

# INTRODUCTION TO EFFECTIVE FIELD THEORIES OF QCD

bira

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# Outline

- Effective Field Theories
  - ▶ Introduction
  - ▶ What is Effective
  - ▶ Example: NRQED
  - ▶ Summary
- QCD at Low Energies
- Towards Nuclear Structure

## References:

U. van Kolck, L.J. Abu-Raddad, and D.M. Cardamone,

**Introduction to effective field theories in QCD,**

in *New states of matter in hadronic interactions*

(Proceedings of the Pan American Advanced Studies Institute, 2002),

**nucl-th/0205058**

D.B. Kaplan,

**Effective field theories,**

Lectures at 7th Summer School in Nuclear Physics Symmetries,

Seattle, WA, 18-30 Jun 1995,

**nucl-th/9506035**

*Wanted*  
*Dead ♦ or ♦ Alive*

FORMULATION OF NUCLEAR PHYSICS CONSISTENT  
WITH STANDARD MODEL (SM) OF PARTICLE PHYSICS

**Reward**

understanding emergence of complexity  
at the most fundamental level:

nucleus made out of quarks and gluons interacting  
strongly (QCD), yet exhibiting many regularities



use of nuclei as laboratories  
for physics beyond the SM

**Beware**

coupling constants not small: not an easy problem!

“There are few problems in nuclear theoretical physics which have attracted more attention than that of trying to determine the fundamental interaction between two nucleons.

It is also true that scarcely ever has the world of physics owed so little to so many ...

... It is hard to believe that many of the authors are talking about the same problem or, in fact, that they know what the problem is.”

M. L. Goldberger

*Midwestern Conference on Theoretical  
Physics, Purdue University, 1960*

# Nuclear Physics

## The canons of tradition

- I Nuclei are essentially made out of non-relativistic nucleons in two isospin states (protons and neutrons)
- II The interaction potential is mostly two-body, but there is evidence for smaller three-body forces
- III Isospin is a good symmetry, except for a sizable breaking in two-nucleon scattering lengths and other, smaller effects
- IV External probes (e.g. photons) interact mainly with each nucleon, but there is evidence for smaller two-nucleon currents

but...

WHY?



# Quantum Chromodynamics

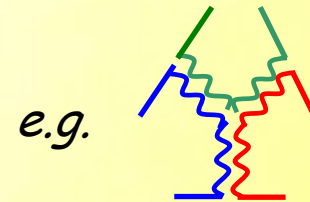
## On the road to infrared slavery



Up, down quarks are relatively light,  $m_{u,d} \sim 5 \text{ MeV}$ , and thus relativistic



The interaction is a multi-gluon, and thus a multi-quark, process



Isospin symmetry is not obvious:  $\varepsilon = \frac{m_d - m_u}{m_d + m_u} \sim \frac{1}{3}$



External probes can interact with collection of quarks

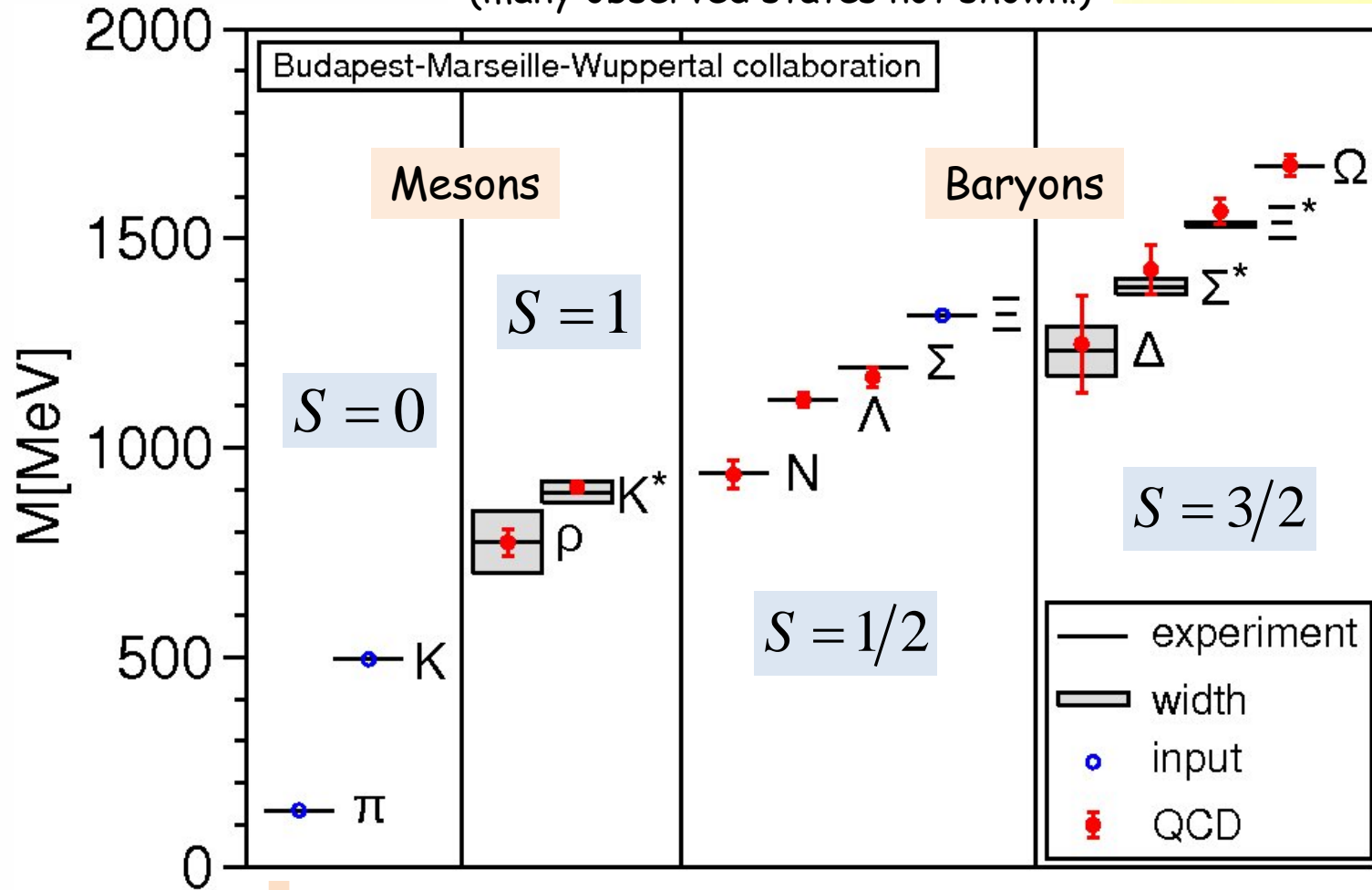
difficulty

quarks and gluons **not** the most convenient degrees of freedom at low energies

How does nuclear structure emerge from QCD?

# Strongly interacting particles (hadrons)

(many observed states not shown!)

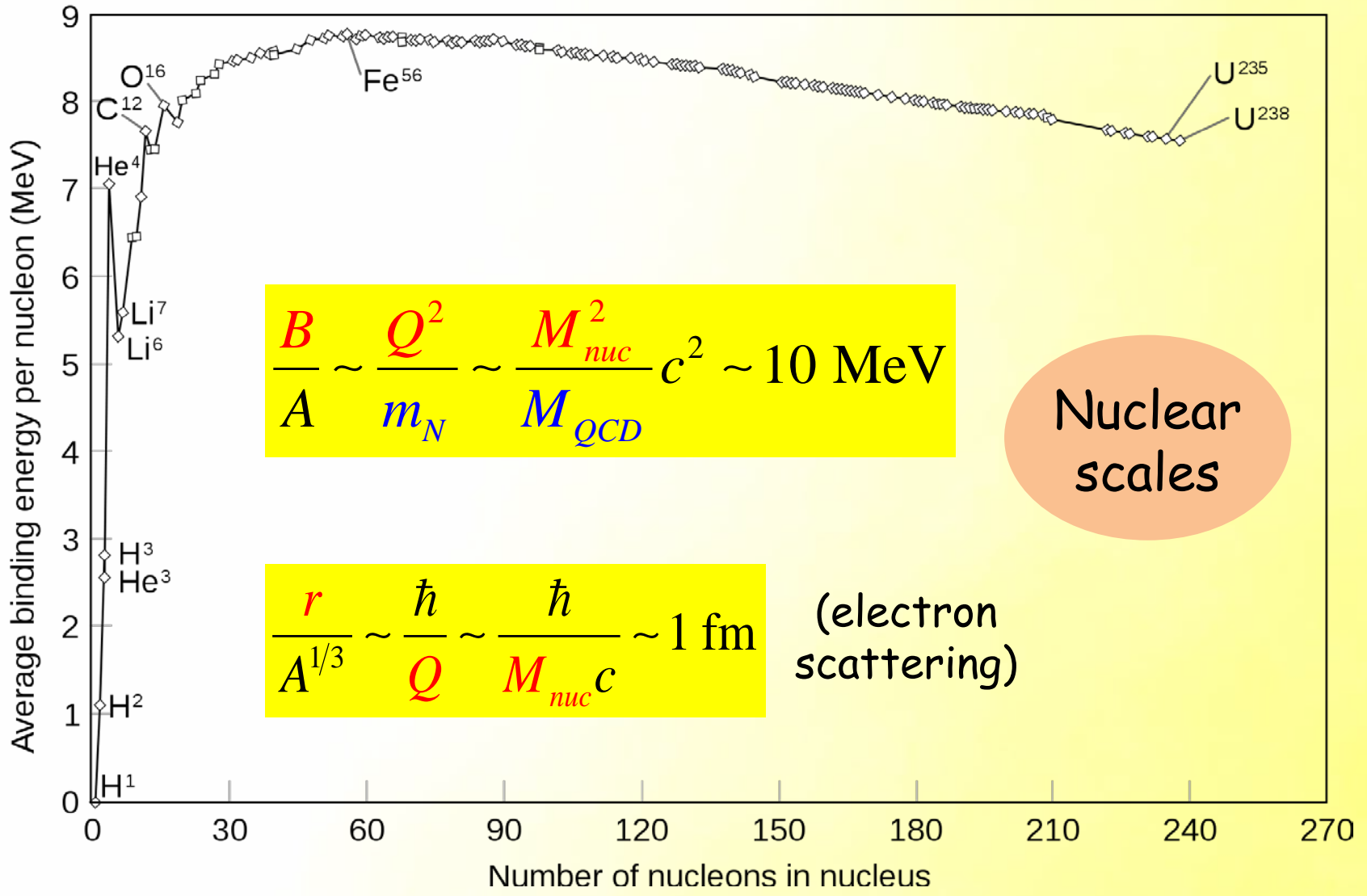


QCD Scale

Exception: pion  
 $m_\pi \approx 140 \text{ MeV}/c^2 \ll M_{QCD}$   
 we'll return to it!

$$M_{QCD} \sim 1000 \text{ MeV}/c^2 = 1 \text{ GeV}/c^2$$





$$\frac{B}{A} \sim \frac{Q^2}{m_N} \sim \frac{M_{nuc}^2}{M_{QCD}} c^2 \sim 10 \text{ MeV}$$

Nuclear scales

$$\frac{r}{A^{1/3}} \sim \frac{\hbar}{Q} \sim \frac{\hbar}{M_{nuc} c} \sim 1 \text{ fm}$$

(electron scattering)

$$Q \sim M_{nuc} c \sim 100 \text{ MeV}/c$$

# Multi-scale problems

H  
atom

$$H = \left( \frac{p^2}{2m_e} - \frac{\alpha \hbar c}{r} \right) \left[ 1 + \mathcal{O} \left( \alpha; \frac{p^2}{m_e^2 c^2}; \frac{\hbar^2}{m_e^2 c^2 r^2} \right) \right] \quad \alpha \equiv \frac{e^2}{4\pi \hbar c} \cong \frac{1}{137} \ll 1$$

$$r \sim R \quad \left. \begin{array}{l} \\ \\ \end{array} \right\} E(R) \sim \left( \frac{\hbar^2}{2m_e R^2} - \frac{\alpha \hbar c}{R} \right)$$

$$p \sim \frac{\hbar}{R}$$

$$\frac{dE(R)}{dR} = 0 \quad \Rightarrow \quad R = \frac{\hbar}{\alpha m_e c}$$

Three  
scales

$$\left\{ \begin{array}{l} m_e c^2 = 0.5 \text{ MeV} \\ pc \sim \alpha m_e c^2 = 3.6 \text{ keV} \\ -E \sim \frac{p^2}{2m_e} \sim \frac{1}{2} \alpha^2 m_e c^2 = 13.6 \text{ eV} \end{array} \right. \quad \left. \begin{array}{l} \\ \\ \end{array} \right\} \alpha$$

(from now on, units such that  $\hbar = 1, c = 1$ )

However...

no obvious small coupling  
in nuclear forces.

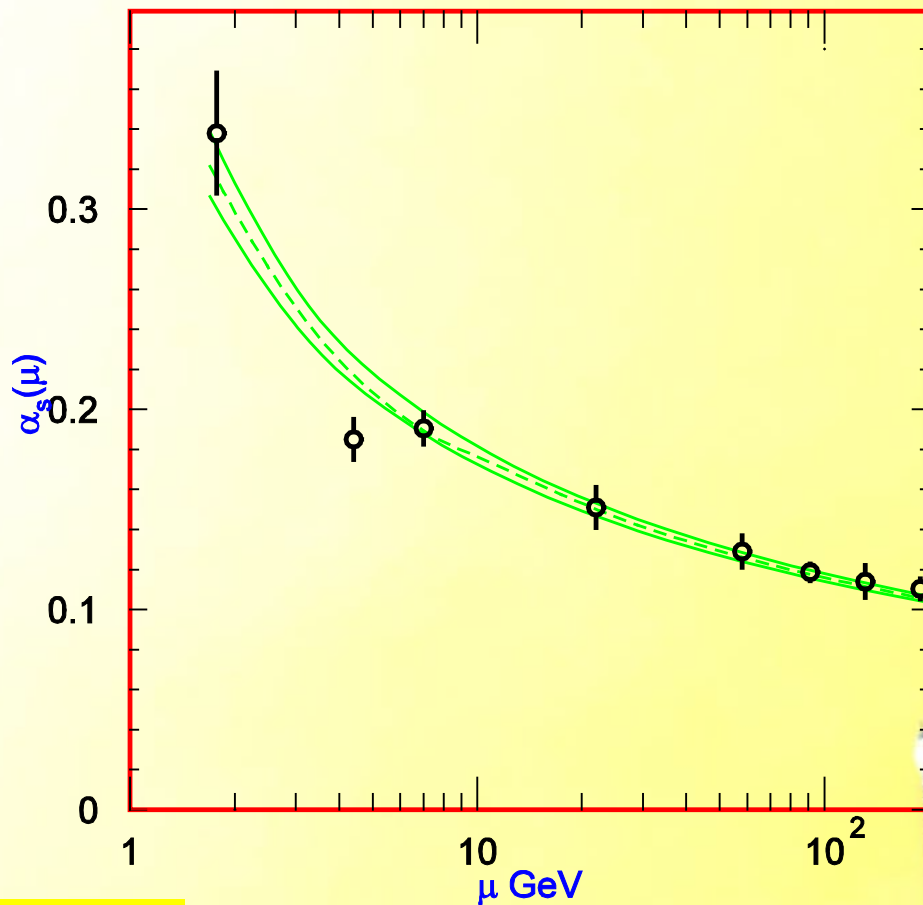
QCD  
"fine-structure"  
constant

Needed:

method that does not  
rely on small couplings

$\sim 1$

PDG, 2005



$\sim M_{QCD}$

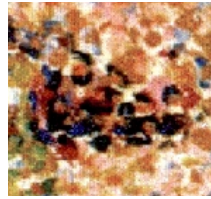
➔ EFFECTIVE FIELD THEORY

“I do not believe that scientific progress is always best advanced by keeping an altogether open mind. It is often necessary to forget one’s doubts and to follow the consequences of one’s assumptions wherever they may lead --- the great thing is not to be free of theoretical prejudices, but to have the right theoretical prejudices. And always, the test of any theoretical preconception is in where it leads.”

S. Weinberg  
*The First Three Minutes,*  
1972

# Ingredients

- Relevant degrees of freedom





# Ingredients

- Relevant degrees of freedom

*choose the coordinates that fit the problem*

- All possible interactions

# Example: Earth-moon-satellite system



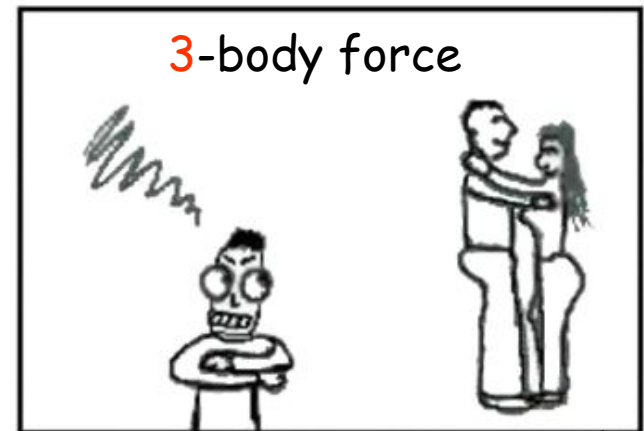
$R_m \approx 1.7 \text{ Mm}$

$d \approx 384 \text{ Mm}$

$R_E \approx 6.4 \text{ Mm}$

2-body forces  $\rightarrow$  2+3-body forces

change in resolution



# Ingredients

- Relevant degrees of freedom

*choose the coordinates that fit the problem*

- All possible interactions

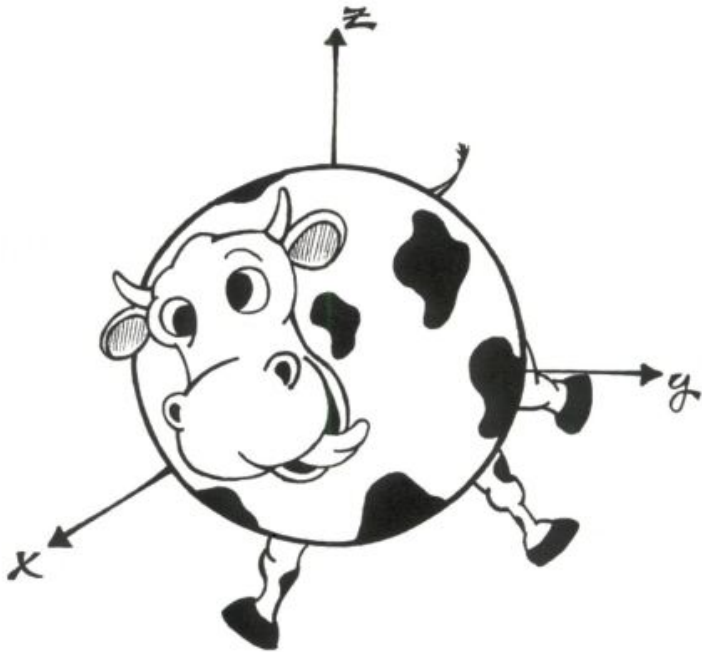
*what is not forbidden is compulsory*

- Symmetries



A farmer is having trouble with a cow whose milk has gone sour. He asks three scientists—a biologist, a chemist, and a physicist—to help him.

The biologist figures the cow must be sick or have some kind of infection, but none of the antibiotics he gives the cow work. Then, the chemist supposes that there must be a chemical imbalance affecting the production of milk, but none of the solutions he proposes do any good either. Finally, the physicist comes in and says, "First, we assume a spherical cow..."



$$\sum_{ij} \alpha_{ij} u_i v_j \rightarrow \vec{u} \cdot \vec{v} + \sum_{ij} \delta \alpha_{ij} u_i v_j$$

no, say,  $u_1 v_2$

$$|\delta \alpha_{ij}| \ll 1$$

amenable to  
perturbation theory

# Ingredients

- Relevant degrees of freedom

*choose the coordinates that fit the problem*

- All possible interactions

*what is not forbidden is compulsory*

- Symmetries

*not everything is allowed*

- Naturalness

After scales have been identified,  
the remaining, dimensionless parameters are

$$\mathcal{O}(1)$$

*unless suppressed by a symmetry*

cow  
non-sphericity...

Occam's razor:  
simplest assumption, to be revised if necessary

fine-tuning

➔ Expansion in powers of

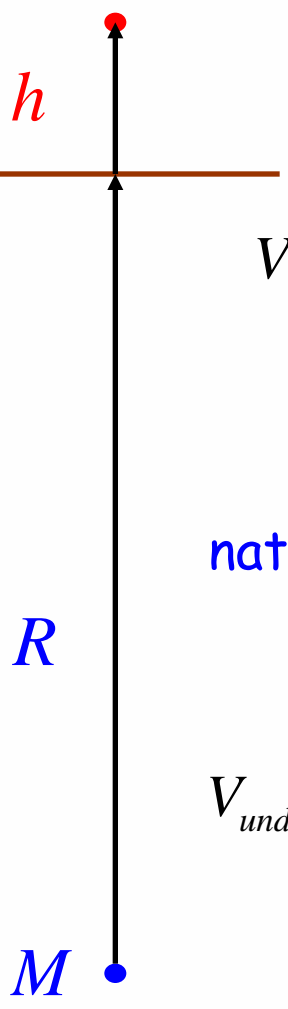
$$\frac{E}{E_{und}}$$

energy of probe

energy scale of  
underlying theory



# A classical example: the flat Earth light object near surface of a large body



$$E \sim mgh \ll E_{und} \equiv mgR \quad \left\{ \begin{array}{l} \text{d.o.f.: mass } m \\ \text{sym: } V_{eff}(h, x, y) = V_{eff}(h) \end{array} \right.$$

$$V_{eff}(h) = m \sum_{i=0}^{\infty} g_i h^i = \text{const} + mg \{ h + \eta h^2 + \dots \}$$

parameters

(neglecting quantum corrections...)

naturalness:  $\frac{mg_{i+1}h^{i+1}}{mg_i h^i} = \frac{E}{E_{und}} \times \mathcal{O}(1) = \frac{h}{R} \times \mathcal{O}(1) \iff g_{i+1} = \mathcal{O}\left(\frac{g}{R^i}\right)$

$$V_{und}(h) = -GMm \frac{1}{R+h} = m \left( \frac{GM}{R^2} \right) \sum_{i=0}^{\infty} \left( \frac{-1}{R} \right)^{i-1} h^i \implies g_{i+1} = (-1)^i \frac{g}{R^i}$$

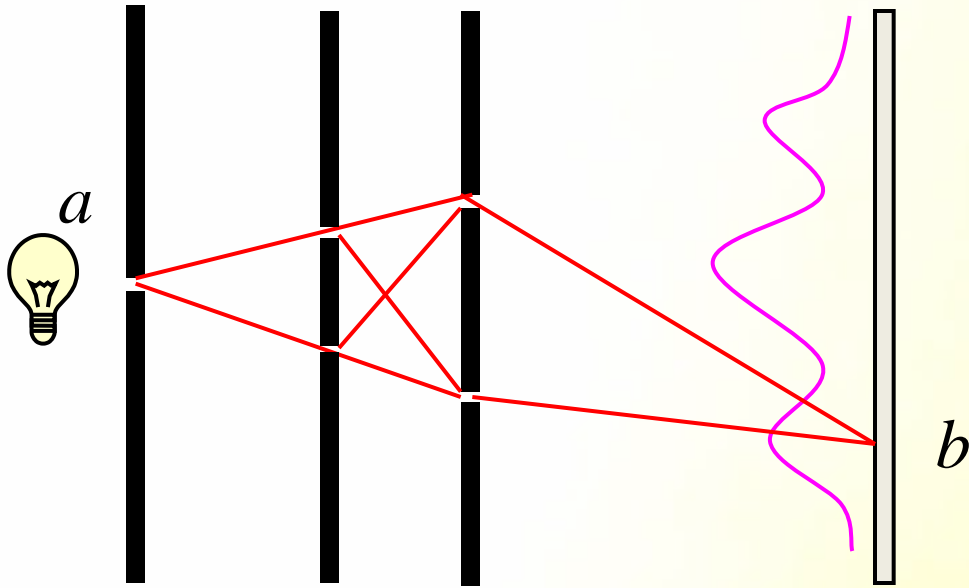
$h \ll R$   $\equiv g$



itself the first term in a low-energy EFT of general relativity...

# Going a bit deeper...

# A short path to quantum mechanics



$$P = |A_1 + A_2 + A_3 + A_4|^2$$

sum over  
all paths

$$A_i \propto \exp\left(i \int_a^b dt \mathcal{L}(q(t))\right)$$

each path contributes a phase  
given by the classical action

Path Integral

Feynman '48

$$A = \int Dq \exp\left(i \int dt \mathcal{L}(q(t))\right)$$

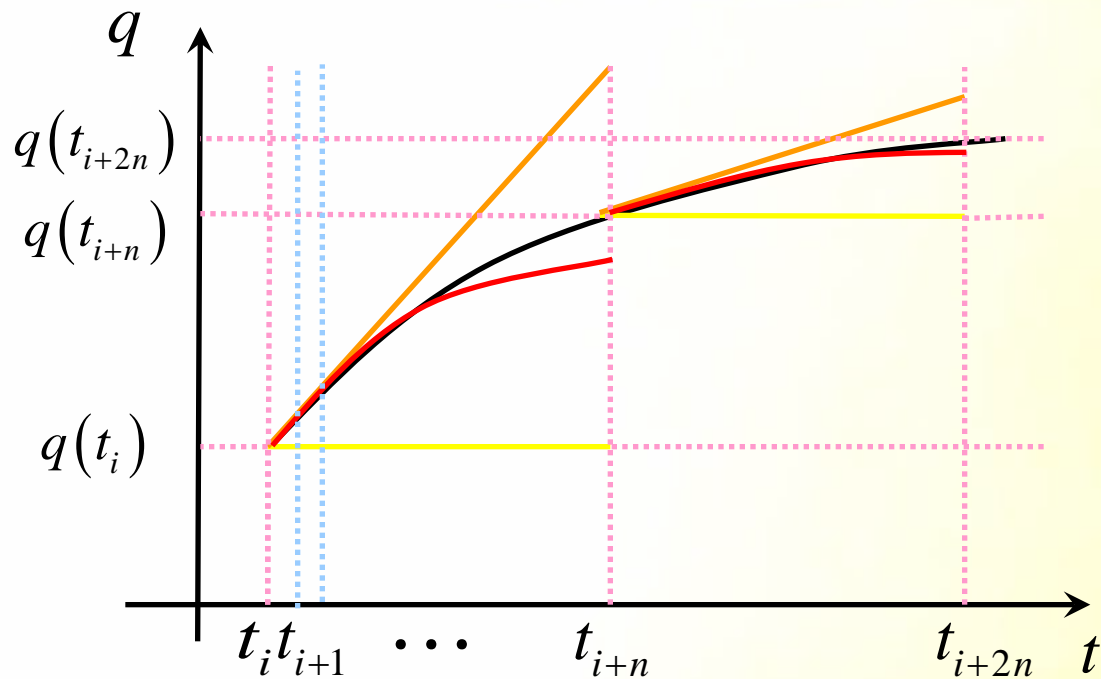
$$\prod_i \int dq(t_i)$$

classical  
path

$$\delta\left(\int dt \mathcal{L}(q(t))\right) = 0$$



RULE



## EFFECTIVE THEORY

← scale of fine-structure of dynamics

← scale of variation of long-range dynamics

← coarse-graining scale (cutoff)

$$\mathcal{L}(q(t_i)) \rightarrow \mathcal{L}\left(q(t_i) + \left.\frac{dq}{dt}\right|_{t_i} (t - t_i) + \frac{1}{2} \left.\frac{d^2q}{dt^2}\right|_{t_i} (t - t_i)^2 + \dots\right)$$

More generally,

$$\begin{aligned} A &= \int Dq \exp\left(i \int dt \mathcal{L}_{und}(q)\right) \\ &\quad \times \int D\tilde{q} \delta(\tilde{q} - f_{\Lambda}(q)) \quad \leftarrow \prod_i \int d\tilde{q}(t_i) \delta(\tilde{q}(t_i) - f(q(t_i))) \\ &= \int D\tilde{q} \exp\left(i \int dt \mathcal{L}_{EFT}(\tilde{q})\right) \end{aligned}$$

$$\mathcal{L}_{EFT}(\tilde{q}) = \sum_{d,n=0}^{\infty} c_{d+n}(M, \Lambda) \mathcal{O}_{d+n} \left( \tilde{q}, \left( \frac{d^d \tilde{q}}{dt^d} \right)^n \right)$$

Naturalness

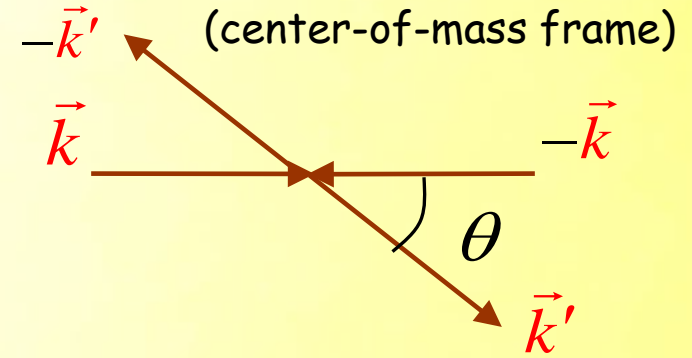
$$c_{d+n} \sim \frac{c_0}{M^{d+n}}$$

*e.g.*  $V_{EFT}(\tilde{q}) = c_0 \tilde{q}^4 + c_2 \tilde{q}^2 \left( \frac{d\tilde{q}}{dt} \right)^2 + \dots$

Observables  $\sim$  expansion in  $\frac{Q}{M}$

# All information is in the S matrix...

elastic scattering  
(for simplicity)



$$\left\{ \begin{array}{l} |\vec{k}'| = |\vec{k}| \equiv k \quad (\text{conservation of energy}) \end{array} \right.$$

$\theta$  : given by certain probability amplitude - the "scattering amplitude"

$$T(k, \theta) = \sum_{l=0}^{\infty} T_l(k) P_l(\cos \theta)$$

angular momentum      partial-wave amplitude      Legendre polynomial

parametrized by phase shift  $\delta_l(k)$

$$\left\{ \begin{array}{l} T_l^{-1}(K_r + iK_i) = 0 \end{array} \right. \left\{ \begin{array}{l} K_r = 0 \quad \text{bound states} \quad \Rightarrow \quad E = -B < 0 \\ K_i \leq 0 \quad \text{resonances} \quad \Rightarrow \quad E = E_R - i\Gamma_R/2 \end{array} \right.$$

characteristic external momentum

$$T = T^{(\infty)}(Q) \sim N(M) \sum_{\nu=\nu_{\min}}^{\infty} \sum_i \tilde{c}_{\nu,i}(\Lambda) \left[ \frac{Q}{M} \right]^{\nu} F_{\nu,i} \left( \frac{Q}{m}; \frac{Q}{\Lambda} \right)$$

$\frac{\partial T}{\partial \Lambda} = 0$

normalization

"non-analytic",  
from the solution of  
a dynamical equation  
(e.g. Schrödinger eq.)

$$\nu = \nu(d, n, \dots) \quad \text{"power counting"}$$

For  $k \sim m$ , truncate consistently with RG invariance  
so as to allow systematic improvement (perturbation theory):

$$T = T^{(\bar{\nu})} \left[ 1 + \mathcal{O} \left( \frac{Q}{M}, \frac{Q}{\Lambda} \right) \right] \quad \frac{\Lambda}{T^{(\bar{\nu})}} \frac{\partial T^{(\bar{\nu})}}{\partial \Lambda} = \mathcal{O} \left( \frac{Q}{\Lambda} \right)$$



“second quantization”:

$$q(t) \rightarrow \psi(\vec{r}, t), \psi^*(\vec{r}, t)$$

+ Lorentz invariance

representation of  $SO(3,1)$

$$dt \rightarrow dt d^3r$$

$$\equiv d^4x$$

$$\frac{d}{dt} \rightarrow \frac{\partial}{\partial t}, \frac{\partial}{\partial \vec{r}}$$

$$\rightarrow \frac{\partial}{\partial x^\mu}$$

## EFFECTIVE FIELD THEORIES

Euler + Heisenberg '36

Weinberg '67 ... '79

Wilson, early 70s

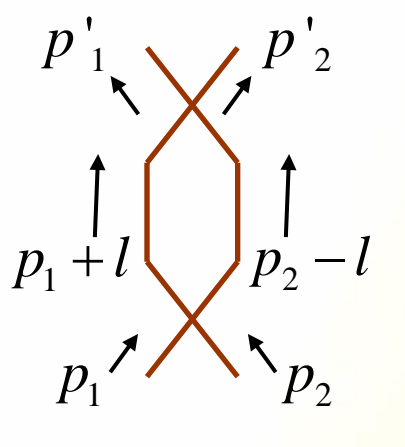
...

$$A = \int D\psi D\psi^* \exp\left(i \int d^4x \{ \mathcal{L}_{\text{free}}(\psi) + \mathcal{L}_{\text{int}}(\psi) \}\right)$$

$$= \int D\psi D\psi^* \left\{ 1 + i \int d^4x \mathcal{L}_{\text{int}}(\psi) + \left[ i \int d^4x \mathcal{L}_{\text{int}}(\psi) \right]^2 + \dots \right\} \exp\left(i \int d^4x \mathcal{L}_{\text{free}}(\psi)\right)$$

momentum space

$$\mathcal{L}_{\text{int}} = \frac{\lambda}{4} (\psi^* \psi)^2 \quad \times \quad = i\lambda \quad \left( \text{skip many steps...} \right) \quad = \frac{i}{p^2 - m^2 + i\epsilon}$$



$$= \int \frac{d^4l}{(2\pi)^4} i\lambda \frac{i}{(p_1 + l)^2 - m^2 + i\epsilon} \frac{i}{(p_2 - l)^2 - m^2 + i\epsilon} i\lambda$$

$$= \dots$$

but divergent from high-momentum region...

needs a cutoff to separate high and low momenta

N.B. This does NOT require relativity, as we'll see explicitly in lecture 2

# EFFECTIVE FIELD THEORIES

Euler + Heisenberg '36  
Weinberg '67 ... '79  
Wilson, early 70s  
...

Two possibilities:

- know and can solve underlying theory --  
get  $c_i$  's in terms of parameters in  $\mathcal{L}_{und}$
- know but cannot solve, or do not know, underlying theory --  
invoke Weinberg's "theorem":

Weinberg '79

"The quantum field theory generated by the most general Lagrangian with some assumed symmetries will produce the most general  $S$  matrix incorporating quantum mechanics, Lorentz invariance, unitarity, cluster decomposition and those symmetries, with no further physical content."

Note: proven only for scalar field with  $Z_2$  symmetry in  $E_4$ , Ball + Thorne '94  
but no known counterexamples

# Bira's EFT Recipe

1. identify degrees of freedom and symmetries
2. construct most general Lagrangian
3. run the methods of field theory

what is not forbidden  
is mandatory!

- compute Feynman diagrams with all momenta  $Q < \Lambda$   
("regularization")
- relate  $c_i(\Lambda), \Lambda$  to observables, which should be independent of  $\Lambda$   
("renormalization")

not a model form factor

➡ controlled expansion in  $\frac{Q}{M} \times \mathcal{O}(1)$   
"naturalness": what else?  
unless suppressed by symmetry...

contrast to models, which have fewer, but *ad hoc*, interactions;  
useful in the identification of relevant degrees of freedom  
and symmetries, **but** plagued with uncontrolled errors

“A significant change in physicists’ attitude towards what should be taken as a guiding principle in theory construction is taking place in recent years in the context of the development of EFT.

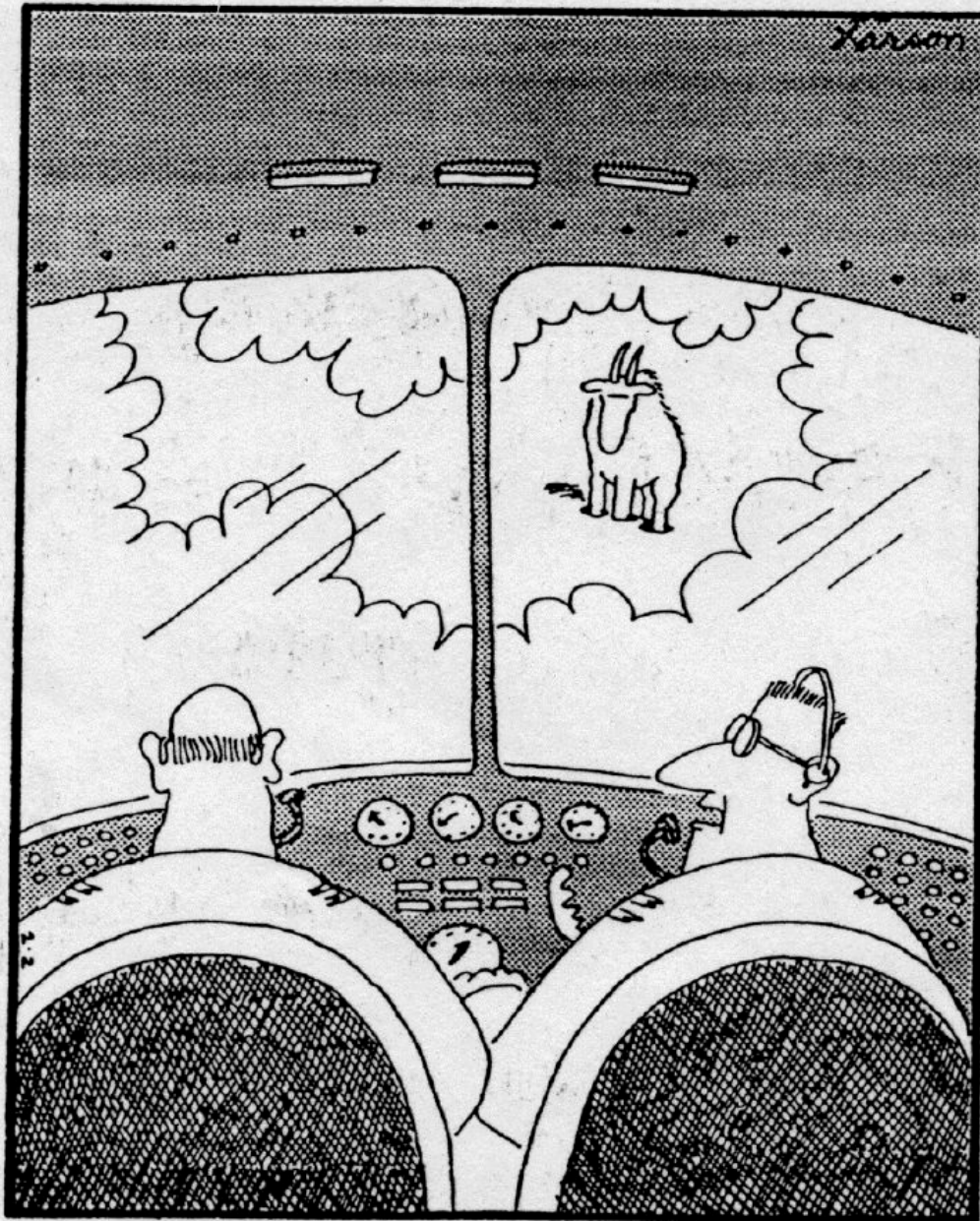
For many years (...) renormalizability has been taken as a necessary requirement.

Now, considering the fact that experiments can probe only a limited range of energies, it seems natural to take EFT as a general framework for analyzing experimental results.”

T. Y. Cao

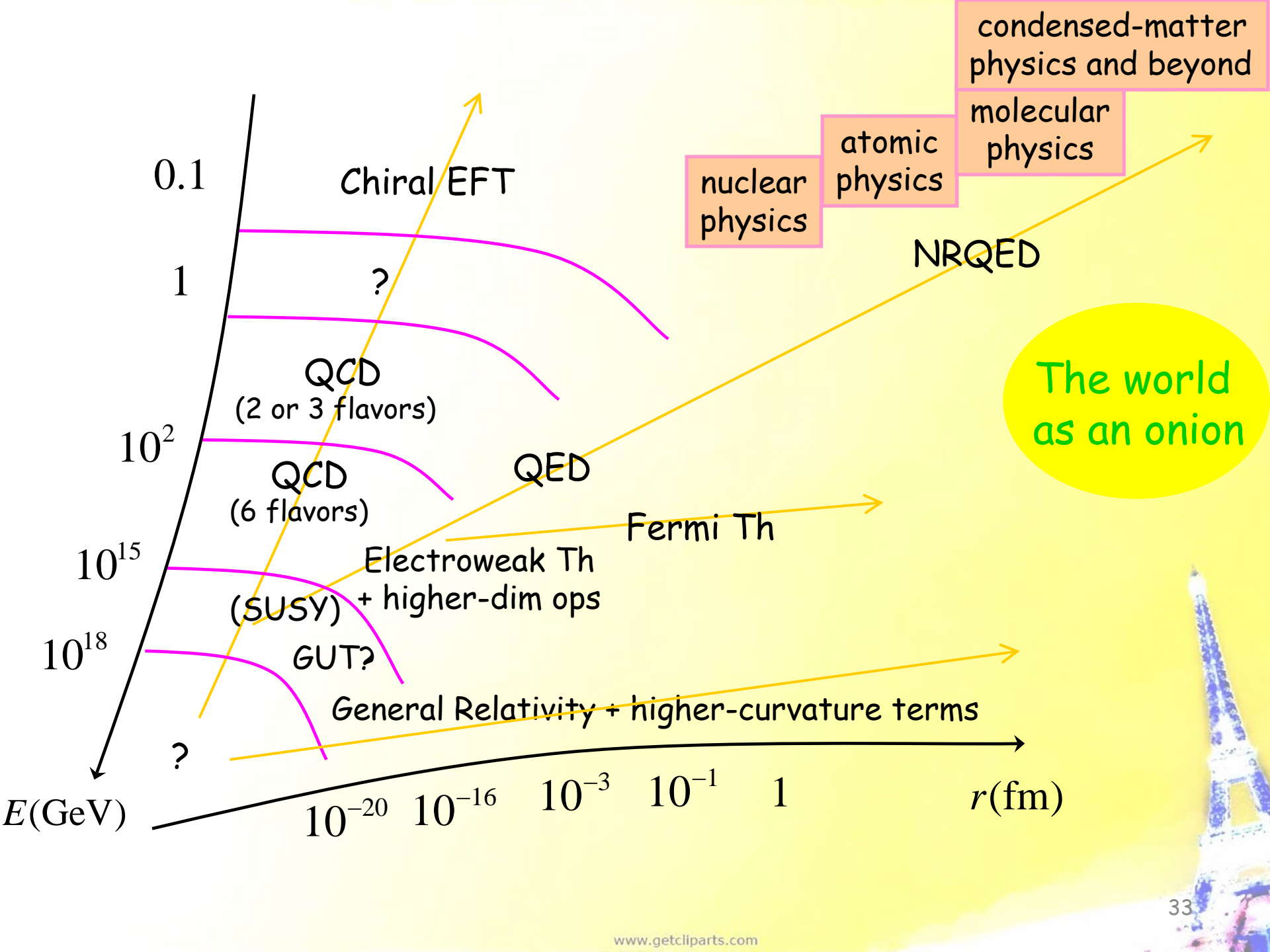
in *Renormalization, From Lorentz to Landau (and Beyond)*, L.M. Brown (ed.), 1993





"Say . . . What's a mountain goat doing way up here in a cloud bank?"

Time for a  
paradigm  
change,  
perhaps?





# A quantum example: non-relativistic QED (NRQED)

- single fermion  $\psi$  of mass  $M$ , massless spin-1 boson  $A_\mu$
- Lorentz, parity, time-reversal, and U(1) gauge invariance

$$\left[ \begin{array}{l} D_\mu = \partial_\mu - ieA_\mu \\ F_{\mu\nu} = \partial_\mu A_\nu - \partial_\nu A_\mu \end{array} \right]$$

$$\mathcal{L}_{und} = \bar{\psi} (i\not{D} - M) \psi - \frac{1}{4} F_{\mu\nu} F^{\mu\nu}$$

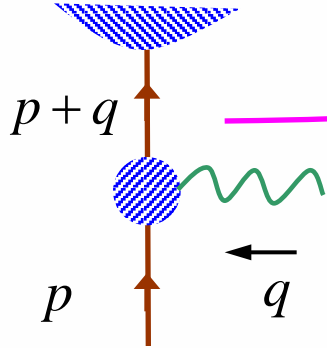
$$p \left| = \frac{i}{\not{p} - M + i\varepsilon} \quad p \begin{array}{l} \text{wavy} \\ \mu \end{array} \begin{array}{l} \text{v} \\ \mu \end{array} = \frac{-i\eta_{\mu\nu}}{p^2 + i\varepsilon}$$

$$\begin{array}{l} \text{blue dot} \\ \text{wavy} \\ \mu \end{array} = ie\gamma_\mu \quad \longrightarrow \quad \text{interactions} \propto e = \sqrt{4\pi\alpha} \sim \frac{1}{3}$$

perturbation theory

How do E&M bound states arise?

$$Q \ll M$$



$$\begin{aligned}
 &= \frac{i}{\not{p} + \not{q} - M + i\epsilon} = \frac{i(p^0 \gamma^0 - \vec{p} \cdot \vec{\gamma} + \not{q} + M)}{(p^0 + q^0)^2 - (\vec{p} + \vec{q})^2 - M^2 + i\epsilon} \\
 &= \frac{i(p^0 \gamma^0 + M - \vec{p} \cdot \vec{\gamma} + \not{q})}{2p^0 q^0 + q^2 - 2\vec{p} \cdot \vec{q} - \vec{q}^2 + i\epsilon} \\
 &= \frac{i}{q^0 + i\epsilon} \frac{(1 + \gamma^0)}{2} + \dots
 \end{aligned}$$

$$|\vec{p}| \sim |\vec{q}| = \mathcal{O}(Q)$$

$$q^0 = |\vec{q}| = \mathcal{O}(Q)$$

$$p^0 = \sqrt{\vec{p}^2 + M^2} = M + \mathcal{O}\left(\frac{Q^2}{M}\right)$$

$$P_{\pm} \equiv \frac{1 \pm \gamma^0}{2} \quad P_{\pm} P_{\pm} = P_{\pm}, \quad P_{\pm} P_{\mp} = 0$$

projector onto  $\pm$  energy states

“heavy-fermion formalism”

Georgi '90

$$\Psi_{\pm} \equiv e^{iMt} P_{\pm} \psi \Leftrightarrow \psi = (P_{+} + P_{-}) \psi = e^{-iMt} (\Psi_{+} + \Psi_{-})$$

particles: annihilates creates  
antiparticles: creates annihilates

$$\mathcal{L}_{und} = \bar{\Psi}_+ iD_0 \Psi_+ - \bar{\Psi}_- i\vec{\gamma} \cdot \vec{D} \Psi_+ + \bar{\Psi}_+ i\vec{\gamma} \cdot \vec{D} \Psi_- - \bar{\Psi}_- (iD_0 + 2M) \Psi_- - \frac{1}{4} F_{\mu\nu} F^{\mu\nu}$$

+ other, heavy d.o.f.s

$$Z = \int DA \int D\Psi_+ \int D\Psi_- \exp\left(i \int d^4x \mathcal{L}_{und}(\Psi_+, \Psi_-, A)\right) \times \int D\Psi \delta(\Psi - \Psi_+)$$

$$= \int DA \int D\Psi \exp\left(i \int d^4x \mathcal{L}_{EFT}(\Psi, A)\right) \quad \leftarrow \text{complete square, do Gaussian integral}$$

$$\mathcal{L}_{EFT} = \bar{\Psi} iD_0 \Psi + \frac{1}{2M} \bar{\Psi} \vec{D}^2 \Psi + \frac{e}{2M} \bar{\Psi} \sigma_i \Psi \varepsilon_{ijk} F^{jk} + \dots - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} + \dots$$

non-relativistic expansion      Pauli term

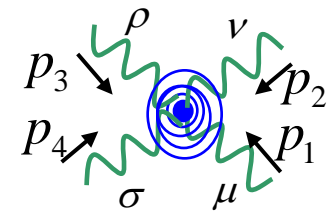
$$+ \frac{e\kappa}{2M} \bar{\Psi} \sigma_i \Psi \varepsilon_{ijk} F^{jk} + \dots$$

anomalous  
magnetic moment  
=O(1)

most general Lag with  $\Psi$ ,  $A$   
invariant under U(1) gauge, parity, time-reversal,  
and Lorentz transformations

$$\mathcal{L}_{EFT} = -\frac{1}{4} F_{\mu\nu} F^{\mu\nu} + \frac{a}{M^4} (F_{\mu\nu} F^{\mu\nu})^2 + \frac{b}{M^4} (F_{\mu\nu} \tilde{F}^{\mu\nu})^2 + \dots$$

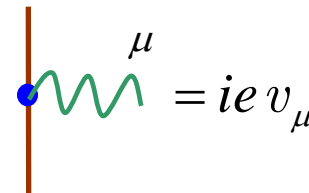
Euler + Heisenberg '36

$$p \begin{matrix} \uparrow \\ \downarrow \end{matrix} \begin{matrix} \nu \\ \mu \end{matrix} = \frac{-i \eta_{\mu\nu}}{p^2 + i\epsilon}$$


$$= \frac{i}{M^4} \left\{ a \left[ \eta_{\mu\rho} \eta_{\nu\sigma} p_1 \cdot p_3 p_2 \cdot p_4 + \dots \right] + b \left[ \dots \right] \right\}$$

$$+ \bar{\Psi} i v \cdot \mathbf{D} \Psi + \frac{1}{2M} \bar{\Psi} \left( (v \cdot \mathbf{D})^2 - \mathbf{D}^2 \right) \Psi + \frac{e}{M} (1 + \kappa) \bar{\Psi} v_\alpha S_\beta \Psi \varepsilon^{\mu\nu\alpha\beta} F_{\mu\nu} + \dots$$

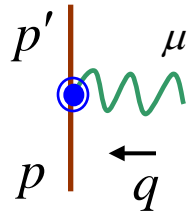
$$p \left| = \frac{i}{v \cdot p + \frac{1}{2M} (p^2 - (v \cdot p)^2) + \dots + i\epsilon}$$



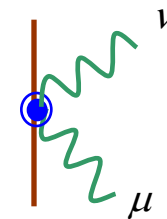
$$= i e v_\mu$$

$$v \equiv (1, \vec{0})$$

$$S \equiv \left( 0, \frac{\vec{\sigma}}{2} \right)$$

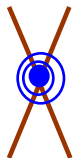


$$= \frac{e}{2M} \left\{ i (p + p')_\mu + 2(1 + \kappa) \varepsilon_{\mu\nu\alpha\beta} v^\nu S^\alpha q^\beta \right\}$$



$$= i \frac{e^2}{M} (\eta_{\mu\nu} - v_\mu v_\nu)$$

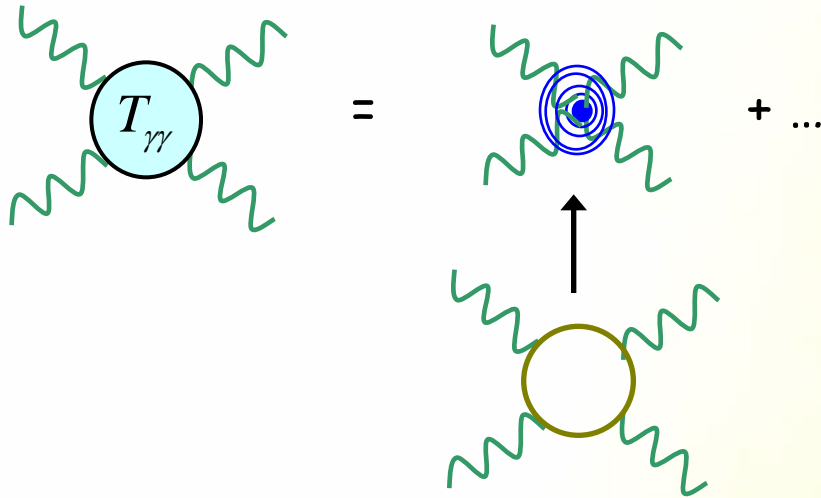
$$+ \frac{\gamma_0^{(0)}}{M^2} \bar{\Psi} \Psi \bar{\Psi} \Psi + \frac{\gamma_0^{(1)}}{M^2} \bar{\Psi} S \Psi \cdot \bar{\Psi} S \Psi + \dots$$



$$= \frac{i}{M^2} (\gamma_0^{(0)} + \gamma_0^{(1)} S_1 \cdot S_2)$$

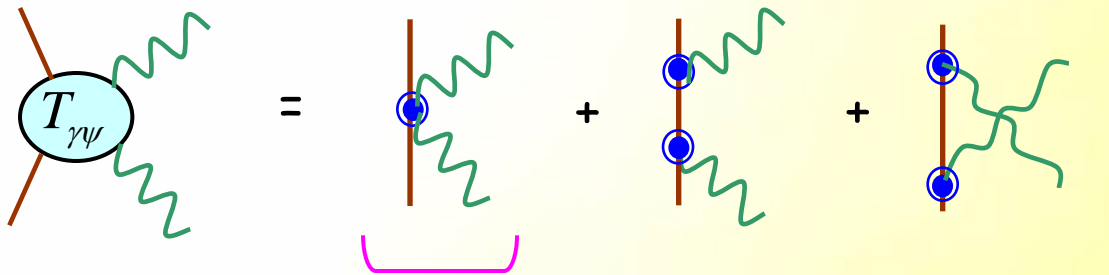
etc.

Various processes at low energies: *e.g.*



light-by-light scattering

no explicit fermion-antifermion pair creation!



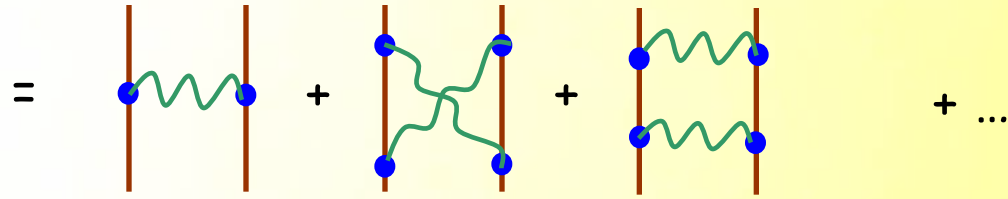
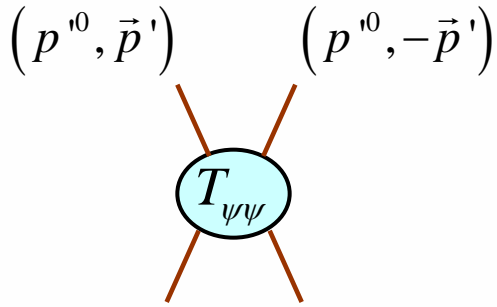
Compton scattering

Thompson limit

no change in heavy-fermion number!



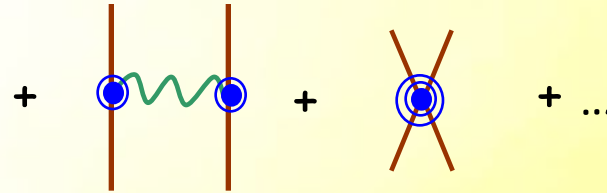
# Back to atomic bound states: the NRQED perspective



$(p^0, \vec{p})$  CoM frame  $(p^0, -\vec{p})$

$$|\vec{p}| \sim |\vec{p}'| = \mathcal{O}(Q)$$

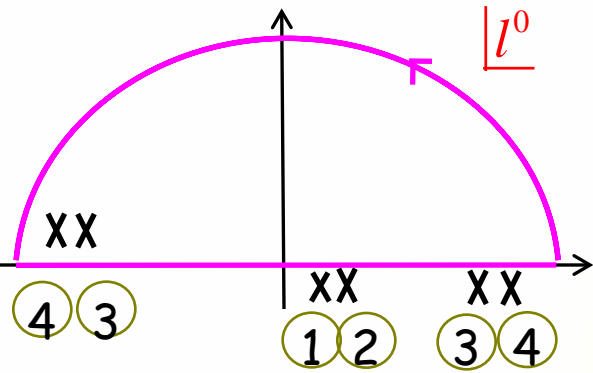
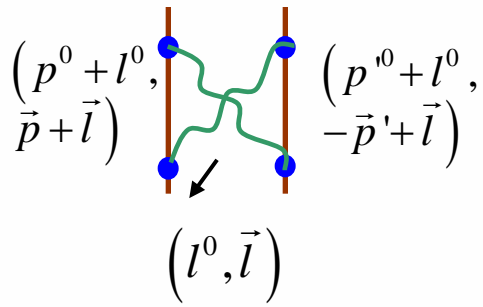
$$p^0 \sim p'^0 = \mathcal{O}\left(\frac{Q^2}{M}\right)$$



higher powers of  $\frac{Q}{M}$

$$\text{Diagram} = \frac{ie^2}{(p-p')^2 + i\epsilon} = \frac{-ie^2}{(p^0 - p'^0)^2 - (\vec{p} - \vec{p}')^2 + i\epsilon} \simeq \frac{ie^2}{(\vec{p} - \vec{p}')^2 - i\epsilon} \sim \frac{4\pi\alpha}{Q^2}$$

$$\rightarrow V(r) = \frac{\alpha}{r}$$



$$\frac{Q^2}{M}$$



$$= e^4 \int \frac{d^4 l}{(2\pi)^4} \frac{1}{l^0 + p^0 - \frac{(\vec{l} + \vec{p})^2}{2M} + i\epsilon} \frac{1}{l^0 + p'^0 - \frac{(\vec{l} - \vec{p}')^2}{2M} + i\epsilon} \frac{1}{(p^0 - p'^0 + l^0)^2 - (\vec{p} - \vec{p}' + \vec{l})^2 + i\epsilon} \frac{1}{l^0 - \vec{l}^2 + i\epsilon}$$

$$= i e^4 \int \frac{d^3 l}{(2\pi)^3} \frac{1}{|\vec{l}| - p^0 + \frac{(\vec{l} + \vec{p})^2}{2M} - i\epsilon} \frac{1}{|\vec{l}| - p'^0 + \frac{(\vec{l} - \vec{p}')^2}{2M} - i\epsilon} \frac{1}{(p^0 - p'^0 - |\vec{l}|)^2 - (\vec{p} - \vec{p}' + \vec{l})^2 + i\epsilon} \frac{1}{2|\vec{l}| - i\epsilon}$$

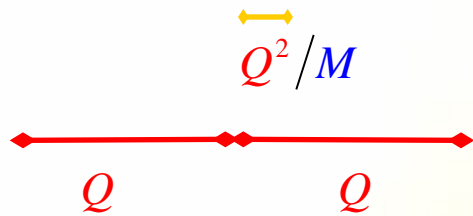
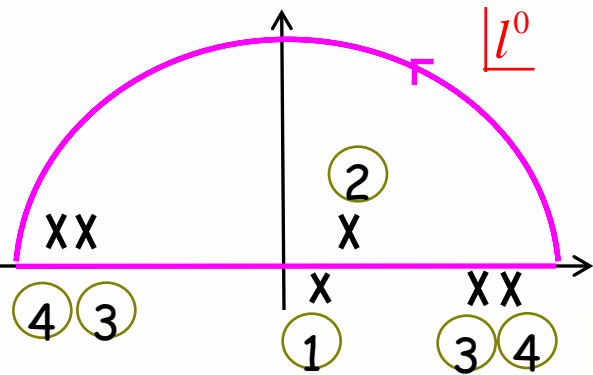
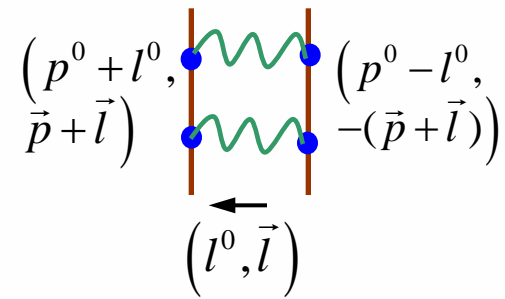
$$+ \dots \quad \textcircled{3}$$

$$\sim e^4 \frac{Q^3}{(4\pi)^2} \frac{1}{Q} \frac{1}{Q} \frac{1}{Q^2} \frac{1}{Q} \sim \frac{\alpha}{4\pi} \frac{4\pi\alpha}{Q^2}$$

$$\ll 1$$

just as expected...





$$= e^4 \int \frac{d^4 l}{(2\pi)^4} \frac{1}{l^0 + p^0 - \frac{(\vec{l} + \vec{p})^2}{2M} + i\epsilon} \frac{1}{-l^0 + p^0 - \frac{(\vec{l} + \vec{p})^2}{2M} + i\epsilon} \frac{1}{\left(p^0 - p'^0 + l^0\right)^2 - \left(\vec{p} - \vec{p}' + \vec{l}\right)^2 + i\epsilon} \frac{1}{l^{02} - \vec{l}^2 + i\epsilon}$$

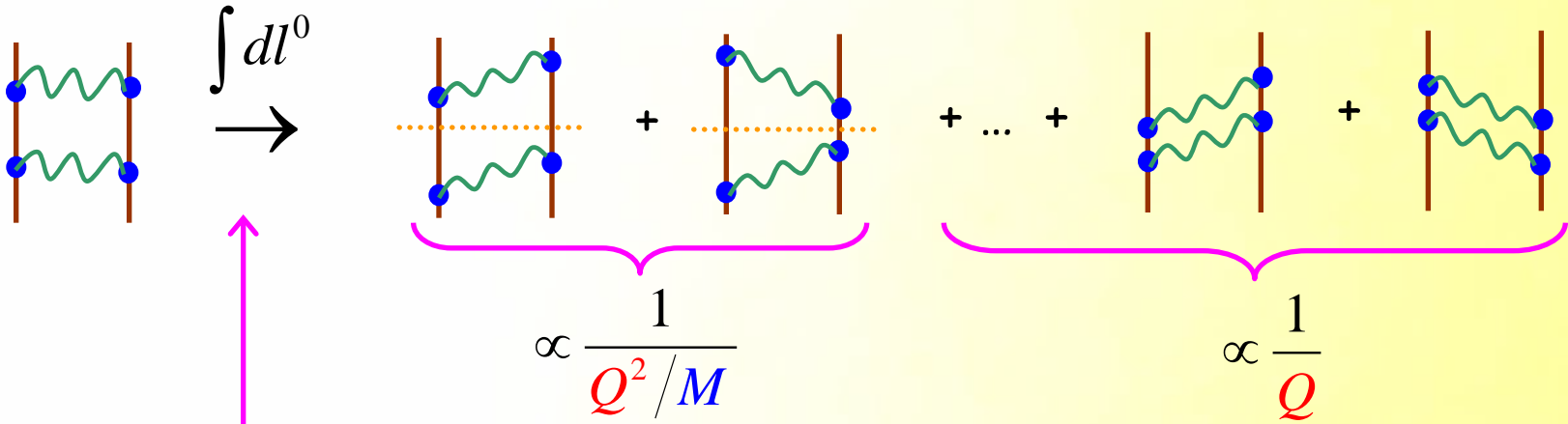
$$= i e^4 \int \frac{d^3 l}{(2\pi)^3} \frac{1}{-2p^0 + \frac{(\vec{l} + \vec{p})^2}{M} - i\epsilon} \frac{1}{\left(p^0 - \frac{(\vec{l} + \vec{p})^2}{2M}\right)^2 - \vec{l}^2 + i\epsilon}$$

$$\frac{1}{\left(2p^0 - p'^0 - \frac{(\vec{l} + \vec{p})^2}{2M}\right)^2 - \left(\vec{p} - \vec{p}' + \vec{l}\right)^2 + i\epsilon}$$

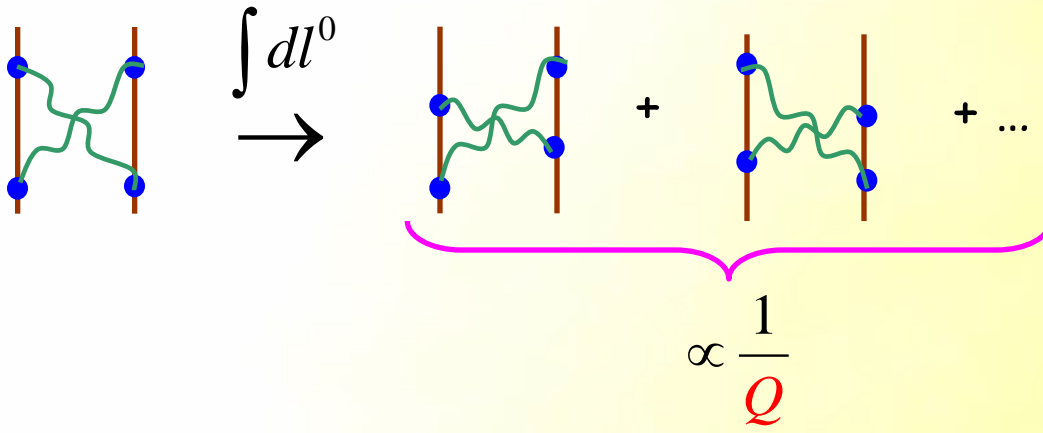
$$+ \dots \gg 1$$

$$\sim (4\pi\alpha)^2 \frac{Q^3}{4\pi} \frac{M}{Q^2} \frac{1}{Q^2} \frac{1}{Q^2} + \frac{\alpha}{4\pi} \frac{4\pi\alpha}{Q^2} \sim \alpha \frac{4\pi\alpha}{Q^2} \left( \frac{M}{Q} + \frac{1}{4\pi} \right)$$

infrared enhancement!



$$\frac{1}{-l^0 - \frac{\vec{l}^2}{2M} + i\epsilon} = 2\pi\delta(l^0) - \frac{1}{l^0 + \frac{\vec{l}^2}{2M} + i\epsilon}$$



“time-ordered perturbation theory”

$$T_{\psi\psi}^{(0)} = \text{diagram 1} + \text{diagram 2} + \dots$$

$$\sim \frac{e^2}{Q^2} \left\{ 1 + \mathcal{O}\left(\alpha \frac{M}{Q}\right) + \dots \right\} \sim \frac{e^2}{Q^2} \frac{1}{1 - \mathcal{O}\left(\alpha \frac{M}{Q}\right)}$$

bound state at

$$Q \sim \alpha M$$

$$-E \sim \frac{Q^2}{M} \sim \alpha^2 M$$

$$T_{\psi\psi}^{(0)} = V_{\psi\psi}^{(0)} + \text{diagram with two V_psi psi^(0) circles} + \dots = V_{\psi\psi}^{(0)} + \text{diagram with T_psi psi^(0) and V_psi psi^(0) circles}$$

$$V_{\psi\psi}^{(0)} = \text{diagram} = \mathcal{O}\left(\frac{e^2}{Q^2}\right)$$

Coulomb potential

Lippmann-Schwinger eq.

= Schrödinger eq.

$$\left( \frac{\hat{p}^2}{2M} + V_{\psi\psi}^{(0)} \right) |\psi^{(0)}\rangle = E^{(0)} |\psi^{(0)}\rangle$$

known results...

But more:

A Feynman diagram showing a vertex labeled  $V_{\psi\psi}^{(1)}$  with two external lines crossing. This is equal to a sum of diagrams: a wavy line between two vertical lines with four blue dots, followed by a similar diagram with a different wavy line shape, and so on. The sum is equal to  $\mathcal{O}\left(\frac{\alpha}{4\pi} \frac{4\pi\alpha}{Q^2}\right)$ .

$$V_{\psi\psi}^{(1)} = \dots = \mathcal{O}\left(\frac{\alpha}{4\pi} \frac{4\pi\alpha}{Q^2}\right)$$

A Feynman diagram showing a vertex labeled  $T_{\psi\psi}^{(1)}$  with two external lines crossing. This is equal to a sum of diagrams: a vertex labeled  $V_{\psi\psi}^{(1)}$ , followed by a diagram with two vertices  $V_{\psi\psi}^{(1)}$  and  $T_{\psi\psi}^{(0)}$  connected by a loop, and so on. The sum is equal to  $\mathcal{O}\left(\frac{\alpha}{4\pi} E^{(0)}\right)$ .

$$T_{\psi\psi}^{(1)} = \dots = \mathcal{O}\left(\frac{\alpha}{4\pi} E^{(0)}\right)$$

⇒  $E^{(1)} = E^{(0)} + \langle \psi^{(0)} | V_{\psi\psi}^{(1)} | \psi^{(0)} \rangle$

$$= \mathcal{O}\left(\frac{\alpha}{4\pi} E^{(0)}\right)$$

$$V_{\psi\psi}^{(2)} = \text{diagram 1} + \text{diagram 2} + \dots = \mathcal{O}\left(\frac{Q^2}{M^2} \frac{4\pi\alpha}{Q^2}\right)$$

$$T_{\psi\psi}^{(2)} = \dots$$

$E^{(2)} = E^{(1)} + \langle \psi^{(0)} | V_{\psi\psi}^{(2)} | \psi^{(0)} \rangle + \dots = \mathcal{O}\left(\frac{Q^2}{M^2} E^{(0)}\right)$

piece  $\propto \vec{\mu}_1 \cdot \vec{\mu}_2 \int d^3\vec{r} \psi^{(0)*}(\vec{r}) \delta^{(3)}(\vec{r}) \psi^{(0)}(\vec{r}) = \vec{\mu}_1 \cdot \vec{\mu}_2 |\psi^{(0)}(0)|^2$

magnetic interaction

NOTE

starting at  $T_{\psi\psi}^{(3)}$ , sufficiently many derivatives appear at vertices so that loops bring positive powers of  $\Lambda$ , which need to be compensated by  $\gamma_0^{(i)}(\Lambda)$  and higher-order "counterterms"

The diagram shows the expansion of the vertex  $T_{\psi\psi}^{(3)}$  into a series of diagrams. The first term is a tree-level vertex. The next terms are diagrams with one loop (a fermion loop and a boson loop) and higher-order terms. A pink bracket groups the first two terms, which are shown to be of order  $\mathcal{O}\left(\frac{\alpha}{4\pi} \frac{Q^2}{M^2} \frac{4\pi\alpha}{Q^2}\right)$ . This is then shown to be proportional to  $\frac{\alpha^2}{M^2} \ln \Lambda$ . A double-headed arrow indicates that this is equivalent to  $\gamma_0^{(i)} \propto \frac{\alpha^2}{M^2} (-\ln \Lambda + \text{constant})$ . A pink arrow points from the loop diagrams to the renormalization equation.

$$T_{\psi\psi}^{(3)} = \text{[tree-level]} + \text{[one-loop]} + \dots + \text{[higher-order]} + \dots$$

$$= \mathcal{O}\left(\frac{\alpha}{4\pi} \frac{Q^2}{M^2} \frac{4\pi\alpha}{Q^2}\right)$$

$$\propto \frac{\alpha^2}{M^2} \ln \Lambda \quad \leftrightarrow \quad \gamma_0^{(i)} \propto \frac{\alpha^2}{M^2} (-\ln \Lambda + \text{constant})$$

renormalization

to be determined by "matching" to QED (and/or from data)

etc.

# Example: g factor for electron bound in H-like atoms

$$g = 2(1 + \kappa)$$

electron

Larmor frequency <sup>known</sup> ion mass

$$\frac{\omega_L}{\omega_c} = \frac{g}{2} \frac{|e|}{q} \frac{m_{\text{ion}}}{m}$$

*measured* *measured*

trapped-ion ion charge electron mass  
cyclotron frequency

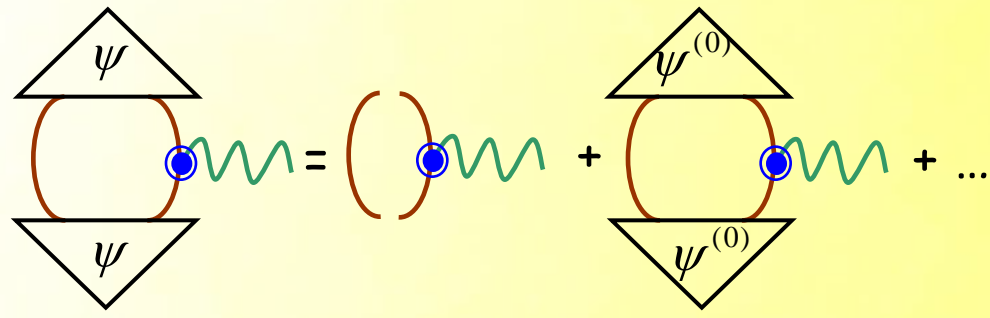


TABLE II. Individual contributions to the 1s bound-electron g factor, 1/α from [12] is 137.035 999 11(46).

	<sup>12</sup> C <sup>5+</sup>	<sup>16</sup> O <sup>7+</sup>
Dirac value (point)	1.998 721 354 39(1)	1.997 726 003 06(2)
Finite nuclear size	0.000 000 000 41	0.000 000 001 55
Free QED, ~ (α/π)	0.002 322 819 47(1)	0.002 322 819 47(1)
Binding SE, ~ (α/π)	0.000 000 852 97	0.000 001 622 67(1)
Binding VP, ~ (α/π)	-0.000 000 008 51	-0.000 000 026 37(1)
Free QED, ~ (α/π) <sup>2</sup> ··· (α/π) <sup>4</sup>	-0.000 003 515 10	-0.000 003 515 10
Binding QED, ~ (α/π) <sup>2</sup> (Zα) <sup>2</sup>	-0.000 000 001 13	-0.000 000 002 01
Binding QED, ~ (α/π) <sup>2</sup> (Zα) <sup>4</sup>	0.000 000 000 41(11)	0.000 000 001 06(35)
Recoil	0.000 000 087 63	0.000 000 116 97
Total	2.001 041 590 52(11)	2.000 047 021 28(35)

Pachucki, Jentschura + Yerokhin '04

$$u = \frac{m_{^{12}\text{C}(gs)}}{12}$$

→

$$\left. \begin{aligned} m(^{12}\text{C}^{5+}) &= 0.000\,548\,579\,909\,41(29)(3) \text{ u,} \\ m(^{16}\text{O}^{7+}) &= 0.000\,548\,579\,909\,87(41)(10) \text{ u,} \end{aligned} \right\}$$

Most precise determination of electron mass (expt)(th)



# Summary

- ◆ Nuclear systems involve multiple scales but **no** obvious small coupling constant
- ◆ EFT is a **general** framework to deal with a multi-scale problem using the small ratio of scales as an expansion parameter
- ◆ Applied to low-energy QED, EFT reproduces well-known facts and **also** provides a systematic expansion for the potential, and thus for the scattering amplitude ---  
NRQED is in fact the framework used in state-of-the-art QED bound-state calculations

Stay tuned:  
next, how we can make nuclear physics as systematic as QED