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What are the new challenges in Particle Therapy?

V. Patera Universita' di Roma "La Sapienza" & INFN Roma1

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Photon beams are RT baseline. Hard competitors: small, reliable and not so expensive ->40 years R&D

- Beam penetration in tissue function of the beam energy
- Peak of dose released at the end of the track, sparing the normal tissue
- Accurate conformal dose to tumor with Spread Out Bragg Peak





Examples of Photons vs Particle saga...



Charged Particle Therapy in the world



Community looking at ⁴He – ¹⁶O beams: begin to be tested at clinical center

Typical Hype Cycle for Innovation Technology



Technology trigger

Maturity

adapted from Becker & Townsend



The INFN Research & Development effort in hadrontherapy is mainly coordinated within the RDH project. European (and beyond) netword of collaborations

- 1) Treatment Planning System
- 2) Proton Computed Tomography
- 3) Residual Range system
- 4) Dose Monitoring
- 5) Nuclear Fragmentation Studies
- 6) Radiobiology
- 7) Monitor for High Intensity Beam
- 8) Innovative Accelerators Components



Cagliari, Catania, Firenze, LNF, LNS, Milano, Pavia, Pisa, Roma1/2/3, Torino



The RDH project : R & D in Hadron Therapy

CNAO





Cagliari, Catania, Firenze, LNF, LNS, Milano, Pavia, Pisa, Roma1/2/3, Torino

PT optimization & detector development

The main PT trends that ask for detector R&D are beam intensity escalation and QA of dose release.

- ✓ Detector working at high rate to monitor current and position of high intensity beam
- ✓ Detectors to monitor the dose profile along the beam path inside the patient
- ✓ Proton tracking and calorimeter system (software included) to improve patient imaging

The golden figure of this R&D activity is the accuracy on the released dose \sim few%

The developed devices are to be embedded in clinical environment: cost, reliability and "easy to use" features play a key role. Usually not bleeding edge, but wide spectrum

Beam Intensity & New Compact Accelerators

Each PT treatment is made of 20-30 fractions. Cost (and time) optimization asks for reduced treatment time and increased dose release in a single fraction. This will boost the beam intensity in future. Compact machine are likely to have high pulsed fluxes

Typical figures for future high flux pulsed charged particle beams				
Pulse frequency (kHz)	0.2 – 1			
Pulse Length (μs)	5 – 20			
Number of particles per pulse	10 ⁷ -10 ⁸			
Instantaneous Intensity (prot/s)	10 ¹² -10 ¹⁴ (1nA-20μA)			

- Laser-driven acceleratos
- Cyclinac
- Synchrocyclotrons
- Fixed Field
 Alternating Gradient
 Accelerators

At high beam intensities the standard ionization chambers are no more reliable as intensity and position monitors

Approach to future beam intensity monitor

R&D spans from upgrade/modification of the standard devices to be immediately applied to next generation commercial accelerator to future single particle detector to be used at future machine.

- ✓ Multigap Ionization chamber (RDH-TO)
- ✓ Low material tracker based on thin SciFi planes coupled with SiPM (RDH-LNS)
- ✓ GemPix detector (mutant device from GEM+ MediPix, CERN-LNF)
- ✓ Single particle devices: Si solid state detector (RDH-TO,ELI-NP)

now

202??

"Ready to go" solution : multigap IC



Multigap IC

- New double-gap chamber under construction for dosimetry at ELIMED beamline (Prague)
- New readout chip TERA09 has been designed
 - extends by > 10² the dynamic range of TERA08 (used at CNAO, MedAustron, ...)
 - fully compatible with TERA08 current applications
 - prototype under test @ INFN-Torino
 - development under cooperation agreement with De.Tec.Tor company
 - joint INFN-De.Tec.Tor patent request has been submitted



GEMPIX for Hadrotherapy

Gempix Detector (10 cm² GEM detector read by 55x55μm pixels) - 3D measurements of energy released in water phantom @CNAO Pavia





Depth dose curve *CARBON IONS*







F.Murtas , M. Silari, G. Stuar A.Rimoldi, A.Tamborini, M.Ciocca and A.Mirandola CERN, INFN, UNIPV, CNAO

Courtesy of F.Murtas

Si-detectors as counting devices (RDH-TO)

The performance required are **extremely challenging**:

- very fast collection time (< 1 ns) for GHz counting capability, limited multiple scattering -> thin sensor (< 50 um)
- finely segmented (>10⁴ pixels for 10 GHz counting with pile-up probability < 0,1 %, beam transversal shape could be monitored)
- hybrid electronic chip with independent readout of single channels
- radiation tollerant

Investigated the possibility to use **thin** silicon detectors. The low signal to noise ratio of thin sensors can be compensated with an <u>internal gain</u>.

Synergy with the UFSD (Ultra Fast Silicon Detectors) project of CSN5



Quality Assurance & Dose profiling in PT

Why is so crucial to monitor the dose in particle therapy with respect to photon RT? It is like firing with machine-gun or using a precision rifle.. Inhomogeneities, metallic implants, CT artifact, HU conversion, inter session anatomical/physiological changes-> range variations

Effect of density changes in the target volume



Accounting for uncertainties in the clinical practice

Current approach: Opposed fields, overshooting



____[Tang et al. 2012]

Desirable approach: Different beam angles and no overshooting



Protons

Beam range & secondary products

The p,¹²C beam is dumped inside the patient: a monitor device can rely on the huge amount of secondaries generated by the beam coming out from the patient: prompt γ s, PET- γ s, neutrons and charged particles/fragments

Activity of β^+ emitters is the baseline approach

- Isotopes of short lifetime ¹¹C (20 min), ¹⁵O (2 min), ¹⁰C (20 s) with respect to conventional PET (hours)
- Low activity asks for quite a long acquisition time (some minutes at minimum) with difficult inbeam feedback
- Metabolic wash-out, the β⁺ emitters are blurred by the patient metabolism









Courtesy of [sketch and exp. data taken from F. Le Foulher et al IEEE TNS 57 (2009), E. Testa et al, NIMB 267 (2009) 993. exp. Data reevaluated in 2012 with substantial corrections









- The emission region stretches along all
 the beam path but has been shown to ends near the Bragg peak for both beams.
- It's not simple backpointing the γ direction: the γ energy is in the 1-10
 MeV range-> much more difficult to stop and collimate with respect to ⁹⁹Tc 144 KeV γ in standard SPECT imaging
- Huge background (beam, energy and site specific) due to neutrons & uncorrelated γs produced by neutrons. TOF not easy to exploit in clinical practice



Influence of TOF on PG profiles (collimated cameras)



Roellinghoff PMB 2014





TOF : mandatory for carbon ions (?) Single part. beam monitor needed M. Pinto, submitted New J Phys

Courtesy of D. Dauvergne 2

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Range monitor for proton beam: the slit camera

Near to clinically practice: IBA, Politecnico & Xglab spinoff from Milano



Many groups working also on:

- electronic collimated (Compton) camera
- Multi-slit collimated camera



What about heavier beam $({}^{12}C)$? LET grows as Z^2 and the nuclear interaction increase with A. Thus, for the given dose, ${}^{12}C$ gives:

- less prompt γ than proton
- more background than proton

¹²C (¹⁶O) beams : something else useful? Secondary protons

Charged secondaries have several nice features

- The detection efficiency is almost one
- Can be easily back-tracked to the emission point-> can be correlated to the beam profile & BP





They are forward peaked Energy threshold to escape the patient ~ 80-90 MeV They suffer multiple scattering inside the patient -> worsen the back-pointing resolution

MC highly unreliable, probing the very tail of the angular distribution of secondary

The Infide Project @ CNAO

INnovative Solutions for In-beam DosimEtry in Hadrontherapy Funds: PRIN + Centro Fermi + INFN (RM1-TO-MI-PI)





- Dual signal operation
- integrated in treatment
 room
- Provide in-beam
 feedback on beam
 range
- Challenge: fusion of charged and PET information



The INSIDE PET system



- Detectors to measure the 511 keV back-to-back photons in order to reconstruct the β⁺ activity map.
- Two planar panels: 10 cm x 20 cm wide => 2 x 4 detection modules;
- 1-2 mm resolution expected along the beam path

Each module = pixelated LSO matrix 16 x 16 pixels, 3 mm x 3 mm crystals (pitch 3.1mm)

LYSO matrix readout: array of SiPM (16x16 pixels) coupled one-to-one.

Custom TOF-PET asic (Courtesy of M. Rolo, LIP and ENDOTOFPET EU project)





The INSIDE charge Profiler





Tracker: back-tracking of secondary protons to the beam line

Calo: select higher energy protons to minimize MS in the patient.

Reconstruction: deconvolution of absorption inside the patient from the emission shape

Calibration: BP position vs Emission shape parameters

Neutrons in RT & PT



The neutron flux dominates, by orders of magnitude, the total secondary flux. Neutrons directly produced by the beam in PT are mainly ultra fast neutrons [20-200 MeV] Accurate n production X-section by p,¹²C beam on (O,C), with angle and energy distribution, are still missing.

Neutron monitoring during PT is particularly difficult, (no directionality, scattering from environment, probabilistic release of energy, PID?, etc..)





TRACKING the neutron !!

- Neutron tracking device efficient in the 20:300 MeV range
- ♦ Efficiency in 10⁻² –
 10⁻³ range
- ♦ Funded by SIR
 2014+INFN Young
 Grant 2015

JINST M.Marafini et al 2015

Tracking Detector



Neutron

- E_{kin}=[20-200] MeV
- Inter. length. ~ 1m

Proton mean path

- $E_{kin} = 100 \text{ MeV} => 8 \text{ cm}$
- E_{kin} = 10 MeV=> 0.1 cm

Plastic Scintillator

- 20 x 20 x 20 cm³;
- scintillating fibres 250 μm;
- 800 squared fibres per layer;
- x-y layer orientation;





The photon produced by the GEM avalanche are transmitted to a CMOS light sensor

Photon ReadOut







Developments with FBK



Photon ReadOut





Photon ReadOut



The Read out pixel will match the fiber section



- integrated TDC (resolution ~65 ps)
- self triggered sensor
- pixel 600 μm -----> 300 μm

Sampling of the number of µSPAD fired at 10 ns frequency Optimized for LYSO signal, to be adapted to the plastic scintillator signal time ³²

proton based imaging system (pCT)

Conventional X ray tomographies taken before the proton treatment session and in a different setup. Precision improvement if positioning and treatment could be done in one go

<u>Treatment planning is</u> defined using X-CT *but* protons and photons interact differently with matter. Direct measure of the stopping power maps with same particles used to irradiate



PCT principle and setup

- Single particle proton tracking: silicon strip detectors → MLP
- Residual energy measurement: crystal calorimeter → energy loss



A set of single event information can be processed by appropriate reconstruction algorithms (FBP, ART) to produce tomographic images.

No particular request on track or calo system...

PARAMETER	VALUE
Proton beam kinetic energy	~300 MeV
Proton beam rate	1 MHz
Spatial resolution	< 1 mm
Electronic density resolution	<1%
Detector radiation hardness	>1000 Gy
Dose per scan	< 5 cGy



Proof of principle at 60 MeV LNS p beam

Reconstruction of PMMA phantom with Filtered Back Projection as seed for Algebraic Reconstruction Technique. Using Modified **Radon Transform:**

 $p(s,\theta) = \iint X(x,y) F(s + x \operatorname{sen} \theta - y \cos \theta) \, dx \, dy$



x100µm

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pCT reconstruction after patient positioning for treatment and Treatment Planning System recalculation with pCT data need massive CPU power -> real challenge of pCT on the fly GPU technology needed (INFN-RIDOS-FRED)

Vanzi E. et al., Nucl. Instr. and Meth. A 730 (2013)

Conclusions

- ✓ Particle Therapy needs a wide spectrum, (somewhat incoherent) R&D activity to survive the IMRT competition-> plenty of space for iniziative.
- Not straighforward need for bleeding edge technology -> different environment wrt INFN usual one , driving forse is clinical practice!!
- ✓ Software will play a equal (higher?) role in Particle Therapy R&D
- ✓ INFN has a world leading role in PT R&D, and a very active community, and such an investment should be preserved
- ✓ No time to mention machine development, possibility of 4D Treatment, Radiobiology studies, GPU software migrations, etc etc . It's my fault, sorry..



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CREDITS

Thanks

I am in debt for a lot of slides, plots, comments, discussions and criticism, with many colleagues... P.Cerello, G.Bisogni, G. Battistoni, R.Sacchi, M.Bruzzi, M.Marafini, M.Durante & many others...

Radiotherapy and secondary cancers

Cancer survivors represent about 3.5% of US population

Second primary malignancies in this highrisk group accounts for about 16% of all cancers

Three possible causes:

Continuing lifestyle Genetic predisposition

Treatment of the primary cancer

Assessment is difficult because of lack of controls

Prostate and cervix cancer: surgery is an alternative

Hodgkin's lymphoma: risk of breast cancer very high

Radiation-induced secondary cancers are mostly carcinomas, but a sarcomas in heavily irradiated sites are also observed



Brenner et al., Cancer (2000)

Courtesy M.Durante

The range verification problem

AAPM, August 2012

Delegates were asked what they considered as the main obstacle to proton therapy becoming mainstream:

- 35 % unproven clinical advantage of lower integral dose
- 33 % range uncertainties
- 19 % never become a mainstream treatment option

RESEARCH

Aug 22, 2012 Will protons gradually replace photons?

The dose distribution advantages offered by proton therapy, particularly with the introduction of pencil-beam scanning, have stimulated increasing interest in this modality. But is the large capital expenditure required to build a proton therapy facility hindering the widespread implementation of this technique? And how big a problem is range uncertainty, which can prevent proton therapy from meeting its full potential?



Protons versus IMRT





- Several different solutions under study
- > Unique clinical solution not yet established
- > Suitable detectors not commercially available
- > Impressive number of physicists/institutions at work





Charge Collection Efficiency in ICs

Inefficiency in charge collection originates from the charge recombination in the gas

Initial and columnar recombination

- recombination between charges generated along each track
- independent on dose rate
- can be corrected for by dosimetric calibration of the chambers
- described by Jaffe's theory

Volume recombination

- recombination between charges generated by neighbouring tracks
- depends on the dose rate, the quantity one wants to measure !
- several parametrizations, (Boag, Wilson, Townsend...)
- Typically
 - increases with the ionization density in the gas
 - decreases with the increase of the ratio E/d=V²/d (d = distance between the electrodes, V= voltage)
 - \rightarrow serious issue for high intensity pulsed beams

The conventional (photon based) RT

The photon (and e⁻) beams are the most common in RT. They are not so expensive, small, and reliable.

It's a pity that the energy release shape is not so suitable to release dose in a deep tumor (remember the exponentian attenuation law..?). Dose-depth relation for different ionizing radiation: radiotherapy photon and electron beam, ⁶⁰Co source



But....

Spec's of particle therapy monitor

In PT the beam is easily monitored in the transverse direction but longitudinally stops inside the patient. An ideal PT monitor device should fulfill the following spec's:

- Measure shape and (if possible) the absolute value of dose release to check the agreement between the planned target volume and the actually irradiated volume
- Measurements and feed-back should be provided during the treatment (in-beam). Even better if the monitor response can follow the irradiation scan on line
- Must relay on the signal by secondary particles, generated by the beam, that comes out from the patient
- Must deal with the background of the "non signal" secondaries that come out

In-vivo, real-time verification of effective proton range, by measuring the prompt gamma radiation emitted from the nuclear interactions of the protons with patient tissues.



Camera prototype designed and assembled by IBA, partly in the framework of EU projects, with contributions from Politecnico & Xglab spinoff from Milano.

Collaborations and benchmarking against alternative detection methods with U. Lyon and Oncoray-Dresden.

Functional prototype now made available to clinical institutions in view of defining the use-case workflow.

Courtesy IBA

Diamond dosimeters: DiaPix experience

Premium Detector Grade (Diamond Detectors Ltd) polycrystalline diamond, $2.5x2.5cm^2$ area, thickness = $300\mu m$. 2D matrix of pixels produced in Florence, XUV lab with Cr/Au evaporation



Range: 10 cGy ÷ 100 Gy



24x24 matrix, pixel area 0.8x0.8mm²

PT and pediatric tumors

Eventual secondary effect of diffuse dose are very relevant for pediatric tumor, where the expected life span is longer.

The neutron contribution is particularly difficult to model and to be taken into account in TPS (environment, reflection, beam halo, etc..





Photons Courtesy of R.Orecchia

Protons

	X-ray	IMRT	Proton
CTV	90%	90%	90%
Heart	18.2	17.4	0.1
Right lung	3.5	21.9	0.1
Esophagous	11.9	32.1	10.2
Stomach	3.7	20.6	0.1
Right kidney	3.3	29.8	0.1
Transvers colon	2.6	18.0	0.1