

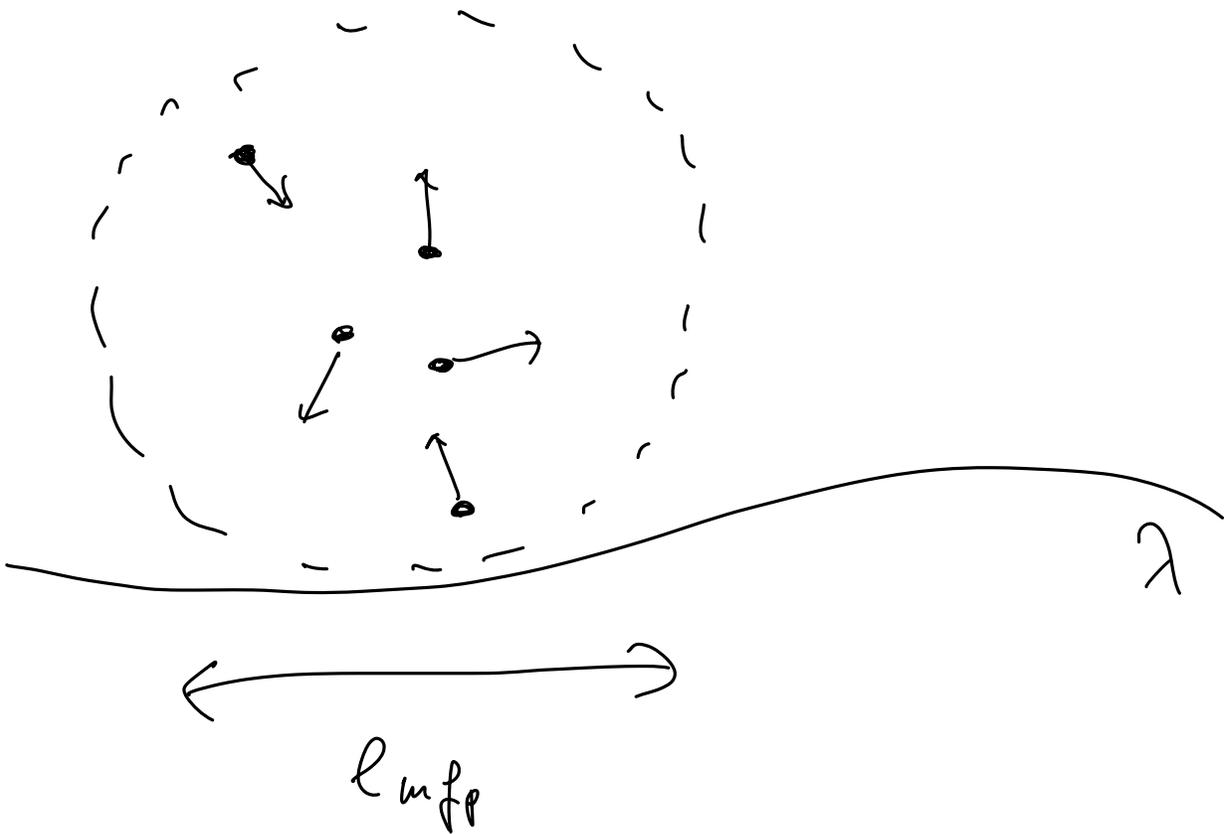
EFT's for fluids, superfluids, ...

("phases of matter")



* why? Universality

Hydrodynamics = oldest effective theory

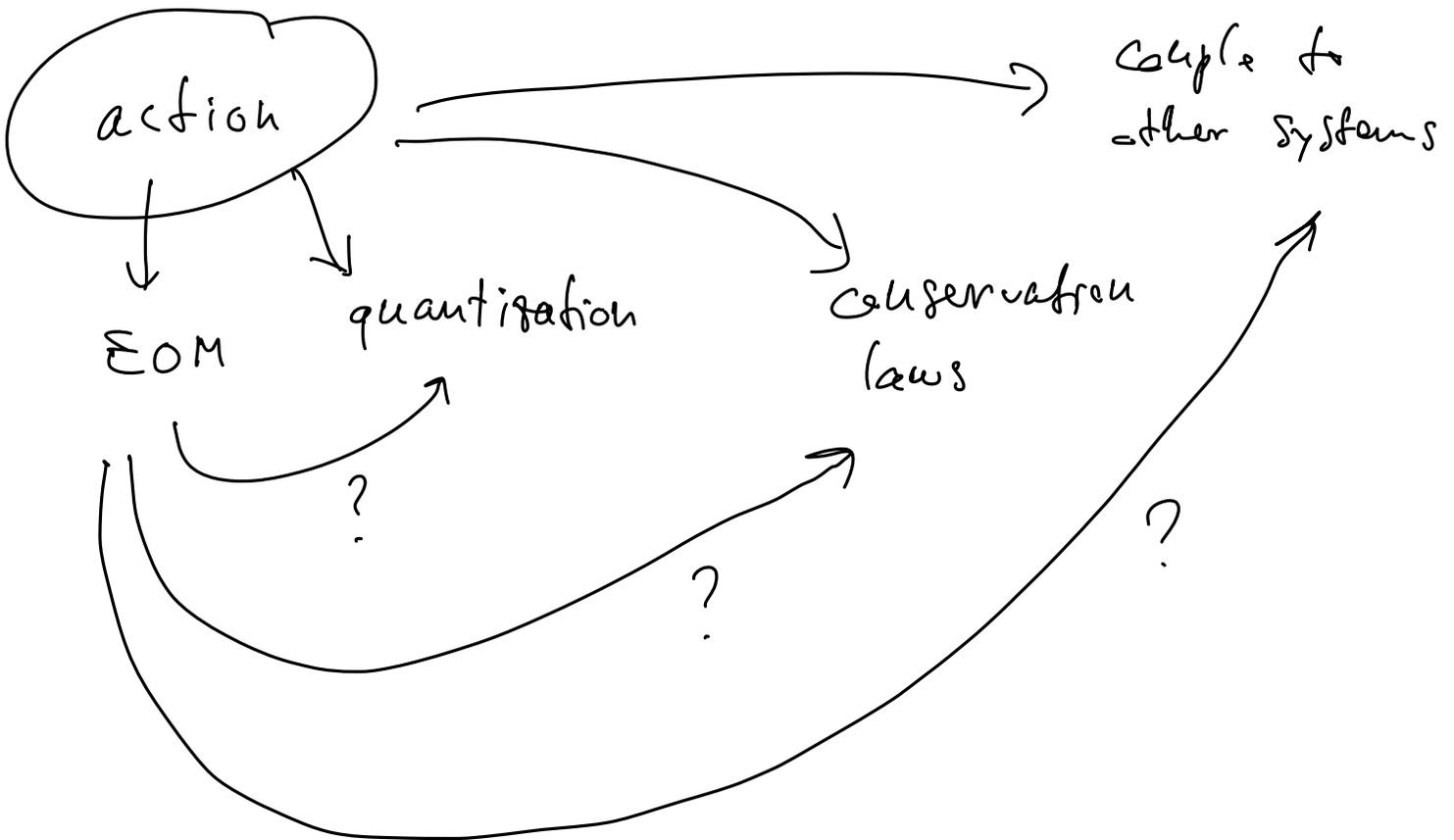


$$\begin{cases} \dot{\rho} + \vec{\nabla} \cdot (\rho \vec{v}) = 0 \\ \dot{\vec{u}} + (\vec{u} \cdot \vec{\nabla}) \vec{u} = - \frac{\vec{\nabla} p}{\rho} \end{cases}$$

$$p = p(\rho)$$

↑
eq. of state

↑
EOM



⑧ What Goldstone dynamics of fluids, superfluids, solids, ...

Goldstone? Some S.S.B. always
there in "condensed matter"

boasts

⊗ No: Fermi liquids
Electronic properties of solids
Finite T effects (dissipation)

"finite density
matter"

Superfluid = cleanest, simplest "CM"
system

Traditionally: zero viscosity, BEC, etc.

QFT: Superfluid = system w/

homogeneous, isotropic state

$|\psi\rangle$ that:

- | |
|---|
| 1) breaks a $U(1)$ charge \hat{Q} . |
| 2) has a finite density for \hat{Q} . |

$U(1)$ charge:

$$(\partial_\mu J^\mu = 0)$$

$$\hat{Q} = \int d^3x \hat{J}^0$$

$$2) \Leftrightarrow \langle \psi | \hat{J}^0(x) | \psi \rangle \equiv n \neq 0$$

breaks boosts.

$$\Rightarrow \hat{J}^0 |\psi\rangle \neq 0$$

$$\text{If } \hat{Q} |\psi\rangle = q |\psi\rangle \quad q \neq 0$$

$$(q \rightarrow \infty \text{ as } V \rightarrow \infty)$$

$$\langle \psi | \overbrace{[\hat{Q}, \hat{O}(x)]}^{\delta O(x)} | \psi \rangle = \delta \langle O(x) \rangle$$

↑
order
parameter

$$\langle \psi | [\hat{Q}, \hat{O}] | \psi \rangle = 0$$

\Rightarrow (SSB \Leftrightarrow $|\psi\rangle$ is not an eigenstate of \hat{Q})

i) SSB \rightarrow Goldstone $f(x)$ ($U(1)$)

$$U(1): \psi(x) \rightarrow \underline{\psi(x) + \alpha} \quad \alpha = \text{const}$$

$$[\text{Ex: } \underline{\Phi(x)} \rightarrow \underline{e^{i\alpha} \Phi(x)}]$$

$$\langle \Phi(x) \rangle \neq 0$$

$$\Phi(x) = \rho(x) e^{i\varphi(x)}$$

$$\Rightarrow \psi \rightarrow \psi + \alpha \quad]$$

$$U(1): \partial_\mu \psi \rightarrow \partial_\mu \psi \quad (\partial t)^2 = \partial_\mu \psi \partial^\mu \psi$$

$$\text{Lorentz: } (\partial \psi)^2, (\square \psi)^2, \dots$$

$$\mathcal{L} = P((\partial \psi)^2) + \text{higher } \partial's$$

\uparrow generic function $\rightarrow \equiv X \equiv$

low energy, long distances

$$\eta_{\mu\nu} = (+, -, -, -)$$

$$2) \quad J^\mu = \frac{\partial \mathcal{L}}{\partial(\partial_\mu \psi)} = 2 P'(X) \partial^\mu \psi$$

$$\underbrace{\langle \hat{J}^0(x) \rangle}_{\text{const}} \neq 0 \quad \Rightarrow \quad \underbrace{\langle \partial^0 \hat{\psi} \rangle}_{\text{const}} \neq 0$$

$$\hat{\psi}(x) = \underbrace{\mu \cdot t}_{\text{chemical part. (later)}} + \underbrace{\hat{\pi}(x)}_{\text{phonon field}}$$

$$\begin{aligned} X &= (\partial\psi)^2 = \left(\underbrace{\mu \delta_\alpha^0}_{\uparrow} + \partial_\alpha \pi \right) \left(\mu \eta^{\alpha 0} + \partial^\alpha \pi \right) \\ &= \mu^2 + 2\mu \dot{\pi} + (\partial\pi)^2 \\ &= \mu^2 + 2\mu \dot{\pi} + \dot{\pi}^2 - (\vec{\nabla}\pi)^2 \end{aligned}$$

$$\begin{aligned} \mathcal{P}(X) &= \mathcal{P}(\mu^2) + \mathcal{P}'(\mu^2) (2\mu \dot{\pi} + \dot{\pi}^2 - (\nabla\pi)^2) \\ &\quad + \frac{1}{2!} \mathcal{P}''(\mu^2) (2\mu \dot{\pi} + \dot{\pi}^2 - (\nabla\pi)^2)^2 \\ &\quad + \dots \end{aligned}$$

$$T^{\mu\nu} ? \quad S = \int d^d x \mathcal{P}(\eta^{\mu\nu} \partial_\mu \psi \partial_\nu \psi)$$

$$\rightarrow \int d^4x \sqrt{g} \mathcal{P}(g^{\mu\nu} \partial_\mu f \partial_\nu f)$$

$$\frac{\delta}{\delta g^{\mu\nu}} \rightarrow T_{\mu\nu} = 2 \mathcal{P}'(x) \partial_\mu f \partial_\nu f - \eta_{\mu\nu} \mathcal{P}(x)$$

\uparrow
 $g = \eta$

cf. $T_{\mu\nu} = (\rho + p) u_\mu u_\nu - \eta_{\mu\nu} p$

\uparrow
 for a
 perfect
 fluid

$u_\mu u^\mu = +1$

$$\begin{cases} p = \mathcal{P}(x) \\ \rho = 2 \mathcal{P}'(x) x - \mathcal{P} \\ u_\mu = \partial_\mu f / \sqrt{x} \end{cases}$$

$$p = f(\rho)$$

eq. of state
 (experimental / microphysics
 input)

$$\hookrightarrow P(x) = f(2P'(x) - P)$$

ODE for $P(x)$ \Rightarrow $P(x)$ completely determined by eq. of state

Zero-T thermodynamics:

$$\begin{cases} (g + p) = \mu \cdot n \\ dg = \mu \cdot dn \\ (dp = n \cdot d\mu) \end{cases}$$

$n = \#$ density

$$J^r = 2P'(x) \partial^r f$$

$$n = J^r \cdot u_r = 2P'(x) \frac{x}{\sqrt{x}} = 2P' \sqrt{x}$$

$$g = 2P'x - P$$

$$\hookrightarrow p = P$$



$$\mu = \sqrt{x} \quad \text{chemical potential}$$

$$P(x) \longleftrightarrow p(\mu^2)$$

$$C_s^2 = \frac{dp}{d\rho} = \frac{\frac{dP(x)}{dx}}{\frac{d(2P'(x)x - P)}{dx}} = \frac{P'}{2P''x + \cancel{2P'} - P'}$$

$$= \frac{P'}{2P''x + P'}$$

$$P(x) \supset + P'(\mu^2) (\dot{\pi}^2 - (D\pi)^2)$$

$$+ \frac{1}{2!} P''(\mu^2) (2\mu\dot{\pi})^2$$

$$= (P' + 2\mu^2 P'') \dot{\pi}^2 - P' (D\pi)^2$$

$$= \underbrace{P'}_{\frac{1}{2} \left(\frac{P+P}{\mu^2} \right)} \left[\underbrace{\frac{P' + 2\mu^2 P''}{P'}}_{\frac{1}{C_s^2}} \dot{\pi}^2 - (D\pi)^2 \right]$$

$$-\frac{1}{c_s^2} \ddot{\pi} + \nabla^2 \pi = 0$$

$$\ddot{\pi} - c_s^2 \nabla^2 \pi = 0$$

\Rightarrow sound waves propagating at c_s .

~~$U(\pi)$~~ + finite density

$$\Rightarrow S = \int \mathcal{P}(x) d^4x$$

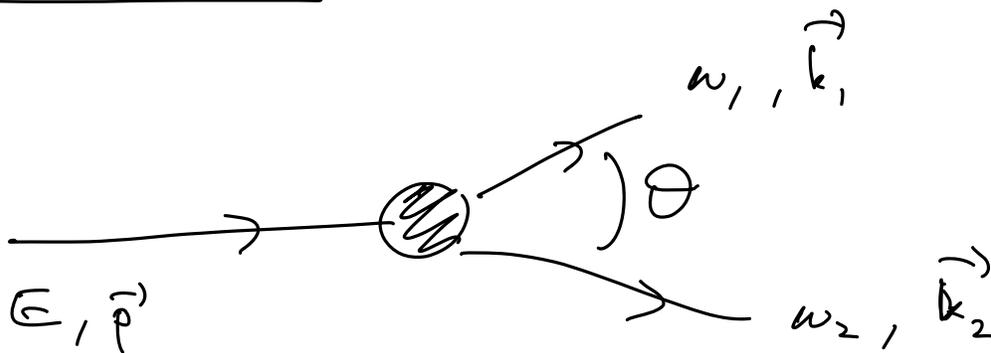
\uparrow
 eq. of state $p = p(\mu^2)$

$$X = \partial_r f \partial^r f \quad \psi = \mu t + \pi(x)$$

$$S \rightarrow S_0 + S_2 + S_3 + S_4 + \dots$$

\uparrow \uparrow \uparrow \uparrow
 const $\mathcal{O}(\mu^2)$ $\mathcal{O}(\mu^3)$ $\mathcal{O}(\mu^4)$

Plancher decay



$$\left\{ \begin{array}{l} \vec{p} = \vec{k}_1 + \vec{k}_2 \\ \not{p} = \not{k}_1 + \not{k}_2 \end{array} \right.$$

$$p^2 = k_1^2 + k_2^2 + 2\vec{k}_1 \cdot \vec{k}_2$$

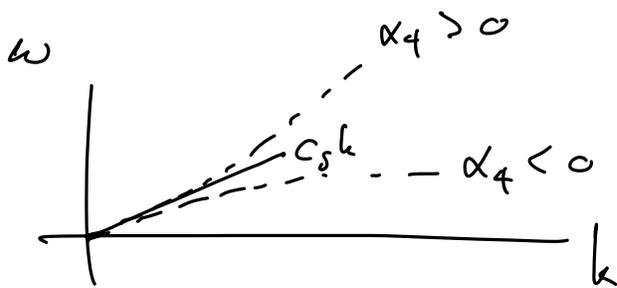
$$p^2 = k_1^2 + k_2^2 + 2k_1 k_2$$

only possible for $\theta = 0$

collinear kinematics

$$\rightarrow \omega^2 = c_s^2 k^2 + \alpha_4 k^4 + \alpha_6 k^6 + \dots$$

(including higher derivative corrections)



For $\alpha_4 > 0$, decay is kinematically allowed in a range of θ

$$S_2 = \left(\frac{\rho + p}{\mu^2 c_s^2} \right) \int d^4x \frac{1}{2} \left(\dot{\pi}^2 - c_s^2 (\nabla \pi)^2 \right)$$

$(\psi = \mu t + \pi)$

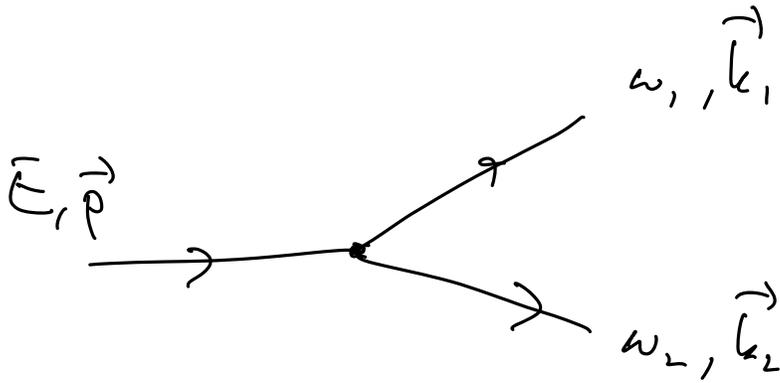
$$S_3 = \int d^4x \left[2 P''_{\mu} \dot{\pi} (\dot{\pi}^2 - (\nabla \pi)^2) + \frac{4}{3} P'''_{\mu^3} \dot{\pi}^3 \right]$$

$$\rho + p \sim P'$$

$$Z \rightarrow \left(\frac{\rho + p}{\mu^2 c_s^2} \right) \int d^4x \left[\frac{\alpha \dot{\pi}^3}{3!} + \frac{\beta \dot{\pi} (\nabla \pi)^2 c_s^2}{2!} \right]$$

HW: compute α, β in terms of

$$c_s^2, \frac{dc_s^2}{d \log X}$$



$$\vec{p} \parallel \vec{k}_1 \parallel \vec{k}_2$$

$$\omega_1 = c_s k_1$$

$$\omega_2 = c_s (p - k_1)$$

$$E = c_s p$$

$$iM = \frac{1}{z^{3/2}} \cdot z \left[i\alpha (-iE)(i\omega_1)(i\omega_2) \right.$$

$$+ i c_s^2 \beta \left((-iE)(-i\vec{k}_1) \cdot (-i\vec{k}_2) \right.$$

$$+ (i\omega_1)(i\vec{p}) \cdot (-i\vec{k}_2) \left. \right.$$

$$+ (i\omega_2)(i\vec{p}) \cdot (-i\vec{k}_1) \left. \right]$$

$$\rightarrow \frac{1}{z^{1/2}} \left[-\alpha c_s^3 p k_1 (p - k_1) \right.$$

$$\left. - 3\beta c_s^3 p k_1 (p - k_1) \right]$$

$$= - \frac{\mu c_s^4}{\sqrt{\gamma + p}} (\alpha + 3\beta) p k_1 (p - k_1)$$

$$d\Gamma = \frac{1}{2E} |M|^2 d\mathbb{T}_f$$

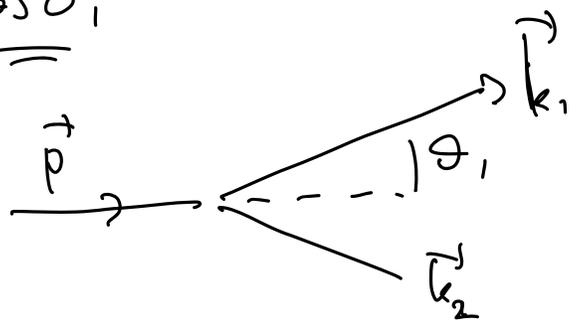
↑ final state phase space

$$d\mathbb{T}_f = \frac{d^3k_1}{(2\pi)^3 2\omega_1} \frac{d^3k_2}{(2\pi)^3 2\omega_2} (2\pi)^4 \delta(\overset{c.p.}{E} - \omega_1 - \omega_2) \delta^3(\vec{p} - \vec{k}_1 - \vec{k}_2)$$

$$\longrightarrow \frac{d^3k_1}{(2\pi)^3 2\omega_1} \frac{1}{2\omega_2} \frac{1}{c_s} (2\pi) \delta(p - k_1 - |\vec{p} - \vec{k}_1|)$$

$$(|\vec{k}_2| = p - k_1)$$

$$|\vec{p} - \vec{k}_1| = \sqrt{p^2 + k_1^2 - 2pk_1 \cos\theta_1}$$



$$d^3k_1 = k_1^2 dk_1 d\cos\theta_1$$

$$\delta(f(x)) = \frac{\delta(x-x_0)}{|f'(x_0)|} \quad (f(x_0) = 0)$$

$$d\Gamma_f \rightarrow \frac{dc_p, d\cos\theta, dk_1, k_1^2}{(2\pi)^2 2\omega_1 2\omega_2 c_s} \frac{\delta(\cos\theta_1)}{pk_1 \sqrt{p^2+k_1^2-2pk_1}}$$

$$\rightarrow \frac{dk_1, k_1^2}{(2\pi)(2\omega_1)(2\omega_2)c_s} \cdot \frac{p-k_1}{pk_1}$$

$$d\Gamma = \frac{1}{16\pi} \frac{\mu^2 c_s^4}{(\rho + \mathbb{P})} (\alpha + 3\beta)^2 \frac{(p-k_1)^2 k_1^2}{=} dk_1$$

$$\Gamma \approx \int_0^{p/2} \dots = \frac{\mu^2 c_s^4}{16\pi (\rho + \mathbb{P})} (\alpha + 3\beta)^2 \frac{p^5}{60}$$

\leftarrow Base $p/2$
 related to $c_s^2, \frac{dc_s^2}{d \log X}$