

Soft Skills Workshop



Report of Contributions

Contribution ID: 1

Type: **not specified**

How to make effective presentations

Thursday, 7 July 2022 09:00 (1h 15m)

Science, outreach, real life have in common the art and challenge of communicating with other human beings. We will ask ourselves why and to what extent our talks should be intelligible, and pursue the ambitious (and yet asymptotic) goal of transforming presentations into interactions between a speaker and an audience. After having built up some foundations on do's and don'ts - and most importantly after having reviewed some common practice - we will engage, in the second part of the morning, in a hands-on, interactive development of communication strategies around a common story.

Presenter: IPPOLITO, Valerio (Istituto Nazionale di Fisica Nucleare)

Session Classification: How to get away with talking: a public speaking laboratory

Contribution ID: 4

Type: **not specified**

Workshop on presentation making

Thursday, 7 July 2022 10:45 (2 hours)

The audience will be divided into small groups and will be asked to deliver a 1-3 slide presentation on a given a topic of general knowledge. A moment of constructive criticism on each presentation will follow, highlighting strong and weak points of each presentation under the light of what was explained in the previous seminar;

Presenter: IPPOLITO, Valerio (Istituto Nazionale di Fisica Nucleare)

Session Classification: How to get away with talking: a public speaking laboratory

Contribution ID: 5

Type: **not specified**

Mental Health Literacy

Thursday, 7 July 2022 14:30 (1 hour)

This service includes information about the prevalence of mental health illness in general and academic populations, an overview of signs and symptoms highlighting those seen in academic settings, and the science underlying the causes and treatments of mental illnesses;

Presenter: Dr VVEDENSKAYA, Olga (Dragonfly Mental Health)

Session Classification: Mental Health in Accademia

Contribution ID: 6

Type: **not specified**

Imposter Syndrome

Thursday, 7 July 2022 16:00 (1 hour)

In this seminar, we cover the definition of impostor syndrome and its prevalence in the academic population. We provide an overview of symptoms highlighting those seen in academic settings, and we facilitate community discussion on how to overcome impostor syndrome in our individual lives.

Presenter: Dr VVEDENSKAYA, Olga (Dragonfly Mental Health)

Session Classification: Mental Health in Accademia