A one and a half hours walk through the physics of neutron stars

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CFisUC

Rewriting Nuclear Physics Textbooks: Basic nuclear interactions and their applications to nuclear processes in the Cosmos and on Earth 24th-28th July, Pisa (Italy)



The final message of this lecture

Neutron stars are excellent observatories to test fundamental properties of matter under extreme conditions and offer an interesting interplay between nuclear processes and astrophysical observables

Road Map of this Walk



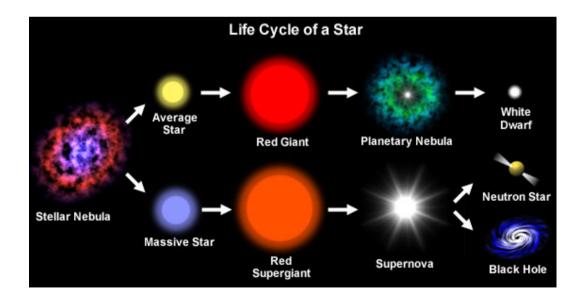
- Very general introduction to neutron stars
- A brush-stroke on the role of hyperons in neutron stars

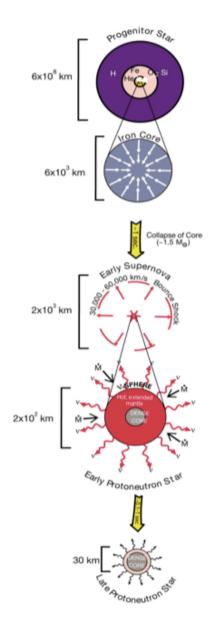
Neutron stars are different things for different people

- \diamond For astronomers are very little stars "visible" as radio pulsars or sources of X- and γ -rays.
- ♦ For particle physicists are neutrino sources (when they born) and probably the only places in the Universe where deconfined quark matter may be abundant.
- \diamond For cosmologists are "almost" black holes.
- ♦ For nuclear physicists are the biggest neutron-rich nuclei of the Universe (A ~ 10^{56} - 10^{57} , R ~ 10 km, M ~ 1-2 M).

But everybody agrees that ...

Neutron stars are a type of stellar compact remnant that can result from the gravitational collapse of a massive star ($8 M_{\odot} < M < 25 M_{\odot}$) during a Type II, Ib or Ic supernova event.



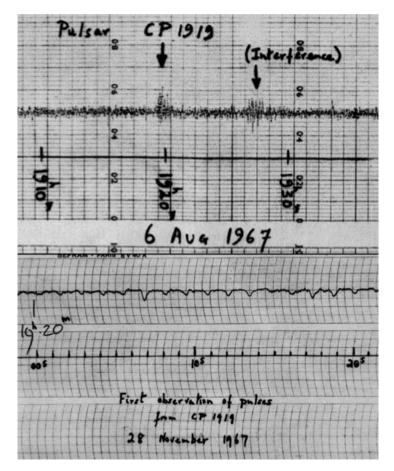




Most NS are observed as pulsars. In 1967 Jocelyn Bell & Anthony Hewish discover the first radio pulsar, soon identified as a rotating neutron star (1974 Nobel Prize for Hewish but not for Jocelyn)

50 years of the discovery of the first radio pulsar

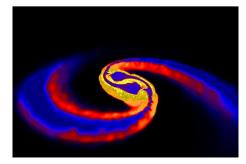
♦ radio pulsar at 81.5 MHz
♦ pulse period P=1.337 s

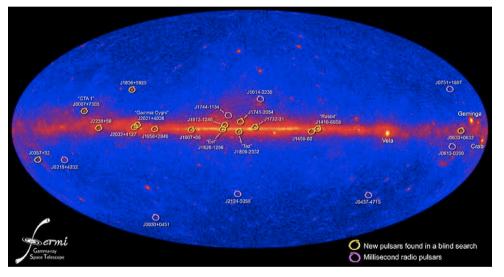


Nowadays more than 2000 pulsars are known (~ 1900 Radio PSRs (141 in binary systems), ~ 40 X-ray PSRs & ~ 60 γ -ray PSRs)

Observables

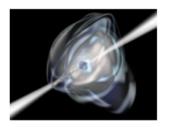
- Period (P, dP/dt)
- Masses
- Luminosity
- Temperature
- Magnetic Field
- Gravitational Waves (NS-NS, BH-NS mergers, NS oscillation modes)





http://www.phys.ncku.edu.tw/~astrolab/mirrors/apod_e/ap090709.html

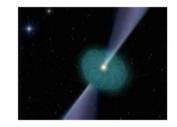
The 1001 Astrophysical Faces of Neutron Stars



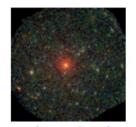
Anomalous X-ray Pulsars



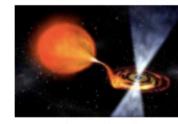
Soft Gamma Repeaters



Rotating Radio Transients



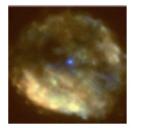
dim isolated neutron stars



X-ray binaries



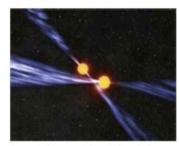
pulsars



Compact Central Objects



bursting pulsars



binary pulsars



planets around pulsar

Observation of Neutron Stars

X- and γ -ray telescopes



Chandra



Fermi Atmospheric opacity Most of the Visible Light Long-wavelengt Infrared spectrum Radio Waves observable Radio Waves observable Gamma Rays, X-Rays and Ultraviolet absorbed by from Earth from Earth. blocked. Light blocked by the upper atmosphere atmospheric with some (best observed from space). gasses (best atmospheric observed distortion. from space •

Space telescopes



HST (Hubble)

Optical telescopes



VLT (Atacama, Chile)



Arecibo (Puerto Rico): d= 305 m

Radio telescopes

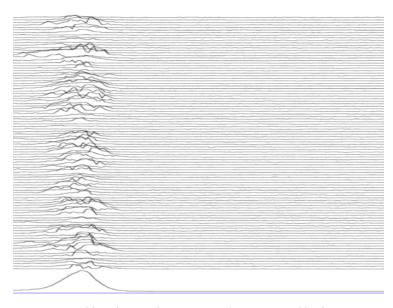


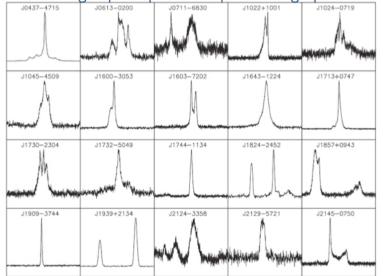
Green Banks (USA): d= 100 m



Nançay (France): d ~ 94 m

The Fingerprint of a Pulsar





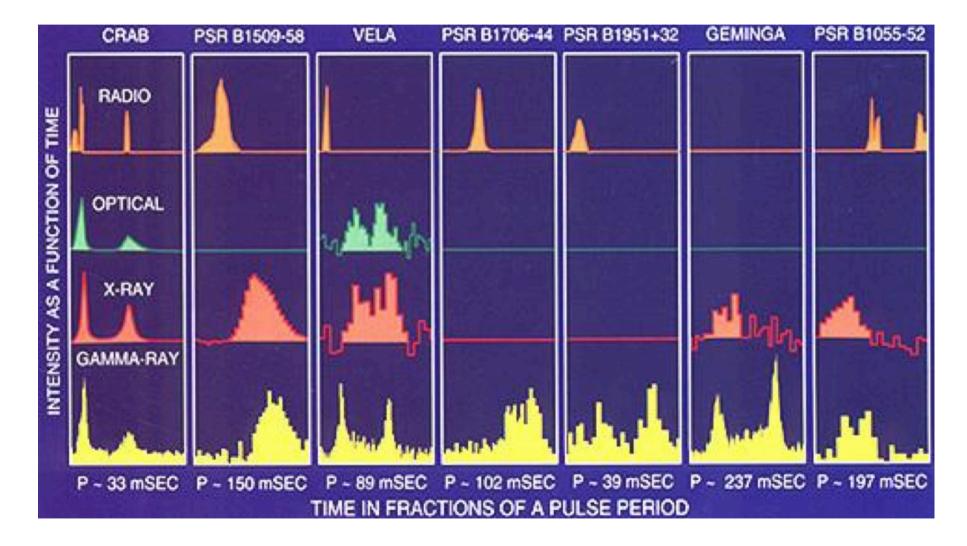


Individual pulses are very different. But the average over 100 or more pulses is extremely stable and specific of each pulsar

- ♦ Top: 100 single pulses from the pulsar PSR B0950+08 (P=0.253 s) showing the pulseto-pulse variability in shape and intensity
- ♦ Bottom: Average profiles of several pulsars

Hobbs et al., Pub Astr. Soc. Aust., 202, 28 (2011)

Pulsar shape at different wavelength



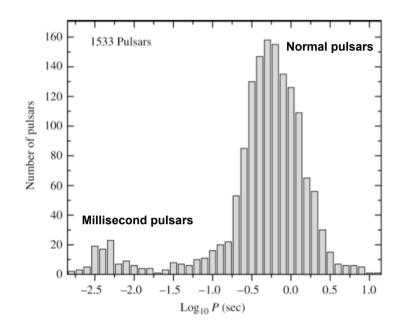
Pulsar Rotational Period

The distribution of the rotational period of pulsars shows two clear peaks that indicate the existence of two types of pulsars

- normal pulsars with P ~ s
- millisecond pulsars with P ~ ms



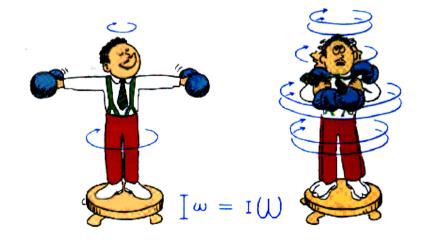
Globular cluster Terzan 5



- First millisecond pulsar discovered in 1982 (Arecibo)
- Nowadays more than 200 millisecond pulsars are known
- PSR J1748-2446ad discovered in 2005 is until know the fastest one with P=1.39 ms (716 Hz)

Why Pulsars spin so fast ?

<u>Conservation of the angular</u> <u>momentum and mass</u> during the gravitational collapse of the iron core that will form the neutron star



If the initial iron core and the final neutron star are assumed to be rigid spheres with moment of inertia $I=(2/5)MR^2$

$$J_i = J_f \Longrightarrow P_f = P_i \left(\frac{R_f}{R_i}\right)^2$$

Taking $P_i \sim 10^3$ s and $R_f/R_i \sim 10^{-2}$ one gets $P_f \sim 10^{-3}$ s

Minimum Rotational Period of a Neutron Star

Pulsar cannot spin arbitrarily fast. The absolute minimum rotational period is obtained when

Centrifugal Force = Gravitational Force

In Newtonian Gravity

$$P_{\min} = 2\pi \sqrt{\frac{R^3}{GM}} \approx 0.55 \left(\frac{M_{sun}}{M}\right)^{1/2} \left(\frac{R}{10km}\right)^{3/2} ms$$

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"... And that, Jimmy, is what we call 'centrifugal force'."

In General Relativity

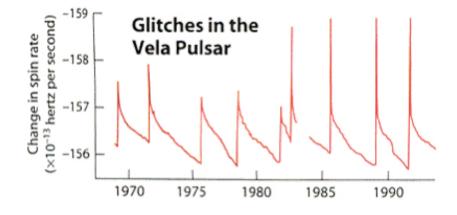
$$P_{\min} = 0.96 \left(\frac{M_{sun}}{M}\right)^{1/2} \left(\frac{R}{10km}\right)^{3/2} ms$$

Actual record: PSR J1748-2446ad → P=1.39595482 ms

Pulsar glitches

Sometimes the period P of a pulsar decreases suddenly. These variations (glitches), although small, are observable

$$\frac{\Delta\Omega}{\Omega} \approx 10^{-9} - 10^{-5}$$





Small glitches are interpreted as starquakes \rightarrow indirect proof of the existence of NS crust

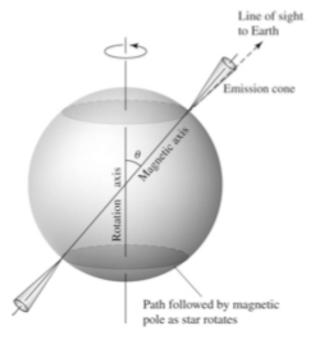
Big glitches and the observation of long relaxation times are a proof of the existence of superfluid matter in the NS interiors



Basic Model of a Pulsar: Magnetic Dipole

Pulsar are believed to be highly magnetized rotating neutron stars radiating at the expenses of their rotational energy

$$\dot{E}_{mag} = -\frac{2}{3c^3} \left| \ddot{\vec{\mu}} \right|^2 = \dot{E}_{rot}$$



$$\vec{u} \equiv Magnetic dipole$$

moment

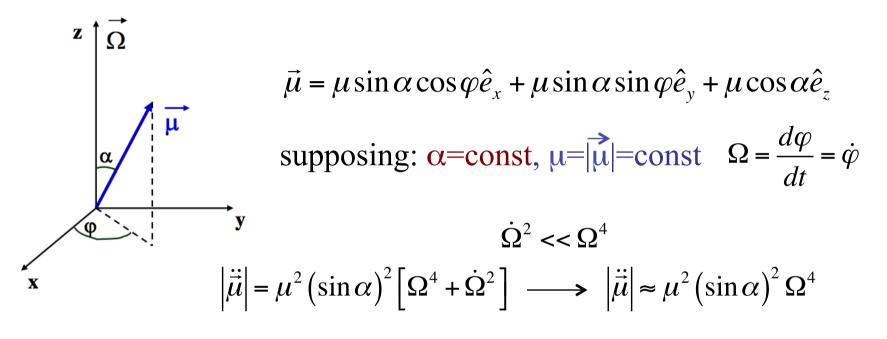


Pacini, Nature 216 (1967), 219 (1968)

Gold, Nature 218 (1968), 221 (1969)

Ostriker & Gunn, ApJ 157 (1969)

Basic Model of a Pulsar: Magnetic Dipole



Therefore

$$\dot{E}_{mag} = -\frac{2}{3c^3}\mu^2 \left(\sin\alpha\right)^2 \Omega^4 = \dot{E}_{rot}$$

For a sphere with a pure dipole magnetic field

$$\mu = \frac{1}{2} B_P R^3$$

✓ B_p: magnetic field at the poles
✓ R: radius of the sphere

Basic Model of a Pulsar: Magnetic Dipole

Then
$$\dot{E}_{mag} = -\frac{1}{6c^3} R^6 B_P^2 (\sin \alpha)^2 \Omega^4 = \dot{E}_{rot}$$

On the other hand
$$E_{rot} = \frac{1}{2}I\Omega^2 \xrightarrow{\dot{I}=0} \dot{E}_{rot} = I\Omega\dot{\Omega}$$

One arrives to the PSR evolution differential equation

$$\dot{\Omega} = -K\Omega^3 \quad or \quad P\dot{P} = (2\pi)^2 K, \quad K = \frac{1}{6c^3} \frac{R^6}{I} (B_P \sin \alpha)^2$$

More generally, one can write the PSR evolution differential equation as

$$\dot{\Omega} = -K\Omega^n \quad or \quad P^{n-2}\dot{P} = (2\pi)^{n-1}K, \quad K = \frac{1}{6c^3}\frac{R^6}{I}(B_P\sin\alpha)^2$$

with solution

$$\Omega(t) = \frac{\Omega_0}{\left[(n-1)K\Omega_0^{n-1}t + 1 \right]^{1/(n-1)}}, \quad P(t) = P_0 \left[(n-1)K\Omega_0^{n-1}t + 1 \right]^{1/(n-1)}$$

Differenciating it assuming K=const, one obtains

$$n = \frac{\Omega \ddot{\Omega}}{\dot{\Omega}^2} = 2 - \frac{P\ddot{P}}{\dot{P}^2}$$
 braking index

n=3 within the magnetic dipole model

The three quantities \mathbf{P} , $\dot{\mathbf{P}}$ & $\ddot{\mathbf{P}}$ have been measured for few PSRs

The Pulsar Age

The solution of the PSR evolution differential equation can be rewritten as

$$t = -\frac{1}{n-1} \frac{\Omega(t)}{\dot{\Omega}(t)} \left[1 - \left(\frac{\Omega(t)}{\Omega_0}\right)^{n-1} \right]$$

or

$$t = \tau - \left[(n-1)K\Omega_0^{n-1} \right]^{-1}$$

"True" Pulsar Age

(valid under the assumption K=const.)

with

$$\tau = -\frac{1}{n-1} \frac{\Omega(t)}{\dot{\Omega}(t)} = \frac{1}{n-1} \frac{P(t)}{\dot{P}(t)} \xrightarrow{n=3} \tau = -\frac{1}{2} \frac{\Omega(t)}{\dot{\Omega}(t)} = \frac{1}{2} \frac{P(t)}{\dot{P}(t)} \xrightarrow{\text{Pulsar Dipole}} \frac{\text{Age}}{\text{Age}}$$

if
$$\Omega(t) << \Omega_0 \longrightarrow t \approx \tau$$

(t=present time)

The measure of P and P gives the pulsar dipole age

Example: the age of the Crab Pulsar

SN explosion: 1054 AD P=0.0330847 s, P=4.22765x10⁻¹³ s/s Braking index: n=2.515 +/- 0.005



$$t_{Crab} = (2014 - 1054) \text{ yr} = 960 \text{ yr}, \quad \tau = 1238 \text{ yr} \text{ (dipole age)}$$

Assuming the validity of the pulsar dipole mode, using the previous equation for the true pulsar age we can infer the initial spin period of the Crab pulsar

$$P_0 = P\left(1 - \frac{t_{Crab}}{\tau}\right)^{1/2} \approx 0.016s$$

But $n \neq 3$

Measured value of the braking index n

PSR	n	P (s)	P dot (10 ⁻¹⁵ s/s)	Dipole age (yr)
PSR B0531+21 (Crab)	2.512 +/- 0.005	0.03308	422.765	1238
PSR B0833-45 (Vela)	1.4 +/- 0.2	0.08933	125.008	11000
PSR B0540-69	2.839 +/- 0.005	0.1506	1536.5	1554
PSR B0540-69	2.01 +/- 0.02	0.0505	478.924	1672
PSR J1119-6127	2.91 +/- 0.05	0.40077	4021.782	1580

Deviations of braking index n from 3 probably due to:

- ✓ Torque on the pulsar from outflow particles
- ✓ Change with t of "constant" K, i.e., I(t), B(t), $\alpha(t)$

Pulsar evolutionary path on the P-P plane

Taking the logarithm of

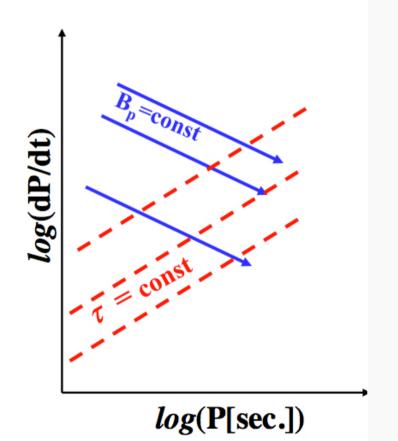
$$P\dot{P} = (2\pi)^2 K, \quad K = \frac{1}{6c^3} \frac{R^6}{I} (B_P \sin \alpha)^2$$

and

$$\tau = \frac{P}{2\dot{P}}$$

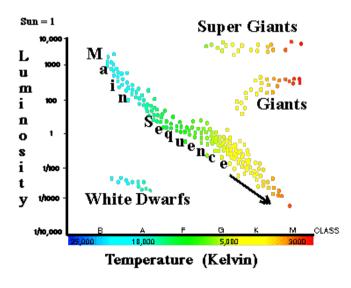
we get

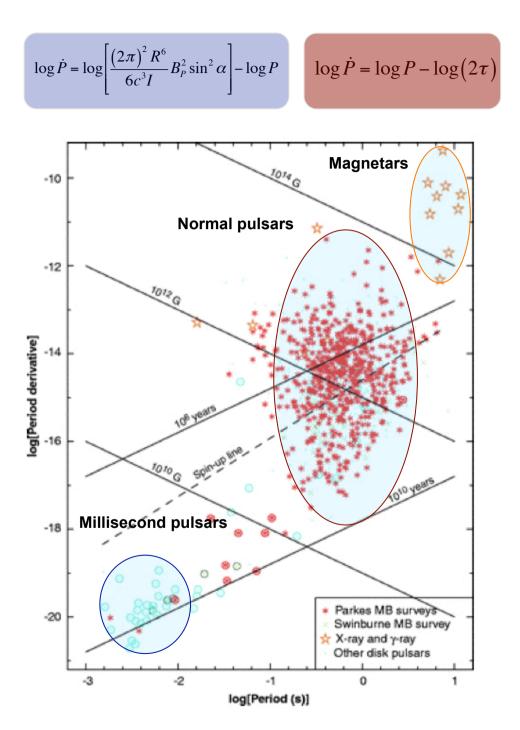
$$\log \dot{P} = \log \left[\frac{\left(2\pi\right)^2 R^6}{6c^3 I} B_P^2 \sin^2 \alpha \right] - \log P$$
$$\log \dot{P} = \log P - \log(2\tau)$$



Pulsar distribution in the P-P plane

Pulsar equivalent of the Hertzprung-Russell diagram for ordinary stars



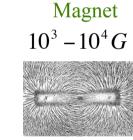


Magnetic Field of a Pulsar

Type of Pulsar	Surface magnetic field
Millisecond	$10^8 - 10^9 \mathrm{G}$
Normal	$10^{12} { m G}$
Magnetar	$10^{14} - 10^{15}\mathrm{G}$

Extremely high compared to ...



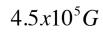




Sun spots

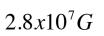
Largest continuous field in lab. (USA)

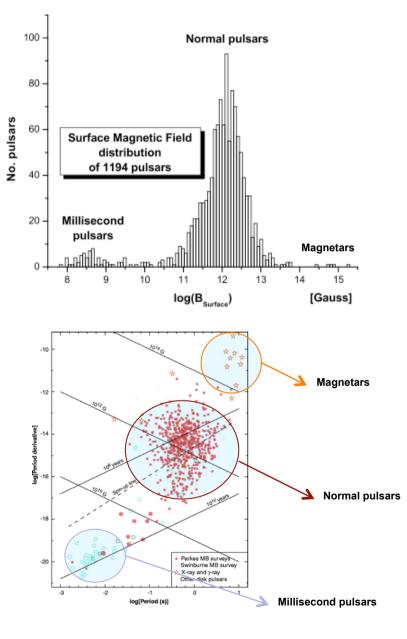




Largest magnetic pulse in lab. (Russia)







Where the NS magnetic field comes from ?

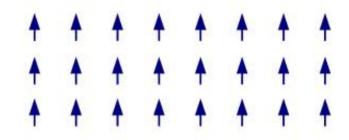
A satisfactory answer does not exist yet. Several possibilities have been considered:

Conservation of the magnetic flux during the gravitational collapse of the iron core

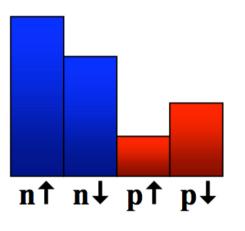
$$\phi_i = \phi_f \Longrightarrow B_f = B_i \left(\frac{R_i}{R_f}\right)^2$$

For a progenitor star with $B_i \sim 10^2 G$ & $R_i \sim 10^6 \text{ km}$ we have $B_f \sim 10^{12} G$

- ♦ Electric currents flowing in the highly conductive NS interior
- Spontaneous transition to a ferromagnetic state due to the nuclear interaction



Spin-polarized Isospin Asymmetric Nuclear Matter



♦ Densities & Asymmetries

$$\checkmark \rho_{n} = \rho_{n\uparrow} + \rho_{n\downarrow}, \quad \rho_{p} = \rho_{p\uparrow} + \rho_{p\downarrow}$$

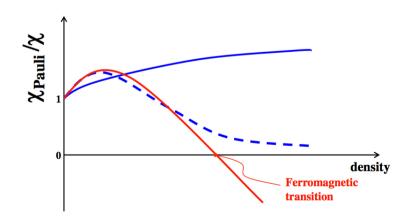
$$\checkmark \rho = \rho_{n} + \rho_{p}, \quad \beta = \frac{\rho_{n} - \rho_{p}}{\rho}$$

$$\checkmark S_{n} = \frac{\rho_{n\uparrow} - \rho_{n\downarrow}}{\rho_{n}}, \quad S_{p} = \frac{\rho_{p\uparrow} - \rho_{p\downarrow}}{\rho_{p}}$$

♦ Magnetic Susceptibility

$$\frac{1}{\chi_{ij}} = \frac{\rho}{\mu_i \rho_i \mu_j \rho_j} \frac{\partial^2 (E / A)}{\partial S_i \partial S_j}$$

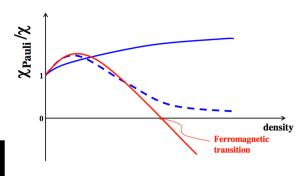
Stability againts spin
fluctuations if $\chi > 0$



Ferromagnetic Transition

Considered by many authors with contradictory results:

Year	Autor/Model	Ferromagnetic Transition ?	
1969	Brownell, Callaway, Rice (hard sphere gas)	Yes, $k_F > 2.3 \text{ fm}^{-1}$	
1969	Clark & Chao	No	
1970	Ostgard	Yes, $k_F > 4.1 \text{ fm}^{-1}$	
1972	Pandharipande et al., (variational)	No	
1975	Backman, Kallaman, Haensel (BHF)	No	
1984	Vidaurre (Skyrme)	Yes, $k_F > 1.7 - 2.0 \text{ fm}^{-1}$	
1991	S. Marcos et al., (DBHF)	No	
2001	Fantoni et at. (AFDMC)	No	
2002/2005	I.V., et al. (BHF)	No	
2005/2006	I.V. et al., (Skyrme,Gogny)	Yes, k _F >2-3.4 fm ⁻¹	
2007-2011	F. Sammarruca (DBHF)	No	



- ♦ Calculations based on phenomenological interactions (e.g., Skyrme, Gogny) predict the transition to occur at (1-4)p₀
- ♦ Calculations based on realistic NN & NNN forces (e.g., Monte Carlo, BHF, DBHF, LOCV) exclude such a transition

Neutron Star Structure: General Relativity or Newtonian Gravity ?

Surface gravitational potential tell us how much compact an object is

$$\frac{2GM}{c^2R}$$



$$\sim 10^{-10}$$



$$\sim 10^{-5}$$

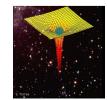


 $\sim 10^{-4} - 10^{-3}$

→ Relativistic effects are very important in Neutron Stars and General Relativity must be used to describe their structure



 $\sim 0.2 - 0.4$

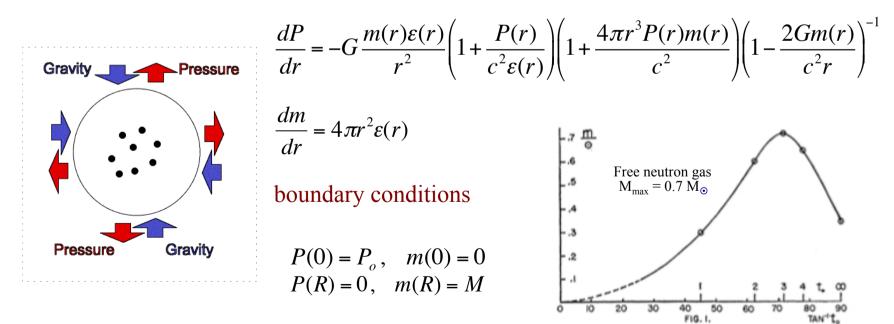


The Tolman-Oppenheimer-Volkoff Equations

In 1939 Tolman, Oppenheimer & Volkoff obtain the equations that describe the structure of a static star with spherical symmetry in General Relativity (Chandrasekhar & von Neumann obtained them in 1934 but they did not published their work)

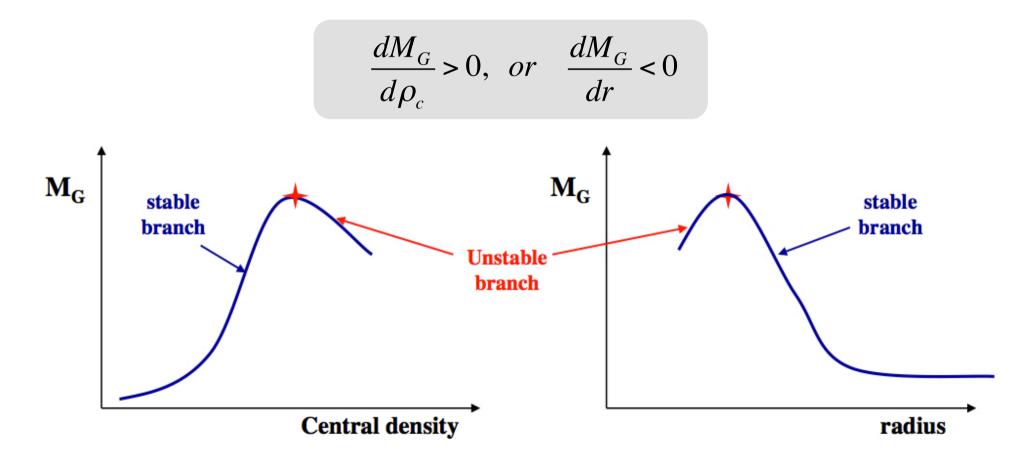


Tolman, Phys. Rev. 55, 364 (1939)
 Oppenheimer & Volkoff, Phys. Rev. 55, 374 (1939)



Stability solutions of the TOV equations

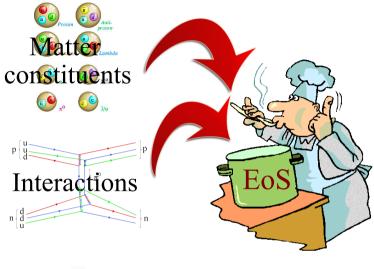
- ♦ The solutions of the TOV eqs. represent static equilibrium configurations
- ♦ Stability is required with respect to small perturbations

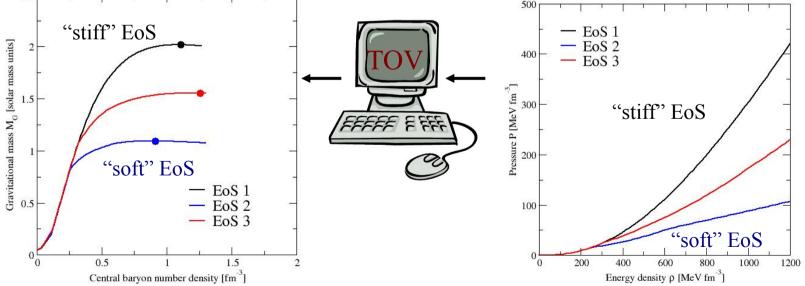


The role of the Equation of State

The only ingredient needed to solve the TOV equations is the (poorly known) EoS (i.e., $p(\varepsilon)$) of dense matter

2.5





General Features of a "realistic" neutron star matter EoS

Any "realistic" neutron star matter EoS must satisfy:

♦ Saturation Properties of Symmetric Matter

$$n_0 = 0.16 - 0.18 \, fm^{-3}, \qquad \left(\frac{E}{A}\right)_0 = -16 \pm 1 \, MeV$$

♦ Nuclear Symmetry Energy $E_{sym}(n_0) = 28 - 32 \quad MeV$

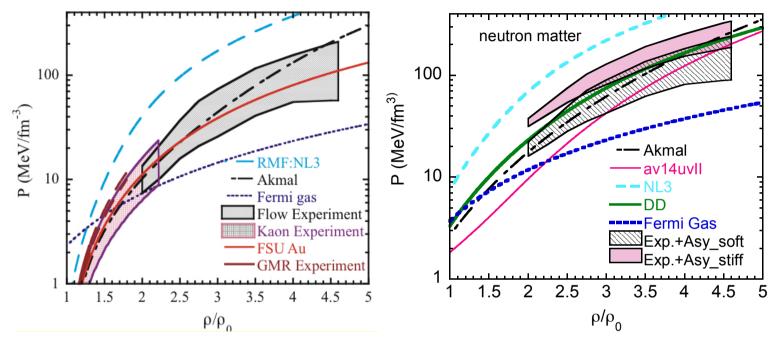
 E_{sym} must be "well behaved" at high densities

♦ Nuclear Incompressibility

$$K_0 = 240 \pm 20 \ MeV$$

 $\Rightarrow \text{ Causal Condition} \qquad c_s^2 = \frac{dP}{d\rho} \le c^2$

Constraints of the Nuclear EoS from HIC



- Collective flow constraints confirms the softening of the EoS at high densities
- ✤ Constraints from kaon production are consistent with the flow constraints and bridge gap to GMR constraints
- Symmetry energy dominates the uncertainty in the neutron matter EoS



Astrophysical determination of the Nuclear EoS

MPA1

MS1

15

AP4

10

Radius (km)

♦ <u>Piecewise polytropic EoS</u> above $ρ_0$ from mass-radius relation of 3 type-I X-ray bursts

- SLy below ρ_0
- Piecewise poytropic above ρ_0

$$\rho_{i-1} < \rho \le \rho_i, \quad \varepsilon = \alpha_i \rho + \beta_i \rho^{\Gamma_i}, \quad P = (\Gamma_i - 1) \beta_i \rho^{\Gamma_i}$$

5

SQM1

$\log P_0 (0.37 \rho_{\rm ns})$	$\log P_1 (1.85 \rho_{\rm ns})$	$\log P_2 (3.7 \rho_{\rm ns})$	$\log P_3 (7.4 \rho_{\rm ns})$
-0.64	[0.6–1.4]	$1.70\substack{+0.15\\-0.15}$	$2.8^{+0.1}_{-0.2}$



0

0

F. Ozel & D. Psaltis, PRD 80, 103003 (2009)F. Ozel, G. Baym & T. Guver, PRD 82, 101301(R) (2010)

1000

100

10

0.2

0.4

P (Mev fm⁻³)

20

MSI

0.6

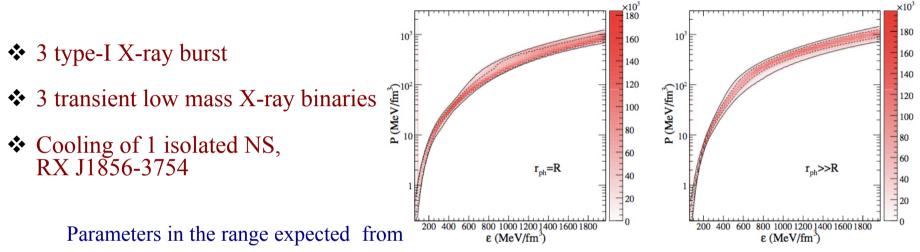
 ρ (baryons fm⁻³)

0.8 1

GS1

Astrophysical determination of the Nuclear EoS

♦ Nuclear parameters determined in a Bayesian data analysis of:



Quantity	Lower Limit	Upper Limit
K (MeV)	180	280
K' (MeV)	-1000	-200
S_v (MeV)	28	38
γ	0.2	1.2
$n_1 ({\rm fm}^{-3})$	0.2	1.5
$n_2 ({\rm fm}^{-3})$	0.2	2.0
$\varepsilon_1 \; (\text{MeV fm}^{-3})$	150	600
$\varepsilon_2 \text{ (MeV fm}^{-3}\text{)}$	ε_1	1600

$$\varepsilon = n_B \left\{ m_B + B + \frac{K}{18}(u-1)^2 + \frac{K'}{162}(u-1)^3 + (1-2x)^2 [S_k u^{2/3} + S_p u^{\gamma}] + \frac{3}{4}\hbar c x (3\pi^2 n_b x)^{1/3} \right\}$$



Theoretical Approaches to the Nuclear EoS

Phenomenological approaches

Based on effective densitydependent interactions with parameters adjusted to reproduce nuclear observables and compact star properties

- ✤ Liquid drop type: BPS, BBP, LS, OFN
- Thomas-Fermi: Shen
- ✤ HF: NV, Sk, BSk, PAL, RMF, RHF, QMC
- Statistical models: HWN, RG, HS



I apologize for all those approaches I have missed

Microscopic ab-initio approaches

Based on two- & three-body realistic interactions. The EoS is obtained by "solving" the complicated many-body problem

- ✤ Variational: APS, CBF, FHNC, LOVC
- ✤ Monte-Carlo: VMC, DMC, GFMC, AFDMC
- Diagrammatic: BBG (BHF), SCGF
- RG methods: V_{low k} & SRG from χEFT potentials
- ✤ DBHF

Upper limit of the Maximum Mass

 M_{max} depends mainly on the behaviour of EoS, P(ϵ), at high densities. Any realistic EoS must satisfy two conditions:

• Causality:
$$\frac{dP}{d\rho} \le c^2$$
 • Stability: $\frac{dP}{d\rho} > 0$

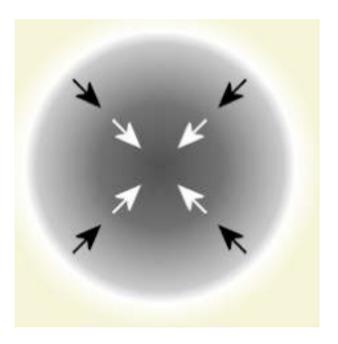
If the EoS is known up to ρ_r , these conditions imply:

$$M_{\text{max}} \le 3M_{\odot} \left(\frac{5x10^{14} \, g \,/\, cm^3}{\rho_r}\right)^{1/2}$$

If rotation is taken into account M_{max} can increase up to 20%:

$$M_{\max} \le 3.89 M_{\odot} \left(\frac{5x10^{14} \, g \, / \, cm^3}{\rho_r} \right)^{1/2}$$

Estimation of Neutron Star Mass & Radius



Imagine that a neutron star is:

- \checkmark a sphere of uniform density
- \checkmark made only of neutrons
- ✓ in addition to the nuclear force neutrons feel also the gravity

Idea: use Bethe-Weizsäker semi-empirical mass formula including the gravitational force

$$B(Z,A) = a_v A - a_s A^{2/3} - a_{coul} \frac{Z^2}{A^{1/3}} - a_{sim} \frac{(Z-N)^2}{A} + \delta a_p A^{-1/2}$$

<u>Only Neutrons</u> (Z=0) + <u>Gravitational Energy</u> (sphere with M=Nm_n & R)

$$B(Z=0, A=N) = a_v N - a_s N^{2/3} - a_{sim} N + \delta a_p N^{-1/2} + \frac{3}{5} \frac{G(Nm_n)^2}{R}$$

Since $N > N^{2/3} \& N^{-1/2}$

$$B(Z=0, A=N) \approx \left(a_v - a_{sim}\right)N + \frac{3}{5} \frac{Gm_n^2}{r_0} N^{5/3}$$

$$R = r_0 N^{1/3} = 1.15 \times 10^{-15} N^{1/3} m$$

The minimum number of neutrons needed to bound gravitationally is obtained imposing

The B > 0 tell us that:

$$\left(a_{v}-a_{sim}\right)N+\frac{3}{5}\frac{Gm_{n}^{2}}{r_{0}}N^{5/3}>0 \Longrightarrow N>\left(\frac{5}{3}\frac{\left(a_{sim}-a_{v}\right)r_{0}}{Gm_{n}^{2}}\right)^{3/2}$$

Using the values:

$$a_v = 16 \, MeV, \ a_{sim} = 30 \, MeV, \ G = 6.707 \times 10^{-39} \, \hbar c \left(\frac{c^4}{GeV^2}\right), \ m_n = 0.939 \frac{GeV}{c^2}$$

We finally arrive to:

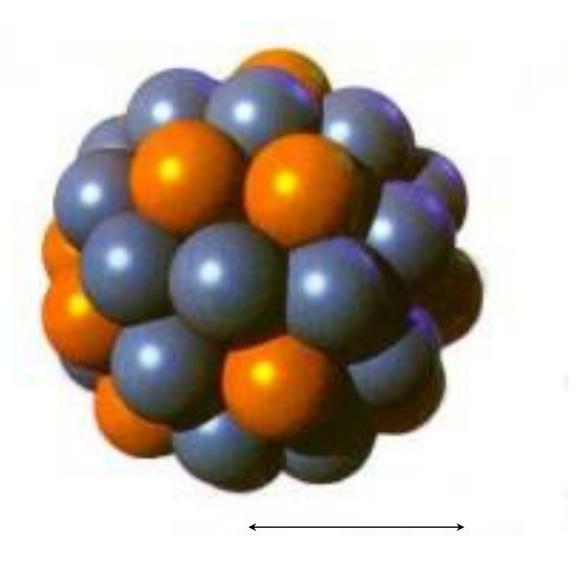
$$N \sim 10^{56} - 10^{57}$$
 $M \sim 1 M_{\odot}$ $R \sim 10 \, km$

Which gives an average density of:

$$\rho \sim 10^{14} - 10^{15} \, g/cm^3$$

 $N \sim 10^{56} - 10^{57}$ $M \sim 1 M_{\odot}$

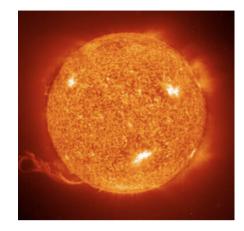
A neutron star is a kind of GIANT ATOMIC NUCLEUS in which particles are gravitationally bound



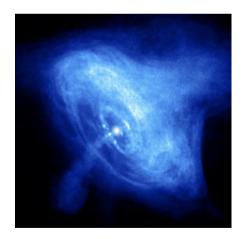
 $R \sim 10 \, km$ $\rho \sim 10^{14} - 10^{15} \, g/cm^3$

A neutron star has a mass similar to that of the Sun, but with a radius about 70.000 smaller !!!





Radius: ~ 700.000 km Mass: 1.989x10³⁰ kg



Radius ~ 10 km Mass ~ 1.989×10^{30} kg

How to Measure Neutron Star Masses

Use Doppler variations in spin period to measure orbital velocity changes along the line-of-sight

 5 Keplerian parameters can normally be determined:

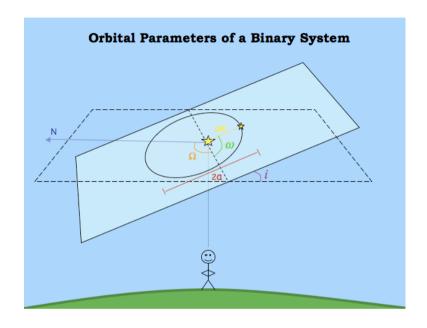
P, a sin i, ε , T₀ & ω

• 3 unknowns: M_1 , M_2 , i

Kepler's 3rd law

$$\frac{G(M_1 + M_2)}{a^3} = \left(\frac{2\pi}{P}\right)^2 \longrightarrow \qquad f(M_1, M_2, i) = \frac{\left(M_2 \sin i\right)^3}{\left(M_1 + M_2\right)^2} = \frac{Pv^3}{2\pi G}$$

mass function



In few cases small deviations from Keplerian orbit due to GR effects can be detected

Measure of at least 2 post-Keplerian parameters

High precision NS mass determination

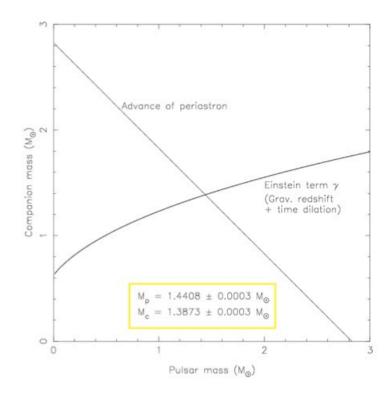
$$\dot{\omega} = 3T_{\otimes}^{2/3} \left(\frac{P_b}{2\pi}\right)^{-5/3} \frac{1}{1-\varepsilon} \left(M_p + M_c\right)^{2/3}$$
$$\gamma = T_{\otimes}^{2/3} \left(\frac{P_b}{2\pi}\right)^{1/3} \varepsilon \frac{M_c \left(M_p + 2M_c\right)}{\left(M_p + M_c\right)^{4/3}}$$

$$T = T_{\otimes}M_c$$

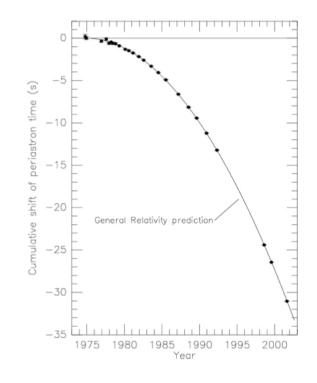
$$\dot{P}_{b} = -\frac{192\pi}{5} T_{\otimes}^{5/3} \left(\frac{P_{b}}{2\pi}\right)^{-5/3} f(\varepsilon) \frac{M_{p}M_{c}}{\left(M_{p} + M_{c}\right)^{1/3}} \longrightarrow$$

- Periastron precession
- → Time dilation and grav. redshift
- → Shapiro delay "range"
 - Shapiro delay "shape"
 - Orbit decay due to GW emission

An example: the mass of the Hulse-Taylor pulsar (PSR J1913+16)



Parameter	Value	
Orbital period Pb (d)	0.322997462727(5)	
Projected semi-major axis x (s)	2.341774(1)	
Eccentricity e	0.6171338(4)	
Longitude of periastron ω (deg)	226.57518(4)	
Epoch of periastron T_0 (MJD)	46443.99588317(3)	
Advance of periastron $\dot{\omega}$ (deg yr ⁻¹)	4.226607(7)	
Gravitational redshift γ (ms)	4.294(1)	
Orbital period derivative $(\dot{P}_b)^{obs}$ (10 ⁻¹²)	-2.4211(14)	

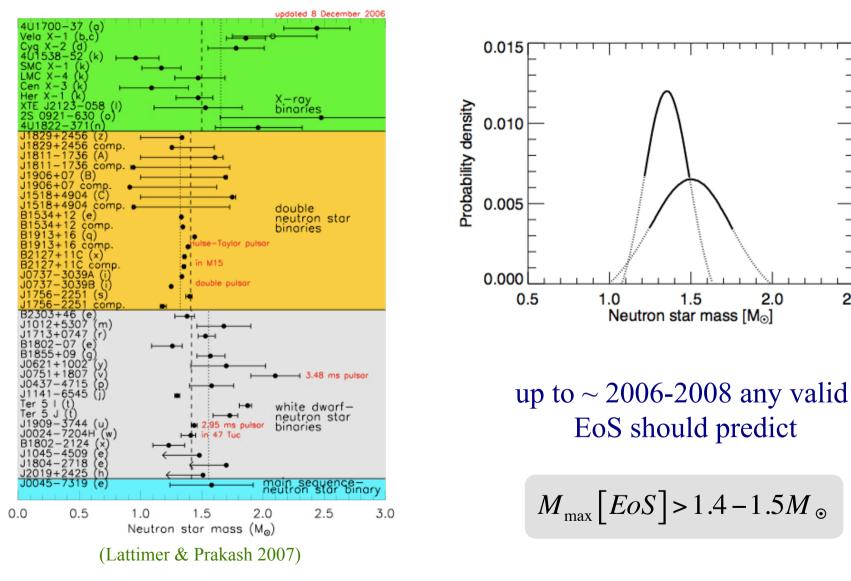




Measured Neutron Star Masses (up to $\sim 2006-2008$)

2.0

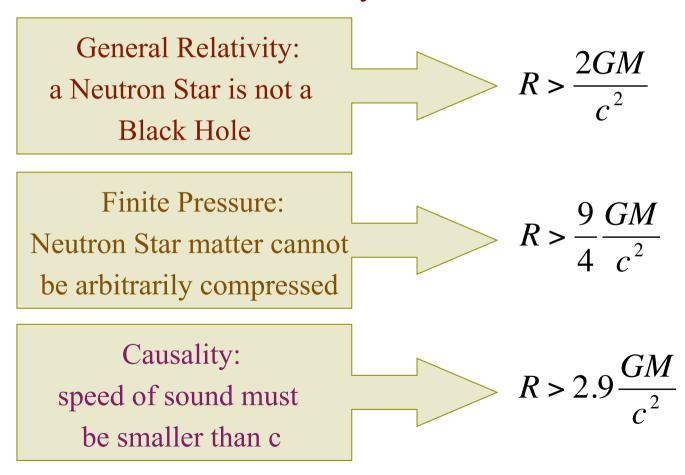
2.5



N.B. I will comment on more recent measurements latter when talking about the "hyperon problem"

Limits on the Neutron Star Radius

The radius of a neutron star with mass M cannot be arbitrarily small



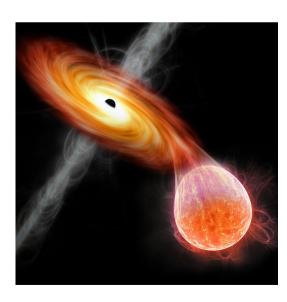
How to measure Neutron Star Radii

Radii are very difficult to measure because NS:

 \diamond are very small (~ 10 km)

 \diamond are far from us (e.g., the closest NS, RX J1856.5-3754, is at ~ 400 ly)

A possible way to measure it is to use the thermal emission of low mass X-ray binaries:



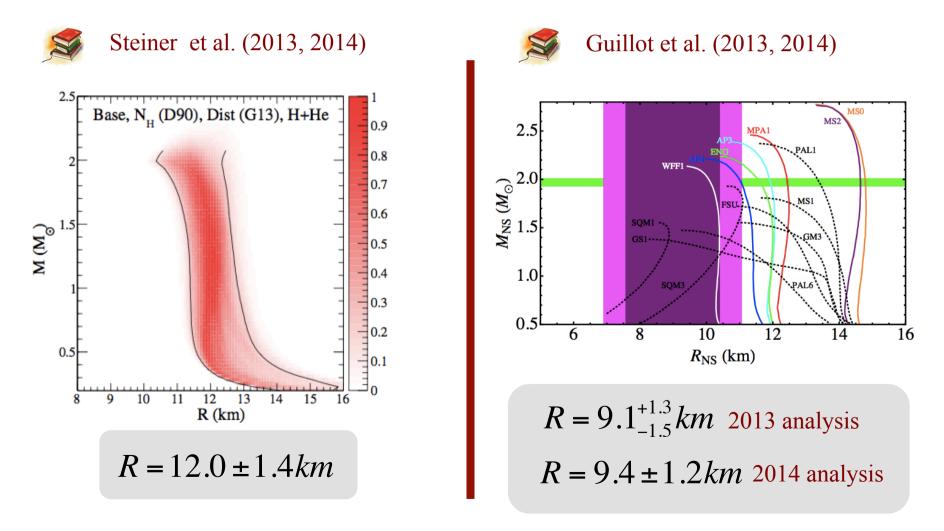
NS radius can be obtained from

- ♦ Flux measurement +Stefan-Boltzmann's law
- ♦ Temperature (Black body fit+atmosphere model)
- ♦ Distance estimation (difficult)
- ♦ Gravitational redshift z (detection of absorption lines)

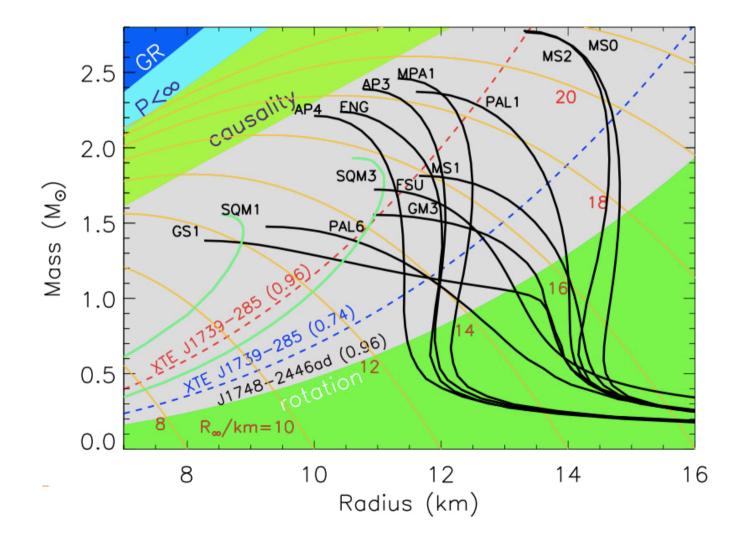
$$R_{\infty} = \sqrt{\frac{FD^2}{\sigma_{SB}T^4}} \rightarrow R_{NS} = \frac{R_{\infty}}{1+z} = R_{\infty}\sqrt{1 - \frac{2GM}{R_{NS}c^2}}$$

Recent Estimations of Neutron Star Radii

The recent analysis of the thermal spectrum from 5 quiescent LMXB in globular clusters is still controversial

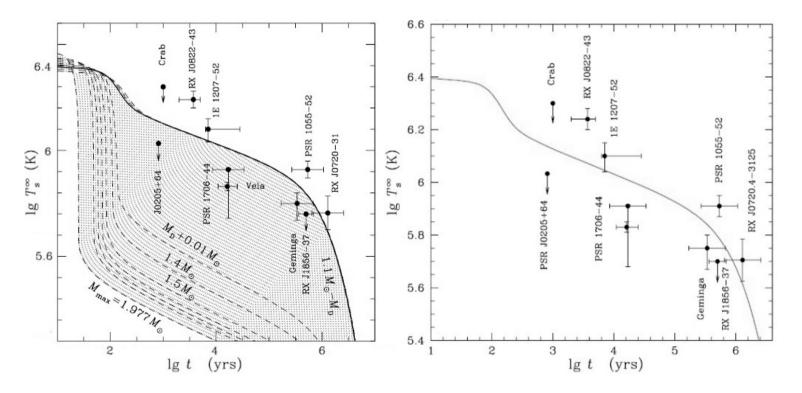


Limits of the Mass & Radius of a Neutron Star



Thermal Evolution of Neutron Stars

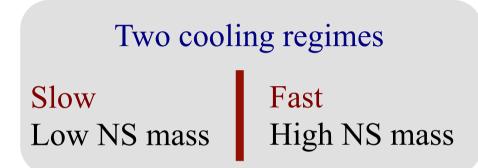
Information, complementary to that from mass & radius, can be also obtained from the measurement of the temperature (luminosity) of neutron stars

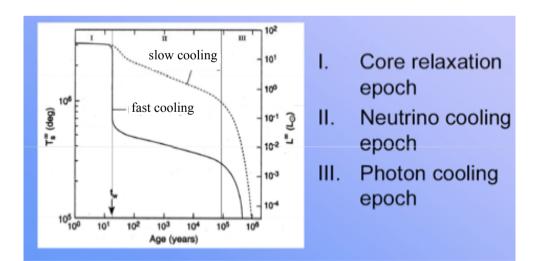


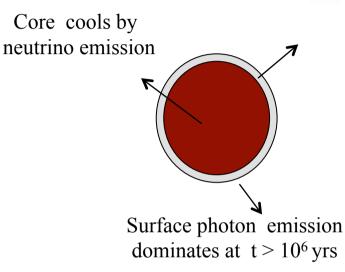
D. G. Yakovlev & C. J. Pethick, A&A 42, 169 (2004)

Neutron Star Cooling in a Nutshell



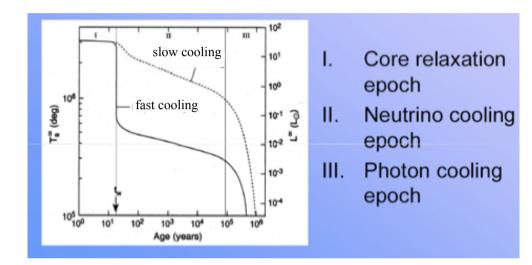


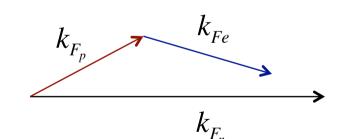




$$\frac{dE_{th}}{dt} = C_{\nu} \frac{dT}{dt} = -L_{\gamma} - L_{\nu} + H$$

Neutron Star Cooling & Symmetry Energy





• Fast: e.g., Direct URCA

$$n \rightarrow p + l + \overline{v}_l$$
$$l + p \rightarrow n + v_l$$

Slow: e.g., Modified URCA

 $N + n \rightarrow N + p + l + \overline{v}_l$ $N + l + p \rightarrow N + n + v_l$

Direct URCA cannot occur unless x_p> 11%-15%

Larger Symmetry Energy \rightarrow Larger $x_p \rightarrow$ Earlier onset of Direct URCA

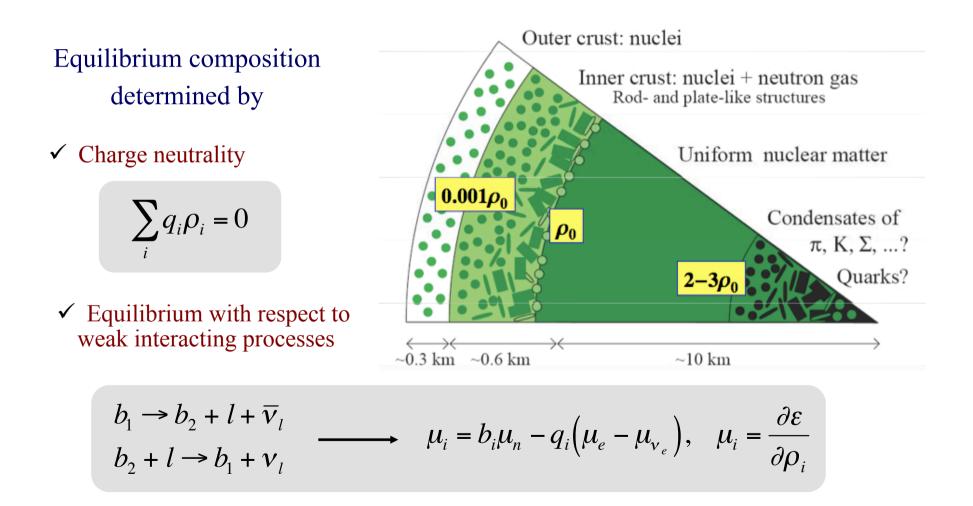
$$\mu_n - \mu_p = 4(1 - 2x_p)S_2(\rho) = \mu_l - \mu_{\nu_l} \Longrightarrow \frac{x_p}{1 - 2x_p} = \frac{4S_2(\rho)}{\hbar c(3\pi^2 \rho)^{1/3}}$$

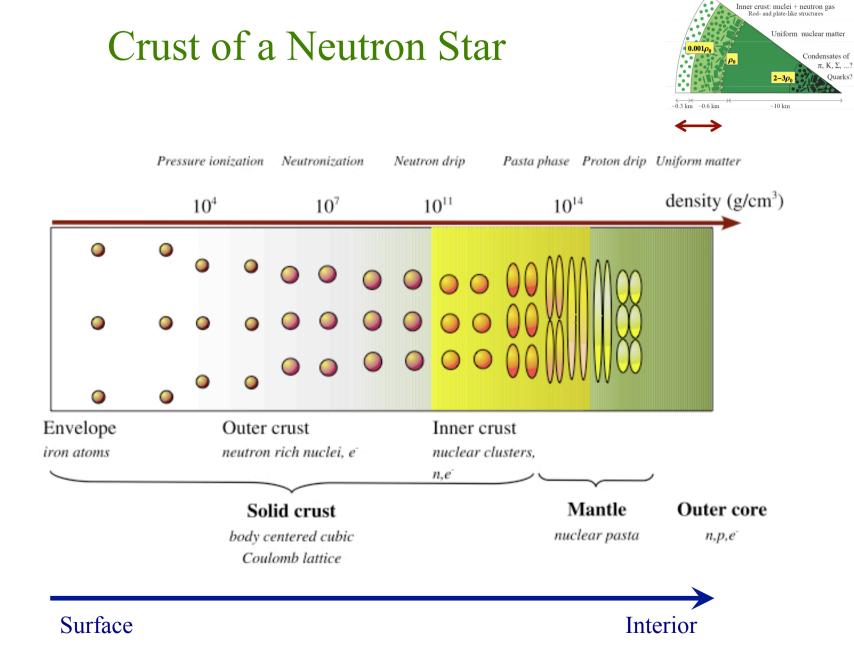
Neutrino Emission

Name	Process	Emissivity (erg cm ⁻³ s ⁻¹)	
Modified Urca cycle (neutron branch)	$ \begin{vmatrix} n+n \rightarrow n+p+e^- + \bar{\nu}_e \\ n+p+e^- \rightarrow n+n+\nu_e \end{vmatrix} $	$\sim 2 \times 10^{21} \ R \ T_9^8$	Slow
Modified Urca cycle (proton branch)	$ \begin{vmatrix} p+n \rightarrow p+p+e^- + \bar{\nu}_e \\ p+p+e^- \rightarrow p+n+\nu_e \end{vmatrix} $	$\sim 10^{21}~R~T_{9}^{8}$	Slow
Bremsstrahlung	$n + n \rightarrow n + n + \nu + \overline{\nu}$ $n + p \rightarrow n + p + \nu + \overline{\nu}$ $p + p \rightarrow p + p + \nu + \overline{\nu}$	$\sim 10^{19}~R~T_9^8$	Slow
Cooper pair formations	$n + n \rightarrow [nn] + \nu + \overline{\nu}$ $p + p \rightarrow [pp] + \nu + \overline{\nu}$	$\sim 5{ imes}10^{21}~R~T_9^7 \ \sim 5{ imes}10^{19}~R~T_9^7$	Medium
Direct Urca cycle (nucleons)	$ \begin{vmatrix} n \to p + e^- + \bar{\nu}_e \\ p + e^- \to n + \nu_e \end{vmatrix} $	$\sim 10^{27}~R~T_9^6$	Fast
Direct Urca cycle (Λ hyperons)	$ \begin{array}{ c c } \Lambda \to p + e^- + \bar{\nu}_e \\ p + e^- \to \Lambda + \nu_e \end{array} $	$\sim 10^{27}~R~T_9^6$	Fast
Direct Urca cycle (Σ [–] hyperons)	$ \begin{array}{ c c } \Sigma^- \to n + e^- + \bar{\nu}_e \\ n + e^- \to \Sigma^- + \nu_e \end{array} $	$\sim 10^{27}~R~T_9^6$	Fast
π^- condensate K^- condensate	$n + < \pi^- > \rightarrow n + e^- + \overline{\nu}_e$ $n + < K^- > \rightarrow n + e^- + \overline{\nu}_e$	$\sim 10^{26}~R~T_9^6 \ \sim 10^{25}~R~T_9^6$	Fast Fast

Anything beyond just neutrons & protons results in an enhancement of the neutrino emission

Anatomy of a Neutron Star

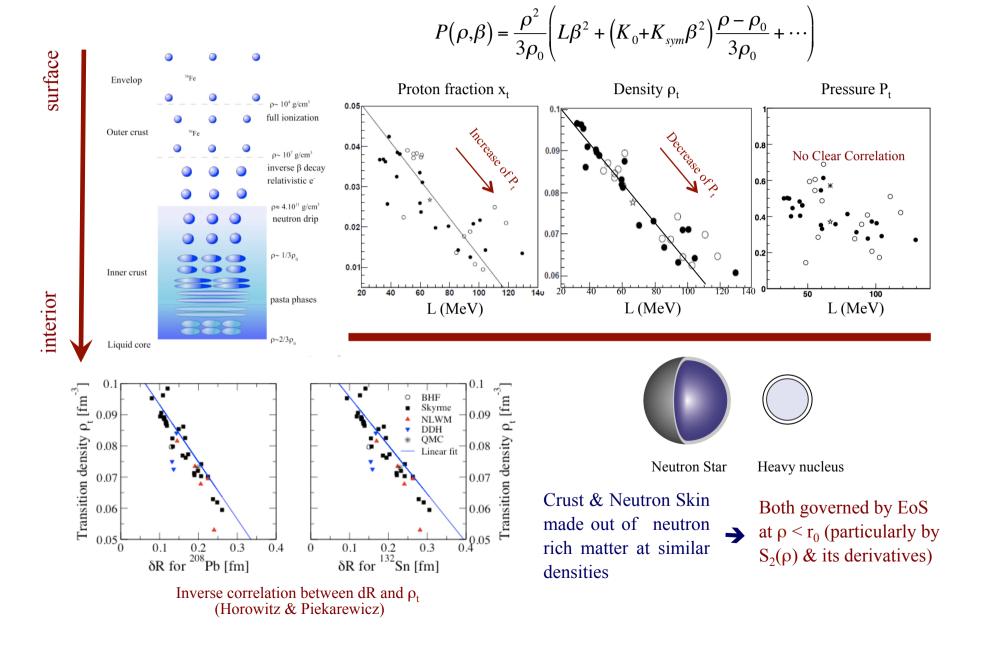




Outer crust: nuclei

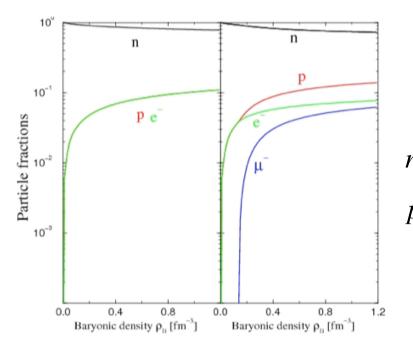
Quarks?

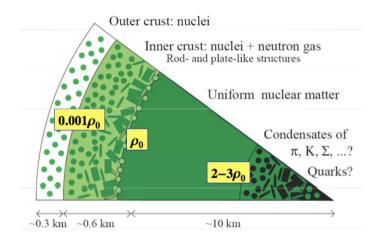
Crust-core Transition & Symmetry Energy



External Core of a Neutron Star

The external core of a neutron star is mainly a fluid of neutron-rich matter in equilibrium with respect to weak interaction processes (β -stable matter)





Internal Core of a Neutron Star

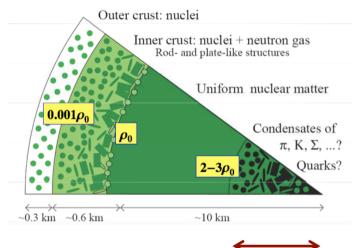
Since:

♦ The value of the central density is very high: $ρ_c ~ (4-8)ρ_0$

$$(\rho_0 = 0.17 \text{ fm}^{-3} = 2.8 \text{ x} 10^{14} \text{ g/cm}^3)$$

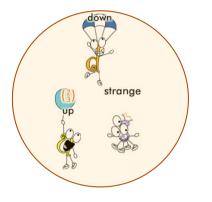
 \diamond Nucleon chemical potential increases rapidly with the density ρ

The presence of exotic degrees of freedom is expected in the Neutron Star interior (π, K⁻ condensates, hyperons, quarks,...)

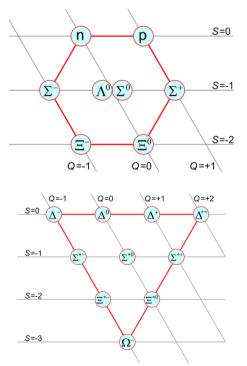


What is a hyperon?

♦ A hyperon is a baryon made of one, two or three strange quarks



Hyperon	Quarks	I(J ^P)	Mass (MeV)
Λ	uds	0(1/2+)	1115
Σ^+	uus	$1(1/2^{+})$	1189
ΣΟ	uds	$1(1/2^{+})$	1193
Σ~	dds	$1(1/2^{+})$	1197
ΞΟ	uss	1/2(1/2+)	1315
Ξ~	dss	$1/2(1/2^+)$	1321
Ω~	<mark>S</mark> SS	0(3/2+)	1672



Hyperons in Neutron Stars

Hyperons in NS considered by many authors since the pioneering work of Ambartsumyan & Saakyan (1960)



Phenomenological approaches

- ♦ Non-realtivistic potential model: Balberg & Gal 1997
- ♦ Quark-meson coupling model: Pal et al. 1999, …
- ♦ Chiral Effective Lagrangians: Hanauske et al., 2000
- ♦ Density dependent hadron field models: Hofmann, Keil & Lenske 2001

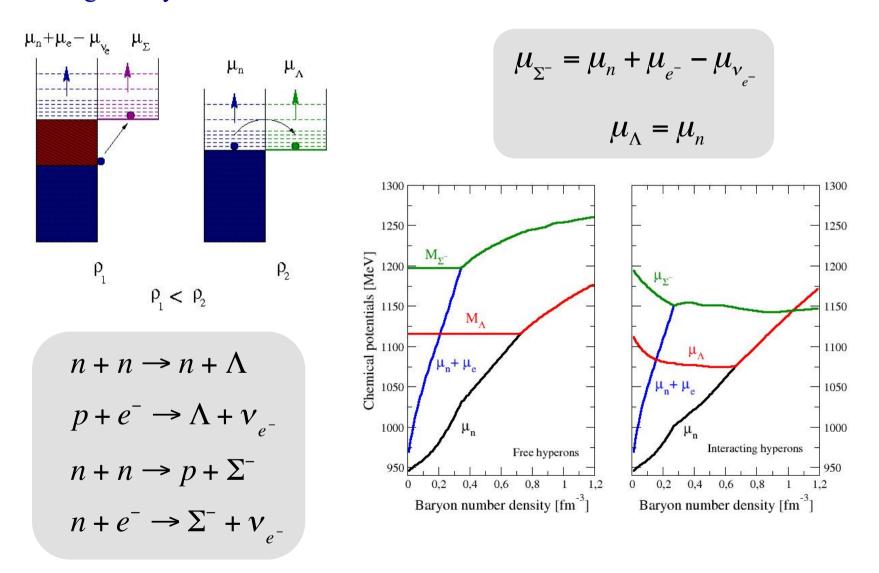


Microscopic approaches

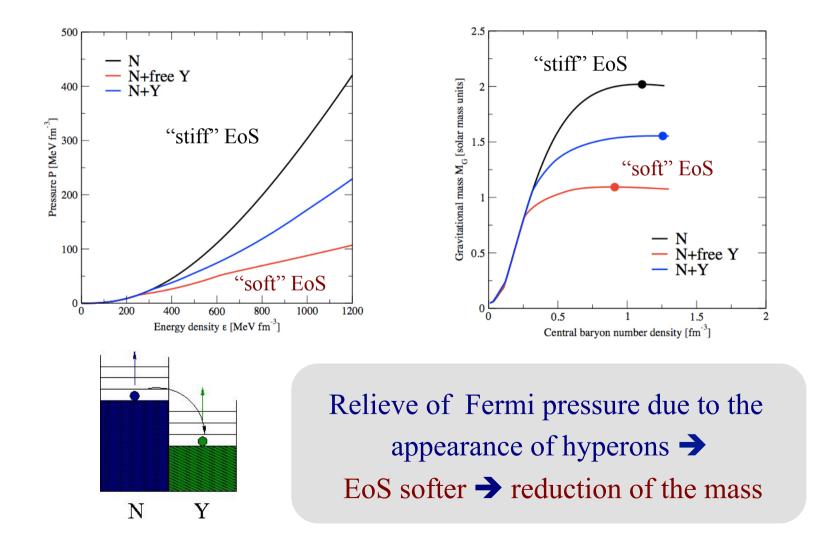
- Brueckner-Hartree-Fock theory: Baldo et al. 2000; I. V. et al. 2000, Schulze et al. 2006, I.V. et al. 2011, Burgio et al. 2011, Schulze & Rijken 2011
- ♦ DBHF: Sammarruca (2009), Katayama & Saito (2014)
- $V_{\text{low }k}$: Djapo, Schaefer & Wambach, 2010
- ♦ Quantum Monte Carlo: Lonardoni et al., (2014)



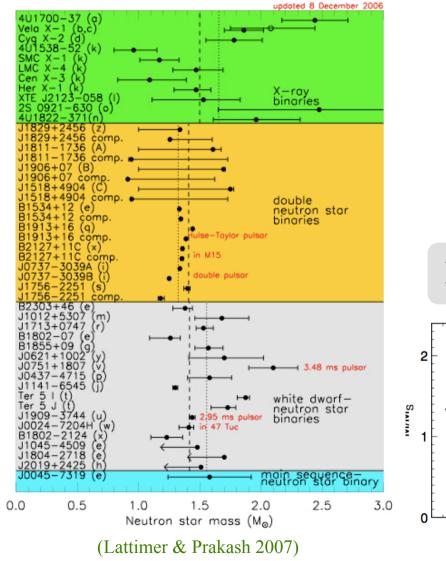
Hyperons are expected to appear in the core of neutron stars at $\rho \sim (2-3)\rho_0$ when μ_N is large enough to make the conversion of N into Y energetically favorable.



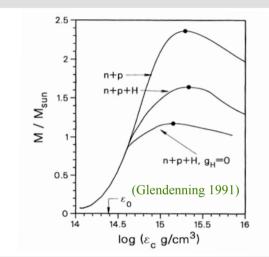
Effect of Hyperons in the EoS and Mass of Neutron Stars



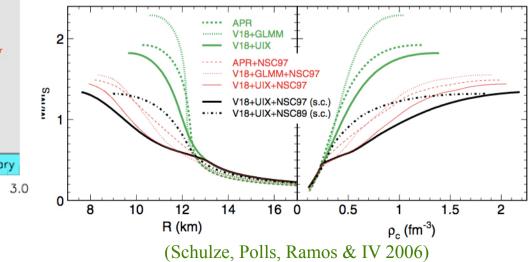
Hyperons in NS (up to ~ 2006-2008)

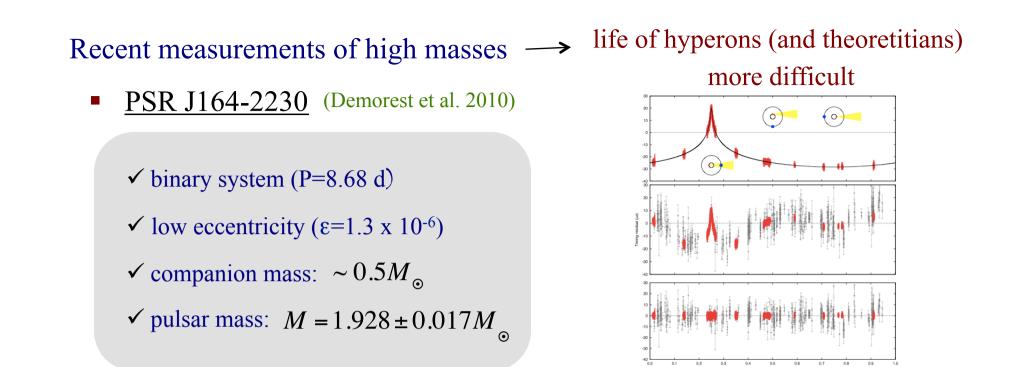


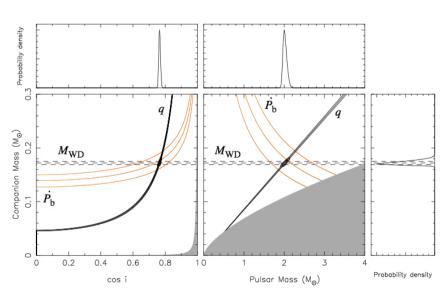
Phenomenological: M_{max} compatible with 1.4-1.5 M_{\odot}



Microscopic : $M_{max} < 1.4-1.5 M_{\odot}$







- <u>PSR J0348+0432</u> (Antoniadis et al. 2013)
 - ✓ binary system (P=2.46 h)
 - \checkmark very low eccentricity
 - \checkmark companion mass: $0.172 \pm 0.003 M_{\odot}$
 - ✓ pulsar mass: $M = 2.01 \pm 0.04 M_{\odot}$

Formation of Binary Systems

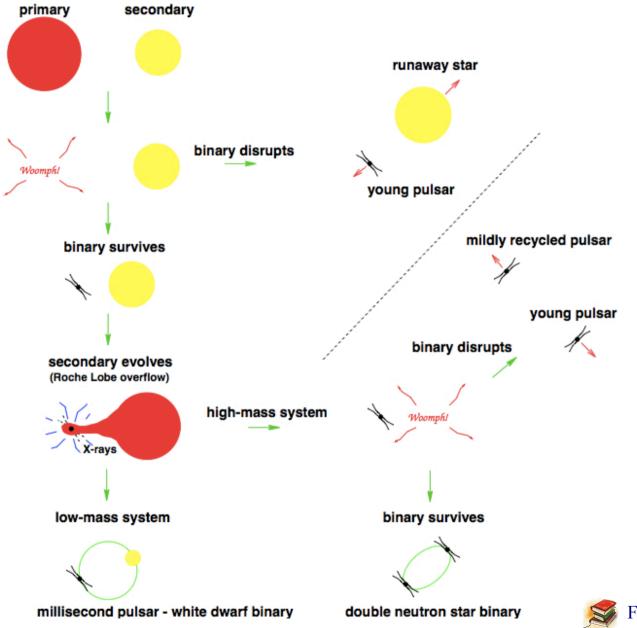
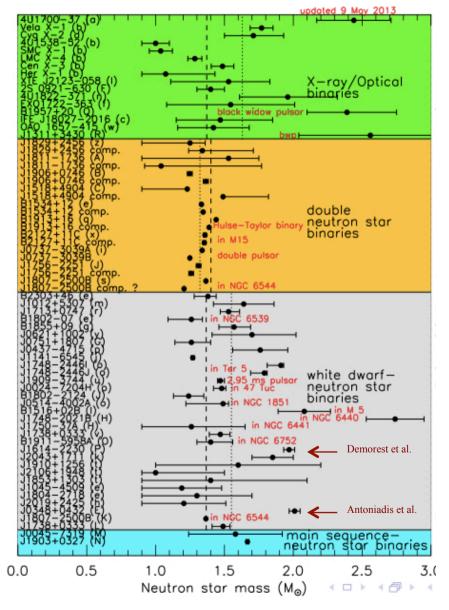


Figure by P.C.C. Freire

Measured Neutron Star Masses (2017)



updated from Lattimer 2013

Observation of $\sim 2 M_{\odot}$ neutron stars

Dense matter EoS stiff enough is required such that

 $M_{\rm max} [EoS] > 2M_{\odot}$

A natural question arises:

Can hyperons, or strangeness in general, still be present in the interior of neutron stars in view of this constraint?

The Hyperon Puzzle



"Hyperons \rightarrow "soft (or too soft) EoS" not compatible (mainly in microscopic approaches) with measured (high) masses. However, the presence of hyperons in the NS interior seems to be unavoidable."

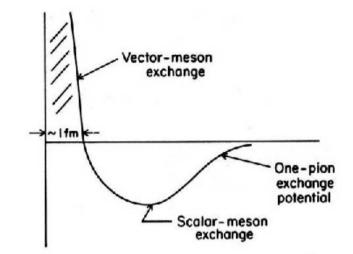


- \checkmark can YN & YY interactions still solve it ?
- \checkmark or perhaps hyperonic three-body forces ?
- ✓ what about quark matter ?

Solution I: YY vector meson repulsion (explored in the context of RMF models)

General Feature:

Exchange of scalar mesons generates attraction (softening), but the exchange of vector mesons generates repulsion (stiffening)



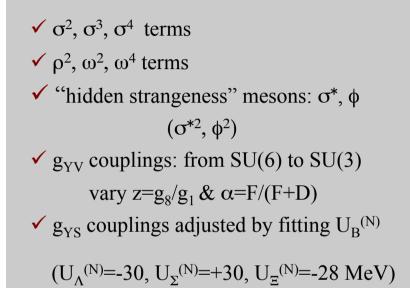
Add vector mesons with hidden strangeness (φ) coupled to hyperons yielding a strong repulsive contribution at high densities

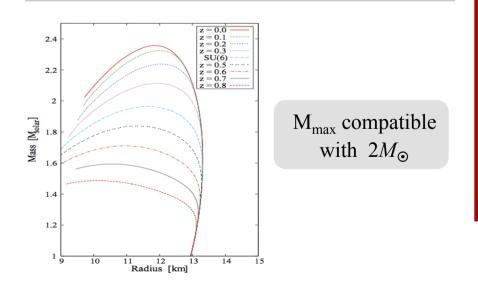


Dexhamer & Schramm (2008), Bednarek et al, (2012), Weissenborn et al., (2012) Oertel et al. (2014), Maslov et al. (2015)



Weissenborn et al. (2012)

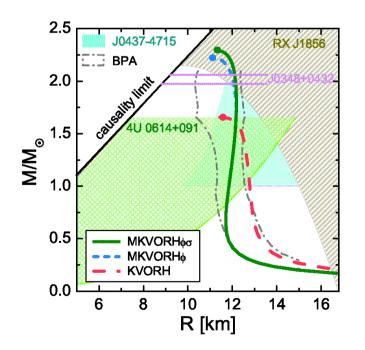






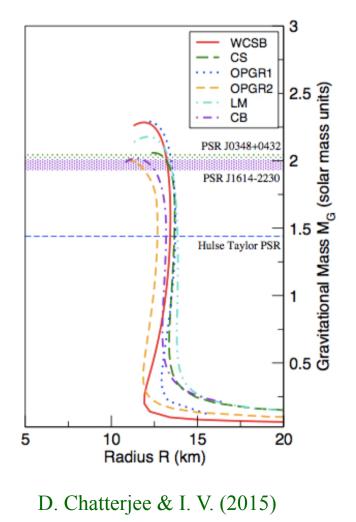
Maslov et al. (2015)

- RMF with scaled hadron masses (universal)
 & coupling constants (not universal)
- Model flexible enough to satisfy constraints from HIC & astrophysical data
- Hyperon puzzle <u>partially solved if a reduction</u> of φ meson mass is included





Although these and other similar models are able to reconcile the presence of hyperons in the NS interior with the existence of $2M_{\odot}$ NS, <u>one must be cautious !!</u>



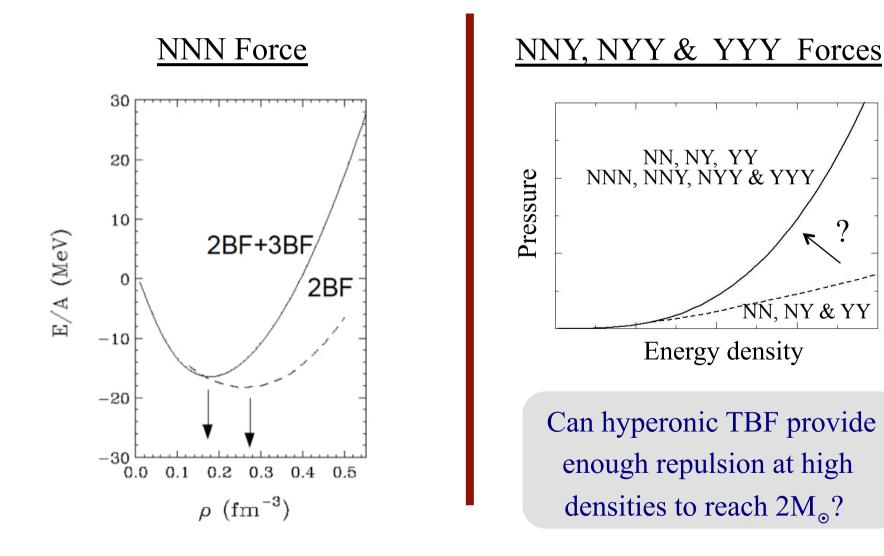
♦ These models contain several free parameters which most of the times are arbitrarily chosen being the only jutification our still "scarce" knowledge of the YY interaction.

Hence:

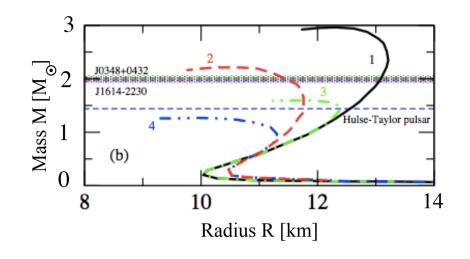
In absence of sufficient experimental data on multi-strange hypernuclei and YY scattering the validity of these models is still questionable.

Solution II: can Hyperonic TBF solve this puzzle?

Natural solution based on: Importance of NNN force in Nuclear Physics (Considered by several authors: Chalk, Gal, Usmani, Bodmer, Takatsuka, Loiseau, Nogami, Bahaduri, IV)



The results are contradictory

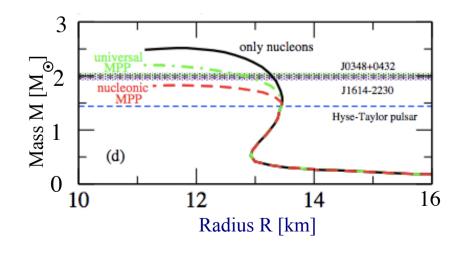




I. V. et al. (2011)

BHF with NN+YN+phenomenological YTBF. Different strength of YTBF including the case of universal TBF

$$1.27 < M_{\rm max} < 1.6 M_{\odot}$$



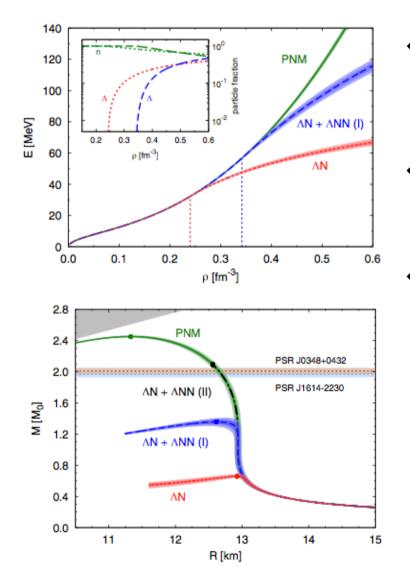


Yamamoto et al. (2015)

BHF with NN+YN+universal repulsive TBF (multipomeron exchange mecanism)

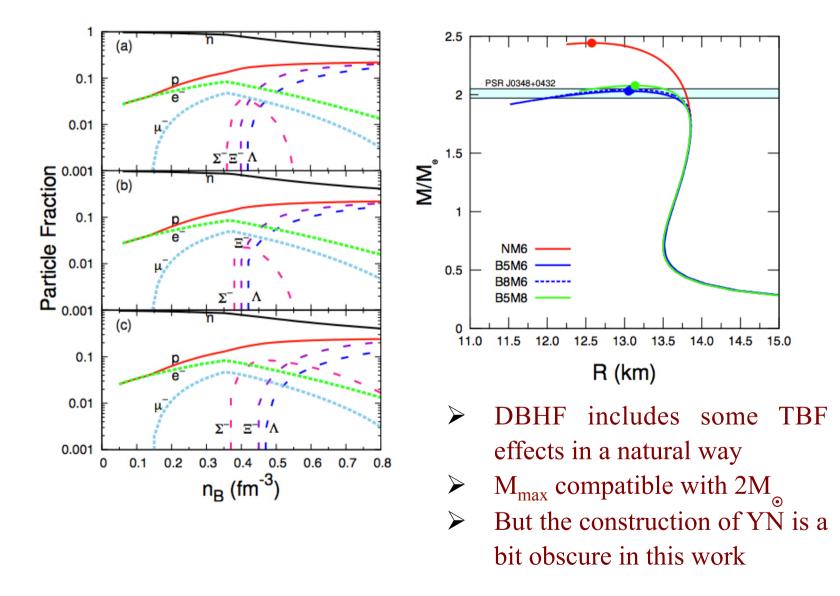
$$M_{\rm max} > 2M_{\odot}$$

It should be mentioned also the recent Quantum Monte Carlo calculation by Lonardoni et al. (2015)



- First Quantum Monte Carlo calculation on neutron+ Λ matter
- Strong dependence of Λ onset on Λ nn force
- Some of the parametrizations of the Ann force give maximum masses compatible with 2M_o but the onset of Λ is above the maximum density considered (~0.56 fm⁻³). So in fact, no As are present in NS interior

and the recent DBHF calculation of hyperonic matter by Katayama & Saito (2014)



Take Away Message



- ✤ It is still an open question whether hyperonic TBFs can, by themselves, solve completely the hyperon puzzle or not.
- ♦ It seems, however, that even if they are not the full solution, most probably they can contribute to it in an important way.

Solution III: Quark Matter Core

General Feature:

Some authors have suggested an early phase transition to deconfined quark matter as solution to the hyperon puzzle. Massive neutron stars could actually be hybrid stars with a stiff quark matter core.

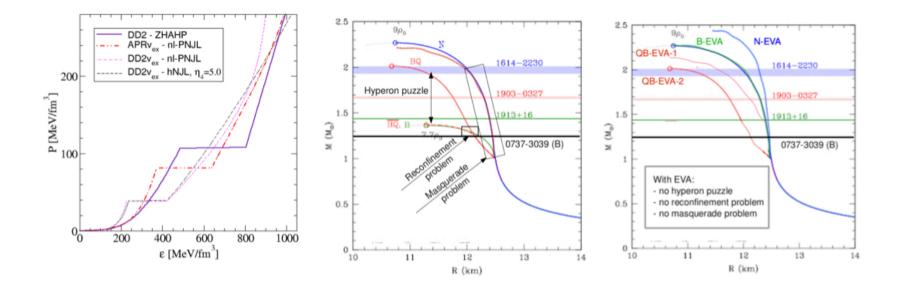
To yield $M_{\text{max}} > 2M_{\odot}$ Quark Matter should have:

- significant overall quark repulsion ——> stiff EoS
- strong attraction in a channel ——> strong color superconductivity



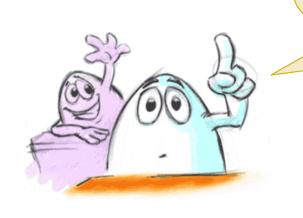
Ozel et al., (2010), Weissenborn et al., (2011), Klaehn et al., (2011), Bonano & Sedrakian (2012), Lastowiecki et al., (2012), Zdunik & Haensel (2012)

A recent work by D. Blaschke & D. Alvarez-Castillo (2015)

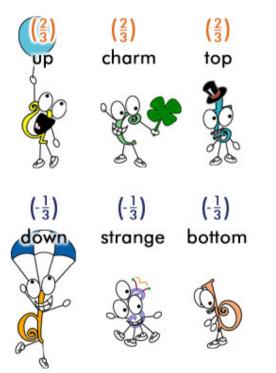


Compositeness of baryons (by excluded volume and/or quark Pauli blocking) on the hadronic side + confinement and stiffening effects on the quark matter: Earlier phase transition to QM with sufficient stiffening at high densities to solve: hyperon puzzle, masquerade problem & reconfinement puzzle

What quark flavors are expected in a Neutron Stars ?



Flavor	Mass	Charge [e]
u	$\sim 5 \text{ MeV}$	2/3
d	$\sim 10 \text{ MeV}$	-1/3
S	~ 200 MeV	-1/3
С	~ 1.3 GeV	2/3
b	~ 4.3 GeV	-1/3
t	~ 175 GeV	2/3



Suppose:
$$\checkmark$$
 u, d, s non-interacting
 \checkmark $m_{u=}m_d=m_s=0$ \longrightarrow i.e., ideal ultra-relativistic
Fermi gas (*)

Threshold density for the c quark (similar for b & t)

$$s \rightarrow c + e^- + \overline{v}_e \Rightarrow \mu_s = \mu_c + \mu_e + \mu_{\overline{v}_e}$$

but \checkmark u, d, s in β -equilibrium \checkmark $Q_{tot=}=0$ \longrightarrow $n_B = n_u = n_d = n_s$ $n_e = n_{\overline{v}_e} = 0$

then

$$\mu_{s} = E_{F_{s}} = \hbar c \left(\pi^{2} n_{s}\right)^{1/3} = \hbar c \left(\pi^{2} n_{B}\right)^{1/3} \ge m_{c} = 1.3 \quad GeV$$
$$\implies n_{B} \ge 29 \quad fm^{-3} \sim 180n_{0}$$

Only u,d,s quarks are expected in Neutron Stars

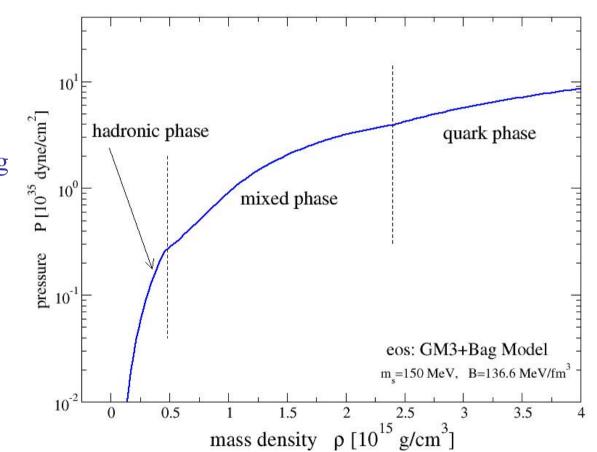
The Equation of State for Hybrid Stars

\diamond Hadronic phase :

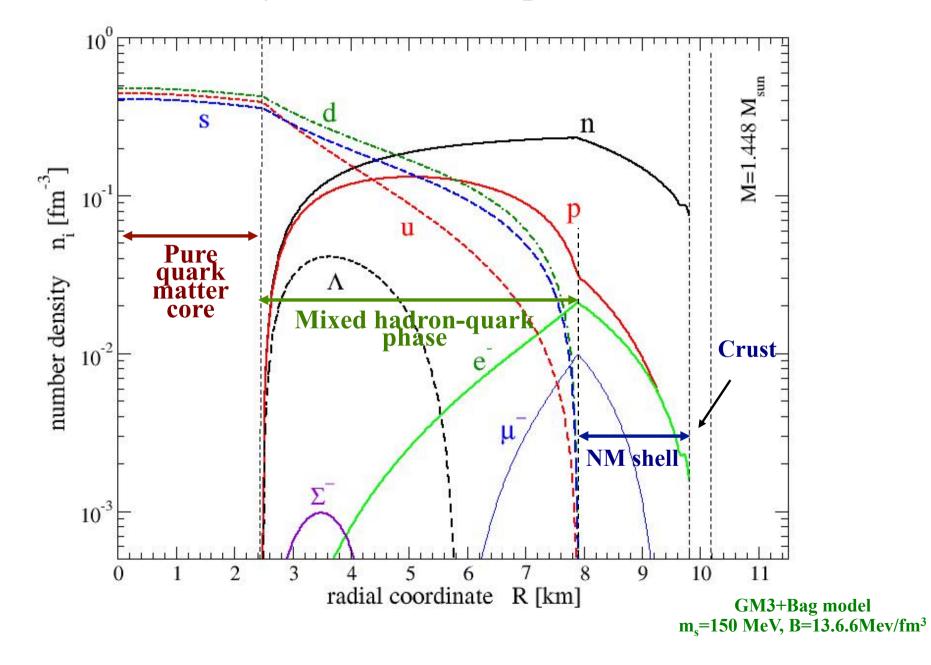
RMF Models Microscopic BHF

- ♦ Quark phase :
 EOS based on the MIT bag model for hadrons.
 [Farhi, Jaffe, Phys. Rev. D46(1992)]
- \diamond Mixed phase :

Gibbs construction for a multicomponent system with two conserved "charges". [Glendenning, Phys. Rev. D46 (1992)]



Hybrid Star Composition



The Strange Matter Hypothesis Bodmer (1971), Terezawa (1979) & Witten (1984)

Three-flavour u,d,s quark matter in equilibrium with respect to the weak interactions, could be the true ground state of strongly interacting mater, rather than ⁵⁶Fe

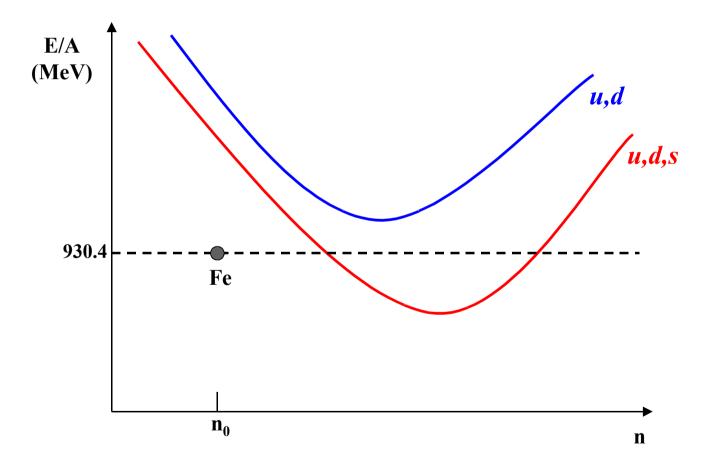
 $E/A|_{SQM} \le E(^{56}Fe)/56 \sim 930 \text{ MeV}$

Stability of nuclei with respect to u,d quark matter

The success of traditional nuclear physics provides a clear indication that quarks in the atomic nuclei are confined within neutrons and protons

 $E/A|_{ud} > E(^{56}Fe)/56 \sim 930 \text{ MeV}$

Schematically



If the SQM hypothesis is true, why nuclei do not decay into SQM droplets (strangelets)?

One should explain the existence of atomic nuclei in Nature

Stability of Nuclei with respect to SQM

Direct decay of ⁵⁶Fe to a SQM droplet

$$^{56}Fe \rightarrow ^{56}(SQM) \implies \sim 56$$
 simultaneous
strangeness changing weak
process

$$u \rightarrow s + e^+ + v_e$$
$$d + u \rightarrow s + u$$

The probability for the direct decay is $P \sim (G_F^2)^{56} \sim 0$ and the mean-life time of ⁵⁶Fe with respect to the direct decay to a drop of SQM is

 $\tau \rightarrow$ age of the Universe

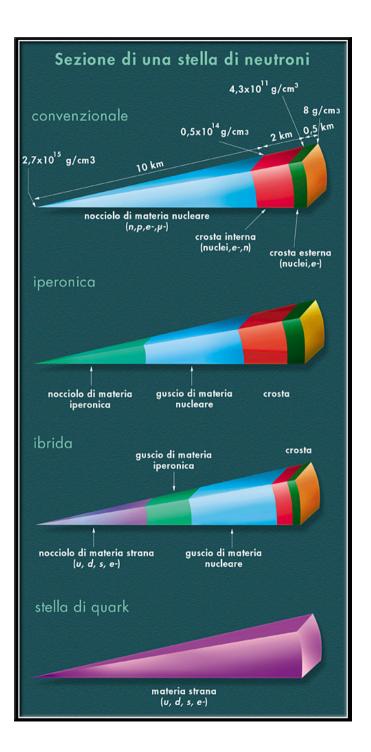
Step by step decay of ⁵⁶Fe to a SQM droplet

$${}^{56}Fe \rightarrow X^{56}_{\Lambda} \rightarrow Y^{56}_{\Lambda\Lambda} \rightarrow \dots \rightarrow {}^{56}(SQM)$$

 ${}^{56}Fe \rightarrow Fe_{\Lambda}^{56}$ ${}^{56}Fe \rightarrow Mn_{\Lambda}^{56}$ ${}^{56}Fe \rightarrow Mn_{\Lambda}^{56}$ ${}^{6}Fe \rightarrow Mn_{\Lambda}^{56}$ ${}^{6}Pe \rightarrow M(X_{\Lambda}^{56}) < 0$ These processes are not energetically possible since

Thus, according with the Bodmer-Terezawa-Witten hypothesis, nuclei are metastable states of strong interacting matter with a mean-life time

 $\tau >>$ age of the Universe



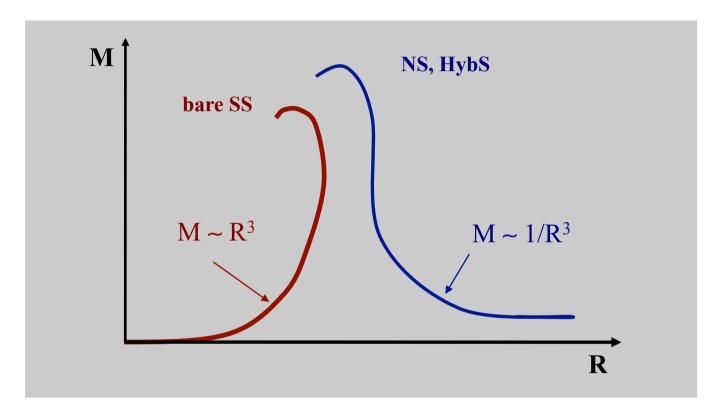
Two families of Neutron Stars

- Hadron Stars (HS)
 - Nucleonic StarsHyperonic Stars

Quark Stars (QS)

Hybrid StarsStrange Stars

Mass-radius relation



- Strange Stars are self-bound bodies i.e., bound by the strong interactions
- \diamond Hadronic or Hybrid Stars are bound by gravity.

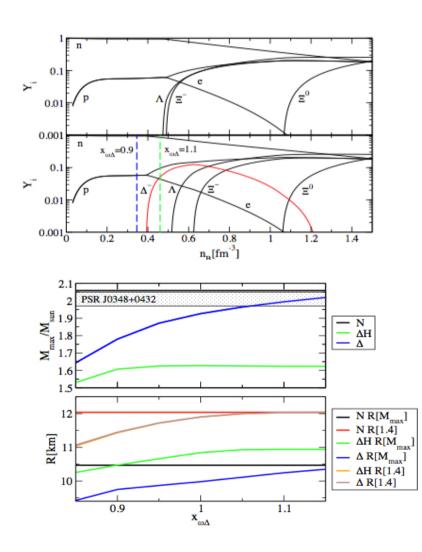
But also in this case we must pay attention



Currently theoretical descriptions of quark matter at high density rely on phenomenological models which are constrained using the few available experimental information on high density baryonic matter from heavy-ion collisions.

Is there also a Δ isobar puzzle ?

The recent work by Drago et al. (2014) calculation have studied the role of the Δ isobar in neutron star matter



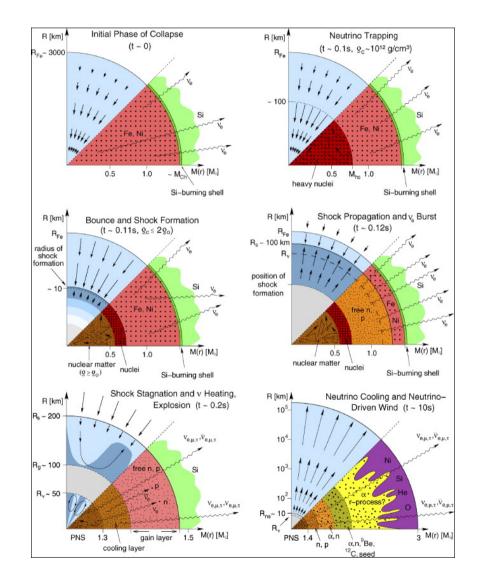
- Constraints from L indicate an early appearance of Δ isobars in neutron stars matter at ~ 2-3 ρ_0 (same range as hyperons)
- Appearance of Δ isobars modify the composition & structure of hadronic stars
- M_{max} is dramatically affected by the presence of Δ isobars

If Δ potential is close to that indicated by π -, e-nucleus or photoabsortion nuclear reactions then EoS is too soft $\longrightarrow \Delta$ puzzle similar to the hyperon one

Hyperon Stars at Birth

lovid Hayd Glov

Proto-Neutron Stars



(Janka, Langanke, Marek, Martinez-Pinedo & Muller 2006)

New effects on PNS matter:

Thermal effects

$$T \approx 30 - 40 \quad MeV$$
$$S / A \approx 1 - 2$$

Neutrino trapping

$$\mu_{v} \neq 0$$

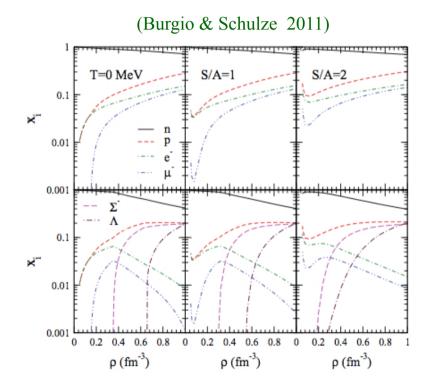
$$Y_{e} = \frac{\rho_{e} + \rho_{v_{e}}}{\rho_{B}} \approx 0.4$$

$$Y_{\mu} = \frac{\rho_{\mu} + \rho_{v_{\mu}}}{\rho_{B}} \approx 0$$

Proto-Neutron Stars: Composition

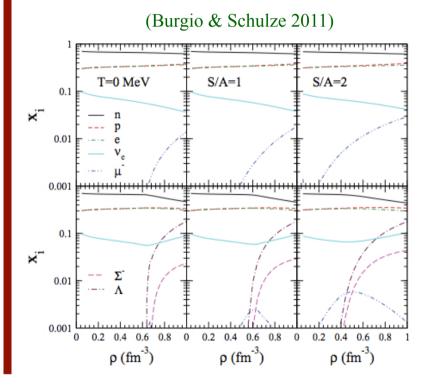
Neutrino free

 $\mu_v = 0$



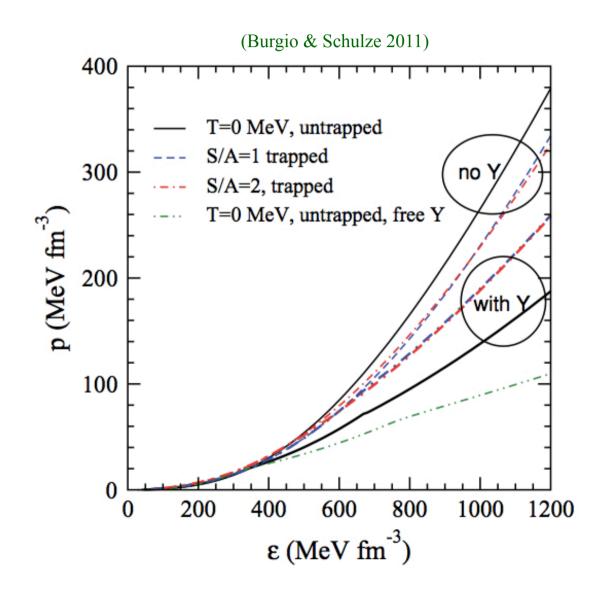


 $\mu_v \neq 0$



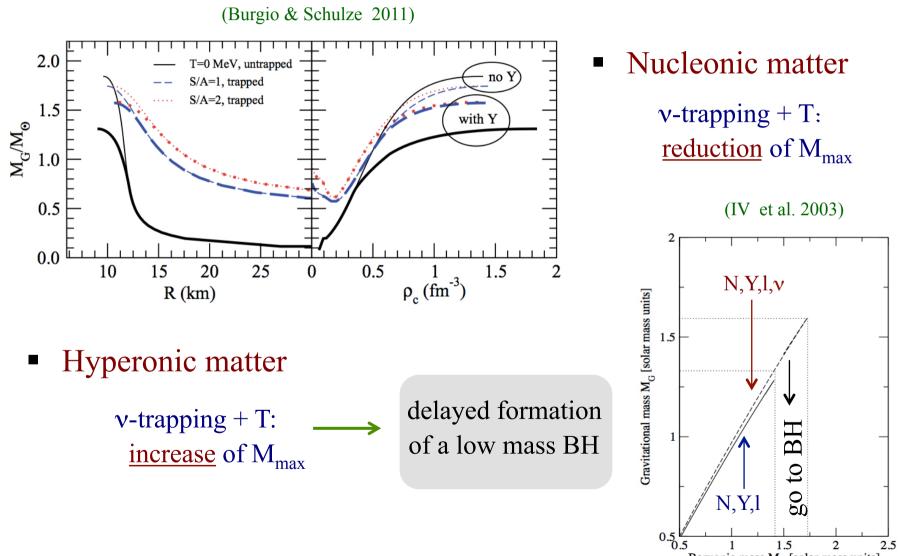
- Neutrino trapped
- Large proton fraction
 - Small number of muons
 - Onset of $\Sigma^{-}(\Lambda)$ shifted to higher (lower) density
 - ✓ Hyperon fraction lower in ν -trapped matter

Proto-Neutron Stars: EoS



- Nucleonic matter
- $\diamond v\text{-trapping} + \text{temperature}$ $\longrightarrow \underline{\text{softer EoS}}$
- Hyperonic matter
- $\Rightarrow v\text{-trapping} + \text{temperature}$ $\longrightarrow \underline{\text{stiffer EoS}}$
- ♦ More hyperon softening in v-untrapped matter (larger hyperon fraction)

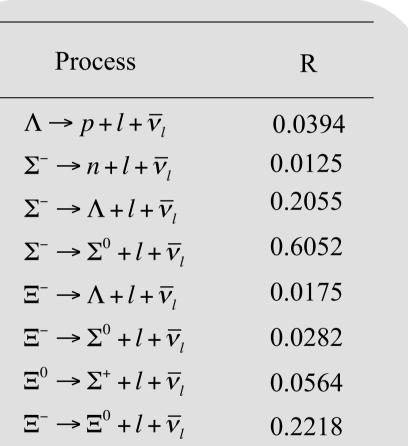
Proto-Neutron Stars: Structure



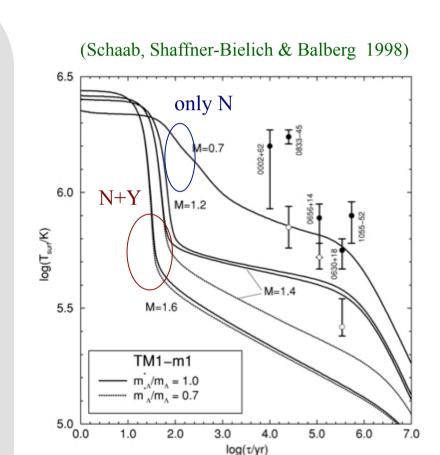
2 Baryonic mass M_B [solar mass units]

Hyperons & Neutron Star Cooling

Hyperonic DURCA processes possible as soon as hyperons appear (nucleonic DURCA requires x_p > 11-15 %)



+ partner reactions generating neutrinos, Hyperonic MURCA, ...



Additional

Processes

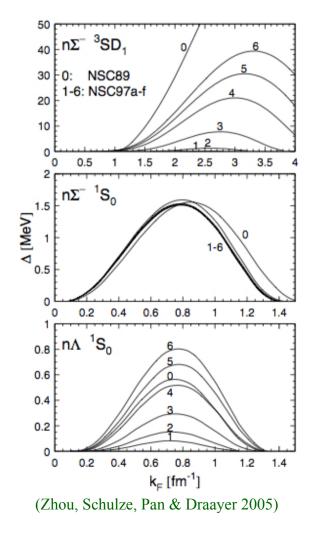
Fast Cooling

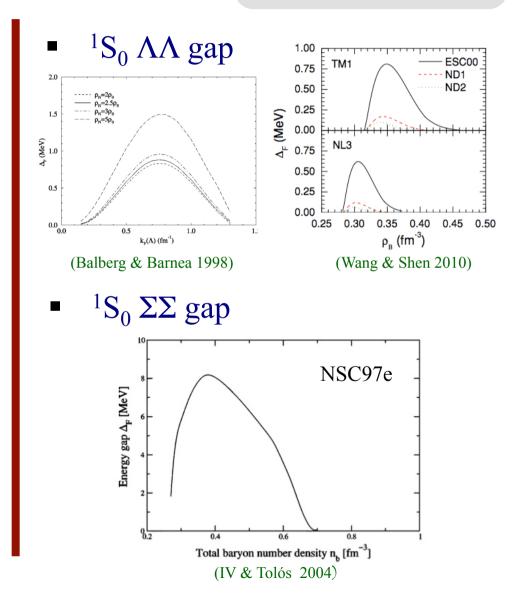
R: relative emissitivy w.r.t. nucleonic DURCA

Pairing Gap \longrightarrow suppression of $C_v \& \mathcal{E}$ by

 $\sim e^{(-\Delta/k_BT)}$

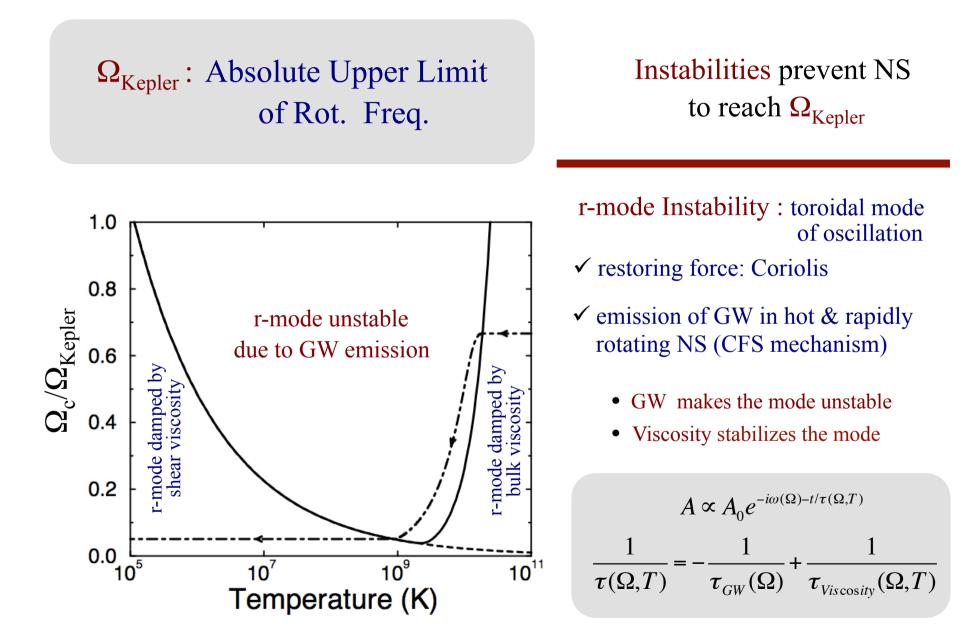
• ${}^{1}S_{0}$, ${}^{3}SD_{1}\Sigma N \& {}^{1}S_{0}\Lambda N$ gap





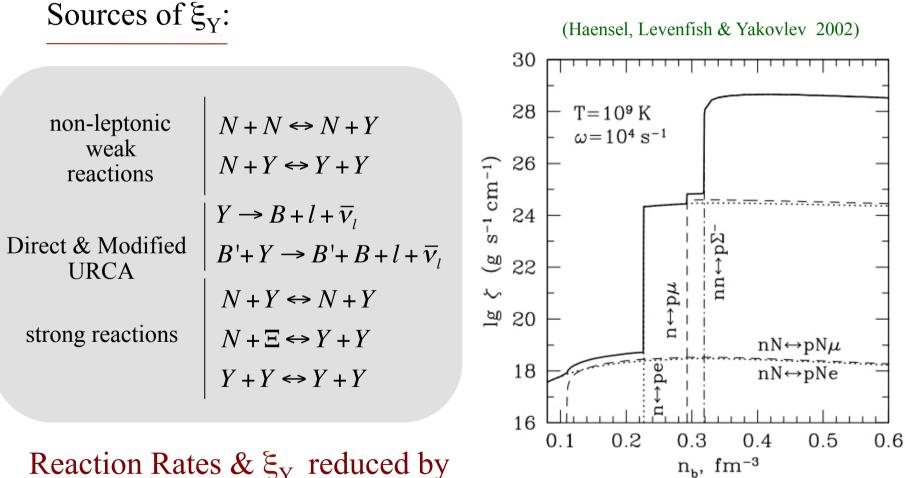
Hyperons & the R-mode instability of Neutron Stars

The r-mode Instability



Hyperon Bulk Viscosity ξ_Y

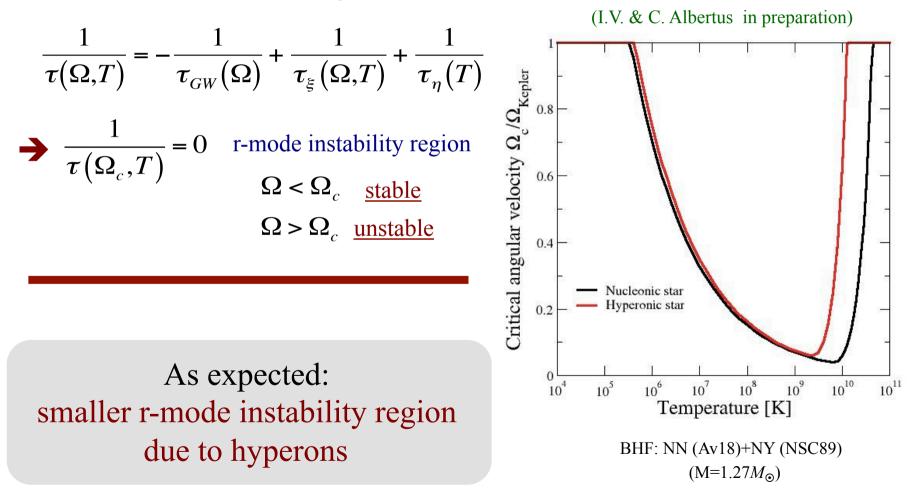
(Lindblom et al. 2002, Haensel et al 2002, van Dalen et al. 2002, Chatterjee et al. 2008, Gusakov et al. 2008, Shina et al. 2009, Jha et al. 2010,...)



Reaction Rates & ξ_Y reduced by Hyperon Superfluidity

Critical Angular Velocity of Neutron Stars

• r-mode amplitude: $A \propto A_o e^{-i\omega(\Omega)t - t/\tau(\Omega)}$



This short talk is just a brush-stroke on the physics of neutron stars. Three excellent monographs on this topic for interested readers are:



and the state of the state

Converting National Norman K. Glendenning ASTROPHYSICS AND PACE SCIENCE LURARS 2s **Compact Stars NEUTRON STARS 1** Equation of State and Structure Nuclear Physics, Particle Physics, and General Relativity THE PHYSICS OF COMPACT OBJECTS Second Edition P. HAENSEL A.Y. POTEKHIN D.C. VAKOVU STUART L. SHAPIRO Δ TFUKO

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♦ ...

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The final message of this talk

Neutron stars are excellent observatories to test fundamental properties of matter under extreme conditions and offer an interesting interplay between nuclear processes and astrophysical observables

- You for your time & attention
- The organizers for their invitation

