

# Dark energy after GW170817

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with P. Creminelli 1710.05877, + M. Lewandowski and G.Tambalo, 1809.03484  
+ V. Yingcharoenrat, in progress

26 Marzo 2019  
Dipartimento di Fisica, Università di Genova

# The Universe accelerates

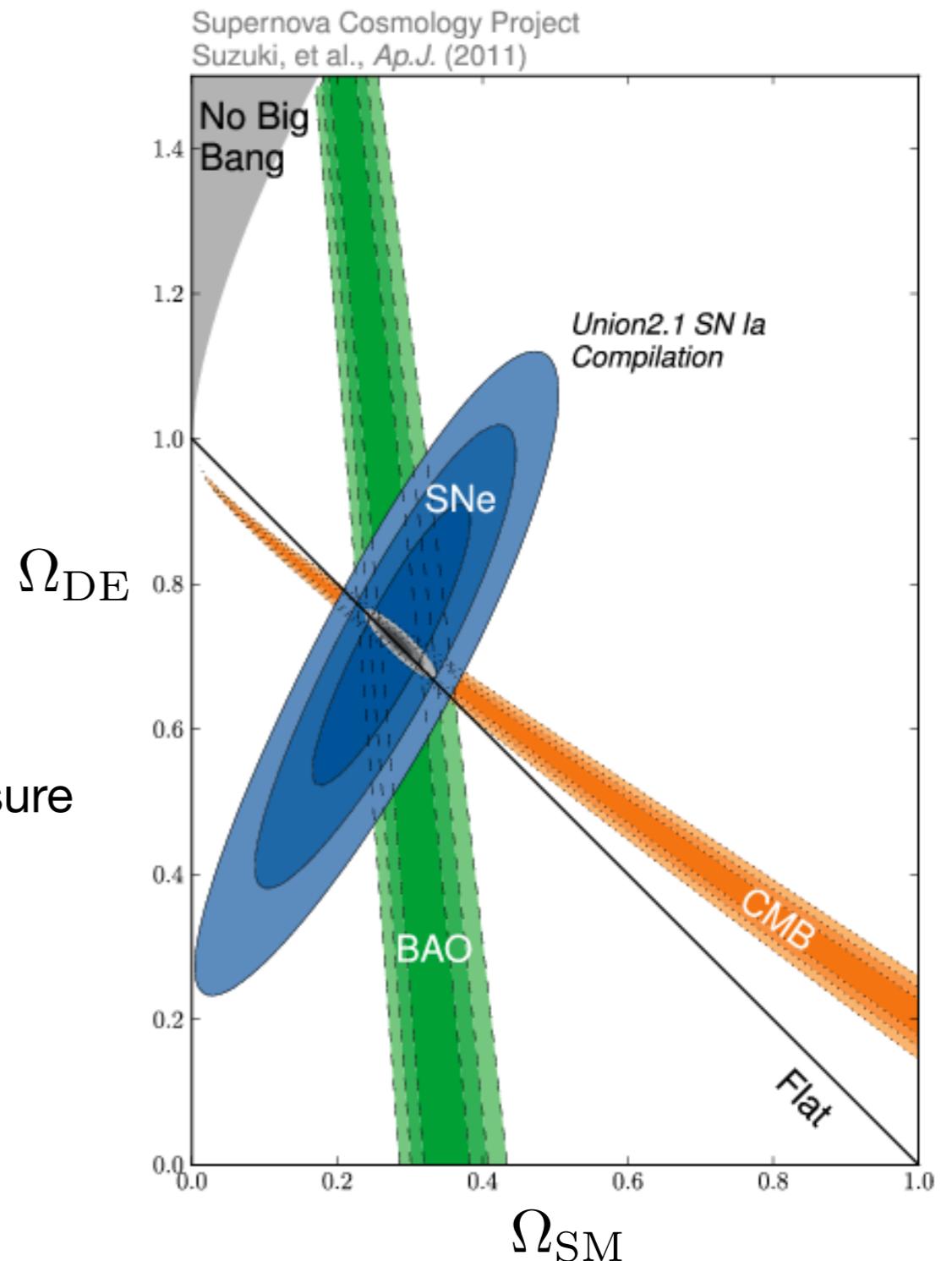
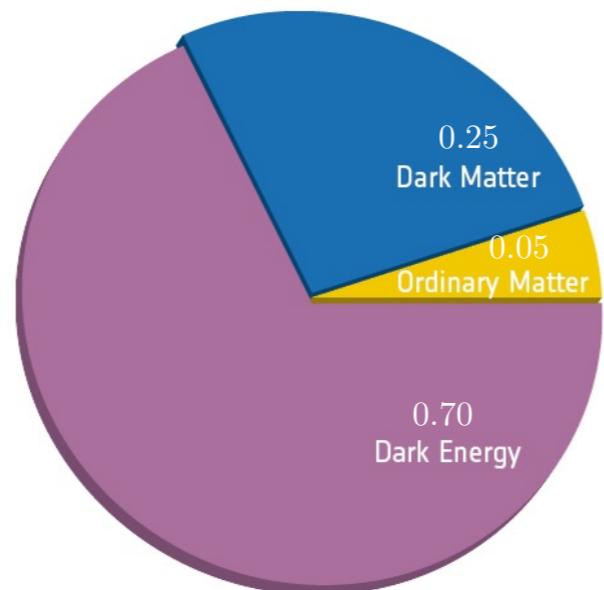
FRW metric:  $ds^2 = -dt^2 + a^2(t)d\vec{x}^2$

Einstein's equation:  $G_{\mu\nu} = 8\pi G T_{\mu\nu}^{(\text{matter})}$

Accelerated expansion:

$$\frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3p) > 0$$

**Dark energy:** new form of matter with negative pressure



# Cosmological Constant: $\Lambda$ CDM

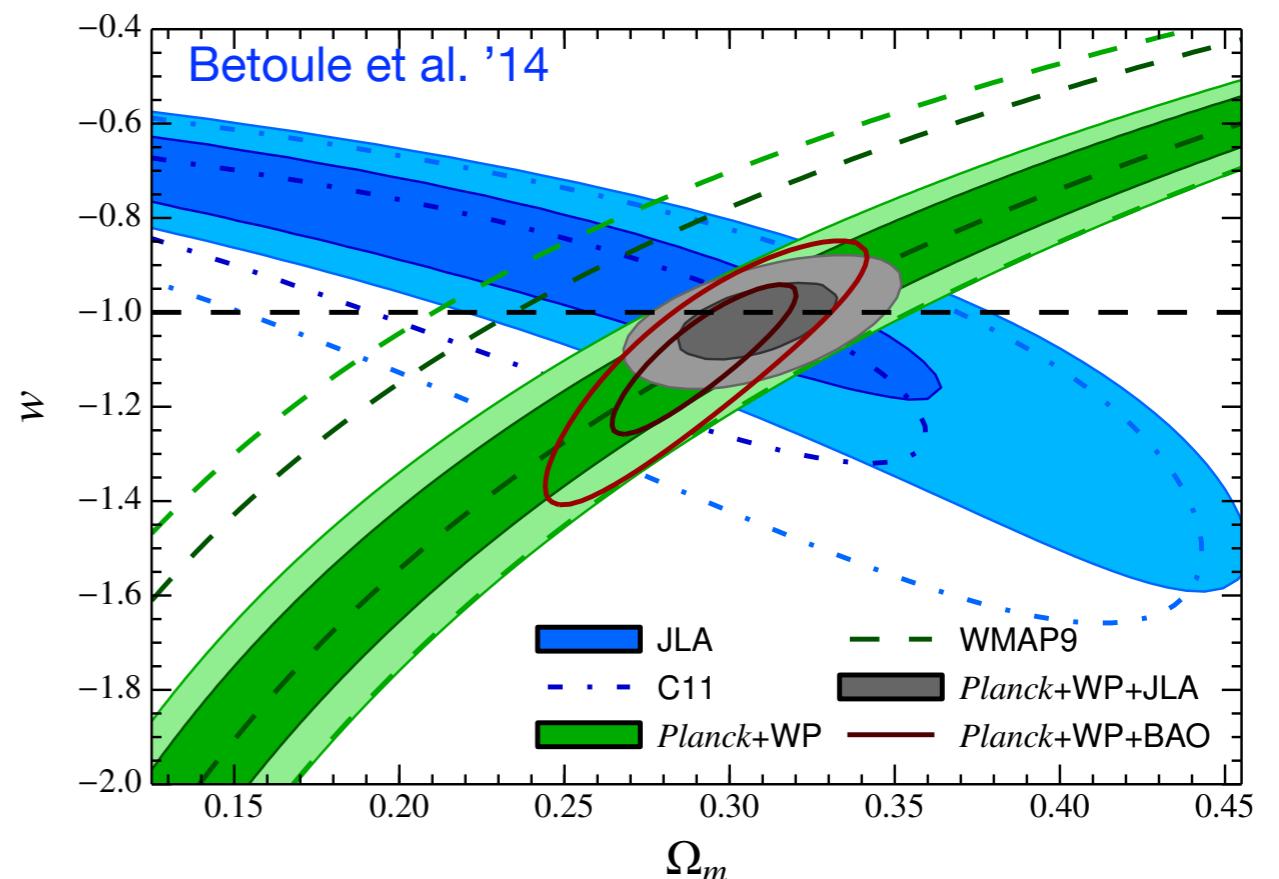
Equation of state very close to -1

$$w \equiv p/\rho$$

$$\rho \propto a^{-3(1+w)}$$

Cosmological constant: vacuum energy,  
simplest explanation, consistent with all data

$$T_{\mu\nu}^{(\text{C.C.})} = -\Lambda g_{\mu\nu}$$



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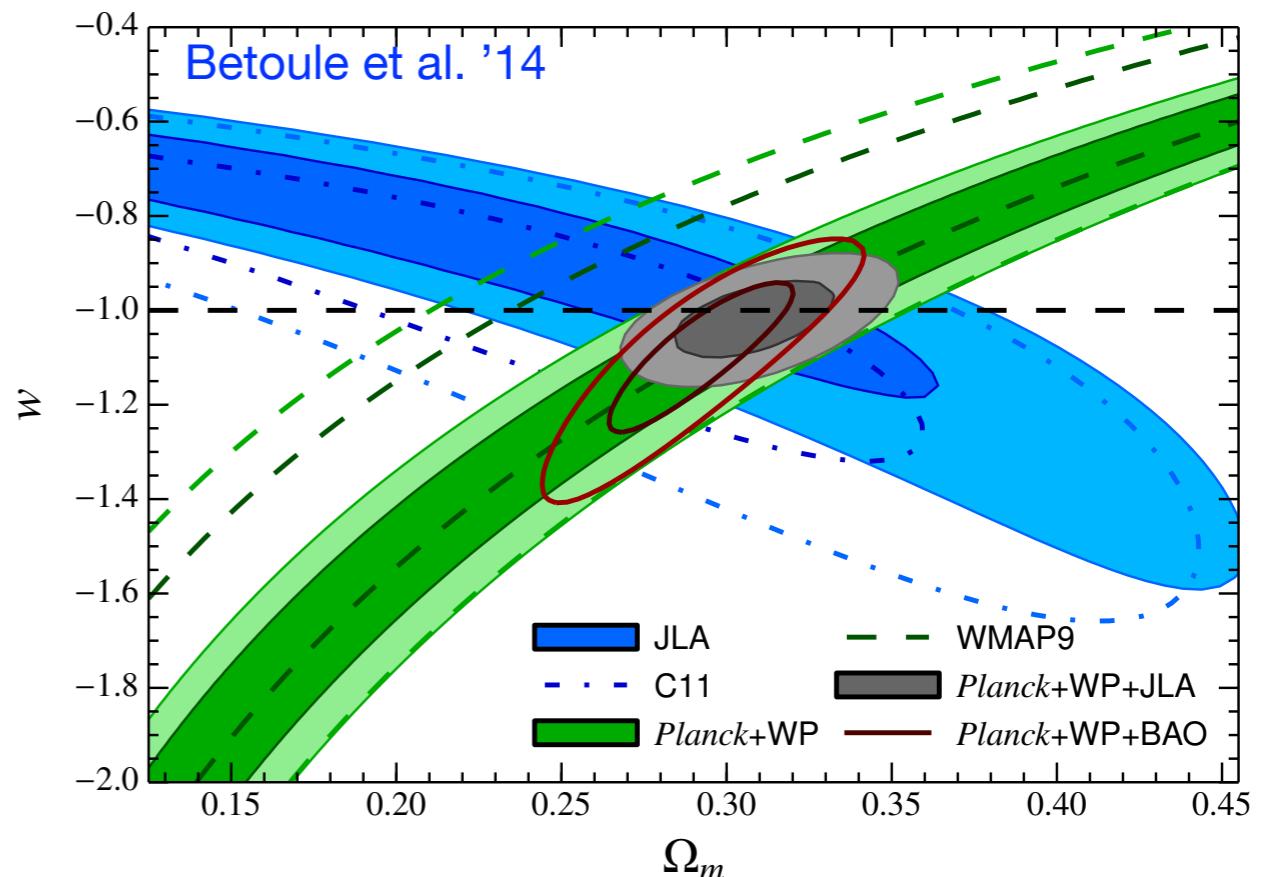
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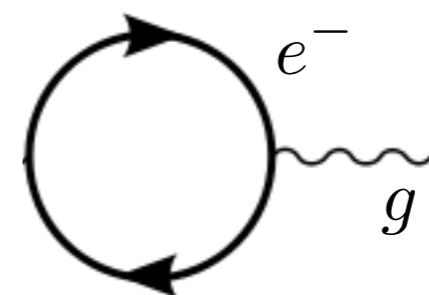
But  $\Lambda = \rho_{\text{de}} \simeq (10^{-3} \text{eV})^4$  unnaturally small

Very UV sensitive. Cancelation with vacuum energy of each particle at any loop-order in perturbation theory

$$\Lambda_{\text{obs}} = \Lambda_{\text{bare}} + \sum_i c_i m_i^4$$

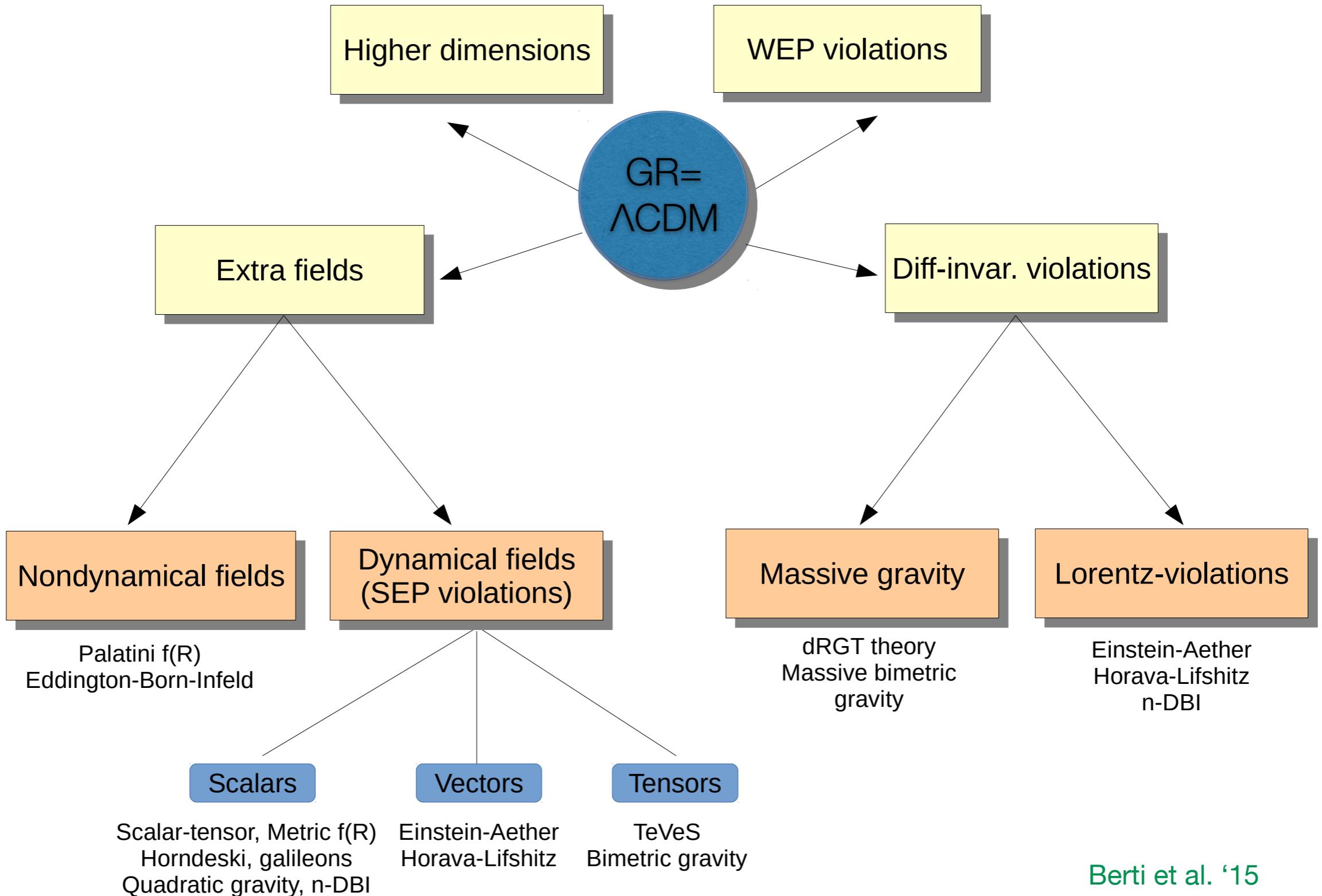


e.g. Burgess 13; Padilla 15



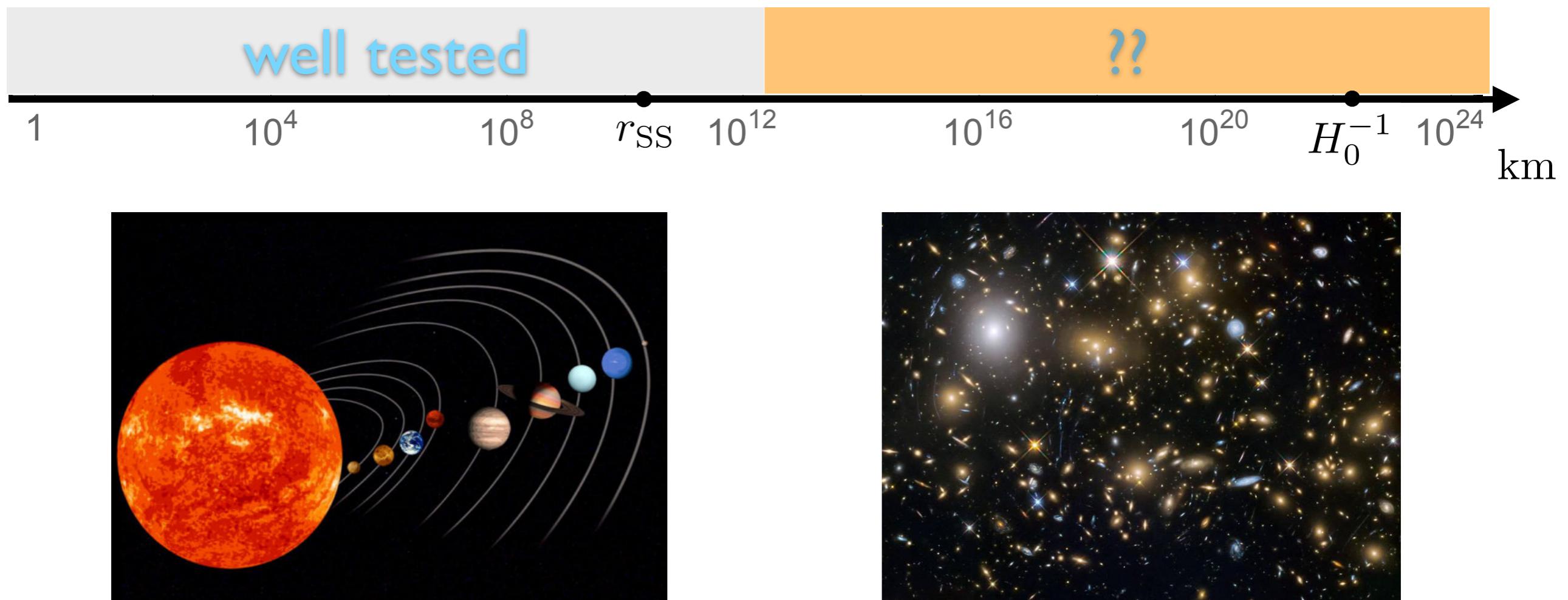
Cosmological constant problem

# Dark energy and modified gravity



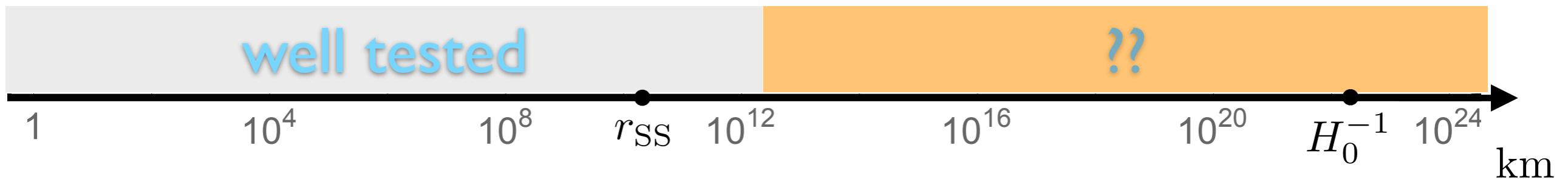
# Motivations

General relativity extrapolated over large ranges of scales and masses. Cosmology is a window for testing it on very large distances. Distinguish among models and discover new physics. Cosmological precision tests of  $\Lambda$ CDM (precision tests of the Standard Model at the LHC)



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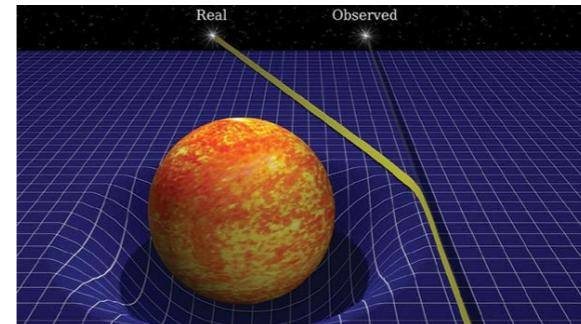
$$dt^2 = -(1 + 2\Phi)dt^2 + a^2(t)(1 - 2\Psi)d\vec{x}^2$$

$$\nabla^2 \Phi = 4\pi G \mu \delta \rho_m$$

$$\nabla^2(\Phi + \Psi) = 8\pi G \Sigma \delta \rho_m$$



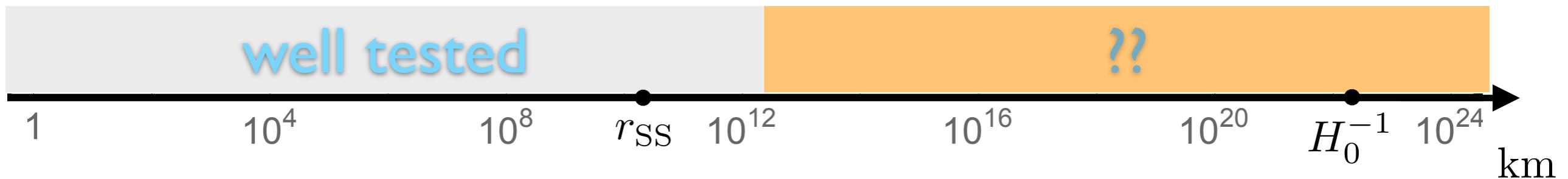
fifth force



anomalous light  
bending

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Will '14  $|\mu - 1| < 10^{-3} \div 10^{-6}$

$$|\Sigma - 1| < 10^{-5}$$

Solar System scales

DES '18  $|\mu - 1| < 8 \times 10^{-2}$

$$|\Sigma - 1| < 4 \times 10^{-1}$$

Cosmological scales

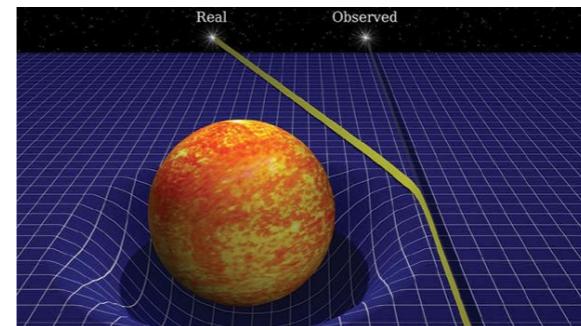
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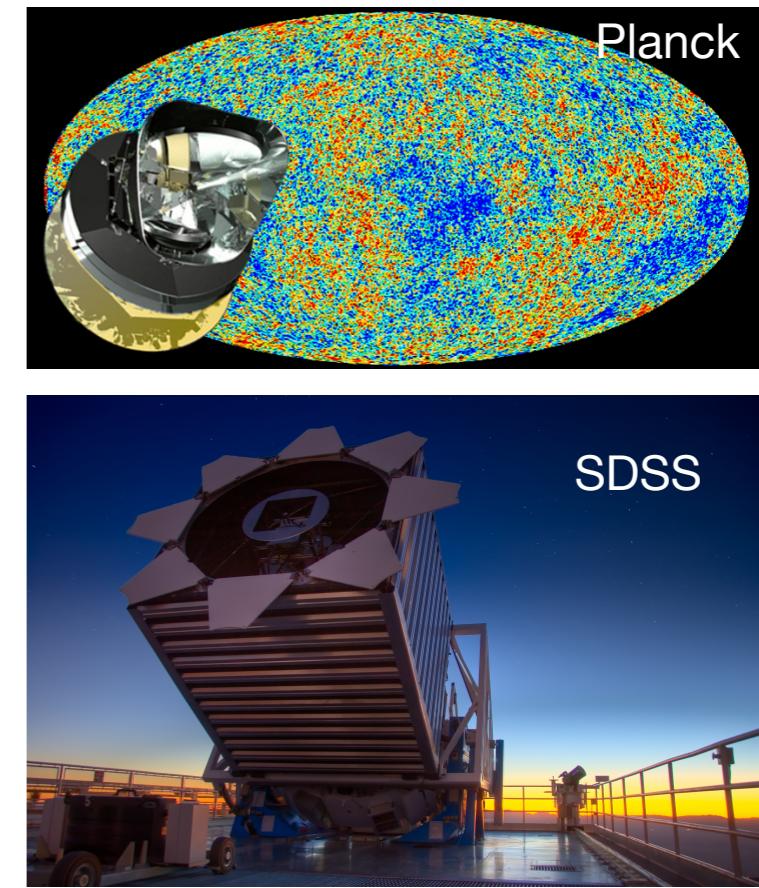
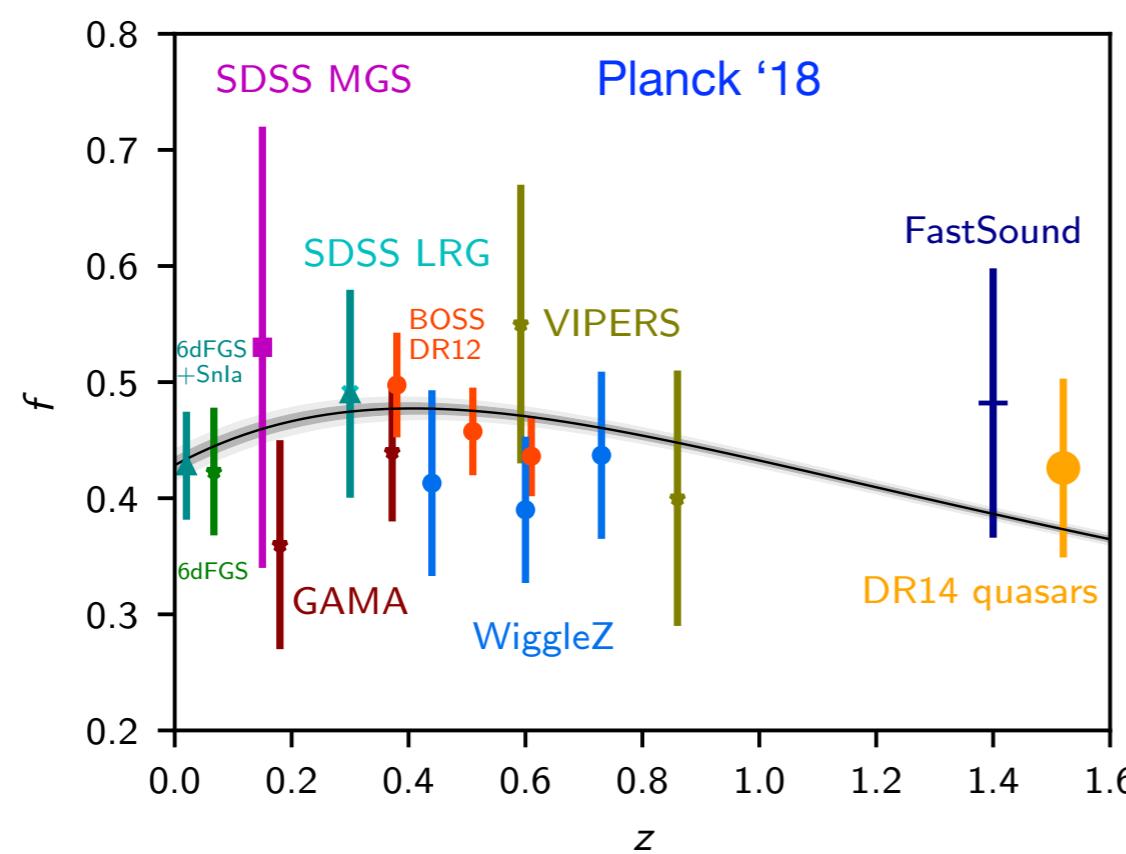
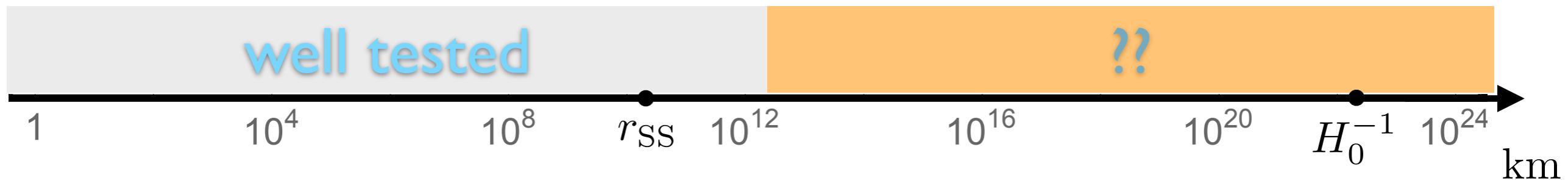
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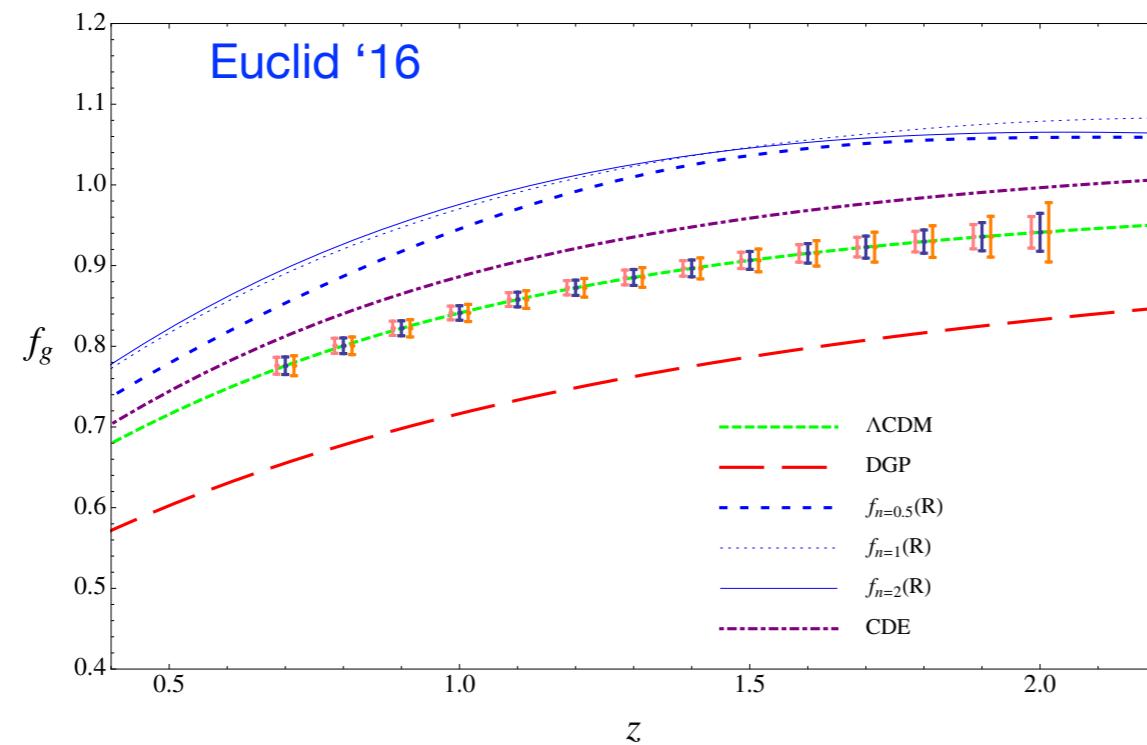
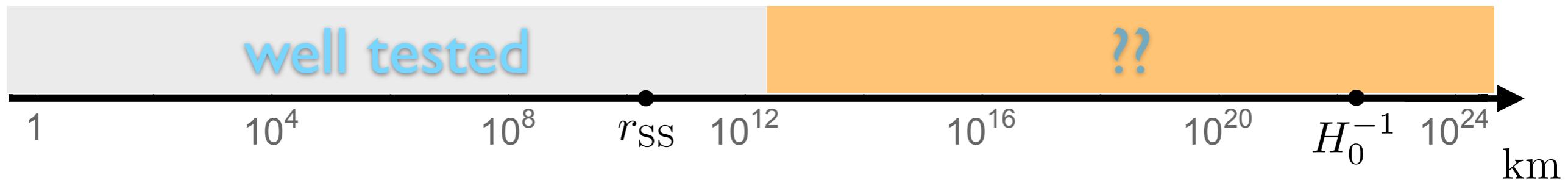
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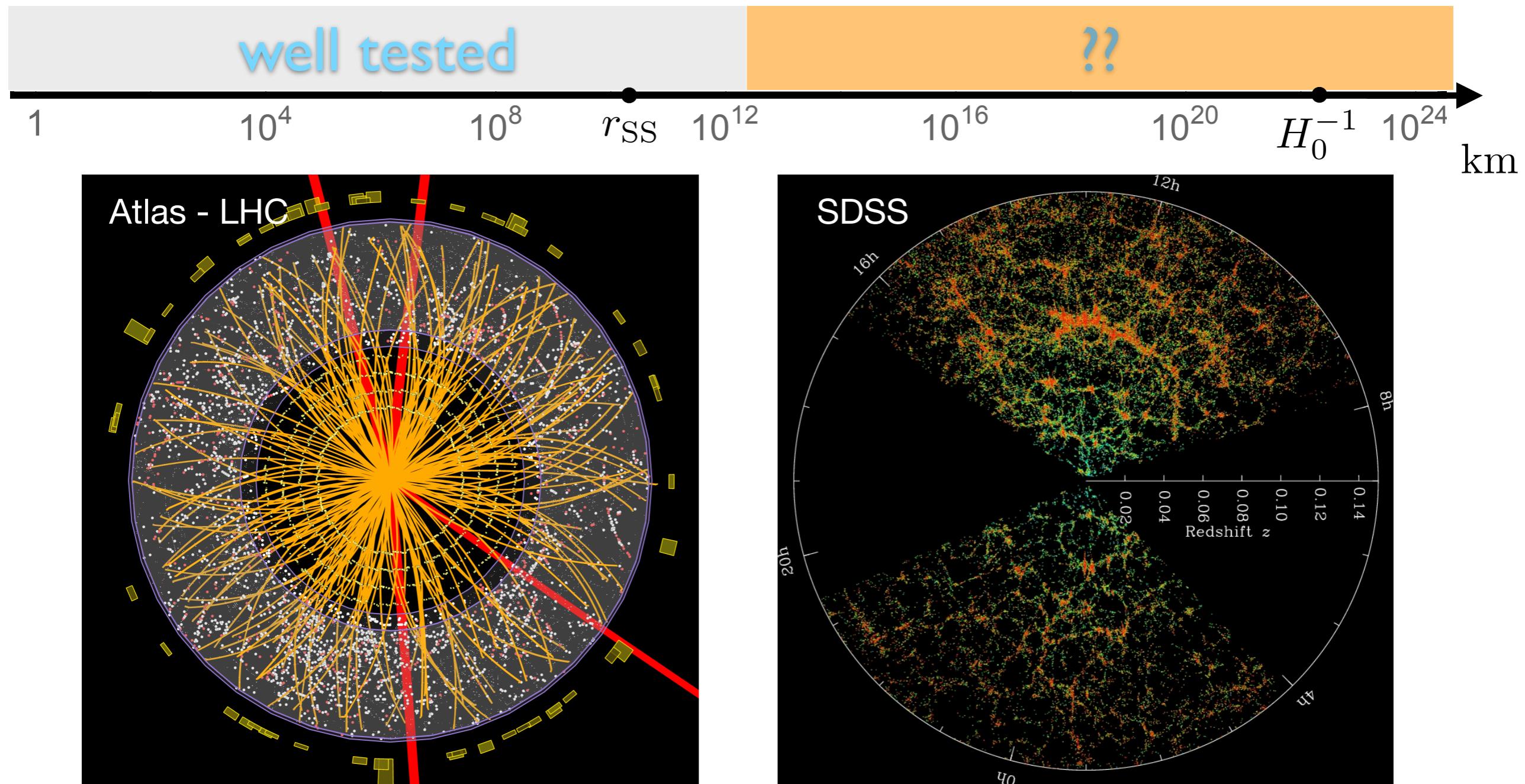
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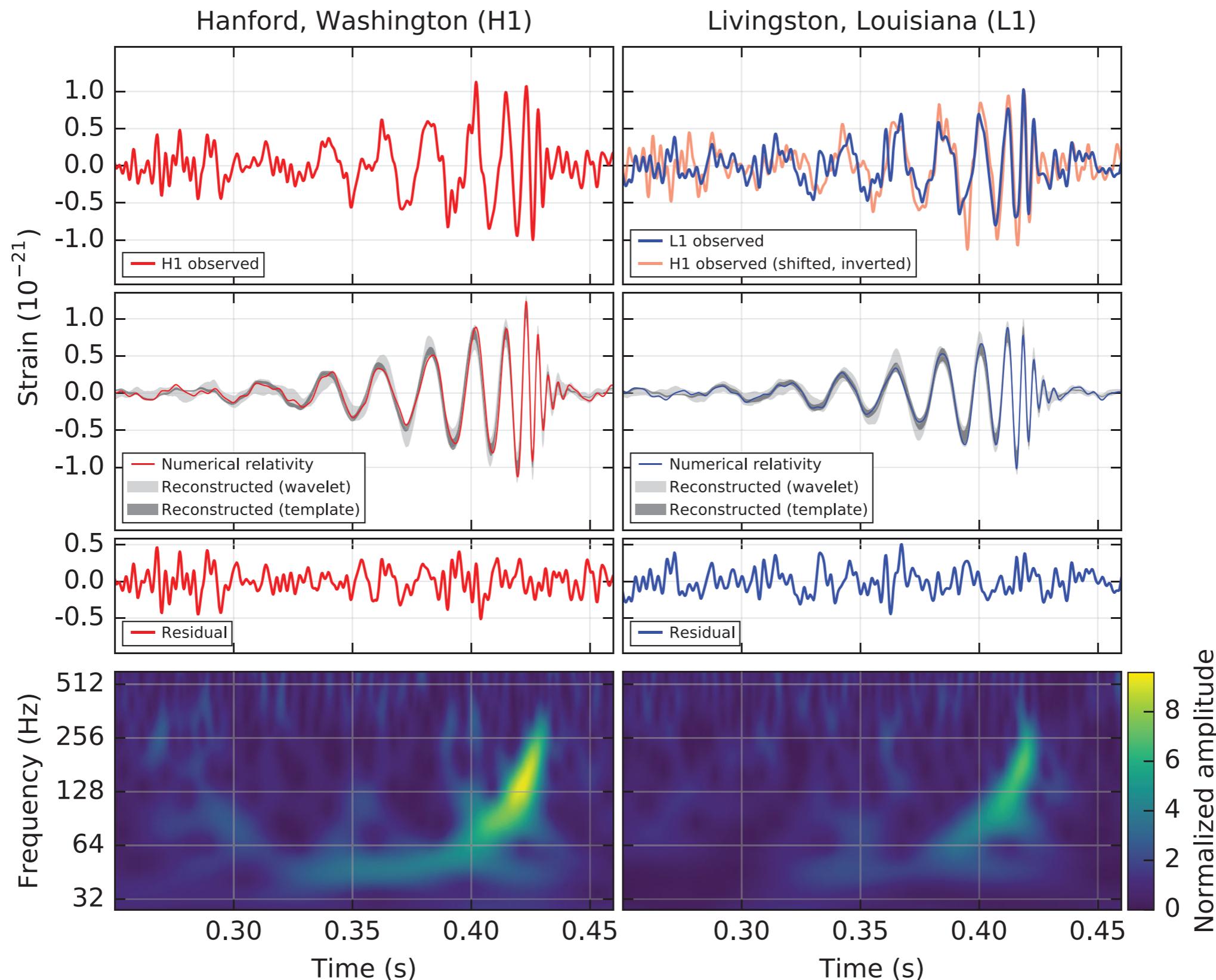
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# GW140915: Gravitational Waves

Abbott et al. '16

first detection: 09/14, 2015



# Wave equation

Gravitational wave equation:

$$ds^2 = -dt^2 + a^2(t) [\delta_{ij} + \gamma_{ij}] d\vec{x}^i d\vec{x}^j , \quad \gamma_{ii} = 0 = \partial_i \gamma_{ij} , \quad H = \dot{a}/a$$

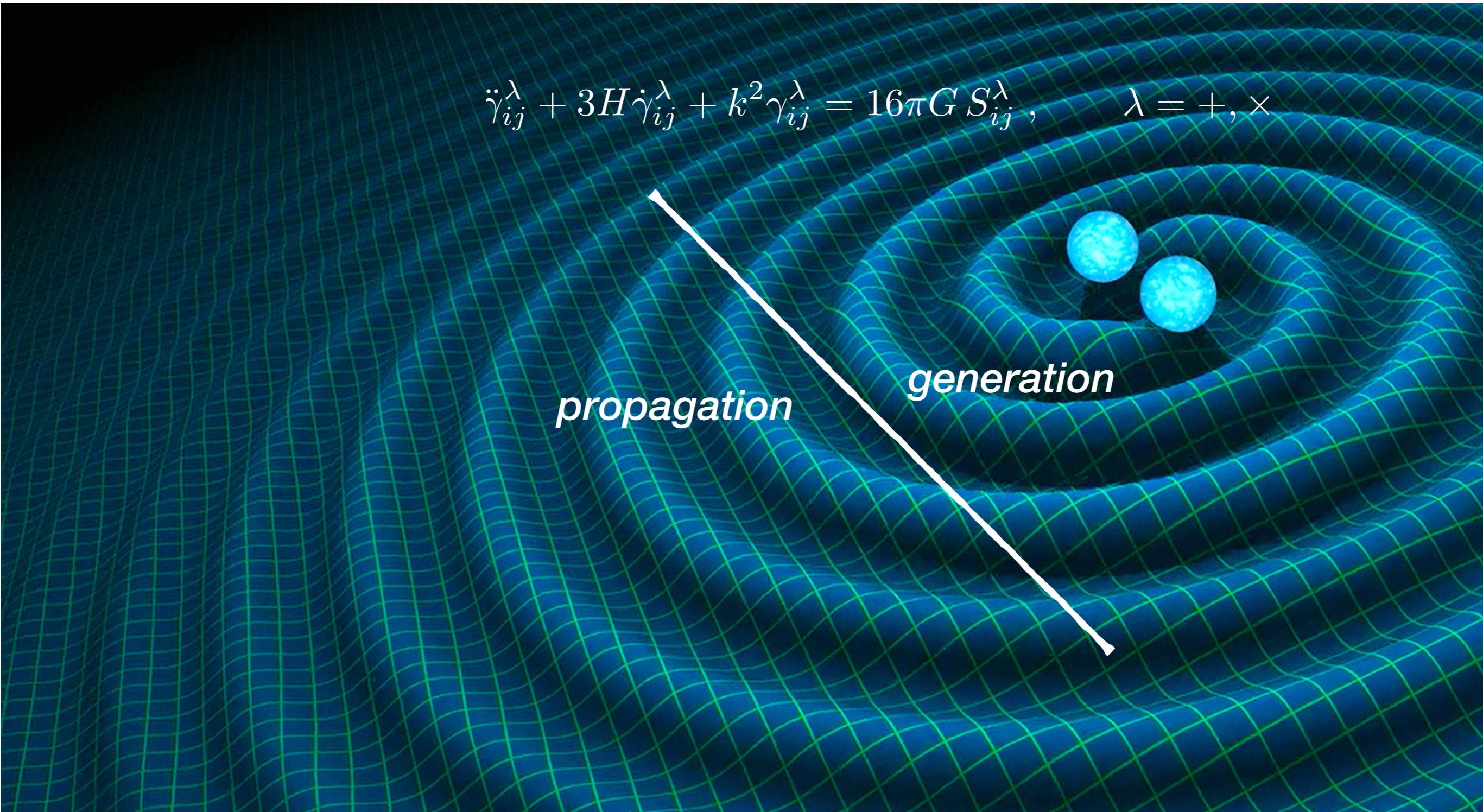
$$\ddot{\gamma}_{ij}^\lambda + 3H\dot{\gamma}_{ij}^\lambda + k^2 \gamma_{ij}^\lambda = 16\pi G S_{ij}^\lambda , \quad \lambda = +, \times$$

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*propagation*

*generation*

# Modified wave equation

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damping	dispersion	source	polarizations
$\ddot{\gamma}_{ij}^\lambda + H [3+ \dots] \dot{\gamma}_{ij}^\lambda + [c_T^2 k^2 + \dots] \gamma_{ij}^\lambda$	$= 16\pi G S_{ij}^\lambda ,$		$\lambda = +, \times$

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Modifications in the wave equation are related to modifications of gravity in the LSS:

$$\mu = \mu(\dots) , \quad \Sigma = \Sigma(\dots)$$

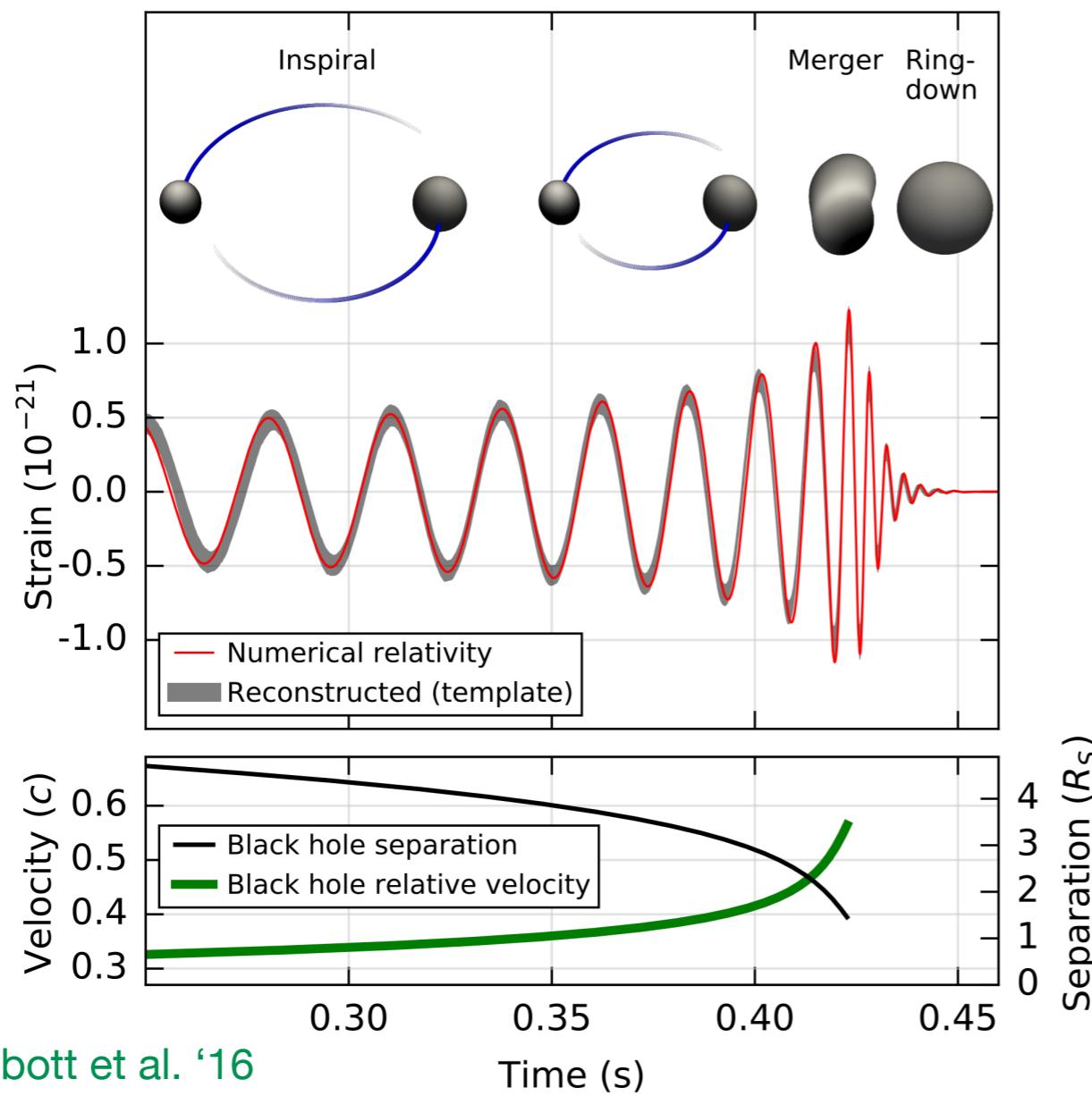
$$\nabla^2 \Phi = 4\pi G \mu \delta \rho_m$$

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# Source

Modifications of the motion of inspiral objects and thus of the production mechanism. Affects GW phase (and amplitude)

$$\ddot{\gamma}_{ij}^{\lambda} + 3H\dot{\gamma}_{ij}^{\lambda} + k^2\gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$



$$v^2 = \frac{G_N m}{r}$$

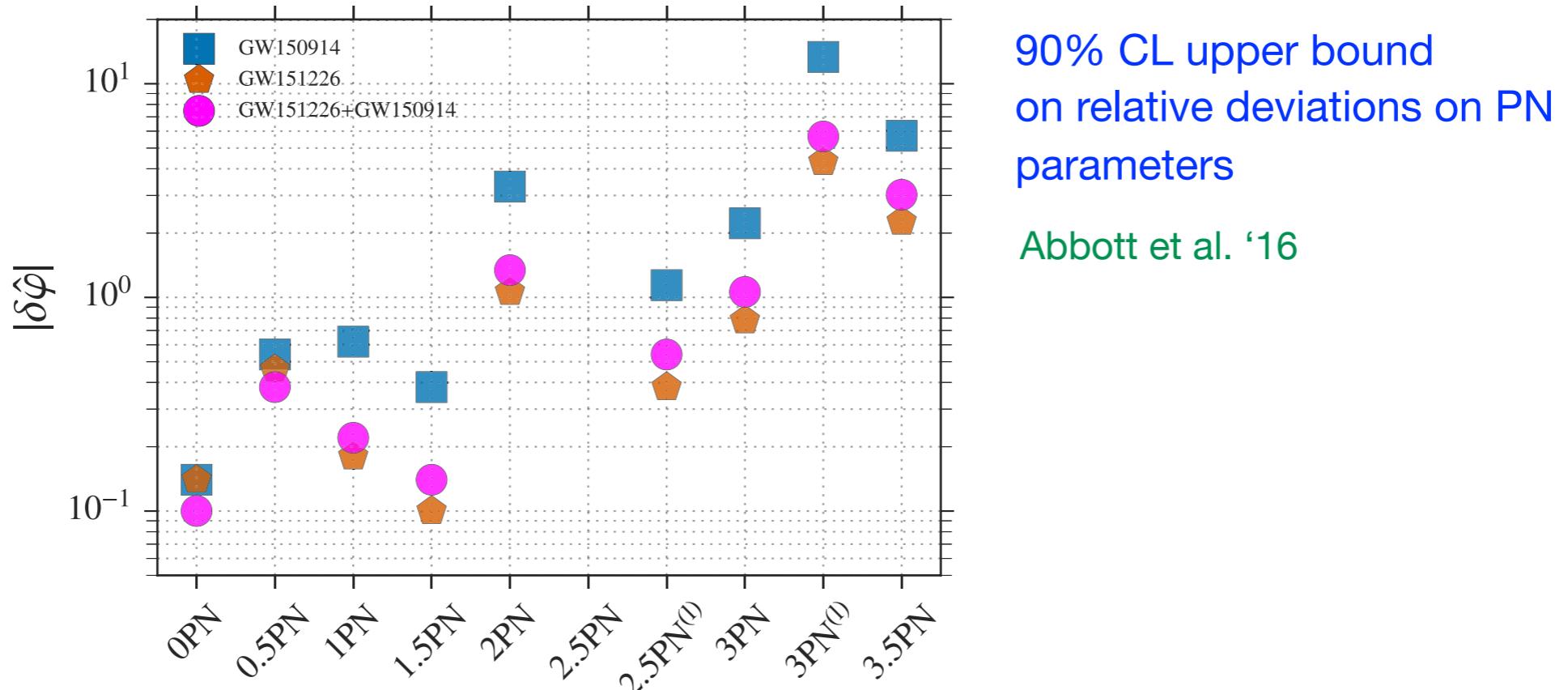
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$$\ddot{\gamma}_{ij}^{\lambda} + 3H\dot{\gamma}_{ij}^{\lambda} + k^2\gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$

Consistency check of general relativity:

$$\varphi = \varphi_0 - \frac{1}{32} \left( \frac{GM_c\omega}{c^3} \right)^{-5/3} \left[ 1 + 1\text{PN} + 1.5\text{PN} + \dots + 3.5\text{PN} + \mathcal{O}\left(\frac{1}{c^8}\right) \right]$$

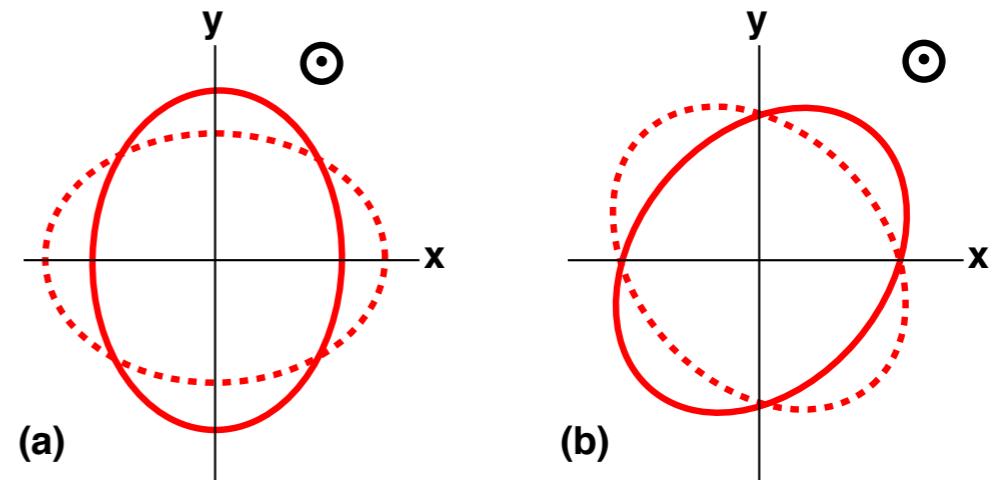


# Polarizations

Different polarizations can be generated or propagate differently: **parity violations** (ex. Chern-Simons gravity)

Jackiw & Pi '03

$$\ddot{\gamma}_{ij}^{\lambda} + 3H\dot{\gamma}_{ij}^{\lambda} + [k^2 + f^{\lambda}(k)]\gamma_{ij}^{\lambda} = 16\pi G S_{ij}^{\lambda}, \quad \lambda = +, \times$$

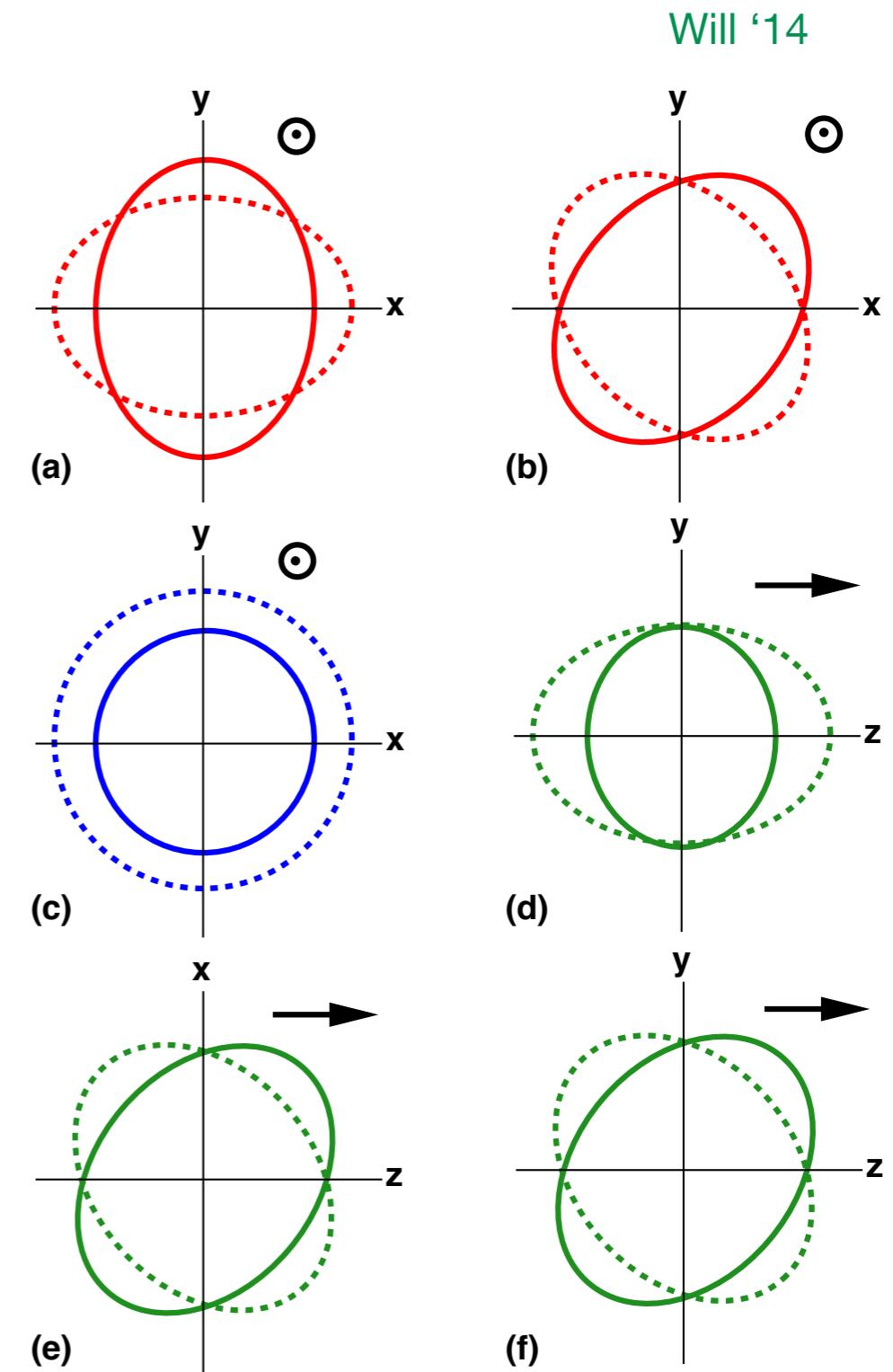


$$\gamma_{ij} = \begin{pmatrix} A_+ & A_{\times} & 0 \\ A_{\times} & -A_+ & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

# Polarizations

Modified gravity can involve different degrees of freedom: **scalar, vectors, extra tensors**

$$\gamma_{ij} = \begin{pmatrix} A_S + A_+ & A_x & A_{V1} \\ A_x & A_S - A_+ & A_{V2} \\ A_{V1} & A_{V2} & A_L \end{pmatrix}$$



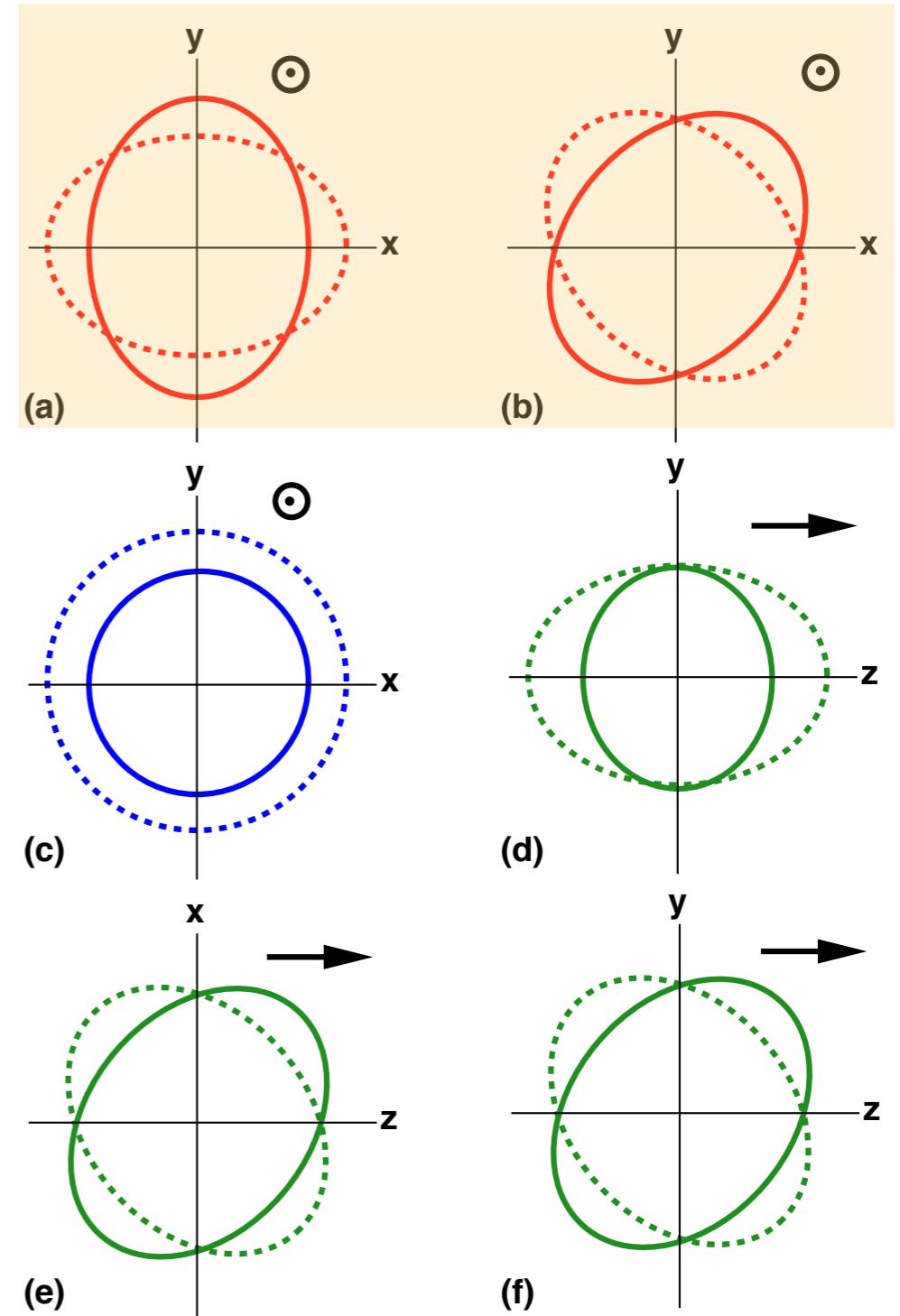
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Modified gravity can involve different degrees of freedom: **scalar, vectors, extra tensors**

Will '14

Standard GR: 2 transverse modes (spin-2)

$$\gamma_{ij} = \begin{pmatrix} A_+ & A_x & 0 \\ A_x & -A_+ & 0 \\ 0 & 0 & 0 \end{pmatrix}$$



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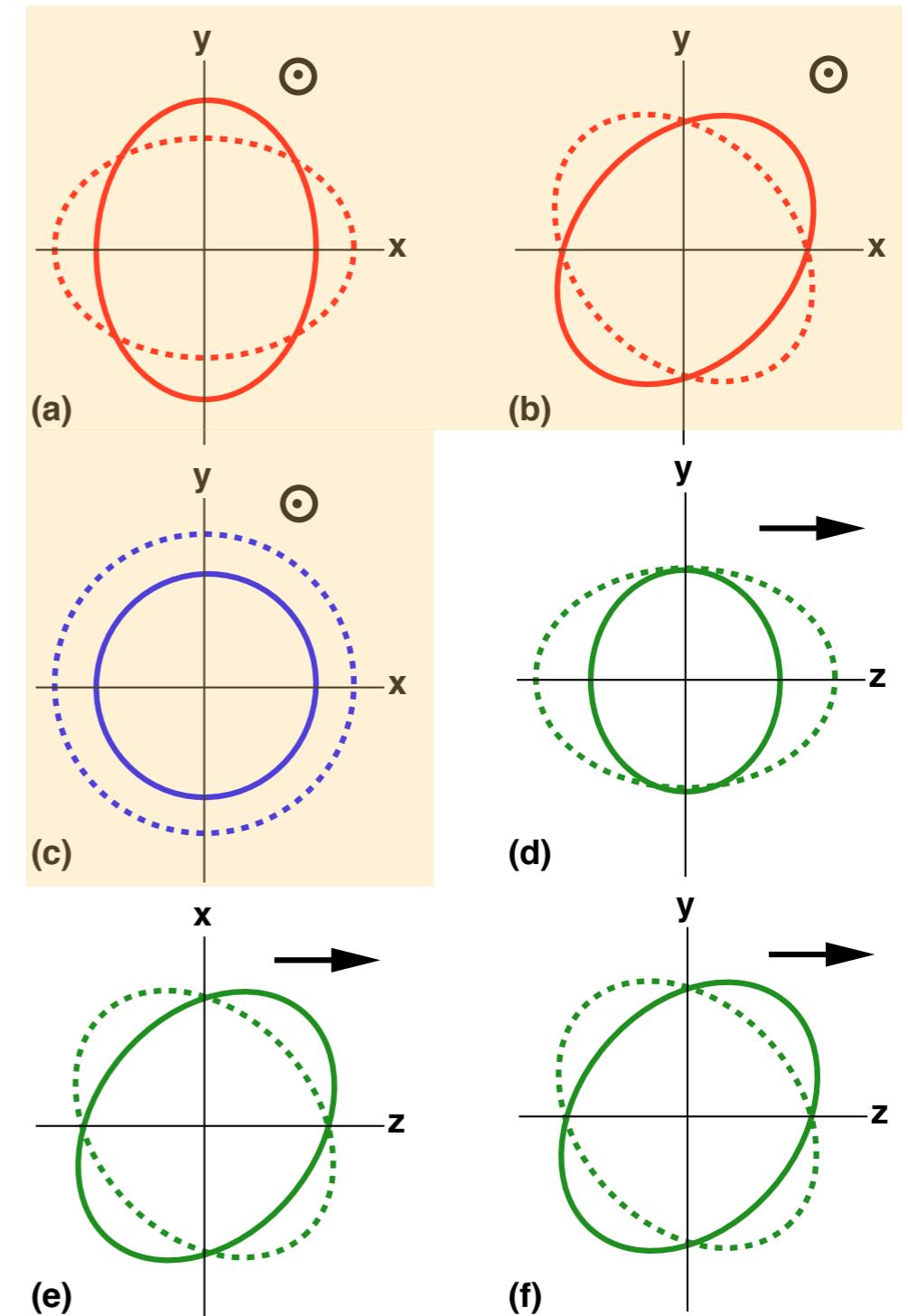
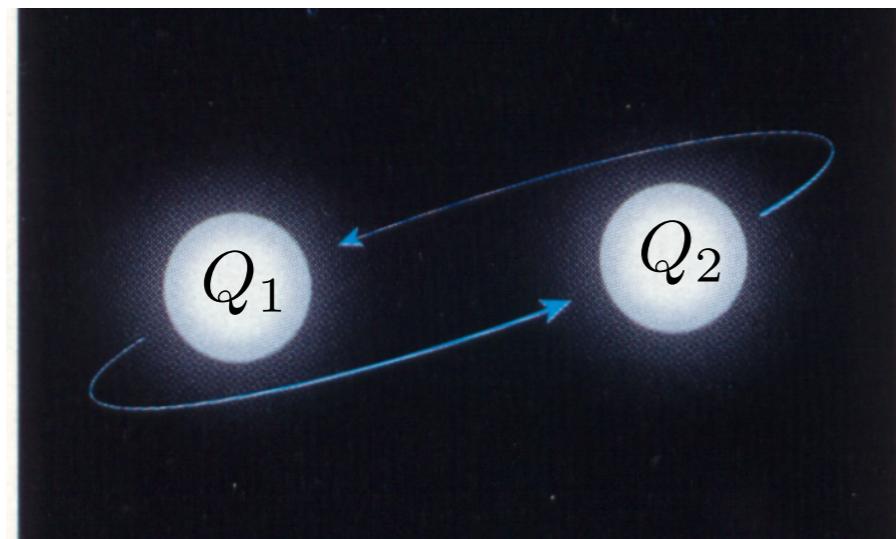
Will '14

**Scalar-Tensor:** 2 transverse modes (spin 2) + 1 transverse mode (spin 0)

$$\gamma_{ij} = \begin{pmatrix} A_S + A_+ & A_x & 0 \\ A_x & A_S - A_+ & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$P_\phi \propto (Q_1 - Q_2)^2 \omega^{8/3}$$

dipole



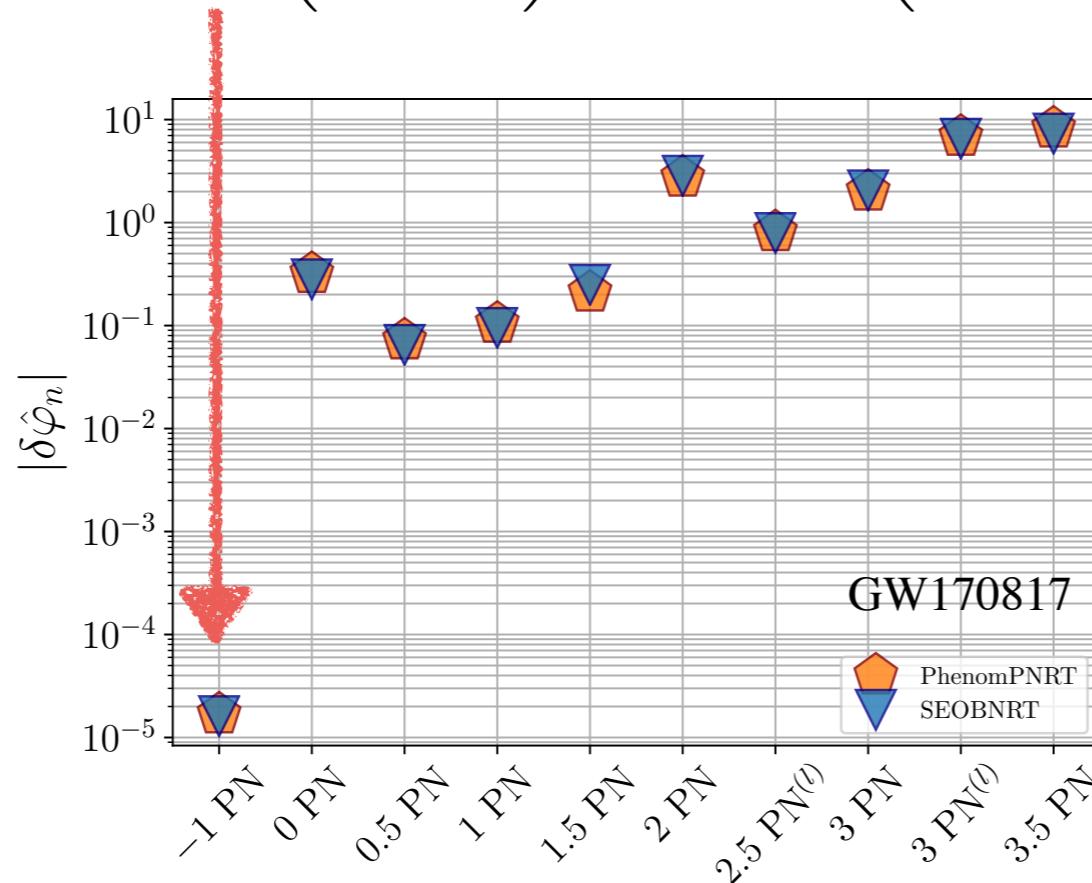
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Modified gravity can change the motion of inspiral objects and thus the production mechanism. Affects GW phase (and amplitude)

$$\ddot{\gamma}_{ij}^\lambda + 3H\dot{\gamma}_{ij}^\lambda + k^2\gamma_{ij}^\lambda = 16\pi G S_{ij}^\lambda, \quad \lambda = +, \times$$

Consistency check of general relativity:

$$\varphi = \varphi_0 + b(Q_1 - Q_2)^2 \left( \frac{GM_c\omega}{c^3} \right)^{-7/3} - \frac{1}{32} \left( \frac{GM_c\omega}{c^3} \right)^{-5/3} [1 + 1\text{PN} + 1.5\text{PN} + \dots]$$



90% CL upper bound  
on relative deviations on PN  
parameters

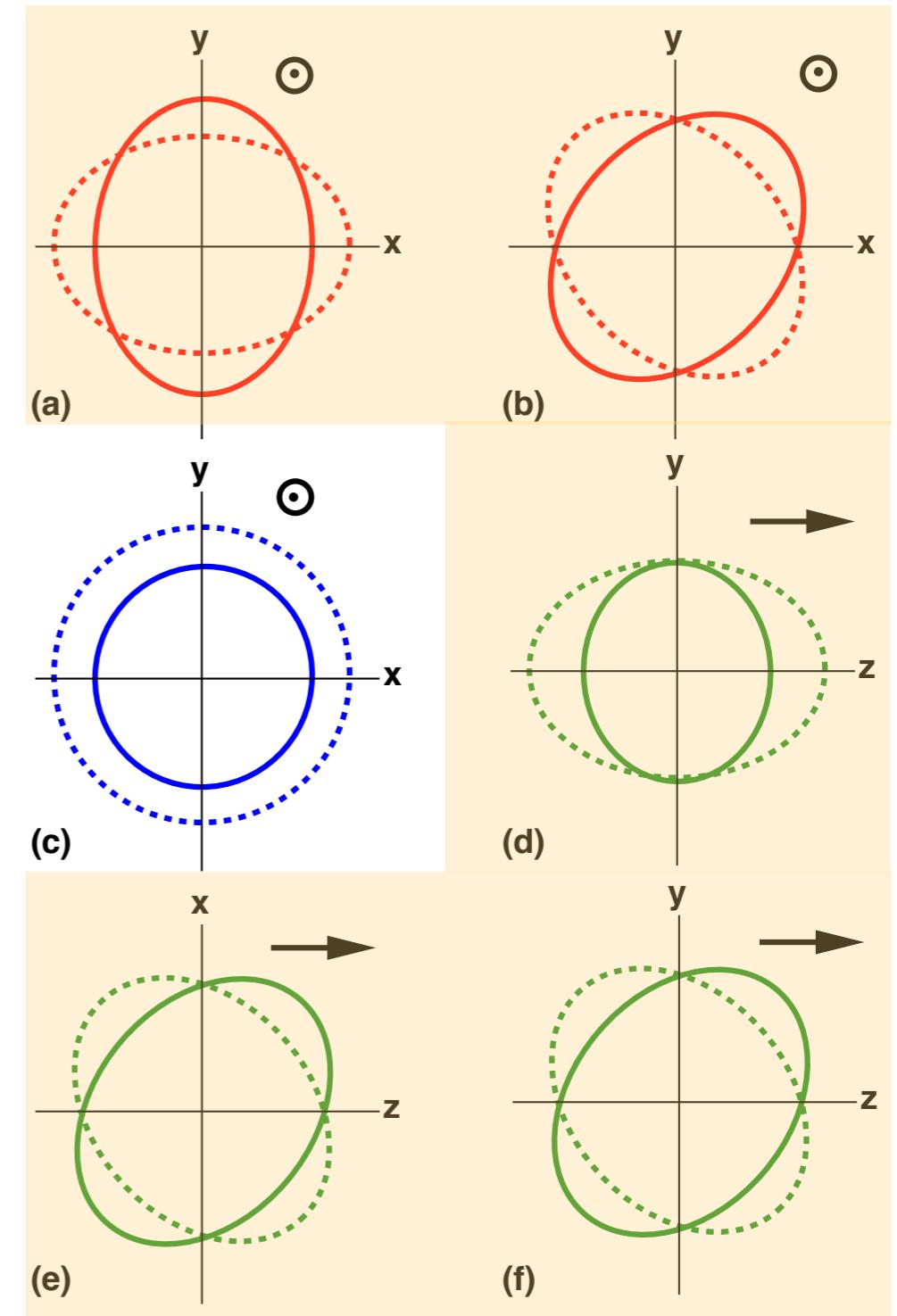
Abbott et al. '18

# Polarizations

Modified gravity can involve different degrees of freedom: **scalar, vectors, extra tensors**

**Massive graviton:** 2 transverse modes (spin-2) + 2 longitudinal modes (spin 1) + 1 longitudinal mode (spin 0)

$$\gamma_{ij} = \begin{pmatrix} A_+ & A_x & A_{V1} \\ A_x & -A_+ & A_{V2} \\ A_{V1} & A_{V2} & A_L \end{pmatrix}$$



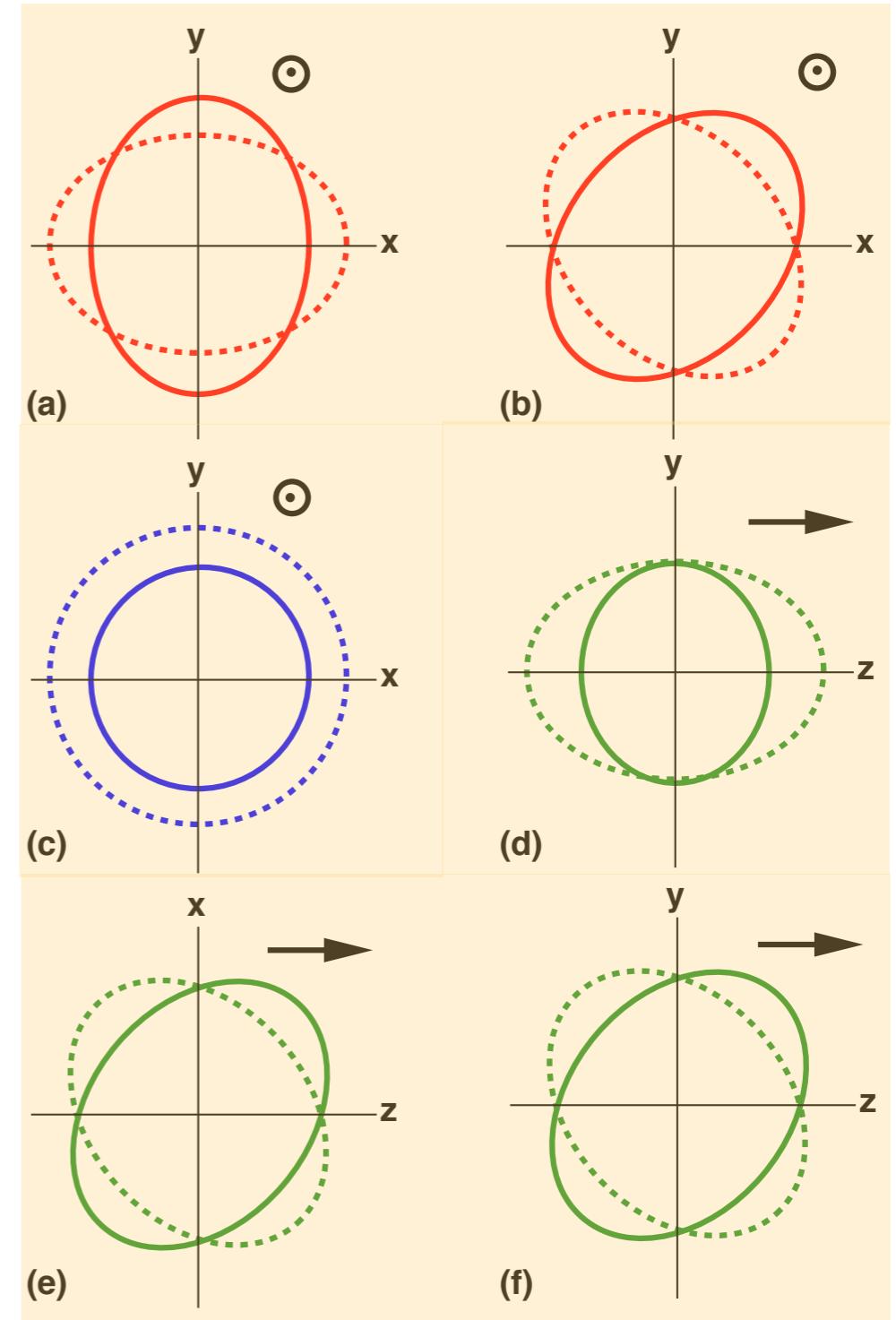
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Will '14

**Scalar-Vector-Tensor:** 2 transverse modes (spin-2)  
+ 1 transverse mode (spin 0) + 2 longitudinal  
modes (spin 1) + 1 longitudinal mode (spin 0)

$$\gamma_{ij} = \begin{pmatrix} A_S + A_+ & A_x & A_{V1} \\ A_x & A_S - A_+ & A_{V2} \\ A_{V1} & A_{V2} & A_L \end{pmatrix}$$



# Polarizations

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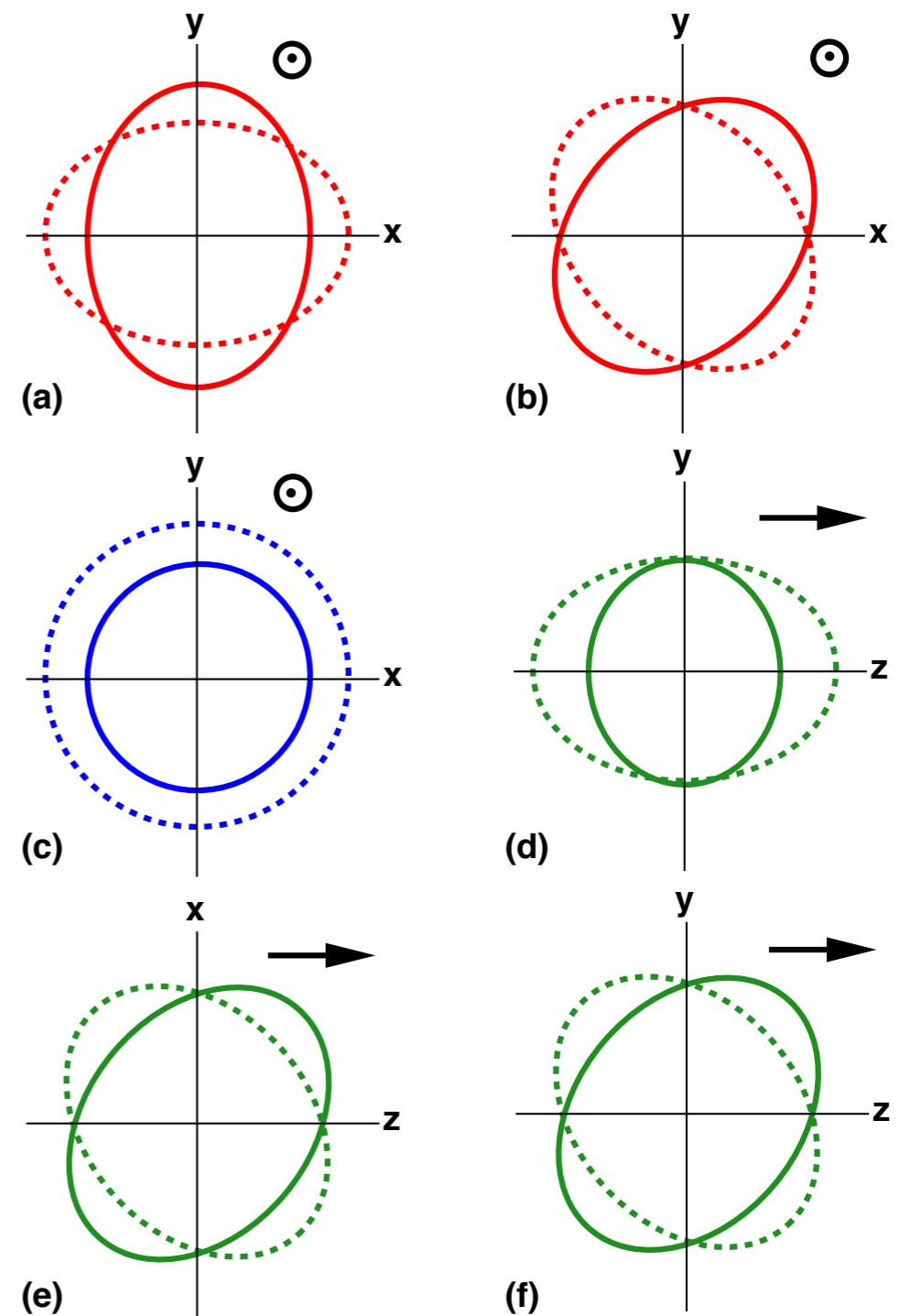
6 polarizations + 2 directions = 8 unknowns

Assuming only transverse polarizations and known positions = 3 detectors enough

- Signal consistent with the two standard longitudinal tensor modes
- No evidence for extra polarizations (in the unmixed case)

Abbott et al. '16, '18

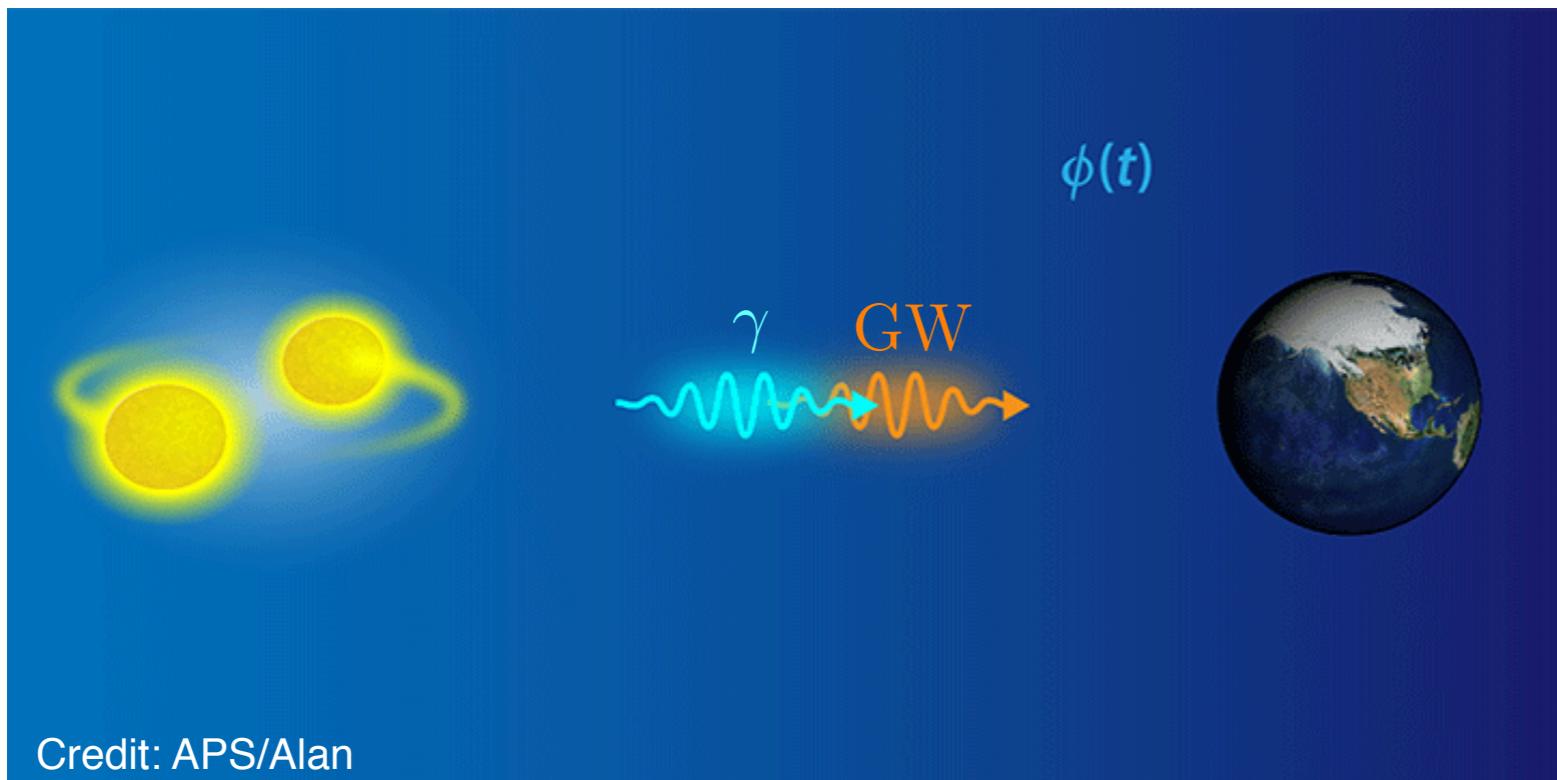
Will '14



# Gravitational Waves propagation

Modified gravity spontaneously breaks Lorentz Invariance. Acts like a medium, where gravitons are absorbed and dispersed. Effects accumulate on long time-scale.

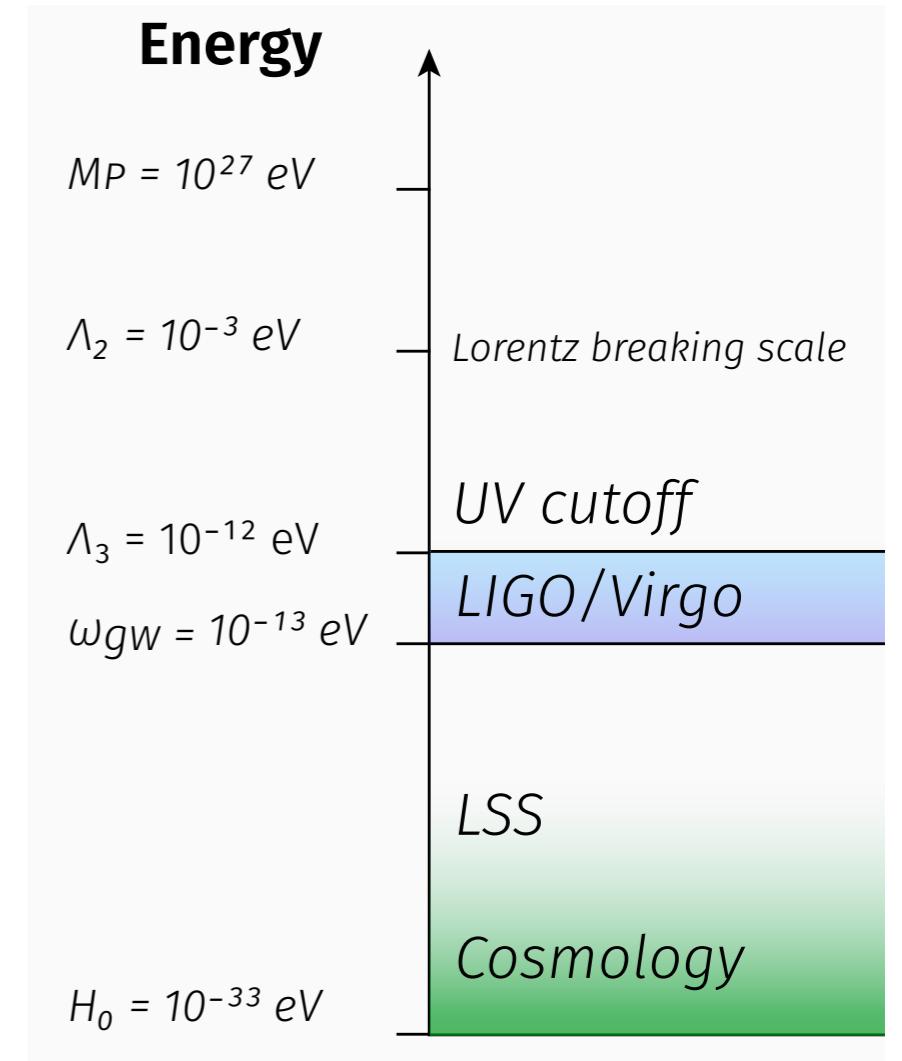
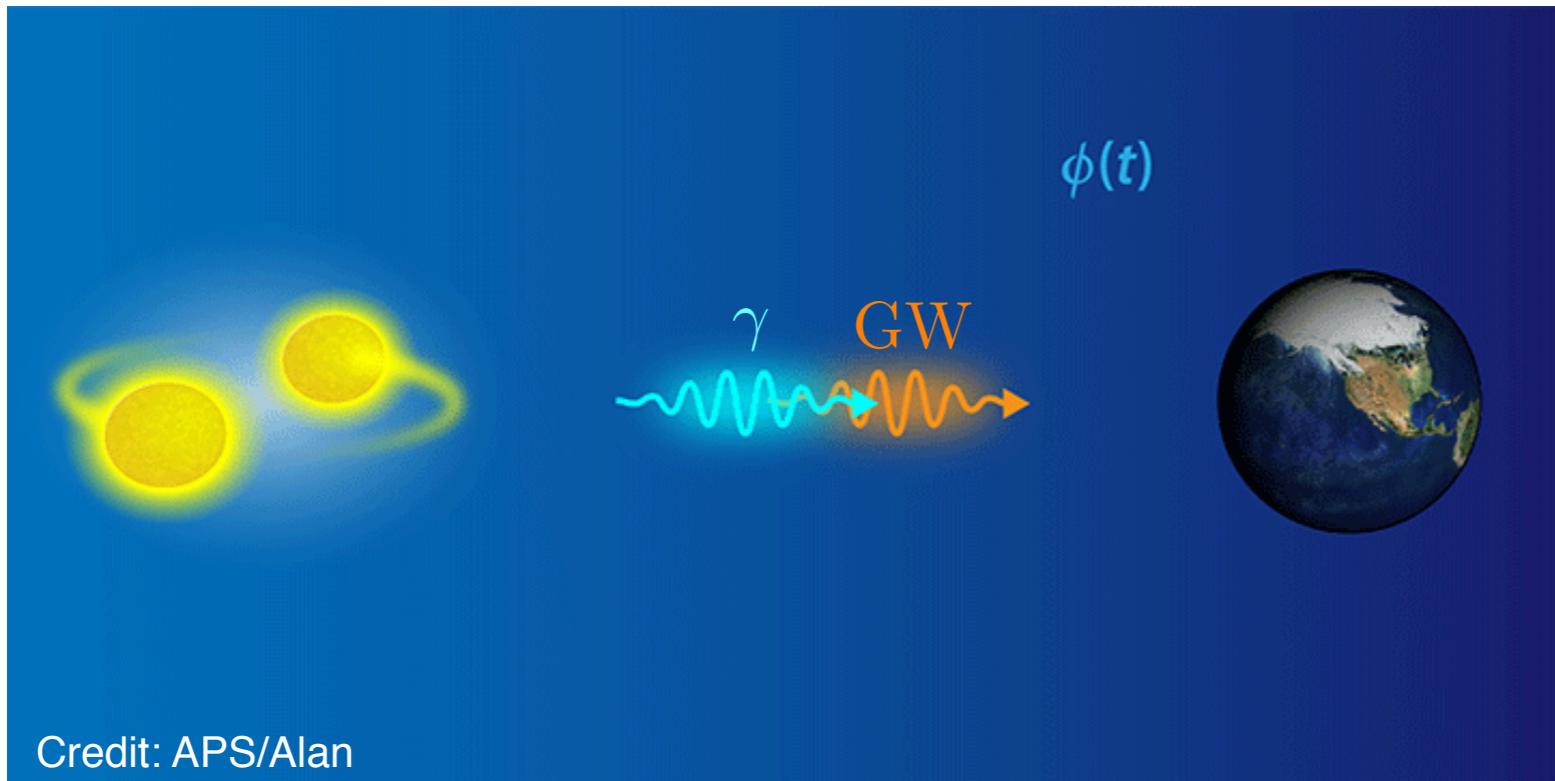
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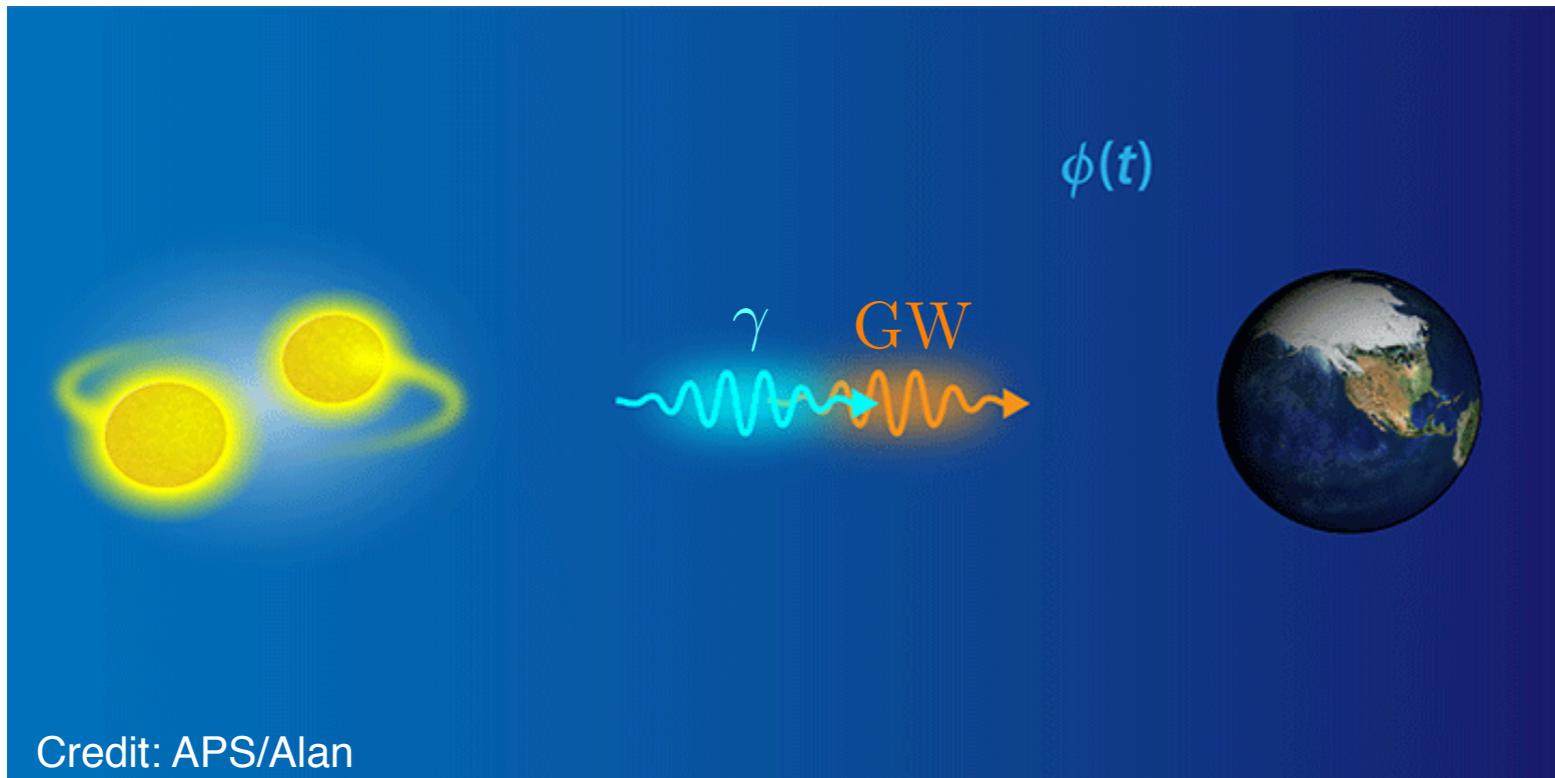
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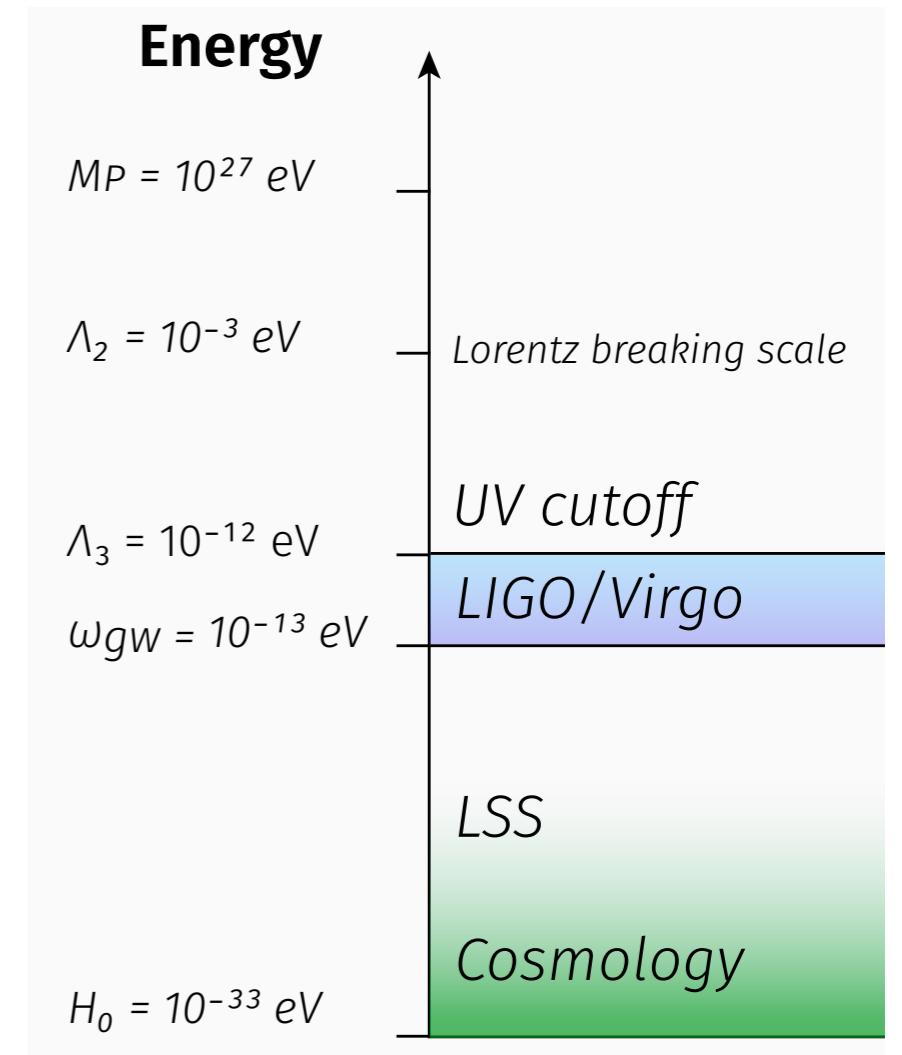
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Similar to GW damping by neutrinos after or damping and modification of the propagation speed by CDM

Weinberg '03; Flauger & Weinberg '18

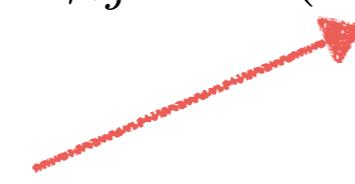


# GW propagation

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Frequency independent effects:

$$\ddot{\gamma}_{ij} + H(3 + \alpha_M) \dot{\gamma}_{ij} + c_T^2 k^2 \gamma_{ij} = 0$$

  
**damping**

  
**speed of propagation**

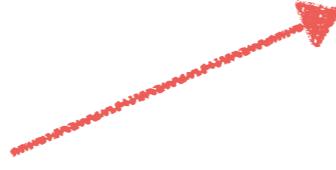
$$\mu = \mu(\alpha_M, c_T^2, \dots), \quad \Sigma = \Sigma(\alpha_M, c_T^2, \dots)$$

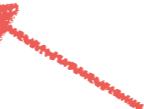
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**damping**

  
**speed of propagation**

$$d_L^{\text{gw}} \neq d_L^{\text{em}}$$
 different luminosity distances

Deffayet, Menou '07;  
Calabrese, Battaglia, Spergel, '16;  
Amendola et al. '17, Belgacem et al. '17,  
etc...

- Time variation of G
- Extra-dimensional leakage
- Nonlocal models
- ...

LISA:  $\sigma_{\alpha_M} \approx 0.03 - 0.1$

Amendola, Sawicki, Kunz, Saltas '18

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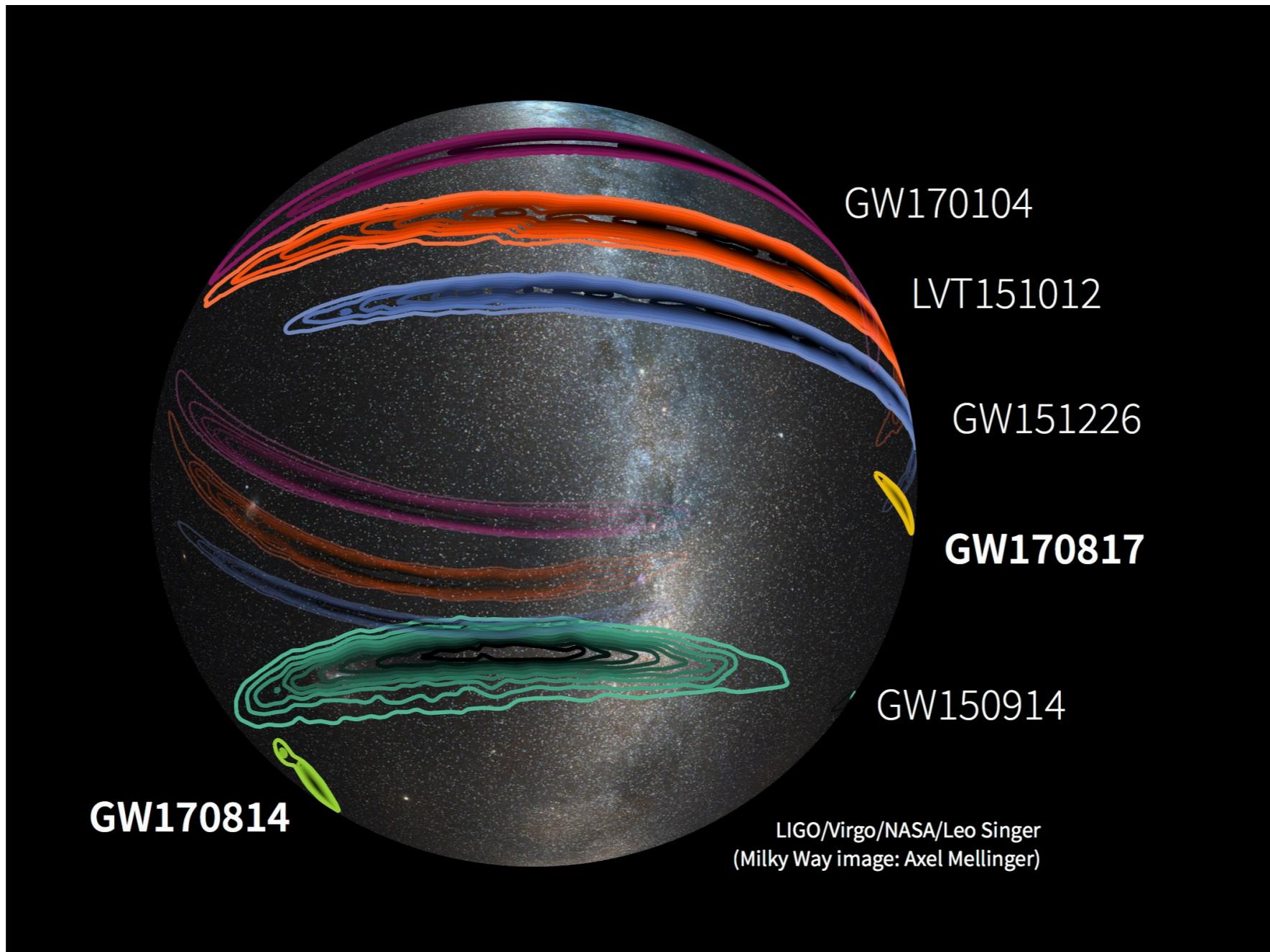
damping                          speed of propagation



# GW170817: neutron star merger

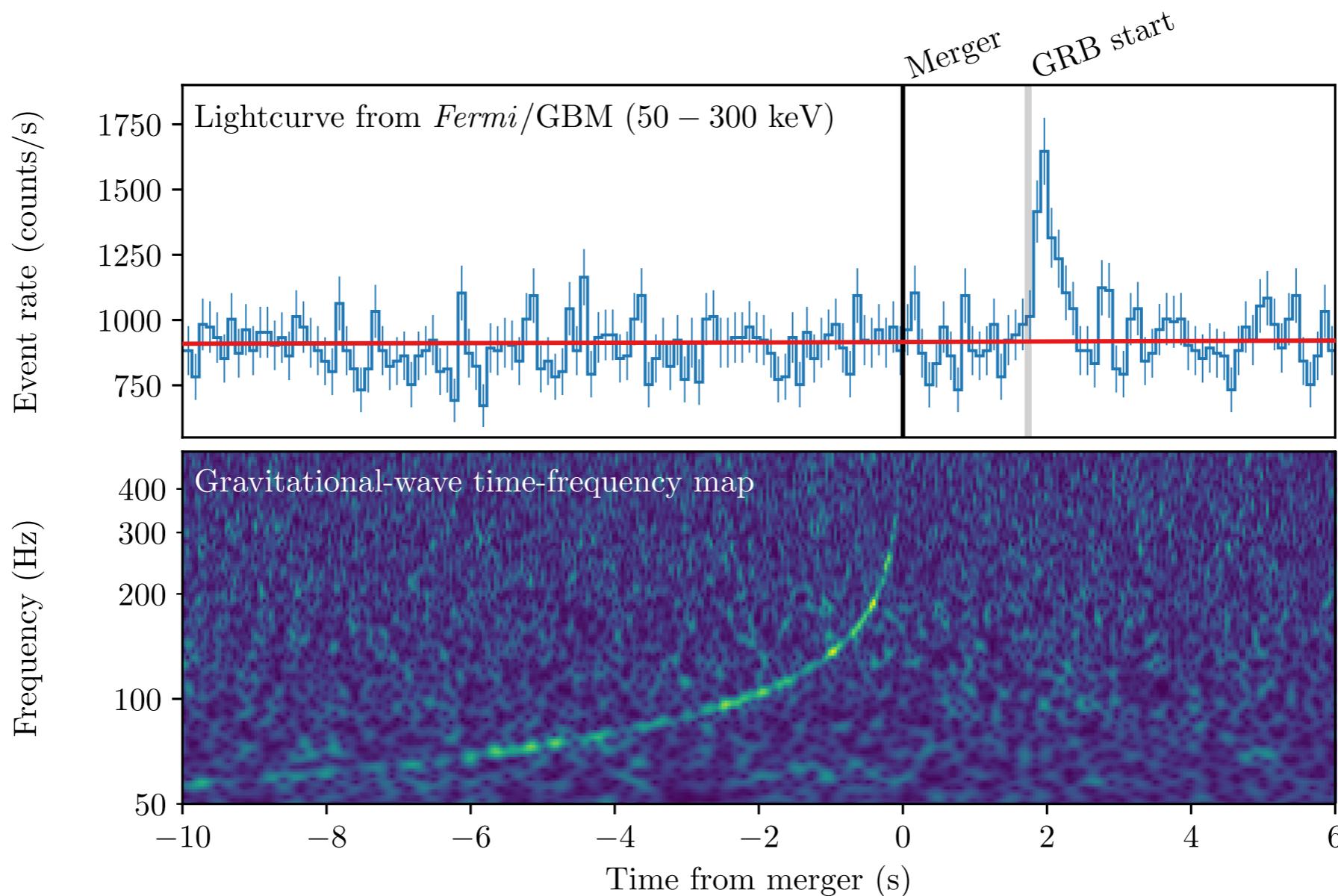


# GW170817: neutron star merger



Efficient localization with three detectors

# Multi-messenger observation



$$-3 \times 10^{-15} \leq \frac{c_T - c}{c} \leq 7 \times 10^{-16}$$

- Previous (indirect) limit only on GW slower than light.
- Low energy ( $\lambda \lesssim 10^4$  km )
- Over cosmological distances

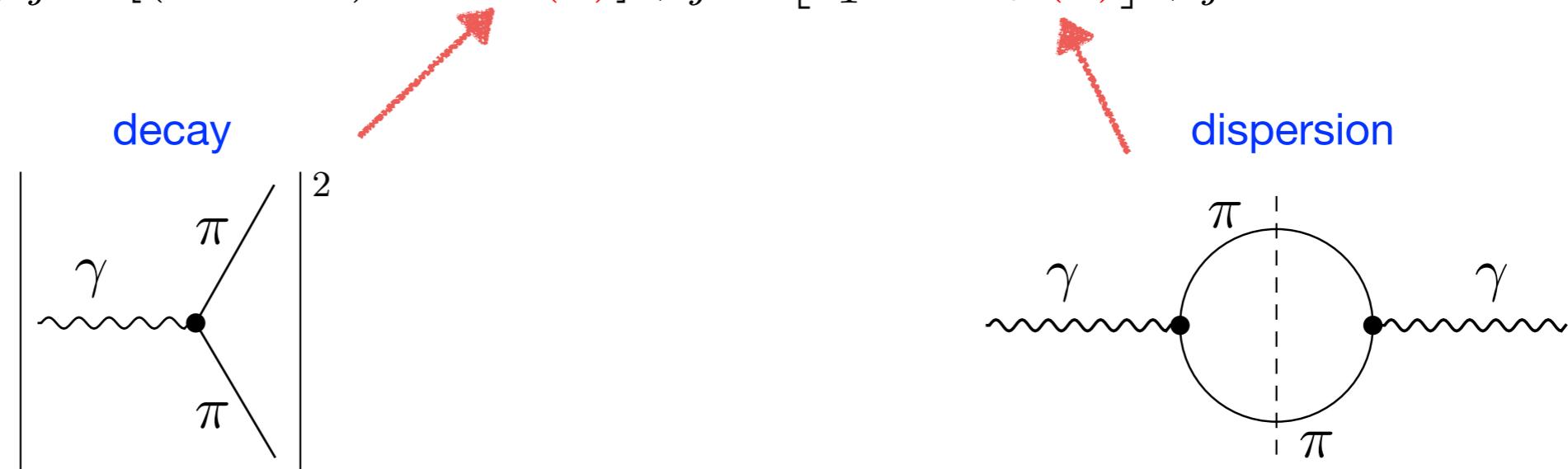
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Frequency **dependent** effects:

Creminelli, Lewandowski, Tambalo, FV '18

$$\ddot{\gamma}_{ij} + [(3 + \alpha_M)H + \Gamma(k)] \dot{\gamma}_{ij} + [c_T^2 k^2 + f(k)] \gamma_{ij} = 0$$



Similar to Cherenkov radiation

Similar to a refractive material

Related by optical theorem:

$$\Gamma(k)\omega(k) = \text{Im} [f(k)]$$

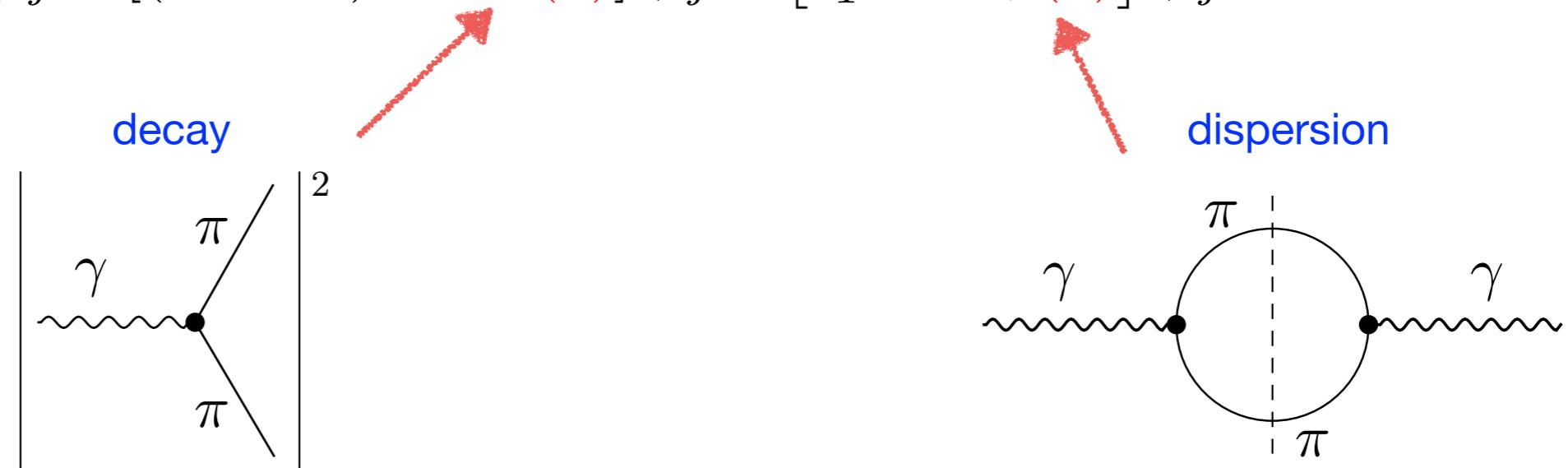
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Similar to Cherenkov radiation

Similar to a refractive material

$$\frac{\Gamma(k)}{\omega} \lesssim \frac{1}{d_S \omega}$$

$$\frac{f(k)}{\omega^2} \lesssim \frac{1}{d_S \omega} \sim 10^{-18} \times \frac{2\pi \times 100 \text{ Hz}}{\omega} \frac{40 \text{ Mpc}}{d_S}$$

See e.g. Yunes, Yagi, Pretorius '16; Abbott et al. '17

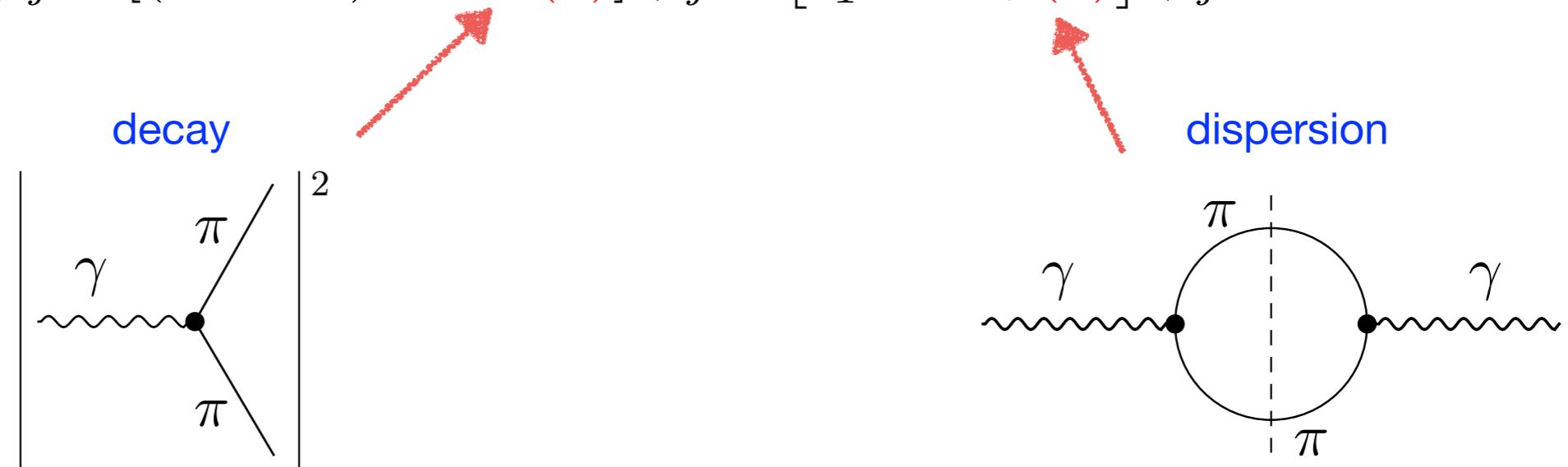
# GW propagation

Modified gravity spontaneously breaks Lorentz Invariance. Acts like a medium, where gravitons are absorbed and dispersed. Effects accumulate on long time-scale.

Frequency **dependent** effects:

Creminelli, Lewandowski, Tambalo, FV '18

$$\ddot{\gamma}_{ij} + [(3 + \alpha_M)H + \Gamma(k)] \dot{\gamma}_{ij} + [c_T^2 k^2 + f(k)] \gamma_{ij} = 0$$



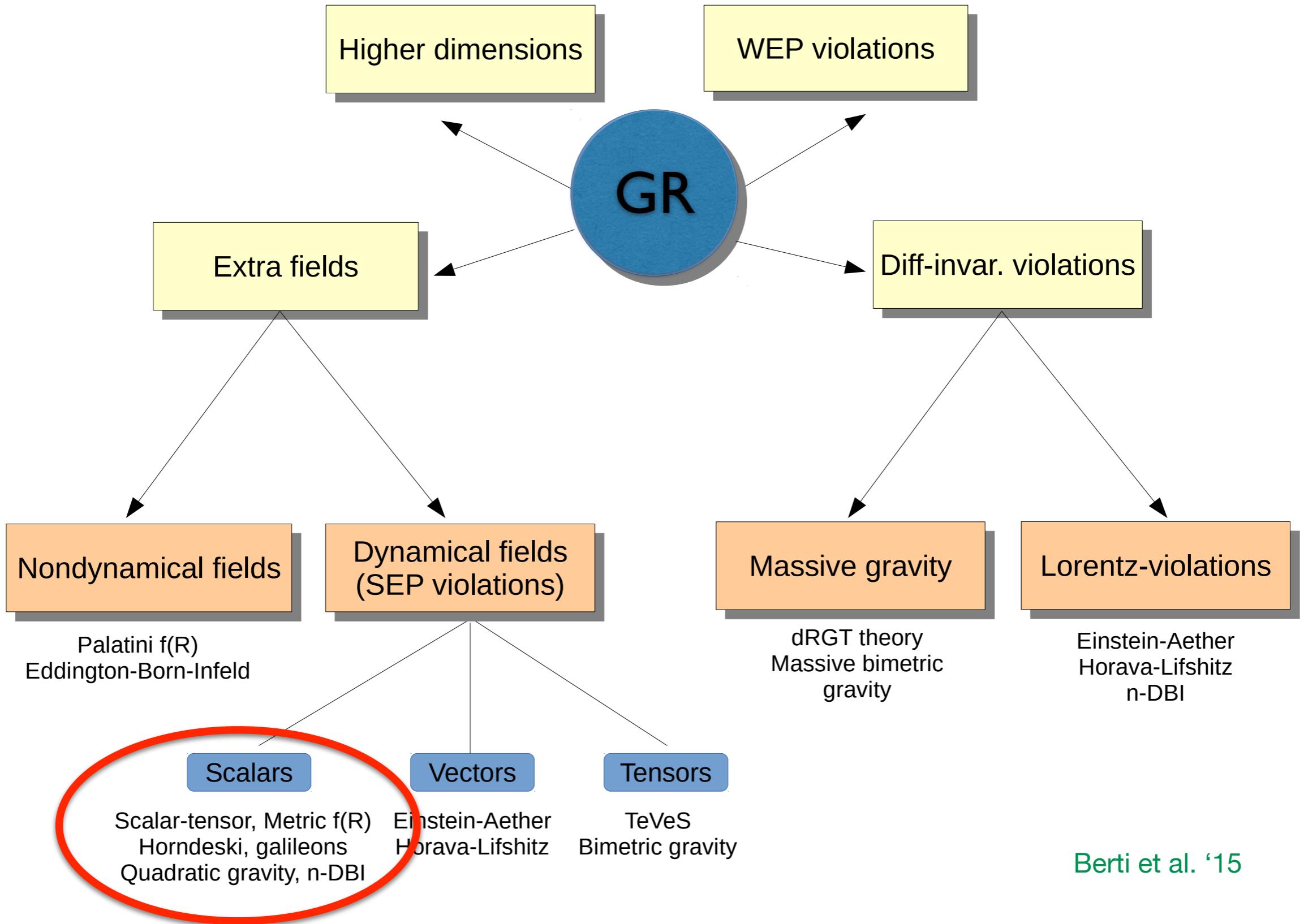
Similar to Cherenkov radiation

Similar to a refractive material

Simplest case:  $f(k) \equiv m_\gamma^2$ ,  $m_\gamma^2/\omega^2 < (d_S\omega)^{-1}$   $\Rightarrow$   $m_\gamma < 10^{-22}$  eV

See e.g. Yunes, Yagi, Pretorius '16; Abbott et al. '17

# Dark energy and modified gravity



# Scalar-tensor theories

Simplest models of modified gravity are base on single scalar field (universal coupling)

Ex:  $\mathcal{L} = R + V(\phi) - g^{\mu\nu}\partial_\mu\phi\partial_\nu\phi$  quintessence

$$G_{\mu\nu} = 8\pi G \left( T_{\mu\nu}^{(\text{matter})} + T_{\mu\nu}^{(\phi)} \right)$$

$$w \neq -1$$

# Scalar-tensor theories

Simplest models of modified gravity are base on single scalar field (universal coupling)

Ex:  $\mathcal{L} = R + G_2(\phi, X) , \quad X \equiv g^{\mu\nu}\partial_\mu\phi\partial_\nu\phi$  k-essence

$$G_{\mu\nu} = 8\pi G \left( T_{\mu\nu}^{(\text{matter})} + T_{\mu\nu}^{(\phi)} \right)$$

$$c_s^2 \neq 1 : \text{clustering}$$

# Scalar-tensor theories

Simplest models of modified gravity are base on single scalar field (universal coupling)

Ex:  $\mathcal{L} = f(\phi)R + G_2(\phi, X)$  ,  $X \equiv g^{\mu\nu}\partial_\mu\phi\partial_\nu\phi$  scalar-tensor gravity

$$G_{\mu\nu}^{(\text{modified})} = 8\pi G \left( T_{\mu\nu}^{(\text{matter})} + T_{\mu\nu}^{(\phi)} \right)$$

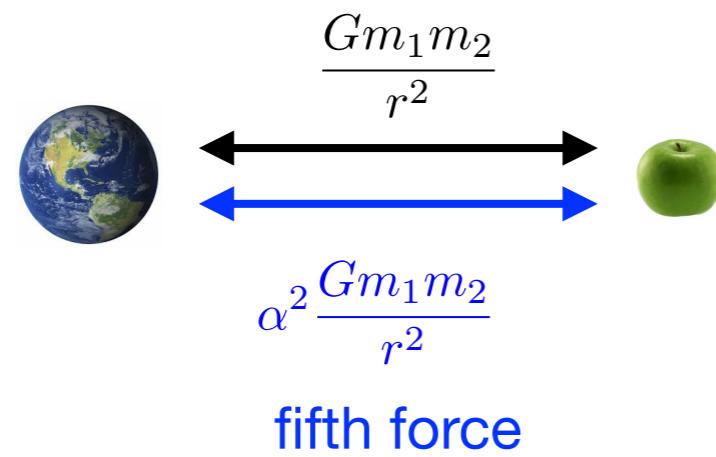
self-acceleration

# Modified gravity

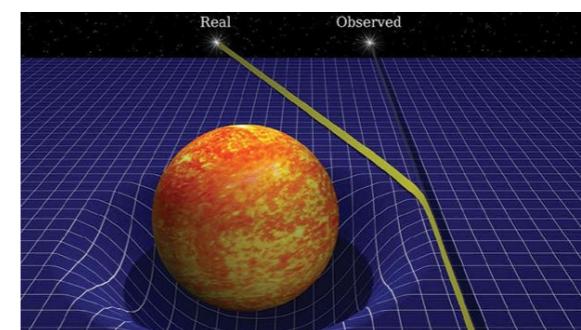
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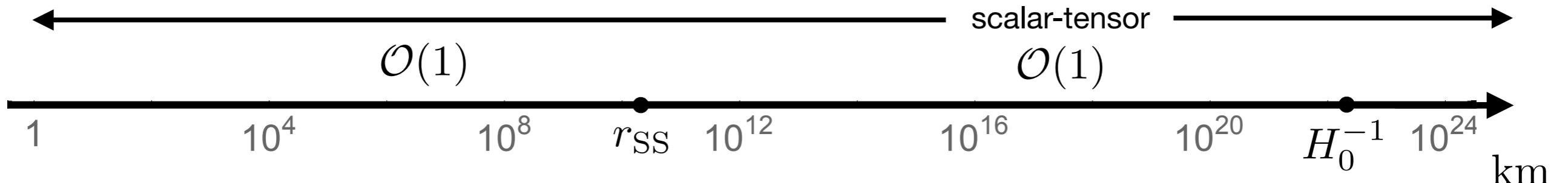


fifth force



$$\Psi \neq \Phi$$

anomalous light bending



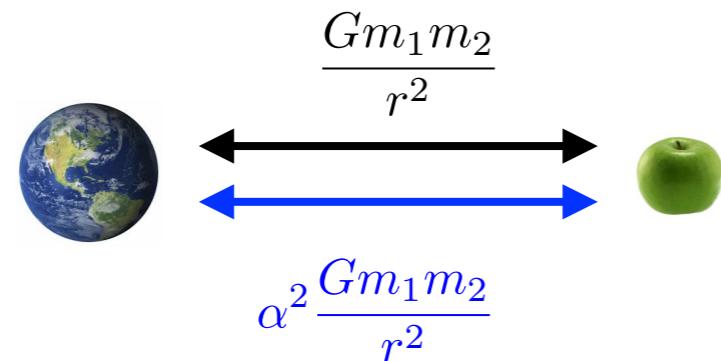
# Screening

Simplest models of modified gravity are base on single scalar field (universal coupling)

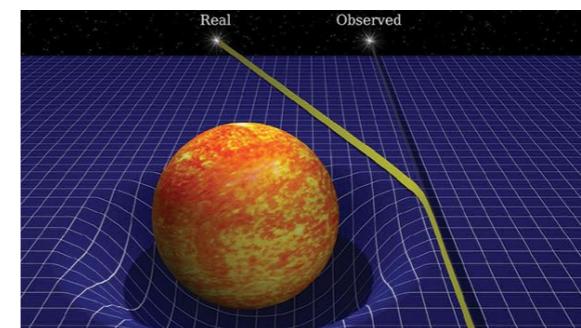
Ex:  $\mathcal{L} = f(\phi)R + G_2(\phi, X) + \frac{\square\phi}{\Lambda_3^3}G_3(\phi, X)$        $\square \equiv g^{\mu\nu}\nabla_\mu\nabla_\nu$

$$\frac{\square\phi}{\Lambda_3^3} \gg 1$$

Vainshtein screening: large classical scalar field nonlinearities



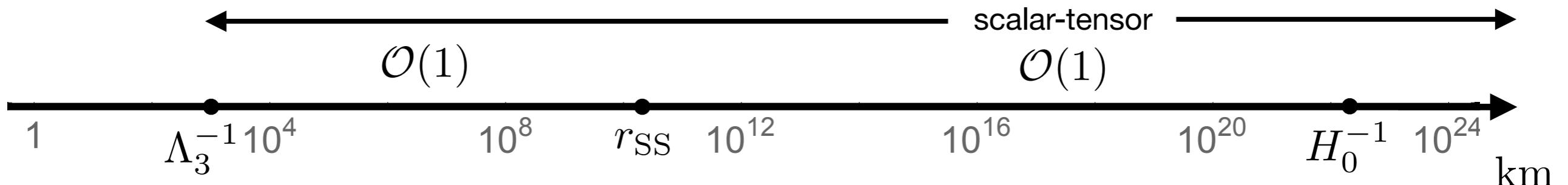
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$$\Psi \neq \Phi$$

anomalous light bending

$$\Lambda_3 \sim (M_{\text{Pl}} H_0^2)^{1/3} \sim (1000 \text{ km})^{-1}$$



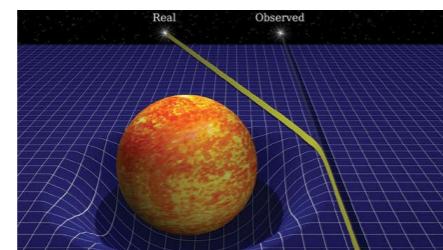
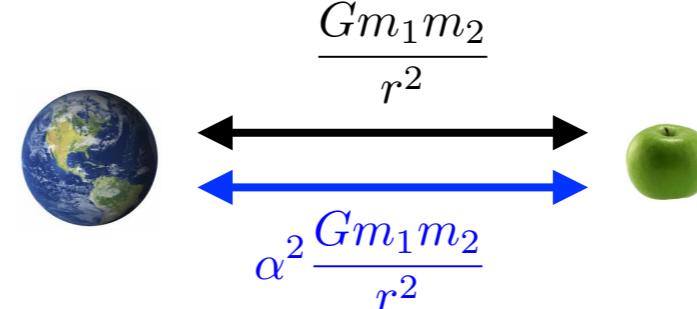
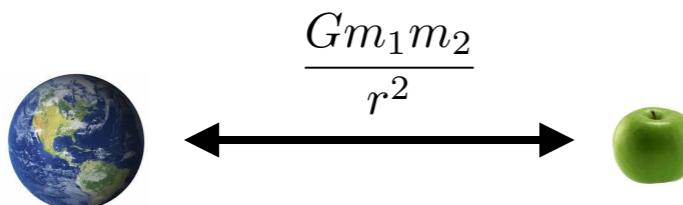
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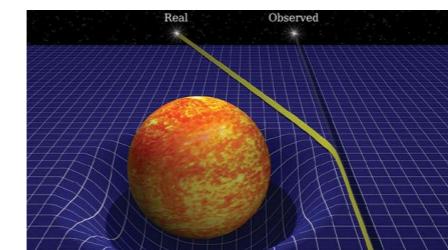
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Vainshtein screening: large classical scalar field nonlinearities



$$\Psi = \Phi$$

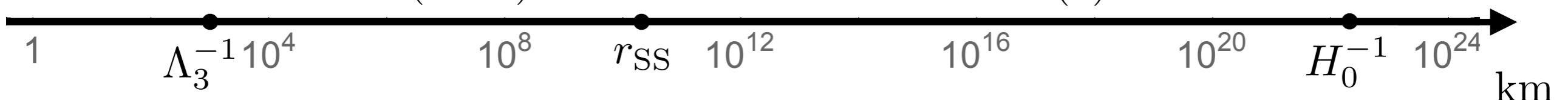


$$\Psi \neq \Phi$$

$$\Lambda_3 \sim (M_{\text{Pl}} H_0^2)^{1/3} \sim (1000 \text{ km})^{-1}$$

← almost GR →  
 $\ll \mathcal{O}(10^{-2})$

← scalar-tensor →  
 $\mathcal{O}(1)$



$$\mathcal{L} = f(\phi)R + G_2(\phi, X) + \frac{\square\phi}{\Lambda_3^3}G_3(\phi, X)$$

Is this the end of the story?

# Generalized theories

Most general Lorentz-invariant scalar-tensor theory with 2nd-order EOM.

Horndeski 73  
Deffayet et al. 11

$$\begin{aligned}\mathcal{L} = & G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi & \square\phi \equiv \phi_{;\mu}^{\mu} & X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu} \\ & - 2G_{4,X}(\phi, X)\left[(\square\phi)^2 - (\phi_{;\mu\nu})^2\right] \\ & + G_5(\phi, X)G^{\mu\nu}\phi_{;\mu\nu} + \frac{1}{3}G_{5,X}(\phi, X)\left[(\square\phi)^3 - 3\square\phi(\phi_{;\mu\nu})^2 + 2(\phi_{;\mu\nu})^3\right]\end{aligned}$$

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Degenerate theories: most general stable theory.

[Langlois, Noui '15](#); [Crisostomi, Koyama, Tasinato '16](#)  
[Zumalacarregui, Garcia-Bellido '13](#)

Beyond Horndeski theories:

[Gleyzes, Langlois, Piazza, FV '14](#)

$$\begin{aligned} & - F_4(\phi, X)\epsilon^{\mu\nu\rho}_{\sigma}\epsilon^{\mu'\nu'\rho'\sigma}\phi_{;\mu}\phi_{;\mu'}\phi_{;\nu\nu'}\phi_{;\rho\rho'} \\ & - F_5(\phi, X)\epsilon^{\mu\nu\rho\sigma}\epsilon^{\mu'\nu'\rho'\sigma'}\phi_{;\mu}\phi_{;\mu'}\phi_{;\nu\nu'}\phi_{;\rho\rho'}\phi_{;\sigma\sigma'} \end{aligned}$$

$$XG_{5,X}F_4 = 3F_5 [G_4 - 2XG_{4,X} - (X/2)G_{5,\phi}]$$

# Setting $c_T=1$

$$\begin{aligned}\mathcal{L} = & G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi & \square\phi \equiv \phi_{;\mu}^{;\mu} \quad X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu} \\ & - 2G_{4,X}(\phi, X)\left[(\square\phi)^2 - (\phi_{;\mu\nu})^2\right] \\ & + G_5(\phi, X)G^{\mu\nu}\phi_{;\mu\nu} + \frac{1}{3}G_{5,X}(\phi, X)\left[(\square\phi)^3 - 3\square\phi(\phi_{;\mu\nu})^2 + 2(\phi_{;\mu\nu})^3\right] \\ & - F_4(\phi, X)\epsilon^{\mu\nu\rho}_{\sigma}\epsilon^{\mu'\nu'\rho'\sigma}\phi_{;\mu}\phi_{;\mu'}\phi_{;\nu}\phi_{;\nu'}\phi_{;\rho}\phi_{;\rho'} \\ & - F_5(\phi, X)\epsilon^{\mu\nu\rho\sigma}\epsilon^{\mu'\nu'\rho'\sigma'}\phi_{;\mu}\phi_{;\mu'}\phi_{;\nu}\phi_{;\nu'}\phi_{;\rho}\phi_{;\rho'}\phi_{;\sigma}\phi_{;\sigma'}\end{aligned}$$

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\end{aligned}$$

Scalar field play with gravity through higher derivatives:

$$\nabla_\mu \nabla_\nu \phi \supset \Gamma_{\mu\nu}^\rho \partial_\rho \phi \quad \Rightarrow \quad \Gamma_{ij}^0 \dot{\phi} \supset \dot{\gamma}_{ij} \dot{\phi}$$



$$\mathcal{L}_\gamma \sim (\dot{\gamma}_{ij})^2 - c_T^2 (\partial_k \gamma_{ij})^2$$

$$c_T^2 - 1 \propto -2G_{4,X} - G_{5,\phi} - (H\dot{\phi} - \ddot{\phi})G_{5,X} + X F_4 - 3 H X \dot{\phi} F_5$$

Expected from LSS:  $|c_T^2 - 1| \lesssim \text{few} \times 0.01$

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Most general theory compatible with  $c_T=1$ :  $G_5 = F_5 = 0$  ,  $XF_4 = 2G_{4,X}$

# What remains

$$\begin{aligned}
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$$XF_4 = 2G_{4,X}$$

$$\alpha_H \equiv -\frac{X^2 F_4}{G_4}$$

# The decay of GW

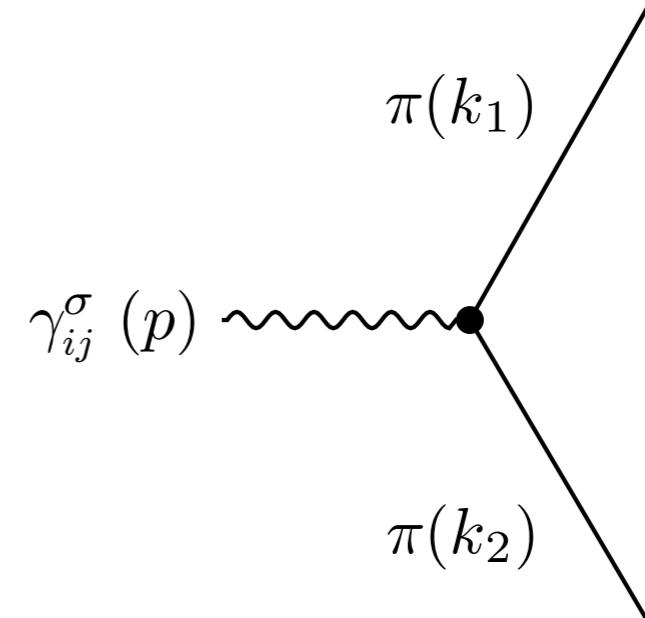
Creminelli, Lewandowski, Tambalo, FV '18

Beyond Horndeski implies cubic interactions between GW and scalar fluctuations  $\pi$

$$\mathcal{L}_{\gamma\pi\pi} = \frac{\alpha_H}{\Lambda_3^3} \ddot{\gamma}_{ij}^c \partial_i \pi_c \partial_j \pi_c$$

$$\Lambda_3 \equiv (M_{\text{Pl}} H_0^2)^{1/3}$$

$$\pi \equiv \delta\phi/\dot{\phi}_0$$



# The decay of GW

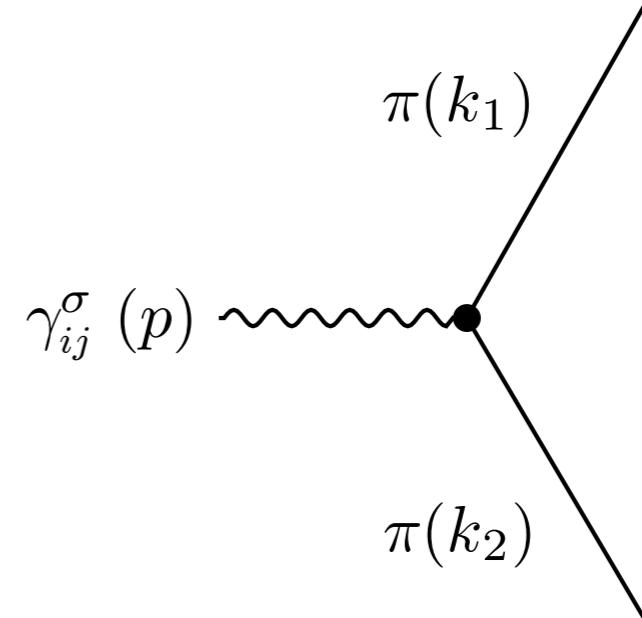
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For  $c_s < 1$  ( $c_s$  = sound speed of  $\pi$  fluctuations; assume  $c_T=1$ ) GWs can decay into dark energy fluctuations  $\pi_s$ . Analogous to Cherenkov radiation

$$\Gamma \simeq \left( \frac{\alpha_H}{\Lambda_3^3} \right)^2 \frac{\omega_{\text{gw}}^7 (1 - c_s^2)^2}{c_s^7} \quad \text{decay rate}$$

$$d_S \Gamma \ll 1 \quad \Rightarrow \quad \alpha_H \ll 10^{-10}$$

# GW dispersion

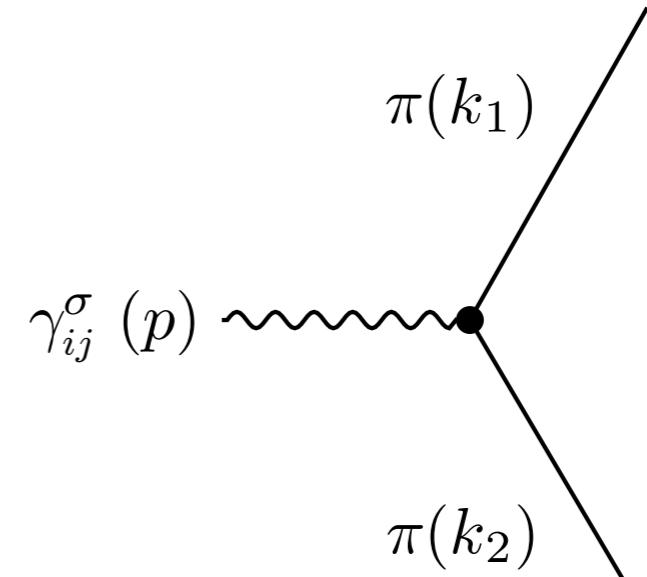
Creminelli, Lewandowski, Tambalo, FV '18

Spontaneous Lorentz-breaking implies modifications of the dispersion relation

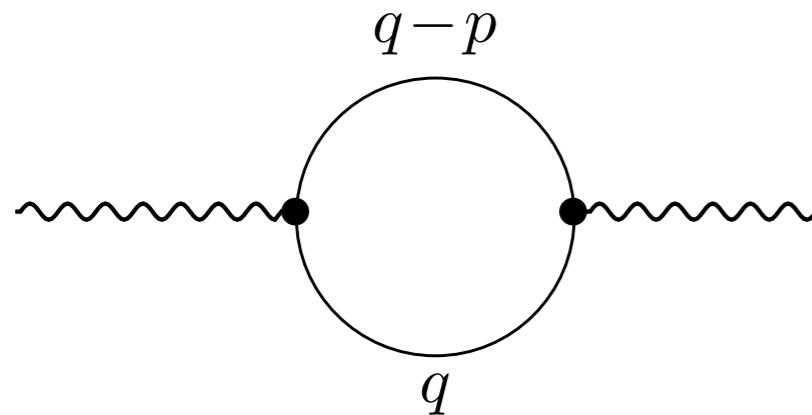
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$$\Lambda_3 \equiv (M_{\text{Pl}} H_0^2)^{1/3}$$

$$\pi \equiv \delta\phi/\dot{\phi}_0$$



Graviton self-energy, focussing on the calculable part:



$$\omega^2 = k^2 - \left( \frac{\alpha_H}{\Lambda_3^3} \right)^2 \frac{k^8 (1 - c_s^2)^2}{\pi c_s^7} \log \left( -(1 - c_s^2) \frac{k^2}{\mu^2} \right)$$

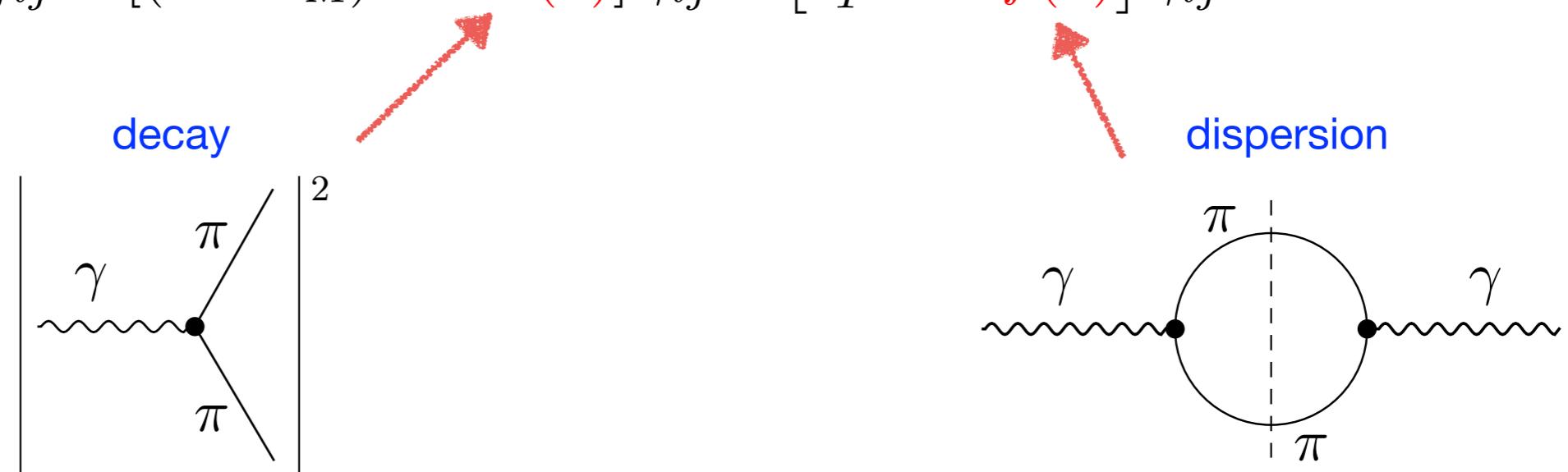
Valid also for  $c_s > 1$  (off-shell  $\pi$ s). Gives similar constraints on  $\alpha_H$ .

Optical theorem:  $\Gamma(k)\omega(k) = \text{Im}[f(k)]$

# Gravitational Waves propagation

Modified gravity spontaneously breaks Lorentz Invariance. Acts like a medium, where gravitons are absorbed and dispersed.

$$\ddot{\gamma}_{ij} + [(3 + \alpha_M)H + \Gamma(k)] \dot{\gamma}_{ij} + [c_T^2 k^2 + f(k)] \gamma_{ij} = 0$$



Similar to Cherenkov radiation

Similar to a refractive material

$$\mu = \mu(\alpha_M, c_T^2 = 1, \alpha_H = 0, \dots), \quad \Sigma = \Sigma(\alpha_M, c_T^2 = 1, \alpha_H = 0, \dots)$$

# What remains

$$\begin{aligned}
\mathcal{L} = & G_4(\phi, X)R + G_2(\phi, X) + G_3(\phi, X)\square\phi & \square\phi \equiv \phi_{;\mu}^{\mu} & X \equiv g^{\mu\nu}\phi_{;\mu}\phi_{;\nu} \\
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# What remains

$$\mathcal{L} = f(\phi)R + G_2(\phi, X) + G_3(\phi, X)\square\phi$$

Is this the end of the story?

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Is this the end of the story?      Yes.

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$$\mathcal{L} = f(\phi)R + G_2(\phi, X) + G_3(\phi, X)\square\phi$$

Is this the end of the story?      Yes.

GW decay rate and modification of the dispersion relation are suppressed

$$\mathcal{L}_{\gamma\pi\pi} \simeq \frac{1}{\Lambda^2} \dot{\gamma}_{ij}^c \partial_i \pi_c \partial_j \pi_c$$

$$\Lambda_2 \equiv (M_{\text{Pl}} H_0)^{1/2} \sim 10^{10} \Lambda_3$$

The decay could be enhanced by the large occupation number ( $\sim 10^{40}$ ) of the GW.  
Similar to preheating vs reheating.

$$\ddot{\pi} - c_s^2 \nabla^2 \pi + \frac{2\omega M_{\text{Pl}} |h^+|}{\Lambda^2} \cos(\omega(t-z)) (\partial_x^2 - \partial_y^2) \pi = 0$$

Analogous to a Mathieu equation  $\Rightarrow$  parametric resonance.      Can we rule out  $G_3$  as well?

Creminelli, Tambalo, FV, Yingcharoenrat, in progress....

# Conclusion

- GWs can test gravity in the (strong) field regime (deviations in the dissipative and conservative dynamics, extra-polarizations, dipole, etc.)
- GWs also dramatically change the prospect for LSS: huge cut in available models
- Because  $c_T=1$  and GW do not decay, many theories are ruled out:  $G_4, G_5, F_4, F_5$  are absent