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## FATA 2019 (Acireale)

### The 10-ps TOF-PET: Clinical applications

# Plan

TOF advantage

State-of-the-art clinical PET (2018, 214 ps)

10-ps TOF PET:

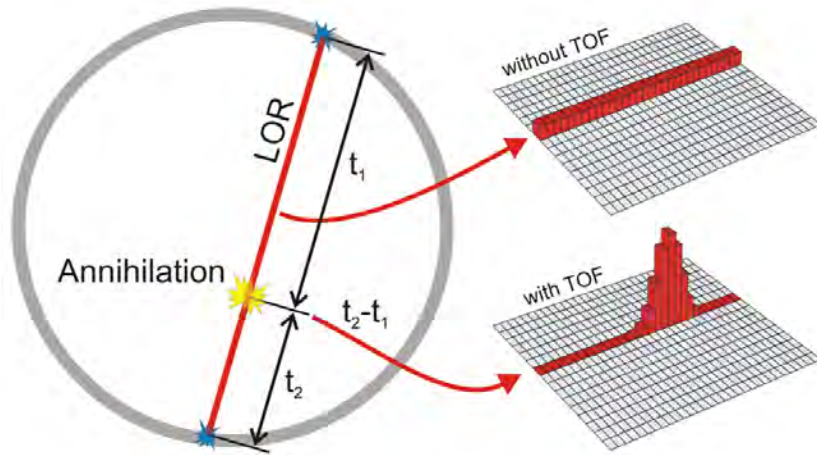
Non-tomographic reconstruction PET

Medical benefits

Are we there? The 10-ps TOF PET challenge

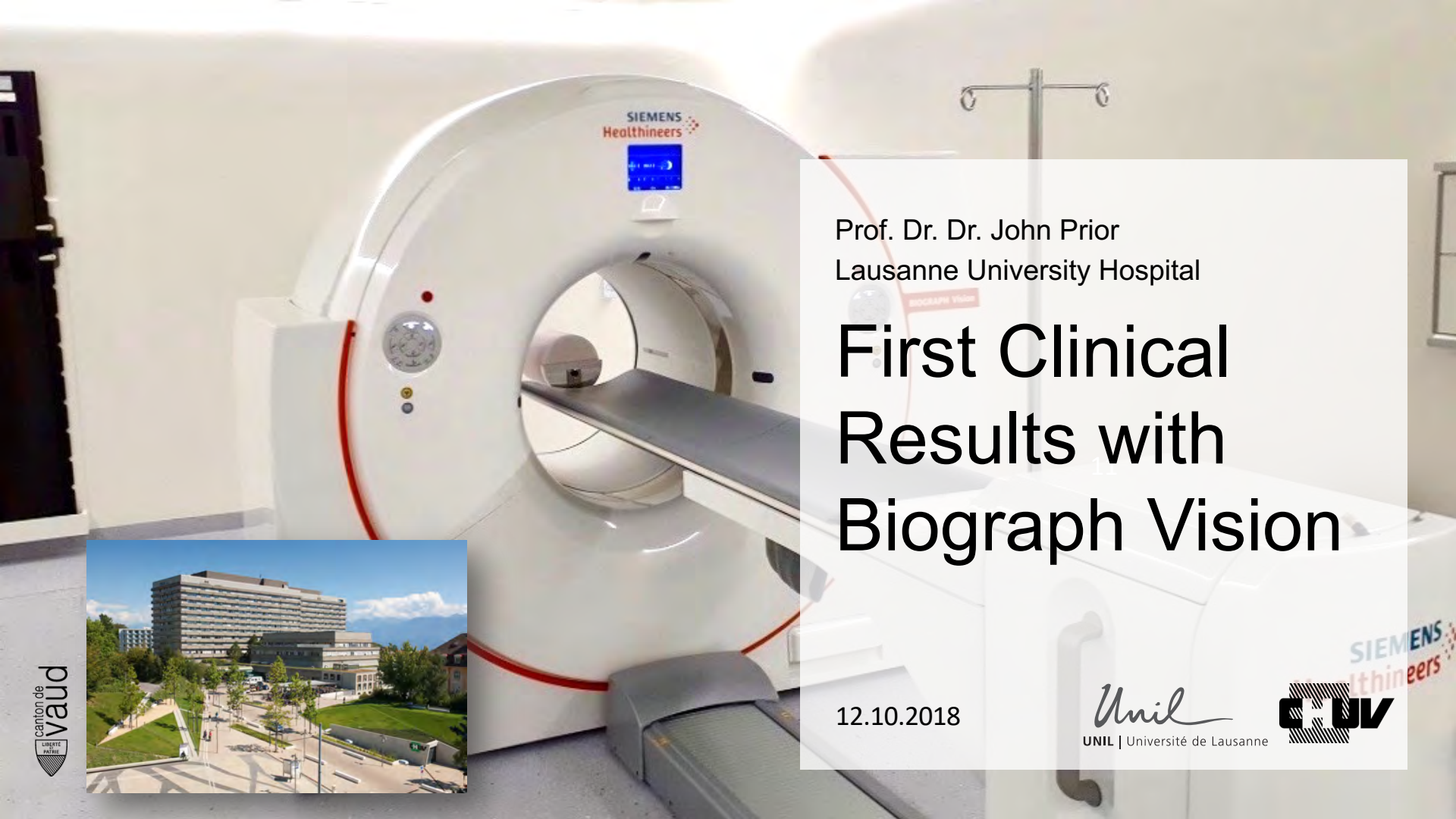
# TOF PET: Principle and Advantages

Increase in signal-to-noise ratio as TOF resolution decreases



Year	TOF	S/N Gain
—	No TOF	1
2006	585 ps	
2011	500 ps	2.3
2017	375 ps	
2018	214 ps	3.3

*P. Lecoq, C. Morel, J. Prior, 2018*



Prof. Dr. Dr. John Prior  
Lausanne University Hospital

# First Clinical Results with Biograph Vision

12.10.2018

*Unil*  
UNIL | Université de Lausanne

SIEMENS  
Healthineers  
**CUV**





# Biograph Vision: latest digital PET



**3.2 mm LSO crystals**

**214 ps<sup>1</sup> time of flight**

**100 cps/kBq<sup>1</sup> effective sensitivity**

**100% SiPM sensor coverage<sup>1</sup>**

**Biograph™ mCT**

**Biograph Vision™**

**5 mm sphere**

**5 mm sphere**

**High-resolution**

**56% higher contrast recovery<sup>1</sup>**

**Better Detectability**

*Anil*  
UNIL | Université de Lausanne

**CIVV**

cajon de vaud

<sup>1</sup> Based on internal measurements at time of publication. Data on file;

Biograph Vision and its features and applications are not commercially available in all countries. Their future cannot be guaranteed. Please contact your local Siemens Healthineers organization for further details.

# Clinical Applications

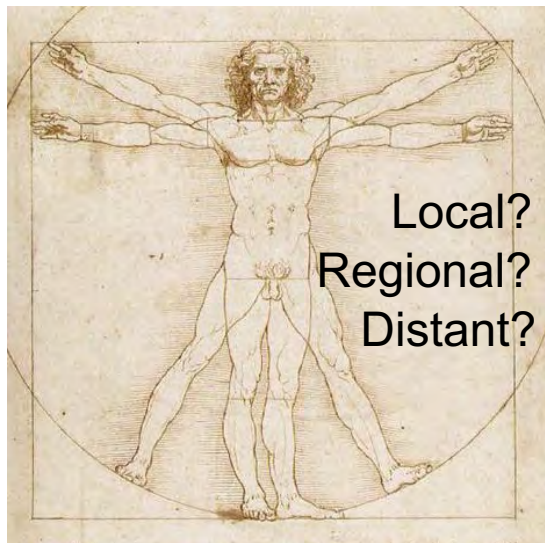
Low contrast lesions

Low activity situations

Sensitivity

Resolution

# Today's Challenge in Oncologic Imaging



Identify all lesions is key  
to defining right therapy

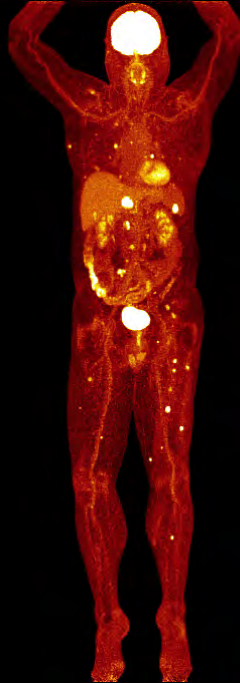
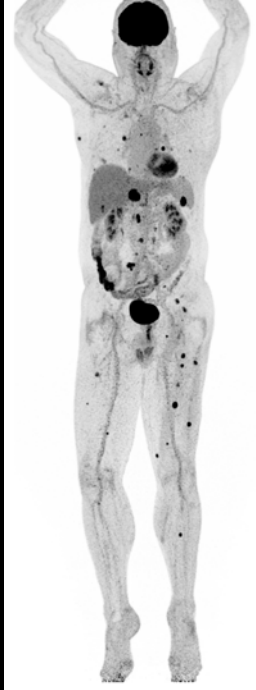
Local?

Lymph nodes?

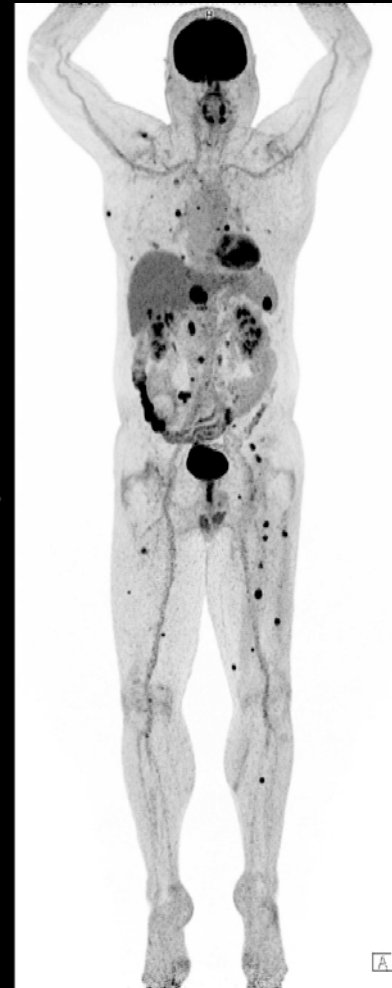
Metastases?

Poor spatial resolution  
and sensitivity negatively  
affects lesion detectability  
and staging

# Delineation of multiple skeletal, lymph node soft tissue metastases



PET MIP





*“I think it's very addictive and you get used to that high-quality image even after one patient.”*

Prof. John Prior, MD, PhD

Head of Department, Nuclear Medicine

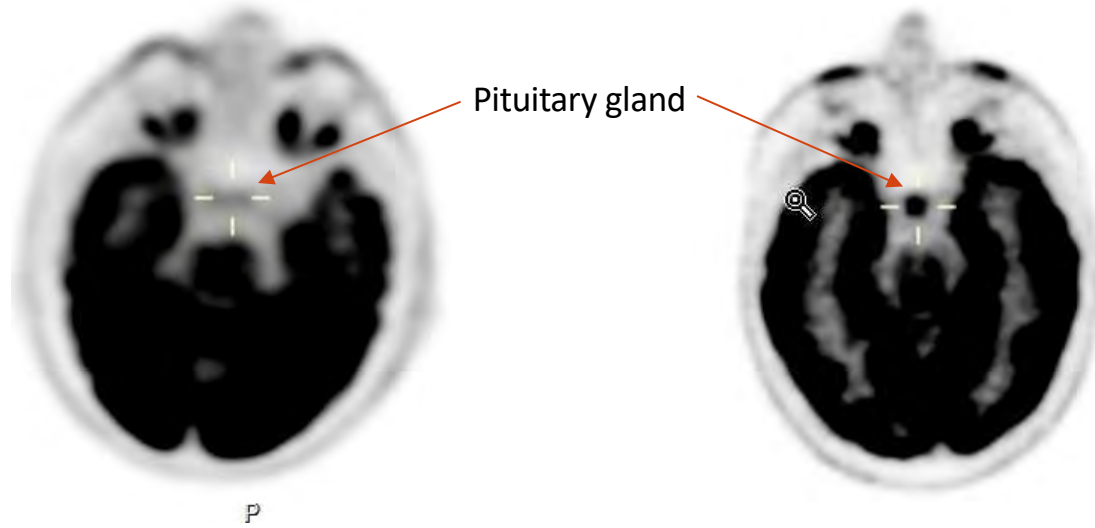
Centre Hospitalier Universitaire Vaudois CHUV, Lausanne, Switzerland



The statements by Siemens' Healthineers customers described herein are based on results that were achieved in the customer's unique setting. Because there is no "typical" hospital or laboratory and many variables exist (e.g., hospital size, samples mix, case mix, level of IT and/or automation adoption) there can be no guarantee that other customers will achieve the same results.

# Detectability of small structures in $^{18}\text{F}$ FDG PET/CT examinations

## Visual observations of the pituitary gland

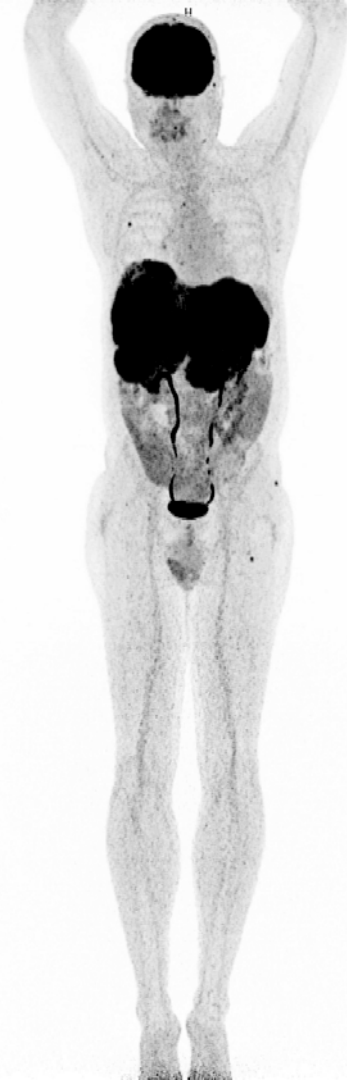
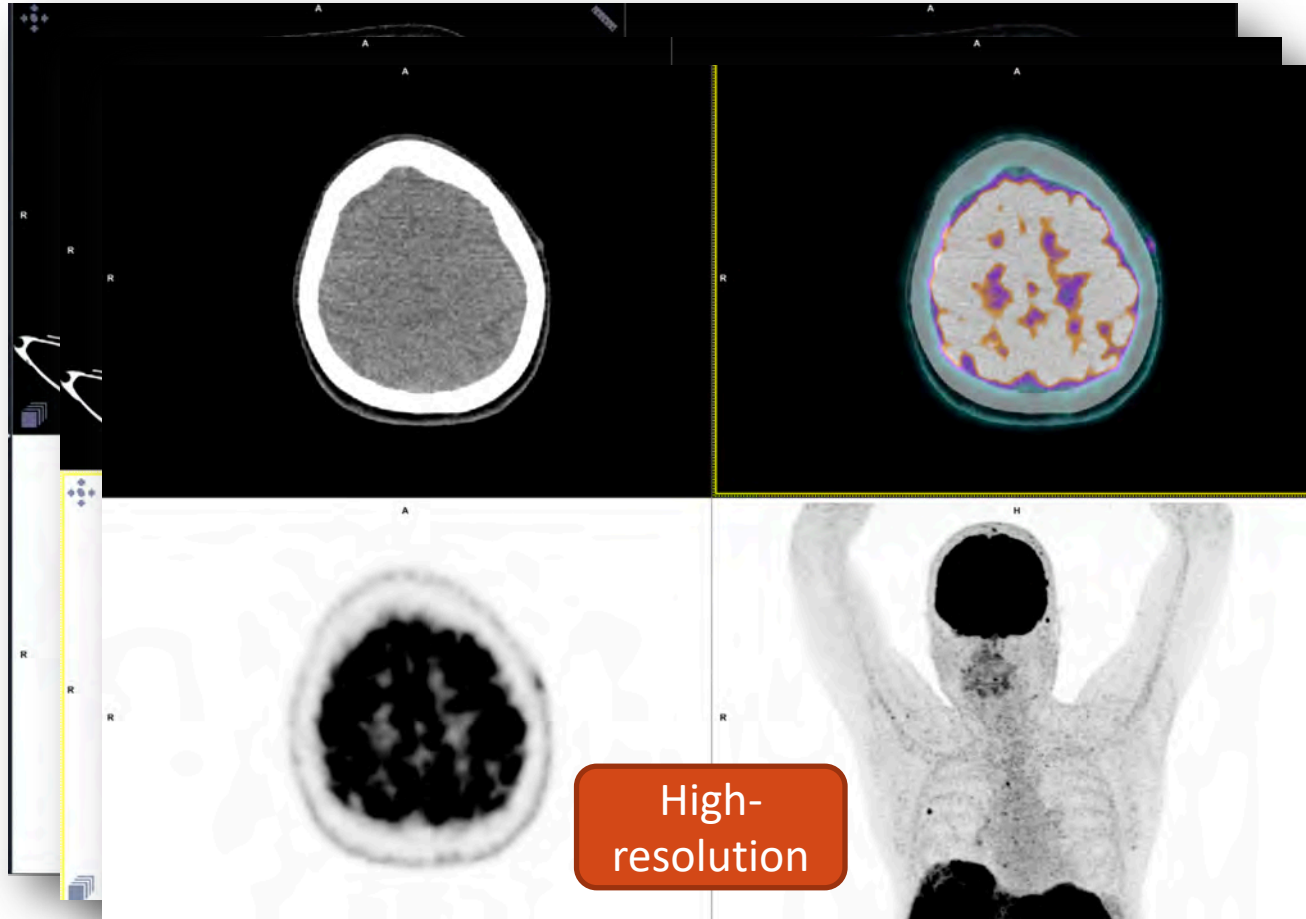


PET/CT Discovery 690  
Gauss filter FWHM = 5mm  
Voxel size :  $2.74 \times 2.74 \times 3.27$  mm

PET/CT Biograph Vision  
No gaussian Filter  
Voxel size :  $1.65 \times 1.65 \times 2$ mm

**Reduced partial volume effects**

# 55-y patient with uveal melanoma :



# Lesion Detectability with Digital PET

European Journal of Nuclear Medicine and Molecular Imaging (2019) 46:1383–1390  
<https://doi.org/10.1007/s00259-019-4260-z>

## ORIGINAL ARTICLE



### Comparison of image quality and lesion detection between digital and analog PET/CT

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#### Abstract

**Objective** The purpose of this study was to compare image quality and lesion detection capability between a digital and an analog PET/CT system in oncological patients.

**Materials and methods** One hundred oncological patients (62 men, 38 women; mean age of  $65 \pm 12$  years) were prospectively included from January–June 2018. All patients, who accepted to be scanned by two systems, consecutively underwent a single day, dual imaging protocol (digital and analog PET/CT). Three nuclear medicine physicians evaluated image quality using a 4-point scale (−1, poor; 0, fair; 1, good; 2, excellent) and detection capability by counting the number of lesions with increased radiotracer uptake. Differences were considered significant for a  $p$  value  $< 0.05$ .

**Results** Improved image quality in the digital over the analog system was observed in 54% of the patients ( $p = 0.05$ , 95% CI, 44.2–63.5). The percentage of interrater concordance in lesion detection capability between the digital and analog systems was 97%, with an interrater measure agreement of  $\kappa = 0.901$  ( $p < 0.0001$ ). Although there was no significant difference in the total number of lesions detected by the two systems (digital:  $5.03 \pm 10.6$  vs. analog:  $4.53 \pm 10.29$ ;  $p = 0.7$ ), the digital system detected more lesions in 22 of 83 of PET+ patients (26.5%) ( $p = 0.05$ , 95% CI, 17.9–36.7). In these 22 patients, all lesions detected by the digital PET/CT (and not by the analog PET/CT) were  $< 10$  mm.

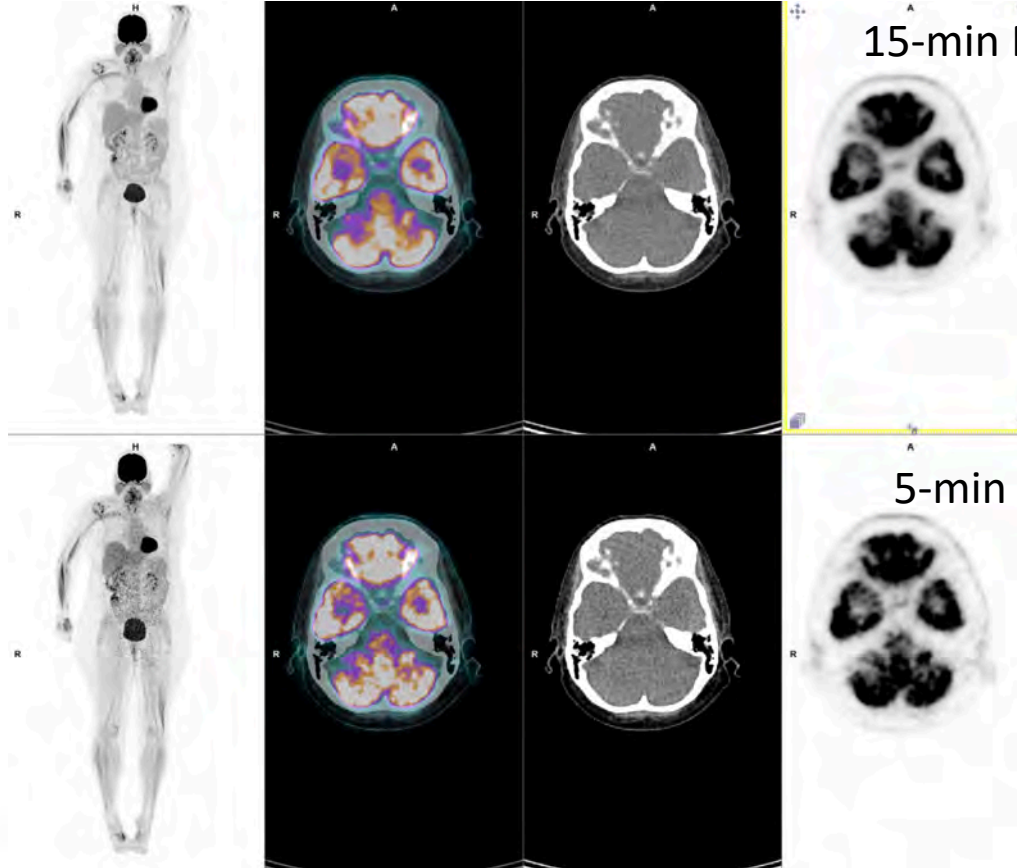
**Conclusion** Digital PET/CT offers improved image quality and lesion detection capability over the analog PET/CT in oncological patients, and even better for sub-centimeter lesions.

**Keywords** Digital PET/CT · Analog PET/CT · Lesion detection capability · Image quality

N=100 oncological patients  
Comparison dPET vs. cPET  
Improved image quality in  
54%

dPET detected more lesions  
in 22 patients, all  $< 10$  mm  
dPET changed staging in  
32% of these 22 patients

# Ultrafast whole-body PET (<5-min)

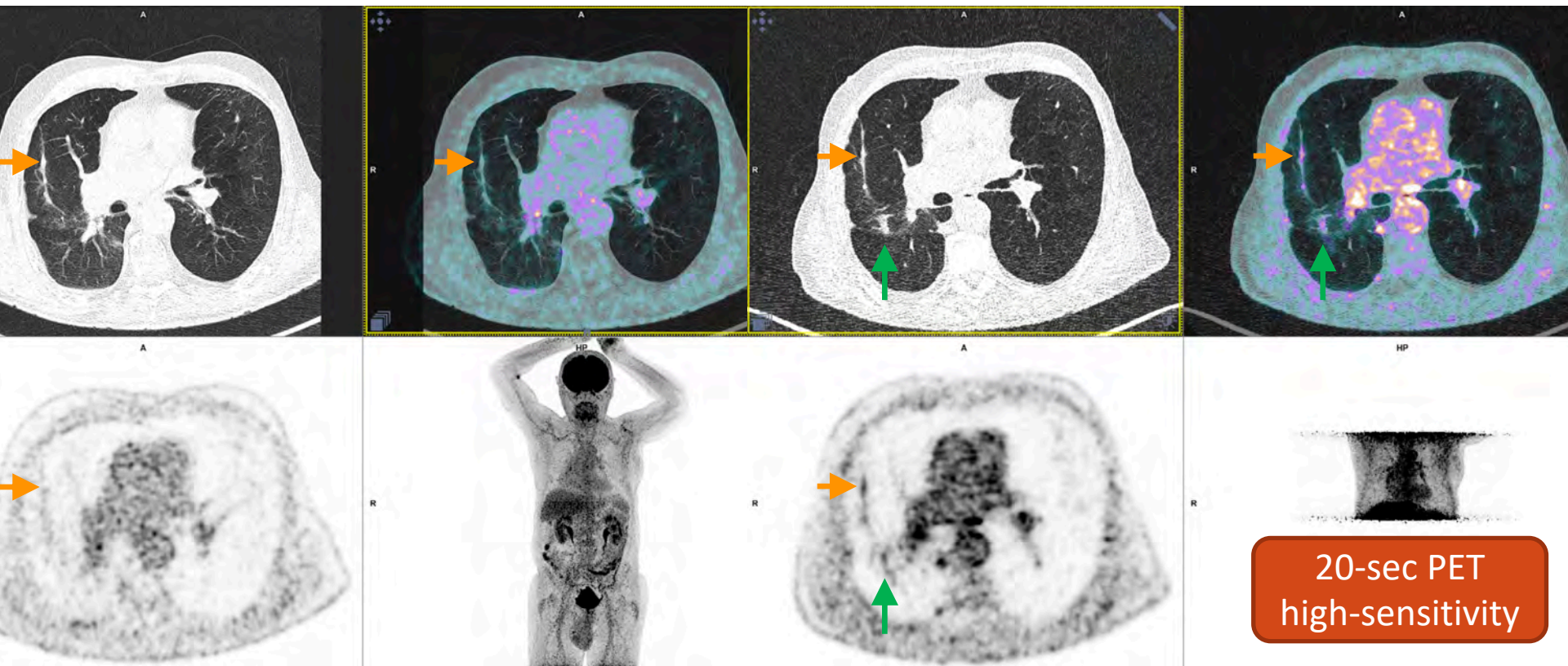


15-min PET (CBM, 3-min/bed equivalent)

5-min PET

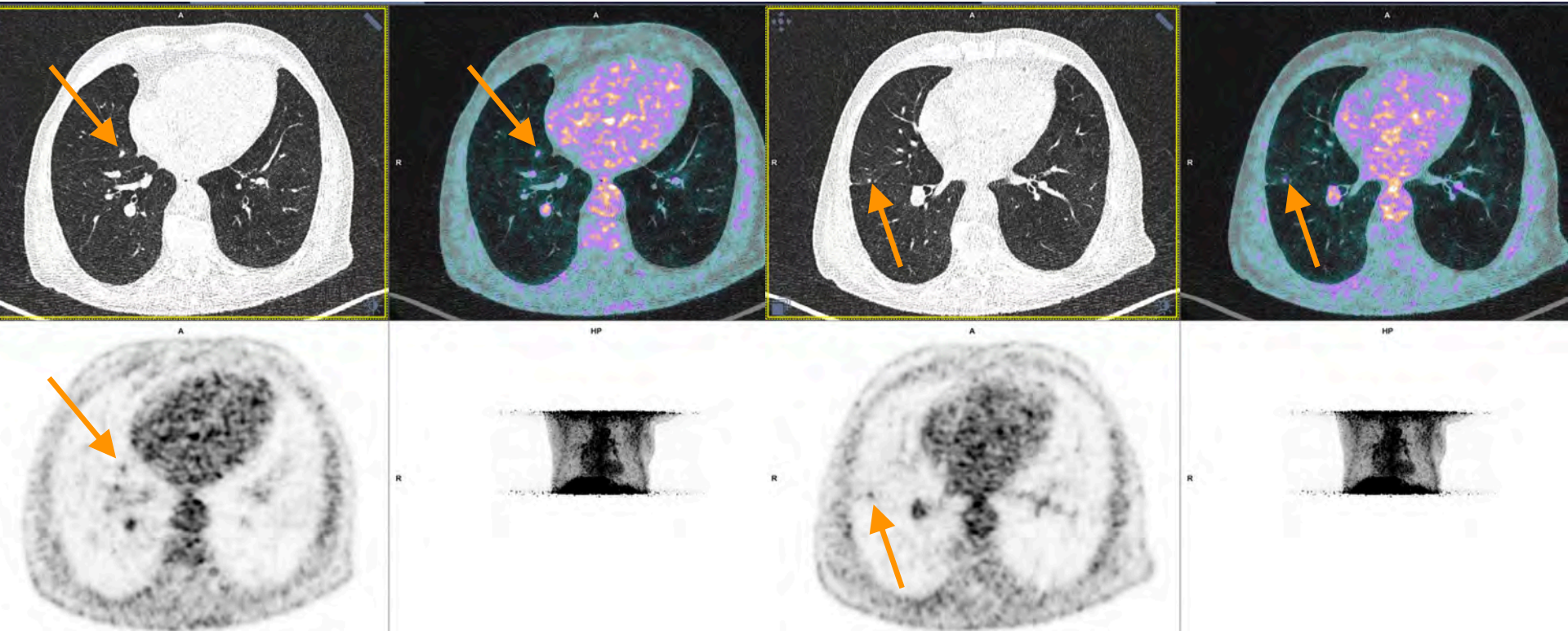


# Free-breathing vs. "Breath-hold" PET



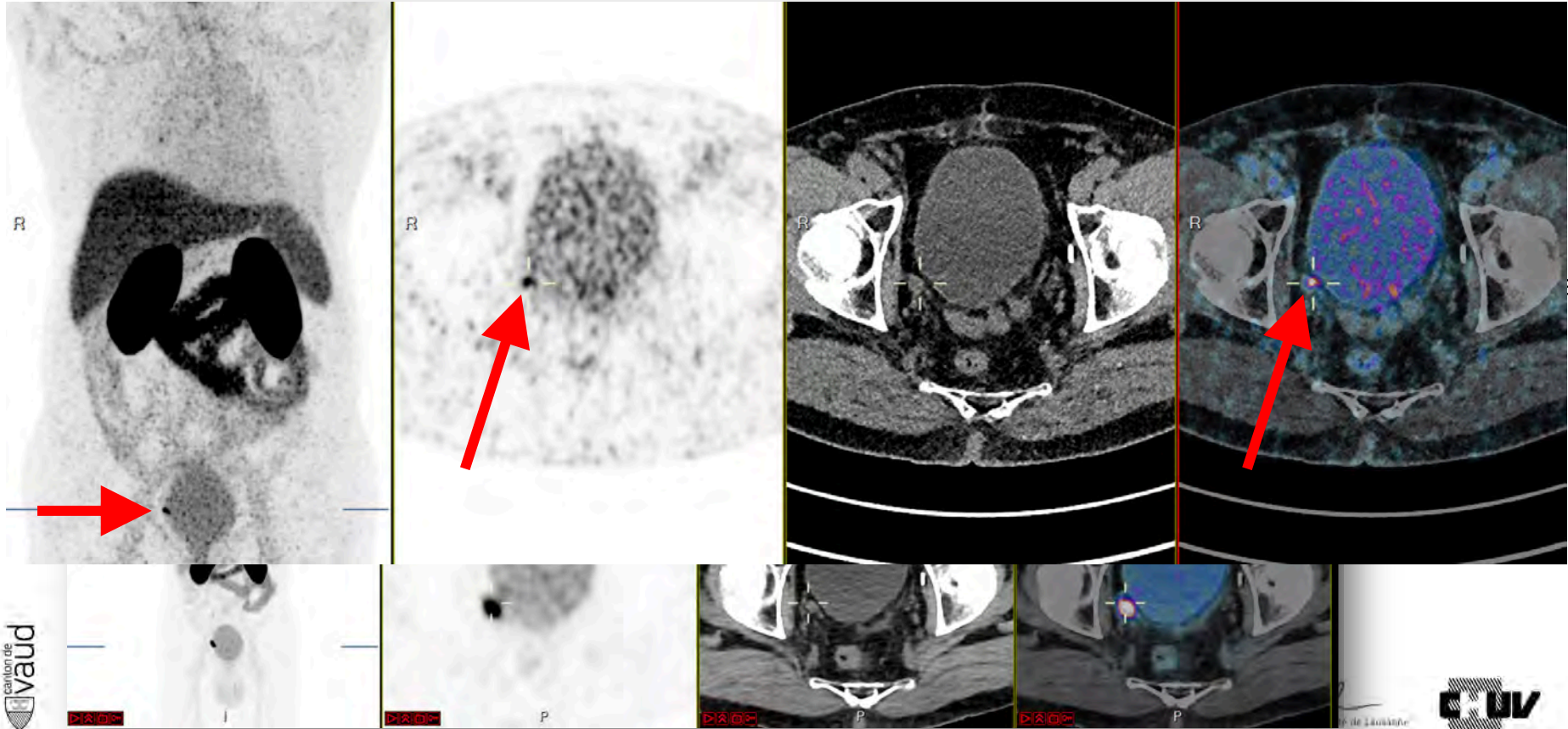
20-sec PET  
high-sensitivity

# “Breath-hold” PET: small lesions → big difference

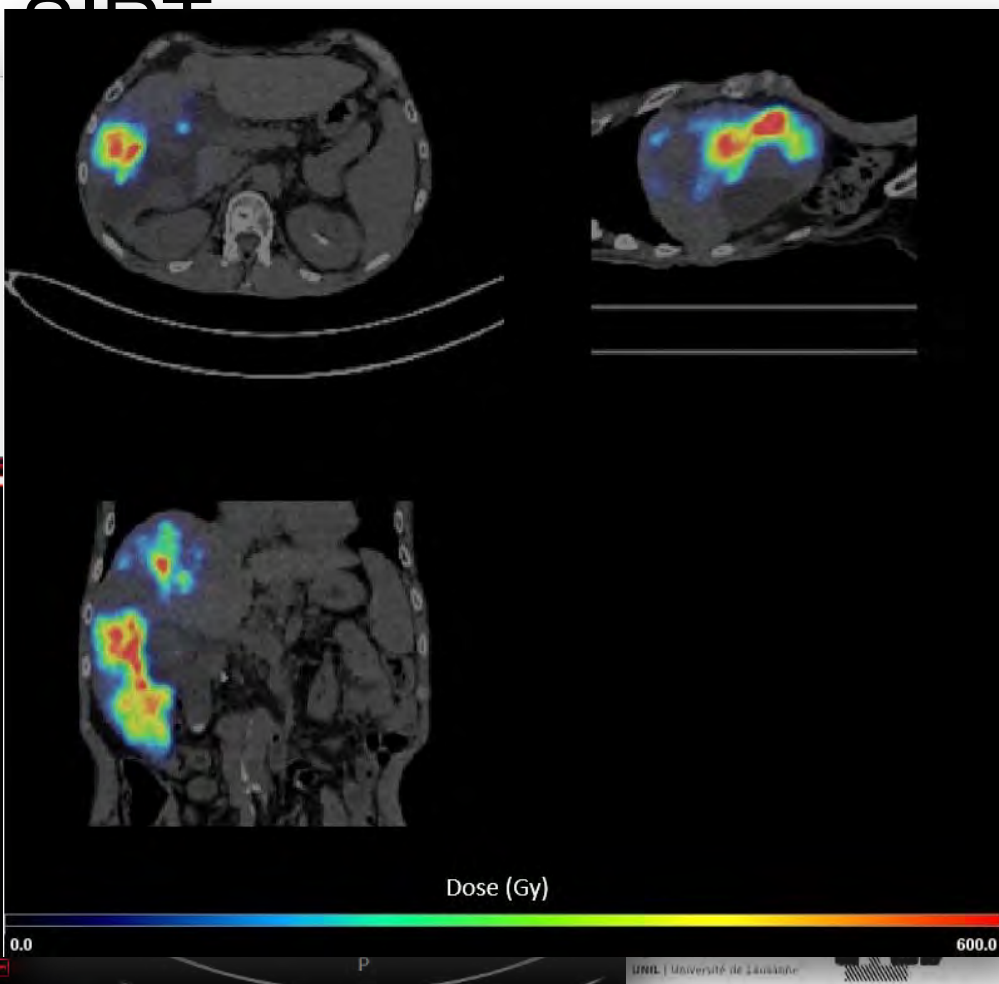




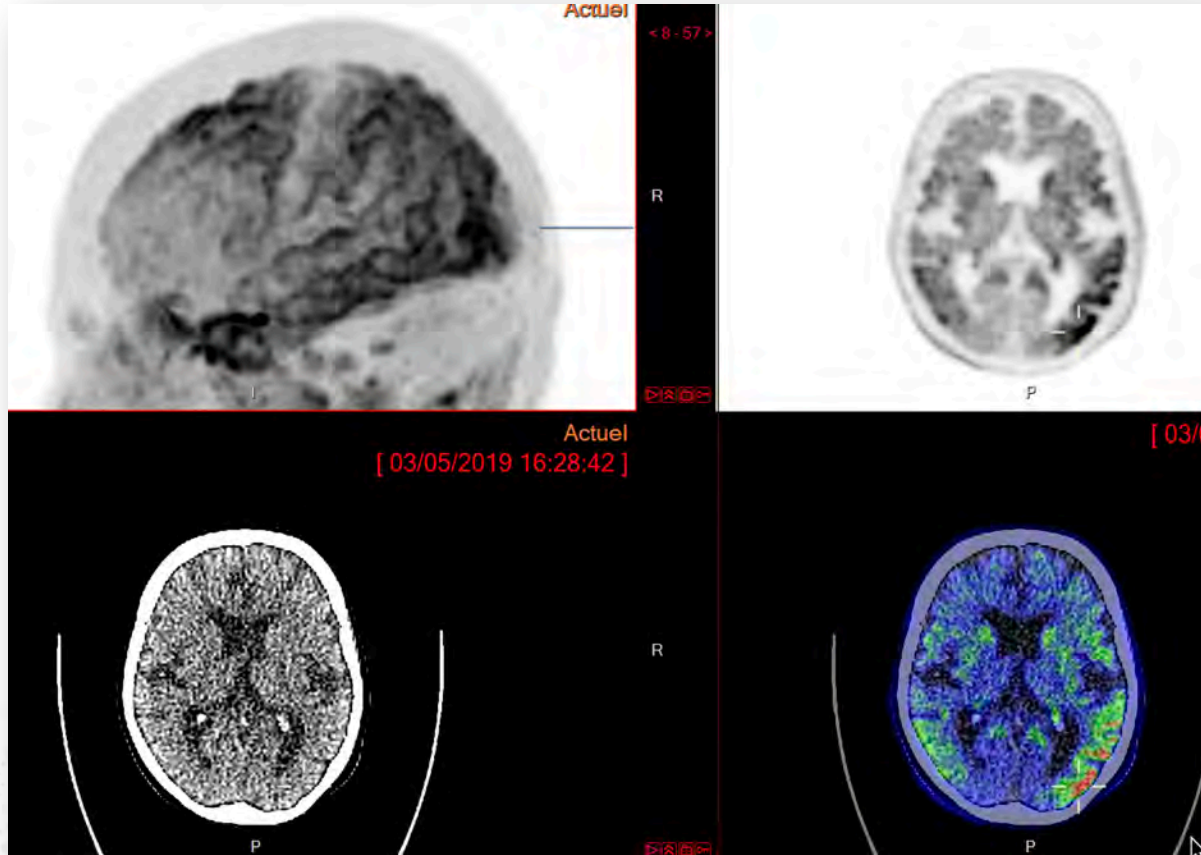
# $^{68}\text{Ga}$ -PSMA PET/CT Biochemical PCa Relapse



# Y-90 TOF PET after CIRT

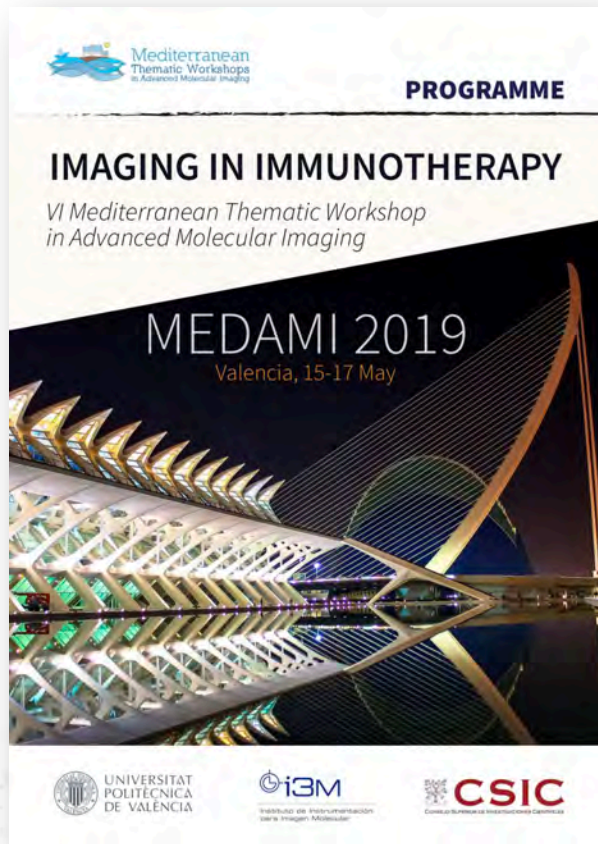


# Tau-protein Imaging F-18-AV1451



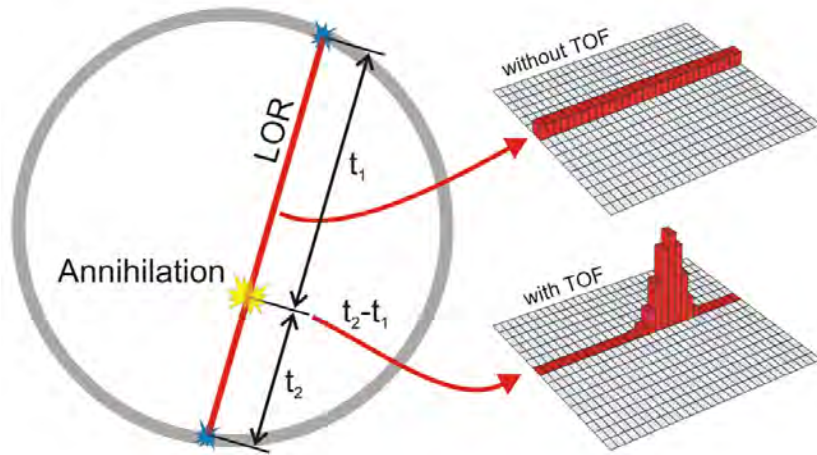


# MEDAMI 2019: Imaging in Immunotherapy



10-ps TOF PET  
Challenge ?

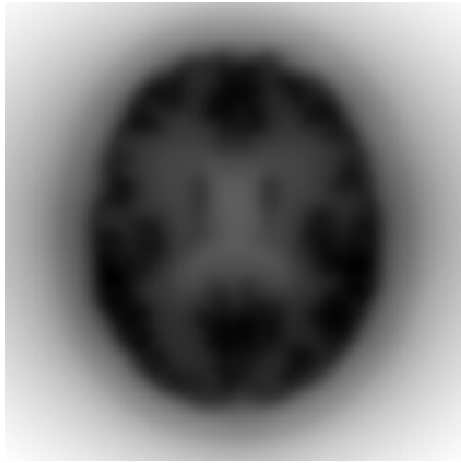
# 10-ps TOF PET



- 1.5-mm resolution along LOR
- Tomography-less reconstructions
- Increase PET sensitivity by a factor  $>16$
- Reduction in activity/dose
- Reduce radiopharmaceutical price
- Novel clinical applications

*P. Lecoq, C. Morel, J. Prior, 2018*

# 10-ps TOF-PET improvement simulation



Non-TOF  
FBP



Non-TOF  
OSEM



10ps TOF  
FBP



10ps TOF  
OSEM

# Clinical improvements

## Direct 3-D resolution

1.5-mm resolution along LOR; → image accumulation (growing up)

Limited angle tomography

Reduce cost of radiotracer production per patient

Less sensitive to incorrect attenuation

Better quantification at low statistics (ultra low-dose for screening)

Adapt scanning speed to clinical goal

# Clinical improvements

Better resolution (tumor microenvironment)

Better sensitivity

- Less activity

- Image longer (C-11 4h, F-18 20h, Zr-89 30d)

- Image faster (respiratory/cardiac/GI movements)

- High temporal resolution

- 200-fold reduction (0.03 mSv, 2.4 mSv)

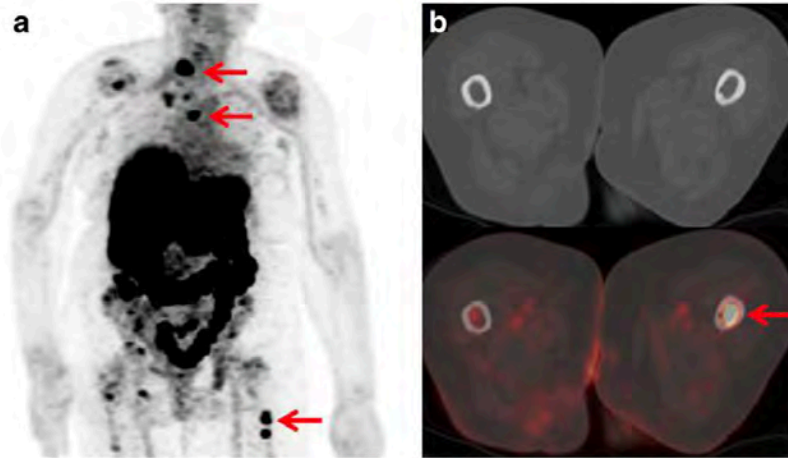
- Image more often



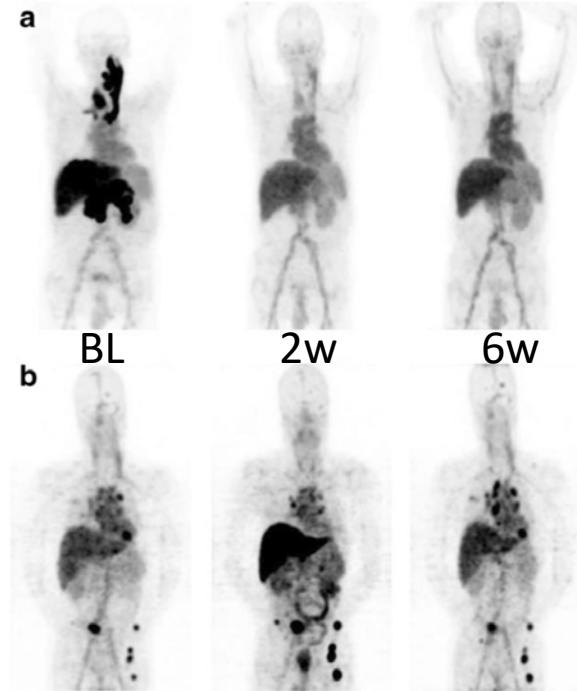
# Long-lived imaging (Zr-89): Challenging

Zr-89-bevacizumab

Zr-89-trastuzumab



Breast cancer



Renal Cell Cancer

# Novel clinical applications (1)

Precise quantification of low-activity metabolism, such as apoptosis (programmed cell death) in myocardial infarct, chronic heart failure, stroke or neurodegeneration (Alzheimer or Parkinson's disease)

→ may help to develop new drugs or better follow and treat disease activity

# Novel clinical applications (2)

Lung cancer screening (with CT: now 96% false positive rate) → better with ultra-low-dose PET

Non-fatal disease: tuberculosis (India, China, South Africa,  $10 \cdot 10^6$  new cases/ $1.8 \cdot 10^6$  death in 2015), HIV, also psychiatric diseases (schizophrenia, major depressive or bipolar disorders)

# Novel clinical applications (3)

Radiation dose equivalent to a few weeks of natural radioactivity

Advantages for pediatric NM, but also for fetal growth and placental pathology (obstructive uropathy, brain development, hypoxic insult, abnormal fetal motor behavior and epilepsy) → benefit to percutaneous or fetal surgery, which has entered the clinical arena

Therefore...

# Creation of the 10-ps TOF PET Challenge

<http://the10ps-challenge.org>



# The 10ps challenge: a step toward reconstructionless TOF-PET

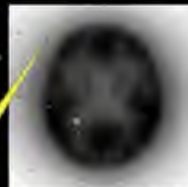
## The 10ps challenge:

- a spur on the development of fast timing
- an opportunity to get together
- an incentive to raise funding
- a way to shed light on nuclear instrumentation for medical imaging

One unique challenge launched for 5 to 10 years and operated by an international organisation with rules issued by the community based on the measurement of CTR combined to sensitivity

## Several milestones and prizes:

- 3 years after the launch of the challenge: 1M€ expected for the Flash Gordon prizes for the realisation of 3 important milestones
- until the end of the challenge: 1M€ expected for the Leonard McCoy prize for the first team meeting successfully the specifications of the challenge



Non-TOF  
FBP



Non-TOF  
OSEM



10ps TOF  
FBP



10ps TOF

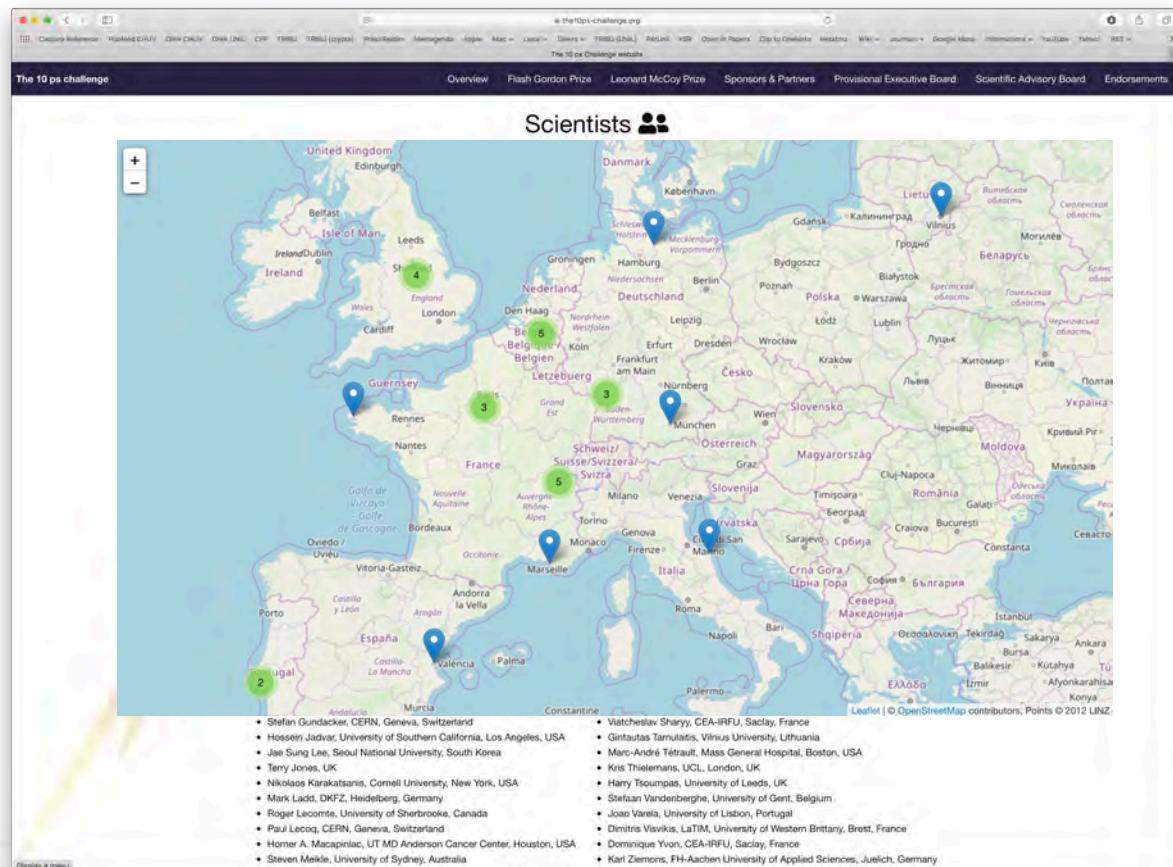
# <http://the10ps-challenge.org>

## Endorsement



Worldwide:  
40 PET Scientists  
and Physicians

As of September 1, 2019



# Conclusion

Shift of paradigm for molecular imaging

Impact societal challenges:

Not only in oncological disease, also for screening (lung cancer)

And neurodegenerative or psychiatric diseases, inflammatory or infectious diseases, and metabolic diseases, across all populational ages from prenatal to geriatric life period





*Thank you for your attention!*

<http://the10ps-challenge.org>