

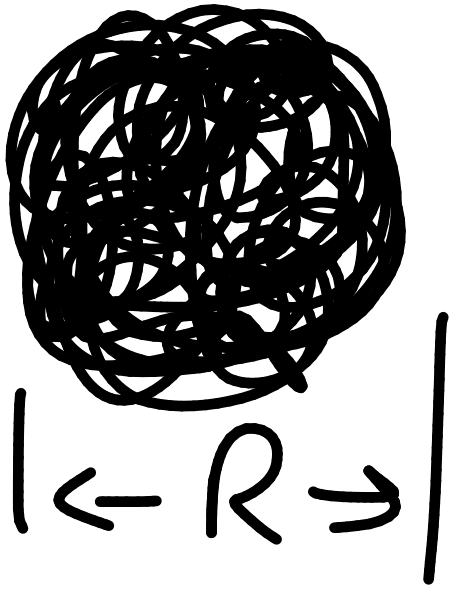
Universal laws of  
Quantum Information  
(Black holes, Universe,  
Solitons, Baryons, Instantons,  
... = critical many body)

Gia Dvali

QFC 2019

Pisa, Oct. 2019

# Bekenstein - Bremermann Bound



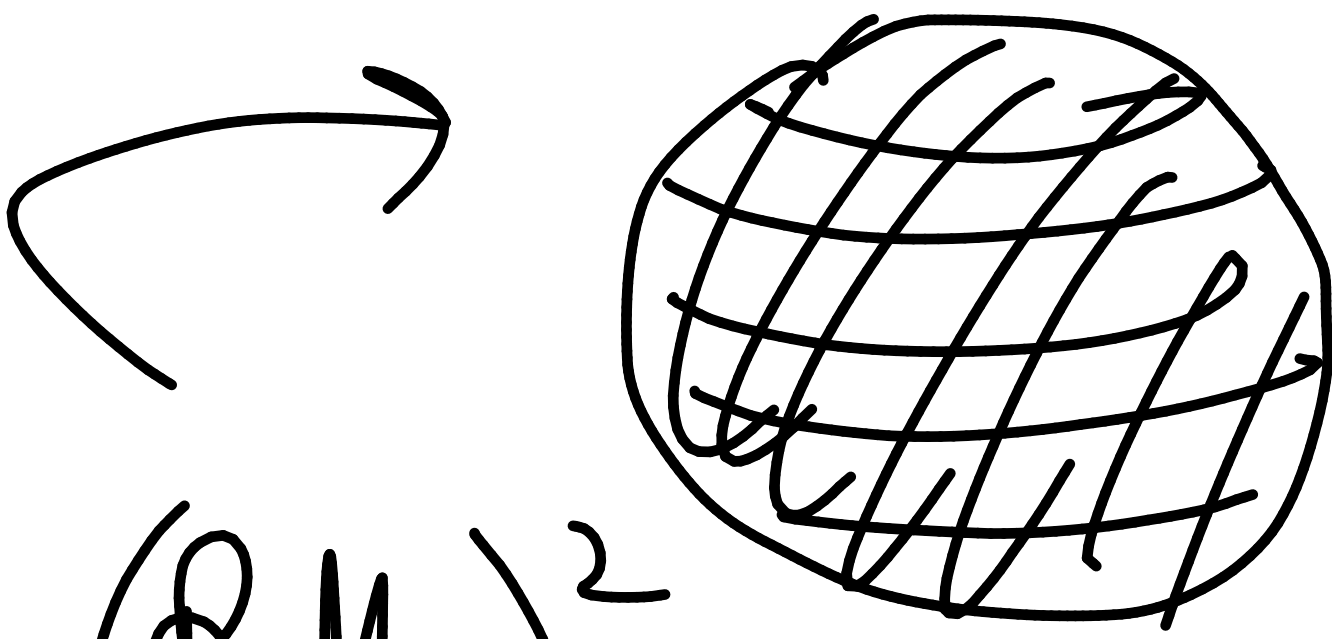
$$S \leq MR$$

In gravity is saturated by black holes.  
Bekenstein entropy:

$$S_{BH} = I_{BH} R = (R M_{Pl})^2$$

⊛ What is physical meaning of bound?

⊛ What is physical meaning of Area-law?



$S = (R_{MP})^2$

The bound has (mostly) been discussed in gravity.

What happens beyond gravity?

In renormalizable theories?

Our main results:

⊛ Bekenstein bound is saturated when theory saturates the bound on unitarity.

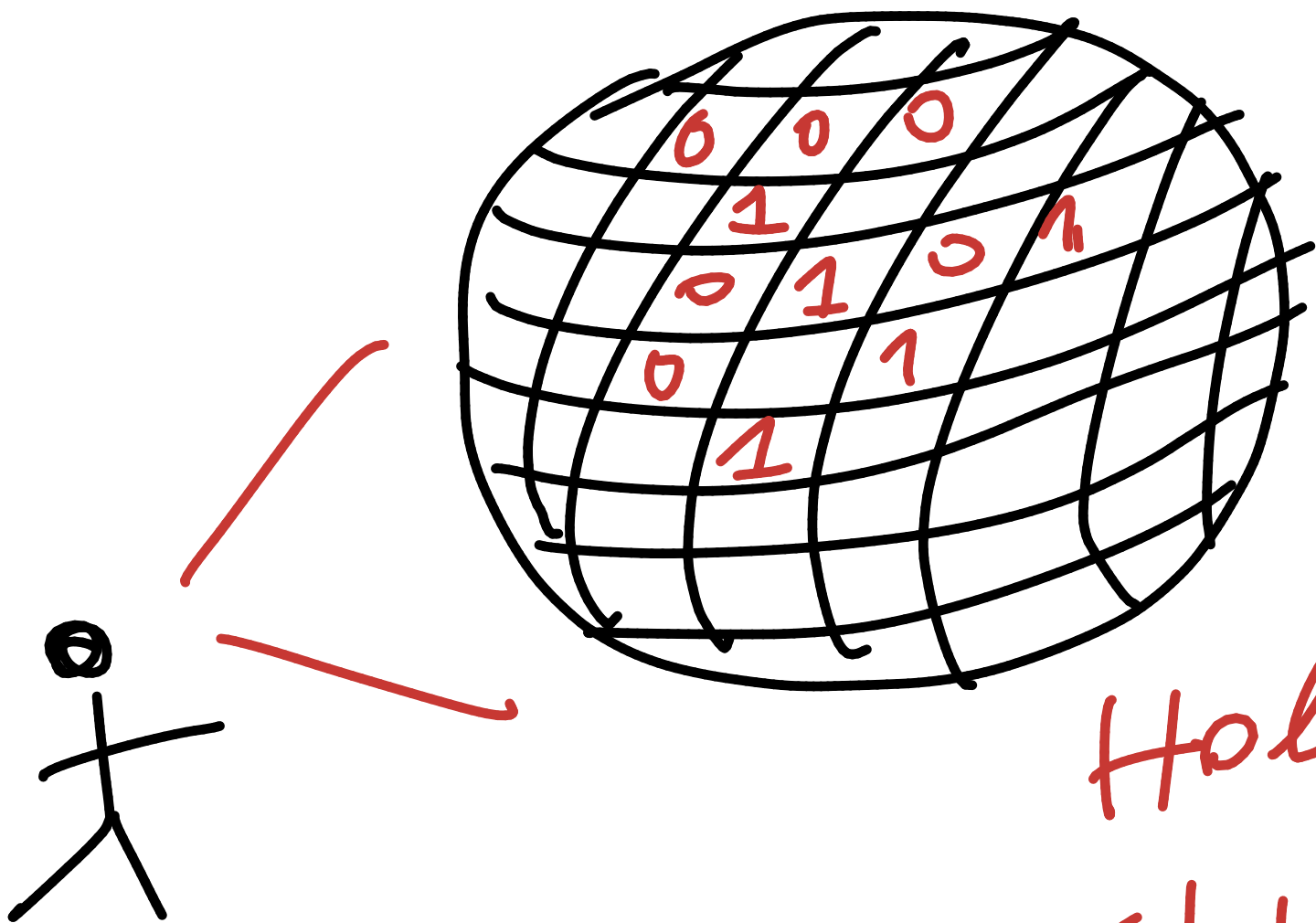
⊛ Simultaneously the entropy assumes the area law:

$$S = \frac{1}{4} A = (Rf)^2$$

↑ scale

# Black hole Bekenstein-Hawking entropy

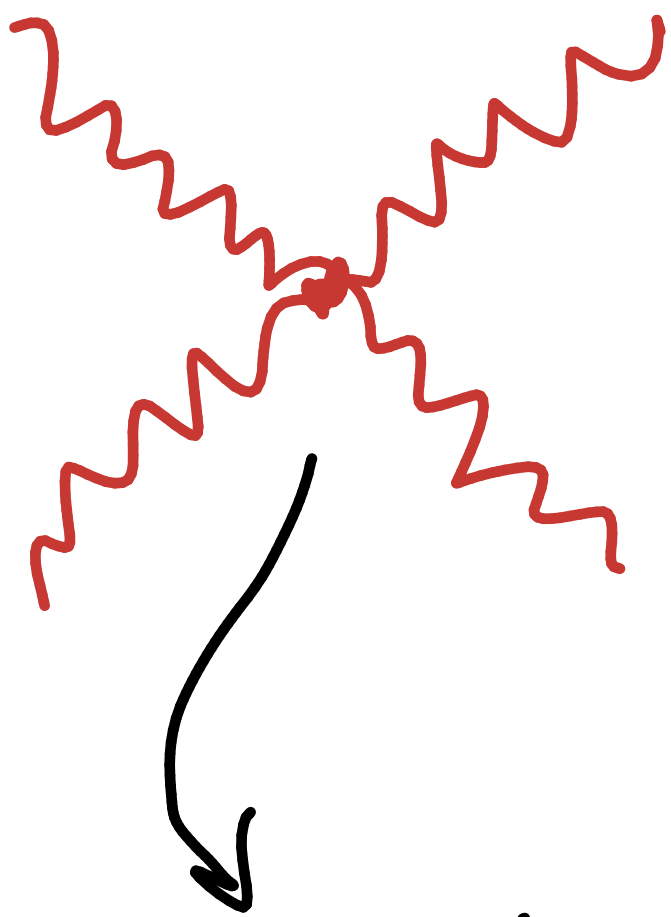
$$S_{\text{BH}} = \frac{\text{Area}}{4G_N} \sim (R M_{\text{Pl}})^{d-2}$$



Holography  
- t Hooft, ...

What is gravity?

QFT of graviton!



graviton-graviton  
4-point  
coupling  
for wavelength  $R$

$$\alpha_g = \frac{1}{(RM_p)^{d-2}} = \frac{G_N}{\text{Area}} \quad !$$

Thus, BH entropy is

$$S_{BH} = \frac{1}{\alpha g} \quad !$$

What is more fundamental?



Thus,

$$\kappa_{\text{BH}} \sim \frac{1}{\alpha_g} \sim \frac{\text{Area}}{L_p^2}$$

What about other theories?

e.g. Gauge theory

$$\alpha = g^2 \rightarrow \text{wavy lines}$$

Bekenstein  $\Rightarrow$  Unitarity  $=$  Area

$$S_{\max} \approx \frac{1}{g^2} = \text{Area}$$

Quantum  
Coupling

We shall demonstrate  
for:

① 't Hooft - Polyakov

monopole:

$$S = M_m R_m = \frac{1}{g_{\text{gauge}}^2} = (R_m v)^2$$

② Baryon:

$$S = M_B R_B = \frac{1}{g_{\text{QCD}}^2} = (R_B f_\pi)^2$$

### ③ QCD-Instanton

$$S_{\text{inst}} = \frac{1}{g^2} = (R_{\text{inst}} f)^2$$

In all cases at the saturation point

$$S = \frac{\text{Area}}{4G}$$

→  
Golstone coupling!

Monopole.  $SO(3)$  gauge  
symmetry Higgsed by

$$\phi^a \quad (a=1,2,3)$$

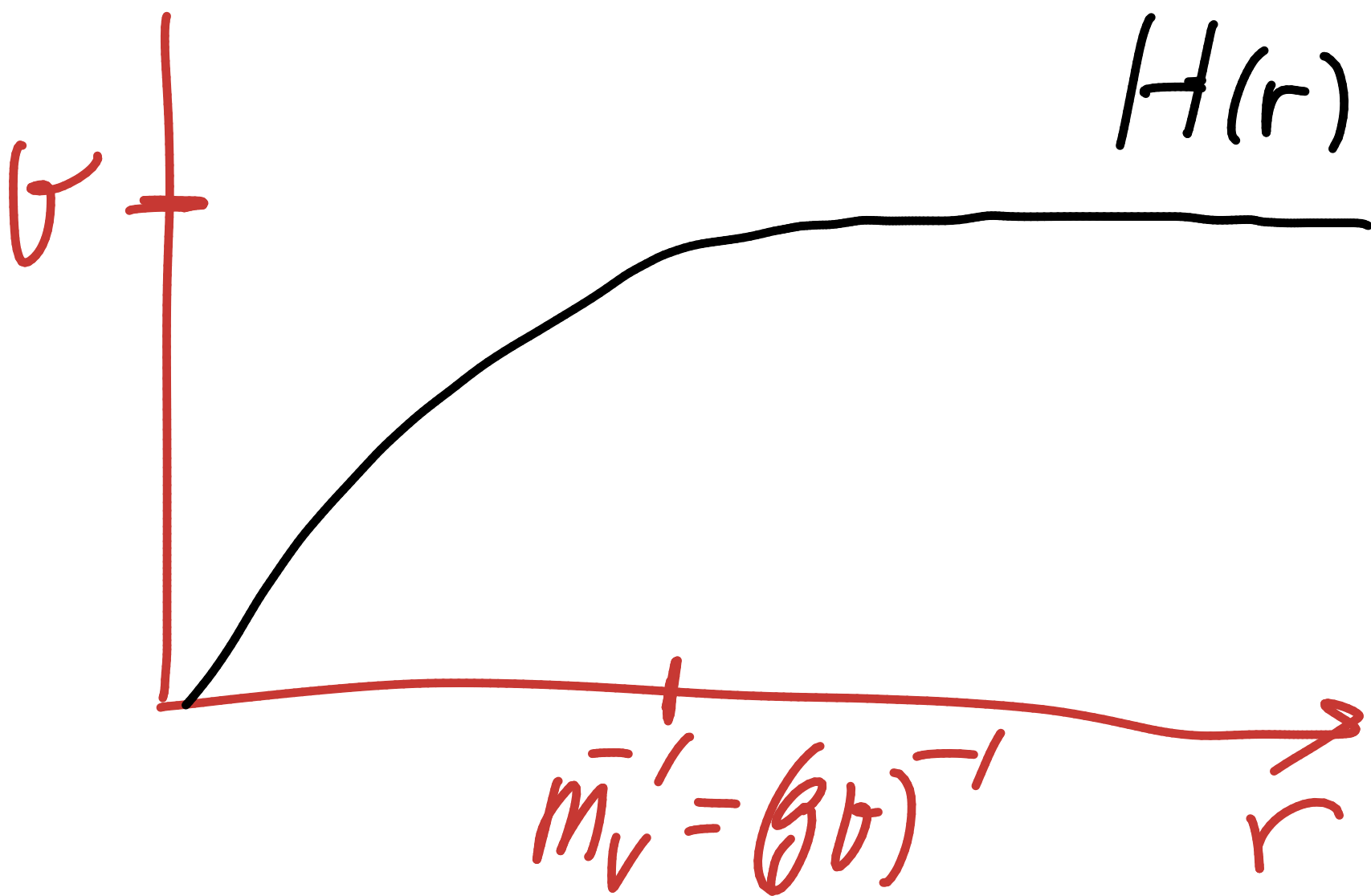
$$\mathcal{L} = \partial_\mu \phi^a \partial^\mu \phi^a$$
$$- \lambda^2 (\phi^a \phi^a - v^2)^2$$

$$- F_{\mu\nu}^a \tilde{F}^{a\mu\nu}$$

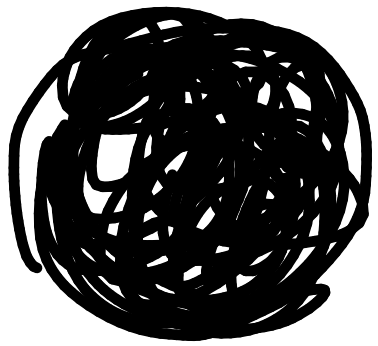
Monopole:

$$\phi^a = \frac{x^a}{r} H(r)$$

$$A_\mu^a = \epsilon_{0a\mu\nu} \frac{x^\nu}{gr^2} F(r)$$



Monopole mass and size



$$R_m = (M_V)^{-1} = (gV)^{-1}$$

$$\leftarrow R_m \rightarrow M_m = \frac{M_V}{g^2}$$

Entropy bound on monopole:

$$S \leq M_m R_m = \frac{1}{g^2}$$

Can it be saturated?

# Entropy from Goldstones

$$\sigma_\alpha \quad \alpha = 1, 2, \dots, N$$

← scalar

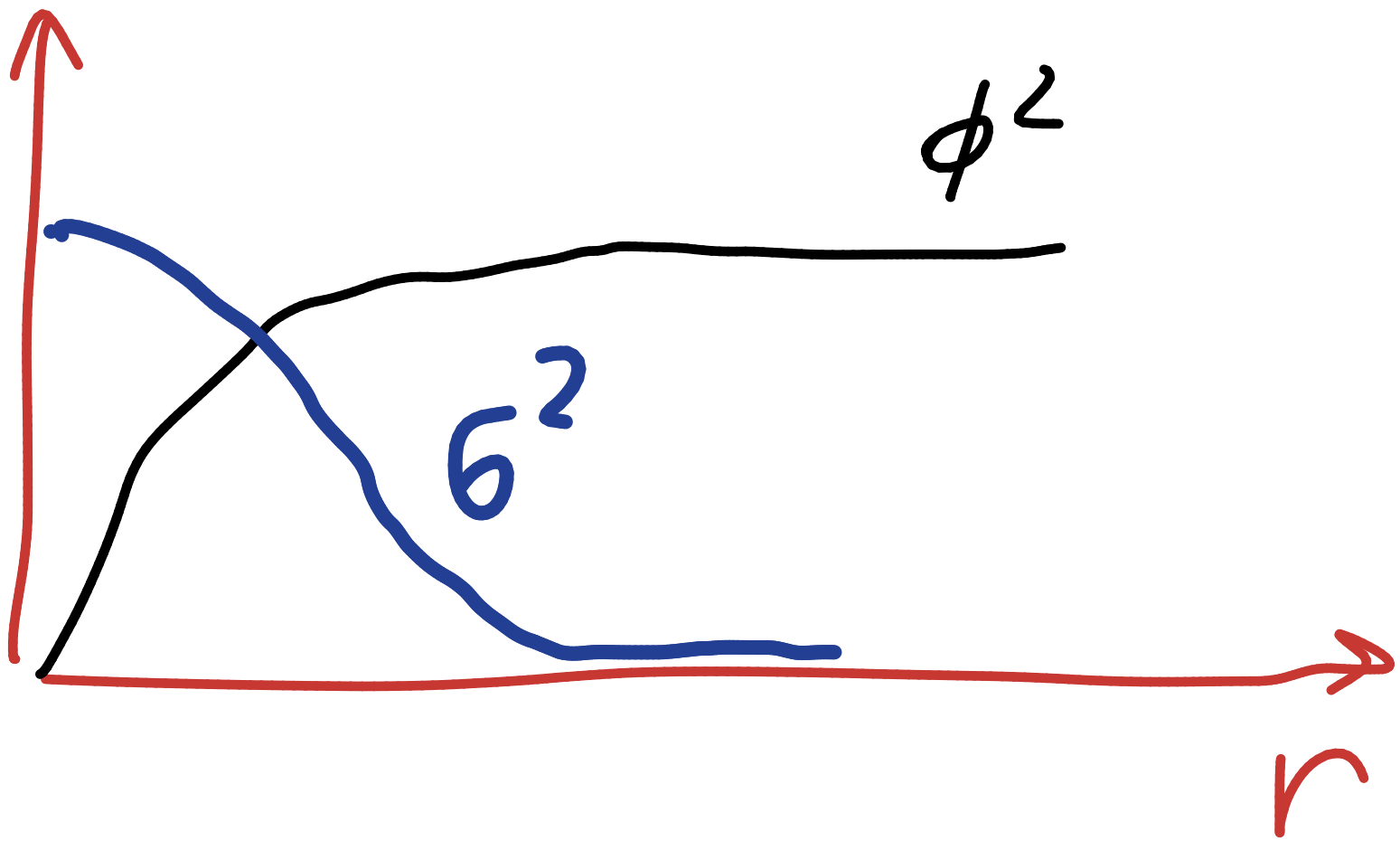
$SO(N)$  - global symmetry  
spontaneous breaking  
in monopole:

$$L = \partial_\mu \sigma_\alpha \partial^\mu \sigma_\alpha$$

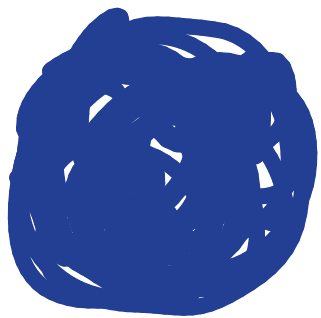
$$- (g^2 \phi^2 - m^2) \sigma_\alpha \sigma_\alpha$$

$$- \frac{g^2}{6} (\sigma_\alpha \sigma_\alpha)^2$$





$\langle \sigma \rangle \neq 0$



$SO(N) \rightarrow SO(N-1)$



$\sim N$  localized Goldstones!

Number of degenerate  
micro-states

$$N_{st} \sim \binom{2N}{N} \sim 2^{2N}$$

Monopole entropy:

$$S_{\text{mon}} = \ln(N_{st}) \sim N$$

Unitarity bound:

$$g^2 N \leq 1$$

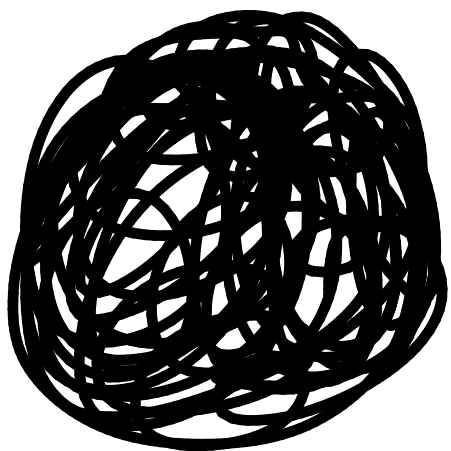
For  $N = \frac{1}{g^2}$  entropy bound is saturated by area-law!

$$S_{\text{max}} = N = \frac{1}{g^2} = M_m R_m = (R_m b)^2$$

The same is achieved  
by coupling to fermion  
flavors:

$$\phi^a \psi_\alpha^b \lambda_\alpha^c \epsilon_{abc}$$

↙  $\alpha = 1, 2 \dots N$   
 $S O(N)$



↙  $\sim N$  localized  
fermion zero modes!

Again:

$$n_{st} \sim 2^N$$

Entropy:  $S_{\text{mon}} \sim N$

Unitarity bound

$$g^2 N \leq 1$$

$$S_{\text{mon}} = N = \frac{1}{g^2} = M_m R_m = (R_m \alpha')^2$$

Baryons in  $SU(N_c)$

QCD with

$N$ -flavors of quarks.

't Hooft limit

$$N_c \rightarrow \infty$$

$$g^2 N_c = \text{fixed}$$

$$\Lambda = \text{fixed}$$

Spontaneous chiral  
symmetry breaking

$$U(N)_L \otimes U(N)_R \rightarrow U(N)_F$$

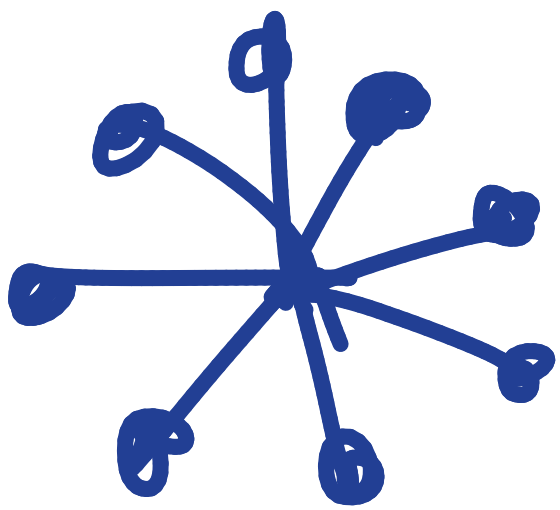
$N^2 - 1$  Goldstones (pions)

+  $\eta'$ -meson

Pion decay constant:

$$f_\pi = \sqrt{N_c} \Lambda$$

# Baryons (Witten).



$N_c$  quarks

$$| \leftarrow R_B \sim \Lambda^{-1} \rightarrow |$$

Mass:  $M_B \sim N_c \Lambda$

Entropy bound:

$$S_{MAX} = M_B R_B = N_c$$



$I_s$  is saturated at  
the unitarity bound:

$$N_c \sim N \sim \frac{1}{g^2}$$

Baryon entropy:

$$S_B = \ln \binom{N_c + N}{N_c} \sim N$$

Thus, at the unitarity bound we have:

$$S_B = M_B R_B = \frac{1}{g^2} = N =$$
$$= (R_B \sqrt{\pi})^2$$

Area low!

Exactly same results  
for Instantons in

4D QCD:

$$d_5 = \frac{R}{g^2} \longleftrightarrow d_{\text{QCD}} = \frac{1}{g^2(R)}$$

Instanton entropy  
Saturates bound for  $\lambda_t = 1$

$$S_{\text{Ins.}} = \frac{64\pi^2}{g^2} \ln(2)$$

And at the saturation point we get the Area!

$$\rho_{\text{Inst}} = \frac{\mathcal{L}}{4G} = \frac{(4\pi R^2)}{4f^{-2}}$$

$$G = \frac{g^2 R^2}{64\pi \ln(2)} = f^{-2}$$

↖ Goldstone coupling!

Conclusions:

The universal  
phenomenon:

B.B. = unitarity = Area

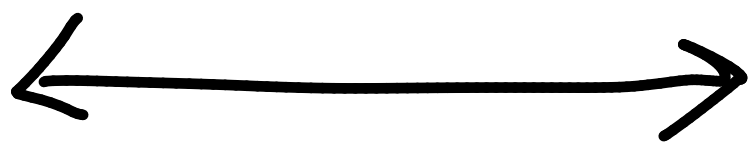


Bound =  $\frac{1}{\text{coupling}}$  = Area

$$S_{\text{max}} = \frac{\lambda}{4G}$$

Exactly as for Black Hole!

G



G

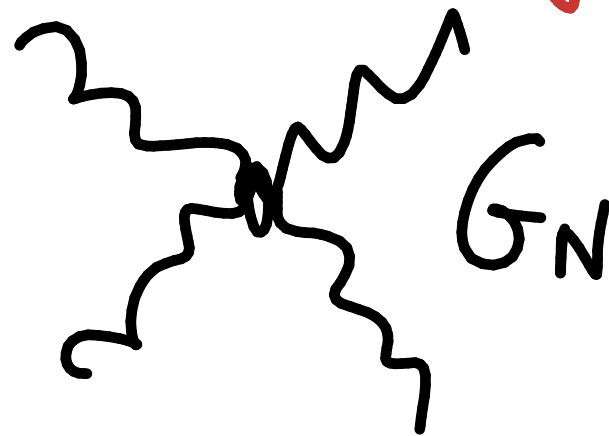
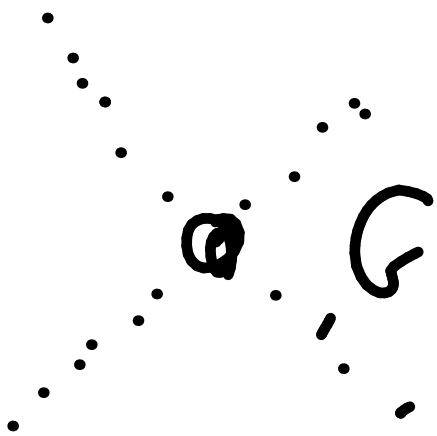
Newton



Goldstone  
coupling

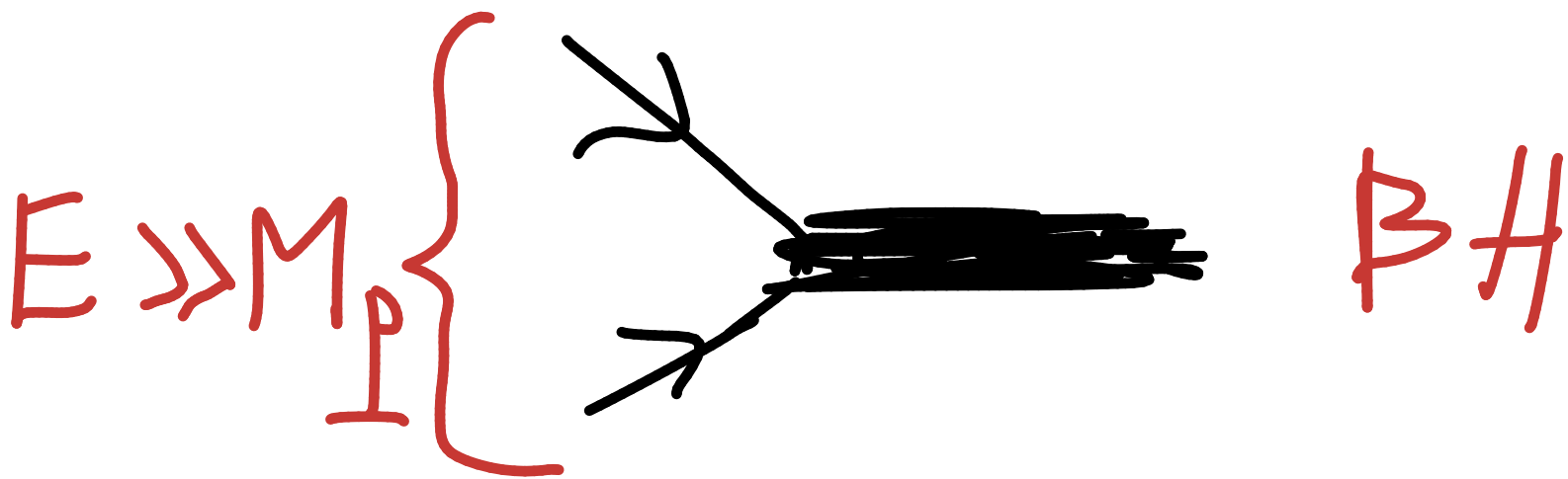


Graviton  
coupling



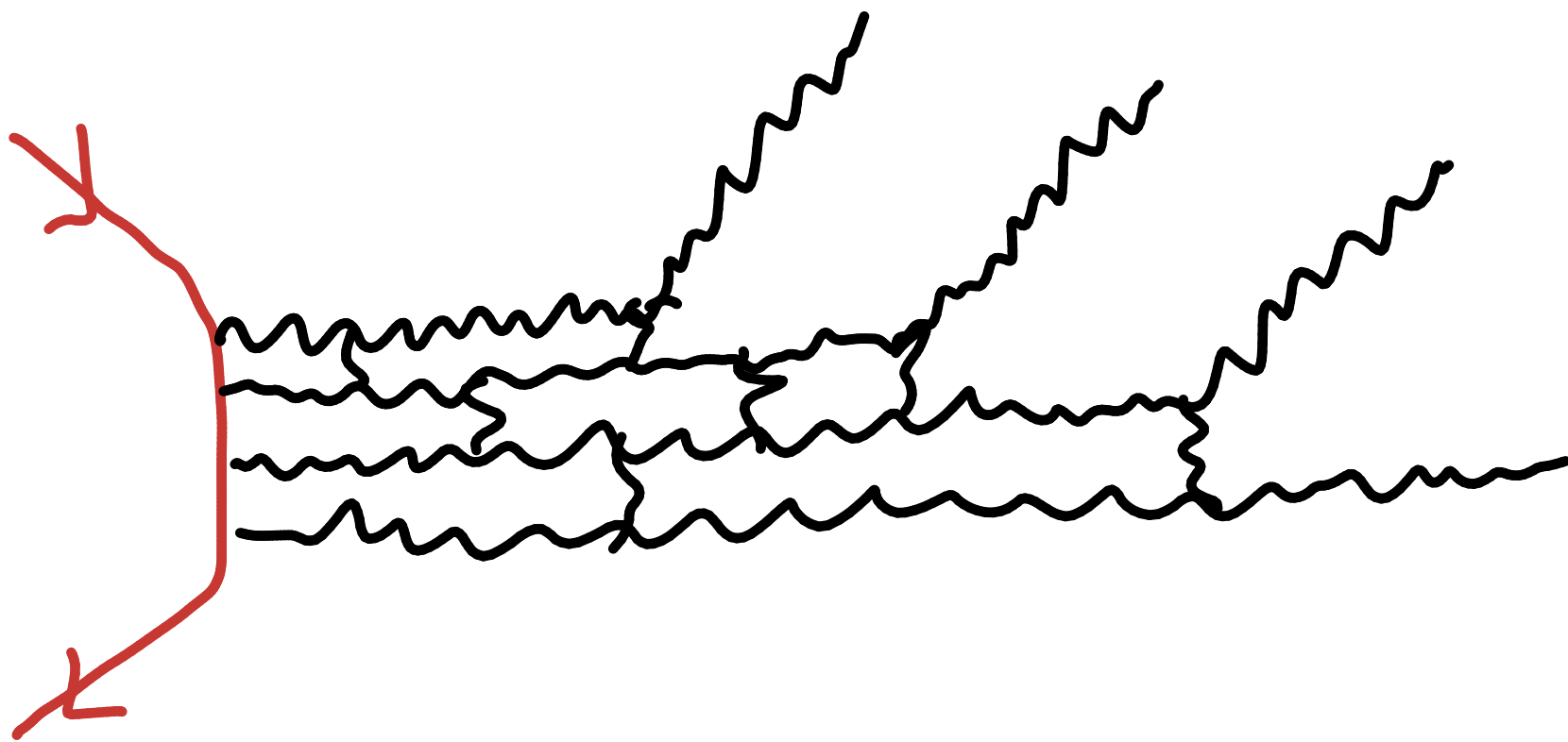
Old idea ('87): Black  
holes dominate scattering  
at  $E \gg M_{\text{P}}$

't Hooft; Gross, Mendel;  
Amati, Ciafaloni, Veneziano



Understanding as  $\mathcal{Q} \rightarrow \mathcal{N}$

process:



$\mathcal{Q} \rightarrow \text{BH} \rightarrow \mathcal{N}$

where  $\mathcal{N} = (M_{\text{Pl}} R)^2$

and

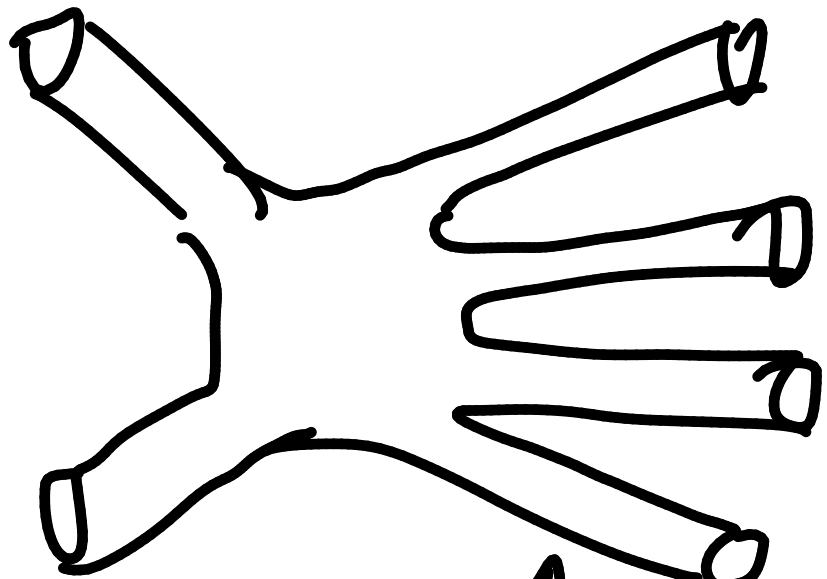
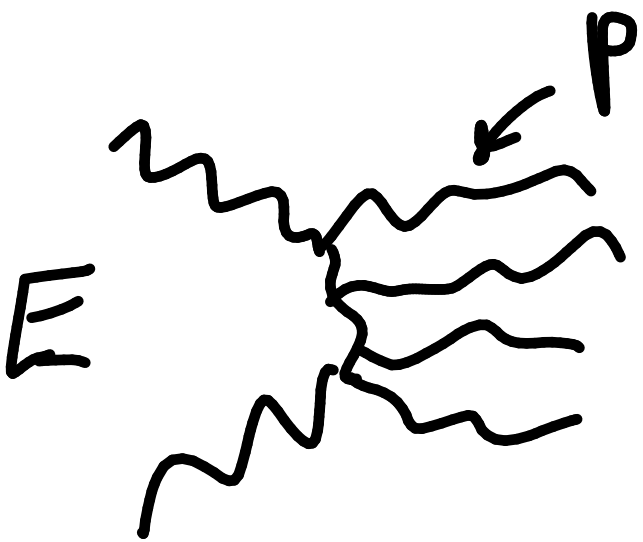
$$R = \frac{E}{M_{\text{Pl}}^2} = T_{\text{H}}^{-1}$$



# $2 \rightarrow N$ computation

G.D., Gomez, Isermann, Lüst,  
Stieberger '14;

Addazi, Bianchi, Veneziano '16



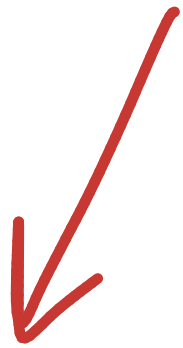
$$\sim N! \alpha_g^N$$

$$\sim \frac{E}{N}$$

$$\alpha_g = \left( \frac{p}{M_P} \right)^2$$

Saturates unitarity

when:  $P = \frac{M_P^2}{E} = T_H$



$$g_g = \frac{1}{N} = \frac{1}{S^2} = (M_{\text{Pl}} R)^{-2} !$$

by the way:

$$N! g_g^N \rightarrow e^{-S} !$$

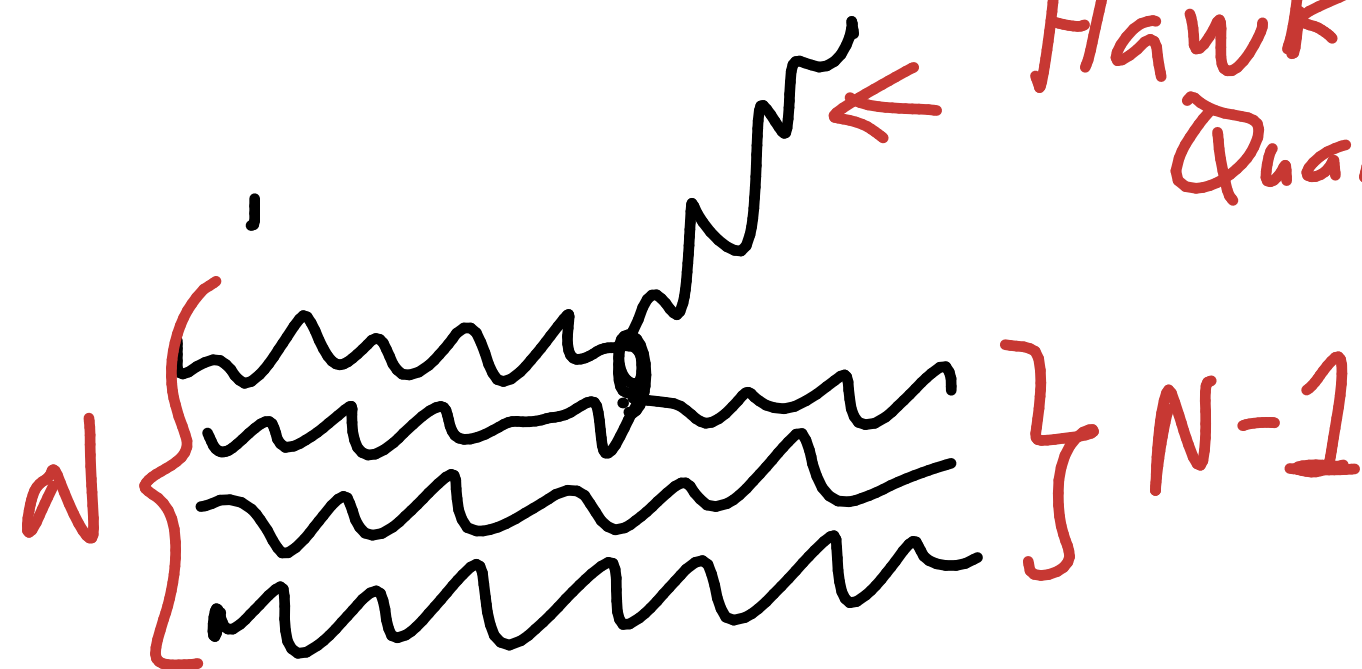
# Black hole N-parity

G.D., Gomez '11

Boundstate of  $N$  soft gravitons

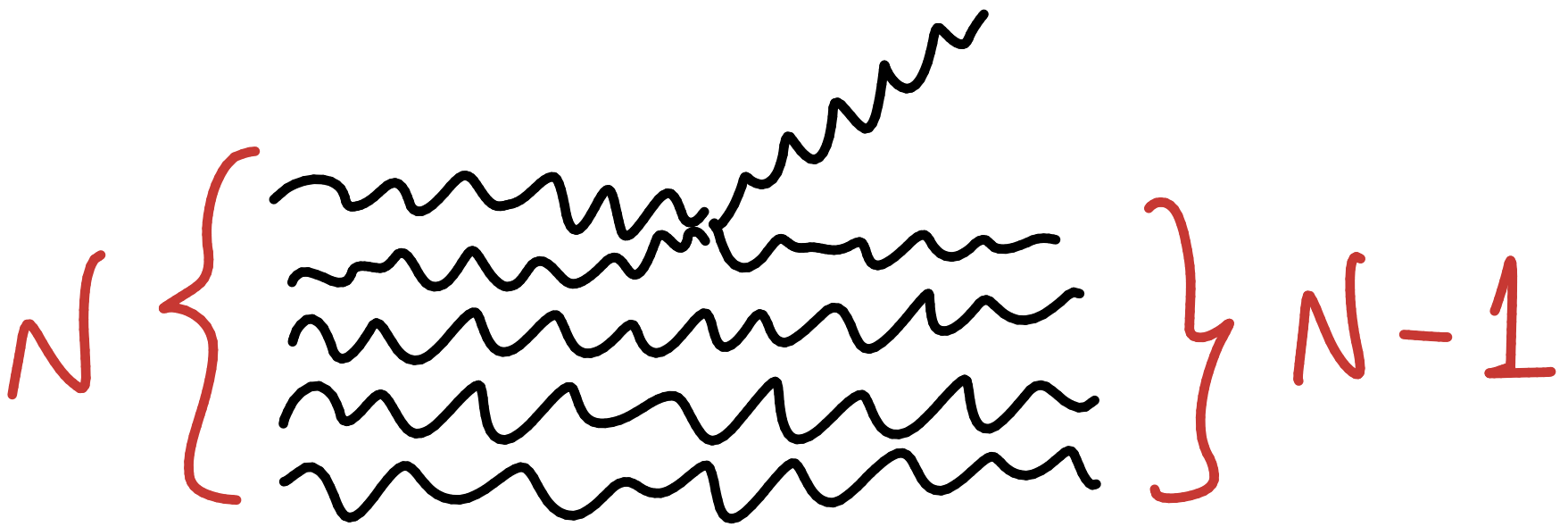
$$\lambda = R$$

Hawking  
Quantum



$$N = (RM_{\text{P}})^2 = \frac{1}{2g} \quad !$$

$|NS\rangle =$  Coherent state of  $N$   
soft gravitons

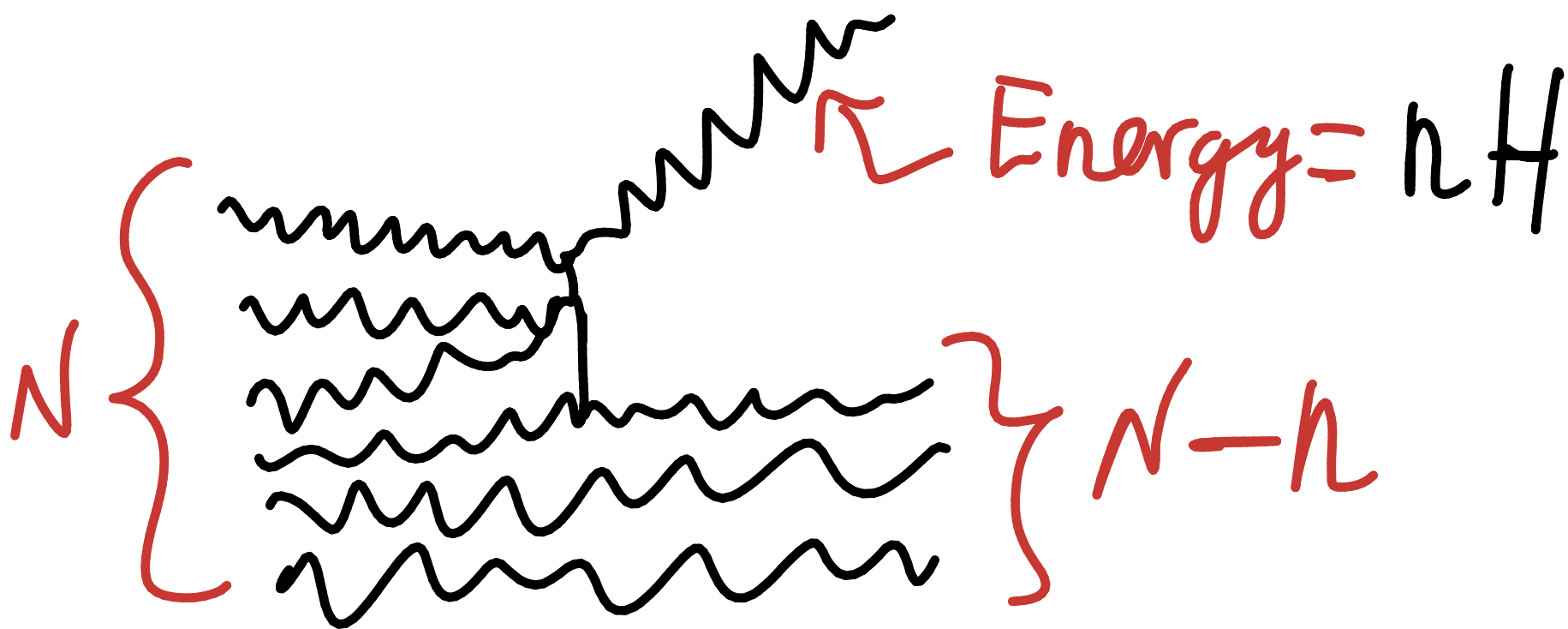


Gibbons-Hawking radiation



Decay of de Sitter!

Approximate thermality:



Radiation of hard modes  
is exponentially suppressed!

Half-life time of deSitter:

$$t_Q \sim \sqrt{G\hbar} H^{-1}$$

After

$$t_Q \sim \sqrt{G_H H^{-1}}$$

de Sitter Quantum-Breaks!

No classical description  
available.

Complete loss of  
coherence.

Prospects for many-body  
systems (cold atoms?).

with: Cesar Gomez

Alex Pritzel,  
Nico Wintergerst

Daniel Flussig

Andre Franca

Misha Panchenko

Sebastian Zell

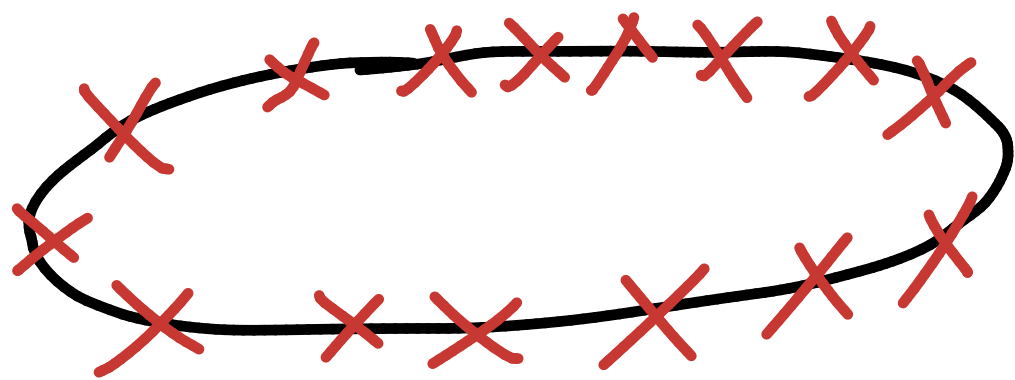
Macro Michel

Lukas Eischwahn

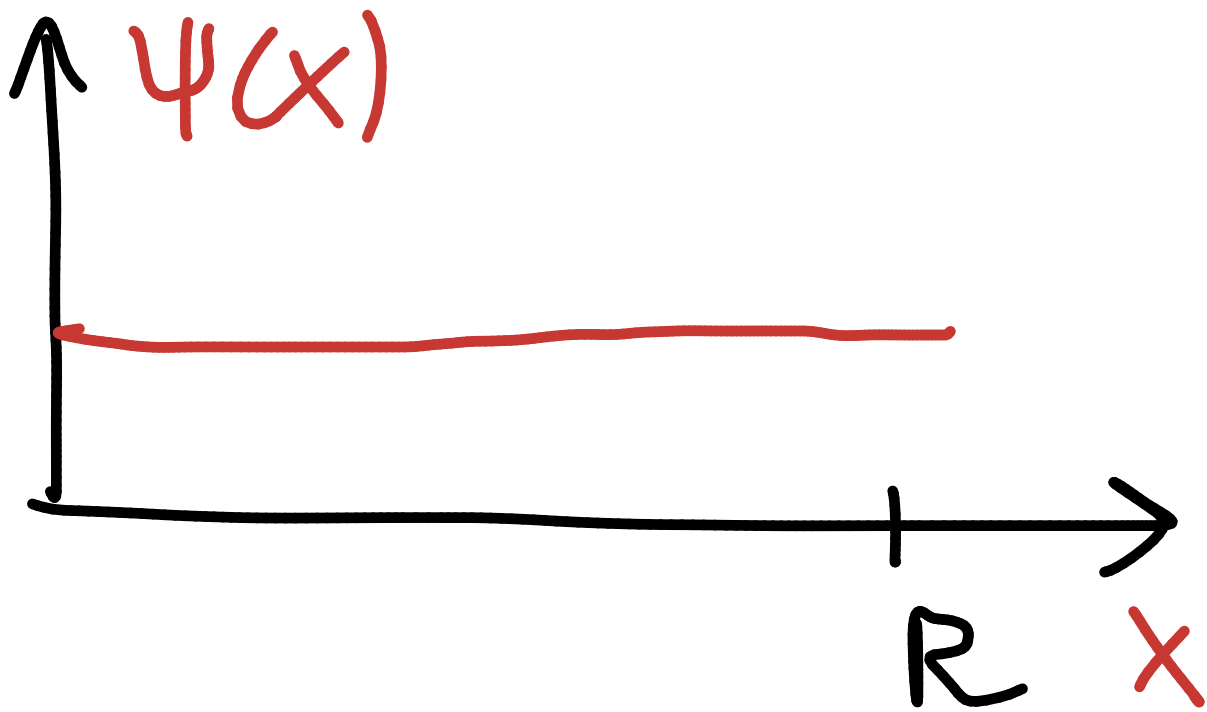
What we need is  $N$  bosons  
attractive:

$$\hat{H} = \int_V \hat{\psi}^\dagger \Delta \hat{\psi} - \alpha \hat{\psi}^\dagger \hat{\psi}^\dagger \hat{\psi} \hat{\psi}$$

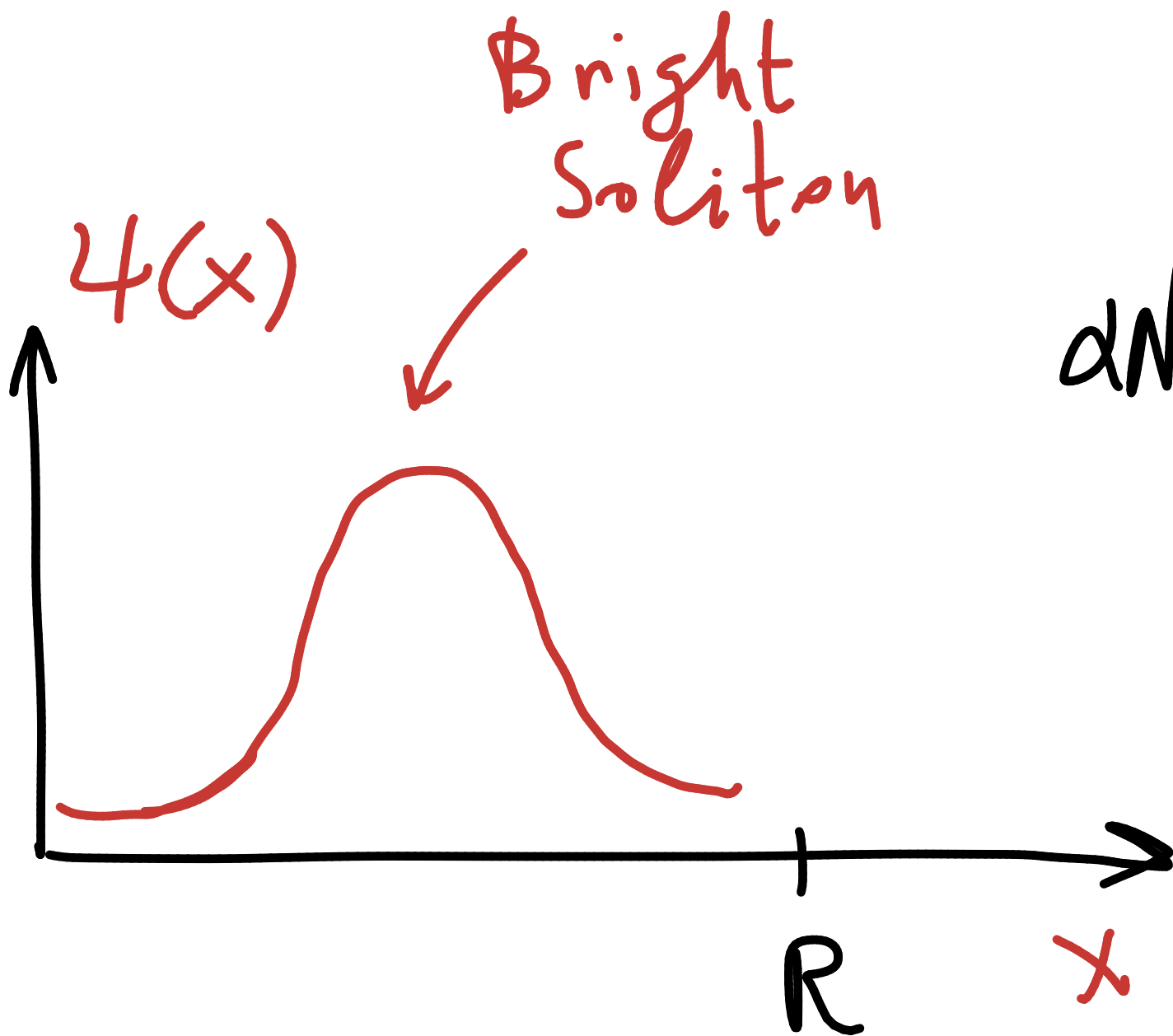
$N$  bosons





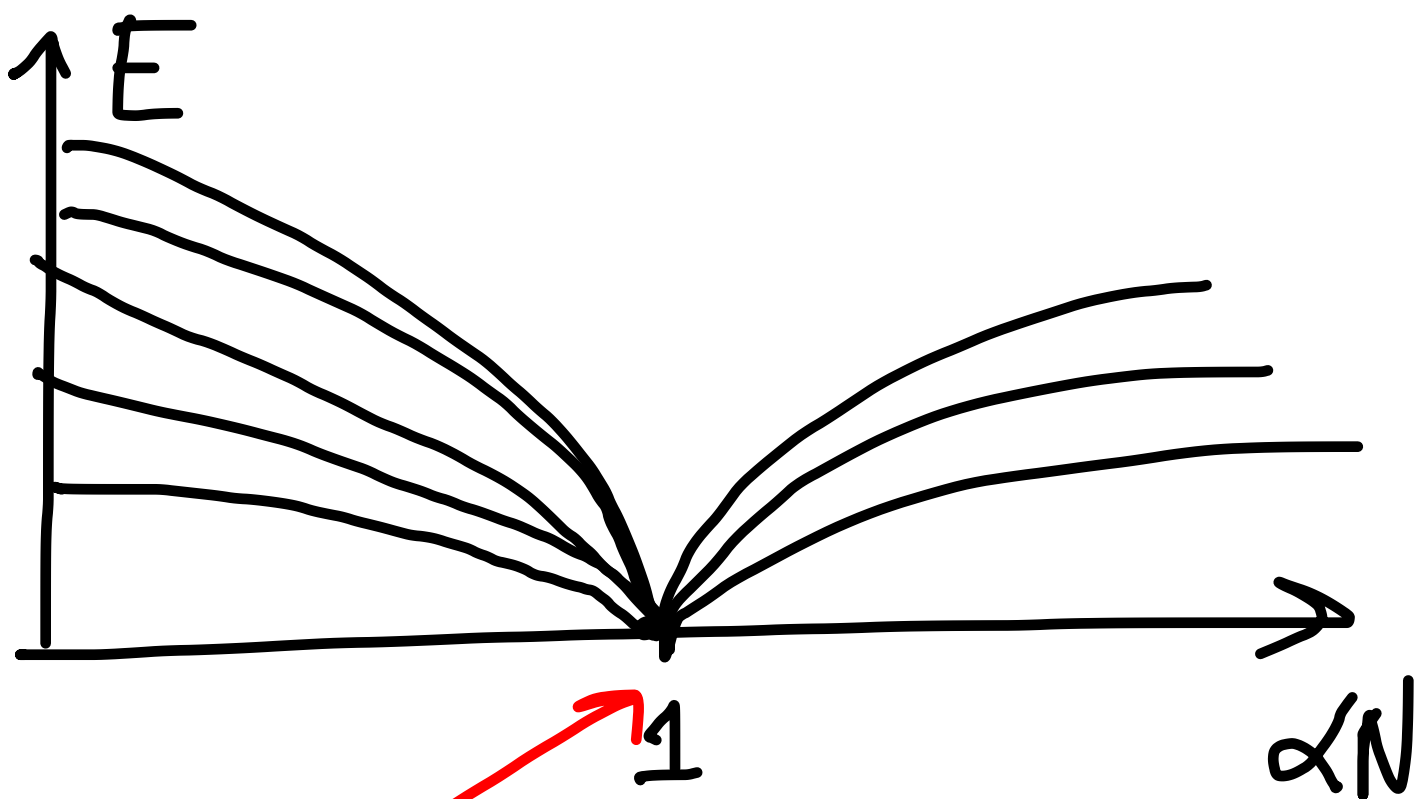


$$dN < 1$$

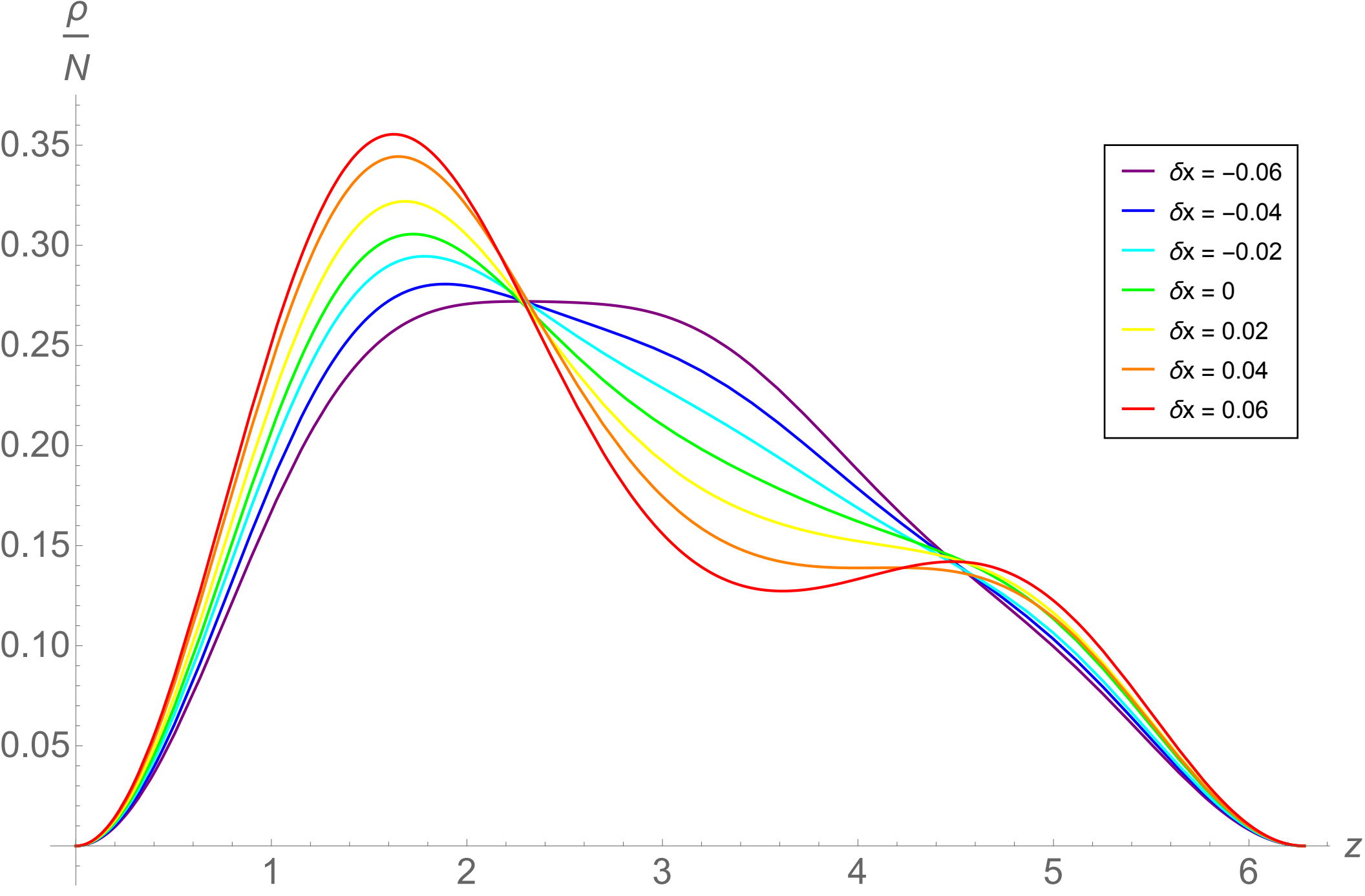


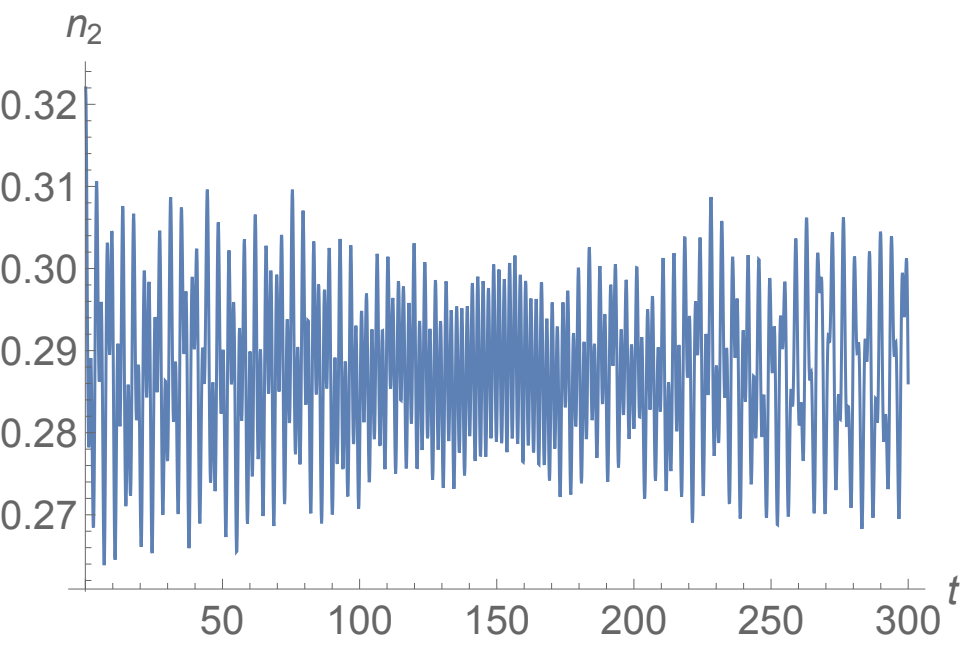
$$dN > 1$$

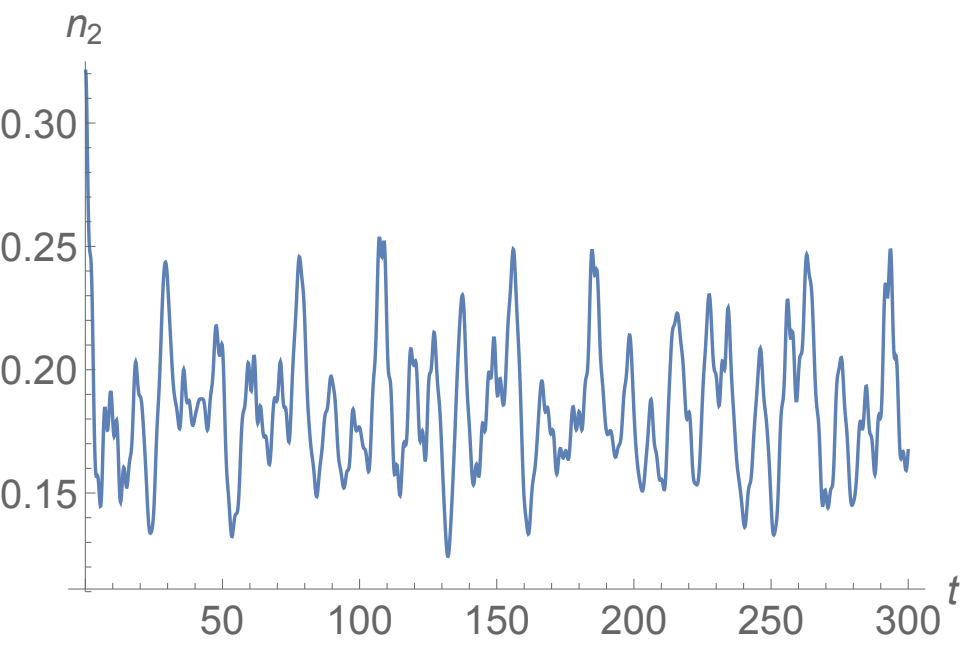
$\alpha N = 1$  ← Critical point of quantum phase transition

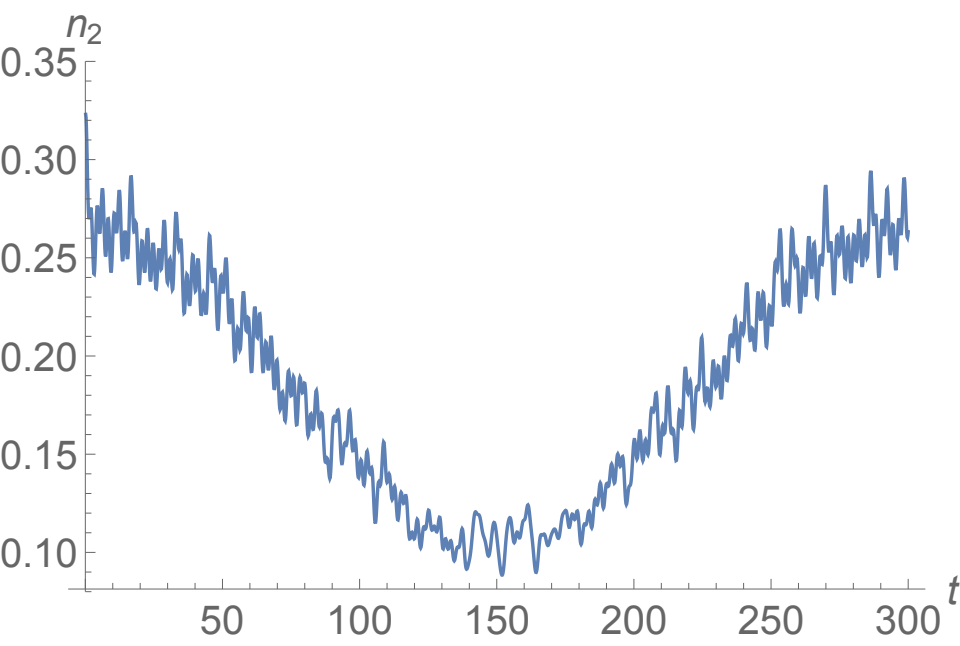


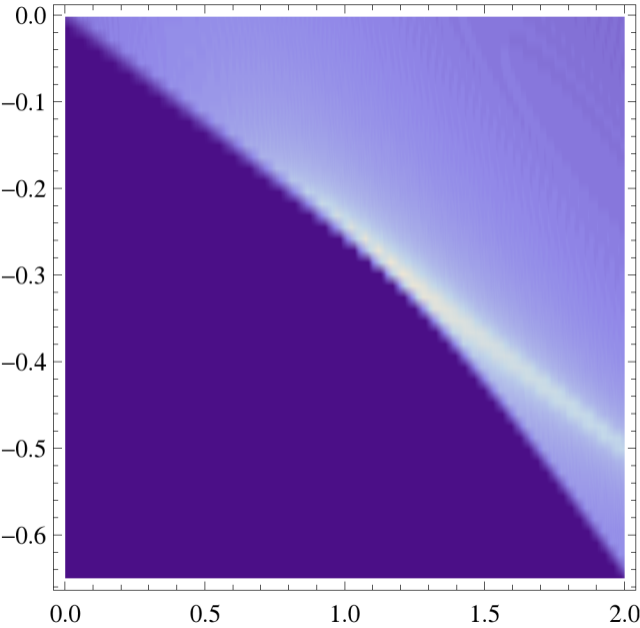
Many cheap (gapless) qubits!

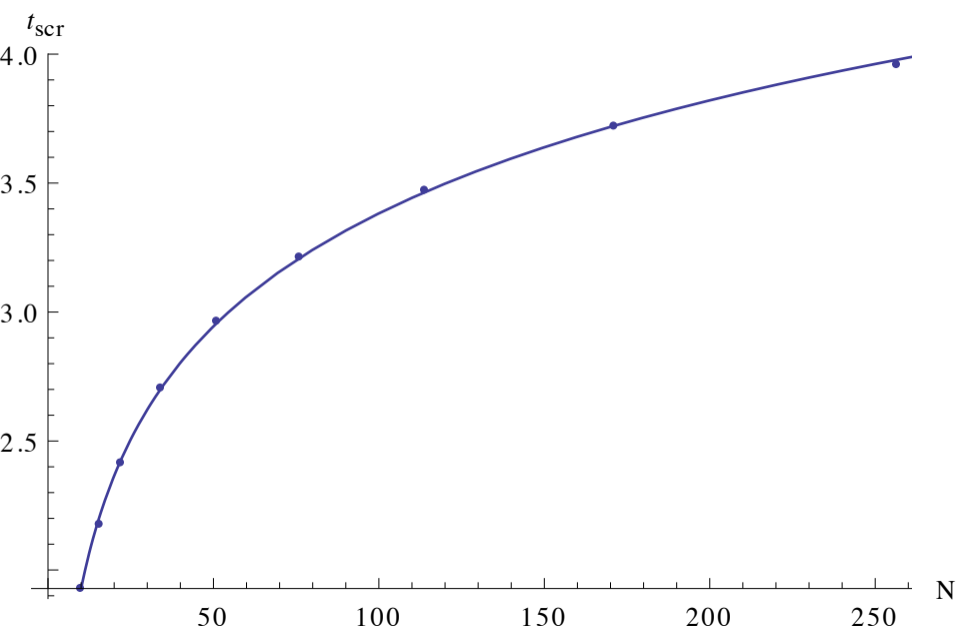






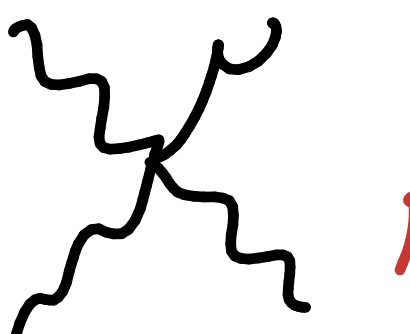




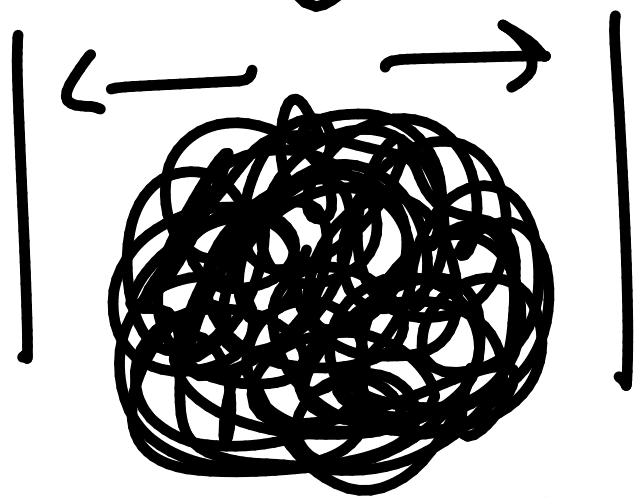




# Conclusions

In a theory with 4-point  
coupling  $\alpha \rightarrow$  

a non-perturbative entity  
of size  $R$



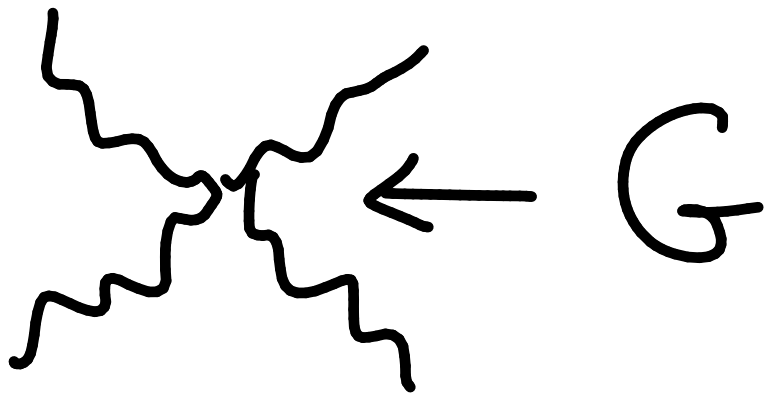
Saturates Bekenstein  
entropy bound in the following  
way  $\rightarrow$

⊛ When theory saturates perturbative unitarity.

⊛ At saturation point:

$$P_{\max} = \frac{\text{Area}}{4G} = \frac{1}{\alpha(R)}$$

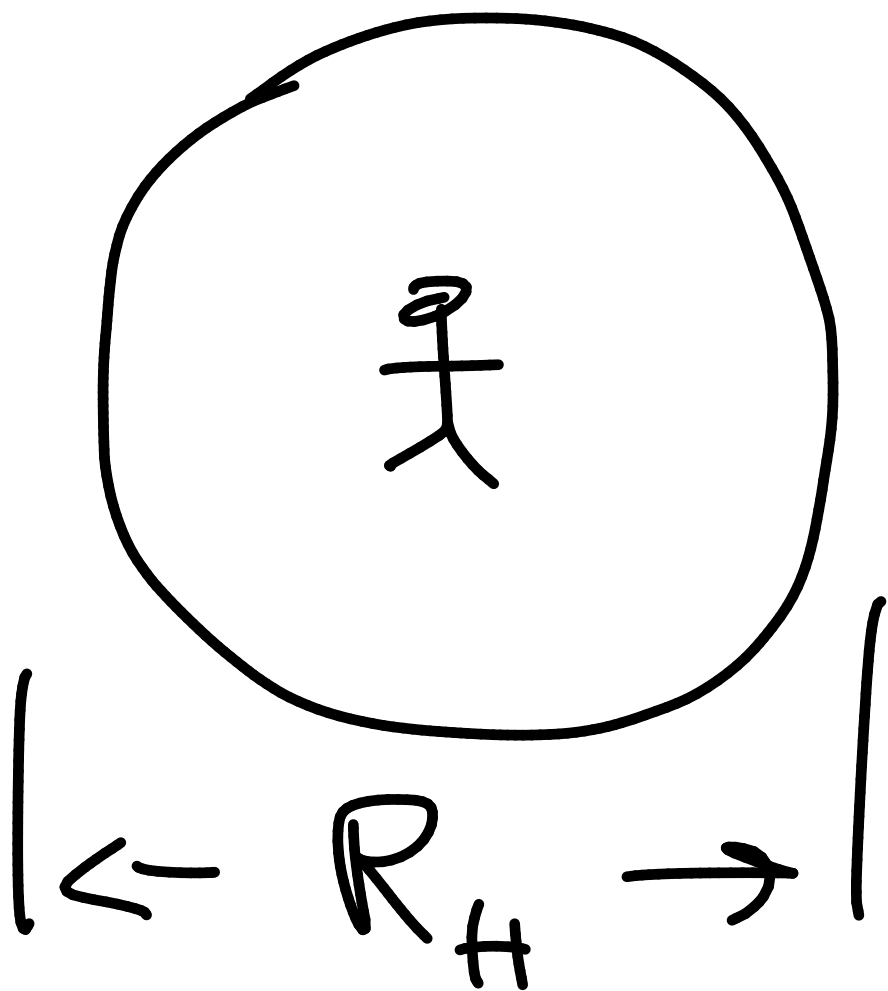
↗  
4-point coupling of bosons (pions, gravitons, ...)



What about

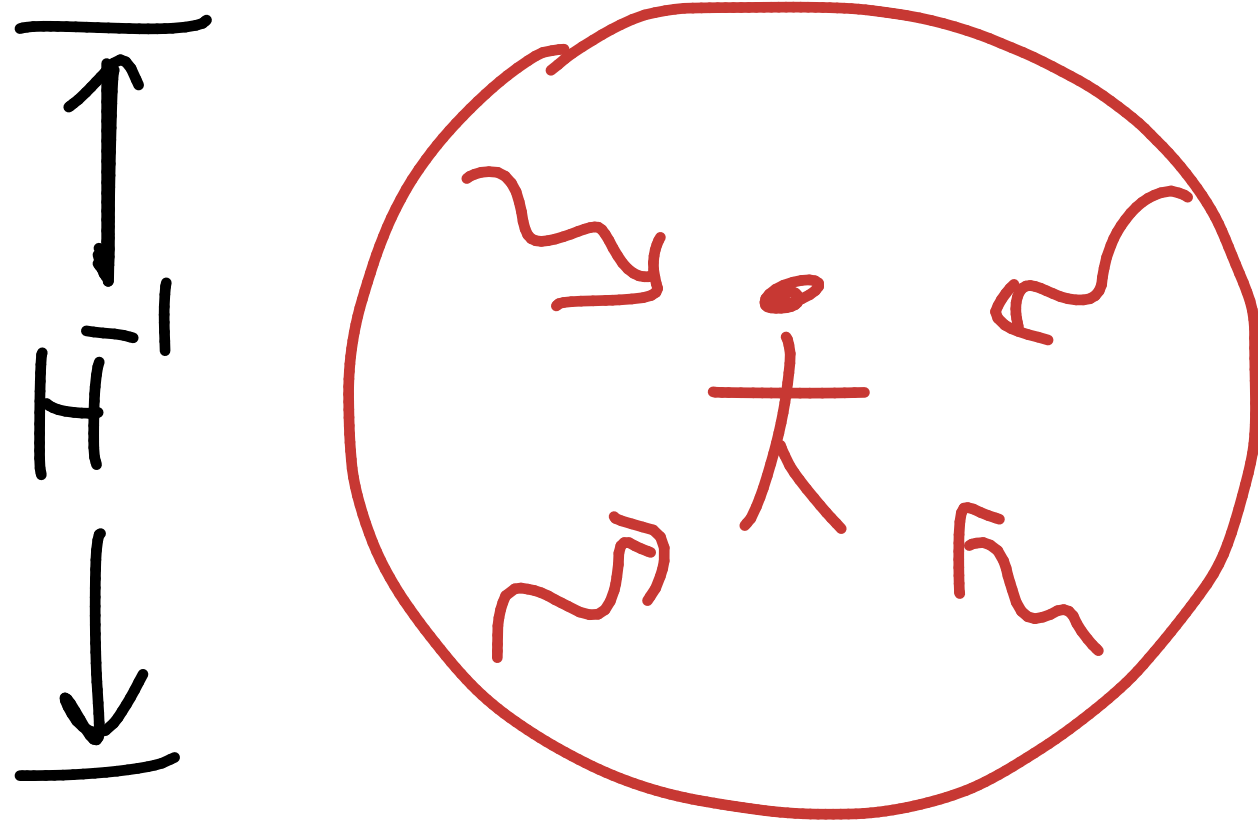
de Sitter/Inflation?

$$ds^2 = dt^2 - e^{2Ht} dx^2$$



$$R_H = H^{-1}$$

# Semi-classical de Sitter



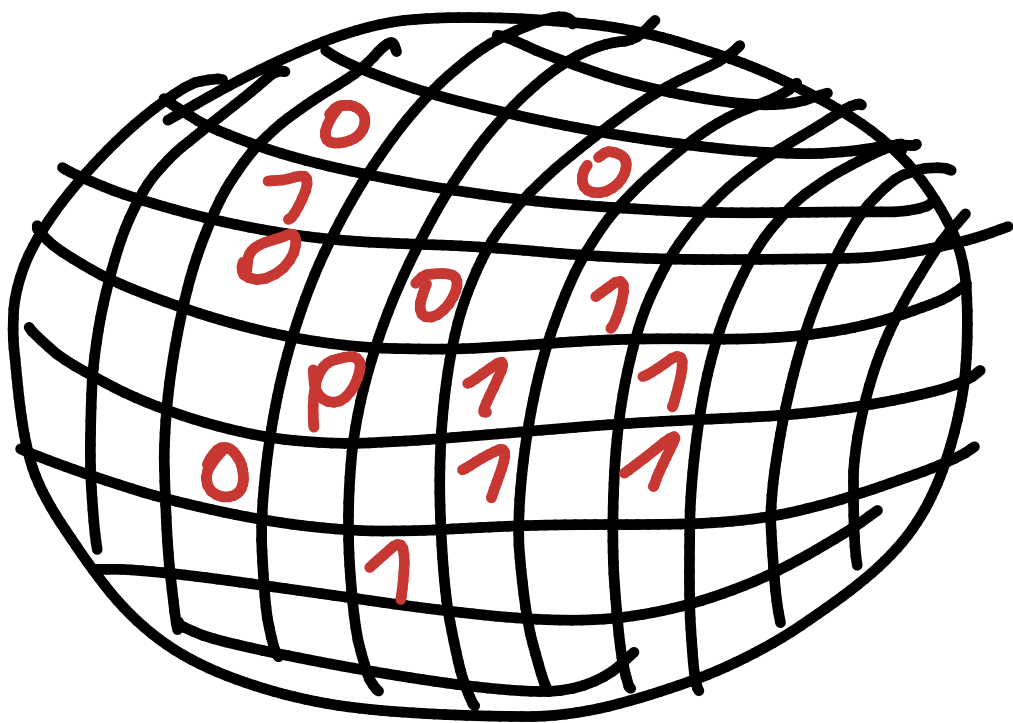
Gibbons-Hawking  
radiation

$$T_{GH} = H$$

Quantum picture:

Gibbons-Hawking entropy

$$N_{GH} = \frac{R_H^2}{L_p^2} = \frac{M_p^2}{H^2}$$



$$|dS\rangle = |0, 1, 1, 0, \dots, 1\rangle$$

$\underbrace{\hspace{10em}}_{N_{GH}}$

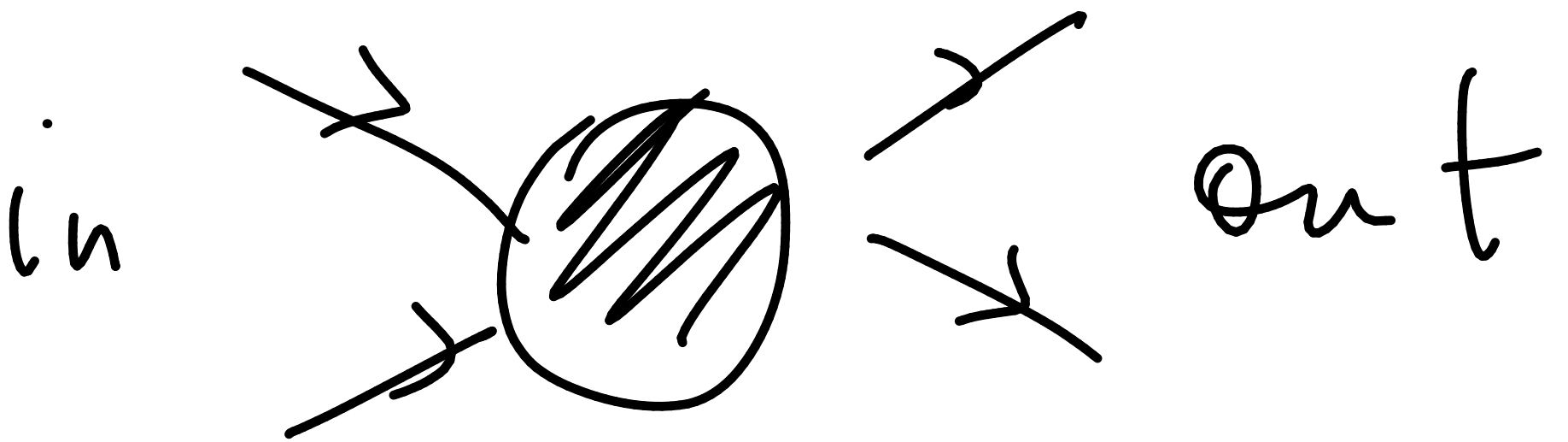
Notice, also here

$$S_{GH} = \frac{1}{\alpha_g} = (R_H M_P)^2$$

4-point coupling  
of gravitons of  
wavelength  $\sim R_H$  !

But, in which  
sense dS saturated  
unitarity?

Is it an S-matrix  
state?



Is  $|dS\rangle$  a  
quantum coherent  
state of gravitons  
with

$$N = \frac{1}{\alpha_g} ?$$

C.D. Gomez  
'12



So in S-matrix theory

$|d_S\rangle$  cannot be a  
good vacuum.

It must be viewed  
as an excited state  
on good S-matrix vacuum  
e.g. Minkowski.

$|deSitter\rangle$  as coherent state  
of gravitons on  $|Minkowski\rangle$   
(G.D. & Gomez '11, '13, '14 + Zell)

Universal features:

⊛ Number of constituents

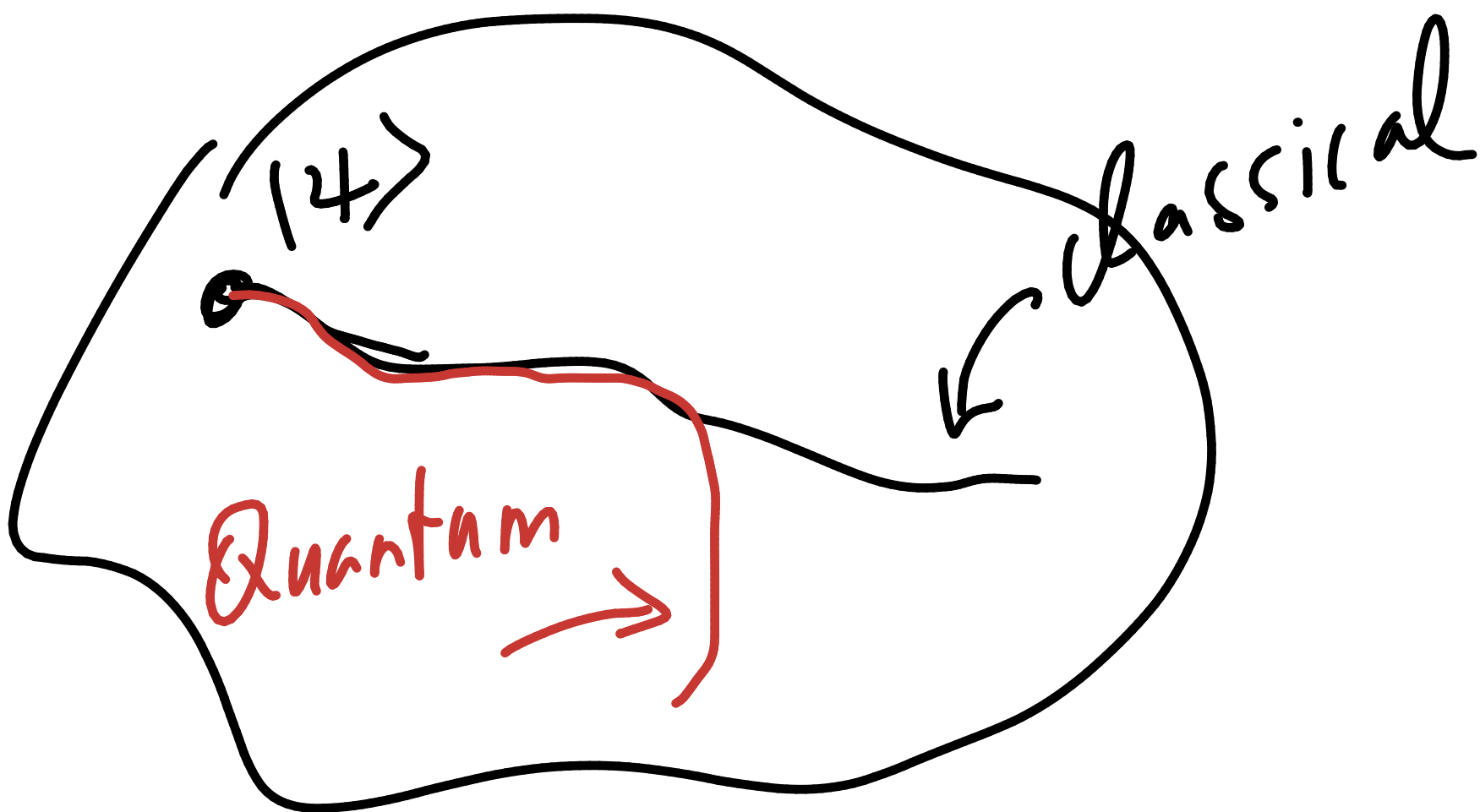
$$N = \frac{M_{Pl}^2}{H^2} = N_{GH}$$

⊛ Their frequencies

$$\omega = H$$

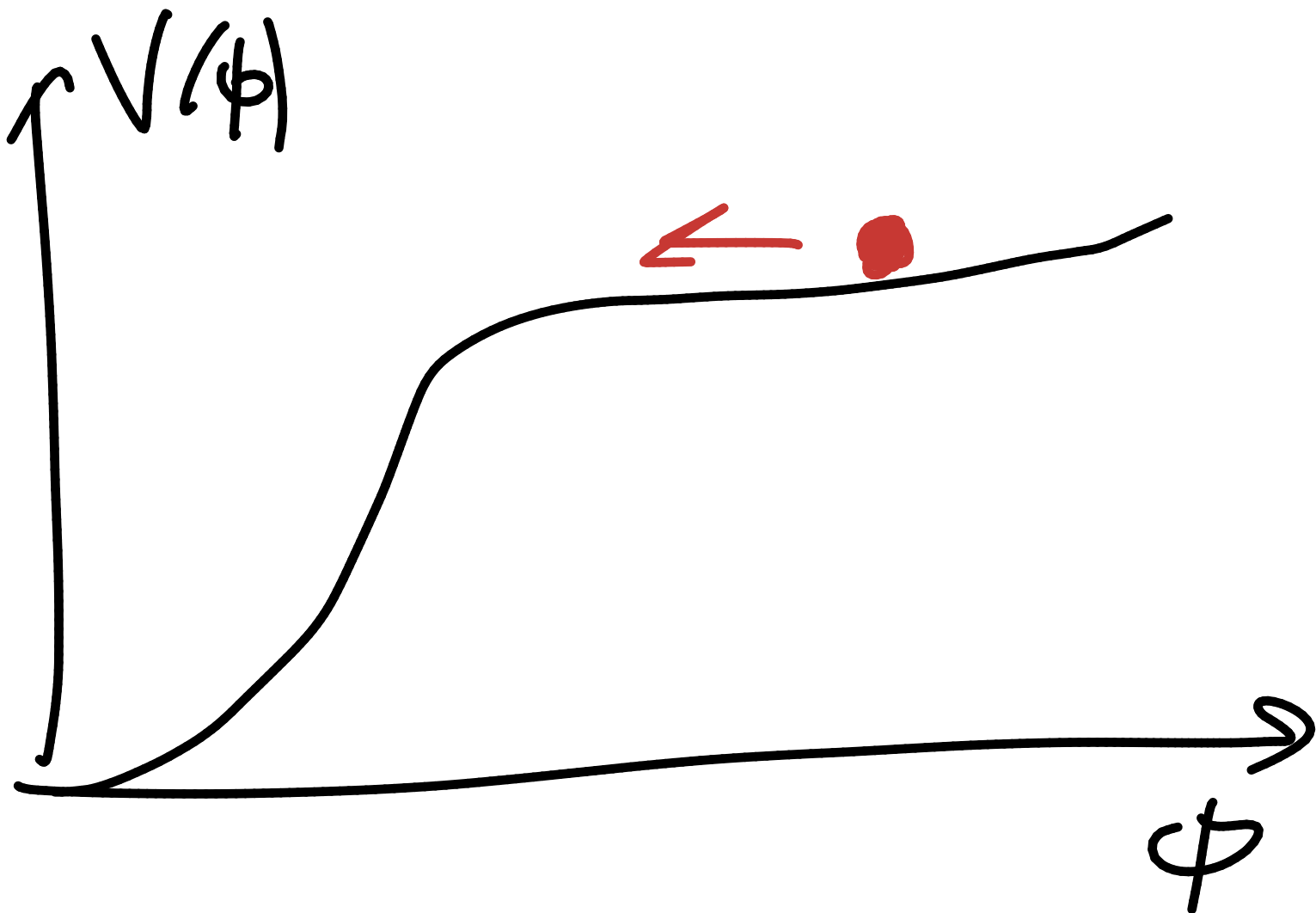
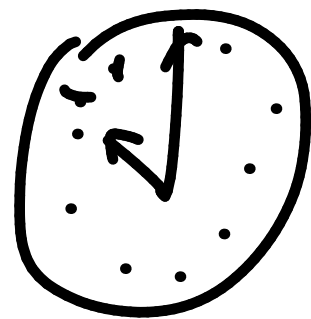
In such a case  $|dS\rangle$   
undergoes Quantum Breaking  
after the time-scale

$$t_Q = N_{GH} \cdot H^{-1}$$



Graceful exit required  
before  $t_Q$ .

Classical clock  
by inflaton



Primordial  
memory pattern  
.....

$$t_Q \sim \sqrt{N}$$

Primordial  
memory pattern  
.....

Conclusions:

⊛ In our Hubble inflation lasted

$$N_e < N_{\max} = \frac{M_{\text{Pl}}^2}{H_{\text{inf}}^2}.$$

⊛ Can a consistent theory allow  $N_e > N_{\max}$  in any Hubble patch?

Observational consequence:

If  $N_e$  is close to  $N_{\text{MAX}}$   
the effect of quantum breaking  
must be observable.

How to read out the  
M-pattern ?

$$|M\rangle = |0, 1, 0, 1, 1, \dots, 1, 0\rangle$$

I will show that for  
systems with

$$\alpha W = 1$$



$$S_{\text{MAX}} = \frac{L}{\alpha} = \text{Area}$$

is VERY general.

It follows from  
UNITARITY!