

Quantum gravity (Q.G.)

Space is flat at our distances ($\sim 1\text{ m.}$) and on the scale of 'usual particles physics' $\sim 10^{-13} \div 10^{-15}\text{ cm.}$

But when we go to much smaller distances ($\sim 10^{-33}\text{ cm.}$) the geometry of our space exhibit very large quantum fluctuations

G.
Quantum effects on large ($\gg l_p$) scales are weak, and are described by tensor gravitons, corresponding to small fluctuation of metric tensor $g_{\mu\nu}(x)$

$$\left| \begin{array}{l} 8\pi G = m_p^{-2} \\ m_p \approx 2 \cdot 10^{19} \text{ GeV} \sim 10^{-5} \text{ g} \\ l_p \sim \hbar / m_p c \sim 10^{-33} \text{ cm} \\ t_p \sim l_p / c \sim 10^{-43} \text{ sec} \end{array} \right.$$

TeV scale gravity [$10^{-16} \div 10^{-17}\text{ cm.}$] ?

Plan of lectures

- 1. Introduction : main goals and problems in QG
- 2. The perturbative gravity - simplest structures
- 3. The high-energy behaviour in the perturbative Q.G.
- 4. What can be measured. Experimental implications of QG.
- 5. Non perturbative Q.G. An elementary introduction and results.

1. Canonical QG

- 2. From metrics to connection and holonomies (loops)
- 3. Gravitational spin nets
- 4. Quantum geometry
- 5. Some applications (Black holes, Cosmology)

1. $\int F g \mathcal{L} ; \mathcal{L} = m_p^2 R + Q_2 m_p^4 R^2 + \dots ; x^\mu \rightarrow y^\mu(x)$

2. $O_i(x) = \{R(x), P_\mu, R^\mu, \dots\}$

3. $F_n(i) = \langle O_1(x_1) O_2(x_2) \dots O_n(x_n) \rangle_o$

4. Theory is discrete for invariant $\langle \cdot \rangle_o$

expectation values
 $F_n(i)$ over invariant
vacuum don't
depend on x_i^μ

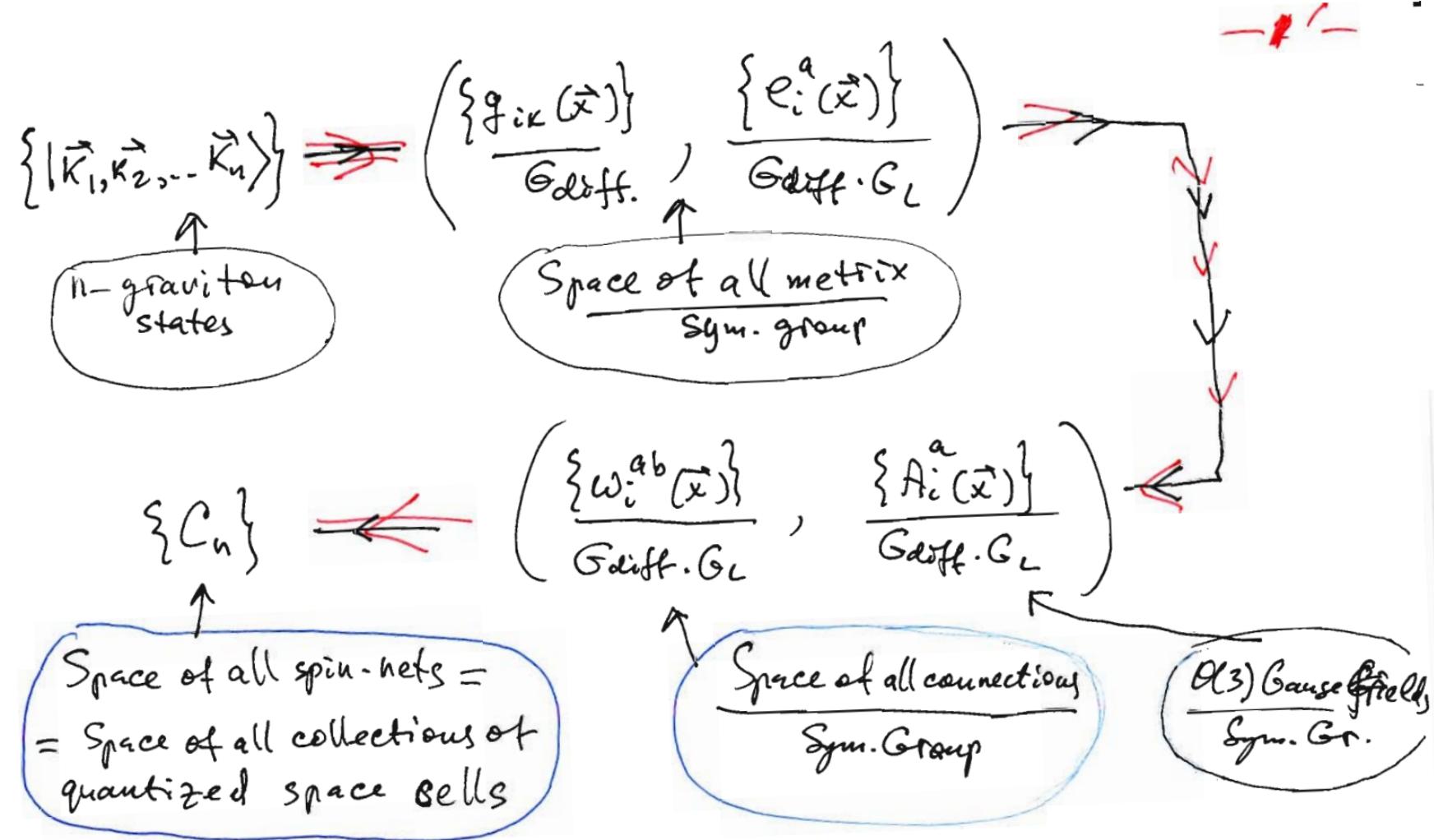
5. Ground state (and space of states based on it)

is noninvariant $\rightarrow \langle g_{\mu\nu}(x) \rangle_o = \eta_{\mu\nu} \neq 0$

⑥ In this case we have only effective theory
valid for small quantum fluctuations $g_{\mu\nu}(x) = \eta_{\mu\nu} + h_{\mu\nu} m_p^{-1}$
 $|h_{\mu\nu}| \ll |\eta_{\mu\nu}| m_p$

7. Virtual momenta must be cut on a scale $\sim m_p$,
because for smaller distances $\langle g_{\mu\nu} \rangle_o$ is unessential
and all Green functions freeze on $F_n(i)$

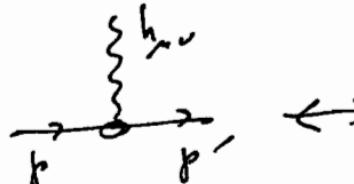
8 All infinities are gauge artifacts

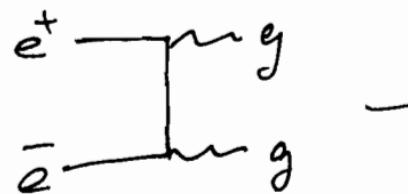


Perturbative gravitons

$$g_{\mu\nu}(x) \simeq \eta_{\mu\nu} + h_{\mu\nu}(x)/m_p \quad ; \quad \langle g_{\mu\nu}(x) \rangle_0 = ? = \eta_{\mu\nu}$$

$$\mathcal{L} = m_p^2 R + \mathcal{L}(\varphi, \dots) \simeq h_{\mu\nu} \square h_{\mu\nu} + \dots + m_p^{-1} h_{\mu\nu} T_{\mu\nu}$$


 $\leftrightarrow m_p^{-1} h_{\mu\nu} \langle p' | T_{\mu\nu} | p \rangle \sim m_p^{-1} h_{\mu\nu} (p_{\mu} p'_{\nu} + p'_{\mu} p_{\nu})$


 $\rightarrow \delta \sim \frac{1}{m_e^2} \left(\frac{s^2}{m_p^4} \right) = \frac{1}{m_e^2} \left(\frac{1 \text{ GeV}}{m_p} \right)^4 \left(\frac{s}{1 \text{ GeV}^2} \right)^2$

 \uparrow
 $10^{-76} \longleftrightarrow 10^{-12}$

Strong and weak gravitational fields



$$\varphi = \frac{MG}{z} + \dots = \left(\frac{r_m}{z} \right) \left(\frac{c^2}{g} \right) \left(1 + \frac{r_m}{z} + \dots \right)$$

$r_m = \frac{2GM}{c^2}$ -
 - Gravitational
 radius of
 particle (body)

$$g_{00} \simeq 1 + \varphi \frac{c^2}{c^2}$$

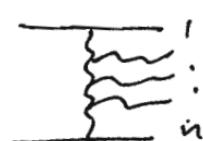
Higher orders



1. Every loop adds the divergent factor $\int d^4 p / m_p^2 p^2 \sim 1^2 / m_p^2$
2. If we somehow cut such integrals on $1 \sim m_p$ then all loop corrections are of the same order
3. Nonrenormalizability
4. $\langle g_{\mu\nu}(x) \rangle = \eta_{\mu\nu}$ is unstable
5. Possible cancellations in $N=8$ supergravity?
6. Other approaches to QG (strings, composite gravitons...)

High energy behaviour in perturbative QG.

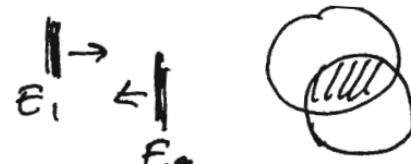
 $\sigma \sim \frac{1}{m_p^2} \left(\frac{s}{m_p k_{\perp \min}} \right)^2$

 $\sigma_n \sim \frac{\Delta^n}{m_p^2} \left(\frac{s}{m_p^2} \right)^2 \ln^{\frac{n}{2}} \frac{s}{m_p^2}$

$\sum_n \text{Diagram}_n \Rightarrow \text{Diagram}_{\text{QG analog}}$
of Pomeron with $\alpha_G(0) \approx 3 + \delta$

Unitarisation of \rightarrow picture of black disks collision

$$R(E_i) \sim E/m_p^2 \rightarrow \sigma \sim E_1 E_2 / m_p^4$$



Black holes production as a result of collision at $s > m_p^2$

No Froissart bound
in QG - because
gravitons are
massless

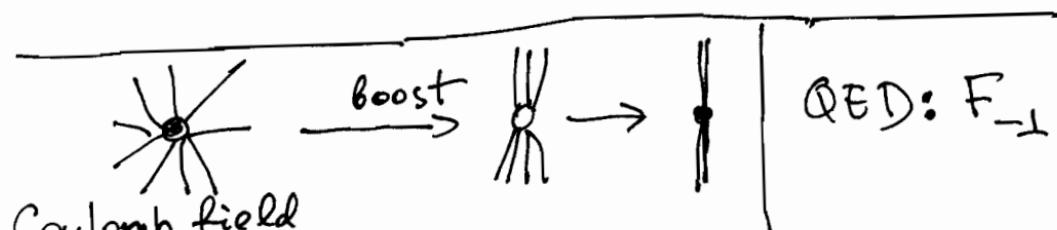
Graviton-parton bremsstrahlung Spectra

in QED: 

$$dn \sim d_{\text{QED}} \cdot \frac{dw}{w} \frac{dk_{\perp}^2}{k_{\perp}^2}$$

in QG: 

$$dn \sim \left(\frac{E}{m_p}\right)^2 \frac{dw}{w} dk_{\perp}^2$$



Coulomb field at rest

QED: $F_{\perp} \sim \delta(x^-) \frac{x_{\perp}}{x_{\perp}^2}$

Grav: $R_{\perp\perp\perp} \sim \frac{E}{m_p^2} \delta(x) \frac{x_{\perp} x_{\perp}}{x_{\perp}^4}$

Do we at all need QG. What can be measured

1. Non conservation of all global quantum numbers ?
2. Induced operators. Grav. proton decay $T \sim m_h^{-1} \left(\frac{m_p}{m_h}\right)^4 \sim 10^{46} \text{ y}$
3. CP and CPT breaking
4. $E^2 = m^2 + \vec{p}^2 + \frac{c}{m_p^2} \vec{P}^4 + \dots ; c \sim \pm 1 ; \sim \frac{1}{m_p^2} R^2 ?$
5. Decoherence on Planck scale
6. Quant. corrections to BH. evaporation
7. Relict gravitons and gravitino
8. Tracks in CMB

$$\left. \begin{array}{l} \text{relict B.H} \\ m_{BH} \gtrsim 10^{10} \text{ g} \\ R \sim 10^{-19} \text{ cm} \\ T_H \lesssim 10^4 \text{ GeV} \end{array} \right\}$$

TeV scale QG.

Non perturbative QG

No new degrees of freedom
are introduced.

Quantization of standard
general relativity

Canonical
Loop QG
Quantum geometry



1. Diff. invariance \leftrightarrow Background independence

2) $g_{\mu\nu} \rightarrow \Gamma^{\lambda}_{\mu\nu}$ - Now the main variables are special
connections $A_i^a = \omega_i^a + \gamma K_i^a$, and not the
metrics $g_{\mu\nu}$

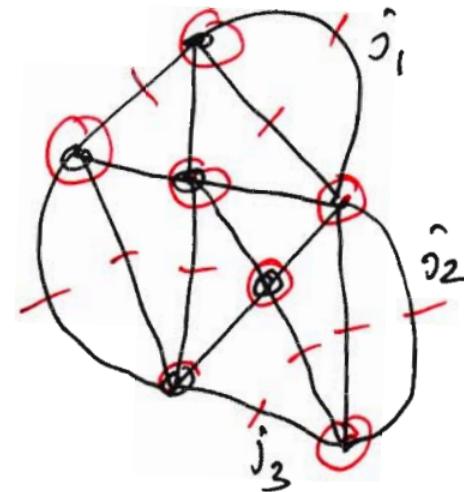
Then the conjugated variables $\sim -i \frac{\partial}{\partial A_i^a}$
are E_a^i - space repers

③ Then one can find that states in QG are described by the spin-nets: samples of connected quantized space cells.

④ Areas and volumes of such cells are quantized

$$S \sim l_p^2 \gamma \sum_{\text{edges}} \sqrt{v_j(j+1)} \quad j = 1, 2, \dots$$

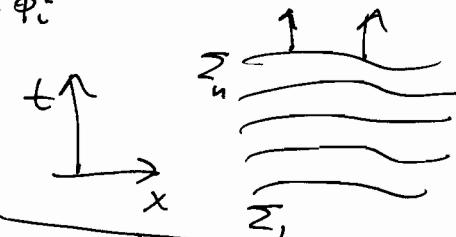
$$V \sim l_p^3 \gamma^{3/2} \sum_{\text{nodes}} f(j_1, j_2, \dots)$$



Quantum gravity (nonperturbative)

$$I = m_p^2 \int d^4x \sqrt{-g} \cdot R + I_\phi [\phi_i, g_{\mu\nu}] \rightarrow \frac{\delta I}{\delta g_{\mu\nu}} = 0; \quad \frac{\delta I}{\delta \phi_i} = 0$$

$$\mathcal{L}_g = m_p^2 R + C m_p^{-2} R^2 + C' m_p^{-4} R^4 + \dots$$



① Functional integral approach (Misner... Hawking)

$$\langle (g_{\mu\nu}, \phi)_{\text{out}} | (g_{\mu\nu}, \phi)_{\text{in}} \rangle \sim \int_{\text{in}}^{\text{out}} \mathcal{D}\phi \mathcal{D}g_{\mu\nu} \exp(i I[g, \phi])$$

② Canonical quantization (Dirac, ...)

$$\text{Dynamical variables } (g_{\mu\nu}, P_{\mu\nu} = \delta \mathcal{L} / \delta \partial_t g_{\mu\nu}) \rightarrow H = \dot{g}_{\mu\nu} P_{\mu\nu} - \mathcal{L}$$

One must define:

a) Commutation relations $[g_{..}(x), P_{..}(y)] \sim i \delta^i \delta^j \delta^3(x-y)$

b) Space of states \rightarrow (all 3-metrics), ...

c) Action of H and other operators in this space

Due to (diff.) symmetry of I

$$x_\mu \rightarrow x'_\mu(x_\nu)$$

Variables $p_{\mu 0}$ are not well defined (constrained)

It is convenient to choose coordinates and $g_{\mu\nu}$ in such a way that constraints takes simple form $p_{\mu,0} = 0$

$$(ADM): ds^2 = - (N dt)^2 + g_{ik} (dx^i + N^i dt) (dx^k + N^k dt)$$

$$I = \int dt \int d^3x \left[N \sqrt{g_3} (K_{ij} K^{ij} - K^2 + R_3) + \partial_i ()_i \right]$$

$$K_{ij} = (\nabla_i N_j + \nabla_j N_i - \dot{g}_{ij}) / 2N = \nabla_i^{(4)} n_j$$

$$P^0 = \frac{\partial \mathcal{L}}{\partial \dot{N}} = 0 , P^i = \frac{\partial \mathcal{L}}{\partial \dot{N}_i} = 0$$

$$P_{\cancel{ij}}^{ij} = \frac{\partial \mathcal{L}}{\partial \dot{g}_{ij}} = -\sqrt{g_3} (K^{ij} - g^{ij} K)$$

$$\underline{\text{Hamiltonian}}: H = \int d^3x [p^0 \dot{N} - p^i \dot{N}_i + N \mathcal{H} + N_i \mathcal{H}^i].$$

where

$$\mathcal{H} = \sqrt{g_3} (K_{ij} K^{ij} - K^2 - R_3^2); \quad \mathcal{H}^i = -2 p^{ij}_{;j}$$

$$\frac{\partial}{\partial t} p^\mu = 0 \rightarrow [p^\mu, H] = 0 \rightarrow \begin{cases} \mathcal{H}^i = 0 \\ \mathcal{H} = 0 \end{cases}$$

Quantization:

$\Psi[g_{ij}(x)]$ — space of all functions of $g_{ij}(x)$

with operators $p^{ij} = -i \frac{\delta}{\delta g_{ij}}$; $p^i = -i \frac{\delta}{\delta N^i}$; $p = -i \frac{\delta}{\delta N}$; $[g_{ij}(x), p^{kl}(y)] = i \delta(x,y) \delta_{ij}^{kl}$

$$\mathcal{H}^i = 0 \rightarrow \nabla_j \left(\frac{\delta \Psi}{\delta g_{ij}} \right) = 0 \quad ; \quad \mathcal{H} \Psi = 0 \quad \longleftrightarrow \quad \frac{\partial}{\partial t} \Psi = 0$$

↑
space diff. constraint

Hamilton constraint

$\mathcal{F} = \{g_{ik}(\vec{x})\}$ - Space of all 3-metrics

Λ = Space of all local diffeomorphisms

The space of states for QG can be

defined as factor space $(\frac{\mathcal{F}}{\Lambda}) = \underline{\Phi}$

with additional Hamiltonian constraint

$$\mathcal{H}\underline{\Phi} = 0$$

Is it possible to find some simple system
of base vectors in this space $[\underline{\Phi}, \mathcal{H}\underline{\Phi} = 0]$

Possible strategy:

- 1) Find a simple base in $\underline{\Phi}$
- 2) Apply the constraint $\mathcal{H}\underline{\Phi} = 0$

Metrics \rightarrow Vierbein (reprise)

$$g_{\mu\nu}(x) = e_\mu^a(x) e_\nu^{a\alpha}(x) \eta_{\alpha\nu}$$

$$\partial_\mu e_\nu^a = \nabla_\mu e_\nu^a - \omega_\mu^{ab} e_{\nu b}$$

$$\nabla_\mu e_\nu^i = \partial_\mu e_\nu^i - \Gamma_{\mu\nu}^a e_\nu^i$$

$$\omega_{\mu ab} = e_\mu^\nu \nabla_\nu e_{\nu b} = \frac{1}{2} [-R_{cab} - R_{abc} + R_{bca}] e_\mu^c$$

$$\mathcal{L} = \sqrt{-g} R \rightarrow e \cdot e^{\mu a} [\nabla_\mu, \nabla_\nu] e_a^\nu = e (w_{\mu a}^a w_a^{\mu a} - \omega_{\mu ab} \omega^{ab}) + \partial_\mu (\)_\mu$$

$$p_a^\mu = \frac{\delta \mathcal{L}}{\delta \dot{e}_\mu^a} = \frac{1}{2} e e_b^\mu (K_{ab} - \delta_{ab} K)$$

$$K_{ab} = e_a^\mu e_b^\nu \nabla_\mu e_{\nu o} \underset{\text{extrinsic curvature}}{=} -R_{oab}$$

Symmetry becomes larger:

1. Diff invariance
2. Local $O(3, 1)$ invariance

coefficients of anholonomy

Hamiltonian

$$H = p_a^a \dot{e}_a^\mu - \mathcal{L} \Rightarrow N\mathcal{H} + N^i\mathcal{H}_i$$

Constraints:

① Lorentz constraint: $L_{ab} \equiv e_\mu [e_a P_b^\mu] \approx 0$

② Diff. constr: $\mathcal{H}_a \equiv D_m P_a^m \approx 0$

③ Hamilt. constr. $\mathcal{H} = \frac{e}{4} (K_{ab} K^{ab} - \cancel{K^2}) - e R^{(3)} \approx 0$

Quantisation

$$[e_{ma}(x), p_b^n(y)]_+ = i \delta_{ab} \delta_n^m \delta^3(\vec{x}, \vec{y}) ; \quad p_b^n = -i \frac{\delta}{\delta e_n^a(x)}$$

$$L_{ab} \Psi(e) = 0 ; \quad \mathcal{H}_a \Psi(e) = 0 ; \quad \mathcal{H} \Psi(e) = 0$$

New (Ashtekar-Sen) variables

$$\omega_i^{ab} \rightarrow \omega_i^c = \omega_i^{ab} \epsilon^{abc}$$

New variables are connections

$$A_i^a = \omega_i^a + \gamma k_i^a$$

; γ -Barbero-Immirzi parameter

Conjugate momenta:

$$E_a^i \equiv \frac{\partial \mathcal{L}}{\partial A_i^a} \Leftrightarrow -i \frac{\delta}{\delta A_i^a}$$

$$E_a^i = \frac{1}{\gamma} e_a^i \cdot e \leftarrow \text{inverse dreibein}$$

$$A_i^a \rightarrow F_{ij}^a = \partial_i A_j^a - \partial_j A_i^a - \epsilon^{abc} A_i^b A_j^c$$

all indices
in 3 space Σ

γ -similar to
 Θ param in QCD

$$I = \int R \dots g^{ab} g^{cd} \sqrt{g} + \\ + \bar{\gamma} \int R \dots E^{abcd}$$

A_i^a - SU(2) \leftrightarrow O(3)
gauge field

$$A_i^{ab} \leftrightarrow A_i^{ab} \epsilon^{abc}$$

Kinematical Space of states

$$C = \frac{[\text{Space of connections } A_i^a(x) \text{ on } \Sigma]}{G(\text{doff. on } \Sigma) \text{ w.r.t. local 3 rotations}}$$



Constraints:

$$\left. \begin{array}{l} \textcircled{1} \quad D_i E^i = 0 \quad [\text{Gauss(Lorentz) constr.}] \\ \textcircled{2} \quad \text{Tr}(F_{ij} E^i) = 0 \quad [\text{Diff. constr.}] \\ \textcircled{3} \quad \text{Hamilt. constr.} \\ \text{Tr}\left(E^i E^j \left(F_{ij} + \frac{1}{2}(\gamma^2 + 1) K_{[i} K_{j]} + \lambda \epsilon_{ijk} E^{k+...}\right)\right) = 0 \end{array} \right\} \begin{array}{l} \text{Kinem. constr.} \\ \text{E, A, F -} \\ - \text{SU(2) or SO(3)} \\ \text{matrices} \end{array} \quad \left. \begin{array}{l} \text{Dynam. constr.} \end{array} \right)$$

Simple case $\gamma = i \Leftrightarrow \text{complex connection ?}$

Speciale case $\gamma = \pm i$

A_m^a - multiplication operator

$$E_a^m = -i \frac{\delta}{\delta A_m^a}$$

Hamilt. constr.:

$$\epsilon_{abc} \frac{\delta^2}{\delta A_m^a \delta_n^b} \left(F_{mnc} - i \Lambda \epsilon_{mnk} \frac{\delta}{\delta A_k^c} \right) \psi[A] = 0$$

Kodama state $\Psi_K \sim \exp\left(\frac{i}{\Lambda} \int d^3x \mathcal{L}_{CS}\right)$

Quasi Class: $F_{mnc} = \Lambda \epsilon_{mni} E_c^i$

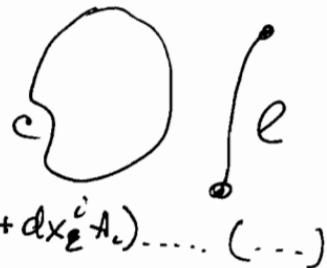
$$A_{ia} = \Lambda^{1/2} f \delta_{ia}; E_{ia} \sim f^2 \delta_{ia} \quad \leftarrow \text{De-Sitter space}$$

Chern-Simons Lagrangian.

$$\mathcal{L}_{CS} = \epsilon^{m n k} \left(A_m^a \partial_n A_k^a + i A_m^a A_n^b A_k^c \epsilon^{abc} \right)$$

From Connections A_i^a to holonomies

$$A_i^{ab} \rightarrow h_c[A] = \text{Pexp} \left(\int_c A_i dx^i \right) = \lim_{\epsilon} (1 + dx_1^i A_i)(1 + dx_2^i A_i) \dots \dots (\dots)$$



$$\left\{ \begin{array}{l} W_c[A] = \text{Tr } h_c[A] \\ h_{n_1}^{m_1}(e_1) h_{n_2}^{m_2}(e_2) h_{n_3}^{m_3}(e_3) \in_{n_1 n_2 n_3} \\ \dots \dots \\ f(h(e_1), \dots, h(e_n)) \end{array} \right\}$$

invariant under
 $G(\text{dif.} \Sigma) \circ U(\text{loc. rot.})$



$$\Psi[A] \leftrightarrow \widetilde{\Psi}[c] = \int dA \Psi[A] W_c[A]$$

Loop Fourier transformation

Generalization: $h(e) \rightarrow h_j(e) = \text{Pexp} \left(\int_e A_m^{ij} dx^m \right)$

Now A_m^{ij} is 'j' representation of $O(3)$

$$[h(e)]_m^n \rightarrow [h_j(e)]_{m_1, \dots, m_j}^{n_1, \dots, n_j}$$

Variables conjugate to holonomies

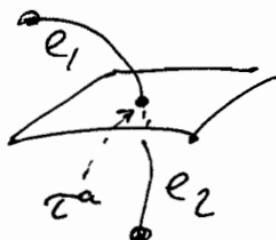
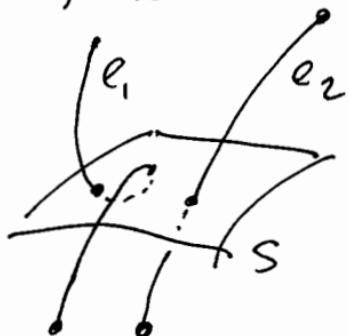
$$dx^P \quad dx^n$$

$$dE_a = E_a^m dx^m dx^P \epsilon_{mnp} \leftarrow \text{flux of } E_a^m \text{ through area } dx^m dx^n$$

$$E^a[S] = \int_S dE^a \leftarrow \text{flux of } E \text{ through surface } S$$

Poisson brackets (commutator):

$$[h_e, E^a[S]]_+ = i\gamma I(e, s) (h_{e_1} \tau^a h_{e_2})$$



Excuse in QCD :- [lattice 3+1]

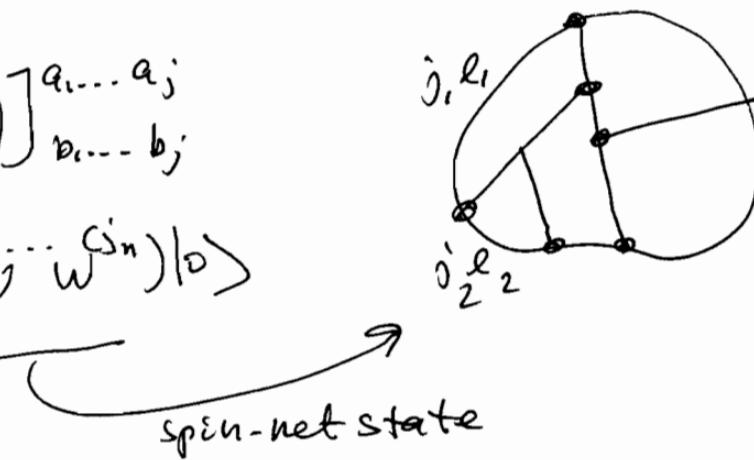
| Space of physical states > = $\frac{\text{Space of all } \vec{A}^{(x)}}{\text{local SU}(3)}$

$$\left\{ W_c = \text{Tr}(\mathcal{P} \exp(i \int_c \vec{A} d\vec{x})) \right.$$

$$\left. \Psi = \sum_{c_i} a(c_1 \dots c_n) (W_{c_1}, W_{c_2}, \dots, W_{c_n}) |0\rangle \right.$$

$$W_c^j = [\mathcal{P} \exp(i \int \overset{(j)}{\vec{A}} d\vec{x})]_{a_1 \dots a_j, b_1 \dots b_j}$$

$$\Psi = \sum_{c, j} a(c) \underbrace{(w^{(j)} w^{(c_1)} \dots w^{(c_n)})}_{\text{spin-net state}} |0\rangle$$



Spin net states in gravity (LQG)

① Use j -holonomies $h_j(\ell) = \text{Pexp}(\int A_m^{(j)} dx^m)$

② Build various spin net states

$$\Psi_{\underbrace{j_1 \dots j_n}_{\text{links}} \underbrace{(\lambda_1, \dots, \lambda_n)}_{\text{vertices}}} \sim [h_{j_1}(\ell_1) h_{j_2}(\ell_2) \dots h_{j_n}(\ell_n)] |0\rangle$$

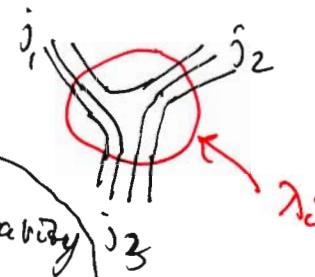
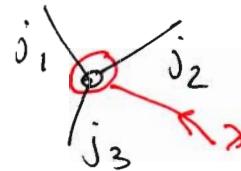
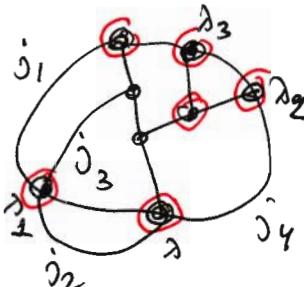
λ_i - intertwiners -
generalizing
Clebsch-Gordan
coefficients

③ Net states $\Psi_{j_1 \dots j_n}(\lambda_i)$
fulfill Gauss and off.
constraint

④ Ψ_{\dots} - Don't depend on the shape of
contours ℓ_i

⑤ $\Psi = \sum_{G, j, \lambda} a(j; G, \lambda) \Psi_{j \dots}^{(G)}(\lambda)$ ← Kinematical
space of state in gravity

⑥ A_i, F_{0j}, h_j act on Ψ as multiplication operators

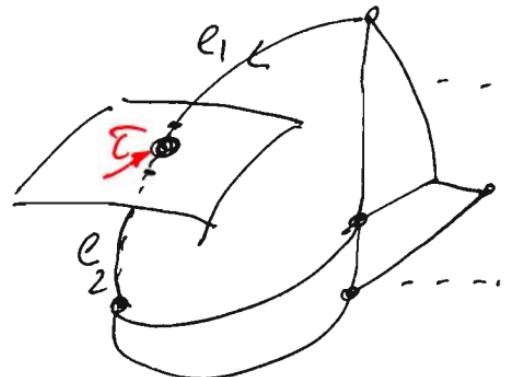


The action of Flux operator on a spin net state

$$E^a(s) = \int_S E^{am} \epsilon_{mne} dx^m dx^e$$

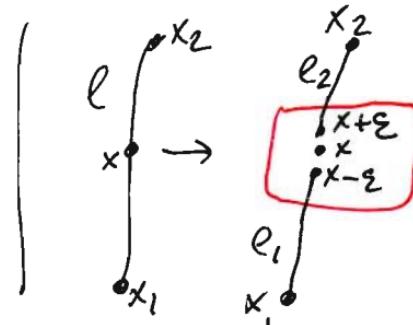
$$E^a(s) |h(e)\rangle = i \oint I(e, s) |h(e_1) \tilde{C}^a h(e_2)\rangle$$

$$[A_a^i(x), E_j^b(y) = i \delta_a^b \delta_j^i \delta^3(x, y)$$



$$h(e) = P \exp \left(\int_{x_1}^{x-\varepsilon} dx^m A_m \right) \left(1 + 2 \int_{x}^{x+\varepsilon} dx^m A_m(x) \tilde{C}^a \right) \cdot P \exp \left(\int_{x+\varepsilon}^{x_2} dx^m A_m \right)$$

h(e_1) h(e_2)



The area operator and its eigenvalues on spin net states

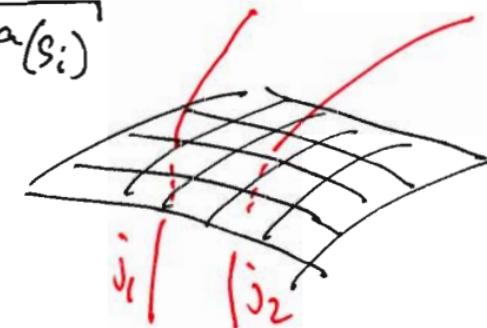
$$A_S = \int_S d^2x \sqrt{g_2} = g \int \sqrt{dE_i^a dE_j^a g^{ij}} = g \sum_{S_i} \sqrt{E^a(s_i) E^a(s_i)}$$

↑
det of the induced
2-metrics on S

$$E^a(s) E^a(s) |h^j(e)\rangle = (8\pi) l_p^2 g |h(e_1) T^a T^a h(e_2)\rangle =$$

$$= 8\pi l_p^2 g [j(j+1)] |h^j(e)\rangle$$

↑ On line with
momentum j



$$\hat{A}_S \Psi = \left(8\pi l_p^2 g \sum_k \sqrt{j_k (j_{k+1})} \right) \Psi$$

The Volume operator

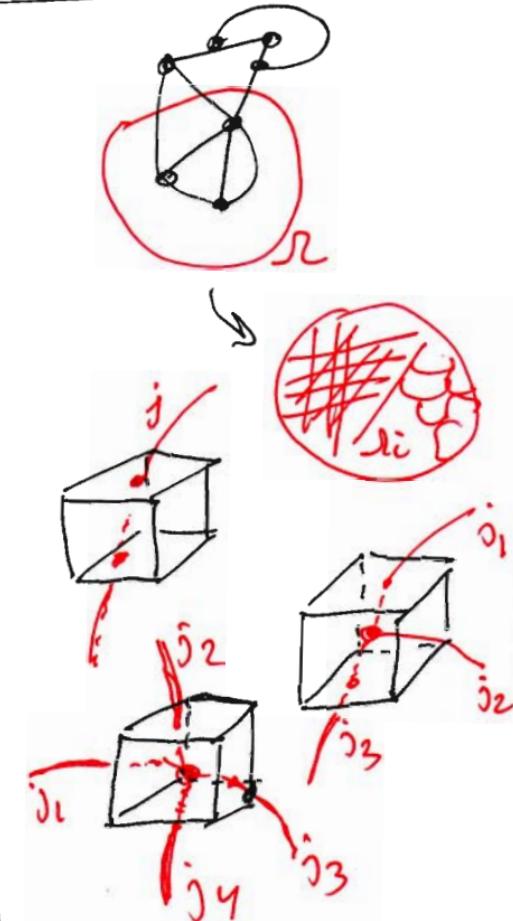
$$V_n = \frac{1}{3!} \int_n d^3x \left[E_m^a E_n^b E_k^c \epsilon^{mnk} \epsilon_{abc} \right]^{1/2}$$

$$= \frac{1}{3!} \int_n \sqrt{dE^a dE^b dE^c \epsilon_{abc}} = \frac{1}{3!} \sum_n \sqrt{E^a(j_1) E^b(j_2) E^c(j_3)}$$

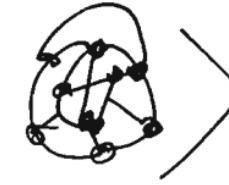
$$\epsilon_{abc} E^a E^b E^c | h^{j_1}(e_1) h^{j_2}(e_2) \dots \rangle \Rightarrow$$

$$\Rightarrow e_p^3 \gamma^{3/2} \sum_{j_1 j_2 j_3} \tau^a | j_1 \rangle \tau^b | j_2 \rangle \tau^c | j_3 \rangle \otimes | h_{j_1}(e_1) \dots \rangle$$

Volumes are concentrated only on nodes with 'valence' ≥ 4 , and take discrete values



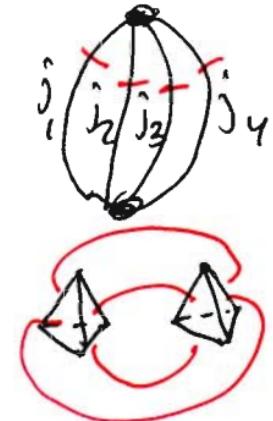
$$\widehat{(\text{Volume of})} | \begin{matrix} \text{Spin} \\ \text{Net state} \end{matrix} \rangle = (\sum_{\text{nodes}} V_i) | \text{ } \rangle$$



$$V(j_1, \dots, j_n) = \ell_p^3 \gamma^{3/2} \varphi(j_1, \dots, j_n)$$

Large and '[?]' smooth spin-nets \approx
 \approx continuous 3 space

Like a big piece of solid (liquide) state
 containing many atoms



Hamiltonian constraint (time evolution operator)

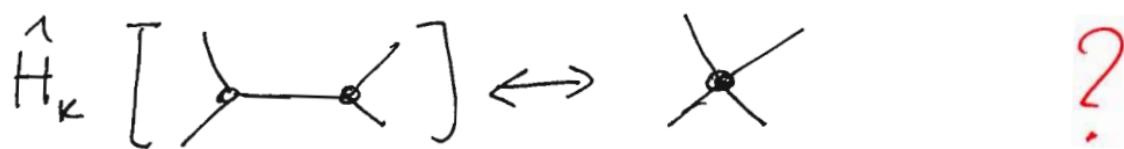
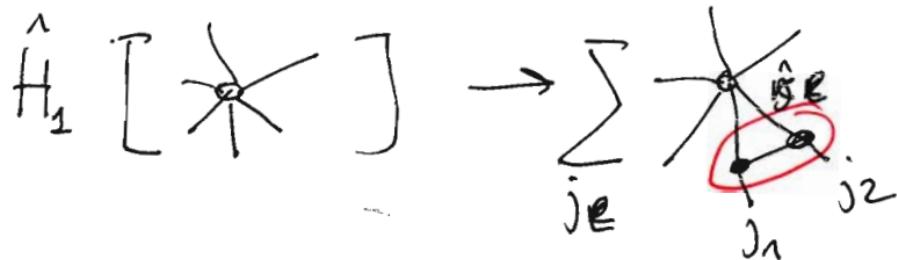
$$\mathcal{O} = \hat{H} = \int_{\Sigma} d^3x N(x) \frac{E_a^i E_b^j}{\sqrt{\det E}} \left(\epsilon^{abc} F_{ijc} - \frac{1}{2}(1+\gamma^2) K_{[i}^a K_{j]}^b + \dots \right)$$

Regularization (Thiemann (1998))

$$\epsilon^{abc} \epsilon_{ije} \frac{E_a^i E_b^j}{\sqrt{\det E}} = \frac{1}{4\gamma} [A_e^c(x), \underbrace{\int d^3x \sqrt{\det E}}_V]$$

$$K_a^i \equiv \bar{\gamma}^{-1} (A_a^i - \Gamma_a^i) \sim [A_a^i, [\int d^3x F_{ab}^l \frac{E_j^a E_k^b \epsilon^{lik}}{\sqrt{\det E}}, \underbrace{\int d^3x \sqrt{\det E}}_V]]$$

Action of \hat{H} on spin-net states | $H = H_1 + H_K + H_M$



Splitting and joining of space cells

Spin Foam models of QG

Inclusion of matter fields

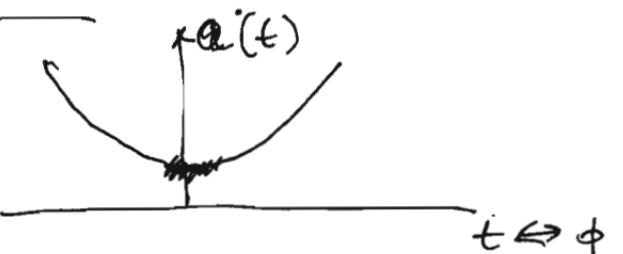
Scalars, fermions... on nodes,
Gauge fields are situated on links

Quantization of cross-sections (all) $\sim u l_p^2$

- Spin nets with boundary (external !)
- Boundary with fixed area $S = \sum S_i$
has $\neq 0$ entropy $\sim \cancel{S} \gamma \cdot S / l_p^2$



Cosmology
Inflation



$$\Psi(\phi, t)$$