Astrophysical sources of continuous gravitational waves

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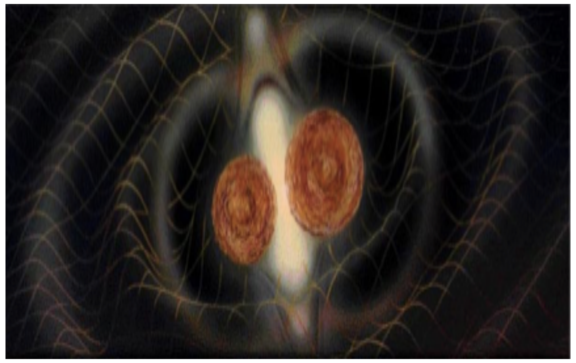
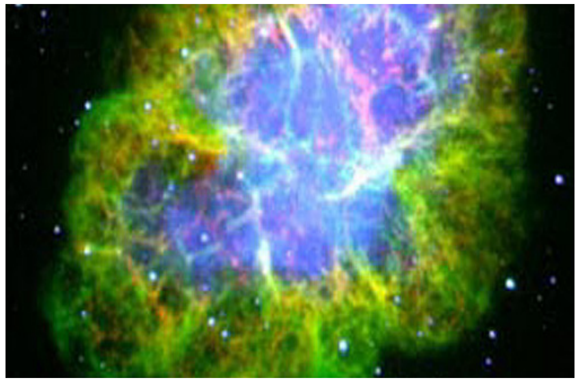
Gravitational wave signals

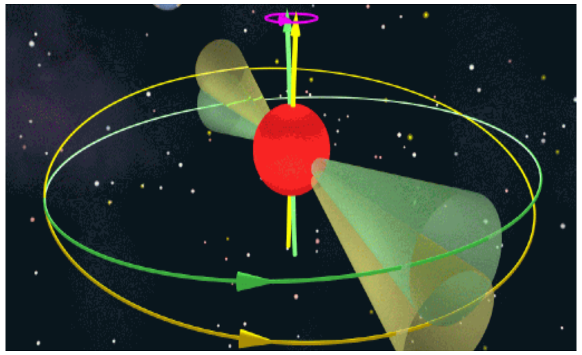
Compact binary inspirals: "chirps"



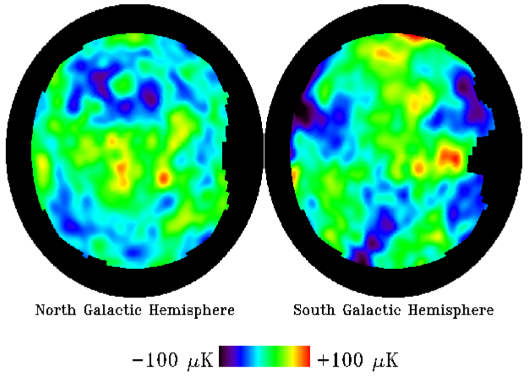
Supernovae, etc.. : "bursts"



Pulsars: "continuous"



Cosmological signals: "stochastic"



Gravitational wave signals

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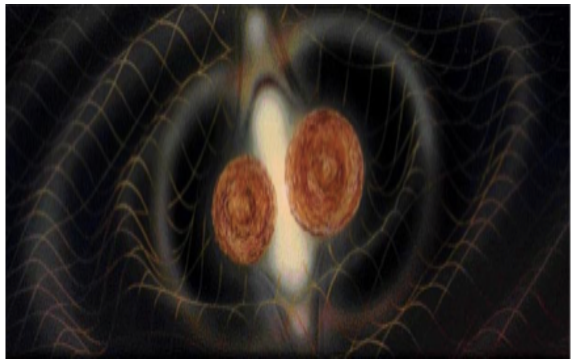

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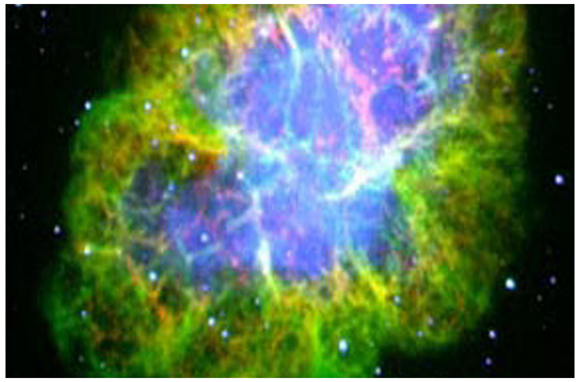

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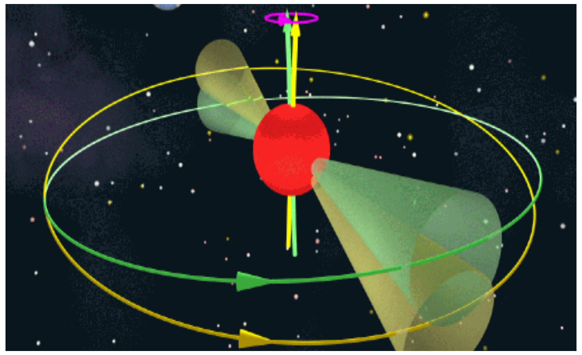

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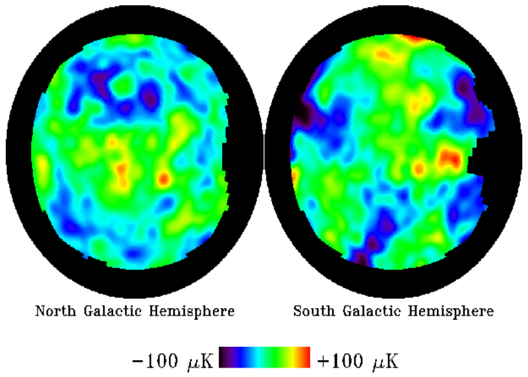
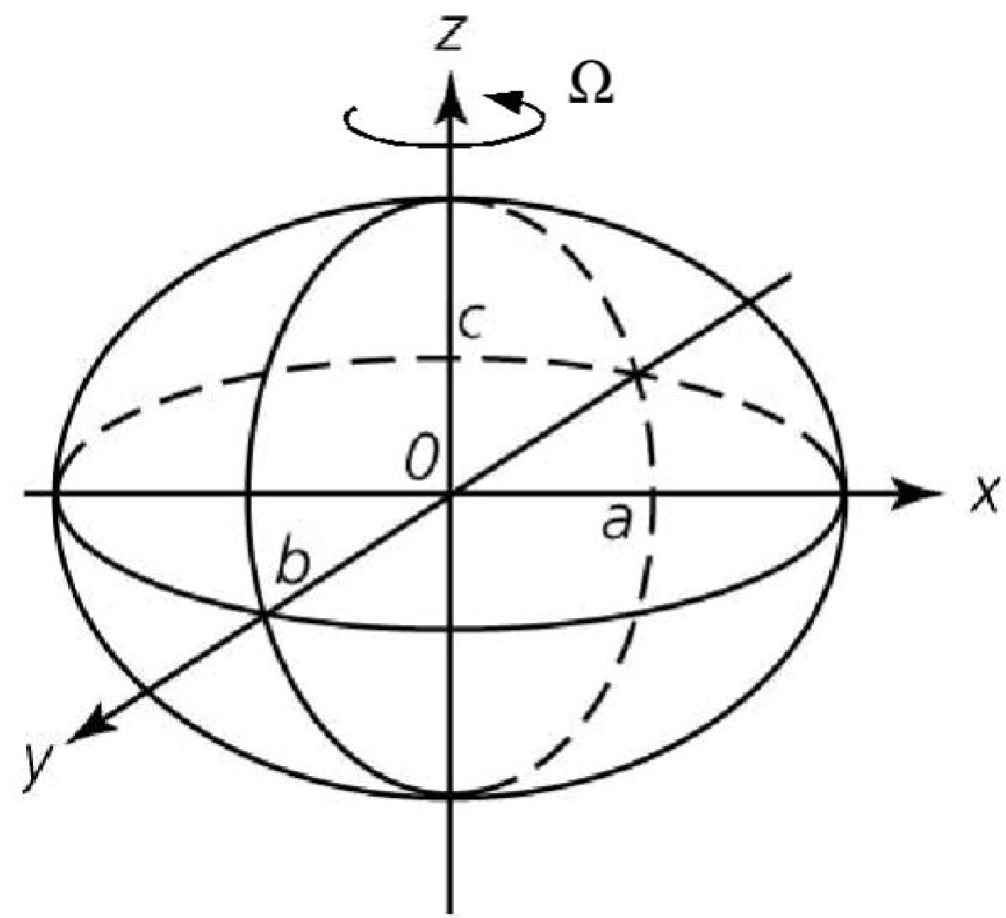


Neutron star mountains

- $$\epsilon = \frac{I_{xx} - I_{yy}}{I_{zz}}$$
- Emission at $\omega = 2\Omega$
- $$\frac{dE}{dt} \approx \epsilon^2 \Omega^6$$

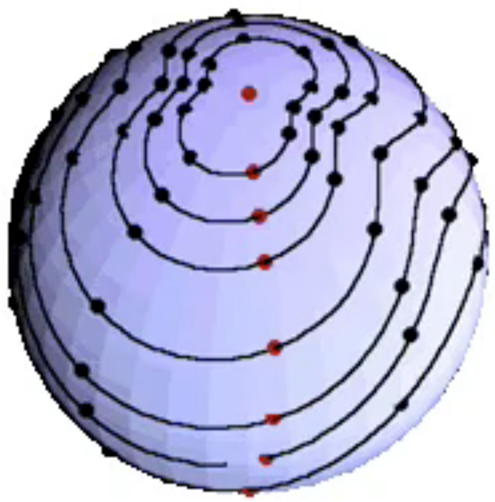


- Supported by crustal elasticity or magnetic fields
- Theoretical (elastic) upper limit $\epsilon \approx 10^{-5}$

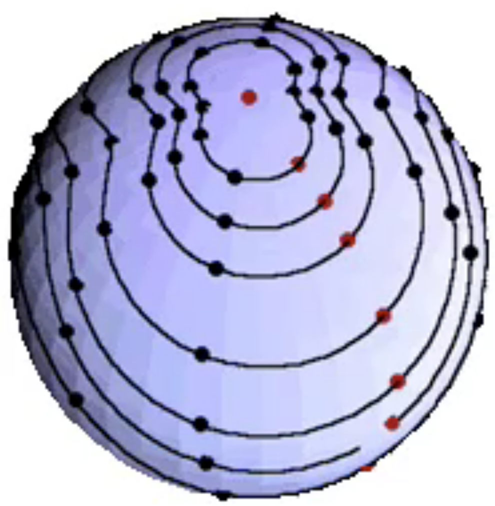
(BH, Jones, Andersson 2006, Horowitz & Kadau 2009, Johnson-McDaniel & Owen 2013)

r-mode instability

(Animation by Ben Owen)



Rotating observer



Inertial observer

$$E_r = E_i - J\Omega$$

- r-mode unstable to GW emission
- Emission at $\omega \approx \frac{4}{3}\Omega$
- Viscosity damps the mode except in a window of temperatures and frequencies

(Andersson 1998, Friedman & Morsink 1998)

r-mode instability

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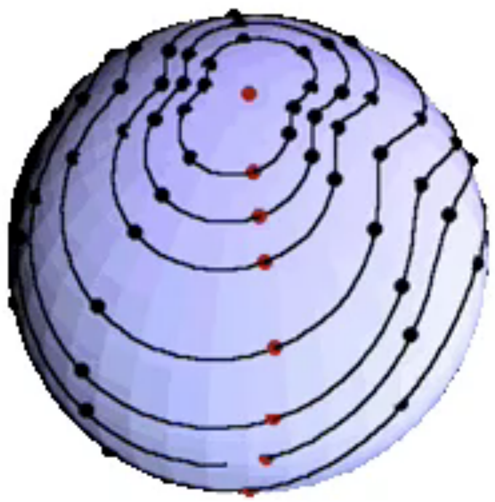

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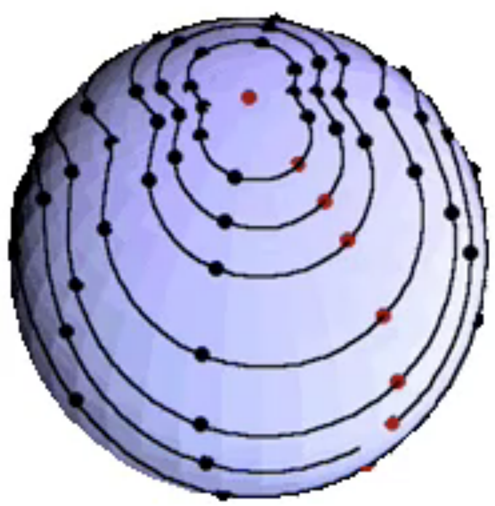

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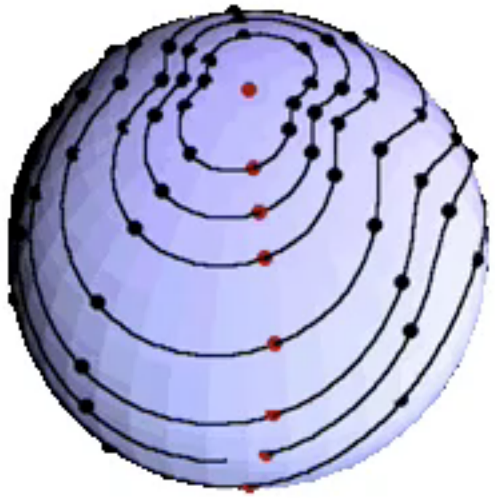

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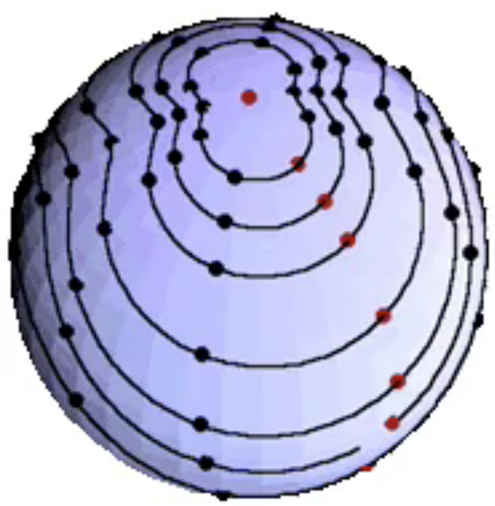

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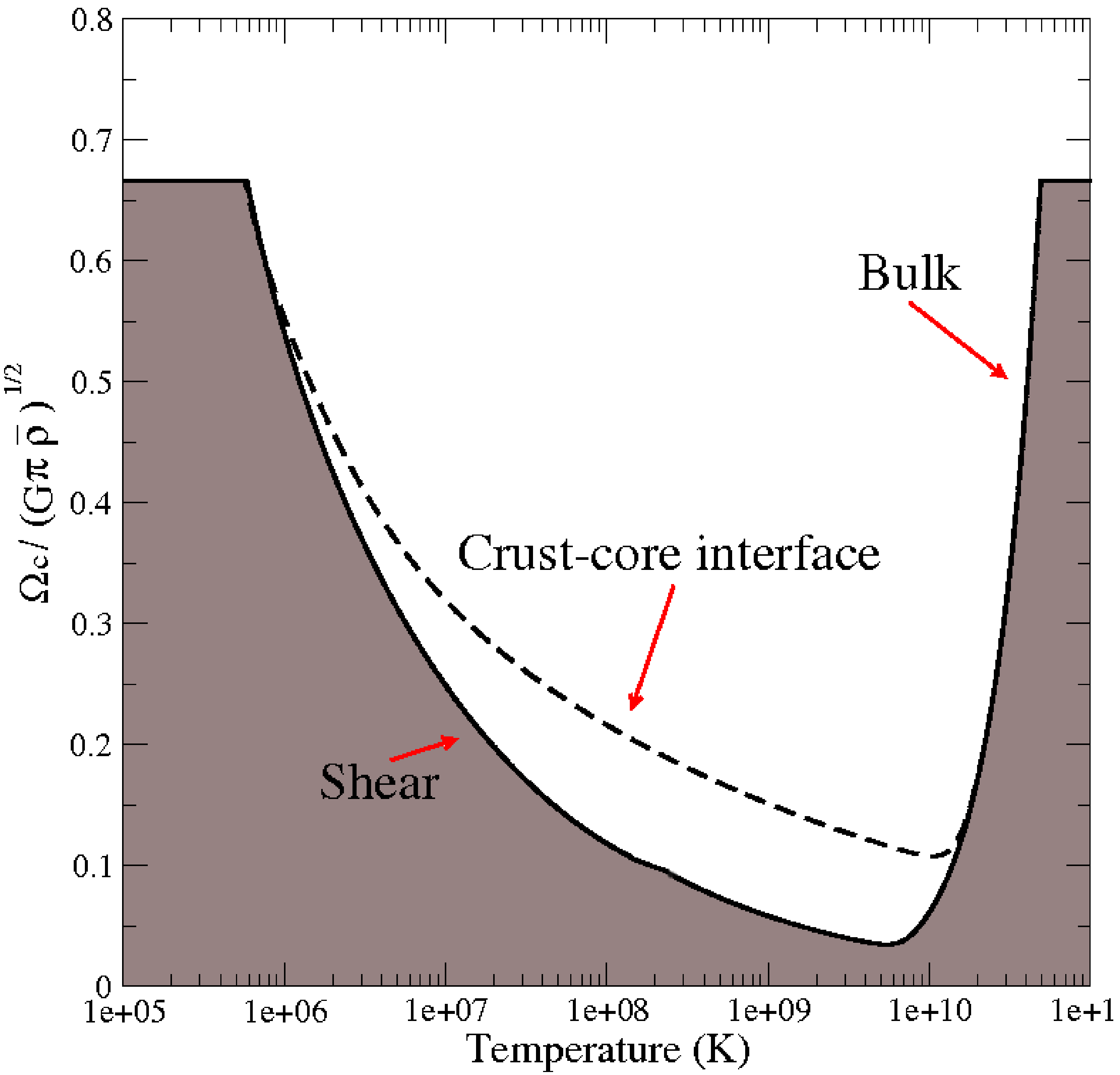

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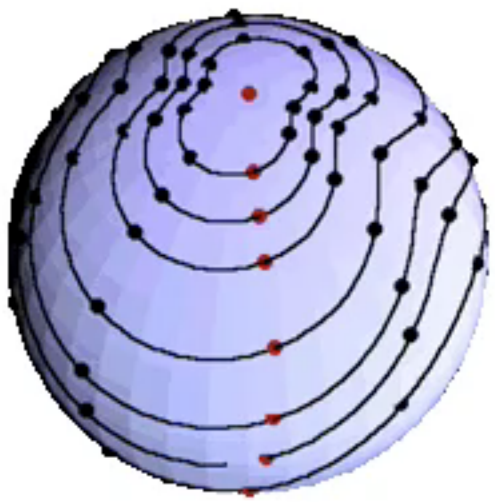

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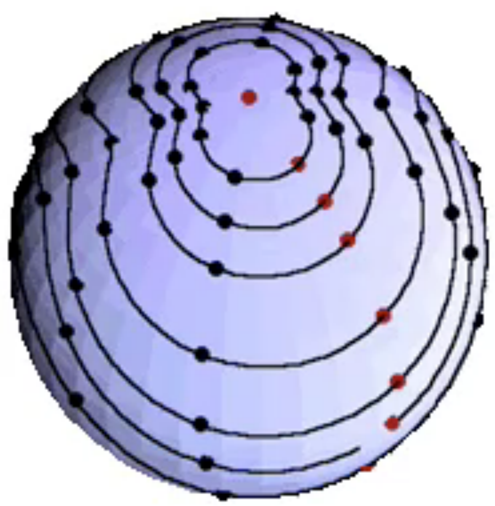

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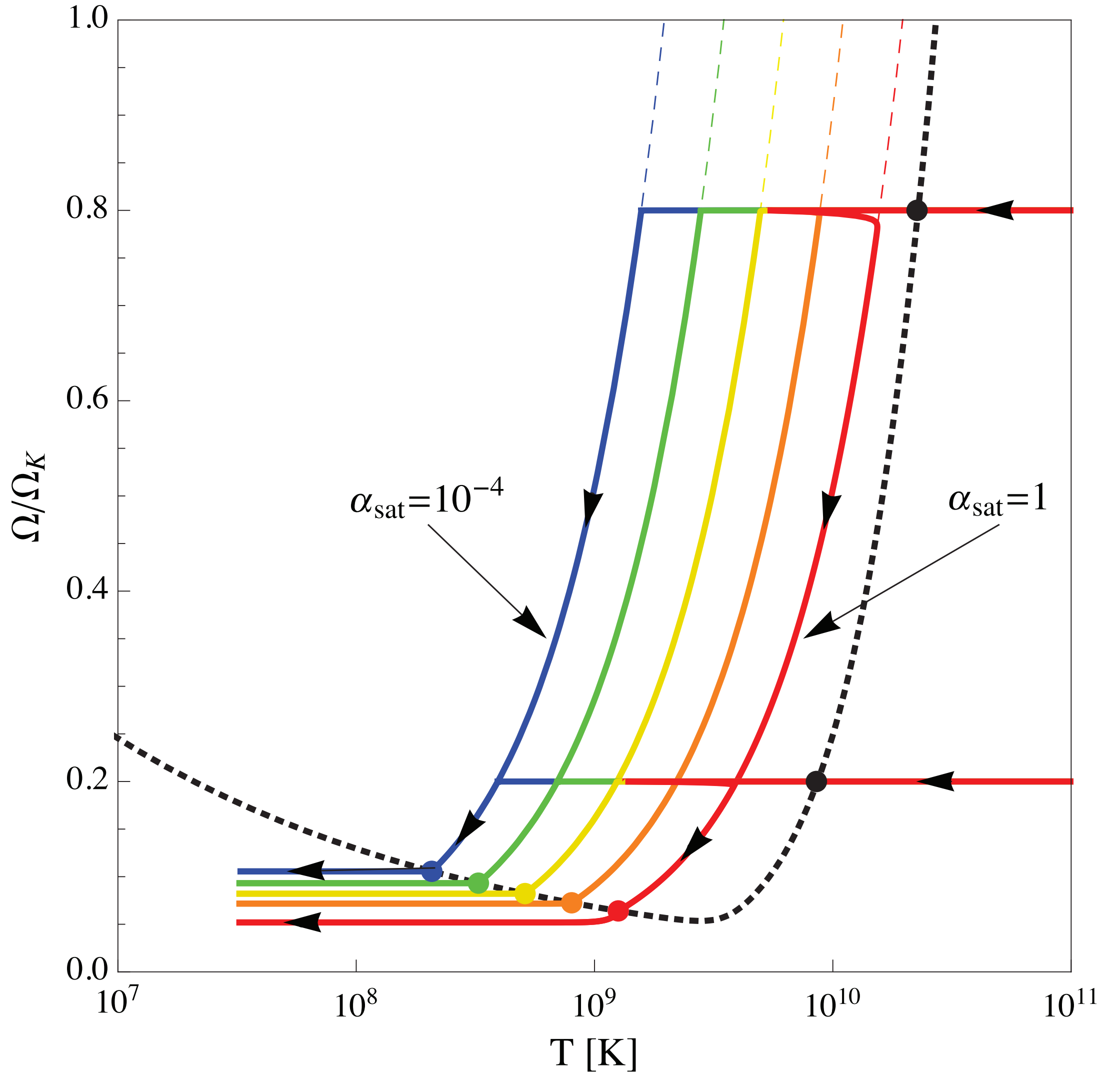
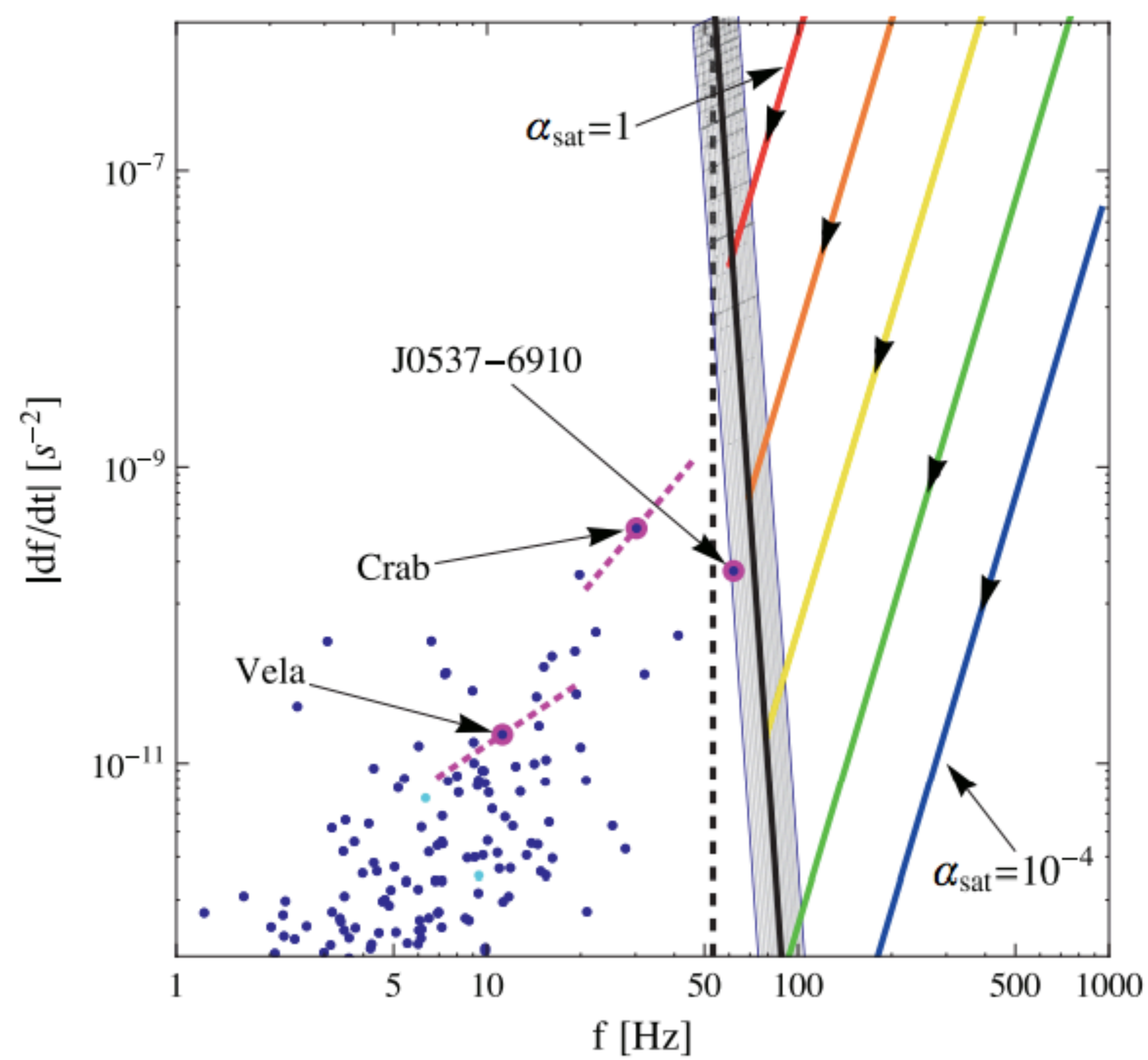
(Andersson 1998, Friedman & Morsink 1998)

Young neutron stars

- r-modes can spin-down newborn NSs

(Owen et al. 1998, Alford & Schweizer 2014)





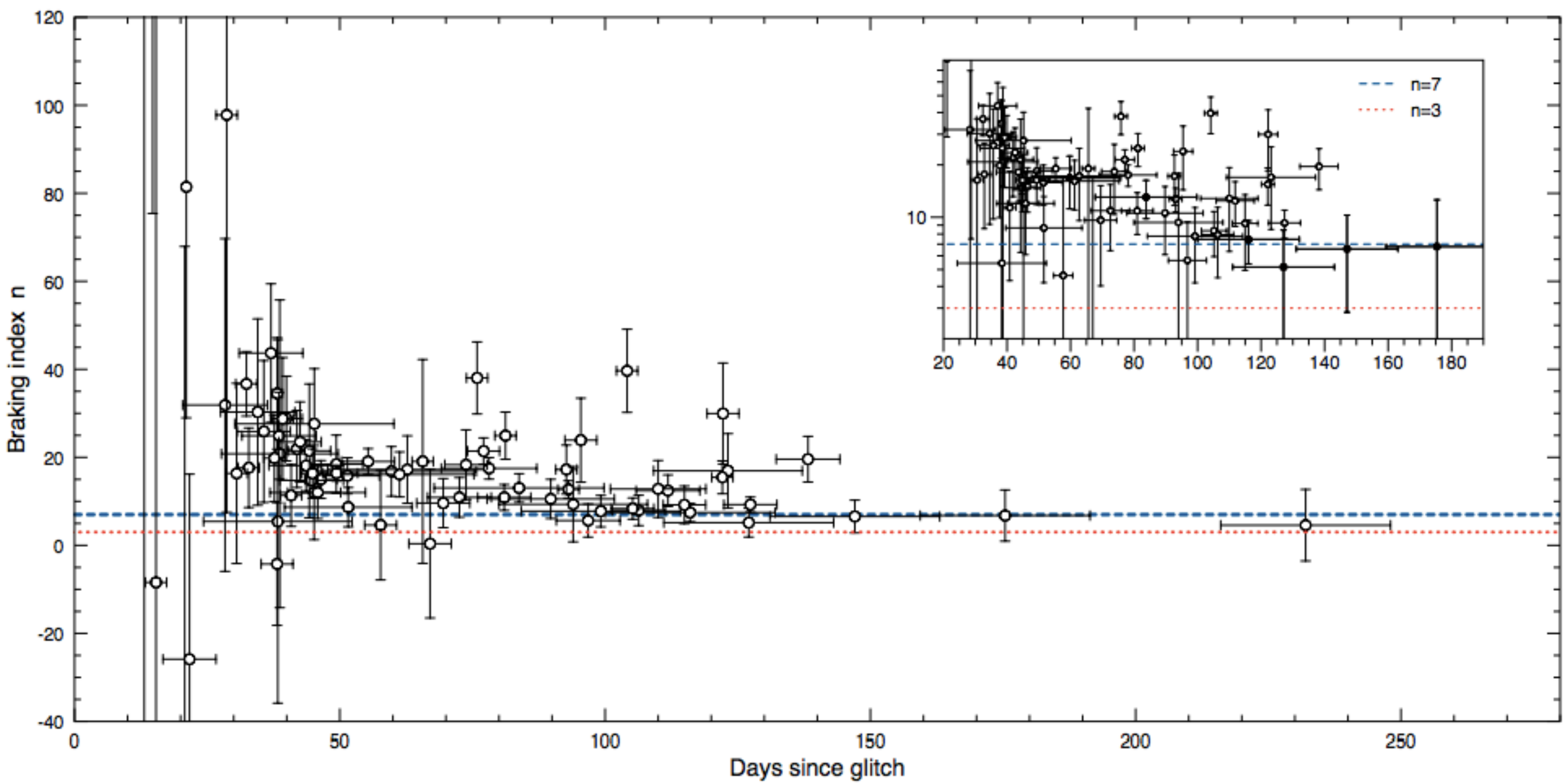
R-modes in J0537?

- Evidence that underlying n=7 for J0537?

(Andersson, Antonopoulou, Espinoza, BH & Ho 2017)

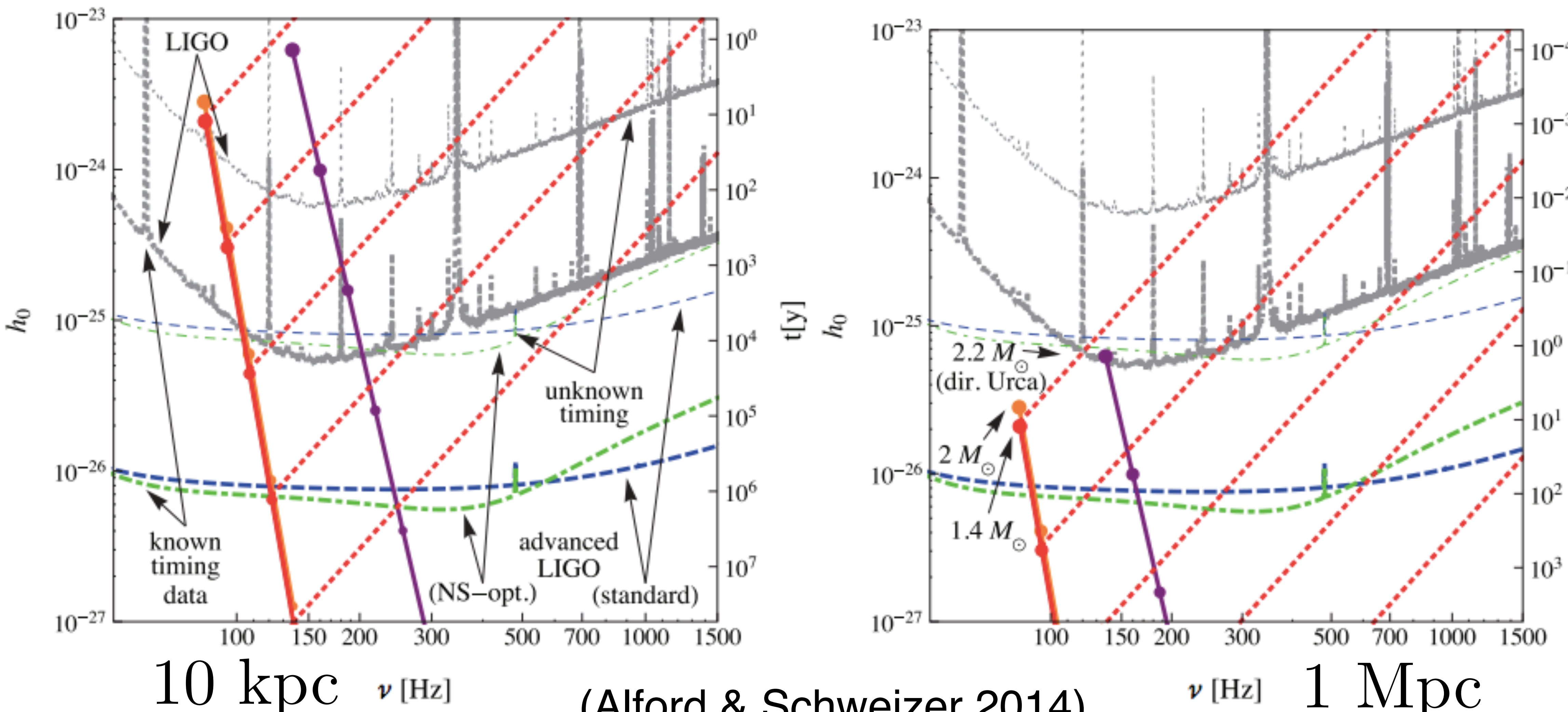
(Ferdman et al. 2018)

$\alpha \approx 0.1$



Detection?

- Targeted search for J0537 would require 2 months of data for Advanced LIGO design sensitivity
(Andersson, Antonopoulou, Espinoza, BH & Ho 2017)
- At least 4 years for a directed search (pulsar very glitchy)



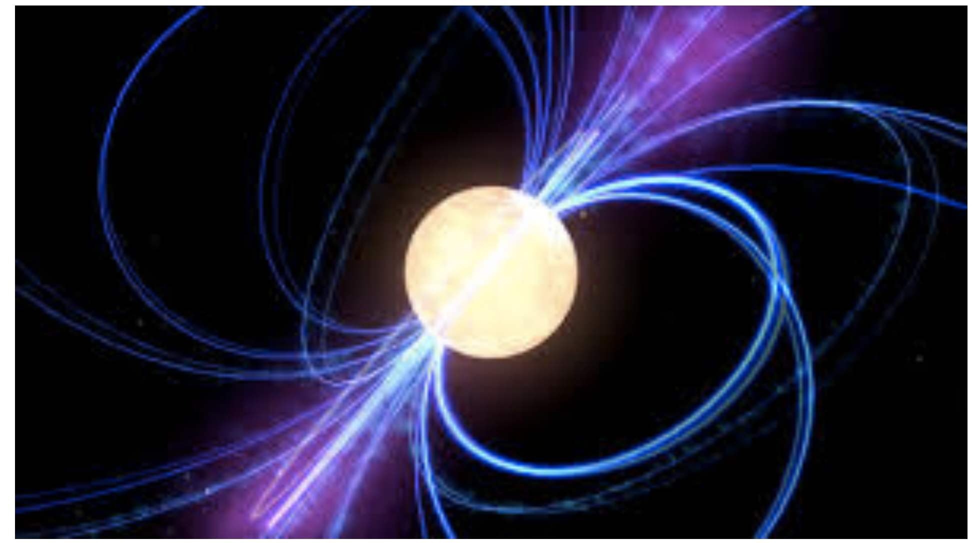
(Alford & Schweizer 2014)

Mature Neutron Stars

- 'standard' radio pulsars

  $B \approx 10^{12}\mathrm{G}$

  $\tau \gtrsim 10^{5}\mathrm{yr}$



- Hall drift can lead to complex magnetic fields and a 'mountain'

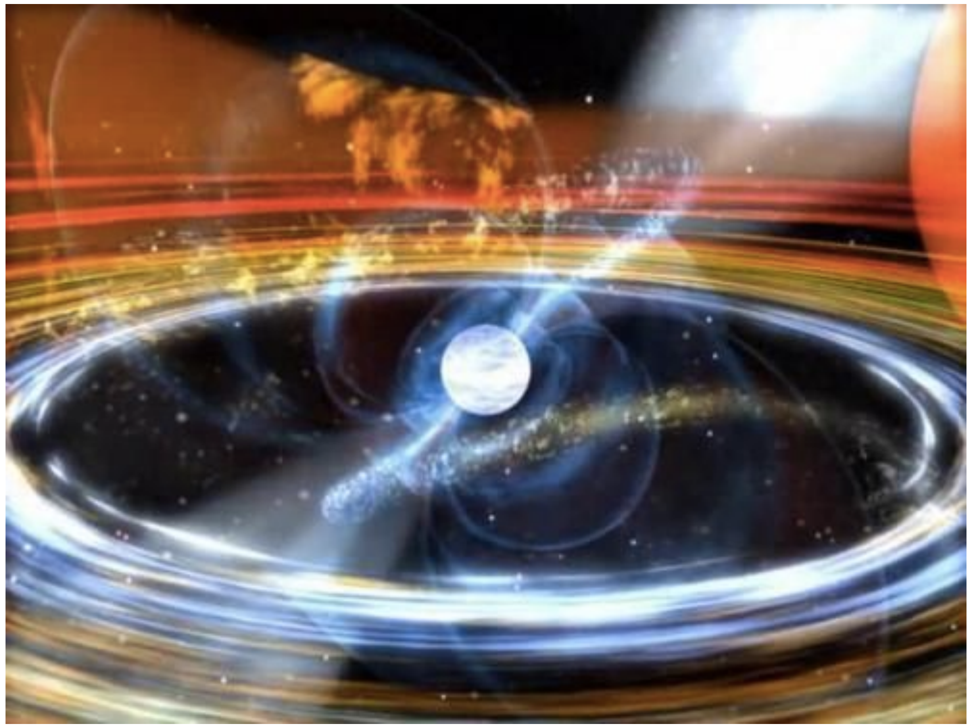
  $\epsilon \approx 10^{-8} - 10^{-6} \quad (\epsilon \approx 10^{-7} \text{ for the Crab})$

  (Suvorov et al 2016)

- For this population current LVC limits $\epsilon \approx 10^{-5} - 10^{-4}$

  (Abbott et al. 2017)

Old Recyled Neutron Stars



Cutoff of distribution at ~ 730 Hz

Fastest Neutron Star: 716 Hz

(Chakrabarty et al 2003, Patruno 2010, Papitto et al. 2014, Patruno, BH and Andersson. 2017)

- Spin up halted well before breakup frequency

  (Theoretical lower limit on max breakup f ~1200 Hz - BH et al. 2018)

- Disk/magnetosphere interaction?

  (White & Zhang 1997, Andersson, Glampedakis, BH & Watts 2006, BH & Patruno 2011, Patruno, D'Angelo & BH 2012, D'Angelo 2016, Bhattacharya & Chakrabarty 2017)

- GWs!: "mountains", unstable modes, magnetic deformations

$$\epsilon \approx 10^{-7}$$

(Bildsten 1998, Andersson 1998, Cutler 2002, BH et al. 06, BH et al. 08, Payne & Melatos 05)

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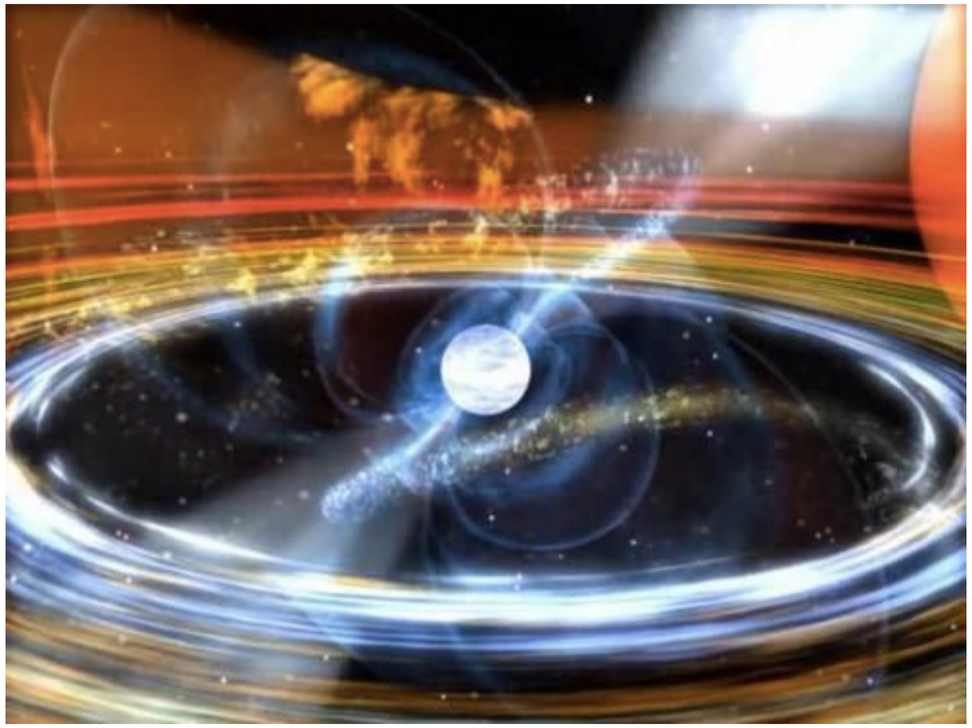

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$$\boxed{\epsilon \approx 10^{-7}}$$

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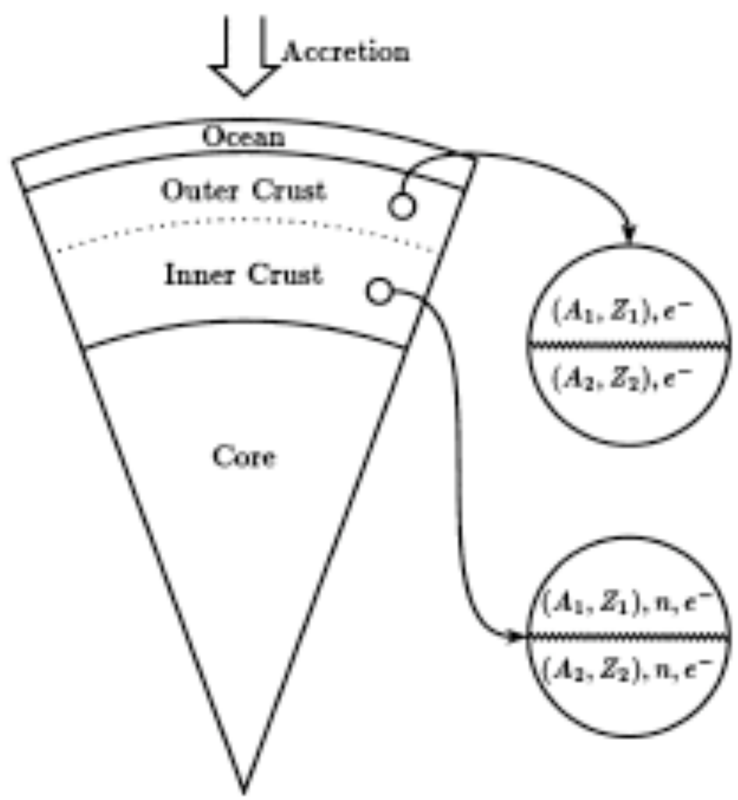
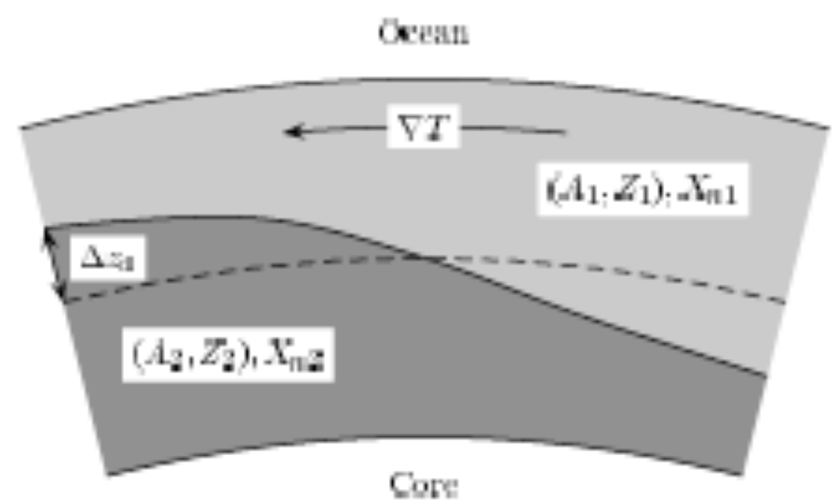
Thermal mountains

- Mountains from 'wavy' capture layers in crust



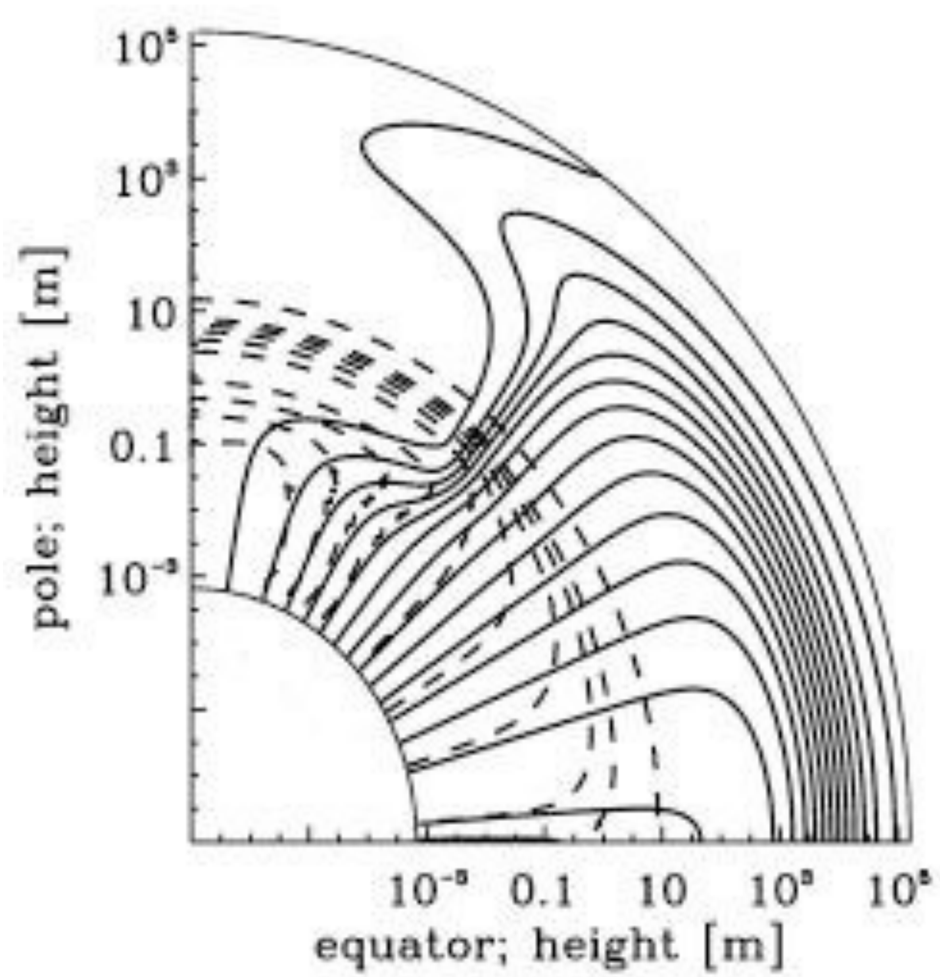


(Ushomirsky, Cutler, Bildsten 2000)

- Deep crustal heating 'consistent' with cooling observations from X-ray transients.

(Haensel & Zdunik 1998, 2008) (Degenaar et al 2015)

Magnetic mountains



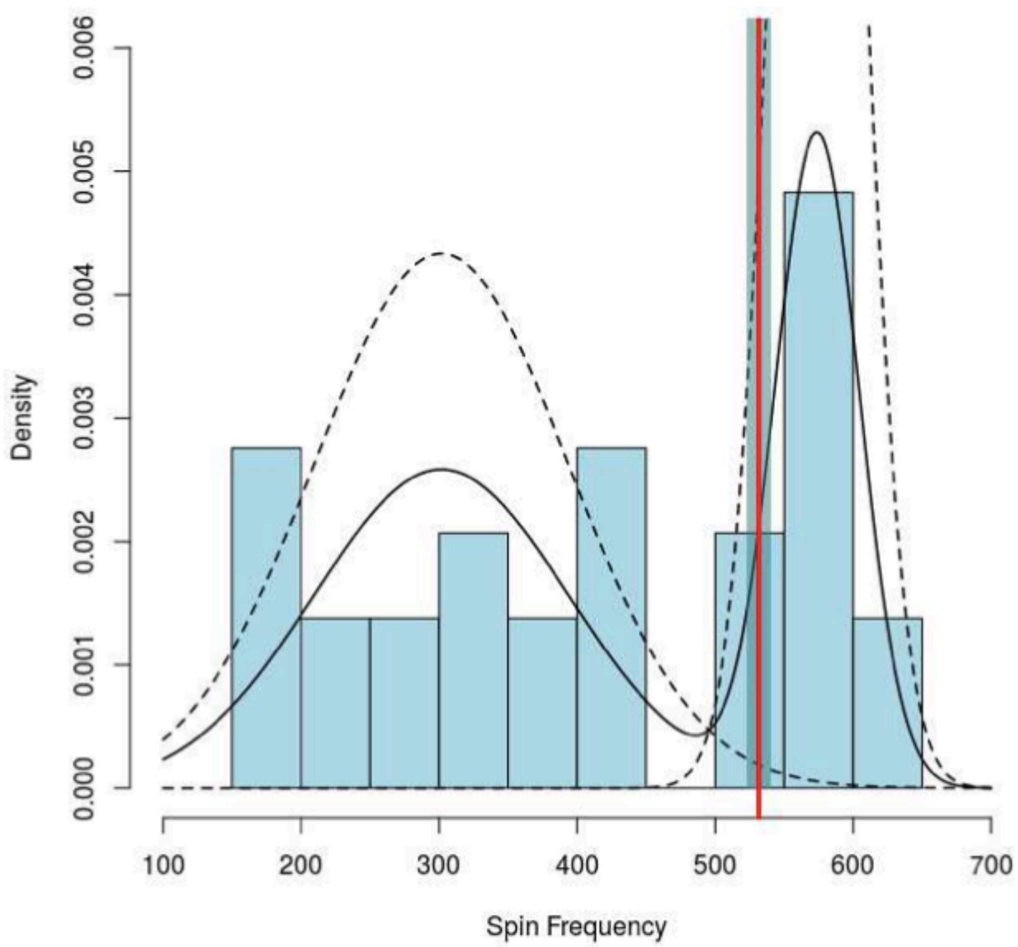
- In accreting systems Magnetic field distorted by the accretion flow
- Possibility of confining a 'mountain'

(Payne & Melatos 2005, Priymak et al. 2011, Mukherjee et al. 2012)

- Crustal failure can transfer strain to the quadrupole

(Fattoyev et al. 2018)

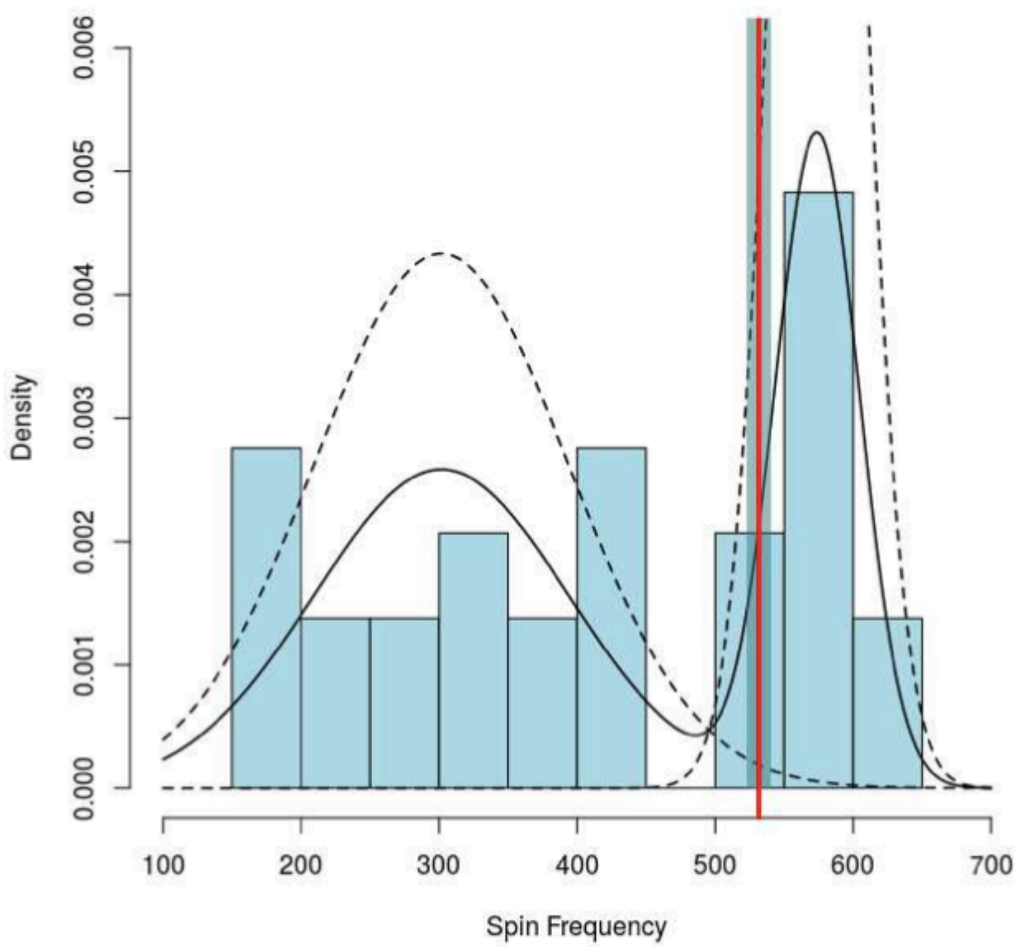
The spin of Low Mass X-ray Binaries

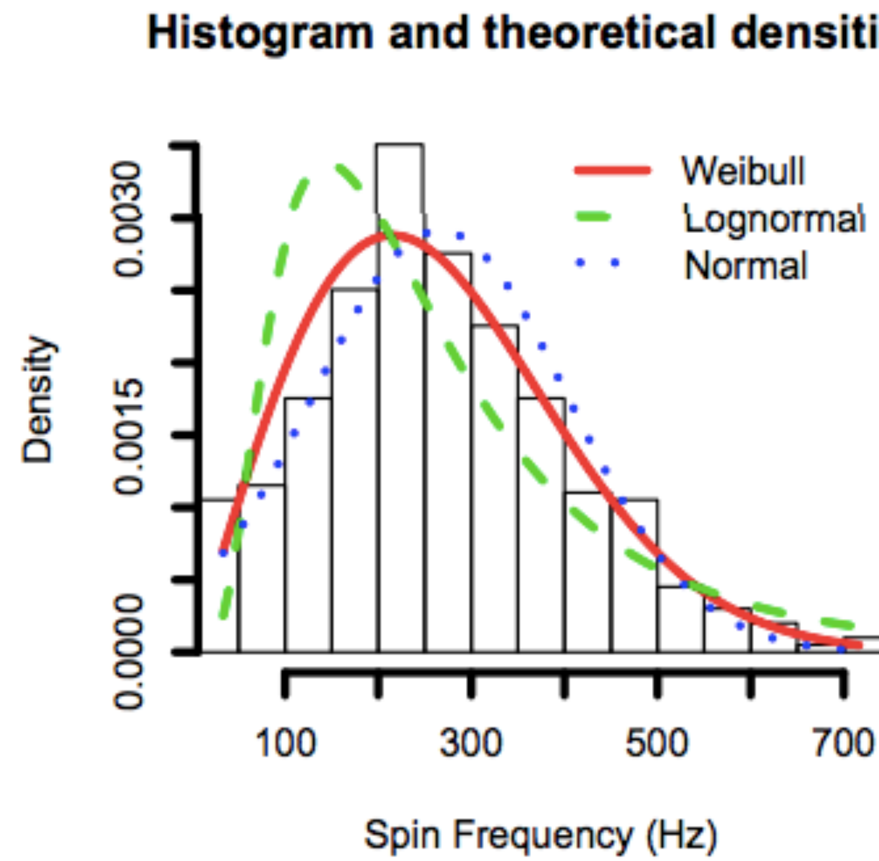


- Spin distribution is bimodal, with a cutoff around 540 Hz
- Slow population widely distributed around 300 Hz
- Ms Radio Pulsar distribution is NOT bimodal, but consistent with the slow population

(Patruno, BH & Andersson 2017)

The spin of Low Mass X-ray Binaries





- Ms Radio Pulsar distribution is NOT bimodal, but consistent with the slow population

(Patruno, BH & Andersson 2017)

Which are the fast pulsars?

- 6 NXPs, 4 AMXPs (30 in the full sample)
- Two 'transitional' pulsars
- one is J1023+0038: well monitored in radio and X-ray

$$\dot{\nu}_{\rm radio} = -2.3985 \times 10^{-15} \ \ {\rm Hz/s}$$

$$\dot{\nu}_{\rm xray} = -3.0413 \times 10^{-15} \ \ {\rm Hz/s}$$

27% faster!

- Problem for accretion torque models....

So what about GWs?

- Can GWs explain the additional spin-down?

$$\dot{\nu}_{\rm diff} = -6.428 \times 10^{-16} \ \ \mathrm{Hz/s}$$

(BH & Patruno 2017)

- Mountain:

$$Q_{22} \approx 4.4 \times 10^{35} \ \ \mathrm{g\ cm^2}$$

$$\varepsilon \approx 5 \times 10^{-10} \quad h \approx 6 \times 10^{-28}$$

So what about GWs?

- Thermal Mountain:

$$Q_{22} \approx 3 \times 10^{35} \left(\frac{\delta T_q}{10^5 \text{ K}} \right) \left(\frac{E_{th}}{30 \text{ MeV}} \right)^3 \text{ g cm}^2$$

(Ushomirsky, Cutler & Bildsten 2000)

$$\delta T \approx 5 \times 10^6 \text{K} \ \text{ after 1 month of accretion}$$

$$\boxed{\frac{\delta T_q}{\delta T} \approx 0.03}$$

(BH & Patruno 2017)

What about other pulsars?

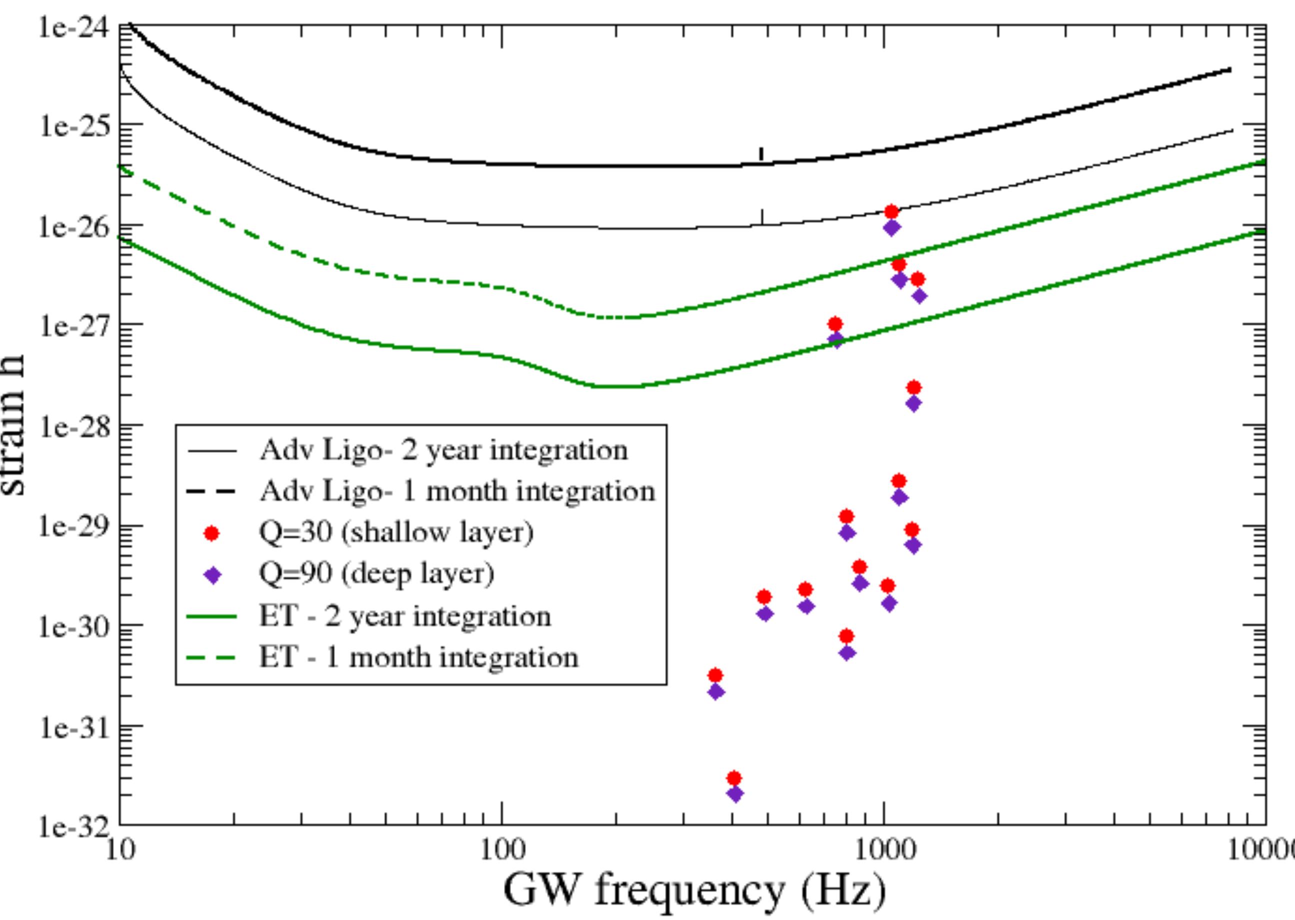
- Mountain accumulates during outbursts
- Does it dissipate between outbursts?

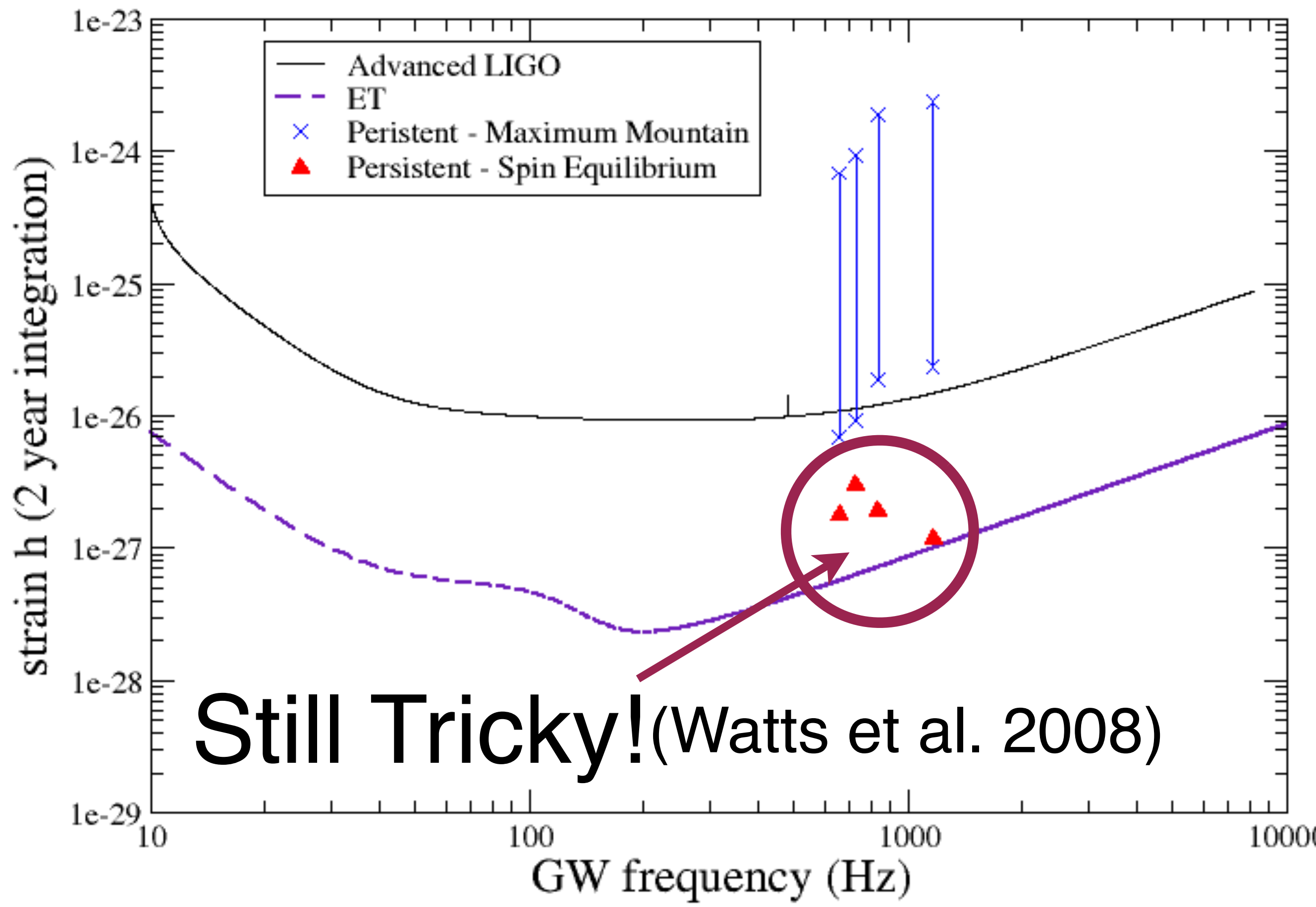
Source	ν (Hz)	d (kpc)	$\langle \dot{M} \rangle$ (10^{-10} M$_\odot$ yr^{-1})	Δt (d)	Ref.
SAX J1808.4–3658	401	3.5	4	30	Patruno et al. (2009)
XTE J1751–305	435	7.5	10	10	Miller et al. (2003)
XTE J1814–338	314	8	2	60	this work
IGR J00291+5934	599	5	6	14	Falanga et al. (2005)
HETE J1900.1–2455	377	5	8	3000	Papitto et al. (2013b)
Aql X-1	550	5	10	30	Güngör, Güver & Eksi (2011)
Swift J1756.9–2508	182.1	8	5	10	Krimm et al. (2007)
NGC 6440 X-2	204.8	8.5	1	4	this work
IGR J17511–3057	244.9	6.9	6	24	Falanga et al. (2011)
IGR J17498–2921	400.9	7.6	6	40	Falanga et al. (2012)
Swift J1749.4-2807	518	6.7	2	20	Ferrigno et al. (2011)
EXO 0748–676	552	5.9	3	8760	Degenaar et al. (2011)
4U 1608–52	620	3.6	20	700	Gierlinski & Done (2002)
KS 1731–260	526	7	11	4563	Narita, Grindlay & Barret (2001)
SAX J1750.8–2900	601	6.8	4	100	this work
4U 1636–536	581	5	30	pers.	this work
4U 1728–34	363	5	5	pers.	Egron et al. (2011)
4U 1702–429	329	5.5	23	pers.	this work
4U 0614+091	415	3.2	6	pers.	Piraino et al. (1999)

(BH, Priymak, Patruno, Oppenoorth, Melatos & Lasky 2015)

Thermal mountains

- If deformations of J1023+0038 are typical, persistent sources promising



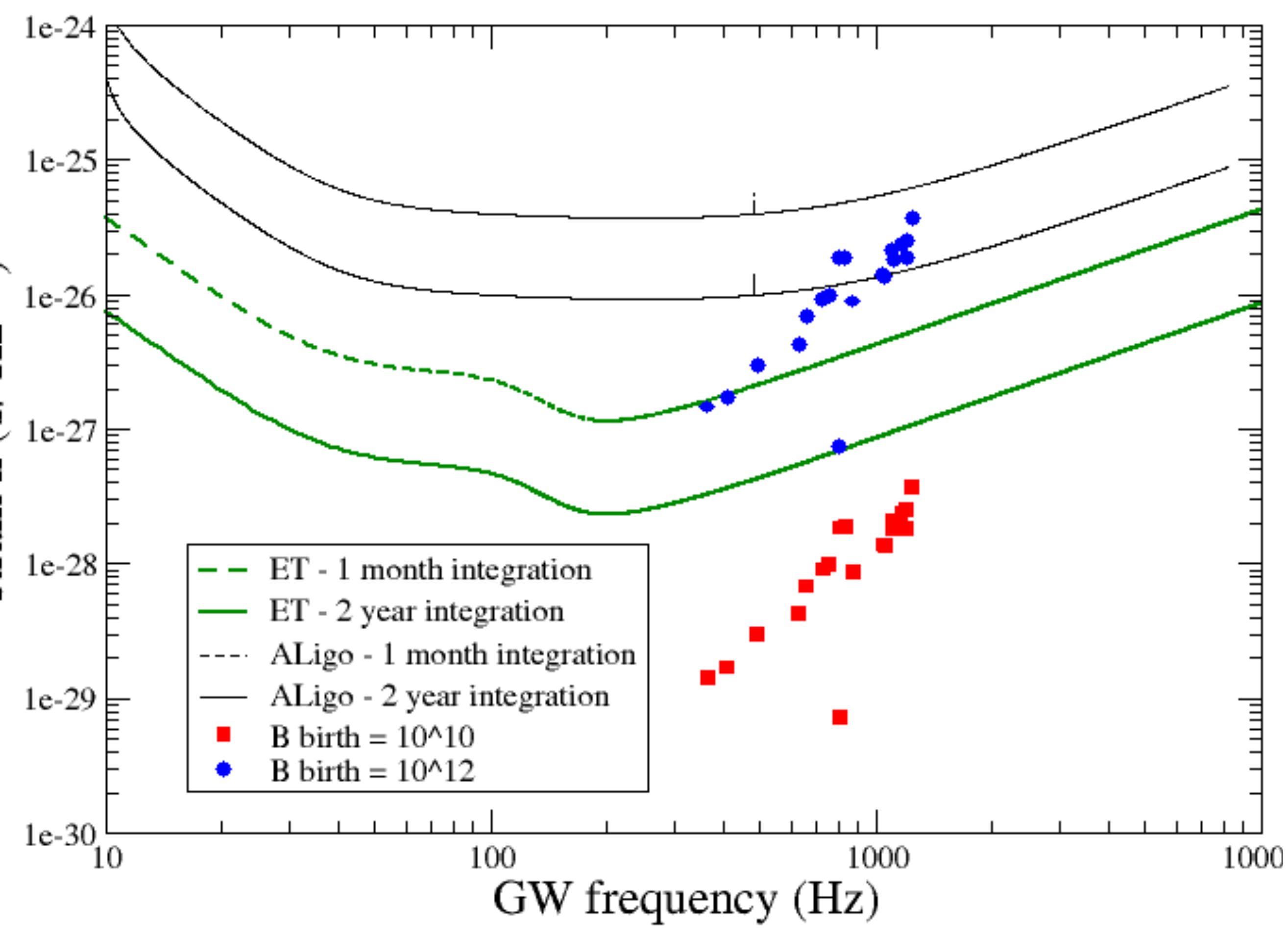


(BH, Priymak, Melatos, Lasky, Patruno & Oppenoorth, 2015)

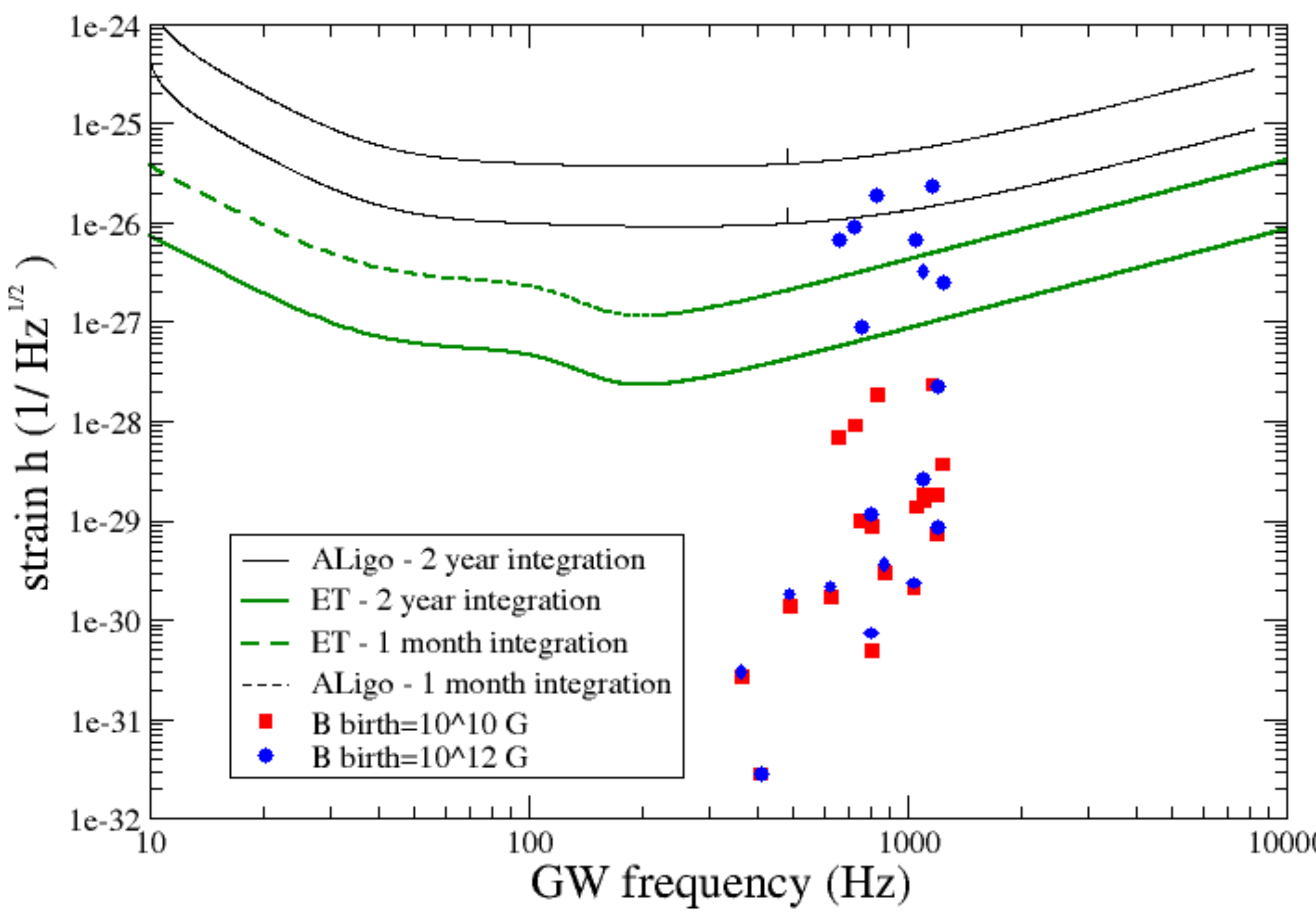
Magnetic mountains

- Only systems with buried fields $B \approx 10^{12}\mathrm{G}$ detectable
- Possible cyclotron features

(BH, Priymak, Patruno, Oppenoorth, Melatos & Lasky 2015)



Maximum



Transient

Conclusions

- Young pulsars may be spun down by r-modes…evidence for braking index n=7 in J0537?

- Magnetic field sets a minimum ellipticity.

  In mature pulsars $\epsilon \approx 10^{-8} - 10^{-6}$?

- Are gravitational waves setting the speed limit for recycled old pulsars? persistent systems good targets