100} \rho(\mathbf{k}) \} \,, \end{split}$$





$$\mathcal{M}_{k_1+k_2 \to k_3+100} = \frac{2\sqrt{2}\pi}{\sqrt{k_1k_2k_3}} \int d^3\zeta \, e^{-\zeta} \, J_0 \left[ 2\xi(1-\hat{k}_1 \cdot \hat{\zeta}) \right] J_0 \left[ 2\zeta(1-\hat{k}_2 \cdot \hat{\zeta}) \right] J_0 \left[ 2\zeta(1-\hat{k}_3 \cdot \hat{\zeta}) \right]$$

$$\Gamma = \frac{8g^2 \rho_{\rm dm}^2}{\pi^2 m^3 v_{\rm dm}^2} \int dp_1 dp_2 \, d\cos\theta_1 \, d\cos\theta_2 \, d\cos\theta_3 \, d\phi_1 d\phi_2 \, p_1 p_2 F^2 [\hat{p}_i \cdot \hat{p}_j] \left[ e^{-(\mathbf{p}_1 - \hat{z})^2} - 2e^{-(\mathbf{p}_3 - \hat{z})^2} \right] e^{-(\mathbf{p}_2 - \hat{z})^2}$$

$$\tau_{\rm rel} \equiv \frac{m^3 v_{\rm dm}^2}{g^2 \rho_{\rm dm}^2} \simeq 9 \,{\rm Gyr} \left[\frac{f_a}{10^8 \,{\rm GeV}}\right]^4 \left[\frac{m}{10^{-14} \,{\rm eV}}\right]^3 \left[\frac{0.4 \,{\rm GeV/cm^3}}{\rho_{\rm dm}}\right]^2 \left[\frac{v_{\rm dm}}{240 \,{\rm km/s}}\right]^2$$

$$\mathscr{L}_{\phi} = \frac{d_{\alpha}}{4M_{\rm Pl}} \phi F^{\mu\nu} F_{\mu\nu}$$

**c.f.** 
$$\mathscr{L}_{\rm em} = \frac{\alpha}{4} F^{\mu\nu} F_{\mu\nu}$$

$$\frac{\delta\alpha}{\alpha_0} \simeq \frac{d_\alpha \phi}{M_{\rm Pl}} \simeq 6 \times 10^{-16} d_\alpha \left(\frac{10^{-15} \,\mathrm{eV}}{m_\phi}\right) \sqrt{\frac{\rho_\phi}{\rho_{\rm dm}}}$$

w/ oscillations at frequency 
$$\omega_{\phi} \simeq m_{\phi} \simeq \text{few Hz}\left(\frac{m_{\phi}}{10^{-15} \,\text{eV}}\right)$$

Derevianko + Pospelov (1311.1244)

Arvanitaki, Huang, Van Tilburg (1405.2925)

Stadnik and Flambaum (1412.7801, 1503.08540)

.....



Modern optical clocks have achieved

$$\frac{\delta \alpha}{\alpha_0} \lesssim 10^{-18}$$

Future nuclear clock expected to reach

$$\frac{\delta\alpha}{\alpha_0} \lesssim 10^{-23}$$



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