

# Epigenetics as a new approach for biomarkers discovery

Ewa Stępień

Department of Medical Physics, M. Smoluchowski Institute of Physics  
23-27. September Frascati

# Biomarker definition

---

“a **characteristic** that is objectively measured and evaluated as an **indicator** of normal biological processes, pathogenic processes, or pharmacologic responses to a therapeutic intervention (*Biomarkers Definitions Working Group, 2001*)”

„a **measurable DNA and/or RNA characteristic** that is an **indicator** of normal biologic processes, pathogenic processes, and/or response to therapeutic or other interventions (*European Medicines Agency, 2007*)”

# Relations and int

## ADAPTATION TO HIGH ALTITUDE DO YOU HAVE THE SHERPA GENE?

Hemoglobin concentration  
as adaptation to high-altitude

environment

The Sherpa people are an ethnic group from Tibet.



EPAS1 – nicknamed the “Sherpa gene” – regulates the production of hemoglobin and allows the body to work more efficiently with less oxygen.

4000  
METERS

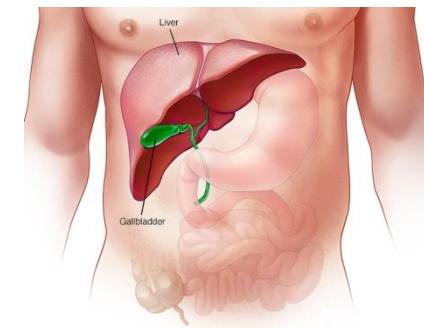
The Sherpa have a number of genetic variants that have helped them to adapt to altitudes of over 4000 meters.

omarkers  
factors

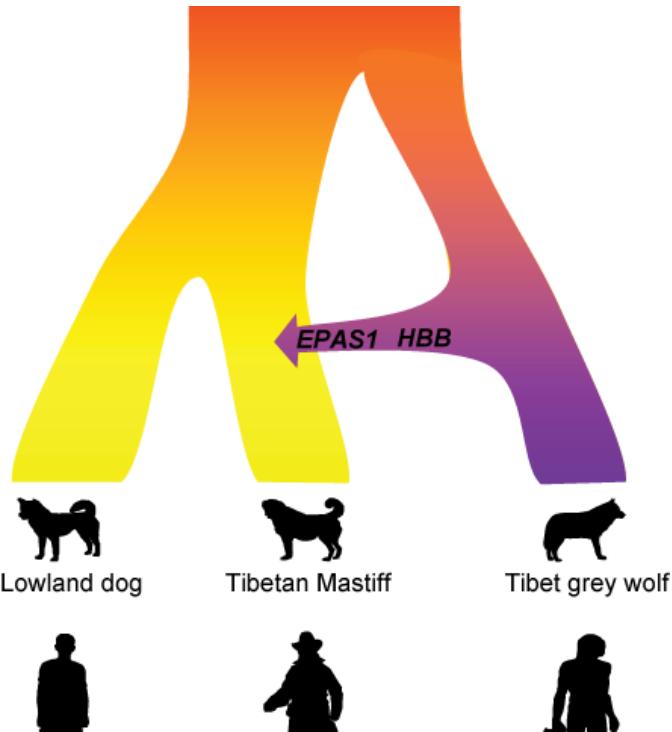
Elevated bilirubin concentration  
in Gilbert's syndrome

genetic  
factors

I/L



# GENETICS



# ADAPTATION TO HIGH ALTITUDE

DO YOU HAVE THE SHERPA GENE?

GeneBlueprint

Erythropoietin (EPO) stimulates the formation of red blood cells

Erythropoietin (EPO) is a naturally occurring glycoprotein hormone that controls the production of red blood cells.

The more red blood cells there are in the blood, the more oxygen can be absorbed. However, when someone is suffering from anemia or a lack of oxygen, less O<sub>2</sub> is absorbed and, as a result, the kidney is stimulated to produce more erythropoietin.

In patients with kidney disease, this adjustment does not work sufficiently well, and a lack of erythropoietin is usually the cause of the anemia.

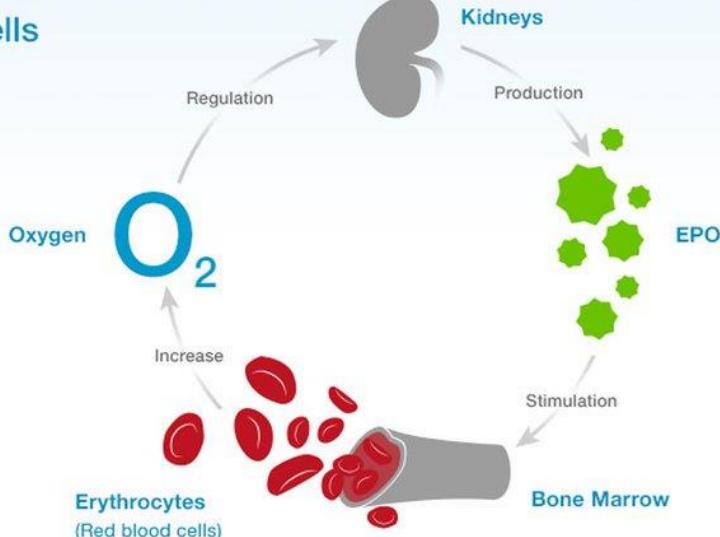


EPAS1 – nicknamed the “Sherpa gene” – regulates the production of hemoglobin and allows the body to work more efficiently with less oxygen.

# 4000 METERS

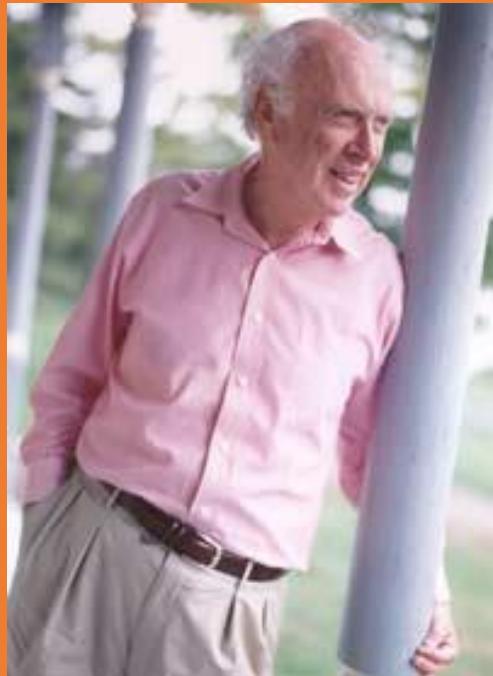
The Sherpa have a number of genetic variants that have helped them to adapt to altitudes of over 4000 meters.

# EPIGENETICS

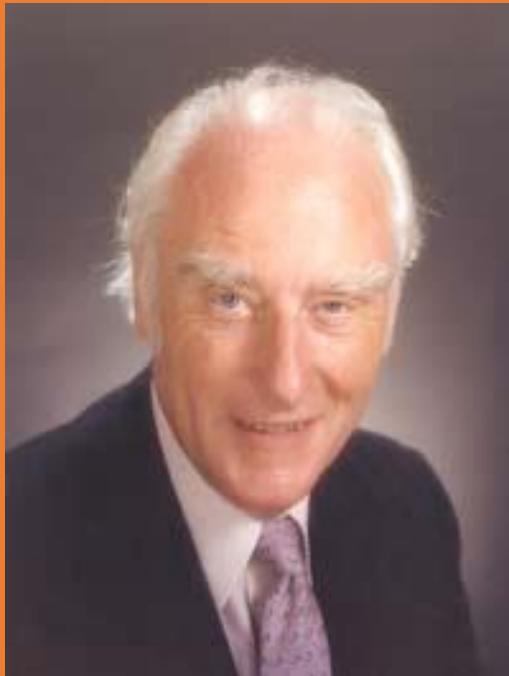


# The Watson-Crick DNA Model – 1953

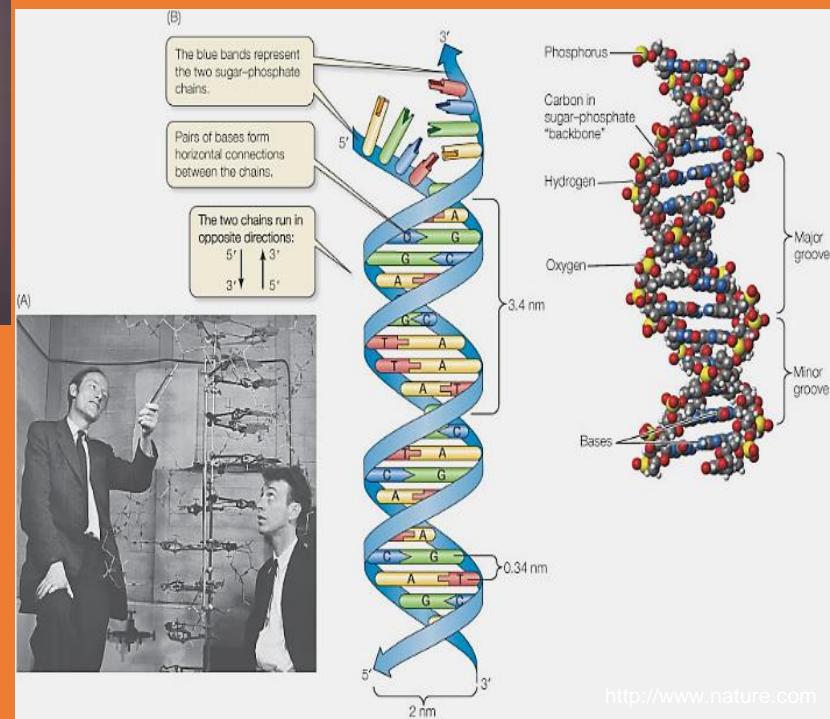
Nobel prize in Physiology or Medicine in 1962



James D. Watson



Francis H. C. Crick

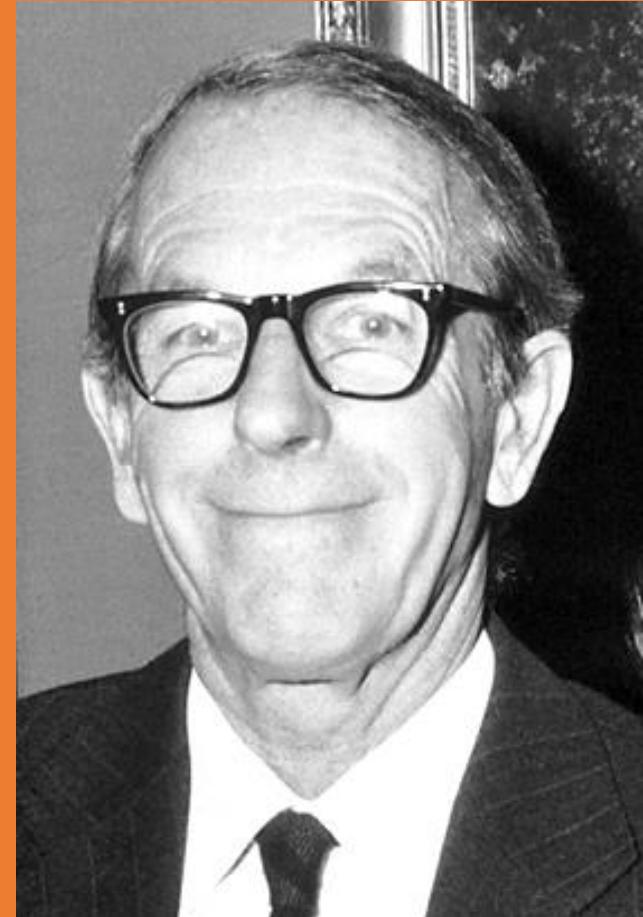


# DNA Sequencing - 1977

- Gilbert and Sanger shared the Nobel Prize in Chemistry in 1980

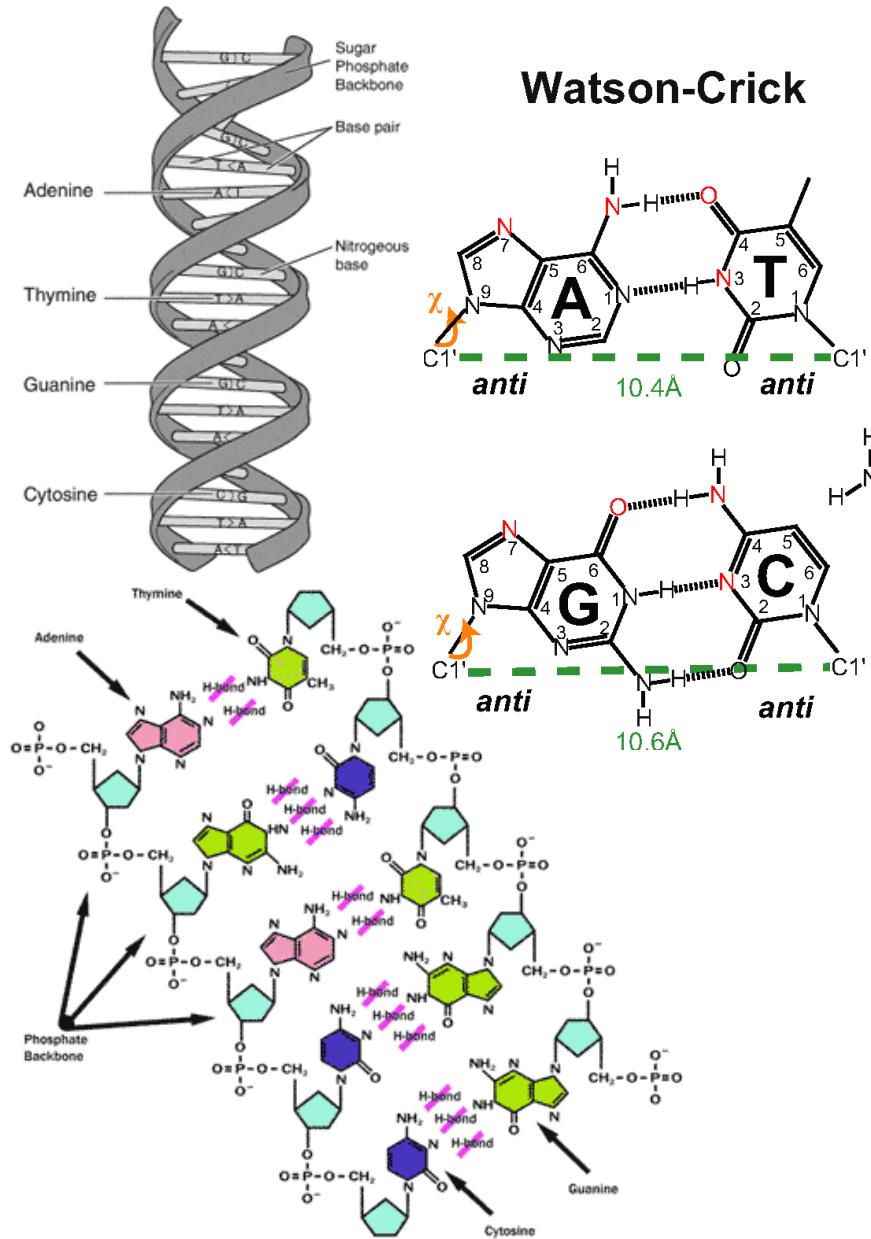


Walter Gilbert  
(1932-; US Physicist and Biochemist)

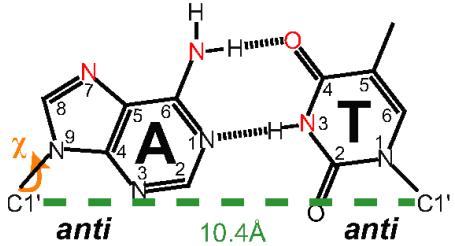


Frederick Sanger  
(1918-2013; UK Biochemist)

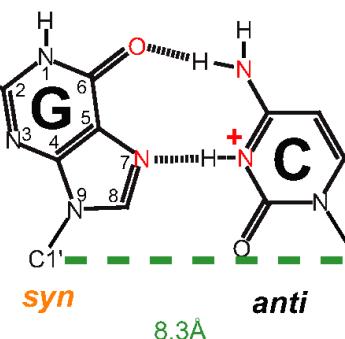
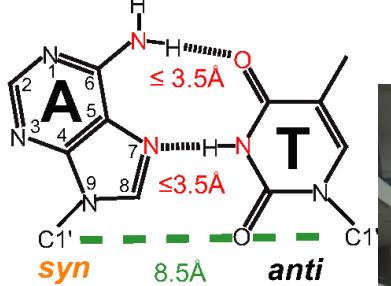
# Genome structure: DNA



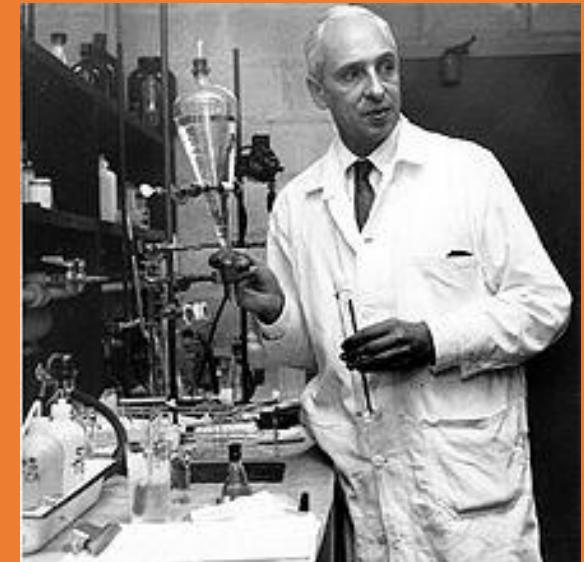
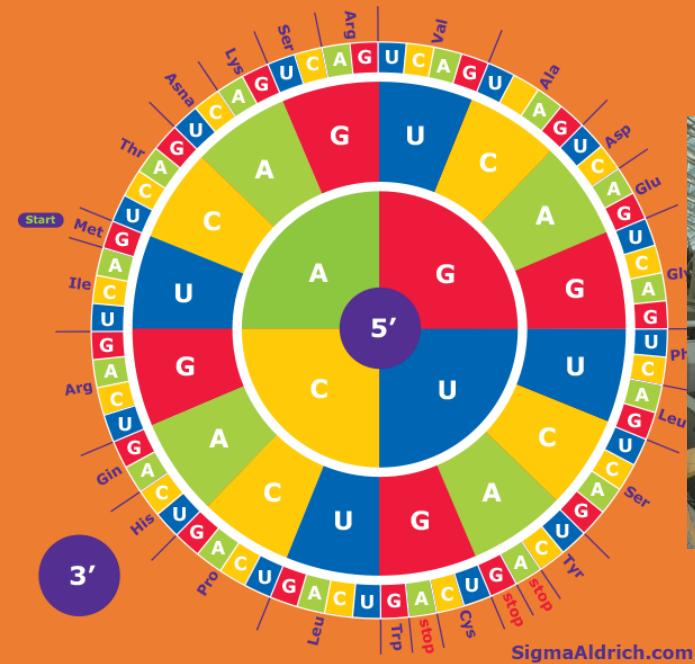
**Watson-Crick**



**Hoogsteen**



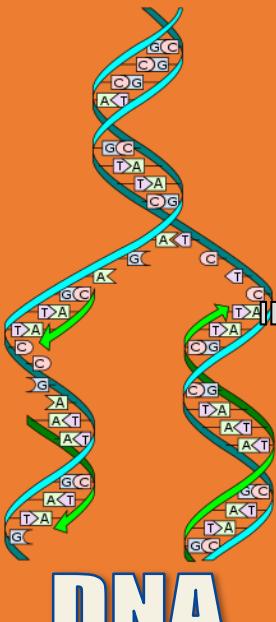
# 1959 Nobel Prize for Physiology or Medicine



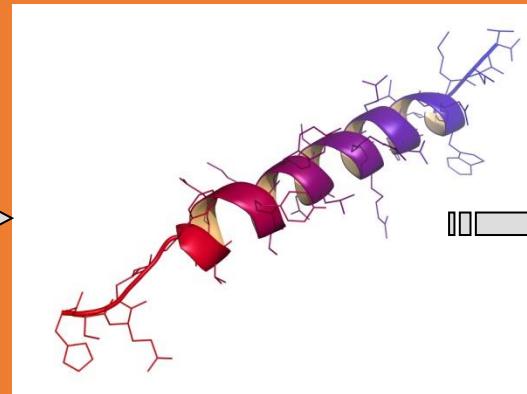
# Severo Ochoa de Albornoz

# Biology dogma

genetics



biochemistry



medicine



RNA

transcriptomics

Aminoacid sequence

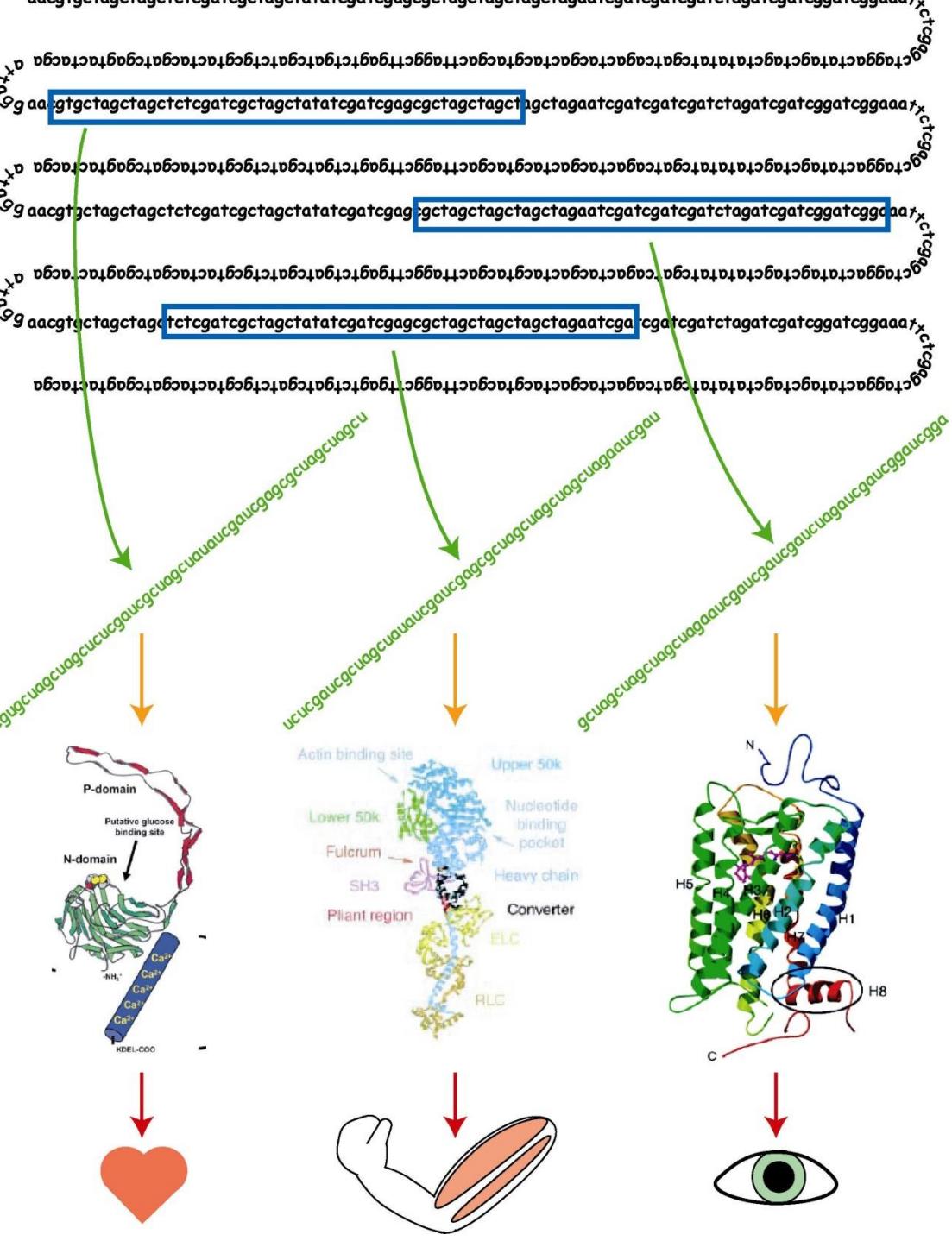
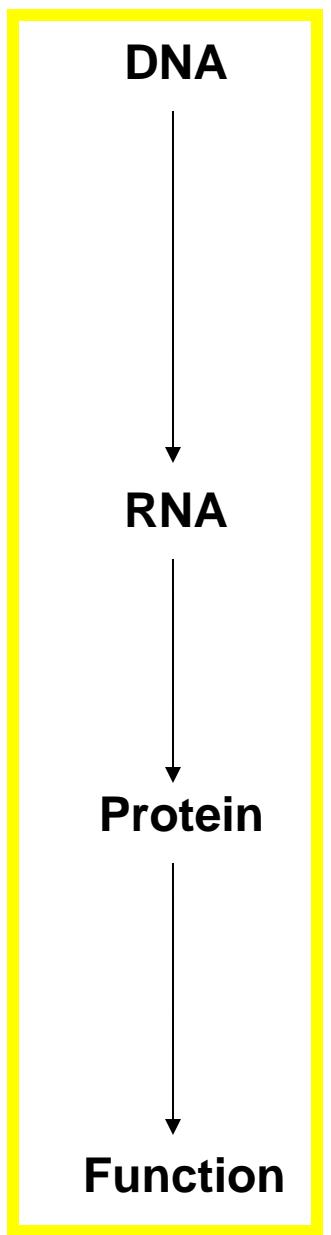
proteomics

Protein structure  
and function

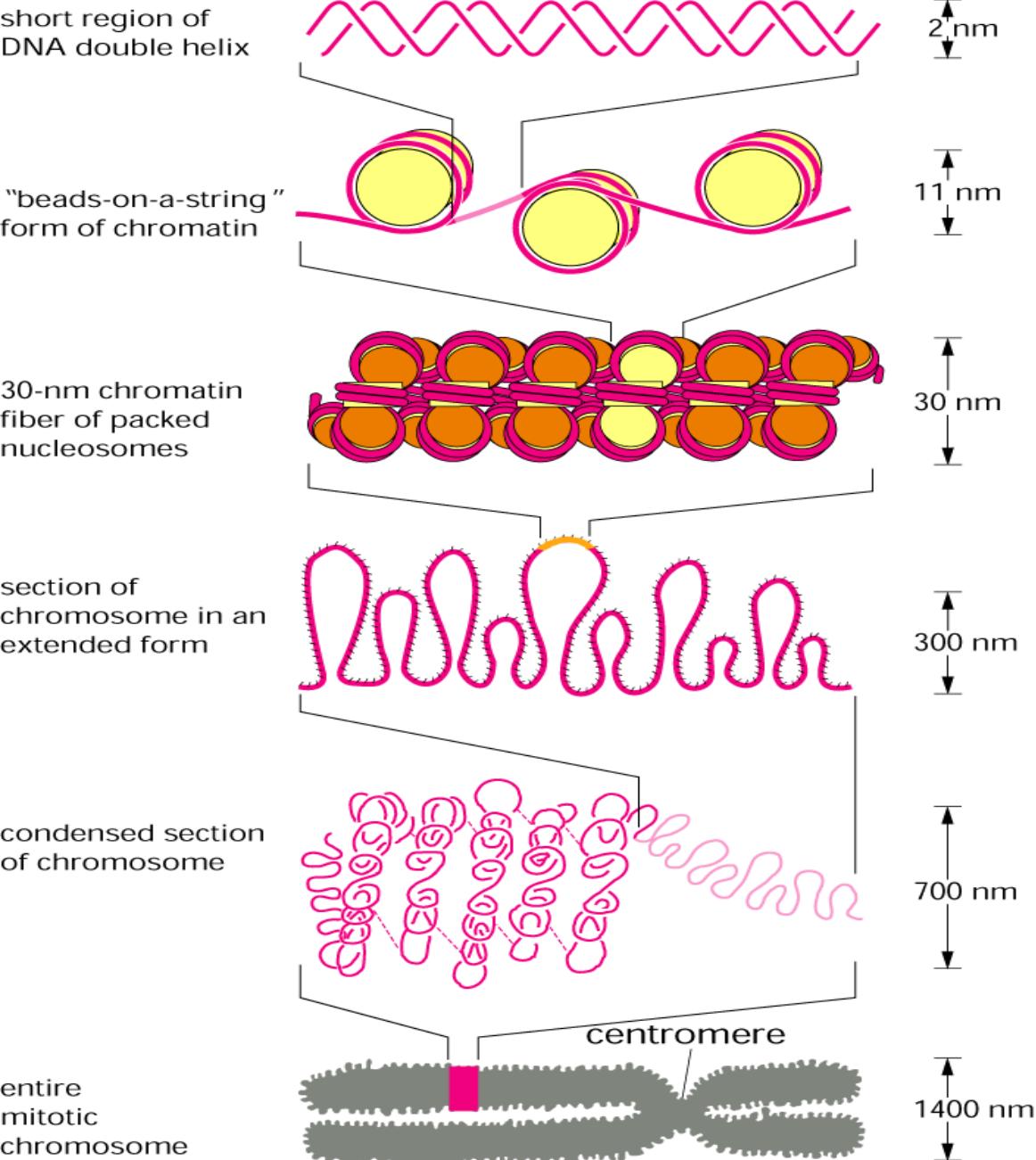
genomics

CADD

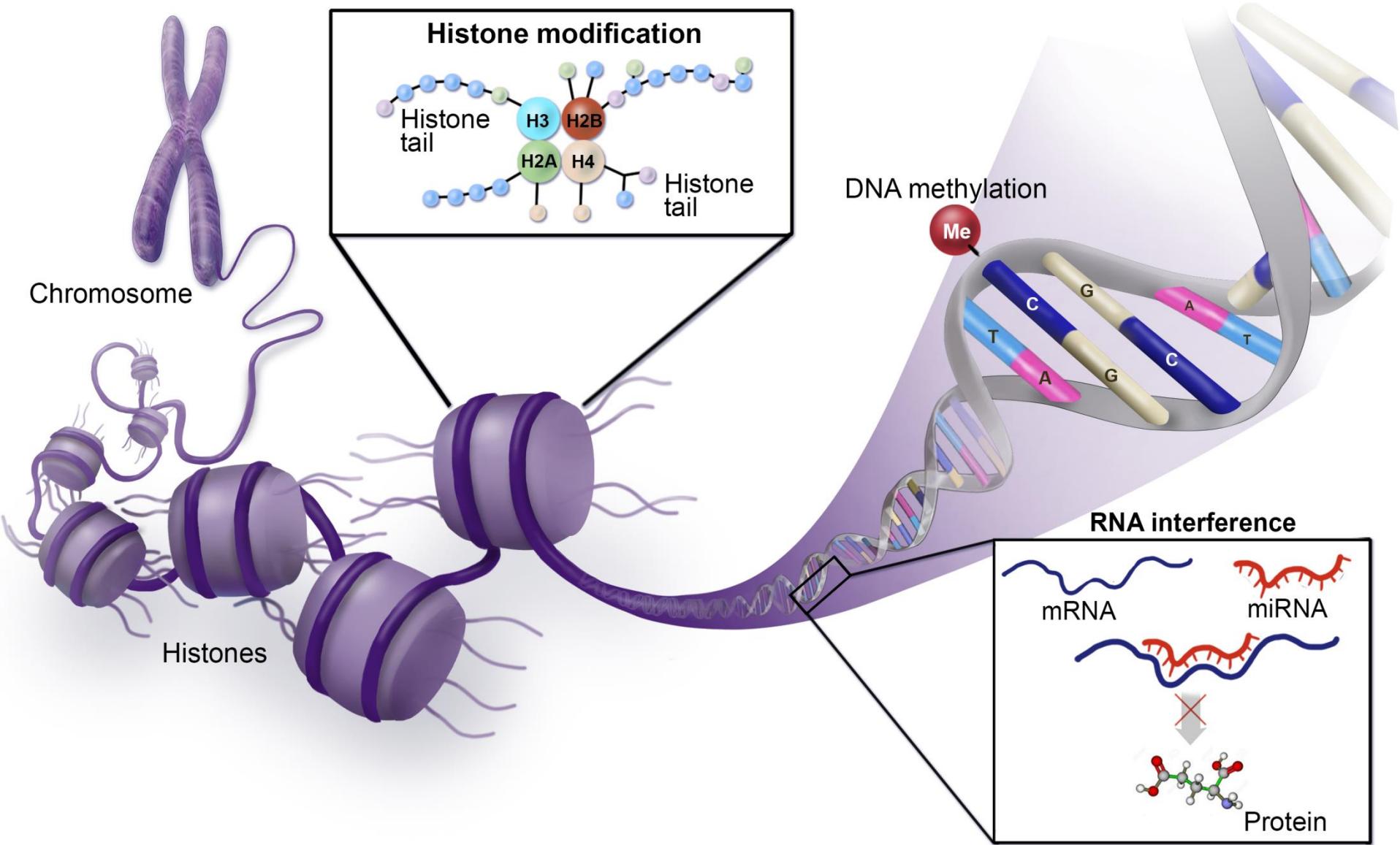
metabolomics

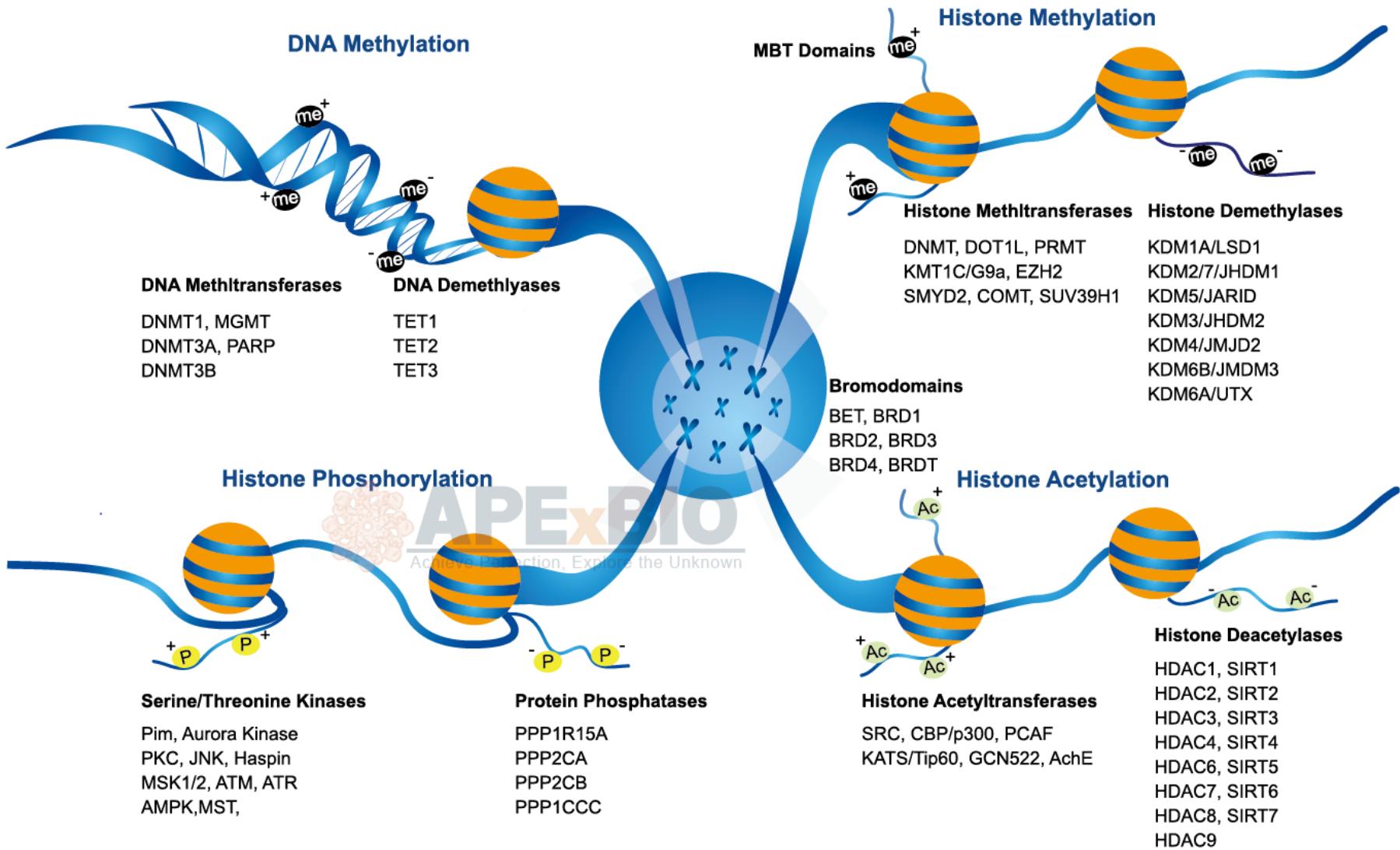


In a single human cell,  
the length  
of DNA  
strand is  
about 2 m



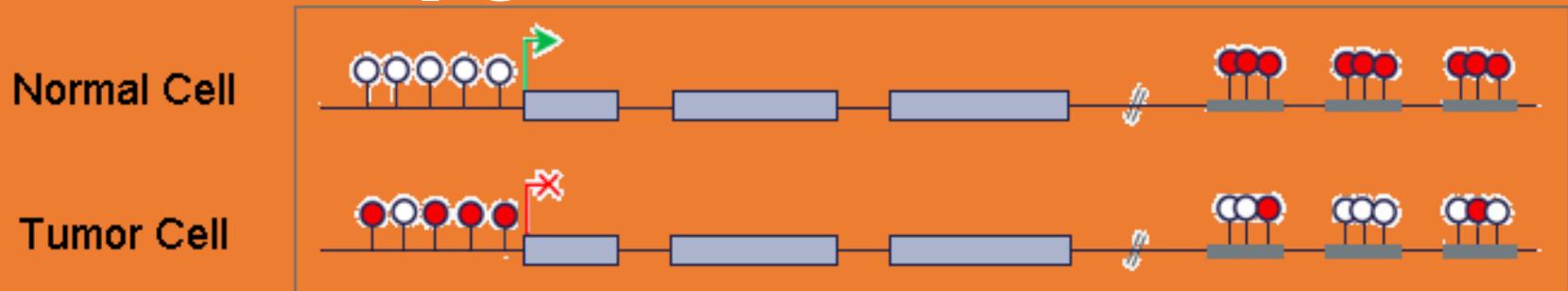
NET RESULT: EACH DNA MOLECULE HAS BEEN  
PACKAGED INTO A MITOTIC CHROMOSOME THAT  
IS 50,000x SHORTER THAN ITS EXTENDED LENGTH





# Methylation in cancer

## epigenetic modification



5 to 10% of promoters are  
**hypermethylated** in cancer  
leading to the silencing of  
downstream genes

CpG islands

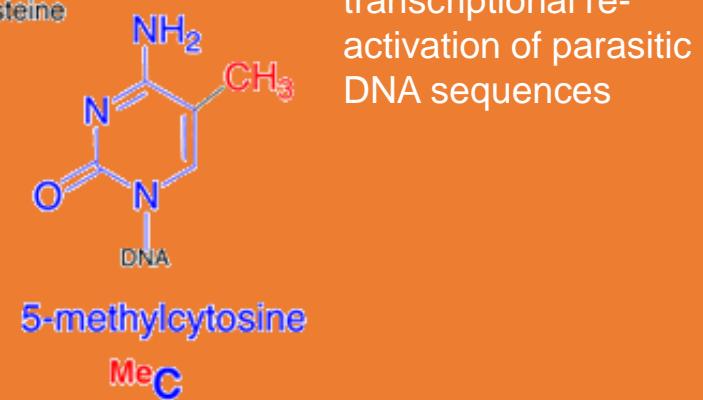
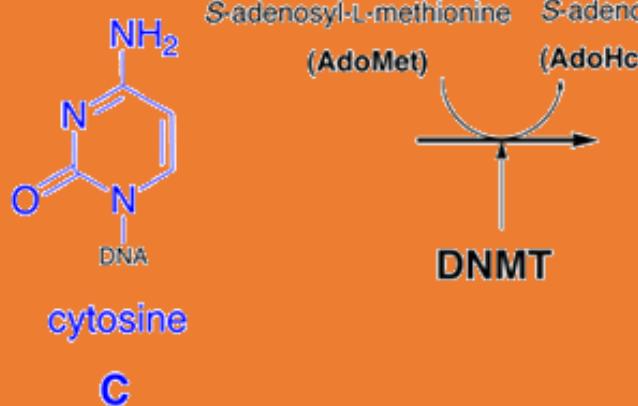
Gene

Repeated sequences

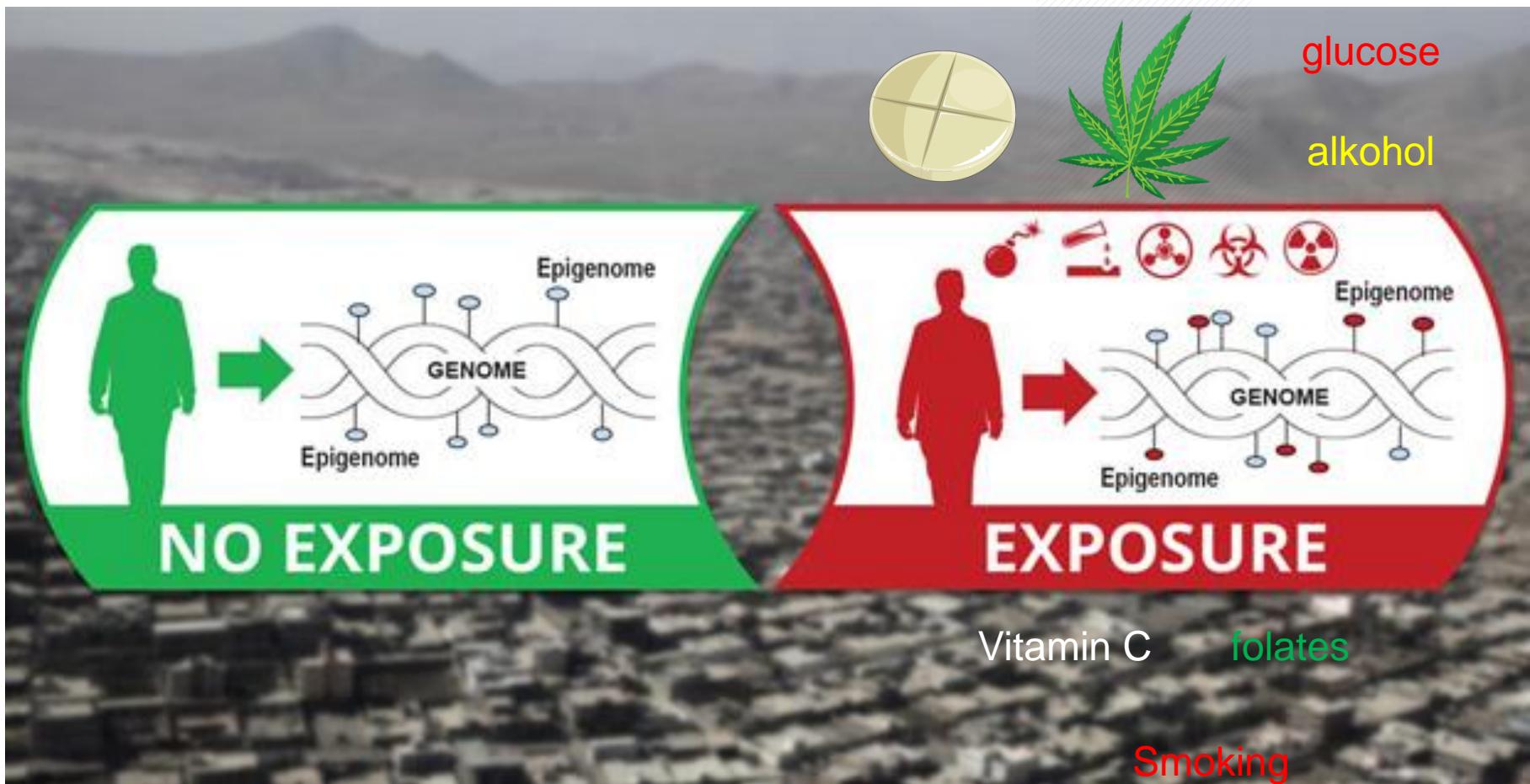
↓  
Specific hypermethylation  
at gene promoters

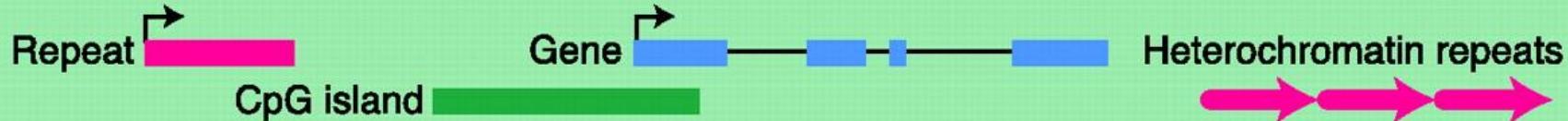
↓

Global hypomethylation  
of the genome

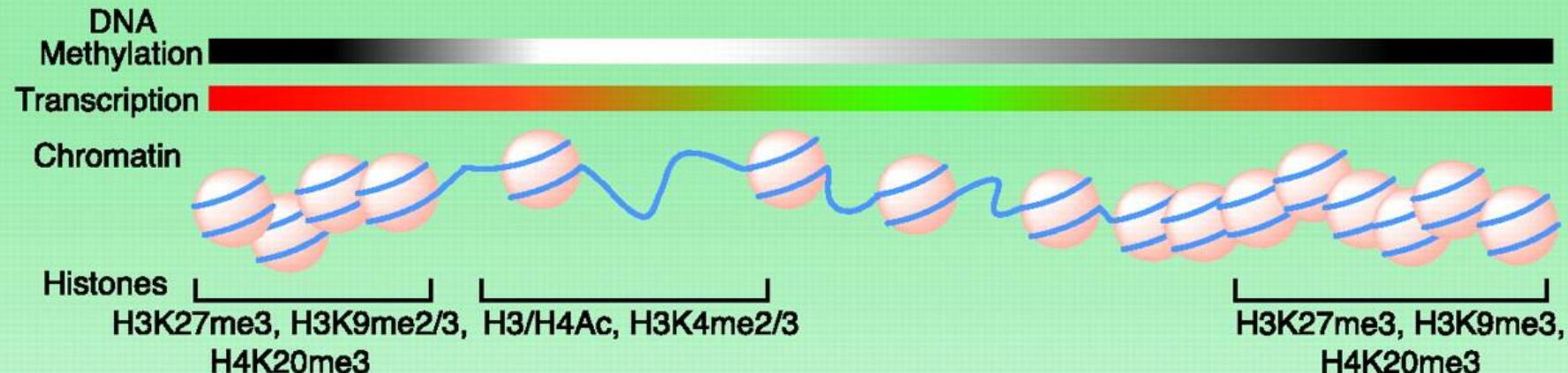


# Environmental factors epigenetic modifications

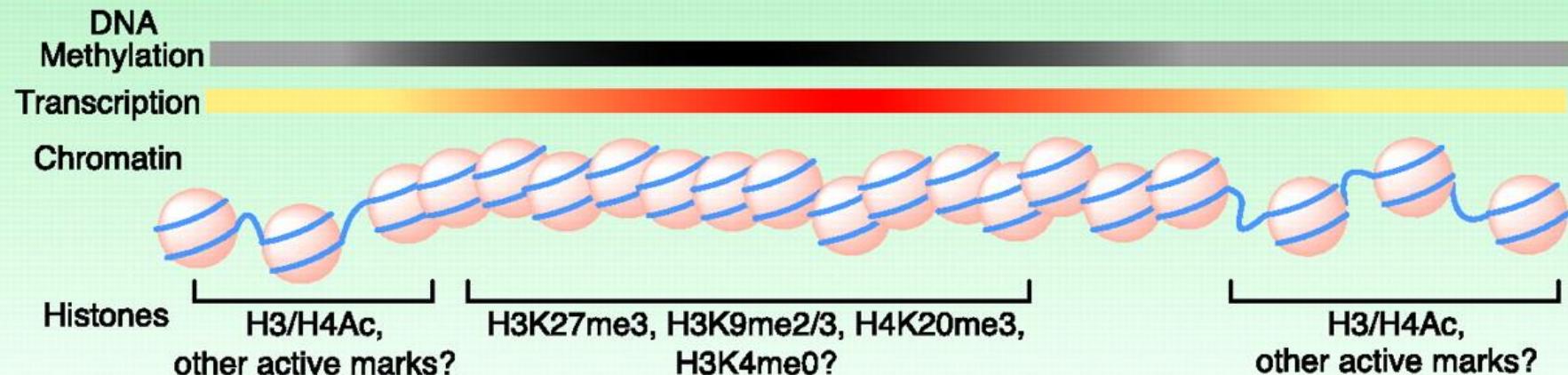




## A Normal Cells



## B Cancer Cells



**DNA Methylation**

Unmethylated → Methylated

**Transcriptional Potential**

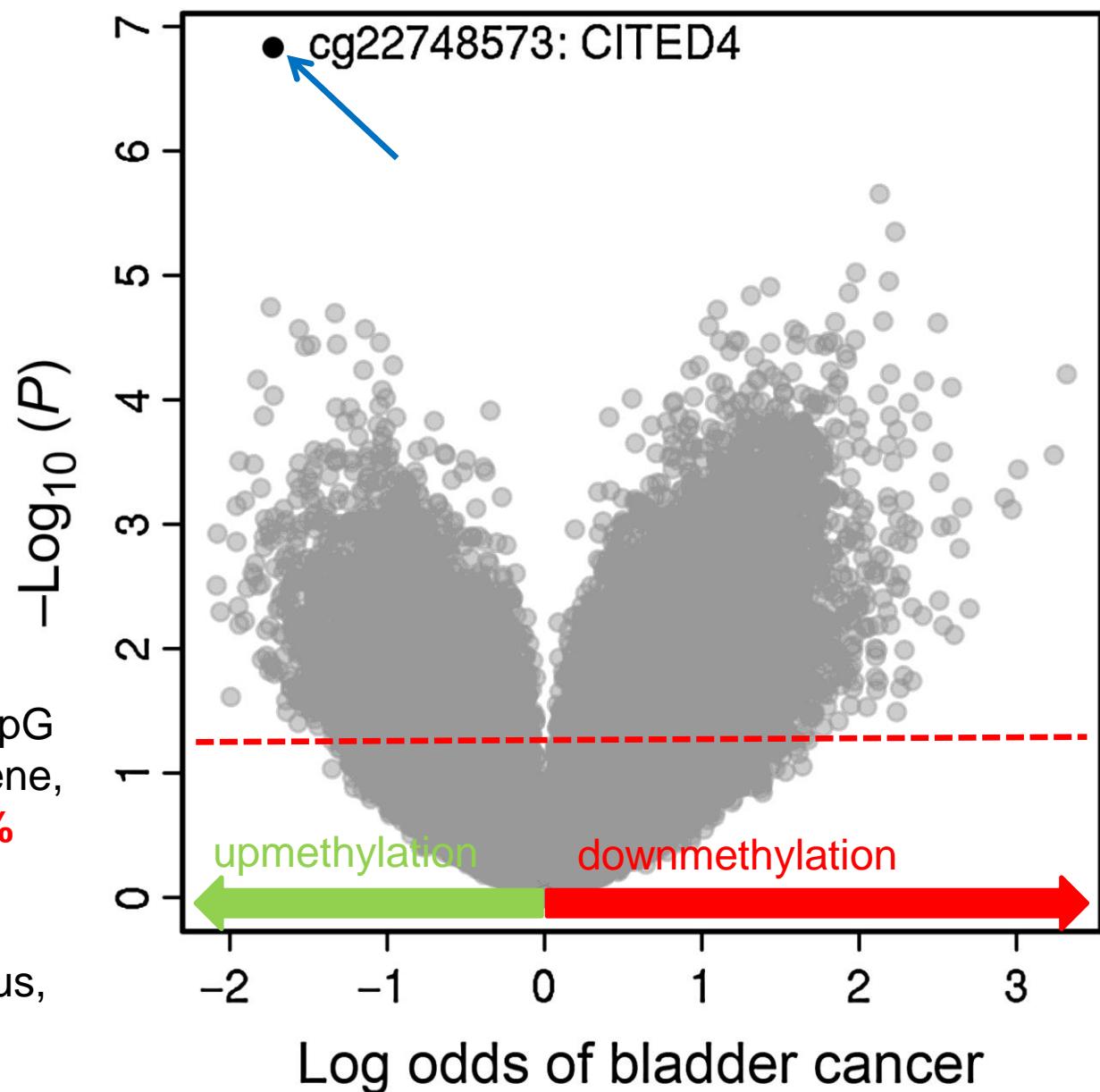
High → Low

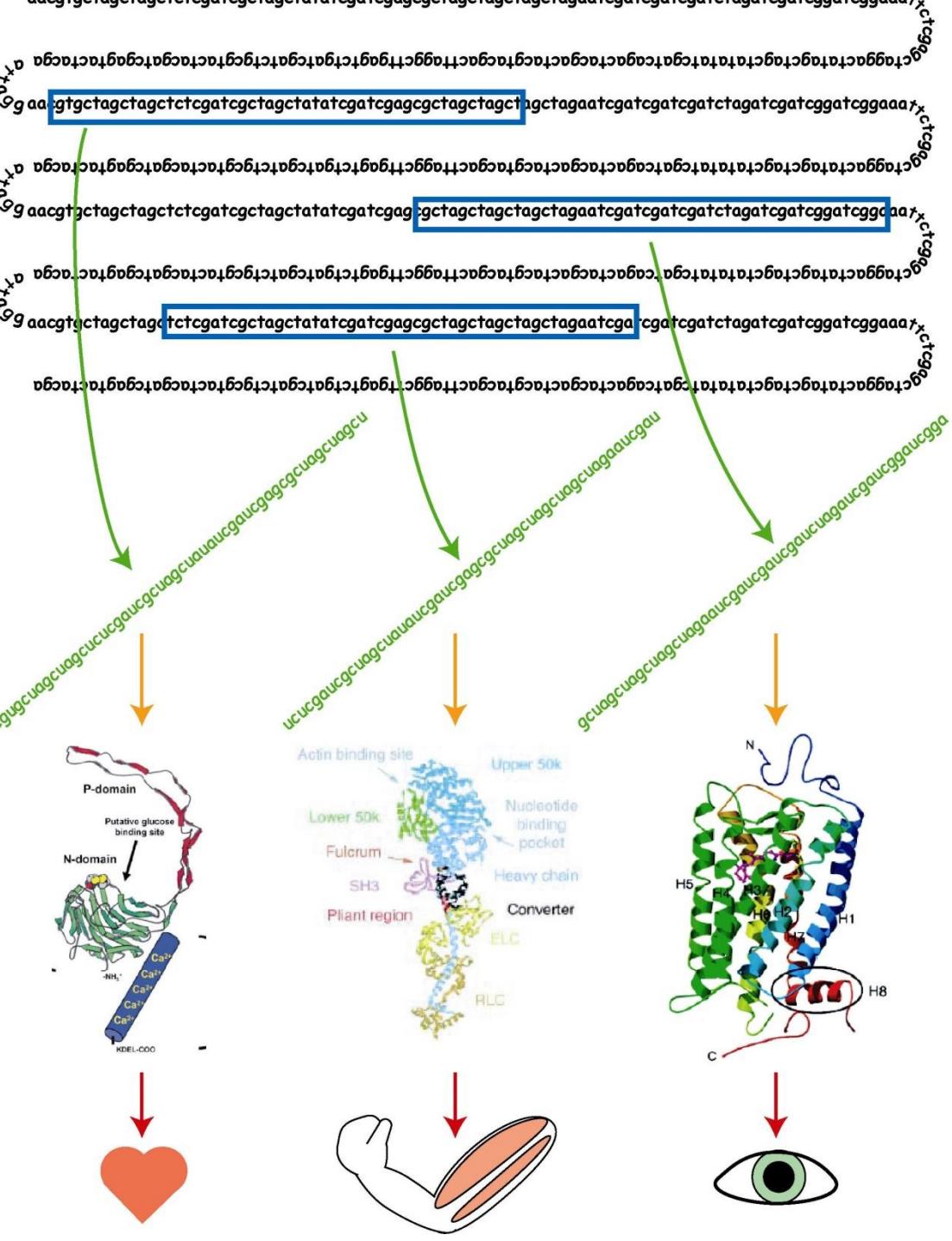
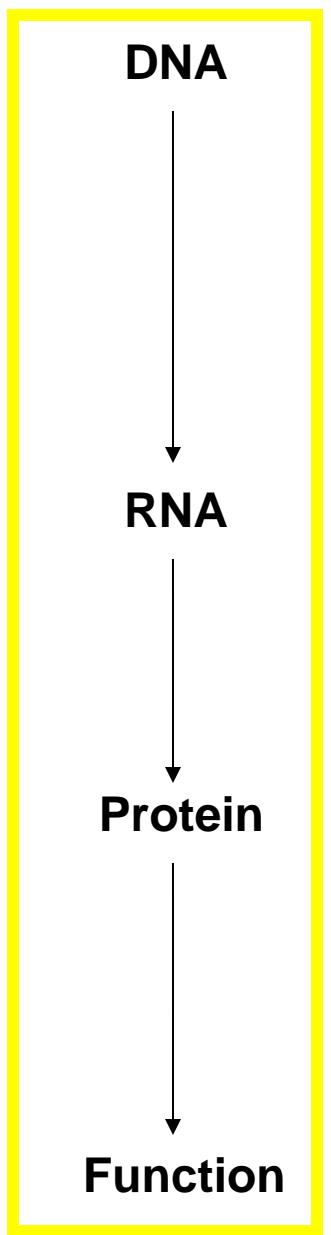
# Genome-Wide DNA Methylation in Prediagnostic Blood and Bladder Cancer Risk in the Women's Health Initiative

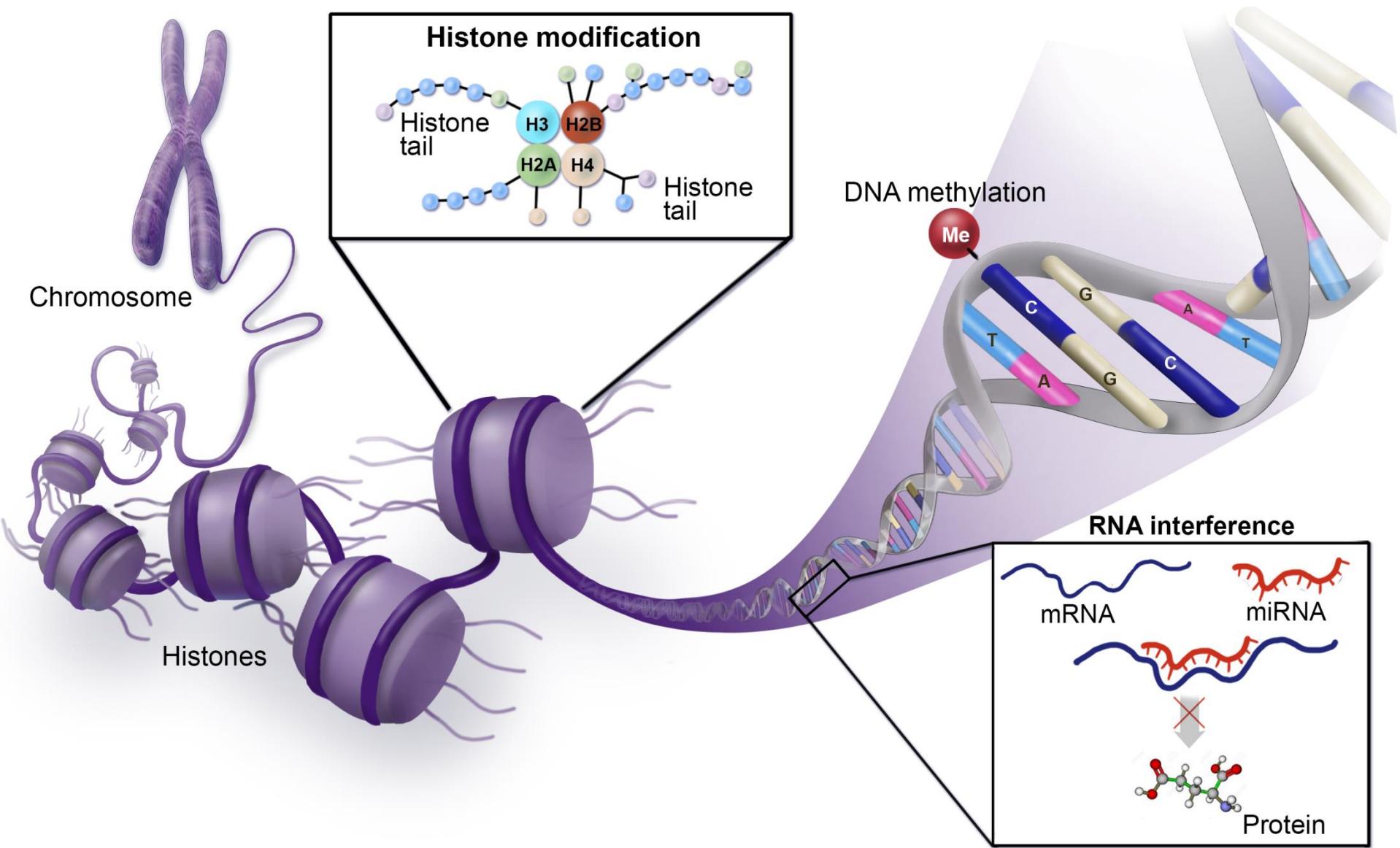
- 440 case-control pairs
- blood samples
- selected cases were followed until bladder cancer diagnosis
- methylation status at 485,577 CpG sites
- 17 CpG sites per gene

**Jordahl et al. Cancer Epidemiol Biomarkers Prev 2018**

increased methylation at cg22748573, located in a CpG island within the **CITED4** gene, was associated with an **82%** decreased risk of bladder cancer after adjusting for race/ethnicity, smoking status, pack-years of smoking

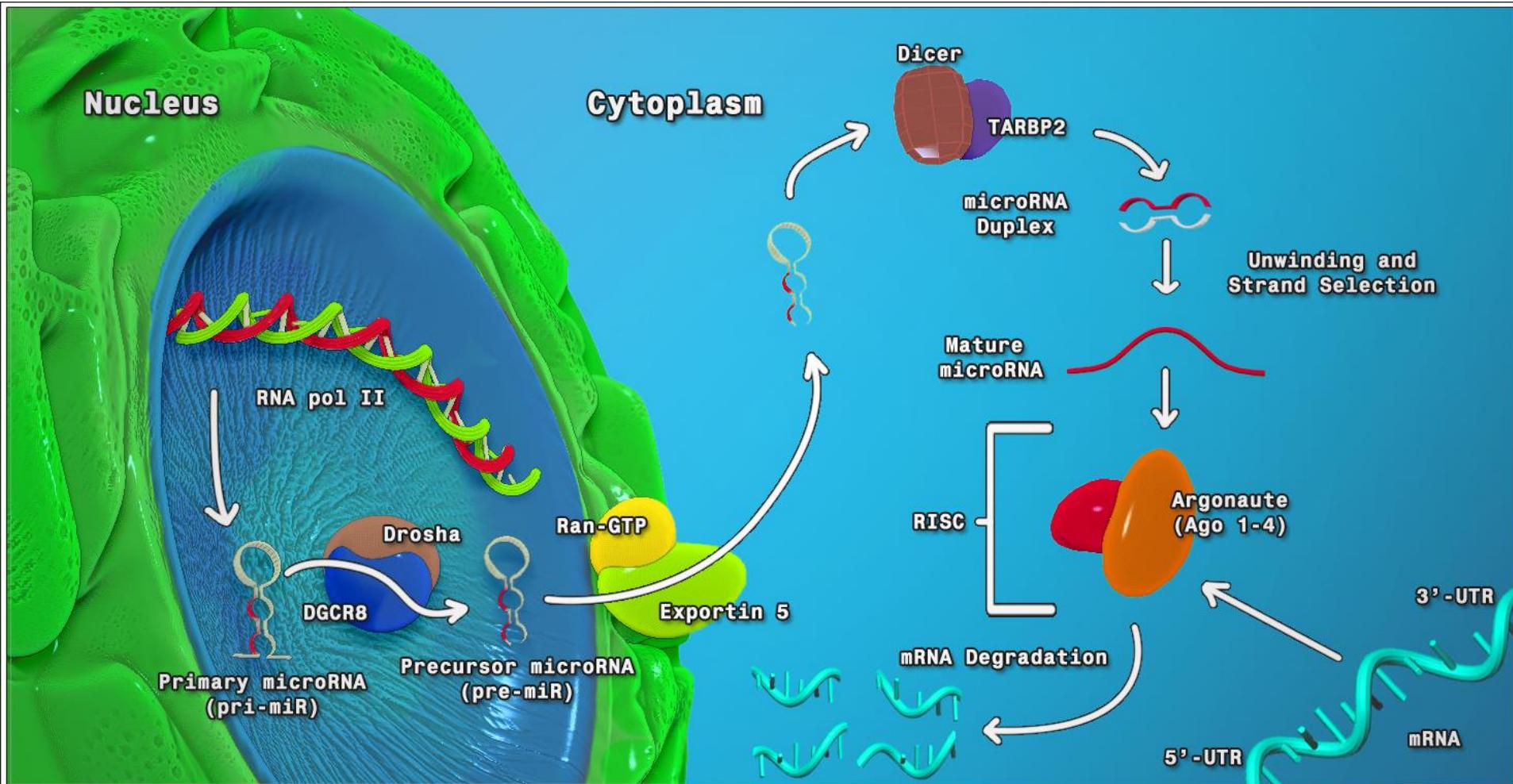




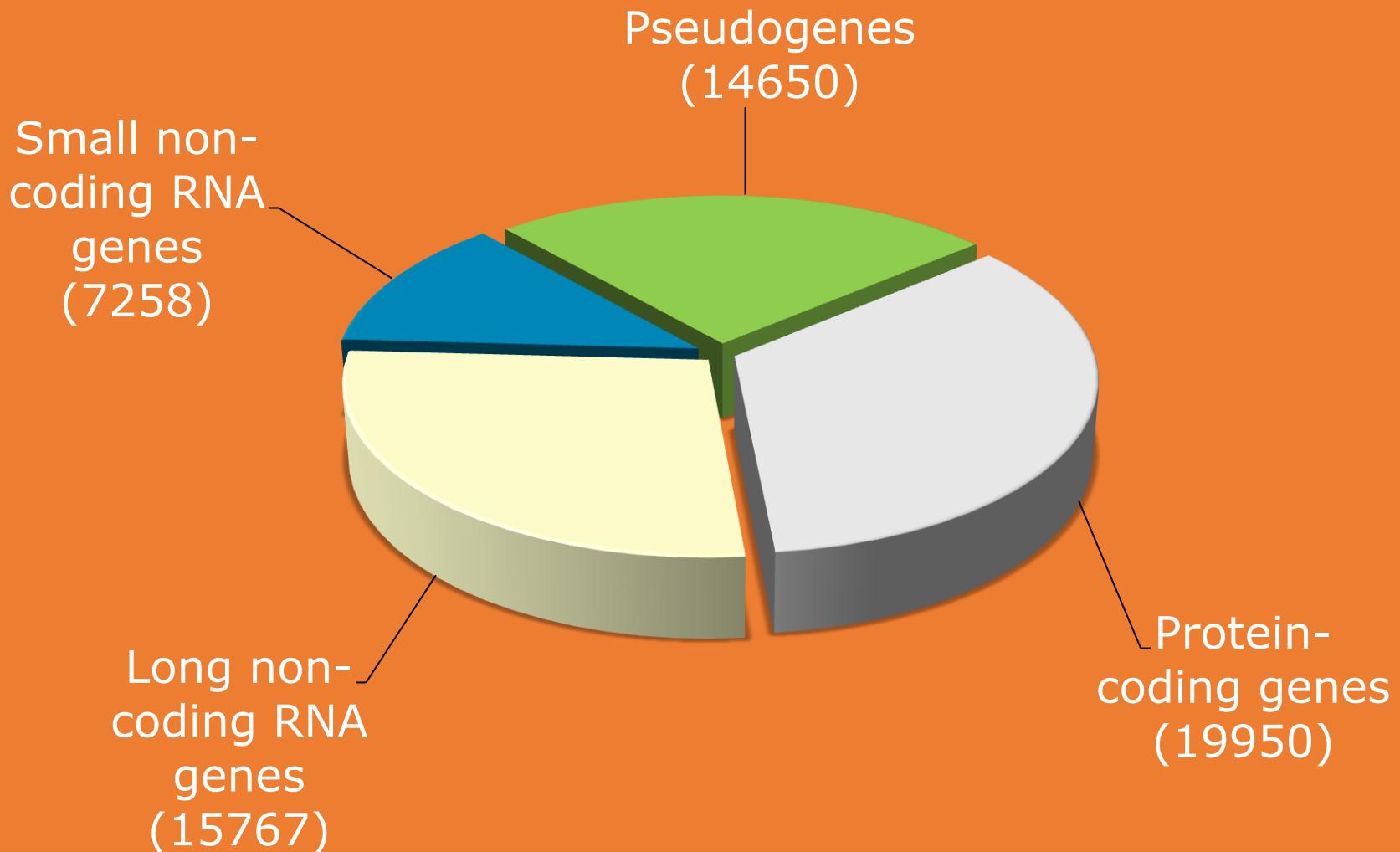


# NoncodingRNA in cancer

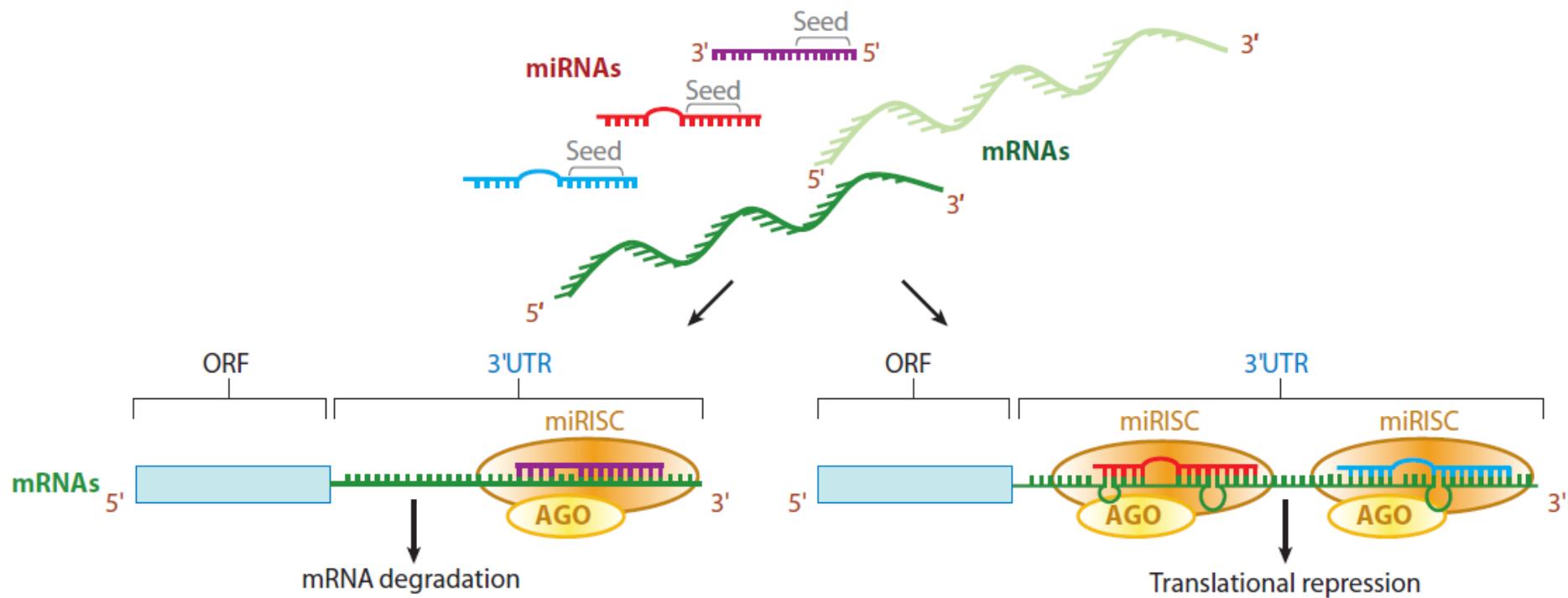
## epigenetic regulation



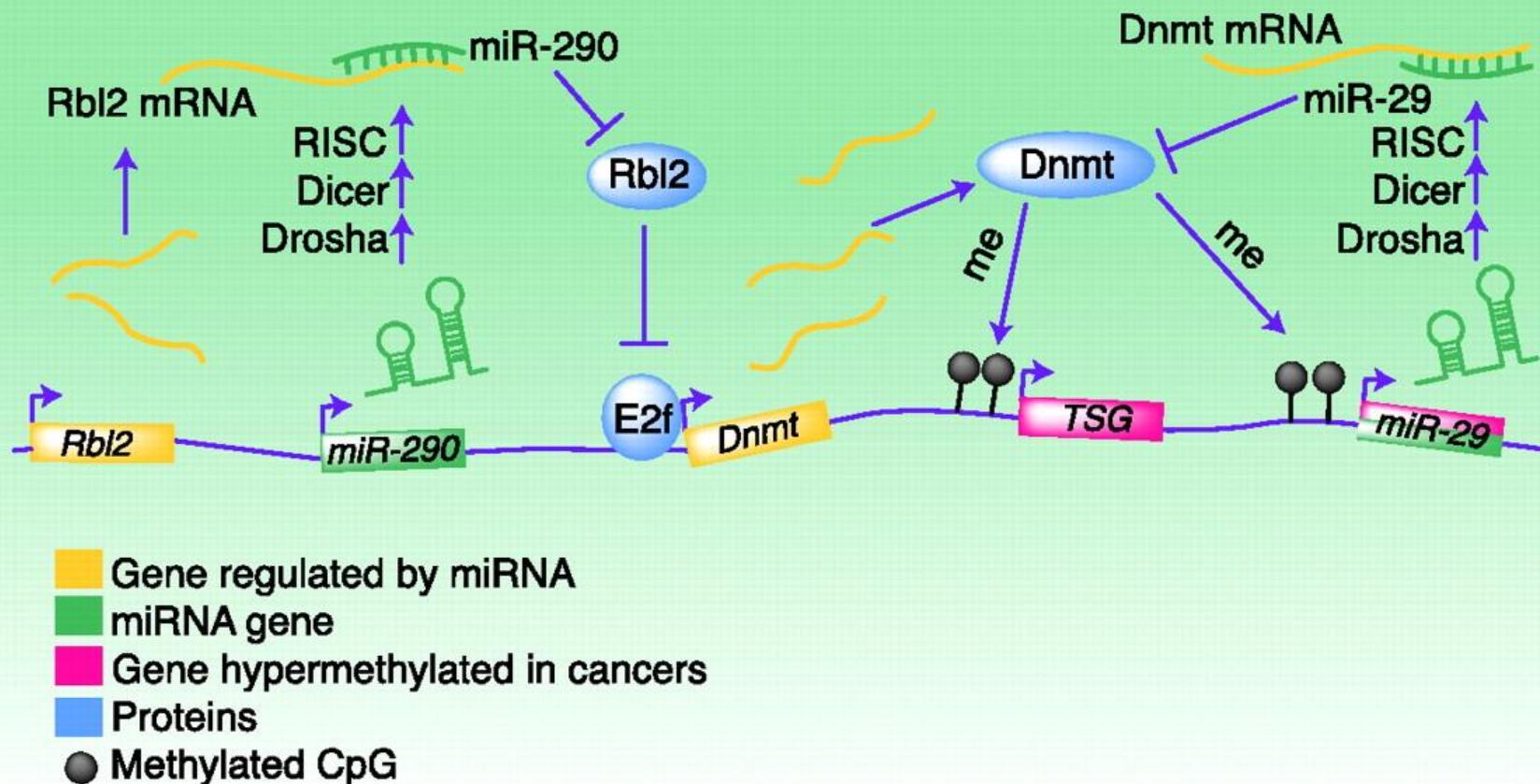
# Human genome landscape (coding and non-coding)



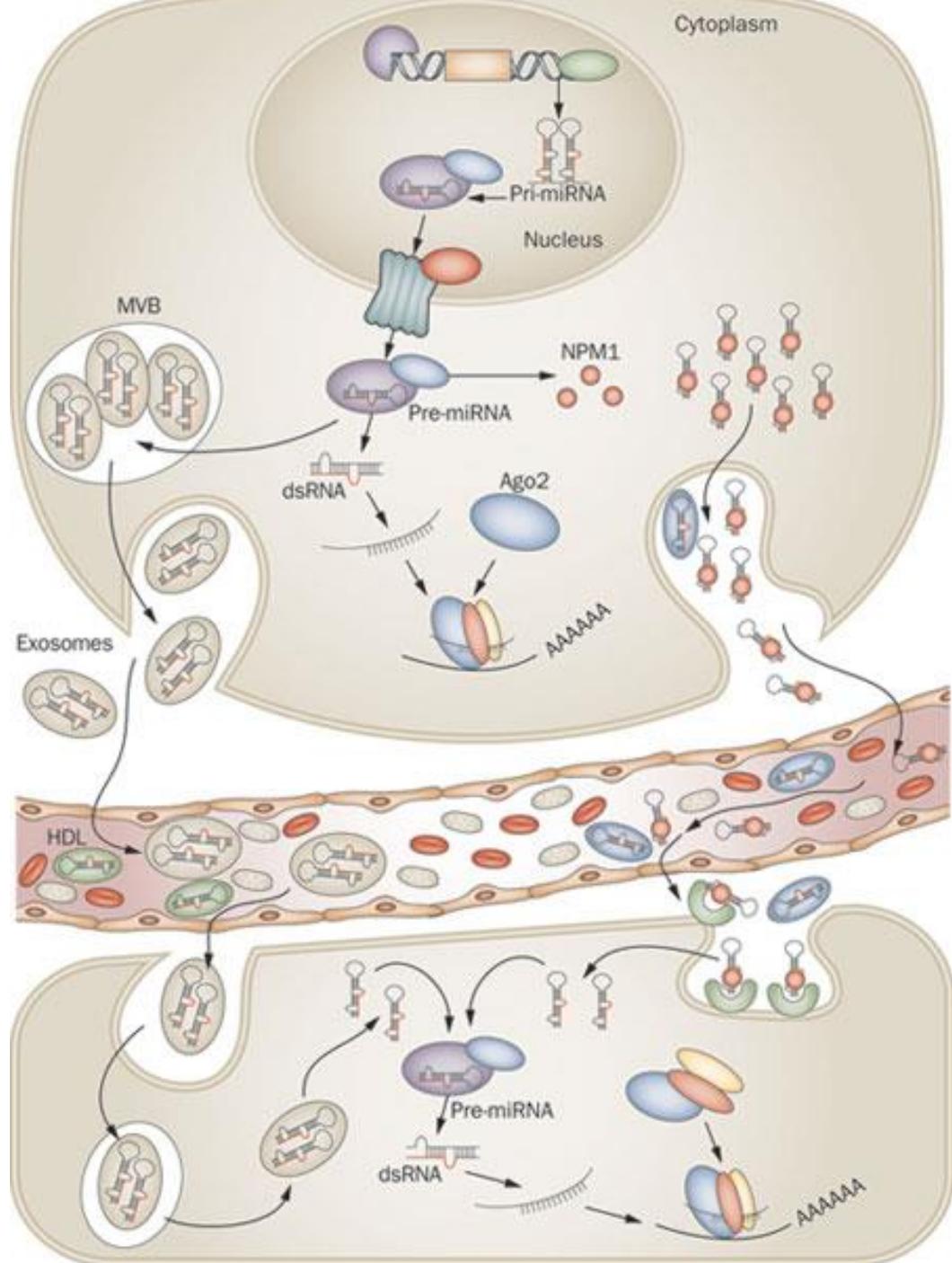
# NoncodingRNA in cancer epigenetic regulation



# NoncodingRNA in cancer epigenetic regulation



# Role of microRNA in cell communication

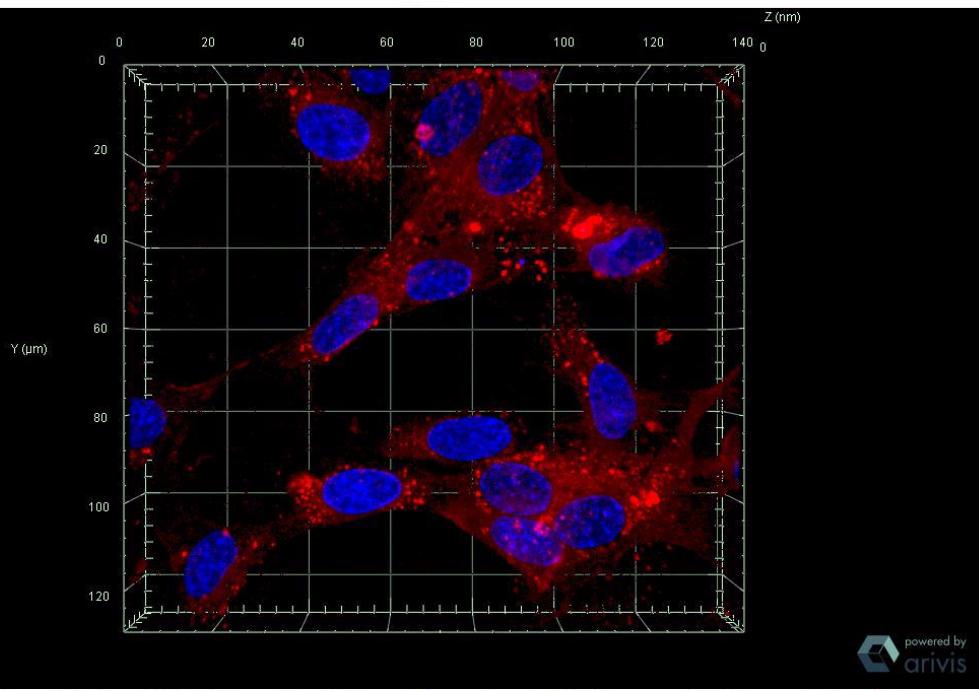


Cortez, M. A. et al. (2011)  
*Nat. Rev. Clin. Oncol.*  
doi:10.1038/nrclinonc.2011.76

# Cellular & Molecular Biology Letters

[Home](#) [About](#) [Articles](#) [Submission Guidelines](#)

M.Durak-Kozica et al. 2018



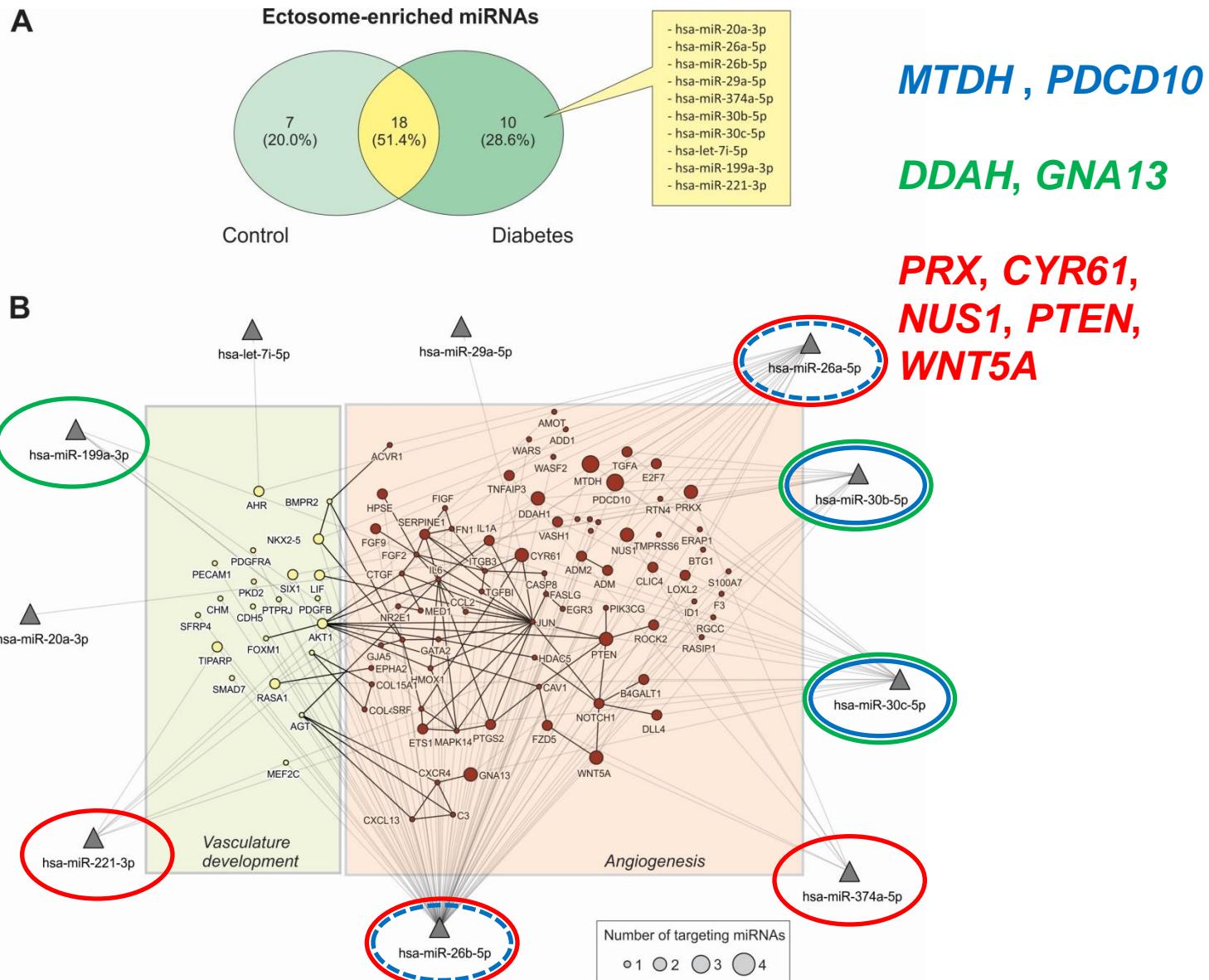
Affiliated with



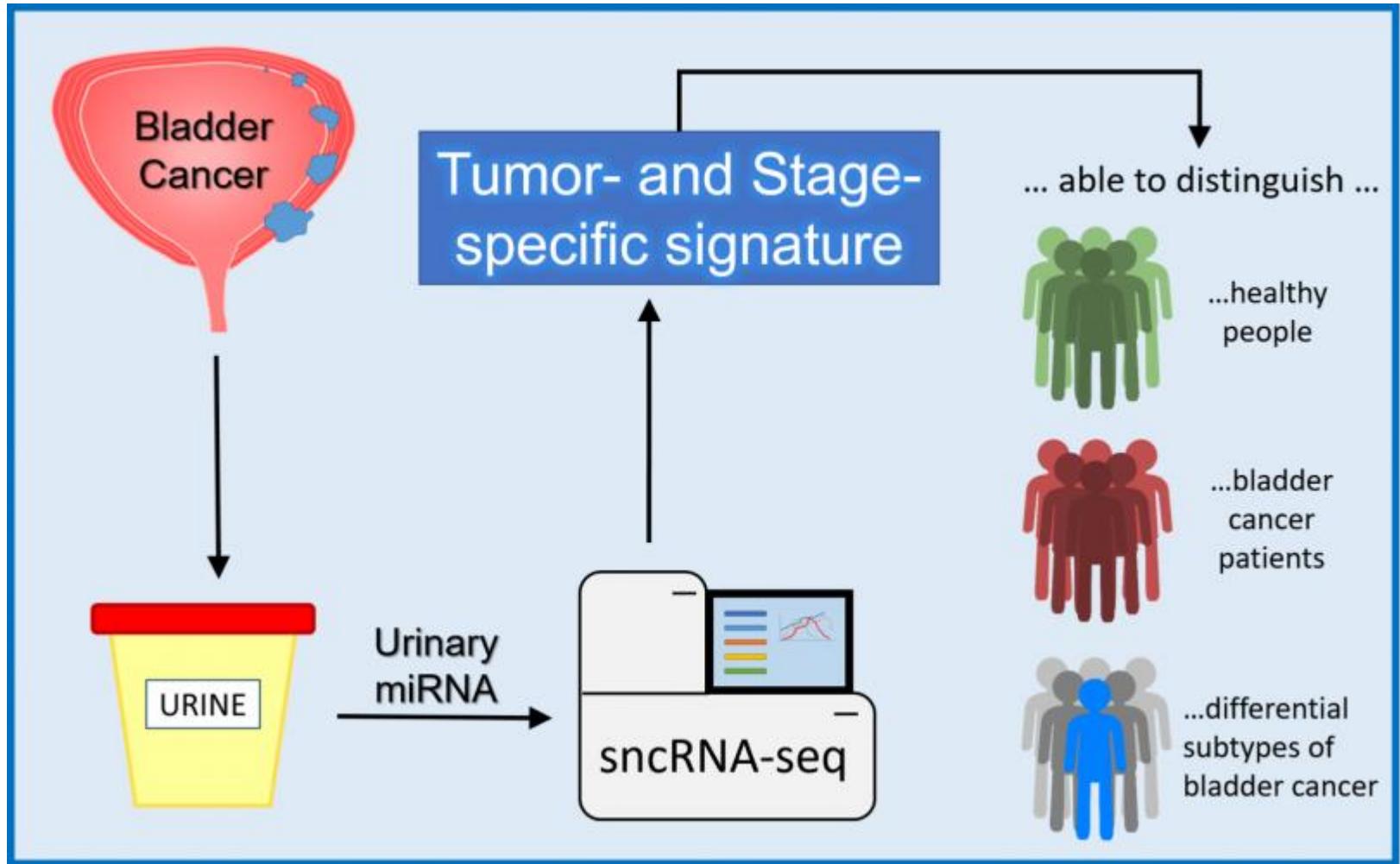
## Featured article: 3D visualization of extracellular vesicle uptake by endothelial cells

Extracellular vesicles are small vesicles that contain cytoplasmic and membrane components from their paternal cells. They enter target cells through uptake to transfer their biological cargo. In this study, the authors investigated the process of endothelial EV internalization and created a 3D visualization of their intracellular distribution. The 3D visualization allows the determination of a more accurate location of EVs relative to the donor cell nucleus.

# Circulating Ectosomes: Determination of Angiogenic MicroRNAs in Type 2 Diabetes



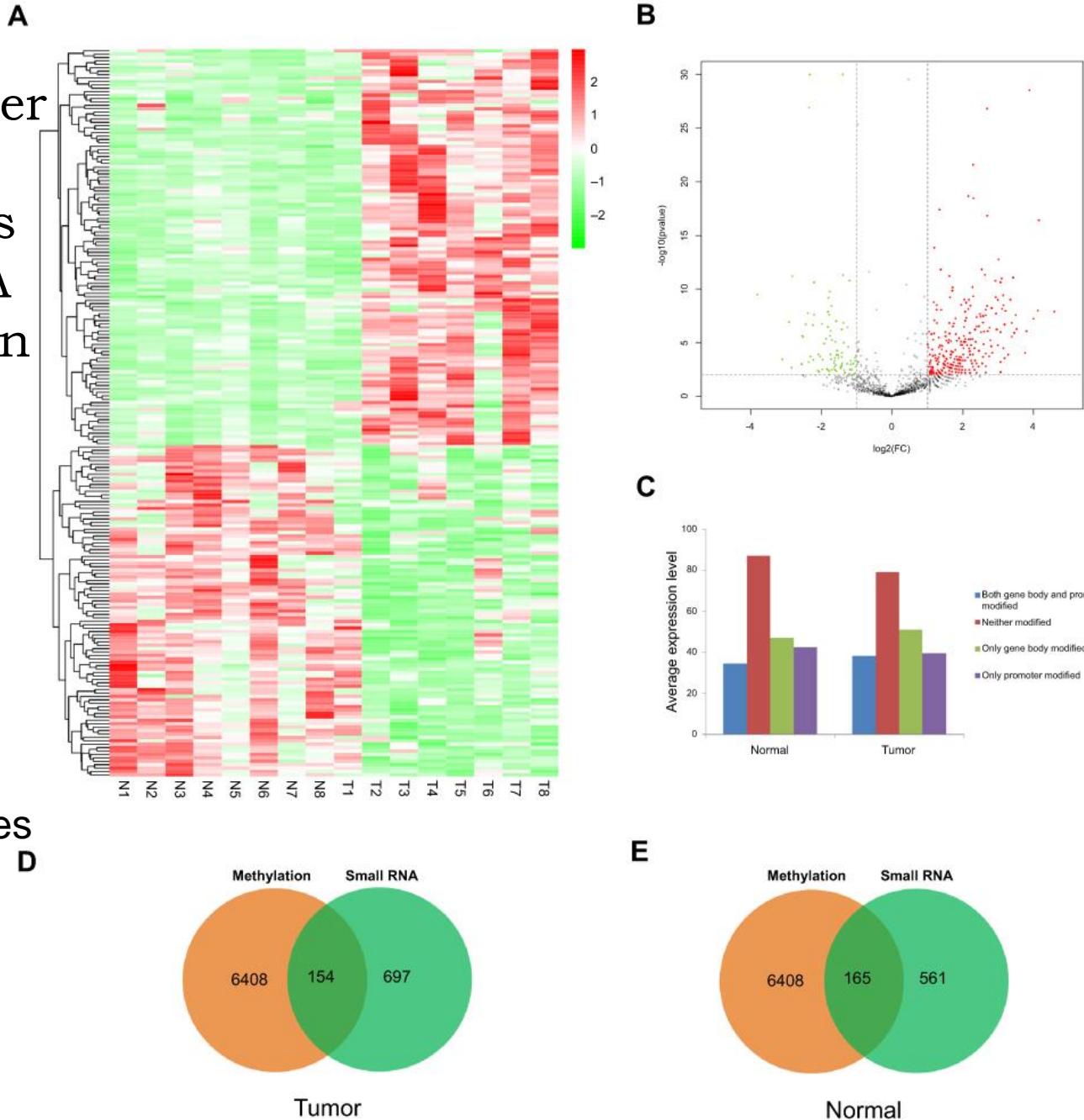
# UROMIRNA FOR A NON-INVASIVE DIAGNOSIS OF BLADDER CANCER



# Exploration of bladder cancer-associated methylated miRNAs by methylated DNA immunoprecipitation sequencing

X. Gao et al.  
*OncoTargets and Therapy* 2019

Differentially expressed miRNAs in BC tumor tissues are associated with methylation of miRNA-encoding genes.



Overlap of miRNA-encoding genes identified by MeDIP-Seq and sRNA-Seq in normal tissues    34

Epigenetics adds extra layers of complexity,  
turning this 2D puzzle into  
a Jenga board



Don't blame grandparents  
yet, but your cancer may be  
their fault