

# Nuclear structure for neutrinoless double-beta decay

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13th International Spring Seminar on Nuclear Physics:  
“Perspectives and Challenges in Nuclear Structure  
after 70 Years of Shell Model”

Sant'Angelo d'Ischia, 19<sup>th</sup> May 2022



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# Collaborators



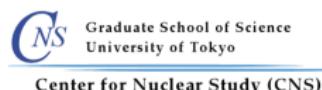
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# Creation of matter in nuclei: $0\nu\beta\beta$ decay

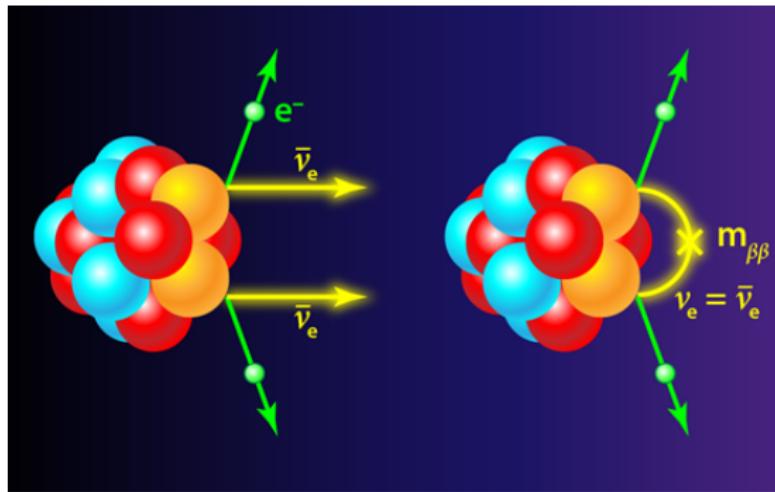
Lepton number is conserved  
in all processes observed:

single  $\beta$  decay,  
 $\beta\beta$  decay with neutrino emission...

Uncharged massive particles  
like Majorana neutrinos ( $\nu$ )  
allow lepton number violation:

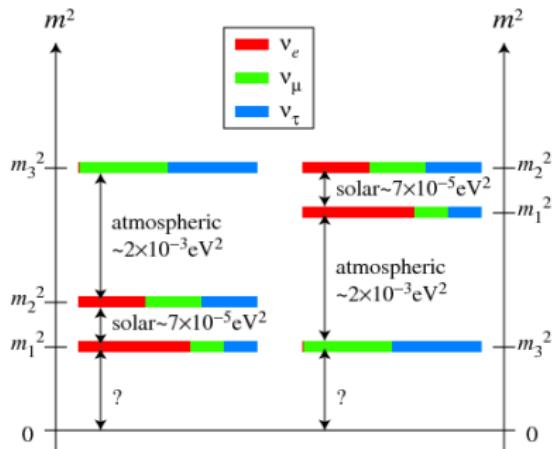
neutrinoless  $\beta\beta$  decay  
two matter particles (electrons) created

Agostini, Benato, Detwiler, JM, Vissani, arXiv:2202.01787

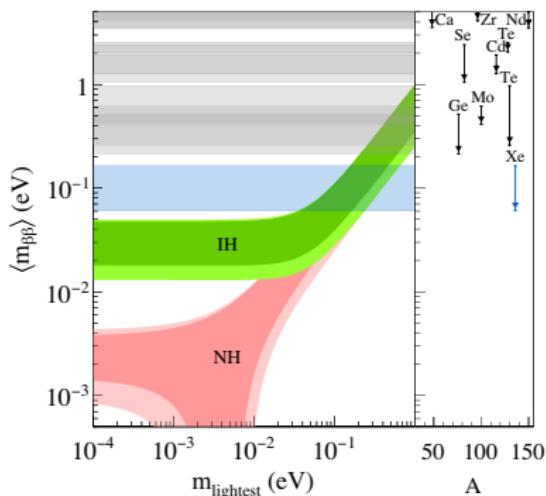


# Next generation experiments: inverted hierarchy

Decay rate sensitive to  
neutrino masses, hierarchy  
 $m_{\beta\beta} = |\sum U_{ek}^2 m_k|$



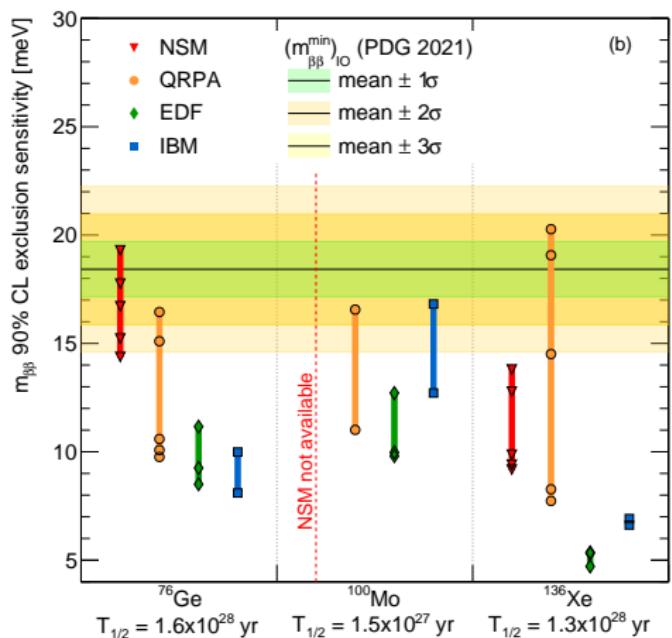
$$T_{1/2}^{0\nu\beta\beta} (0^+ \rightarrow 0^+)^{-1} = G_{0\nu} g_A^4 |M^{0\nu\beta\beta}|^2 \left( \frac{m_{\beta\beta}}{m_e} \right)^2$$



Matrix elements assess if  
next generation experiments  
fully explore "inverted hierarchy"

KamLAND-Zen, PRL117 082503(2016)

# Uncertainty in physics reach of $0\nu\beta\beta$ experiments



Nuclear matrix element theoretical uncertainty critical to anticipate  $m_{\beta\beta}$  sensitivity of future experiments

Current uncertainty in  $m_{\beta\beta}$  prevents to foresee if next-generation experiments will fully cover parameter space of "inverted" neutrino mass hierarchy

Uncertainty needs to be reduced!

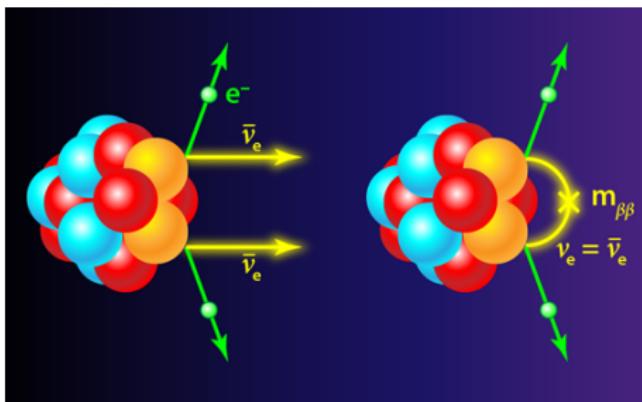
Agostini, Benato, Detwiler, JM, Vissani  
Phys. Rev. C 104 L042501 (2021)

# Nuclear matrix elements

Nuclear matrix elements needed in low-energy new-physics searches

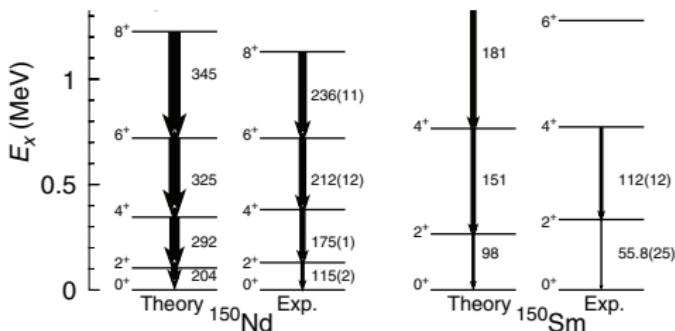
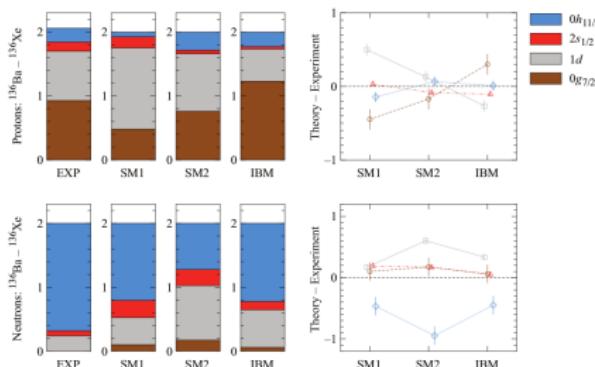
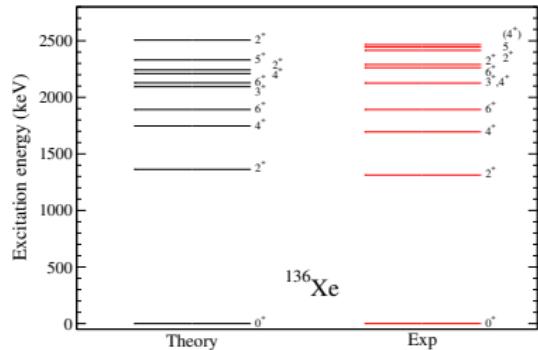
$$\langle \text{Final} | \mathcal{L}_{\text{leptons-nucleons}} | \text{Initial} \rangle = \langle \text{Final} | \int dx j^\mu(x) J_\mu(x) | \text{Initial} \rangle$$

- Nuclear structure calculation of the initial and final states:  
Shell model, QRPA, IBM,  
Energy-density functional  
Ab initio many-body theory  
QMC, Coupled-cluster, IMSRG...
- Lepton-nucleus interaction:  
Hadronic current in nucleus:  
phenomenological,  
effective theory of QCD



# Tests of nuclear structure

Spectroscopy well described: masses, spectra, transitions, knockout...



Schiffer et al. PRL100 112501(2009)

Kay et al. PRC79 021301(2009)

...

Szwec et al., PRC94 054314 (2016)

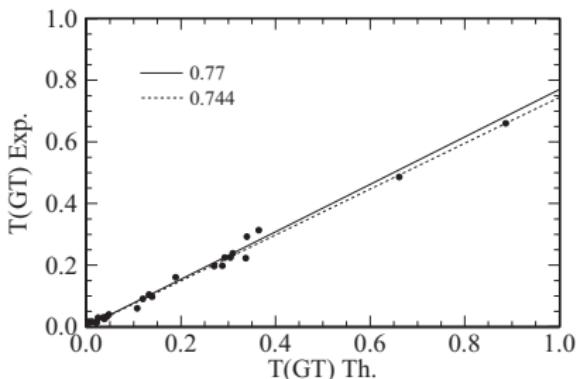
Rodríguez et al. PRL105 252503 (2010)

...

Vietze et al. PRD91 043520 (2015)

# $\beta$ -decay Gamow-Teller transitions: “quenching”

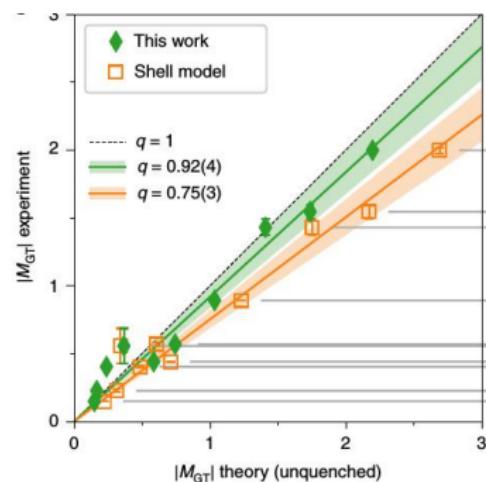
$\beta$  decays ( $e^-$  capture): phenomenology vs ab initio



Martinez-Pinedo et al. PRC53 2602(1996)

$$\langle F | \sum_i [g_A \sigma_i \tau_i^{-}]^{\text{eff}} | I \rangle, \quad [\sigma_i \tau]^{\text{eff}} \approx 0.7 \sigma_i \tau$$

Standard shell model  
needs  $\sigma_i \tau$  “quenching”

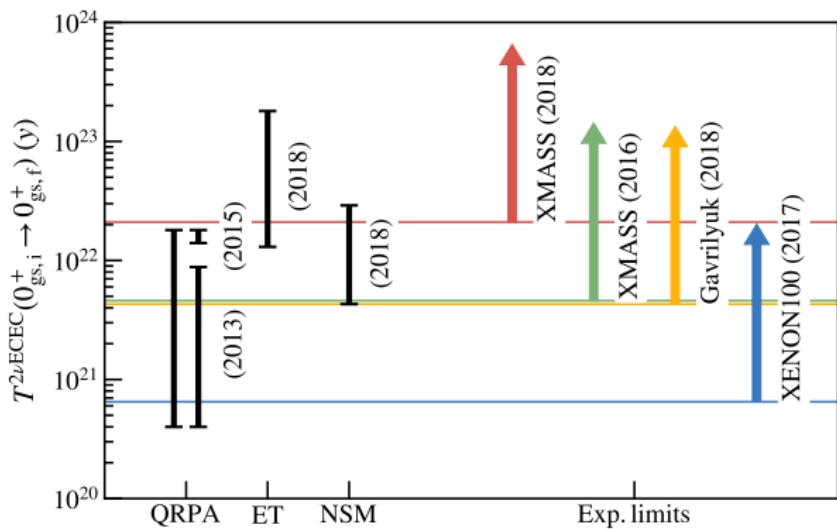


Gysbers et al. Nature Phys. 15 428 (2019)

Ab initio calculations including  
meson-exchange currents  
and additional nuclear correlations  
do not need any “quenching”

# Two-neutrino ECEC of $^{124}\text{Xe}$

Predicted  $2\nu$ ECEC half-life:  
shell model error bar largely dominated by “quenching” uncertainty

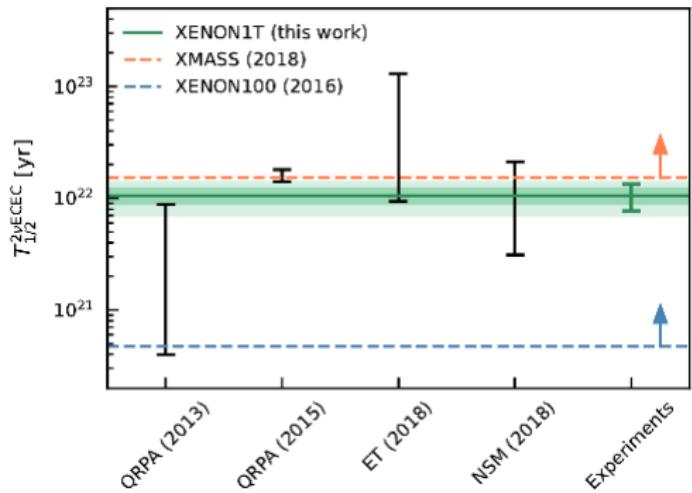


- Suhonen  
JPG 40 075102 (2013)
- Pirinen, Suhonen  
PRC 91, 054309 (2015)
- Coello Pérez, JM, Schwenk  
PLB 797 134885 (2019)

Shell model, QRPA and Effective theory (ET) predictions suggest experimental detection close to XMASS 2018 limit

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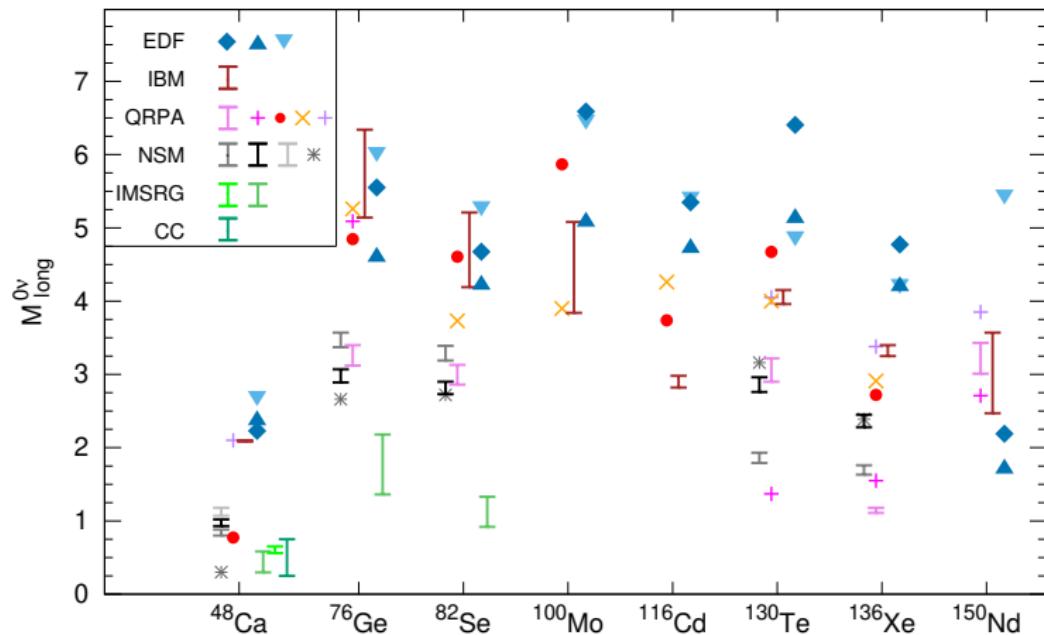
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PLB 797 134885 (2019)

XENON1T  
Nature 568 532 (2019)  
arXiv:2205.04158

Shell model, QRPA and Effective theory (ET) predictions  
good agreement with XENON1T measurement of  $2\nu$ ECEC!

# $0\nu\beta\beta$ decay nuclear matrix elements

Large difference in nuclear matrix element calculations: factor  $\sim 3$

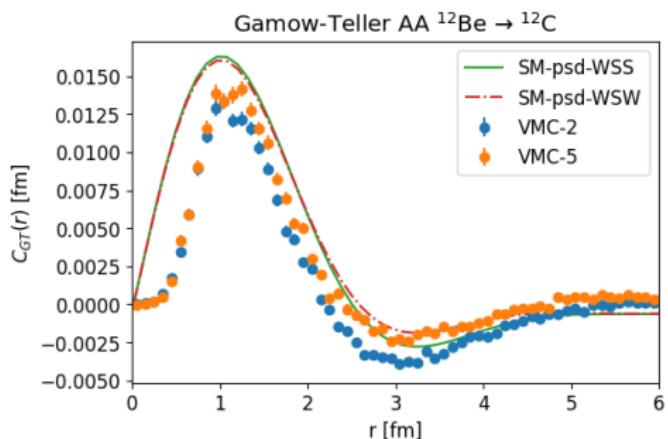


Agostini, Benato, Detwiler, JM, Vissani, arXiv:2202.01787

# Shell model vs quantum Monte Carlo: correlations

Compare  $\beta\beta$  transition densities in nuclear shell model and quantum Monte Carlo calculations in light nuclei

Generally good agreement at long distances,  
short-range correlations missing in shell model



Weiss, Lovato, JM, Soriano, Wiringa, arXiv:2112:08146

Similar findings in Wang et al. PLB 798 134974 (2019)

# Generalized contact formalism (GCF)

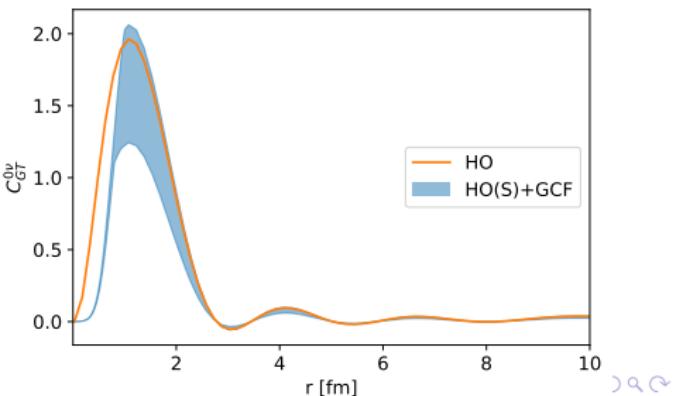
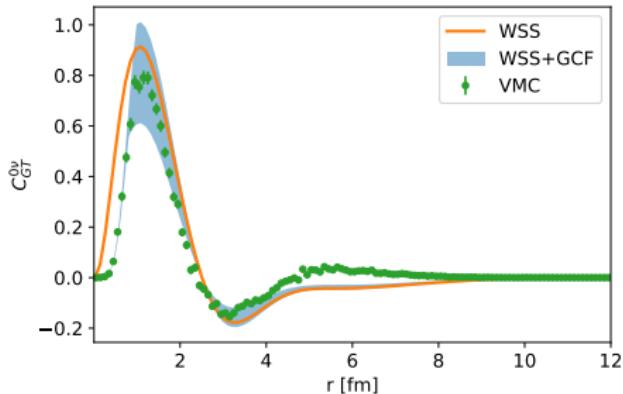
Generalized contact formalism Weiss, Bazak, Barnea PRL 114 012501 (2015)

Separation of scales: wf, transition density factorize for two nearby nucleons

$$\Psi \xrightarrow[r_{ij} \rightarrow 0]{} \sum_{\alpha} \varphi^{\alpha}(\mathbf{r}_{ij}) A^{\alpha}(\mathbf{R}_{ij}, \{\mathbf{r}_k\}_{k \neq i,j}), \quad \rho_{GT}(r) \xrightarrow[r \rightarrow 0]{} -3|\varphi^0(r)|^2 C_{pp,nn}^0(f, i)$$

with  $\varphi(r)$  the solution of the two-nucleon Schrödinger equation

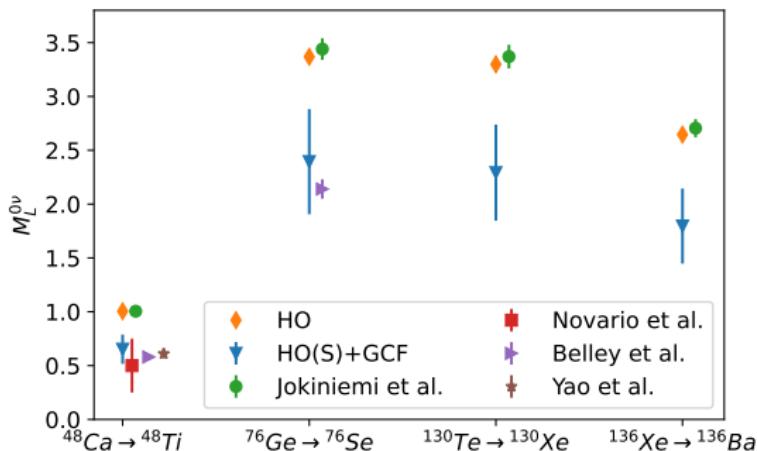
The contact  $C^0(f, i) = \frac{A(A-1)}{2} \langle A^{\alpha}(f) | A^{\beta}(i) \rangle$  is model dependent  
but for two nuclei the ratio  $C_{pp,nn}^0(X)/C_{pp,nn}^0(Y)$  relatively model independent:  
combine QMC calculation in light nuclei with two shell model calculations:



# Shell model + Generalized contact formalism: NMEs

GCF builds QMC short-range correlations to shell model transitions densities can be extended to heavy nuclei where shell model calculations are possible

Weiss et al. arXiv:2112:08146



Short-range correlations included by GCF reduce  $0\nu\beta\beta$  NMEs moderately

~ 30% reduction in general consistent with ab initio NMEs in  ${}^{48}\text{Ca}$ ,  ${}^{76}\text{Ge}$

Good agreement in benchmark NMEs in light nuclei with ab initio calculations

# Light-neutrino exchange: contact operator

Contact operator suggested to contribute to light-neutrino exchange  
to absorb cutoff dependence of two-nucleon decay amplitude

Contribution of high-energy neutrinos

$$T_{1/2}^{-1} = G_{01} g_A^4 (M_{\text{long}}^{0\nu} + M_{\text{short}}^{0\nu})^2 \frac{m_{\beta\beta}^2}{m_e^2}, \quad \text{Cirigliano et al. PRL120 202001(2018)}$$

$$M_{\text{short}}^{0\nu} \equiv \frac{1.2A^{1/3} \text{ fm}}{g_A^2} \langle 0_f^+ | \sum_{n,m} \tau_m^- \tau_n^- \mathbb{1} \left[ \frac{2}{\pi} \int j_0(qr) 2g_\nu^{\text{NN}} g(p/\Lambda) p^2 dp \right] | 0_i^+ \rangle,$$

$$M_{\text{GT}}^{0\nu} \simeq \frac{1.2A^{1/3} \text{ fm}}{g_A^2} \langle 0_f^+ | \sum_{n,m} \tau_m^- \tau_n^- \boldsymbol{\sigma}_1 \cdot \boldsymbol{\sigma}_2 \left[ \frac{2}{\pi} \int j_0(qr) \frac{1}{p^2} g_A^2 f^2(p/\Lambda_A) p^2 dp \right] | 0_i^+ \rangle$$

Unknown value (and sign) of the hadronic coupling  $g_\nu^{\text{NN}}$ !

Lattice QCD calculations can obtain value of  $g_\nu^{\text{NN}}$

Davoudi, Kadam, Phys. Rev. Lett. 126, 152003 (2021), arXiv:2111.11599

or match  $nn \rightarrow pp + ee$  amplitude calculated with approximate QCD methods

Cirigliano et al. PRL126 172002 (2021), JHEP 05 289 (2021)

# Contact matrix element: relative impact

Modified decay rate:  $T_{1/2}^{-1} = G_{01} g_A^4 (M_{\text{long}}^{0\nu} + M_{\text{short}}^{0\nu})^2 \frac{m_{\beta\beta}^2}{m_e^2}$

Assume  $g_\nu^{\text{NN}} \sim 1 \text{ fm}^2$

Cirigliano et al.

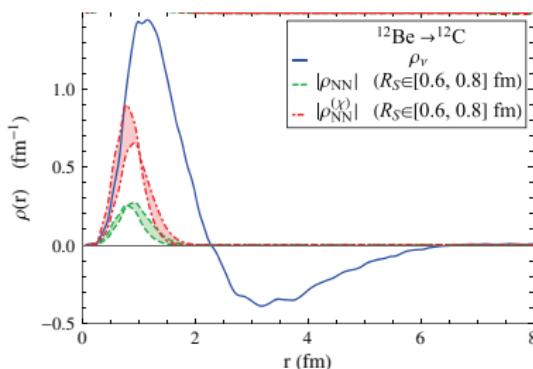
PRC100 055504 (2019)

TABLE II. Values of  $\mathcal{C}_1 + \mathcal{C}_2$  obtained from the CIB contact interactions in various chiral potentials.

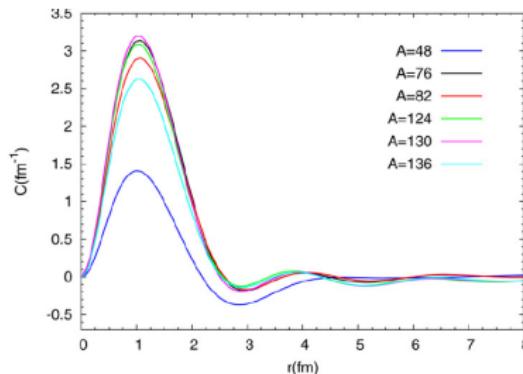
Model	Ref.	$R_S$ (fm)	$C_0^{\text{IT}}$ ( $\text{fm}^2$ )	$(\mathcal{C}_1 + \mathcal{C}_2)/2$ ( $\text{fm}^2$ )	Model	Ref.	$\Lambda$ (MeV)	$(\mathcal{C}_1 + \mathcal{C}_2)/2$ ( $\text{fm}^2$ )
NV-Ia*	[38]	0.8	0.0158	-1.03	Entem-Machleidt	[34]	500	-0.47
NV-IIa*	[38]	0.8	0.0219	-1.44	Entem-Machleidt	[34]	600	-0.14
NV-Ic	[38]	0.6	0.0219	-1.44	Reinert et al.	[39]	450	-0.67
NV-IIc	[38]	0.6	0.0139	-0.91	Reinert et al.	[39]	550	-1.01
				NNLO <sub>sat</sub>	[37]	450	-0.39	

~ 75% correction for QMC  ${}^{12}\text{Be}$  NME

In heavy nuclei, less severe cancellation of dominant  $M^{0\nu}$ ?



Cirigliano et al. PRL120 202001(2018)



JM et al. NPA818 139 (2009)

# Contact operator for NME calculations in heavy nuclei

Calculate  $M_{\text{short}}^{0\nu}$  in heavy nuclei to see impact in nuclei used in  $0\nu\beta\beta$  searches

Use  $g_\nu^{\text{NN}}$  and  $\Lambda$  values from

charge independence breaking (CIB) contact term of chiral EFT potentials  
assume same value for two CIB couplings  $\mathcal{C}_1 = \mathcal{C}_2$

$g_\nu^{\text{NN}}(\text{fm}^2)$	$\Lambda (\text{MeV})$	
-0.67	450	Reiner et al. Eur. Phys. J. A 54 86 (2018)
-1.01	550	"
-1.44	465	Piarulli et al. Phys. Rev. C 94 054007 (2016)
-0.91	465	"
-1.44	349	"
-1.03	349	"

Consider Gaussian regulators:  $h_s = 2g_\nu^{\text{NN}} g(p/\Lambda)$

Perform calculations with the nuclear shell model:

$^{48}\text{Ca}$ ,  $^{76}\text{Ge}$ ,  $^{82}\text{Se}$ ,  $^{124}\text{Sn}$ ,  $^{128}\text{Te}$ ,  $^{130}\text{Te}$  and  $^{136}\text{Xe}$

and the quasiparticle random-phase approximation method (QRPA):

$^{76}\text{Ge}$ ,  $^{82}\text{Se}$ ,  $^{96}\text{Zr}$ ,  $^{100}\text{Mo}$ ,  $^{116}\text{Cd}$ ,  $^{124}\text{Sn}$ ,  $^{128}\text{Te}$ ,  $^{130}\text{Te}$  and  $^{136}\text{Xe}$

# Long and short-range NME in heavy nuclei

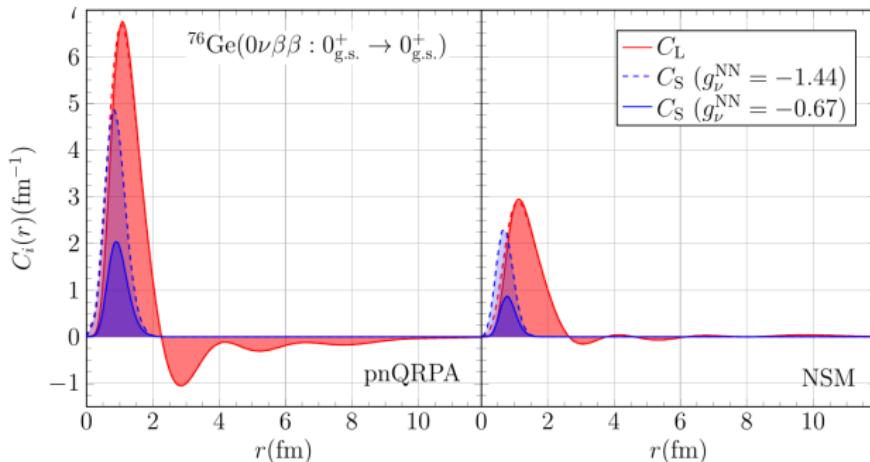
Relatively stable contribution of new term  $M_S/M_L$ :

20% – 50% impact of short-range NME in shell model

30% – 70% impact of short-range NME in QRPA

consistent with 43% effect in IM-GCM for  $^{48}\text{Ca}$

using synthetic data on  $nn \rightarrow pp + ee$  decay Wirth et al. PRL127 242502 (2021)



Jokiniemi, Soriano, JM, Phys. Lett. B 823 136720 (2021)

Uncertainty dominated by coupling  $g_\nu^{\text{NN}}$

# Relative impact of new short-range contribution

In transitions with larger cancellation from tail in NME distribution  
new short-range term becomes relatively more important

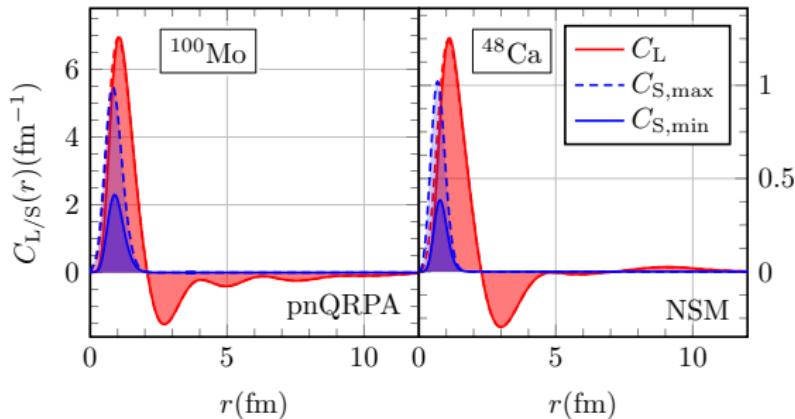
Nuclear shell model:  $^{48}\text{Ca}$  with 25% – 65% contribution

consistent with Wirth et al. PRL127 242502 (2021)

QRPA:  $^{100}\text{Mo}$  with 50% – 100% contribution

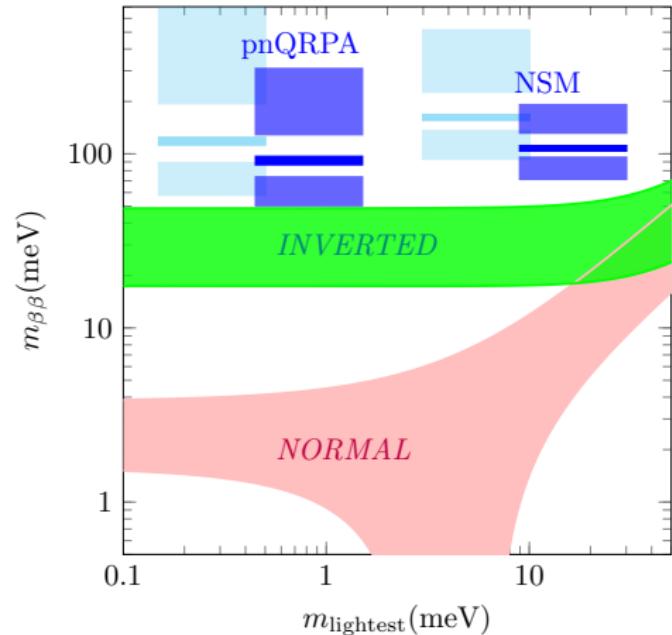
due to negative contributions of  $1^+$  intermediate states

explains smaller effect than QMC calculations in very light nuclei  
and larger contribution in QRPA than nuclear shell model



Jokiniemi, Soriano, JM, Phys. Lett. B 823 136720 (2021)

# Impact on tests of inverted hierarchy of neutrino mass



Assuming these  $g_\nu^{\text{NN}}$  values  
significant impact on current  $0\nu\beta\beta$   
limits on neutrino mass parameter  $m_{\beta\beta}$

Ab initio determination  
using synthetic  $nn \rightarrow pp + ee$  data  
suggests constructive sign  
between  $M_L$  and  $M_S$

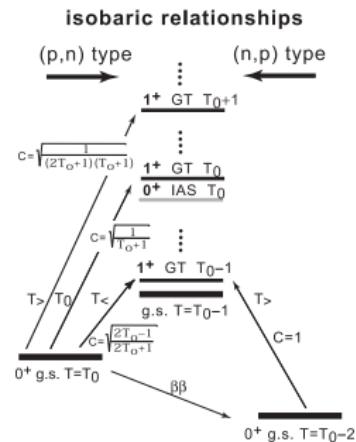
Wirth et al. PRL127 242502 (2021)

Short-range matrix element  
may roughly compensate  
effect of missing correlations  
in shell model, QRPA  
NME calculations

Jokiniemi, Soriano, JM  
Phys. Lett. B 823 136720 (2021)

# Gamow-Teller strengths and $\beta$ decays

GT strength distribution complements  $\beta$ -decay beyond Q-value region



# Double Gamow-Teller strengths and $\beta\beta$ decay

Measurement of Double Gamow-Teller (DGT) resonance  
in double charge-exchange reactions  $^{48}\text{Ca}(\text{pp},\text{nn})^{48}\text{Ti}$  proposed in 80's  
Auerbach, Muto, Vogel... 1980's, 90's

Recent experimental plans in RCNP, RIKEN ( $^{48}\text{Ca}$ ), INFN Catania

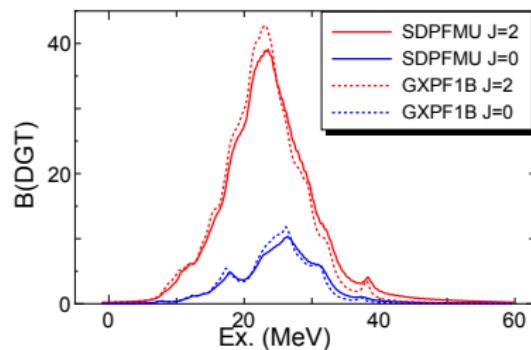
Takaki et al. JPS Conf. Proc. 6 020038 (2015)

Capuzzello et al. EPJA 51 145 (2015), Takahisa, Ejiri et al. arXiv:1703.08264

Promising connection to  $\beta\beta$  decay,  
two-particle-exchange process,  
especially the (tiny) transition  
to ground state of final state

Shell model calculation

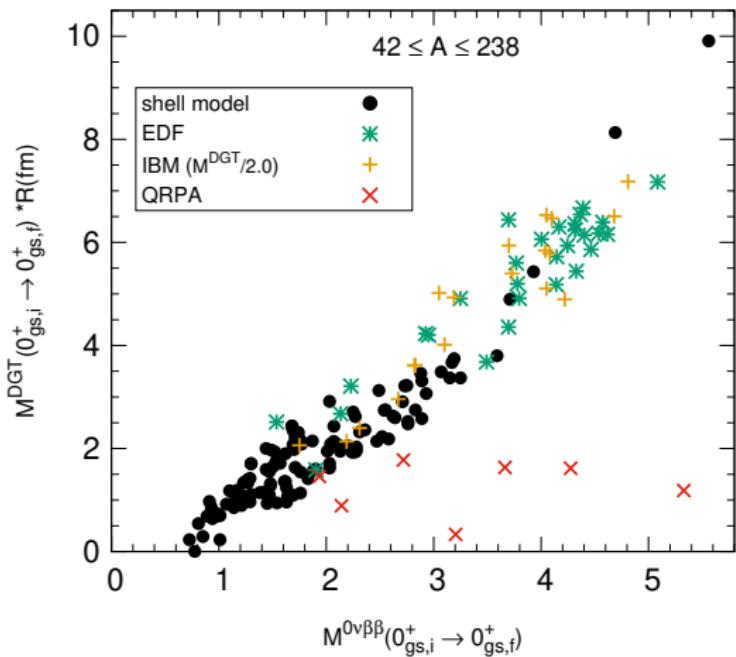
Shimizu, JM, Yako, PRL120 142502 (2018)



$$B(DGT^-; \lambda; i \rightarrow f) = \frac{1}{2J_i + 1} \left| \left\langle {}^{48}\text{Ti} \right| \left[ \sum_i \sigma_i \tau_i^- \times \sum_j \sigma_j \tau_j^- \right]^{(\lambda)} \left| {}^{48}\text{Ca}_{gs} \right\rangle \right|^2$$

# Correlation of $0\nu\beta\beta$ decay to DGT transitions

Double GT transition to ground state  $M^{\text{DGT}} = \langle F_{\text{gs}} | [(\sum_i \sigma_i \tau_i^-) \times (\sum_j \sigma_j \tau_j^-)]^0 | I_{\text{gs}} \rangle$   
very good linear correlation with  $0\nu\beta\beta$  decay nuclear matrix elements



Double Gamow-Teller correlation with  $0\nu\beta\beta$  decay holds across nuclear chart  
Shimizu, JM, Yako  
PRL120 142502 (2018)

Common to shell model energy-density functionals interacting boson model, disagreement to QRPA

Experiments at RIKEN, INFN, RCNP? access DGT transitions

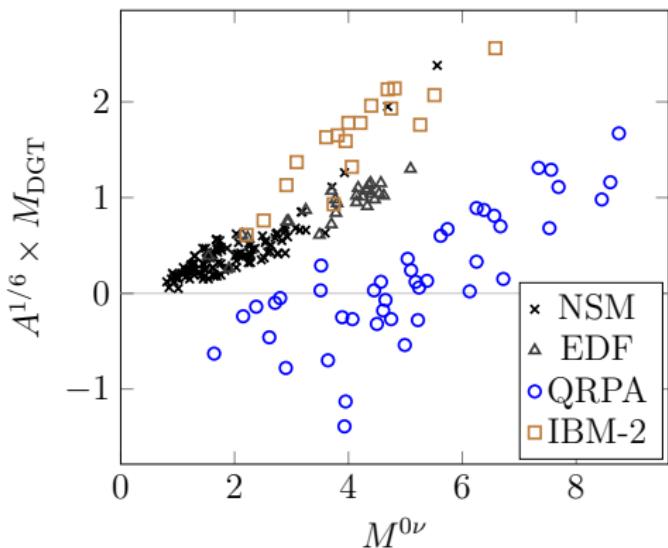
# Correlation of $0\nu\beta\beta$ decay to DGT in QRPA

In QRPA,  $g_{pp}$  parameter

typically fitted to reproduce  $2\nu\beta\beta$  half-life of measured transitions

but actually some tension between  $g_{pp}$  values to reproduce single- $\beta$  decays

Faessler et al., J. Phys. G 35, 075104 (2008)



Perform QRPA calculations with range of  $g_{pp} = (0.6 – 0.9)$

Correlation between DGT and  $0\nu\beta\beta$  NMEs! but different than for other many-body methods

Partially caused by relevance of  $J > 1$  intermediate states in QRPA compared to eg shell model

Ejiri et al. Phys. Rept. 797 1 (2019)

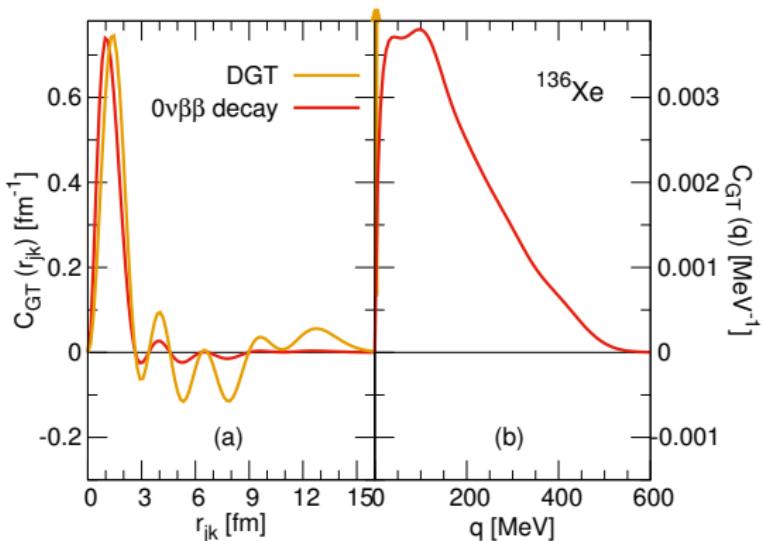
Horoi et al, PRC 93, 044334 (2016)

Jokiniemi, JM, in preparation

# Short-range character of DGT, $0\nu\beta\beta$ decay

Correlation between DGT and  $0\nu\beta\beta$  decay matrix elements  
explained by transition involving low-energy states combined with  
dominance of short distances between exchanged/decaying neutrons

Bogner et al. PRC86 064304 (2012)



$0\nu\beta\beta$  decay matrix element limited to shorter range

Short-range part dominant in double GT matrix element due to partial cancellation of mid- and long-range parts

Long-range part dominant in QRPA DGT matrix elements

Shimizu, JM, Yako,  
PRL120 142502 (2018)

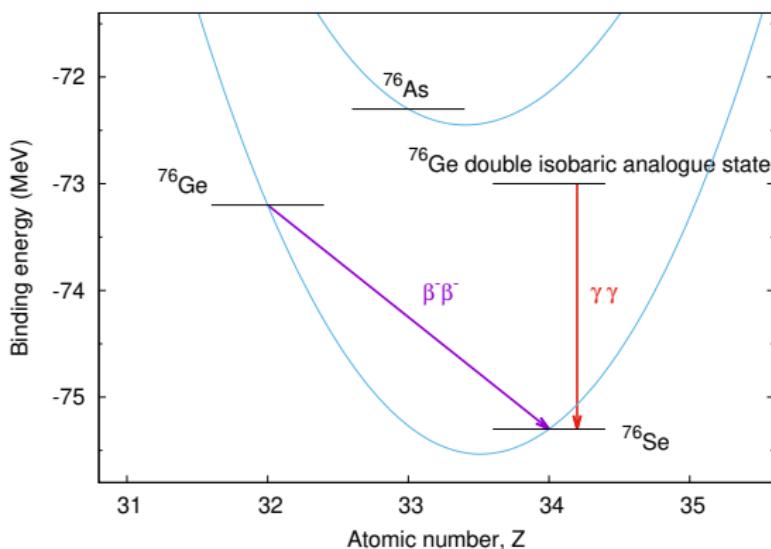
However, ab initio study of DGT vs  $0\nu\beta\beta$  NME finds weaker correlation:

Yao et al. arXiv:2204.12971

# $\gamma\gamma$ decay of the DIAS of the initial $\beta\beta$ nucleus

Explore correlation between  $0\nu\beta\beta$  and  $\gamma\gamma$  decays,  
focused on double-M1 transitions

$$M_{M1 M1}^{\gamma\gamma} = \sum_k \frac{\langle 0_f^+ | \sum_n (g_n^I I_n + g_n^S \sigma_n)^{IV} | 1_k^+ (\text{IAS}) \rangle \langle 1_k^+ (\text{IAS}) | \sum_m (g_m^I I_m + g_m^S \sigma_m)^{IV} | 0_i^+ (\text{DIAS}) \rangle}{E_k - (E_i + E_f)/2}$$



Similar initial and final states  
but both in same nucleus  
for electromagnetic transition

M1 and GT operators similar,  
physics of spin operator  
M1 also angular momentum

Different energy denominator

Romeo, JM, Peña-Garay  
PLB 827 136965 (2022)

# $\beta$ decays and $\gamma$ transitions from IAS

The relation between electromagnetic decays from IAS and weak ones has been used and tested many times

Ejiri, Suhonen, Zuber, Phys. Rept. 797 1 (2019)

Fujita, Rubio, Gelletly, Prog. Part. Nucl. Phys. 66, 549 (2011)

VOLUME 21, NUMBER 6

PHYSICAL REVIEW

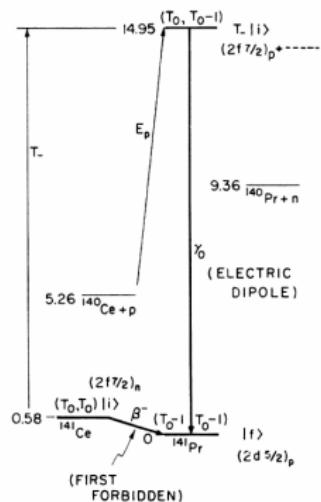
And it is certainly not a novel idea...

## ELECTRIC DIPOLE TRANSITION FROM THE $2f_{7/2}$ ISOBARIC ANALOG STATE TO THE $2d_{5/2}$ GROUND STATE IN $^{141}\text{Pr}$

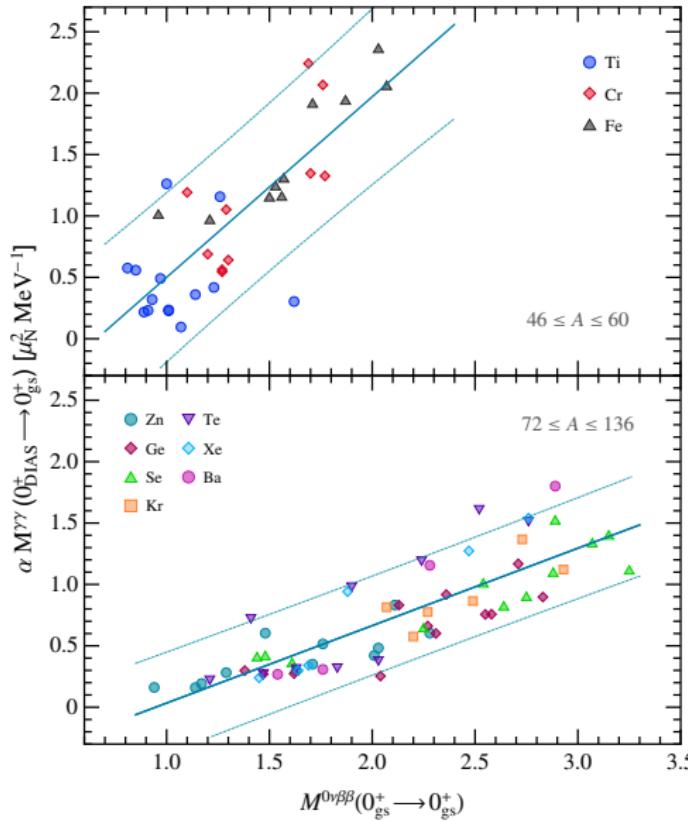
H. Ejiri,\* P. Richard, S. Ferguson, R. Heffner, and D. Perry  
Department of Physics, University of Washington, Seattle, Washington  
(Received 19 April 1968)

Electric dipole  $\gamma$  rays from the  $2f_{7/2}$  isobaric analog state  $(2T_0)^{-1/2}T_-|i\rangle$  to the ground state  $|f\rangle$  in  $^{141}\text{Pr}$  were measured with a Ge(Li) crystal. The matrix element of the  $E1 \gamma$  transition,  $|\langle f | m_\gamma T_- (2T_0)^{-1/2} | i \rangle|$ , and that of the analogous first forbidden transition,  $|\langle f | m_\beta | i \rangle|$ , were obtained.

PRL 21 373 (1968)



# Correlation between $M1M1$ and $0\nu\beta\beta$ NMEs



Good correlation between  $M1M1$  same-energy photons and  $0\nu\beta\beta$  NMEs!

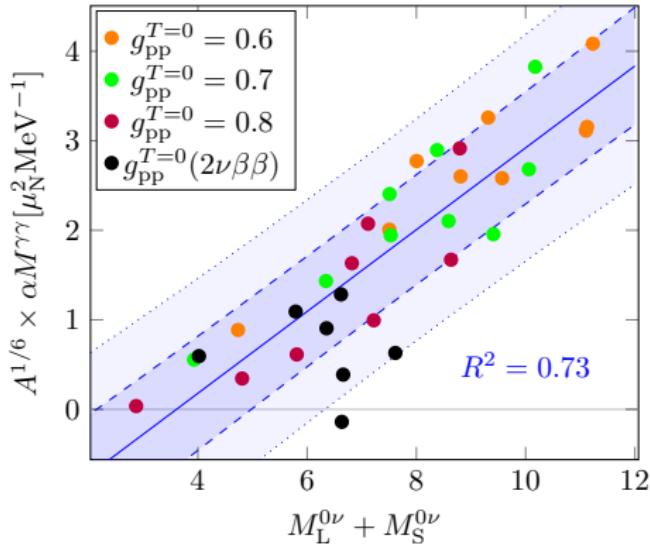
Valid across the nuclear chart for the nuclear shell model

Overall, study  $\sim 50$  transitions several nuclear interactions for each of them

The correlation is slightly different for lighter nuclei:  
effect of energy denominator

Romeo, JM, Peña-Garay  
PLB 827 136965 (2022)

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Correlation also holds for total  $M_L + M_S$  NME!

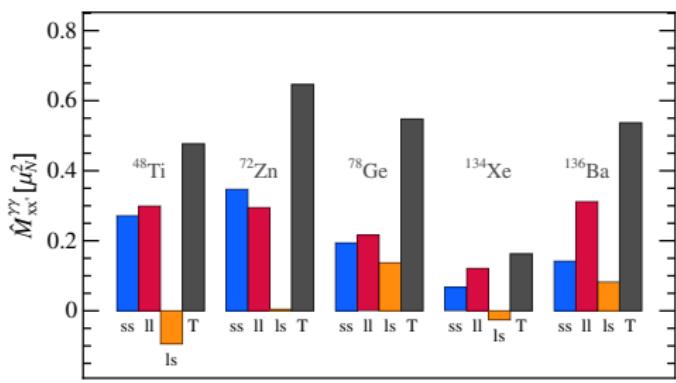
Jokiniemi et al. in preparation

# Spin, angular momentum decomposition

The numerator NME can be decomposed into

$$\hat{M}_{ss} + \hat{M}_{\parallel} + \hat{M}_{ls}$$

spin, angular momentum and interference components



Spin, angular momentum terms  
strikingly similar,  
always carry same sign

Interference term  
can cancel the other two  
but always much smaller

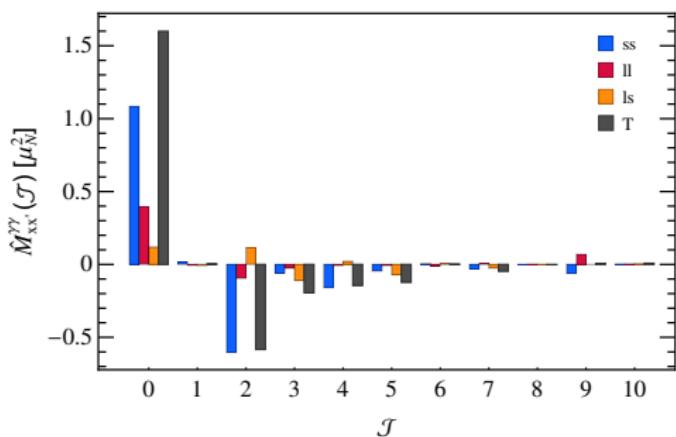
Romeo, JM, Peña-Garay  
PLB 827 136965 (2022)

# Total angular momentum decomposition

The numerator NME can be decomposed into

$$\hat{M}_{ss}(\mathcal{J}) + \hat{M}_{ll}(\mathcal{J}) + \hat{M}_{ls}(\mathcal{J})$$

spin, angular momentum and interference components  
and total angular momentum of the nucleons involved in the transition



Dominance of  $\mathcal{J} = 0$  terms  
for spin and orbital contributions  
just like in  $0\nu\beta\beta$  decay

Cancellation from  $\mathcal{J} > 0$  terms  
less pronounced in orbital part

Explains similar behaviour of spin  
and orbital components:

$$s_1 s_2 = S^2 - 3/2 < 0$$

$$l_1 l_2 = L^2 - l_1^2 - l_2^2 < 0$$

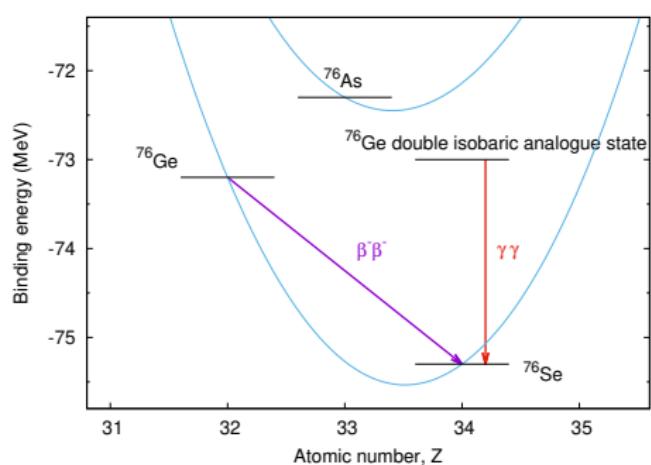
Romeo et al. PLB 827 136965 (2022)

# Experimental feasibility of $\gamma\gamma$ decay?

$\gamma\gamma$  decays are very suppressed with respect to  $\gamma$  decays  
just like  $\beta\beta$  decays are much slower than  $\beta$  decays

$\gamma\gamma$  decays have been observed recently  
in competition with  $\gamma$  decays

Waltz et al. Nature 526, 406 (2015), Soderstrom et al. Nat. Comm. 11, 3242 (2020)



## Outlook:

Study in detail leading decay channels for  $M1M1$  decay in DIAS of  $\beta\beta$  nuclei

Particle emission,  
 $M1$ ,  $E1$  decay

Experimental proposal for  $^{48}\text{Ti}$   
by Valiente-Dobón et al.

Valiente-Dobón, Romeo et al., in prep

# Summary

Calculations of  $0\nu\beta\beta$  NMEs challenge nuclear many-body methods

$0\nu\beta\beta$  searches demand reliable NMEs  
nuclear structure measurements can inform us on their value

Improved short-range correlations using generalized contact formalism reduce NMEs in line with ab initio results

Leading order short-range matrix element can vary significantly overall NME value most likely increases  $0\nu\beta\beta$  rate

Double Gamow-Teller transitions, electromagnetic  $M1M1$  decay of DIAS good correlation with  $0\nu\beta\beta$  NMEs may be exploited to gain insight on NMEs

