## Higgs connections:

## Electroweak stability and cosmology

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## Stability vs metastability

EW
stability and cosmology

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Stability
and
inflection
point
$\xi$-inflation
$U(1) B-L$
How fast Santa should be?


## SM Higgs potential

$$
V_{0}=\frac{\lambda}{6}\left(|\mathcal{H}|^{2}-\frac{v^{2}}{2}\right)^{2} \sim \frac{\lambda}{24} \phi_{H}^{4}
$$

Stationary configurations: $m_{t}^{c}$ and $m_{t}^{i}$


Fermi


Fermi


Planck

$$
\tau>\tau_{\text {universe }}
$$

Degenerate vacua

Higgs discovery (2012)

EW
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Masina, Talk in Padua(2014)
Is Nature trying to tell us something?

## Stability results: degenerate vacua

(GI and Masina, Phys. Rev. D94(2016) 073005)

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$$
m_{t}^{c}=171.08 \pm 0.37_{\alpha_{s}} \pm 0.12_{m_{H}} \pm 0.32_{\mathrm{th}} \mathrm{GeV}
$$

Only $1.5 \sigma$ deviation from stability!


3 or regions for
$m_{t}=173.34 \pm 0.76 \mathrm{GeV}$ (grey)
$m_{h}=125.09 \pm 0.24 \mathrm{GeV}$ (blue)
$\alpha_{x}(m z)=0.1181 \pm 0.0013$ (orange


The running of $\lambda$ is heavily dependent on $y_{t}$

## Inflection point configuration: results

(GI and Masina, Phys. Rev. D94(2016) 073005)

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A tension of at least $3 \sigma$ appears: all the false vacuum inflationary models seem to be ruled out

$$
V \approx \frac{3 \pi^{2} A_{s}}{2} r
$$

The potential spans one order of magnitude for decreasing $\alpha_{s}$ : dramatic variation of $r$


$$
\log _{10} \bar{V}_{i}^{1 / 4}=16.77 \pm 0.11_{\alpha_{s}} \pm 0.05_{m_{H}} \pm 0.08_{\mathrm{th}}
$$

## $\xi$-inflation: predictions and constraints

(GI and Masina, in preparation)

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## Action in the Jordan frame

Scalar fields can (should?) be non-minimally coupled to gravity
$\mathcal{S}_{J}=\int d^{4} x \sqrt{-g}\left[\frac{M_{P}^{2}}{2} R-\xi \mathcal{H}^{\dagger} \mathcal{H} R\right]$

Weak constraint on $\xi$



We see that a critical low $\xi$ scenario is no more viable:

Unitarity issue!

## Stabilisation of the potential: $U(1)_{B-L}$ extension

 (GI and Masina, in preparation)EW stability and cosmology

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## Threshold effect

 the scalar lifts up $\lambda$, whileMajoron inflation small room
to accomplish both tasks!
 neutrinos pull down the running

## Merry Xmas and Happy New Year!

## EW

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## THE P PIYSICS:OF-SANTA

Every year, Santa must deliver gifts to $\mathbf{2 0 0}$ million children spread over $\mathbf{2 0 0}$ million square miles in $\mathbf{2 4}$ hours. With $\mathbf{2 . 6 7}$ children in each household, $\mathbf{7 5}$ million homes to visit, and an average distance of
1.63 miles between homes, how fast does Santa need to travel?


