

# Scrutinizing the pion-condensed phase

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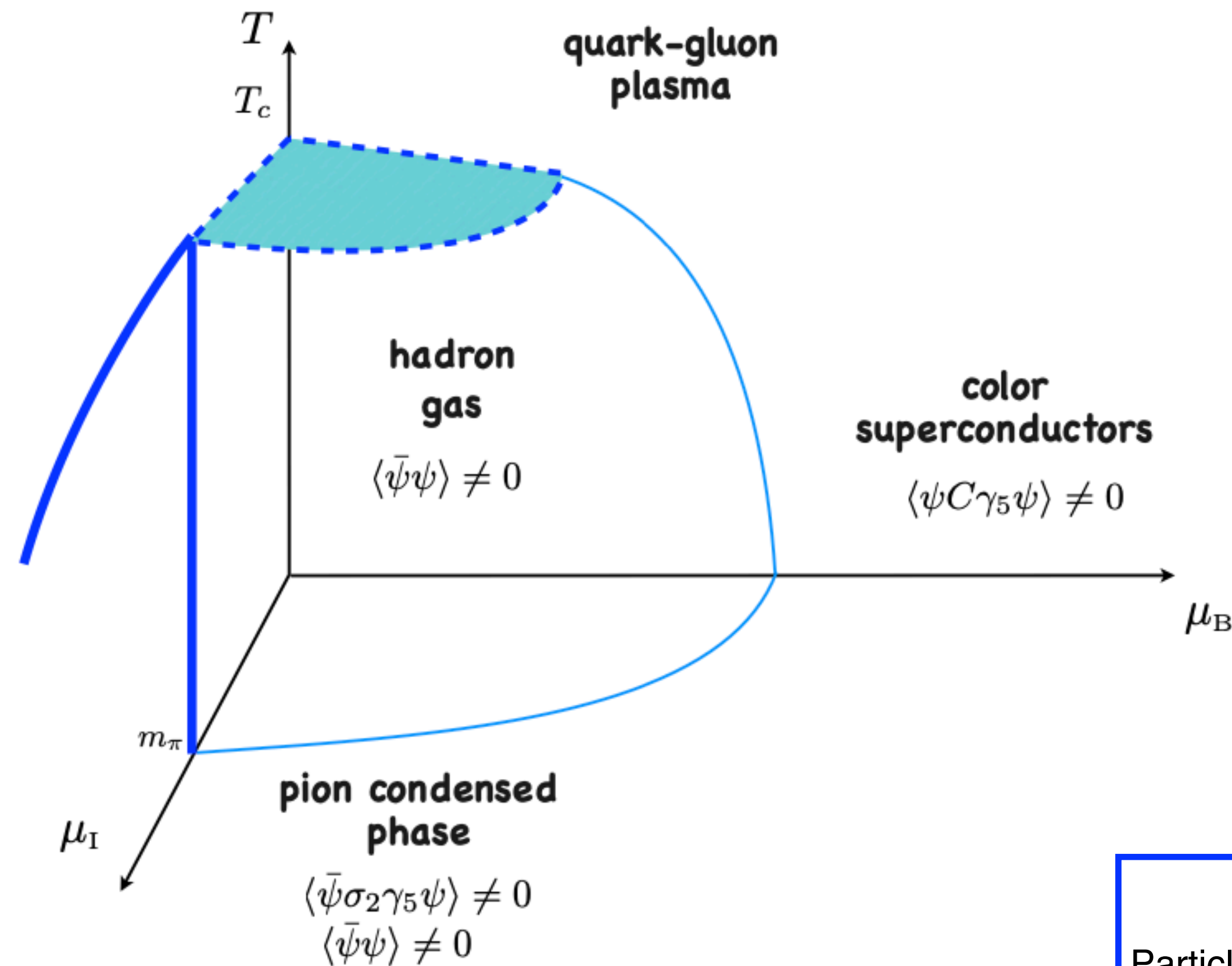
Quantum gases, fundamental interactions and cosmology - third edition,  
Pisa, October 26-28th 2022

# References

- S. Carignano, L. L., A. Mammarella, M. Mannarelli, and G. Pagliaroli, Eur. Phys. J. A 53, 35 (2017).
- A. Mammarella and M. Mannarelli, Phys. Rev. D 92, 085025 (2015).
- S. Carignano, A. Mammarella and M. Mannarelli, Phys. Rev. D 93, 051503(R) (2016).
- L. L. and M. Mannarelli, Phys. Rev. D 99, 096011 (2019).

# Motivations

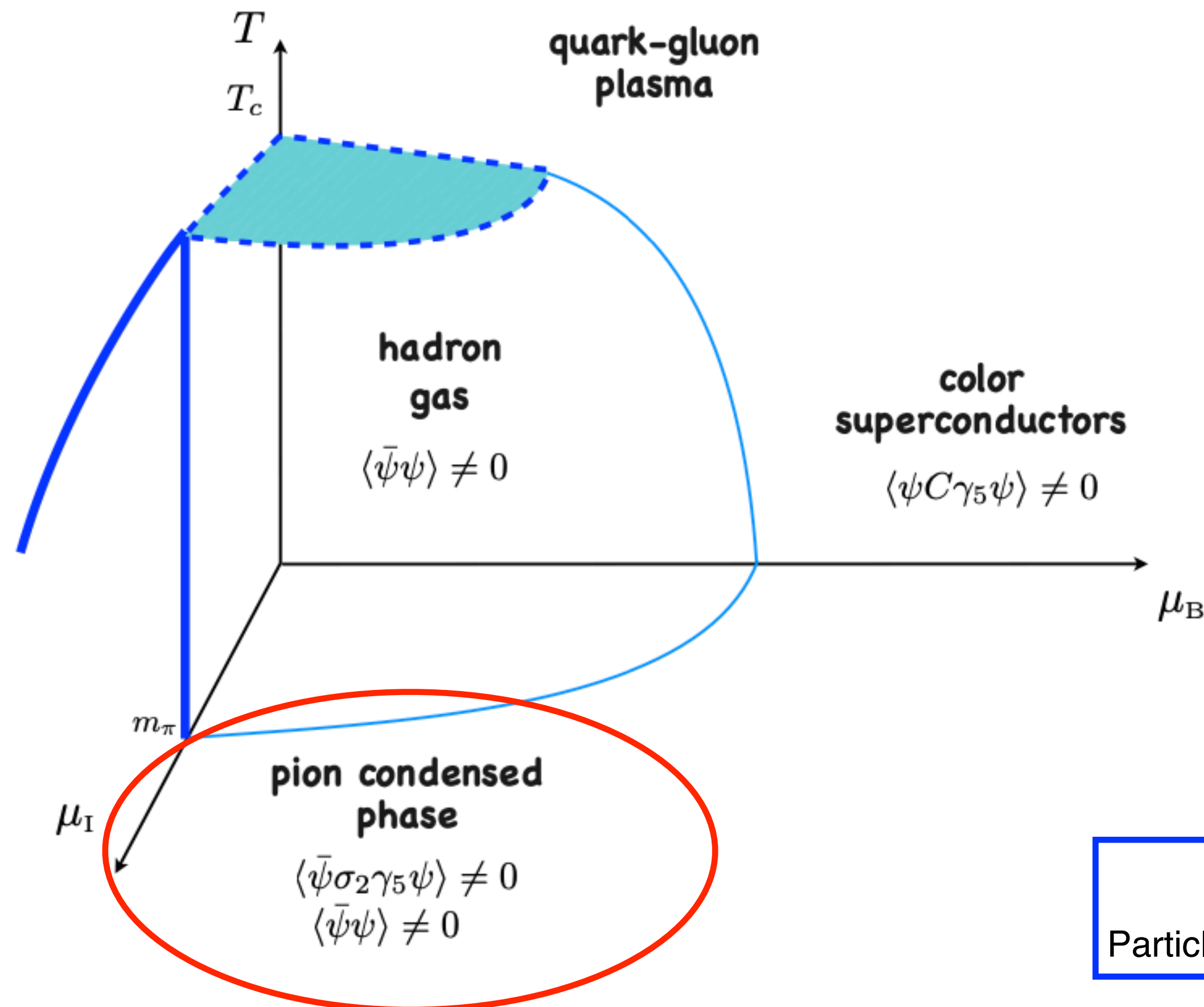
- To characterize further the phase diagram of QCD



M. Mannarelli,  
Particles 2019, 2(3), 411-443

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# Motivations

- To characterize further the phase diagram of QCD
- For the **pion-condensed phase**, to characterize the low-energy excitations
- For the **pion-condensed phase**, to characterize the phase transition(s)
- Accessible to lattice-QCD simulations

# Pion dynamics

- described efficiently by chiral perturbation theory  $\mathcal{O}(p^2)$

$$\mathcal{L}_2 = \frac{f_\pi^2}{4} \text{Tr}(D_\nu \Sigma D^\nu \Sigma^\dagger) + \frac{f_\pi^2 m_\pi^2}{4} \text{Tr}(\Sigma + \Sigma^\dagger)$$

$$\frac{p}{\Lambda_\chi} \ll 1$$

$$\Lambda_\chi \sim 1 \text{ GeV}$$

$$D_\mu \Sigma = \partial_\mu \Sigma - \frac{i}{2} [v_\mu, \Sigma] \quad v_\mu = \mu_I \delta_{\mu 0} \sigma_3$$

$$\Sigma = u \bar{\Sigma} u \quad \text{with } u = e^{i\boldsymbol{\sigma} \cdot \boldsymbol{\varphi}/2} \quad \varphi_i \ (i = 1, 2, 3) \quad \text{real scalars}$$

$$\bar{\Sigma} = e^{i\boldsymbol{\alpha} \cdot \boldsymbol{\sigma}} = \cos \alpha + i \mathbf{n} \cdot \boldsymbol{\sigma} \sin \alpha \quad SU(2) \quad \text{vacuum}$$

$(\alpha, \mathbf{n})$  variational parameters, maximizing  $\mathcal{L}_2$

# Normal phase

$$\bar{\Sigma} = e^{i\boldsymbol{\alpha} \cdot \boldsymbol{\sigma}} = \cos \alpha + i\boldsymbol{n} \cdot \boldsymbol{\sigma} \sin \alpha \quad \mu_I < m_\pi$$

$$\alpha = 0 \quad \rightarrow \quad \bar{\Sigma} = \mathbf{I}$$

- charged pion fields  $\pi_\pm = \frac{\varphi_1 \mp i\varphi_2}{\sqrt{2}} \quad \pi_+ \sim u\bar{d}$

with effective masses  $m_{\pi_\pm} = m_\pi \mp \mu_I$  as Stark effect

If  $\mu_I > m_\pi - m_e$  no weak decay to leptons

# Pion condensation

- if  $\mu_I \geq m_\pi$  BEC condensation for  $\pi_+$

$m_{\pi_+}$  as  $\mu$  in BEC

Possibility of superfluid if  $\pi_+$  interact at "T = 0"....

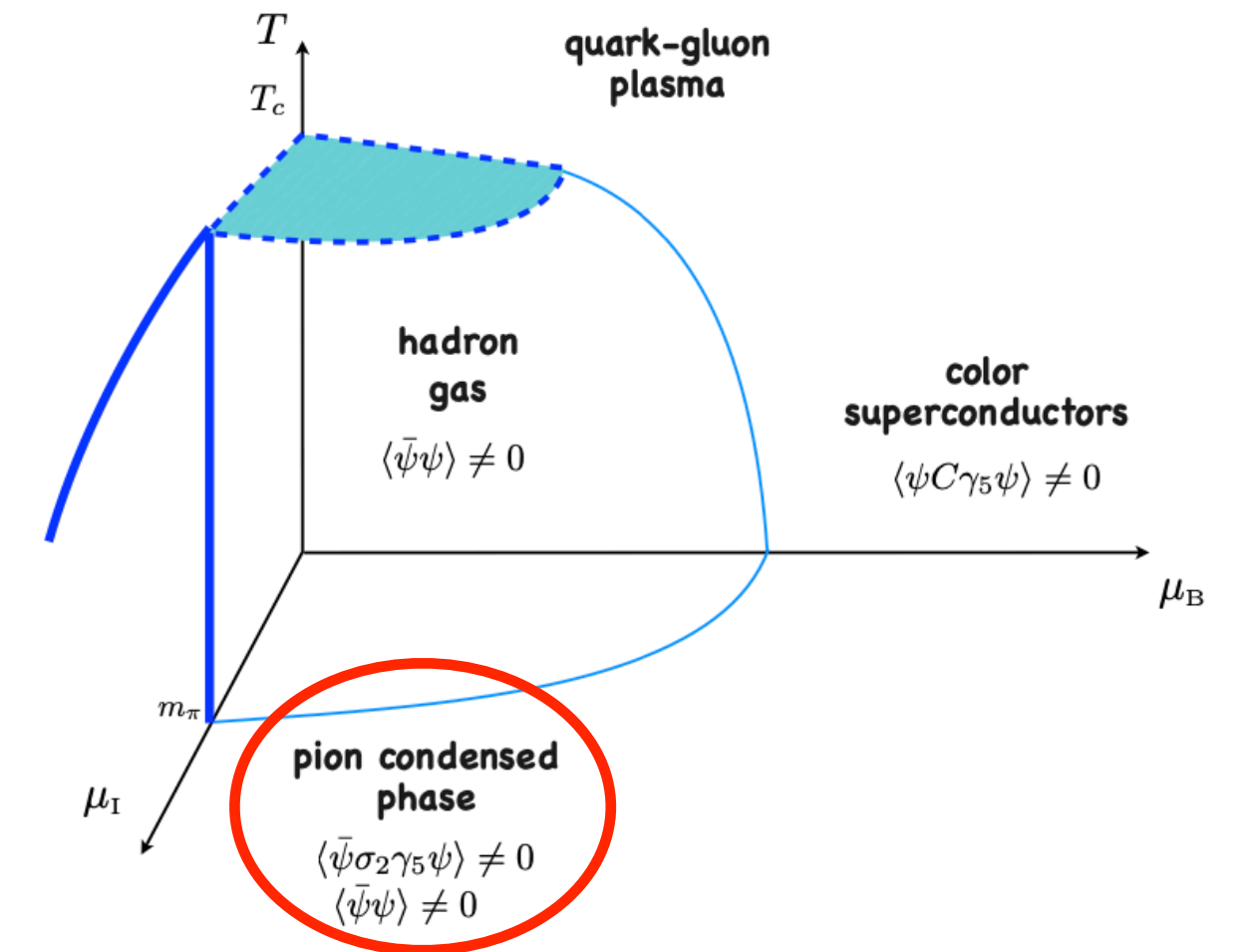
Expected to coexist since at "T = 0"  $\frac{n_s}{n_{\text{tot}}} \rightarrow 1$



# Pion superfluid

- characterized by a condensate

J. Kogut, D. Toublan,  
Phys. Rev. D 64, 034007 (2001).



$$\cos \alpha = 1/\gamma^2 \quad \gamma = \frac{\mu_I}{m_\pi}$$

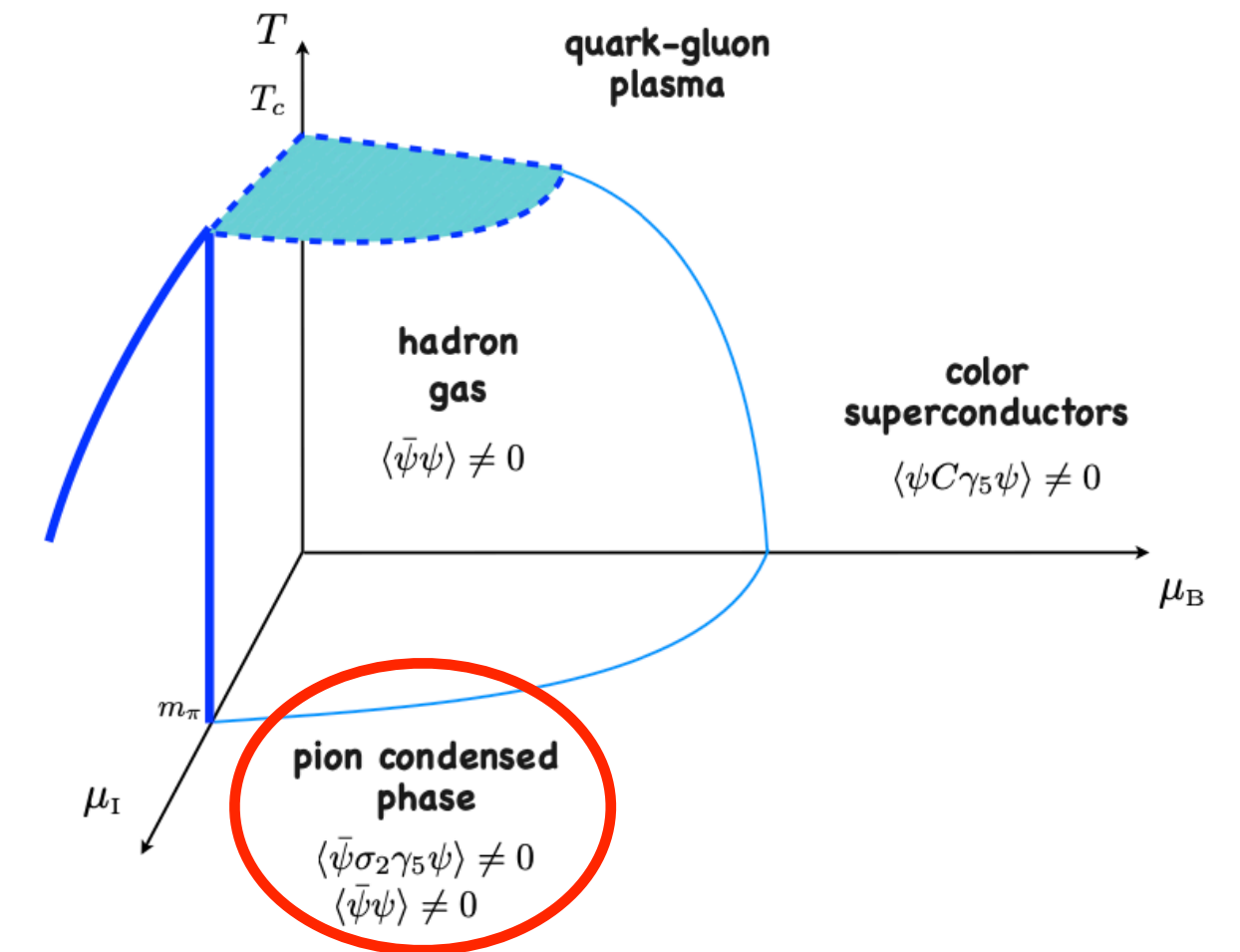
$$\begin{aligned} \langle \bar{u}u \rangle &= \langle \bar{d}d \rangle \propto \cos \alpha \\ \langle \bar{d} \gamma_5 u + \text{h.c.} \rangle &\propto \sin \alpha \end{aligned}$$

$$\pi_+ \sim u \bar{d}$$

vacuum does not conserve isospin and  $N_{\pi_+}$

$N_{\pi_+}$  spontaneously broken  $\longrightarrow$  charged superfluid

# Pion superfluid



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$$\cos \alpha = 1/\gamma^2 \quad \gamma = \frac{\mu_I}{m_\pi} \quad \begin{aligned} \langle \bar{u}u \rangle &= \langle \bar{d}d \rangle \propto \cos \alpha \\ \langle \bar{d} \gamma_5 u + \text{h.c.} \rangle &\propto \sin \alpha \end{aligned}$$

continuous (second-order) transition

# Effective theory close the transition

$$\gamma = \frac{\mu_I}{m_\pi} \gtrsim 1$$

Gross-Pitaevskii effective Lagrangian ( $p_0 \sim m_\pi$ )

$$\mathcal{L}_{\text{GP}} = f_\pi^2 m_\pi^2 + i\psi^* \partial_0 \psi + \mu_{\text{eff}} \psi^* \psi - \frac{g}{2} |\psi^* \psi|^2 + \psi^* \frac{\nabla^2}{2M} \psi$$

$$\psi = \sqrt{2f_\pi^2 \mu_I} \pi_+ \quad \mu_{\text{eff}} = \frac{\mu_I^2 - m_\pi^2}{2\mu_I}, \quad g = \frac{4\mu_I^2 - m_\pi^2}{12f_\pi^2 \mu_I^2}, \quad M = \mu_I$$

chemical isospin potential strongly affects the effective theory

# Effective theory for BEC close the transition

$$n = 6f_{\pi}^2 m_{\pi} \gamma \frac{\gamma^2 - 1}{4\gamma^2 - 1} \quad \gamma = 1 + \varepsilon \quad \varepsilon \ll 1$$

$$\begin{aligned} \partial V / \partial n &= 0 \\ V(n) &= \mu_{\text{eff}} n - \frac{g}{2} n^2 \end{aligned}$$

$$n = 4\varepsilon f_{\pi}^2 m_{\pi} \quad \text{number density of the condensate}$$

controlled by  $\mu_I$

$$\text{low-energy expansion} \quad x = n a^3 \ll 1 \quad a \propto g m_{\pi}$$

beyond many more interactions

# Effective theory for BEC close the transition

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$g > 0$  if  $\mu_I \geq m_\pi$  when pions appear

from scattering  $\pi_+ - \pi_+$ , suggests superfluid at "T = 0"



# Pion superfluid

superfluid suggests Goldstone mode (phonon)

Indeed, we find:

$$E = c_s p + \mathcal{O}(p)^3, \quad \text{for } \gamma > 1 \quad c_s = \sqrt{\frac{\gamma^4 - 1}{\gamma^4 + 3}}$$

(possibly eaten by Higgs mechanism)

# Far from the transition

$$\Sigma = e^{i\boldsymbol{\sigma}\cdot\boldsymbol{\varphi}} = \cos \rho + i\boldsymbol{\sigma} \cdot \hat{\boldsymbol{\varphi}} \sin \rho \qquad \boldsymbol{\varphi} = \rho \hat{\boldsymbol{\varphi}} \qquad \hat{\boldsymbol{\varphi}} \cdot \hat{\boldsymbol{\varphi}} = 1$$

$\rho$  radial field       $\hat{\boldsymbol{\varphi}}$  angular field

from  $\bar{\Sigma} = e^{i\boldsymbol{\alpha}\cdot\boldsymbol{\sigma}} = \cos \alpha + i\boldsymbol{n} \cdot \boldsymbol{\sigma} \sin \alpha$  : parameters to fields

$$\hat{\varphi}_1 = \sqrt{1 - \hat{\varphi}_2^2} \qquad \theta = \arctan \left( \frac{\hat{\varphi}_2}{\hat{\varphi}_1} \right) = \hat{\varphi}_2 + \frac{2\hat{\varphi}_2^3}{3} + \mathcal{O}(\hat{\varphi}_2^5)$$
$$\hat{\varphi}_3 = 0 \sim \pi_0$$

# Far from the transition

Integrating out the radial fluctuation  $\rho = \bar{\rho} + \chi$

$$\left. \frac{\partial V}{\partial \rho} \right|_{\bar{\rho}} = 0 \rightarrow \bar{\rho} = \arccos \frac{1}{\gamma^2} \qquad V(\rho) = -f_\pi^2 m_\pi^2 \left( \cos \rho + \frac{\gamma^2}{2} \sin^2 \rho \right)$$

yields

$$\mathcal{L} = \frac{f_\pi^2}{2} \frac{\gamma^4 + 3}{\gamma^4} g^{\mu\nu} \partial_\mu \theta \partial_\nu \theta (1 - 3\theta^2 + \mathcal{O}(\theta^4))$$

$g^{\mu\nu} = \text{diag}(1, -c_s^2, -c_s^2, -c_s^2)$  acoustic metric

$$c_s = \sqrt{\frac{\gamma^4 - 1}{\gamma^4 + 3}}$$

effective theory for the Goldstone mode

# Further corrections in ChPT

$$\begin{aligned}
 \mathcal{L}_4 = & L_1 \left\{ \text{Tr}[D_\mu \Sigma (D^\mu \Sigma)^\dagger] \right\}^2 \\
 & + L_2 \text{Tr} [D_\mu \Sigma (D_\nu \Sigma)^\dagger] \text{Tr} [D^\mu \Sigma (D^\nu \Sigma)^\dagger] \\
 & + L_3 \text{Tr} [D_\mu \Sigma (D^\mu \Sigma)^\dagger D_\nu \Sigma (D^\nu \Sigma)^\dagger] \\
 & + L_4 \text{Tr} [D_\mu \Sigma (D^\mu \Sigma)^\dagger] \text{Tr} (\chi \Sigma^\dagger + \chi^\dagger \Sigma) \\
 & + L_5 \text{Tr} [D_\mu \Sigma (D^\mu \Sigma)^\dagger (\chi \Sigma^\dagger + \chi^\dagger \Sigma)] \\
 & + L_6 [\text{Tr} (\chi \Sigma^\dagger + \chi^\dagger \Sigma)]^2 + L_7 [\text{Tr} (\chi \Sigma^\dagger - \chi^\dagger \Sigma)]^2 \\
 & + L_8 \text{Tr} (\Sigma \chi^\dagger \Sigma \chi^\dagger + \chi \Sigma^\dagger \chi \Sigma^\dagger) + H_2 \text{Tr}(\chi \chi^\dagger)
 \end{aligned}$$

$L_i, \quad H_2 \quad \text{from fits}$

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$\chi = m_\pi^2 \mathbf{1}_{2 \times 2}$

- **stable**  $(1 - 10^{-1}) \lesssim \gamma \lesssim 1$
- **first-order** transition: seems to require largely different parameters, no lattice evidence in  $\Delta n$

# Conclusions and outlook

- Possibility of BEC of pions
- Related charged superfluidity of pions
- “Stable” second-order transition from normal state
- Our study suggests possibility of compact (condensed) pion stars

$$\mu_e > m_\pi$$



# Conclusions and outlook

- “BEC/BCS” crossover at larger  $\mu_I \approx \sqrt{3} m_\pi$
- $K_+ = (u, \bar{s})$  condensation, increasing  $\mu_I$  further

Thank you  
for attention !

# References

- S. Carignano, L. L., A. Mammarella, M. Mannarelli, and G. Pagliaroli, Eur. Phys. J. A 53, 35 (2017).
- A. Mammarella and M. Mannarelli, Phys. Rev. D 92, 085025 (2015).
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- L. L. and M. Mannarelli, Phys. Rev. D 99, 096011 (2019).



# Main goal

Study some aspects of the dynamics of pions  
in ultra-dense matter



# Conclusions and outlook

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- $K_+ = (u, \bar{s})$  condensation, increasing  $\mu_I$