## Soft Skills Workshop



Contribution ID: 5

Type: not specified

## **Mental Health Literacy**

Thursday, 7 July 2022 14:30 (1 hour)

This service includes information about the prevalence of mental health illness in general and academic populations, an overview of signs and symptoms high- lighting those seen in academic settings, and the science underlying the causes and treatments of mental illnesses;

Presenter:Dr VVEDENSKAYA, Olga (Dragonfly Mental Health)Session Classification:Mental Health in Accademia