

***Neutrinoless Double Beta Decay:
An open window
to obtaining the
neutrino mass***

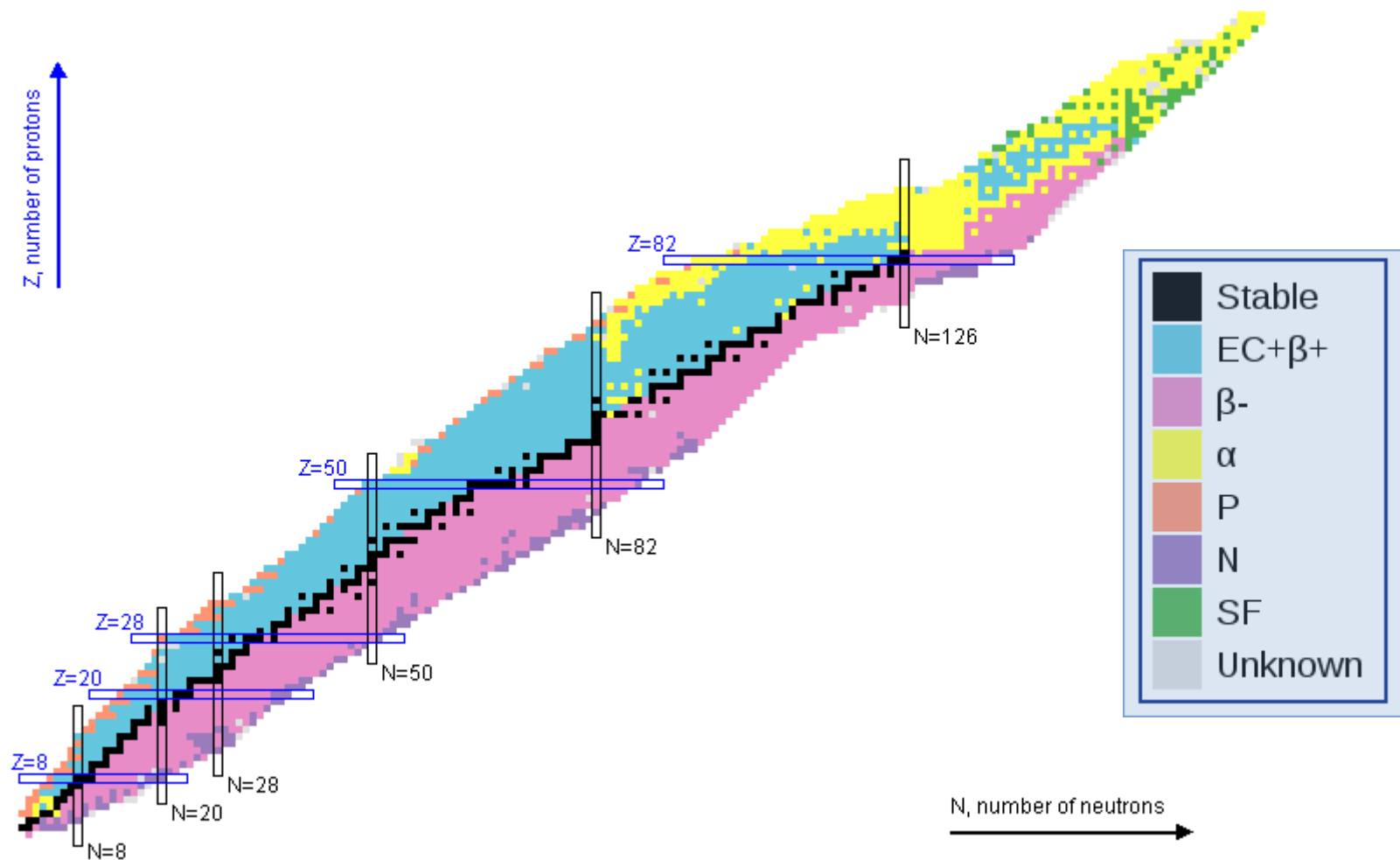
***José Barea Muñoz
Departamento de Física
Universidad de Concepción***

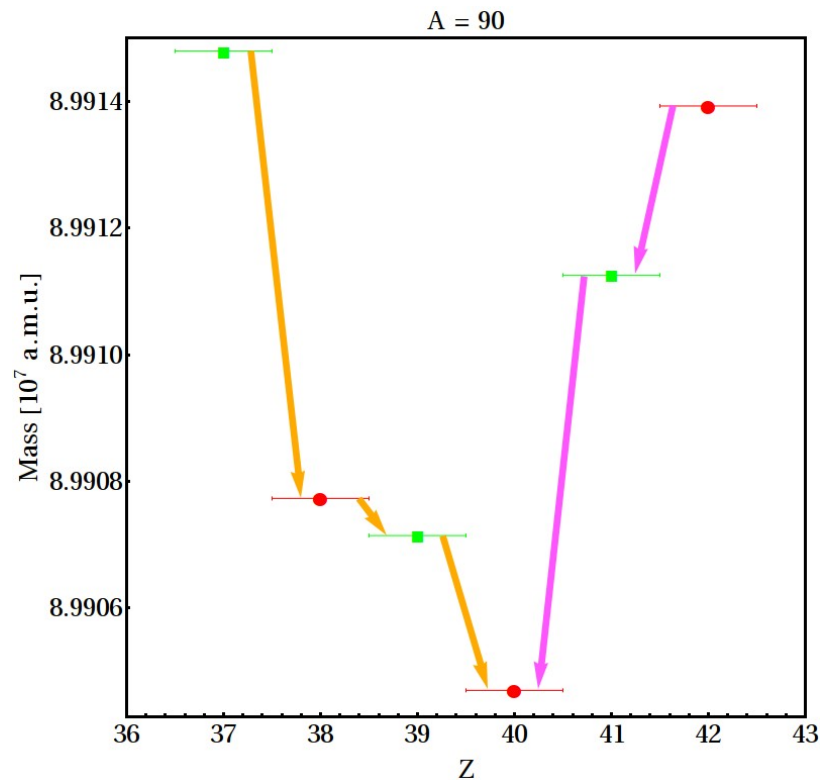


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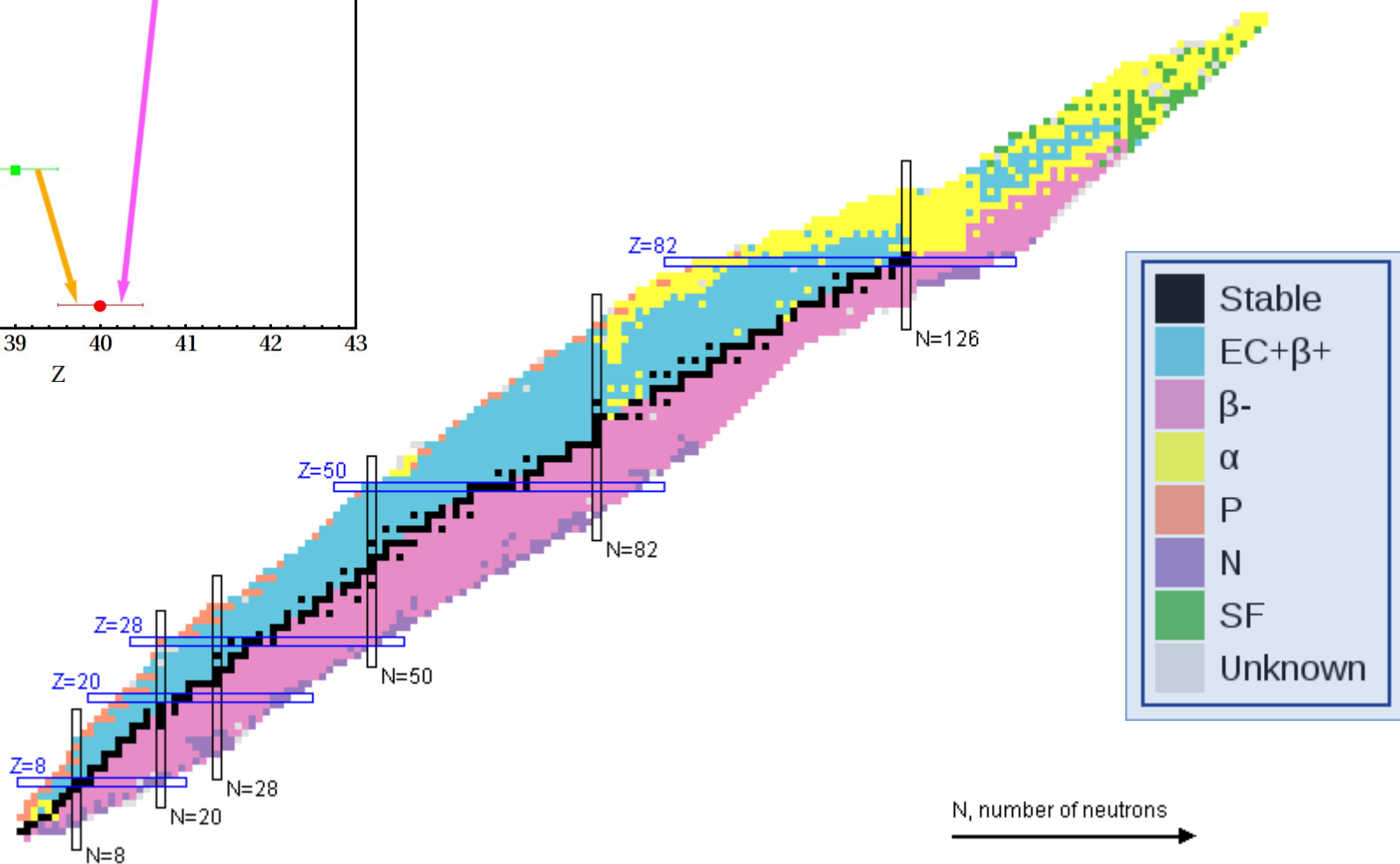
- *Motivation and historical survey*
- *Double beta decay theory*
- *The Interacting Boson Model*
- *Results*
- *Concluding remarks*

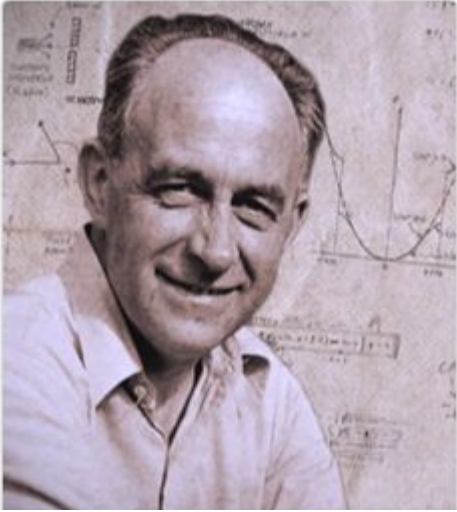
Single beta decay





Single beta decay



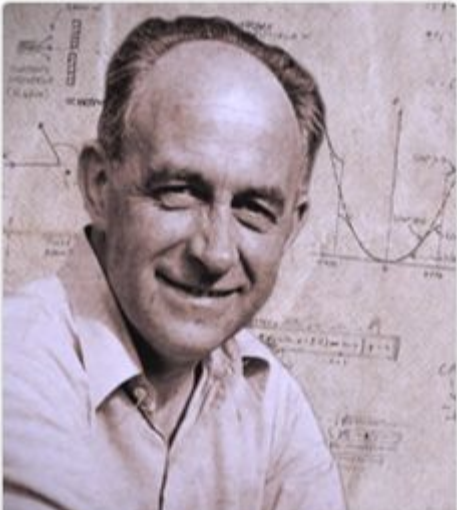


Beta decay theory (1934)

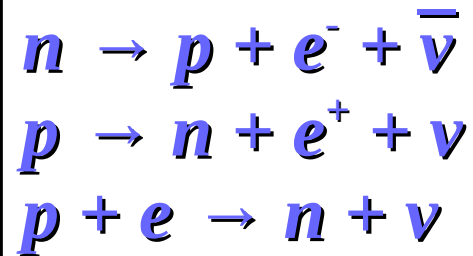
$$n \rightarrow p + e^{-} + \bar{\nu}$$

$$p \rightarrow n + e^{+} + \nu$$

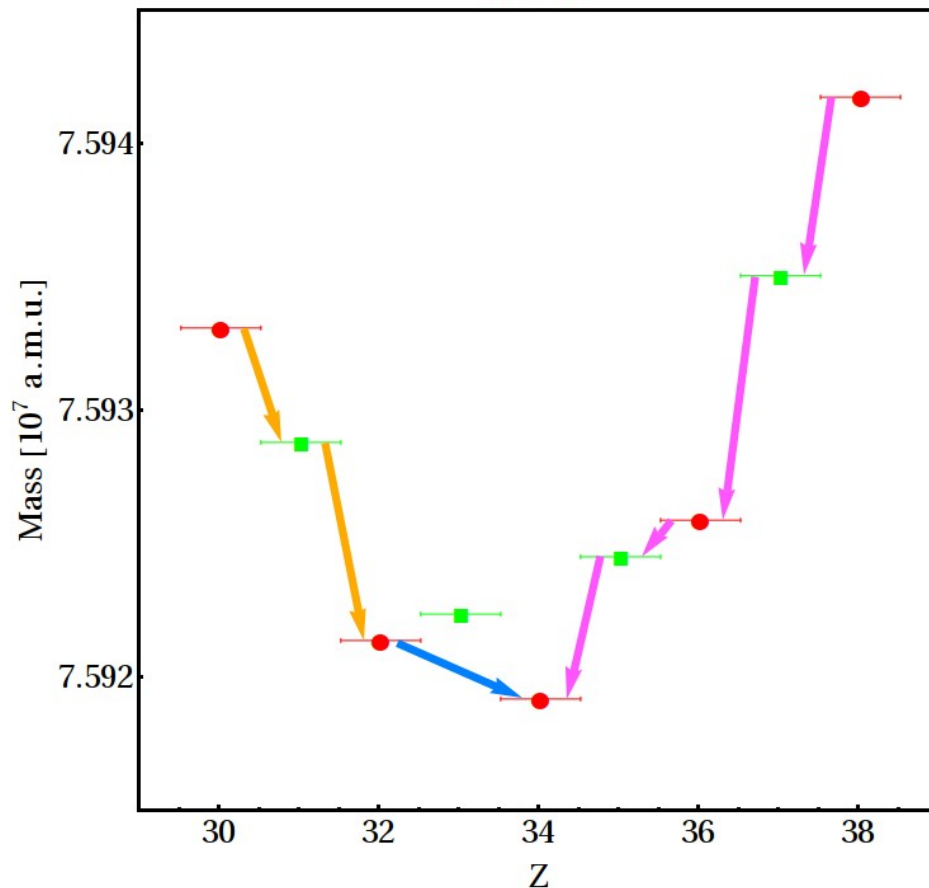
$$p + e \rightarrow n + \nu$$



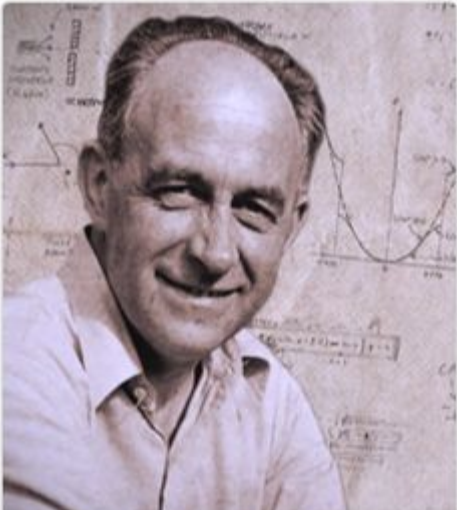
Beta decay theory (1934)



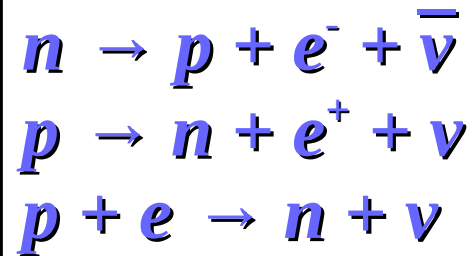
$A = 76$



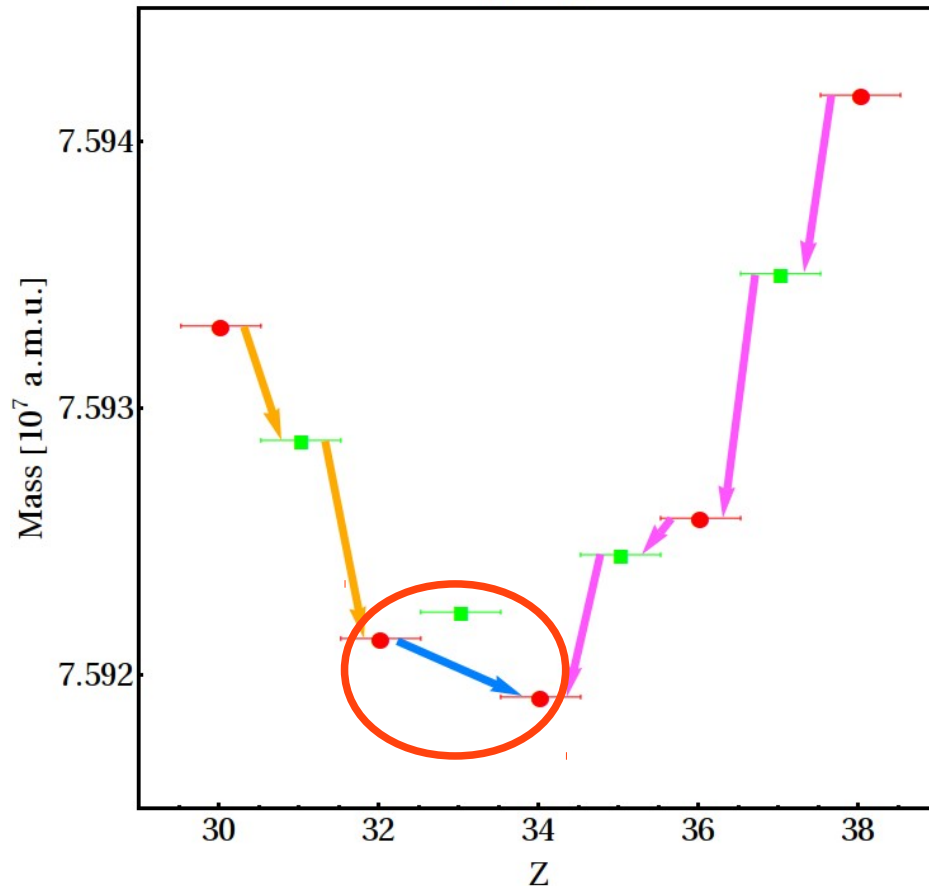
Double beta decay (1935)



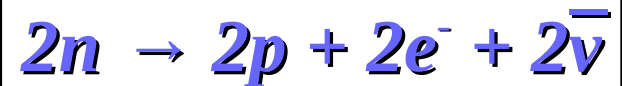
Beta decay theory (1934)



$A = 76$



Double beta decay (1935)



Majorana particles (1937)

$$\nu = \bar{\nu}$$



Majorana particles (1937)

$$\nu = \bar{\nu}$$



$$\begin{aligned} n &\rightarrow p + e^- + \nu \\ \nu + n &\rightarrow p + e^- \end{aligned}$$



Majorana particles (1937)

$$\nu = \bar{\nu}$$



$$\begin{aligned} n &\rightarrow p + e^- + \nu \\ \nu + n &\rightarrow p + e^- \end{aligned}$$



Neutrinoless double beta decay (1937, 1939)

$$\begin{aligned} n_1 + n_2 &\rightarrow n_1 + p_2 + e_2^- + \nu \\ &\rightarrow p_1 + e_1^- + p_2 + e_2^- \end{aligned}$$

Two neutrinos double beta decay

Nuclide	Transition	$T_{1/2}$ (y)
48Ca	$0^+ \rightarrow 0^+$	$(4.39 \pm 0.58) \times 10^{19}$
76Ge	$0^+ \rightarrow 0^+$	$(1.43 \pm 0.53) \times 10^{21}$
82Se	$0^+ \rightarrow 0^+$	$(9.19 \pm 0.76) \times 10^{19}$
96Zr	$0^+ \rightarrow 0^+$	$(2.16 \pm 0.26) \times 10^{19}$
100Mo	$0^+ \rightarrow 0^+$	$(6.98 \pm 0.44) \times 10^{18}$
100Mo	$0^+ \rightarrow 0^+$	$(5.70 \pm 1.36) \times 10^{20}$
116Cd	$0^+ \rightarrow 0^+$	$(2.89 \pm 0.25) \times 10^{19}$
130Te	$0^+ \rightarrow 0^+$	$(7.14 \pm 1.04) \times 10^{20}$
136Xe	$0^+ \rightarrow 0^+$	$(2.34 \pm 0.13) \times 10^{21}$
150Nd	$0^+ \rightarrow 0^+$	$(8.37 \pm 0.45) \times 10^{18}$

Neutrinoless double beta decay

- * Character of the neutrino.
- * Lepton number violation.
- * Finite mass of the neutrino.
- * Absolute scale of the neutrino mass.

$$\left[\tau_{1/2}^{(0\nu)}\right]^{-1} \simeq G_{0\nu} |M_{0\nu}|^2 |f(m_i, U_{ei})|^2 \quad , \quad \left[\tau_{1/2}^{(2\nu)}\right]^{-1} \simeq G_{2\nu} |m_e c^2 M_{2\nu}|^2 \quad ,$$

$$M_{0\nu} \simeq \left\langle F; J_F \left| -h_{0\nu}^F + h_{0\nu}^{GT} + h_{0\nu}^T \right| I; 0_1^+ \right\rangle$$

$$M_{2\nu} \approx \left\langle F; J_F \left| -h_{2\nu}^F + h_{2\nu}^{GT} \right| I; 0_1^+ \right\rangle$$

$$\begin{aligned} h_X^{F,GT,T} &= -\frac{1}{4} \sum_{\alpha_\pi \alpha'_\pi} \sum_{\alpha_\nu \alpha'_\nu} \sum_J (-1)^J G_X^{F,GT,T} (\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J) \\ &\times \sqrt{1 + (-1)^J \delta_{\alpha_\pi \alpha'_\pi}} \sqrt{1 + (-1)^J \delta_{\alpha_\nu \alpha'_\nu}} \\ &\times \left(\pi_{\alpha_\pi}^\dagger \times \pi_{\alpha'_\pi}^\dagger \right)^{(J)} \cdot \left(\tilde{\nu}_{\alpha_\nu} \times \tilde{\nu}_{\alpha'_\nu} \right)^{(J)} \\ &\alpha_\rho = (n_\rho l_\rho j_\rho) \quad , \quad \rho = \nu, \pi, \quad X = 0\nu, 2\nu \end{aligned}$$

Source: J. Barea and F. Iachello, Phys. Rev. C **79**, 044301 (2009)

A couple of comments

- The closure approximation have been avoided in computing 2ν NMEs in IBM:

N. Yoshida and F. Iachello,
Prog. Theor. Exp. Phys. **2013** 043D01

- IBM is not restricted to just one major shell: the number of single particle levels can be extended to include spin-orbit partners in the formulation.

Two body matrix elements I

$$G_X^{F,GT,T}(\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J) = \langle \alpha_\pi \alpha'_\pi; JM | h_X^{F,GT,T} | \alpha_\nu \alpha'_\nu; JM \rangle$$

$$\begin{aligned} h_X^{F,GT,T} &\equiv h_X^{(s_1, s_2, \lambda)} \\ &= \frac{1}{2} \sum_{n, n'} \tau_n^+ \tau_{n'}^+ \left(\Sigma_n^{(s_1)} \times \Sigma_{n'}^{(s_2)} \right)^{(\lambda)} \cdot H_X(r_{nn'}) C^{(\lambda)}(\Omega_{nn'}), \end{aligned}$$

$$h^F \rightarrow h_X^{(0,0,0)}, \quad h^{GT} \rightarrow h_X^{(1,1,0)}, \quad h^T \rightarrow h_{0\nu}^{(1,1,2)}$$

$$\Sigma_n^{(0)} = 1, \quad \Sigma_n^{(1)} = \vec{\sigma}_n, \quad C^{(\lambda)}(\Omega) = \sqrt{4\pi/(2\lambda+1)} Y^{(\lambda)}(\Omega)$$

Two body matrix elements II

$$G_X^{F,GT,T}(\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J; J) \equiv G_X^{(s_1, s_2, \lambda)}(\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J; J) =$$

$$\begin{aligned} & \sum_{k_1=|l_\pi-l_\nu|}^{l_\pi+l_\nu} \sum_{k_2=|l'_\pi-l'_\nu|}^{l'_\pi+l'_\nu} \sum_{k=k_{min}}^{k_{max}} i^{k_1-k_2+\lambda} \hat{k}_1^2 \hat{k}_2^2 \langle k_1 0 \ k_2 0 \mid \lambda 0 \rangle \\ & \times (-1)^{s_2+k_1} \left\{ \begin{matrix} k_1 & s_1 & k \\ s_2 & k_2 & \lambda \end{matrix} \right\} (-1)^{j'_\pi+j_\nu+J} \left\{ \begin{matrix} j_\pi & j'_\pi & J \\ j'_\nu & j_\nu & k \end{matrix} \right\} \\ & \times \hat{k} \hat{j}_\pi \hat{j}_\nu \left\{ \begin{matrix} \frac{1}{2} & l_\pi & j_\pi \\ \frac{1}{2} & l_\nu & j_\nu \\ s_1 & k_1 & k \end{matrix} \right\} \hat{k} \hat{j}'_\pi \hat{j}'_\nu \left\{ \begin{matrix} \frac{1}{2} & l'_\pi & j'_\pi \\ \frac{1}{2} & l'_\nu & j'_\nu \\ s_2 & k_2 & k \end{matrix} \right\} \\ & \times \left\langle \frac{1}{2} \parallel \Sigma^{(s_1)} \parallel \frac{1}{2} \right\rangle (-1)^{-k_1} \hat{l}_\pi \langle l_\pi 0 \ k_1 0 \mid l_\nu 0 \rangle \\ & \times \left\langle \frac{1}{2} \parallel \Sigma^{(s_2)} \parallel \frac{1}{2} \right\rangle (-1)^{-k_2} \hat{l}'_\pi \langle l'_\pi 0 \ k_2 0 \mid l'_\nu 0 \rangle \\ & \times R_{X, k_1, k_2}^{(s_1, s_2, \lambda)}(n_\pi, l_\pi, n'_\pi, l'_\pi, n_\nu, l_\nu, n'_\nu, l'_\nu), \end{aligned}$$

Radial Integrals

$$\int_0^\infty h_X^{(s_1, s_2, \lambda)}(p) p^2 dp \times \int_0^\infty R_{n_\pi l_\pi}(r_1) R_{n_\nu l_\nu}(r_1) j_{k_1}(pr_1) r_1^2 dr_1 \\ \times \int_0^\infty R_{n'_\pi l'_\pi}(r_2) R_{n'_\nu l'_\nu}(r_2) j_{k_2}(pr_2) r_2^2 dr_2$$

$$h_X^{(s_1, s_2, \lambda)}(p) = v_X(p) \underbrace{\tilde{h}^{(s_1, s_2, \lambda)}(p)}_{\substack{+\text{HOC} \\ +\text{FNS} \\ +\text{SRC}}};$$

$$v_X(p) = \begin{cases} \frac{\delta(p)}{p^2} & \text{for } 2\nu \\ \frac{2}{\pi} \frac{1}{p(p+\tilde{A})} & \text{for light } 0\nu \\ \frac{2}{\pi} \frac{1}{m_e m_p} & \text{for heavy } 0\nu \end{cases}$$

New terms in GT and a Tensor contribution

$$h_{0\nu}^F = h_{VV}^F$$

$$h_{0\nu}^{GT} = h_{AA}^{GT} + h_{AP}^{GT} + h_{PP}^{GT} + h_{MM}^{GT}$$

$$h_{0\nu}^T = h_{AP}^T + h_{PP}^T + h_{MM}^T$$

Coupling constants become momentum dependent

$$g_V(p^2) = \frac{g_V}{\left(1 + \frac{p^2}{M_V^2}\right)^2}, \quad M_V^2 = 0.71 \left(\text{GeV}/c^2\right)^2$$

$$g_A(p^2) = \frac{g_A}{\left(1 + \frac{p^2}{M_A^2}\right)^2}, \quad M_A = 1.09 \text{ GeV}/c^2$$

HOC term	$\tilde{h}(p)$
$\tilde{h}_{VV}^F$	$g_A^2 \frac{g_V^2/g_A^2}{(1+p^2/M_V^2)^4}$
$\tilde{h}_{AA}^{GT}$	$g_A^2 \frac{1}{(1+p^2/M_A^2)^4}$
$\tilde{h}_{AP}^{GT}$	$g_A^2 \left[-\frac{2}{3} \frac{1}{(1+p^2/M_A^2)^4} \frac{p^2}{p^2+m_\pi^2} \left(1 - \frac{m_\pi^2}{M_A^2} \right) \right]$
$\tilde{h}_{PP}^{GT}$	$g_A^2 \left[\frac{1}{\sqrt{3}} \frac{1}{(1+p^2/M_A^2)^2} \frac{p^2}{p^2+m_\pi^2} \left(1 - \frac{m_\pi^2}{M_A^2} \right) \right]^2$
$\tilde{h}_{MM}^{GT}$	$g_A^2 \left[\frac{2}{3} \frac{g_V^2}{g_A^2} \frac{1}{(1+p^2/M_V^2)^4} \frac{\kappa_\beta^2 p^2}{4m_p^2} \right]$
$\tilde{h}_{AP}^T$	$-h_{AP}^{GT}$
$\tilde{h}_{PP}^T$	$-h_{PP}^{GT}$
$\tilde{h}_{MM}^T$	$\frac{1}{2} h_{MM}^{GT}$

Jastrow function in coordinate space

$$\left. \begin{array}{l} \psi_{SRC} = f(r) \psi \\ \psi'_{SRC} = f(r) \psi' \end{array} \right\} \rightarrow \langle \psi_{SRC} | H | \psi'_{SRC} \rangle = \langle \psi f(r) | H | f(r) \psi' \rangle$$

$$H^{F,GT,T}(r) \rightarrow H^{F,GT,T}(r) f^2(r)$$

$$f(r) = 1 - C e^{-Ar^2} (1 - Br^2)$$

$$H^{F,GT}(r) = \int_0^\infty j_0(pr) h^{F,GT,T}(p) p^2 dp$$

$$H^T(r) = \int_0^\infty j_2(pr) h^T(p) p^2 dp$$

SRC Parametrizations

Name	$A \text{ (fm}^{-2}\text{)}$	$B \text{ (fm}^{-2}\text{)}$	C
Miller-Spencer	1.10	0.68	1.00
Argonne	1.59	1.45	0.92
CD-Bonn	1.52	1.88	0.46

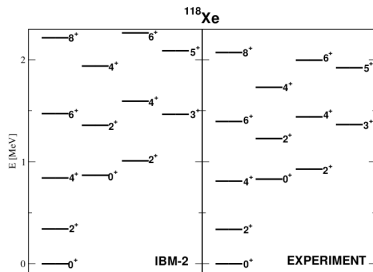
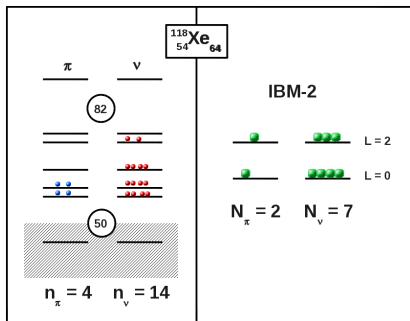
Source: F. Šimkovic *et al*, Phys. Rev. **C** 79, 055501 (2009)

- Interacting shell model (ISM):
 - Truncated Space with increasing number of valence nucleons.
 - Includes all the configurations.
 - Phenomenological character.
- Quasi random phase approximation (QRPA):
 - Includes several major shells.
 - Restricted to configurations np - nh over a BCS vacuum.
 - Effective residual interactions
 - Strong dependence in parameters g_{pp} and g_{ph} .
- Interacting Boson Model (IBM)
 - Strong reduction of the full space.
 - Phenomenological character.
 - Simple formulation with enough physics to reproduce well experimental data.
- Other approaches: Mean Field, HFB and related variants, a.k.a. EDF.

The Interacting Boson Model (IBM)

- Description of the collective degrees of freedom low-lying states of medium and heavy nuclei.
- The states are expressed in terms of a system of N bosons which interact.
- The bosons are allowed to be only in two states:
 - 0^+ (s boson).
 - 2^+ (d boson).
- Phenomenological character: the interaction parameters are fitted to reproduce nuclear properties.
- Different extensions: IBM-1, IBM-2, IBM-3, ..., IBFM-1, ...

The microscopic IBM: IBM-2

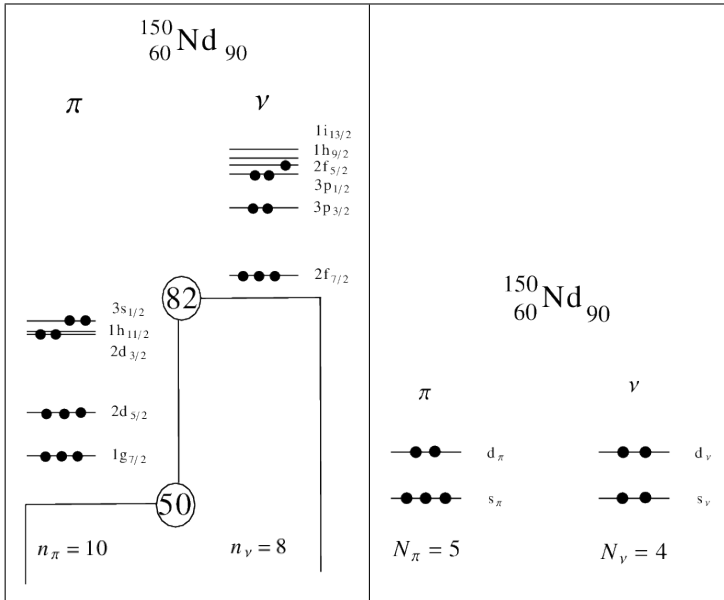


$$H_{IBM2} = H_\pi + H_\nu + \kappa Q_\pi^{(2)} \cdot Q_\nu^{(2)} + M_{\pi\nu} [\xi_1, \xi_2, \xi_3]$$

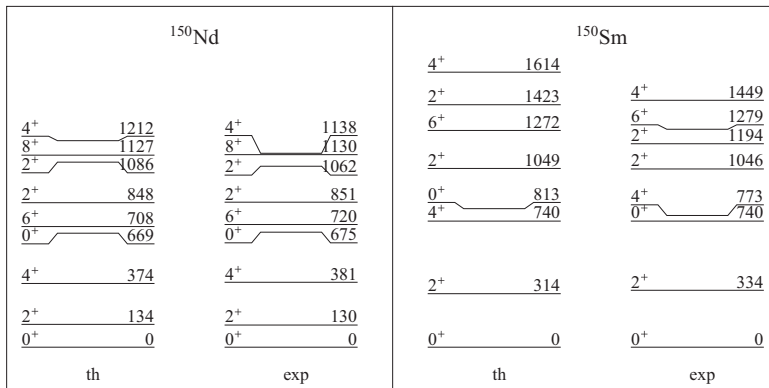
$$H_\rho = \epsilon \hat{n}_{d_\rho} + \sum_{L=0,2,4} c_L^\rho \left(d_\rho^\dagger d_\rho^\dagger \right)^{(L)} \cdot \left(\tilde{d}_\rho \tilde{d}_\rho \right)^{(L)}$$

$$Q_\rho^{(2)} = \left(s_\rho^\dagger \times \tilde{d}_\rho + d_\rho^\dagger \times \tilde{s}_\rho \right)^{(2)} + \chi_\rho \left(d_\rho^\dagger \times \tilde{d}_\rho \right)^{(2)}$$

Another example

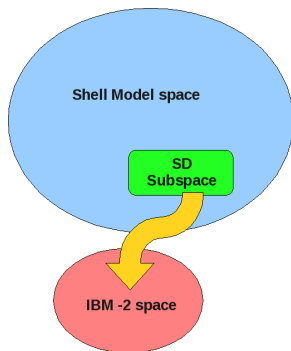


Excitation spectra for $A = 150$



J. Barea, J. Kotila and F. Iachello, Phys. Rev. C 87, 014315 (2013)

The Otsuka-Arima-Iachello Method (OAI)



$$S_+ = \sum_j \alpha_j \frac{\sqrt{j+\frac{1}{2}}}{2} \left(c_j^\dagger c_j^\dagger \right)_0^{(0)}$$

$$D_+ = \sum_{j \leq j'} \frac{\beta_{jj'}}{\sqrt{1+\delta_{jj'}}} \left(c_j^\dagger c_{j'}^\dagger \right)_M^{(2)}$$

$$\begin{aligned} |\tilde{\nu} = 0; S^{Ns}; (0, 0)\rangle &\rightarrow |s^{Ns}\rangle \\ |\tilde{\nu} = 1; S^{Ns} j; (j, m)\rangle &\rightarrow |s^{Ns} j\rangle \\ |\tilde{\nu} = 2; S^{Ns} D; (2, M)\rangle &\rightarrow |s^{Ns} d\rangle \\ &\dots \end{aligned}$$

$$O_{SM} \rightarrow o_{IBM} = \sum_k \gamma_k f_k [s, d, j]$$

$$\langle F | O_{SM} | I \rangle = \langle f | o_{IBM} | i \rangle = \left\langle f \left| \sum_k \gamma_k f_k [s, d, j] \right| i \right\rangle$$

Boson expansion of the coupled pairs operators

$$\left(\pi_{j_\pi}^\dagger \times \pi_{j_\pi}^\dagger\right)^{(0)} \longmapsto A_{j_\pi}^{(01)} s_\pi^\dagger + A_{j_\pi}^{(11)} s_\pi^\dagger \left(d_\pi^\dagger \tilde{d}_\pi\right)^{(0)} + \dots$$

$$\begin{aligned} \left(\pi_{j_\pi}^\dagger \times \pi_{j'_\pi}^\dagger\right)^{(2)} &\longmapsto B_{j_\pi j'_\pi}^{(01)} d_\pi^\dagger \\ &+ B_{j_\pi j'_\pi}^{(11)} s_\pi^\dagger \left(s_\pi^\dagger \tilde{d}_\pi\right)^{(2)} + B_{j_\pi j'_\pi}^{(12)} s_\pi^\dagger \left(d_\pi^\dagger \tilde{d}_\pi\right)^{(2)} \\ &+ \dots \end{aligned}$$

$$\left(\tilde{\nu}_{j_\nu} \times \tilde{\nu}_{j_\nu}\right)^{(0)} \longmapsto \tilde{A}_{j_\nu}^{(01)} \tilde{s}_\nu + \tilde{A}_{j_\nu}^{(11)} \tilde{s}_\nu \left(d_\nu^\dagger \tilde{d}_\nu\right)^{(0)} + \dots$$

$$\begin{aligned} \left(\tilde{\nu}_{j_\nu} \times \tilde{\nu}_{j'_\nu}\right)^{(2)} &\longmapsto \tilde{B}_{j_\nu j'_\nu}^{(01)} \tilde{d}_\nu \\ &+ \tilde{B}_{j_\nu j'_\nu}^{(11)} \left(d_\nu^\dagger \tilde{s}_\nu\right)^{(2)} \tilde{s}_\nu + \tilde{B}_{j_\nu j'_\nu}^{(12)} \left(d_\nu^\dagger \tilde{d}_\nu\right)^{(2)} \tilde{s}_\nu \\ &+ \dots \end{aligned}$$

The DBD transition operator in IBM-2

$$\begin{aligned}
 h_X^{F,GT,T} &= -\frac{1}{4} \sum_{\alpha_\pi \alpha'_\pi} \sum_{\alpha_\nu \alpha'_\nu} \sum_J (-1)^J G_X^{F,GT,T} (\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J) \\
 &\quad \sqrt{1 + (-1)^J \delta_{\alpha_\pi \alpha'_\pi}} \sqrt{1 + (-1)^J \delta_{\alpha_\nu \alpha'_\nu}} \\
 &\quad \left(\pi_{\alpha_\pi}^\dagger \times \pi_{\alpha'_\pi}^\dagger \right)^{(J)} \cdot \left(\tilde{\nu}_{\alpha_\nu} \times \tilde{\nu}_{\alpha'_\nu} \right)^{(J)} \\
 &\mapsto h_{X,ss}^{F,GT,T} s_\pi^\dagger \cdot \tilde{s}_\nu + h_{X,dd}^{F,GT,T} d_\pi^\dagger \cdot \tilde{d}_\nu, \text{ where}
 \end{aligned}$$

$$\begin{aligned}
 h_{X,ss}^{F,GT,T} &= - \sum_{j_\pi} \sum_{j_\nu} G_X^{F,GT,T} (\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J=0) A_{j_\pi}^{(01)} \tilde{A}_{j_\nu}^{(01)} \\
 h_{X,dd}^{F,GT,T} &= -\frac{1}{2} \sum_{j_\pi j'_\pi} \sum_{j_\nu j'_\nu} \sqrt{1 + \delta_{j_\pi j'_\pi}} \sqrt{1 + \delta_{j_\nu j'_\nu}} \\
 &\quad \times G_X^{F,GT,T} (\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J=2) B_{j_\pi j'_\pi}^{(01)} \tilde{B}_{j_\nu j'_\nu}^{(01)}
 \end{aligned}$$

Structure of the S and D pairs

$$H_{SDI} = \sum_j \varepsilon_j + A_T V_{SDI}$$

- Single particle energies ε_j taken from experiments.
- A_T fitted to reproduce the difference $E[2_1^+] - E[0_{gs}^+]$ in nuclei with 2 nucleons of valence.
- α_j and $\beta_{jj'}$ are extracted from the lowest 0^+ and 2^+ :

$$|0_1^+\rangle = \sum_j A_j |j^2; 0\rangle \rightarrow \alpha_j = \sqrt{\frac{\sum_j (j + \frac{1}{2})}{j + \frac{1}{2}}} A_j$$

$$|2_1^+\rangle = \sum_{j \leq j'} B_{jj'} |jj'; 0\rangle \rightarrow \beta_{jj'} = B_{jj'}$$

S. Pittel, P.D. Duval, B.R. Barret, Ann. Phys. **144**, 168 (1982)

The Number Operator Approximation (NOA)

Degenerate orbits

$$S_+ = \sum_j \frac{\sqrt{j + \frac{1}{2}}}{2} [C_j^\dagger \times C_j^\dagger]_0^{(0)}$$

$$[S_+, S_-] = \underbrace{\sum_j N_j}_N - \sum_j \underbrace{\left(j + \frac{1}{2}\right)}_{\Omega_j}$$

Non-degenerate orbits

$$S_+ = \sum_j \alpha_j \frac{\sqrt{j + \frac{1}{2}}}{2} [C_j^\dagger \times C_j^\dagger]_0^{(0)}$$

$$[S_+, S_-] = \underbrace{\sum_j \alpha_j^2 N_j}_{\neq N} - \sum_j \underbrace{\alpha_j^2 \left(j + \frac{1}{2}\right)}_{\Omega_e}$$

$$\sum_j \alpha_j^2 N_j \approx N$$

Failure of the NOA approximation

The NOA approximation predicts a linear dependence in the number of bosons

$$v_j^2(\text{NOA}) = \alpha_j^2 \frac{N}{\Omega_e}$$

$$v_j^2(\text{EXACT}) = - \sum_{s=1}^N (-1)^s \left[\frac{N! \eta_{2(N-s),0,0} \alpha_j^s}{(N-s)! \eta_{2N,0,0}} \right]^2$$

50-82 Protons				
Level	E (MeV)	α_j	v_j^2 (NOA)	v_j^2
$1g_{7/2}$	0.00	-1.717	1.290	0.827
$2d_{5/2}$	1.00	-0.814	0.290	0.490
$1h_{11/2}$	2.06	0.523	0.120	0.269
$2d_{3/2}$	2.52	-0.453	0.090	0.213
$3s_{1/2}$	2.85	-0.413	0.075	0.182

82-126 Neutrons				
Level	E (MeV)	α_j	v_j^2 (NOA)	v_j^2
$2f_{7/2}$	0.00	-1.818	1.503	0.833
$1h_{9/2}$	0.69	-0.975	0.432	0.576
$1i_{13/2}$	1.75	0.569	0.147	0.304
$2f_{5/2}$	2.18	-0.487	0.108	0.239
$3p_{3/2}$	1.47	-0.640	0.186	0.358
$3p_{1/2}$	2.29	-0.470	0.100	0.226

$$N_\pi=7, N_\nu = 10$$

- For heavy nuclei the valence protons occupy orbits full of neutrons

$$T_- |\psi\rangle = 0 \Rightarrow T = |M_T|_{\max} = \frac{1}{2} |N - Z|$$

- For nuclei where protons and neutrons are in the same major shell, but with different character as particles or holes, isospin symmetry is violated only of order

$$\frac{1}{\Omega}$$

- For the rest of the cases (lighter nuclei) IBM-2 does not produce states with definite isospin

$\Rightarrow$ IBM-3 and IBM-4 are required

Source: J. P. Elliot, Prog. Part. Nucl. Phys. **25**, 325 (1990)

Two body matrix elements II

$$G_X^{F,GT,T}(\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J; J) \equiv G_X^{(s_1, s_2, \lambda)}(\alpha_\pi \alpha'_\pi \alpha_\nu \alpha'_\nu; J; J) =$$

$$\begin{aligned} & \sum_{k_1=|l_\pi-l_\nu|}^{l_\pi+l_\nu} \sum_{k_2=|l'_\pi-l'_\nu|}^{l'_\pi+l'_\nu} \sum_{k=k_{min}}^{k_{max}} i^{k_1-k_2+\lambda} \hat{k}_1^2 \hat{k}_2^2 \langle k_1 0 \ k_2 0 \mid \lambda 0 \rangle \\ & \times (-1)^{s_2+k_1} \left\{ \begin{matrix} k_1 & s_1 & k \\ s_2 & k_2 & \lambda \end{matrix} \right\} (-1)^{j'_\pi+j_\nu+J} \left\{ \begin{matrix} j_\pi & j'_\pi & J \\ j'_\nu & j_\nu & k \end{matrix} \right\} \\ & \times \hat{k}_{j_\pi j_\nu} \left\{ \begin{matrix} \frac{1}{2} & l_\pi & j_\pi \\ \frac{1}{2} & l_\nu & j_\nu \\ s_1 & k_1 & k \end{matrix} \right\} \hat{k}_{j'_\pi j'_\nu} \left\{ \begin{matrix} \frac{1}{2} & l'_\pi & j'_\pi \\ \frac{1}{2} & l'_\nu & j'_\nu \\ s_2 & k_2 & k \end{matrix} \right\} \\ & \times \left\langle \frac{1}{2} \parallel \Sigma^{(s_1)} \parallel \frac{1}{2} \right\rangle (-1)^{-k_1} \hat{l}_\pi \langle l_\pi 0 \ k_1 0 \mid l_\nu 0 \rangle \\ & \times \left\langle \frac{1}{2} \parallel \Sigma^{(s_2)} \parallel \frac{1}{2} \right\rangle (-1)^{-k_2} \hat{l}'_\pi \langle l'_\pi 0 \ k_2 0 \mid l'_\nu 0 \rangle \\ & \times R_{X, k_1, k_2}^{(s_1, s_2, \lambda)}(n_\pi, l_\pi, n'_\pi, l'_\pi, n_\nu, l_\nu, n'_\nu, l'_\nu), \end{aligned}$$

Isospin correction of the transition operator

Monopole term removed

$$R_{X,k_1,k_2}^{(s_1,s_2,\lambda)} \rightarrow R_{X,k_1,k_2}^{(s_1,s_2,\lambda)} - \delta_{k_1 0} \delta_{k_2 0} \delta_{k 0} \delta_{\lambda 0} \delta_{\alpha \pi \alpha_\nu} \delta_{\alpha'_\pi \alpha'_\nu} R_{X,0,0}^{(s_1,s_2,0)}$$

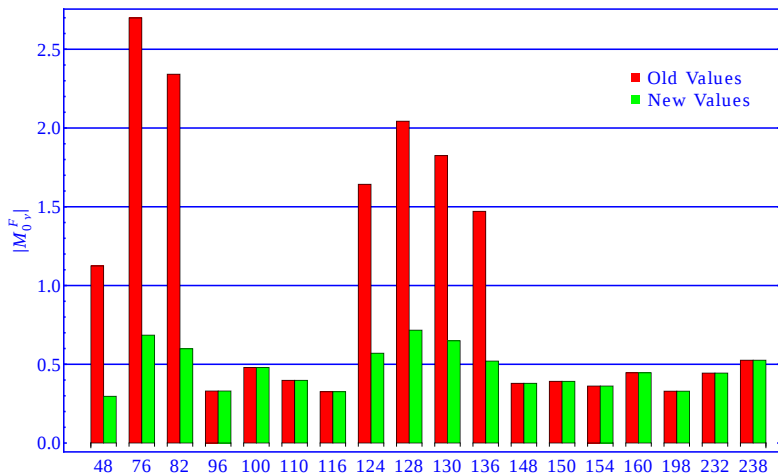
Consequences:

$M_{2\nu}^F \sim 0$ and $M_{0\nu}^F$ are strongly reduced

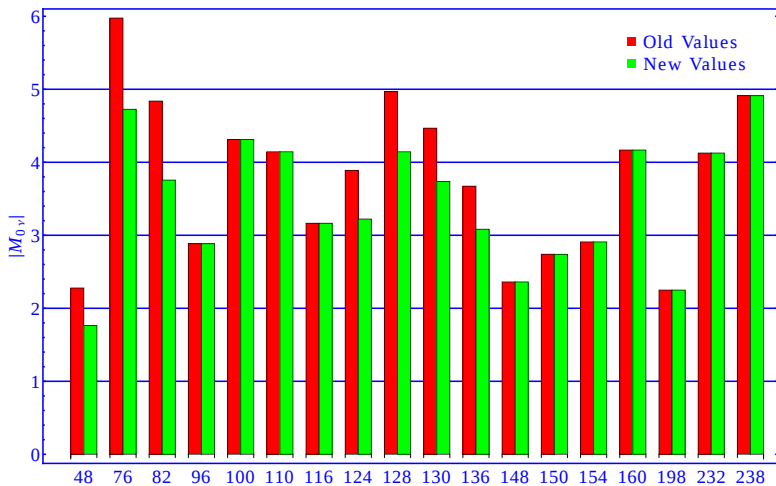
$M_{2\nu}^{GT}$ and $M_{0\nu}^{GT,T}$ does not change

J. Barea, J. Kotila and F. Iachello, Phys. Rev. C 87, 014315 (2015)

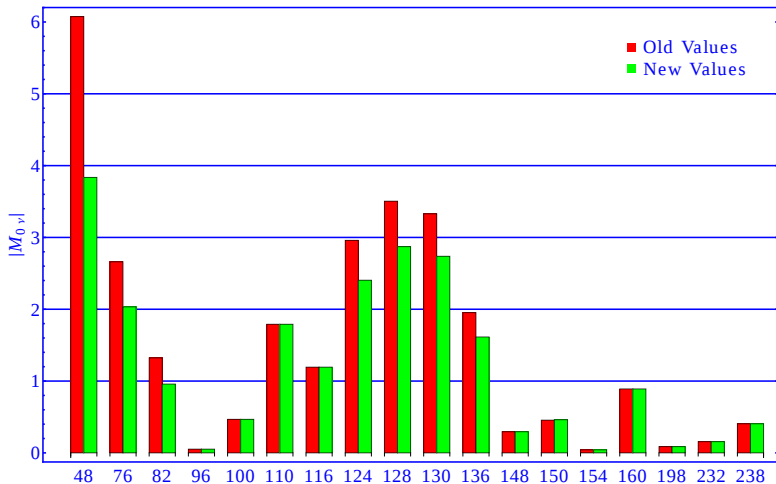
Fermi NMEs for $\beta^-\beta^-(0\nu)$ to the ground state



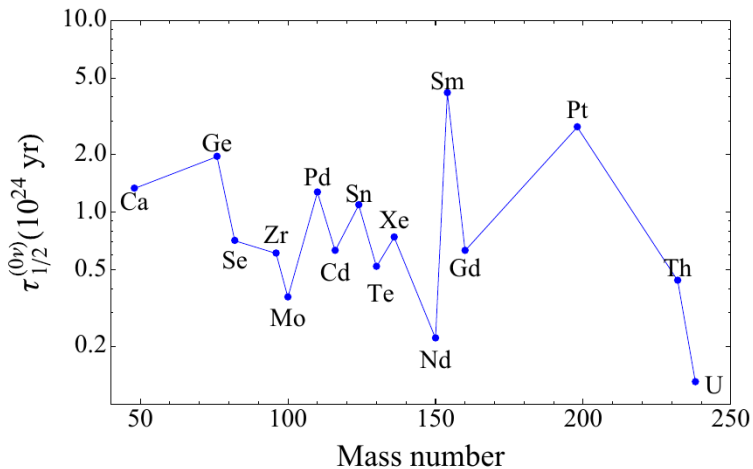
NMEs for $\beta^-\beta^- (0\nu)$ to the ground state



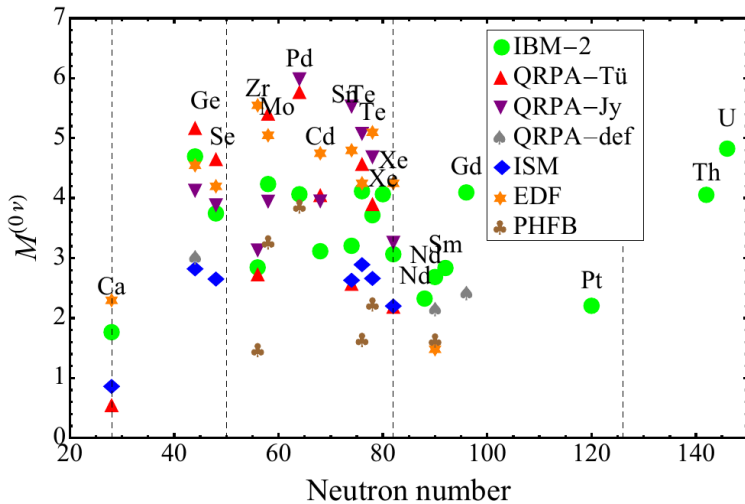
NMEs for $\beta^-\beta^- (0\nu)$ to the first excited state



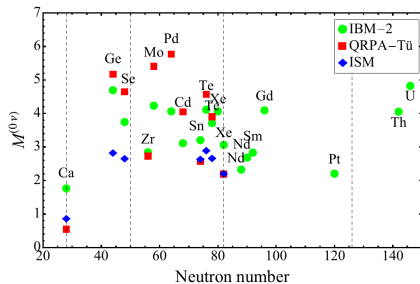
Expected halflives with $m_{\beta\beta} = 1 \text{ eV}$



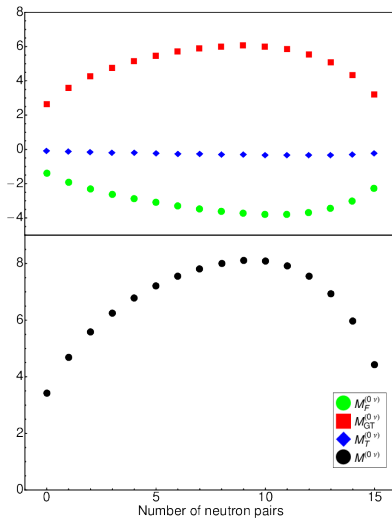
Comparison with other approaches



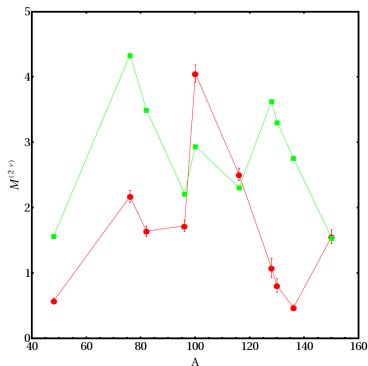
Shell effects



$$\begin{aligned}
 A_\pi A_\nu s_\pi^\dagger \tilde{s}_\nu &= \alpha_\pi \alpha_\nu s_\pi^\dagger (\Omega_\pi - N_\pi)^{1/2} \\
 &\times (\Omega_\nu - N_\nu)^{1/2} \tilde{s}_\nu \\
 M^{(0\nu)} &\simeq \alpha_\pi \alpha_\nu \sqrt{N_\pi + 1} \sqrt{N_\nu} \\
 &\times \sqrt{\Omega_\pi - N_\pi} \sqrt{\Omega_\nu - N_\nu + 1}
 \end{aligned}$$

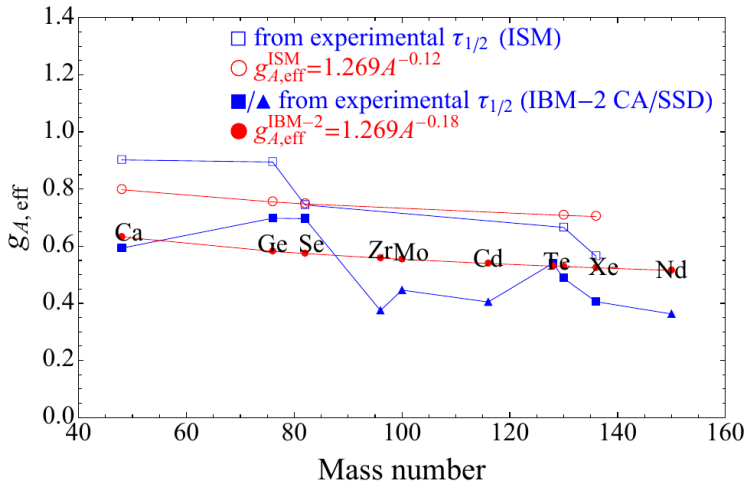


Two neutrinos results



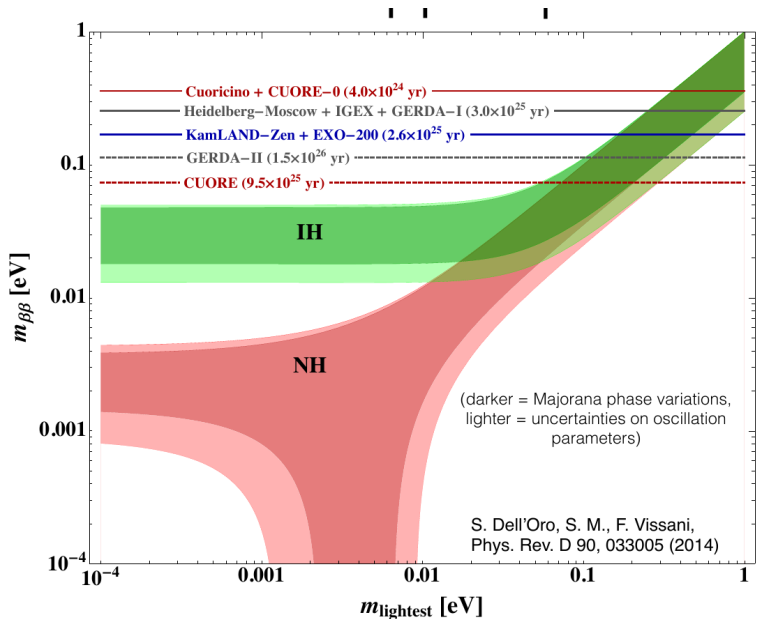
$$M_{2\nu} = g_A^2 M^{(2\nu)}, \quad M^{(2\nu)} = - \left[\frac{M_{GT}^{(2\nu)}}{\tilde{A}_{GT}} - \left(\frac{g_V}{g_A} \right)^2 \frac{M_F^{(2\nu)}}{\tilde{A}_F} \right]$$

The quenching of g_A



$$M_{2\nu}^{\text{eff}} = \left(\frac{g_{A, \text{eff}}}{g_A} \right) M_{2\nu}$$

Experimental situation



- Neutrinoless double beta decay is a promising tool to unveil neutrino properties.
- Resolving the differences between the nuclear matrix elements is essential.
- Quenching of the coupling constants should be clarified.