

CONNECTING SCIENCES

#### Slow-roll inflation in Palatini F(R) gravity

#### Antonio Racioppi

National Institute of Chemical Physics and Biophysics, Tallinn, Estonia

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based on JHEP 06 (2022) 106 with C. Dioguardi (Taltech & NICPB) & E. Tomberg (NICPB)









Inflation with R<sup>2</sup> term in the Palatini formalism, Enckell et al. 1810.05536

$$S_{J} = \int d^{4}x \sqrt{-g_{J}} \left[ \frac{1}{2} \left( R + \alpha R^{2} \right) - \frac{1}{2} g_{J}^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi - V(\phi) \right] \qquad M_{P} = 1$$

- Main results:
  - universally flat Einstein-frame scalar potential

$$U = \frac{V}{1 + 8\alpha V} = \frac{U^0}{1 + 8\alpha U^0}$$

 $\dots^{0}$  means the same quantity but for  $\alpha = 0$ 

simple inflationary preditions:

$$N_e = N_e^0$$

$$A_s = A_s^0$$

$$n_s = n_s^0$$

$$r = \frac{r^0}{1 + 8\alpha U^0} = \frac{r_0}{1 + 12\pi^2 \alpha A_s r^0}$$

♦  $\alpha \gg 1 \Rightarrow r \rightarrow 0$  regardless of the initial V

• Q's: What makes  $F(R) = R + \alpha R^2$  special? Is there any  $F(R) \Rightarrow r \rightarrow 0$ ?



• We start with the following action in the Palatini formulation

$$S_{J} = \int d^{4}x \sqrt{-g_{J}} \left[ \frac{1}{2} F(R(\Gamma)) + \mathcal{L}(\phi) \right]$$
$$\mathcal{L}(\phi) = -\frac{1}{2} k(\phi) g_{J}^{\mu\nu} \partial_{\mu} \phi \partial_{\nu} \phi - V(\phi)$$

• we rewrite the F(R) term using the auxiliary field  $\zeta$ , obtaining

$$S_{J} = \int d^{4}x \sqrt{-g}_{J} \left[ \frac{1}{2} \left( F(\zeta) + F'(\zeta) \left( R(\Gamma) - \zeta \right) \right) + \mathcal{L}(\phi) \right]$$

we move to the Einstein frame

$$S_{E} = \int d^{4}x \sqrt{-g_{E}} \left[ \frac{R}{2} - \frac{1}{2} g_{E}^{\mu\nu} \partial_{\mu} \chi \partial_{\nu} \chi - U(\chi, \zeta) \right]$$
$$U(\chi, \zeta) = \frac{V(\phi(\chi))}{F'(\zeta)^{2}} - \frac{F(\zeta)}{2F'(\zeta)^{2}} + \frac{\zeta}{2F'(\zeta)}$$
$$\frac{\partial \chi}{\partial \phi} = \sqrt{\frac{k(\phi)}{F'(\zeta)}} \quad \text{(canonically normalized scalar)}$$

• N.B.  $\zeta$  stays auxiliary! Not dynamical like in metric gravity



The full EoM for ζ is

$$2F(\zeta) - \zeta F'(\zeta) - 2k(\phi) \partial^{\mu} \phi \partial_{\mu} \phi F'(\zeta) - 4V(\phi) = 0$$

- The standard procedure would be now to solve the EoM and determine  $\zeta(\phi, \partial^{\mu}\phi\partial_{\mu}\phi)$  and insert it back into the action.
- However not always solvable for any  $F(R) \Rightarrow SR$  approximation
- The EoM for  $\zeta$ , assuming SR i.e.  $k(\phi)g_J^{\mu\nu}\partial_\mu\phi\partial_\nu\phi \ll V(\phi)$  is

with

$$G(\zeta) = \frac{1}{4} \left[ 2F(\zeta) - \zeta F'(\zeta) \right]$$

 $G(\zeta) = V(\phi)$ 

- Still not always solvable for any F(R)
- On the other hand it is still possible to perform inflationary computations. The trick is to use the auxiliary field ζ as a computational variable and G = V as a constraint.



• first of all  $V \rightarrow G$  in U:

$$U(\chi,\zeta) = \frac{V(\phi(\chi))}{F'(\zeta)^2} - \frac{F(\zeta)}{2F'(\zeta)^2} + \frac{\zeta}{2F'(\zeta)}$$
  
= ...  
=  $\frac{1}{4}\frac{\zeta}{F'(\zeta)} = U(\zeta)$ 

- valid for any F(R) and  $V(\phi)$
- what changes is the actual solution for  $\zeta$
- also valid for the pure F(R) case  $(\mathcal{L}(\phi) = 0)$
- We already knew that  $F(R) = R + \alpha R^2$  gives a flat U for  $\alpha \gg 1$ Enckell et al. 1810.05536
- Now we have shown that no other F(R) can give such a result.



- SR computations  $\rightarrow$  we need derivatives of U
- we start with the 1st derivative:

$$\frac{\partial}{\partial \chi} U(\zeta) = \boxed{\frac{\partial \zeta}{\partial \chi}} \frac{\partial}{\partial \zeta} U(\zeta) \quad \leftarrow \text{ we need this}$$

•  $G(\zeta) = V(\phi) \Rightarrow \phi = V^{-1}(G)$ , the inverse function of  $V(\phi)$ 

$$g(\zeta) = \frac{\partial \zeta}{\partial \chi} = \frac{\partial \zeta}{\partial \phi} \frac{\partial \phi}{\partial \chi} = \dots$$
$$= \sqrt{\frac{F'(\zeta)}{k(V^{-1}(G))} \frac{1}{\frac{\partial G}{\partial \zeta} \frac{\partial V^{-1}}{\partial G}}}$$

This allows us to easily express higher derivatives:

$$\frac{\partial^2}{\partial \chi^2} U(\zeta) = g(\zeta) \frac{\partial}{\partial \zeta} \left( g(\zeta) \frac{\partial U}{\partial \zeta} \right) = gg' U' + g^2 U'', \dots$$

where primes denote derivatives w.r.t.  $\zeta$ .

we have a method for computing SR parameters

## KBFI • Inflationary observables •

SR parameters

$$\epsilon(\zeta) = \frac{1}{2} \left( \frac{\partial U/\partial \chi}{U} \right)^2 = \frac{1}{2} g^2 \left( \frac{U'}{U} \right)^2$$
$$\eta(\zeta) = \frac{\partial^2 U/\partial \chi^2}{U} = \frac{gg'U' + g^2U''}{U}$$

observables

$$N_{e} = \int_{\chi_{f}}^{\chi_{N}} \frac{U}{\partial U/\partial \chi} d\chi = \int_{\zeta_{f}}^{\zeta_{N}} \frac{U}{g^{2} U'} d\zeta$$

$$r(\zeta) = 16\epsilon(\zeta) = 8g^{2} \left(\frac{U'}{U}\right)^{2}$$

$$n_{s}(\zeta) = 1 + 2\eta(\zeta) - 6\epsilon(\zeta) = 1 + \frac{2g}{U^{2}} \left(g'U'U + gU''U - 3gU'^{2}\right)$$

$$A_{s}(\zeta) = \frac{U}{24\pi^{2}\epsilon(\zeta)} = \frac{U^{3}}{12\pi^{2}g^{2}U'^{2}}$$

• N.B. U contains info from F(R), while V-info is in g



• We checked  $R + \alpha R^2 \rightarrow OK! \rightarrow backup$  slides

• We study the test scenario:

$$F(R) = R + \alpha R^n$$
,  $k(\phi) = 1$ ,  $V(\phi) = \frac{m^2}{2}\phi^2$ .

Solutions of the G = V problem:

- 1.  $n < 2 \rightarrow \text{all good!}$
- 2.  $n > 2 \rightarrow$  only effective description

## $\bigoplus_{\mathsf{NICPB}} \mathsf{KBFI} \bullet \underline{G > 0 \text{ problem}} \bullet$



Figure:  $G(\zeta)$  (left) and  $V(\phi) = \phi^2$  (right) for  $F(R) = R + R^n$  with n = 3/2 (continuous) and n = 5/2 (dashed).

n=3/2 For each  $\phi$ , even though we cannot compute it analytically, we can always find a  $\zeta$  so that  $G(\zeta) = V(\phi)$ 

n=5/2 For each  $\phi$ , we cannot always find a  $\zeta$  so that  $G(\zeta) = V(\phi)$  $\rightarrow$  effective description: inflation must happen before  $\zeta_{max}$ 



We can compute the phenomenological parameters:

$$\begin{split} N_{e} &= \left[\frac{\zeta \left(n - (n - 1)\right)}{8m^{2}} {}_{2}F_{1}\left(1, \frac{1}{n - 1}; \frac{n}{n - 1}; (n - 2)\alpha\zeta^{n - 1}\right)\right]_{\zeta = \zeta_{f}}^{\zeta = \zeta_{N}} \\ r(\zeta_{N}) &= \frac{64m^{2}}{\zeta_{N}} \frac{1 + \alpha(2 - n)\zeta_{N}^{n - 1}}{1 + \alpha n\zeta_{N}^{n - 1}} \\ n_{s}(\zeta_{N}) &= 1 - \frac{8m^{2}}{\zeta_{N}} \frac{2 + \alpha(n - 2)(n - 3)\zeta_{N}^{n - 1}}{1 + \alpha(2 - n)n\zeta_{N}^{n - 1}} \\ A_{s}(\zeta_{N}) &= \frac{1}{384\pi^{2}m^{2}} \frac{\zeta_{N}^{2}}{1 + \alpha(2 - n)\zeta_{N}^{n - 1}} \\ where we used the hypergeometric function \\ {}_{2}F_{1}(a, b, c, z) = \sum_{k=0}^{\infty} \frac{(a)_{n}(b)_{n} z^{n}}{(c)_{n} n!} \end{split}$$

with

$$(q)_n = \frac{\Gamma(q+n)}{\Gamma(q)}$$

the (rising) Pochhammer symbol

Antonio Racioppi

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- We studied single field inflation embedded in Palatini F(R) gravity
- We explained why Palatini  $R + R^2$  is so unique
- We found a method to perform inflationary computations even though the EoM of ζ is not solvable.
- We tested the method on a couple of examples
- Unexpected outcome/future outlook:
  - *R* + *R<sup>n</sup>*, *n* > 2 is problematic ⇒ hint for a Palatini UV theory of gravity?
  - *n* = 2 quite unstable configuration



Grazie! - Thank you! - Aitäh!







#### KBFI • Inflationary computations •

Assuming SR, the inflationary dynamics is described by the SR parameters and the  $N_e$ . Assuming that we solved EoM  $\zeta(\phi)$  and field redef.  $\phi(\chi)$ , the SR parameters are

$$\equiv \frac{1}{2} \left( \frac{1}{U} \frac{\mathrm{d}U}{\mathrm{d}\chi} \right)^2, \quad \eta \equiv \frac{1}{U} \frac{\mathrm{d}^2 U}{\mathrm{d}\chi^2}$$

and the number of e-folds as

$$N = \int_{\chi_f}^{\chi_N} \mathrm{d}\chi \, U\left(\frac{\mathrm{d}U}{\mathrm{d}\chi}\right)^{-1}$$

where the field value at the end of inflation,  $\chi_f$ , is defined via  $\epsilon(\chi_f) = 1$ . The field value  $\chi_i$  at the time a given scale left the horizon is given by the corresponding N. To reproduce the correct  $A_s$ , the potential has to satisfy

$$\ln(10^{10}A_s) = 3.044 \pm 0.014$$
 where  $A_s = \frac{1}{24\pi^2} \frac{U(\chi_N)}{\epsilon(\chi_N)}$ 

and the other two main observables, i.e. the spectral index and the tensor-to-scalar ratio are expressed as

$$n_s \simeq 1 + 2\eta - 6\epsilon$$
  
 $r \simeq 16\epsilon$ 

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• FLAT potentials are strongly FAVORED!!!

The properties of spacetime are essentially described by two objects:

- the affine connection:  $\Gamma^{\lambda}_{\alpha\beta}$
- the metric tensor:  $g_{\mu\nu}$

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- the affine connection:  $\Gamma^{\lambda}_{\alpha\beta}$
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 $\Gamma^{\lambda}_{\alpha\beta}$  describes the parallel transport of tensor fields along a given curve. If the spacetime is curved, parallel transport around a closed path, after a full cycle, results in a finite mismatch. The curvature is uniquely determined by the Riemann tensor  $R^{\mu}_{\alpha\nu\beta}(\Gamma)$  whose contraction  $R_{\alpha\beta}(\Gamma) \equiv R^{\mu}_{\alpha\mu\beta}(\Gamma)$  gives the Ricci tensor<sup>1</sup>

<sup>1</sup>We consider only  $\Gamma^{\lambda}_{\alpha\beta} = \Gamma^{\lambda}_{\beta\alpha}$  i.e. torsion free space-time.

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The properties of (torsionless) spacetime are essentially described by:

- the affine connection:  $\Gamma^{\lambda}_{\alpha\beta} \rightarrow$  parallel transport
- the metric tensor:  $g_{\mu\nu} \rightarrow \text{distance}$

The connection coefficients and metric tensor are fundamentally independent quantities. They exhibit no *a priori* known relationship. If they are to have any relationship, it must derive from

- additional constraints (metric formalism  $\nabla_{\alpha}g_{\mu\nu} = 0$ )
- EoM (Palatini formalism)

The properties of spacetime are essentially described by two objects:

- the affine connection:  $\Gamma^{\lambda}_{\alpha\beta}$
- the metric tensor:  $g_{\mu\nu}$

 $g_{\mu\nu}$  allows us to introduce the notion of distance.

The connection coefficients and metric tensor are fundamentally independent quantities. They exhibit no *a priori* known relationship, and if they are to have any it must derive from additional constraints (metric formalism) or geometrodynamics (Palatini formalism).





 In non-minimally coupled theories, metric and Palatini formalism give different physical theories. (Koivisto & Kurki-Suonio: arXiv:0509422)

#### KBFI • Metric vs Palatini formulation •

$$Jordan \text{ frame: } \sqrt{-g^{J}}\mathcal{L}^{J} = \sqrt{-g^{J}} \begin{bmatrix} \frac{1}{2}F(R) - \frac{1}{2}(\partial\phi)^{2} - V(\phi) \\ = \sqrt{-g^{J}} \begin{bmatrix} \frac{1}{2}f(\zeta)R - \frac{1}{2}(\partial\phi)^{2} - V(\phi,\zeta) \end{bmatrix}$$

$$Metric$$

$$\nabla_{\alpha}g_{\mu\nu}^{J} = 0 \Rightarrow \Gamma = \text{Levi-Civita } \Gamma = \overline{\Gamma}$$

$$\overline{\Gamma}^{\lambda}_{\alpha\beta} = \frac{1}{2}g^{\lambda\rho}(\partial_{\alpha}g_{\beta\rho} + \partial_{\beta}g_{\rho\alpha} - \partial_{\rho}g_{\alpha\beta})$$

$$\Gamma^{\lambda}_{\alpha\beta} = \overline{\Gamma}^{\lambda}_{\alpha\beta} + \delta^{\lambda}_{\alpha}\partial_{\beta}\omega + \delta^{\lambda}_{\beta}\partial_{\alpha}\omega - g_{\alpha\beta}\partial^{\lambda}\omega$$

$$\omega(\zeta) = \ln \Omega(\zeta), \quad g_{\mu\nu}^{E} = \Omega(\zeta)^{2}g_{\mu\nu}, \quad \Omega(\zeta)^{2} = f(\zeta) = F'(\zeta)$$

$$Metric \left(\Gamma_{E} = \overline{\Gamma}_{E}\right)$$

$$K(\phi, \zeta) \rightarrow 2 \text{ dyn. fields: } \phi \& \zeta$$

$$Metrio \operatorname{Reizer} \left(\Gamma_{E} = \overline{\Gamma}_{E}\right)$$

$$K(\phi, \zeta) = 4 \operatorname{dyn. fields: } \phi \& \zeta$$

$$Metrio \operatorname{Reizer} \left(\Gamma_{E} = \Gamma_{E}\right)$$

$$K(\phi, \zeta) = 4 \operatorname{dyn. fields: } \phi \& \zeta$$

$$Metrio \operatorname{Reizer} \left(\Gamma_{E} = \Gamma_{E}\right)$$

$$K(\phi, \zeta) = K(\phi) \rightarrow \phi \operatorname{dyn. \& \zeta \operatorname{aux.} Metrio \operatorname{Reizer} F(\theta)$$

$$Metrio \operatorname{Reizer} \left(\Gamma_{E} = \Gamma_{E}\right)$$



• we start with Palatini 
$$F(R)$$
 action alone

$$S_J = \int \mathrm{d}^4 x \sqrt{-g_J} \frac{1}{2} F(R(\Gamma))$$

• we rewrite the F(R) term using the auxiliary field  $\zeta$ 

$$S_{J} = \int d^{4}x \sqrt{-g}_{J} \left[ \frac{1}{2} F'(\zeta) R(\Gamma) - V(\zeta) \right]$$
$$V(\zeta) = \frac{-F(\zeta) + \zeta F'(\zeta)}{2} F' = \frac{\partial F}{\partial \zeta}$$

~ before ( $\zeta = \phi^2, F' = f$ ) but NO kin term for  $\zeta$ !!!

we move to the Einstein frame

$$S_E = \int d^4x \sqrt{-g_E} \left[ \frac{R}{2} - U(\zeta) \right]$$
$$U(\zeta) = -\frac{F(\zeta)}{2F'(\zeta)^2} + \frac{\zeta}{2F'(\zeta)}$$

N.B. Still no kinetic term for  $\zeta$ !!!

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•  $\zeta$ 's EoM:  $U'(\zeta) = 0 \rightarrow a$  bit of albegra:

$$G(\zeta) = \frac{1}{4} \left[ 2F(\zeta) - \zeta F'(\zeta) \right] = 0$$
  
$$\zeta = \zeta^* \qquad \rightarrow \qquad F(\zeta^*) = \frac{1}{2} \zeta^* F'(\zeta^*)$$

with  $F', F'' \neq 0$ 

• inserting  $\zeta = \zeta^*$  in U we obtain  $U(\zeta^*) = -\frac{\zeta^* F'(\zeta^*)}{2F'(\zeta^*)^2} + \frac{\zeta^*}{4F'(\zeta^*)} = \frac{1}{4} \frac{\zeta^*}{F'(\zeta^*)}$ i.e. a CC

• therefore pure Palatini F(R) is equivalent to GR + CC



=

- SR computations  $\rightarrow$  we need derivatives of U
- we start with the 1st derivative:

$$\frac{\partial}{\partial \chi} U(\zeta) = \boxed{\frac{\partial \zeta}{\partial \chi}} \frac{\partial}{\partial \zeta} U(\zeta) \quad \leftarrow \text{ we need this!}$$
$$= \frac{\partial \phi}{\partial \chi} \frac{\partial}{\partial \phi} U(\zeta) = \sqrt{\frac{F'(\zeta)}{k(\phi)}} \frac{\partial}{\partial \phi} U(\zeta)$$

• 
$$G(\zeta) = V(\phi) \Rightarrow \phi = V^{-1}(G)$$
, the inverse function of  $V(\phi)$ 

$$= \sqrt{\frac{F'(\zeta)}{k(V^{-1}(G))}} \frac{\partial \zeta}{\partial \phi} \frac{\partial U}{\partial \zeta} = \sqrt{\frac{F'(\zeta)}{k(V^{-1}(G))}} \frac{1}{\frac{\partial \phi}{\partial \zeta}} \frac{\partial U}{\partial \zeta} = \sqrt{\frac{F'(\zeta)}{k(V^{-1}(G))}} \frac{1}{\frac{\partial V^{-1}}{\partial \zeta}} \frac{\partial U}{\partial \zeta} =$$

$$\sqrt{\frac{F'(\zeta)}{k(V^{-1}(G))}}\frac{1}{\frac{\partial G}{\partial \zeta}}\frac{\partial V^{-1}}{\partial G}}\frac{\partial U}{\partial \zeta}=\frac{\partial}{\partial \chi}U(\zeta)$$



• Summarizing:

$$\frac{\partial \zeta}{\partial \chi} = \sqrt{\frac{F'(\zeta)}{k(V^{-1}(G))}} \frac{1}{\frac{\partial G}{\partial \zeta} \frac{\partial V^{-1}}{\partial G}} \equiv g(\zeta), \qquad \frac{\partial}{\partial \chi} f(\zeta) = g(\zeta) \frac{\partial f(\zeta)}{\partial \zeta}$$

N.B. The derivative can be explicitly computed as long as V is invertible.

This allows us to easily express higher derivatives:

$$\frac{\partial^2}{\partial\chi^2}U(\zeta) = g(\zeta)\frac{\partial}{\partial\zeta}\left(g(\zeta)\frac{\partial U}{\partial\zeta}\right) = gg'U' + g^2U'', \ldots$$

where primes denote derivatives w.r.t.  $\zeta$ .

 we have a method for computing SR parameters and inflationary observables!



$$G(\zeta) = \frac{1}{4} \left[ 2F(\zeta) - \zeta F'(\zeta) \right] = V(\phi)$$

- For  $\zeta \to +\infty$ , if  $F(\zeta) \approx \zeta^n \Rightarrow G(\zeta) \approx (2-n)\zeta^n$  $\Rightarrow$  with  $n > 2 \Rightarrow G \to -\infty$
- Problem:  $V(\infty) \rightarrow \infty \Rightarrow$  no real values for  $\zeta$
- Solutions:

$$n < 2 \implies G(+\infty) \rightarrow +\infty \implies OK!$$

n > 2  $G(0^+) \sim \zeta \Rightarrow G$  is a first a crescent function which reaches a local max and then decreases towards  $-\infty$  $\Rightarrow$  we need to ensure that inflation happens within  $\zeta = 0$  and  $\zeta = \text{local max}$ . (in order to avoid also the bijectivity problem)  $\Rightarrow$  the model is only an effective description

#### 

• 
$$F(R) = R + \alpha R^2$$
,  $k(\phi) = 1$ 

• Let's check:  $G(\zeta) = V(\phi)$ 

$$G(\zeta) = \frac{1}{4} \left[ 2F(\zeta) - \zeta F'(\zeta) \right] = \frac{1}{4} \left[ 2\zeta + 2\alpha\zeta^2 - \zeta(1 + 2\alpha\zeta) \right]$$
$$= \frac{1}{4} \zeta = V(\phi) = U^0 \quad \leftarrow \text{ no } \alpha!!!$$

• Einstein frame scalar potential:

$$U = \frac{1}{4} \frac{\zeta}{F'(\zeta)} = \frac{\zeta}{4 + 8\alpha\zeta} = \frac{U^0}{1 + 8\alpha U^0} \longrightarrow \mathsf{OK}!$$

• g function

$$g = \sqrt{F'(\zeta)} \frac{1}{\frac{\partial G}{\partial \zeta} \frac{\partial V^{-1}}{\partial G}} = \sqrt{1 + 2\alpha \zeta} \frac{1}{\frac{\partial V^{-1}}{\partial \zeta}}$$

inflationary observables

$$r(\zeta) = 8g^2 \left(\frac{U'}{U}\right)^2 = \left(\frac{1}{\frac{\partial V^{-1}}{\partial \zeta}}\right)^2 \frac{8}{\zeta^2} \left(\frac{1}{1+2\alpha\zeta}\right) = \frac{r^0}{1+8\alpha U^0} \to \mathsf{OK}!$$

analogously we get  $N_e = N_e^0$ ,  $A_s = A_s^0$  and  $n_s = n_s^0$ Antonio Racioppi ICHEP 2022, July 7th, 2022 Slow-roll inflati



We can derive more readable expressions considering the limit  $|n - 2|\alpha \rightarrow \infty$ . In such a limit we can approximate the number of *e*-folds as



N.B. Valid only for  $n \neq 2$ 

obtaining

# $\mathbf{KBFI} \bullet \mathbf{Example 1.} \ n > 2 \bullet$

- full analytical expression still valid
- G > 0 during inflation  $\Rightarrow$  no  $\alpha \rightarrow +\infty \Rightarrow$  given *n*,  $\alpha$  has an upper limit
- inflation happens $[0, \zeta_{max}] \Rightarrow N_e$  is bounded from above
- we need  $\zeta_N < \zeta_{\max}$  at  $N_e \in [50, 60]$
- $\alpha \nearrow \Rightarrow \zeta_{\max} \searrow \text{ and } |\zeta_N \zeta_{\max}| \searrow$
- rough upper limit for α = ā when ζ<sub>N</sub> = ζ<sub>max</sub>. The limit is only rough because η has a pole at ζ = ζ<sub>max</sub> meaning the loss of validity of the slow-roll approximation. Therefore the actual upper limit ā takes place for ζ<sub>N</sub> not equal, but slightly smaller than ζ<sub>max</sub>.

• we can still provide useful estimates by using  $\zeta_N = \zeta_{max}$ .

$$m_{\bar{\alpha}}^{2} \simeq \frac{n(\bar{\alpha}(n-2)n)^{-\frac{2}{n-1}}}{384\pi^{2}(n-1)A_{s}}$$

$$N_{e} \sim (\bar{\alpha}(n-2)n)^{\frac{1}{n-1}} \frac{48\pi^{2}(n-1)A_{s}}{n} \left[ n + (1-n)_{2}F_{1}\left(1,\frac{1}{n-1};\frac{n}{n-1};\frac{1}{n}\right) \right] \rightarrow$$

 $\rightarrow$  we can use it as a definition for  $\bar{\alpha}$ 

$$r_{\bar{\alpha}} \simeq \frac{(n-2)(\bar{\alpha}(n-2)n)^{\frac{1}{1-n}}}{6\pi^2(n-1)A_s}$$



After some manipulations, the full Einstein frame EoMs read:

$$\ddot{\phi} + 3H\dot{\phi} + \frac{V'(\phi)}{F'(\zeta)k(\phi)} = \frac{\dot{\phi}\dot{\zeta}F''(\zeta)}{F'(\zeta)} - \frac{1}{2}\frac{k'(\phi)}{k(\phi)}\dot{\phi}^2$$
$$3H^2 = \frac{1}{2}\frac{\dot{\phi}^2}{F'(\zeta)}k(\phi) + U(\phi,\zeta)$$
$$-\frac{1}{2}\dot{\phi}^2F'(\zeta)k(\phi) + 2V(\phi) - 2G(\zeta) = 0$$

These can be used to also derive

$$\dot{H} = -\frac{1}{2} \frac{\dot{\phi}^2}{F'(\zeta)} k(\phi)$$

$$\epsilon_H \equiv -\frac{\dot{H}}{H^2} = \frac{12V(\phi) - 6F(\zeta) + 3\zeta F'(\zeta)}{6V(\phi) - 3F(\zeta) + 2\zeta F'(\zeta)}$$

$$\dot{\zeta} = \frac{3H\dot{\phi}^2 F'(\zeta)k(\phi) + 3V'(\phi)\dot{\phi}}{2G'(\zeta) + \frac{3}{2}\dot{\phi}^2 F''(\zeta)k(\phi)}$$

N.B. Even though  $\zeta$  is only auxiliary, it has an implicit time dependence via  $\phi$ 

Antonio Racioppi ICHEP 2022, July 7th, 2022 Slow-roll inflation in Palatini F(R) gravity 14 / 16





- $\phi > 0 \rightarrow$  mirror with respect to x-axis H < 0  $\rightarrow$  switch the direction of the flow. not reached smoothly when 1  $\phi$
- $\phi > 0$ : trajectory sharp turns into SR slow-roll
- $\phi < 0$ : trajectory enters SR in  $\dot{\phi} > 0$  branch





• illness of the *n* > 2 case